Granbury

Giving Back

NOVEMBER 2016

Mike and Pat Stewart lead the Wet Veterans to help military families

Splashes of Color At Home With Steve

and Shelley Reyenga

2016 Holiday Shopping Guide

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ON THE COVER



Mike and Pat Stewart support veterans in memory of her brother, Gary.

Photo by Bill Goldsborough.

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Hello, Granbury Family and Friends!

By now, fall hangs in the air, and the earthy smell of fallen leaves mixes with the occasional scent of wood burning on cool evenings. Sweet, spicy aromas linger in homes long after pumpkin anything comes out of the oven. Our thoughts turn to gratitude, as we await Thanksgiving Day.

I absolutely adore fall, with the return of cooler weather, marvelous smells and hearts searching for thankfulness. For

me, November is more special because the month brings with it my third daughter's birthday. Thirty-one years ago, I stood in the kitchen, cleaning up after a lovely feast. A few hours later, we headed to the hospital, where she arrived the next day around noon. God has blessed me in so many ways this year, giving me a multitude of reasons for thankfulness. A wonderful family, many friends, provision for all my needs, and a man who loves me without conditions. How about you? For what are you thankful?

Happy Thanksgiving!

[isa

Lisa Bell GranburyNOW Editor lisa.bell@nowmagazines.com (817) 269-9066



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Mike and Pat Stewart moved to Granbury about nine years ago. Originally from upstate New York, they looked for a place to retire. "The newspaper referred to Granbury as the Branson of Texas, and we love Branson," Pat said. After visiting, they soon found the right neighborhood and church where they felt at home.

Although they didn't launch Wet Veterans until November 1, 2013, the seed for this amazing, selfless organization was planted in 1966. Pat's brother, Gary, served in Vietnam. They hadn't heard from him and contacted the Red Cross, who after research, reported he was in a hospital recovering from malaria. Relieved, life in Lockport, New York, continued as normal.

One morning, following the usual routine, Pat woke early and joined her dad in the kitchen. When they learned schools were taking a snow day, she told her dad, "I'm going back to bed." The doorbell woke her up, and she heard her mother's screams. Rushing to the stairs, Pat found her mother lying on the steps and somehow ascertained Gary was actually killed in action. "You never forget that," Pat said. "You never forget." She was 15 at the time.

Although Mike lived 15 miles away in Niagara Falls and didn't know Pat then, he read in the papers about Gary. Everyone knew the popular 6-foot-6-inch-tall young man known as "Stretch" — the first Vietnam casualty from the small town. Mike's brother and many of his friends were there being shot at and killed. So the event affected him as well.

In memory of Gary, Pat's parents set up a scholarship through the YMCA. The organization was a big part of their lives. After moving to Granbury, Pat taught swimming at the local YMCA, and she told executive director, Lisa Gossard, about her connections with the organization.

Although neither of the couple served in the military, they always honored those who did. Both Mike and Pat had previous



marriages and children before they met each other. Early in their relationship, they went to a local pizza place with their four children. Mike noticed a group of men in uniform and chose to pay for their meal. Pat thought, "What a great example for the kids." They weren't wealthy, but Mike often paid for groceries, a meal or other things for veterans — his way of giving back to those who gave so much.

In 2012, the couple was on vacation. Pat woke Mike up to watch a television show. They learned Post Traumatic Stress Disorder went all the way back to the Civil War, even if they didn't call it PTSD back then. "What got us the most was suicides," Pat shared. They both wanted to do something to help veterans. As they talked and prayed, they agreed whatever they did would continue for as long as they could keep doing it.

One of Pat's first calls went to Lisa Gossard, who told her, "Whatever you need." She then called Margaret Fields, assistant pastor at Acton Methodist and Project-44 co-founder, who partnered with Mike and Pat as well. Under the umbrella of







 Fred Zimmermann, retired Air Force veteran, explains his experience on the plane that bombed Elugelab.

Project-44 Outreach, Wet Veterans began as a 501(c)(3) organization. Mike is currently completing paperwork so Wet Veterans will soon be their own 501(c)(3) organization. They formed a board, created a logo and penned a mission statement.

"We started out small and had to enlarge our mission statement," Mike said. At first, they planned to get veterans into the water and sit around talking while eating cookies and sipping coffee. Their first goal was to replace the broken lift at the YMCA. Margaret encouraged them to hold a fundraiser. They did and were able to replace the lift, which moved to the new location and still serves all disabled people.

