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OCTOBER 2012

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Historically, it has been the Dart Foundation's preference to make grants in support of youth education programs (primarily science, technology, engineering and mathematics). Other areas of interest have included health and community services.





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My new sales/service team and I are developing a new approach to getting our valued customers into the right car for the right price without any hassle or extended delay.

So you ask how? We are going to get in touch with our customers and the community. The Autoplex is going to start investing in the local community. We have already started by investing in local education as well as local varsity sports programs. This will only increase as we continue to restructure. This community has invested in us for so many years and now it's our turn.

Our pledge at Waxhachie Autoplex is to incorporate change based on the needs of you, our customers. We know that without our customers we could not survive.

Thank you for taking time to read this letter and please feel free to submit any comments and suggestions directly to myself or one of the staff at Waxahachie Autoplex.



Sincerely,

Wes Spence

General Manager
Waxahachie Autoplex



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ON THE COVER



Fall has definitely arrived at the Neal home.

Photo by Amy Ramirez.

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Editor's Note

Hello Fall!

The older I get the more I look forward to fall and winter. October's cooler temperatures add energy back to the same body that grew lethargic during the excessive heat of summer. I now have one full month to lose 10 pounds so I can gain 15 more during the upcoming holidays. It sounds crazy I know, but it's my plan, and I'm sticking to it.

October is also filled with several special days, all of which I will enjoy for different reasons. October Fest with close friends on the 13th will allow me time to relax in the "great country outdoors." National Bosses Day on the 16th gives me a day to appreciate my fearless leaders. The most important day of the month is the 27th. That's the day I get to celebrate my mom's birthday. I wonder what my best friend and I are going to do this year?

Sandra

Sandra Strong
WaxahachieNOW Editor
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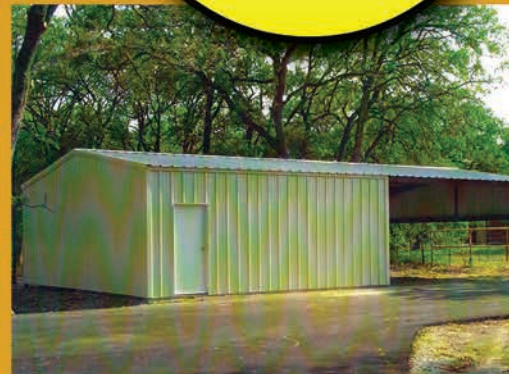
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All Things of

Life

— By Sandra Strong

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Waxahachie's Chautauqua Auditorium, built in 1902, and now restored to its original condition is the only original building used for Chautauqua still standing.





Some things in life are not meant to be forgotten, lost or discarded. They are meant to be cherished, remembered and talked about from one generation to the next. Waxahachie Chautauqua and the Chautauqua Auditorium are two such memories.

The Chautauqua is not a religion or a building. It is a movement of people founded by the Rev. John Heyl Vincent and Lewis Miller in 1874 on the banks of Lake Chautauqua, New York. The plan was to provide a



CHAUTAUQUA WAS, AND STILL IS, GROUNDED AROUND FOUR PILLARS: RELIGION, EDUCATION, ARTS & RECREATION, REPRESENTING “ALL THINGS OF LIFE.”

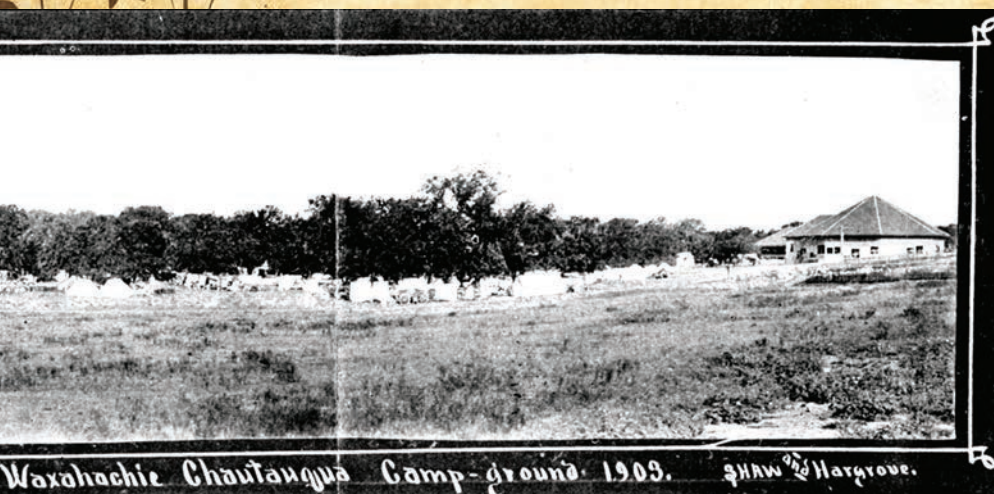


summer retreat to edify Sunday school and rural public school teachers. Chautauqua was, and still is, grounded around four pillars: religion, education, arts and recreation, representing “all things of life.” Those things that enlarge, refine or empower an individual were found at Chautauqua in those early days. Chautauqua provided education for those who wouldn’t have gotten it any other way.

The all-denominational idea blended study and recreation in a pastoral setting. Immediately, it grew to include academic subjects, music, art, humanities and physical education. By 1880, the public platform grew into a national forum where open discussions of civic issues, international relations, literature and science were commonplace.

The idea of Chautauqua swept the nation. At its height in 1924, the movement saw its week-long programs visit 12,000 towns and entertain 32 million people. Tent Chautauquas or

Independent Chautauquas sprung up and continued to flourish until the early 1930s. During this time, many became inactive due to the automobile, radio, movies and other entertainments. These options, along with many others, are what began the slow demise of Chautauqua. But, life is being breathed back into some of them. Interested, concerned people who care about keeping the history of Chautauqua alive are helping revitalize the movement from days gone by. Two of those history-loving, dedicated, caring individuals are Waxahachie residents Kirk Hunter and Maureen Moore.



Waxahachie Chautauqua Camp-ground 1909. SHAW and Hargrove.

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What brought Chautauqua to Ellis County? The Texas Synod of the Cumberland Presbyterian (C.P.) Church made the decision to move their Chautauqua Summer Assembly from Glen Rose, Texas, for the 1900 Assembly. "Glen Rose failed after two years. People couldn't get there," Kirk explained. "In 1899, the bid for a new host went out all over the South. Waxahachie won the bid."

Since Chautauquas were typically located along a body of water, Waxahachie had the prime location along the creek in what was known as West End Park in the newly developed West End addition, with its pavilion reportedly capable of holding 1,200 people. The first Waxahachie Chautauqua Assembly was held from July 26 to August 6, 1900. "The first Assembly also included 75 tents," Maureen stated. "The larger tents that resembled cottages allowed people who travelled a long way to bring the comforts of home with them." In fact, Waxahachie residents would erect tents so they too could experience the camaraderie of being part of the



CHURCH HELPER HEADQUARTERS.



social event of the year. Fine furniture, area rugs and cooking equipment were commonplace in their tents.

During the two-week long assemblies, the park was transformed into a little city surrounded by a fence that also served as a hitching rail for livestock. It was commonplace to find at least one restaurant, a barber shop with two chairs, a post office, a newsstand and a night watchman. "It really was a community event," Maureen added.

Waxahachie Creek was an important component to the summer Chautauqua experience. It was used to cool the water, drinks and food, while offering a place for the children to wile the hours away as adults enjoyed lectures and concerts. At times, the creek was damned to allow for boating, swimming and diving. Old, faded photographs show boats floating on the creek with women dressed in their Sunday best, matching parasols shading them from the afternoon sun.

The size of the 1901 Assembly increased to include 135 tents. Due to the high rise in attendance, a decision



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was made to construct a new, much larger auditorium with a seating capacity of nearly 2,000. The auditorium was constructed just in time for the 1902 Assembly, and the original pavilion was used as a dining hall. Once again, the Assembly grew in number to include 235 tents. "The building's octagonal shape had merit," Kirk said. "It lent itself to good acoustics in a period of no amplification, and was also a popular architectural design of the mid-1800s. To some, the roof line resembles a tent."

