

The Community Magazine Serving Cedar Hill, DeSoto, Duncanville and the Surrounding Area

Southwest NOW

Cedar Hill - DeSoto - Duncanville

M A G A Z I N E

November 2009

**A Gem in
DeSoto**

Audubon
ATTRACTION

**Going Out on
on a Limb**

At Home With
**Bruce and
Billie Ballengee**

NOW OPEN!

Our Big New Store in Duncanville

Join Us on November 7th,
3pm-5pm to meet Jose Luis!
Coming to Terry's at a later
date ... **PENELOPE!** Watch for the
announcement!



Terry's

3033 East Camp Wisdom Rd.
972-283-2472



Store Hours

Open 7am - 10pm
Tuesday - Saturday

Open 7am - 11pm
Sunday & Monday



Sponsored by - Duncanville Community & Economic Development Corporation

Plan Your Next Meeting or Event at the Cedar Hill Recreation Center



The Cedar Hill Recreation Center is a state-of-the-art facility, perfect for your next meeting, seminar or special event. Our Center offers:

- 4 sizes of meeting rooms
- Beautiful lakeside view with cascading fountain
- High tech AV System for spectacular presentations
 - 50" plasma TV's
 - LCD projectors with drop-down screens
 - Wireless microphone system
 - Laptop plug-in
 - DVD player
- Tables and chairs included
- Full commercial kitchen facilities
- All caterers welcome with an open catering policy
- Great, friendly, accommodating staff



Come by and tour this beautiful facility for yourself or give us a call at 972-293-5288 for more information.



Want
some
help
with
that
interview?

Free
ZOOM!
Whitening
For Life!

With cleaning exam and x-rays.
1 hour teeth whitening!

**\$500 off
invisalign**



All The Reasons To Smile®



SMILEWORKSHOP®
DENTISTRY

We understand the importance of always wearing a smile.
SmileWorkShop® Dentistry is a fun, family approach to dentistry.
Part of our commitment serving our patients involves providing
information that helps them to make more informed decisions
about their oral health needs. Visit our website and give us
a call today to schedule an appointment :

972.299.ZOOM AND SMILEWORKSHOP.COM Aaron Ip, DDS

Contents

November 2009, Volume 3, Issue 11

6



Audubon Attraction

10

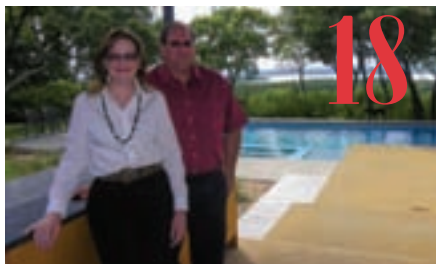


Going Out on a Limb

14



Putting Their Worries Aside



18

Naturally Beautiful

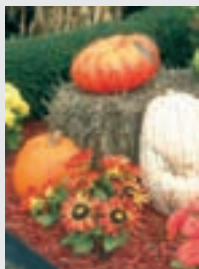
At Home With
Bruce and Billie Ballengee

30

ArtsNOW The Thinker Artist

32

BusinessNOW A Gem in DeSoto



On the Cover:
Seasonal decorations at
Armstrong Park in
Duncanville.

Photo by Angela Mixon.

24 Around TownNOW

36 FinanceNOW

38 HealthNOW

42 Community Calendar

Publisher, Connie Poirier
General Manager, Rick Hensley
Managing Editor, Becky Walker
Editorial Coordinator, Sandra Skoda
Creative Director, Jami Navarro
Art Director, Chris McCalla
Billing Manager, Lauren De Los Santos
Office Manager, Angela Mixon

Southwest Editor, Beverly Shay
Contributing Writers, Alex Allred
Debi Choate • Arika Hardin
L.B. Lyon • Amanda Madden Pitt
Jaime Ruark
Contributing Editors/Proofreaders,
Pat Anthony • Angel Jenkins Morris
Jaime Ruark

Advertising Representatives,
Linda Dean • Steve Hansen
Rick Ausmus • Will Epps
Carolyn Mixon • Linda Moffett
Steve Randle • Linda Roberson
Shane Smith • Terri Yates

Graphic Designers/Production,
Julie Carpenter • Allee Brand
Cherie Chapman • April Gann
Marshall Hinsley • Arlene Honza
Brande Morgan • Pamela Parisi
Jennifer Wylie
Photography, Natalie Busch
John Evans • Maria Monreal
Amy Ramirez

SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright © 2009. All rights reserved. *SouthwestNOW* is published monthly and individually mailed free of charge to homes and businesses in the Cedar Hill, DeSoto and Duncanville ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 283-1170 or visit www.nowmagazines.com.

Editor's Note

Greetings, Southwest Friends,

The Thanksgiving holiday prompts me to review all the blessings for which I am thankful: my faithful God; my expanding, precious family; health; friends; freedom to live and worship in a land of plenty. My list could go on and on. As I write, my family is gathering to share in and celebrate my youngest son's wedding in a few days ... a good "excuse" to gather and enjoy the richness of each other. I am so blessed!

As always, our magazine is filled with a unique variety of people contributing to our communities: an irrepressible volunteer, an inventor/artist, a wild life developer/protector, volunteers and seniors who know how to party, a jeweler, another great cook and many ads offering the fine products and services of those who add their own portion of "riches" to our lives.

Take a moment to chronicle your own list of blessings while preparing a Thanksgiving feast for your families and loved ones.

Beverly Shay
SouthwestNOW Editor





Benjamin Franklin
THE PUNCTUAL PLUMBER.
*If there's any delay,
it's you we pay!*

Have a plumbing problem?

Benjamin Franklin Plumbing has the solution!

Contact us for repair, replacement or installation.

- We are there on time or we pay you \$5.00 per minute that we are late.*
- 100% money back guarantee. You must be completely satisfied with our service or your money is refunded.
- Straight forward "No Surprise" pricing. You know exactly how much we charge before we start your job.
- Safe and courteous employees. Your complete satisfaction with both our service and plumbers is 100% guaranteed.
- Fully insured.



\$20 OFF
Plumbing Repair
One coupon per visit. Expires 11/30/09

972-283-6161
1019 Explorer Duncanville TX 75137
www.benjaminfranklinplumbing.com

*\$100 Maximum. Certain conditions apply. Call for details.

NEW

\$5.00 OFF FOOD PURCHASE OF \$20.00 OR MORE!!! DINE-IN OR TAKE-OUT ANYTIME



Limit one per customer • Cannot be combined with other offers or discounts
Please present this coupon with payment • Cannot be used for alcohol, tax or gratuity • No cash value • Expires 11-30-09

WOW!



RED HOT & BLUE

**106 East Highway 67
Duncanville, TX 75137
972-296-RIBS (7427)
www.rhnb.com**

Solar Nail Set.....\$30 & up
 Fill P/W.....\$22 & up
 Full Set.....\$15 & up
 Fill.....\$10 & up
 Spa Pedicure.....\$18 & up
 Manicure.....\$10 & up

Monday - Thursday Only

**Deluxe Spa
 Pedicure
 with Hotstone
 \$28**

With Coupon Only
 May Not be combined with any other offer

**Full Set
 Eyelash Extension
 \$25 OFF**

With Coupon Only
 May Not be combined with any other offer

1st Solar Nails & Spa

**Waxing • Facials • Nails
 Spa • Pedicure • Individual Eyelash**

NEW!

*Extend Your Beauty**

You can now have the same
 EYELASH EXTENSIONS
 that all of Hollywood is raving about!

- Low cost, thicker, fuller lashes
- Water resistant
- Last up to 2 months
- Natural look and feel
- Relaxing and comfortable treatment



BEFORE AFTER

972-293-3898

Hours: Mon to Thurs 10am - 7:30pm

Fri to Sat 9am - 7:30pm

Open Sunday 12pm - 5:30

125 N. Clark Rd. #102, Cedar Hill



Ready To Romp?

Now Open

Call now to make your reservation.
 At camp, their first day is FREE.



**Premier Doggy Day
 & Overnight Camp®**

- Large indoor/outdoor play areas
- Camper Cams
- Comfy overnight cabins
- All day play



South West Dallas

519 U.S. Highway 67, Duncanville, TX 75137

972-296-WOOF

swdallas@campbowwow.com

Audubon ATTRACTION

— By L.B. Lyon

Imagine being on an afternoon walk and resting under the shade of a flowering Dogwood tree while listening to the song of the federally endangered Golden-cheeked Warbler. Farther along on your trek, you come across the uncommon saprophytic orchids and large strands of trout lilies. Imagine this being only a few minutes from your home in Cedar Hill. This is not a dream; it is reality. This is Dogwood Canyon Audubon Center at Cedar Hill, and it should be open to the public next summer.

Chris Culak, the director of the center, explained it has been in the formulation stage for the past five or six years as a partnership between the National Audubon Society, Audubon Dallas, Dallas County and the city of Cedar Hill. "It sits right on FM 1382 between Northwood University and Cedar Hill State Park," Chris said. The center building will be named the C.E. Doolin Education and Visitors Center. Chris stated, "The Audubon center at Dogwood Canyon will be within a 50-minute drive of four million people." The expectation is that at least 40,000 people will visit the center each year. "One little-known fact is that Cedar Hill State Park is the busiest state park in the entire state of Texas," he added. "We hope to be able to attract those visitors to the Audubon Center."

Most of the work done on this project so far has been in the form of fundraising for the land and for the building of the center. The \$7.4 million project will feature a 6,000-square-foot education center and visitor's center. "We're



actually building a trail right now," he said. "There's a trail behind the center that will be an ADA [Americans with Disabilities Act] trail. It'll be about a mile long trail. We hope to have it completed by mid-November. Eventually, we'll have about six miles of trails rolling through the canyon. But we feel it is important to have the first trail open to all people including those with disabilities."

Dogwood Canyon sustains the Metroplex's greatest variety of rare and endangered species. Here is found the last known nesting habitat in Dallas County for two endangered songbirds: the Golden-cheeked Warbler and the Black-capped Vireo. Species from East, West and Central Texas converge here, making the canyon the only place in North Texas where one can find the dogwood of East Texas. "This is where the Hill Country ends in a sense," Chris explained. "A lot of the topography, a lot of the plant life, a lot of the birds that dwell in the canyon are sort of more native to what you might see in Austin's Hill Country, but yet the Hill Country sticks its neck all the way up into this part of North Texas. As a result, you are going to see certain types of species of birds that are native to Austin and you won't see them anywhere else in North Texas except for here in Dogwood Canyon."

The name, Dogwood Canyon, comes from the number of dogwood trees in the center of the canyon. The flowering dogwood is common to the piney woods and post oak belts



Bunions? Hammertoes? Tired, achy feet?
Can't wear your favorite shoes?

Let the healing begin!

Dr. Patel provides the most up to date surgical treatments for all your foot conditions

- Nail Care
- Bone Spurs
- Diabetic Foot
- Infections
- Heel Pain/Spurs
- Sports Medicine
- Hammer Toes
- Flat Feet
- Bunions
- Ankle/foot pain
- Corns/calouses
- Fractures

Metro Family Footcare

Dr. Parul K. Patel

Most insurances accepted



Take advantage of your paid 2009 deductible status. You may have little to no out of pocket expense for surgical corrections.

2500 W. Pleasant East Building #120
Lancaster, TX 75146

972-274-5708

www.metrofamilyfootcare.com

*Your Personal Image
Is Our Success!*

Full Service Family Salon
Our Staff is Experienced in:

- Latest Cuts & Styles • Color & Highlights • Facial Waxing
- Heather is a Certified **Great Lengths Extensions Stylist**
- Walk-Ins Welcome • Up-Do's, Weddings, & Special Occasions

Men, Women & Children's Cuts
NEW Clients Only
HOLIDAY SPECIAL \$20 OFF
any chemical service.
Expires 11/30/09



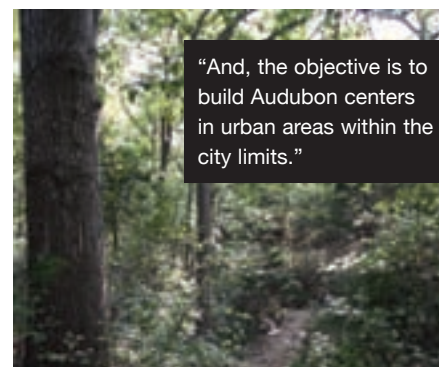
Split Endings Salon
972.291.7883
"Formerly the Hair Centre"
201 Bryan Place Cedar Hill
Corner of Straus Rd

Come by early and purchase your Holiday Gift Certificates.

