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October 2007

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*On the Cover: A cotton ball
ready for harvest.*

Photo by Rod Cordsen.

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Corsicana NOW

Editor's Note

Hello, Corsicana!

Big things are happening this month for those artistically inclined! The Navarro Council of the Arts offers the 30th Annual October Arts Festival October 1 - 5. Also, the Piecemaker's Quilt Guild of Corsicana will be displaying quilts for their annual quilt show at The Warehouse all month long.

Kids in search of candy on October 31? The Corsicana Main Street Project hosts the Downtown Trick-or-Treat from 3 p.m. - 5:30 p.m. There will still be time to head for the College Park Mall for trick-or-treating from 3:30 p.m. - 7:30 p.m.

If you are feeling like a fun family outing in the fall weather, drive to Kerens on October 20 and participate in the 3rd Annual Kerens Cotton Harvest Festival. All day fun includes arts and crafts booths, refreshments, three-on-three basketball, a chili cook-off and mule or horse drawn vehicle rides. Bring your dancing shoes and stay for the street dance that evening!

Kelly Kovar
Corsicana Editor
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 Peggy Smith 903-874-6141.



Mildred ISD-Cute house with 4.7 acres included. Ceramic tiled dine-in kitchen, living/dining combined. \$118,000.
 Rhonda Newland 903-654-2994.



Great starter home near college & shopping. Landscaped lot with large trees. Recent updates in this 3/2. \$69,900.
 Joyce Biggar 903-654-1343.



Beautiful Pool, covered patio, landscape. Attractive 3/2/2 home with recent updates. Combined living/dining, FP. \$129,900.
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Recent upgrades - 3/2/2 including paint, tile, carpet, granite tops in kitchen! Nice den w/FP, formal dining area. \$129,900.
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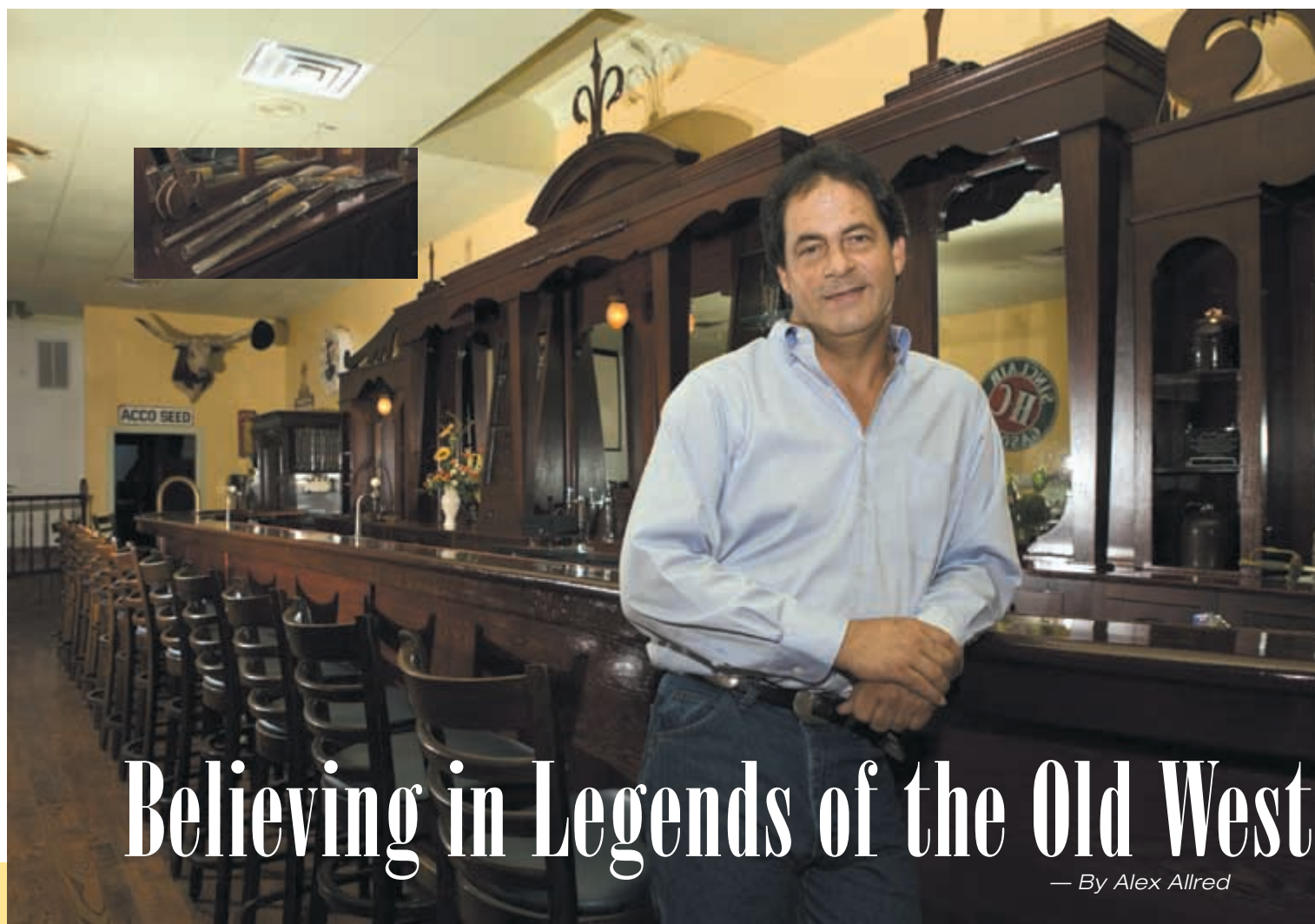


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Believing in Legends of the Old West

— By Alex Allred

If you believe in the legends of the Old West, you have to believe in Rick Hocker. This summer, tremendous excitement stirred over an archeological find in Corsicana. While reconstructing sidewalks for wheelchair accessibility, workers discovered brick archways beneath the Black Jack McCanlness Steak House and Saloon on Beaton Street. Almost immediately, workers began unearthing small treasures, such as whiskey bottles and jugs, coins, combs and ivory-handled toothbrushes dated as early as the 1850s.

Much press was given, bringing people from around the world to look down into the eight-foot-deep hole. Visitors from Canada, Scotland, Brazil, Sweden and Kazakhstan, to name a few, have dropped by to see the remnants of the 1872 Bismarck Saloon. Truly, it has been an exciting time for the revitalization of downtown Corsicana and history itself, but the real story is in the man who is responsible for all this.

His is a story of perseverance and

determination, echoing the legends of our past. Like Billy the Kid, Doc Holliday and the Earp brothers, Rick ventured off on his own at a very young age. Due to what Rick called a “difficult home situation,” he moved out at the age of 14, acquiring his own apartment and holding down a full-time job while attending high school. Four years later, every teacher stood and cried as Rick received his high school diploma. He had beaten the odds, and went on to develop his own computer business. Like the Western legends he so admired, Rick got itchy feet and headed to Richland Chambers Lake

“for the fishing.” He never left, saying, “Navarro County is my home forever!”

With such grand declarations, Rick set out to do something big. He had always dreamed of owning an authentic Western-style saloon.

He wanted nothing but the best for downtown Corsicana, which continues to swirl with stories of haunted hotels, old brothels, secret underground passageways and high-stakes poker games. As Rick focused on restoring downtown Corsicana, he asked just one thing of his neighbors and community leaders: “You have to believe.”

For Rick, these prophetic words were meant to inspire restoration for old downtown. Little did he know he would operate under





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that same directive. "Now," Rick said with a laugh, "everything has been magical and mythical. There is some other force that's guided us!"

From the beginning, Rick's business venture, with partner Julie Humphries, was nothing less than miraculous. Rick found and acquired the original bar from the Crystal Palace Saloon in Dodge City, dated to 1876. It is a 42-foot-long, 14-foot-tall back bar that once held some of the finest crystal and housed up to 800 bottles of wines and liquors. When proprietor Marshall Bill Tilghman decided to sell the bar and move into the hardware business, the bar became known as the "traveling bar." Its legendary clients/customers such as Doc Holliday and Wyatt Earp, are forever linked to the majestic bar.

