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OCTOBER 2016

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ON THE COVER



Wesley Huitt is a shining star under Friday night lights.

Photo by Memories by Melissa.

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Editor's Note

Hello, Dear Readers!

Fall is in the air as we begin to plan our holidays centered on family, community and church gatherings. The holidays bring so many opportunities to help our fellow neighbors and friends without even needing to be reminded by this month's Do Something Nice Day on the 5th and Make a Difference Day on the 22nd.

I will be celebrating my granddaughter, Sophie's, birthday and Halloween this month at an annual fall farm festival. Last year, Sophie picked out a really large green pumpkin from the pumpkin patch because it was different, dirty and looked lonely. This past summer, I found a children's book about a little boy who did the same thing, but nearer Christmas. After suffering through much kidding, the boy carved a Christmas star, so the pumpkin became a wonderful Christmas pumpkin, as did Sophie's pumpkin. Children have such a sweet wisdom and giving spirits!

May special blessings come your way during these coming days!

Virginia

Virginia Riddle
CorsicanaNOW Editor
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NW CR 3135
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NAVARRO MILLS AREA



NW CR 3207A - Dawson
Lots 47-49 in Springhill Addition. Need weekend cabin? Great place to build! approx. 60 acre. Seller negotiable.



Don't miss this great kitchen! This open concept home has 3 bedrooms, 2 baths with a bonus/media room. Large shop with space for RVs on 3 acres!



Lake front with a wonderful view! This 3-bedroom home sits on Navarro Mills Lake. Has an open concept that is great for entertaining! So much potential!

REDUCED PRICE!



2401 Renee, Corsicana
Great 3-bedroom, 2-bathroom home with open kitchen and living. Landscaped backyard. Garage has built-ins for storage. This home is move-in ready and will not last long.

NEW LISTING!



NE CR 3080 Mildred ISD
24.12 acre. Perfect for building, hay crops and cattle grazing. Only .03 mile off of FM 637 West.



212 N. 18th St.
All redone! Fabulous 1920's redone home. New electrical, plumbing, air conditioning, flooring, baths, appliances...even the kitchen sink! You have got to see this one!



10143 W. FM 744
3-bed, 2-bath home close to town. Newly remodeled kitchen with granite counters and a breakfast bar. Sunroom has beautiful views of property. Living with vaulted ceilings and fireplace opens to dining.



12021 County Road 2160 Kerens, TX
Very spacious home nestled in the trees. Open floorplan with 2 living areas, mudroom, fireplace and kitchen with Corian countertops. Master downstairs has sitting room.



2004 Enfield Dr.
Charm and character are found here in this 3-bed, 3-bath home perfect for entertaining. Original hardwood floors, brick and Saltillo tile floors, 3 fireplaces, formal living room, and a wet bar in the family room.



2021 W. Park Ave.
One of Corsicana's finest homes! Fantastic floor plan for entertainment. Comes complete with 3 split bedrooms, master suite and bath, walk-in closets, 3 living, walk-in pantry and built-in wine cooler.



2408 Point of View Dr. Cedar Creek Lake
Light and airy. Perfect for family getaway! 5 beds, 4 baths, & sleeping loft upstairs. Recent paint & updates. Open living & dining. Doors to deck in master, bed #2, living & dining.



TBD W. 2nd Ave.
Prime location behind Navarro Regional and Heritage Oaks West. 9.63 acres. Perfect location for medical facility, apartments, office space ... the sky's the limit!



Located in historical downtown Corsicana. With a little TLC this will be a great location for a restaurant, shopping or office building. The possibilities are unlimited. Great store front, large upstairs area with a loading ramp.

REDUCED!



9015 SE CR 2175 Mildred ISD. Custom-built 4/3/2. 12 acres fenced and crossed-fenced. 20 x17 workshop. Near RC lake. No HOA dues.



1229 W. 7th. Ave.
Commercial lot in high-traffic area. 50 ft. frontage. Great deal.



One does not find a 4-bedroom home like this very often! Come see it soon! Kitchen just needs your finishing touches on it! Stainless steel oven and dishwasher. Covered porch and nice size backyard for your fall cookouts! Located on a quiet street close to Fullerton Garrity Park. Must see!

NEW LISTING!



Lovely 3-bedroom, 2.1-bath home on corner of cul-de-sac on .722 acres! Enjoy your early mornings or evenings on the covered porch in the large backyard. Large den with corner fireplace. Private office that could be converted to 4th bedroom if desired.

CONTRACT PENDING!



Beautiful property! This large 2-bedroom, 2-bath home sits on 30 acres. Has lots of trees, a stock pond, barn — too much to list!

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735 Grandview
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FOCUSING ON HIS DREAM



— By Nancy Smothermon

Young kids step out on a field and form a circle around the soccer ball. The game begins. Parents are on the sidelines cheering. Youth sports are a delight to watch. Brad and Cheryl Huitt have enjoyed that and more while watching their son, Wesley, participate in multiple sports at varying ages and skill levels. Wesley started his athletic career at the age of 4 playing soccer.

During the 2003-04 school year, the youthful couple, along with their three children, moved to Corsicana. While playing soccer in the YMCA league, Wesley also began playing Little League T-ball. The family attended practices and games together, as they did with all their kids.

