

Burleson

Including Crowley and Joshua

M A G A Z I N E

NOVEMBER 2017

NOW



Forward Pass

CHS football players
and cheerleaders
inspire good habits in
younger athletes

2017 Holiday Shopping Guide

Crafts for Every Holiday

At Home With
David and Janet Trompler

Still Giving
Taking Her Time
In the Kitchen With
Steve Randle and Rick Hensley



DIET SOLUTION
WEIGHT LOSS CENTERS

Dr. Richard R. Knight, M.D.

www.dietsolutioncenters.com

Deb C., Mansfield, TX

I've tried other programs, but they never worked long term. I learned how to feed my body with real food, not boxed food, bars or shakes, and NOT by starving myself with less than 800 calories a day. Thanks for giving me the solution to dieting!



**Deb lost
24 lbs.
in 10 weeks.***

Mention
this ad for
\$99 OFF
initial visit!

Expires 11/30/17

After

*Individual results
may vary.

MANSFIELD

920 U.S. Hwy. 287 N., Suite 306
(At Walnut Creek in Tom Thumb Shopping Center)

817-453-3438

PANTEGO

2542 West Pioneer Parkway
Pantego, TX 76013

817-277-3438

CROWLEY / BURLESON

740 S. Crowley Road, Suite 2
(Next door to I-Fit Elite Gym)

817-297-2100



"I don't have time,"
-she said, sipping her coffee.

1 in 8 women will be diagnosed with breast cancer.*

At Texas Health, we understand getting your annual mammogram hasn't always been pleasant, which is why we're changing your experience. Along with our advanced services and technologies, you receive exams in a more spa-like facility where comfort is top of mind. From private changing rooms to comfort pads on machines, we're here to take care of you and your breast health needs.

Schedule your mammogram today at
TexasHealth.org/Mammogram or call 1-877-THR-WELL.

2750 SW Wilshire Blvd.
Burleson, TX 76028



Part of Texas Health Harris Methodist Hospital Fort Worth



We don't
skip a beat.

When it comes to cardiac care, every second counts.

Receiving medical treatment faster means less damage to your heart and other organs. The Texas Health Huguley emergency department and heart cath lab have collaborated to reduce the time it takes for heart attack patients to be treated, surpassing the national goal. We also offer outpatient cardiac rehabilitation services that incorporate exercise, education and emotional support to improve heart health. We've got every beat of heart care covered.

Visit TexasHealthHuguley.org/Heart
or call 817-568-5590 to request your
complimentary Heart Health Tool Kit.



Publisher, Connie Poirier
General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Burlson Editor, Melissa Rawlins
Editorial Coordinator, Sandra Strong
Editorial Assistant, Rachel Smith
Writers, Lynn H. Bates . Erin McEndree
Betty Tryon
Editors/Proofreaders, Pat Anthony
Shannon Pfaff

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Kristin Bato . Morgan Christensen
Martha Macias . Brande Morgan
Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Jill Rose
Photographer, SRC Photography
Amy Ramirez

ADVERTISING

Advertising Representatives,
Melissa Perkins . Kelsea Locke
Cherise Burnett . Dustin Dauenhauer
Bryan Frye . Jennifer Henderson
Lori O'Connell . Steve Randle
Linda Roberson . Keri Roberson
Joyce Sebesta . Shilo Treille

Billing Manager, Angela Mixon

ON THE COVER



Varsity volunteers care about the growth of Burlson Spartans Youth athletes.

Photo by SRC Photography.

CONTENTS

November 2017 • Volume II, Issue II



8 Forward Pass

Servant leaders Kyle Perry and Amanda Kaminski spark Spartan spirit.

14 Crafts for Every Holiday

At Home With David and Janet Trompler.

26 Still Giving

Bob and Jo Spurlin continue to serve BISD students.



32 BusinessNOW

34 Around TownNOW

36 FinanceNOW

44 CookingNOW

BurlsonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2017. All rights reserved. *BurlsonNOW* is published monthly and individually mailed free of charge to homes and businesses in the Burlson, Crowley and Joshua ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.



Editor's Note

Hello Joshua, Crowley and Burleson!

Our imaginations are powerful, taking us down uncharted paths, if we'll follow. Lately, I've met an artist in Crowley about whom I'll one day write, and you'll get the pleasure of learning how she manages her inspirations within her family life. Meanwhile, that's my greatest task: negotiating every call upon my time with freshly devoted talent and cheer.

The successful people in our community do take a positive approach to their many duties. Learning from these individuals, who run effective families, hobbies and businesses, has been one of my greatest joys during *BurlesonNOW Magazine's* history. You all have made me a better person, and I am grateful.

As we're giving thanks this month, at celebrations of Veterans of Foreign Wars or of America's plenty, let's remember the positive in our community. This simple practice, to focus on those things of good report, will actually trigger our neurons to function better. When this happens, our bright ideas will light our collective journey.

Happy Thanksgiving!

Melissa

Melissa Rawlins
BurlesonNOW Editor
melissa.rawlins@nowmagazines.com
(817) 629-3888



As we count our blessings this year, we count ourselves extremely lucky to have family, friends, and customers like you. Thank you for all the support, encouragement, and for making this year an incredible success. We couldn't have done it without you.

Happy Thanksgiving and Many Blessings From Our Family To Yours,
Bob & Caryl Woolard and Staff

CUSTOM JEWELRY DESIGNS
DESIGNS PERSONALIZED JUST FOR YOUR SPECIAL SOMEONE

Woolard's
CUSTOM JEWELERS

437 S.W. Wilshire Blvd • Burleson, TX
Between N.W. Newton & Exchange
817-295-6361
woolardjewelers.com • woolardtx@gmail.com



Don't come home to a dark house.
Landscape Lighting is beautiful
& offers peace of mind with added security.

PayPal
MasterCard VISA
Discover American Express

CIMARRON LANDSCAPE

Landscape • Stone & Masonry • Sprinkler Systems
Outdoor Kitchens • Decks, Patios & Arbors • Landscape Lighting

COMMERCIAL & RESIDENTIAL | CALL FOR A QUOTE TODAY
817-454-2898 • 817-313-1410

Like us on Facebook • Check us out on houzz



Community Council
Advancing Solutions...Empowering Lives

WE GOTCHA COVERED!

**Open Enrollment
Nov 1st -
Dec 15th!**

Have questions regarding your health insurance?
Need help with CHIP/Medicaid for your kids?
Do you qualify for Special Enrollment Period (SEP)?

Call us today! 1.844.831.9600
Serving 19 counties in North Texas
Se Habla Español!

Health Insurance Marketplace
CHIP Children's Medicaid

The project described was supported by Funding Opportunity Number CA-NAV-15-001 from the Centers of Medicare & Medicaid Services. The contents provided are solely the responsibility of the authors and do not necessarily represent the official views of HHS or any of its agencies. 8/17

BURLESON COMMONS



VISIT US AT
SHOPBURLESONCOMMONS.COM
1501 SW Wilshire Blvd. | Burleson, TX 76028

COMING SOON!
ORANGETHEORY FITNESS AND R TACO



- KROGER MARKETPLACE
- PREMIERE CINEMAS
- MARVEL DENTAL
- THE GARAGE MEN'S GROOMING
- MARBLE SLAB CREAMERY
- PETER PIPER PIZZA
- CARENOW URGENT CARE
- THE CATCH
- QDOBA
- ROSCOE'S BBQ
- GOLDEN CHICK
- CVS
- QUEST DIAGNOSTICS
- PANDA EXPRESS
- ER BURLESON
- PLAZA PRIMARY CARE
- BIOLIFE
- DELUXE NAILS

**BIGGEST
SALES EVENT
— OF THE —
YEAR!**



Burleson
NISSAN

www.BurlesonNissan.com • 817-484-3500

300 N. Burleson Blvd in Burleson, TX 76028

ARE YOU A GOOD CANDIDATE FOR STEM CELL THERAPY?



- Does your pain keep you from doing things you love?
- Do you often take medications for your pain?
- Are you considering surgery to alleviate your pain?
- Have you been putting off the risks of surgery?
- Has pain diminished your quality of life?

**HAVE YOU BEEN
TOLD YOU ARE
BONE ON BONE?**

**FREE STEM CELL SEMINAR
NOV. 15TH AT 6PM**

ONLY 20 SEATS AVAILABLE • PLEASE RSVP TO HOLD YOUR SEAT

Stem Cell Therapy is

- ☒ Non-Surgical
- ☒ Pain-Free Procedure
- ☒ Highly Effective
- ☒ No Down Time

How Does It Work?

Stem cells can stimulate cartilage, tendons, bone, ligaments, and fibrous tissue. It offers a remarkable opportunity to heal your damage without the harmful side effects of an invasive & lengthy surgical procedure.

What kind of joint pain can be treated?

- Knee Pain • Shoulder Pain
- Hip Pain • Elbow Pain
- Wrist/Hand Pain
- Chronic Low Back & Leg Pain
- Chronic Neck & Arm Pain

Here is what our patients have to say...

"I had 4 meniscal tears, osteoarthritis, and my knee was bone on bone. I was facing surgery as my only viable option. When I heard about stem cell therapy, I knew I had nothing to lose. In a few weeks, my knee was transformed. My MRI revealed that the tears were repaired and my knee was rebuilt. I am now back to tennis every day and my knee is stronger than ever." -Dr. John Young, M.D.

"I have two badly torn rotator cuffs and damaged shoulders. I was told by a Physician my only option was a complete "Reverse Shoulder Replacement" on one of them. I learned about Stem Cell Therapy as a possible option to surgery. We researched the process thoroughly and read many articles pro and con about this procedure. We had two medical professionals tell us this was the way of the future.

It has been 10 weeks since I received my injection in both shoulders. At night when I roll over on my side I no longer wake up from the pain in my shoulders. I am now combing my hair with less effort or pain. I can put dishes in the cabinet with less pain and easier than before the injections." -Frank Shannon

"The perfectly timed information about your clinic's stem cell therapy possibilities saved me from the amounts of pain and recovery time my scheduled shoulder surgery would have cost.

Honestly, the therapy sounded too good and too easy. Everything good you said could happen, has. After receiving the stem cells, 4 months of constant pain began improving. As the injury healing continually increases, the pain levels have kept decreasing.

Being able to resume daily activities without pain has been a miraculous gift.

God's continuing blessings on you and your staff,"
-Jan Boyd

LONESTAR
PROGRESSIVE MEDICINE
BURLESON

Learn more about Stem Cells on our website
under the Medical Services tab
LoneStarProgressiveMedicine.com

We offer a NO COST, NO OBLIGATION consultation
to see if you are a candidate for stem cells!
If you are a candidate, use this coupon to
SAVE \$400 OFF YOUR PROCEDURE

817-297-7100

Limited to the first 8 people with this coupon. Expires 11/30/17

1320 NW JOHN JONES DR., BURLESON, TX 76028

 Find Us On Facebook



FORWARD



Friday nights at Centennial High School are high-spirited celebrations. Varsity football players feel the excitement from fans hyped up on hope. Cheerleaders generate exhilaration with Spartan pride and school spirit, fueling much of the energy exhibited on the field. And some of those cheering are only half as tall as some of the others, who are twice their age. The fully uniformed little Spartans cheering on the big Spartans are athletes with the Burleson Spartans Youth Association. All of them know that the next day, the roles will reverse, and the big Spartans will be cheering on the little ones.

