

Granbury NOW

MAGAZINE
JANUARY 2017

Re-defining Normal

Sandi Walker is making animals in need feel special

Perfect Solution

At Home With
Gwen Bodenhamer

Add Resolve to Your Resolutions

Trash or Treasure

Dining Deals

In the Kitchen With
Stacey Ramirez

Happy
New
Year

BARGAIN HUNTER

OUTDOORS
HUNT - FISH - CAMP - PLAY

Happy
New
Year

LIQUIDATION SALE

JANUARY 2017

**EVERYTHING
MUST GO**

**ALL SALES
FINAL**
**NO RETURNS
NO REFUNDS**

**GUNS-BOWS-CROSSBOWS-ARROWS-HUNTING
SITKA GEAR-FOOTWEAR-RELOADING
BULLETS-SHOTSHELLS-GUNCLEANING-MAGS
GUNS-AMMO!!**

BARGAIN HUNTER OUTDOORS 2201 TIN TOP ROAD STE 350 W'FORD TX 76087

817-598-0026



**DON'T PAY
6%**

Save Thousands! Call...

817-579-7373

GRANBURY'S BEST REAL ESTATE PROGRAM!



Greg & Dawn Willis, Broker & Owners

Over 28 Years Combined Experience

FULL SERVICE FOR LE\$\$!

Read what people are saying about us at...

www.WillisReviews.com





You can just have a pool, or
you can have a BlueWater pool!

**FREE FIRST
6 MONTHS**
Weekly Pool
Maintenance
with each new
pool build

- ▶ WEEKLY SERVICE
- ▶ NEW CONSTRUCTION
- ▶ RENOVATIONS & REMODELING
- ▶ EQUIPMENT REPAIRS/UPGRADES
- ▶ PLASTER, TILE & COPING
- ▶ OUTDOOR KITCHENS
- ▶ FIREPLACES
- ▶ DECKING
- ▶ SALT & UV SYSTEMS
- ▶ WATER & FIRE FEATURES

Happy New Year



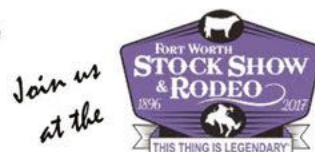
Our showroom is located at 10424 FM 1902 • Crowley, TX

817.297.7120

www.BlueWaterCustomPools.com



Durable, Hard-working, and Dependable Performance
#1 Selling Tractor in the World
Simple. Easy. Value.



Mahindra 2565
65HP 4WD Shuttle Cab

\$34,653 CASH with Loader

\$477/month*



Mahindra 3550
50HP 4WD HST Cab

\$34,838 CASH with Loader

\$486/month*



Mahindra 4540
40HP 4WD Gear ROPS

\$22,403 CASH with Loader

\$311/month*

1309 Haltom Road
Fort Worth, Texas 76117
www.landmarkeq.com
817-834-8131



Mahindra
Rise.

* \$0 down, 0.0% interest for 84 months with approved credit. Program restrictions may apply. See dealer for details.

Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker

Granbury Editor, Lisa Bell

Editorial Coordinator, Sandra Strong

Editorial Assistant, Rachel Smith

Writers, Rick Mauch

Betty Tryon . Zachary R. Urquhart

Editors/Proofreaders, Pat Anthony

GRAPHICS AND DESIGN

Creative Director, Chris McCalla

Artists, Kristin Bato . Morgan Christensen

Martha Macias . Brande Morgan

Shannon Pfaff . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Jill Rose

Photography Coordinator, Amy Ramirez

Photographer, Bill Goldsborough

ADVERTISING

Advertising Representatives,

Mark Fox . Shilo Treille . Linda Dean-Miley

Teresa Banks . Cherise Burnett

Bryan Frye . Casey Henson

Cedrick Logan . Melissa McCoy

Carolyn Mixon . Lori O'Connell

John Powell . Steve Randle . Keri Roberson

Linda Roberson . Joyce Sebesta

Billing Manager, Angela Mixon

CONTENTS

January 2017 • Volume 6, Issue 1



6

ON THE COVER



Doofus and all his friends are stars at Second Chance Farm.

Photo by Bill Goldsborough.

6 Re-defining Normal

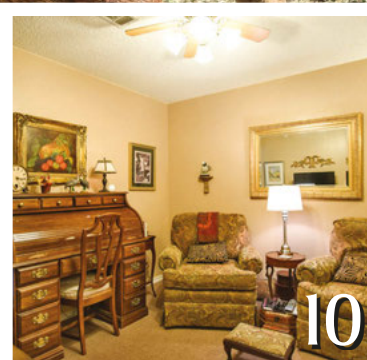
At Second Chance Farm, every animal deserves life and love.

10 Perfect Solution

At Home With Gwen Bodenhamer.

18 Add Resolve to Your Resolutions

Make this the year you reach your New Year's goals.



10

22 BusinessNOW

24 Around TownNOW

28 CookingNOW

GranburyNOW is a NOW Magazines, L.L.C. publication. Copyright © 2017. All rights reserved. *GranburyNOW* is published monthly and individually mailed free of charge to homes and businesses in the Granbury ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 279-0013 or visit www.nowmagazines.com.



Editor's Note

Hello, Granbury Family and Friends,

Another year passes into history. Wait. What? But I didn't accomplish all I wanted to do in 2016! How can the year be finished? Ready or not, 2017 is here.

As I reflect on last year, I grow a little melancholy over the goals I set for myself. Did I finish any of them? My year in review didn't exactly make me happy — too much undone. Some plans totally derailed. Others changed and new projects popped up. One event rearranged my life, and I didn't see that coming. Instead of beating myself up for what I didn't do, I looked at all I did. Several goals came unexpectedly, not a blip on my radar a year ago, yet finished.


Will I set goals again this year? Absolutely. And goals I didn't accomplish in 2016 top the list. Regardless of what worked or didn't work last year, 2017 is another chance.

Forget the past and press forward to the prize — whatever the prize means to you.

Happy New Year!

Lisa


Lisa Bell
GranburyNOW Editor
lisa.bell@nowmagazines.com
(817) 269-9066


ACTON
ANIMAL HOSPITAL

Heal your pet.

Laser Therapy has been successful in treating post surgical pain and many acute and chronic conditions.

Relieve pain.
Reduce swelling.
Speed healing.



RICHARD GESELL, DVM
KRISTINA GESELL, DVM, DABVP

Quality Care at Affordable Prices

Mon. & Fri.: 7:30 a.m. to 7 p.m.
Tues. & Wed.: 7:30 a.m. to 5:30 p.m.
Thurs.: 7:30 a.m. to noon; 1:30 p.m. to 5:30 p.m.
Sat.: 8 a.m. to 2 p.m.

817-326-3400
2900 Fall Creek Hwy., Granbury, TX 76049

ActonAnimalHospitalTX.com

HOT TUB SEASON IS HERE!

Come In and Get a Deal During Our New Year Sale!



RENDEZVOUS SPA
Featuring: Ozone, UV Sanitizer, Champagne Air, MP3, WiFi, Steps, Chemicals & Lifter. Includes lifetime warranty on galvanized steel frame and insulation system.

\$11,995
See store for details. Reg. price \$16,868. Expires 1/31/17



817-579-7727
4500 Fall Creek Hwy., Granbury
www.jrspas.com
Licensed & Insured
TECL27589

FINANCING AVAILABLE
SWIM SPAS AVAILABLE

We also have a service department.
We service all makes and models of spas. Licensed technicians.

All About Care

A new company designed to fill every need you may have.

- * Transportation to Appointments/Errands
- * House Sitting/Cleaning or Cooking
- * Locally Owned and Operated
- * Yard Work * Pet Care
- * Companion Care
- * Very Affordable Rates
- * No Job too Large or Small (1 hour minimum)
- * Wellness Checks (by phone or in person)



Please call Lisa Ezernack (Owner) at 817-269-4951 for more information.

