# Weatherford M A G A Z I N E

OCTOBER 2017

# Man Behind the Game

Tim Klund supports Lone Survivor Foundation through a sport he loves

# The Final Move

At Home With John and Mary Ripperton

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surprising fact:

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"The overall evidence for the appropriate use of MRI in low back pain is limited and weak'

And yet this diagnostic technology is touted by many as being the definitive answer for the question of why someone might be suffering with pain.

No wonder so many people are struggling to get rid of their back problems when they go down the conventional route...

And this will leave you still suffering with shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs with little indiction that this is ever going to go away.

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#### There is a better way and you get seen almost immediately...

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Here's a little known and often well even when you have been diagnosed with disc problems like slipped discs, bulges, herniations, prolapses etc.

> 31 year old research from China has shown that these specialist spinal techniques have a 76.8% success rate in treating people suffering from back pain from disc problems

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## On The Cover



Tim Klund utilizes the Red River Celebrity Softball Game to support local veterans.

Photo by Anton Donev -Dreamstime.com.

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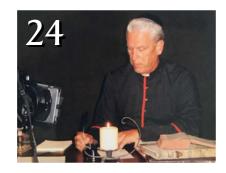
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# Editor's Note

Hello, Weatherford Friends!

Summer slips away, replaced by earthy scents of fall and a chilly nip to the air, as people sit in bleachers. Hot chocolate and blankets, hood-lined sweatshirts and coats from the back of the closet ... reality check. We're in Texas, and those watching football may very well wear shorts and tank tops to football games. Still, before long, temperatures will fall and bring with the chill a sense of change. Weatherford keeps changing, and that's not a bad thing.

Towns that don't change eventually disappear, leaving only traces of their former glory.

My heart saddens when I see an old house, unoccupied and lonely with no one left to tell the stories from inside those walls. As I grow older, history feels more important. I want to know the secrets of my ancestors — the mysteries, love and scandals. Most of us have them in our backgrounds, you know. We need to preserve family and town history. Record your stories. It's important, and someday your ancestors will thank you.

Happy fall!

# *fisa*

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# Around Town NOW





Col. Phil King (state representative) briefs Maj. General Beatty on food distribution in Victoria.



Children join the relief efforts at New River Fellowship.



Deren Wilcox of Alston Construction takes his kids to meet the needs of evacuees in Dallas.



Our own Steve Randle's son, Cody, heads to Houston to help with actual rescues.



New River Fellowship members use the lobby as a staging area.



Community and church members join forces in a time of crisis.



Volunteers work hard to get food items packaged for shipping.



Brothers Kenneth and Barry Copeland help load trucks headed down south.



# **Texas Strong**



The past few weeks have been emotional ones, as image after image of Hurricane Harvey's wrath have come across our TV and computer screens. But one thing has been evident, and beautiful, in the middle of the aftermath — the spirit of Texas, or should I say, the spirit of Texans. Neighbor helping neighbor. People from all over Texas and from all across the U.S. pitched in to help.

We at NOW Magazines had the privilege of seeing the generosity and compassion of people throughout all of our 10 market areas. From Corsicana all the way to Weatherford, from Duncanville down to Granbury, people just got to work. Without a second thought, they hitched their boats to their trucks and went to the rescue, assisting in any way they could. Medical professionals offered their services. Contractors offered their skills. Churches and civic organizations packed trailers full of needed supplies. School children had penny drives, collected canned goods, prayed, auctioned off their artwork and held blood drives. So much clothing was collected that a request was issued to refrain from giving more. Hotels opened their doors to refugees. Volunteers helped set up temporary shelters. Emergency response teams for various local communities mobilized to assist. People

loaded up grills and went to Houston over the Labor Day weekend to cook for first responders and those who had been displaced by the storm.

People from all walks of life and backgrounds, with different kinds of skills and abilities, looked for ways they could make a difference. It might seem like one person can't make that much of an impact. But we are all like the individual pieces of glass in a mosaic. When you step back, you can see the bigger picture. Each unique piece is needed and has a place where it fits. Not everyone had the training or strength of the first responders. But that's OK. They contributed with the skills they did have and gave what they could. And what a difference they made!

That generous spirit will continue to be needed. Federal agencies are gearing up, expecting the recovery effort to take years. Below are some different organizations you can contact to learn what still needs to be done and how you can help.

The staff of NOW Magazines counts it an honor to live and work in such giving communities. Let's keep showing the world we are Texas Strong! NOW

Becky Walker • Managing Editor • NOW Magazines

#### **State and National Organizations:**

Salvation Army helpsalvationarmy.org 1-800-SALARMY Text \$10 to 50555

North Texas Food Bank:

The North Texas Food Bank is looking for donations of food and funds to replenish their available food supply. Contact ntfb.org.

The Texas Lions Foundation:

The Texas Lions Foundation has already sent disaster grants to the districts affected by Hurricane Harvey. Any person wishing to financially assist, may mail checks earmarked for "Harvey Relief" to PCC Bernie Gradel Jr., P.O. Box 64881, Lubbock, TX 79464.

Save the Children Flood Fund SavetheChildren.org

SPCA of Texas (214) 742-7722 Financial donations requested

#### **Community Organizations:**

Texas Baptist Men coordinated through: Lakeside Baptist Church 500 W. Bluebonnet Dr. Granbury, TX 76048 www.lakesidebc.org

The American Red Cross Parker County Branch 1740 Bethel Rd. Weatherford, TX 76086 (817) 341-4516 redcross.org

UMCOR (United Methodist Committee on Relief) Contact Granbury First United Methodist Church at (817) 573-5573.

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interested in lending your skills to serve the people of Houston.