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As Kirk and Maureen, the official Chautauqua historians, continued to delve into the history of Waxahachie Chautauqua, they learned it flourished up until 1906 when the Waxahachie Chautauqua Park Association (WCPA) began having difficulty paying the note for the materials used in the construction of the new building. The park property was sold to a group of citizens, led by E.P. Hawkins. Debts were paid and the Assemblies continued. In 1907, it was more popular than ever. By 1913, indebtedness plagued them once again. In 1914, E.P. Hawkins conveyed the former WCPA property to R.W. Getzendaner, who in turn conveyed it as a gift to the city of Waxahachie for use as a park.

The story of the Waxahachie Chautauqua and its auditorium really

Happy Halloween



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began for the three historians in 1971. "It was closed due to dilapidation," Kirk shared. "The city was contemplating tearing it down." At this same time, a lady named Josephine Ruskin stepped in and rallied the city to save it. She journeyed to New York with her husband, Robert, where they visited the Mother Chautauqua, and the "cross-pollination" began. The Chautauqua Auditorium became her passion. That same year a state historical marker was obtained. By 1974, the Waxahachie Chautauqua Auditorium had been placed on the National Register of Historic Places.

Thanks to the tireless efforts and resources of so many people like Josephine, a young lawyer named Steve Chapman and a community-minded businessman named Marvin Singleton, the building was completely refurbished by 1975. "Josephine, Steve and Marvin, along with so many other likeminded individuals, were instrumental in keeping the Chautauqua alive," Maureen admitted.

The political process of saving and placing the Chautauqua building back in service was not an easy one. "But, it did show if you believe in something and you are willing to stand up for it," Steve said, "through work, logic, and also courtesy to those who have a different opinion, you can make a difference in the community." **NOW**



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- 5:00pm Registration, refreshments will be served
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Homecoming Bonfire

Thursday, October 18th
Located in Field Across the Street
from the Stadium
8:00 p.m.

Homecoming Parade

Friday, October 19th
Downtown Waxahachie
3:00 p.m.
Contact Kim Axtell at WHS at 972.923.4600 for
Parade Entry Forms and Information.

Homecoming Game

Waxahachie Indians vs. Arlington Seguin
Friday, October 19th
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7:30 p.m.

Ex-Students Association Luncheon

Saturday, October 20th
Waxahachie Ninth Grade Academy
11:30 a.m.

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Looking for Reunion Information? Contact the Waxahachie Ex-Students Association at www.waxahachieexstudents.org.

Pink Out 2012: Indians Care Enough to Wear Pink

Waxahachie Indians vs. Mansfield Legacy Broncos
Friday, October 12th

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This Place Matters

— By Sandra Strong

Retirement didn't last long for George Cole. "I retired in January of 2008," he remembered. "Several people started calling. They wanted to help me get involved in the community." The list of areas where George could make a mark as a volunteer was lengthy, but the place that he found most interesting was the Chautauqua Auditorium. George quickly realized that retired individuals have more spare time for volunteer activities, and time is what's needed to keep the memories of the Chautauqua Auditorium alive and well for future generations.



George became a board member during the summer of 2009, right before the Chautauqua Assembly in September. George will be stepping down as a board member and the program co-chairman as this year comes to an end. "I have been fortunate and blessed to have had people with passion and knowledge to help me with the Assembly programs and associated events these past three plus years," George admitted. "I feel board members and volunteers need to have a passion for the cause, but they also need to possess a good work ethic. Volunteers are extremely important as many hands make light work."

George was able to get his feet wet by helping with the 2009 Assembly, a one-day afternoon and evening event.

"The theme that year was Cotton: The Fabric of a Community,"

George shared. "The interest I showed during this event resulted in me serving as a



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Like a wet sponge, a healthy disc is flexible. A dry sponge is hard, stiff and can crack easily. This is how many disc problems begin. Because of the way each disc is attached to the vertebra above and below it, a disc cannot "slip" as commonly thought. However, trauma or injury to the spine can cause discs to bulge, herniate or worse, rupture. This can be quite painful, putting pressure on the spinal cord and nerve roots, often interfering with their function.

The chiropractic approach to disc problems is to help restore better motion and position to the spinal joints. Besides reducing disc bulging, better spinal function helps decrease inflammation so the slow process of healing the surrounding soft tissues can begin. Many patients have avoided needless surgery or a dependency on pain pills by choosing conservative chiropractic care.

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program chairman (2010) and program co-chairman (2012) during the next several years."

The 2010 Assembly, All Aboard! Rail Transportation — Yesterday, Today & Tomorrow in Waxahachie & Ellis County, was the first one-day event in which George served as the program chairman. "I didn't know a lot about being a program chairman, the history of the railroad or the interurban, when the theme was decided upon," he confessed. "I quickly began researching the subject. I soon met many people knowledgeable of rail transportation in Waxahachie and Ellis County — past, present and future." For the 2011 Assembly, the board selected the theme of Oil & Gas in Waxahachie & Ellis County. The program chairman for that Assembly was Matt Perkins. The Assembly attendees learned the great impact oil and gas have had on Ellis County.

Even though the 2012 Assembly has come and gone, George's excitement as the program co-chairman is still evident as he talks about the two-day event with fond memories. This year's theme was The War Between the States. It was the perfect event to memorialize the Civil War's sesquicentennial, while celebrating the 110-year anniversary of the Chautauqua Auditorium and the "effort of people" that helped to secure its place in Waxahachie's history. "Friday, September 21, offered a Living History educational program and Civil War Encampment where people in



period dress represented soldiers, nurses, physicians, merchants, politicians and private citizens, who had been a big part of the history of the local and area Civil War effort,” George explained. “Several educational stations were set up on the ground around the Chautauqua Auditorium.” Favorite stations included Civil War battle flags; Confederate money and bonds; sewing, knitting, spinning and quilt making; black pot cooking; blacksmithing; soap making; and medicine, music and mourning of soldiers who lost their lives.

The Civil War Battlefield Engagement held on Saturday, September 22, provided highlights that will long be remembered. The engagement included soldiers from the North and South who skirmished and re-enacted a fight along Waxahachie Creek. “It represented a battle similar to the ones fought by soldiers in the Confederate Army under Colonel W.H. Parsons Brigade, 12th Cavalry Regiment,” George stated. “This brigade included three companies from Ellis County.”

The board has been faithful to follow



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the philosophies of Chautauqua when choosing a theme for the Chautauqua Assemblies. The theme aspects must include each of the four pillars on which the Chautauqua movement was founded — religion, education, arts and recreation. And local flavor themes play a big part in attracting people in the community, as there is much interest in area history and the local ties it has to the theme. “One of the most memorable Assembly themes for me was centered on food,” George recalled. One of



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“I feel board members and volunteers need to have a passion for the cause, but they also need to possess a good work ethic. Volunteers are extremely important as many hands make light work.”

the program events was sponsored by HEB, and included Central Market-style cooking demonstrations. Other food-related presentations included a complete history of chocolate, cheese-making and Irish butter cookies.

Although George will be stepping down in a couple months, he still plans on being involved with the Chautauqua, either on a committee when needed or as a dedicated volunteer. “The goal of the board is to replace members who are going off with someone who shares the same passion and commitment,” George emphasized. “I want to share my experiences on the board with the new incoming board members and encourage support of those who desire to be part of the Chautauqua movement.”

George also realizes his success comes with the help and expertise of so many other concerned, caring individuals. New board member, George Susat Jr., served as program co-chairman for this year's theme. His knowledge and contacts with Civil War organizations,



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historians, museums and re-enactors was instrumental in the success of the 2012 Assembly. The director of city parks, John Smith, is also on the board. He oversees the maintenance and upkeep of the Chautauqua Auditorium for the city, while also serving as a stepping stone to more awareness. The Singleton and Chapman families, along with a myriad of other individuals and organizations, were available when the Chautauqua Auditorium was in need of restoration. "They, as well as other supporters, had vision and commitment. They understood the historic significance of the Chautauqua Auditorium and how it adds major historic value to our community."