“It all started with a couple of high-fives and a little bit of kindness,” Kyle Perry said. A senior with almost three seasons under his belt, Kyle plays on the offensive line for the varsity Spartans and has already committed to being a Black Knight for The U.S. Military Academy at West Point, starting in 2018.

In 2016, when Centennial High School hosted a gathering for fans to meet the teams, Jeff and Shanon Cox brought their BSYA team. “I saw the Spartans Youth team looking in awe at the older team walking by,” Kyle said. “Since we play the same sport, and we’re all one big Spartan family, I approached the kids with a couple high-fives, introduced myself and asked if they’d come to our games.” Jeff, football coach for BSYA, called Kyle later to tell him his athletes were helped just by his friendliness, and that they had indeed gone home and asked their parents about attending a Friday game.

VARDS

— By Melissa Rawlins



Hoffman Family Practice

ASSOCIATES

*Providing compassionate
care for your entire family!*



*We are grateful for
our patients and the
surrounding communities.
May each of you have
a Happy Thanksgiving!*

**Same day
appointments available.**

Monday - Friday:
7:00 a.m. - 6:00 p.m.

**Call and schedule your
appointment today!**

- Adult & Pediatric Care
(Newborn to Adolescent)
- Sports Medicine
- Physicals for All Ages
- Allergy Testing
- IN-OFFICE Lab & X-ray

**FLU SHOTS
AVAILABLE
FOR ADULTS
& CHILDREN**

817-953-9978 • HoffmanFPA.com

2730 S.W. Wilshire (Hwy 174), Burleson, TX 76028

Located at the Texas Health Burleson medical complex

Physicians employed by Texas Health Physicians Group practice independently and are not employees or agents of the hospital or Texas Health Resources.



Jeff and Kyle eventually decided it would be good all around for a few high school football players to mentor the BSYA football players. Kyle coordinated it last year, and between eight to 15 players joined him after their own practices for practice with the boys. "We try to carry on the tradition," Kyle said. "As the varsity football team, we know what it's like to be in their shoes." And so they give their time and energy to inspire these younger kids to develop good workout habits.

This year, BSYA asked Kyle to recruit cheerleaders into the mix. Amanda Kaminski, a senior who started cheering when she was 7 at the Tumble Club in Joshua, thought it would be a good opportunity to help kids develop into middle school and high school cheerleaders. Amanda will study Early Childhood Education in college to prepare herself for a teaching career.

Joined by two other seniors, Hailey Reed and Raigan Robinson, Amanda is volunteering to coach the BSYA girls. They bring all they've learned to the practice turf. Early on, they taught the girls to think of their teammates. "Cheer is a lot about trust," Amanda said. "You have to try as hard as you can to get along, because you have to trust the people under you and above you." At camp, Amanda encouraged the youth not to laugh while stunting, telling the little





girls: “Hey, your friend won’t want to be your friend anymore if you drop them!”

Although many of the youth cheerleaders don’t yet understand safety, Amanda has years of experience and keeps her focus on teaching the Spartan youth how to be safe. Some run up to her offering to show her a back handspring, while some squirm and hesitate to perform a new move. Either way, “Coach Amanda” tells them not to do it. She and her varsity volunteers are moving forward the BSYA mission of teaching children to participate in athletics based on good sportsmanship, self-discipline, self-respect and teamwork in a fun, learning environment.

BSYA encourages and promotes the fundamentals of sports, leadership and structure through the reinforcement of positive goals. This mission has been easy for Kyle to support. They start off their practices with a motivational quote, similar to those used by CHS Coach Kyle Geller. When he begins working specifically with the offensive line, Kyle quotes CHS Offensive Line Coach Eddie Grimes. “He always tells us to come off low and hit them in the shoestring of the shoulder pads,” Kyle said. “That’s what I tell the Spartan youth. It’s about where you place your hands, so you’re in position to make a successful block, so the running backs can do what they need to do to score a touchdown.”

At the skills camp earlier this summer, three CHS alumni — Weston Hunter, a sophomore who plays for Howard Payne University; Jacob Collier, a freshman who plays for Texas Wesleyan University; and Charlie Lambert, a freshman who plays for Avila University — joined Kyle and 10 other varsity football players — juniors Ryan Chappell, Trevor Suggs, Brayden Chandler, Kyle Burns, David Robinson and Brendan Jenkins; and seniors Wellington Bridges, Carter Strahan, Kevan Romero and Cole Porter.



**One more reason
to love your
neighborhood...**

**Peace of Mind
is just around the corner**

*Exceptional Experience.
Exceptionally Accurate Results.*

OFFERING

3D

MAMMOGRAPHY

SOLIS
Mammography



21 LOCATIONS IN NORTH TEXAS

Including Burleson:

12500 South Freeway, Suite 202

Easy, “real-time,” online scheduling, 24/7
SolisMammo.com | (866) 717.2551

TOUGH ENOUGH TO WITHSTAND THE BATTLE ON YOUR FLOOR



Two gladiators, one with a shield and one with a sword, are engaged in a battle on a wooden floor in a modern living room. The gladiator with the sword is wearing a helmet and a loincloth, while the other is wearing a loincloth and a belt. They are both shirtless and muscular.

INFINITY FLOORING

We Offer *Free* Measure & Estimates and Design Consults
No Interest Financing with Approved Credit
 Store: **817.641.2010** | After Hours: **972.345.4917**
 Visit our beautiful showroom at **307 E. 12th Street, Suite B Joshua**
 (Next to Family Dollar)
 infinityflooring2010@gmail.com
Hours: Mon-Fri 10 a.m.-5 p.m.
 🇪🇺 Sat 10 a.m.-3 p.m. | Closed Sun 🇺🇸

\$100 OFF OF A PURCHASE OF \$1,000 OR MORE <small>Offer expires 11.30.17</small>	\$200 OFF OF A PURCHASE OF \$2,000 OR MORE <small>Offer expires 11.30.17</small>	\$300 OFF OF A PURCHASE OF \$3,000 OR MORE <small>Offer expires 11.30.17</small>
---	---	---

Coupons may NOT be combined with sale items. Coupons must be presented at time of sale.

Check out our 5-Star Customer Service Rating at yellowpages.com



During the camp, to set his standard for the fall workouts the youth football players faced, Kyle used a quote from Kevin Durant: “Hard work beats talent when talent doesn’t work hard.” It doesn’t matter how good you are. As long as you are coachable and can outwork everybody else, you’ll be favored by other coaches.”

Throughout this school year, parents have been bringing their boys and girls, ages 4 to 12, to three two-hour practices every week. They park near the baseball fields behind Centennial High School and set up lawn chairs to watch the youth practice on fields on the other side of the tennis courts. This is right next to the field where the cheerleaders practice and only one football field away from the practice field where the Centennial varsity team practices.

When the varsity volunteers have had a chance to drink some water, they head to the BSYA practice fields with the goal to be effective coaches for the younger kids. The girls practice jumps, toe touches, herkies, pikes, right splats, left splats, cheers and chants, while the young boys practice plays and defenses necessary for success during their Saturday games against opponents from cities like Weatherford, Aledo and Azle. “We care about the growth of these athletes,” Kyle said. The satisfaction is in seeing the boys and the girls become better young people.

Playoffs start this month, not only for BSYA, but also for the Centennial Spartans. These varsity players and cheerleaders still have homework to do at the end of their nights, and some of them fit all this around work schedules, too.

“It takes a lot of planning to be able to do all these things,” Kyle said. “But, if you want to do something, you’ll do it. It’s all worth it in the end, watching the young athletes and my teammates and myself grow into the young people God has wanted us to be.” **NOW**

Under **New Ownership**



Burleson **Honda**

www.BurlesonHonda.com • 817-295-5000

632 N Burleson Blvd in Burleson, TX 76028

CRAFTS FOR EVERY HOLIDAY

— By Erin McEndree

*At Home With David
and Janet Trompler*

A huge Thanksgiving turkey greets family and strangers alike in front of David and Janet Trompler's home. Janet lines the landscape with pumpkins and places a handmade fall wreath on the door. It is not uncommon for people to stop and ask to take pictures of their children with the seasonal decorations that Janet puts in the yard throughout the year. Next to the lawn decor is a never-changing tribute that says God Bless our Law Enforcement, First Responders and Veterans. David and Janet like to show their support and say, "Thank you," to the men and women who keep them safe. The fun exterior of this home gives a small glimpse of the glitter and whimsy that awaits inside.





Six years ago, after their children “flew the coop,” David and Janet decided to downsize from their 8-acre farm, where they enjoyed horses, four-wheeling and a swimming pool. “It was a lot of work, and when our free labor was gone, we decided to move to town,” David joked. They chose a large corner lot, which would provide some extra parking space for David’s trailer and their large family that visits often. While their home was being built, they lived with their son, Casey, for three-and-a-half months.

There were only two houses on the street when they moved in half a dozen years ago. “We saw every house as it was being built,” David said. “We have great neighbors, and most of them are retired like we are.”

David admits he is mostly “retired” from his 48 years in commercial tire sales. He still has a few trucking accounts that he takes care of, which usually only takes him a couple of hours per day. Janet



Mansfield Glass & Windows

“You Can Trust Us With Your Panes!”

We are **THANKFUL** for our wonderful customers!



- Frameless Shower Glass
- Replacement Windows

- Lower Energy Cost
- Reduce Dust/Allergens
- 0% Financing WAC

- Broken or Foggy Window Repair



Call Today for a FREE Estimate!



817-473-3909

7489 Rendon Bloodworth Rd., Mansfield • WWW.MANSFIELDGLASS.COM



loves finding craft projects, decorating for birthday parties and repurposing discarded, forgotten items. "I love taking things that are ugly and making them sparkle," she said. "I can bedazzle and embellish old things with some paint and glitter for a new purpose." She has a great eye for seeing the potential in old rusty items. There is turquoise sparkle, Janet's

favorite color, everywhere in her home.

"I truly don't know what it will look like when I get home," David said with a laugh. "It changes all the time." They have updated the carpet and the furniture. Janet likes to shop at Hobby Lobby and Kirkland's for accent pieces. Sometimes, she calls David to bring his trailer for larger pieces.