Note: Be sure to do your research before making donations to ensure you know how your donation is being spent.



# MAN BEHIND THE Solution of th

– By Lisa Bell

Two men give each other a high-five, crossing paths during an extraordinary celebrity softball game. Neither man has his own legs. These combat veterans get to run bases because of amazing technology in prosthetics, giving back part of their lives. They play with passion, proving they can achieve everything they want in life, despite losing limbs in service to our country. Although Tim Klund (better known as TK) served six-and-a-half years in the Air Force, he doesn't feel like a celebrity veteran nor a hero when he looks at veterans who made great sacrifices. 'These guys are my heroes," TK said.

Out of high school, he had an opportunity to play college football. But, he didn't keep his grades at collegiate level standards his senior year, which cost him his opportunity. Upon the news, his father announced, "I'm taking you job hunting." The next day, they arrived at the military recruiting offices. He told TK, "They're all hiring. The good news is that you get to choose which one you want to work for." TK admitted it was the best thing his father did for him. "I turned 18 at boot camp," he said. The discipline and structure changed him for the better.

TK shared, "When I got out of the military, I was pretty much finished with the military. I lived in a community where no real veteran presence gave back." He focused on moving forward in life, finding the right job and making money, which he did well. One of his secrets to early success was watching what successful people did and copying them.

In 1999, he moved to Aledo with his young family. Jessica, his wife, who TK said researches everything, was his hero who found Aledo. Although their oldest son, Dylan, was already admitted to All Saints for kindergarten, the AISD and community appealed to them. "We had the best of both worlds. My wife had the education component she wanted, and I had the sports program component I wanted for my boys," he said.

Having both grown up in small towns, they fell in love with Aledo. They like the family atmosphere, people watching each other's children and the many churches. Jessica volunteered at the schools and then began working for AISD around 2008. Both quickly became involved in the community.





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\*Based on a 2008 internal State Farm Claims department national study. State Farm Home Office, Bloomington, IL

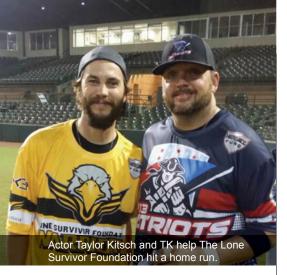
A natural salesman, TK started his career in sales. A serious car accident in 2000 almost claimed his life, leaving him rethinking his purpose. During the recovery process, he lost his position as district sales manager. While watching the movie Jerry McGuire, he told Jessica, "I'm gonna do that."

"Wow! We need to go get your head checked again because you don't even know an athlete ... much less have a degree to be an agent," she said, laughing.

Seriously, he had no clue how to represent an athlete or any celebrity. Yet, his life took that path. While returning to the corporate world, TK met his first athlete by chance and started consulting retired athletes. His business grew now he's regarded as one of the top "Relationship Specialist" leaders in the world of corporate and sports marketing. TK's book, Stop Whining, Start Winning, comes out this fall.

TK's military service was during a relative time of peace, with his only chance for combat being Desert Storm. Stationed in the Philippines, TK was in transition back to the U.S. Some of his unit in the Philippines deployed after he left, and his squadron in the U.S. deployed before he arrived. He worked as an electrician in the Air Force, on low- and high-voltage electricity. He was fortunate enough to play softball on the base and USAF Softball Teams. Personally unscathed by his service, he knows many men and women not as fortunate. Many of his friends deal with PTSD, lost limbs and post combat mental injuries. He sees those dealing with the





aftermath of sleepless nights and leftover effects from years of combat service.

His heart hurts for these veterans. regardless of which branch they served. Like siblings, the branches love to tease each other, but no one outside of the military dare attack anyone, or they fight all. "Being a veteran is truly one of my greatest accomplishments and one of the best families to be involved with," he said.

In his job, TK makes all types of celebrity connections. With means to help organizations hold fundraisers, TK sometimes organizes large-scale celebrity softball games. In 2015, while working with the PX3 Foundation, he took on a celebrity/combat veteran game. "Honestly, it was for selfish reasons," he said. "I love softball." TK also loves having fun. Putting his loves together and raising funds for veteran organizations makes the effort worth the many manhours required to pull off an event.

Learning from the first two games this year, on October 12, the Red River Celebrity Softball Game event will be different. Celebrity alumni from The University of Texas will play against celebrity alumni from the University of Oklahoma, with combat veterans on both teams. Always wanting to keep events fresh and new, tickets for this game include free admission to the after party at Cowboys Red River. With tickets ranging from \$10 to \$25, TK hopes to sell out 8,000 seats.

Travel and lodging represent the biggest slice of an event budget. With 90 percent of previous participants coming from Dallas, Tim wondered, Why have the games anywhere else? So, this year they selected Dr Pepper Ballpark during Texas/OU weekend, when many people congregate for the famous rivalry football Now at

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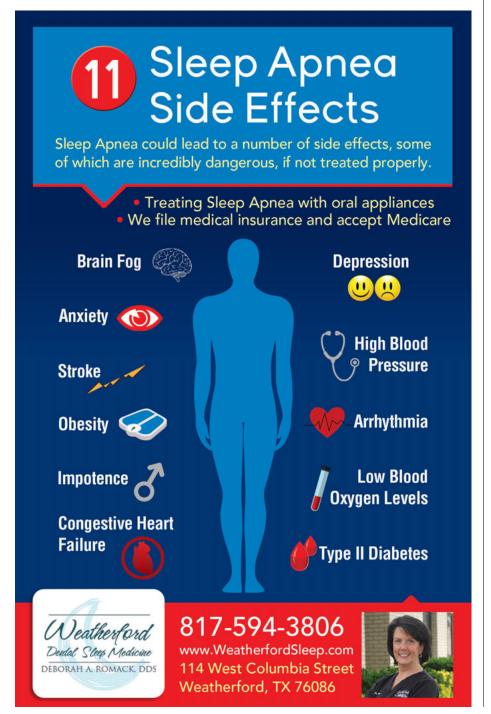






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game. Several participating veterans gained celebrity status when personal stories did well - some becoming movies. The veterans are all celebrities in TK's eves.