Pat said, "I just feel like it's God's plan for us." In 1996, they volunteered with the Red Cross. In doing so, they attended seminars and training. They assisted in New York after 9/11. When they moved to Granbury, they became Stephen Ministers. All of the training and knowledge they gained helped them prepare for Wet Veterans long before they considered doing anything.

Many people and organizations joined the Stewarts in making this venture successful. "We depend on volunteers and fundraisers," Pat stated. They train volunteers as needed, so they can meet the needs of not only veterans, but also their spouses, widows/widowers, children or grandchildren.

They talk to and assist 200-300 veterans and their families monthly. Each



month Wet Veterans plans events for regular meetings at the YMCA, but also arranges off-site events in cooperation with many generous supporters. Veterans and their families never pay for anything. Each week, the organization offers free activities. Swimming and water exercise is available, but they also have games and fun activities for the kids. Parties, picnics, barbecues, and even horseback riding, keep them coming back. BEITZ® is a primary goal. In private peer-to-peer discussion they "bring everyone in the zone." Volunteers help with four areas. A general meet and greet, children's area, veterans paired with trained volunteers and in the water for swimming, fun and safe exercise or learning. Without volunteers, they couldn't cover all of these interests.

Rhonda Huff approached Pat wanting to help and offering her skills in sign language. They now offer classes each week. Many of the aging veterans don't hear well, so as they and their families learn sign language, they can continue communicating.

In the future, Wet Veterans wants to draw in younger veterans and their families, so they can benefit from the group as well. New events in the works include a book club, archery, pickle ball games and art classes. They always present ideas, and then allow members to decide whether they will transform the idea to reality.

Beyond events, Wet Veterans also provides assistance with home repairs,



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yard work and other chores, providing donated equipment for disabled vets and other needs. Often they receive donations of motorized wheelchairs and have no problems immediately finding someone who needs one, even paying for needed repairs up to a limit. They also gave scholarships out last year for the first time, and plan to continue offering them to veterans, their spouses or widows, and their children and grandchildren.

Main supporters of the organization include Acton United Methodist Church, Hood County YMCA, Reach Out, Dr. David Snyder and his T.R.E.A.T. program with therapeutic horseback riding and the Greater Granbury Council for Veterans. Volunteers, financial supporters and those who give what they can enable those who gave themselves for our county to enjoy the benefits of those who care so deeply.

November 1, Pat and Mike will join others to celebrate the third year of this wonderful organization. They hope to continue growing and giving back.

Editor's Note: For more information, visit www.wetveterans.org.

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Splas

While the orange and gold leaves lay on the patio, a crackling wood-burning fire and handmade quilts keep Steve and Shelley Reyenga cozy in their open-concept first floor. Orange pumpkins and fall hues have replaced stars and the red, white and blue color scheme. Changing decor to coordinate with each season is important to Shelley. Her whimsical creations are displayed like eye candy throughout the home and in the outdoor flower beds. Shelley is always quilting or creating a craft to add a splash of color in unexpected ways. Steve truly appreciates her creative side. Steve and Shelley began looking for a home five years ago where they could eventually retire. "We looked north, south, east and west. Granbury was the last place we looked," Steve said. "When we drove into the community, we knew we wanted a home here." They looked at about 35 houses. "It was springtime," Steve explained. "The moment the front door was open, we could see the pond through the large, back windows. Shelley kept coming back to this one."

"When we looked at the home, it was monochromatic. The walls, backsplash, kitchen cabinets and even the ceiling were the same salmon hue," Shelley said. "We knew we could make it our own with color and our personal touch." Shelley felt like this was a Texas-looking home due to its characteristics.