One bedroom is Janet's craft room. "This is where the madness happens," she quipped. She creates wreaths for the holidays, embellishes angel wings with glitter, paints crosses and makes decorations for all the grandkids' birthdays. "Hobby Lobby has made it so much easier to get supplies," Janet said. "My daughter, Ashley, wants to help me create an account to sell my angel wings and decor, but I love giving them away." Janet admits she is a neat freak, and it shows in her organization around the house. Tubs in the office and pantry are neatly arranged and labeled. She neatly stores her printers, projector, die-cut machine, laminator and cricket machine. Even the linen closet has labels for blankets and towels.

The other bedroom is decorated for her granddaughters. The four-poster bed has hot pink, sheer curtains. Glittery angel wings hang on the wall. A large sombrero that reminds Janet of their cruise to Mexico with their children hangs on the bed. "Our faith and our family are very important to us," she said. "David and I have been married for 39 years. We've been

A-AFFORDABLE STORAGE

817.874.0183

www.A-AffordableStorage.Net

Storing your valuable investments is easy with A-Affordable Storage's secure and convenient locations. A-Affordable Storage offers easy accessibility, keyless gate entry, and video surveillance cameras throughout the property for better security and peace of mind. A-Affordable Storage is locally owned and operated and offers spaces up to 50' in length, as well as enclosed self storage units, and both covered and non-covered spaces for your auto, boat or recreational vehicle.



- **Affordable Boat & RV Storage Mansfield** - 2180 FM 1187, Mansfield, TX 76063 (corner of Alpine Industrial and FM 1187)
- **A-Affordable Boat, RV & Mini-Storage Crowley - Coming Soon/Pre-Leasing Now:** 2101 FM 1187, Crowley, TX 76036 (corner of Floyd Hampton and FM 1187)
- **A-Affordable Boat, RV & Mini-Storage Acton - Coming Soon:** 5640 Acton Hwy., Granbury, TX 76049 (second entrance at 2890 Fall Creek Hwy.)
- **A-Affordable Boat, RV & Mini-Storage Granbury - Coming Soon:** 2000 S. Morgan St., Granbury, TX 76049 (across from Lake Granbury Marina and Stumpy's Lakeside Grill)

15% DISCOUNT OFF THE FIRST TWO MONTHS OF RENT (Bring in ad for discount)

**THANKFUL
TO SERVE...**
Students, Families,
Community

Enrollment Special
Register by 11/30/17 and receive

**\$500
FREE TUITION!**

*Upon registering, you will receive \$100 tuition credit over each of your first 5 months. New registrations and full time enrollment only. Not to be combined with any other discount.



Infant | Toddlers | Preschool | After School | Summer Camp

Renfro St. | (817) 447-1287

Vicksburg Ln. | (817) 295-7521

Summercrest Blvd. | (817) 484-2342

www.KidsKampusPreschool.com



Why moms choose Kid's Kampus Preschool?

- Welcoming family atmosphere
- Engaging Christian based, Montessori-inspired curriculum
- Keep pulse on your child's day while away with digital parent communication

"Inside Kid's Kampus preschool, you find peace of mind and preparation for life."
- Melissa Rawlins

MOVING TO AUSTIN?

At Kuper Sotheby's International Realty, we are proud to be a part of what makes Austin so great. We take a hands-on approach when working with our clients that is unparalleled in our industry. As a proud seventh-generation Texan and native of the Dallas area, I have an unmatched ability to place you in the right property in the best location for your needs. If your future plans bring you to the Austin area, I would welcome the opportunity to show you what makes our community and firm so special.

JILLIAN ROSE, Realtor®, ABR
c 512.574.5073 o 512.261.0008
jillian.rose@sothebysrealty.com

 **Kuper**

Sotheby's
INTERNATIONAL REALTY



CALL ABOUT OUR FALL SPECIALS!



817-556-4644
www.maverickdrivingacademy.com
(for Calendar)

2015 171 • 209 SW Wilshire Suite D
(next to the Burleson Car Wash behind the old barber shop)




FREE SHUTTLE PICK UP from BHS, CHS and JHS! Please call for details.

\$15 OFF
Must present ad. Expires 11/30/17

Complete in Just 3 Weeks!
Register Now!

Creating Safe and Responsible Teen Drivers


PRESENTED BY THE RITZ EVENT COMPANY IN PARTNERSHIP WITH 95.9FM THE RANCH AND 92.1 HANK FM

7TH ANNUAL
OLD TOWN BURLESON, TX

WINE & BEER CRAWL

SATURDAY • NOVEMBER 11, 2017
12:00 PM - 10:00 PM



FEATURING THE TRIBUTE BANDS

BLAZE OF GLORY (BON JOVI)
DEF LEGGEND (DEF LEPPARD)
BOCEPHUS (HANK WILLIAMS JR)
OZZOLUTION (OZZY OSBORNE)
WAREHOUSE (DAVE MATTHEWS)
WILD BOYS (DURAN DURAN)
NERVANA (NIRVANA)

WINE ★ BEER ★ MUSIC ★ SHOPPING ★ FOOD

BURLESONWINECRAWL.COM FOR TICKETS & INFO



on 23 cruises, and our kids and now our grandkids go on most of them with us.”

Decorating for each holiday is another thing Janet loves to do. Besides the turkey in the yard and pumpkins in the landscape, the entryway and fireplace mantel are focal points and are filled with orange pumpkins covered in glitter, leaves and lights. A soft glow shines on the words, *Happy Fall Y'all*. The mantel is flanked with two windows with floor-to-ceiling, turquoise-and-white curtains. The dining table is set with fall colors. Two large pilgrims, a man and woman, serve as the centerpiece. The plates are painted with pumpkins and gourds. More orange leaves are draped over the hutch, where Janet keeps two sets of china dishes.

“I started collecting a set of dishes with the roses on them when I was 13,” Janet said. “My brother found the same pattern when he was in the Army stationed in Germany and sent another set to me.” Janet acquired the other set after collecting stamps from Piggly Wiggly in the 1970s. A pair of squirrels that Janet covered in glitter sits among the plates and cups, along with a large bird cookie jar.

A large turquoise tea pitcher with a bird sits atop the refrigerator in the kitchen. Birds, a set of Boxer salt and pepper shakers and long curtains in the window also have the bluish-green hue. Large turquoise letters spelling *EAT*, *PRAY* and *HOME* are arranged above the dark kitchen cabinets. “We don’t need a kitchen,” David laughed. “We eat out almost every meal. We go to the restaurant that has the special that night.” Monday night, however, the special is meatloaf. Meatloaf Monday is reserved for a family dinner with the kids and grandkids.

“We love being busy with the grandkids,” Janet shared. “We know every fast-food place with a playground between here and their house.” Janet’s passion for decorating includes themed birthday parties for each grandchild. She makes all the party decorations, banners, invitations, goodie bags and everything in between. “I thought we would slow down after our children left home, but now we are busier than ever with our grandchildren, Reese, Blakely and Hunter,” she said with a laugh.



Starting the busy day right is important for David and Janet. They love their colorful patio in the morning, where they drink coffee, and David soaks in the hot tub. The brick landscape wall contains potato vines, cannas, yellow sunflowers, boxwoods and purple hyacinth vines tangled around the lattice across the back fence. A large seating area under the pergola is anchored with a navy, white and turquoise rug. Bird feeders from the neighbor attract several species that David and Janet enjoy watching.

David grew up on a farm and raised their kids on a farm. His son, Casey, recently decided to move to a farm, himself, so he could raise his children in the same type of environment his parents provided for him. “I can help him with the farm aspect and hunt and fish with them,” David said. “Janet can help them with any decorating they may need.”

The Tromplers love their big corner lot and big family. They are also quite fond of the fact that they have all the time they need to enjoy both. **NOW**

TOTALCARE Family Medicine | Urgent Care

Same-day Appointments & Walk-ins Welcome

**CONTACT US TO SCHEDULE YOUR
ANNUAL PHYSICAL AND BREAST EXAM!**

- COMPLETE PHYSICAL EXAMS
- ALLERGY TREATMENT
- DIAGNOSTIC TESTING
- FAMILY MEDICINE
- IMMUNIZATIONS
- LABORATORY TESTING
- SCHOOL PHYSICALS
- SKIN CARE
- TESTOSTERONE THERAPY
- WEIGHT LOSS

*“Give thanks to
the Lord, for He
is good; His love
endures forever.”*

1 Chronicles 16:34



1005 S. Crowley Rd, Crowley, TX

Located near the intersection of Renfro Street & Crowley Road (FM 731)

817-297-4455

www.totalcareclinic.com

Open 7 Days a Week



Mon. - Fri. 8 a.m. - 8 p.m. • Sat. 8 a.m. - 6 p.m. • Sun. 1 p.m. - 5 p.m.



- RESIDENTIAL
- COMMERCIAL
- SERVICE
- NEW INSTALLS
- CHANGE OUTS



CALL TODAY
*for details on
financing!*

*Subject to
credit approval.*



FALL SPECIAL

\$59.00

RESIDENTIAL ONLY. CALL FOR DETAILS.
OFFER ENDS 11/30/17.



PERFORMANCE
HEAT AND AIR, INC.

817-477-1000
www.performanceheatandair.com

LIC. NO. TACL829398E



2017 HOLIDAY SHOPPING GUIDE

Relax...and enjoy the difference.

CLASSIC

CHEVROLET • BUICK • GMC
CLEBURNE

NEW OWNERSHIP

\$500

CLASSIC CASH
TOWARD
TRADE OR NEW
VEHICLE PURCHASE



*Classic of Cleburne
is under new
ownership. Let us
help you relax and
enjoy the difference
this holiday season.
Come see us for
any sales or
service needs!*



Family-owned and operated by Mike and Nick Zorn

CERTIFIED SERVICE

Need New Tires? Oil Change?
Hearing Brake noise? Battery trouble?

SPEND \$100 YOU GET \$20 OFF
SPEND \$200 YOU GET \$40 OFF
SPEND \$300 YOU GET \$60 OFF



817-556-5900

822 Walter Holiday Dr., Cleburne, TX 76033

2017 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



THE
upper
CUT salon

(817) 295-0491
Walk-Ins Welcome



Give the Gift of Bird Feeding

**Fill-A-Bag
Get 20% OFF**

*Valid only at the participating store(s) listed. One bag per person. Offer not valid on previous purchases, gift cards, optics, DSC memberships or sale items. Items must fit fully inside our designated WBU shopping bag and may not extend beyond the bag handles. Offer only good on 11/24/17.



140 NW John Jones Dr. #102
Burleson, Texas 76028
@ the intersection of Wilshire and John Jones, next to Subway
BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

JAM SPORTS 2.0
CUSTOM APPAREL & SCREEN PRINT

Special Offer
**20%
DISCOUNT**

Must present the coupon to validate offer.
Expires 11/30/17

New Location
120 N. Commerce St., Burleson
(across from Gypsy Trunk)
817-295-3700

**Ed's
TRANSMISSION
& Auto Repair**



\$15 OFF
Any repair of \$150
or more!
Valid through June 30, 2018

\$10 OFF
Any oil change or
transmission service!
Valid through June 30, 2018

Mon. - Fri. : 7:30 AM - 5:00 PM • Weekends: Closed
817-225-9225 • 7601 Rendon Bloodworth Rd., Mansfield, TX

2017 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.

