

# MidlothianNOW

M A G A Z I N E

JANUARY 2018

## The Best Show in Town

Music students at Heritage High School offer something special on stage

## Her Place

At Home With Joanne Dandridge

Featured Business: Ebby Halliday, Inc./Jan Davis

In the Kitchen With Sue Freshwater

Where Is Eddie Johnson?

PSRST STD  
U.S. POSTAGE  
PAID  
DALLAS TX  
PERMIT #3450

Postal Customer

\*\*\*\*\*ECRWSS EDDM\*\*\*\*\*





# ***V-Care Health Services***

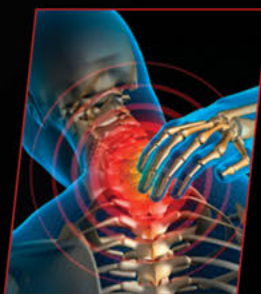
***... Live Life Pain Free***

UNIVERSITY PLAZA, 401 N. HWY 77 • SUITE #1 • WAXAHACHIE  
WWW.VCAREHEALTH.ORG

## **WE OFFER ALL UNDER ONE ROOF:**

- PAIN MANAGEMENT
- MEDICAL EVALUATIONS
- PHYSICAL THERAPY / REHABILITATION
- SPINAL DECOMPRESSION
- DURABLE MEDICAL EQUIPMENT
- MEDICAL WEIGHT LOSS

## **RELIEVE PAIN WITHOUT SURGERY**



NECK PAIN



KNEE PAIN

### ***Our New State-of-the-art Facility Includes:***

- DR Panel Digital X-rays
- DRX 9000 Spinal Decompression
- Lipo Lite Laser for Medical Weight Loss
- Therapeutic Electrotherapy and Physical Therapy units

**—NOW—  
ACCEPTING  
NEW  
PATIENTS**



BACK PAIN



NEUROPATHY

**CALL NOW FOR  
FREE CONSULTATION  
214.550.0680**  
or email us at [info@vcarehealth.org](mailto:info@vcarehealth.org)

MONDAY TO FRIDAY  
8:30AM TO 6:30PM



HEADACHES



JOINT PAIN

Treatment is Safe and Easy and Requires **NO SURGERY**  
We Use Natural Medicines Which Have Absolutly **NO SIDE EFFECTS** & Great Results  
Treatment is Covered by Most Insurance Companies, Including Medicare



# Afraid of the dentist?

Come relax with oral sedation and nitrous.

Dr. Martin and his caring Fearless team are here to help you have a healthy and beautiful smile.



Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions & Invisalign. He also sees children. Our hygienists, Ruby & Charlsy, do deep cleanings if gum disease is present. Years of dental needs can be completed with very few appointments all in our office.



Same-day treatment available.  
No-interest financing W.A.C.  
for up to 2 years.

Convenient Hours: 8am-5pm M-Th

In network with these major PPO plans:  
Aetna, Delta, Cigna, MetLife, Blue Cross Blue  
Shield of Texas, Humana, Principal,  
Ameritas, Guardian, Dental Select

[www.FearlessDental.com](http://www.FearlessDental.com)

**Mention this ad and get FREE WHITENING FOR LIFE**  
when you become a patient at Fearless Dental. After all dental work is completed,  
you'll receive FREE trays and then FREE whitening gel at every cleaning.

## Snap on Denture

Lower only  
with 2 implants

**\$292**

/month  
\*No interest  
for 24 months

Upper or lower  
with 4 implants

**\$375**

/month  
\*No interest  
for 24 months

\*With Valid Care Credit

**FREE**

**Oral Sedation and Nitrous  
for Snap On Dentures**

(Limited Time Offer)

Call our office for more  
details and to schedule  
your complimentary  
snap on consultation.



972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154



# MIDLOTHIAN NOW

## 8 THE BEST SHOW IN TOWN

Heritage High's theater and choir directors grow the school's fine arts program.

## 16 HER PLACE

At Home With Joanne Dandridge.

## 24 WHERE ARE THEY NOW?

Eddie Johnson.

## 28 IN THE FAST LANE

Olympic hopeful Tyler Cobbs pursues his dreams.

## 38 GETAWAY TO GOOD TIMES

Head to Northwest Florida for fun, sun and historical treasures.

## 40 A BRAND NEW YOU

Make the right choices in your diet this year.

8



34 CookingNOW

36 BusinessNOW

44 Around TownNOW

52 HealthNOW

Publisher, Connie Poirier | General Manager, Rick Hensley

### EDITORIAL

Managing Editor, Becky Walker | Midlothian Editor, Angel Morris  
Editorial Coordinator, Sandra Strong  
Editorial Assistant, Rachel Smith | Writers, Lindsay L. Allen . Derek Jones  
Emily Nipps . Virginia Riddle . Betty Tryon . Zachary R. Urquhart  
Editors/Proofreaders, Pat Anthony . Shannon Pfaff

### GRAPHICS AND DESIGN

Creative Director, Chris McCalla | Artists, Kristin Bato . Morgan Christensen . Martha Macias . Brande Morgan . Anthony Sarmienta

### PHOTOGRAPHY

Photography Directors, Chris McCalla . Brande Morgan  
Photographers, Kobbi R. Blair . Hannah Chartrand

### ADVERTISING

Advertising Representatives, Joyce Sebesta . Cherise Burnett  
Dustin Dauenhauer . Bryan Frye . Jennifer Henderson . Ashlyn LeVesque  
Kelsea Locke . Lori O'Connell . Melissa Perkins . Steve Randle  
Keri Roberson . Linda Roberson . Shilo Treille

Billing Manager, Angela Mixon



## ON THE COVER

The musical theater team at Heritage High is ready to amaze a crowd.

Photo by  
Amy Brown.

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2018.  
All rights reserved. MidlothianNOW is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit [www.nowmagazines.com](http://www.nowmagazines.com).



# New Year. **New Student Opportunities.**

**THE FBC MIDLOTHIAN STUDENT CENTER IS COMING THIS SPRING!**

The FBC Midlothian Student Center is designed to be a tool to teach students and their families to live and love like Jesus. It will help in our mission to be a Student Ministry that is Kingdom expanding, character transforming, and culture shaping. We believe this happens in the context of community, and the Student Center will provide an opportunity to accomplish that mission.

We hope that you will join us early next year to come celebrate the grand opening.  
**Help us make this an opportunity for Jesus to sow into the lives of our students!**

## SUNDAY SERVICE TIMES

**8:15 am**  
Traditional

**9:30 am**  
Contemporary\*

*\*Service is interpreted for the deaf & hard of hearing.*

**11:00 am**  
Contemporary





# EDITOR'S NOTE



*Angel*

Angel Morris  
MidlothianNOW Editor  
angel.morris@nowmagazines.com

*Hello, Midlothian!*

In just a month on the job, I'm learning this town is plugged in! Well, technically, it's wireless, but what I mean is we are "in the know!" Local social media sites have shown me whether it's traffic or weather, store openings or special events, word travels fast here. That should come as no surprise, being that it's on the Internet and all, but I'm impressed how quick Midlothian residents are to answer one another's questions.