When Rick began searching for the bar, he was stunned to find it on eBay. The bar had made its way through Atlanta, eventually becoming part of a Western-themed entertainment park in Six-Gun Territory, Florida. "It had been abused," Rick said of his bar. What was to be a two-day venture of breaking down the bar and transporting it back to Texas turned into two-weeks of

12-hour days of back-breaking labor, but it was a labor of love.

With the help of William Parsons, a third-generational Corsicana barkeep, the precious Honduran mahogany wood was hauled across state lines to be rebuilt in Corsicana. The reconstruction took local artisan Maurice Beale nine months.

Briefly, nothing seemed to be going as planned. Sidewalk construction had come to a halt as the result of the archeological discovery and curious onlookers were slowing progress even more. Rick and William suddenly battled "Indiana Jones wannabes" who would sneak down the ladder into the hole late at night hoping for some great discovery. "You'd think we discovered the Holy Grail," Rick said. With thousands of visitors, unwanted adventurers and a break-in, Rick and Julie were facing more pressing issues. Security. Missed deadlines. Bills.

As the end of the bar was finally slipped into place, the most miraculous thing happened. A gold coin suddenly rolled from the bar. It was a rare piece — \$2.50 American on one side and a half Argentine on the other. The mint year, 1881-1884, struck just nine such



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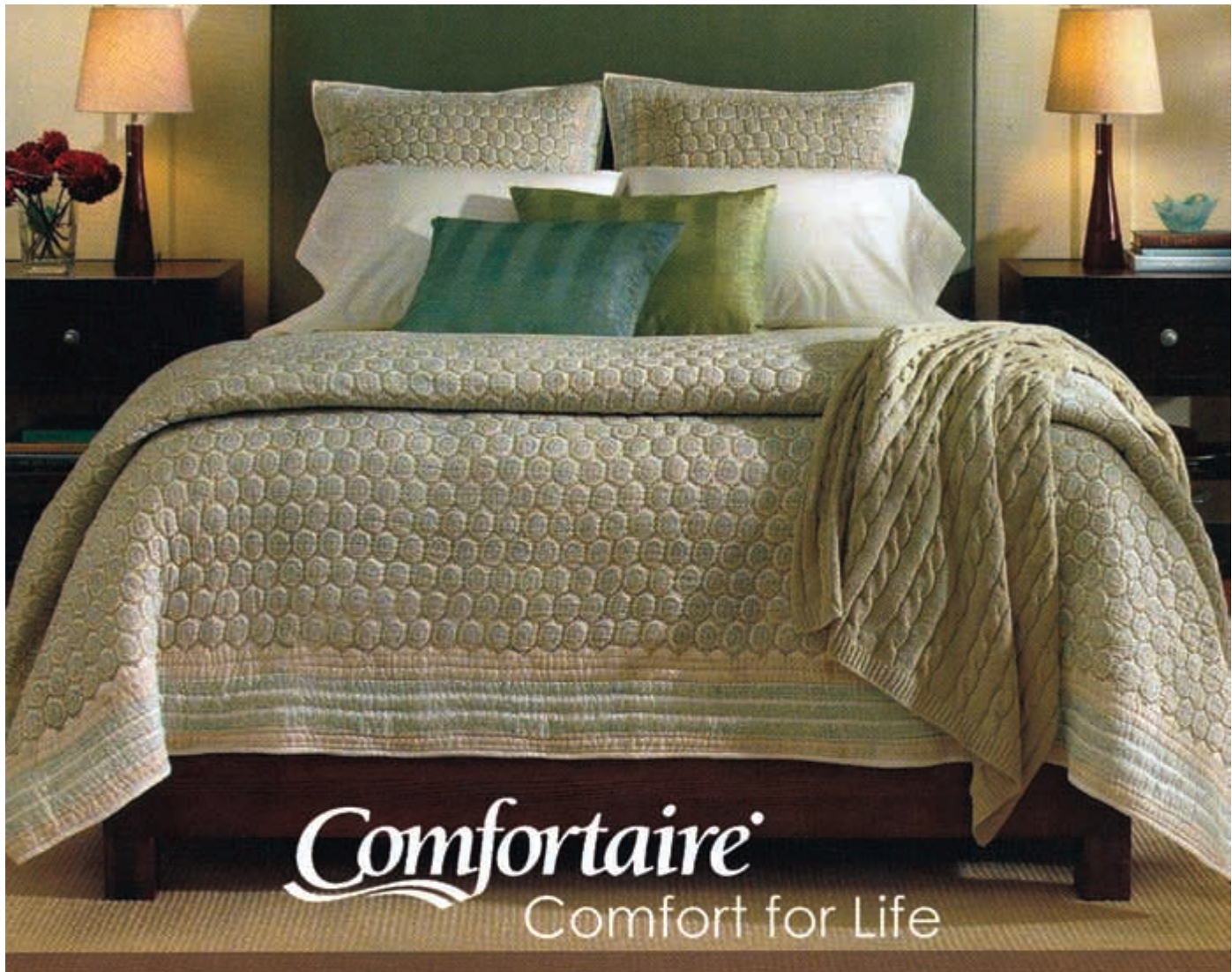
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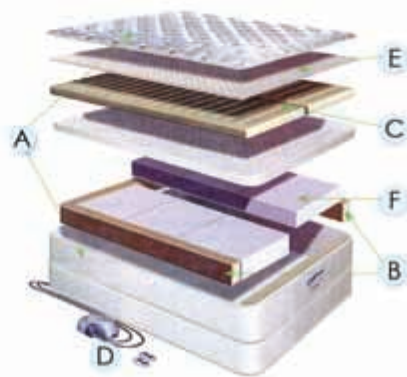


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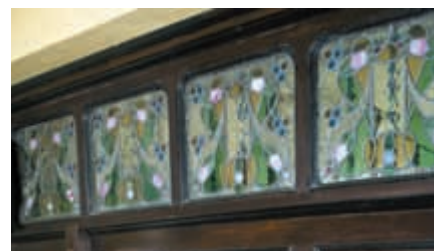


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coins. "Dodge City was the hub of trade," Rick explained, again getting excited as he saw the history play before his eyes. "I can just picture a guy, you know, with a huge handlebar mustache, getting a drink and paying the bar this coin." As Rick sees it, Marshall Bill Tilghman most likely realized he had an odd coin only after the patron was long gone and, in disgust, simply tossed it behind the bar where it remained for 130 plus years. Rick is humbled to have found a coin that remained in the bar for so many years and through so many moves. "I like to think that it was Marshall Bill Tilghman," he said, "leaving me a tip, saying: 'Son, you did a good job with the bar.'"



Today, the rare coin lies in a bank vault for security purposes. In part, Rick has had little time to properly research the coin, but there is an undeniable sentimental attachment to it, to Bill Tilghman, to the past. It is an attachment Rick is not yet ready to let go of.

Instead, he and Julie have forged ahead, finding different treasures throughout the city and state. A turn-of-the-century safe decorates the interior of the steakhouse/diner, while an 1850s architectural structure adorns the walkway between the saloon and café area. They found the structure in the trash in Dallas' West End. A hayloft door disguises the air conditioning unit while old bank teller windows are strategically placed in the entrance. Old signs and century-old photos are displayed throughout the building,

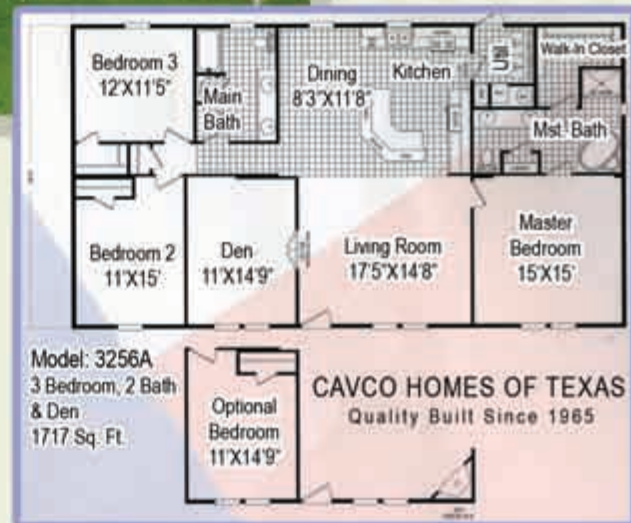
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including one of an old trolley which once rolled down Beaton Street. Rick has been working, along with Ron Maxfield, to get old Number 305 back in working order and back to the streets of Corsicana.