Celebrate the Seasons
Sunday, November 12 from 1-5pm
Join us for our open house!

Santa is
 peeking around
 the pumpkins



**Accents
 of Burleson**

121 NE Wilshire • 817-447-3315

25% off Christmas Ornaments
 Limit one ornament per coupon. Expires 11/30/17.

**ROCKIN' AROUND
 YOUR CHRISTMAS TREE**

Special 1/2 ct tw round
Or **Princess Cut
 Diamond Studs**



\$600

Woolard's
 CUSTOM JEWELERS

437 S.W. Wilshire Blvd • Burleson, TX
 Between N.W. Newton & Exchange
817-295-6361
 woolardsjewelers.com • woolardtx@gmail.com

New Ownership
The ART BARN Studio

- Kid's Parties
- Office Parties
- Girls Night Out



Pottery Painting & Wood Art
 Call to book your next party!
 817-426-3232 • Burleson, TX
 WWW.THEARTBARNSTUDIO.COM

\$10 OFF A \$50 PURCHASE Limit 1 Per Customer

RTB SERVICE COMPANY
 HVAC & ELECTRIC

Residential & Commercial
 Let Us Help You with Your
 HVAC & Electrical Needs



*Merry Christmas & Happy New Year
 from Richard & Teresa Beckham*
Call Today! 817-996-3641

Contractor Licensed in HVAC & Electric | TECL32490, TACLB00338E

Redeem This Coupon for
10% OFF

**Island
 Massage**



Holiday Special
\$44.00
 1-hr. Swedish Massage



FREE GIFT
 with purchase of massage
 Expires 11/30/17


Ask about our
 Couple's Massage

817-349-0558 • islandmassage.org • 109 NW Renfro Street, Burleson, TX

**Happy
 Thanksgiving!**

"Wishing you and your family a
 blessed holiday. I am thankful to have
 served so many in our community.
 Call me today if you are thinking
 of buying or selling a home."
 - Ginny Vann

Century 21
 A-One Realty



Ginny Vann
 CENTURY 21
 121 NW Newton Dr.
 Burleson, TX
817.300.3864

2017 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.

Parade of Lights

Come join us for the city's annual Christmas parade, hosted by the Burleson Rotary Club, followed by a tree-lighting and fireworks show.

The tree, containing greater than 10,000 lights, will be turned on by Santa and his helpers. Singers and dancers will entertain the crowd, as Santa departs for the city stage.

December 2, 2017

6 PM - Parade of Lights, followed by the Christmas Tree lighting

8 PM - Fireworks!

Old Town Burleson • Corner of SW Johnson Ave. & Ellison Street • Cost: FREE

For more details, call BRICK at 817-426-9104



Model Year Closeout!

Prices will never be better!!!

Black Friday Prices

on our website at:

Noon on November 20th.

Sale begins:

Noon on November 20th

and ends on November 30th.

All locations, normal hours.

Don't wait... everything will be gone!

www.landmarkeq.com



HUSTLER
TURF EQUIPMENT



BOBCAT
SERVICES



Cub Cadet
INDEPENDENT DEALER
EXPERT SERVICE. LOCALLY TRAINED.



**DON'T PAY
6%**

Save Thousands! Call...

817-799-SAVE

BURLESON'S BEST REAL ESTATE PROGRAM!



Greg & Dawn Willis, Broker & Owners

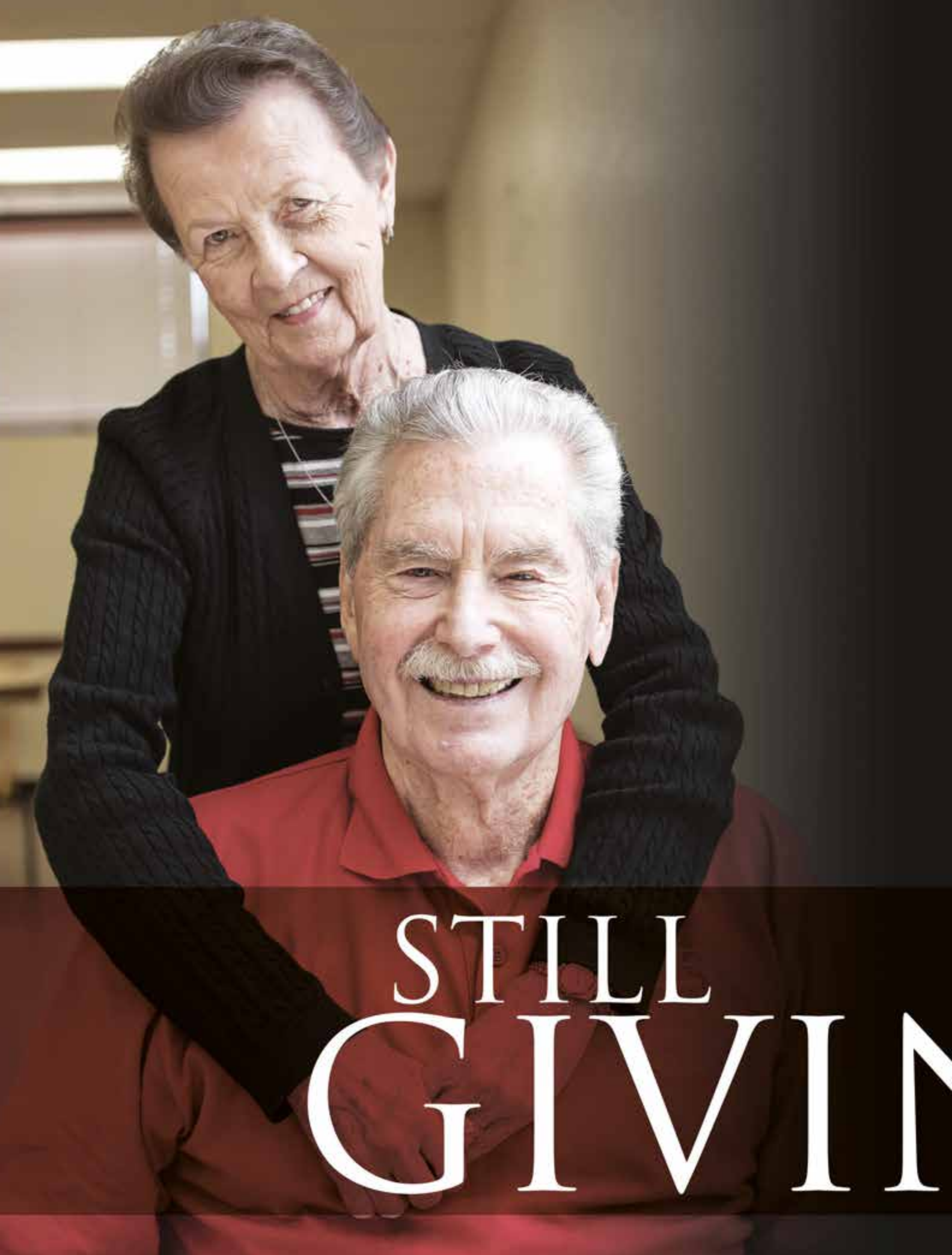
Over 28 Years Combined Experience

FULL SERVICE FOR LE\$\$!

Read what people are saying about us at...

www.WillisReviews.com





STILL
GIVING

When serving others is in the heart, even retirement cannot stop it. Bob and Jo Spurlin have lived life together for 58 years and served the community of Burleson for most of that time. "We are still around, but not as active," Jo said. Having a common purpose has kept them involved in the public school system in Burleson for many years. They continue to contribute during their retirement. Both serve on the board of the Burleson Area Retired School Employee Association.

"I grew up in Rio Vista until my dad transferred me to Cleburne High School without telling me," Jo laughed. "He told me to take bookkeeping and shorthand. The bank president at the time was my dad's friend, and after I graduated, he offered me a bookkeeping job at the bank." Bob grew up in Cleburne starting in fifth grade. He was attending Baylor University when he met Jo on a blind date.

"A friend in Cleburne wanted to go on a date but could not go unless it was a double date," Jo recalled. "She asked if I wanted to go." Bob and Jo married in December 1958. Jo gave the bank president a one-month notice. Bob was studying geology at Baylor. "We rented an apartment on the Army barracks for \$55 a month," Jo said. "It had a bedroom, kitchen and living room." She got a job in Waco sight-unseen. "The bank president must have given me a good recommendation," she mused.

— By Erin McEndree

NG

The Vine

MEDICAL CENTER
& Sleep Lab for Adults & Children

**Walk-ins
welcome**

The Vine Medical Center and Sleep Lab
921 E. FM 1187, Suite A, Crowley, TX 76036
 Monday thru Friday from 8 a.m. to 6 p.m.

We welcome our New Nurse Practitioners To The Vine Medical Center,
 Stacey Jackson, FNP-C and Uchenna Iloma MSN, APRN, FNP-C

Reveal

your true shape.

ZERONA® is the first FDA-approved, non-invasive laser that removes fat and inches painlessly. Imagine dropping a dress size or losing that "muffin top" with NO PAIN, NO SURGERY and NO RECOVERY TIME.

6 ZERONA sessions \$495



Non-invasive Body Contouring



817-945-1682
www.thevinemedicalcenter.com
 Find us on Facebook.

Ehab Hanna, MD, Board Certified in Internal Medicine
Nagwa Lamaie, MD, Board Certified in Family Medicine and Sleep Medicine
 Accepts Medicare, Medicaid & most other insurance plans. Promotional cash prices also available.



Wethington Team
 Real Estate Specialists
817-929-3189

**FALL IN LOVE WITH YOUR NEW HOME
 AND Leaf THE WORRY TO US**

WWW.WETHINGTONTEAM.COM | KWETHINGTON@KW.COM 



STOP SMOKING! LOSE WEIGHT! MANAGE STRESS!

YOU CAN NOW with Low Light Laser Therapy!
No pain, drugs or needles!

\$50 OFF
Stop Smoking Treatment
Expires 11/30/17

\$100 OFF
Weight Loss or
Stress Management Treatment
Expires 11/30/17

Also taking appointments for FAR Infrared Sauna, Wellness PRO
Plus Electrotherapy & More!

 **HOLISTIC
LASER CENTERS**

817-292-3131 • HolisticLaserCenter.com
4750 Bryant Irvin, Suite 812 • Fort Worth, TX 76132

SPECIAL OFFER

**HOME STORAGE
LIFT SPECIAL!**

\$1,985 PICKED UP AT OUR WAREHOUSE
SHIPPING AVAILABLE, CALL FOR INFORMATION.

