BurlesonNOW

MAGAZINE

OCTOBER 2020

On the Trail

The past and paths cross for Ken Richardson

In the Kitchen With Ruthie Murry

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business: Burleson Bakery 1836

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ON THE COVER

CEO/President David Murdoch and Ken Richardson support history at a unique museum.

Photo by
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EDITOR'S NOTE

The big 60 …

I finally made it. On the day of my birth, Nigeria gained independence from Great Britain and took her place as the 99th member of the United Nations. Connie Francis surpassed Chubby Checker on the Billboard Hot 100 songs chart, but not even Elvis Presley stayed at the No. 1 spot longer than Percy Faith's "Theme from a Summer Place" did during the spring of 1960.

During my life, I witnessed a lot of history. A presidential assassination — and, yes, I remember it. How dare they replace *Felix the Cat* with shots of a motorcade? Hey, a 3-year-old has priorities. I watched rocket launches, and the teachers pulled in televisions, so we experienced men walking on the moon. I remember days of reel-to-reel tapes, cassettes and 8-tracks. Those didn't last long. We danced to vinyl records and walked across the room to change the television channel or change the volume. I still picture the old rabbit ears, connected by foil, so we got more than a fuzzy screen. Of course, at midnight, all bets were off for anything but fuzziness.

I can't begin to number the inventions and technological advances since my birth. And in spite of all that, some things remain most important. Family, friends, a warm place to sleep and food to eat, a good job and memories. Celebrating a monumental birthday, I thank God for my life. Each piece weaved a beautiful tapestry of glorious moments and difficult ones. But the good far outnumbers the bad. And that's something to celebrate.