As for the hole, Rick has tremendous hope that the entire basement can be gutted and refurbished. Already, there is talk of a Cheers like atmosphere without the air conditioning. It would have ceiling fans, tables and the all-bare necessities — just as it was so many years ago. Despite the public interest in the saloon's tomb, Rick is far more interested in the history of the entire downtown area. He wants to bring back the ghosts of the past. He wants old Corsicana to be the thriving city it once was. You have to believe. You have to believe that one of the real treasures of our town is Rick Hocker. **NOW**

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Meanwhile, Back on the Ranch ...

— By Kelly Kovar

The Acock Ranch has a Western decor befitting its location, beginning at the beveled-glass front door that sports a Texas star. The entry, however, gets little use, as this is a “back door” kind of place. “Nobody uses the front door,” Larry and Diane Acock agreed. “Everybody knows us, and they just come in the back door.”

To reach the back door you pass between the roping pen,

with horses saddled and cowboys at hand, and an exotically landscaped pool with tropical banana trees towering over it. Cedar columns, cut from Diane’s parents’ land, line the veranda. This contrast is a picture of the high style, yet down-home decorating of Diane. She joined Larry at the ranch when they married seven years ago, and has definitely put her great eye for design on every nook and cranny of the working ranch.

Two major expansions of the

original ranch house have provided an attractive bedroom, personalized for each of their four adult children, as well as a master suite that has everything Diane and Larry could want. Their three married daughters, Lauren, Leslie and Lana, and their son, Craig, who is in pre-med, each have a remodeled guest room. Each room retains some personality



At Home With
Larry and Diane Acock

of the former resident. The girls used to show animals, and there are photographs of their successes as well as wedding portraits in the rooms. Texture is a significant factor in each room. Cowhide valances with metal accents decorate some windows, and Barnwood paneling and beadboard add interest to walls. A



car collection remains in Craig's room. An interest in horseback riding is evident in one bedroom; another sports a large picture of a steer over the bed. "Bruce is an old, roping steer of Larry's, and he is kind of a pet," Diane explained.

Family and acquired antiques mingle with modern furniture throughout, and the effect is stunning and seamless. A chest built by Larry's



great-great-grandfather sits at the foot of a queen-sized, mission-style bed in one room. "It still contains his old tools and plumb bob. He was a carpenter. My father, a pilot, is a retired Air Force colonel and his father, who worked for Mobile, was also a carpenter," Larry said. "My dad

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and I added a room to the back and removed some walls in the living area, and then when Diane and I got married, we went that way," he pointed out, indicating the newly expanded living room and master suite.

"We have known each other since junior high when he was in the band with me at Drane," Diane said of their long friendship. "We went to high school together. We didn't start dating

until we were working together over at Collins." Larry teaches agriculture there, as well as running a window installation business, and Diane is now the principal at Lee School of Choice.

"We like the beadboard," Diane said, "So, we added beadboard to the kitchen cabinets and to the living room." The wood has a glossy, natural finish. The kitchen table is topped with a rustic stone tile. The dining



room has a lime-washed beadboard ceiling with barn red walls. The fireplace has been beautifully redone in stone by a former student of Larry's. "We bought the antique dining room furniture at auction in Frost," she added. "We really like antiques and we have combined them with modern furniture in all of our decorating." Baby high chairs, once belonging to Larry's dad and granddad, ground the dining

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room in family history. Every room is an amazing blend of Western decor with neutral patterns and bold-colored accents, evidence that Diane is a former homemaking teacher with a long-standing interest in interior design.

"When Diane and I married, the kids were growing up and this house was full of kids. Our goal was to make this house friendly to our children," Larry explained. "At the back of the property we have a tank with a pavilion and a restroom, and we had a lot of the kids' church groups out there."

The home is still a center where family gathers. "With three children with spouses, our son, friends, and usually our mom and dad come over and eat with us, we use all three of our tables," Diane remarked, pointing out the third table, a pub table with barley twist legs in the living room/den. The large living room has two comfortable leather couches, one curved with Western-print cushions. One of Larry's favorite pieces in this room is the horn



chair. Diane's antique television lamps and decorative pieces complement the decor. "My dad has hunted all his life," she said proudly, showing off the deer antlers she has incorporated into the displays above the fireplace and shelves.

Off the living area, the master suite has large windows which face each other across the room. One offers a wide window seat flanked by floor-to-ceiling built-in shelves. "I have so many family pictures that I wanted display cases for

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those,” Diane said of her many photos of Larry roping and of the children. “So, when we designed it, I found the design in a magazine.” Opposite her pictorial display is a window wall with cowhide valances which reveals an expansive view of the swimming pool, veranda and koi pond. “I wanted something kind of different, so I chose the wall texturing with big cuts and the beadboard ceiling.” A chest from Larry’s family resides at the foot of the bed. Berber carpet gives way to the rustic stone tile in the master bath, where the putty-colored walls are contrasted with the ceiling-high mirrors that surround both the garden tub and the spacious vanity area. “I love fish, they are [a] kind of therapy,” Diane mentioned, explaining the large aquarium that brings nature into the master bath.

The outdoors is only one short step from the master suite, and that is just how the Acocks like it. “We do roping, run cattle on this land and on other land we have,” Larry said, making his love of the land apparent.

Just outside, the red border collie puppy that is being taught to work the cattle, and Cash, the colt that is being trained as a roping horse, greet the family. “I am a country girl,” Diane said. “I love it here.” Larry agreed that life is good on the Acock Ranch. **NOW**

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Message From a Chevy

— By Samantha Stroube

Steve and Sharon Burleson, folks who just seem to exude warmth and kindness to those around them, are part of a group called “Life Ministries.” This unique group travels around the area on weekends in a 1950 Chevrolet grain truck. The truck was converted by the late



*A group with a message of hope.
(Standing left to right) Tommy and Betty Carson,
Mary Foster, Elizebeth Burleson, Steve Burleson.
(Sitting left to right) Joy Davis and Sharon Burleson*

The ultimate objective of Life Ministries is to enter into an area or a church community that is hungry for revival.

Bobby Cave, who founded the group. “Bobby took the metal sides off and replaced them with wooden slats,” Steve explained. “And there is enough room on the bed for the group to stand on one side and the PA system to be on the backside.”

A couple of times a month, the seven-member traveling group which includes the Burleson’s daughter Elizabeth, Tommy and Betty Carson, Mary Foster and her daughter Joy

Davis, offers gospel music and Christian tunes to the gathering crowds for about 30 minutes, followed by a 30-minute message which includes the plan of salvation. "Sometimes it is hard to go into public because we don't know how we will be received," Steve confessed, "but, we are called by God



Steve and Sharon Burleson enjoy recounting the tale of their spiritual walks.

and what we do is a good thing."

"We aren't entertainers," Steve added. "It is more about the message we share." The ultimate objective of Life Ministries is to enter into an area or a church community that is hungry for revival. They have a strong desire be a part of any church or group gathering in a revival-type setting to offer their talents in music and their gift of sharing God with others.

The group travels around the area on their moving stage, with the furthest distance so far being Hillsboro. They lost Bobby in March in a car accident, but Steve said they really feel a need to continue the ministry. "Bobby was our mentor," Sharon explained. "He was a wonderful person with three fabulous children. He was like family to us." Since his passing, Sharon said they, "practice on a regular basis," and are still going out and performing, adjusting to the new dynamics of the group. "It

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has been extremely difficult for us to go out since Bobby's death," she said.

The group is its own family — one of strength, loyalty and love. Through their joint efforts and resources, they keep things going. When donations are offered at their performances, they put the money to good use. "We typically use the money to keep the grain truck running, mail letters to the churches or buy more sound equipment," Steve explained.

Each member of Life Ministries brings their own special abilities to the team. Elizabeth, Steve and Sharon's 15-year-old daughter, is the subject of admiration from both of her parents as they glowingly described the talents of their daughter. "I would consider her a musical prodigy," Steve beamed with parental pride. "She has only been playing the guitar for a little over a year, and she can already play as well as me," he said, adding that he has been playing for years.