Is Kroger open? (Boy, is it!) Are we getting a Chick-fil-A? (The sign is up!) When's the big game? Can you recommend a doctor? Did anyone find a lost dog? Who left out their grocery cart? Are we there yet?

We have the answers, and we have them fast! But one thing we're not sure of, at least not according to one social media post, is what residents want to be called — Midlothianites? Midlothianers? Or my personal favorite, Midlothianians?

Sure, there isn't always agreement, but people always offer suggestions, solutions or at least comical resolutions to their neighbors' requests for assistance. What an exciting time to cover a city, when voices old and new come together on both slow city streets and speedy virtual highways.

See you on the road, Midlothians!

P.S. New year, new look and some fresh, new ideas! The NOW Magazines team has been working hard on this project, and we hope you love it. Cheers!

Start the New Year off in a new home. **We can help!**



Julie McKeever  
Broker



**Buy, Sell or Lease,  
we do it ALL!**

**972-824-6017**



111 N. 8th Street, Midlothian, TX 76065  
[www.juliemckeever.com](http://www.juliemckeever.com)

**DEJEFFCO**



**ASSEMBLY**

Assembling in Midlothian since 2014

**DEJEFFCO is your assembly  
source when time is short  
and tools are needed.**

We specialize in

**Furniture • Outdoor Items • Grills  
Swing Sets • Play Areas  
Exercise Equipment and More**

We are equipped to assemble most home products. We can pick up your item, assemble and return or assemble at your location.

**Mon.-Sat. Sunrise to Sunset**

**817-688-3116  
MIDLOTHIAN**



## Grow with Kubota.

Choose from a full line of hardworking tractors.



### **BX Series**

- Kubota Diesel Engines, 18–25.5 HP\*
- Category I, 3-Point Hitch with up to 670 lbs. Lift Capacity
- Easy-Over Mid-Mount Mower Deck, Available in 54" or 60" Deck\*\*



### **B Series**

- Kubota Diesel Engines, 22–33 HP\*
- Category I, 3-Point Hitch
- Available All-Weather Cab, Work Lights, and Ample Head and Leg Room



### **Standard L Series**

- Kubota Diesel Engines, 24.8–47.3 HP\*
- Synchro-Shuttle or HST Transmission Options
- Suspension System Designed to Reduce Fatigue



### **MX Series**

- Kubota Diesel Engines, 49.3–61.4 HP\*
- Rugged, Smooth-Shifting Gear-Drive or HST Transmission Options
- 3-Point Hitch with Heavy Lift Capacity, Category I & II

*Check out our complete line of quality Kubota products.*



[www.centralkubota.com](http://www.centralkubota.com)

**501 NORTH I-35E**  
**WAXAHACHIE**  
**972-938-1770**

**Open Monday–Friday 8-5, Saturday 8-2**



**Kubota**

[www.kubota.com](http://www.kubota.com)

\*For complete warranty, safety and product information, consult your local Kubota dealer and the product operator's manual. Power (HP/KW) and other specifications are based on various standards or recommended practices. \*\*BX2370 and BX2670 models only. Optional equipment may be shown. © Kubota Tractor Cooperation, 2016.







**www.lliconstruction.net**  
Find us on Facebook at LLI Construction

**LLI CONSTRUCTION INC.**

**Give us a call! 817-894-7593**  
Locally Owned • Quality Workmanship  
References Available on Request

**Outdoor Kitchens**   **Patios & Arbors**

**Concrete/Pavers**   **Fireplaces**   **Swimming Pools**

 **King Pools, Inc.**  
**972-723-2800**

*"Pools built for a king."*

**Ask us about our professional weekly pool cleaning service specials!**

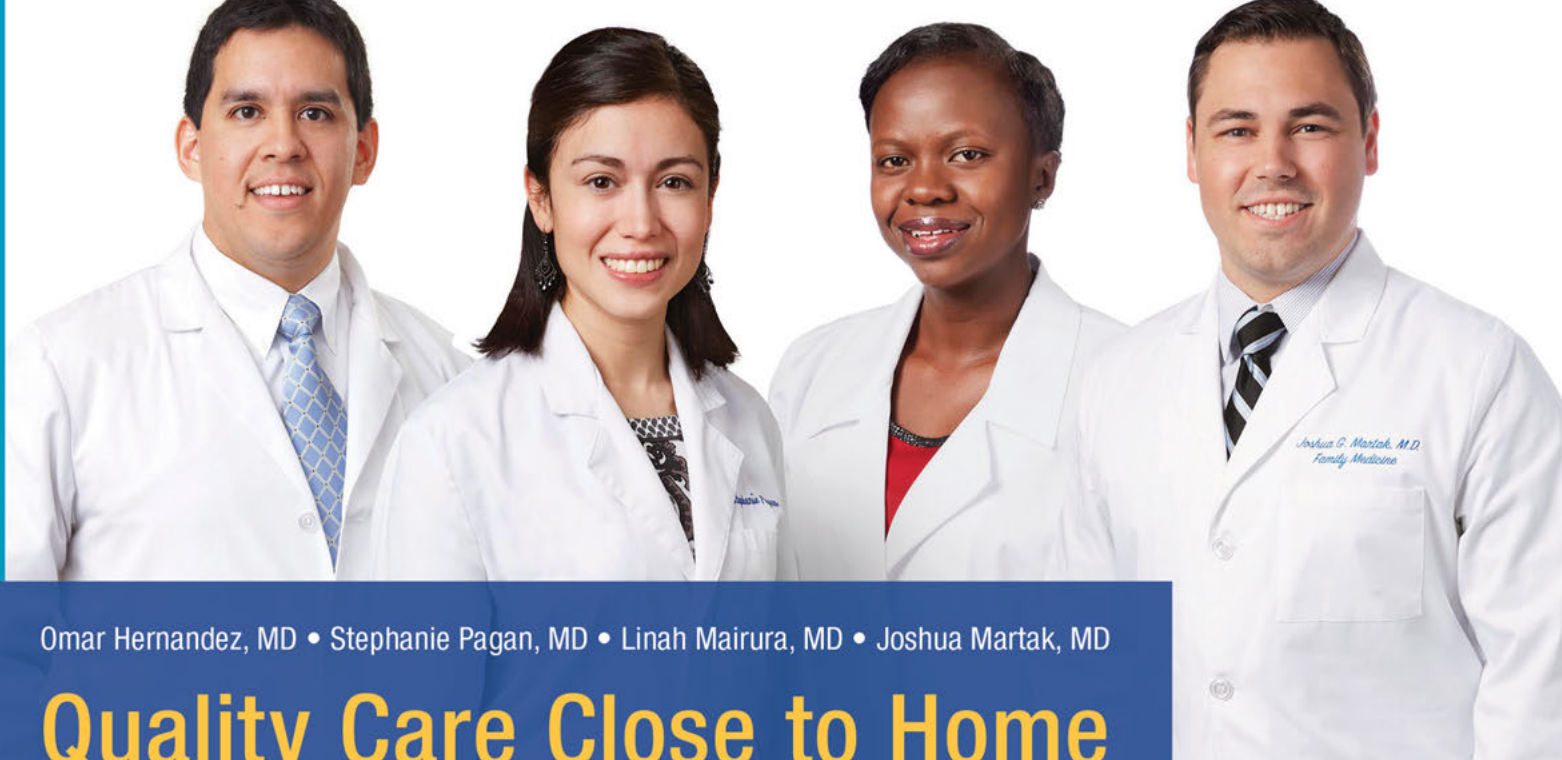
New Pools • Gazebos/Arbors • Outdoor Kitchens  
Fireplaces/Fire Pits • Fencing • Remodels  
Weekly Cleaning • Service/Repair • Retail Store