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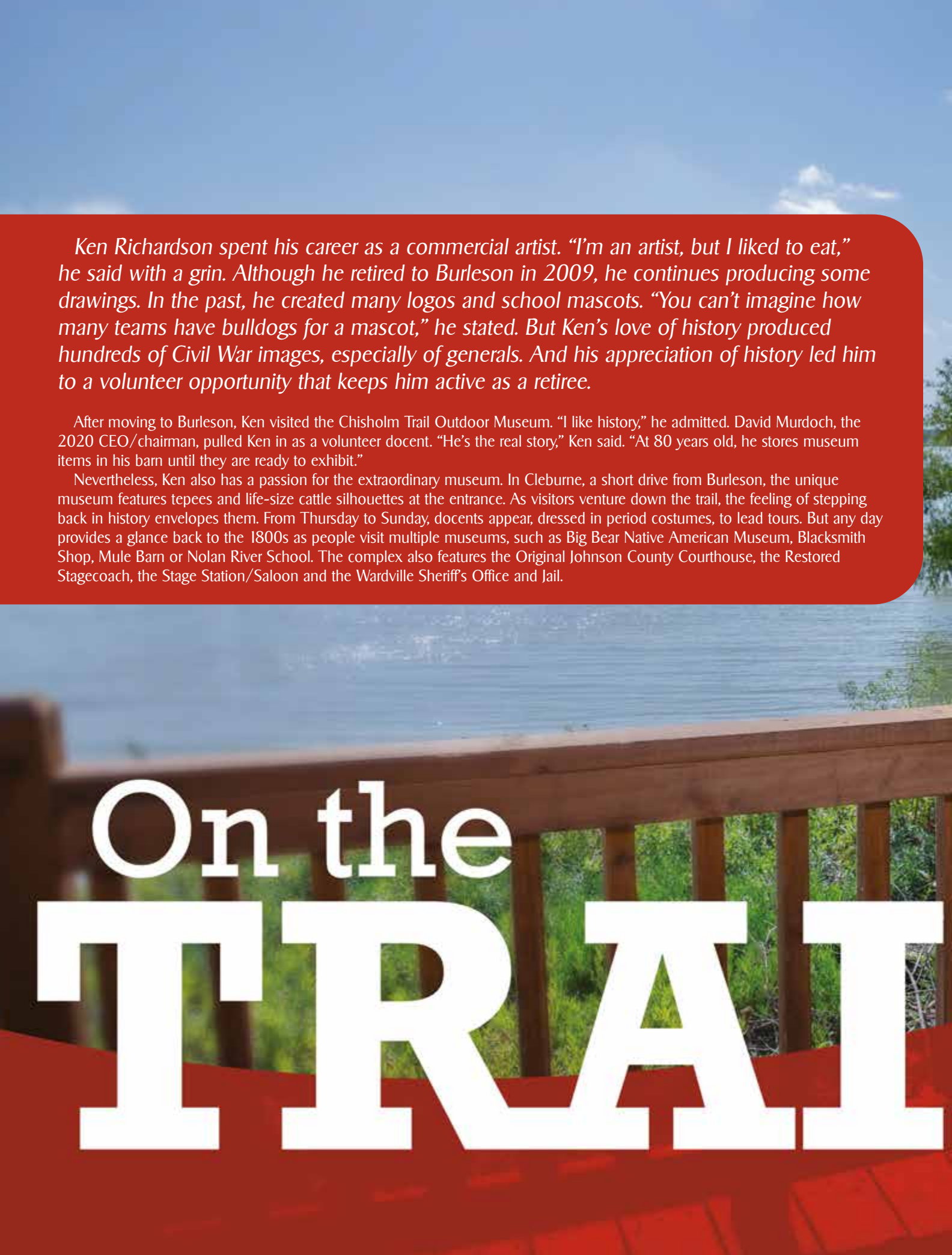
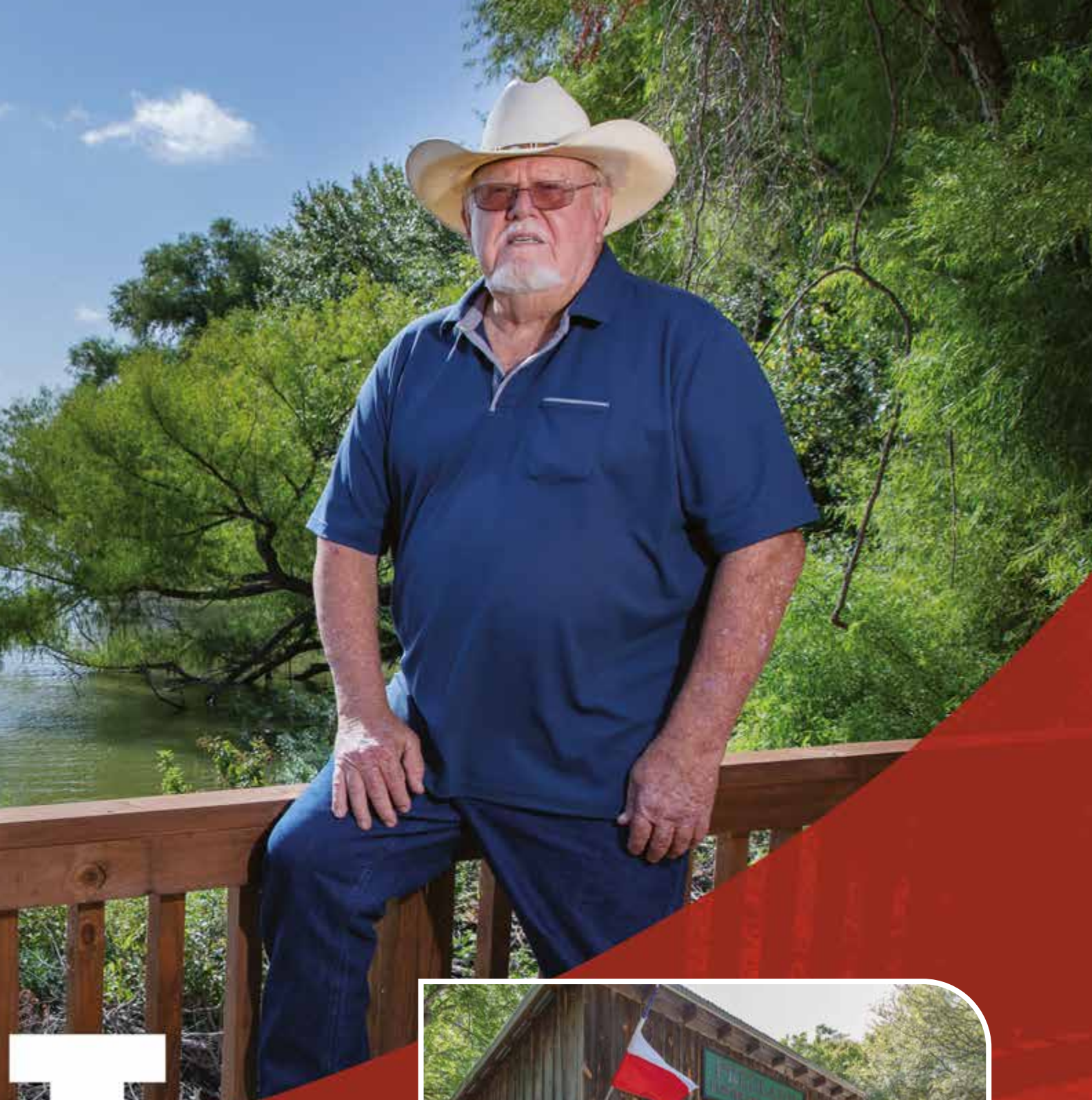


On the TRAIL

Ken Richardson spent his career as a commercial artist. "I'm an artist, but I liked to eat," he said with a grin. Although he retired to Burleson in 2009, he continues producing some drawings. In the past, he created many logos and school mascots. "You can't imagine how many teams have bulldogs for a mascot," he stated. But Ken's love of history produced hundreds of Civil War images, especially of generals. And his appreciation of history led him to a volunteer opportunity that keeps him active as a retiree.