He loved watching the camaraderie in dugouts during past celebrity events. Veterans shared personal stories with actors, singers and professional ball players. Many shared numbers, inviting the veterans to call any time. TK himself gets calls frequently from veterans who need to talk.

This year's event benefits The Lone Survivor Foundation. TK carefully selects organizations to receive money from this annual game, making sure funds go to help not only the veterans but also their families. Military spouses and children sacrifice tremendously. With constant concern over their loved ones in harm's way plus repeated deployment, families bear immense pressure. After the military, the family still shoulders changes many veterans bring home.

Being part of their advisory board, TK appreciates the way Lone Survivor Foundation works through an 18-month program for veterans and their families. The goal is long-term rather than a quick fix for those needing help adjusting to civilian life again. Excited about the October 12 game, TK looks forward to participating in the game itself, alongside his veteran brothers and celebrities from both universities. "It's hard work, but fun. In a way, it's therapeutic, keeping me balanced," he said. At the end of the day, the game honors heroes who selflessly gave for our country. That's success in anyone's life. NOW

Editor's Note: For tickets to the game or to become a sponsor, go to www.rrcsg.org, or email TK directly at klund09@,hotmail.com.



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# -she said, sipping her coffee.

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— By Lindsay L. Allen

At Home With

John & Mary Ripperton

John and Mary Ripperton were stationed in Japan for just two years, but numerous oriental details and decor in their home would make one think otherwise. In fact, their daughter was overheard telling Japanese ladies a few months back, when she and Mary were attending a conference in Okinawa, "My mother is trying to take a Texas home and turn it into a Japanese home."

The home she is referring to is the Rippertons' 12th home of their married life. While they were never stationed in Texas during John's time with the Navy, according to Mary, they found Texas to be full of the most hospitable, friendly and polite people they had ever met.

In 2005, they moved into their current home, after realizing what they thought was their final move — house No. 11 — was too small and did not have enough yard space. "We now keep our binoculars handy, as we never know what we will see in our backyard," John said. "We love the wildlife that comes with having an acre of land and the opportunity to see and watch these animals, like roadrunners, deer, birds, armadillos, rabbits and more that visit us frequently. We even saw a bobcat."

The front of the home is filled with small, rolling hills and boulders to give depth and shape to the yard. The backyard was beautifully designed with a lap pool, boulders and a Japanese garden. When they first moved in, the backyard boasted only a large oak tree and a few other trees, but since the Rippertons took ownership, it has been transformed with a Japanese-style fence, beautiful landscaping, native plants and flowers all in a Japanese style by the acclaimed Japanese landscaper, John Powell of Weatherford.

The four-bedroom, four-and-a-half-bath home has a piece of Asia in every room, which also pays tribute to John's upbringing. A Hawaii native, he acquired



a lot of their home's decor and furniture pieces from his family. "The Japanese and Chinese are a large part of the Hawaiian culture, after they immigrated to help with the sugar cane and pineapple. My father acquired many antique Asian arts and furniture as a hobby," John said.

What wasn't acquired by his family was bought by Mary during their time in Japan, such as the beautiful kimonos that hang in the entryway and are changed throughout the year to match the season, the Japanese brushstroke art she collected or painted herself and the large scroll with Japanese writing that hangs near the back of the living room to also enhance the decor. "The scroll was a gift to me by a lady in Japan whom I would sit and have tea with while she read in English. She would ask me to help with her pronunciation. This was her farewell gift to me. The culture is very giving," Mary remembered. "We took advantage of our time in Japan and purchased many furniture and decor items and shopped at shrine sales, which are the equivalent



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of a garage sale here, but outside of the Japanese shrines."

Some of the furniture pieces they collected during their time in Japan include a *kyodai*, a chest with mirrors on top, which ladies used to apply their makeup. They also have a mini step *tansu* (*kaidan-dansu*), which served as steps to the next level of a Japanese home and a storage area and *ramas* (carved transoms)

used as both decor and air ventilation in Japanese homes.

The game room walls are a beautiful burgundy color that matches the custom felt of the pool table and perfectly accents its navy leather cover. With reminders of their travels, time in Japan and previous home states, the room is perfectly brought together. "In all our military moves, I wasn't allowed to paint the walls anything

but a neutral color, so I was very excited when he retired, and I could put colorful paint on the walls of our new home. I knew how much John loved burgundy and secretly started painting the game room that color and ordered the pool table," Mary recalled. "On his birthday, I asked him to come upstairs with me. I showed him what I had been working on, and he was shocked. He hadn't even caught on."