 **SWIMMINGPOOL.COM**

 **New POOL ESTIMATOR**  
appointment request

**104 N. 8th St. (Downtown Midlothian) • www.KingPoolsInc.com** A+ 





Omar Hernandez, MD • Stephanie Pagan, MD • Linah Mairura, MD • Joshua Martak, MD

## Quality Care Close to Home

**Baylor Scott & White Family Medical Center – Midlothian** is proud to provide the families of our community with comprehensive, quality medical care in a comforting environment. Our physicians are board certified in family medicine, internal medicine or pediatrics and offer a comprehensive list of medical services for the entire family including:

- Annual Physicals
- Chronic Disease Management
- Pediatrics
- Well Child Visits
- Women's & Men's Health
- Minor Surgery, Injections, and Urgent Care
- Vaccinations/Immunizations
- On-site Lab
- In-Office Electrocardiograms (EKGs) and Lung Function Testing (PFTs)
- Contraceptive Options

For an appointment, call **469.800.9600** or for more information about Baylor Scott & White Family Medical Center – Midlothian, visit **[EllisCountyDocs.com](http://EllisCountyDocs.com)**



**Baylor Scott & White**  
**FAMILY MEDICAL CENTER**

**MIDLOTHIAN**

*A member of HealthTexas Provider Network*

1441 S. Midlothian Pkwy., Suite 100 • Midlothian, TX 76065





*While the hills may be alive with sounds, the real music this winter is coming from deep in the forest at Midlothian Heritage High School. Just a few years ago, the campus housed only freshmen and teachers who had to travel to Midlothian High School for athletics and the arts. This year, for the second time, the halls are filled with four full classes of students. Just a year after sending off the school's first graduating class, MHHS Choir Director Cliff Carbone and Theater Arts Director Amy Brown are excited to bring a year of productions, highlighted by January's staging of Into the Woods.*

Cliff grew up in Altus, Oklahoma, before heading to Southwestern Oklahoma State University, where he majored in vocal music education. "I actually almost changed my major to history," he laughed. Cliff had a friend from the area who convinced him to interview at T.E. Baxter Elementary, so he moved from Oklahoma to Midlothian in 2003. "I was there for a few years, and then I started at Walnut Grove the first year it was open," he detailed. In its first year as a school, Heritage did not have its own choir program, but Cliff took over when the campus opened in 2015, and he has loved growing a program full of kids he taught in middle school.

# The BEST SH





— By Zachary R. Urguhart

# How in Town





**Marketplace**  
**972-775-5316**  
 211 W. Ave. F, Midlothian

**15+ Local Vendors, Including ...**








**4LFurniture@gmail.com**     /4LFurniture



***"It's an honor to serve you in the Texas House. Call me if you need anything - 972-825-7765."***

**Effective Conservative** | **REPUBLICAN JOHN WRAY**  
 STATE REPRESENTATIVE

Pol ad paid for by the John Wray Campaign



Cliff has had a growing number of students each of his years, which means he has had an ever-growing talent pool to choose from when it comes to his productions. "I've been really pleased with what we've been able to do," he said. "I try to have more of a Broadway aspect when we perform choir shows. I pick a theme, and we set up lighting, staging and really create an entire production." It is that natural showmanship that has helped lead to success for what may be Cliff's favorite project, the yearly Heritage Musical Theatre production.





When it comes to musical theater, though, a solid group of singers is only half the recipe, which is where Amy comes in. Amy grew up in Dallas, and moved to Midlothian in middle school. After graduating in 2006, she went to Texas Christian University for her undergraduate work and then immediately earned a master's degree in design production from Cal-State Fullerton. "I thought I'd stay in California and work, but then a position opened up here, and it was home, so I moved back," she detailed. Amy was in Midlothian for a year before Heritage opened its doors, and she was one of the teachers for the school's inaugural staff.

As soon as Cliff and Amy started working together a few years ago, their strengths and styles blended together like the harmonious union of choral singers that they both enjoy in their shows. "At one of the first things we did together, I looked over and Amy was giving an impromptu breathing lesson to one of the singers," Cliff laughed. "I wasn't used to having someone else who knew how to help like that, but I learned that Amy can really sing, too."

Their shared love of music is not the only key thing they have in common, as Amy has figured out. "Cliff is such a showman," she explained. "He always wants to do so much with his shows, so I can help bring his ideas to life." Within a few months of working together at Heritage, Cliff and Amy decided to do a joint effort. "My first year, there was a group of freshmen who were really talented. So, when Cliff came, it made sense for us to do a big musical theater production," Amy recounted.

# DDS<sup>®</sup>

## DENTURES+IMPLANT SOLUTIONS<sup>®</sup>

Thomas John Kennedy of Texas, DDS, PLLC and Associates  
General Dentistry



**GUARANTEED**

**at Least 10% Less**

**Than Any Other Licensed Dentist's Treatment Plan**



**Call Today to Schedule Your Free Consultation!**

**(469) 656-8474**

**1700 N Hwy 77, Ste. 200,  
Waxahachie, TX 75165  
Deo Pun, DMD**

**[www.waxahachiedentures.com](http://www.waxahachiedentures.com)**



### Snap on Denture

Lower Denture  
with 2 Implants

**\$3,995**

**\$194**

per month for 24 months

\*with approved credit

Upper or Lower  
with 4 Implants

**\$5,995**

**\$291**

per month for 24 months

\*with approved credit





**ACCESS PRIVATE  
MEDICINE**

Travis Brown, MD

## LOW TESTOSTERONE?



\*Not an actual patient

## FEEL CONFIDENT AGAIN.

Treatment for Low-T with testosterone replacement therapy can increase energy levels and restore an overall sense of well being. Once the condition is diagnosed, we will create a customized treatment plan and monitor your therapy regularly. Our clinic now offers a full range of men's health services, including testosterone replacement therapy. For men experiencing fatigue, mood changes, decreased libido, loss of muscle mass, weight gain, or problems in the bedroom, a simple blood test and a doctor's examination is often all that is needed to identify problems with low testosterone levels.

