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OCTOBER 2015

Everyday Art

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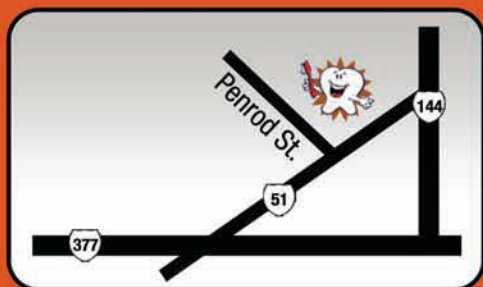
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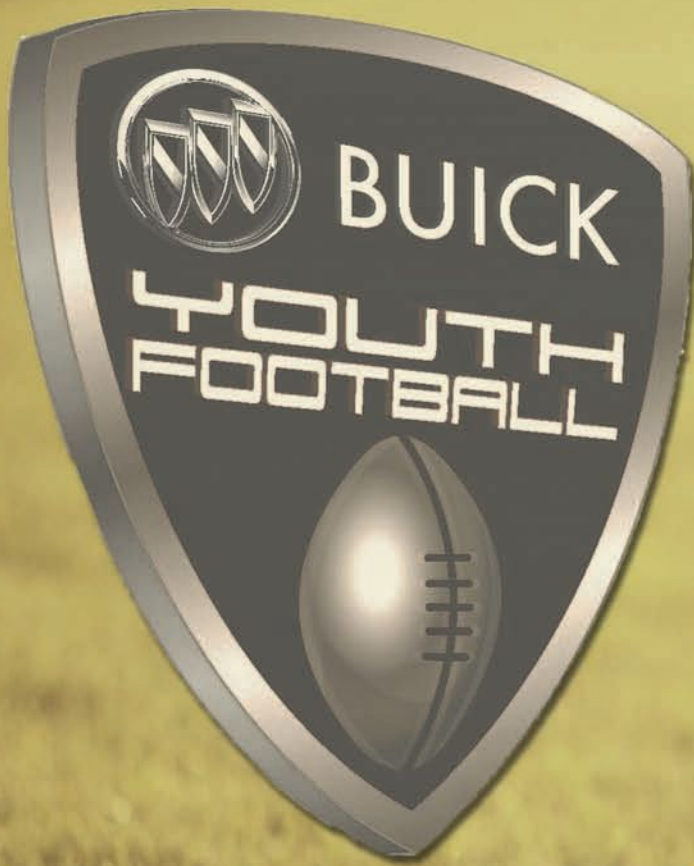
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Photo by Jen Thomson.

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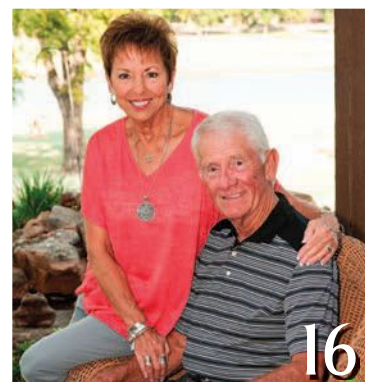
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Editor's Note

Hello, Friends!


Refreshment comes in many forms. My recent renewal came in the form of a disaster. My computer died, and with its hard drive went seven years of collected data. The grief quickly gave way to healthy re-evaluation of my methodologies and reconstruction of my self-image. I'm living in the moment more than ever, knowing my future cannot depend upon relics from my past.

That said, our past certainly informs our future. While you're out and about this fresh fall, take time to chat with folks who know bits and pieces of history. People in this community are full of stories that will enrich you, and I hope you'll share your own while you're at the airport for the Balloons over Granbury, in the stands for the Pirate's homecoming game against Joshua, or on the Square for the Harvest Moon Festival of the Arts.

Have a great October!

Melissa

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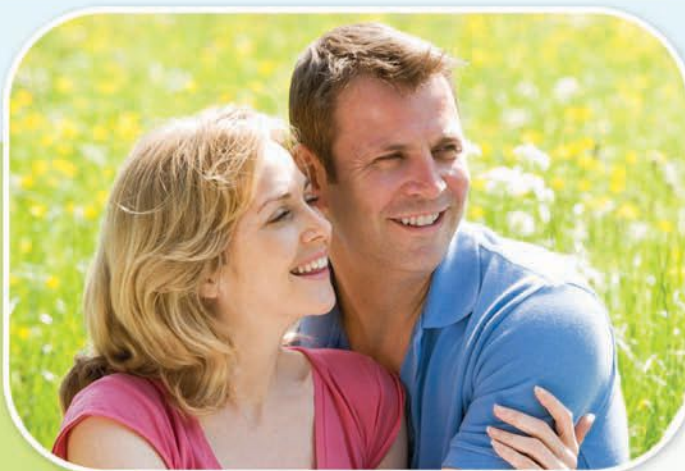
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Everyday

Art

— By Lisa Bell

What is art? Merriam Webster defines art as works made through use of the imagination and creative skills of the artist. It also encompasses the methods and activities of the creator. Crafts often fall under the definition — if they are original works and not simply copies of someone else's vision. Elise Techentine sees the potential for art in every person. "People are creative. We're meant to make things," she said.