The Chautauqua board is currently in the process of creating a history that can be found in one central location — the Ellis County Museum in downtown Waxahachie — instead of in area attics and garages. "We've reached an agreement with the museum to use space on the second floor for an office and to store Chautauqua historical information," George shared. "For us, it's a mini-museum/repository of sorts, but it's a place to start."

One hundred and ten years of the Chautauqua movement encompasses the historical significance of a community. That same community needs to be part of keeping the memory alive. Keeping the vision means continued life for the Chautauqua movement, as well as the historic auditorium. When summing it up, George said it best. "It's not just a pile of wood. It's a story of the people who moved through the building. It's the jewel of the Waxahachie community. We need to polish it up and present it to the next generation, and they must do the same because 'This place really does matter.'" **NOW**

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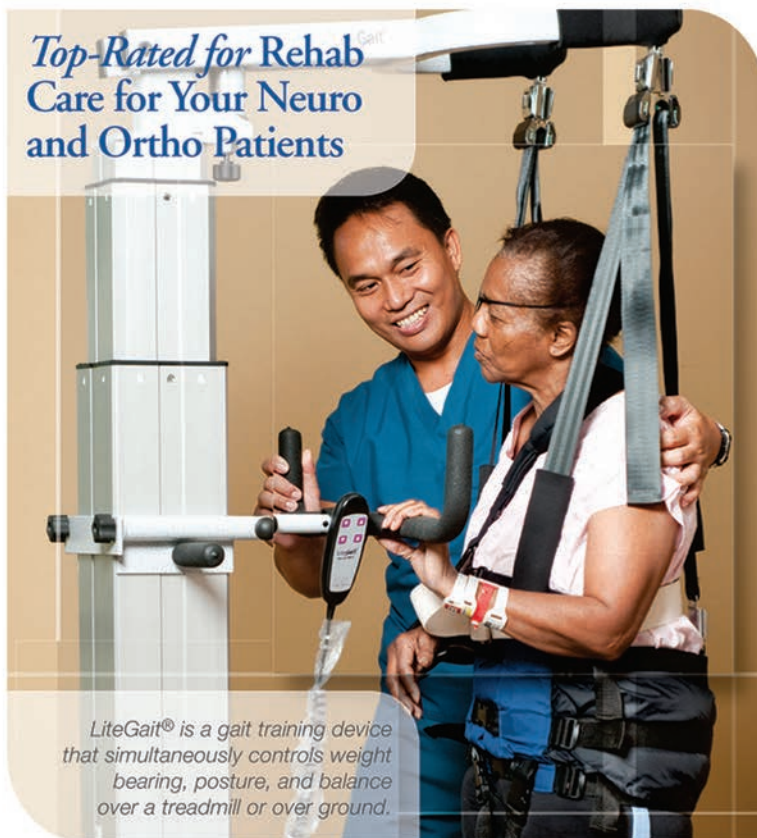
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— By Cindy Malone



For 232 consecutive years, mail has been delivered to someone named Neal at the house on the corner of Ross and Williams. The big, white house is landscaped reminiscent of true southern style. The house was not always big though. "This house started with two rooms and was set back a few acres," Lillian Neal explained. "In 1883, Grandpa Neal graveled the road to Marvin, moved these two rooms up to this spot, laid them on some Bois D' Arc stumps and started adding on room by room." Now, with two bedrooms, two baths and two large livable porches, the house is complete — and completely filled.



At Home With *Lillian Neal*

Lillian moved into the house in 1956, after being married to Jack Perry Neal for four years. Although they both grew up in Waxahachie, attending Waxahachie High School, Jack was five years older, and they did not meet until they were both working after high school. "I worked at Carlisle Chevrolet, and he worked for Tractor Supply Company and came in from time to time. He asked his friend to introduce us. Four years later, once I convinced him I was the one, we got married," Lillian smiled. After Jack's

mother, known as Sweet Woman, passed away, Jack, Lillian and Mr. Neal lived together in the family home.

In the beginning, Lillian was in charge of the landscaping. "I used to fuss over this yard everyday," Lillian said. "I had shade on every inch of grass and planted begonias every year. After the recent ice storm, several trees were broken and two had to be removed. The lack of shade mixed with dryness has hurt the begonias." None of this is evident to anyone walking up the long sidewalk

to her front porch, which being a truly Southern home, has a porch swing, a settee ready for company and ceiling fans.

Walking Lillian's yard is like a treasure hunt through an antique store located in a small country town 50 years ago. A quick look under a tree reveals a stone bunny hiding in the ground cover. In the backyard stands a three-legged, open-flame cooking kettle. Long past its days of cooking, the pot holds soil and beautiful seasonal flowers. Similarly, an old wash basin is now a planter in the backyard. Like a truly inviting home, visitors can enter from the back door or side door, "Much more used than the front door," Lillian remarked. As inviting as the yard is to people, it is equally welcoming to birds. With multiple feeders and baths, the yard is never empty.

Indoors, a person can easily be transported back to a time when things



were more formal and, at the same time, more genial. In the formal living room, one of the home's original two rooms, are a love seat and two chairs, wedding presents from Mr. Neal to Mrs. Neal. An unassuming secretary's chair, with a history as long and rich as the Neal family itself, and Grandma Neal's favorite rocker help complete the furnishings in the living room.

Grandpa Neal was born in North Carolina but soon decided, like so many others of that time, to move west. "He just started walking," Lillian said. "He took a break when he needed to, met his wife in Alabama, got to Waxahachie and just stopped walking." On his journey to Texas, Grandpa Neal did surveys. In fact, he was one of the

first surveyors on the Houston Ship Channel.

Grandpa Neal inherited a very special grouping — a bedroom suite with an intricately carved headboard and matching marble-topped dresser — which found its home in the master



bedroom. Both pieces look brand new and are the anchor decorations for the whole home.

In the dining room, a plate rail holds hundreds of pitchers in all shapes and



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sizes. Dr. Jones, a close friend of the family, gifted Sweet Woman with a very special wedding gift — the first pitcher in her vast collection. “From then on she collected them. She even started a journal for the first 241, with their origins



and values,” Lillian explained. A rounded hutch in the corner holds more treasures, each with its own story. Hanging on the largest wall in the room is an oil painting of a couple in a cabin cooking after a long day of work during the colonial period. Upon closer inspection, the signature reveals Lillian’s true talent. “I like to paint,” Lillian explained, smiling, but far from bragging. “I saw this picture on the back of a menu and loved it.”

Throughout the rest of her home, the paintings no one has begged her to sell, adorn the walls. Her bedroom, a converted long back porch, is decorated with homemade quilts and quilted curtains. The original marble-top on the

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dresser adds an antique feel to the sitting area. The guest room has paintings of the same country scene in all four seasons

and is also decorated with homemade quilts and curtains.

Her kitchen is carpeted, and her table is in the center of the room. Like a true southern home, the kitchen is where friends and family gather. While at the table, visitors can look out to the hallway and see the three generations of Neals who have lived in the home. Grandpa and Grandma Neal look stately in sepia. Mr. Neal and Sweet Woman posed together in the home with their son, Jack and Lillian, the last generation of Neals, sit in the formal living area, smiling between the antique crosses hanging near the photos.

The Neals used to own half a block, and there was only one other house and a large cotton patch near them. "This land was all farm land,"

Lillian explained. "Grandma Neal planted all of these cedar trees and turned this rough frontier land into a home." Mr.



Neal passed away in 1973 in the same home in which he was born. All three men, Grandpa Neal, Mr. Neal and Jack, were only children and Lillian and Jack had no children. Lillian retired from Citizens National Bank in 1985, six years after Jack had retired from his own auto repair business.

The only real traveling Lillian and Jack ever did was the occasional motorcycle rally and road trips to Indianapolis to watch NASCAR and visit old friends. It wasn't because they didn't have the money to go or that their careers kept them tied down, but because of its history, ambiance and charm, their home, the big white house on the corner, was and is always their favorite place to be. **NOW**



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— By Katie Almond

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One of those miracles is the new CARE facility. "We looked all over the place. We had to find something with a lot of parking, and we needed buildings that could be renovated to suit our needs," Linda explained. In August 2011, they found an old church building at 1208 Ferris Avenue that was both suitable and affordable. Remodeling and rewiring were accomplished in record time with primarily donated labor. The freshly renovated space opened to clients in February 2012.