The kitchen received some color when Shelley painted the pantry door and the island a barn red. "The red reminds me of the barn my grandparents had," she explained. "The double tree pot rack above the island was a gift from the previous owner, and it fits the farm house feel I wanted. I love farm kitchens." A turquoise bell from the farm is displayed on the back deck. The dining table





At Home With Steve & Shelley Reyenga

displays pumpkins and a fall floral centerpiece. The table and hutch are Amish pieces from Indiana, where Shelley grew up.

hes of

More autumn-like decor can be seen in the living room on a large display wall. A Thanksgiving quilt Shelley handmade and embroidered features a scarecrow, pumpkins and a cornucopia. Most of the quilts can be used when the weather is chilly, but a display case holds more fragile quilts Shelley embroidered. Quilts for each season are rotated on the coffee table and in front of the fireplace like a screen. "I learned to quilt with my grandmother when I was a little girl," Shelley recalled. "I quit for a while but found my love again when we moved and a neighbor quilted, too. Now, I quilt as a ministry." Shelley makes quilts for friends or relatives she knows who have cancer, to honor her mother who had breast cancer. "I know it gets cold while patients are receiving chemo, so I make them a quilt to cover up with." She also makes gifts





Color

By Erin McEndree



for babies and weddings. Every evening, especially in the winter, Shelley can be found sitting in the big chair in the living room working with a needle.

Above the display wall is a large shelf with mementos from the family. A monkey from Shelley's grandmother sits on some baskets. Shelley collects baskets, and many can be seen throughout the house. There is also an antique hobbyhorse and a llama. "My two boys were Master Showmen with their llamas in 4-H," Shelley said. "I was a 4-H leader."

Above the garage in a large extra bedroom is Shelley's sewing room. A long quilting frame aligns one wall, with the sewing machine on rollers. "I machine quilt now," she said. "The machine rolls instead of me pulling and guiding all the material through." Another sewing machine sits on a work table with an exercise ball chair. Whimsical touches are all over the room in colors of purple. A purple Feather Light sewing machine is displayed on top of the cabinets. Purple sheer curtains line the French doors that lead to the balcony. More eyecatching elements that Shelley created are in view. Leftover fabric from quilts is tied around a skeleton lamp shade. Shelley decoupaged the double doors with pictures of quilts from old quilting magazines. A large Wizard of Oz poster hangs by the bed. "I am a Wizard of Oz. freak," Shelley laughed. "I've made Oz quilts, and the Tin Man is in the yard beyond the trees close to the street."

A great view of the yard can be seen from Steve's favorite place. "The patio feels like a cantina complete with a 1972 vintage Coke machine that holds my favorite beer. We like to eat our meals on the patio," Steve said. "I enjoy doing my devotionals here." Amish-made rocking chairs in yellow, green and orange match the pillows that Shelley made. She also created decoupage trays for eating. A pond outside the patio door on the deck holds koi fish. "I had to remake the pond with a cave for the fish to hide in because a raccoon kept coming around," Steve said. "The outside is woody, with rocks





"We knew we could make it our own with color and our personal touch."





and paths that we cleaned up. Our kids call this Camp Granbury."

One of Shelley's favorite activities is being outside and working in her garden. She has collected hundreds of bottles and lined her flowerbeds with them. She also created a colorful arch with blue, green and brown bottles. "I am a Master Gardner and love working in the Demo Garden in Granbury," she said. Most of the front yard is gravel with native plants that include century plants, agave, red yucca and cacti. Eve-catching creations like homemade birdhouses create a playful character to the yard. An oilcan that Shelley turned into a lamp hangs over a round table. On the table she displays a wind turbine that has been painted orange to resemble a pumpkin. There are plants in old mailboxes and a plant hanger, which Shelley created out of a tin oil

funnel Steve unexpectedly found in the middle of a river while fishing with his two boys. "I love junking," Shelley admitted. "I'm called "The Junk Lady,' and I get a lot of my ideas from Pinterest." More playful creations include a bowling ball tree, door mats made of rolled up, broken water hoses secured with zip-ties and a canopy bed frame with honey suckle and trumpet creepers planted at each corner that entangle at the top to create shade.

"When the kids come to visit, they mention that it's a place to get away from the city where they can rest and relax before they have to go back," Shelley said. Steve and Shelley are blessed to live here year-round. They enjoy every season, while creating whimsical creations that hold cherished memories.

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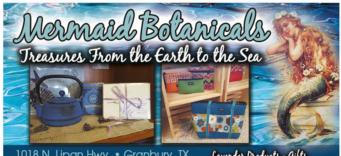
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By Zachary R. Urquhart

Though there is no place like home for the holidays, everyone knows it takes countless hours of work to get your home ready for the season. Whether you are the host for dozens in your extended family, or you just like to tidy up as you put out your fall decor and Christmas trimmings, here are some tips to help you organize your space and prepare for your festively adorned holiday fun.