Yesterday there was a **busted pipe.**
Tomorrow there's a **story** about how it **all dried up.**



Cleaning and restoration services to help you live **Happily. Even after.**

817 458 3377 / rainbowintl.com/Weatherford



THE COOLER WEATHER IS HERE!
Ready for a new driveway for the new year?
Specializing in Asphalt and Chip & Seal Paving

Granbury, TX
817.426.4469

- DRIVEWAYS
- SUBDIVISIONS
- MUNICIPALITIES
- PARKING LOTS
- CHURCHES
- CHIP & SEAL PENETRATION
- CONCRETE
- EXCAVATIONS
- ASPHALT
- SEAL COATING

Serving the DFW Metroplex Over 30 Years
 napaving@msn.com • www.northamericanpaving.com
 LOCALLY OWNED AND OPERATED • FREE ESTIMATES
COMMERCIAL & RESIDENTIAL

North American Paving Inc. *A Full-service Paving Company*



Monkey's
 MONOGRAMMING & MORE
www.monkeysmonogramming.com
Custom Embroidery For Any Occasion!
 Business • Personal • School
817.326.4625
 3254 Fall Creek Highway
 Granbury, TX 76049



Turtle's
 TROPHIES & THINGS
 See us for your trophy and award needs!
 Sports • Office • Engraving
monkeysmonogramming@windstream.net



Happy New Year



TEXAS
 EMERGENCY MEDICAL SERVICES
 Covering the cost between your insurance and your pocket!



MEMBERSHIP BENEFITS

- Financial Protection
- High Quality Care
- Covers all members of household
- Membership extended to loved ones in long term facility
- Membership services are unlimited
- Support of your local non-profit EMS

EMERGENCY CARE TRANSPORT MEMBERSHIP

Renew your coverage NOW for only \$36

Call NOW for complete details
817-279-1408
www.MyTexasEMS.org
 2200 Commercial Lane
 Granbury, Texas 76048

Re-defining Normal

— By Rick Mauch

The dream began with a horse and cow almost two decades ago. Now, like them, animals from near and far are getting another opportunity for happy lives at Second Chance Farm. Located just outside Granbury city limits — you have to be going there to get there — Sandi Walker's childhood farm is now home to over 100 animals ranging from dogs to a donkey.





Each one is there for the same reason. They have special needs, and Sandi cares for them on her nonprofit, 70-acre rescue site. “My childhood horse went blind, and we had a cow that was crippled after giving birth,” she said. “Instead of giving up on Annie, the cow, we made a sling to help her up. I slept many nights with her in the barn and was determined to make her live a good life.”

Annie eventually got up and was not only healthy and happy, but also had a new purpose in life. She became the “seeing eye cow” for the blind horse, Blaze. With a bell around her neck, she led him to food and water, helping to keep him safe and secure. That same devotion to the lives of special needs animals continues today for Sandi. If there is a way to make a challenged animal’s life better, Sandi will find it.

Among the farm’s many animals are Junior, a cleft-lipped donkey; a ram named Aries, who loves eating cheese balls; and of course, Doofus. He’s the farm’s “rock star” dog and mascot, named for his silly personality. Doofus is deaf and almost completely blind. Like all animals at the farm, however, he loves life and lives it to the fullest.

That is what Sandi and her team of volunteers do best. As their slogan says, they re-define normal. Animals who might very well be dead or suffering elsewhere are vibrant and alive at Second Chance Farm. There’s Charlie, a Chocolate Labrador with a split foot. At the farm, she was given a prosthetic foot. “She’s a great swimmer,” Sandi said with a chuckle.

Amoré is a deaf and blind dog, but stand in the middle of the yard, and he will find you with his nose, wagging his tail the whole time. A goat named Goatee, whose hind legs don’t function, has a special wheelchair to help him get around — and he can haul himself pretty quick, especially when there’s food involved!

And big ol’ Patrick, a Shar Pei, looking out from the front porch of a special small cabin donated for him, is nothing like the dog he was a year ago, skin and bones with sores covering his



Sometimes life is just a little too much...

Weatherford Access Center provides FREE assessments by appointment only to individuals, families and children who are experiencing mental and behavioral health crisis.

(817) 261-3121

220 Ft. Worth Hwy., Ste. 125
Weatherford, TX 76086



Specializing in a full range of mental health services.

GRANBURY'S SERVICE LEADERS

**STREETER
ELECTRIC, LLC**

HAPPY NEW YEAR!

FREE ESTIMATES

Licensed and Insured
Over 18 years Experience
24-hour Emergency Service
Locally Owned and Operated
Residential, Commercial & Industrial

Steve Streeter
Master Electrician
TECL #227695

"We Do It
Without Shorts!"

**\$10
OFF**

ANY SERVICE CALL

With mention of ad.
Expires 1/31/17

1101 Waters Edge Drive
817-776-6224

info@streterelectric.com • www.streterelectric.com

New Homes • Remodels • Additions • Hot Tubs • Phone & TV Outlets
Generators • Ceiling Fans • Landscaping Lighting • Service Calls
Security Lighting • Panel Upgrades • Pools • Spas • Specialty Lighting • And More!

**Best
of
HoodCounty**

Thank you Hood County for
making us your #1 Plumber!

★2014
★2013
★2012
★2011



**JUSTICE
PLUMBING**

Service ★ Remodel ★ Construction ★ Commercial

Thank You For Voting Us
Best in Hood County!

\$150 OFF
Water Conditioning System

817.579.9779

www.justiceplumbing.com M-37533

• SEWERS
• DRAINS
• FAUCETS
• TOILETS
• SHOWERS & TUBS
• DISPOSALS
• WATER SOFTENERS
• TANKLESS
WATER HEATERS
• HIGH EFFICIENCY
WATER HEATERS

10% Discount
for Seniors, Veterans & Teachers,
Peace Officers & Firefighters

\$25 OFF
Your Next Service Call

\$10 OFF
Bottle Microenzymes
For All Septic needs

FREE Estimate
On Any Plumbing Job
in Hood County

Why You Should Use Us: We do it Right the First Time.

We abide by jurisdiction plumbing codes and guarantee our work will pass inspection.
Courteous, professional, licensed plumbers who treat your home and property with respect.
Our service phone is answered 24/7 by one of us (a real plumbing person).
ASK US ABOUT OUR LADY LIBERTY MEMBERSHIP & ITS BENEFITS!

SEWERS ★ DRAINS ★ FAUCETS ★ SINKS ★ TOILETS ★ SHOWERS & TUBS
WATERLINES ★ DISPOSALS ★ DISHWASHERS & MORE



hindquarters. He was in dire need of a blood transfusion, medical treatment and, of course, lots of love. "He should not have survived," Sandi said, her eyes misting. "I think he was a street dog that no one cared about."

Dr. Timothy Lammers is one of the local veterinarians who works with Sandi to save animals. He said the farm is appropriately named. "She gives them a true second chance, not just to live, but for a good life," he said. "I'm just a part of it. Sandi is the one who makes it go, but I am glad to be on board."

For 15 years, Sandi funded Second Chance Farm through her two businesses in beauty essentials and tanning. In 2012, she went public with the farm and last year turned her businesses over to someone else to put all her focus on the farm. "It's a 24-7 job," she said. "And I'm real selective about my volunteers."

Most of the animals at Second Chance Farm come from shelters. But with over 13,000 friends on Facebook, their work has gained worldwide attention, and they've received animals from many places. They've received donations from as far away as the United Kingdom. Sandi makes sure everyone who donates is kept up to date on what is happening on the farm. "If you donate \$10, I want you to know exactly where your \$10 is going," she said.

Local businesses have helped with such items as storage buildings transformed to "canine cabins." They have doggie doors (and human doors), toddler beds and temperature-controlled heating and air-conditioning. "Life is good for the shelter dogs here," Sandi said with a grin. "I'd live in one."