Wesley was, and still is, having fun with his friends and teammates, and he understands the importance of practice. He and his siblings challenge each other to succeed both athletically and academically. "His experience playing soccer honed his agility and speed," Brad and Cheryl shared. His enjoyment of sports helped him grow athletically and socially.

Wesley's need for speed was encouraged by another team sport. When he stepped up to the plate, he found he was also skilled at baseball. He played select baseball for Steve Petty in Corsicana for several years. Then later, under the direction of Coaches Bob Pritchett and Patrick Harvell, Wesley helped his Mildred seventh and eighth grade city league baseball team win back-to-back state championships. During those years, his Mildred school football team won all but one game. Once he started playing "seven on seven" football in high school as the varsity quarterback his freshman year, there just wasn't enough time for select baseball anymore.

Then three Huitt children became four, and William is learning to play while observing Wesley from the sidelines. "At 20 months old, he has a way with any ball. I play with him as much as I can," Wesley stated, referring to the time he spends with his baby brother.

"God has blessed us with four great kids," Cheryl said.

The family is close. "Mom and Dad almost never miss a game. They have sacrificed to get me to practices and paid for uniforms and equipment," Wesley said, explaining they are a big part of his success.

IG



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and I have to want to be
as good as I can be to succeed.”

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Wesley gets lots of support from his dad, Brad Huitt.

During one peeewee football season, Wesley broke his wrist. Later, in high school, he suffered a broken nose during a baseball game. "That baseball game was the only game Brad missed that season. He was working and couldn't make it in time," Cheryl shared.

Wesley's favorite memory of competing was playing peeewee football at the age of 7. "We were playing the 'super bowl' game against Hubbard," Wesley explained. "I was playing with my friend, Michael Drennen, who plays for Mineola now. It was 13 to 8 (Hubbard) with seconds left in the game. I ran the ball in to make the last touchdown. I remember how hard we worked as a team to win that game. There was cheering and all of us players whooped and hollered. Wow! I'm still friends with all those guys, and we still talk about that game."

He is passionate about football and plays several positions on the football field. "I love playing football and baseball the most," he confessed. "It's my dream to play college football or baseball. I've always wanted to play for The University of Texas, but I just want to play. It's my dream to play professional ball that keeps me working so hard."

Cheryl, who plays golf, laughed when Wesley joked that, "Mom played golf competitively in high school. So, I probably get some of my competitiveness from her."

"We envisioned Wes would grow up and become an Aggie, since Cheryl and I both are, and his grandfather and aunt and uncle are, too," Brad said.

"Wesley was running from the time he could walk," Cheryl added.

His coaches have been especially encouraging. "If it wasn't for his then T-ball



coach, Shannon Wiggins, convincing me to let Wesley come to a practice, he might never have played football,” Brad said.

“I was a little afraid at the thought of Wes getting hurt, but he convinced us both how much he wanted to play,” Cheryl admitted. “Once I saw how tough he was and how fast he runs, I didn’t worry so much.”

Wesley is scheduled to graduate in 2018. He attends Mildred High School where he participates in basketball, football, baseball and track and field. “Playing that many sports is not uncommon for a small school like Mildred,” Wesley said proudly. “I like Mildred. The teachers and coaches are truly interested in us kids.” His favorite course is math, and he liked Mr. Hurley’s geometry class.

When Wesley started playing basketball, he found it special. He could play for fun, although winning is no less important to him. “He strives for his best in sports and academics, too,” Cheryl shared, “though he has been known to let something slide from time to time. I am a teacher, so I know.”



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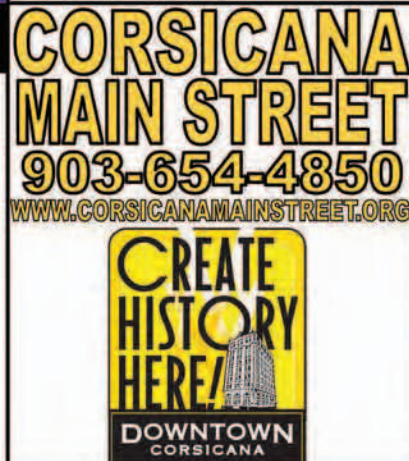
Fri. October 28



Sat. November 12



Sat. November 26



Brad and Coach Chambliss are impressed with Wesley's many athletic talents.

Wesley is motivated. He attends a couple of football camps every summer and volunteers at the animal shelter in Corsicana. He focuses on his grades, knowing colleges will look at more than his sports abilities. He has been in Math Honors, UIL Math, qualified for the honor society and plans on running for student council this year. "I know I have to put in time, and I have to want to be as good as I can be to succeed," he stated.

He understands the importance of setting a good example. "My advice for younger athletes is this: You have to outwork others." He suggests they work harder than anyone else does — including their own teammates and those they compete against. "Do what you love to do. Whatever you do, do it to the best of your ability," he offered.

The coaches at Mildred, Billy Dan Chambliss, Daniel Johnston and Brett Zamzow, have influenced Wesley since seventh grade. "I have looked up to them. They have encouraged me in a positive way and often with specific pointers. I trust them," Wesley said. "I feel close to all my coaches," he added. "I really want to thank my parents for their support. They never stop giving."

"We want to thank all the teachers and coaches at Mildred for being good role models and being so supportive of our Wesley," Cheryl said.