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• Before you head up to the attic, make sure you have your non-Thanksgiving stuff organized and put away. You do not want to make extra trips up and down your attic staircase because you accidentally buried your seasonal towels under your summer wreath. One great and simple option is to use a few different colors of

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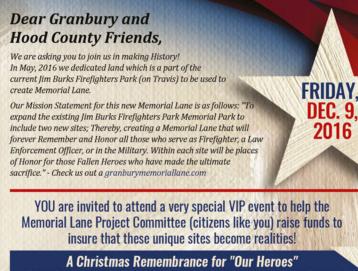
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• Organize your storage space. One of the most common mistakes people make is to pile boxes thoughtlessly in their attic, meaning every decorating season includes an exercise in moving boxes for other seasons before finding the ones currently needed. Take some time and spread out your tubs around the space. If need be, add a few more sheets of plywood decking to give yourself ample room to store your bins.



• If you decorate with more than just a different scent of candle and hand soap, take photos of your completely decorated house to use as a reference in years to come. There is nothing worse in decorating than knowing you had it just right before but being unable to duplicate it this year.

SPRING CLEANING, PART TWO

• Give the house a decent cleaning between seasons. Decorating can take a while on its own, so adding house cleaning might turn this into an entire weekend job. If you have kids, try making the cleaning a family event. Give each kid a duster or dry Swiffer and see who can collect the most dirt and dust.



 When you are putting your decorations away, be sure you give them a wipe, a rinse or a dry towel, whatever applies to each piece. The biggest thing is that you make sure any water or liquid is completely dry

DEC. 9

2016

before storing your decorations in a box that will see two months of triple-digit heat before you open it again.

• Pack smartly. Give breakables plenty of padding and packaging, and do not overfill your tubs. It may mean buying an extra bin or two, but the few dollars spent upfront will easily outweigh the monetary and sentimental cost of replacing your decorations.

• When it comes to your Christmas lights, take extra care to keep from breaking bulbs in the cleanup process. If you find that you have broken bulbs or strands during the holiday season, check local stores at the end of the season for two reasons: You might find big savings with after-Christmas sales, and you want to make sure to match the style you are replacing, which is no guarantee from one year to the next.

GETTING READY FOR GUESTS



• If you have a houseful coming to celebrate, it can be overwhelming. Unless your house is equipped to hold a few dozen cousins and in-laws, you're probably trying to figure out where to have everyone sit. One option is to borrow tables and chairs from friends, family or even your church or business. If you plan on hosting regularly, it may be worth the cost to buy some simple foldable seating that you can tuck away in the garage or attic. But if you are only hosting once a decade, you can rent tables and chairs for only a couple dollars per person.

• Add to your guests' experience by using name cards for the seating. Placing a simple white card on top of three or four leaves will enhance your table





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decorations, too. Or, let making the cards be a fun project for the kids, so they can be involved in getting ready for the festivities. You will want to do the placing yourself, though, since you are probably aware of any family dynamics that come into play when you get together with your whole clan.

RUVING AND PURGING

• There is nothing wrong with starting a new holiday collection, or adding new pieces to what you already have. But, if you find yourself leaving certain accoutrement in the attic year after year, consider getting rid of some pieces before you buy anything new. For you empty-nesters, offer decorations and even whole collections to your children for their homes. You might be surprised what family mementos your son or daughter wants to hold on to from his or her childhood.

• When you take your next trip to the craft store, you might be tempted to load your cart with new items for your home. Take your decoration photos with you. Similar to going to the grocery store on an empty stomach, if you head out while your house is devoid of decor, you might end up with decorations you cannot fit. But, with pictures of your home in hand, you will have a good chance to consider whether or not you really need one more fall spread.

As you prepare this holiday season, remember that time with your family is supposed to be fun, not full of stress. With these simple organizational and decorating tips, you can focus on being thankful for all that you have. NOW





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2001 Morgan St., Suite 104 Granbury, TX 76048 (682) 205-3500 www.rodskitchenandbath.com

Hours:

Monday-Friday: 9:00 a.m.-5:00 p.m. Saturday: 10:00 a.m.-2:00 p.m. (by appointment only)



Creativity and more than 25 years of experience give Rod Raney an edge in kitchen design.