(469) 672-6687 | [www.accessprivatemedicine.com](http://www.accessprivatemedicine.com)  
423 E. Main St., Suite 3 | Midlothian, TX 76065



Within a few months of working together at Heritage, Cliff and Amy decided to do a joint effort.

Heritage has staged several musicals, along with offering joint efforts during the holidays, and this year they wanted to do something special. "That great freshmen group of Amy's are now our seniors," Cliff shared. "They've helped us grow the Fine Arts Department, but especially the musical theater program. We chose *Into the Woods* because it is this great, fun show that has a lot of great parts for these kids to bring to life." Between the main characters, the supporting cast and the technical crew, Cliff and Amy will have close to 75 students with a hand in staging the show.

Growing a program big enough to handle those needs has been a big part of Cliff and Amy's job the last three years. "Having a full campus helps, and we always hope to have new kids who want to be a part," she admitted. "But



**DESIGNING LUXURY HOMES SINCE 1998**



972-935-9710 • 130 Chieftain Dr., Suite 101 • Waxahachie, TX  
[www.plan-master.com](http://www.plan-master.com)



**The Most Comprehensive Work Out Facility In Midlothian!**

# Main Street Gym

**HAPPY NEW YEAR!**

**OPEN 7 DAYS A WEEK**

**GROUP FITNESS CLASSES INCLUDED IN MEMBERSHIP:**  
 Aquatics, Kickboxing, Pilates, Zumba, Spinning, Boot Camp & Yoga

**OTHER SERVICES:**  
 Personal Training, Massage Therapy & Child Sitting

**MAIN STREET GYM**

1000 E. Main Street • Suite 205  
 Midlothian • [www.mainstgym.net](http://www.mainstgym.net)

Healthways Silver Sneakers Fitness Program Silver&Fit Fitness Facility

**972-544-4205**




## PHYSICAL THERAPY

Clinical Service with experience, right next door!

Therapeutic Partners of Texas, PLLC prides itself in providing quality, compassionate Physical Therapy with the goal of helping restore patients back to a healthy lifestyle.

Member of the American Physical Therapy Association WorkSTEPS licensed provider.

### SERVICES:

- Orthopedic Physical Therapy Programs • Parkinson Rehabilitation
- Sports Rehabilitation Programs • Aquatic Therapy • Graston Technique
- Work Rehabilitation Programs (Functional Capacity Evaluations/Work Conditioning)

### MOST INSURANCE PLANS ACCEPTED

We offer extended hours from 7:30 AM to 7:00 PM, Monday - Friday. Contact our office at (972) 723-5005 to schedule an appointment. We will verify your insurance benefits for you.



Suzie Devitto, PT • Mindi Benner, PT  
 Hannah Rankin, DPT • Jennifer Laurence, PTA



**Bring your print projects to us**

- Black & white/full-color
- Wide-format printing
- Greeting cards & invitations
- Document finishing options
- Business cards & stationery
- Holiday cards

661 E Main St #200  
 Midlothian, TX 76065  
 972.775.2980  
[store5992@theupsstore.com](mailto:store5992@theupsstore.com)  
[theupsstorelocal.com/5992](http://theupsstorelocal.com/5992)

**Hours:**  
 Mon - Fri 8:00 AM - 6:30 PM  
 Sat 9:00 AM - 2:30 PM  
 Sun Closed

**The UPS Store**

**29¢ COLOR COPIES**  
 (8.5x11, single-sided, white 28# paper)

**7¢ BLACK & WHITE COPIES**  
 (8.5x11, single sided, white 20# paper)

**15% OFF DOCUMENT FINISHING SERVICES**  
 (binding, laminating)

**The UPS Store**

Limit one coupon per customer. Not valid with other offers. Restrictions apply. Valid and redeemable only when presented at a participating location. The UPS Store centers are independently owned and operated. © 2017 The UPS Store, Inc.



*Introducing*



Judy McGraw • Realtor® Team Leader  
 214-536-2790

Hilary Silvers • Realtor®  
 972-268-1355

Angela Gourley • Realtor®  
 817-437-7562

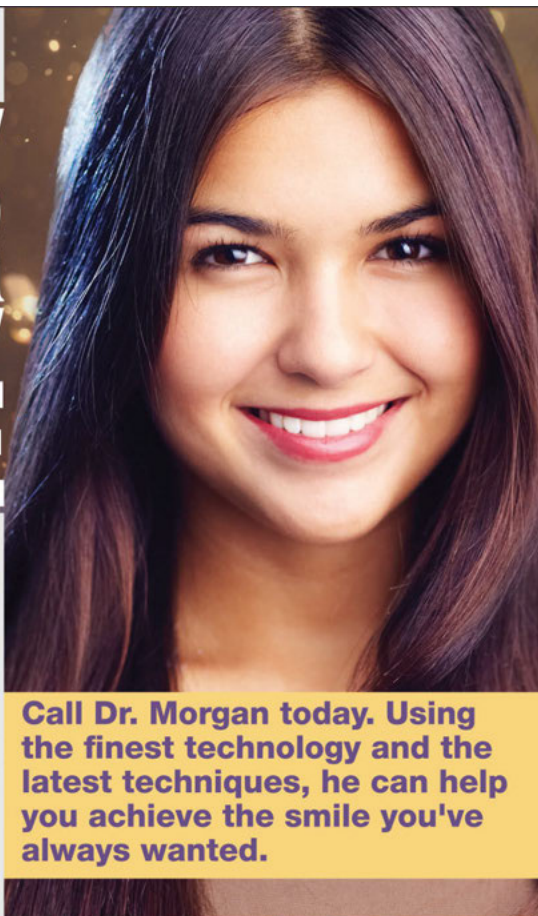




# A NEW YEAR A NEW SMILE

Aesthetic & Implant Dentistry  
**Davis W. Morgan, DDS**  
102 South 7th St. | Midlothian  
Proudly serving Midlothian for 24 years.  
**(972) 723-5544**  
[www.dfwsmiledesign.com](http://www.dfwsmiledesign.com)

**Call Dr. Morgan today. Using the finest technology and the latest techniques, he can help you achieve the smile you've always wanted.**



we really appreciate that core of seniors who have been with us since the start. We took them to see the show when it was at the Winspear. It's bright and exciting in the first act and is meatier and deals with human emotions in the second."

With Amy's specific area of expertise in the technical aspects of theater, she has been able to work with kids in both acting and stage management. "I have an advanced tech class for the first time, so I've got some kids who really thrive in those roles," she explained.