For decades, the Harvest Moon Festival of the Arts has welcomed autumn on the Granbury Square. At inception, the festival featured artists of different media from many places. During the last 10 years, the festival drew more merchants than artists. But Elise, along with fellow board members of the Granbury Arts Alliance — Phil Groeschel, Butch Barton, Janie Jones, Dominique Inge, Joel Back, Scott Young, Heather Cleveland, Jeanette Alexander, Shelbie Miller-Gaddy, Shad Ramsey, Cynthia James, Linda Watkins, Carey Dyer and Teresa Whites — intend to resurrect arts and crafts, restoring the original intent of Harvest Moon Festival of the Arts. What they began in 2014 continues in 2015, with more booths featuring handmade items, along with demonstrations and art education.

Elise remembers former days when festivals on the square brought out artists. She didn't have much money back then but always found something in her price range to





The Granbury Arts Alliance, led by Elise Techentine, is helping return the Harvest Moon Festival of the Arts to what it used to be.

buy. She longs for the artistic flair, especially during the Harvest Moon Festival of the Arts. She plans to do all she can to make this year even more artistic in nature.

Passionate about art, Elise stayed to herself for many years. About three years ago, she began doing pop-up galleries to show emerging and outstanding artists who make unusual artwork with unique materials. Granbury is home to amazing artists, some already successful, others emerging and more who remain hidden. The word *art* often brings to mind great paintings, sculptures and other visual media. Elise sees so much more. "Art is every day. You can be an artful bread maker. It could be the way you mow your lawn or serve food," she said.

The corporate layoffs in recent years seem to have brought a handmade resurgence. Looking for ways to make money, some people returned to doing things they love. Elise compares this trend to the arts and crafts movement of the 1920s.

Art includes music, dancing, writing, poetry, sewing, woodwork, theater, photography and a host of other activities. "I would love to see us all come together," Elise said. "There needs to be a central group working together." Thus, the Granbury Arts Alliance formed.



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She involves the alliance in the annual festival to help return it to what it used to be. The organization wants fresh ideas. As much as Elise loves public art, she can't do it alone. "I want this to be a community effort, not a few people doing everything," she said.

The city wants designation as a cultural district. The process is grueling, with only 26 cities named, so far. In spite of Granbury's rich culture of art, Elise wonders if more public art and education need to take place to earn the designation. Through the Arts Alliance, she works to achieve the goal of stimulating and sustaining a multidisciplinary appreciation of and education in the arts.

Instead of chasing the designation, she plans to focus on developing art in Granbury, for now, and work toward obtaining the cultural district honor. In addition to all she does currently, Elise plans to begin cataloging the public art works located in Granbury. The works will be part of the Public Art Archive, which is an arm of the Western States Arts Federation. This organization offers information on public art locations. In addition, it is a vital step toward designation.

The annual Granbury Wine Walk and Harvest Moon Festival of the Arts supply great opportunities to feature local artists and promote public art. Only a small

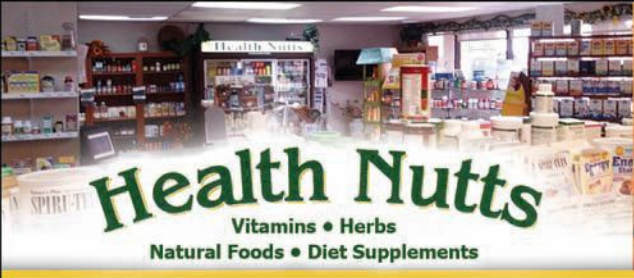
percentage of the entire population seeks out public art and actually looks at it. Elise wants to incorporate demos during these events as a way to educate people in the processes. She also wants to provide more public art displays and education in between the two major festivals.

"Education is important to understand why handmade goods cost more than a similar mass-produced item," she said.

The Arts Alliance is making progress toward raising awareness of art. Collaborating with local artists and businesses, the Last Saturday Gallery Night gives local residents and visitors a fun way to experience art each month. There are artists everywhere. A tram runs, providing transportation to sites near the square. The dignified party atmosphere allows interaction between artists and visitors. For artists wanting to plug in with local groups, the event gives them a chance to network. Elise loves riding the tram and talking with other riders about art. "It's my desire to come together and have art accessible in a public way," she said. She continues working to fulfill that yearning.

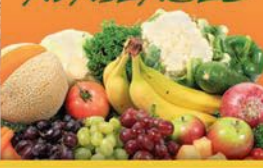
She would like to see local businesses host artists of all persuasions — especially on the square during the last Saturday of the month. It's starting to pop but has taken years of hard work to build support. Throughout Granbury, businesses have the option to feature local artists, and Elise hopes to see more of that happen.





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A distinct artist, Elise collects antique items, connects uncommonly joined objects and creates unusual sculptures in the process. She enjoys donating some of her artwork. Every time she gives something away, she receives blessings back.

As part of the art community in Granbury, Elise knows many local artists. She champions those with works that may not fit in galleries. She admits to not knowing everyone and everything. To serve well with the Arts Alliance, she needs people who can do things where she lacks knowledge and can help when she lacks time. In building her network, she reaches out to people, surrounding herself with a diverse group of individuals.