From Start to Finish Rod Raney provides hands-on expertise during the entire remodeling process.

— By Lisa Bell

When visiting Rod Raney's kitchen design store, you will see that he offers most everything you will need for your remodeling project. This is one of the unique things about his business.

Although big box stores may offer CAD designs, once the designer finishes, he or she hands customers to the next person. When working with Rod, he not only designs the remodel, but also stays fully involved until your cabinets and countertops are installed. Most of the time, he handles the installation personally. From start to finish, he provides hands-on interaction, even if he hires contract workers to help.

Rod started his career in construction early in life. He began in general remodeling and repair work, but soon learned he most enjoyed doing cabinetry, especially in kitchens. An artist at heart, he loves putting together pieces to create the best look. "I'm a creative guy. I have more to offer than painting and repairs," he said.

Over the years, Rod did surveying and carpentry for others, but perfected cabinetry along the way. By adding design software, he arrived at the place to build his own business, gaining a great deal of confidence and self-worth. "I like the challenge, and I'm good at it," he shared. "People appreciate me." After more than 25 years of business experience, Rod has a handle on keeping customers happy. He now uses ProKitchen software to save time, money and poorly planned designs.

With more than 25 years in kitchen and bath, he knows what works well together. While someone may think they like a look they've seen, Rod views their ideas with the perspective of many

Business NOW

years in the field. While he still installs cabinets and countertops in bathrooms, he doesn't offer a complete bathroom overhaul. He prefers the artistry of kitchens and considers that his area of expertise.

Rod and his wife owned a store in Irving before moving to Granbury in 2007. At that time, he intended to offer carpentry work, but opted for kitchen and bath transformations instead. He opened a new business doing what he knows best and enjoys. Rod prides himself on competitive pricing with custom designs using finished cabinetry and spectacular customer service. He offers products much like those homeowners can purchase at other places, but with better service and normally at a lower cost. He monitors finished product orders and knows exactly when they will arrive, so he can schedule installation. In addition, a missing part doesn't delay the project for Rod.

"I'm a creative guy. I have more to offer than painting and repairs."

Although he is careful about the time spent on a job, he doesn't have to quit at a specific time and come back the next day to finish an almost completed job. By taking measurements himself, Rod also avoids costly mistakes.

For those ready to improve their kitchen, Rod suggests going to the right source. Do your research, but don't believe everything on the Internet. Plan before remodeling. He also recommends printing or taking pictures and holding them up in your own home to make sure what you visualize looks right in your space. Finally, research and hire a kitchen designer to avoid ending up with something you don't like.

Before visiting Rod's, it is best to call and set an appointment, since he may be out either taking measurements or installing products. He aims to give each customer a great experience. NOW









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Around Town NOW



Ken and Arlis Holland with artist, Clifford Page, preview Santa's house.



Randy and Jewelane Thomas celebrate their 35th anniversary at D'vine Wine.



Needleart members, a group from Newcomers Club, enjoy sharing their projects and friendship.



Melissa Evans and Stacey Rameriz serve fried catfish duing the community appreciation event.



New owner, Tanya Hawkes, welcomes guests to Classic Cuts Salon.



Tubby enjoys making balloon animals for donations.



Lori and Greg Key from Arlington visit Granbury for some good food and great music at The Local.



GranburyNOW's new rep, Shilo Treille, makes connections at the Chamber luncheon.

Around Town NOW



Langdon Big Band plays for the public dance they hosted.



Don Frazier from McMurray University in Abilene teaches the Civil War Roundtable about the Battle of Glorietta Pass.



Mary Beth Ravenscroft makes her custom hand stamp cards inside Artifactz on the square.



The Granbury Chamber hosts a women's business networking event.



Debbie Boozer is the owner of the Art Of Craft Workshop called A Little Birdie Told Me.



Cami Hughes and Sarah Winkleman pose with Joaquin Cortez's pumpkin carving.



Dr. Sherry McVean and Sheila Groeschel support the arts at the Dinner in White event.



The co-ed softball team representing Bond Arms plays a double-header.



The JROTC thanks several veterans groups for rifle team support.