After moving to Burleson, Ken visited the Chisholm Trail Outdoor Museum. "I like history," he admitted. David Murdoch, the 2020 CEO/chairman, pulled Ken in as a volunteer docent. "He's the real story," Ken said. "At 80 years old, he stores museum items in his barn until they are ready to exhibit."

Nevertheless, Ken also has a passion for the extraordinary museum. In Cleburne, a short drive from Burleson, the unique museum features tepees and life-size cattle silhouettes at the entrance. As visitors venture down the trail, the feeling of stepping back in history envelopes them. From Thursday to Sunday, docents appear, dressed in period costumes, to lead tours. But any day provides a glance back to the 1800s as people visit multiple museums, such as Big Bear Native American Museum, Blacksmith Shop, Mule Barn or Nolan River School. The complex also features the Original Johnson County Courthouse, the Restored Stagecoach, the Stage Station/Saloon and the Wardville Sheriff's Office and Jail.



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— By Lisa Bell

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Another interesting feature, the recreated and restored Wardville Cemetery, provides visitors with an image of the cemetery long ago buried beneath Lake Pat Cleburne. Ken and the other docents share countless stories about the history of the area. The city of Burleson donated many of the artifacts, furniture and such. Chisholm Trail Outdoor Museum boasts of being one of the top 10 outdoor museums in Texas.

While the museum fascinates Ken, he also loves the beauty of the trail and living memorials. "Our purpose is to cover our COTM Complex with perennial, pollinating, flowering shrubs and trees," Ken shared. "This will provide our local beekeepers and farmers with the birds, bees and butterflies to help them prosper."

He hopes they can attract monarch butterflies more than they already do, and talks with fondness of bird and bat houses they plan to build throughout the complex. Besides helping control insects, he envisions visitors coming nightly to watch the bats awaken at sunset. "This could give our girls' and boys' clubs some future projects," he added. "And during this time when we can't hold memorial services in churches, we can honor people by planting a shrub or tree in their name."

Besides honoring or remembering a loved one, people can come and visit the outdoor museum and their special plant any day. They can enjoy a walk in history while there. Instead of sending flowers, a living memorial helps the environment, supports the museum and provides beauty.

As a volunteer, Ken looks forward to the many activities Chisholm Trail

Outdoor Museum holds throughout the year. One of his favorites, Santa Fe Days — Pow Wow, affects all of Johnson County when 8,000 to 10,000 Native Americans meet at the complex. But most of them spend an entire week in the area. Scheduled for October 24-25 this year, the museum hosts the annual event with representatives from five great Native American nations. In the 15th year, Ken reminisced about the dancing, parties and learning native ways. He looks forward to this annual event perhaps more than any other.

But they also host the annual Pioneer Days in November, a Wild West celebration, Texas Independence Day, cook-offs, market days and so many more events. And for many of them, Ken and other docents help make history real.

Although Ken's wife, Virginia, doesn't volunteer alongside him, she supports his involvement with Chisholm Trail. She prefers volunteering with Burleson Heritage Foundation and Meals on Wheels. Without help, none of these organizations can survive. Ken mentioned that they always need more docents and other volunteers. He encourages people to get involved. "People visit from all over the world," he said. The museum has no paid employees, so they depend on community members to host visitors.

Not everyone loves history as much as Ken does. The Chisholm Trail Outdoor Museum gives him the joy of sharing a piece of it with others. The original trail played an integral part in developing Johnson County. What better way to learn that history than experiencing it with someone like Ken? NOW

Editor's Note: For more information, visit www.jcchisholmtrail.com or www.facebook.com/chisholmtrailmuseum. For memorial trees, email www.jcchisholmtrail.com.

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BusinessNOW

Burleson Bakery 1836

— By Lisa Bell

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(817) 648-9047
Facebook: @BurlesonBakery1836
Instagram: burlesonbakery1836

Hours: Tuesday-Friday: 9:00 a.m.-6:00 p.m.
Saturday: 9:00 a.m.-2:00 p.m.

A relatively new business in Burleson, opening August 2020, Burleson Bakery 1836 proves dreams come true — that a business can open and start well in the current environment, and sisters can be best friends. Both Amy Roberts and Staci Clark worked in the dental industry for many years. While Amy broke away and started her business, Texas Snow, in 2017, Staci continued working at her job. "She dreamed of someday owning a bakery," Amy commented.