Another volunteer is building porches for the cabins, much like the one Patrick and his best friend, June Bug, have. Another donates hay for the horses and cows, and yet another is working on filing for some grant funding. Sandi found some volunteers from Facebook. Chris Follis, for example, can be found at the farm most evenings and weekends. "I can have the longest of days at work and be so tired, but when I come out here with these animals, I'm revived," Chris said.

Sadly, many of the animals who come to Second Chance Farm are simply forgotten by their owners, often untended and sometimes abandoned. There are, however, folks who adopt



animals from the farm, people who also realize the animals still have lots of love to share. "We had a family from Waco. The husband was deaf, and the children were hearing-impaired," Sandi said. "They wanted a deaf dog, and they'd been following what we do. They wound up with two deaf dogs, and they love them. We're trying to teach people they do make good pets."

Some of Sandi's dogs have also served as resident therapy dogs for Silverado Memory Care in the Metroplex. "It's always great to see these animals fulfill a special purpose in life, just like it is with people," she said. Doofus and Doodlebug are the "spokesdogs" for the farm. Sandi often takes them to schools to visit with children, and they are always a hit.

Doofus was also named honorary grand marshal for the recent Granbury Fourth of July Parade. Sandi even had T-shirts printed that read "Doofus for president."

"Sandi has been a blessing for the animals in need," said Kelly McNab of the Hood County Animal Control office. "She has always been able to help rescue the more severe cases that we see at animal control. Sandi is a very special person and an awesome animal rescuer."

Jarod Rhudy delivers food for the horses once or twice a month. He said with each visit it seems he is introduced to at least one new animal, and other times several. "Those are very lucky animals because Sandi has them. She's got a big heart," he said. "The whole world would be a better place if we had a lot more Sandi Walkers." **NOW**

Rod's KITCHEN & BATH REMODELING RESOURCES

Islands • Vanities • Organizers • Pullouts • Wood Carvings • Knobs & Pulls

FREE 3D KITCHEN DESIGN WITH CABINET PURCHASE INSTALL

CABINET DOOR & DRAWER REPAIR SERVICE AT OUR STORE

www.RodsKitchenAndBath.com

Finished Cabinetry, Granite and Quartz Counter Tops
682.205.3500 2001 S. Morgan, Granbury

Start Losing Now!

Let us help you make your new years resolution.

- Diet Counseling
- Medication
- Skinny Shots

- B-12 Shots
- HCG Diet
- Xeomin Cosmetic Injections

Happy New Year!

Now Offering

Age Healthier...Live Happier!

BIO-IDENTICAL HORMONE THERAPY

Enjoy Life Again!

Increases:

- Energy, focus and mental clarity
- Lean muscle mass
- Bone density
- Libido and sexual performance
- Weight loss

Decreases:

- Fatigue
- Depression
- Anxiety and irritability
- Joint pain

Complete Allergy Services Offered:

Testing, Compounding and Immunotherapy

LAKE GRANBURY
INTERNAL MEDICINE
AND PEDIATRICS, PA

Dr. Penelope Aikin Jackson, MD, FAAP

Dual Board Certified Internal Medicine and Pediatrics

2005 Rockview Drive • Granbury, TX • 817-579-1005



Perfect Solution

— By Lisa Bell

AT HOME WITH Gwen Bodenhamer

Gwen married Dick Bodenhamer in 1949. Eventually, they moved to Arlington with their three children — Don, Ray and Mary — where they lived for 50 years. When Dick passed away in 2010, she didn't consider moving, even though none of her children lived nearby.

Don had a ranch between Stephenville and Glen Rose, but worked in Fort Worth. As he drove to work one day in 2014, he passed Quail Park. He turned around and took a tour of the facility. Impressed, he asked Gwen if she ever considered moving. At the time, she wasn't feeling well, and with two of her three children living in the area, she decided Granbury might be a good idea.

Gwen loves talking about her children, three grandchildren and three great-grandchildren with two more due in April. "They brought me down here and then all moved off," she said jokingly. "One thing about it, they put me in





a wonderful place," she shared. "I was dying on the vine at home."

Gwen praises the employees at Quail Park. They prepare and serve hot meals for residents every day, but employees don't stop there. "They are exceptionally attentive," she said. Although they transport residents to Wal-Mart and other places around town, often employees pick up items for Gwen. She doesn't always want to go shopping.

At lunch, she joins two gentlemen at her table in the dining room. Both have wives in a different part of the facility and visit them daily. But when



YOUR HEADQUARTERS FOR ALL YOUR POOL & SPA NEEDS

- Complete Line of Chemicals
- Automatic Pool Cleaners
- Pool Lighting
- Filters and Much More

We build and remodel pools and spas.



CLEANING SERVICE AVAILABLE!

www.noyespoolandspas.com

2001 S. Morgan, Granbury, TX 76049 • 682-936-2725

0% FOR 84 MONTHS*

ON SELECT NEW 1-5 SERIES JOHN DEERE TRACTORS

1023E - 4x4 Tractor



STARTING @ \$99 PER MONTH
6-YEAR POWERTRAIN WARRANTY

3025E - 4x4 Tractor



STARTING @ \$129 PER MONTH
6-YEAR POWERTRAIN WARRANTY

5045E - 2WD - 50 EHP



STARTING @ \$179 PER MONTH
5-YEAR POWERTRAIN WARRANTY

*Based on 20% down and 0% APR for 84 months on installment. Taxes and fees can change final selling price and installment. W.A.C through John Deere Financial. Residency and other restrictions apply. See dealer for details. Offer ends 1/31/2017. Loader and implements sold separately and not included in monthly payments.

WACO	HILLSBORO	CLEBURNE	ENNIS
6229 S. I-35	1520 S. ABBOTT AVE.	3319 NORTH MAIN	4839 N. I-45
254-756-5467	254-582-2572	817-641-7861	972-878-9691

www.BrazosValleyEQ.com



JOHN DEERE

Brazos Valley
equipment



they eat together, the three laugh. “We’re all hard of hearing, so it gets pretty loud,” Gwen confided. Because they sometimes misunderstand words, the conversation can get funny. “I have sat there laughing until tears ran down my cheeks.” They share interesting stories from their lives. At 85, Gwen is second to the oldest in the small group of friends.

Gwen’s two-bedroom, two-bath apartment is warm and elegant. Her three rooms have windows opening to a courtyard. From outside, the windows appear as one huge bay window because of the angled design, a fascinating illusion. Gwen hung wind chimes on her small patio, furnished with a bench and chairs. Her neighbor, Pat, has a birdhouse. He asks, “Did you see the redbird?” Other times, he claims the chimes kept him up all night. Gwen doesn’t believe him.

Although she doesn’t have pets, her other neighbor, Don, has a sweet little dog named Cisco. Cisco visits her, often spending part of the day with her. The pets bring joy to the small community. Gwen likes the ability to live alone, yet remain close to friends and have people look after her at the same time. The apartment is the perfect size for one.

In the hallway outside of the front door, Gwen displays decorations, including pictures she’s owned for a long time. A beautiful portrait of her and Dick hangs among them — a lovely rendering of a photo taken in Arlington with sweet memories of their life together. Soon after she moved in, her neighbor, Don, installed a wireless doorbell, so she didn’t miss visitors.

The open concept from the kitchen into the living room creates a large, welcoming environment. She has a small drop-

COMMITTED TO EXCELLENCE EXCEEDING EXPECTATIONS



		
PAUL SYPTAK	ERIC SCHROEDER	SHAUNDRA HARDT
MORTGAGE LOAN OFFICER	MORTGAGE LOAN OFFICER	MORTGAGE LOAN OFFICER
PSYPTAK@PRIMELENDING.COM	ESCHROEDER@PRIMELENDING.COM	SHARDT@PRIMELENDING.COM
NMLS ID# 176507	NMLS ID# 176686	NMLS ID# 419421



817.596.7878

524 SANTA FE DRIVE, WEATHERFORD, TX

All loans subject to credit approval. Rates and fees subject to change. Mortgage financing provided by PrimeLending, a PlainsCapital Company. Equal Housing Lender. © 2016 PrimeLending, a PlainsCapital Company. PrimeLending, a PlainsCapital Company (NMLS: 136449) is a wholly owned subsidiary of a state-chartered bank and is an exempt lender in TX. V010116.