Tummy Ache or Big Problem

— By Betty Tryon, BSN

Inflammation is the bane and the beginning of so many disorders and illnesses in the body. Gastritis — inflammation in the stomach could be inconsequential or, perhaps, a condition of something more serious. We all have that occasional upset stomach from eating too much, eating the wrong food or even going too long without eating anything. Your stomach can become swollen and irritated from too much of the wrong type of bacteria or even from some medications. These upsets tend to be self-limiting and easily remedied.

Health NOW

There are lifestyle changes one can make to avoid getting gastritis once you recognize that certain actions or behaviors can aggravate the situation. If anti-inflammatory drugs, such as aspirin, Advil or Aleve cause discomfort, another medication may have to be substituted. Avoid spicy foods, acidic foods and alcohol. Try to eat smaller meals more frequently and work on reducing stress.

Depending upon the degree of gastritis, symptoms experienced may be abdominal pain, which can be felt as burning, gnawing or cramping; bloating or a feeling of fullness; belching; nausea; and/ or vomiting and diarrhea. In treating these symptoms, many times over-the-counter antacid medications, such as Maalox or Tums, are all that is necessary to neutralize stomach acid. Drugs that reduce the production of stomach acid like Zantac and Tagamet or medications like Prilosec and Nexium, which function by blocking the action in the stomach cells that produce acid, can be helpful. However, there can be episodes of gastritis that can be serious enough to warrant medical attention. Some such episodes include: peptic ulcers, bleeding within the stomach that causes anemia and, rarely, cancer or serious bowel problems. The most common causes of gastritis are from the Helicobacter pylori bacteria, known as H. pylori, and from anti-inflammatory drugs. Both of these agents can create strong inflammatory actions and set up the stomach for a chronic problem. In addition to bacteria and drugs, some of the conditions that can cause gastritis are alcohol, viruses, stress, fungal infections and bile redux.

Antibiotics prescribed in combination medication therapy are common to eliminate the bacteria. If taking anti-inflammatory drugs is creating a problem but the medication is essential, a balance of medications that either block or reduce acid production to be given with the anti-inflammatory drugs is needed. If possible, another alternative for pain management, other than anti-inflammatory medication, may need to be found.

For the most part, gastritis may just be an annoyance. But, should it become a chronic condition, it may be time to call in the professionals for help.

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.





Welcome walk-ins

The Vine Medical Center and Sleep Lab 921 E. FM 1187, Suite A, Crowley, TX 76036 Starting in July: Monday thru Friday from 8 a.m. to 6 p.m., Saturday from 8 a.m. to 2 p.m.

The Vine Medical Center welcomes Nagwa Lamie, MD, Board Certified in Family Medicine and Sleep Medicine.



www.thevinemedicalcenter.com

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Calendar

November 1

Monthly Opera Guild meeting: 10:30 a.m., DeCordova Bend Country Club. Optional lunch served at noon for \$13. If dining, RSVP to (682) 936-9572 or granburyog@gmail.com.

November 3

Newcomers monthly luncheon: 9:30 a.m.-1:00 p.m., Pecan Plantation Country Club. Classic fiddle music featuring Ridge Roberts. \$14 (by check) for lunch. (817) 243-9831.

November 4, 5

Light Crust Dough Boys Concert: **Friday**, 7:30 p.m.; **Saturday**, 2:00 and 7:30 p.m., Granbury Opera House. Named State of Texas Musical Ambassadors. Visit www. granburytheatrecompany.org for details and tickets.

November 5

Hood County's 150th Birthday Party: 10:00 a.m.-5:00 p.m., Courthouse Square and Lambert Park. Live music, free cake and games — old-fashioned fun.

November 11

Veterans' Day Ceremony: 11:00 a.m.-noon, Granbury Convention Center, 621 E. Pearl St. Join us at the Veterans Day Ceremony honoring America's Veterans. For more information, visit www.visitgranbury.org.

Light the Dark Gala: 6:00-10:00 p.m., Celebration Hall & Granbury Live Theatre, 110/114 N. Crockett St. Fundraiser for Grace Classical Christian Academy. Tickets \$20. Visit graceclassical.com or call (682) 936-4566.

November 12

Veterans Day Parade: 10:00-11:00 a.m., GISD Ad Building. Parade travels down Pearl Street, around Square and back up Bridge Street to the Ad Building parking lot. Call (817) 964-7761 or (682) 936-4550 for details or go to www.visitgranbury.org.