That advanced tech class is a further extension of another progression for the program. Heritage added a joint class that Cliff and Amy teach together. "I've had specialized music classes before, but this gives us the chance to really work with the kids on all aspects of musical theater," he continued. "Whether they ever do anything with theater, they get to learn so much responsibility, communication and teamwork." While they love teaching their kids skills for life, when it comes to the show, Cliff expressed a simpler goal, "When people think about entertainment in the area, I want them to know that Midlothian Heritage has the best show in town." **NOW**

*Editor's Note: Tickets are available online at [heritagetheatre.seatyourself.biz](http://heritagetheatre.seatyourself.biz) or at the box office.*

**K<sup>CPA</sup>** **McDONNELL RICHARDSON CPA, PC**  
**Certified Public Accountants**



**Principal Office:**  
**215 W. Second St.**  
**Waxahachie, TX**  
**(972) 923-2881**  
**[www.kj-cpa.com](http://www.kj-cpa.com)**

Now Open!  
107 S. Gaines St., Suite 105  
Ennis, TX 75119

**TAX FILINGS | BOOKKEEPING | PROPERTY TAX CONSULTING | TAX DISPUTE RESOLUTION**

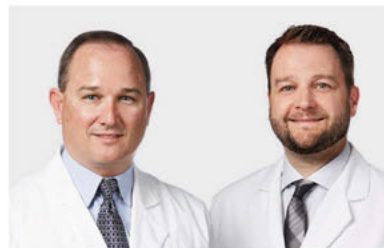


## Offering highly personalized health care to help you achieve your health goals.

Our mission is to build and maintain long-lasting partnerships with our patients by offering a highly personalized and proactive approach to a healthy life.

- 24/7 personal physician availability by telephone or email
- Same day and next day appointments
- Personal contact number for provider and care team
- Extended appointment times
- Customized wellness plans to achieve health goals
- Accepting new patients

**Accepting new Medicare patients**



Chad Coleman, MD and Matthew Moreland, DO, MPH

For an appointment or more information about Baylor Scott & White Signature Medicine – Midlothian, call **469.800.9720** or visit [signaturemedicinetexas.com](http://signaturemedicinetexas.com)



1441 S. Midlothian Parkway, Suite 110  
Midlothian, TX 76065

Physicians are employees of HealthTexas Provider Network, a member of Baylor Scott & White Health.  
©2017 Baylor Scott & White Health. BID HTPN\_3854 9.17



# Happy New Year!

We look forward to being your  
title company of choice for

**Integrity. Knowledge. Drive.**



Autumn Black



Lolly Waller



Robyn Barrere



Kim Moore



Katherine Loftis



Jo Waldrop



Sheri Scott



Jake Burkhalter



Jennifer Maggard



Vanessa Briggs



**Arlington:** 1241 W. Green Oaks Blvd., Suite 101  
Arlington, TX 76013 | 817-457-3930

**Ellis County:** 800 Silken Crossing, Suite 110  
Midlothian, TX 76065 | 469-672-8727

**Mansfield:** 1405 N. Hwy. 287, Suite 101  
Mansfield, TX 76063 | 817-453-8104

[oldrepublictitle.com/dfw](http://oldrepublictitle.com/dfw)

12/2017 | © Old Republic Title | Old Republic Title's underwriters are Old Republic National Title Insurance Company and American Guaranty Title Insurance Company.



OLD REPUBLIC INSURANCE GROUP



# Her Place

— By Zachary R. Urquhart



At Home With  
Joanne Dandridge



*For 50 years, Joanne Dandridge lived in a house in Oak Cliff. She raised a family there. She played music there, and she even spent years alone there. Now, though, as she enters her 80s, Joanne is starting over in an addition to one of her children's houses in Midlothian. Home is where the heart is, and Joanne is making a whole new place feel like home.*

Joanne was born in West Texas, but moved to this area as a young child. "Dad was a cotton ginner, but he could do just about anything, and we ended up in Dallas when I was 5," she explained. After graduating from Sunset High School, Joanne married Bob, and they moved to Washington, D.C., where he was stationed in the Army. "I've lived in Texas all my life, except for those two years," she reminisced. Once they were back, they moved into a house in Oak Cliff, where she lived for five decades.







**GTB SERVICES LLC.**  
*No job too small or big!*



(469) Interior      264 PAINTING      4489 Exterior

**\$100 OFF** minimum purchase of \$1500 with mention of ad

*Call Greg Borth for a FREE estimate.*

- Fence staining
- Pressure washing
- Drywall repairs-tape, bed and texture
- Residential and commercial
- Insurance restoration
- Trim work • Light carpentry

**OVER 20 YEARS EXPERIENCE**



**Congratulations**

**David Rankin, Maintenance Technician**

**Safety Person of the Year**

**with Michel Moser, Plant Manager (left)**





Bob and Joanne had four children. Rita lives in North Richland Hills. Russell lives in Arlington. Karen and her husband, Bryan, are in Midlothian. And her oldest daughter, Paula, passed away two years ago. Joanne has six grandchildren, and she just welcomed her 10th great-grandchild. "Once I was done raising the kids, I started helping watch the grandkids," she said with a smile. "I always had kids around my house, and I still get to see

my great-grandchildren a lot." Bob and Joanne eventually separated, and he passed away several years back, so she lived independently for quite some time before deciding to move in with Karen and Bryan last year.

Joanne is in good shape, all things considered, but she made a decision with her family to move now. "I've had heart problems, and my kids wanted to be able to take care of me," she said. "It's taken a little time, but

I'm starting to think of this place as my home. Karen has lived here so long that I couldn't think of anywhere I'd rather be than Midlothian. I've heard how great it is for *so* long." Having lived on her own for a while, Joanne takes herself back to Oak Cliff for church every week, and she has no problem if Bryan and Karen go out of town for an extended stay.

Her home is a quaint addition to an unassuming house at the end of

SMALL TOWN ATTENTION



# Big City Results

You do not have to seek legal representation from big city lawyers in Dallas or Fort Worth. Robin McCarty & Associates proudly serve individuals throughout the state of Texas.

CRIMINAL

FAMILY



ROBIN MCCARTY  
& ASSOCIATES

Contact us at:

**972-775-2100**

423 E. Main St. • Midlothian

[www.robinnccarty.com](http://www.robinnccarty.com)





# TURF-SCAPE

LANDSCAPE AND IRRIGATION

**NOW IS THE TIME TO  
GET STARTED ON  
OUR WEED CONTROL  
AND FERTILIZATION PLAN!**

- ✓ PRE-EMERGENT HERBICIDE
- ✓ POST-EMERGENT HERBICIDE
- ✓ FERTILIZATION
- ✓ CORE AERATION OF LAWN

WE ALSO OFFER LAWN PEST TREATMENTS!  
FIRE ANT CONTROL | FLEA CONTROL | GRUB WORM TREATMENTS AND MORE!