Cedar Hill **NOW**

of Texas, but is generally absent from shallow, clay soils of the limestone regions. Plants and animals from East, West and Central Texas converge here at the outer limits of their ranges, making Dogwood Canyon home to a unique combination of flora and fauna.

Most importantly, the canyon supports mature Ashe juniper trees, the primary nesting habitat needed for the Golden-cheeked Warbler. The mature Ashe juniper has a loose peeling bark, which



the Golden-cheeked Warbler prefers for its nests. The Warbler also finds its favorite food there: soft-bodied caterpillars. These caterpillars are found here in the Spanish oak, shin oak and Texas ash.

Chris likes to tell people that they do not need to travel a great distance to see some of these plants and bird varieties. "Audubon's objective is to allow people to see something they may not have [had] access to before. And, the objective is to build Audubon centers in urban areas within the city limits." This connects urban dwellers with nature.

The center, simply referred to as Dogwood Canyon, hopes to connect with the area schools for field trips and educational programs. "The schools will not have far to drive when they come to Dogwood Canyon, and they will find plenty of material to supplement their science classes," he stated. They also want to help educate other people on the fun of hiking and identifying certain plants and animals. Classes will

WRAP UP A PORTRAIT THIS HOLIDAY



Merry Christmas

McCoys Photography
(972) 296-4235



RECEIVE YOUR FAMILY
SESSION 1/2 OFF
NOV. 1ST - NOV. 20TH
(\$25.00 SAVINGS)

Call TODAY!
Mention this ad to receive
this great offer.

Don't forget we design Custom Christmas Cards!

Christmas Scene Special
November 3 - December 19
CALL FOR DETAILS!

www.mccoysphotography.com
242 W. Wheatland Rd • Duncanville, TX 75116
SERVING SOUTH DALLAS FOR OVER 20 YEARS!

Cedar Hill **NOW**

be held on a variety of environmental and conservation efforts. The National Audubon Society has 45 of these centers throughout the country. The center in Cedar Hill will be the 46th. With it being in an urban setting, they hope to draw people to learn more about conservation of the great gifts of nature available in this area.

Another rare plant in the canyon is the white trout-lily, also called the white dog-tooth violet. A rare plant for this area, the showy spring-blooming forest wildflower ranges from South Dakota, Ontario and New York south to Georgia and Texas. The population of the white trout-lily at Dogwood Canyon may be among the largest in this southwestern limit of its range. Dogwood Canyon also provides the right habitat to support three species of Hexalectris orchids, which are native to the escarpment habitat. The rare orchids bloom during the summer and are among only a few hundred in the country.

Chris sees Dogwood Canyon as an important attraction and a component of ongoing growth, as well as an economic boost to the city of Cedar Hill. "If we can draw 40,000 people a year to this area to visit the center," he said, "there's a good chance those people will also visit businesses in Cedar Hill while they are here."

Chris admitted, "It is incredible for us to work in a partnership with Cedar Hill to conserve 270 acres of important wildlife in a major metropolitan area." Chris currently spends time directing the Trinity River Audubon Center, as well as the new Dogwood Canyon Center. When the center gets closer to opening, he will hire a manager and perhaps a couple of other workers, and then rely on volunteers to help with the daily operation of the center. If you are already planning ahead for local trips and keeping your travels close to home, make sure Dogwood Canyon Audubon Center is on your list. **NOW**

Your Good Neighbor and State Farm Agent for more than 40 years.



State Farm Insurance®

Jim McDonald

314 North Main Street

Duncanville, TX 75116

972-298-4491

Fax 972-298-3005

Toll Free 1-800-250-9919

Jim.mcdonald.b4ee@statefarm.com

**Auto Insurance • Renters Insurance
Life Insurance • Homeowners Insurance
Health Insurance • Financial Services**

*Our Mission: State Farm's mission is to help
you manage the risk of everyday life, recover
from the unexpected and realize your dreams.*

Call Our Office Today for Free Quote!

972-298-4491



**Office hours: Monday - Friday 9:00am to 5:00pm
Other hours by appointment**



Going Out on a Limb

— By L.B. Lyon

“I’m not interested in being out in front, but would rather drive others to help others.”

Attend any major functions in the city of DeSoto and you will undoubtedly run into Patricia Coleman. If you have ever had the opportunity to meet and talk with Patricia, you know she is a woman who seems to be everywhere and involved in everything, making you wonder, “When does she rest?”

Patricia, always overflowing with energy, can sometimes be found sitting at the desk right inside the door of Bank of DeSoto, an establishment for which she has worked 16 years. Bank CEO Pierce Monkres recalls how she came to the bank more than 16 years ago seeking a job as a new accounts clerk. Today, she is vice president and director of marketing. “She would work hard inside the bank, but soon started getting out attending the Chamber of Commerce and other functions. Now she spends about half of her time attending other events in DeSoto,” Pierce said. “Everybody likes her and everybody knows who she is. She is our outside representative and she’s very good at it. She’s important to us.”

Patricia said her passion is helping others. Her personal motto is “Go out on the limb, that’s where the fruit is.” She always finds herself out on the end of the limb picking the

best fruit. “I’m a servant,” she said. “I feel I was put on this earth to serve others. I’m not interested in being out in front, but would rather drive others to help others.”

Patricia does not merely attend functions in DeSoto; she gets involved. She is a board director of the DeSoto Senior Center, where she is also on the activity board. Her involvement includes organizing field trips and other activities for the seniors. “We try to make the center conducive to everyone who walks through the doors,” she added. “When I go there, I feel I’m among friends.

“I work a lot with the city of DeSoto and Carolyn Campbell, who is an awesome, good sister and friend in Christ of mine. Carolyn is probably as busy as I am. We do Viva DeSoto and other things with the city,” Patricia said.

Patricia also works with the Chamber of Commerce in DeSoto. “This year I’m really excited about my work with the Chamber,” she said. “I chaired the Head-turning Hats event October 24. It was a fashion show on the originality and creativity of the hats worn by the women who attended.”

There is more to Patricia’s calendar than her work with the bank, the senior center and the Chamber. She is also the CEO of Girlfriends Ministries International. Patricia started Girlfriends Ministries in 2000. “It was created through my

NORTHWOOD UNIVERSITY MBA



Discover the leader in you.

Expand your performance capabilities, executive potential, and career options.

► MBA highlights include:

- 27-month program of study
- Interactive case-based learning
- Team-oriented learning environment
- Prominent industry-experienced faculty
- Classes meet one evening per week
- Integrated management concentration courses offered in Cedar Hill, Texas

Learn more at our next Information Session on November 3 and December 1 at 6 p.m. Please RSVP to: 800.927.9663



mbatx@northwood.edu
www.northwood.edu
1114 W. FM 1382 • Cedar Hill

Northwood University is accredited by the Higher Learning Commission and is a member of the North Central Association. (800) 621-7440; higherlearningcommission.org.

TEXAS FEDERAL CREDIT UNION

Serving Members for over 60 Years! Safe and Secure with Money to Lend!



"Your Passport to Financial Success"

DESOTO BRANCH

1021 East Pleasant Run Road

DeSoto TX. 75115

www.texfed.org

(972)228-4885 • (800)242-9132



- ✓ FREE Online Account Access
- ✓ FREE E-Pay (Bill Payment)
- ✓ FREE Visa Check Cards
- ✓ Unlimited Transactions with detailed Monthly Activity Statements!

- ✓ FREE Check Imaging
- ✓ FREE E-Statements

Ask Us for Details on
How You Can Earn
\$25 Cash!

- ✓ Car Loans as low as 3.9%* APR
- ✓ Signature Loans as low as 5.9%* APR
- ✓ Competitive Mortgage Loans Rates
- ✓ Home Equity Loans!
- ✓ Student Loans and Much More!

*Qualifying Members Only. Subject to credit approval. Some restrictions apply. All rates are based on annual percentage rate (APR) calculations.

NCUA

Hours of Operation

Lobby: Mon - Fri 9am - 5pm • Sat 9am - 1pm

Drive Thru: Mon & Fri 7:30am - 6pm • Tues-Thur 8am - 6pm • Sat 9am - 1pm



735 NORTH HWY. 67
CEDAR HILL
(972) 293-9612

JOE'S
CRAB SHACK

**PRESENT THIS AD & RECEIVE A
FREE APPETIZER**
WITH THE PURCHASE OF AN ADULT ENTREE

Not valid with any other offer or discount. Tax & gratuity not included. 1 coupon per party of 4. Value up to \$7.99, no cash value. Offer only valid at the Cedar Hill location. Expires 12/31/09.

HOMESITES FOR SALE

SHILOH FOREST ESTATES



- Highly Deed Restricted
- Huge Pecan Trees
- Creeks, Ponds & Walking Trails
- Midlothian School District
- County Taxes Only

Coming Soon to
Shiloh Forest Estates

JOHN HOUSTON
CUSTOM HOMES

www.JohnHoustonCustomHomes.com
SHILOH FOREST ESTATES
For Lot Sales call Bobby Glass 972-935-2738.

DeSoto

NOW

daughter," Patricia said. "She wanted to do a lot of things, and a lot of things she wanted to do I didn't agree with." So Patricia dealt with it by starting a ministry for girls. "It started with praise dancing. We'd meet every Saturday and talk about praise dancing, but also about boys, girls, abstaining from sex, parents, relationships and a variety of other things; always about how to be a good Christian person. I believe God is first in everything I do."

Patricia and her husband, Oswald M. Coleman Sr., moved to DeSoto 21 years ago. They have been married for 26 years and have one daughter who



graduated from DeSoto High School and the University of North Texas. She admits that she misses her family that lives in St. Louis, but would not give up the work she does here or the people she meets for anything. Oswald is a videographer with ESPN and ABC, which has allowed Patricia to expand her contacts to sports celebrities. "He's directly involved with the NFL and the NBA, and he's done this for 34 years," Patricia said, noting she could talk about her husband all day.

People often ask her what she talks to sports stars about; she responds that they are just ordinary people. "I try to tell people that if you allow God to be first in your life, He will take you to places you thought you'd never go."

Patricia loves what she does so much; she said she often has to pinch herself to make sure it is not just a dream. "I sometimes can't believe that I actually

get paid to do what I do. I love what I do," she shared.

Does she ever relax? "Yes," she laughed. "I go shopping. I have to be out and about with people and I love



Patricia Coleman and Nathan Busby, Director of the DeSoto Senior Center share a desire to enrich the lives of DeSoto's Senior Citizens.

to shop. I may spend hours shopping and never really buy anything, but I get to meet and talk to people."

She does not brag about what her accomplishments have been, but the short list of honors includes: 2006 DeSoto Chamber Ambassador of the Year; 2006 New Pilgrim Rest "Award of Recognition"; award recipient of "Mentoring the Seed"; and 2008 DeSoto Chamber Volunteer of the Year.

The list does not end there. Patricia is also involved in the DeSoto Independent School District as foundation president and a New Vision mentor. She believes it is important to support the school district and the young people of today who will be the business and political leaders of the future. "It's fun to see the kids who came in with their parents who did banking, now opening their own accounts," she said. "I love sitting by the front door of the bank and seeing all the people come in. I know so many of them. I'll keep doing what I do until I retire, and the 'r-word' is something that is not even in my vocabulary at this time." **NOW**

Your Gateway to Transformation

chameleon medical spa

LIPO-EX^{NEW}
Lipo without Surgery

We also offer,

- Injectables & Fillers
- Mesotherapy
- IPL/ FOTO FACIAL
- Laser Hair Removal
- Chemical Peels
- Medical Skin Products
- Jane Iredale Make-up and more...

50% off!
Laser Hair Removal
CC12080900

BOTOX®
\$10.49 Per Unit
CC12080943

Call now for your free consultation
972 296 2045

www.chameleonmedspa.com

"A" is for Affordable.

"A" is also for Allstate Agent.
When you're looking to save on car insurance, I'm the first person to call. In fact, drivers who switched to Allstate saved an average of \$396 a year. Call me today to see how much you can save.

BERT MAXWELL
972-224-9181
1510 N HAMPTON #280
DESOTO
bertmaxwell@allstate.com
www.allstateagencies.com/bertmaxwell

Allstate
You're in good hands.
Auto Home Life Retirement

*Savings based on national customer-reported data for new policies in 2008. Actual savings will vary. Allstate Fire and Casualty Insurance Company, Northbrook, IL. © 2009 Allstate Insurance Company

Putting Their Worries Aside

— By Amanda Madden Pitt

The D.L. Hopkins Jr. Senior Center's mission is to provide opportunities for older adults to continue being active, vital participants in their community.