Elise encourages new members to the group, but artists must take responsibility to join. "The best way to plug in — come to Gallery Night and start asking questions," she said. The Historic Granbury Merchants Association is a good way to connect with all types of people. Of course, artists are welcome to join the alliance. Membership forms are available from their Facebook Page or at the Langdon Center. Most of all, ordinary people can learn to see themselves as artists.

"Art is in everything — everything you do, the way you see the world, the way you treat people, the art of every day," Elise said. Those who look at life and transform it into some type of art understand exactly what she means. Those who don't quite get it view artists' creations with astonishment.

With Elise and other's efforts, the residents of Granbury have a chance to learn more about art and the many processes of creation. And maybe new artists will emerge and join in creating everyday art! **NOW**

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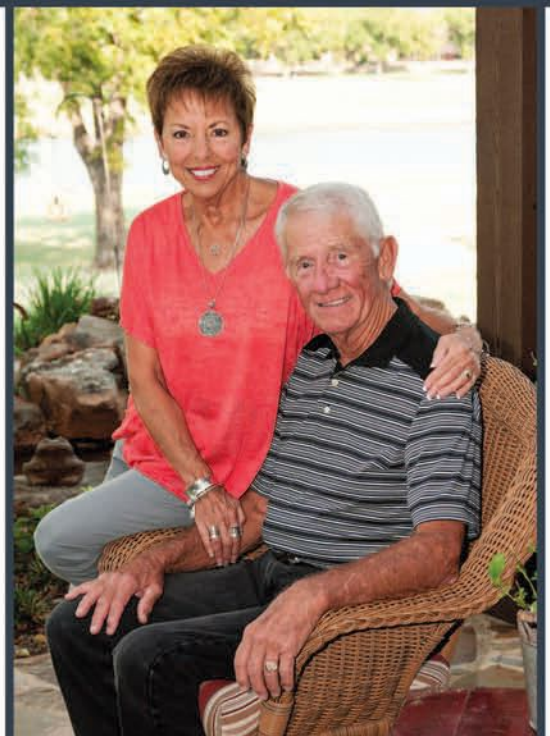


What We Always Wan

At Home With
Don and Bernie Wills

— By Melissa Rawlins

Every breeze blowing through their patio off Nutcracker Golf Course reminds Don and Bernie Wills why they moved from Colleyville to Granbury nine years ago. Comforts of family are extended to friends in their self-designed home made from brick and mortar, wood and glass, copper and cotton, as well as laughter and love. When the weather turns cool or wet, this patio-loving couple either moves themselves and their guests closer to the patio fireplace or indoors, where dark oak wood floors and wide, floor-to-ceiling windows create an openness.





"We put a lot of thought into what we have here," said Don, who specifically wanted the game room with its bar, game table and pool table. All the men in his family have played pool, and Don enjoys carrying on the tradition. The bar displays Don's grandfather's vintage German pitcher and mugs, along with their collection of old liquor decanters and steins from the couple's European travels.

Don and Bernie met on an airplane in Los Angeles in 1967 when she was working as a stewardess on a TWA flight. He was a TWA ground supervisor working the same flight. They married six months later, on August 4, 1967. The life they made together started with shared values taught them by parents

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whose commitment to each other and their children is honored throughout the Willses' home.

In the entry to the master bedroom, near an antique oak hall tree, hang framed baptismal, marriage and confirmation certificates dating as far back as 1894, which belonged to Don's parents, grandparents and great-grandparents. "I found those in my in-laws' attic in an old trunk when we were getting ready to do an estate sale," Bernie said. "They just don't make artful certificates like that anymore."

The art of perseverance makes Don and Bernie's life carefree and beautiful.

Don is now retired from several airlines, TWA, AirCal and, most recently, American Airlines. In between some of that time, he sold commercial real estate, and together they owned a Blimpie sandwich shop in Los Angeles. A retired entrepreneur, Bernie left the airlines when the Willses' family began and went on to own her own women's clothing store in Valencia, California. When they moved to Texas, she became a wearable art pattern designer for nine years, and later, an antique dealer.

During 2011-2012, she unleashed her inner design diva when planning the 35th anniversary fashion show for

the Newcomers Club. She has enjoyed making friends through Newcomers and playing lots of bridge, mahjong, canasta and golf. He plays golf five days a week and volunteers at Habitat for Humanity every Wednesday, helping build homes for less fortunate people, alongside some of his good friends. "Back when I worked, we did nothing together until Saturdays. But here, it's five or six times a week that we have something going on," Don said. "We have a good life with great friends, great kids and great grandkids."

Blessed to have their daughters, Kim, a stay-at-home mom, and Jenny, a kindergarten teacher, living close by in



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Weatherford, Don and Bernie are also proud of their two sons-in-law, Cody Stilwell, a captain for the Ft. Worth Fire Department, and David Murray, a pilot for JetBlue. Their four beautiful grandchildren hold special places in their hearts. Cole, 18, and Braden, 16, always stay in The Woodlands guest bedroom, and 5-year-old twin girls, Lauren and Meghan, look forward to fun in the Frilly Foo Foo guest bedroom.

Here, Bernie displays the dress and hat her mother wore to their wedding. She-ness shines in the Frilly Foo Foo room decorated in pastels and lots of quilts — one made by Don's mother when she was 17 years old. Bernie made a window valance out of one of the old quilts, and hanging on chains in that same window is an old stained-glass window. Sitting on a white shabby chic shelf backed with metal wall tiles is a collection of vintage quilts and Precious Moments figurines that Don's parents gave the couple one Christmas at a time. A hall tree in the corner holds feather boas and fancy dresses for the girls to play with when they come out to visit.