Several months after Sweet Imaginations closed, they learned about the building availability. Growing up in Burleson, the ladies frequented the former bakery. "We always came to Sweet Imaginations, but I never imagined leasing this building," Amy said. In June, they signed the lease, and Burleson Bakery 1836 became a reality. For Amy and Staci, working together creates the perfect synergy. Amy loves the business side, and Staci has a passion for baking.

"We aren't artists or perfectionists," Amy said. "But if you want quality home-style baked goods, we're the bakery for you." They use only fresh ingredients, preferring real butter, eggs and cream over hydrogenated oils and other substitutes. "If we charge more than a grocery store, we want to make sure our products

taste better," she added. They never use preservatives. In sugar-free items, they use Splenda or Ideal Sweetener, but never aspartame. They continue looking for sugar-free and gluten-free recipes to better serve their customers.

At Burleson Bakery 1836, offerings change daily, but you can always find favorites. For the more popular items, such as brownies, macaroons and the breakfast egg rolls, you can call ahead, and they will reserve some for you. Or with a preferred two-day notice, you can special order items.

Amy and Staci bake up a variety of cookies, pies and cakes every day, including sugar-free and gluten-free. Eventually, they will prebake full-size cakes, but until then, you can order them ahead of time. In the meantime, they have individual cakes, pies, cheesecakes and fried pies.

But Burleson Bakery 1836 doesn't stop with baked goods. They also sell snow cones in dozens of flavors. That will continue all year, so on those warm days in fall or winter, you can drop by and pick up your favorite flavor. They also regularly offer four flavors of homemade ice cream — wedding cake (containing pieces of cake), cookies and cream, cherry piña colada and vanilla. And they can make any of those flavors into a milkshake. They also can add any snow cone flavor to a vanilla base to make delicious milkshakes. And they use monk fruit for the sugar-free snow cones, perfect for those who want a natural option. In addition, they have hot and iced coffee, floats made with Coke, root beer or Dr Pepper.

When the sisters named the bakery, they chose Burleson Bakery 1836 because they grew up in Burleson and love their community. "We both graduated from Burleson High School and lived here all our lives," Amy shared. The use of 1836 honors their love of Texas and history, celebrating independence every day. As a tribute and to make history fun, they incorporate Texas trivia into their business. The trivia changes monthly. Follow them on Facebook or Instagram, and stop by and get to know Amy and Staci, while enjoying wonderful treats. NOW

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At the library, Tanya Herschede chooses a face covering that shows her smile.

Zoomed In:
Gloria and Bill Ayars

By Lisa Bell

The Burleson Lions Club named Gloria and Bill Ayars as Lion Couple of the Year. "The club's motto is 'We serve,'" Gloria said. "And we like to serve." Formed in 1945, Burleson Lions Club is the oldest civic club in the community, and the members adhere to a strict code of ethics. Part of a welcoming group, Gloria and Bill attend the bi-monthly meetings where they treat visitors and other members with respect and care. The Burleson Lions Club normally hosts the Fourth of July Parade, but this year, they had to postpone it. "We're glad we get to have the parade on November 7," Bill shared. Longtime members and part of the board, the Ayarses are often found serving on various projects and enjoying every minute.

BurlesonNOW *Rep Kelsea Locke welcomes her new daughter, June Parker.*

Hot or cold, volunteers at Harvest House keep food flowing.

Hill College students, Violet Baker and Desiree Powell, take a study break at Dwell.

David Dicke catches a monstrous fish at the Stumps Cove.

Keep Burleson Beautiful board member, Donna Confessore, recognizes Dr. Rajanarender Cholleti's efforts.

Paula Gee and Lori Webb prepare for fall decorating.

Unwilling to let COVID win, writers join WordFest SW 2020 online.

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CookingNOW

In the Kitchen With Ruthie Murry

— By Lisa Bell

"I love the reaction on someone's face when they try my food for the first time," Ruthie Murry said. "Food can tell emotional stories. Using that power to bring someone back to childhood or provide a new experience makes cooking enjoyable for me." Although Ruthie pursued cooking as a career in college, she taught herself to cook long before that.

Growing up in Burleson and watching cooking shows after school, Ruthie practiced skills by making dinner for her parents. Her childhood inspired making food that brings comfort. She loves gourmet and home-style cooking but finds her passion in baking. "It was my dream to own and operate my own bakery since seventh grade," she admitted. "Now, I get to live it every day at Murry Bakery." NOW

Cranberry Butter

24 oz. fresh cranberries, rinsed
1 cup brown sugar, packed
1 whole cinnamon stick
1 cup apple cider

1. Put all ingredients in a Crock-Pot; stir to combine. Cook on high for about 2 hours, or until the cranberries are soft.
2. Remove the cinnamon stick; puree the mixture in a food processor or blender. You might need to do this in multiple batches.
3. Strain the puree through a fine sieve. Discard the solids; pour the remaining liquid back into the Crock-Pot.
4. Cook on high with the lid slightly ajar for 2 more hours, stirring occasionally. Put the cranberry butter into clean jars with tight fitting lids. Store in the refrigerator and consume within a month.