The new space is more than three times larger than the old building on Kaufman Street. That's a good thing since CARE is now serving almost twice as many regular clients, as well as taking on special collaborative projects whenever possible. Working with other agencies and organizations is an opportunity that Linda finds exciting. "God has blessed us so much with so much food that we're able to reach out more into the community," Linda said.

One of those outreach opportunities came last spring when Scarborough Faire came to town. An area church asked if CARE would help furnish food for some of the people who travel the country working renaissance fairs and are considered transients. "We helped them with that. It's not anything major, but when you have food you need to share it, so we do stuff like that," Linda stated.

That collaboration is a two-way street. When clients come through CARE needing more than food or help with utility bills, Linda turns to local churches for help. "We go to those churches and say, 'Can you go and do this for somebody?' They may go out and build a ramp. They may go repair somebody's

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faucet. Sometimes, there are home repairs needing to be done that the elderly just can't afford, so people from different churches will pick up a lot of that," Linda said.

In addition to serving clients who come to them for food, CARE works with area outreach programs like 180 Ministry, Breaking the Chain, Common Ground Ministries and Turner Soup

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Kitchen. They also partner with children's homes, the homeless and rural and senior citizen outreach programs. Most recently, the Red Cross requested that CARE work with them to help those devastated by house fires. “We get a lot of things like bedding, diapers and even small household appliances that we can give to people whose homes have burned. So the Red Cross has asked us to help out in those situations,” Linda explained. CARE also collects blankets and space heaters during the winter and fans in



the summer.

The partnerships and collaborations are important. "I don't see us getting much larger, but my dream is that more people will work together in unity," Linda admitted. "I think there's too much



duplication. We need to start working together. I think the more you work together, the more you can accomplish, and the more people you can help."

Helping people is a simple goal that takes a complex combination of people, planning and organization to achieve. "If people knew how many volunteers we need every day to keep this place going and to keep on top of things, I think



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they'd be amazed," Linda exclaimed. "We need at least 15 people every day, Monday through Friday." Nearly every day, food has to be picked up from the North Texas Food Bank in Dallas, Walmart in Waxahachie or other area sources and delivered to CARE. The food must then be sorted and put away on shelves, or in refrigerators or freezers. Clients need help pushing shopping carts, finding items and carrying their groceries to the car. "We've been blessed with good volunteers. Churches and schools are starting to bring youth and adult groups to help out," Linda smiled.

November is right around the corner and CARE is gearing up now for Thanksgiving dinner baskets. Each basket contains a turkey and all the trimmings for a family of five. "I'm not quite sure how we're going to do it this year with all the people we have coming in. Our numbers have pretty well doubled from what they used to be," Linda said. In the past, CARE has given out about 300 dinner baskets for Thanksgiving. "Last year, one church donated all the money to buy the turkeys and eight or nine others provided everything else. I said, 'I need this much of this,' and they took care of bringing it all to me," Linda explained.

Once the food reaches CARE, groups or organizations come in to pack the baskets and hand them out. Their new building has a through driveway, so Linda said, "This year, I'm hoping they can just drive up. We'll load them up, and they can drive out the other end." Even if she isn't sure exactly how, Linda believes there will be enough Thanksgiving dinner baskets available and the distribution process will work out.

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Every day is a new challenge and a new opportunity at CARE. Linda thinks that times may get harder, and money will get tighter. She's concerned there won't be enough donations to go around. "When you're a nonprofit, you have to have money to operate. I'm working on grants to try to keep us going in a good way. I'd love to get this building paid for, because we have a monthly payment now, which we never had before," Linda stated. Linda has already been successful in getting grants to buy a new walk-in refrigerator and freezer. As long as she gives it her best, she believes God will do the rest.

Linda is excited by the possibilities the larger building and grounds offer. She's planning adult education classes on nutrition, simple food preparation and food shopping basics. She also wants to fence an area in the back, bring in good soil and plant a garden. Clients can be taught about growing their own food, and the produce generated will be available through the food pantry. "I always believe that people know by your actions whether you're good or not," she confessed. "My goal is to let people know they can trust us. They can count on us. We're here to help them." **NOW**

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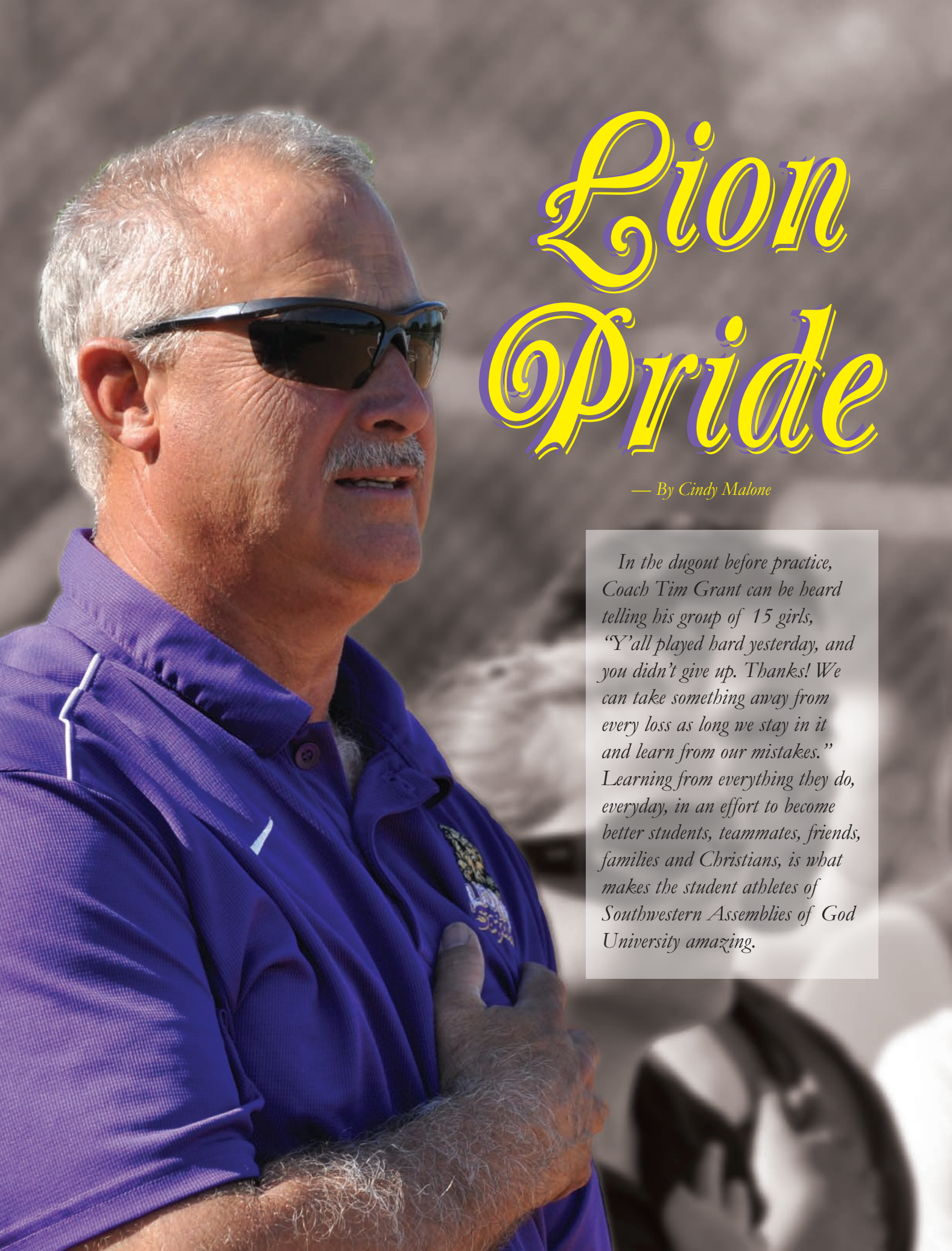
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Lion Pride

— By Cindy Malone

In the dugout before practice, Coach Tim Grant can be heard telling his group of 15 girls, “Y’all played hard yesterday, and you didn’t give up. Thanks! We can take something away from every loss as long we stay in it and learn from our mistakes.” Learning from everything they do, everyday, in an effort to become better students, teammates, friends, families and Christians, is what makes the student athletes of Southwestern Assemblies of God University amazing.