Elizabeth has branched out into her own ministry, also. "With the support and encouragement from her teachers in Frost, she successfully started a school-based Bible study," Sharon said. "It was completely student led and it took place every Tuesday and Thursday morning, without fail, all school year long. It started out with 13 students and eventually increased to a quarter of the size of Frost High School, which has a total of about 100 students."

Joy has an aptitude on the piano and offers her talents through vocal support and harmonization with Mary, while Tommy and Betty bring a blue grass quality to the group. "It is extremely pure," Steve said of the Carson's sound.

Steve and Sharon said they feel extremely blessed by family support



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which enables them to pursue Life Ministries. Four generations of their families live within a half mile proximity of one another. In addition to Elizabeth, the Burlesons have two sons: Joshua, who is 12, and 6-year-old Elijah. Sharon's parents live just down the driveway from them and Steve's parents live a little further away, an astounding distance of a quarter of a mile. Steve's grandparents live an additional quarter of a mile past them. Sharon said she owes much of the success of her parenting to having the children's grandparents so close. "What would our kids be if it weren't for our parents? That is who they [the kids] are; it is because of our parents," Sharon stated.

"We have both been blessed with wonderful parents," Steve added. "My grandfather has a saying that he tells everyone and the one statement that he lives by: 'A man's word is his bond.'" Such wisdom being passed on to their children is much appreciated by Steve and Sharon. "We feel extremely blessed with our lives, our jobs and our families," Sharon said.

Most of all, Steve and Sharon value their relationship with God and enjoy recounting the tale of their own personal spiritual walks. The Life Ministries group melds their abilities and their passion for the people in their communities. When they have an opportunity to sing and speak in an area, they are happy to have the chance to share their perspective on life. They are glad to be able to carry on Bobby Cave's mission, and when you see their traveling stage arrive on the 1950s grain truck, they will be bringing a word of hope and encouragement. **WOW**

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A Patchwork of Friends

— By Kelly Kovar

Nancy Sloan will tell you that quilting is an art form for all ages. “We have some great-grandmothers that have been quilting in the Corsicana Piecemaker’s Quilt Guild, and then we have new ones coming up,” Nancy said. “Catherine (Cat) Marrett was instrumental in having two quilt shows before the guild formed. And then, since we organized in 1986, we do an annual show during the whole month of October at The Warehouse.” From 80 to 150 quilts from the community will be displayed at this year’s show.

They have close to 60 members who meet at the Westhill Church of Christ on the first Monday of each month. “The meeting is about 9:30 a.m. and anybody is invited to come. We also

have two bees of six ladies, the Nimble Thimbles and the Blazing Needles, who meet and quilt together one full week out of each month. We have been together a long time, and we are really close friends.” Quilting weekends to bed and breakfasts or retreat centers are planned periodically.

Guild meetings include technique demonstrations, workshops, outside speakers and field trips. Last year, they completed “The Underground Railroad” quilt. “That is a good one to learn on because you have a lot of basic blocks and several different techniques,” Nancy explained. “You have hand-piecing, machine-piecing, curves and appliqué.”

Her family is often the recipient of Nancy’s quilting efforts. “My youngest grandson graduated high school this

year. I have four grandkids and made them each a quilt when they graduated.” Nancy recommends making and attaching labels to the back of each quilt, so in the future, family members or others can identify them.

Nancy collects antique quilt tops and has learned over the years to judge the value, age and quality of those she finds in antique stores. “You learn to recognize the fabrics and patterns and dyes from different periods. The ’30s were clear pastels. After the depression, people wanted cheerful, bright fabric, and the synthetic dyes were perfected in the latter part of the ’20s, so you could get colorfast dyes in almost any color you wanted.” According to Nancy, an early colorfast dye was “turkey red,” a color that “crooked”

ARTS NOW

where the fabric was folded, meaning it made a whitish line in the fold. Indigo is another early natural, colorfast die. Nancy first began collecting quilts originating in the 1880s and 1890s, because she “liked the indigo and the double pink and those reds.” She also was interested in the “mourning quilts” dating from the time following Queen Victoria’s death in 1901. “It



“I like the modern fabrics; you can get anything now. I like the clear, bright colors and the really deep, dark colors.”

seemed like the whole English-speaking world went into mourning, and women didn’t use bright colors in their quilts. They used blacks, greys and whites,” she remarked. Nancy does not, however, limit her interest to antique quilts. “I like the modern fabrics; you can get anything now. I like the clear, bright colors and the really deep, dark colors.”

She offers a warning when shopping for quilt tops. “When you find a quilt top in an antique shop or garage sale, you need to really look at it laid out and see if it lies flat,” she instructed. “Sometimes, when quilters finished the piecing, it bunched up in the middle and they didn’t want to bother to take it apart to finish, and so they put it away. When they died, several of these tops were in their cedar chest and were sold to unsuspecting people like I was when I first started collecting.”

Her husband, Paul Harrison Sloan, has his own collection – antique clocks that mingle with Nancy’s quilts in their attractive home. A special favorite

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ARTS NOW

of Nancy's, quilted in rich, deep colors, hangs in her family room and is kept company on every side by a variety of fascinating, large wall clocks. Their home in Powell belonged to Mr. Sloan's mother; they moved there in 2000 after over 30 years in Corsicana. Nancy attended Rice University, and then Abilene Christian University, where she met her husband on an opera stage crew. After finishing her chemistry degree, they married and moved to Corsicana where Nancy worked as a medical transcriptionist for 40 years while Harrison worked at the bank in Powell. "The bank was started by his maternal great-uncle, J.O Burke, and his grandfather was an original stockholder," Nancy explained. Harrison succeeded his father, who was president, just as his son, Paul, eventually succeeded him. The Sloan's daughter works for an Abilene veterinarian.

Nancy has turned out a prolific number of beautiful quilts in her 25 years of quilting, yet she still has time for her other hobbies, which include: reading, doing puzzles and her second artistic passion – music. Nancy plays the piano brilliantly for many civic and community events.

Every year, the quilt guild does a quilt together and raffles it at the annual show. The tickets are \$1 a piece or six for \$5. This year, each block boasts an embroidered basket. "Almost every one was done by a different guild member," Nancy pointed out. "We are one of the last quilt guilds that hand quilt our donations quilts; most of them machine quilt nowadays. Quilts feel better, they are not quite as stiff and they are more supple, when they are hand-quilted." Members of the guild set up the quilt top on a quilting frame and quilt it during the show so the public can observe the graceful and traditional art of quilting. **ARTS NOW**

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Sports
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Talking Turkey

— By Samantha Strube

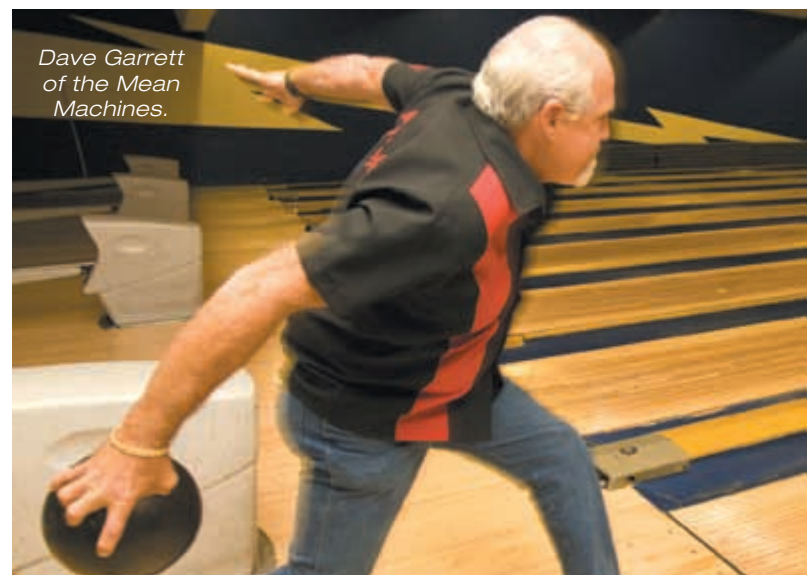


David Taylor (second from the left on the first row) and the Dirty Birds enjoy an evening of bowling with the Mean Machines.