GET YOURS TODAY!
817-295-8115

TARGET LIFTS INTERNATIONAL, INC.
5215 CR 915, JOSHUA, TX 76058 • SALES@TARGETLIFTS.COM

ATLAS FOUNDATION CO., INC.
Serving this area since 1958...

**FINANCING
OPTIONS
AVAILABLE**

**FREE ESTIMATES
NO SALESMAN**

817-478-1181

PRESSED PILINGS • STEEL PILINGS • SLABS • PIER AND BEAMS • MUDJACKING • DRAINAGE

www.atlasfoundationinc.com



Though Bob earned his geology degree from Baylor, he couldn't find a job in his field near Waco. "The superintendent for Cleburne ISD was my high school principal. He asked me to teach a self-contained class for sixth-graders," Bob said. "I didn't go to school to be a teacher, but I accepted the position." That year, Bob taught while simultaneously working toward getting his teaching degree from Texas Wesleyan. He didn't stop there, and in a span of three years, he earned a teaching certificate, elementary principal certificate and a master's degree. He went on to serve BISD as a teacher, principal, assistant superintendent and school board member.

During that time, Jo worked for several different businesses as a secretary, including First National Bank when it initially opened. She then began as a secretary for BISD from which she ultimately retired. "I have seen lots of changes over the years," Jo said. "I learned the computer when we converted to them at school." Jo also remembers the population sign in Burleson that read 2,451. "Now, it is all homes and businesses," she said.

Bob and Jo have two children. Having your parents in the schools is good sometimes and not so good other times. "Our son did not want the other kids to know his dad was the principal," Jo laughed. "But our daughter was different. She would wave at her daddy." Bob and Jo passed their passion for teaching on to both their daughter, who has been a teacher for 28 years in Joshua, and to one of their granddaughters, who is a math teacher in Arlington.

Being a part of the school district for so long, the Spurlins have compiled a list of stories. "You would be surprised how many kids I have had to get out of their cars because they were scared," Bob laughed. "I carried a girl with rheumatoid arthritis from her car upstairs to her

classes. Then, at the end of the day, I carried her back down. Now, she is a registered pediatric nurse.”

“I remember a lady calling the house and telling Bob her two boys were fighting and would not go to school,” Jo laughed. “I put Bob on the phone, and he told them to straighten up. He said he would be waiting on the steps for them at school.” Bob has many stories of kids running away from school and missing the bus, on purpose. When those things happened, he had to handle the situations.

“I had to climb into a kid’s tree house and coax him down with a piece of peppermint once,” Bob reminisced. “Kids see us now in town, and I don’t recognize them, but they tell us who they are. It is interesting to see what they are doing now.” Jo fondly remembers helping one child who served as an office aide. That former student now serves on the BISD school board. Seeing how some of the students stayed in the area and are contributing to Burleson makes Bob and Jo even more proud of their service.

To stay connected to the community, Bob served on the BISD school board for 12 years after retirement. He also served with several organizations, including The Salvation Army advisory board for Johnson County, and he is currently on the county appraisal board. “I am the chauffeur for Bob when he has to go to a meeting now,” Jo said.

When Bob retired in 1994, he and Jo wanted to be able to give back to the students of Burleson. They helped establish the Burleson Area Retired School Employee Association that year with the help of three other couples — Mr. and Mrs. Bill Stribling, Mr. and Mrs. Dick Nash and Mr. and Mrs. Nick Kerr. The organization’s mission is to fill the





CARDINAL

FINANCIAL COMPANY | LIMITED PARTNERSHIP

VISIT US AT OUR



NEW
LOCATION!

101 NW Newton Dr.
Burleson, TX 76028



Samie Campbell
Branch Manager
NMLS# 277792

Office 817-447-4443
Fax 817-447-3735
samie.campbell@cardinalfinancial.com
www.informedmortgagefinancing.com

**MORTGAGE LENDING
REIMAGINED**

Dedicated to
restoring
active
lifestyles.

Gurpreet S. Bajaj, MD
Von L. Evans Jr., MD
Jeffrey J. Ratusznik, MD
John A. Thomas, MD
Christopher P. Werner, DPM



Happy
Thanksgiving

SERVICES

General Orthopaedics • Sports Medicine • Joint Replacement
Trauma and Fractures • Spine Surgery • Podiatry • Osteoporosis Treatment



LONE STAR

ORTHOPAEDIC AND SPINE SPECIALISTS, PLLC

817-926-2663

215 Old Hwy. 1187, Burleson, TX 76028



Allergy ENT
Associates of Texas

(817) 293-9009

Allergient.net

• **Allergy/Sinus Problems**

Learn how we can help with common allergy problems ranging from congestion and drainage to severe sinus infections.

• **Allergy Desensitization (Shots/Drops)**

Learn about the only way to truly eliminate your allergies

• **Throat, Voice and Swallowing Disturbances**

Tonsillitis, chronic cough, hoarseness, trouble swallowing, something feel like its stuck in your throat? We can help.

• **Pediatric ENT**

Kids aren't little adults. Learn how we treat their allergies, sinus problems, snoring, ear and tonsil infections and more.

Huguley Surgery Center

Dr. Tariq Yunus, MD

12001 South Freeway, Suite 201, Burleson

Hours: Monday-Friday 8AM-5PM

Fax: (817) 293 9013

• **Ear Problems**

Ear wax, pain, dizziness, ringing, infections, swimmer's ear, drainage?

• **Hearing Trouble**

Trouble understanding people, TV getting turned up loud, or having to ask people to repeat themselves?

• **Snoring and Sleep Apnea**

Learn how we can help with snoring, apnea and more.

• **Head/Neck Lumps and Cancer**

Skin cysts, sores in the nose/mouth, and head and neck cancer



Bob and Jo Spurlin help clean up after a BARSEA meeting.

gap between local members, the school district and the state, as they promote and preserve the Texas Teacher Pension Fund. The organization also funds a scholarship awarded each year to a senior. "It started when one of the senior classes had money left over from their prom. They wanted to start a scholarship, and we helped them set it up," Bob explained. "Now, with over 140 members, BARSEA funds the scholarship with fundraisers and selects the recipient." Applicants must submit an application that includes their family history, grade point average and write a paragraph about their future plans and college pursuits.

Until 2014, when Bob had a stroke due to an aneurysm, he and Jo enjoyed fishing together and with their grandkids. Several "keepers" are mounted on a wall in their home. They took trips in their travel trailer and spent time with family. They went to grandkids' basketball games and to football games to see their granddaughter perform on the drill team. Now, they spend most of their time reading. Bob reads short stories and westerns on his computer. Jo enjoys mysteries on her Kindle. "Our son is a computer consultant and got us set up with books on our devices," Jo added.

The Spurlins are thankful they passed on a legacy dedicated to helping students succeed. They have slowed down quite a bit, but they stay involved in the community by participating in the BARSEA, and are grateful they can give back by helping instill hope for the future into the lives of students. **NOW**



Mountain Valley
FUNERAL HOME

*You still have a choice.
We accept most pre-arranged
funeral plans.*

**Give us a call:
817-426-3200**

STUDIO C DANCE
National Champion Company



NEW CLASSES!
"MOMMY & ME!" 18 Months - 2 Years
ADULT TAP • VOCAL PERFORMANCE • YOGA

20/20 Discount
\$20 Off for You & \$20 Off for a Friend
When You Both Register

817-295-8277
120 NW Newton Dr., Burleson, TX
studiocdance@sbcglobal.net
www.studiocdance.com

Check us out on Facebook
for schedules, photos and info!

**REGISTER NOW TO CLAIM
YOUR SPACE IN THE SPOTLIGHT!**

BE
BURLESON
EQUINE HOSPITAL
Farm calls & hospital appointments available

Specializing in:

- Sports Medicine & Lameness
- Soft Tissue & Orthopedic Surgery
- Digital X-Ray & Ultrasound
- Dentistry & Reproduction
- Emergency Medicine & Surgery



Open 24/7

817-295-2231
MISTY JORDAN DVM, MS - OWNER
ABRA WRIGHT, DVM, MS
AMY ARMENTROUT, DVM, MS, DACVS

ARBORS • OUTDOOR KITCHENS • PATIOS

Your Oasis Awaits...



Call today for
FREE
Consultation

817.453.3100
www.URBANOASISOUTDOOR.COM



URBAN OASIS
OUTDOOR LIVING

PAVILIONS • FIRE & WATER FEATURES • LIGHTING





Short Family Medical Center

101 NW Ellison St.
Burleson, TX 76028
(817) 295-5200
www.shortfmc.com

Hours:

Monday-Thursday: 8:30 a.m.-5:00 p.m.
Friday: 9:00 a.m.-5:00 p.m.



Rusty Short, FNP, works well with Short Family Medical Center's medical assistants Ashley Miller; Jordan Krueger; Jessica Leonard; and Stephany Johnsey, R.N., who is a family nurse practitioner in residency.

Taking Her Time

The providers at Short Family Medical Center listen and teach as part of healing. — By Melissa Rawlins

People in Johnson County choose Short Family Medical Center for their health care needs for three reasons. First, their friends recommend “Dr. Rusty,” otherwise known as Family Nurse Practitioner Rusty Short. Secondly, she and her staff cultivate personable, honest relationships with patients, positively impacting their total health. Finally, the practice welcomes cash payments, as well as most insurances.

“The only insurances we don’t take here are Medicare and Medicaid,” Rusty said. “When you’re not yet eligible for either of those, our cash payment policy comes in really handy because \$100 for an office visit is sometimes cheaper, even for privately insured patients.”

Rusty and her husband, Jack Short, D.O., have been health care providers for a combined 44 years. When he suffered illness and injury in 2006, Rusty gained the perspective of her patients. “I learned a lot of humbling things from the other side of the hospital bed, including how illness affects both the patient and their family,” she said. “I like to take time with my patients, to listen, because I’ve been down that difficult-to-navigate road.”

She enjoys teaching her patients. “Unless you’re willing to be an active participant in your own health, just a pill is not going to help you,” Rusty explained.

Patients come to Short Family Medical Center for minor emergencies, plus gynecology, pediatrics and acute and chronic

conditions. They trust Rusty with their personal lives. "I worked in ER for 23 years," she said. "I decided I wanted to do old-style family practice, to promote progress, while being a provider who really knows my patients — their everyday struggles, their joys, everything."


"One young lady I've been caring for 11 years came in for her sports physical," Rusty recalled. "She wanted to have a picture with her doctor to post on Facebook. When they remember me that way after many years, that's my reward, like my pot of gold at the end of the rainbow. It's wonderful to see them turn out well, even if the road wasn't always smooth."

Short Family Medical Center has grown with the community's support. The cash-only practice opened in 2010 in a little white house that has since been demolished to make space for the Ellison Building, into which Rusty moved her practice in 2012.