Tim and his wife, Christa, have traveled the United States working and volunteering anywhere they felt needed. Tim has a passion for ministering to Native Americans and helping them in their struggle with reservation life and education. While coaching basketball

We can take something away from every loss as long we stay in it and learn from our mistakes.

and helping the students get into college, he and his family ministered on many reservations in the U.S. Christa writes and edits curriculum for a Houston publisher that mainly focuses on phonics and character development. Tim and Christa have lived in Texas for five years.

Southwestern Assemblies of God University (SAGU) moved to its current location in Waxahachie in 1943 and now includes a four-year program and a graduate school. "SAGU is a Christian school, but is unique from many others in that we are training people to serve God. We prepare students to be available to go wherever God calls them." SAGU has daily chapel services with live worship performed by students, weekly dorm devotionals and other opportunities to enhance their spiritual life. Students also



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serve in the community and throughout the world in annual mission trips.

SAGU's enrollment is over 2,000 students. They participate in eight inter-collegiate sports in the Red River Athletic Conference. Three of Tim's four children have attended SAGU. They have all played sports. So Tim has dedicated himself to making the school a place as great for everyone else as it has been for him and his family. He began as the men and women's assistant soccer coach, and



men's assistant basketball coach. He then focused on coaching soccer for the next three years. Last year, Tim started the new women's softball program.

Up until the 2011-2012 school year, there were only seven sports played at SAGU, but thanks to Tim, the Lady Lions softball team played their first season this past spring, with 15 girls on the team, including five freshmen who had played high school softball, five who



were playing select or in college already and five more who did not have much experience with softball at all. The team-building process started in the spring of 2011. Tim began with tryouts within the school and then did some high school recruiting.

While recruiting for his team, Tim noticed some things that alarmed him. "I was amazed and shocked by the way some coaches were allowed to talk to the female athletes," he said. Tim always

"We prepare students to be available to go wherever God calls them."

strives to treat his players with respect. He not only wants to teach them softball, sportsmanship and teamwork, but the joy of giving. "This year, the girls and I will report back a week and a half early. We will all be going on a mission trip to a Native American reservation in New Mexico," Tim said. "I like to go where the needs are great and where most others do not go."

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place on these mission trips is that students get to experience so many different cultures. "I am always very careful to make sure that our team does not push our culture on others, rather, we go to share the love that God has shared with us," Tim explained. "We are humbled by the love we receive and by the friendships that we establish."

Tim's pride in his girls is noticeable both on and off the field. "The girls are really growing, really trying, maybe even a little too hard," he remarked. Although their season ended with a record of two wins and 28 losses — not exactly what they were hoping for — the girls never gave up and never got discouraged.

The team didn't officially practice over the summer. Some of the girls live in other states like Oklahoma, Georgia and Washington. However, the girls worked on their strength and conditioning program over the summer. "The girls have come back in better shape and much stronger than they ended the season, which demonstrates their commitment to being a better team this year," Tim explained. While the girls hit the gym, Tim was hitting the ice. His son and future daughter-in-law were married in Alaska over the summer before moving to Texas.

This past year there were two seniors on the team, but everyone else was invited back for the current season. The main things the girls will be working on is to stay focused during fielding and improving their hitting. While the team is improving their skills, the school is improving its athletic fields. The softball fields are brand new, and they are getting new roadways and parking around the

The poster features a large, stylized tree on the left side, rendered in a dark brown color against a light brown background. The tree's branches spread across the upper left portion of the image. In the center-right, the text "CEDAR" is written in a large, bold, serif font. To its right, "Cedar Valley College" is written in a smaller, sans-serif font, followed by "2012" in a large, bold, serif font. Below "CEDAR", the word "OCTOBER" is written in a smaller, bold, serif font, followed by "25" in a very large, bold, serif font. To the right of "25", the word "FEST" is written in a large, bold, serif font. Below "OCTOBER 25 FEST", the phrase "CELEBRATING 35 YEARS OF EXCELLENCE" is written in a smaller, bold, serif font. The background of the entire poster is a light brown color with a subtle pattern of radiating lines emanating from the center-right, creating a sunburst effect.

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soccer, baseball and softball fields. The dugouts are nicely covered from the sun, and the grass and dirt is well taken care of.

New bleachers are in place on which their growing fan base can sit and cheer the girls on. During their inaugural season, the Lady Lions' limited home games were pretty well attended with 50-100 fans each game. A lot of those fans are there to see their hometown girls — Lauren Johnson and Bree Lawrence — both of whom graduated from Waxahachie High School in 2011. Lauren pitches and Bree plays center field, using her speed to cover the field and back up the other fielders. Also returning this year is the assistant coach, Rachel Harris, and student assistant, Seth Godding.

The goals for this year are steep, but obtainable for the high caliber of athletes Tim works with. He hopes for at least a 40-percent winning percentage this year. "That would put us in the middle of the conference," Tim explained. Tryouts were held in August and the permanent roster will be in place by January.

Unfortunately, since the Olympics discontinued softball from the competition, the options for playing after college are limited to recreation. One of his players is considering enlisting in the Army and playing softball for the Army team. Tim plans to stay and build this program to reach its full potential. "All four of my kids will be here, my grandkids are here, and I love my job here," Tim smiled. "Why would I ever leave? But, my life is in God's hands. I will go where He leads me." **NOW**

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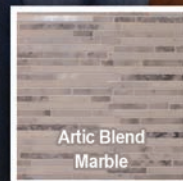


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Circuit of The Americas is the only purpose-built facility in the country designed for Formula 1 racing and is the host circuit for the United States Grand Prix from 2012-2021. Beginning in 2013, the track will also host the V8 Supercars World Championships and several other motor sports events will soon follow. The venue is designed to be open year-round as a premier meeting and entertainment destination.

Downtown is safe and easy to navigate, with a standard grid of streets. Dozens of hotels are within walking distance to key landmarks like the capital, the Austin Convention Center and Sixth Street, the famed historic row of taverns and live music venues.

The 2nd Street District is home to the W Hotel and Residence and *Austin City Limits Live* at The Moody Theater Austin's newest music venue. This state-of-the-art theater is home to the longest running PBS series *Austin City Limits* and is the world's first fully integrated 3D production and performance facility. *Pollstar* ranked it the "Best New Major Concert Venue" in 2011.

Just south of downtown and across Lady Bird Lake is South Congress (commonly known as SoCo). This eclectic district is lined with vintage shops, chic clothing and jewelry boutiques, cool coffee shops and one-of-a-kind dining. Politicos,



students and visitors come together to visit this essential hip strip of the city.

One of Austin's most culturally rich neighborhoods is East Austin, which is home to a wide range of historic landmarks, art galleries, family-owned restaurants, food trailers and music venues. Once a destination for soul musicians passing through on the Chitlin'



Circuit, East Austin still has a strong identity as a hub for African-American culture. If something unique and innovative is going on in Austin, chances are, it's happening here. It doesn't take long to recognize that this area is brimming with change and creativity.