David Taylor is the team captain of the Dirty Birds, the two-time state championship bowling team from Corsicana. David and the Dirty Birds developed their team in 1998. “The name has a neat connotation,” David explained. “‘Dirty bird’ is actually a very old term for a turkey. Turkeys were once thought of as very dirty foul, and people tried to avoid them. But in bowling, a “turkey” is three strikes (when you knock all 10 pins down), right in a row.”

As a team that had only been together for two years, they managed to take the state championship title for Division IV in 2000 (San Antonio, Texas) and again in 2002 (Austin, Texas). The state tournament takes place in different bowling houses every year. “House,” is a common term used for a bowling center.

The state championship tournament is based on associations like the Navarro County Bowling Association. There are hundreds of associations across the country. Some are comprised of numerous cities



Dave Garrett of the Mean Machines.

Sports NOW

and towns, like the Dallas County association; but the Navarro County association is only comprised of Corsicana, not other surrounding towns.

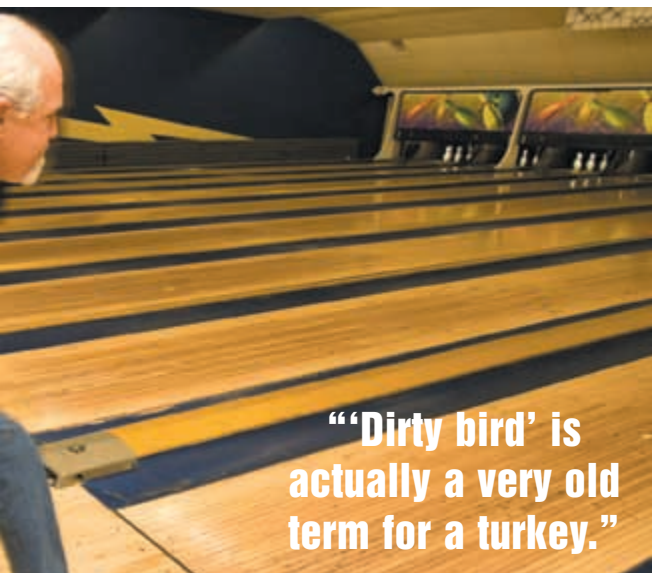
Each team is selected to bowl on a particular weekend of the 10-weekend tournament which starts in April and



Dirty Bird team members Danny McCarter, David Taylor and James White show off their trophy.

typically ends in the early part of June. Team scores are based on a five-member team average of total pins for three games.

The first year the Dirty Birds won, they were selected to play on the very first weekend, so they had to wait 10 more weekends before they found out their results — that they were, in fact, the state champions. “I would get online every Tuesday morning to see the results — to see if any teams had beat us by one point,” David said.



“‘Dirty bird’ is actually a very old term for a turkey.”

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Sports **NOW**

Their patience and skill paid off with their championship wins.

Being a champion bowler is something David began to pursue some years after he married his wife, Cheryl. "She taught me everything I needed to know," he said, bragging

"Bowling is a lifetime sport.

It truly is, no matter how serious or how casual you want to be, it's fun for the whole family."

about his wife, who is general manager of Corsicana Park Lanes. He has had no professional training, but he has managed to hone his skills through practice and dedication.

David and Cheryl are both avid bowlers. Cheryl started bowling at the age of 8. David bowled occasionally, for fun, with Cheryl, and then he was shipped off with the Navy for a while. Upon his return, he began to get quite serious about bowling. David's full-time job is a technician with Dallas Airmotive, where he maintains and fixes jet engines. However, he has made enough time for bowling to become a certified bowling coach. "I love to help youngsters begin their passion and skill in the game," he said.

The Corsicana house has managed to produce state champions on all division levels every single year. "Corsicana is an affiliated association," Cheryl said. "To be a member of an association, all you have to do is form a team and show up at the bowling alley," David added. "In fact, Corsicana has about 100 members in the Navarro County USBC."

David does not like to individualize himself from the rest of his team, and

Sports NOW

it is easy to see the pride he has in them as he speaks of each one — James White, Danny McCarter, Harold Mosley and John Taylor (David's brother). David modestly explained that he was selected to go to nationals this year in Reno, Nevada. He was tracked down by a bowling broker who puts teams together for the event. David and John were paired with a team out of Tennessee. "Nationals are much more intense," David explained. "It takes place in houses filled with people that have 80 lanes and the bowlers bowl every single day starting in February to June from 8 a.m. - 11 p.m."

The one thing David stressed was that the Dirty Birds truly are a team, actually more like a family. "Bowling is a lifetime sport," Cheryl claimed. "It truly is, no matter how serious or how casual you want to be, it's fun for the whole family." **NOW**



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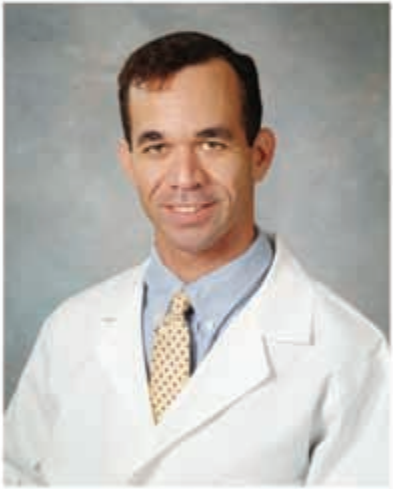


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Business NOW

People are Their Business

— By Sandra McIntosh

Hand in Hand Hospice is in the people business. By providing ethical and compassionate health care services to patients and their loved ones, Michelle Shaw, R.N., owner, administrator and director of nursing and Judith Steely, R.N., assistant administrator and marketing director, are also providing dignity, comfort and bereavement care for the end-of-life cycle. "People think going into hospice means life is over, but that's not the case," Michelle said. "Our goal is to dispel that myth so doctors might begin making the hospice referral earlier. It is better care all the way around."

Hospice makes the end more comfortable for both the patient and their loved ones. "It is like bringing in another team of professionals to work alongside the primary physicians," Michelle explained. "The difference is, when hospice begins, the family can spend quality time with their loved ones."



Michelle Shaw, left, and Judith Steely work hand-in-hand to provide compassionate end-of-life health care.

The quality time Michelle spoke of is best described in a story Judith shared about a man and his terminally ill wife. "When the husband found out that his wife could have had hospice care for the last six months of her life, he was heartbroken," Judith said.

"Instead of spending those final months preoccupied with her care, he could have sat beside her bed comforting her by just holding her hand. His memories of those final days could have been so much different,"

she added. In cases such as this one, Hand in Hand Hospice would have offered bereavement support to the family and visits for up to 14 months following the patient's passing.

To fully understand the care provided through Hand in Hand Hospice, loved ones must first know what it is, who is eligible and most importantly, who pays for it. Hospice includes medical care with an emphasis on pain management and symptom relief.

Hospice professionals also address the emotional, social and spiritual needs of the patient and the family. "Eligibility comes as soon as the patient's primary physician certifies that the patient has a terminal illness with a life expectancy of six months or less — that is if the disease follows its normal course," Michelle said.

The services provided, at no cost to the patient or their family, are a hospice physician, personal care assistant, nursing care, trained volunteers, allied therapists, medications related to the illness that brought the patient into

Business NOW

hospice care, medical supplies and equipment and bereavement support. Payment for hospice care comes from three sources — Medicare Part A, Medicaid and private insurance companies. "Patients and their families pay no out-of-pocket expenses," Judith said.

Touching One Life at a Time

Individuals diagnosed with life-limiting illnesses including: Alzheimer's, cancer, cardiac disease, pulmonary disease, stroke, AIDS and other end-stage diseases may qualify for hospice services. "Hospice is not synonymous with cancer," Michelle said, "and it's not just a service for senior citizens." Hospice care is specific for those 19 years of age and older who may have liver failure due to drug and alcohol abuse, patients battling anorexia and cancers, including leukemia. Terminal illness does not discriminate when it comes to age, race or gender.

For more information on all services provided at Hand in Hand Hospice conveniently located at 208 South 31st Street, please call (903) 874-7700, visit www.handinhandhospice.com or e-mail them at handinhandhospice@yahoo.com.

"Our policy is to listen to the patient," Michelle said. "We are dictated by their wants, needs and demands." When requests are made, no matter how unusual, the Hand in Hand team will try to accommodate the patient's wishes, even going to Braum's for a chocolate malt if necessary.