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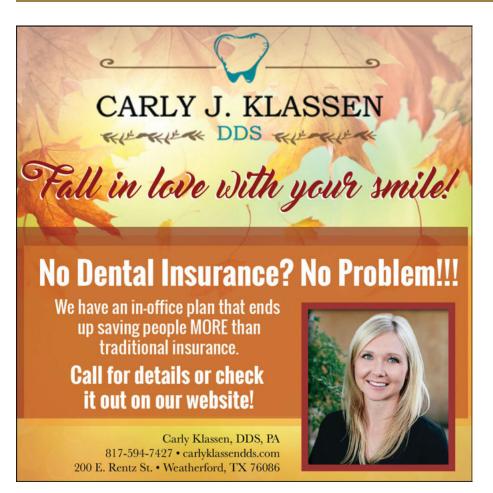
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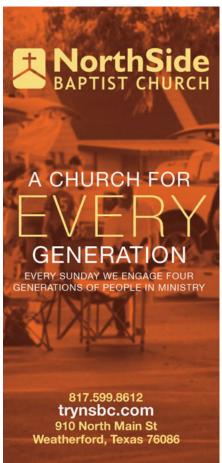
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While the Rippertons are thankful the game room is a place to display the many plaques and remembrances John received during his 25 years with the Navy, the best use of the room is when their adult children and grandsons are visiting. They play ping-pong against one another as the pool table converts to a ping-pong table.

In addition to the colored walls Mary can enjoy in "civilian life," she also likes the headboards she has for their beds. She said headboards just didn't make sense with the many and frequent moves, but every bed now has a headboard, with a majority of them reflecting the Japanese style.

According to Mary, there is never a lack of conversation in their home, as there are so many decor pieces worth talking about. Outside of the game room are military shadow boxes she made for each of her parents when they were still living, as they both served in the military. In between those boxes are the immigration papers for both of her maternal grandparents. The many prints or pictures hanging throughout the house provide additional conversation pieces. "With every trip we took, we liked to bring back a piece of art to remind us of that travel," John said. "Being stationed all over, we were able to vacation in great places like Bali, Singapore and Hong Kong."

While the home reminds the couple of their many travels and former addresses,





they have turned their Parker County house into a home with their own special touches. They extended the back porch to include a barbecue area. They remodeled the master bathroom to rid the room of carpeted floors and faux marble. They updated the living room fireplace to match the kitchen, including a granite frame. The Japanese-style backyard, complete with the pool they built, and the depth they added to the front yard, made this house a haven they are proud to call home.

After spending a majority of her married life packing and moving, Mary does miss the opportunity to purge and clean out everything every few years. But, she is thankful to be settled in their "forever home," where they've resided for the past 12 years. NOW







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— By Amber D. Browne

Never in his wildest dreams did
Weatherford resident Mike Lambert imagine
he would become an actor, but he has
now found his niche taking roles in both
television and movie productions. "I never
considered it — never, ever. It was a
fluke. I was just hunting for a job and
came across it," Mike explained.

Back in 2002, Mike was laid off from his position as warranty manager for a residential construction company. "That's what started this whole thing," he shared. He began his job search online and stumbled upon Texas Casting. He found an open call for a parade scene in NBC's madefor-TV movie, *Saving Jessica Lynch*. "I was really star struck with the whole thing — all the cameras, all the directors, all the white trailers with wardrobe," Mike said. "I thought, *This is something I can really do.*"

Mike began traveling to Austin, where his daughter, Dawn Hitt, resided at the time and bunked at her house during his acting gigs. "I was just taken with the whole thing." One of his first film roles was in a bar scene in *Sin City*, featuring Bruce Willis. Mike isn't star struck working with well-known actors. "It's a job to them. They don't want to be bugged. They don't want to be hit up for an autograph. Although, if I see them taking pictures with some of the other actors, I'll go up there and ask," the 72-year-old admitted. "It was surreal because the next morning I'm at work, sitting at my desk, thinking, *I was just working with Bruce Willis!*"

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On set of Queen of the South.







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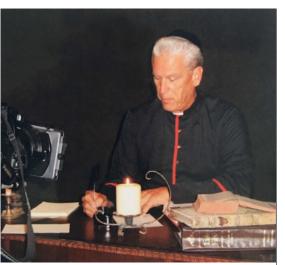
A natural performer, Mike enjoys the limelight. "Since I was 11, I've been a musician. I've been in bands. I've played drums and sung," he shared. "I enjoy the idolization. I enjoy being in front of people." Mike doesn't have any formal acting training, but he gets tips from other actors on set and uses his natural ability of memorization to help him during performances. "I've been memorizing thousands of song lyrics all my life, so doing the script isn't that hard." However, memorization can also be a challenge for him. "The older you get, the harder it is to memorize stuff," he said, grinning. "I'm still doing OK, but I have to pace and memorize the scripts."

Mike hasn't performed as a drummer or singer on stage since disbanding his 1950s and '60s rock band, Boomers, about a year ago. He says at his age, hauling around and setting up amps, speakers and his drum set for each gig became a hassle.

His age is an advantage when auditioning for film and television roles, though. Most acting roles are for those in their 20s and 30s, so when a character part for a father, bartender or shopkeeper becomes available, Mike jumps at the opportunity. "I think that's why I'm getting a lot of these roles because there aren't too many people traipsing in wanting these gigs."

Throughout his life, Mike has had multiple careers including serving in the U.S. Air Force, owning a remodeling and roofing business and residential warranty work. Since retiring from his residential warranty job last year, he's had more time to act. "Now, I can do any time, any day,"





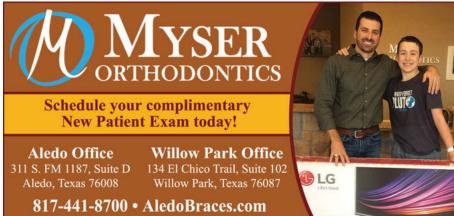
he said. "It's like a second career, in a way, but I can take and leave what I want."