SUNSET WINERY

The Best Little Wine House in Texas™

JANUARY 2017

Resolution:
Enjoy Wine More in '17

7th - “Foreign” Wine Sale
100 great wines at great prices, stock up!

21st - “Comforts of Home”
6 PM - Menu & reservations on the Web

27th - Wine Down 6 - 8PM
Barrel room, picnic or our cheese tray

Reserve early for
Valentine's Dinner!



The Place for Fine Wines & Fun Events™
817-426-1141

WWW.SUNSETWINERY.COM










Make this year the year to make
your home look new again.

Come see our large selection of new & used furniture, home decor & more.

New 2 U

MALL OF TREASURES

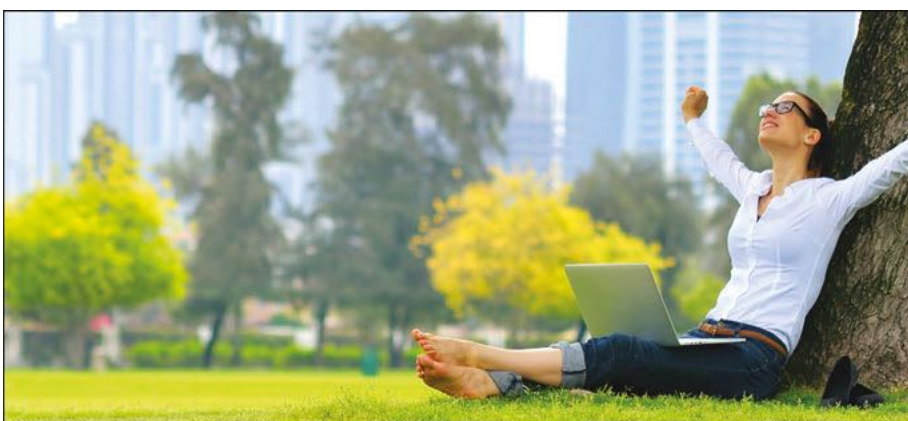
New & Used Furniture
Antiques, Consignments, Decor & More

HAPPY NEW YEAR!



7,300 sq. ft.
of treasures!

Mon.-Sat., 9 a.m.-5:30 p.m. & Sun., 12-4 p.m. • 311 Western Hills Trail, Granbury 76049 • (817) 579-9292



ARE VARICOSE VEINS HOLDING YOU BACK?

- Do you have large, bulging veins?
- Do you have restless legs?
- Do you have leg pain, aching, or cramping?
- Do you have leg and ankle swelling at the end of the day?
- Do you have leg ulcers?

These symptoms are often caused by varicose veins. Schedule an appointment today to see if your symptoms could be alleviated with minimally invasive varicose vein treatments in our office. **For additional information on Tuscan Vein Clinic and the minimally invasive treatments, visit our website at TuscanVein.com.**

J. DOUGLAS OVERBECK, MD
Now Offering Services In
Granbury, Irving and Stephenville
(972) 253-2505 | TuscanVein.com



24 Hour Emergency Service

RESIDENTIAL • COMMERCIAL
FULL SERVICE PLUMBING



Plumbing Problems?

MONEY. Just a few things
TIME. we don't want
EFFORT. you to flush down
the drain.



Quality Service

PLUMBING

- Toilets, Showers, Faucets, Garbage Disposals
- Water Heaters - Tankless, Gas, Electric
- Slab Leaks - Electronic Detection & Repair

SEWER & DRAIN CLEANING

- In-Line Sewer Video Inspection & Locates
- Sewer Pipe Repair & Replacement
- Drains Cleaned & Maintained

COMMERCIAL SERVICES

- Hydro-Jet High Pressure Grease Removal
- Water / Gas Leak Detection
- Water / Gas Repair & Re-Piping

CALL TODAY!

Receive 10% OFF labor
with discount code: **GBN0216**



CALL US FIRST! YOU WILL PAY LESS!

WWW.RICKSPLUMBINGSERVICES.COM

817-727-8270



In the hallway outside of the front door, Gwen displays decorations, including pictures she's owned for a long time.



GUNS, GALLERY & GEAR

in Weatherford

Indoor Gun Range and In-House Gunsmith

FREE RANGE

**Purchase One Box of
Ammo, Get One Hour
Range Time Free**

Any centerfire handgun ammunition. One coupon per visit.
Not valid with any other offers. Must use range
time at time of ammunition purchase. Exp. 1-31-17.

TS AUTOMOTIVE
Auto/RV & Boat Repair Center

Schedule your **FREE** Auto/RV/Boat
mechanical check-up!

Discounts for Seniors, Military
& First Responders

Please give us a chance to EARN your business!!

**Call Johnny T. at 817-279-6593
TODAY!**

6800 Glen Rose Hwy. • Granbury, TX
(At Mambrino Hwy • Family owned & operated)



Patti's Last Resort
6495 Smoky Hill Ct.
Granbury, TX 76049
817-326-3287

- Quilt Shop
- Retreat Center
- sleeps 12
- Sit N Sew Every
Monday
- Authorized **baby lock**
Babylock Dealer
For the Love of Sewing

15% OFF
One Regular Priced Product
Excludes sewing machines.
Limit one per customer.
Expires 1/31/17

Hours: Mon-Sat 9-4 • Sunday 11-4
Now Offering Sewing Machine Cleaning.

Reader's Choice

Used Book Store

Open Tues.-Thur. 10 a.m.-5 p.m.
Fri. 12-6 p.m. • Sat. 11 a.m.-3 p.m.

817-736-6200

**Come in & check out our
new book pricing & store
credit program.**

**We will not be accepting
book donations during the
month of January.**



**WE NOW HAVE
VINYL RECORDS!**

Come check out our selection.

2001 S. Morgan St., Ste. 106
Granbury, TX

(Just before Lake Granbury Marina)

Like us on Facebook at
Readers Choice Used Books

Princess & Frogs

Children's Resale

Tues.-Thur. 10 a.m.-5 p.m.
Fri. 12-6 p.m. • Sat. 11 a.m.-3 p.m.

817-736-6200

We will not be accepting
any clothing donations during
the month of January.

**Store-wide Clearance
20% OFF Everything**

Excludes consignment items.
Expires 1/31/17



2001 S. Morgan St. • Suite 107 • Granbury
(Just before Lake Granbury Marina)

Like us on [Facebook](#) at Princess & Frogs Children's Resale

Once upon a time, there was a
dirty carpet.
Now, there's just a
memory.

Cleaning and restoration services
to help you live
Happily. Even after.



817 458 3377 / rainbowintl.com/Weatherford

10% OFF

**All Cleaning
Services**

Expires 1/31/17

Lake Country Furniture

FURNITURE & MATTRESS HEADQUARTERS

Financing Available WAC

LANE ASHLEY BEST MAYO SERTA SIMMONS VAUGHAN-BASSETT BROYHILL

Family-owned
Proudly Serving
Granbury
Since 1987

Happy New Year
from our family to yours.



Reclining Console Loveseat
Multiple Styles, Custom Orders Available



Lift Chair



Sofa

Multiple Fabrics & Styles Available

iComfort®

Sleep System by Serta®

iComfort

All Foam w/ Gel 10-year Warranty
120-day In-home Trial



**NO INTEREST FOR
12 MONTHS!
WAC**

817-573-4578 • 2107 E. Hwy. 377, Granbury
Mon-Fri 9:00am-5:30pm • Sat 9:00am-4:00pm
www.lakecountryfurnituregranburytx.com

BEST VALUE RON'S PHARMACY

- Delivery
- Tricare and Care-mark Accepted
- Most Prescriptions Filled in 10 Minutes or Less
- Flu Shots - NO WAIT!
- TB Testing
- Compounding

**We can help you with
your insurance questions!**

Ask us about vitamin & supplement recommendations
for your individual needs.