Michelle and Judith operate under the words spoken by the late Dame Cecily Saunders, founder of the first modern hospice in London in 1968. She said, "You matter to the last moment of life, and we will do all we can, not only to help you die peacefully, but to live until you die." Hand in Hand Hospice does this, and so much more. **NOW**



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Education **NOW**



Sina Ruiz, newly promoted director of adult education at Navarro College, and her devoted team of staff members and volunteers are making a difference within the community. As a group, they live and breathe the program's motto, working "to inspire and enable all adults, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible and caring citizens." "Adult education is the most challenging, but it's also the most rewarding," Sina said. "Our passion is helping others."

The choices and avenues to higher education are endless, so seeing students succeed past the General Education Development (GED) level is also very important to Sina. "I want all students to understand they can go beyond their GED certification," she said. "I want to make this information readily available to them. Whether they ask the right questions or not," Sina explained further, "we are supplying as much information up front as possible."

Many times, students are not familiar with the options they have to choose from. They may not know exactly where

to begin when it comes to higher education. "Education is so important and the choices are endless," Sina said. "I had the opportunity to graduate from high school and go on to college. I was very fortunate."

Sina learned from her own career experiences just how important a college degree can be when it comes to landing key positions in any given field. Coming to work on the Navarro campus four years ago, Sina started her tenure as a Tech Prep Associate with an associate's degree. This grant program saw her working with career and technical students, planning career fairs and traveling to a multitude of school districts to meet with campus counselors.

After receiving her bachelor's degree, Sina became the director of the First Generation Program, another grant-related program that is designed to assist 25 first-generation, economically disadvantaged students in making the transition from high school to college. Only after Sina earned her master's degree in business administration did she move forward, successfully landing the current position where she

Education **NOW**

finds fulfillment and a great sense of satisfaction. "I think my experiences beforehand prepared me for what I'm doing now — that, and of course, the passion I have for seeing others succeed," she said.

Adult Education classes available include Adult Basic Education (ABE), Adult Secondary Education (ASE), English as a Second Language (ESL) and a basic literacy program. ABE is a program that provides instruction for



adults whose ability to compute, speak, read or write the English language at or below the ninth grade level hinders their success in finding and maintaining gainful employment. Through this program, students learn to have increased independence while creating opportunities for more productive and profitable employment. "It makes them better able to meet adult responsibilities," Sina added. ASE provides academic preparation for GED testing. Courses include: curriculum in reading, writing, math, science and social studies within the four counties currently being served that include Navarro, Ellis, Limestone and Freestone. ESL is a program designed exclusively for those individuals who have a desire to improve their English communication skills. "These classes," Sina said, "are designed to help improve fluency and pronunciation, and to also expand a student's vocabulary. The literacy program helps them improve their reading and writing skills."

For Sina, there are a lot of rewarding aspects to her job. "There are just so

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Education **NOW**

many," she expressed, but believes the top three are the annual GED graduation, watching ESL students master English and move on to master their GED certification and seeing the success in a presentation given by Student Relations. "They gave a presentation to the GED class," Sina explained. "Three GED students came into the office the very next day and wanted to go on to college."

Navarro College Adult Education held its 17th annual GED graduation and National Adult Education Honor Society (NAEHS) induction this past summer. Fifty-one graduated from the GED program, 22 were inducted into the NAEHS and eight of the 22 just so happened to be GED graduates.

Highlights of the evening took place as two outstanding students spoke during the ceremony. Ramon Mendoza is a family man who understands the challenges of not having an education. "Now, I fully understand the benefits that come with working toward a higher education," he declared, dedicating his certification to his mother. "My advice is simple: Never give up!"

Amanda McCuen, another hard-working student, was determined to get her GED. "I hope the effort I put forth will stay with my son and guide him in a positive direction," she said. Her greatest motivation to see the program to its end came from words spoken by her son during his kindergarten graduation. "He said, 'Mama, I graduated before you did,'" Amanda remembered, as if it were yesterday. "His words motivated me to continue in school."

Sina said successes like the aforementioned would not be realized without the help of partners, instructors, aides and volunteers. "We are a family here at Navarro College," she said. "There will always be someone here pushing students to grow — grow forward to bigger and better things." **NOW**



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IN THE KITCHEN WITH DEBRA BALLARD

Debra has worked at the Kinsloe House since it opened. “This is home. I love the women, and they just love me,” Debra said. The Kinsloe House hosts showers, parties and women’s activities, and as the manager, Debra runs the general affairs, but is especially popular for her rolls. “I bake the rolls,” she said. “It is our specialty, and we are famous for them.”

Debra loves cooking and is honored to be featured in *CorsicanaNOW Magazine*. “My mother, Bertha Lee, taught me to cook. She has since passed, but I know she would be proud and my family is so excited,” she said. Debra is also proud of her daughter and three grandchildren. “I live and work for them and cherish them every day,” she commented. **NOW**

KINSLOE HOUSE ROLLS

3/4 cup sugar
6 Tbsp. Crisco shortening
1 Tbsp. salt
1 cup room temperature water
2 cups cold water
2 Tbsp. yeast, dissolved in 1/4 cup warm water
6 cups flour

Combine sugar, shortening, salt and room temperature water in a saucepan and bring to a boil. Let mixture in saucepan cool. In a separate mixing bowl, combine the 2 cups cold water with the yeast that has already been dissolved. Add 6 cups flour, mix and then add the mixture from the saucepan and mix well. Let it stand until it is stiff and has risen to double its original volume. Punch dough down and then refrigerate it for a day.

When ready, roll out to your desired size and let the rolls rise again. Bake at 425 F for 12 - 15 minutes until golden brown. Brush with butter after removing from oven.

HOT CHICKEN SALAD

4 cups cooked chicken breast, torn or cut into small pieces
4 cups chopped celery
1/2 cup slivered toasted almonds
1 tsp. lemon juice, or to taste
1/2 tsp. salt
1 tsp. grated onion
2 cups Hellmann's Mayonnaise
1 cup grated cheddar cheese

Mix all of the above ingredients together, top with crushed potato chips and bake in oven at 350 F for 30 minutes.

SUGAR COOKIES

1 cup butter, softened
1 cup sugar
1 cup powdered sugar
2 eggs
1 tsp. vanilla
1 tsp. almond extract
1 cup Wesson oil
4 cups plus 2 Tbsp. flour
1 tsp. baking soda
1 tsp. cream of tartar

Cream butter and both sugars well. Add eggs and flavorings and beat well. Next add oil and beat again. Add dry ingredients and chill dough overnight. Roll into small balls and place on ungreased cookie sheets. Dip the bottom of a glass jar in sugar and use to flatten balls. Bake at 375 F for 10 minutes.

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- 3 10-oz. pkgs. frozen chopped broccoli
- 1 small onion, sautéed in butter
- 2 10.5-oz. cans cream of mushroom soup
- 1 medium-size can sliced mushrooms
- 1 18-oz. jar Cheese Whiz
- 2 cups cooked rice

Mix all ingredients. While rice is warm, pour into greased casserole and bake at 325 F until bubbly.

FRIED CHICKEN

- 1 whole chicken, cut up into frying pieces
- vegetable oil for frying
- 2 eggs
- 1 tsp. paprika
- 1 tsp. salt
- 1 tsp. pepper
- 2 cups flour

Pour enough vegetable oil in pan to fry chicken and heat. Beat eggs in a small bowl. In a separate bowl, mix together dry ingredients. Dip each piece of chicken into the egg and then into dry ingredients. Place each piece in hot oil and fry until golden and cooked through.

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Business owner James Marrs and employee Eric Olsen, top left, of Marrs Construction take a lunch break at Beaton Street Basket Shop. Members of the American Business Women's Association, top center, met for dinner at the Kinsloe House in Corsicana. The cast of *Bus Stop*, top right, performed at The Warehouse Theatre. The Red Hat Club, bottom left, enjoyed lunch at Motycka's Tea House. Jade High, bottom center, is the daughter of Dan and Tabitha Wilkes, owners of the Art Spot. She spent a lazy afternoon playing some of her favorite games. Former Corsicana resident Ron Rogers and his wife, Joyce, bottom right, enjoyed a cool drink at Dee's Place. Ron was back in town for the Class of 1962 Reunion.