The city provides artists and their fans a truly amazing backdrop for live performances. Nearly 250 live music venues offer rock, blues, country and Tejano shows nightly. The Broken Spoke, known as the last true Texas dance hall,

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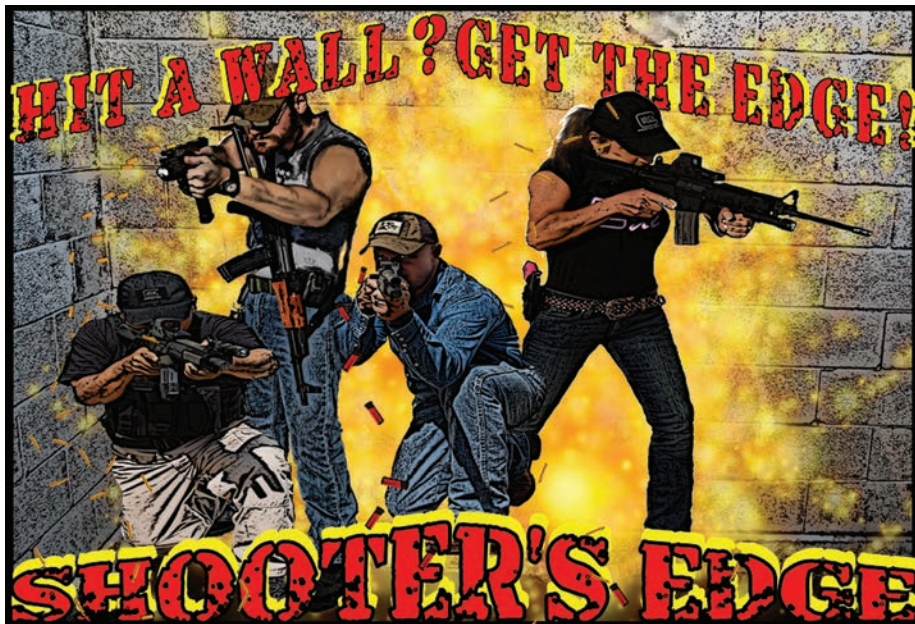


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features great country acts — and guests can also take a Texas two-step lesson. The Continental Club has showcased blues, rock and folk music since 1957, earning it the title: Granddaddy of the Austin music venues. Antone's, Austin's home of the blues, is where Stevie Ray Vaughan cut his proverbial teeth. Newer stages like those at The Mohawk and Club DeVille showcase local acts alongside big-name touring artists. A guide to Austin's music scene, including a list of famous musicians from Austin and great musical attractions, is available at www.austintexas.org/music.

Austin is fast becoming a foodie destination. Locals know, no matter where you are in the city, you're close to one of the nearly 2,000 mobile food vendors. A must-do for Austinites, this inexpensive *haute trailer cuisine* movement means visitors can sample an abundance of Mexi-Korean tacos, gourmet doughnuts (topped with caramelized bananas), and chicken and waffles — all from a fancy Airstream trailer. Where else can you have dinner at a James Beard-recognized restaurant, dessert at a gourmet doughnut trailer and a night of legendary live music all on the same street?

Austin is a playground waiting to be explored. The city's beautiful natural surroundings lure nature lovers and outdoor enthusiasts. There are more than 14,000 acres of nature trails, parks and wilderness preserves to discover. Lady Bird Lake runs through the center of downtown and is bordered by 10 miles of breathtaking hike and bike trails. For a uniquely Austin experience, try yoga on a stand-up paddle board or take a dip in



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Text and photos by the Austin Convention & Visitors Bureau.



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Merry Toppins staff are ready to help customers choose frozen yogurt and toppings: fill, top and weigh.

Sweet Leap

The frozen yogurt that is practically perfect in every way! — By Sandra Strong

Jeff and Carri Wilson, owners of Merry Toppins Frozen Yogurt, are like most married couples with children. Once their daughter went off to college, they found themselves with an empty nest. “We had so much time on our hands,” Jeff said. “We needed something to fill the void.”

Soon thereafter, Jeff and Carri began to seriously think about owning a small business that would offer something for everyone. As they spent time traveling, they realized they liked the idea of frozen yogurt, a concept that began in Asia and Japan many years ago. Frozen yogurt took a while to make its popularity known in the States, but once it was offered on the West Coast, it didn’t take long for the healthy concept to sweep the country. “We did our research by visiting other frozen yogurt shops. We fell in love with places like this,” Carri said, referring to the family

atmosphere Merry Toppins provides. They found the yogurt they liked best and moved on from there.

They visited the small business center at Navarro College before taking their sweet leap of faith. “The staff at the center was great about helping us with demographics,” Jeff said. “They were able to access the figures and knowledge for us.”

After opening Merry Toppins Frozen Yogurt a year ago this past May, Jeff and Carri quickly realized what they offered didn’t fall firmly into one individual demographic category. “We offer something for everyone,” Carri shared, “from the elderly to the very young. Because it’s nonfat, gluten-free and contains antibodies that aid in good digestion, eating frozen yogurt is beneficial for the whole family.”

“The concept of Merry Toppins Frozen Yogurt is our own

idea. We fine-tuned what we learned into something we can honestly call our own," Jeff stated. "It's definitely not a franchise." One unique feature is they offer 15-percent discount to students and educators with school identification.

The offerings at Merry Toppins are too many to mention by name, but they include waffle bowls instead of cones, 60 toppings to choose from including designer syrups, fresh fruit, whipped cream and a large variety of grated nuts, cereals and candies. "We always have 12 flavors to choose from, including the basics — vanilla, chocolate, strawberry, cake batter and cheesecake. At least one of the 12 is sugar-free, and one is a tart flavor," Carri said. "We rotate flavors every two weeks throughout the year to

"We offer something for everyone."

also include seasonal tastes." Apple and pumpkin pie are popular during the fall season, while eggnog and peppermint flavors are offered during the winter months.

Jeff and Carri are strong supporters of the community, and believe in the importance of education. The part Merry Toppins plays in the Character Cup Program is evidence of their commitment to education and community. "Each elementary campus within the Waxahachie school district receives an allotted number of character cups that read, 'Merry Toppins loves kids with character,'" Jeff explained. "These cups are used as incentives for good behavior. When the kids come in to fill their cups, we get to hear what they did to earn the cup."

Needless to say, the enjoyment for Jeff, Carri and their staff of five, comes from watching customers feel empowered by the choices they get to make. "You can choose one flavor or several. You can choose one topping, several toppings or no toppings at all," Carri shared. "The choices belong to the customers. All they have to do is fill it, top it and weigh it." **NOW**



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Easton McIntosh shows his new teeth as he gets strapped in for a stroller ride around the park.



Phil and Hoyt get ready for a night of football at Little Sicily.



Melody Burnett likes shopping with her mom at Walmart.



Zoe Munson, Rodrick Munson, Alexis Mitchell and Alondra Avendano enjoy petting the puppy.



Rick Wostyn poses with his 1937 Ford during the Cruisin' for St. Jude's annual car show.



David Smith grilling up burgers at his home for the Japan-American Grassroots Summit guests.



Jaxon and Rylan Ambeubl are all smiles in his Junior Dragster.



The Parks Family — James, Liam, Chastity and Jordan — enjoy a bite to eat at Straight From Philly.



A large crowd gathers for the Da Blue's Shack ribbon cutting sponsored by the Waxahachie Chamber.

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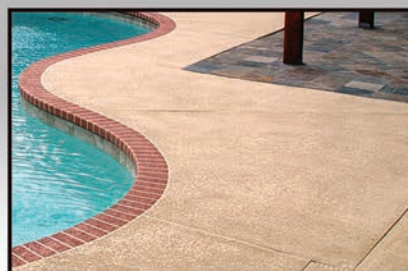
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Funding Your Child's College Education

A college education is a gift that most parents would love to give their children. But with higher education becoming pricier each year, it's important to use time to your advantage by starting to save early.

College education expenses grew an average of 5.6 percent per year beyond general inflation from the 2010-2011 academic year to the 2011-2012 academic year, according to the College Board. If costs continue to rise at that pace, the College Board estimates that today's high school students could expect to pay close to \$100,000 to attend a public, in-state university for four years, and more than twice that for a private institution.

Many families don't believe they can save enough to pay the continually rising college costs, especially given other important short- and long-term goals in their financial plan.

Start Saving Now

The sooner you begin saving for your child's education, the better. A head start will give your investment more time to grow, as well as more time to ride the market's ups and downs. Many students do receive financial aid. For the 2001-2012 academic year, more than \$178 billion in financial aid was awarded to undergraduate students, according to the College Board. Still, most colleges expect parents and students to contribute their share. In addition, typical financial aid packages also rely on loans.