The Woodlands surrounds the boys with humor and family heirlooms hearkening to their grandfather's youth. On the red dresser rests the paddle Don recalls his mother spanking him with. Its slightly faded painting of a Bambi and a bear cub accompany the words, "For the cute little deer with the bear behind." Hanging above the bed is a framed original photo of the 1911 U.S. Infantry Camp Logan, Houston, Texas, which Bernie found hanging in Don's dad's basement. Also on display is a sculpture of an Indian Don made when he was in elementary school.

The grandchildren's bathroom displays vintage *La Mode Illustrée* fashion prints, in their original frames. More La Modes hang in the master bathroom, which is punctuated by rich burgundy



and gold towels, framed photos of family and poems about mothers that Bernie's girls gave her.

The adjoining bedroom contains an antique glass curio cabinet filled with memorabilia from both of their families, including war rationing food stamps, S&H green stamps and World War II items. Across from the bed is a beautiful stagecoach wardrobe they purchased at an antique store in Colleyville. It comes apart, in 80 or more pieces, and took Don hours to put together.

Although Don is not the decorator in the duo, he supports Bernie's visions. "I put a nail there, a screw here," he said, humbly. Together, they keep the flowerbeds surrounding the home and patio in perfect order. Much of the cozy feeling comes from Bernie's unique touches that don't require Don's help, like retrofitting her childhood Taylor Tot 1940s-era baby stroller into a planter for the patio. Such fun pops out everywhere in this outdoor space, specially outfitted for relaxing.

"I always wanted an old rustic country table on our patio," Bernie said. A few months ago, while shopping with her girls at Just Peachy in Weatherford, she bought an old table covered in galvanized sheet metal that had been acid-washed sporadically. She added some rockers, other old chairs and a couple of vintage tables found at two of her most favorite places to shop — Witherspoon's and New2U. When guests relax with the Willises beside the ever-gurgling waterfall, the feeling is pure peace.

"My mom always said, 'Smile, Bernie, and the whole world will smile with you.' It really helps to live in a community where everyone is friendly," Bernie said. "Whether it is in Pecan or in town, there is always a friendly face smiling back." And when Don and Bernie simply smile at each other, they are at rest knowing they created what they've always wanted. **NOW**



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CABINET REFRESH 101

— By Jill Rose

Looking for an inexpensive way to dramatically change the look of your kitchen? Painting cabinets is a great way to get the look of a new kitchen without the price tag of a complete remodel.

FIND THE PERFECT COLOR

For most people, one of the hardest parts of painting kitchen cabinets is finding the right color. With all the paint options available, even opting for white cabinets can result in having to sift through hundreds of variations to find the “right” white.



One of the biggest obstacles to choosing a color is lighting. The number of windows in your space (natural lighting), as well as the type of bulbs you use (soft white, bright white, daylight, etc.), can drastically change the way a color will look. Buying your paint from a paint specialty store can alleviate a great deal of indecision, as the employees in these stores are able to provide you with the best options, depending on your lighting. Keep in mind, homes with a lot of natural light tend to cast a blue hue on white paints, whereas homes with artificial lighting can cast colors ranging from blue to orange, depending on the bulb used.

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After selecting a few sample colors, purchase scrap pieces of wood strips that are the same species as your cabinets and paint them using the sample colors. Leave the samples in your kitchen for a few days to see how the color changes throughout the day. Once you've decided on a color, select your sheen. Choose a high-gloss sheen for a more modern look or an eggshell for a more classic feel.

PREP YOUR AREA

Begin by taking the cabinet doors off and removing the hinges. Be sure to label each cabinet door and hinge for reassembly. Next, tape off the wall area around the cabinet frames.



GIVE EVERYTHING A GOOD SANDING

Whether your cabinet doors, drawers and frames are painted or covered in stain, you will need to sand them. Begin by using a 100-grit sandpaper, and then move on to 120-grit sandpaper. Note: Most of the cabinet can be sanded with an orbital sander, but the smaller areas will need to be sanded by hand.

After sanding everything, remove the dust created. The frames are easy to clean, but doors and drawers can be tricky. Dust will ruin your paint job, and you will find yourself having to sand



out specks and reapply paint. To ensure maximum dust removal, start by simply turning the cabinet door or drawer over and patting the back so most of the dust falls out. Follow this with a quick pass over with a vacuum wand. Finally, use a duster and get into the crevices. If you find you still have dust specs, use mineral spirits and a rag to remove any remaining dust.

FIX ANY GOUGES OR DENTS

If you have deep scratches or dents, fill them in with wood filler. Let it dry, and then sand it down using a 180- or 220-grit sandpaper. Be sure to clean away any excess dust.

PRIME THE CABINETS DRAWERS/FRAMES

Using a 2-inch paint brush, apply a light coat of primer to the cabinets, drawers and frames. Tinting your primer to match the color of the new cabinet paint is excellent insurance against future nicks and scratches showing.

