

The Community Magazine Serving Corsicana and the Surrounding Area

# CorsicanaNOW

M A G A Z I N E

October 2010

## Scary Legends in *Corsicana*

## Parent Power

### ALSO INSIDE:

Winning Traditions

On My Own

## A Master Gardener's Secrets

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## On The Cover

Displays of pumpkins around every corner mark the arrival of fall.

Photo by Amy Ramirez.

# Editor's Note

Dear Neighbors,

October is the best month of all. The long, hot summer is behind us and the busy days of the holiday season are a way off yet. It is, once again, a pleasure to walk outside under the bright blue October sky. This is a good time to get acquainted with the extension service agents who will guide you as you plant winter vegetables for the table and suggest which kinds of trees and bulbs to plant for your delight in the spring. One of these cool October evenings, when the moon is full, you might want to sit outside by the light of a single candle and swap stories with trusted friends about ghosts and spooky places that you first encountered when you were young and being just a little scared was fun. Who knows whether the stories are true or not? Don't say I didn't warn you.

Joan Kilbourne  
CorsicanaNOW Editor  
joan.kilbourne@nowmagazines.com



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## LAND

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16.44 ac-Richland \$54,500  
20 ac, utilities, Dawson  
46 ac, heavily treed, Pardon RV lot, Pelican Isle \$11,000  
68 acres, corner, Hwy 31  
60 acres, Balcom Ln \$150,000  
42+ acres-Hunter's Delight  
90 acres-Dawson area  
98 acres-Barry  
50 acres-Pardon \$150,000  
27 acres, Mildred \$69,400  
7 acres, bldg site, pond  
10+ acres, Rice \$39,900  
10 acres, Richland \$25,000  
1.49 acres, Retreat area  
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**WATERFRONT**  
603 SE CR 3040C - Newly remodeled 3/2 Waterfront home! New wood, tile, and carpet throughout the home! Wrap around porch with 24x16 dock w/ built-in seating! Julie 903-654-3970



**WATERFRONT**  
290 Shadow Oaks - Waterfront Paradise! 3/2 home w/ scored concrete floors, vaulted ceilings & custom mable cabinetry! Julie 903-654-3970



**LAKE BARGAIN**  
225 September Sound - What a Steal of a Deal! This gorgeous 3-story 3/2 2 w/3 car garage has it all! Gym, workshop, movie room, game room & heated lap pool with rock waterfall! Julie 903-654-3970



**LAKE AREA**  
190 CR 129F - The Perfect Retreat! 2/1 with spacious living area and large covered porch perfect for relaxing! John 903-641-3359



**NEW LISTING**  
Immaculate 3/2 5/2 home on 7 acres & all the extras! Sport pool, security system & covered deck! In Mildred ISD! Julie 903-654-3970



**NEW LISTING**  
3025 View La - Wonderful 3/2 family home! Has big family room open to the kitchen! Large utility w/ play area! Great fenced backyard w/ sprinklers, covered dock & storage building! Julie 903-654-3970



**NEW LISTING**  
501 Dobbins - Great 3/2 home in great neighborhood! Spacious rooms w/ formal living-dining room. Large corner wood burning fireplace, covered patio & sprinkler system! Julie 903-654-3970



**COMMERCIAL**  
620 N Beaton - Great high traffic location for a business! Sits on 2 lots & features 2 office spaces. Each w/ stained concrete floors, side doors to carport half bath & storage room!



**NEW LISTING**  
2111 W 3rd - Super cute 3/2 on corner lot! 3 living areas all open to each other! Nice side yard with shade trees and large covered patio! Julie 903-654-3970



**FORECLOSURE**  
418 Clubhouse - Beautiful 5/5 5/2 in the Shores! Enjoy the fireplace, vaulted ceilings, walk-in closets, & covered patio! Julie 903-654-3970



**NEW LISTING**  
2903 Williams - Great 3/1 with covered carport and separate utility room! Julie 903-654-3970



**REDUCED 25 ACRES**  
1046 SW CR 2348 - Reduced and ready to sell! Inviting brick and cedar home w/ stone patio! Open living concept, vaulted ceiling, brick FP & 10-stall horse barn! Julie 903-654-3970



**AFFORDABLE**  
311 Whitesell - Pristine 3/2 2 w/ unique layout in Frost. Large closets, built-ins, fireplace, breakfast bar & great landscaping! Julie 903-654-3970



**KERENS**  
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Introducing Pearl Valley @ Pearl Valley Point! Oversized home lots w/ lake view in gated community on North side of Richland Chambers! Multiple lots to choose from!!! Julie 903-654-3970



7431 SE CR 3050 - Perfect spot for someone wanting 3/2 on small ac. Near, clean, pool, stalls & barn on 2 ac. Gayla 903-879-5896



2512 Butler - What a buy! 4/3.5 ready to move in! Spacious living areas, great neighborhood and priced right! Gayla 903-873-5896



1605 Dobbins - 4/3.1/3 custom-built home w/ award-winning pool, game room w/ bar & built-ins, 2 fireplaces, gourmet kitchen & huge walk-out! Tammy C. 903-641-5243



6960 CR 1145 - Slip-away 5/2.1 doublewide on 10 acres located off 1126 in the Pecan Plantation Oaks subdivision. Backyard features lush grass, huge trees & creek! Tammy 903-641-5243

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**"Some people hunt  
deer; we hunt ghosts."**

# SCARY

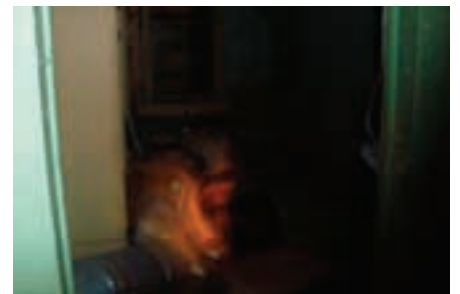
The Deadline Paranormal Investigation team.

## LEGENDS *in Corsicana*

— By Joan Kilbourne

*It is customary, when you buy a house, for the previous owner to move out of the house so that you can move in. In some rare cases, however, the previous owner, though deceased, may continue to be in residence. The arrangement is not necessarily uncomfortable so long as the new tenants are willing to tolerate a little noise from time to time. If you can overlook the sound of footsteps overhead or the creak of a rocking chair, and perhaps, the closing of a door that was not open, you can enjoy many years of joint occupancy with your household ghost.*

Doctor John Barnes shared his home on 19th Street with Miss Willy, who continued to live in her home after her death. Tom Pease vividly remembers the stories his family told about Miss Willy, who lived upstairs in John's house. "When I was about 4 or 5 years old, I got locked in the upstairs," Tom said. "Someone had to climb up on the roof to come in a window to get me out. I never wanted to go up there again. Maybe I thought she would lock me in again. In any case, you couldn't pay me to go up those stairs. Even John wouldn't go up into the attic in that house." The house has been remodeled as a gift shop since that time. Tom is an adult now, with 20 years' service in the Navy and he worked with the Navy SEALs. There is not much that he is afraid of these days. Recently, Tom went into the renovated house and bravely climbed the stairs to the second floor. "I was not afraid of Miss Willy this







1436 Columbia



1904 Miriona



1221 Governors Drive



1806 Mockingbird Lane



118 Chaparral



14320 CR 4150 (Kerens)



379 County Road 1005



3300 Purdue



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Tom Pease  
shares spooky  
stories about  
local haunts.

**“I was not afraid of Miss Willy this time.”  
But then, Miss Willy  
did not slam any doors  
while he was there.**

time,” he said. But then, Miss Willy did not slam any doors while he was there.