Thankfully, the federal and state governments have made saving for college easier with tax-favored education funding options. But how do you decide which vehicle is right for you?

Options for College Funding

To determine how to best save for your child's college education, you may want to start by comparing the following popular investment alternatives:

• 529 Plans

Section 529 Plans are higher education saving and pre-paid tuition plans established under Section 529(b) of the Internal Revenue Code as qualified tuition programs. There are two types: the 529 college savings plan and the 529 prepaid tuition plan.

The 529 college savings plan is an investment program that allows you or other family members and friends to invest in an account designated for qualified higher

education expenses. Contributions may be used at any eligible U.S. higher-education institution, as well as some abroad.

With a 529 prepaid tuition plan, you essentially buy all or part of a public in-state education at present-day prices. The program will then pay for future college tuition at any of your state's eligible colleges or universities (or a payment to private and out-of-state institutions). Most 529 prepaid tuition plans have residency requirements and are sponsored by state governments, which then guarantee the investments.

• Coverdell Education Savings Account

The Coverdell Education Savings Account (ESA) is a trust or custodial account that provides you with a tax-advantaged method to save up to \$2,000 per year for your child's education. Included is elementary and secondary education as well as post-secondary education, such as college, graduate school or vocational school.

An ESA may be established for the benefit of any child under age 18, with contributions beginning any time after birth and continuing until the 18th birthday. Contributions will only be accepted after the 18th birthday if your child is a special needs beneficiary as defined by federal tax law.

• Custodial Account (UGMA/UTMA)

You can establish an account for your child under the Uniform Gift to Minors Act (UGMA) or the Uniform Transfer to Minors Act (UTMA), depending on which law applies in your state. The UGMA/UTMA account allows you to make gifts to your child without setting up a trust. The contributions made to an account of this type are considered irrevocable gifts to the minor in whose name the account is registered.

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When Hearing Hurts

— By Betty Tryon, BSN

Babies cannot speak our language yet, but their actions speak volumes. Grabbing or tugging at the ear with accompanying symptoms of general fussiness and a fever may indicate an ear infection. Ear infections are common in children. According to the National Institute on Deafness and Other Communication Disorders, three out of four children will have an ear infection during their first three years of life. It is the most common reason mothers take their children to the doctor.

Most ear infections (*acute otitis media*) will heal on their own without medical intervention, but some will require antibiotics. Frequent infections in the ear can interfere with hearing. Persistent fluid in the ear (*otitis media with effusion*) can also cause hearing loss. Not being able to hear correctly can cause speech problems. The ear needs a way to drain the persistent and excess fluid and also to allow ventilation of the middle ear. If medication does not solve the problem, tiny, cylindrical ear tubes surgically inserted through the ear drum can accomplish this process.

Ear tubes become necessary when the Eustachian tube loses the ability to drain properly. The Eustachian tube is nature's natural drainage canal that connects the middle ear to the nasal passageway. When it is blocked or swollen from an ear infection, whatever fluid or mucus has accumulated in the middle ear has no way to escape. Fluid in the ear interferes with hearing because the eardrum cannot function as it was designed. The buildup of pressure in the ear causes pain. Once ear tubes are inserted, the middle ear can drain and be ventilated once again.

Hundreds of thousands of ear tube surgeries are done every year with the goal of decreasing ear infections, restoring or improving hearing and decreasing painful pressure in the middle ear. It is rated as the second most common surgery for children. Since the insertion of ear tubes is a surgical procedure, the decision to do



so is not made lightly. Your practitioner will examine your child to determine the need for tubes and the child's general health. They will look at the frequency of ear infections and the length of time fluid remains in the middle ear among other conditions.

Insertion of ear tubes is day surgery, and the actual procedure takes minutes. Children usually recover quickly from the anesthesia and are able to leave the hospital within a few hours, able to look forward to less pain, fewer complications with ear infections and better hearing. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.



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Getting Ready for Winter

— By Nancy Fenton

Our area of North Texas does have a winter, just not like winters farther north. With our average freeze date around November 15, it pays to get ready ahead of time. Heavy mulch acts like a blanket. Check your mulch on the plants in the ground and make sure you have at least three inches or more. Some of the potted plants can be wintered either in the garage or a cool place in the house.

If you have geraniums and want to hang on to them for next year, try a box. Yes, I said a box, but you have to take the plant out of the ground or pot before it freezes. Just knock the dirt off the roots and leave it outside to dry for several days. You don't need to wash the roots or remove every bit of soil. Let the leaves dry and take them off. Left on, leaves are a major attraction for mold and fungus. Store the stems in a cardboard box with a lid. Traditionally the stems are stored upside down. No one seems to know why, but the theory is that the moisture is forced down into the stems. The survival rate is better, so turn them upside down in the dark and keep them in a cool dry location at about 50 to 60 degrees. Check on them occasionally for mold and clean out any more leaves

that dry up. The stems should remain firm, so if they begin to look shriveled, soak them for a few moments before returning them to the box. If there are black mildewed tips, cut them off and throw them away. Come spring they should be ready to soak and plant for great blooms once more.

My other tender plants have to tough it out in my husband's shop. I cut them back severely and stack them together on a roller cart as close to each other as possible. They only get water when I think about it, or if my sweet husband pours his cold coffee on them. I use the roller cart to be able to take them out for a breath of fresh air a couple of times before it warms up in mid-March. Whatever plan you use, start it before the freezes begin. You can enjoy this year's favorites again next year! Call the Ellis County Master Gardeners at (972) 825-5175 to discuss your specific questions with a Master Gardener. **NOW**

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Saturdays through October 20

Waxahachie Downtown Farmers Market: 8:00 a.m.-1:00 p.m., historic downtown Waxahachie. For more information, call (972) 937-7330, ext. 198.

Through December 10

Lighthouse for Learning Community Education: 6:00-8:00 p.m. Catalog and registration at the WISD Administration Building, 411 N. Gibson St. Call (972) 923-4631 for more detailed information.

October 1-26

32nd Annual Piecemakers Quilt Guild Quilt Show: 10:00 a.m.-4:00 p.m., **Monday-Friday**, 10:00 a.m.-1:00 p.m., **Saturday**, Warehouse Living Arts Center, 119 W. 6th St., Corsicana. Admission is free.

October 6

Annual Waxahachie Chamber of Commerce Dinner and Auction: 6:00-10:00 p.m., Waxahachie Civic Center, 2000 Civic Center Lane. For more information on sponsorships, tickets and donations to the silent and/or live auctions, call (972) 937-2390.

October 13

4th Annual Ride of Champions: 3:00 p.m., Campfire Creek Therapeutic Riding Center, 767 Bethel Rd. For more information, call (972) 937-7265.

30th Annual Waxahachie Fun Run Car Show: 9:00 a.m.-2:00 p.m., Getzender Park, 400 S. Grand Ave., \$20 per car. For more information, call John at (972) 937-0013.

October 19

Third Annual "Kickin' for a Cause" Fundraiser: 7:00 p.m.-12 midnight, Western Kountry Klub, corner of Highway 287 and Lakeview Rd. in Midlothian. Proceeds benefit the fight against breast cancer. For more information, contact Bill Davidson at (214) 205-1798.

October 20

10th Annual WAXAJAM: 2:00 p.m.-midnight, Optimist Youth Center. All proceeds benefit Campfire Creek Therapeutic Riding Center.

October 23

Annual Seeds of Hope Fundraiser Dinner: 6:30 p.m., Midlothian Conference Center. Please RSVP Barbara Clark at (469) 517-2523 or bclark@hopeclinicelliscountry.com for more information.

October 27

17th Annual Bob Phillips' Texas Country Reporter Festival: 9:00 a.m.-7:00 p.m., historic downtown Waxahachie. For more information, call the chamber office at (972) 938-9617 or visit www.texascountryreporter.com.

November 2

Old Fashioned Singing Project: 7:00 p.m., concert begins, Chautauqua Auditorium at Getzender Park.