"A lot of people think we're a nursing home, but we're not," said Elaine Ham, supervisor at the senior center. An events calendar, which reads more like a cruise ship agenda, offers a wide variety of entertainment.

"I have daughters who come and say they can't wait to come back, because we have so much fun." The lively and active center is made possible by a team of caring individuals from a variety of professional backgrounds, who give of their time to help make the group a success. "We couldn't run this place without volunteers. Each year we honor them. We send out about 125 invitations to the event," Elaine commented. "We even have a Web master," she added.

The ambiance of the well-kept center offers both charm and an energetic atmosphere. All along the center's hallways, visitors are compelled to check out the amenities as each room resonates with the sounds of people having a good time. One area houses a library, and another hosts ceramic and craft classes, but the busiest place is one Elaine calls "the inner sanctum." It is full of men and women playing dominos and cards. In this room the mood is jovially serious as the sights and sounds of dice mingle with friendly competition filling the air. In a mirrored studio, a dance troop, which Elaine founded her second year working at the center, meets frequently to practice. They are called The Plungerettes. Choreographed by their fearless leader of 10 years, the team has traveled across the United States performing at nursing homes and



for charity events. "You want to be around your peers, and you want to have something outside of your family," Elaine said. "These are my ladies. Once a Plungerette, always a Plungerette."

Hanging as a tribute to one of the center's newest endeavors are three framed photographs. Two of them are pictures of the 2008 and 2009 Ms. Classic Duncanville contestants. The third frame hangs empty encouraging the next contestant to try out for 2010 candidacy. The pageant is only two years old and has already gained statewide recognition. Each year the winner represents their city at Ms. Texas Senior America. "We stress that this is not just a beauty pageant. It is a competition that celebrates the beauty of the spirit of women," Elaine said. Exciting news came this year in May when Ms. Classic Duncanville 2009 placed first runner up at Ms. Texas Senior America.

Weekly events include massage therapy, fitness classes, square and line dancing, women's drill team, choir, band, guitar class, murder mystery dinner theatre and a variety of other activities, but none of these top the festivities during the holidays. One such upcoming celebration will happen the week before Thanksgiving. At that time, theatrics will meet Turkey Day when 150 people will gather for a catered

Give Your Loved One His Own Outdoor Paradise for Christmas!

Specializing in patios and outdoor kitchens!



Pools
Pergolas
Fire Pits
Mowing
Rock Work
Tree Trimming
Retaining Walls
Landscape Lights
Concrete Staining
Outdoor Kitchens
Seasonal Color
Sprinkler Systems
Drainage Systems
Christmas Lights Installation



PARADISE

Lanscaping & Renovations

817.495.3211

See Our Gallery at www.northtexaslandscaping.com

Quality Maintenance • Installation • Design • Over 50 Years of Combined Experience



Caring for Seniors. Mind. Body. Soul.

Christian Companion Senior Care provides trusted in-home care for seniors from a uniquely Christian perspective.

- Loving companions who care for you
- Light housekeeping & laundry
- Errands, shopping & meal preparation
- Medication reminders
- Bathing, dressing & all personal care
- Spiritual encouragement & prayer

...and much more!

**Call today at 972-572-5700 or
visit us online at: ChristianSeniorCare.com**

All franchises are licensed, insured and bonded. Proudly locally owned and operated.



<p><i>marve</i> LASH[™] bar and Day Spa</p> <p>Coming In November</p> <p>from the experts of</p> <p><i>Remède Spa & Wellness Center</i></p> <p>Lash Extensions ★ Massage Therapy ★ Facials ★ Boutique & more!</p>		<p>\$10 Off 60 Min. Massage or any Facial</p> <p>Expires 12.31.09</p>
	<p>\$25 Off Lash Extensions Initial Set Only</p> <p>Expires 12.31.09</p>	 <p>UPTOWN VILLAGE <small>AT CEDAR HILL</small></p> <p>305 W. FM 1382 # 704 972.572.1772 www.marvelashspa.net</p>



lunch, which will include turkey, dressing, cranberry sauce and all of the trimmings. "Another thing that is different about that day is how we decorate. That's the day that everyone wants to come," Elaine said. The tables will be clad with Thanksgiving decor and centerpieces to enhance the holiday spirit. The entertainment will be just as unforgettable. "Judy Knight is the Lucille Ball of the senior center," Elaine laughed. "For the Thanksgiving Day lunch last year, she dressed up as a turkey and sang a song. 'Hang down your head, Tom Turkey, hang down your head and cry. Hang down your head, Tom Turkey, for you are sure to die.'"

The Thanksgiving luncheon is an opportunity for city employees to show their appreciation and provides a special way for employees to thank the center's volunteers. "The tradition has always been that the city employees come in and serve the lunch. Every other day of the year, we use volunteers, but that day all the volunteers also just get to sit down and be waited on," Elaine said.

Although the two are usually featured at different times, the Thanksgiving Day meal goes hand-in-hand with the fall event, for which planning began in June. This year, the event will take place on Thursday night, November 19. The performance is a theatrical production titled *A Hee Haw Christmas*. Fifty people from the center and the community will be featured in the production, and those in attendance can expect to see, “Hee Haw honeys and Hee Haw hunks performing skits,” Elaine said. “I was so excited, because I’m getting an outhouse for the stage.”



Richard Whitman
VP, Mortgage Services
972.595.1232

TEXAS TRUST
MORTGAGE SERVICES

NCUA 
LENDER

Home Loans!
Right This Way...

TexasTrustCU.org/myhome
972.595.1232



Last year's fall event had a '50s theme entitled *Happier Daze*. A recent dinner theater event, *Dinner at 8 Dead by 9*, was a story about a gathering in honor of the patroness of the arts. The story unfolded after her unfortunate death as she fell face-first into a plate of spaghetti. The following acts were filled in displays of comedy and tragedy, as each character plead a case of innocence in the brightly dialogued game of who-done-it.

"I have the best job in the whole world. I get paid to do all of this fun stuff, and it's just amazing to me. I love being the director, I don't like standing up being the star. I love seeing other people stand up to take the star roles," Elaine said.

Yet nothing makes this director happier than seeing the lives of the center's participants impacted. "They have to meet us halfway. They have to be willing to socialize and open up. Coming to the center requires them to ... be around other people," remarked Elaine.

One touching story that stands out in Elaine's mind is of a man whose determination to be in a theatrical performance took his mind off of chronic hip problems, which turned out to be just the therapy he needed. Elaine recalled the determination in his voice when he said, "I told my daughter, 'I don't care what happens; I'm going to do this play.'" His involvement took the focus off of his problems, and for the time being, the hip became a nonissue. Stories like these prove the Hopkins Senior Center to be a place where participants can forget their worries and come together just to have a good time. **NOW**

"The Shape of the American Dream"
Travel Trailers by
Casita
 Aerodynamic - Sleek - Efficient

Go Cowboys!

Call For Free Brochure
 1-800-442-9986

Family Owned & Operated Since 1983

3030 S. MCKINNEY OFF I-45 (Exit 237 or 238 in Rice) • 903-326-4717
 email: casita1@casitatraveltrailers.com • website: www.casitatraveltrailers.com

Relax ... Retreat ... Reconnect ...

Community Features
 24-Hour Emergency Maintenance
 Clubhouse
 Fitness Center
 Heated Spa
 Park / Picnic Areas
 Some Utilities Included
 Swimming Pool

Unit Features
 Telephone & Cable Hookups
 Alarm System Available
 All Electrical Appliances
 Cable Hookup
 Ceiling Fans
 Central Air and Heat
 Dishwasher
 Fireplace

Features
 Frost-Free Refrigerators
 Kitchen
 Microwave
 Patios / Balconies
 Pets Allowed
 Private Bathrooms
 Refrigerator
 Stove
 Walk In Closets
 Washer & Dryer
 Window Treatments

Mount Vernon

Mount Vernon Apartments
 1020 Scotland Dr., DeSoto, Texas 75115 • Tel: (972) 298-1946 • Fax: (972) 298-0668



NATURALLY *Beautiful*

— By Jaime Ruark

At Home With **Bruce and Billie Ballengee**

The Ballengee home is quite an impressive structure, and not only because of its unique design or its marriage of modern living with Southwestern flair. The house is remarkable because it manages to be imposing, with its larger-than-life tower, while still blending into the

surrounding natural landscape. With its exposed steel beams and clean lines, it is contemporary without being cold or uninviting. Its innumerable prehistoric fossils are a testament to the past, while the home is a sign of the technologically advanced present. The house is a veritable art museum, with countless paintings and pottery, while still being a relaxing, comfortable home to the Ballengee family.

Bruce and Billie's 7,200-square-foot, five-bedroom, seven-bath house, built on two lots comprising four acres of land, also had quite an impressive beginning. "It took us a while to buy both lots, and we actually owned the property for several years before we began building," Billie recalled. "It took us a year to design and two years to build." The couple had Gary Cunningham, owner and founder of Cunningham Architects, help them dream up a design that was completely original and eco-friendly. "He let all his junior architects compete in a prototyping competition," Bruce said. "All the designs were wonderful; we decided to take the best of several.

One of them was a completely glass house, and there was another one that was like a massive fortress." The final design ended up being a loosely integrated amalgamation of those two concepts — a house, which won the architects an award from the American Institute of Architecture.

Bruce, founder, president and CEO of the information technology firm, Pariveda Solutions, recently received an Outstanding Corporate CEO award, and Billie, a lawyer-turned-stay-at-home mom, is heavily involved in a variety of community activities. They have been married for 28 years. "We met at Baylor University when I was still in high school. I was there for a summer workshop. We were both on the high school debate team, and he debated in college," Billie shared. "Bruce judged my partner and me in a debate round." The couple became friends when Billie went to college, married in 1981 and are the proud parents of Jason, Brooke and Will.

The home's decor is a blend of Bruce and Billie's style. While Bruce made decisions regarding the outside





of the house and Billie's suggestions reigned supreme inside, the couple made most major decorating decisions together. "He's more willing to give in to my tastes than most husbands would be, but we both made some compromises," Billie smiled, pointing out the black marble-top tables, embedded with marble conical fossils, in their kitchen and dining area. "This was my second choice, but it was the right decision. We had them made to match the granite countertops."

Warm colors, especially deep maroons and vibrant reds create a cozy atmosphere throughout the house despite the contemporary style. "We like modern, but we wanted it to feel warm. So much of the modern style is cold and stark white. You'll find no white in our house, except for Brooke's room because we let her pick her colors," Billie noted. In the living area and master bedroom, large paintings depicting stoic Indians in regal garb and vivid face paint perfectly accent the color scheme, while floor-to-ceiling windows create a beautiful natural backdrop. "We wanted to bring the outside in and the inside out," Billie added.

The walls of the home are an interesting conversation starter, although it takes an investigative eye to find some of the treasures Billie has hidden throughout the rooms. Megalodon teeth, shark teeth, raw amethyst, volcanic opal and ash, crystal and fossilized trilobite exoskeletons, sea anemones and lobsters are just a few of the things embedded in the rock and stone. "There's over 400 tons of rock in this house," Bruce said. "We

Every Child Deserves a Special Dentist!



Services include:

- First Dental Visit
- Preventative Care Visits
- Teeth Cleaning
- Fluoride Treatments
- Dental Sealant Application
- Digital X-Rays
- Proper Oral Hygiene Education
- Dental Emergencies



From wall murals of their favorite characters to an arcade room and DVDs playing above their chairs during their treatment, ***we make a trip to the dentist FUN!***

Stop De-cay Before Pre-K

The American Academy of Pediatric Dentists recommends 1st visit by 1st birthday. Lap visits should be scheduled as soon as the first teeth come in!



Most Insurance & Medicaid Accepted

Jon S. Ousley, DDS, MSD

Aleco Tujios, DDS, MS

Dentistry for Infants, Children and Teenagers

Board Certified Specialists in Pediatric Dentistry

7005 Pastor Bailey Dr., Suite 100A • Dallas 972-296-1835

www.justforkidsdental.com



While much of the cabinetry and endless bookshelves in the residence are made of cypress wood, and some of the flooring and the kitchen island were fashioned from mesquite, Pecky cypress was used for some of the walls and ceilings, another beautiful, natural and interesting choice made by Billie. "I'm from Louisiana and I grew up loving Pecky cypress. It's full of holes caused by worms," she explained, as Bruce interjected, "She has an aunt and uncle who live in south Louisiana and they were wiped out by Hurricane Audrey. Their house was picked up and moved about a hundred feet. The



really wanted to make sure we used all natural materials." From a petrified wood coffee table to walls made of American clay, the house is truly a study of nature. "This clay is a fairly new product and it's very 'green,'" Billie noted. "If there's a scratch on it or you decide to change around some artwork, you just spray a little water on it and trowel it and it's smooth again."