“As kids,” Tom said, “we knew lots of stories about haunted places in town. We knew about the haunted jail where Confederate soldiers were held and how the creek rose and flooded the jail, killing the soldiers in there.” One unhappy ghost is unsettling, but a big group of soldier ghosts is a terror to be avoided altogether. “We were taken by older kids to Cry-baby Bridge at midnight where you could hear a crying baby who had been thrown into the creek.” The crematorium for animals was a favorite place to take a group of junior-high-school girls at a slumber party. Someone would be waiting there to jump out at them when they arrived. Cemetery Sam was a daemon who prowled the cemetery in Kerens, according to the story. “Sam was just a stone angel on top of a tombstone,” Tom explained, “but when you drove down the road at night and turned a corner the headlights would light up the figure and you would yell, ‘There he is!’”

Surveys show that approximately



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one-third of the population in the United States believes in ghosts or believe they have seen or experienced a ghostly presence. Never fear, help is near. Paranormal investigators are available to visit haunted places and make some determination about the presence of spirits. Jeff Crim is one such investigator, along with his wife, Brandy, and his daughter, Devon. When Jeff was a child, he lived in a house haunted by the woman who was a former owner. Jeff's partner, Ray Rogers, met a ghost in his bedroom. "I kept my BB gun in a closet in an upstairs room, and when I put it away, it would fall to the floor before I

**"I kept my BB gun  
in a closet in an upstairs  
room, and when I put  
it away, it would fall to  
the floor before I could  
get to the stairs."**

could get to the stairs," Ray said. "The door would open and the gun would fall out every time." He often saw a Hispanic man in the doorway of the room that he shared with his younger sister. "He was wearing, a long coat, tall boots and a hat," Ray said. "I never told anyone about what I was seeing." It was many years later that he told his sister, and she said, surprised, "Did you see him, too?"

When Ray and his wife, Alicia, met Jeff and Brandy Crim, they formed a partnership around their mutual interest in paranormal activity and called their venture Deadtime Paranormal Investigators. Stewart Roberts and Stephanie Martin joined the group as opportunities came to do investigations. "Some people hunt deer; we hunt ghosts," Jeff said. "We were having dinner at Napoli's restaurant and talking about doing paranormal investigations when the waiter told us about a ghost in the building," Jeff said. "We were asked to return to investigate phenomena people had seen there. Later, we listened to a recording we made at the table, and we could hear a voice in the background saying the word 'money' just as we were talking about paying the bill."

"When we do an investigation, we



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**Corsicana Medical Research**  
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# Do you have Diabetes?

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The Napoli restaurant has a colorful history coming from its beginnings as a bar and brothel. At Napoli, the team took a photo that shows an area of light just the size of a small boy. It may have been the boy whose running footsteps could be heard in the upstairs rooms. At the Two Doors Down restaurant, Jeff and Stephanie were climbing the stairs when something swished between them with enough speed and energy that they moved aside then turned and pointed the camera in its direction of travel. The photo shows a bright lighted orb at the foot of the stairs. It seems that the lawyer, whose office was on the second floor, remains interested in what is going on in his building. Happy Halloween, y'all! **NOW**





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# *A Heavenly Lakeside Home*

— By Virginia Riddle

## AT HOME WITH GEORGE AND SHERRY MCGRAW

*Lake breezes gently rock the backyard bird feeders and Ski-Doo's are parked in the boathouse. Cooled by those same breezes and ceiling fans, the screened-in porch of George and Sherry McGraw's retirement dream home offers a restful reading and wildlife watching spot. "This is my favorite spot when it's not too hot," Sherry said.*





Not ready for retirement quite yet, George and Sherry moved to Lake Richland Chambers two years ago, in spite of still being employed. The couple decided to make the move early, after being inspired by annual visits to a lakeside home owned by some friends in Toronto, Canada. "We knew we could make the move as long as I was within a two-hour drive of a major airport," George said. That way he could continue working for a company that services toll roads across the United States.

After finding their perfect home, the couple sold their Arabian horses and left their former Flower Mound home, including furnishings and acreage, in their daughter's capable hands. Their new home reflects their desire for the slower pace of life and allows for the hobbies they enjoy. "It's so peaceful and relaxed here. It's retirement living without being retired," Sherry stated.



Set in a quiet cul-de-sac in a gated community, George and Sherry's native limestone and antique redbrick home is nestled within attractive landscaping. Brick paths lead to the front door with an etched glass, Texas star insert. Favored reading, mystery and history books, line one wall of the entry while a welcoming quilt Sherry made displays words to live by — "Faith, Love and Hope." Sherry's grandfather's dominoes are just one of many family heirlooms displayed throughout the home. An impressive

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view of the lake takes visitors' eyes through the living room where Sherry's prized possession is placed: her baby grand piano. Artistic touches include a painting of Arabian horses hung over the limestone fireplace and a stained glass insert placed above the panoramic lake view.

The window in the isolated master bedroom overlooks the lake and a nest

of baby birds provides constant enjoyment. The roll-top desk gives George an office space when at home, and a glass block wall offers privacy in the luxurious master bathroom.

A keyboard and guitar, tools of Sherry's love of music as both a gifted performer and composer, grace her home office. She serves as part of the ministry at Corsicana's Calvary Worship Center,



and she has collaboratively written and performed with Chari "Ulise White Eagle" Bouse and another friend, David One Feather, on a CD titled *Native Sounds From Heaven*. A pianist since the age of 4, Sherry said, "Music is one of the most important things in my life." Also from her home office, Sherry runs a business

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as show secretary for area Arabian horse clubs. "I borrow friends' horses now when I want to ride," she remarked.

George enjoys cooking in the functionally beautiful kitchen, which features a work island and a large pantry with a Texas star-themed door. Since he and his co-workers eat in restaurants while working out-of-town, George revealed, "The guys that I work with trade recipes. I mess around and do most of the cooking around here." The adjoining dining room features another magnificent view of the lake flanked by two maple chairs that George's grandfather bought for 25 cents each. George's boyhood chest-of-drawers that he refinished complements a large dining room table with a Lazy Susan. George is quick to point out a painting done by Sherry. "That's one of her other talents," he said proudly.

Daughter, Jenn, and son, Jack, both of whom are in their 20s and single, visit their parents' home often, bringing friends with them. "All through their high school years, we were where the kids came to," George remembered. Jenn's bedroom sports another view of the lake as well as a framed lace antique collar given to Sherry by George's mother. "She handed it down to me because she knew I would appreciate it," Sherry said.

A guest bedroom shares a bath with Jenn's room and features a display of Sherry's quilts, including a T-shirt quilt made from T-shirts George collected from endurance horseback rides. "The longest ride I ever did was 55 miles," he stated. The bed, bought by George's grandfather in 1916 for \$2.00, is still in use.

Caiti, the family's rescued Doberman, beds down in the utility room, which leads to the three-car garage where George has room for his tools and workbenches. An addition above the

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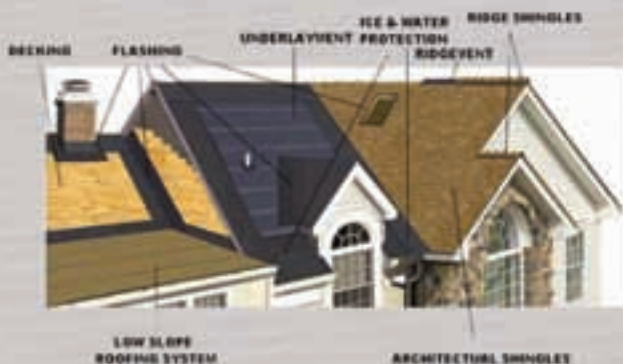
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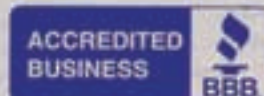
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garage has been added by the couple to accommodate Sherry's passion for quilting, which she inherited from her mother, grandmother and aunt. "She has every sewing implement known to mankind," George remarked. Sherry admitted, "I give quilts away to friends;

I don't make them to sell. That would ruin it for me."