Sausage & Squash Stew

Recipe from my friend, Jimmy Smith. Serves 4-6.

1 lb. breakfast sausage
1 tsp. Old Bay Seasoning
1/2 onion, chopped
2-3 tsp. garlic, minced
3 cups beef broth
1 cup tomatoes, diced or crushed (undrained)
1/2 bell pepper, chopped (any color except green)
4 medium potatoes, diced
Salt, to taste
Pepper, to taste
1 lb. squash, diced (butternut, acorn, sugar dumpling)
1/2 tsp. cinnamon
1/2 tsp. nutmeg
Fresh Parmesan, grated for garnish

1. In a large pot, brown the sausage. Add the Old Bay Seasoning and onion; cook for 3-5 minutes, until the onions are translucent.
2. Add the garlic; cook for 1 minute. Add the next 6 ingredients.
3. Bring to a boil; cook until the potatoes are halfway done. Add the squash, cinnamon and nutmeg.
4. Simmer until the squash and potatoes are cooked through. Serve with grated Parmesan cheese.

Pumpkin Fettuccine Alfredo

Recipe by Yellow Bliss Road. Serves 4-6.

1 lb. fettuccine
6 Tbsp. butter, unsalted
2 tsp. garlic, minced
2/3 cup half-and-half
1 cup pumpkin puree (not pie filling)
1/2 cup Parmesan cheese, finely grated
1/8 tsp. nutmeg
Parsley, chopped, to taste (for garnish)
Parmesan, shaved, to taste (for garnish)

1. Cook pasta according to the package directions until al dente. When done, reserve 1 cup of the pasta water.
2. While the pasta cooks, melt the butter in a saucepan over medium heat.
3. Stir in garlic; cook for 1 minute. Stir in the half-and-half, pumpkin, Parmesan and nutmeg.
4. Stir until the sauce is heated through and the cheese is melted. Stir in the reserved pasta water, 1/4 cup at a time, until the sauce is the desired consistency. *Note:* I usually use about 1/2 cup for thick and creamy sauce. Use more for thinner sauce.
5. Drain the cooked pasta; add the pasta to the sauce. Cook over medium-high heat until the sauce is smooth and the pasta is well coated, about 1-2 minutes.
6. Serve with parsley and shaved Parmesan.

Brussels Sprout Caesar Salad With Parmesan Dressing and Homemade Croutons

Serves 4-6.

Parmesan Dressing:
2 medium lemons
1/2 cup Parmesan cheese, finely grated
1 Tbsp. Dijon mustard
Salt, to taste
3/4 tsp. ground black pepper
1-2 tsp. garlic, minced
1 1/2 tsp. anchovy paste (optional)
1/4 cup olive oil

Homemade Croutons:
4 oz. stale bread (I prefer French baguette or sourdough.)
1 Tbsp. olive oil

1/2 tsp. salt
1/4 tsp. black pepper

Salad:
2 9-oz. bags shaved Brussels sprouts
Any other salad ingredients you want (Bacon, tomatoes, kale, parsley, romaine, etc.)
Shaved Parmesan for garnish

1. *For Parmesan Dressing:* Zest and juice both lemons. Add the lemon zest, juice and next 6 ingredients to a blender.
2. Blend until smooth, about 20 seconds. With the blender running, slowly stream in olive oil. Blend until creamy and emulsified. *Note:* This dressing can also be made by hand using a whisk. Follow the same steps. However, it will take longer to emulsify the oil.
3. *For Homemade Croutons:* Tear the bread into bite-size pieces. Drizzle olive oil over the bread; add salt and pepper. Toss to coat.
4. Place coated bread on a baking sheet; bake at 400 F for 12 minutes, tossing halfway though. The croutons should be browned and crisp when finished. (Add other spices or cheese to work for any salad.)
5. *For salad:* Toss all ingredients, except shaved Parmesan, into a large salad bowl. Add Parmesan Dressing and Homemade Croutons. Garnish with shaved Parmesan.

Brussels Sprout Caesar Salad With Parmesan Dressing and Homemade Croutons

Crema Catalana

Spanish version of Crème Brûlée. No oven required. Serves 6.