Although football and baseball are his favorite sports, Wesley is also serious about track and field. He knows the benefits of the practice needed to excel in this area. "Colleges want to know your statistics," Wesley said. "I participated in the 100-yard dash, the 4x100 and 4x200 relays for Mildred this last year and made a comeback win against another runner who was ahead of me on the other side of the field," he said proudly. "Basketball and track and field keep me active and provide added conditioning for the sports I enjoy most — and did I say I also like winning?" **NOW**

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Where Family Is Everything

— By Virginia Riddle



At Home With
Burt and Sue Ferguson

With retirement years nearing and two grown children and grandchildren living in Dallas, Burt and Sue Ferguson made the only decision that made sense to them. They moved from their home in the drier climate of Odessa, Texas, to a lake within an hour's drive from Dallas. "We wanted a lake with a big shoreline where we could also have a dock," Sue said. A second look at Lake Richland Chambers was all it took. "We bought our lot in 2008, moved sooner than we had originally thought we would, and we love it here," she added.

Raised in Hale Center located in the Texas Panhandle, Burt and Sue knew each other but didn't start dating until high school when Sue



asked Burt to the annual sweetheart banquet. Following graduation, Burt headed to Texas Tech University while Sue ventured afar to the northwestern outback of Australia for six months, since her father had business interests there. Upon her return, she also chose to continue her education at Texas Tech.

Marriage and the raising of their two children, daughter, Kerri, and son, Ryan, followed. Burt became a certified public accountant while Sue, a licensed professional counselor, pursued a career in education as a teacher, counselor and director of counseling for Odessa ISD and as an instructor and director of the Associate of Arts in Teaching Program at Midland College. They were also cattle ranching in nearby New Mexico on 36,000 acres. "When I retired, we started moving here," Sue recalled.

Burt erected fencing and a barn on a lot the couple has since sold but needed at the time for their horses. "We lived in a small apartment in the barn," Sue said. She designed their home and drew the plans. "We knew we needed room for

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everyone and that we had unique needs — a large guest area upstairs, our main living area on the first floor with handicapped accessibility, a music room and an office suite. We also wanted to design the house around the big oak trees on the lot and leave as small a footprint on the landscape as possible, thus the second story,” she added. Wesley Betik, an Ennis builder, then went to work. “We were thrilled with him,” Sue said.

They were able to move into their completed home in August 2010, and it’s all that Burt and Sue wanted. The home is shared often on weekends with Kerri and



her husband, Jarrett Stamples, and their two children, Adalynn and Lorelai. Often joining in on the fun are their cousins, Caleb, Deron, Simon, Jonas and Isaac and their parents, Ryan and Alison Ferguson. “We’ve made the yard a playground for the kids,” Sue stated. Burt has built a zip line course, rope swings, a tire swing and quadruple steps. A dock with jet skis, a boat and water trampoline create great fun for everyone. “Our younger adults blast onto the trampoline and launch the kids off,” Sue said. This place is buzzing when the kids and grandkids are here. It’s great fun!”

Burt has built a metal building on the property that houses his woodworking and welding workshop, the go-cart and the golf cart. “I’m building a dog run, so everyone can bring their dogs,” he said. Burt loves water sports and fishing when he’s not

constructing new fun-time diversions.

“We love having the central gathering place for family members who live from New Braunfels to Houston to Dallas,” Sue said. “Thanksgiving is usually great.” Especially memorable was her dad’s last Thanksgiving in 2014. “All the family was here but one, so we hosted about 30 people for several days,” she remembered. “The Fourth of July is always a lot of fun with fireworks. This home can accommodate really large groups.”

A circular drive and extra parking available at the barn also provides room for everyone at this beautiful English Tudor-style home. A walkway leads past Sue’s rose garden into a front courtyard complete with an outdoor kitchen. “I enjoy yard work and being out-of-doors,” she said.