Happy New Year!

817-573-1143 • 420 West Pearl Street • Granbury, TX

Store Hours: Mon.-Fri., 8 a.m. to 6 p.m.

Sat., 8 a.m. to 1 p.m. • Sun., Closed



Download our Mobile App
Best Value Rx



MYBESTVALUERX.COM



Uptown Arts Stone Creations The Art of Carving Stone

Real Limestone Sprayed On
Handcrafted over existing surface,
no tear out and no excessive weight!



401 Cleveland Road Granbury, TX 76049
www.uptownartsgranburytx.com | 817-776-7522



leaf table in the kitchen area, perfect if she wants to eat in. Lower cabinets make reaching items easier, and above them, she has decorative objects, which brighten the room. She also displays some original artwork in the kitchen, as well as throughout the apartment. A breakfast bar separates the two rooms without taking away the openness. She plans to have the maintenance man paint a small section of the kitchen with a brighter color.

Gwen loves vases, and they appear throughout the home. However, two in the living room stand tall among the simple, yet elegant furniture. In the vases, lighted branches create a soft glow in the room. She bought the branches after moving to Granbury, placed them in the vases and turned them on. "They haven't been off since then," she said. "I use them as a night light." Her neutral colors help everything flow wonderfully, as visitors sit down and sink into the warmth of the room and her attitude toward life.

One of the bedrooms instantly became a study. Here she watches television or reads books. Gwen loves to read, and has a friend who sends books to her. After reading her books, she sometimes gives them to friends or to the Quail Park library. With two armchairs flanking a side table, she can prop her feet on an ottoman and relax. The full bathroom off this room makes it easy for her to take fewer steps while enjoying the evening. The large closet inside the bathroom provides extra storage space for her.

The other bedroom, where she sleeps, includes her bedroom furniture, which she also brought with her from Arlington. She displays an intriguing box



she found in 1989. She liked the wooden box a lot, and Dick insisted she buy it. A vase in her bedroom belonged to her mother. "Mom found it in a vacant house when she was 8 years old," Gwen said. One picture in the room came from a woman who painted it at 93 years old. The painting is over 100 now, but still vibrant. The bedroom holds pictures of family and friends, as well as a few of herself as a child.

She uses the bathroom off this room as her main bathroom. A mirror image of the other bathroom, she uses this one for clothing and personal items. Even with her belongings, Gwen still has some storage space in this room as well.

The only complaint about the apartment is not having a personal washer/dryer hookup, but she manages fine. The benefits far outweigh this one inconvenience. She's closer to family. Her son, Ray, visits often and her daughter-in-law, Sandra, calls every day to check on her. Not that she needs it. The employees and friends she made in the last two years keep an eye on her. That's the beauty of living in the apartments. Quail Park offers many activities for residents. Gwen doesn't attend everything, but she can if she wants to.

Instead of church services or Bible study, she frequently opts for personal study and worship. "I have found out you really can be alone with God," she divulged. If she starts feeling down, she thinks about people who have hard lives. Then she focuses on the goodness of her life. Gwen plays bridge three times a week, and is thankful for the companionship and friendship. Instead of living alone, she lives a vibrant, happy life. Don truly found the perfect solution, and she's happy he did. **NOW**

St. Clair Dental, PLLC

Happy New Year

\$75.00 OFF
Next Dental Appointment.

This coupon cannot be used with dental insurance. One coupon per person and the coupon must be presented at time of dental appointment.
Expiration Date: 1/31/2017.

2911 Fall Creek Hwy. • Granbury TX. 76049
817-910-2880 • granburydental.com
New email is: stclairdental@yahoo.com

In-House Financing Now Available - No Credit Check

We are now a In-network provider for Aetna and Cigna Dental Insurance. Most insurances accepted. Financing available through Care Credit. Emergencies seen the same day.

JB Goodwin REALTORS®

BUILD YOUR DREAM HOME IN HORSESHOE BAY WEST

Two lots for sale in the highly desirable Horseshoe Bay West. Each 1/4 acre lot gently slopes and is across from the 5th hole of the highly rated private golf course, Apple Rock Golf Course. A two-story home would provide stunning views of the golf course, hill country and the constant-level Lake LBJ. Offered at \$35,000 per lot.

Jill Rose, REALTOR® | JB GOODWIN REALTORS®
512.574.5073 | jillrose@jbgoodwin.com | Lic #669991



RES TO V RESOLUT

A new year means new goals for people all over the world. With each new calendar, though, many find it difficult to maintain their resolve and hit their goals. If your resolutions typically fizzle out before the winter has lost its cold, here are some simple tips to do better as you try to live healthier in 2017.

SMALL CHANGES MEAN BIGGER RESULTS

- *Make incremental goals.* Instead of trying to lose 15 percent of your body weight, make a real, attainable goal that you can meet in four to six weeks. Losing five pounds in a month should be motivation to lose five more. But if you are thinking 30 pounds or bust, that five-pound loss might become a disappointment. And when making those goals, be sure to increase and extend them as you start hitting your desired marks.

- *Take one step at a time.* If your current fitness level has you struggling to walk 1 mile without stopping, avoid resolving to run a marathon. Start with walking a length or time without

stopping, and then add jogging or auxiliary exercises like pushups or jumping jacks. A good one-month goal for beginning runners is to complete a 5K run within six weeks of starting your training. The same principle applies for those who are already in better shape. If you can walk three miles without a problem, add incline runs or increase the distance to push your limits and increase your results, and try for a half or full marathon.

- *You do not have to overhaul your diet overnight.* Rather than cutting all sugar, fat and bread completely, start simpler. Substitute unsweet tea and black coffee for soda and a latte. Eat one less fast-food meal a week and opt for a homemade salad with a healthy dressing. If you cannot cut out dessert completely, make it a biweekly treat, and limit yourself to one helping. Instead of forcing yourself to eat nothing but kale and water, start with a smaller plate for portion control. As you get healthier, you can increase and adjust your goals accordingly.

MOTIVATION IS KEY

- *Have a partner.* Losing weight, eating right and exercising can all be difficult to do, especially when you go it alone. Whether

ADD SOLVE YOUR IONS

— By Zachary R. Urquhart

Happy
New Year

TED'S

Free Estimates
Free Towing in
Hood County with
Major Repairs

Automotive & Transmission, Inc.

Car • Trucks • Trailers • Equipment

4646 E. Hwy 377, Granbury • 817.279.9494 • www.tdstransauto.com

**Tony & Pam want to wish
everyone a very happy New Year.**

AUTOMOTIVE REPAIRS

- Factory-Recommended Maintenance
- Air Conditioning & Heating
- Brake Service
- Electrical Diagnostics
- Radiator/Cooling Systems
- Shocks/Struts
- Tune-ups

TRANSMISSION REPAIRS

- High Performance Transmissions
- Suncoast Dealer
- Diagnostic Services
- Transmission Service & Filter
- Automatic & Manual Transmissions
- 4-wheel Drive Service
- Clutch Service



Keeping Your Vehicle On The Road Longer For Less!

**Serving
Granbury
for Over
15 Years**

**3-year/100,00 mile (nationwide)
parts and labor warranty.**



For more info visit: www.jasperengines.com

Doggy Do's

Pet Grooming

\$5 OFF ANY GROOMING SERVICE!
NEW CLIENTS ONLY. EXPIRES 1/31/17

Over 20 Years' Experience
All Breeds Welcome
Competitive Prices • Sit-ins Welcome
(682) 205-4958 Please call for appointment.
www.doggydos.net

404 S Morgan • Granbury, TX 76048



hand-painted furniture
antiques & home decor
furniture built to order
custom refinishing



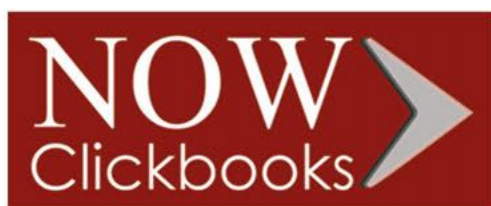
309 Western Hills Trail
Granbury, TX • (325) 513-5662
rubbishrevivaltx@gmail.com

LIKE US ON //RUBBISH REVIVAL TX

ALL NEW at

www.nowmagazines.com

A great new way to shop
and do business locally!