Begin by priming the back of the cabinet door. Start in the center panel section. If you get primer on the stiles or rails, make sure you brush them out, so they don't leave a blotchy finish.

Next, prime the rails, and then the stiles. Do not prime the edges of the cabinets at this stage. After priming the cabinet doors, move on to priming the drawers. Since drawers only have a front, prime the entire drawer (edges included). The next step is to prime the cabinet frames. If desired, prime the inside of the cabinets, also.

Once all items have been primed, allow them to cure for at least 24 hours before

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lightly sanding (by hand) all the primed surfaces with a 300-grit sandpaper. Sand them just enough to remove any imperfections or random pieces of dust that may have fallen on them while they were still wet.

Turn the cabinet doors over to the front, and repeat the entire process above. Be sure to prime the edges of the cabinets, and allow them to cure for 24 hours.

PAINT THE CABINETS/ DRAWERS/FRAMES

After the primed pieces have been allowed to cure for 24 hours, begin painting. Painting is really no different than priming, and you should follow the same process as priming. Begin by painting the back of the cabinet door, and then lightly sand out any imperfections before moving on to the drawers and cabinet frames. Allow them to cure for 24 hours, and then repeat the entire process for a total of two coats of paint.

After the second coat has been allowed to cure for 24 hours, move on to painting the front of the cabinet doors. Again, follow the same process as above (panel, rails, stiles but now also the edges). Allow them to cure for 24 hours, and then repeat the entire process.

ADD THE POLYURETHANE

Before actually adding the polyurethane, lightly smooth out the door's finish using a 300-grit sandpaper. Apply the polyurethane with a foam brush for a suggested total of three coats on each side. Allow the polyurethane to cure per label, reassemble the cabinets and enjoy the beautiful new look of your kitchen for years to come!

TROUBLESHOOTING

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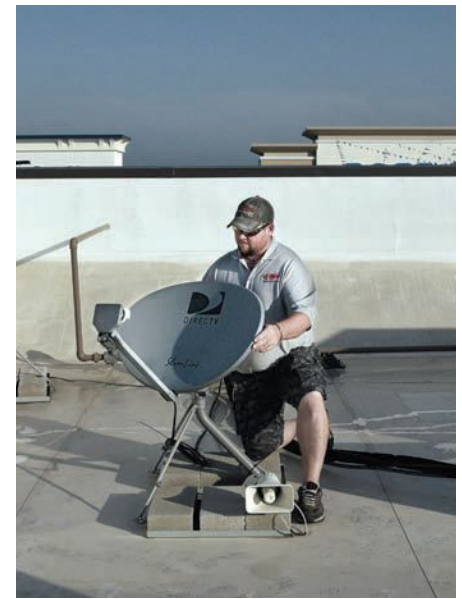


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IST's experience selecting technology and installing products saves customers time and money, while boosting their satisfaction. "The number one thing that's kept me in business for 25 years is knowing how to get people the most bang for their buck," said Mike, who began installing car stereos and alarms when he was 15. In 1989, as a senior in high school, Mike started IST and operated out of his mother's garage. Transitioning in the early '90s to home applications, one of IST's strengths is easily adapting to new technology.

The most dramatic change Mike's observed is Internet capabilities. "Even five years ago, we didn't hook up any audio or video components to the Internet. Now, almost everything has interactive features, from ROKUs to surround sound processors to security systems," Mike said.

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Evelyn Powell, right, expresses appreciation for the fine burger prepared by Linda Wark, left, who has been cooking at The Nutshell Eatery & Bakery for 25 years.



Wayne and Donna Morse shop with their daughter, Becky Johnston, for colorful additions to her bottle tree.



Andrea Bauer receives a unique cutting board from Makala Coleman during a Healthy Woman gathering.



GISD superintendent Dr. James Largent (left) and Granbury Chamber of Commerce general manager Mary Booth (right) honor GISD Teachers of the Year Lori Williams and Chris Ellrod.



Georgia English touches up her booth at Witherspoon's Antique Mall.



Tracy Waddel and her 8-year-old son, Cooper, enjoy a Chick-fil-A picnic in Hewlett Park.



The Marine Corps JROTC rifle team from Granbury High School participate in the Civilian Marksmanship Program Junior Rifle Camps in Kerville.



Hood County Substance Abuse Council members Pat Howrey, Rodney Casey and Danny Tuggle have fun at the recent GISD Operation School Supply.



Gary and Debbie Byrd are the owners of the new restaurant called Pure Country on Weatherford Highway.

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When you're not winning in the casino, lounging by the pool or savoring delicious cuisine, you'll find that Las Vegas has a variety of must-see attractions and entertainment options to keep you and the whole family occupied. Discover another wild side of Las Vegas at a variety of attractions for animal lovers and car enthusiasts.

The Wildlife Habitat at Flamingo Las Vegas gives nature lovers the chance to see Chilean flamingos, swans, ducks, koi, goldfish and turtles. Venture over to The Mirage for Siegfried & Roy's Secret Garden and Dolphin Habitat. The Secret Garden is home to royal white tigers, white lions, black panthers, a snow leopard and golden tigers. The Dolphin Habitat, adjacent to the Secret Garden, houses an extended family of bottlenose dolphins. Get up close and personal with endangered and unusual aquatic animals at Mandalay Bay's Shark Reef Aquarium. Visitors journey through a replica of an ancient temple ruin and a sunken galleon ship surrounded by several varieties of sharks and other predatory creatures.