The downstairs is "party central" with a pool table and exercise area. "This is where the kids hang out," George said. A wall displays framed memorabilia from George's great-grandfather's



service at the Battle of Gettysburg. Jack's bedroom is close by, with a handy exit to the lake and dock. "He's close to the important things," George laughed. George's grandfather's chest and a brass bed, purchased by George just after he graduated from college, complete the room. Ample couches allow young guests plenty of room to "crash" for the weekend. Friends are important. "We always take one major family vacation each year. The kids can always take one friend each along," George said.

This couple has enjoyed having close neighbors. "We just transfer food back and forth. We were kind of isolated before on our acreage," George said.

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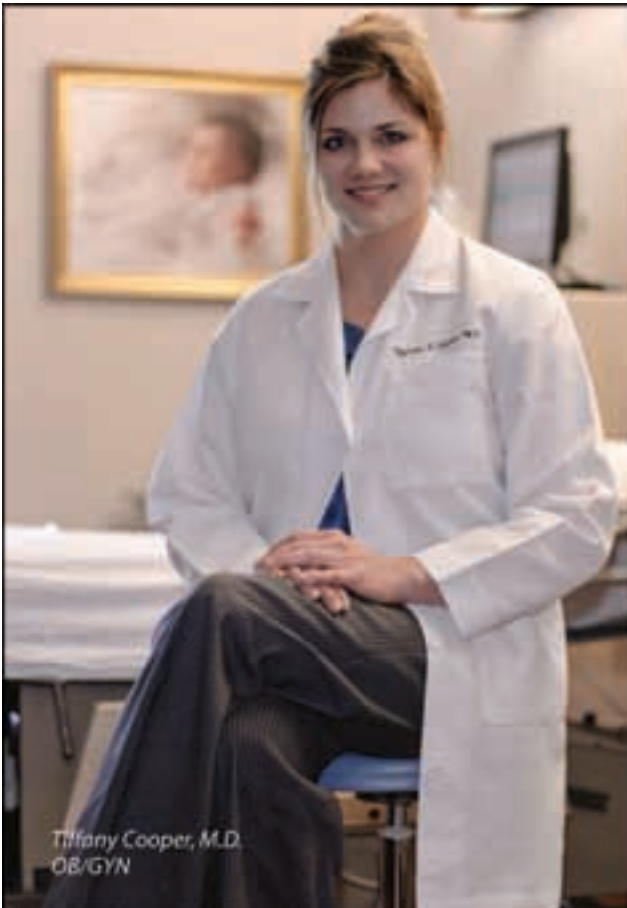
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Referring to the quilting room addition, George added, “My next door neighbor and I did the floor. We are now certified floor installers.”

George and Sherry met while working for the same company. “He signed my paychecks,” Sherry laughed. Married for



27 years, Sherry revealed George’s idea of relaxing. “He’ll jump on a Ski-Doo or fish. His fish commit suicide since he keeps three to four lines out at a time.” George revealed that the multitasking Sherry likes to play golf. “My husband is so supportive of everything I do; he’s absolutely the best,” Sherry exclaimed.

A “Tree of Life” quilt, one of the many quilts Sherry has made over the years, is representative of the cycle of life. George and Sherry have, fittingly, begun a new, highly creative and productive, but more restful cycle in their lives by fulfilling their dream of living in a heaven-on-earth lakeside retreat where friends and family are always welcome and new memories can be made while the memories of ’yore are cherished. **NOW**

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# A Master Gardener's Secrets

— By Joan Kilbourne

in the choice of plants in the landscape. Most important of all, the Master Gardener knows that a garden is for sharing with family, friends and neighbors, and with one or more of nature's predators.

Charles Bonin has always been a gardener. When he worked as a civil engineer on power plant projects, he and his family moved often. Wherever he lived, in North Carolina, Virginia or Mississippi, Charles maintained a small garden of flowers and vegetables. "I started gardening 25 or 30 years ago, and I shared my plants with my son, who was also interested in gardening," Charles said. Later, when the family moved to Glen Rose, Texas,

If you have ever planted vegetable seeds in the ground or dug a hole to plant a flower growing in one of those little black pots, you know that there is no such thing as being the master of your garden. Sometimes you are rewarded with lush growing plants that yield beautiful vegetables for the table or glorious bouquets of colorful flowers. And, admit it, sometimes your best efforts succumb to one or more of nature's predators. So what secret does a certified Master Gardener know that

you do not? According to Charles Bonin, a Master Gardener is a skilled technician who knows about horticulture, soils, fertilizer, bugs and other pests. At the same time, he looks with an artist's eye in order to design a landscape that has the right combination of vegetation and flowers to enhance the look of a house or a garden plot. He knows how to prune shrubs to create a pleasing shape. He learns about texture and color as important elements



A row of 6-foot-tall okra plants is producing a bumper crop for Sylvia to cook.



A pepper in Charles' garden.

the Bonins — Charles, his wife, Sylvia, and his sons, Michael, Thomas, Paul and Stephen — lived on 10 acres, and Charles cultivated a serious 2,500-square-foot garden. "I finally had room to plant squash that takes up a lot of space," Charles said. "My kids were active in 4H and FFA, helping to care for sheep and steer, and riding the horse." Charles' experience as a gardener took another turn when his son and fellow gardener sent him



a brochure about a Master Gardener class. Charles signed up for a six-month program of Monday classes offered by the Texas AgriLife Extension Service (TAES), and with the other students, he committed to 72 hours of volunteer work for the Extension Service.

As a volunteer, Charles has been involved in many of the TAES functions. He has worked in the pecan grading competition, in which prizes are awarded at local, regional and state levels. "We prepare the raw pecans for grading — weighing, cracking and shelling them," Charles said. "Then we help the judges

**"Most important of all, the Master Gardener knows that a garden is for sharing with family, friends and neighbors, and with one or more of nature's predators."**

keep the records. In the spring, we offer a pecan propagation workshop, in which we teach grafting to improve the variety. He added, "We also make presentations to garden clubs and service organizations, like the Rotary Club. There is a Food and Fiber Roundup that is a kind of Agriculture 101 for children in the fourth grade. We use the ingredients for a pizza in the lessons." In 2007, Charles went to a training session on rainwater harvesting. "They demonstrated ways to capture and store rainwater to be used for water landscaping," he said. "There is interest now in using captured rainwater that can be processed for drinking water, and we have done presentations on that as well.

"One thing I found out when I was taking classes in the Master Gardener program," Charles said, "was that I was bringing along a lot I had learned from my parents at home." Charles grew up on a farm where his dad grew corn, sweet potatoes, sugar cane and garlic. "My dad knew to plant garlic in the September full moon," he said. "That was the old way, planting by the moon." The phases of the moon determined the best time



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**“The phases of the moon  
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to plant and to harvest. There are charts that even tell when it is best to mow the lawn. “We are going back to the way we were,” Charles stated. “We are learning what our parents and grandparents knew about chemical-free gardening and using water-saving methods to raise food.”