PARADISE COWBOY
The Ranch At Cedar Hill • Hwy 67 @ Wintergreen Exit
972.293.1483

COME SHOP WITH US FOR:

Only complete line of
Tommy Bahama
south of the Trinity!

TB Shirts for him...

PANDORA™
for her!

Tommy Bahama

... Create your own Paradise!

LOVE PIC LOVE
ALL WEDDING PACKAGES
& CUSTOM
WEDDING INVITATIONS
25% OFF

<http://lovepiclove.com>
erick & alyssa johnson
214.762.8330

Book your Holiday Parties Now!

**Banquet facilities available
will hold up to 220 guests.**

Tuesday Night 6pm
**Complimentary
Wine Tasting**

Wednesday Night
**Texas Hold-'em
poker night**

**★ RANCH ★
STEAKHOUSE**

Photo by
KinneyStudios.com

**★ 1/2 OFF ★
BOTTLE OF WINE**
with purchase of 2 adult entrees
Not valid with any other offer or discount. Tax & gratuity not included. No cash value. Expires 11/30/09

**★ FREE ★
APPETIZER**
with purchase of 2 adult entrees and drinks.
Not valid with any other offer or discount. Tax & gratuity not included. No cash value. Expires 11/30/09

1435 Hwy. 67 • Suite 200 • 972.291.4530 • www.ranchsteakhouse.net

Visual Expressions
creative art school gallery & custom framing
1425 N. Hwy 67 Cedar Hill, TX 75104 Ph: 972-293-1117 veartgallery.com

Holiday Workshops
Workshops starting at \$35.⁰⁰ It's that time of year again
all supplies included. & The Holidays are approaching fast.
We have some Wonderful Holiday Workshops where you can make
Decorations, Gifts & much more These workshops are great for making
each individual item Special & Unique. Call 972-293-1117 to register

Check out our...
Art Parties, Date Night, & Lunch Date

DO YOU FEEL LUCKY!!!
SAVE UP TO 50% OFF
on all Artwork and Framing.
Offer ends 11/12/09 (Coupon must be presented at the time of purchase to receive promotional discount. This coupon is not to be used with any other offer or promotion.)

Bring in ad to get this special deal!

Student Art Show
Nov. 13th
7pm - 9pm

join our email list
@ veartgallery.com



only wall that survived was a Pecky cypress wall. Then they got wiped out again by Rita and flooded by Ike. The one thing that survived three hurricanes was the cypress.”

Bruce and Billie both have offices, separated by a sitting room, where more of their favorite art, pieces they have given each other for anniversaries, are displayed. These include prints of one of Bruce’s favorite artists, R.C. Gorman. “You’ll notice a distinct difference between our offices,” Billie laughed. “His is always in pristine condition and mine is never in pristine condition, which is why we chose to have separate



offices.” Billie’s office houses one of her prized possessions, a stately Hungarian wood inlay of a church cathedral, which hangs opposite her grandfather’s Depression-era gun.

The glass tower, 900 feet in elevation, accessible by stairs or elevator, houses the largest flat screen television in the home. The second floor (the lower portion of the tower) is home to Brooke and Will’s bedrooms, each with their own private bath and a sitting area. The tower also boasts a breathtaking panoramic view of the area. “You can

see downtown Fort Worth, the new and old Texas stadiums, the dam at Joe Pool Lake and downtown Dallas from the inside, as well as the outside on the covered patio complete with comfortable chairs,” Bruce said. “It’s probably hard to believe, but it’s difficult to see our house — it blends in with the woods, which was intentional.”

The Ballenee house is a work of art, a testament to history and a warm and inviting home. “It was quite an undertaking,” Billie said, “but it was worth it. We love it here.” **NOV**



Thanksgiving Sale
25% OFF
All Dining Sets!

with this ad until 11/30/2009
see store for details

Hwy 67 & Pleasant Run • Cedar Hill
In Best Buy Shopping Center
972.293.6644 • www.blucci.com



Sofa & Chair \$1299



Media Chairs \$999 3 pc
Also Available in Black & White



Qtn Bed \$399



Table + 4 chairs \$599



Clint Dean poses with 105.3FM/KXAS Channel 5 sports host Newy Scruggs at David's Seafood Grill.



Carrie Ingram suits up to rock climb at the one year anniversary party for Edible Arrangements.



Tom Kennedy and CHESD Superintendent Horace Williams attended a ribbon cutting at Peninsula Cafe.



Lisa Speaks and Dr. Kirtland Speaks welcomed guests at the September Chamber Night Out.



Eight-year-old Zenus of Cedar Hill spent time recently with Big Sister mentor Tiyanaana.



Dr. Kevin Fegan announced Coach Pat Molcheski as the first inductee into Northwood Texas' Athletic Hall of Fame.

Welcome to Our **FABULOUS** Full Service Hotel



Stay with us...

Weekly Special \$199 plus tax

Stay 3 nights & get the 4th night FREE!*

No credit check • No security deposit • No utility deposit

Refrigerators • Irons/Ironing Boards • 27" TV's
Room Service • Shuttle Service Available • Shopping
Entertainment, Restaurants & Theaters close by

711 E. Camp Wisdom Rd.

Duncanville, Texas 75116

972-298-8911

972-298-8983 Fax

dallastx@hotelsuitesofamerica.com

***(3 nights @ \$59.99 each + tax)**



RON'S FLYER DOOR TO DOOR DELIVERY SERVICE

- We can deliver your flyers or door hangers door to door by our supervised crew.
- We welcome you to spot check, drive through the delivery area.
- We call you as we deliver your flyers.
- Then you can drive through and see them on the doors.
- You choose the area where you want your flyers delivered.

Ask us about Infinity Copy Center - 3c copies to print your flyers.
We deliver your flyers for 7.5c per door knob.

SPECIAL

Your flyers delivered door to door for
only \$75⁰⁰ per 1,000 minimum order; 3,000.
Flyers for \$225⁰⁰ for a limited time.

RON'S FLYER SERVICE
214 S. Main St. Ste. 214
Duncanville, TX 75116
214-779-7159



For women ... by women



PATRICIA LARUE, MD, KECIA FOXWORTH, MD, ROCHELLE MCKOWN, MD, THERESA PATTON, MD, SANDRA LOZANO, MD

The five exceptional women physicians at Kessler Women's Healthcare have a common goal: to provide a place of nurturing care and support for women through all stages of their lives.

These board-certified, specialty physicians and surgeons built their business with a shared vision of providing outstanding care in an environment of encouragement, sensitivity and kindness.

Each doctor brings her own unique experience, background and focus to the team.

"The rewards of caring for women from their first gynecological exam, through childbirth, menopause and the challenges of aging is an honor," says Patricia LaRue, M.D. Dr. LaRue, a Texas native and Texas Super Doctor in 2005, 2006, 2007, 2008, and 2009 has also served as a clinical instructor at Methodist Dallas Medical Center.

Rochelle McKown, M.D., sees tremendous advances in minimally invasive and robotic gynecologic surgery and feels that "the advantages are amazing." Dr. McKown graduated from Texas Tech University Health Science Center and has also served as a clinical instructor at Methodist Dallas Medical Center.

For Theresa M. Patton, M.D., "The challenges of adolescent and young adult care, as well as obstetrics" have always been of particular interest. Dr. Patton graduated from the University of Missouri-Kansas and is a former chief resident of Obstetrics and Gynecology at Methodist Dallas Medical Center.

Kecia L. Foxworth, M.D. knows what it's like to be a new mom. "Having recently given birth to two beautiful children, I am very in touch with moms-to-be." Dr. Foxworth graduated from Meharry Medical College School of Medicine and is a former Chief of Obstetrics and Gynecology at Bayne Jones Army Community Hospital.

Sandra Lozano, M.D. says, "I am fortunate to work with such extraordinary women physicians. Being fluent in Spanish, I enjoy providing care for the Hispanic women in our community." Dr. Lozano is a former Chief Resident of Obstetrics and Gynecology at Methodist Dallas Medical Center.

Their new facility at 1330 North Beckley in Dallas was designed to seamlessly blend state-of-the-art technology with a warm, comfortable atmosphere. In addition to obstetrical care, these five physicians offer hormonal management, comprehensive gynecologic care — including laparoscopic and minimally invasive surgery, in-office procedures including Essure, and bone density testing. The doctors' home hospital is Methodist Dallas Medical Center, the recipient of the prestigious Premier Award for Quality in Maternal and Neonatal Care.

Kessler
women's healthcare

1330 NORTH BECKLEY AVENUE • DALLAS, TEXAS 75203 • 214.941.7200

Mon-Thur 7am-6pm, Friday 8am-5pm
New Saturday Hours: 8:30am-12 noon
www.kesslerwomens.com

Mondays and Tuesdays SANDWICH SPECIAL

\$2⁹⁹*

Plus Tax



OPEN 11-9 EVERYDAY

**we cater
we cater
we cater**

*Valid from 4:00pm to Closing. Excludes Ribs,
Po Boys & Westerners.

**1001 North I35, Suite 116A
DeSoto (469) 567-8341**



Sybil Anderson and Isabella Wiyhs enjoyed the arrival of fall on the CES playground.



Mike Barona proudly showed off his 1950 Chevy truck at the Wheels Show.



Fanya Alexander, Jaiden Black and Malaysia Turner performed a new Cockrell Hill Elementary cheer.



Volunteers participated in the Methodist Charlton Medical Center Hearts and Hammers project.



A ribbon cutting was held for the Doug Stanley Ford Quick Lane.



Outgoing DUSD Board Member Dee Trimble received a bronze eagle in recognition of his seven years of service.

Your clinical partner in total healthcare and preventative medicine.



Dallas Adult Medicine

Dr. Abdurrahim, MD

Internal Medicine - Board Certified

3650 West Wheatland, Ste. C

(across from Charlton Methodist Hospital)

Dallas, Texas 75237 • 972-283-5998

Medicare and most insurance accepted, does not accept Medicaid





Are you stressed out because you are behind on your mortgage payments? Want to avoid foreclosure? Can't afford bankruptcy? Owe more than your home is worth?

We can help.

Call us at **1-888-287-8945**
or go to www.txmortgagedebtrelease.info

 **THE TEXAS GROUP**
"A Realty Company with Service as Big as Texas"
We are a licensed real estate company 8557237.

We have been serving downtown Dallas since 1985 and are happy to now serve our hometown, Cedar Hill

Dick & Teril Woodward

Let us host your next party or meeting!



We do a stress-free full service children's birthday party.





Order all of your holiday trimmings now!



Full menu of cakes, pies, salads and casseroles to feed the crowd.

Where Locals Meet

Serving Breakfast and Lunch
from 7:00 AM until 2:00 PM Monday - Saturday

Call us for all your catering needs!

Customized to suit your event and your budget.



In the new office building at 610 Uptown Blvd. 972-293-9944

"Your Complete Satisfaction Is My Concern"

**JEFF
SORRELS**
Internet Sales Manager




**Chuck
FAIRBANKS
CHEVROLET**

I-35 South at Pleasant Run Exit
629 I-35 South in DeSoto

972-223-7611
Mobile:
214-532-2350

email:
jsorrels@chuckfairbankschevy.com



A press conference was held recently at City Hall to announce the opening of Bob Knight's Fieldhouse.



Bella viewed the clock exhibit which she helped inspire, now on display at the Duncanville Library.



MSGT. Jon McGinnis, son of Sharon, stopped by to thank the DV Women's Club for its support while he was in Iraq.



Keep Duncanville Beautiful Board geared up for the 6th Annual Toy Recycling Drive.



ViaShone Rhodes and Calvin Golden enjoyed lunch at Red Hot & Blue.



Sandra Crowe and Jerry Frazier enjoyed refreshments at Glenda Kay's Gifts & Collectibles' 10-year anniversary celebration.

Providing urological care for healthier lives.

R. Carrington Mason, DO Allan C. Van Horn, MD Michael D. White, F.A.-C

Jeffrey C. Toubin, MD Siddharth G. Jain, MD

Does ED have you down?