Downtown's famous, casino-lined Fremont Street has been converted into a 175,700-square-foot pedestrian area covered by a continuous canopy studded with more than 14 million lights. Called the Fremont Street Experience, this canopy showcases spectacular light-and-sound shows every hour on the hour during the evenings. If you're looking for thrills of a different nature, visitors to the Fremont Street Experience can ride "SlotZilla," a zip line tower that looks like a giant slot machine. Thrill-seekers will soon be able to experience the top lines of the experience with the world's first power-launched zip line down the entire length of the Fremont Street Experience.

Stratosphere has four of the world's highest rides located 100 stories above the ground: SkyJump is a "controlled free-fall" in which participants plummet 855 feet at a speed of up to 40 miles per hour; X-Scream teeters riders over the

edge of the tower 900 feet above the ground; Big Shot is a thrill ride that shoots adrenaline-seekers 160 feet into the air at a force of 4Gs before letting them free-fall back to the launching pad; and Insanity is an appropriately named, dizzying, spinning ride that dangles passengers over the edge of the tower before whirling them around at speeds approaching 40 miles per hour. The Big Apple Roller Coaster at New York-New York is an exciting roller coaster with twists, loops and dives around the resort. Rising 203 feet, the coaster features the first-ever heartline roll, which provides a sensation similar to that felt by a pilot during a barrel roll in an airplane. Additional coasters and rides can be found at America's largest indoor theme park, The Adventuredome at Circus Circus, offers more than 25 attractions, including the newest roller coaster, El Loco.

If your Las Vegas dream vacation involves fast cars, you'll have plenty to brag about to your friends back home. Check out the multimillion dollar Auto Collections at The Quad, one of the world's largest selections of antique, classic, muscle and special-interest automobiles available for sale. The 250 automobiles span a century and range in price from \$20,000 to \$3 million. Then, check out Penske Wynn Ferrari Maserati showroom at Wynn Las Vegas, Nevada's first and only factory-authorized Ferrari and Maserati dealership, offering the finest in new and preowned cars.

From thrilling roller coasters to virtual-reality simulator rides and erupting volcanoes to wax museums, Las Vegas' attractions appeal to people of all ages, interests and budgets. For more information, call (877) VISITLV or (877) 847-4858. **NOW**

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Breast Cancer Health

— By Betty Tryon, BSN

With breast cancer, there are hordes of drugs, treatments and therapeutic options. Some of these can carry pretty scary side effects. It is imperative that anyone being treated for this disease follow their health practitioner's advice and plans, and that they give approval for any alternate treatment plans. However, there are a couple of areas where you can give your health a helping hand with possibly great benefits — diet and exercise.

Diet can possibly play a crucial role in lowering your risk of getting breast cancer and can aid in the recovery process when healing from the disease. There are some studies that suggest an increase in the incidence of breast cancer in women who are menopausal and overweight. Weight can also play a factor in the recurrence of breast cancer. More research is needed before definitively stating that a low-fat diet carries the benefit of lowering the incidence of breast cancer. But, the research that is available does suggest a possible connection.

The best diet is one in which all food groups are represented in appropriate amounts. Saturated fats are usually the problem, and it is generally a good idea to aim for less of them in your diet. They are found in fatty meats, butter, many cheeses, breads and pastries to name a few examples. Antioxidants are substances that help to prevent and limit cell damage — a great boon to someone in the process of healing. Some foods rich in antioxidants are

berries, citrus fruits, whole grains, liver, carrots and green, leafy vegetables. Check with your doctor before changing your diet. If you get a recommendation to see a registered dietitian, try to follow through. Proper nutrition is crucial to your overall health.

Exercise can be a great mood lifter. However, when in the throes of recovery, the last thing someone may want to do is exercise. Before starting any exercise program, discuss it with your physician. Your level of performance will depend upon many different things, such as the treatment you receive, severity of the disease, your prior fitness level and your current health status. Some exercises will affect you adversely. For example, if you had the lymph nodes removed under your arm, you may be at risk for lymphedema. Some forms of exercise may cause further injury to that area.

On the other hand, exercise can carry great benefits. Physical activity can help control weight gain. It can also increase your stamina, which in turn will increase your energy level. Taking particular care with diet and exercise will not only offer benefits regarding breast cancer, they can improve your overall level of health. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

October 3

Guided Bird Walk: 7:00-9:30 a.m., Acton Nature Center, 6900 Smoky Hill Ct. Free! Bring binoculars. www.actonnaturecenter.org.

October 5

Chamber Golf Classic: 11:00 a.m.-8:00 p.m., Harbor Lakes Golf and Swim Club, 2100 Club House Dr. Fun-filled afternoon for non-golfers, too, who participate in raffles while cheering on golfers. (817) 573-1622.

October 6

Wicked Plants in the Garden: 12:15-1:00 p.m., Hood County Annex 1, 1410 W Pearl St. Part of 2015 Lake Granbury Master Gardeners Brown Bag Lunch Series. Contact Marty Vahlenkamp, (817) 579-3280.