Jewel Ball: 6:00-11:00 p.m., Granbury Resort Conference Center, 621 E. Pearl St. All proceeds fund outdoor area projects enjoyed by our citizens and community guests. Details at www.visitgranbury.com.

November 13

Movie Night at the Opera House: 7:30 p.m., Granbury Opera House. Featuring *Star Wars: New Hope.* All seats \$10. For tickets and details, visit www.granburytheatrecompany.org or call (817) 579-0952.

November 17

Healthy Women Expo: 4:00-8:00 p.m.,

Granbury Resort and Conference Center. Celebrating 10 years. Free vendor event followed by optional \$15 dinner. Purchase dinner tickets by **November 11**. For details and link to purchase tickets, visit events at www.lakegranburymedicalcenter.com.

November 25

Parade of Lights: 4:00-7:00 p.m., Historic Granbury Square. More details to come on this annual event. Visit www.granburysquare.com.

December 1

Newcomers' monthly luncheon: 9:30 a.m.-1:00 p.m., Pecan Plantation Country Club. The Magic of the Holidays (Trinket Exchange - ornament, candle, guest soap, etc.) The Judge and Jury sing carols. \$14 lunch, checks only. Make reservations by **noon Nov 28** at (817) 243-9831.

December 2

Melody Belles "Christmas Joy" Concert: 6:00 p.m., First Presbyterian Church, 303 Bridge St. Part of candlelight tour. Free to the public. Donations welcome. Call (817) 326-2687 for info.

December 9

Melody Belles "Christmas Joy" luncheon concert: 11:00 a.m., DeCordova Bend Country Club. Concert followed by lunch. Public invited. Lunch \$15. Call DCBE Club at (817) 326-2381 for reservations.

Ongoing:

Second Mondays

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Program followed by Q&A time. Refreshments served. Free for citizens supporting art and artists. Jeanette Alexander at (817) 578-3090.

First Tuesdays

Hood County Clean Air Coalition meeting: 10:00 a.m., American Town Hall. Promote clean air in Hood County. www.granburyedc. com/cleanair or contact Michelle McKenzie (682) 936-4049, mamckenzie@centurylink.net.

Third Tuesdays

Greater Granbury Chapter of the Military Officers Association of America meeting: 6:00-9:00 p.m., Pecan Plantation Country Club. Contact Colonel Gary Proctor, USAF (Ret), (817) 894-0901 or garyproctor5455@msn.com.

Every Wednesdays

Fresh Starts, Divorce Recovery Group: 6:30 p.m., Granbury FUMC Room #119, 301 Loop 567. Covers all stages of separation or

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divorce. All ages, faiths, denominations, beliefs and ages welcome. There is no cost or pre-registration required. Childcare provided. For details, call (817) 573-5573.

Third Wednesdays

Master Gardeners meeting: 1:00-2:00 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. For information, contact (817) 579-3280.

First Thursdays

Granbury Extension Education Club luncheon: 10:30 a.m.-1:30 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. Monthly programs cover family and consumer science topics, and community service projects are planned. For information, contact Brianne Langdon, (817) 408-0746.

Second Thursdays

Special Needs Parent Support and Networking Group: 6:15-8:00 p.m., Lake Pointe Resource Center, 1921 Acton Hwy. Parents and professionals learn, connect and share in a caring, responsive and socially supportive setting. Free. Visit www.lakepointegranbury.com or call (817) 937-4332.

Third Thursdays

Diabetes Support Group: 6:00-7:00 p.m., Third Floor Bingo Room, Lakestone Terrace Retirement Community, 916 E. Hwy 377. Free, facilitated meetings for those seeking information, inspiration and support for successfully living with diabetes. Call (817) 736-0668.

Second Saturdays

Girls Night Out: 5:00 p.m.-8:00 p.m., Granbury Town Square. Visit Girls Night Out Facebook Page for details, special sales and promotions.

Last Saturdays

Last Saturday Gallery Night: 5:00 p.m.-8:00 p.m., Granbury Town Square. Visit Galleries of Granbury on Facebook Page for details.

Third Weekends

Saddle Bags Trade Daze: 8:00 a.m.-7:00 p.m., 3636 W. Hwy 377. Vendors welcome. No sales of animals except legitimate rescues. No sales of food or drinks without approval. Call Ernie Reynolds, organizer, (817) 894-8168.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.