2 1/2 cups whole milk
4.75 oz. granulated sugar (divided use)
1 1/2 tsp. cinnamon
Peel of 1 lemon
Peel of 1 orange
1.5 oz. cornstarch
5.4 oz. egg yolks
6 ramekins
Extra sugar for brûlée top

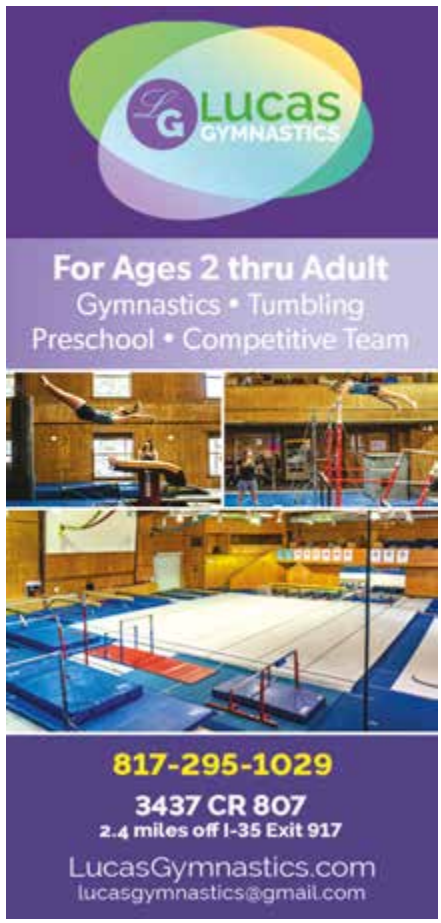
1. Pour the whole milk into a heavy-bottomed pan. Add half of the sugar, cinnamon and citrus peels; bring to a simmer.
2. Meanwhile, mix together the second half of the sugar, cornstarch and egg yolks to create a slurry.
3. Once the milk is simmering, remove the citrus peels. While whisking, slowly stream in the egg slurry. *Note:* You must constantly whisk during this step to prevent the eggs from curdling.
4. Once all the egg mixture is added, stir until the mixture starts to thicken and boil. Once thickened, pour the mixture into the ramekins; allow to chill in the refrigerator until cold.
5. When ready to serve, remove from the fridge. Top with extra sugar, and brûlée the sugar with a kitchen torch.

Cheesy Thyme Mini Muffins

Makes 2 dozen mini muffins.

2 cups self-rising flour
1/4 tsp. salt
1 cup unsalted butter, melted
1 cup sour cream
2 Tbsp. fresh thyme leaves (or 1 Tbsp. dried thyme leaves)

1. Mix all ingredients together well. The batter will be very thick. Scoop into a greased mini muffin tin.
2. Bake at 375 F for 6-10 minutes. Serve with cranberry butter.



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BurlesonNOW Scavenger Hunt

Find 5 hidden **witch's brooms** in 5 different ads in this issue (not counting the one above).

Email the page numbers and specific ads where they are found, plus your contact information and phone number, by October 15th. To ensure your Scavenger Hunt answers go in the drawing, you must use the **Scavenger Hunt Email**

scavenger.bur@nowmagazines.com

One entry per person.

WIN!

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Winners must pick up prizes within 30 days of drawing.

Feathers were found on pages 4, 16, 19, 27, 30

September winners are:
Gracie Riddick - $50 Cash from NOW Magazines
Nina Nailon - $50 Cash from NOW Magazines

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SCAVENGER HUNT WINNERS!

Deborah Hard, winner of the $50 Cash Prize from NOW Magazines, said, "Thank you so much for my $50 award as the winner of the August scavenger hunt! I actually had fun hunting for the hidden apples, and to then be the winner, that made it even better! We really enjoy getting the *BurlesonNOW Magazine* and try to use the businesses that advertise in it. It's a great asset for Burleson! Thank you again."

Tina, Elijah & Elise Michael, winners of the 2nd $50 Cash Prize from NOW Magazines, said, "My twins had so much fun finding the hidden apples! They did it all by themselves. They are so excited to be the August winners!"

FinanceNOW

Avoid Financial Mistakes During Retirement

When you retire, you've learned a lot about all sorts of things, helping you avoid some of the mistakes you made earlier in life. However, you may still be susceptible to financial missteps specifically related to your retirement years. How can you dodge these errors?

Consider these suggestions:

Manage your withdrawal rate carefully. You will likely need to tap into your retirement accounts — your IRA and 401(k) or similar employer-sponsored plan. But you should establish an annual withdrawal rate that's appropriate for your situation. By withdrawing too much each year, especially in the early years of your retirement, you risk outliving your resources. You may want to consult with a financial professional to determine the withdrawal amount that's right for you. (Keep in mind, though, that once you turn 72, you will be required to take out at least a certain amount each year — based on your age and account balance — from your traditional IRA and 401(k) or similar plan.)