**972-938-2956 | WWW.TURF-SCAPE.CO**

EMAIL US! [INFO@TURF-SCAPE.CO](mailto:INFO@TURF-SCAPE.CO)

Licensed by Texas Department of Agriculture. TDA#0513565 | TCEQ Licensed Irrigator 21841 | BPAT#16386



**50% OFF**  
**Registration Fee!**  
If enrolled in the month  
of January!

**KIDS**  
CARE CENTER

114 S. 14th St., Midlothian, TX • 6 AM-6 PM  
972-775-KIDS(5437) • [midlothiankids.com](http://midlothiankids.com)

MAKE 2018 A YEAR TO REMEMBER!  
Call to reserve your New Look!

**10% OFF** Anything  
in the store!  
When you mention this ad.

*Eye Candy*

 [eyecandytx](https://www.facebook.com/eyecandytx)  
 [eyecandytx](https://www.instagram.com/eyecandytx)  
[#eyecandytx](https://www.instagram.com/eyecandytx)  
[#midlothianmonatgirl](https://www.instagram.com/eyecandytx)

509 George Hopper Ste., B, Midlothian  
**214-704-3027**

**Speedy**  
ELECTRIC & A/C

START THE NEW YEAR  
**WITH A NEW, RELIABLE HVAC SYSTEM!**  
FREE ESTIMATES ON NEW EQUIPMENT INSTALLATIONS.

*HAPPY  
New  
Year  
2018*

**CALL US TODAY! (214) 382-0780**  
TACLA20021E • TECL26748

Like Us On  **facebook**





# AA SEAMLESS GUTTERS

French Drain Installation Available!

**Over 1 million**  
feet of seamless  
rain gutters installed

**ELLIS COUNTY'S #1 CHOICE**  
for seamless rain gutters for over 20 years.

**Call today 214-212-4667**

5-Year Workmanship Warranty

a cul-de-sac that belies the many stories of the woman who lives in the back room. "The whole time they were designing it, I didn't realize I would get my own entrance," she admitted. A bit of greenery dots her special walkway that allows her more independence than a typical mother-in-law suite within a house. "And the kids took care of everything. Karen had the furniture all laid out and the photos and decorations all ready when I moved in." One wall is covered with photos of all Joanne's descendants, complete with space for updated photos of the entire extended family.



Under the photo wall sits a true gem, a table that belonged to Joanne's grandfather. "I used to play under that table next to his feet while he worked," she recalled. "When Rita was having it refinished, I told her to keep the stain from where his oil lamp sat each night." That table is one of many treasures in the home, including a beautiful dresser and bed. "My friend, Tom, was a preacher and an antique dealer," she explained. "He found this headboard that had been painted black, but he knew what was underneath. There is a unique burling that he knew would be there."

More beautiful than the bed, though, are the pictures next to it. There is a painting that her mom did before she was born, as well as a photograph of a young Joanne sitting next to her mom on a piano bench. "My mom was a well-known singer



# FOOT PAIN?

**WE TREAT**

- Arch Pain • Fractures • Arthritis
- Hammertoes • Bunions
- Diabetic Complications and Amputation Prevention
- Ingrown Toenail
- Pediatric Flatfoot
- Many other foot and ankle conditions

**1441 S. Midlothian Pkwy., Ste. 120**  
**Midlothian, TX 76065**  
located behind InterBank in Baylor complex

**972-755-4620** PHONE  
**972-755-4622** FAX  
southernstarfootandankle.com

**Christopher D. Schmitt, DPM**  
Associate, American College of  
Foot and Ankle Surgeons



and piano player,” she recounted. “I would go with her, so she could play for this Methodist minister who had a radio show, and that day there was a photographer. But he made me sit behind her on the stool, and you can see in the picture that I’m still not happy about that.”

Joanne followed in her mother’s musical footsteps. “I love being able to serve by playing music, and people really love hearing the organ going,” she said. “The week I moved in, I missed a turn on the way back to church, so I had to call the preacher and tell him I wouldn’t be there,” she laughed. “But most weeks I’m there playing the organ.”

Aside from photos, Joanne also proudly displays art and mementos from some of her family around the house. The bathroom is decorated with a sign her granddaughter made showing the important events of 1936, the year Joanne was born. Above the small selection of her library she brought, Joanne has a piece that the same granddaughter painted of Paula. “Bob and I were foster parents for a few years when the kids were young, but in school,” she shared. “Paula ended up working with Buckner International, and then helped start Orphan Outreach.” Past the windows that give Joanne a view of the backyard, her entry table has photos that Russell took on a trip to Africa several years ago.

Just outside the door that leads to the rest of Bryan and Karen’s house, sits the ideal last piece of art: a sign that simply reads *Joanne’s Place, est. 2017*. “Whenever they were building the addition, they would always say, ‘We’ll do this to Joanne’s place,’ or, ‘Let’s take that to Joanne’s place,’” she detailed. It is the perfect reminder that even though her family is just down the hall, she is still the same independent lady who drives herself to church every Sunday, as long as she does not miss her turn. **NOW**



## MIDLOTHIAN PLUMBING

WATER HEATERS • DRAIN CLEANINGS • LEAKS  
GAS WORK • RESIDENTIAL • LIGHT COMMERCIAL

*Don't just settle for any plumbing company.*



*Call Us Today!*

# \$25 OFF

ANY SERVICE  
JUST MENTION THIS AD

214-684-7289 • [www.midloplumbing.com](http://www.midloplumbing.com)  
Local - Licensed - Loyal • Happy New Year Ellis County  
MASTER PLUMBER/OWNER TOMMY EWTON M21222







Licensed by: Texas State Board of Plumbing Examiners  
P.O. Box 4200 • Austin, TX 78765 • 512-936-5200

# LONG family

A legacy of smiles. | DENTAL



**Celebrate the NEW Year with a NEWLY WHITENED Smile!**

*Free whitening for life with new patient appointment.*



Dr. Chris Long and Dr. Robert Long

Now in-network with: Assurant, Sunlife, Aetna, United Concordia Alliance, UMR, Blue Cross/Blue Shield of TX, Guardian  
Call our office to verify coverage.

**CALL TODAY FOR APPOINTMENT** **972-775-3192**

4470 E. Hwy. 287, Suite 1200, Midlothian, TX 76065  
[www.longfamilydental.com](http://www.longfamilydental.com)



## Home loans just became even more affordable.

- 100% financing available
- FHA financing with 580 FICO minimum credit score and a max LTV/CLTV of 96.5%
- Guild 1% Down Loan program
- First-time homebuyer programs
- Cancellable, reduced mortgage insurance
- Refinance to rehabilitate your home



Contact me today for your free consultation!



### Charly Ledbetter

Loan Officer | NMLS #1170714  
100 Plaza Dr., #500 Red Oak, TX 75154  
M: 469.337.1828 | cledbetter@guildmortgage.net

### Apply Online

charyledbetter.com

# Guild

## mortgage

Guild Mortgage Company is not affiliated with City Real Estate. Guild Mortgage Company is an Equal Housing Lender; NMLS #3274. All loans subject to underwriter approval; terms and conditions may apply. Subject to change without notice. (17-96535)

## Jerry's J&W Carpets

Great Values Everyday Since 1971!