Granbury Opera Guild meeting: 10:30 a.m.-1:00 p.m., De Cordova Bend Country Club, 5301 Country Club Dr., Acton. Charla Harris discusses the life of a successful writer. \$13 buffet luncheon is not mandatory. RSVP (682) 936-9572.

Rendezvous at the Ranch: 10:30 a.m.-1:00 p.m., Granbury Resort Conference Center. Style show models are graduates of Christian Women's Job Corps of Granbury. \$100 individual tickets support CWJC's mission. Contact Jeannie Humphrey, humphreyjeannie@gmail.com.

October 7

Ruth's Place Clinic Open House: 11:30 a.m.-1:00 p.m., 1411 Crawford Ave. Meet the local volunteers who provide all medical and dental services for low income uninsured residents of Hood County. (817) 573-1622

October 10

The Mammoth Race: 7:00 a.m.-2:00 p.m., Dinosaur Valley State Park, Glen Rose. This sanctioned 15,10,5 and 1K trail run benefits Lake Pointe Academy. The Mammoth Trail Run utilizes a part of the park's 20 miles of single-track dirt and limestone trails. Register at www.mammothrace.com.

Brazos River Corvette Club Car Show: 7:30 a.m.-5:00 p.m., Historic Downtown Square. For their 10th annual show, the BRCC displays and judges over 100 classic cars spanning the history of the American Corvette. Corvette entry fees support Ruth's Place. Visit www.brazosrivercc.com.

Arts and Crafts Fair: 9:00 a.m.-2:00 p.m., Granbury First United Methodist Church, 301 Loop 567. Youth ministries host a snack bar and sell lunch, and there will be a silent auction. Free admission. Call (817) 559-5424.

8th Annual Dump Truck Diaper Drive: 9:00 a.m.-noon: H.E.B. parking lot. Join the Blessed Baby Diaper Ministry and help "fill the dump truck" with new diapers and wipes to restock the diaper ministry shelves for Hood County families in an emergency. Contact (817) 573-1462.

Pete's Dueling Pianos: 6:30 p.m., Reunion Grounds. The United Way of Hood County hosts this special fundraiser supporting many charities. Enjoy auctions, raffles, dinner and a great time. Tickets \$50. (817) 579-5100.

October 13

Salvation Army Women's Service League of Hood County meeting: 10:00 a.m.-1:00 p.m., DeCordova Bend Country Club. Come see how we are serving our community! Call (817) 326-5788 or (210) 364-6668.

October 15

Chamber Luncheon: 11:30 a.m.-1:00 p.m., DeCordova Bend Country Club, 5301 Country Club Dr. \$15 per person. Contact (817) 573-1622.

Hood County Teen Court: 6:00 p.m., Hood County Justice Center, 1200 W. Pearl St. (west entrance). The Hood County Substance Abuse Council invites all to see Granbury High School and Tolar High School kids in action.

October 16 — 18

Balloon Dayz: **Friday**, 4:00-9:00 p.m.; **Saturday** and **Sunday**, 7:00 a.m. and dusk, Granbury Municipal Airport, 400 Howard Clemmons Rd. Early morning hot air balloon rides. Daytime events on the Granbury Square at the Harvest Moon Festival. Balloon glow, tethered balloon rides and vendors resume in evenings at the airport. \$10.

October 17

50 Fellas Foodfest: 6:00-8:30 p.m., Granbury Reunion Grounds' Courts Cleveland Showbarn. \$45. www.granburyisd.org/50fellas.

October 17, 18

Harvest Moon Festival of the Arts: 10:00 a.m.-8:00 p.m., Granbury Municipal Historic Courthouse Square. www.granburysquare.com.

October 19

Elizabeth Crockett Chapter D.A.R. meeting: 9:30 a.m.-noon, First Presbyterian Church, Fellowship Hall, 300 W. Bridge St. Preview opportunities for community service. (817) 326-5009.

October 19, 26

Early Voting in Hood County: 7:00 a.m.-7:00 p.m., Hood County Annex 1, 1410 W Pearl St.

For more information, contact Elections Administrator for Hood County at (817) 408-2525, ext 5325, or visit co.hood.tx.us.

October 22

Hiram Granbury: Fighting Texan in Gray: 6:30 p.m., Granbury Opera House, 133 E. Pearl St. Part of the Ramay-Macatee Lecture Series by Dr. Steven Woodworth, professor of history, Texas Christian University. Free.

October 23 — 25

Fall Book Sale: 10:00 a.m.-5:30 p.m., 222 Travis St. Friends of the Library for Hood County hosts extravagant used book sale to support the public library. On **Friday**, visit FOL's Membership Table in the lobby, and then enjoy members-only shopping before the weekend crowds! (817) 578-0164.

October 24

20th Annual Texas Country Reporter Festival: 9:00 a.m.-7:00 p.m., historic downtown Waxahachie. Join Bob Phillips, host of the weekly TV Show, *Texas Country Reporter*, for a day of arts and music. Free! Call the Waxahachie Convention & Visitors Bureau at (469) 309-4040.

Bow Wow Trick or Treat: 11:00 a.m.-2:00 p.m., Shanley Park. Dress up your 4-legged friend and come out for contests, onsite pet adoptions and fun galore. \$5 entry fee for each canine trick-or-treater. All funds raised help displaced animals of Hood County through H.A.L.O. (817) 964-6524.