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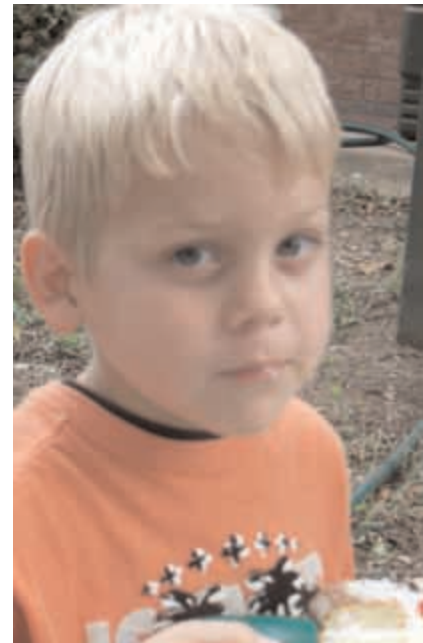
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Around Town **NOW**



Students from Mrs. Baber's class at Bowie Elementary, top left, brought their pets to school for animal parade day. Darrell Raines and Haley Thedford of Grave Creek Mercantile Antiques and Collectibles, top center, pose for a picture. Curtis Hutchins, top right, loves cake. Kolby Parker, bottom left, and his parents Trent and Danda Parker recently celebrated his 6th birthday. Jennifer Glenn and Kristen Wright, bottom center, prepared to serve lunch at Motycka's Tea House.

Chanda Willis at *Tangles* [A L'oreal Elite Professional Salon]

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Where Cotton is King

— By Kelly Kovar

Diane Lang taught sixth grade in Kerens for 22 years. “By the time I retired, I was teaching the children of the children that I had taught,” Diane said. Now, just about everyone in town is used to saying “Yes, ma’am!” to Mrs. Lang. So, it was only natural, when Kerens began its Cotton Harvest Festival three years ago, that Diane would become the perfect woman to gather volunteers.

Diane keeps everything going, managing the volunteers in charge of each area. “They are wonderful,” she said sincerely. “Everybody says, ‘Well I don’t know if I can or not, but if you think I can, I will.’” They may just be afraid to tell Diane, ‘No,’ but her enthusiasm engenders confidence and cooperation. “We have developed a volunteer base of 70-some-odd people that work with the cotton festival, and each year we bring new people in.”

“That first year, we had no idea what we were doing,” she recalled. “We just plunged into it. We hadn’t the





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faintest idea how to do it, or what we were getting involved in. But we did it. We had a few naysayers, but most people said, "That is great. What can we do to help?" According to Diane, the people of Kerens were very cooperative when organizing the festival. "So, we got involved with it, and the first year we were all just astounded with the success, with the number of food and crafts booths we [had]." The success continued, and now they have "a chili cook-off, on the CISI circuit. Sometimes we have motorcycles come; sometimes we have antique cars come."



There is a steering board that oversees the festival. "During the last seven years, we have had people move into the area, out on the lake and on ranches out from town. There is quite a nice group of them that are very active in community affairs. It is wonderful to have the fresh ideas and the fresh energy and the input that you get when you are not related to everybody in town," Diane said with a laugh.

The festival, in its third year, is held on the main street, the cross street and in the park. The festival starts at 9:30 a.m. and goes until 10 p.m. on October 20. Committees are in place and the plans are gathering momentum. "We have bounce houses, children's activities, train rides, three-on-three basketball, horseshoes and a target shoot. On both sides of the street, we have booths," Diane explained. There are sponsors for the dance and the chili cook-off, and entertainment goes on all day long.

Richland Chambers

“Kerens has some very good talent,” Diane expressed. “Robert Horath from Corsicana has a band called The New Life Band; H.M. Davenport will be bringing jazz musicians, and a local country western band, The Sidekicks,

“There is lots to do, lots of fun people to know.”

will play. Ira Bradford will play for the street dance. He has a nice band, but more important than that,” she added, “he is a very nice human being; just very nice.” There will also be gospel singers, including Gary Douglass.

At the State Fair of Texas, there is a stage highlighting the Kerens Cotton Harvest in the Food and Fiber Building. “We hand out information about Kerens, encouraging people to come to our cotton festival. We take cotton plants. People were fascinated with the cotton,” Diane said. “We had a wonderful time with people bringing their children out to get acquainted with cotton. We really enjoyed the day.” Ira Bradford entertained and Helen Griffiths brought her cloggers.

This year’s festival will have a new feature: pioneer activities, such as corn shucking, butter churning, carding, soap making and shoeing horses. Diane’s family came to Kerens in the 1850s, thus she has firm ties to the community and a strong support system. “There is lots to do, lots of fun people to know,” she said. Diane stays busy year-round with the local literary club, singing for area choirs, the garden club, the Warehouse Theatre and the Presbyterian Church. But when fall comes, her heart and time belong to the Kerens Cotton Harvest Festival, because, as she expressed, “It is just such fun to have everybody come and help. We just needed the Cotton Harvest Festival. The town needed it.” **NOW**



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Great Outdoors

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Past, Present and Future

— By Nancy Fenton

Our gardens and landscaping are always affected by our past, present and future. The severe drought of last year is still to be seen in our big trees. Maybe you have noticed a good many leaves dropping early around your yard. After a bit of research, I realized that those big guys still have not had time to rebuild their feeder root systems. The plentiful rains this year have stressed the underdeveloped feeder system, hence the leaf drop. Some of our oaks have been mistakenly thought to need more

water. Actually, what is happening is they cannot take up the available water because of the reduced feeder system, and they are drowning. If you have soggy soil under your trees, check your drainage and get some of that water away from the tree for a while! We would hate to lose those 150-year-old trees!

Our present is upon us, and now is the time to make those last minute trimming decisions on your shrubs. Freezes will be upon us in November and the growth stimulated by trimming needs at least 6 to 8 weeks to harden off. If you are through trimming, think about planting some bulbs like tulips, daffodils or crocuses. They can go in the ground now to come up early in the spring. You can even plant them under the trees that lose their



leaves, knowing the bulbs will get the sun they need before the trees leaf out!

Our future is a yard that is as pretty as you are willing to make it! A balanced fertilizer can go on your irises and daylilies after Halloween and up to 4 inches of mulch can be added at any time on all those shrubs and flowerbeds. Lawn fertilizer can go on after the first freeze in November to be ready for that spring growth spurt. Planning for new beds is always a way to freshen and spruce up your landscape.

Know that Mother Nature is very flexible and forgiving. So, look at the past and present and get going for the future! **NOW**

Nancy Fenton is a Master Gardener in Ellis County.



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June Wetherell Frame, 98, has been a resident at Trinity Mission for over a year. June was born in Washington and graduated from the University of Washington. She worked for the *Bellingham Herald* where her father was the editor and later she was an editor for *Family Circle Magazine*. She spent the majority of her life in New York City then five or six years in the Caribbean. Since her son lived in Waxahachie she decided to move and has spent the rest of her time in Waxahachie and surrounding Ellis County.



June and her friend and co-author, Pat Pratt, have written a novel, *On With The Dance*, under the pen name Tricia Junison which is available at Hastings bookstore in Waxahachie, Amazon.com and PublishAmerica.com. June's first book (under the name of June Wetherell) was sold to a small publisher in 1941 and her current book is her 31st novel.

June says that it is very rare for two people to write a book. She and Pat are currently working on another book. "The next book is always my favorite," June stated. "We are thinking of a book of short stories that take place in an assisted living center."

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— By Lynda Housley

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have in place may need to be adjusted to make sure you are still headed in the right direction. If you do not have an action plan in place, you may be asking yourself, "Where do I start?"

Consider enlisting the help of your agent or a qualified financial services specialist. Today, several companies offer personalized services designed to help you come up with practical solutions for achieving your financial goals. The important thing is to get started today. The sooner you clarify and prioritize your goals and create a road map for how you will get there, the greater success you will have at achieving what is most important to you. **NOW**

Lynda Housley is a State Farm agent based in Corsicana.

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How Safe is Your Child?