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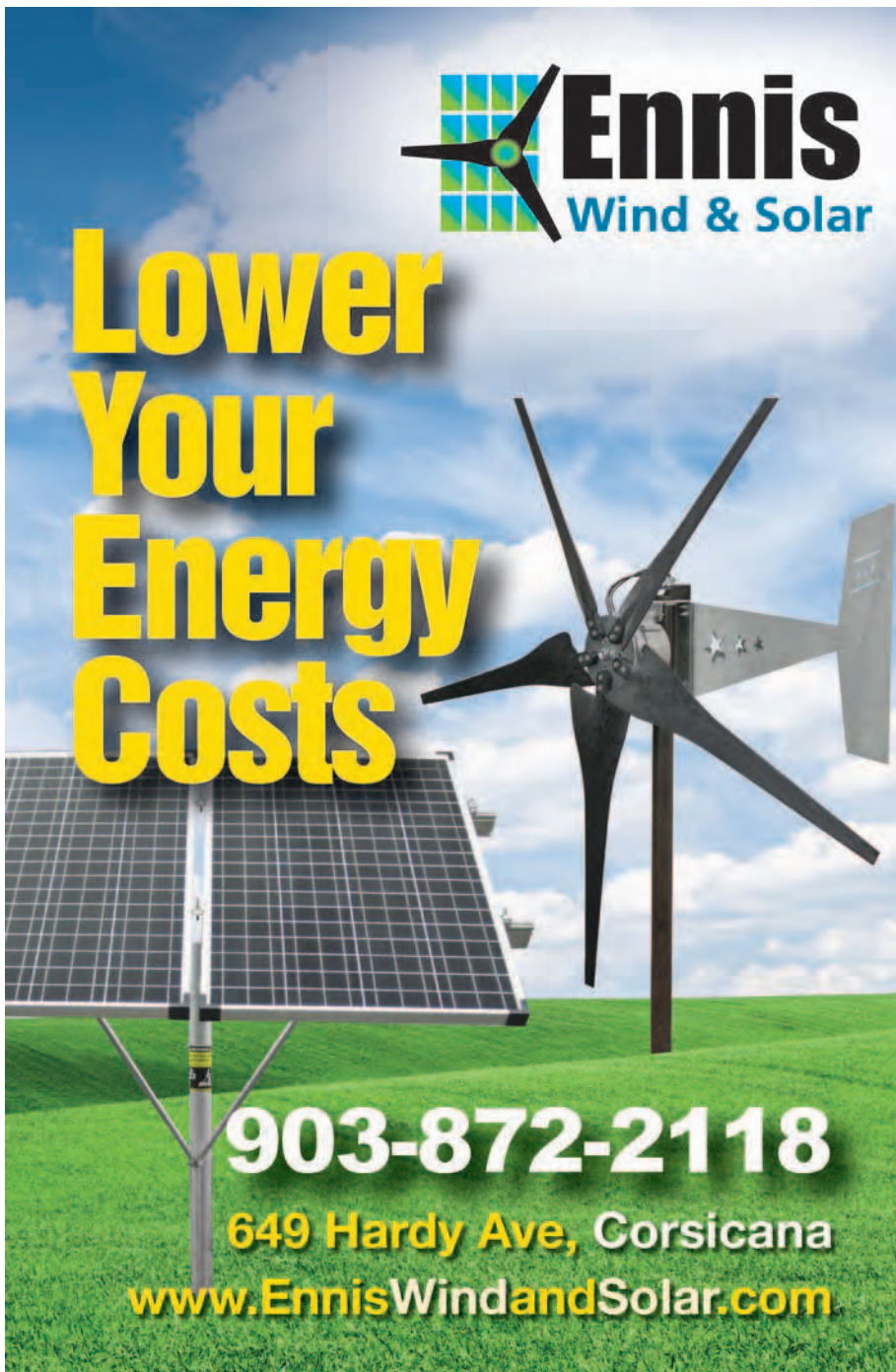


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A private door allows Burt's clients to enter into his office suite, which includes his office, a half bath and comfortable sitting area furnished with an antique secretary. "I'm still affiliated with my former firm in Odessa," Burt said of his part-time CPA practice.

The home's front door opens into the living room with its ample seating, beautiful fireplace and wooden beamed ceiling. A collection of antique branding irons from Sue's dad's ranch are arranged on a wall next to a childhood photo of Sue riding a paint horse. A massive breakfast bar separates the living room from the kitchen, which features a copper sink. A walk-in pantry is tucked under the staircase, and a wet bar adds an additional prep area.





A custom-made, granite-topped dining table seats 13 with the kids on a bench by a wall of windows overlooking the lake and porch. "We had an iron base made for each table leg to support the granite's weight," Sue said.

Burt's media room hosts the couple's Super Bowl parties. "There are 15 men seated around on the couches," Sue said. Burt decorated the room in brown and tan hues.


"It's also a great place to play video games until bedtime," he added.

The master bedroom with its bath and another half bath for guests completes this wing. Sue placed the laundry room near the bedroom.

Accessed from the living room and Burt's office, Sue's piano room shares the fireplace and has three walls of windows that cast a warm glow over her grand piano. Boomerangs and hunting spears are displayed along with spurs her dad made for her. Sue plays in the Northside Baptist Church's orchestra, the couple's place of worship.

Colorful and stackable metal bunk beds are another of Burt's creations. Situated in the dorm-style upstairs sleeping and play area, they help accommodate all the grandchildren. Two adult bedrooms, one decorated in a jungle theme and the other in a plaid theme, are adjoined by a Jack-and-Jill bathroom. A balcony has a view of the lake, while a screened-in porch sports a front yard view. A mini-bar provides cool drinks.


Burt and Sue love to cruise and have been to Guatemala and the Ukraine on mission trips. Other destinations include Israel and New York City. They volunteer with their homeowners' association, the annual Corsicana Airshow and the Republican Party of Navarro County, and Sue is a member of Corsicana Newcomers Club. "We've gotten to know lots of people our own age here and have become part of this community," Burt said. **NOW**




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ABOUT OUR FATHER'S BUSINESS

— By Virginia Riddle



Life can change in just a few seconds, but for Julann Godbey, one of the biggest challenges in her life began with a quiet voice that came to her in the middle of a sound sleep on July 29, 2010. Julann felt like God was instructing her to throw all of her loose change into a bucket for God to grow into a ministry fund. She had been on a short-term mission trip to Africa in 2009 with a team from the church she



attended at the time. Now she believed the Lord was preparing her to go to back on a long-term, permanent assignment.

At the time, Julann was a heavy smoker and was not in the best physical condition. She felt God challenging her to change those things in order to be able to withstand such a trip. "I was to put a date on the bucket, walk the perimeter of my backyard and then

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sprint that perimeter,” she recalled. She argued with God that she was a smoker of 35 years and couldn’t sprint, only to be told that she was to quit smoking, which she did. It took eight months of walking her backyard, but finally she could sprint her entire yard and was ready to make her second trip to Africa, this time with Jim and Janelle Hamilton, founders of Hope House Orphan Care located in Malawi.