The new offices include a room where no-hassle blood draws are conducted on-premises, a surgical procedure room with a convertible table that acts as a chair from which patients can look out the window at trees and relax and a gynecological exam room designed for the privacy and comfort of their female patients. There are three other exam rooms, two with a picture window bringing the outside in and the third showcasing a huge, electrifying painting of a horse created by Rusty herself.

"Everybody knows I'm horse crazy, and they ask about my horses, my husband and my dog. I find that to be the ultimate compliment," she said. Not only adults but many children prefer to dress in cowgirl boots and cowboy hats when they come in — just like Rusty. After children are seen, she always invites them for a ride on Brownie, the wooden rocking horse that lives in the relaxing lobby.

The vibrancy of this practice welcomes people who feel Rusty will understand them. Whether your gallbladder is giving you fits, or you simply desire a wellness exam, Rusty and the staff at Short Family Medical Center want to give you a comforting feeling of family. **NOW**



TINNITUS MAY NOT BE CURABLE, BUT IT IS TREATABLE

We'll help you manage it - so you can live with it.

Tinnitus is often characterized as a ringing, buzzing or swooshing sound that only the patient can hear.

Because tinnitus cannot often be treated surgically or through medication, many doctors don't know how to help beyond making the diagnosis.

If this has been your experience, please give us a call at 817-551-1010. We understand that helping you manage your tinnitus is the key to treating your tinnitus.

We consider your whole life, not just your symptoms. Through a program of product selection, education and counseling, we can help you ease and better cope with the effects of your condition.

11797 S Fwy, Ste 132, Burleson, Tx 76028
817-551-1010
www.eubankaudiology.com

(((EUBANK
Audiology & Hearing Aids



PEDIATRICS
ADULTS
GYNECOLOGY
SPORTS PHYSICALS
MINOR EMERGENCY

Happy Thanksgiving

Short Family Medical Center

***100 Office Visits for Cash Patients**
101 NW Ellison St., Burleson, TX 76028
817.295.5200 • www.shortfmc.com

Rusty Short FNP-BC
Healthcare by Profession
Cowgirl by Heart!

QUALITY AFFORDABLE HEALTHCARE FOR ALL AGES



MOUNTAIN VALLEY STUDIOS

NOW ENROLLING!

PIANO & GUITAR LESSONS
CHILDREN'S CHOIR • PRESCHOOL MUSIC

817-297-7756
3437 CR 807, CLEBURNE, TX 76031
(UPSTAIRS FROM LUCAS GYMNASICS)



SCENTSY
WITH
Reagan Couch

WICKLESS CANDLES & HOME FRAGRANCE

Additional product lines include on-the-go fragrances, laundry care, inventive cleaning solutions and luxurious personal care products for women, men and kids

817-226-5853
wicklesswithreagan.scentsy.us



A few of Crowley's finest, former service women and relatives of veterans, gather to show their pride in the United States military.



Cami Wimberley is one of the Facebook Texas Pride winners of the State Fair of Texas Family 5 Pack.



Stephanie Brannon serves up her homemade pumpkin spice biscuits at Dwell.



Burleson Lions Bill Ayars, Greg French, Philo and Dianna Waters, David Ayars, Bob Wolfe and Ted Whitley serve their city at the Trash Bash.



Dave Garrett shows team spirit and support for his son, Levi, who plays for the Joshua Owls.



Jessie Reynero and her daughter, Vickie, with Mikey Lopez and Yvette Lopez, enjoy a manguanada raspas under their canopy near The Zone.



Shanna Hopkins eats with her daughter, Emma, during Lunch with Someone You Love.



Sherry Cumby, #82, surrounds herself with awesome women who organize the Stonecroft Women's Connection every month.



Proud of their graduate, Murad Babaton, Alister and Genevieve wrap hugs and love around their dad.



Joshua police officers receive blessings from the newly formed Joshua Ministerial Alliance at a ceremony remembering September 11, 2001, and all who lost their lives that day.



Custom Pools and Spas • Luxury Outdoor Living Spaces • Complete Pool Renovations • Dedicated Service Team



PULLIAM POOLS
BUILDING INNOVATIVE POOLS SINCE 1916




HOME OFFICE
2725 Altamesa Blvd.
Fort Worth, Texas 76133
817-346-4778

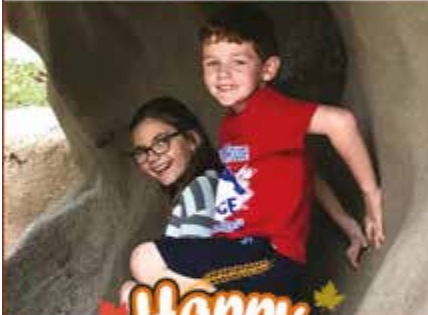
PARKER COUNTY OFFICE
3851 Fort Worth Hwy.
Weatherford, Texas 76087
817-613-1910

www.pulliam.com



*Pulliam Pools would be honored to build
your outdoor stay-ca-tion destination!*

Providence Tow
Serving Mansfield, Arlington,
Kennedale and Surrounding Areas.



Happy
Thanksgiving

214.701.2365
www.providencetow.com
TOLR# 6469481C • VSF# 647218VSF
Like us!  

**Is your family searching
for their dream home?**




**KELLER
WILLIAMS®**
REALTY

For information about brokerage services,
please call (817) 366-2583
or visit whitleyrodgers.kw.com



We would like to welcome
our new Realtor,
WHITLEY RODGERS,
to the team!

Required Withdrawals From Retirement Plans: What Should You Know?

You may spend decades contributing to your IRA and 401(k). But, eventually, you'll need to use this money. Before that day arrives, you'll want to be familiar with the rules governing withdrawals — and you'll want to know just how much you should take out.

To begin with, withdrawals from traditional employer-sponsored retirement plans like these fall under the Internal Revenue Service's "required minimum distributions" (RMD) guidelines. (You aren't required to take these distributions from a Roth IRA.) Here are some of the key RMD points to keep in mind:

- **You need to take distributions by age 70 1/2.** You generally should begin taking RMDs in the year in which you turn 70 1/2. If you don't take your first RMD during that year, you must take it no later than April 1 of the following year. If you do put it off until April 1, you must take two distributions in one year. If you don't take your RMDs on time, you may have to pay the IRS a 50-percent penalty tax on the taxable portion of your uncollected distribution — so make sure you know your dates.



Investing is about more than money.

At Edward Jones, we stop to ask you the question: "What's important to you?" Without that insight and a real understanding of your goals, investing holds little meaning.

Contact your Edward Jones financial advisor for a one-on-one appointment to discuss what's really important: your goals.



Lynn H Bates Jr, AAMS®
Financial Advisor

115 N W Newton Drive, Suite E
Burleson, TX 76028
817-447-9446

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Direct Mail Advertising Works!

Let **BurlesonNOW**
magazine present your
advertising message to

over 43,400

Home & Business addresses
in the Burleson, Crowley
& Joshua ZIP codes

NOW
MAGAZINES
Bringing the best of the community home

Call for more information
817-477-0990

Finance **NOW**

- **You can take more than the minimum.** You can withdraw more than the RMD, but, as the word “required” suggests, you can’t withdraw less.
- **You may be able to delay RMDs in an employer’s retirement plan if you’re still working.** If your employer’s retirement plan permits it, you may not have to take RMDs if you are still working and you are 70 1/2 or older. However, this exception won’t apply if you own 5 percent or more of your company.

To determine your RMD, you’ll need to use either the Uniform Lifetime Table, which is based on your life expectancy, or the Joint Life Table, if you have a spouse who is the sole beneficiary and who is more than 10 years younger. Your tax advisor can help you make this selection.

So, now that you know the basic rules of RMDs, you’ll need to consider their impact on your retirement income. As mentioned above, you can certainly take out more than the RMD, but should you?

If you need the extra money, then you’ll have to take it. However, when determining how much you should take beyond your RMDs, you’ll need to weigh some other factors. For one thing, if you can delay taking Social Security, you’ll get bigger checks, so you might be able to lower the amounts you take from your 401(k) and IRA.

Another factor to consider is the size and composition of your investment portfolio held outside your retirement accounts. If you have a sizable amount of investments, with some of them providing regular income, you may be able to afford to take out only your RMDs, or perhaps just slightly more. On the other hand, if your 401(k) and IRA make up the vast majority of your investment holdings, you might need to rely on them much more heavily.

In any case, though, you will need to establish an appropriate withdrawal rate for all your investments to ensure you won’t outlive your money. A financial professional can help you calculate this rate.

Do whatever it takes to maximize your benefits from your IRA and 401(k). They’re valuable assets — so use them wisely. **NOW**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Lynn H. Bates is an Edward Jones representative based in Burleson.



ServiceFirst MORTGAGE

Happy Thanksgiving!



Lisa Keese
Branch Manager
NMLS# 206895



Terrie Goodloe
Sr. Loan Officer
NMLS# 206828

437 SW Wilshire, Ste A-1
Burleson, TX 76028
817-447-7300



Budget Blinds & Shutters
Shades, Drapery and More!

30% OFF Signature Series when you mention this ad. Expires 11/30/17

Schedule your FREE IN-HOME Consultation today!
817-539-0155 // BudgetBlinds.com/MansfieldTX



Danielle Elston
Upper Cut Salon
Owner/Stylist
Hair
Airbrush Make-Up
405.514.9106
www.DanielleElston.com
facebook.com/DanielleElstonStylist
Photo Courtesy Keri Brooks Photography
Model: Nichole Adams



St. Francis Village
Fall Festival & Crafts Sale
9:00 am to 3:00 pm
Fri. & Sat., Nov. 14 & 15
FREE Admission & Parking
Pax Community Center at St. Francis Village
4070 St. Francis Village Rd., Crowley, TX



Fancy's
Sizes 1X - 5X
Buy • Sell • Consign
Plus Size Resale Shop
We also carry shoes, jewelry, purses and accessories.
817-426-4944
220 E. Renfro, Burleson, TX
(Next Door to City Market)
Tues-Fri 10-6 • Mon & Sat 10-5



In and Out of Control

— By Betty Tryon, BSN

One day a sufferer of bipolar disorder or manic-depressive disorder could be on top of the world, working tirelessly for 24 hours, and then the next day not be able to get out of bed. Bipolar disorder is a mental health condition that causes these massive mood swings and can make life very difficult for the sufferer, as well as for their loved ones.

It should be noted that symptoms can vary widely with each individual and are severe enough to interfere with daily life. There are several different classifications of the disorder. This writing refers to bipolar I and bipolar II. Bipolar I is the most severe form of the disorder. This diagnosis is made if a person has experienced at least one manic episode. Depression may also accompany bipolar I. Some of the symptoms exhibited are engaging in reckless behavior that could pose a danger to the person; increased energy; decreased need for sleep; hyperactivity; thoughts that race or jump about; having a compulsion to talk constantly and rapidly; and exhibiting bizarre behavior, such as hypersexuality, or pursuing extremely improbable plans. These symptoms can present themselves for days or months.