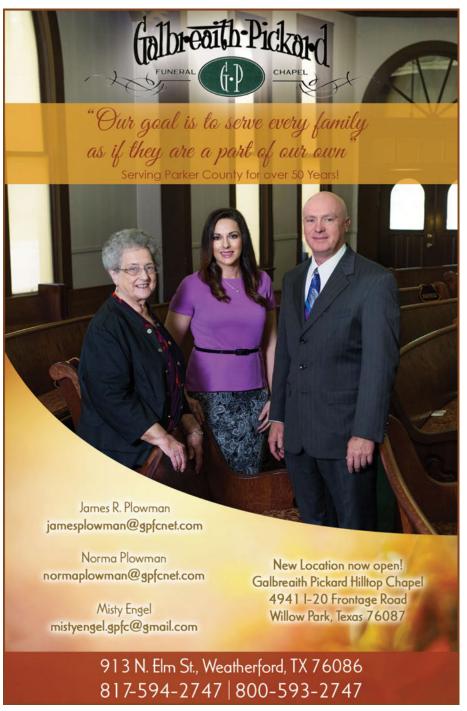
When Mike first began acting, there wasn't much opportunity in Texas. "When Perry was governor, he made a lot of tax breaks for these production companies to come in," Mike shared. "I've gone to studios that I didn't even know existed. There are gigantic warehouses they turned into studios in Dallas."

Most of his current acting jobs in television, feature films and commercials are filmed in the Dallas-Fort Worth Metroplex. Although most of his roles have been in background scenes, his recent work has included more speaking roles. In REELZ Network's Murder Made Me Famous — John Gotti, Mike played the role of American gangster Neil Dellacroce. "That was a lot of fun. I had three different scenes with speaking parts, which is an all-time high for me." For Mike, the role is a stepping-stone to get more speaking parts. "I was a major player," he admitted. "It was neat to be on the other side where everyone was doting on you for a change."

Recently, Mike has started to get recognized for his on-screen work. Neighbors and others in the community have mentioned to him that they saw him on television, especially for his roles on DIY Network's Texas Flip N Move. "I love everything about it. I love being out there meeting the other actors. I love being able to perform and do a good job," Mike said. "It's exciting."

Mike's workload has been on the increase for the past year. He got a gig as a background doctor on USA Network's Queen of the South. He's had speaking roles in commercials and a corporate













event video. His most recent work was for a documentary following a female fighter from Amsterdam. "They wanted someone who looked like an old fighter, an old boxer. I fit the bill, and I got that one. It's the first narration I've done." The producers informed Mike they plan to enter the documentary, *The Last Fight*, in the Cannes Film Festival. "If it gets nominated, they told me to expect a couple of tickets to the Oscars for foreign documentary," Mike shared. "I told my wife, "We'll be sitting way up there up top, but we'll be there," he said, grinning.

Trudy, Mike's wife of 51 years, supports his career in acting. Both retired, they are enjoying their time together on Lake Weatherford. Mike, his son and his son-in-law built their home on the lake about 20 years ago. They had lived in Arlington since moving to Texas from Illinois in 1978 and always wanted to have a lake house. Mike set up a room to rock out on his drum set. His son plays guitar and drums, and his sonin-law plays lead guitar, so they often have jam sessions together in their free time. Mike and Trudy travel when they can and enjoy spending time with their three granddaughters, Ashlee Hinrichs, Kaycee Hitt and Payton Lambert; greatgranddaughter, Kooper Jave; and greatgrandson, Elijah Blu. Their grandchildren think Mike's career in acting is cool. "I think their friends more so now, because the grandkids are used to it."

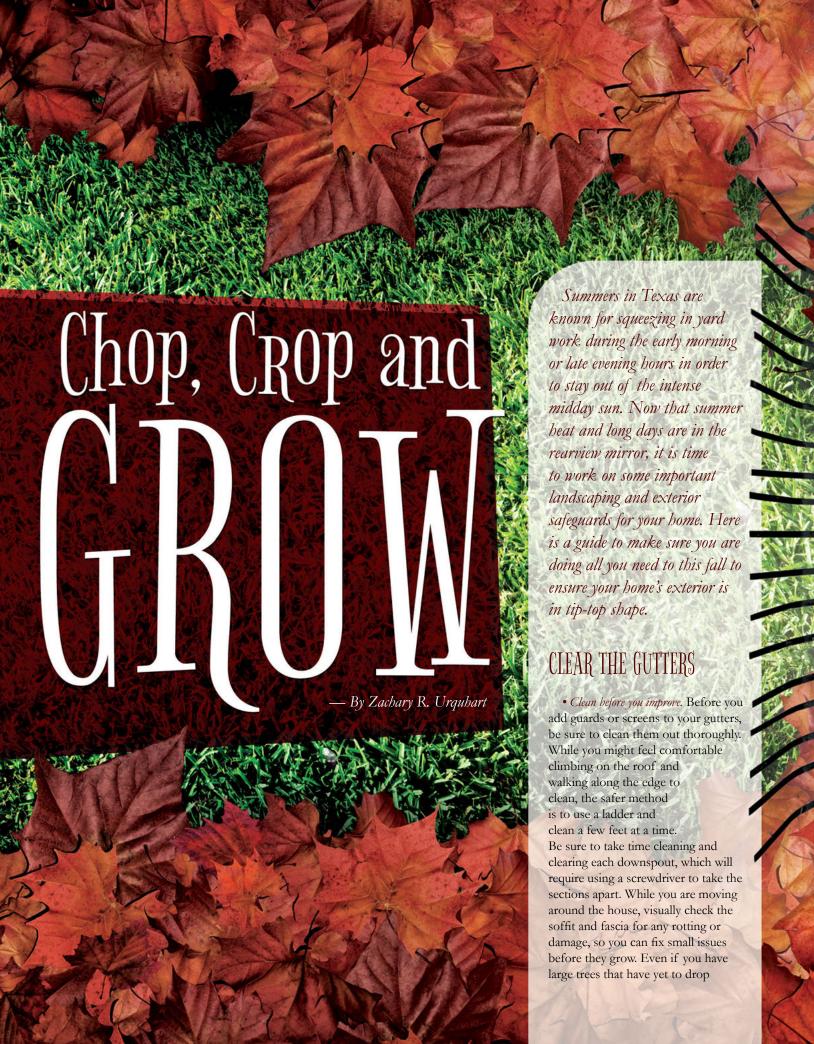
Mike hopes to get more recurring speaking roles in the future. "I'm 72, so there isn't much time to be a star," he said. "I'm going to keep hitting away at this and see where it brings me. I've already exceeded my expectations."