Retirement gave Charles an opportunity to devote more time to reading and learning online about the art of



gardening. His garden is once again a small one behind his home in Corsicana. Even when he had a large garden in Glen Rose, Charles never considered truck farming or selling produce in a market. “I learned from my parents to share with the neighbors what we did not use ourselves.” Because he does not use chemicals to control pests in his garden, Charles also shares the bounty with the birds and bugs. A row of 6-foot-tall okra plants is producing a bumper crop for Sylvia to cook. Charles and the birds are peacefully sharing the tomatoes, but the squirrels are making a contest of harvesting the nuts from the pecan tree. Foxes and coyotes can be seen in the area, but Charles is philosophical about his animal neighbors. “At least nothing is digging in the garden ... yet.” **NOW**

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# WINNING TRADITIONS

— By Virginia Riddle



Using the country roads around Blooming Grove, Brenna Pelzel averaged seven- to eight-mile runs daily as part of her conditioning program during her high school years. A Blooming Grove High School (BGHS) 2010 graduate, Brenna is continuing her running career at Texas A&M University in Corpus Christi as she studies to become a pediatric nurse. She is modest about her many accomplishments, including a college track scholarship. “Almost anyone can run, but they have to want to do it. You have to love it, be passionate about it, persistent and dedicated,” she stated.

Missing even one day of running bothers her. “If you fall off, it’s hard to get back on. I have to get the run in; it’s a guilt factor if I don’t,” Brenna said. Keeping that running schedule, as an involved teenager, often necessitated runs at 4:00 a.m. or after sunset. She credits her parents, Jim and Karen Pelzel, for supporting her all the way, including following her in a car as she runs during the dark hours. Her dad related, “Once when visiting my parents in Ennis, she really wanted to run, and it was getting dark as we went home. I let her out of the car two miles from home, and she ran

it while I followed behind her. That’s how dedicated she is.”

Her dedication to running has paid off. Brenna participated in cross country and track for her four years of high school. She was a district champion her senior year and regional qualifier in cross country all four years. In the two-mile run, Brenna was individual champion and regional qualifier her last three years in high school and placed seventh at state her senior year. She was an individual regional qualifier in the mile her sophomore, junior and senior years.

A Corsicana resident, Brenna attended school in Blooming Grove where her mother teaches. Brenna loved the smaller community. “Everyone is very supportive of running,” she said. She got her start in running during her seventh-grade year when every student had to try every sport. “I was able to run track better than anything else. The first track meet, I wasn’t last. It made me want to see how far I could go,” Brenna remembered.

Brenna said coaches Jody and Mark Hawkins had a “huge impact” on her running experience. “Jody just came up and asked me if I wanted to join her running camp, and that’s where it all



## Sports**NOW**

started,” Brenna said. Both Jody and her husband, Mark, are competitive runners and coaches, and they run a summer camp that Brenna attends for the Leap of Faith Racing Team. Jody is also the cross country/track coach at Northwood University in Cedar Hill and was a qualifier for the Olympic trials on three different occasions. “Brenna is the most coachable athlete I have ever worked with,” Jody said. “She does everything that a runner needs to do to be great without somebody standing over her or begging her to do it. She simply runs because she loves it.”

At college this year, Brenna will either run the 5K or 6K event in cross country, but she is not yet certain what event she will be running in track. Several colleges called on her, but she had already



committed to Texas A&M University-Corpus Christi. She knew that it was the place for her since the university places an emphasis on both academics and sports and offers a full nursing program. “They have a new fitness area and are about to complete the new nursing building,” Brenna said.

Sometimes such dedication also means sacrifice. As a high school junior varsity cheerleader, Brenna declined an opportunity to move up to varsity because she would not have been able to get enough sleep on Friday nights before early morning Saturday track meets. “The hardest part is that you have to eat right. I have to stay away from soda and fried foods, except for one week after each

A political campaign poster for Frank Hull, County Treasurer. The top half features a large American flag. Below it is a portrait of Frank Hull, a middle-aged man with grey hair, smiling. To the right of the portrait is a blue box with white text that reads "FRANK HULL" and "COUNTY TREASURER". Below the portrait and box is the text "THE RIGHT CHOICE" in large red letters. Underneath that is a smaller line of text: "AS A CONSERVATIVE BUSINESS PERSON, I WILL BRING TO THE OFFICE MY WEALTH OF BUSINESS EXPERIENCE TO BE THE BEST TREASURER FOR NAVARRO COUNTY". This is followed by three bullet points: "• 40 YEARS OF BUSINESS MANAGEMENT EXPERTISE", "• MBA IN BUSINESS", and "• 25 YEARS COMMUNITY INVOLVEMENT". Below the bullet points is the text "I ask for your VOTE and support during Early Voting, October 18 - October 29th or on Election Day, November 2nd." At the bottom, there is a small line of text: "fth1@swbell.net" and "Political ad paid for by Jim Cooley, Campaign Treasurer. 1214 W. 4th Ave., Corsicana, TX 75110."

An advertisement for the Regional Orthopaedic Sports Medicine Center. The top half features a row of five circular icons representing different sports: soccer, basketball, football, tennis, and volleyball. Below these icons is the text "REGIONAL ORTHOPAEDIC" in large, bold, serif letters, and "SPORTS MEDICINE CENTER" in smaller, bold, sans-serif letters. To the right of the text is a photograph of a young boy in a blue t-shirt, smiling and holding a basketball. Below the text and photograph is a list of services: "Robert P. Royce, M.D.", "Diplomate-American Board of Orthopaedic Surgery", "Fellow-American Academy of Orthopaedic Surgeons", "• Sports Medicine &amp; Arthroscopy", "• Joint Replacement Surgery", "• Hand &amp; Wrist Surgery", "• Occupational Medicine", "• Fracture Repair", "• Reconstructive Surgery - of Elbow &amp; Shoulder - of Hip &amp; Knee", "• Arthroscopic Rotator Cuff Repair", "• Arthritis Surgery", "• Pediatric Orthopaedics", "• Carpal Tunnel Surgery", and "• Minimally Invasive Joint Replacement". To the left of the list is a photograph of a man in a white t-shirt and a red visor, holding a tennis racket. Below the list is the website "www.regionalorthosportsmed.com". To the right of the list is a list of services: "Physical Therapy", "Sports Medicine", "Wound Care", "Work Conditioning", "Industrial Rehab", "Drug Testing", "1324 Brown Street", "Suite 100", "Waxahachie", and "972-937-8900".



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season. Then I go wild for soda,” Brenna said. She found time to be co-editor of the yearbook, perform her volunteer hours with the Blooming Grove Little League baseball team, through the National Honor Society, and compete at the state level in Academic University Interscholastic League Headline Writing. “Whatever I did I linked it to running. I stayed focused. I knew what I wanted,” she added.



**“If you fall off, it’s hard to get back on. I have to get the run in; it’s a guilt factor if I don’t.”**

Visiting older sister, Michaelle, on her college campus gave Brenna a taste of the “college experience.” When she headed off for college herself, she left her younger brother, Daniel, running cross country and track and playing basketball as a freshman at BGHS. “He ran all summer with me,” Brenna said. “The team will go on; they know what to do. There are freshmen coming up who can carry on the winning tradition,” she continued.

As Brenna begins the next chapter in her life, she looks forward to running longer distances and marathons, experiencing college life, studying and learning to skim board on area beaches. Brenna’s passion, persistence and dedication will enable her to continue her winning tradition at whatever she sets her mind to. **NOW**



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#### From left:

Sheryl May and Sabrina Zamzow; some of the many hair products available; a client receives top-notch service.