Still Offering Small Town Values!

Come See Our Large Showroom Selection!

305 E. Main • Midlothian  
972-723-8312 • 972-723-2449  
972-299-5484 • Metro 972-299-6106

Financing Available  
No Interest - Upon approval

Wood • Carpet • Tile • Laminate • Vinyl • Backsplashes • Showers & more

Your **LOCAL** real estate professional

**Named Best of the Best 2014-16**  
by D Magazine!

**Jan Davis**  
ABR, ASP, CRS, GRI, SRES

Top Office Individual Producer  
Company-wide Top 30  
Historic Home Specialist

**(214) 707-4955**  
jandavis@ebby.com  
www.calljandavis.com



# WORD DERMATOLOGY

**Andrew Word, MD**  
Board Certified Dermatologist

Medical Dermatology,  
Skin Cancer Screening & Surgery,  
Cosmetic Dermatology

UT Southwestern Dermatology  
Chief Resident  
UT Southwestern Medical School

Accepting most major insurance  
plans, including Medicare.

**Call to get scheduled today!**



2460 North I-35E  
Suite 285, Waxahachie

**Open 5 Days Weekly**

**972-736-DERM (3376) | [www.worddermatology.com](http://www.worddermatology.com)**



① /FAITHARMORYTX

**507 US HWY 77, STE 404  
WAXAHACHIE, TX 75165**

(NEXT DOOR TO BIG LOTS)

**972-755-1770**  
VETERAN OWNED

**TUES - SAT 10 AM - 7 PM**

**GUNS, AMMO,  
FREEDOM, GEAR**

**[WWW.FAITHARMORYTX.COM](http://WWW.FAITHARMORYTX.COM)**

## In-House Laboratory

- Immediate results so we can give immediate diagnoses
- No delay in treatment so your pet starts recovery faster
- Annual tests identify issues earlier

*Call us for an  
appointment today!*



**972-617-9996**  
**3357 Ovilla Road in Ovilla**  
**[www.OvillaVet.com](http://www.OvillaVet.com)**  
**7am-6:30pm Monday-Friday**

Everything from wellness and preventative care  
to advanced diagnostics and surgery...  
on every pet from cats and dogs to reptiles and birds



# Where Are They NOW?

Eddie Johnson

— By Virginia Riddle



A move from Cedar Hill to Midlothian in the eighth grade set Eddie Johnson on a career path that resulted in his recent move to Dallas. There he has opened his own business, The Crew Fitness. Around Midlothian, however, Eddie is best known as the son of Eddie Sr. and Jeanette Johnson and brother to Joseph, as well as for his agility on the gridiron as one of Midlothian High School's former Friday night heroes. He thrilled fans his senior year at MHS by catching 48 passes for 814 yards and eight touchdowns. As such, Eddie was featured in *MidlothianNOW*'s September 2009 issue.

Following high school, Eddie attended Hargrave Military Academy, a college prep academy in Virginia, and then he returned to Texas to play for Navarro College during the 2012 and 2013 seasons. Eddie's gridiron talent grew, and during his sophomore year at Navarro College, he caught 27 passes for a total of 351 yards and five touchdowns. "We went on to win two back-to-back Southwest Junior College Football Conference championships and two back-to-back C.H.A.M.P.S. Heart of Texas Bowl games," he said. Navarro College finished the 2013 season at 10-2, and in the final NJCAA poll, the

college was ranked No. 4. Eddie finished his college career at Louisiana Tech University as a tight end, winning the Heart of Dallas Bowl against Illinois in 2014.

Even for the best, there is only a limited time to play football, as each player advances into a tougher level of competition and the physical challenges of playing as one ages become greater. "After college, I had an opportunity to play arena football with the Dallas Marshals and went into training again. But I came to realize football had been a great experience, and I'd had a great career, but it was time to do something else," Eddie admitted. Armed with a solid education and positive outlook, he was ready to put his athletic experiences to good use and take that next step.

Atlet Sports offered Eddie an opportunity that brought him back to Midlothian to train and build his career. "Midlothian has really been good to me," Eddie explained. "I had over 15 football scholarship offers during high school."

After his time at Atlet, Eddie took a leap of faith and started The Crew Fitness. "Cyrus Gray, a former Texas A&M University and Kansas City Chiefs running back,



and I were close friends during this time. He introduced me to those at Vault Aviation who helped me get established."

Eddie is very thankful to his family, especially his parents. "I have to give a shout out to them," he said. "My dad taught me everything, and my mom had the heart. I thank them so much for all they've done. I also give credit to God for all He's done in my life. Three years ago, I was poor. With God and the guidance of family and friends, things have definitely turned around for me."

His positive outlook has worked well for him, so Eddie is advising others who are following in his path. He often tells young people to strive toward being their own boss by owning their own business. "I was really poor in Louisiana, and now, three years later, I own my own business, and everything's working really well. Everyone should want to be the captain of their own ship. Follow your dreams. You can do whatever works for you and succeed," he said.

**"My dad taught me everything, and my mom had the heart."**

Eddie emphasizes that fitness is also for everyone. "At TCF, we have age groups starting with 5- and 6-year-old kids with no upper age limits for adults," he said. "We get all ages to understand how to get and stay fit by developing and using their muscles correctly. I have a great philosophy of life and work, and I love what I'm doing!" **NOW**



**972-617-3161**

**DON'T LET THE IMITATIONS FOOL YOU!**

**LIFETIME WARRANTY**

- Bed Liners
- Dustless Blasting
- Collision Repair
- Insurance Claims
- Complete Line of Truck Accessories

**NOW AVAILABLE  
Paintless Dent  
Repair!**



**403 S. Hwy. 342 • Red Oak, TX 75154 • Email: [linex0397@sbcglobal.net](mailto:linex0397@sbcglobal.net)**



Your preferred orthopaedic practice in Ellis County is now more accessible with the addition of **Josh McSpadden, D.O.** joining the Waxahachie Orthopaedics and Sports Medicine Team and Dr. Marc Roux.

### **SPECIALIZING IN:**

- Sports Medicine
- Hand Surgery
- Joint Replacement
- Anterior Total Hip Replacement
- Fracture Care
- Robotic Surgery

## **WAXAHACHIE ORTHOPAEDICS & SPORTS MEDICINE**

**1328 W. Hwy. 287 Bypass, Ste. 100  
Waxahachie, TX 75165**

**972-923-9999 | [www.rouxortho.com](http://www.rouxortho.com)**



# Professionalism, Integrity, Results...



Back Row - Left to Right

**Kathy Lakatta**  
817-905-3229  
kathylakatta@ebby.com

**Jana Jackson-Hurta**  
817-919-8982  
janajackson@ebby.com

**Joel Arredondo**  
682-465-5591  
joelarredondo@ebby.com

**Debbie Kerschen**  
817-925-5605  
debbiekerschen@ebby.com

**Julie Owens**  
817-307-8050  
julieowens@ebby.com

Seated Left to Right

**Mary Prunty**  
817-994-1150  
prunty@ebby.com

**Barb Rau**  
817-944-9856  
barbrau@ebby.com

**Tricia Wilson**  
817-308-4963  
triciawilson@ebby.com

Leading REAL ESTATE COMPANIES IN THE WORLD

## PARTY LIKE PICALS SO

Art Parties are available for ages 5 and up. Contact us to book your Art Party today!