Don't underestimate health care costs. Once you turn 65, you will be eligible for Medicare, but you may still need a Medicare supplement plan and will probably also incur other expenses. In fact, A healthy 65-year-old couple who retired in 2019 will need nearly $390,000 over their remaining years just to pay for health care, according to HealthView Services, which produces health-care cost projection software. Other estimates show different amounts, but they all amount to hundreds of thousands of dollars. So, when calculating your expenses during your retirement years, reserve a big space for health care.

Don't take Social Security too early. You can start receiving monthly Social Security checks when you reach age 62, but your payments will generally be significantly larger if you wait until your "full" retirement age, which will probably be between 66 and 67. (The size of your payments will "max out" at age 70.) Of course, if you need the money at 62, you may have to take it, but if you believe you have longevity working in your favor, and you can afford to wait, you may be better off by delaying Social Security as long as possible.)

Don't invest too conservatively. Once you're retired, you might think that you should take as few chances as possible with your investments — after all, you simply have less time for them to bounce back from a downturn than you did during your working years. Nonetheless, it's important to own a reasonable percentage of growth-oriented investments to help keep you ahead of inflation. Even at a low rate, which we've experienced recently, inflation can erode your purchasing power over time.

Don't be more generous than you can afford. If you have grown children who need financial help, or grandchildren heading to college someday, you'd no doubt like to do whatever you can to provide assistance. However, the hard truth is they simply have more time than you do to find workable financial solutions, whereas if you deplete your funds through your generosity, you could put yourself in a precarious position. So, be as giving as you can afford — but don't go beyond that. By preserving your financial independence, you'll end up benefiting your family, as well.

Retirement can be a wonderful time of your life — and you may enjoy it more by doing what you can to avoid costly financial mistakes. NOW

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC. Lynn H. Bates is an Edward Jones representative based in Burleson.

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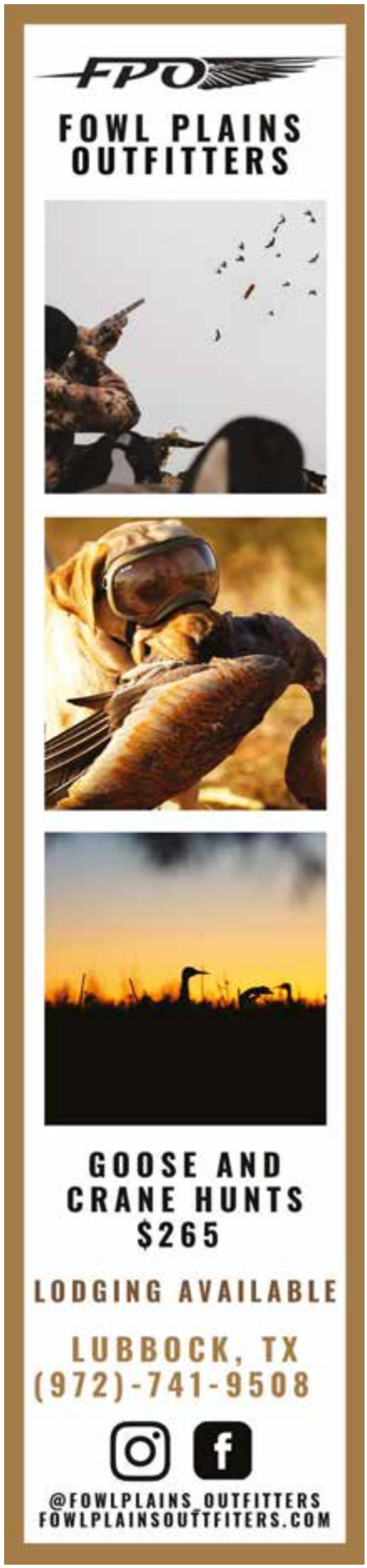
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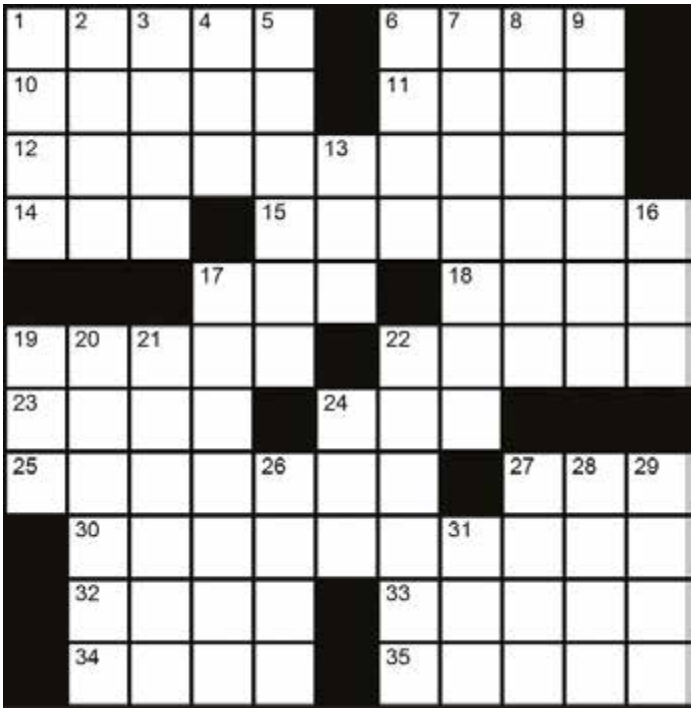