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their leaves, think about clearing spouts, so that small blockages do not become bigger problems.

• Make your gutters better. There are two primary ways to make improvements to your gutter system. Splash guards in key spots are a quick and inexpensive fix for gutters that sometimes allow water to pour over, which can damage plants below. Usually, though, water coming over the gutters is a sign that you have blockage. Adding gutter screens, or guards, will cost anywhere from \$100 to several hundred dollars, but it should stop clogs, and that will allow your gutters to do their job more effectively.

# TO TRIM OR NOT TO TRIM

- Fewer limbs mean fewer leaves and more problems. One of the most tedious chores each fall is raking and bagging fallen leaves. Some people may want to cut branches while foliage is full, so they can see trees in their fullest form. However, it can harm trees to cut limbs before the dormant winter season. While it does mean you will have the arduous task of raking and bagging leaves, your trees will be healthier in the long run. One suggestion is to mark limbs that you will cut with tags or spray paint. This way you are sure to trim the right spots come winter.
- Know what to cut. Though you are waiting to do any major pruning, figuring out what to cut can be difficult. Any limbs that look dead or dying should be removed, as they take energy away from the more thriving parts of your trees.



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And if limbs are growing into each other, you will want to cut one to save the other. Aside from that, though, what you trim, how much you keep and how high you start the canopy is largely your choice. However, trimming a limb or two from your trees to ensure safety for kids in the yard or to prevent damaging property is an acceptable exception to the rule of not trimming in the fall.

• Shrubs need time. When it comes to bushes and shrubs, be sure not to cut in the late fall. Trimming in the summer allows shrubs to recover before the freeze season. Cutting limbs in the late fall can be detrimental to your plants. Major cutting is recommended for the dormant winter.

# WHAT TO PLANT

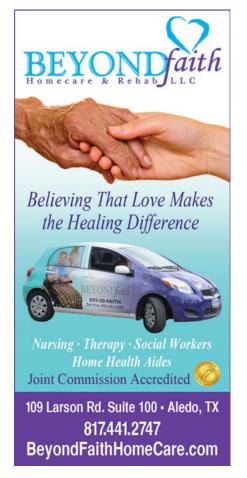
- Winter grass helps your lawn. Whether your lawn is full of carefully maintained Bermuda or St. Augustine or is just full of wild grasses and flowers, the winter months can be harsh, making it hard to regain the green beauty you want in the spring. Rye is the most common winter grass, but you can also opt for bentgrass, bluegrass or fescue, if you desire. Just be sure to take into account different growing speeds, as well as the amount of shade you will have, as not all winter grasses are created equal. As Texas temperatures tend to be mild, you should be alright planting into the early winter, but you will want to be sure to get your seeds down before the coldest part of the season, for the best results.1
- Make this season count. Aside from just maintaining your yard's health, you might be looking for some ways to keep it looking beautiful, even in the colder months. There are many varieties





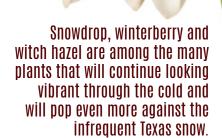












of plants specifically suited for this. Pansies are available in many colors, and can survive temperatures below zero. Snowdrop, winterberry and witch hazel are among the many plants that will continue looking vibrant through the cold and will pop even more against the infrequent Texas snow.2

• Get ready for what comes next. In addition to having a garden that looks good now, fall is the ideal time to plant some things that will pay-off several months later. Blue stars are a perennial that will give some yellow foliage in the fall, but their beautiful spring flowers are what you will love the most. Species, Darwin and Parrot Tulips should be planted in the fall, as should Dutch Irises, which will give you a deep purple flower in the spring.3

So, whether you are maintaining or making big changes to your lawn and garden, be smart about what you might chop, what you will crop and what you hope to grow. When spring comes, you will be glad you did! NOW

#### Sources:

1http://homeguides.sfgate.com/ types-grass-can-planted-late-fall-earlywinter-27552.html 2https://www.houselogic.com/photos/ yard-patio/winter-plants/slide/floweringquince-chaenomeles/#slide/4 3http://www.sunset.com/garden/ flowers-plants/bulbs-to-plant-in-fall/







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John Elder wants to make sure area residents enjoy and trust the water they drink.

# Simple Purity

Elder's Pure Water endeavors to keep families safe. — By Lisa Bell

Having worked in the water purification industry for more than four years, John Elder launched his own business in September 2016. "It's what I knew," he said.

Weatherford area water doesn't always taste the best, and many times the foulness concerns people, leaving them wondering about safety. One of the things available from Elder's Pure Water is water testing. They can quickly confirm the levels of calcium, metals and more in the water your family consumes. The state requires regular reports, so the city tests water every day or so at various locations. Nevertheless, while water may test safe, it doesn't mean the water in the city and even at home tastes and smells good.

Elder's Pure Water isn't out to sell unnecessary systems to families. If you have a water issue, they aim to fix the

problem, not install a lot of equipment. After identifying any complications with a customer's water, they like to educate that customer. Then they honestly discuss solutions to help the homeowner make the best decision. John doesn't use highpressure sales tactics. He also stands behind the work and offers ongoing service to maintain systems.