Erectile Dysfunction (ED) is a common condition that affects 30 million men in the U.S. with more than half of the men ranging between the ages of 40 and 70.

Most ED cases are caused by a physical condition such as diabetes, hypertension, side effects from certain medications or other health conditions.

The good news is ED can successfully be treated. Don't let ED affect your relationship any longer.

Call and schedule an appointment today. Let our physicians help you determine what treatment option is right for you.

2705 Prince George Ave.
DeSoto, Texas 75115
972-780-0480

1411 N. Beckley Ave.
Pavilion III Suite 464
Dallas, Texas 75203
214-948-3101

SOUTHWEST UROLOGY ASSOCIATES

Accepting most major insurance plans. Hours: Mon- Fri 8:30-5

www.southwesturologydallas.com

LOOKING FOR A JOB?

Do you have the skills?

Call PC Center

Programs:

- Medical Assisting
- Medical Office Assisting
- Business Administration Technology
- Computer Technician

Financial Aid for those who qualify
Accredited technical school

972.224.9800

PC Center Professional Certification Center

1229 East Pleasant Run Rd.
#216 DeSoto, TX 75115
(1 block from I35 & Pleasant Run)
www.pccenterdesoto.com

A centerpiece that brings everyone together.



SAVE \$3
on your
next order.

Offer valid on select products. Cannot be combined with any other offers. Offer code must be used when placing the order. Offer expires 11/30/09 CODE: 3409029

972-293-2848

617 Uptown Blvd Suite 105
Cedar Hill, TX, 75104

Coming Soon to Mansfield

EdibleArrangements.com



Fruit Festival® with Cinnamon Chocolate Apple Wedges
Copyright ©2009 By: Edible Arrangements, LLC. Containers may vary. Available in a variety of sizes.
Franchises available call 1-888-727-4258 or visit eafranchise.com.

Our Goal is
to keep your
Family
Comfortable!

Serving
Southern Dallas County
and all of Ellis County



Family Owned
& Operated
Since 1987



For all your heating &
cooling service needs!

**Around
The Clock
Service Co,
Inc.**

www.AroundTheClockAir.com

**972-224-9795
972-937-3361**

Licensed for your protection
#TACLA011892C

*Give Thanks
with a
Grateful Heart*

November Series:
The Power of Thanksgiving

Pastor Julius Morris and Family

6701 S. Hampton Rd.
Dallas, TX 75232
Phone: 214-907-3101
www.poletoflight.org

Service Times:
Sunday 10:30 AM
Tuesday 7:00 PM

Behold, the Savior is born

December 5 - 10am
Over 300 unique nativities on display

Special entertainment will be provided at 3 pm. on the 5th by the Greater Dallas Rotary Chorus. The exhibit will be on display through December. The International Expression Gift Shop will feature holiday specials through December. Regular admission applies, admission to gift shop is free.

INTERNATIONAL MUSEUM OF CULTURES

7500 W. Camp Wisdom Rd. • Dallas, TX 75236
972-708-7406 • 972-708-7537
www.internationalmuseumofcultures.org

The Thinker Artist

— By Beverly Shay

Mention *The Thinker* and most people will conjure up a sculpture of a man sitting head on hand in obvious thought — an apparent statement of passivity. Raymond Walter Seibert is also a thinker, but there is nothing passive about him or his thinking. Ray's take on life is computer-like in its processing, evaluating, concentrating, conceiving and constructing. He is an artist with a bent toward engineering or an engineer with a bent toward artistry, but there is not a passive cell in his non-stop thought process.

At 6 years of age, Ray decided to build a house from a soap box. "This is my future house," he told his mother. Later in life, he built a house in Austin on Lake Travis "with the help of 40 others." Design and art have always been interests of his, although he lacked confidence when young. He credits his teachers at Adamson High School in Dallas, especially Dr. Frances Freese, who begged Ray to apply himself. Ray switched to a language arts major at The University of Texas at Austin (UT), so he could maintain his good grades; he did eventually also earn a mechanical engineering degree after 20 years of night school at UT Arlington.

Ray's interests vacillated between engineering and English; he has always wanted to write the great American novel. He has 1,400 pages that "will never be published," but he has written several books. He also studied dance, ballet, modern dancing, acting and radio, TV and film for one semester at UT. "I was atrocious at dance, but I love the grace and have always leaned toward the arts," he remarked. Ray defines an artist as: "Someone who is aware, who cares and wants to share." He also loves photography and while he has four great shots that have been published and reproduced, he said his skills are not sufficient to make a living through photography.

"In 1974, I took over the heating/AC business my father had started in 1949. I have continued in that business as my livelihood," Ray stated. Within this business context, Ray's engineering inclination kicked into invention mode. His interest in solar heating/AC, birthed at UT, led him to

install solar panels at his own home. Ray's mind whirls with information on solar hydronics and photovoltaics, collectors, BTUs (British thermal units), integrated circuitry and cost-effective and -comparative electricity production, as well as facts and figures on the successful use of solar energy in countries like Japan and Germany. "Solar, at that time, was just not profitable as a job pursuit," Ray commented.

Of course, that did not stop him from dabbling and inventing. Some of his inventions are functional and efficient, others aesthetic or fun; lately they tend to be more artistic. Of his work-related inventions, he commented, "I have a knack for finding the right device for the right job." His projects include energy sources for L.E.D. lights for

under-water photography, nickel-plated bellows, a heated mouse pad, misting AC devices and pottery techniques.

Ray's artistic ventures include making jewelry from gem stones, using lost wax casting to create silver pieces; writing music and books and painting



poured pottery. His latest artistic invention is a technique for book binding, which he has effectively used to promote those whose works express the beauty around them. "I have found it is easier to sell people than anything else. Promoting others is key. It's not good enough to just get yourself work; performance should be a part of all of us — it puts an 'edge' on us to achieve something higher than we would on our own. Artists, those who share what they see, should be supported. Art is expression, and to be produced it has to be merged with money," Ray emphasized.

"I believe juxtaposition and synchronicity working in our lives prove that God is everywhere and cares for us. Events occur in our lives that lead us into timely ventures for a reason," Ray remarked concerning the timeline of events in his own life. "Part of my own writing journey came about because a friend of mine with Parkinson's disease wanted to write his memoirs. I, too, began to write at that time. I found that publishing companies are hard to get into, and distribution can be challenging. So I went to my friend and asked him to let me publish his book for him through my company, Advanced Concept Design Books. I have now published three of his books that have been nationally distributed," Ray reported. "His faith in letting me do that for him led me to find other authors who would allow me to distribute their works."

He developed his own hand book-binding process. "I can bind about 20 books in an hour, although I usually only do about five. I have bound around 300 books in the last month," Ray remarked. Being an engineer, he tested about 100 types of glue before settling into a process he is not likely to reveal. In encouraging others to pursue their own talents, Ray repeated his motto: "Be aware. Care. Don't ever give up. Share." **NOW**



Joe W. Potter, DDS, PA
Brandon K Florence, DDS

207 W. BELTLINE ROAD • CEDAR HILL, TX 75104 • (972) 291-1501



- General & Cosmetic Dentistry • Experienced Friendly Staff
- Digital Radiography • Whitening • Diagnodent (early decay detection)
- ViziLite (oral cancer screening) • Appliances (snore guard, headaches)
- Conscious Sedation • Most insurances accepted

972-291-1501 www.joewpotterdds.com



Welcome Home

Generous 50+ & Senior Discounts
Neighbors Like You
Lush Landscaping and Sparkling Pools
Peaceful & Tranquil

Red Bird Village
APARTMENT HOMES

Utilities Included

803 Link #11 • Duncanville • 972-298-5311



Prescription Eyewear • Sunglasses • Contact Lenses • One-hour Service Available

CLARITY OPTICAL

We carry designer brands such as: COACH, MICHAEL KORS, BANANA REPUBLIC, NIKE & HUGO BOSS, DKNY

2 Pairs of Glasses \$99
Some restrictions apply. With coupon only.

Most Insurances Accepted: Spectera, EyeMed, Superior Vision, Davis Vision and many more...

140 W. FM 1382 Ste. 150 • Cedar Hill (in the Cedar Hill Town Center) 972.293.6444



A Gem in DeSoto — By Alex Allred

There is a hidden treasure in DeSoto, which is truly filled with jewels of every variety. From pendants, rings, earrings and watches to cuff links and exquisite strands of pearls, Caves Jewelry boasts some of the most precious gems in the world.

But not to be outshone by the quality of its jewels, Caves Jewelry has built a stellar reputation of excellence in the world of fine jewelry. As a master Independent Jewelers Organization (IJO) jeweler, owner Jerry Caves has undergone intense scrutiny and training, developing a discerning eye for jewels, while remaining committed to helping the consumer with a “confident purchase.”

“We have a passion for what we do,” Jerry said. So much so that Jerry has authored several articles advising readers on how to select and purchase the right gem or stone. For Jerry, it is far more important that a buyer be knowledgeable and able to appreciate a jewel than for him to simply make a sale.

Indeed, he is only one of nine certified gemologists in the Dallas/Fort

Worth area; a distinction which came about after the American Gem Society contacted Jerry to become a member of its elite roster. Also a member of the Gemological Institute of America and the Independent Jewelers Organization, Jerry and his Caves Jewelry were featured in *Town&Country* and *Harper's Bazaar* magazines. Suddenly, Jerry was traveling



around the world, purchasing the finest diamonds from Antwerp, Belgium, “the largest cutting center in the world,” selecting precious sapphires in Australia and black pearls from Tahiti. It is a far cry from his modest upbringing in the Oak Cliff/DeSoto area where he

once declared a desire to become a home builder. While he jokes that he was merely emulating the professions of those around him, he had no real passion for anything.

He tried his hand in sales, “but I got tired of traveling all the time,” he said. By chance or fate, Jerry was hired to work with a jeweler and a passion was



awakened. After six years of learning the day-to-day operations of the business, “I realized I could do this on my own.” While he earned his certification and began to build a reputation, his place of business was just a 100-square-foot office, but his potential for growth was



limitless. "There was never a question of whether I would make it," he smiled.

Indeed. Today, Caves Jewelry is a 2,500-square-foot building Jerry had constructed to create a more personable, welcoming atmosphere for his customers. "I wanted more of a home setting," he said, adding while his is a business built on integrity and trust, it is also about relationships and family. In business for nearly 30 years, he has served entire generations of families for every imaginable occasion. "I just wish more people realized what they have right here. They don't have to go into Dallas for fine jewelry." The irony is he is once again traveling. Though this time, Jerry does not mind. In fact, he loves it. Since he personally inspects and selects each jewel, Jerry can tell you details about each purchase, each trip and each exquisite gem. Not only can he guarantee the quality of his diamonds, but he proudly assures any purchaser that "there are no blood diamonds!" As a member of the IJO and American Gem Society, Jerry can confidently assure the quality of his jewelry. Caves Jewelry has been voted one of 25 of the Best Independent Jewelry Stores in America by Jewelers of America.

Caves Jewelry is located at 220 E. Pleasant Run Road. Hours are: Monday-Wednesday and Friday, 10:00 a.m.-5:30 p.m.; Thursday, 10:00 a.m.-7:00 p.m.; and Saturday, 10:00 a.m.-4:00 p.m. For more information, call (972) 230-0950. **NOW**

THE NEW MODERN TREND OF DALLAS
The Pandora™ Charm Bracelet



The hottest trend going around the nation is now at CAVES Jewelry.

Created by two female jewelry designers, based out of Denmark, this new fine jewelry trend is now available in the USA.

The focus of this trend is for ladies to be able to tell the story of their life through their own Pandora™ Charm bracelet.

PANDORA™
SILVER BY THE CARAT

IJO
INTERNATIONAL JEWELRY ORGANIZATION

Caves
Jewelry, Inc.

<p>FREE Silver Earring Post with \$75 purchase of mix and match <small>WITH COUPON ONLY. VALID THRU NOVEMBER</small></p>	<p>FREE Lobster Claw Silver Bracelet with \$100 purchase of Pandora™ Charms <small>ONLY FRIDAY AND SAT., NOV. 27 AND 28 WITH COUPON ONLY</small></p>	<p>FREE Pandora™ Brochure Call us and request this free brochure, and we will send it right out to you.</p>
---	---	--

220 E. Pleasant Run Road • DeSoto • 972.230.0950 • www.cavesjewelryinc.com



Free
8pk. Chick-fil-A Chicken Nuggets

Chick-fil-A

387 E. FM 1382 • Cedar Hill, TX 75104 • 972-293-0022

2009 CFA Properties, Inc. Good only at Cedar Hill Location. One coupon per person per visit. Coupon not valid with any other offer. Closed Sundays. Coupon valid from NOW magazines only. Please use by November 30, 2009.