The country of Malawi is located in central southeastern Africa. Malawi is predominantly Christian with a small percentage of Islam and Hindu. “The Malawian people are warm, kind and friendly,” she explained. Their native language is Chichewa. “Their seasons are opposite of ours, so when we go in the spring, it’s the beginning of their autumn. Malawi is a very beautiful country, but it’s also the third poorest country in the world with an average income of a dollar a day. Many Malawians are educated and speak English very well. Malaria and AIDS are widespread diseases, which contribute to their shortened life span of about 35 years. One out of five children dies before reaching 5 years of age,” Julann stated. Inoculations and malaria prevention are required for missionaries of Godbey Ministries.

“I knew when I returned to America that I had left a piece of my heart in Africa, but I was also deeply grieved,” Julann said. She confided to her husband, Kenny, that she would be returning to Africa long-term, and he gave his full support.

Godbey Ministries has thrived and grown, in spite of Julann being a wife, mother, grandmother and full-time employee of Animal Care Clinic in Corsicana. She has continued to return to Malawi, staying at the Hope House Orphan Care Center. One year she lived for three months in a mud hut, while she began to write her autobiography.

Julann is now the Reverend Julann Godbey, ordained through Independent Assemblies. Her home church is Refiner’s Fire International Ministries in Ennis, Texas. “My sister Jhenii Barnett, who lives in Clifton, Texas, not only accompanies me to Malawi, but was the first to encourage me to start the ministry. She is vice president of the board of directors. With a board in place, the ministry has achieved 501(c)(3) nonprofit status.

The ministry has been blessed with the recent purchase of a 15-passenger van, which will be invaluable in carrying its teams while in country. The ministry has also recently leased a mission home, conveniently located in Lilongwe, for lodging while in country. The home will not only be used by Godbey Ministry teams, but other Christian ministries to Malawi will be able to use it as well. Julann's current goal is to raise funds for her vision, Open Heaven's Agape Center, which will house and train women and children in crisis and help them to establish a way to monetarily support themselves and their children.



Teams can vary from six to 20 members. This year, Julann and her team visited two adult prisons and two youth prisons, where they carried the Gospel of Jesus Christ, food, Bibles and encouragement. "We also visited a hospital that cares for critically ill children; a home for abused children; and an orphanage where we gave them children's Bibles, cooking oil, sugar, flour, soccer balls and school books."

While in the country, team members eat native foods, such as nsima, (boiled white corn), rice, chicken, beans and fruit, as well as some American food. Malawians and Americans alike enjoy pizza.

"Team members are each gifted in different areas, contributing to the team's complete unity," Julann said. "For example, my mother, Kay Blewster, a board member of Godbey Ministries, traveled with the team this year for the first time and was a tremendous influence in the ministry. She was extremely passionate about the call to Africa and will continue to join Godbey Ministry teams in the future. Donna Gantt, who has gone several times, works closely with the children. This is her special calling."

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Julann Godbey and her mother, Kay Blewster.

Another part of her ministry is “planting” churches. “We have seen so many miracles. We show the *Jesus Film* and baptize many people,” Julann said. Chifundo, her Malawian partner, a pastor in the ministry and graduate of Baptist Theological Seminary, organizes the itineraries for the teams each year and is aided by the ministry’s teacher and leader of prison ministries, Lewis Chirwa, a graduate of African Bible College.

Julann’s fondest memories surround the children. “There’s something about worshiping with hundreds of children who lack so much but are filled with happiness. I find joy in knowing we’re making a difference by bringing hope where there is so little.”

Julann is a native of Abilene. She learned many communication skills working in marketing at Edge Medical Supply and as a dispatcher at the Corsicana Police Department. She feels most confident in her calling to the ministry. She enjoys playing the drums at her mother’s church, occasionally; is the very proud mother of Monica Newton and Greg Marderosian; and enjoys her three grandchildren, Jhase, James and Calli. Julann also enjoys her role as stepmother to Westtie, JaColby and Jusstin Godbey and stepgrandmother to Kyleigh and Alyssa Godbey.

“I’m so grateful for the tremendous support of our community through prayer and love offerings,” Julann said. “I could not do this ministry work without the support of my husband, who tends to everything at home while I’m gone, and Dr. Bo, Dr. Waylon and Dr. Leslie Ivie, my employers, who allow me the time off to answer my call to Africa. I’ve learned not to take anything for granted, and I thank the Lord every day for what we have in America. We are a blessed nation.” **NOW**

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— By Virginia Riddle

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The Corsicana facilities employ approximately 300 full- and part-time staff ranging from nursing, administration and licensed therapists to support staff. "We strive to treat our residents with dignity, respect and empathy, as we make their stay productive, enjoyable, comfortable, supportive and healing. The goal is to

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Residents’ payment options include Medicare, insurance, Medicaid and private pay. “One of the most challenging aspects of our industry is meeting the needs of residents with the current Medicare/Medicaid cuts in funding. We work closely with legislators to address the provision of nursing home care and funding in our state,” Allison explained.