A full-service water treatment company, Elder's Pure Water offers different systems for purification and softening. They also service and install pressure tanks and storage tanks. In addition, they can repair or install booster pumps and more. In essence, they handle most anything to do with the treatment and movement of water. Perhaps more importantly, they continue servicing systems long after the sale. And they service all makes and models, whether they installed them or not. When they

### Business NOW

install a system, they do their best to service it annually and have a five-year warranty. If they don't fix an issue, they come back. John does his best to return calls the same day or early the following day. Of course, emergency repairs take priority.

Because bacteria don't tend to grow easily in water wells, most well water is safe to drink. John cautions people to pay attention to boil notices. Some of these notices come from slightly high levels, but at other times, the consequences of ignoring a boil notice can be serious. When building a new home, ask the builder to include a loop and drain for water softeners and full home filtration systems. In addition, insist on a water line from under the sink for filtering refrigerators. John works with builders and plumbers on a regular basis.

full-service water treatment company, Elder's **Pure Water offers** different systems for purification and softening.

John's wife, Samantha, gives him full support in the business. In May, they celebrated their seventh anniversary. They moved to Aledo six years ago last July, so they are near her parents. As a teacher at Coder Elementary and the mother of their almost 2-year-old son, Jackstin, she doesn't work at Elder's Pure Water. But with two full-time technicians to help, they can cover a radius of 100 miles from Aledo.

Alongside residential homes, the company works with some commercial properties, as well. Whether testing, installing, repairing or servicing, John Elder desires to provide pure, safe water to all customers without ever taking advantage of or pressuring them. **NOW** 









## Around Town NOW



Paul Casey, 25-year teacher and Peaster alumni, supports his local football team.



Jarrod Dickey is sworn in as a Weatherford Noon Lion by member Brookes Worthington.



Kindergartners cheer for the crowd at the Aledo High School Mini Cheer Camp.



Fraternal twins, Brayden and his sister, Ashton, love growing up in cutting horse country.



Aledo High School students give autographs to the public at Meet the Bearcats.



Compassion International visits Weatherford to share stories of needy children across the globe.



Peaster reinstates football this year. The fans are ready for some football.





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## Womb in Distress

— By Betty Tryon, BSN

Nestled in the womb, the fetus' world was safe and harmonious, until its mother developed toxemia, also known as pre-eclampsia, or pregnancy-induced hypertension. Preeclampsia is when the mother experiences a dangerous and precipitous rise in her blood pressure. She will also have a high level of protein leaking into her urine (albuminuria), and her face, hands and legs may swell and retain fluid (edema). With a pre-eclampsia diagnosis, that perfect environment in the womb has now become a perilous place for the baby to be.

This condition usually occurs after the 20th week of a pregnancy. The specific cause is unknown, but irregularities with the placenta may precipitate it. There are risk factors associated with toxemia that are worth noting. The most obvious risk factor for pre-eclampsia is the pregnancy itself. Being a firsttime mom or one who is carrying multiple births can lead to this complication. The number of years in between pregnancies can also be an issue, if the births are less than two years or more than 10 years apart. If a woman had this condition in a previous pregnancy, she is at risk of developing it again. A familial history of other females in the family having pre-eclampsia predisposes one toward this condition. If the woman already has other health problems, such as chronic hypertension, diabetes, obesity, kidney disease and lupus, she is more at risk for toxemia.

There are serious consequences to unmanaged pre-eclampsia. Some of these complications will be present and others will not. It will depend upon the severity of the pre-eclampsia and the gestational age. Because this condition affects the flow of blood to the placenta, the fetus will be affected to some extent. One way is in fetal growth restriction. Because the placenta may not be nourishing the fetus adequately, its growth will slow down, leading to other problems, such as preterm delivery and low birth weight. Placental abruption, where the placenta pulls away from the wall of the uterus and causes uncontrolled bleeding, is a life-threatening situation for the mom and baby.

If the pre-eclampsia is mild, then possibly, bed rest along with close monitoring of blood pressure, blood and urine will allow the pregnancy to proceed to its optimum delivery date. Eclampsia is pre-eclampsia with seizures. When the pregnancy progresses to this state, only the delivery of the baby will help. It is very important for the mother to keep all prenatal doctor visits and be diligent in following the doctor's instructions. Her life, as well as the life of her child, could depend on it. NOW

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.









#### October 2

Community Health Workshop: 1:30-3:30 p.m., Weatherford Public Library. Sponsored by UNT Health Science Ctr. See www.weatherfordtx. gov/142/Library.

#### October 12

Red River Celebrity Softball Game: 6:00 p.m., Dr. Pepper Ballpark, Frisco. Purchase tickets, at www.rrcsg.org. Game benefits the Lone Survivor Foundation.

#### October 14

Iron Skillet Custom Motorcycle and Swap Meet: 9:00 a.m.-5:00 p.m., Iron Skillet Restaurant, 2001 Santa Fe Dr. Benefits Trinity Habitat for Humanity. Details and registration on Iron Skillet Facebook page.

2nd Paws in the Park Event: Noon-4:00 p.m., Heritage Park. Fun event for canines and their families. Benefits Parker Paws. For details, call (817) 694-5718.

#### October 19

Quilter's Guild of Parker County meeting: 6:30 p.m., Northside Baptist Church, 910 N. Main St. Presenting Kathy Dunigan of Rockwall, Texas. For information, contact Pam Luke (817) 596-5189 or visit www.quiltersguildofparkercounty.org.

#### October 20

Aledo Children's AdvoCats Help & Hope Luncheon: 11:30 a.m.-1:00 p.m., Ridglea Country Club. Ft. Worth. Details and tickets at www.aledoadvocats.com.