Facts About Child Safety Seats

— By Lindsey Barak, RN, Women's Services Unit Educator and Tracy McGuire, RN, Director of Women's Services

As nurses, we are always looking for ways to ensure the safety of our patients. Recently, we attended the National Standardized Child Passenger Safety Training Program. Until attending this course, we thought our children were safe since they had always been "safely" secured in their car seats. However, there is much more to car seat safety than just buckling them up. We are writing this article to help the children of our community ride as safely as possible. Hopefully, it will inspire more parents to get better educated on car seat safety.




- Let's start with Texas law. All children up to 17 years old are required by law to wear a safety belt or sit in a child safety seat whether they are sitting in the front or back seat. All children 5 years old and less than 36 inches tall are required to ride in a child safety seat.

- Many people do not know that car seats expire! Most car seats are good for 6 years; however, with the heat that comes with our wonderful, Texas summers, it is best to replace them every 5 years here!

- You should never use a car seat if you do not know the

complete history of the seat. Car seats should be disposed of if they are involved in a car accident. Accidents can cause the seats and straps to weaken so they should not be used again.

- One thing that causes a lot of confusion is which seat to use, and in which direction they should face! The best thing to remember is to always read the manual that comes with the seat and with your car. These will tell you the safest way for you to position your baby. The following chart gives the general guidelines:

			
Age:	Birth to 1 year	1 year to 4 years	4 years to 8 years
Weight:	Up to 20 lbs. (some seats are up to 35 lbs.)	20 lbs. to 40 lbs.	Over 40 lbs.
Safety Belt Type:	Lap or Shoulder Belt	Lap or Shoulder Belt	Shoulder Belt Only
Position in Car:	Always in the Back Seat if Active Air Bag	Preferred Back Seat	Preferred Back Seat

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There is much more to car seat safety than just buckling them up.

These are just a few of the many safety tips for a truly safe ride! For more information, car seat safety classes and car seat distribution please contact Safe Riders at (800) 252-8255 or www.dshs.state.tx.us/saferiders. **Health NOW**

Sources:

Texas Department of Transportation "Growing Up Safe" and "Safety Seat Smarts." Ivan Webb is the Director of the Lab at Navarro Regional Hospital.

Contributed by Lindsey Barak, RN, Women's Services Unit Educator and Tracy McGuire, RN, Director of Women's Services

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October 2007

Community Calendar

October 1 - 31

Piecemaker's 27th Annual Quilt Show. Monday - Friday: 10 a.m. - 5 p.m. Saturday: 10 a.m. - 2 p.m. Free. The Warehouse Living Arts Center, 119 West 6th Ave. For information, call (903) 874-0601 or (903) 654-3699.

October 4

Chamber of Commerce Member Reception and Silent Auction, 6 p.m. - 8 p.m. Cook Arts & Technology Center. \$10 per person. Door prizes and raffle. RSVP at (903) 874-4731.

October 5

2007 Chamber Golf Classic. 12 p.m. tee time at the Corsicana Country Club. Dinner to follow. Contact the Chamber of Commerce for fees and other information.

October 6

Corsicana Opry. Dining: 6 p.m. Show: 7 p.m. at Martin's Music Hall, 201 South Beaton Street. \$10 Call (903) 872-8226 for reservations.

Fall Fish Fry and silent auction benefiting Retreat Volunteer Fire Department. 6 p.m. Location: corner of FM 2555 and FM 709. Adults \$7. Children \$4. Retreat VFD Explorers will be auctioning themselves off for a day's work.

Project H.O.P.E. Vision banquet at Cook Center. 6 p.m. Public invited. Tickets: \$15. Music by Ricky Walter. Speaker: Jody Dean. Advance tickets required; call (903) 872-7700 or (903) 872-1582.

October 6 - 7

The Central Texas Quarter Horse Association Fall Show Series, 8 a.m. at the Navarro County Expo. Free. For information, call (903) 641-6844.

October 8

Republican Party of Navarro County meeting. 7 p.m. Bank of America Building, 7th floor, 100 N. Main St. Open to registered voters. www.navgop.com.

Turn of Torrents presented by Mildred Drama Club, 7 p.m. at Mildred cafeteria. \$5 adults and \$3 for students. Tickets available at door or call (903) 875-9431 or (903) 641-1570.

Interested in being a volunteer firefighter? Meet at Richland Chambers Volunteer Fire Department with other volunteers. Call (903) 872-2336. Location: Just south of Spur 294 on S. 287.

October 13

Dave Young Family Gospel Band. Dining: 6 p.m. Show: 7 p.m. at Martin's Music Hall, 201 South Beaton Street. \$10. Call (903) 872-8226 for reservations.

October 13 - 14

The Lone Star Pony Club Performance Show with Shetlands and Miniatures, 8 a.m. at the Navarro County Expo. Free. For information contact Linda Mitchell at (325) 356-3838.

October 18

The Palace Theatre Annual Fundraiser "The Great Dinner"

featuring Perini Ranch of Buffalo Gap, Texas. Visit corsicanapalace.com for information.

October 20

Kerens Cotton Harvest Festival, 8 a.m. CASI chili cook-off, quilt show, clay target shoot, street dance, food and craft booths. Call (903) 396-7337.

Dawson Fall Festival downtown, 4 p.m. - 6 p.m. Food, games, entertainment. Street dance, 6 p.m. - 11 p.m.

NAACP Freedom Fund Banquet, 7 p.m. at the Martin Luther King Center. Featured speaker is Chief Eddie Burns, Dallas Fire Department. Tickets \$20. Call (903) 872-7973.

October 20 - 21

Quarter Horse Fall Show Series, 8 am. at the Navarro County Expo. Free. Call (903) 641-6844.


October 27

Crystal Gayle at the Palace Theater. Shows at 2 p.m. and 7:30 p.m. Tickets \$20 to \$60. For tickets call (903) 874-7792.

October 31

Family Fun Fall Festival, 2 - 5 p.m. Location: Parking lot on across from library. Games, bounce houses, food, candy, crafts. Drawing for Six Flags Winter in the Park tickets. Call (903) 872-0180.

Downtown festivities include: Trick-or-treating with downtown merchants, 3 - 5:30 p.m. Costume photos at Pocket Park for \$12 taken by Memories by Melissa.



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Most Americans spend about **90%** of their time indoors. According to the U.S. EPA, levels for many pollutants may be **two to five** times higher indoors than outdoors.



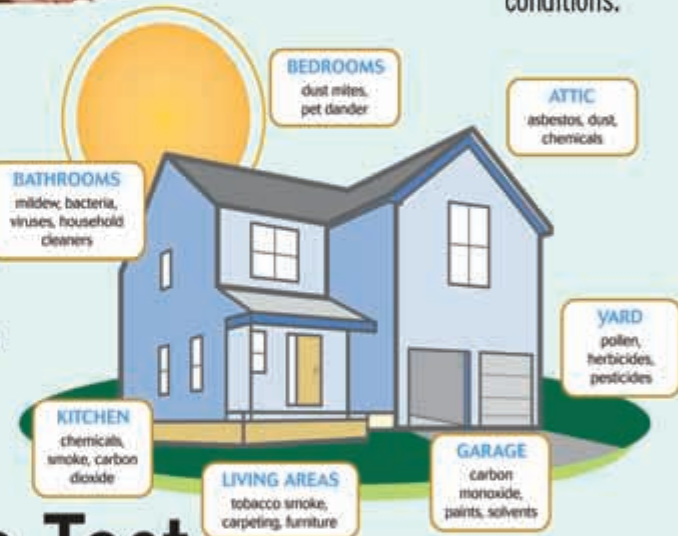
So what is the air quality in your home? Now you can find out. The Air Advice Indoor Air Analysis pinpoints key indoor air quality problems (IAQ) that can affect you and your family's health, as well as their comfort and safety.



To perform the Air Advice Indoor Air Analysis, Area Wide Services places an Air Advice IAQ monitor in your home for three days to measure the air you're breathing under real living conditions.

Indoor Air Pollution Can Trigger Asthma and Allergies.

Indoor air pollution can trigger allergic reactions, asthma attacks, and other respiratory symptoms. Children, the elderly, and even healthy adults can experience fatigue, nausea, headaches, scratchy throat, and nasal irritation. New Homes are constructed with tighter windows and doors to save energy, but they also keep fresh air out. Without adequate indoor air circulation, pollutants can build up over time, leading to poor indoor air quality. Most homes may not be properly equipped to filter and purify the indoor air.



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