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Across

1 Pass through Congress
6 Shot on the ice
10 --- Lama
11 Switch off
12 Nonphysical
14 As well
15 Menu at the edge
17 Cyst
18 Trick
19 No later than
22 Outmoded
23 Sassy
24 --- Rio, Texas
25 Take a --- it (Go for it!)
27 Frequently
30 "On top of that ..."
32 Female first name Ms. Minnelli rejected
33 S American republic is cold by the sound of it
34 Ultimate
35 Irritably impatient

Down

1 Prepare for publication
2 "Small" prefix
3 Voice below a soprano
4 He came between J A G and G C
5 Hollywood town?
6 Kind of row
7 Copious
8 Everyone except
9 Make happy
13 Cotton seed remover
16 Wine selection
17 See
19 Downs' partner
20 Mike ---, "Harry Potter and the Goblet of Fire" director
21 Inessentials
22 What shamuses do
24 Flatfish
26 Tiny biter
27 Elevating outfit?
28 Experienced
29 Small club, maybe
31 Much-used article

Solutions on page 36

For online versions, visit nowmagazines.com

Sudoku Puzzle

Easy

4				5			2	
				4	6			
							6	
						3	5	
		6			7		4	1
		2		3				
	9	5	6				7	
		8			1	6		9
				8		2		

Medium

		6		2				8
		2			1	9		
	5						6	
	8							
3					2	1		
		4		3				
			6	4		7	1	
5								4
		9			5		8	

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Solutions on page 36

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D	A	L	A	I	■	K	I	L	L
I	N	T	A	N	G	I	B	L	E
T	O	O	■	S	I	D	E	B	A	R
■	■	■	W	E	N	■	R	U	S	E
U	N	T	I	L	■	D	A	T	E	D
P	E	R	T	■	D	E	L	■	■	■
S	W	I	N	G	A	T	■	O	F	T
■	E	V	E	N	B	E	T	T	E	R
■	L	I	S	A	■	C	H	I	L	E
■	L	A	S	T	■	T	E	S	T	Y

Easy

4	6	3	8	5	9	1	2	7
5	2	1	7	4	6	9	8	3
7	8	9	3	1	2	5	6	4
9	7	4	1	6	8	3	5	2
3	5	6	2	9	7	8	4	1
8	1	2	4	3	5	7	9	6
1	9	5	6	2	3	4	7	8
2	4	8	5	7	1	6	3	9
6	3	7	9	8	4	2	1	5

Medium

9	1	6	7	2	3	5	4	8
8	4	2	5	6	1	9	3	7
7	5	3	8	9	4	2	6	1
1	8	7	9	5	6	4	2	3
3	9	5	4	8	2	1	7	6
6	2	4	1	3	7	8	5	9
2	3	8	6	4	9	7	1	5
5	6	1	2	7	8	3	9	4
4	7	9	3	1	5	6	8	2

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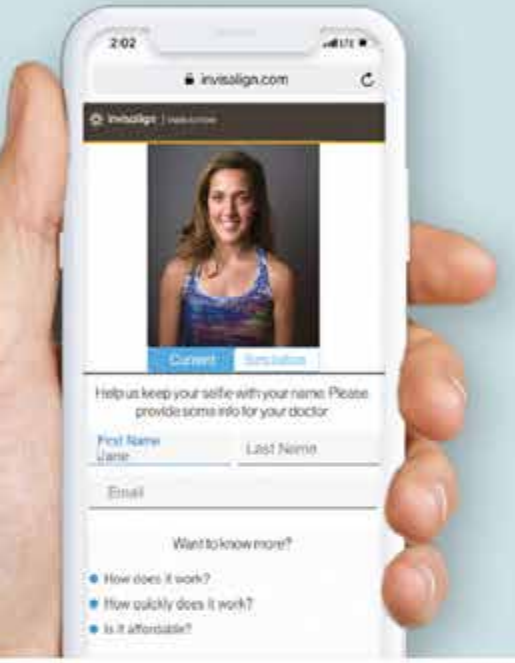

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