#### October 20 — November 5

Live performance of The Crucible: Fridays and Saturdays, 8:00 p.m.; Sundays, 2:00 p.m., Theatre Off The Square, 114 N. Denton St. Call (817) 341-8687 or visit www.theatreoffthesquare.org for tickets or information.

#### October 22

Chandor Gardens Autumn Art Walk: Noon-4:00 p.m., 711 W. Lee Ave. \$1 per person. Art Walk vendor info at (817) 613-1700 or email scross@weatherfordtx.gov.

#### October 23

Dinner Tonight Healthy Cooking School: 6:30-8:30 p.m., FUMC, 301 S. Main St. \$5 admission to family event. Visit www.parker.agrilife.org for details.

#### October 28

22nd Annual Texas Country Reporter Festival: 9:00 a.m.-7:00 p.m., downtown Waxahachie. Admission is free. The event includes a free

concert, more than 250 artisan booths, food and so much more. For more information, call the Waxahachie CVB at (469) 309-4040 or visit www.waxahachiecvb.com.

Fall Festival: 10:00 a.m.-3:00 p.m., St. Stephen Catholic Church, 1802 Bethel Rd. Art contest, cake/pie baking contest, bounce houses, silent and live auctions, food, games, live music and entertainment and a quilt raffle.

#### November 4

2017 Faith Promise Dinner: 6:30 p.m., The Sundance Club at Canyon West. Featuring guest speaker Nika Maples, author and hope hunter. Contact Weatherford Christian School (817) 596-7807 or visit www.wcslions.org.

#### November 18

Joseph Thomas Foundation Biathlon: 9:00 a.m.noon, Film Alley in Weatherford. Inaugural non-profit fundraiser. For more information, contact John Thomas, (325) 725-1380 or John@JosephThomasFoundation.org.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.







## Cooking NOW



### In the Kitchen With Dan Woods

— By Lisa Bell

Dan Woods, mechanic by trade, developed his barbecue passion at the tender age of 6, staying up late to watch his dad cook. Although he lost his dad while still young, Dan continued watching his family cook. He and his wife received a smoker as a house-warming gift. After much Internet research, he cooked his first brisket — a smoky, tough disaster. "I soon learned through trial and error that simple salt and pepper were the key ingredients to great brisket," he said. "My passion turned into an extended family passion, and we formed a family competition barbecue team."

After winning his first grand champion, people wanted to buy his food. The family team, Tailgaters BBQ, sells barbecue through their Facebook page. NOW

#### **Smoked Brisket**

1 6- to 8-lb. brisket, choice or better 1 32-oz. box beef broth Kosher salt Coarse black pepper

- **1.** Trim fatty side of brisket down to 1/4-inch thick. Remove all fat from meat side.
- **2.** Inject brisket with half of beef broth. Rub generously with 50/50 salt and pepper.
- 3. Refrigerate 4 hours to overnight.
- **4.** Set up smoker for 275 F indirect cooking. Place brisket fat side down for 3 hours or until reaching an internal temperature of 165 F.
- **5.** Wrap tightly in foil with remaining beef broth. Cook until brisket probes tender or internal temperature is 210 F. Let rest in cooker or oven set to warm for 2-4 hours.

**6.** Slice against grain and pour au jus of brisket over top.

#### **Smoked Turkey**

#### Brine:

- I cup salt
- 1 cup sugar
- 1 Tbsp. onion powder
- 1 Tbsp. garlic powder
- 3 bay leaves
- 2 gal. filtered water

Turkey:

I 14- to 16-lb. turkey White vinegar, to taste Kosher salt, to taste Coarse black pepper, to taste I bottle squeeze butter

- **1.** For turkey brine: Combine all ingredients in a large pot. Bring to a boil; let cool.
- **2.** Pour over turkey in a large container with a lid, or cover with foil. Refrigerate 24-48 hours.
- 3. For turkey: Set up smoker or oven to 275 F.
- **4.** Rub turkey with vinegar, and then salt and pepper to taste.
- **5.** Cook 1-2 hours, or until turkey reaches a golden color. Baste turkey with squeeze butter; wrap in foil.
- **6.** Finish cooking turkey until an internal temperature of 160 F is reached. Rest 30 minutes; slice.

#### **Game Day Snack**

- 3-4 boneless, skinless chicken breasts
  I jar Stubb's chicken marinade
  I 20-oz. can pineapple chunks
  I 12-oz. can pickled jalapeños
  I pkg. bacon, thin-sliced
  Barbecue rub, your choice
  I cup barbecue sauce, your choice
  3 Tbsp. apple juice
- **1.** Cut chicken into chunks. Place in a gallon bag; pour marinade over the chicken. Refrigerate 1 hour to overnight.
- **2.** Assemble chicken, pineapple and jalapeño slice with skewer. Wrap with bacon; season with barbecue rub. Repeat until all ingredients are used.
- **3.** Place on hot grill until chicken reaches 160 F, and bacon is crispy.
- **4.** Combine barbecue sauce and apple juice.
- **5.** Mop skewers with sauce, and cook for 5 more minutes. Remove from grill and enjoy.

#### **Smoked BBQ Beans**

- 2 16-oz. cans pork and beans 1/4 cup barbecue sauce, your choice 1 tsp. barbecue rub, your choice
- 2 slices bacon, cooked and diced (retain drippings)
- **1.** Place beans, barbecue sauce, rub and bacon with drippings in a 1/2-size disposable pan. Mix; wrap in foil.
- **2.** Place in smoker or oven at 250 F for 30 minutes, or until bubbling.

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