New Patient Specials
Free Whitening
with completion of x-rays & exam
Accept most insurance plans

invisalign
Orthodontic Treatment

JOHN H. KNOWLES, D.D.S.
SPECIALIZING IN FAMILY & COSMETIC DENTISTRY

216 DALTON DRIVE
DeSOTO, TEXAS 75115
(972) 274-2900
(972) 274-2024 FAX

Go with the Leader. Help Protect Your Home and Family with ADT Today.

Secure Protection
SERVICES **888-TEXAS-70**
www.securexps.com



This is the latest home security technology available!



Benefits

- Peace of Mind
- Complete customized security solution
- Save up to 20% on your homeowner's insurance
- 24/7 Protection



\$99.00 Customer Installation Charge. 36-Month Monitoring Agreement required at \$15.99 per month (\$1,299.64). Two-way Voice capability is all-inclusive additional monthly charge. Form of payment must be credit card or electronic charge to your checking or savings account. Offer applies to homeowners only. Local permit fees may be required. Satisfactory credit history required. Certain restrictions may apply. Offer valid for new ADT Authorized Dealer customers only and not on purchase from ADT Security Services, Inc. Other rate plans available. Cannot be combined with any other offer. TX License # B015463.

ADT Independent Authorized Dealers are independent contractors authorized by ADT Security Services, Inc. to sell electronic security services and install electronic security systems in homes and small businesses, with monitoring by ADT. Independent Authorized Dealer license numbers are available from your installing ADT Independent Authorized Dealer or at <http://www.adt.com/dealers>.

© Copyright 2009 ADT Security Services, Inc. All Rights Reserved. ADT makes no representations or warranties with respect to this product or service. ADT, the ADT logo and SecurityLink are registered trademarks of ADT Security Services, Inc. and are used under license. TX License # B015463.



Call the Handy Man Crew WE CAN DO IT ALL!

- Fence Repair & Installation
- Paint - Interior & Exterior
- Custom & Rough End Carpentry
- Tile Installation & Removal
- Wood & Laminate Flooring Installation
- Tree Trimming & Removal
- Tape, Bed & Texture

No Job Too Large or Small
We Honor Competitors' Coupons
Quality Service at Affordable Pricing

Mention This Ad
for 10% Off

Call NOW! **469-569-5431**



Methodist
REHABILITATION HOSPITAL
In Affiliation with Centene Healthcare

STROKE what is stroke?

Stroke is a "brain attack" that occurs when blood, which brings oxygen to your brain, stops flowing and brain cells die. Up to 80 percent of strokes are preventable, but nearly 795,000 people in the United States will have a stroke each year. For all racial groups, stroke is the third leading cause of death in America and a leading cause of adult disability.*

Contact us today 972-708-8604 • www.methodist-rehab.com
3020 W. Wheatland Rd. • Dallas, TX 75237

METHODIST REHABILITATION HOSPITAL is a leader in Stroke Recovery based on the UDSMR 2009 outcome data.

PRO ADJUSTER

Do you have pain
from Osteoporosis?



Do those *Golden* years
still look *Golden*?

Let's work together to get
your life back. It's never too
late to start living well!

Let Us Help You!

Dr. Lesa G. Ansell, D.C., R.N.
405 W. BELTLINE RD.
CEDAR HILL

972.291.1992



eagle express

DeSoto ISD: Engaging Parents and Community

DeSoto ISD continues to strive for parental and community involvement in district events, activities and everyday learning. Changes in several communication tools and programs have enhanced opportunities and involvement.

Active Parenting, available through elementary counselors, provides practical ways to tackle the challenge of raising children ages 5-12. Participants will learn skills to develop cooperation, responsibility and good character and positive discipline techniques.

Grandparents' Academy is a four-session program to provide grandparents with educational experiences with their grandchildren. Class topics include family history, African drumming, and financial literacy.

DeSoto ISD has established a **Parent Awareness Line** for parents, staff and students to learn about various topics such as drugs and alcohol, mental health, stress and depression, health and nutrition, parenting and safety. Details online at www.desotoisd.org under the Parent Assistance Center.

Web site updates have included virtual tours of all 12 campuses and the alternative school. Tours include exterior shots as well as the cafeteria, library, classrooms, gyms and much more! Also online, we have added direct links to the vsi.net login for parents to quickly access their student's information.

Finally, **Parent Involvement Week** is coming in November with a variety of activities, but the biggest draw is the Parent Fair and Parents v. Staff Basketball Game on Saturday, November 14 at McCowan Middle School. The Fair begins at 11:30 a.m. and the games begin at 1 p.m. All proceeds will benefit the PTA Council Scholarship Program.

Contact the Parent Assistance Center for questions and details at 972-274-8212 Ext. 221.



2008 Parent Involvement Middle School Staff Basketball Team



**DeSoto ISD
SENIORS
PROM**

**Saturday, November 7
6:00 p.m.**
**McCowan Middle School
1500 Majestic Meadows Dr.
Glenn Heights**

FREE event - dinner, dancing and entertainment
- for DeSoto ISD residents age 55 and over!

Please call to receive your tickets!
RSVP: 972-274-8212 Ext. 301
by Monday, Nov. 2.

District Earns Superior Rating

DeSoto ISD received, for the seventh consecutive year, a rating of "Superior Achievement" under Texas' FIRST financial accountability rating system.

The district earned a score of 83 out of 85 points that measure the district's financial management and reporting. This year's score is up four points from last year.

The Schools FIRST (Financial Accountability Rating System of Texas) was developed by the Texas Education Agency in 2001.

calendar of events

- November 7, 6 p.m. - Seniors Prom (age 55 and up)
- November 16-20 - Parent Involvement Week
- November 23-27 - Thanksgiving Holiday, No school
- December 3 - DeSoto ISD Christmas Choral Concert
- December 5 - Annual DeSoto Parade of Lights
- Dec. 21-Jan. 1 - Winter Break; school resumes Jan. 4

www.desotoisd.org

Back to the Basics

— By Debi Choate

The snowball started with an inspection. When Jenny took her car in for an inspection, she had no idea that it would need new tires and a new catalytic converter. After these expenses, she didn't have enough to pay one of her credit cards. She figured she'd just make it up later, but when Jenny missed one payment, the interest rate nearly doubled. Then the rates on her other cards went up, even when she hadn't missed any payments. Her minimum payments on all of the cards increased, and suddenly her money didn't quite last until the next paycheck.

This scenario is all too common these days. It could be a lost job or unexpected medical cost, but one month with unplanned expenses can impact years of your life. One way to avoid this is to go back to the basics by creating or revisiting your budget. With just a few easy steps, you can better prepare yourself to weather the financial storms.

Step 1: Understand your spending habits.

Look at where and how you are spending your money. Many tools exist to help show you your spending, such as Microsoft Money, Quicken or Mint.com, a free online budgeting tool. Getting a good understanding of where you spend your money may show you great places to save. One gentleman who started tracking his spending with one of these tools realized that he was spending \$150 on his "daily cup of coffee." By simply changing where he bought it, he saved \$100 a month.



Step 2: Aim to be debt free.

Now that you've spotted where you can create savings, determine the best way to use them to your advantage. One tool that may help you is Debt in Focus, an online, anonymous tool that can analyze your financial data and help you understand your debt. By reviewing and understanding all of your debt, you'll be able to see where your extra savings will be able to make the most impact.

Step 3: Build your budget.

Build a realistic budget that covers your expenses and allows for a little "rainy day" savings. Most importantly, be honest with yourself as you budget. If you know you'll go to the movies a couple of times a month, plan it in. If you've never built a budget before, and you'd like a little more direction, look at some of the free online resources.

Step 4: Reassess...reassess...reassess.

Once your budget is built, keep revisiting it and finding new ways to save. A few good questions to ask yourself are:

- Have your credit card rates changed?
- Could you get a lower rate with a debt consolidation or home equity loan?
- Could you refinance your vehicles to a lower rate to save?
- Have you "shopped around" for insurance lately to ensure you're getting the best rates?

With a simple plan and a little saving, you'll be better prepared if the unexpected happens to you. **NOW**

Debi Choate
Community Relations Officer
Texas Trust Credit Union

Cigars, Cigarettes, Pipe Tobacco, Snuff,
Chewing Tobacco, Incense & Much More!

Pipes,
Hookah,
Tobacco
Accessories
& Electric
Cigarettes

Roll Your Own Cigarettes

Premium Cigars

Ovilla Tobacco

108 East Ovilla Road, Suite #4 • 972.576.2150
Open 7 Days a week • Mon-Thurs 8a-10p • Fri/Sat 8a-11p • Sundays 9a-10p

People are the Purpose

Trinity Church

Sunday
9:00 &
10:45 am.

1231 E. Pleasant Run Rd.
Cedar Hill 972.291.2501
www.trinitychurch.org

Most Separates \$2.99
 New • Gently Worn • Plus • Misses
Huge Selection of Fall Tops
\$2.00 off
 any item \$2.99 or more
 exp. 11/30/09

- Business
- Casual
- Formal Wear
- Suits & Hats
- Shoes (sizes 6-12)
- Jewelry & Accessories



Bailey's Upscale Resale
 Hwy 67 & FM 1382 • Cedar Hill
 972-293-9992 • Mon - Sat 10 - 7
 (next to Jo-Ann's Superstore)

**A VERY BIG THANK-YOU TO OUR CLIENTS.
 WHEN YOU'RE HAPPY, WE'RE HAPPY.**

We're pleased to announce that Edward Jones has been ranked "Highest in Investor Satisfaction With Full Service Brokerage Firms." We've always believed our way of doing business made sense for our clients. It's nice to know they agree.

To see how we can make sense of investing for you, contact one of our financial advisors today.



Charles D. Peyton, AAMS
 Financial Advisor
 875 Straus Rd, Suite 300,
 Cedar Hill, TX 75104
 972-293-2010



Victor Sobers
 Financial Advisor
 610 Uptown Blvd. #2400
 Cedar Hill, TX 75104
 972-293-6022



Darryl L. Fenton
 Financial Advisor
 104 W. Beltline Rd #10,
 Cedar Hill, TX 75104
 (in Myriad Shopping Ctr)
 972-291-6685

www.edwardjones.com Member SIPC

Edward Jones
 MAKING SENSE OF INVESTING



Childcare Network
 The Working Parents Best Friend



- Educated and Loving Staff
- High Reach Learning Curriculum
- USDA Food Program

- 6 weeks thru 12 years
- Before and After School Programs
- Transportation Available

Childcare Network
 703 S. Cedar Ridge Dr.
 Duncanville, TX 75137

Childcare Network
 240 E. Beltline Rd.
 Cedar Hill, TX 75104

Call 1-888-718-3687 for more information!
 Bring this ad in for **FREE REGISTRATION!**
 Visit us at www.childcarenetwork.net

Dr. Ben's Affordable Cosmetic Surgery and Weight Loss

We Offer:

Weight Loss • Liposuction
 Tummy Tuck
 Brazilian Butt Lift
 Breast Augmentation
 Juvederm • Botox
 Face-Lift
Financing Available





Before



After

1700 N. Hampton Rd., Suite 100,
 DeSoto, TX 75115
972-228-3670
972-748-3555
 Benedict Olusola, MD PA Office Hours 8:30- 5:00 • Se Habla Espanol

Swine Flu & Pregnancy

— By Arika Harden

With the recent pandemic outbreak of the H1N1 “swine flu,” patients are looking to their physicians more than ever for information, medical attention and even hope. Among some of the more susceptible groups of people the Center for Disease Control recommends getting the vaccine, pregnant women are encouraged to act quickly. A pregnant woman who gets any type of flu can be at risk for serious complications and hospitalization. Here are some common questions and answers you or someone you know may have about the vaccine:

1. Will the seasonal flu shot prevent the H1N1 flu?

No. The seasonal flu shot is not expected to protect against the H1N1 flu. Similarly, the H1N1 vaccine does

not prevent the seasonal flu. Both shots are recommended for pregnant women.

2. Will the H1N1 vaccine harm my baby?

No. Flu vaccines have not been shown to cause any harm to a pregnant woman or her baby. The seasonal flu shot is already proven safe and recommended for all pregnant women. If you experience early flu-like symptoms at any point, please see your physician.