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SCC staff members volunteer for Meals-on-Wheels and Navarro Regional Hospital’s Senior Circle. They are also members of Corsicana & Navarro County Chamber of Commerce and the Alzheimer’s Association.

Allison has a marketing background and entered the health care industry after a personal experience with her grandparents’ health care. “What happens to those who have no voice, no one to speak up for them or exercise their rights in health care? I wanted to make a positive difference,” she explained. A native of New York, she has worked for SCC for 10 years, and is a mom to a 9-year-old son. “I bring him to events in Corsicana because we like the country lifestyle. The people here are extremely warm and inviting. Let me not forget to mention the farm animals I have been privileged to see up close and personal. We have cows behind TCC!” she said.

“Everything goes back to SCC’s core values,” Allison stated. “Those five values — integrity, growth, respect, excellence and wellness — are our commitment to each resident.” **NOW**

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1. Determine How Much Money You Need

When you're creating an emergency fund, it's important to be accurate and realistic about what you'll need. Remember, what you spend during good times can usually be pared down when money is tighter.

Also, take a look at your monthly expenses and determine what is a necessity and what is a luxury. Things like cable television, gourmet coffee and dining out are expenses that can be reduced or even eliminated from your budget during challenging times.

2. Set Up a Separate Liquid Account

Put your emergency savings somewhere accessible, but not too accessible. Your checking or savings account might not be the best place to keep it, since you can easily dip into that stash. Instead, save your funds in an account that's liquid — one that is easily convertible to cash, such as a separate savings or money market account.

Since even the high-yield versions of these accounts have lower rates compared to other savings vehicles, they may not feel like the best place to store your emergency fund. But remember: your goal isn't to make money. It's to have a place where you can quickly withdraw funds when you need them, without high-penalty fees.

Once your emergency fund contains more than a few months of expenses, you can consider an alternative, such as a certificate of deposit

(CD) with a high annual percentage yield. Just make sure you choose a short-term CD, and leave enough money in a liquid account, so you don't defeat your efforts.

3. Set Up Automatic Deposits

If you wait until the end of the month to contribute to your emergency fund, there may be nothing left. Setting up an automated monthly transfer into your emergency account is a great way to make sure you stay on track with your plan. Once you commit to doing this, it will help you better budget your money.


4. Make Your Emergency Fund a Savings Priority

It may seem overwhelming to save for three months of expenses or more, but it's important to start somewhere, even if it's somewhere small. It may help to set an initial goal that's achievable in just a few months, like \$1,000. Or begin with a small amount that you increase incrementally. You could start with only \$20 a week, then raise the amount when you reach a point where you don't miss that income.

Also, because an emergency fund is so important, you may want to put it at the top of your savings to-do list and wait on other kinds of savings plans until this fund is built up. Most importantly, don't touch your emergency fund unless a financial emergency presents itself. When that time comes, you'll be thankful it's there. **NOW**

Neither State Farm® nor its agents provide tax, legal or investment advice. Please consult your own adviser regarding your particular circumstances.

Lynda Housley is a State Farm agent based in Corsicana.





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Advance Directives Provide Patients a Voice

Most people don't like to think about being severely ill or incapable of making decisions about their own health. Yet, accidents can happen to people of all ages. You could suddenly become incapacitated by an accident or illness, or by a condition that could render you unable to make decisions. This is why it's so important that adults of all ages have advance directives in place.

An advance directive is a legal planning tool to express your preferences for medical treatment and the handling of your affairs, in the event that you're unable to make decisions due to a serious illness or injury. It speaks for you in the event that you're unable to speak for yourself (for example, a coma) and will greatly help in decision-making during times when making a choice may be difficult for your family.

Information in advance directives cover the types of treatment you want — or don't want — if you become unable to make or communicate lucid medical decisions. Advance directives can be short and simple statements, and they can be changed or cancelled at any time. These documents are usually prepared in conjunction with an attorney and your family. Your doctor can also help answer questions and aid in your advance decision-making process. Your attorney may recommend that your advance directive be notarized. If you do make changes, be sure to notify your doctor and family. You can also make verbal changes while you are in the hospital.

An advanced directive can take several forms:

Living Will

A living will is a legal document stating your wishes for — or against — life-saving medical treatment or intervention if you were to be seriously or terminally ill. These interventions may include artificial nutrition through tube-feeding, prolonged maintenance on a respirator if you are unable to breathe on your own, diagnostic tests, palliative care and organ or tissue donation. A living will protects the patient's rights and removes the decision-making burden from family, friends and physicians.

An important distinction to understand about a living will is that the decision

not to receive "aggressive medical treatment" is not the same as deciding to forgo all medical care. A patient can elect to receive palliative care — antibiotics, nutrition, pain medication and radiation therapy — with the goal of helping the patient remain comfortable, rather than focusing on a cure.

Most states require that a living will be witnessed and notarized when signed. It's a good idea to make copies of the document and keep the original in a safe place, and to consider carrying a card in your wallet that states that you have a living will.

Durable Power of Attorney for Health Care

A durable power of attorney for health care, also called medical power of attorney, allows you to select someone to make health care decisions — designated in your living will — in the event you are unable to do so. It goes into effect any time you are not conscious or unable to make your own medical decisions. The DPA gives another person the right to make only medical decisions for you, not legal or financial decisions. However, a person can appoint someone to manage their finances for them through a durable power of attorney for finances.