Dining  **DEALS**

Go to www.nowmagazines.com
and flip through a current
edition of your favorite
NOW Magazine.

Burleson • Corsicana
Ennis • Granbury
Mansfield • Midlothian
North Ellis Co. • Southwest
Waxahachie • Weatherford



When you see an advertisement or coupon
that interests you ...

CLICK ON IT ... 

and you'll be instantly directed to that
company's website.

it's your spouse, a sibling or just a friend in a similar life stage, have a partner as you start your journey. It is best to have someone who wants to lose around the same amount of weight or hit the same mile time. That way you can push each other, instead of one person being the model for the other.

- *Set up rewards.* In addition to setting incremental goals, you should treat yourself when you hit those goals. You can give yourself a cheat day, a day of rest from running or even something like going to a movie or buying a new belt for your smaller waist. You do not have to break the bank, and you can write yourself notes or send yourself cards to encourage yourself along the way.

- *Include healthy competition.* Having someone you are competing against might make you more likely to reach your marks, but do not get upset if you lose a weekly weigh-in. Be sure to give yourself a fair game though. Women typically lose weight at a slower rate than men, and age often slows metabolism. So a 50-year-old woman probably should not compare herself to a young man just out of college.

- *Make it fun.* Find a local group of runners to make your exercise social as well as functional. If you hate running, try lifting weights, cardio-rich workout videos or alternate exercise like CrossFit training. Change up your routine times and locations, so you are not looking at the same scenery every time you work out. Most cities offer recreational sports leagues, so you can get the work in playing soccer, flag football or basketball.





If you enjoy what you are doing, you will be much more likely to keep it up throughout the year.

THE RIGHT TOOLS FOR THE JOB

- *Take out the guesswork.* People often think running is running, but when it comes to weight loss, there is a science involved. With a good heart rate monitor, you will be able to maximize your workouts by staying somewhere between 55 percent and 85 percent of your maximum heart rate.

- *Work to scale.* If your plan hinges on losing a specific amount of weight, you will need to make sure you have a good scale. On the other hand, if you are simply trying to improve your strength and endurance, a scale may hinder progress. When your maximum lifts increase and your running times decrease, stepping on the scale and finding out you have not lost any weight can kill the momentum of your exercise success.

- *Have a plan and write it down.* When it comes to exercise, do not just throw weights around or run without purpose. There are varying ideas as to what the perfect workout regimen is, but you should use a workout journal no matter what plan you try. Have your workouts written down ahead of time, so you stay focused. Jot notes as you go to adjust intensity, as needed. The same goes for your food intake. You probably do not need a note to remind you how unhealthy donuts are, but keeping a record of calories, noting healthy recipes you want to attempt and listing what times you should eat each meal and snack will drastically improve your overall success. With these tips, you can make this the year you remain resolute. **NOW**



The Vine
MEDICAL CENTER
& Sleep Lab for Adults & Children

**Welcome
walk-ins**


The Vine Medical Center and Sleep Lab
921 E. FM 1187, Suite A, Crowley, TX 76036
 Starting in July: Monday thru Friday from 8 a.m. to 6 p.m., Saturday from 8 a.m. to 2 p.m.


**The Vine Medical Center welcomes Nagwa Lamie, MD,
Board Certified in Family Medicine and Sleep Medicine.**

Reveal
your true shape.

6 ZERONA sessions **\$595**

ZERONA® is the first FDA-approved, non-invasive laser, that removes fat and inches painlessly. Imagine dropping a dress size or losing that "muffin top" with NO PAIN, NO SURGERY and NO RECOVERY TIME.

817-945-1682
www.thevinemedicalcenter.com
 Find us on Facebook.

Dr. Ehab Hanna, Board Certified in Internal Medicine.
 Accepts Medicare, Medicaid & most other insurance plans. Promotional cash prices also available.

BEST BUY WALK-IN BATH TUBS

NOW OFFERING \$500 OFF
 installed pricing when you
 mention this ad!
 Expires 1/31/17



**NOW INSTALLING
ONYX Walk-in Showers.**

Family owned,
Texas built
817-326-3003 • www.bestbuywalkintubs.com

Visit our Showroom
 3411 E. Hwy 377, Granbury
817-326-3003 • www.bestbuywalkintubs.com





• New Everyday Low Prices
 • Same Great Products
 • Reflexologist & Nutritionist
 available by appointment

20% OFF SALE
 Come in on the 1st Monday or the 3rd Saturday
 and get 20% OFF YOUR PURCHASE.

Hours: Mon.-Fri., 9 AM-7 PM • Sat., 9 AM-6 PM
1450 E. Hwy. 377
Granbury, TX 76048
817-578-3131
 Find us on 

WINGS OF HOPE

WE PROVIDE HOPE & HEALING THROUGH GENTLE HORSES AND THE LOVE OF GOD.






ADULTS & CHILDREN WITH SPECIAL NEEDS
PHYSICAL • EMOTIONAL • MENTAL

Volunteers Always Welcome
 14 years old & older, no experience necessary.

**For more information (817) 790-8810
 or to make a donation.**

4200 CR 806 • Johnson County
WWW.WINGSOFOPEHORSES.ORG



Rubbish Revival

309 Western Hills Trail
Granbury, TX 76048
(325) 513-5662
rubbishrevivaltx@gmail.com
Visit Rubbish Revival TX on Facebook

Hours:

Tuesday-Saturday: 10:00 a.m.-5:00 p.m.



Rubbish Revival brings beauty from broken and scarred items. Michelle and Shane Scarborough invite you to visit their constantly changing showroom to find your next treasure.

Trash or Treasure

At Rubbish Revival, Shane and Michelle Scarborough make old or worn out things beautiful.

— By Lisa Bell

When a store opens its doors as part of a block party, expect something unique. Rubbish Revival opened in March 2016, and indeed participated in a block party that night. Shane and Michelle Scarborough specialize in quality, hand-painted furniture but also offer antiques, which they would never cover with paint. In addition, they restore and repair furniture or custom paint family heirloom pieces. Surprisingly, half of their work comes from customers who retain family history but with a facelift.

What began as a hobby for Michelle after she moved to Granbury 13 years ago, grew to a small business quickly. By the time she met Shane and they married almost five years ago, she often sold pieces to friends and family. At the end of the 2015 school year, he suggested she leave teaching and sell one or two

pieces of furniture each month for their “fun” money. They rented space at a couple of local shows and sold out both times, walking away with multiple custom orders. Soon they filled their garage, two storage buildings and their home with items for sale or that filled customer orders. They literally ran out of storage and work space, still not sure what it all meant.

During a visit with Holly Robinson, from New2U, they discovered the building next to her would be available soon. After much prayer, they decided to stop resisting the direction they were being pushed. In November 2015, they moved into their new space and soon started filling it up with all their projects and latest finds. Both Michelle and Shane thought it would be a nice place to work and maybe display a few pieces — a showroom of

sorts, but neither of them dreamed of what was to come.

They reached out to friends and family to get ideas and guidance for making their new business a success. Before long, Shane took a leap of faith and quit his full-time job to help Michelle keep up with their booming business. Trying to juggle demands of a career and helping her with projects had become too much. Both of them believe it is possible to go for your dream. "It's scary every day," Shane said.

"But God provides every month," Michelle added.