3. What can I do to reduce my chances of getting the H1N1 flu while pregnant?

- Be cautious and aware of the people around you. If you feel like they are showing visible symptoms of being ill, stay away.
- Wash your hands often, especially in public places.
- Cover your mouth and nose when you sneeze.
- The best preventive measure you can take is getting vaccinated. **NOW**

Arika Harden

V&M Coordinator - Trinity Women's Center

For more information visit www.cdc.gov/flu

We Can Help You Learn More about ...

- ✓ Traditional Medicare Supplements
- ✓ Medicare Select
- ✓ Medicare Advantage
- ✓ Final Expense Plan
- ✓ Part D - Prescription Drug Plan
- ✓ Individual Health Insurance
- ✓ Long Term Care



INFORMED CHOICE
INSURANCE AGENCY

214 West Beltline Road
Cedar Hill, TX 75104
(972) 293.4248 * (877) 572.8392
WWW.INFORMEDCHOICE.COM

JILL HOLLEY

INFORMED CHOICE
INSURANCE AGENCY



FREE MONTH with enrollment



Call Now: 972-572-9993
723 W. Wheatland Rd. • Duncanville
(Near Tom Thumb in The Village Shopping Center)

Ask about family specials. Limited time only! Offer expires 11/30/09.
Some restrictions may apply. Stop by for details.

Acupuncture (For All Conditions) Allergy Elimination

**We now offer Ion
Cleanse for Detox**

Call for your
\$25.00 1st Visit Special -
(\$75.00 if needed. New Patients Only)

Dr. Glenn Dooley D.C.
630 N. Hwy. 67 Suite 7
Cedar Hill, TX
972-291-3466
www.doctordooley.com



3 WEEK HOLIDAY FAT BURNING PROGRAM

YOU CAN'T AFFORD TO MISS!!

Plyometrics
Core Strength
Circuit Training
Obstacle Courses
Weight Training
Kickboxing
& so much more!!!

Now in Duncanville
To Register- tnbootcamp@gmail.com
Guided by **Joi Mairret C/CPT**
Tommy Murphy, Kickboxing Instr.




We probably have the
only dentist around that
does not play golf.

Need a family
dentist **Anytime!**
Evening & weekend hours

Call **972-22Smile**
or 972-227-6453 or 800-299-0929

Open Mon thru Fri 7:00 am to 9:00 pm and Sat 8 am to 8 pm.
Live emergency calls 7 days a week
24 hours a day.

3940 West Wheatland Road, Dallas
(on the corner of Wheatland Rd. & Hwy 67
... in the copper top building.)

WHEATLAND DENTAL CARE
HARRY L. SUGG D.D.S.



Start your holiday shopping with us!


Open House

Friday	Saturday	Sunday
Nov. 20	Nov. 21	Nov. 22
10am-5pm	10am-5pm	12pm-4pm



Door Prizes, Specials & Refreshments!
Grand Prize **\$100 Gift Certificate**

On Sunday 12-4pm (Nov. 22nd)
Free Personalization on Ornaments
purchased at Glenda Kay's

Holiday hours begin Nov. 22
Sun. 12pm-4pm
Mon.-Wed. 10am-6pm
Thurs. 10am-7pm
Fri. & Sat. 10am-5pm
226 W. Daniels St. • Santa Fe, Duncanville
972.296.9898
www.glendakays.com



REGIONAL ORTHOPAEDIC
SPORTS MEDICINE CENTER

Robert P. Roye, M.D.
Diplomate-American Board
of Orthopaedic Surgery
Fellow-American Academy
of Orthopaedic Surgeons

- Sports Medicine & Arthroscopy
- Joint Replacement Surgery
- Hand & Wrist Surgery
- Occupational Medicine
- Fracture Repair
- Reconstructive Surgery
- of Elbow & Shoulder
- of Hip & Knee
- Arthroscopic Rotator Cuff Repair
- Arthritis Surgery
- Pediatric Orthopaedics
- Carpal Tunnel Surgery
- Minimally Invasive Joint Replacement

Physical Therapy
Sports Medicine
Wound Care
Work Conditioning
Industrial Rehab
Drug Testing

1324 Brown Street
Suite 100
Waxahachie
972-937-8900

www.regionalorthosportsmed.com

New location just opened near Charlton Methodist Hospital in DeSoto/Duncanville area. Servicing Dallas, Duncanville, DeSoto, Cedar Hill, Lancaster, Red Oak & Surrounding areas.

ALLTECH O & P SERVICES

"A SURE FIT EVERY TIME!"



UPPER AND LOWER
EXTREMITY PROSTHESIS



KNEE/BACK/HAND/WRIST/
ELBOW BRACING



DIABETIC SHOES
AND INSERTS



MASTECTOMY
FORMS/BRAS
AND SUPPLIES

New Location: 7989 West Virginia, Suite 104, Dallas, TX 75237
972-709-6070

3 Convenient Locations to Serve You.

<p>CLEBURNE 105 Westmeadow, Suite C Cleburne, TX 76033 817-556-3699 Phone 817-556-3877 Fax</p>	<p>GRANBURY 306 S. Morgan Granbury, TX 76048 817-573-9333 Phone 817-573-9353 Fax</p>	<p>DALLAS 7989 West Virginia, Suite 104 Dallas, TX 75237 972-709-6070 Phone 972-709-6177 Fax</p>
---	---	---

Most Insurance Plans Accepted, Including Medicare and Medicaid. Visa, Mastercard and Discover and Payment Plans Available.

Waxahachie for the Holiday Season

Bundlelight Home Tour
November 27-29
December 5-6 & 12-13
2pm-8pm

Ice Skating
Thanksgiving Week-End
thru December 20

Community Tree Lighting & Festivities
November 27, 7 pm

Photos with Santa!

Bethlehem Revisited
December 4-6 & 11-13
6pm-9pm

Sponsored and supported by:
Waxahachie Downtown Merchants and
Waxahachie Chamber of Commerce & CVB
www.downtownwaxahachie.com or
www.waxahachiechamber.com
972-937-2390

An excellent college preparatory experience ... close to home.

Visit the beautiful 37 acre campus during our Fall Open House on Thursday, November 12th from 10 - 2
Open for Tours Every Tuesday & Thursday from 9:30 - 10:30

THE CANTERBURY EPISCOPAL SCHOOL

1708 N. Westmoreland Road • DeSoto
972-572-7200 • www.thecanterburyschool.org
Where 100% of the graduates attend college!

Home of National Merit Scholars, Fulbright Scholar & McDermott Scholars!
Grades K-12 • Small class size • Award winning athletic, academic & fine arts programs • Honors/AP Courses • Spanish K-12

Over \$2,000,000.00 in college scholarships offered to 2009 graduating class!

ABSOLUTE UNIFORM

1126 S. Cedar Ridge, #102
Duncanville
South of Wheatland Rd
972-572-9191

Complete Line of:

- Uniforms
- Medical Scrubs
- School Uniforms & Dress Code Apparel
- Professional Apparel
- Industrial to Career
- Embroidery
- Silk Screening

www.absoluteuniform.com

FALL SPECIAL 50% OFF UNTIL THE END OF THE YEAR
*NOT INCLUDED. EXP 12/31/09

ABBY'S STORAGE

FREE TRUCK (with move in)
972-293-5880

- Climate Controlled Units*
- Resident Managers • Monthly Contracts
- Individually Alarmed Doors
- Your Lock - Your Key, 24/7 Access

Covered RV parking & boat storage COMING SOON!

1150 S. US Highway 67 (exit Mt Lebanon) Cedar Hill TX 75104 • 972-293-5880

Dotson Radiator
4th generation entrepreneurs

Receive 10% OFF All Service & Repairs
(one coupon per customer per service)

Complete Heating & Cooling Service
Regular Maintenance
155 Hood (behind 24 Hour Fitness)
Cedar Hill, Tx • 972-291-9925
www.dotsonradiator.com

Bonilla

Upholstery & Draperies

Open Mon-Sat.
9am-6pm
Or By
Appointment



Quality Workmanship
Since 1952
Your One-Stop
For Custom
Upholstery &
Home Decor

- Bring In Your Fabrics or Choose From Our Vast Selection • Slip Covers
- Boat & Auto Upholstery • Residential & Commercial • Repairs
- Pick-Ups & Delivery Services Available • Designers Welcome
- No Job Too Small • Custom Furniture • Complete Refurbishing or Restyling
- Window Treatments and Professional Installations • Bedding

972-283-8505



215 W. Camp Wisdom, #10 • Duncanville, TX 75116

10% OFF
Custom Window Treatment
With Coupon. Limit One Per customer. Cannot be used with any other offers. Expires 11-30-09

\$20 OFF
Any Order of \$250 or More
With Coupon. Limit One Per customer. Cannot be used with any other offers. Expires 11-30-09

\$50 OFF
Any Order of \$500 or More
With Coupon. Limit One Per customer. Cannot be used with any other offers. Expires 11-30-09

Don't be left out in the cold
this Winter, schedule your evaluation
on your furnace before winter arrives!

972-617-HVAC (4822)

Why spend money to have your system diagnosed when you can have that money to help fix the problem?

REPUBLIC
Home of the FREE SERVICE CALL*
*\$50.00 savings with repairs.

Clear vision
begins with
healthy eyes.



[20% Off*] Annual Contact Lens supply
with this coupon. Exp. 11/30/09
*Discounts may not be combined with any other offer/insurance discount.

[50% Off*] Glaucoma Screening Test
with this coupon. Exp. 11/30/09

UPTOWN



ASSOCIATES

- Family Eye Care and Contacts
- Comprehensive Eye Exams for Children and Adults
- Treatment of Various Ocular Diseases, including Glaucoma, Cataracts, Dry Eye Syndrome

305 W. FM 1382 • SUITE 524B
CEDAR HILL, TX 75104

Ronnie Kim, O.D., Frank Bashaw O.D., (In Uptown Village Next to Barnes and Noble Bookstore)
Anthony Peterson O.D. **972-293-7170**

When Only The Best Will Do

Elite Brides

elitebridedallas.com

November 2009 Community Calendar

Roderick P. Diggs III, MD, PA, FACOG
Board Certified in Obstetrics
& Gynecology



- Permanent Birth Control with **ESSURE**
- Treatment of Heavy Bleeding with Endometrial Ablation
- Normal and High-risk Pregnancies
- Office-Based and Minimally Invasive Surgeries

Accepting most insurances

Office Hours
Monday-Thursday: 8:30 am - 5:00 pm
Friday: 8:30 am till noon

817-539-7240



GRACE
Women's Center

Located in the Mansfield
Methodist Hospital Professional Building

2800 E. Broad St.,
Suite 214
Mansfield, TX

www.gracewomenscenter.com

*"Listening, Educating,
Healing ... One Woman at a Time."*

Mondays

New Ballroom Dance: 7:00 p.m.-8:30 p.m., Cedar Hill Rec. Center, 310 E. Parkerville Rd. Cost: \$80/couple for four sessions/month. (972) 293-5288.

Tuesdays

Wii games, chess, Cranium, dominoes and other games available for teenagers: 4:30-6:00 p.m., Zula B. Wylie Library meeting room, Cedar Hill. www.zulabwylielib.org.

Sound Options Pregnancy Center "Baby and Me" free classes: 6:00-8:00 p.m., 658 Big Stone Gap, Duncanville. Open to the public. For pregnant or new moms with babies up to 6 months. RSVP to (972) 230-8101.

Wednesdays

Rotary Club of Cedar Hill: 7:00-8:00 a.m., CH Recreation Center, 310 E. Parkerville Rd.

Wednesdays and Fridays

Preschool story time at CH Library: 10:30-11:45 a.m. (972) 291-7323.

Thursdays

Sound Options Pregnancy Center "Effective Parenting" free classes: 4:00-6:00 p.m., 658 Big Stone Gap, Duncanville. Open to the public. For pregnant or new moms with babies up to 6 months. RSVP to (972) 230-8101.

Fridays

Walking program: 9:00-10:00 a.m., Methodist Charlton Medical Center, Conference Room 6. (214) 947-4628.

Saturdays

Cedar Hill Recreation Center presents Star Force One. Includes tap, ballet, jazz, hip-hop, lyrical, song and dance and competition dance teams. Beginner/advanced classes: 8:00 a.m.-12:30 p.m. for ages 2-adult. Ballet and tap for special needs children. Register at Rec. Center.