Do Not Resuscitate (DNR)

A do not resuscitate (DNR) order communicates your wishes not to be revived if your breathing or heartbeat stops. Unless hospital staff has orders from the patient that states they do not want to be revived, they will always attempt to help patients whose heart has stopped or who have stopped breathing.

Laws about advance directives differ in each state, so it's a good idea to seek legal advice, or at least have your advance directive reviewed by an attorney. Talk with your doctor about how to get started with your own advance directive. **NOW**

*Tonla Glass
Board Certified Nurse Practitioner
Medical Associates of Navarro County*

October 1

Corsicana ISD Education Foundation's C&B Seen Fairytale Gala: 6:30 p.m.-midnight, I.O.O.F. Event Center. Tickets are \$75 per person. For reservations or more information, call (903) 602-8133 or email CEF@CISD.ORG.

October 3 — 28

36th Annual Piecemakers Quilt Guild of Corsicana "Spooling Around" Quilt Show: **Monday-Friday**, 10:00 a.m.-4:00 p.m.; **Saturday**, 10:00 a.m.-2:00 p.m., Warehouse Living Arts Center. For more information and a list of events, visit www.piecemakersquiltguild.com or email pqgcorsicana@gmail.com.

October 4

7th Anniversary Senior Circle Enchanted Garden Gala: 5:00-9:00 p.m., I.O.O.F. Event Center. The gala featured a photo booth, vendors, dinner and speaker, Gloria Campos, retired WFAA-TV (Dallas) anchor. Tickets are \$10 for Senior Circle members or \$25 for non-members (includes an annual membership). For more information or to purchase tickets, contact Connie Beal at (903) 654-6892.

October 5

The Eureka, Mildred, Navarro and Richland Chambers Lake Crime Watch pot luck luncheon and meeting: 1:00 p.m., Eureka UMC. For more information, email Patty Knauth at pk2@airmail.net.

October 6

Ladies Paint Night Out: 6:00-8:00 p.m., 100 W. 3rd Ave. This event is sponsored by the Main Street Program, Corsicana Art League and Kyle Hobratchsk at 100 West Art Residency. For more information, call (903) 654-4851.

October 8

Monster Yard Sale: 8:00 a.m.-3:00 p.m., Lakeshore Methodist Church, 515 FM 416, Streetman. Wonderful treasures, great prices and activities for kids. For more information, call (903) 599-4008.

Angels of Corsicana Troop Support packing: 9:00 a.m., 1020 N. Business 145. Donations may be dropped off at this site **Monday-Friday** 8:00-11:00 a.m. To leave the name of a deployed military person or donate, call Jean O'Connor at (903) 851-2560 or visit the group's Facebook page.

Business Expo 2016: 9:00 a.m.-1:00 p.m., I.O.O.F. Event Center. For more information, call (903) 874-4731.

Hanger Dance & Dinner: 6:30-8:00 p.m., Corsicana Municipal Airport, Hangar #6. Catered dinner by Sam's Restaurant and music performed by the Corsicana Swing Orchestra. Tickets are \$22/person or \$25/person at the door. 1940s attire is

encouraged. For more information, contact Sarah Farley at (903) 654-4847.

October 10

Eclectic Readers Book Club: 6:30 p.m., Corsicana Public Library. This month's book is *Blood Orange* by Susan Wittig Albert. For more information, contact Lisa Magenheimer at (903) 654-4810.

October 10 — 31

5th Annual Pumpkin Patch: **Monday-Saturday**, 9:00 a.m.-6:00 p.m.; 301 S. Beaton St. Sponsored by Corsicana's Main Street Program, this event benefits downtown beautification projects, and is a fun time and photo opportunity for all ages. Pumpkins of all sizes will be available for purchase. For more information, call (903) 654-4851 or visit www.corsicanamainstreet.org.

October 13

The Wonder Bread Years!: 7:30 p.m., The Palace Theatre. Tickets are \$20-30. For more information, visit www.corsicanapalace.com.

October 13, 14

Angels of Corsicana Troop Support Garage Sale: 8:00 a.m.-2:00 p.m. BBQ served 11:00 a.m.-2:00 p.m., 1020 N. Business 145. For more information, call Jean O'Connor at (903) 851-2560 or visit the group's Facebook page.

October 14

Navarro County Retired Teachers meeting: 9:45 a.m., Northwest Apartments Community Center. All retired school personnel are invited to attend this legislative update program. For more information, email pk2@airmail.net.

October 15

Downtown Sidewalk Sale: 10:00 a.m.-3:00 p.m., Downtown Corsicana. This is a Main Street Second Saturday event. For more information, call (903) 654-4851.

Cotton Harvest Festival and Cotton Row 1K and 5K Fun Run/Walk: 7:00 a.m., registration; 8:00 a.m. run/walk begins, downtown Kerens. Cost is \$20 registration fee or on the day of the run. The festival features a pancake breakfast from 7:00-10:00 a.m., all-day entertainment for the entire family and craft and food booths. For more information, contact Tresa Darby at (903) 654-8138 or visit CottonRowRunKerensTex@gmail.com.

October 17

Corsicana Art League meeting: 6:00 p.m., Cook Center. For more information, contact Gladys Espenson at 65gladys53@gmail.com.