## On My Own

*Sheryl May has launched her own salon called Hair Slingerz.*

— By Joan Kilbourne

Sheryl May and her husband, John, saved for a long time to make her dream of having her own salon a reality. Sheryl had even staked out the building she wanted for her shop. When the previous owner of the shop on 2nd Avenue retired and put out a rental sign, Sheryl saw her chance to make the move. She phoned the owner and said, “You take that sign down right now; that’s my place.” The shop had been a barber shop for many years, with little change in the decoration since the ’70s. It needed major changes to look like the salon Sheryl had in mind. “I wanted people to feel comfortable here,” Sheryl said. “We

are down-to-earth people. John did all the work by himself,” she added proudly.

John, on the other hand, claims that he had a helper in his 5-year-old son, Caleb. “When I took down the brick partition, Caleb carried bricks out for me,” he said. John works for the city, so he worked in the shop from 3:30 until dark. The installation of new wall coverings, new flooring, paint, plumbing and electric wiring all began on June 1 and finished on August 16. John’s family gathered to carry in all the furnishings and set up the shop in a sunny Texas country style. A wall in the entry displays



## Business **NOW**

Sheryl's collection of crosses. "We bring one home as a souvenir from our travels," she explained.

Finding time to travel can be a problem for a business owner. "My last vacation was five years ago when I took off for four weeks when Caleb was born," Sheryl said. Not everyone would call that a vacation, but Sheryl and John have memories of more relaxing times. "We went on a cruise to Key West, with stops at Freeport and Nassau." Caleb reported that he got a shark's tooth necklace from that trip. "I have wonderful, experienced women working with me," Sheryl said, "so I plan to travel again sometime. John's dad fixes things here and his mom helps clean, so I have lots of great helpers.

"We emphasize education here," Sheryl said. "L'Oreal Elite comes here every three

**"L'Oreal Elite comes here every three months to do classes with mannequins and, sometimes, live models."**

months to do classes with mannequins and, sometimes, live models. Then there is the World's Fair Hair Show in San Antonio where vendors show new products. My rule is that everyone here will come back knowing three new things."

Sheryl's enthusiasm for her work is apparent as she cheerfully explains that she works 10- to 12-hour days. "When I just can't take any more appointments, I refer people to some of my friends in the business. "Right now, I am doing some first haircuts on the children of parents who came to me for graduation and wedding hairdos years ago when I worked at other salons," Sheryl said. "Those special events are always fun to do. It is a really big deal to do a wedding. We set aside time for a practice run to decide how to do hair that will complement the bride's dress. Then on the wedding day, we do half-hour appointments for the bridesmaids and schedule an hour-and-a-half to give the bride all the time she needs." After working for 11 years in the business, it is clear that Sheryl May is enjoying the rewards that come with being on her own. **NOW**



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# Parent Power — *By Joan Kilbourne*

It started with one parent, Lilly Schramko, who had the idea of painting the second-grade classroom. She consulted with another parent, Lisa Lott, about getting permission to take on the project. In a short time the word spread, and Lisa and Lilly found themselves in charge of the K-4 to fourth-grade remodel challenge. Lilly, with expertise in the construction business, and Lisa, who brought her skills in public relations, fundraising and record keeping, became the dynamite team leaders for more than 150 volunteers and donors who committed to the major updating of six classrooms.

James L. Collins Catholic School strives to maintain tuition low enough to be affordable for all children. As a result of budget constraints, it has been more than 20 years since some areas of the lower grade classrooms have received attention. At the same time, parents feel fortunate to have incredibly dedicated teachers who believe all children can succeed. The teachers provide a challenging atmosphere that ensures academic excellence, and they promote the value and religious formation of the children. The parents made sure that The James L. Collins Elementary and Middle Schools were voted Best-of-the-Best under the direction of the principal, Ms. Starek, who also placed in the Best-of-the-Best Principal category.

On May 10, Lisa sent a letter outlining the project and requesting donations of time and money to the parents of the children scheduled to be in the target classrooms. Father Danilo



Ramos (affectionately known as Father Danny) suggested they extend the invitation to other members of the parish. No one was surprised at the enthusiastic and generous response. "Parents come to everything," Lisa said. "On a recent field trip, the children rode on a school bus, and the bus was followed down the highway by a procession of SUVs full of parents." That first letter included a modest teacher "wish list" that mentioned paint and carpet and, as one teacher asked, "I have a white board made of shower stall material. I'd love to have a real one, and could we have a real bulletin board that holds pins and staples?" Another teacher explained that "the carpet in

the kindergarten is duct taped so the children will not trip over the torn places. I don't know how much more spilled milk the carpet can soak up," she joked.

Parents reporting to work on the second-grade classroom asked about refurbishing the classrooms of their third-graders or their kindergartners. As the project expanded, more of the parents and members of the parish volunteered what was needed in time, materials and money. The wish list grew to include area rugs, for the youngest groups of children who take naps sleeping on the floor, and new sinks and water fountains in each room. The parents of a first-grade child offered custom-built cabinets for the new sinks. By the end of the project, new cabinets and bookshelves could be found in every room.



## Education **NOW**

Painting the old cabinet hardware would not stand up to use, so another pair of parents donated new nickel-satin knobs for cabinets in all of the rooms. Workers agreed that, "If we have new knobs, we should also have new light switch and outlet covers and door kick plates." Then the cleaning began. "We were scrubbing 20 years away from all of it," Lisa said. A parent pointed out a dirty trash can. "Can't hardly put the old trash cans on that new flooring," Lisa responded. "New cans were expensive, so the team set to work cleaning and spray painting all of the trash cans. I am picky about the details."

Local businesses were generous contributors. One contributor pointed out that the bathrooms were as old as the classrooms and needed new plumbing fixtures, tile floors and paint. Need a plumber? Done! A parent offered to cover the cost. Now the new bathrooms even have curtains on the mirrors and hand-painted quotations on the walls. Some of the volunteers spent countless hours on their computers seeking grants, while others scanned Craig's List and found a bonanza of elementary school chairs. A truckload of chairs arrived and, Lisa said, "We carried *so many* chairs from the truck to the classrooms. Just one classroom had thirty-seven of them." Volunteers offered to trim the windows by sewing bright new curtains. Just three weeks after the first letter went out, Lisa's online newsletter announced that the rooms were ready for the teachers to move back in. "We carried so much stuff back into the rooms," Lisa said. Lilly agreed, pointing down the long hallway, "We carried furniture and boxes, and when we got too tired, we carried some more."

The teachers were excited to show off their new rooms at the open house event. "It's like Christmas to come in here," one teacher smiled looking around her. "It is not over," Lisa said. "The interactive technology white boards just arrived and need to be set up."