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Cooking **NOW**



In the Kitchen With Joanna Smithie

- By Lisa Bell

Joanna Smithie grew up in Missouri, where she watched and helped her mother and grandmother cook. Joanna created a cookbook of her grandmother's recipes in memory of her the year she passed. "I remember baking plates of goodies for our neighbors with my mom," Joanna shared. "She is an incredible example of what hospitality and loving on others is all about."

Moving to Texas added Southern cooking to her skills, and now she tries some ethnic and gourmet dishes, as well. "A simple act of kindness, to bake someone's favorite dessert or meal speaks volumes. Hospitality and serving others through cooking brings me joy," she said. Joanna loves having her husband and two sons help her cook. "There are such wonderful memories to be made in the kitchen," she added.

Crunchy Pecan Chicken

I cup Bisquick
1/2 cup chopped pecans
1/2 tsp. salt
1/2 tsp. poultry seasoning
I tsp. paprika
4 chicken breasts, boned and skinned
1/2 cup evaporated milk
1/2 cup melted butter

 Combine Bisquick, nuts and seasonings.
 Dip chicken in the milk and roll in the dry mix. Place in a greased 9x13-inch pan. Pour melted butter over chicken. Top with extra pecans, if desired.

3. Bake at 375 F for 1 hour, or until chicken is thoroughly cooked.

Fettuccine Alfredo With Shrimp

I pkg. fettuccine noodlesI pkg. small, fully cooked shrimp

1 Tbsp. butter

I/2 tsp. salt
Dash pepper
I tsp. parsley
I lemon, juiced
I/2 cup margarine
I/2 cup heavy whipping cream
3/4 cup freshly grated Parmesan cheese
Additional salt and pepper, to taste

I. Cook pasta as directed on package.

2. Cook shrimp in butter; add salt, pepper, parsley and lemon juice.

3. Heat margarine and whipping cream over low heat. Stir consistently until margarine is melted.

4. Stir in cheese, salt and pepper. Combine pasta, sauce and shrimp. Serve immediately.

Apple Snicker Salad

1 12-oz. container Cool Whip

1/2 cup milk

1 3-oz. pkg. vanilla pudding

- 6 Granny Smith apples, chopped
- 7 miniature snickers, chopped (approximate)

 Mix Cool Whip, milk and pudding until well blended.
 Add apples and snickers and toss

Z. Add apples and snickers and toss together. Refrigerate. *Note:* It is best if eaten soon after mixing.

Potato Casserole

- 1 10.75-oz. can cream of chicken soup
- 1 8-oz. jar Cheez Whiz
- 8 oz. sour cream
- 1/2 cup onion, chopped (optional)
- l pkg. frozen hash brown potatoes
- l stick butter, melted
- 2 cups potato chips or corn flakes, crushed

I. Mix together soup, Cheez Whiz and sour cream over low heat.

2. Add onions and potatoes; mix well.

3. In a separate bowl, mix melted butter and potato chips or corn flakes.

4. Put half of the potato chip mixture in a 9x13-inch pan. Pour potato mixture on top. Top with remaining potato chip mixture. Bake 30 minutes at 350 F.

Old-fashioned Apple Crisp

5 lbs. McIntosh/Macoun apples
Zest of 1 orange, grated
Zest of 1 lemon, grated
2 Tbsp. freshly squeezed orange juice
2 Tbsp. freshly squeezed lemon juice
1/2 cup granulated sugar
2 tsp. ground cinnamon
1 tsp. ground nutmeg

Topping: 1 1/2 cups flour 3/4 cup sugar 3/4 cup brown sugar (packed) 1/2 tsp. salt 1 cup oatmeal 1/2 lb. cold butter, diced

I. Preheat oven to 350 F. Butter a 9x14x2-inch oval baking dish.

2. Peel, core and cut apples into large wedges. Combine apples with remaining ingredients. Pour into the dish.

3. For topping: Combine all ingredients in a bowl. Mix with a mixer on low speed until mixture is crumbly and butter is size of peas.
4. Scatter topping mixture over the apple mixture.

5. Place dish on sheet pan and bake for 1 hour until top is brown and bubbly.6. Serve warm. Great served with vanilla ice cream.







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