Due to their quality finishes and a peaceful atmosphere, this approach has quickly made Rubbish Revival a successful business turning trash to treasure. "God knew what He was doing when He put us together," she said. While Shane does the majority of shopping for their furniture, Michelle is the creative force that drives the business. She carefully chooses colors to withstand trends but enables customers to match their décor. "I really feel like we have the best customers," Michelle said.



"Neither of them dreamed of what was to come."



These days, the Rubbish Revival showroom is constantly changing, offering unique antiques, clean burning candles, freshly roasted and ground coffee, custom signs, and fair trade items. They have even been able to add three part-time employees to help with the growing demands. People visit the shop from all over the area, including the DFW Metroplex, but also from West Texas. Above all, the couple strives to please God.

"This is a Kingdom business," Michelle said. "We have given this company to the Lord. It is His. 'Whatever you do, work at it with all your heart, as working for the Lord, not for men.' Colossians 3:23." **NOW**

Grow Your Career!



Advertising Sales Position Available Granbury, Texas

- Excellent Commissions
- Established Accounts
- Health Insurance
- Matching IRA



GRANBURY • CORSICANA • NORTH ELLIS CO.
MANSFIELD • MIDLOTHIAN • WEATHERFORD
SOUTHWEST • WAXAHACHIE • BURLESON • ENNIS

Send Resume to Rick Hensley

rhensley@nowmagazines.com



Fifty teams of two men each raise over \$100,000 for Granbury ISD during the Fifty Fellas Event.



Brandon Woodward and his son, Cody, have fun making Christmas cookies.



Members of Brazos Covenant Ministries say Happy Birthday to Jesus while winning the best in theme award.



Andrea Taylor prepares for Sip and Shop and a soft opening of Against the Grain.



Jeff and Jennifer Noble visit their son's family and support FBC youth in the first Hwy 51 Run.



Santa enjoys his new house in Granbury.



Alex Bracy and his niece, McKenzie, have fun waiting to see Santa.



Mrs. Santa welcomes visitors after the parade.



Lloyd Dodd shares a teacup tree during the Granbury candlelight tour.

Dining DEALS

FLAMES
SEAFOOD GRILL & BAR

**Happy Hour
Everyday**
11 a.m. - 6 p.m.
Domestic Pints \$2.00
House Wells \$2.50

**Lunch Specials
Starting at \$6.99**
Mon. - Fri. Only

\$5 OFF
Order of \$25 or More
Not to be combined with any other offer.
Expires 1/31/17

10% OFF
To-Go Orders
Not to be combined with any other offer.
Expires 1/31/17



1030 East Hwy. 377, Granbury, TX
817-573-2998 • www.flamesseafood.com


Welcome Granbury residents!

OAXACA
Mexican Cuisine
(WO-HA-KA)

f (682) 262-1300 • 216 West Hwy. 1-20, Weatherford
(in the parking lot of Home Depot)

**LUNCH SPECIALS
MONDAY-FRIDAY
STARTING AT \$6.75**

**WEDNESDAY
TACOS
ALL DAY \$6.95**

15% OFF
One coupon per visit.
Cannot use with other
special. Expires 1/31/17

FREE QUESO
One coupon per visit.
Cannot use with other
special. Expires 1/31/17

Need More Business?

Advertise your restaurant here.

For information, call:

817-279-0013

NOW
MAGAZINES

Bringing the best of the
community home.

January 1

First Day Hikes: 10:00 a.m., Dinosaur Valley State Park, 1629 Park Rd. 59, Glen Rose. Choice of hikes. For details and other events, visit www.tpwd.texas.gov/calendar/dinosaur-valley/first-day-hikes.

Dinosaur Dive: 10:00 a.m.-1:00 p.m., Dinosaur Valley State Park, 1629 Park Rd. 59, Glen Rose. The first ever dive is to raise money for new bicycle racks and more outdoor seating. \$15 includes dive, gift bag, family activities, food and drink. Details available at www.tpwd.texas.gov/calendar/dinosaur-valley/dinosaur-dive.

January 3

Two-Steppin' Tuesday: 7:00-10:00 p.m., Christina's Bistro, 110 N. Houston St. Dance to country music, eat and hang out with friends. For details, visit www.visitgranbury.com.

January 5

Granbury Newcomers Club Luncheon: 9:30 a.m.-1:00 p.m., Pecan Plantation Country Club. Third annual birthday bash. Bring \$5 wrapped gift. Lunch \$14 (check preferable.) Reservations, (817) 243-9831 by noon **Jan 1**. Visit www.granburynewcomers.org for more information.

Two-Steppin' at the Hood County Sr. Center: 7:00-9:15 p.m., Senior Center, 501 E. Moore St., Granbury. All ages welcome, open to the public. Come on by and dance to a live country and western band every Thursday night.

January 6 — 15

Winter Dance Party: **Fridays**, 7:30 p.m.; **Saturdays**, 2:00 p.m. and 7:30 p.m.; **Sundays**, 2:00 p.m., Granbury Opera House. Recreation of the final concert tour of Buddy Holly, Ritchie Valens and The Big Bopper. For information or to purchase tickets, visit www.granburytheatrecompany.org.

January 9

North Texas Civil War Roundtable: 5:30-8:00 p.m., Spring Creek BBQ, 317 E. Hwy. 377. John Schmutz, historian and author, will present a program from his book *The Fighting Fifth*. Visitors are welcome. For information, visit www.ncentexcwrt.com.

January 11 — 14

62nd Annual Hood County Jr Livestock Show and Sale: 8:00 a.m.-10:00 p.m., Reunion Grounds, 641 Reunion Ct. For show schedule and more information, visit www.visitgranbury.com.

January 20, 21

Hymns: A Musical Celebration of Faith: 7:30-9:30 p.m., Granbury Opera House. Tickets \$15-

\$20 each. Visit www.granburytheatrecompany.org for details and tickets.

January 21

Stargazing with Astronomers: 7:00-9:00 p.m., Elmer W. Oliver Nature Park, 1650 Matlock Rd., Mansfield. Free opportunity to learn about constellations with the aid of high-powered telescopes and experts from the Fort Worth Astronomical Society. Email tiffany.gorrell@mansfieldtexas.gov.

February 2

Granbury Newcomers Club Luncheon: 9:30 a.m.-1:00 p.m., DeCordova Country Club. Granbury author Geri England Lowry shares portions of her novel, *The Rats of Grandville*. Lunch \$14 (check preferable.) Reservations, (817) 243-9831 by noon **Jan 28**. Visit www.granburynewcomers.org for more information.

Ongoing:

Second Mondays

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Program followed by Q&A time. Refreshments served. Free for citizens supporting art and artists. Jeanette Alexander at (817) 578-3090.

First Tuesdays

Hood County Clean Air Coalition meeting: 10:00 a.m., American Town Hall. This proactive organization exists to promote clean air in Hood County. Visit www.granburyedc.com/cleanair. Contact Michelle McKenzie, (682) 936-4049 or mamckenzie@centurylink.net.

Third Tuesdays

Greater Granbury Chapter of the Military Officers Association of America meeting: 6:00-9:00 p.m., Pecan Plantation Country Club. Contact Colonel Gary Proctor, USAF (Ret), (817) 894-0901, or garyproctor5455@msn.com.

Fourth Tuesdays

Texas Patriots Tea Party meeting: 7:00 p.m., Cleburne Conference Center, 1501 W. Henderson, Cleburne. www.texaspatriotsteaparty.org.

Wednesdays

Fresh Starts, Divorce Recovery Group: 6:30 p.m., Granbury FUMC Room #119, 301 Loop 567. Covers all stages of separation or divorce. All ages, faiths, denominations, beliefs, and ages welcome. There is no cost or pre-registration required. Childcare provided. For details, call (817) 573-5573.

Third Wednesdays

Master Gardeners meeting: 1:00-2:00 p.m.,

Hood County Annex 1 Meeting Room, 1410 W. Pearl St. For information, contact (817) 579-3280.