"Next, we want flat-screen TVs in the rooms so teachers can take advantage of televised learning programs," Lilly said. Nodding in agreement, these two dynamic team leaders added, "And then there are the middle-school rooms." **NOW**

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# Who's Cooking **NOW**

## In The Kitchen With Sue Nyquist

— By Adam Walker

Sue Nyquist grew up in a family of eight on the Upper Peninsula of Michigan. Her mother was a great cook and, Sue said, "My family's favorite meals are still the ones that have come from my mom and have become tradition in our family." She especially enjoys baking homemade breads and pasties. "Pasties are individual meat pies that the miners

use to take down into the mines for their dinners. The UP is famous for its pasties and every town has at least one pasty shop." Another source of Sue's recipes is the gourmet supper club of which she was a member for years. Now she is a stay-at-home wife who enjoys textile crafts, golfing and cooking for her family and friends. **NOW**



### ONION SOUFFLÉ

**1 pkg. frozen onions, drained and patted dry**  
**3 pkgs. cream cheese**

**1/2 cup mayonnaise**

**2 cups freshly grated Parmesan cheese**

**Cayenne pepper**

**Fritos® Corn Chips, warmed**

**1. Drain onions on paper towel.**

**2. Mix together first four ingredients.**

**3. Top with cayenne pepper. Bake at 425 F for 15-20 minutes.**

**4. Serve warm with Fritos.**

### OATMEAL BREAD

**2 cups boiling water**

**1 1/2 cups rolled oats**

**2 Tbsp. molasses**

**1/4 cup butter**

**2 tsp. salt**

**1/4 cup sugar**

**1 pkg. yeast**

**1/4 cup warm water**

**4 1/2 to 5 cups flour**

**1. Pour boiling water over oats, molasses, butter, salt and sugar and let stand until lukewarm.**

**2. Add yeast dissolved in 1/4 cup warm water.**

**3. Gradually add flour, kneading it to a smooth dough.**

**4. Cover and let rise until double.**

**5. Punch down and shape into 2 loaves. Turn into 2 greased bread pans. Let rise again until doubled.**

**6. Bake at 350 F 45-60 minutes.**

### SPAGHETTI SALAD

**1/2 lb. of vermicelli spaghetti broken into 5-inch pieces and cooked for 5 minutes**

**8 oz. Italian salad dressing**

**1/2 jar McCormick® Salad Supreme**

**1 red onion, chopped**

**3 tomatoes, diced**

**1 green pepper, diced**

**2 cucumbers, diced**

**1. Marinate pasta in salad dressing.**

**2. Add McCormick Salad Supreme.**

**3. Add onion, tomatoes, green pepper**

**and cucumbers.**

**4. Let marinate overnight in refrigerator.**

### CRÈME DE MENTHE CAKE

**1 box white cake mix**

**7 Tbsp. Crème de Menthe**

**1 16-oz. jar Hershey's Hot Fudge**

**8 oz. Cool Whip**

**1. Prepare cake mix as directed, and add 4 Tbsp. of Crème de Menthe to batter. Bake as directed. Cool.**

**2. Spread hot fudge over cake like frosting.**

**3. Add remaining 3 Tbsp. of Crème de Menthe to Cool Whip and frost over fudge topping.**

**4. Refrigerate before serving.**

### THREE-CHEESE PASTA

**1 8-oz. pkg. penne pasta**

**2 Tbsp. butter**

**2 Tbsp. flour**

**1 1/2 cups milk**

**1/2 cup half-and-half**

**1/2 cup (4 oz.) shredded white cheddar cheese**

**1/4 cup grated Parmesan cheese**

**1 cup (8 oz.) shredded Gruyere cheese**

**1 tsp. salt**

**1/4 tsp. pepper**

**Pinch of ground nutmeg**

**1. Preheat oven to 350 F.**

**2. Prepare pasta according to package directions.**

**3. Meanwhile melt butter in a medium saucepan over medium heat. Whisk in flour. Cook, whisking constantly, for 1 minute.**

**4. Gradually whisk in milk and half-and-half. Cook, whisking constantly, 3 to 5 minutes.**

**5. Stir in cheeses and next 3 ingredients until smooth.**

**6. Stir together pasta and cheese mixture and pour into lightly greased 11 x 7-inch baking dish.**

**7. Bake at 350 F for about 45 minutes or until golden and bubbly.**

### SHRIMP CASSEROLE

**2 lbs. shrimp**

**1 large onion, chopped**

**2 stalks celery, chopped**

**2 cloves garlic, chopped**

**1 Tbsp. butter**

**1 can cream of mushroom soup**

**1 Tbsp. Tony Chachere's® Original Creole Seasoning**

**1 cup sour cream**

**2 large cans chopped green chilies**

**3 cups cooked rice**

**1 Tbsp. lemon juice**

**1 1/2 cups cheddar cheese**

**1. Peel and devein shrimp. Boil.**

**2. Sauté onion, celery, and garlic in butter until tender.**

**3. Add all ingredients except cheese.**

**4. Pour into 9 x 13-inch buttered casserole dish. Sprinkle with cheese.**

**5. Bake at 350 F for 1 hour.**

### PASTIES

#### CRUST:

**3 lbs. flour (12 cups)**

**1 1/2 Tbsp. salt**

**1 1/2 lbs. shortening**

**Water**

#### FILLING:

**4 Tbsp. salt**

**2 1/2 lbs. onion, chopped fine**

**7 lbs. raw potatoes, chopped fine**

**2 lbs. carrots, chopped**

**5 lbs. ground beef**

**1. For crust, mix first 3 ingredients. Add water to stick together; mix.**

**2. Mix all filling ingredients together.**

**3. Divide dough in half and make 12 dough balls. Store in refrigerator. Roll each to 8-inch circle.**

**4. Place 1 cup of filling in half of circle. Fold over and crimp edges.**

**5. Continue until all crust it used. You should get about 24 pasties.**

**6. Place on cookie sheet and bake at 400 F for 10 minutes.**

**7. Turn oven down to 350 F and bake for 35 minutes.**

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# Personal Finance for Business Owners

— Provided by Gary Hayden —

In the rush of day-to-day business activities, many small business owners may lose sight of their personal objectives. Over time, as their business grew, these personal goals, suitable at one stage of the owner's life, may well have changed.

Do you ever stop to re-evaluate and update your personal goals and priorities? The following are some key concerns of many small business owners:

## • Strengthening Personal Finances and Building Wealth.

Many business owners become so engrossed in running their companies that they inadvertently end up putting their personal finances on the back burner. This may occur if most of their liquid assets are tied up in the business. However, to achieve financial independence and build personal wealth, it is important to make personal savings a priority. By conducting regular financial reviews, and taking follow-up action as needed, you can help develop and strengthen your personal financial position.

## • Preparing for Retirement.

Many tax-deferred, qualified retirement savings vehicles, such as simplified employee pension plans (SEPs) or 401(k) plans, are available to business owners and their employees. The size of a company, as well as the ages and salaries of its employees, often determines which type of retirement plan is best in a given

situation. In addition, nonqualified plans allow business owners to provide selective benefits for themselves, as well as their key employees.

## • Developing an Exit Strategy.

Will your small business be marketable if and when you decide to sell? It is important to develop an "exit" strategy that can help provide cash commensurate with the value of your business in the event you choose — or are forced due to death or disability — to divest.

## • Retaining the Company Within Your Family.

Your company, like many others, may be a closely held business operated by more than one family member. If you wish to keep your company in your family, it is important to learn about transfer tax issues and develop a business succession plan that will help secure your long-term goals and objectives.

## • Stay Focused

As your company grows and develops, it is important to keep sight of your personal priorities, particularly as they change over time. Annual reviews can help ensure your business activities are consistent with your long-term personal goals and objectives. **NOW**

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# After Breast Cancer, What's Next?

— Provided by Navarro Regional Hospital



You've been diagnosed with breast cancer and undergone the first phase of treatment: surgery, radiation therapy or chemotherapy or hormone therapy. Now comes the next step in your journey: taking good care of yourself, monitoring your health and learning habits and lifestyle choices to promote good health for the long run.

As a breast cancer survivor, healthy habits and regular doctor visits are even more important now than before your cancer diagnosis. You may have an increased risk for certain health conditions.