Although with bipolar II, the mood swings are less intense, they still cycle between highs and lows. There are no manic or psychotic phases with this classification. The mood swings are called hypomanic episodes, or hypomania. The symptoms

are almost the same as the manic stage, but less severe. Some of them are: having flights of ideas that keep going from one thought to another, a constantly elevated mood of pleasure or irritability, being easily distracted, hyperactivity, sleep disturbances and having a very inflated sense of self-esteem. With bipolar II, most people fall victim to depression. Some symptoms associated with the depressive episodes of bipolar II are lethargy and loss of pleasure in things that once interested them. They might feel unreasonable guilt or feelings of unworthiness, and some may entertain thoughts of suicide.


There is no cure for these mental disorders. However, symptoms can be managed for a better quality of life. Under the care of a psychiatrist, a treatment plan of medications and psychotherapy can be specifically tailored to the patient's condition. With a focused interest on the plan from specialists, someone suffering from bipolar disorder can find a way to maintain a positive self-image, manage the stress and mood swings and function as well as possible in their life. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

Attract All the Birds for Under \$15

The all-in-one feeder that attracts them all with seed, suet, nuts and fruit.

- Great for First Time Bird Feeders
- Great Addition to Your Existing Setup



Flying Start Combo

FREE
Feeder (\$9 Value) with purchase of 3 Stackables* for \$14.97

*Valid only at the store listed below. Offer not valid on previous purchases; one per person. Offer good through November 30, 2017.



Shop Our Brand New Store!

140 NW John Jones Dr. #102 • Burleson, TX
At the intersection of John Jones and Wilshire Blvd.
Next to Subway

BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

"OPENING DOORS IN BURLESON SINCE 1986"

TEXAS OVERHEAD DOOR

REPAIR, SERVICE & NEW GARAGE DOORS

122 N.W. Hillery Street
Burleson, Texas 76028

Garage Door Tune-Up
\$49.00 + tax
PARTS EXTRA • LIMITED AREA • CALL AHEAD

For regular business hours M-F 7:30-5 only.
May not be combined with other offers.
Call for details. Expires: 11-30-2017
Must Mention "Burleson Now Coupon"

817-295-0216
www.txohd.com

Amarr ACCREDITED BUSINESS f Twitter

Let it Snow



Spokes
Bicycles & Service

CHRISTMAS LAYAWAY
GOING ON NOW!

FIND US ON f

817-447-3505 | 111 S. Wilson St., Burleson, TX | WWW.SPOKES-BICYCLES.COM

SUNSET WINERY

CALIFORNIA DREAMIN' Lunch

November 12 • 2 PM
Small Plates Catered to Pair with a Selection of Fine California Wines.
Menu on website
Reservations required!

WORLD OF WINES SALE
NOVEMBER 4 • 10 AM - 2 PM

The Best Little Wine House in Texas.™
WWW.SUNSETWINERY.COM

f t g+ p v i l i n

BEST BUY WALK-IN BATH TUBS

Mention "NOW" for \$500 OFF Discount!
Call For Pricing.
Expires 11/30/17

THE ONYX COLLECTION **NOW INSTALLING ONYX Walk-in Showers.**

Family owned, Texas built Visit our Showroom
3411 E. Hwy 377, Granbury, TX 76049
817-326-3003 • www.bestbuywalkintubs.com



NOW OFFERING UV TANNING

The Garage

WE'RE GROOMING | BURLESON, TX

1571 SW Wilshire Blvd., Ste. 515, Burleson, TX
(817) 484-9876
WWW.THEGARAGEMG.COM

f Instagram

Children's Therapy Solutions
Speech & Feeding Therapy



817-888-8454 • Burleson, TX
www.ChildrensTherapySolutions.org



It's not too
late for new
*countertops for
Thanksgiving
or Christmas!*



Granite, marble & quartz fabricator
for kitchen & bathroom countertops

Extensive color selection combines beauty,
function & elegance for any bathroom
or kitchen!

MTM Countertops

2460 Hwy. 287 N. • Mansfield
For more info call 817.477.8663

(Northbound service road -
between Cullendar Rd. & Turner-Warnell)

FREE

**18-gauge
Stainless Steel Sink**

(\$350 value)

Call or visit our website for details!
www.MTMCOUNTERTOPS.com

- * FREE Estimates
- * Competitive Pricing
- * Up to 15-year Warranty
on Some Products

SILESTONE
by COLETTINO



**COME SEE OUR
WIDE SELECTION!**

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM
SAT 10AM-2PM



LIKE US



ACCENT
PODIATRY
a s s o c i a t e s

3050 S. Center St., Ste. 140, Arlington
817-557-1006

221 Regency Parkway, Ste. 117, Mansfield
817-477-3611

www.accentpodiatry.com

- Diabetic Care
- Bunions
- Heel Pain
- Wound Care
- Tarsal Tunnel Syndrome
- Laser Treatment
- Children's Foot Care



Dr. Sherman 'Doc' Moore
DPM, FACFAS



Dr. Keyron Gane
DPM, FACFAS



Dr. Shae Paschal
DPM, FACFAS



Dr. Janel Mehta
DPM



Dr. Steve Silvey
LPT, CWC



KEEP AMERICA
BEAUTIFUL



IWantToBeRecycled.org

Country Critters farm **It's Pumpkin Patch Time!**

Admission includes: Bounce houses, playground, petting zoo, a train ride, hay rides, a storyteller, a wooden maze and pony rides* (*weekends only)

Weekend admission: \$10 Adults • \$12 Kids • Kids under 2 are FREE!
Kids get a pie-sized pumpkin with paid admission.

Open Weekdays by RESERVATION ONLY

BOOK YOUR PARTY TODAY!

GATES CLOSE AT: 5pm

Last Day for Pumpkin Patch is: Nov. 19th DON'T MISS OUT!!

WE OFFER YEAR-ROUND BIRTHDAY PARTIES & FIELD TRIPS AT OUR FARM. WE ALSO OFFER PETTING ZOOS & PONY RIDES THAT TRAVEL TO YOU!

3709 County Road 617, Alvarado 76009
817-477-3060 • www.countrycrittersfarm.com

We Are Open: Saturdays & Sundays 10am - 6pm

WE PROVIDE HOPE & HEALING
THROUGH GENTLE HORSES AND
THE LOVE OF GOD.

WINGS OF HOPE



EQUITHERAPY

ADULTS & CHILDREN WITH SPECIAL NEEDS
PHYSICAL • EMOTIONAL • MENTAL

Volunteers Always Welcome
14 years old & older, no experience necessary.



4200 CR 806 • Johnson County
WWW.WINGSOFFHOPEHORSES.ORG

For more information (817) 790-8810
or to make a donation.



See Your

Dream Come True

With Help From the Lending Experts at
First National Bank Mortgage

- FHA / VA / USDA
- Conventional
- Down Payment Assistance
- Refinancing
- New Construction
- Home Remodeling
- Medical / Professional
- Jumbo Loans



First National Bank ✦ Mortgage ✦

Mansfield

201 E. Debbie Lane Lender NMLS# 411456

Member
FDIC

817-554-1835 Apply Online at fnbtbx.com



Brent Aldridge
Cell: 817-909-7916
Mortgage Loan Officer
baldridge@fnbtbx.com
NMLS# 621041



Danny Bradley
Cell: 817-308-7649
Sr. Mortgage Loan Officer
dbradley@fnbtbx.com
NMLS# 739156



Russell Laird
Cell: 817-805-3073
Mortgage Market Mgr.
rlaird@fnbtbx.com
NMLS# 738944



Vanna Nguyen
Cell: 817-480-6079
Mortgage Loan Officer
vnguyen@fnbtbx.com
NMLS# 743519



Susan Ross
Cell: 469-682-6538
Mortgage Loan Officer
sross@fnbtbx.com
NMLS# 685344

November 3

Par-Tee for Backpacks: 7:00 a.m.-2:00 p.m., Hidden Creek Golf Course. Support First Methodist Church Joshua's Backpack Program, a ministry that provides meals every weekend to food-insecure students in Joshua ISD. \$400 for a team of 4; \$100 per player. www.joshuaumc.net/golf.

November 3, 4

Texas Heritage Festival: **Friday**, 9:00 a.m.-5:00 p.m.; **Saturday**, 9:00 a.m.-9:00 p.m., Russell Farm Art Center, 405 W. CR 714. Join this free celebration featuring draft horses, plowing, blacksmithing, chuckwagons, food, Western movies, General Store, Q&A with legendary western actor and horse trainer Don Reynolds, historic home tour, dance lessons, Western swing concert and dance with The Western Flyers, Johnnie & Bob Terry from Westerns on the Web, pie contest with awards, exhibitions and demonstrations. (817) 447-3316.

November 4

Power of Heels Holiday Bazaar: 10:00-4:00 p.m., The Academy at Nola Dunn, 201 S. Dobson St. Sponsored by Baylor Scott & White All Saints Medical Center Ft. Worth, this holiday bazaar is open for a \$5 admission. Contact Burleson Area Chamber of Commerce, (817) 295-6121.

November 10

BISD Veterans Day Performance: 9:30 a.m., Centennial High School Auditorium, 201 S. Hurst Rd. Light snacks and refreshments begin at 9:30 a.m. Performance begins at 10:00 a.m. RSVP by **November 3** to Lynn Quarzenski, (817) 245-1000 or lynnq@bisdmail.net.

Spartan Senior Celebration Golf Tournament: 11:30 a.m., lunch; 12:30 p.m., Tee Off, Hidden Creek Golf Course. This fundraiser supports the May 19-20, 2018, event providing CHS seniors a safe space to celebrate their graduation. For details, email: ssc18sponsors@gmail.com.

Larry Light & Pure Country Band: 7:00-9:30 p.m., Burleson Senior Center, 216 S.W. Johnson Ave. Anyone 50 years or older is invited to dance to this country and western band for only \$5 per person. The dress code is casual. Contact the senior center at (817) 295-6611 for more information.

November 11

Special Veterans Service: 10:00 a.m.-1:00 p.m., Boulevard Baptist Church, 315 N. Burleson Blvd. Families and veterans are welcome to this worshipful event. For more information, contact Chad Handy at (817) 521-9333.

Veterans Memorial Dedication: 10:00 a.m., Joshua City Park, 831 N. Main St., Joshua. The public is welcome to honor Joshua's fallen soldiers, who are memorialized in the Veterans Memorial recently built by Braeden Lewis as his Eagle Scout Project. Call (817) 659-0215.

The Burleson Character Luncheon: 11:00 a.m.-1:00 p.m., Pathway Church. Recognition is given to winners of the Burleson Character Council's essay contest, judged by members of the Burleson Area Retired School Employees Association, and the John Mark Stallings award is presented to a special needs student who has exhibited outstanding character. For more information, contact Mrs. Jo Ann Smith, (817) 456-3972.