November 8

The Baggy Bottom Boys: 6:30 p.m., Cowboy Church of Ennis, hosted by the Crackpots group. For more information, contact Vicki Bell at (469) 285-4845 or Myra Morrissey at (972) 998-5868.

Ongoing:

Mondays

Celebrate Recovery: 7:00-9:00 p.m., Lighthouse Coffee Bar, 1404 N. 9th St., Midlothian. This is a Christ-centered recovery program designed to help those struggling with hurts, habits and hang-ups.

Second Thursdays

Crackpots meetings: 6:30 p.m., Cowboy Church of Ennis. Call Vicki Bell at (469) 285-4845 or Myra Morrissey at (972) 998-5868 for more information.

Submissions are welcome and published as space allows. Send your event details to sandra.strong@nowmagazines.com.



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In The Kitchen With Velda Carter

— By Sandra Strong

Velda Carter's mother, Dorothy Mae Knauls, taught her to cook at a very young age. "And I hated it," Velda stated. "I came from a family of 12 children, so it was a huge chore to cook back then." Cooking is no longer a chore for Velda. It's become a passion that brings joy and healing to her life. "As a food service director and evangelist, I love preparing meals for others," she confessed. "My inspiration comes from bringing happiness to their moments."

The blessing of transforming something average into something beautiful, delectable and memorable is an awesome feeling for Velda. "I cook with a lot of love," she admitted, "and love is always the best ingredient. If added properly, it has the power to leave a lasting impression on someone's heart." **NOW**

Mini Quiches

- 1 1/4 cups pecan halves or pieces**
- 1 9-inch deep-dish pie crust, cooked**
- 1 cup light corn syrup**
- 1/2 cup brown sugar**
- 3 large eggs**
- 1 tsp. pure vanilla extract**
- 1/4 tsp. ground cinnamon**
- 6 Tbsp. unsalted butter, melted**

- 1.** Preheat the oven to 375 F Put pecans in cooked pie shell. In a large bowl whisk the remaining ingredients together until smooth.
- 2.** Pour the custard mixture over the nuts. Bake the pie until the filling puffs and rises above the edges of the pie shell — about 30 minutes.
- 3.** Carefully remove the pie from oven. Let

it cool completely on cooling rack before serving. Pie can be served with whipped topping or drizzled with caramel sauce.

Old Fashioned Peach Cobbler

- 3lbs. frozen sliced peaches or canned in syrup, partially drained**
- 2 Tbsp. cornstarch**
- 1 to 1 1/2 cups sugar, desired sweetness**
- 2 tsp. fresh lemon juice**
- 1/2 tsp. ground cinnamon**
- 1 stick butter, melted**
- 2 9-inch Mrs. Smith's Deep Pie Crust**

- 1.** Preheat oven to 375 F Lightly butter or spray a 9x13-inch baking dish.
- 2.** In a medium bowl, toss the peaches,

cornstarch, sugar, lemon juice and cinnamon. Fold in the butter. Spoon half of the peach mixture into a prepared dish.

3. On a lightly floured work surface, roll out pie crust into a 9-inch square about 1/8 inch thick, trimming the dough as needed. Place over the peaches in a baking dish. Top with the remaining peaches.

4. Roll out second pie crust into an 11-inch square about 1/8 inch thick, trimming as needed. Fit over top of the baking dish, letting the dough hang down on the sides of the dish.

5. Pinch the dough firmly onto the top edge of the dish. Press the overhanging dough onto the sides of the dish. Cut a few slits in the top. Place the dish on a baking sheet to catch any drips.

6. Bake until the fruit juices are bubbling and top is golden brown — about 40 minutes. Sprinkle the cobbler with cinnamon if desired.

Delicious Cheeseburger Salad

- 2 lbs. ground beef or turkey**
- 1/3 cup Heinz ketchup**
- 1 tsp. French's Yellow Mustard**
- 1 Tbsp. Dijon or spicy Mustard**
- 2 Tbsp. Sweet Baby Ray's barbecue sauce**
- 4 whole hamburger buns**
- 1 stick butter, unsalted, divided use**
- 2 heads Romaine or Green Leaf lettuce, torn**
- 1 cup sharp or mild cheddar cheese, grated**
- 4 whole Roma tomatoes, diced**
- 8 whole dill pickle spears, cubed**
- 1 whole red onion, sliced**

1. In a large skillet, brown meat over medium heat. Remove from heat; drain off all excess fat. Add ketchup, mustards and barbecue sauce to the meat; stir to combine. Season to your taste. Keep warm.

2. Cut hamburger buns into 1-inch cubes. Melt 1/4 stick butter in a separate skillet over low heat. Add the bread cubes tossing to coat.

3. Toast the croutons in the skillet over low heat for about 10-12 minutes, adding 1/4 stick of butter every couple of minutes until stick has been used.

4. To assemble each salad, pile lettuce on a plate. Spoon on meat mixture, then top with grated cheddar cheese. Add diced tomato, chunks of pickles and slices of red onion over the top. Sprinkle warm croutons all around the plate.

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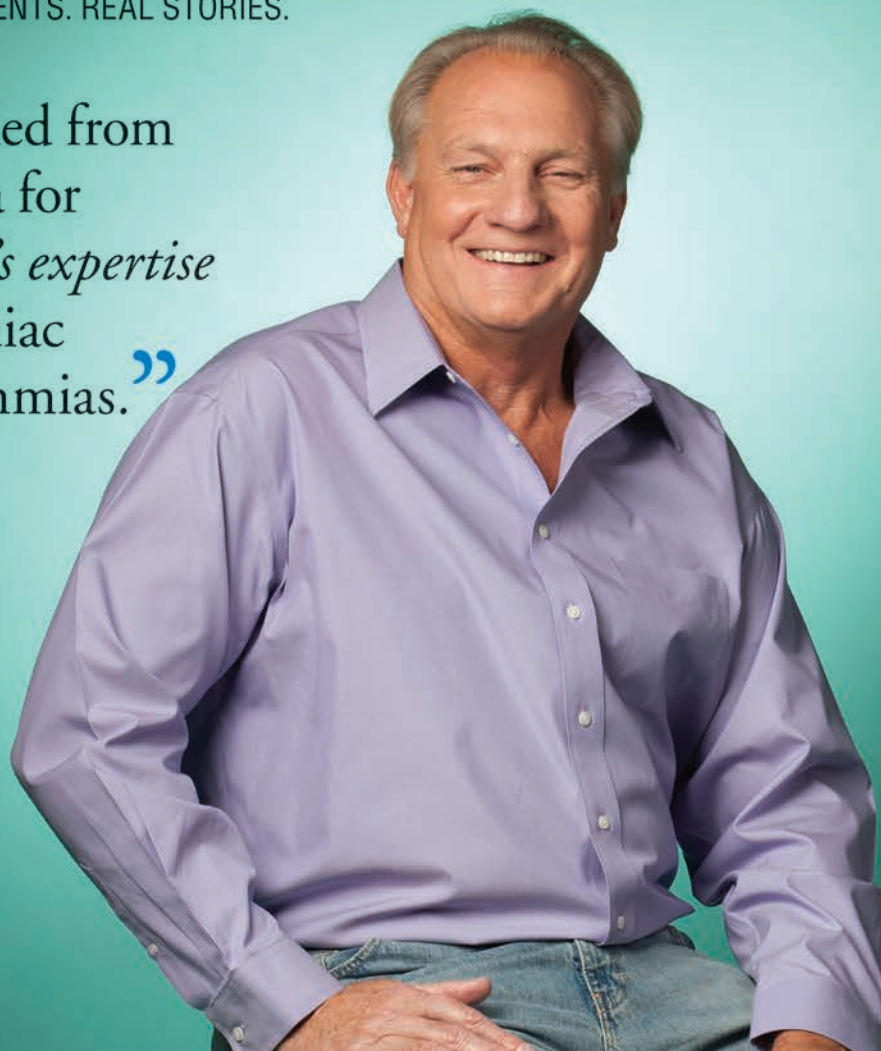
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