After your initial breast cancer treatment, your physician will follow your health even more closely than before to assess the effectiveness of follow-up treatment, monitor side effects

and watch for the potential development of any related health conditions or symptoms of cancer recurrence.

Conditions that breast cancer survivors may be at risk for range from fatigue and memory problems to more serious issues like bone loss, heart trouble and reproductive cancers. Studies have shown that women treated for breast cancer are at increased risk for osteoporosis, due to chemotherapy drugs that decrease bone mineral density and the body's production of estrogen. While estrogen feeds cancer, it also protects the body against bone loss. Cancer drugs are not the only factor, however — the same patients who experience bone loss often have other contributing factors, such as vitamin D deficiency.

Breast cancer treatment can also be hard on the heart. Studies have documented cardiac side effects in breast cancer patients such as heart disease, hypertension, weakening of the heart muscle, heart valve dysfunction and congestive heart failure. Some chemotherapy drugs can damage the heart muscle, while others have no adverse effects. Radiation therapy can affect the heart and surrounding tissue because of its close proximity to the breast area that's being treated.

Your physician will also keep a close eye on your reproductive health, after breast cancer. Women who are taking certain drugs as part of their treatment regimen may be at increased risk for endometrial cancer.

A typical schedule of follow-up exams includes a yearly mammogram (if you have had a lumpectomy and radiation, this would begin six months after radiation therapy concludes); a physical exam every four to six months for five years, and annually after five years; and a pelvic exam every year, if you have not had a hysterectomy.

In addition to routine exams, your physician may conduct other periodic tests to watch for other conditions that may develop as a consequence of your cancer treatment, as well as screen for a cancer recurrence. If breast cancer recurs, the most common place for a recurrence is the bone, followed by the lungs and the liver.

As you enter this stage of your breast cancer journey, take the time to care for yourself — physically, emotionally and spiritually. Talk with your physician regularly and ask questions. Learn about the choices you can make that impact your health, from nutrition to exercise. And celebrate your successes along the way! **NOW**

*Remember that this information is not intended to replace the advice of your doctor, but rather to increase awareness and help equip patients with information and facilitate conversations with your physician that will benefit your health.*

Source:

Susan G. Komen Foundation,  
[www.komen.org](http://www.komen.org)



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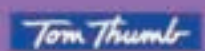
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# Air Scrubbers for the Home — By Nancy Fenton



October is a great time to open doors and windows, at least for a while. When the weather does not permit open windows, try a few houseplants to freshen things up. In addition to adding beauty, they can even out humidity and add oxygen to a home. Recent studies by NASA have shown that houseplants not only produce oxygen, but they are effective in removing harmful chemicals from the air.

In the 1970s when our construction changed to make homes more energy efficient, there began to be a problem called “sick building.” All the synthetic materials, which are known to emit various organic compounds, were linked to numerous health complaints. Man, himself, adds to the problems in closed, poorly ventilated areas. Think about people in an airplane for an extended amount of time!

It is no secret that plants take in carbon dioxide and use it to make food by separating the carbon and the oxygen through photosynthesis in the daylight. They use the carbon for growth, seed production, etc. and emit the oxygen in

the dark, wee hours of the morning. The larger the leaf surface, the more effective the process.

According to recent studies there are many good plants to have in the house. The top ones are as follows:

1. Mother-in-law's Tongue
2. Dracaena
3. Philodendron
4. Areca Palm
5. Money Plant
6. Airplane Plant
7. English Ivy
8. Chinese Evergreen
9. Gerbera Daisy
10. Ficus
11. Christmas Cactus
12. Golden Pothos
13. Rubber Plant

If you choose to have plants in the house, get started now! Buy plants, saucers and rolling stands for them before they all disappear in the Halloween rush! I consider saucers and rolling stands a must since it seems important to protect the floor and to be able to clean

under the stands. As for which plants to choose, make your selection based on how much light you have available. I have almost no direct sun, so I have to go with Chinese Evergreen, Mother-in-law's Tongue, Golden Pothos and Corn Plant. I also like the fact that they tell me when to water by wilting. Water in the saucer can evaporate out and help the humidity when our central heat comes on. Studies show that as few as 15 houseplants will significantly reduce the quantity of indoor contaminants. Try them. You may like the look, and your lungs will love the extra oxygen! **NOW**

*Nancy Fenton is a Master Gardener.*







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# Exploring Inner Space

— By Becky Walker



If you or your children are *Lord of the Rings* fans, or just simply love spelunking around in caves, you just might be interested in taking a day trip to Inner Space Cavern in Georgetown, Texas, for an afternoon exploring the deep places of the earth. Discovered by the Texas Highway Department in 1963 during the construction of Interstate 35, it is one of the best-preserved caves in Texas.

The fun begins after a short cable car ride into the mouth of the cave. The cave is warm, 72 degrees year-round, so sweaters and jackets are not needed. Shoes with good traction are a must, however, due to the uneven and sometimes slippery terrain. As the tour

guide leads you deeper into the cavern, the sound of dripping water can be heard, especially if there has been a recent rainfall.

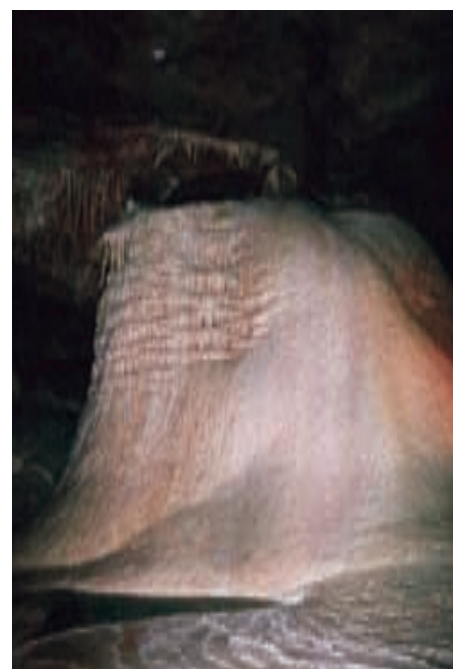
Your imagination can easily run free as you pass amazing rock formations and duck your head when the ceiling gets lower. If you really let your imagination run wild, thoughts of *Moria* could rise to the surface as you step from the passageway into a massive chamber called the Outer Cathedral. You might half expect a dwarf or an orc to jump out of a crevice.

In the Outer Cathedral, a round hole in the roof of the cave is visible. This is the hole through which the first explorer was lowered into the cave by

the Texas Highway Department while he stood on a drill bit. Lucky for him, they did not set him down in the giant pile of bat guano that is only a few feet away! Also in this chamber is a natural work of art — the “Flowing Stone of Time,” which can be seen with water flowing down its side.

Other places to note along the journey are “Soda Straw Balcony,” “Lake of the Moon” and a formation that resembles an ice cream sundae. An abandoned archaeology dig is found in one chamber, far below the tour path. Many amazing fossils have been discovered inside the cave, including those of mammoths, saber-toothed cats, an armadillo the





size of a Volkswagen, ground sloths and other species. An inactive fault line runs through the cave and is visible at one location.

Once a depth of 69 feet below the surface is reached, the tour guide will ask you to sit down on the ledges near a small pool of water. At that point, they really do it — they turn out the lights so you can experience total darkness. No light penetrates this far below the surface, and you can touch your hand to your nose and still not see it. An occasional drip falls into the pool nearby, and the thought that the pool would make the perfect home for the creature Gollum might send shivers down your spine. The lights are soon back on, however, and images of Gollum and orcs fade into the

shadows as the tour guide begins leading you back to the surface where souvenirs and concessions may be purchased at the Visitor's Center.