October 18

Vietnam Veterans of America Chapter 1009 meeting:

7:00 p.m., La Pradera. For more information, email Roy Messick at roy.messick@gmail.com.

October 21

Genealogy Lock-In: 10:00 a.m.-10:30 p.m., Corsicana Public Library. For more information, call (903) 654-4808.

October 22

Mexican Pile-On Dinner & Show: 5:30 p.m., Southern Oaks Fire Department, FM 416. Funds raised will benefit the fire department and Community Care Club. For more information, email Texschutz@aol.com.

Corsicana Newcomers' Club Annual Denim and Diamonds Dinner: 6:00 p.m. happy hour/cash bar opens; 7:00 p.m., dinner and live auction; Corsicana Country Club. This is a fun event with funds raised going to three local non-profit organizations. Reservations are required by **Monday, October 17**. For more information or to confirm reservations, call Annie Avery at (714) 345-6707.

October 26

Senior Circle Lunch Bunch: 11:30 a.m.-12:30 p.m., Navarro Regional Hospital Dining Room. For more information, contact Connie Beal at (903) 654-6800.

October 28

Downtown Trick-or-Treat: 3:30-5:30 p.m. Sponsored by the Corsicana Parks & Recreation Department and the Main Street Project. Candy will be provided by individual merchants. For more information, call (903) 654-4851 or visit www.corsicanamainstreet.org.

October 29

21st Annual Texas Country Reporter Festival: 9:00 a.m.-7:00 p.m., historic downtown Waxahachie. Join Bob Phillips for a day of arts and music. Enjoy a free concert by Restless Heart as they take the main stage. Admission is free. For more information, call the Waxahachie Convention & Visitors Bureau at (469) 309-4040 or visit www.waxahachiecvb.com.

Submissions are welcome and published as space allows. Send your current event details to virginia.riddle@nowmagazines.com.



In the Kitchen With Marilyn Barclay

— By Virginia Riddle

The world is truly Marilyn Barclay's oyster, since she has traveled much of the globe and enjoyed each country's native cuisine. Her career as a decorative artist demands traveling, often with a team of other artists. "We've always tried to get off the beaten path and find places to eat where all the locals go," Marilyn said. "We've experienced some pretty amazing food that way. I have fallen in love with Thai, Indian, authentic Mexican and good ol' American food."

Marilyn and her husband, Dean, have been married for 20 years. Marilyn is Nonna and MiMi to six "awesome" grandchildren. "I'm a self-taught cook, and I love trying new recipes. My family and friends never know what I'm conjuring up in the kitchen!" she said. **NOW**

Homemade Banana Pudding

Pudding:

2 cups evaporated milk
3 egg yolks
1 cup sugar
2 Tbsp. corn starch
1/4 cup flour
Dash of salt
1 tsp. vanilla
Vanilla wafers
4 ripe bananas, sliced (divided use)

Meringue:

3 egg whites
1/4 cup sugar

1. For pudding: Place milk, egg yolks, sugar, corn starch, flour, salt and vanilla in a pot. Cook, stirring constantly, over medium heat until smooth and thickened.

2. Place a layer of vanilla wafers in a baking dish; add half the sliced bananas.
3. Pour half of the pudding mixture over bananas; repeat layers.
4. For meringue: Beat egg whites until stiff; add sugar and continue to beat until desired stiffness is reached.
5. Top pudding with meringue; bake at 350 F until meringue is lightly browned.

Thai Coconut Shrimp Soup

Serves 4-6.

2 Tbsp. olive oil
4 garlic cloves, minced
4 tsp. fresh ginger root, grated
4 tsp. lemongrass, minced
1 tsp. curry powder
1/2 tsp. red pepper flakes
2 cups vegetable broth
1 lb. medium shrimp, peeled and deveined

4 cups Silk Unsweetened Coconut Milk
2 cups Napa cabbage, finely shredded
Sea salt, to taste
Lime wedges
Fresh cilantro or parsley, to taste
Green onion, to taste
Crushed red pepper, to taste

1. Heat olive oil, garlic, ginger and lemongrass in a large pot over medium heat.
2. Stir; add curry, pepper flakes and the broth; increase the heat to medium-high bringing the broth to a light boil.
3. Add the shrimp; reduce heat to medium; simmer for 3 minutes.
4. Add the coconut milk and cabbage; increase heat a little until soup comes to a slight simmer; remove from heat.
5. Season with salt; serve in bowls with a squeeze of lime, some cilantro or parsley, green onion and crushed red pepper.

Mexican Charro Beans

1 lb. dried pinto beans
6 strips bacon, chopped
2 garlic cloves, chopped
4 medium, fresh plum tomatoes, chopped
2 medium onions, chopped
1 medium green pepper, chopped
1 12-oz. can beer
1/2 bunch fresh cilantro, chopped
2 jalapeño peppers, deseeded and chopped
Salt and pepper, to taste

1. Rinse beans; place beans in a large pot with water to cover.
2. Bring beans to a boil; then cook over medium heat for 1 1/2 to 2 hours, or until tender.
3. While beans are cooking, fry bacon in a large skillet until it's halfway cooked; add garlic, tomatoes, onions and green pepper.
4. Cook mixture until bacon is done; add beer; simmer a few minutes.
5. Add cilantro and jalapeños; combine everything into one large pot; add salt and pepper.

To view recipes from current and previous issues, visit www.nowmagazines.com.

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