October 31

Last Saturday Gallery Night Art Walk. 5:00-8:00 p.m. Galleries of Granbury present a walk or tram ride around the Historic Granbury Square. Artists on hand, some giving demonstrations, while you enjoy hors d'oeuvres, wine and music. Contact 817-573-9446.

Halloween Alternative: 6:00-8:00 p.m., Southside Baptist Church, 910 Paluxy Rd. Bring your family to visit our Walk of Wonders and Carnival Fun for all ages. Contact (817) 573-1462 for more information.

November 5

Granbury Newcomers Club monthly luncheon: 9:30 a.m.-1:00 p.m., Pecan Plantation Country Club. Learn more at granburynewcomers.org or call Pat Hendricks, (817) 579-2637. RSVP by **Nov. 2** to (817) 243-9831.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.



In the Kitchen With Laura L. Bush

— By *Melissa Rawlins*

After her father died, teenaged Laura L. Bush started cooking on a regular basis. “Mom was Italian, so being in the kitchen was like breathing,” Laura said. Her own children enjoyed hot breakfasts every day because Laura’s joy is making people happy with good food. She cooks up to five times a week, always expecting guests. In her chef’s kitchen, Laura cooks as therapy, making comfort foods and experimenting with different ingredients and flavors, especially spicy foods. She inserts her culinary passions into her job every month when demonstrating cooking techniques for the residents at Waterview, where she is lifestyle director. Sharing recipes that are either simple or twists on traditional, Laura hopes others might create new traditions of their own inspired by these dishes. **NOW**

Alfredo Lasagna

2 red bell peppers, roasted and diced
1/4 cup olive oil or garlic oil
1 Tbsp. kosher salt
1 Tbsp. freshly ground black pepper

Alfredo Sauce:

2 Tbsp. butter
4 cloves garlic, pressed
2 Tbsp. flour
2 1/2 cups half-and-half
1 pinch kosher salt
1/4 cup Parmesan cheese, freshly grated
2 6- to 8-oz. boneless chicken breasts, cooked and diced
1/2 cup milk (optional)

Lasagna:

8 oven-ready lasagna noodles, uncooked
2 cups Alfredo Sauce

8 oz. sliced provolone (9-12 slices)
1 cup fresh baby spinach
4 oz. feta, crumbled
1 cup Parmesan cheese, freshly grated

1. Preheat oven to 400 F.
2. Slice bell peppers in half. Remove seeds and membranes. Place on a sheet pan, cut side up. Brush insides with oil. Sprinkle with kosher salt and ground pepper. Turn peppers over, place in oven. Bake for 30 minutes, or until skin is dark and bubbly. Remove from oven. Let cool. Once cool, remove and discard skin. Dice peppers and set aside.
3. *For Alfredo Sauce:* Melt butter in a saucepan. Add garlic and sauté over medium heat for 1-2 minutes, or until you start to smell the garlic. Do not overcook. Add flour. Mixture will be paste-like. Stir over heat for 1-2 minutes. Add half-and-half and salt. Whisk gently until all is blended. Bring just to a boil, and then add Parmesan cheese.

Stir until cheese is melted. Simmer for 2-3 minutes. Remove from heat.

4. Reduce oven heat to 350 F.

5. Chicken breast can be baked, grilled, sautéed — whatever you choose. Let cool, dice and set aside.

6. Check consistency of sauce. If it is too thick, add a little milk to thin it out. It needs to be a little runny so that pasta will absorb most of the liquid.

7. *For Lasagna:* Ladle a small amount of sauce on the bottom of a 9x9-inch pan. Place 2 uncooked noodles into the pan, and top with 1/4 cup sauce. Layer in this order: 3-4 slices of provolone, 1/3 of the spinach, 1/3 of the chicken, 1/3 of the roasted peppers, 1/3 of the feta, 1/4 cup Parmesan. Repeat layers two more times. Top with remaining uncooked lasagna noodles, remaining sauce and Parmesan cheese. Sprinkle with roasted peppers, for color.

8. Bake 30-40 minutes, until golden and bubbly. Let stand 5 minutes.

Grape Tomato Marinara

1 pint grape tomatoes, rinsed
1-2 Tbsp. garlic oil
5 garlic cloves, thinly slivered
Salt and pepper, to taste
4-5 large, fresh basil leaves
2 cups pasta of your choice, cooked
1/2 cup Parmesan cheese, freshly grated

1. In a small saucepan, toss tomatoes with garlic oil. Add slivered garlic, salt and pepper. Cover and simmer over medium-low heat 10-15 minutes, until the tomatoes begin to burst, and then smash them with a wooden spoon.

2. Remove from heat. Gently tear basil into small pieces and add it to the saucepan. Toss with fresh pasta and top with freshly grated Parmesan cheese.

Easy Beer Bread

3 cups self-rising flour
1/2 cup sugar
12 oz. amber or dark beer
1/2 stick melted butter

1. Preheat oven to 375 F. Butter a loaf pan and set aside.

2. In a large bowl, combine flour, sugar and beer. (If you use a hoppy beer, you may need to add a little more sugar.) Mix well. The mixture should be sticky.

3. Pour into the loaf pan. Drizzle melted butter over top and bake for 55 minutes.

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