Inner Space Caverns, located approximately 27 miles north of Austin, just off I-35 at exit 259, is a fun and educational destination for you and your children. Three different tour packages are available. The Adventure Tour is an all-walking tour of three-fourths of a mile, which leaves every 20-30 minutes. The Explorer's Tour is an all-walking tour of 1.2 miles. Please call for availability. The Wild Cave Tour is a three- to four-hour spelunking tour. This tour is by reservation only. For more information, call (512) 931-CAVE or visit [www.myinnerspacecaverns.com](http://www.myinnerspacecaverns.com). **NOW**



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- **Hard time concentrating**  
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- **Can't sit still** *(No puede mantenerse quieto)*
- **Has a hard time completing tasks**  
*(Batalla para terminar lo que comienza)*
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### Saturdays

Brick Street Farmers Market, 8:00 a.m.-noon. The farmers of the Brick Street Farmers Market gather at the corner of N. 12th Street and W. 5th Ave. on the Bank of America parking lot across from the Corsicana Library. You will find a surprise veggie or two at the market. And we think we have the largest grillin' / stuffin' jalapeños in town! Contact Tony or Jackie at (903) 229-7505 or <http://www.farmerranchernetwork.org>.

Home Depot offers Saturday workshops for children, who learn how to use materials and tools to build a project. Event is free, with materials provided.

### October 2

Family Series: Trout Fishing in America: 2:00 p.m., The Palace Theatre. Trout Fishing in America is the long-standing musical partnership of Keith Grimwood and Ezra Idlet who present an incongruous picture — Ezra Idlet (guitar) stands 6 feet 9 inches and Keith Grimwood (bass) stands 5 feet 5 1/2 inches. Trout Fishing in America can look back at a body of work that is impressive and know they are just hitting their stride. On the heels of their fourth Grammy nomination *Big Round World*, and the release of a children's book/CD *My Name is Chicken Joe*, it is no wonder that Trout Fishing in America sees the future as the brightest part of their successful careers. Contact [corpallace@sbcglobal.net](mailto:corpallace@sbcglobal.net) or (903) 874-7792.

### October 1-2

Artist in Residence program, a two-day workshop with Native American artist, Raymond Sikes. Sponsored by the Pearce Civil War & Western Art Museum. Participants will meet in the Cook Education Center on the campus of Navarro College to create a personal shield. Information from Allison Chew at (903) 875-7437.

### October 8

Homecoming concert: 7:00 p.m., Dawson



# Happening **NOW**

Auditorium, Navarro College Corsicana Campus. For more information, please call (903) 875-7381.

## October 9

Navarro College Homecoming game vs. Arkansas Baptist: all day, CEC Stadium.

Cause for Paws Barn Raising, Humane Society fundraiser for the new animal shelter, Dobbins Crossing. Family events, including face painting, vendors, bounce house and professional pet photos: noon-5:00 p.m. From 6:30-10:30 p.m., barbecue dinner, raffle and silent auction. Music by Jason Manning and the Manning Dixon Band. For tickets call (903) 875-1060. Dinner tickets are \$35 per person or \$50 per couple or \$40 per person at the door. Visit [www.thehsnc.org](http://www.thehsnc.org).

## October 14

Choir performance: 10:30 a.m., Cook Education Center, Navarro College Corsicana campus.

## October 16

Kerens Cotton Harvest Festival: Pancake breakfast: 7:00 a.m. Food and arts and crafts booths, chili cook-off: 9:00 a.m.-5:00 p.m. Free entertainment all day. Street dance at 7:00 p.m.

5K Fun Run and Walk, Kerens. Starts and ends near rear entrance of Kerens Alumni Center. Race day registration: 6:30 a.m. Cotton Row Run Start: Runners: 7:30 a.m. Walkers: 7:45 a.m. Registration fees 18 and older: \$20. Ages 2-17: \$15. Race day registration is \$5.00 more per individual and no family/group rates valid. Pre-registration must be received by October 1, 2010. T-shirt pickup: Friday, October 15, 2010, 9:30 a.m.-6:30 p.m., Kerens Chamber of Commerce office on Main. The benefit run/walk will take place come rain or shine!

## October 16 and 23

Working days for the annual Christmas in Action event when teams of volunteers will do needed repairs on the houses selected by the committee.

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## Happening **NOW**

Box Theatre, Navarro College Corsicana campus: 7:00 p.m. For more information, call (903) 875-7381.

The Corsicana & Navarro County Chamber of Commerce presents the "Roaring '20s Casino Night": 6:00 p.m., Corsicana Country Club. A night of gaming, food, drinks, auctions and entertainment, featuring a raffle drawing for a 32-inch, 5-burner propane gas grill (retail value, \$1,299). Tickets on sale now for \$20. Sponsor a casino game table. Game table sponsors: \$500; club 100 sponsors: \$100. Opportunity to win a special prize in a drawing exclusively for game table sponsors. Company will be listed as a sponsor on the invitations, newspaper and radio advertisements and print materials at the event. Opportunity to win a special prize in a drawing exclusively for Club 100 sponsors. Contact Semonna Battenfield: [chamber@corsicana.org](mailto:chamber@corsicana.org) or phone (903) 874-4731.

### October 24

Denim and Diamonds Oil Barons Ball: 7:00 p.m., Collins Catholic School, 3000 W. Highway 22. Event honors the late Jim Collins who donated the Collins scholarship funds. Silent auction, raffle and music by the Brian Smith Band. Just 150 tickets are available for steak dinner at \$60 per couple. For reservations, contact Stephanie Folmar at [stephanie.folmar@yahoo.com](mailto:stephanie.folmar@yahoo.com).

### October 28

Ahn Trio, three musicians playing piano, violin and cello: 7:30 p.m., The Palace Theatre. Born in Korea, trained at Juilliard School of Music in New York, the Ahn Trio sisters, Maria, Lucia and Angella, are redefining the art and architecture of chamber music. They breathe new life into the standard piano trio literature with commissioned works from visionary composers. The Ahn Trio is in high demand, performing and leading master classes and workshops across the United States and around the world. Wherever the Ahns go, they share their innovative spirit and ever-evolving vision of music. Contact: [corpallace@sbcglobal.net](mailto:corpallace@sbcglobal.net) or phone (903) 874-7792.

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## "My husband and I were planning to start a family..."

My grandmother was a patient at Ennis Regional in 2008. She went on and on about the wonderful staff and excellent service.

Dr. Kingsley is absolutely wonderful. He is very caring and patient with my many questions, whether I am seeing him for my yearly exam or during my pregnancy."

Jonathan, Dusty & Brazos Kunkel  
[16 weeks old]  
Wortham, TX

## "My experience..."

The entire staff couldn't have been better. I just felt so at home at Ennis Regional - like family really. My nurse Jill made me feel so comfortable and really gave me a sense of peace. Our room was very quiet which was nice for the three of us to bond together as a family. Couldn't have been better; I will never forget it.

At my six week checkup, I even joked with Dr. Kingsley that I needed to hurry up and have another one. His response, "I am not going anywhere; I am going to be here for a long time."



Ennis Regional Medical Center is PROUD to offer a friendly and professional birthing center not just for the people of Ennis but all of our Ellis County and neighboring families. As we did with Jonathan, Dusty and little baby Brazos, we take immense pride in showering our mothers and babies with the care and attention they deserve. Please come visit us for our weekly child birth education classes or tour our spacious delivery rooms.

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