First Thursdays

Granbury Extension Education Club luncheon: 10:30 a.m.-1:30 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. Monthly programs cover family and consumer science topics, and community service projects are planned. For information, contact Brienne Langdon, (817) 408-0746.

Second Thursdays

Special Needs Parent Support and Networking Group: 6:15-8:00 p.m., Lake Pointe Resource Center, 1921 Acton Hwy. Parents and professionals learn, connect and share in a caring, responsive and socially supportive setting. Free. Visit www.lakepointegrnary.com or call (817) 937-4332.

Third Thursdays

Diabetes Support Group: 6:00-7:00 p.m., Third Floor Bingo Room, Lakestone Terrace Retirement Community, 916 E. Hwy. 377. Free, facilitated meetings for those seeking information, inspiration and support for successfully living with diabetes. Call (817) 736-0668.

Second Saturdays

Girls Night Out: 5:00 p.m.-8:00 p.m., Granbury Town Square. Collect pink tickets for a \$100 Downtown Dollar Shopping Spree. The 2nd Saturday of each month with specials, trunk shows, wine, snacks and tons of fun. Visit Girls Night Out Facebook Page for details, special sales and promotions.

Last Saturdays

Last Saturday Gallery Night: 5:00 p.m.-8:00 p.m., Granbury Town Square. At least eight galleries support the monthly event, open until 8:00 p.m. "Meet the artists," receptions, demonstrations, hors d'oeuvres, wine & music. Visit Galleries of Granbury on Facebook Page for details.

Third Weekends

Saddle Bags Trade Daze: 8:00 a.m.-7:00 p.m., 3636 W. Hwy. 377. Vendors welcome. No sales of animals except legitimate rescues. No sales of food or drinks without approval. Call Ernie Reynolds, organizer, (817) 894-8168.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.



What Is Rosacea?

— By Betty Tryon, BSN

Diana, Princess of Wales, celebrated for her loveliness, had a facial skin condition expertly hidden from the world. Rosacea didn't care if she was royalty. That diagnosis made her one of many with rosacea. This skin condition typically occurs in people over the age of 30, and fair skinned individuals are most susceptible.

Small blood vessels under the skin swell and cause your cheeks, forehead, chin and nose to have a reddened or flushed appearance. It can resemble an acne breakout, allergic reaction or other skin conditions. The redness may come and go. Over time the color deepens and becomes persistent with spider web-like veins appearing in the face. If rosacea isn't treated, symptoms will worsen with pimples and bumps appearing on the flushed skin. Another rare complication is called rhinophyma in which the skin thickens and causes the nose to appear larger with a bulbous effect reminiscent of the comedian, W.C. Fields.

Another complication from rosacea is ocular rosacea where the eyelids become inflamed and irritated. Styes may develop, and the eyes may feel gritty and look bloodshot.

The cause of rosacea has not been established but there are contributing factors that may precipitate or aggravate the condition. Familiar history can be a factor if a close relative has the condition. Possible abnormalities in the blood vessels in the face could cause the flushing in the skin. Females are more prone to this disorder, but males typically have the worst cases.

Triggers of rosacea can be anything that causes the blood vessels to increase flow to the surface of the skin. Hot drinks and caffeinated drinks, such as tea, coffee or caffeinated soft drinks may be culprits. Sunlight, spicy foods, exercise and even some medications can be triggers. Alcohol does not cause rosacea but can aggravate the condition.

At this time, there is no cure for rosacea, but there are avenues for relief. Treatment focuses on lessening the signs and symptoms. Medications used may be oral or topical in nature with the aim of reducing the inflammation and redness in the skin to bring symptoms under control. Laser treatment to shrink the blood vessels in the facial area may be used. Someone with the skin thickening from rosacea may seek help from a plastic surgeon. Those with this condition have to be diligent with personal care in applying sunscreen for protection and to prevent flare-ups, dressing appropriately for cold or windy weather and taking care to use gentle skin care products. Because of the varying degrees of symptoms and severity of this disease, let your physician guide your treatment plan for best results. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.



In the Kitchen With Stacey Ramirez

— By Lisa Bell

Stacey Ramirez didn't study cooking, but he learned the joy of cooking for others about 20 years ago. "I needed a job, and the only thing I could find was in a little café in a small town," he shared. "The lady took one look at me and said, 'I will teach you. Don't worry.' She must have seen the fear in my face when she said I would be her new cook."

He likes trying new things and having fun. As the current bakery manager at Brookshire's, Stacey relishes learning to bake beside Millissa Evans while seeing his favorite people come into the store. He also enjoys having large barbecues for friends and family at his home. "If you come by and smell the grill fired up," he said, "come on over and we'll make beautiful food together." **NOW**

Coleslaw Dressing

1 cup Miracle Whip
1 cup sour cream
1/2 cup sugar
Cabbage, shredded, to taste

1. Mix first 3 ingredients well.
2. Pour over shredded cabbage; stir until blended and serve.

Zucchini Hotdish

5 slices bacon, raw
6 tomatoes (substitute a 16-oz. can

instead of fresh if desired)
8 slices cheese (American or Velveeta)
1 medium onion
1/2 cup rice, uncooked
6 cups zucchini squash, unpeeled and sliced
1/8 tsp. pepper

1. Cut bacon strips in half.
2. In a greased casserole dish, start by layering 1/2 of all ingredients like a lasagna-type dish.
3. Repeat layers, but this time end with the bacon on top.
4. Bake at 350 F for about an hour and 15 minutes, or until the squash is tender.

Pepper Corn Ranch Pasta

1 8-oz. bag macaroni pasta
1 pkg. bacon
1 bunch green onions
6 eggs, hard-boiled
1 8-oz. bottle Kraft Peppercom Ranch Dressing

1. Boil pasta according to package instructions; let cool.
2. Dice the entire package of bacon and fry until crispy; set aside.
3. After pasta cools completely, place in a large bowl and mix in the bacon.
4. Chop up the green parts of the onions only; add to pasta mixture.
5. Dice only the whites of the boiled eggs, and add them to pasta.
6. Add about half the bottle of dressing and mix well. Chill until ready to serve. Just before serving, mix in additional dressing to reach a creamy consistency.

Hot Sandwiches

A Christmas holiday tradition that my grandma and mother used to make.

1 can Spam, ground
4 boiled eggs
1 green bell pepper
2 pickles
1/2 lb. cheese
1 onion
Salt and pepper, to taste
Miracle Whip Salad Dressing, to taste
1 pkg. hamburger buns

1. Dice and chop first 6 ingredients and put in a bowl.
2. Add salt, pepper and Miracle Whip; mix well.
3. Spread the mixture between top and bottom of a hamburger bun.
4. Wrap the sandwich in aluminum foil; make sure the shiny side is on the inside toward the bun. Bake at 350 F for 20 minutes.

To view recipes from current and previous issues, visit www.nowmagazines.com.

Rustic Roundup



LAYAWAYS NO Fees! NO Time Limits! NO Minimum Down Payment!



Gift Certificates Available



Our Goal is to Provide the Best Products, Prices and Customer Service in Parker County
Rustic, Traditional and Contemporary Furniture & Mattresses

817-594-9229 • 2602 Fort Worth Hwy. • Weatherford • 76087

(1/2 mile west of the Hudson Oaks Walmart)

Hours: Mon.-Sat. 10a.m.-6p.m. • Closed Sunday • Visit us online at www.rusticroundup.com



**You care
about your
pets.
So do we!**

**Bring ad for
free Rabies
vaccine**

TCAP offers high quality, low cost services for Parker County area pets.

- Spay and Neuter
- Dental Cleaning
- Heartworm Testing
- Vaccinations
- Microchipping
- Flea/Tick Control



TEXAS COALITION *for*
Animal Protection

High Quality, Affordable Spay and Neuter Services

1302 S Main Street #114 Weatherford, TX 76086 (next to Rio Mambo)

Walk-in vaccine hours: Thursdays & Fridays 9:00 am - 12:00 pm

817-426-3777 • www.texasforthem.org