Saturdays through December 19

DeSoto Public Library and Cedar Valley College offer GED study classes at the library, 211 E. Pleasant Run Rd. Reading and writing classes: 10:00 a.m.-noon. Math classes: 1:00-3:00 p.m. To register, call (972) 860-7800.

First Mondays

Readers on the Hill Book Club: 7:00 p.m., CH Library. (972) 291-7323.

First and Third Wednesdays

Duncanville Business Interchange: 7:30 a.m., Chamber offices.

First and Second Fridays

Line dancing: 11:00 a.m. - noon, Methodist Charlton Medical Center auditorium. Reservations required. (214) 947-4628.

Second Mondays

Diabetes Management Support Group: 6:00-7:30 p.m., Methodist Charlton Medical Center auditorium. (214) 947-7262.

Second Tuesdays

Dallas Area Writers Group: 7:00 p.m., CH Library. www.dallaswriters.org.

Second and Fourth Tuesdays

Cedar Hill Lions: noon-1:00 p.m., Good Shepherd Church, 915 Old Straus Rd. (972) 291-0651.

Second Wednesdays

Cedar Hill/Duncanville Early Childhood PTA: 10:00 a.m., Cedar Hill Hope Lutheran Church, 917 N. Straus Rd.

Second Saturdays

Baby Boutique Resale: 9:00 a.m.-1:00 p.m., Sound Options Pregnancy Center, 658 Big Stone Gap, Duncanville. Gently used baby items and clothing up to size 3. Open to the public. (972) 230-8101.

Monthly Classic Car Show, benefiting Bridges Safe House in Cedar Hill: 4:00-8:00 p.m., Sabor A La Mexicana Restaurant and Tortilla Factory, Duncanville. No age limits on cars. Trucks and motorcycles welcome. Contact Bobby Kight at (972) 742-9233 or Toni Kight at (972) 742-3377.

November 3

Good Morning DeSoto: 7:30 a.m., the Chamber, 2010 N. Hampton Rd. Sponsored by independent Mary Kay consultant Wanda Williams.

November 5

13th Annual Author Appreciation Gala, sponsored by Friends of the Duncanville Public Library: 7:00 p.m., Parkview Room of D. L. Hopkins Jr. Senior Center. Honoring Texas author Hoe Nick Patoski. Catered by Rose Cameron of the Barbecue Pit in Waxahachie. Cost: \$15/person or \$90/table of six. Purchase tickets from Friends or library.

November 7

DeSoto ISD Seniors Prom (for residents age 55 plus): 6:00 p.m., McCowan Middle School, 1500 Majestic Meadows Dr., Glenn Heights. Call (972) 274-8212 for reservations.

November 12

Canterbury Episcopal School fall open house: 10:00 a.m.-2:00 p.m., 1708 N. Westmoreland Rd., DeSoto. RSVP to (972) 572-7200.

November 13

Volunteer Appreciation Membership Luncheon: 11:30 a.m., DeSoto Town Center, Blue Bonnet Rooms, 211 E. Pleasant Run Rd.

November 14

First United Methodist Church Annual Fall Festival: 8:00 a.m.-4:00 p.m., 127 N. Roberts Rd., Cedar Hill. Community fundraiser for missions and church projects, featuring a continental breakfast from 8:00 a.m.-9:30 a.m., silent auction, live auction from 1:00 p.m.-3:00 p.m. Contact Nancy Meyne at (214) 435-9744.

American Association of University Women (AAUW), Southwest Dallas County branch meets at the University of North Texas, Dallas campus, 7300 Houston School Road, Dallas 75241. Building tour: 10:15 a.m. State Senator Royce West speaks at 11:00 a.m. Open to public. (972) 709-1957.

November 17

Good Morning DeSoto: 7:30 a.m., the Chamber, 2010 N. Hampton. Sponsored by DeSoto ISD and Lee Merryman.

November 19

DeSoto Art League monthly meeting: 7:00 p.m., DeSoto Presbyterian Church, 212 W. Pleasant Run Rd. Acrylic painting demonstration by artist Carolyn Bell. Contact Sandy Reese at (972) 217-1546 or www.DeSotoArtLeague.org.

For more community events, visit our online calendar at www.nowmagazines.com.

17TH ANNUAL

Share Our Blessings

CUSTOMER APPRECIATION PROGRAM

From November 1st through December 18th, with your purchase of \$250 or more, we will make a cash donation in your company's name to the North Texas Food Bank.

Each donation will provide 60 meals during this holiday season.

NORTH TEXAS FOOD BANK

digiprint[®] Solutions for Business

Kwik Kopy

DESIGN = PRINT = MAIL

Serving Dallas/Fort Worth and the Best Southwest since 1992

638 E. Centre Park Blvd. • DeSoto

972.228.3344

www.digiprintsolutions.com

Evolucion Beauty Salon

For whole family
Para toda la Familia

972-296-7100
Lunes a Viernes 10:00 am a 8:00 pm
Sabado 9:00 am a 8:00 pm
Domingo 11:00 am a 5:00 pm

Wednesday / Miércoles
Corte/Haircuts \$8
(Men & Children) (Hombres y Niños)

Women / (Mujeres) \$10

We Accept:  

UPDO'S (Pelnados) •
HIGHLIGHTS (Rayitos) •
FADES •
TAPERS •

Tinte /Tint **20% Descuento** - Discount -
Valid any day w/coupon

Mon. & Tues. Only
solo Lunes y Martes
Color Touch up **\$25**
Retoque de Color

1105 S. Main St. Duncanville, TX 75137

rose creek Boarding & Training Center

- Climate controlled indoor/outdoor kennels
- Large grassy "playtime" paddocks
- Beds and bedding for all guests
- Staff on premises 24 hours/day



Call 972-617-1860
for class schedules and information



ADDRESS THE PROBLEM

Don't just cover the symptoms!

We Provide Chiropractic Care For:

- Pregnancy • Birth Trauma • Pediatrics
- Accidents • Sports Injuries
- Falls • Overuse Injuries
- Stress • TMJ • Sedentary Lifestyles

\$25 1st Visit Special

Comprehensive Exam • Findings Consultation X-Rays (if necessary)
New Patients Only

Pittmon Family Chiropractic Center
104 W. Beltline Road, Ste. 9 • Cedar Hill
972-291-6102
(Meynard's Center next to Jewelry Box)



in love with Dondie • Marmie

Save **20%** on our entire stock for the month of November!

1408 A W. Jefferson
Wichita Falls
972.923.2606

658 E. Woodland Rd
Duncanville
972.296.1606

The Real Bowlin Spot
Real Cajon food



*Some bring you close,
but we bring you there!*

Lafayette Louisiana People

MONDAY - SATURDAY 11:00am to 9:00pm, SUNDAY 11:00am to 6:00pm

621 N. Hampton Rd., Ste. 108
DeSoto, Texas 75115

972-230-0443
Behind the Pearly Queen

At A&M-Commerce, my instructors are really helpful.
With their help and my **leadership** experience as a Marine,
I'm working toward a career that will **make a difference**
in the community.

— Casey, Class of 2013
Infantry Team Leader, U.S. Marine Corps

LEADERSHIP



LEADERSHIP

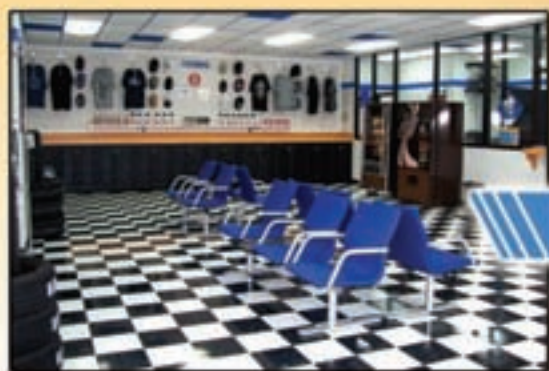
MILITARY.TAMU-COMMERCE.EDU
CONTACT TED TODAY | 903-468-8664

TEXAS A&M
UNIVERSITY
COMMERCE

A MEMBER OF THE TEXAS A&M UNIVERSITY SYSTEM

DOUG STANLEY FORD

Great Deals. Great Service. It's all here!



Now Open Doug Stanley Ford's



Quick Lane®

Tire & Auto Center

ALL MAKES ALL MODELS

Now Featuring ...

Open Monday-Saturday 7AM - 7PM - NO APPOINTMENT NECESSARY

Servicing ALL MAKES & ALL MODEL VEHICLES

Oil Change- Full Diagnostic Services - Tires - Brakes - Battery Services

Call Today For
a **FREE** Tour

LUBE, OIL & FILTER CHANGE \$19.95 Plus Tax

*Lube Changes *Check and top off all fluid levels
*Change oil *Change oil filter & replace with
genuine factory oil filter *Includes up to 5 qts. of oil.
Synthetic & Diesel Oil slightly higher

Excludes gas vehicles only. Present coupon during write-up.
Not valid with any other offer. Some models slightly higher. Expires 11/30/09.

THE WORKS FUEL SAVER PACKAGE \$38.95 Plus Tax

*Oil & filter change *Rotate & inspect four tires *Check
air & cabin air filters *Inspect brake system *Test battery
*Check belts & hoses *Top off all fluids, Taxes & diesel
vehicles extra. Excludes Ford Shelby GT500. Disposal
fees not included in some locations.

Ford vehicles only. Present coupon during write-up.
Not valid with any other offer. Some models slightly higher. Expires 11/30/09.

COOLING SYSTEM SERVICE \$39.95 Plus Tax

*Inspect radiator for leaks *Check hoses, Clamps & belts
*Pressure test system for leaks *Drain & refill radiator
*Includes up to one gallon of coolant.

Ford vehicles only. Present coupon during write-up.
Not valid with any other offer. Some models slightly higher. Expires 11/30/09.

FREE 27 POINT VEHICLE INSPECTION

Complete safety check, Visual inspection
of all major components.

Ford vehicles only. Present coupon during write-up.
Not valid with any other offer. Some models slightly higher. Expires 11/30/09.

We'll Beat Your Best Price GUARANTEED!

ON ALL NAME-BRAND TIRES WE SELL INCLUDING

GOODYEAR AND MORE.

Requires presentation of competitor's current price of an
exact tire sold by dealership within 30 days of purchase. Expires 11/30/09.

SATURDAY SERVICE 10% OFF

Valid with minimum purchase
of \$75.00. Taxes extra.

Ford vehicles only. Present coupon during write-up.
Not valid with any other offer. Some models slightly higher. Expires 11/30/09.



Call 866-YOUR-FORD for weekly specials or go to
www.dougstanleyford.com

for internet specials. SE HABLA ESPANOL

515 N I-35E South • DeSoto 75115

1-888-553-8066



DEALIN'
IN
DESOTO



TRINITY Women's Center

Compassionate Care For Every Stage of a Woman's Life

*We offer convenient, in-office
procedures that won't interrupt
your holiday plans*

NOVASURE
Control the bleeding. Restore your life.

Q: *"I'm concerned about my heavy cycles and how it's affecting my daily life, but I don't want a hysterectomy. What can I do?"*

There are two effective procedures: **ThermaChoiceIII & NovaSure**. These **quick, one-time procedures** can be done **in-office** and provide **relief from heavy menstrual bleeding** without the side effects of hormones or a hysterectomy.

essure
YOUR FAMILY IS COMPLETE.
YOUR CHOICE IS CLEAR.

Covered by most insurances!

Q: *"I already have children and have decided to not have anymore. What are my options?"*

The answer might be as simple as **Essure**. This **gentle, in-office procedure** can be done in the comfort of your physician's office and usually in **less than one hour**. This **permanent birth control** also works **naturally** with your body, **eliminating hormone use**.



From left to right: Dr. Cealee Thomas, OB/GYN; Dr. Cecily Jones, OB/GYN; Dr. Gayle Smith-Blair, Psychiatrist (behind); Dr. Catherine Thomas, OB/GYN; Dr. Donald Blair, OB/GYN (behind); Sharon Roberts WHNP; & Gina Vincent WHNP

*Happy Thanksgiving ...
But godliness with
contentment is a great gain.
1 Timothy 6:6*

Visit us at www.twcforme.com

visit us: Monday - Thursday 7:00AM - 6:00PM
Fridays 9:00AM - 3:00PM
3D Ultrasounds available Monday - Saturday
Most insurance accepted. Se Habla Español.

Dallas Methodist 214.948.7779
221 W. Colorado Blvd • Suite 431 Dallas TX 75208
Methodist Charlton 214.446.1240
3450 W. Wheatland Rd. • Suite 235 Dallas, TX 75237