Open Hangar: 11:00 a.m.-2:00 p.m., Coyote Hangar, Campbell Field, Corsicana Municipal Airport, Corsicana. Free hot dogs and drinks. Bring photos and testimonials of your honored veteran. There will be an airplane ride drawing for the veterans. The event is sponsored by The Coyote Squadron, a unit of the Commemorative Air Force.

Military Veteran Tribute: 2:00-3:30 p.m., Veterans Memorial Plaza, 298 E. Renfro St., Burleson. Honor the service and sacrifices of military veterans under the gaze of the bronze eagle, a memorial to Purple Hearts. While in the plaza, visit the POW monument and study the bricks engraved with the names of local service members. Call (817) 426-9104.

November 13

Burleson Area Retired School Employees Association meeting: 11:30 a.m.-1:00 p.m., Burleson Senior Citizen Center, 210 S.W. Johnson Ave. Our state legislators will be present to answer questions. Bring your favorite dish to this luncheon meeting. All retired school personnel are invited to attend. Contact Linda Henderson, (817) 996-5261.

November 14

Senior Fall Festival: 7:00-9:30 p.m., Burleson Senior Center, 216 S.W. Johnson Ave. Those 55 and older are welcome to enjoy games, food, prizes and entertainment. Bring a dessert. Contact (817) 295-6611.

November 18

Bird Walk: 8:30 a.m., Bailey Lake, 280 W. Hidden Creek Pkwy. Hosted by Wild Birds Unlimited of Burleson, the child-friendly morning stroll around Burleson's hidden gem is free, but requires good walking shoes and comfortable clothing. A few binoculars will be available to borrow. For more information,

contact Michelle Eder at burlapbirds@gmail.com

Ongoing:

Mondays

Crocheting class: 1:00 p.m., Burleson Senior Activity Center, 216 S.W. Johnson Ave. Free. Contact (817) 295-6611.

Toastmasters: 6:30-7:30 p.m., Burleson Area Chamber of Commerce. Contact Gary Miller, (817) 919-3243.

Tuesdays

Widowed Persons Service meeting: 8:00-11:00 a.m., Our Place Restaurant, 950 N. Burleson Blvd. Enjoy breakfast, fellowship and sharing your helpful heart. Contact Don Jordan, (817) 483-5458.

Tinker Tuesday: 10:00 a.m.-8:00 p.m., Crowley Public Library, 409 S. Oak St. This is a drop-in program with no advance registration required. For information, call the Crowley Public Library, (817) 297-6707, ext. 2090.

Burleson Kiwanis Club meeting: Noon-1:00 p.m., Golden Corral Restaurant, 301 S.W. Wilshire Blvd. Contact bur88kiwanis@gmail.com.

Second Tuesdays

Burleson Heritage Foundation meeting: 7:00-8:30 p.m., Burleson Heritage Visitors Center, 124 W. Ellison. Call (817) 447-1575 for more information.

Wednesdays

Burleson Business Connections: 7:30-9:00 a.m., Burleson Police Department Community Room. Contact Ruth Moor, (817) 517-9808.

Second Wednesdays

Burleson Area Recreational Cyclists: 7:00 p.m., Spokes Bicycles & Service, 111 S. Wilson St. Work with other cycling enthusiasts to create a more rider-friendly community. Contact Dave Garrett, (817) 447-3505.

Third Saturdays

VFW Post 6872 Breakfast: 9:00 a.m., 3409 CR 920, Crowley. Join the Ladies Auxiliary for good food and fellowship. (817) 645-2436.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.

Texas Ace

Come join us for our

5th Annual Bikes 4 Tykes!

Saturday, December 16th

8 AM-12 PM

Heritage Park • 234 N. 8th Street

Heating & Air

BIKE 4 TYKES



Bring a fully assembled bike or donation for an underprivileged child and help them have a great present under the Christmas Tree this year!

Help us meet
Our Goal:
300 NEW BIKES!

Benefiting
Manna House Midlothian
Sponsored by:
Texas Ace Heating & Air



10% OFF SERVICE CALL when you mention this ad.

817-240-6701
972-825-7180

Open 8 AM-8 PM

7 days a week

Phones answered 24 hours a day

- 100% Financing
- Free Estimates
- Home Energy Audits
- Precision Tune-ups
- Free Filter Program
- Duct Sealing

Service All Brands

24-hour Emergency Service

2 NO CHARGE visits per year
with Club Membership!

www.texasacehvac.com

We accept all major credit cards



Midlothian Family-owned and operated

TACLA40925C

service@texasacehvac.com



In the Kitchen With Steve Randle and Rick Hensley

— *By Melissa Rawlins*

Avid hunters and longtime NOW Magazines employees, Steve Randle and Rick Hensley, cook a lot in their homes and at their respective camps. At 5 years old, Rick began helping his mom in her kitchen, and then he was happy to man the grill or fire pit once he started hunting in his early 20s in Nacogdoches, Texas. Steve and his three sons have hunted turkey and deer in Comanche and Mills counties for over 30 years. Starting a brisket and a campfire Friday night, their pit and the camp fire smokes all weekend.

The recipes he and Rick share here are so simple, but they earn compliments from their friends and families. “And they’re great,” Rick said, “for sitting around a camp fire on a cool fall evening after you’ve been out hunting.” **NOW**

Rick’s Cajun Rib Eyes

Best prepared before you go out for the evening hunt.

- 2 1.25-inch-thick prime or choice rib eyes, bone-in or boneless**
- 1 Tbsp. Tony Chachere’s Original Creole Seasoning**
- 1 tsp. Lawry’s Seasoned Pepper**
- 1/2 tsp. onion powder**
- 1/2 tsp. garlic powder**
- 1 Tbsp. Worcestershire sauce**
- 1 tsp. soy sauce**

- 1.** Place the steaks in a 1-gallon Ziploc bag. Sprinkle both sides with dry seasonings; add the sauces.
- 2.** Squeeze the air out, and zip the bag closed. Place it in your ice chest for at least 2 hours.
- 3.** Let steaks get to room temperature before putting them on the fire.

- 4.** For medium rare, and depending on the size of your fire, most steaks will need to cook about 5 or 6 minutes per side

Rick’s Venison Stew

- 2 Tbsp. bacon grease**
- 1 Tbsp. olive oil**
- 2.5 lbs. venison, cubed**
- 1 tsp. Lawry’s Seasoned Salt**
- 1 tsp. Lawry’s Seasoned Pepper**
- 1 tsp. Worcestershire sauce**
- 8 cups beef broth**
- 12 medium golden potatoes**
- 1 tsp. Tony Chachere’s Original Creole Seasoning**
- 1/2 tsp. garlic powder**
- 1/2 tsp. onion powder**
- 1 large, sweet 1015 onion**
- 4 celery stalks, diced bite-size**
- 1 8-oz. bag petite carrots, sliced bite-size**

- 1 10-oz. can Ro-Tel tomatoes, regular or mild**
- 1 14.5-oz. can green beans**
- 1/2 15.2-oz. can corn (optional)**
- Salt and pepper, to taste**

- 1.** In a large stock pot, combine grease and olive oil.
- 2.** While it heats, season the cubed venison with salt, pepper and Worcestershire sauce.
- 3.** Cook over medium-high heat until done. Add the beef broth; cook at a low boil for about 30 minutes, to start tenderizing meat.
- 4.** Meanwhile, wash potatoes. Leaving the skin on, cut into medium bite-size pieces. Add to the boiling meat mixture; simmer for another 15 minutes.
- 5.** Add remaining seasonings, vegetables and canned goods and fast simmer 20 minutes.
- 6.** If desired, use flour or corn starch to thicken it a little.
- 7.** Salt and pepper to taste, and enjoy!

Steve’s Nanner Pud

- 5 3/4 cups cold milk**
- 2 large boxes instant vanilla pudding mix**
- 1 1/2 14-oz. cans Eagle Brand condensed milk**
- 1/2 stick butter**
- 1/2 box graham cracker crumbs**
- 1 1/2 boxes vanilla wafers, reduced fat variety**
- 3-4 ripe bananas**
- 1 large tub Cool Whip**

- 1.** Combine milk with pudding mix. Stir in condensed milk, a little at a time, to avoid clumps; refrigerate.
- 2.** Melt butter and mix with graham cracker crumbs. Spread crumbs on bottom of bowl or aluminum pan, saving some for decorations, if desired.
- 3.** Put down a layer of wafers and sliced bananas.
- 4.** When pudding is firm, fold in the Cool Whip, so the pudding has white streaks all through it. Save some Cool Whip for decoration.
- 5.** Pour a little less than half of the pudding mix over the wafers and bananas.
- 6.** Repeat the layers and end with all bananas covered, or they will turn brown.
- 7.** Stand wafers up all the way around the edge of the bowl.
- 8.** Sprinkle with crumbs, and add dollops of Cool Whip.

To view recipes from current and previous issues, visit www.nowmagazines.com.



Low Cost QUALITY PET CARE



www.texasforthem.org • 817-426-3777

Bring ad
for Free Rabies
vaccination

*Limit 1 per
household



Services: Spay and neuter, vaccinations, dental cleaning,
microchipping, heartworm testing, flea/tick control



344 SW Wilshire Blvd Burleson, TX (next to Tractor Supply)
Walk-in vaccine hours: Monday - Friday 9 am - 12 pm

Orthodontics

Orthodontics



BIRTH, STEWART & FLETCHER

IS MUCH MORE THAN BRACES!



We work with our patients for optimal health in the following areas:

- Prevention of surgery and extraction of teeth
- Widening dental arches which open airways and improve breathing
- Problems with breathing can lead to poor performance in school (ADD, ADHD), at work and in athletics
- Problems with breathing can lead to snoring and sleep apnea
- We offer simple orthodontic appliances for sleep apnea
- We offer drug and injection free treatment of migraines, headaches, jaw and neck pain
- Top 1% Provider of Invisalign
- Best selling book on Amazon, *The Orthodontic Cure*



BSFORTHOTH.COM

Visit our website for a *free* download of Dr. Birth's book, **THE ORTHODONTIC CURE!**

Show proof of book download & receive \$300 OFF TREATMENT!

New patients only. Must bring in this ad and proof of book download to claim offer. Cannot be combined with any other offers. Only one offer can be claimed per patient. Monthly payments for traditional braces range from \$150 to \$250 per month. Invisalign® treatment ranges from \$4900 to \$5900 depending on the patient's unique needs. Expires November 30, 2017.



INVISALIGN

**2017
TOP 1%
PROVIDER**

Arlington (817) 557-0025

2011 W. Bardin Rd., Arlington, TX 76017

Burleson (817) 546-0770

109 W. Renfro St., Burleson, TX 76028

Fort Worth (817) 370-0268

3060 Sycamore School Rd., Fort Worth, TX 76133

Keller (817) 348-0910

4420 Heritage Trace Pkwy., Ste 300, Keller, TX 76244