Have Fun, Paint, Eat, Drink & Leave With Your Own Masterpiece!



*All You Can Make Earrings!*

WED. FEB. 7 @ 6PM-8PM  
FOR AGES 9 TO ADULT \$15  
ALL SUPPLIES INCLUDED

*Session 1: Adult, Teen, & Kids Art Classes - starts Jan. 8th*

Early Registration Discount - Adult  
6-week classes as low as \$150/Kids as low as \$101.

Can't make the commitment for a 6-week class ... Don't hesitate, give us a call for special drop-in rates! Offer ends 1/7/18, sign up today for the class of your choice. (Deal is not valid with any other offers or promotions).



# VISUAL EXPRESSIONS

www.veartgallery.com • 972-293-1117 • 1425 N. HWY 67 Cedar Hill TX 75104





**DIET SOLUTION**  
WEIGHT LOSS CENTERS

[www.dietsolutioncenters.com](http://www.dietsolutioncenters.com)

Dr. Richard R. Knight, M.D.

## Jackie D., Mansfield, TX

I love to eat, and it shows. I got up one day, looked in the mirror and didn't recognize the person looking back at me. With health and mobility issues, I said, "This is it. Something must be done." The next day I did a Google search and came upon the Diet Solution Centers website, and I said to myself, "What do I have to lose?". Boy, am I glad that I called to schedule my initial visit. I started out exercising every day, but with my busy schedule and working two jobs, I had little to no time to work out. I just stuck to the plan without cheating and here I am, 65 pounds gone in 19 weeks. I feel like a new person and love myself again! If I can do this while working two jobs, so can you!



**Before**



**After**

**Jackie lost  
65 lbs.  
in 19 weeks.\***

Mention  
this ad for  
**\$99 OFF**  
**initial visit!**

*Expires 1/31/18*

\*Individual  
results  
may vary.

### **MANSFIELD**

920 U.S. Hwy. 287 N., Suite 306  
(At Walnut Creek in Tom Thumb Shopping Center)

**817-453-3438**

### **PANTEGO**

2542 West Pioneer Parkway  
Pantego, TX 76013

**817-277-3438**

### **CROWLEY / BURLESON**

740 S. Crowley Road, Suite 2  
(Next door to I-Fit Elite Gym)

**817-297-2100**



In the  
FAST L





— By Derek Jones

# ANE

*The email was a complete surprise. It contained a message from a representative of USA Cycling inviting Tyler Cobbs to Colorado Springs, Colorado, to do some power evaluations for a chance at a spot on the USA Olympic track cycling team. "I sent in some of my track results to USA Cycling and was shocked when I got the invite to be flown out to the Olympic training center for testing," Tyler shared. "Actually, I kinda freaked out." After the shock wore off, he became excited about the once-in-a-lifetime opportunity.*

Tyler has been riding bicycles since he was a young boy. He laughed as he recalled his youth spent on two wheels. "Me and my friends were really into freestyle BMX riding, and we would sometimes skip school to spend the whole day riding our bikes." Still grinning, Tyler added, "We would be back for dinner before anyone knew we were gone."

Soon, however, he moved on from BMX bicycles and began riding mountain bikes and road bikes. This is when he discovered his real talent. "I'm not built for long distances," Tyler explained, "but I can hold 45 mph in a sprint." This ability to sprint



**SARDIS**  
Tires & Wheels  
*Happy New Year*  
631 Sardis Road • 972-937-4177  
www.sardistiresandwheels.com  
(Just off 287 between Waxahachie & Midlothian in Sardis)  
Guaranteed lowest prices!



## METHOD POOLS & SPAS

**972-765-3294**

**NEW POOLS | WEEKLY CLEANING SERVICE | REPAIRS**  
**CABANAS/PERGOLAS • FIREPLACES/FIREPITS • OUTDOOR KITCHENS**



**GET 50% OFF FIRST MONTH OF WEEKLY SERVICE**  
**120 N HWY 77 SUITE A (WAXAHACHIE) METHODPOOLS.COM**



# M Midlothian Chiropractic & Therapy

FULL SERVICE FAMILY CLINIC OFFERING:

- Chiropractic
- Massage Therapy
- Rehab
- Sports Medicine
- Auto Accidents
- Most Insurances Accepted

218 W. Ave. F • Midlothian, TX

**972-775-2550**

www.ChiroMidlo.com



opened doors for Tyler, and soon he became a regular at the Frisco Velodrome, where he could rely on his skill as a sprinter to compete on the indoor track.

Along with working a job and attending school as a student at The University of Texas at Arlington, he spends a great deal of time training. Tyler confessed, "I have been so busy lately, it has been difficult to train as much as I need to." To stay in shape, he competes on the UT Arlington mountain bike team, trains at the velodrome and does squats to strengthen his legs for the demands of high-intensity sprinting. "Riding off-road on my mountain bike sharpens my bike handling skills and makes me a better sprinter on the track," Tyler stated. Although extremely busy, he is clearly dedicated to his sport.

His commitment has paid off as USA Cycling recognized his potential as a track cyclist. Tyler reflected on being one of the 25 cyclists invited to the Olympic Training Center. "Going to train in Colorado Springs with Olympic coaches was an amazing experience," he said. Along with cyclists, Olympic hopefuls in rugby, skeleton and bobsled were also there. "It was both humbling and exciting to be among all these great athletes," Tyler admitted.

One of the cycling stars he met at the training center was eight-time world champion in track cycling,

**Lose Weight Now**  
*Ask Us How*

Lose  
up to  
**30**  
POUNDS  
in 30 Days

**Safe and Effective**

**Affordable**

**Physician Supervised**

**Rapid Weight Loss**

**Sustainable Results**

**Special Focus on  
Problem Areas**

Call Today To Schedule  
Your FREE Initial Consultation  
**214.550.0680**

Introducing Our New  
**Medical Weight  
Loss Program**

**Ask about our  
introductory  
offer!**

We Accept almost all Major Medical  
Insurance Including Medicare

Please Come Visit Us at:  
University Plaza, 401 N. Hwy 77 • Suite #1  
Waxahachie, TX 75165  
[WWW.VCAREHEALTH.ORG](http://WWW.VCAREHEALTH.ORG)



**V-Care Health Services**

**.....Live Life Pain Free**



Sarah Hammer. Sarah is also a four-time silver Olympic medalist in track. "Meeting her was awesome, but receiving guidance and advice from someone with her experience was invaluable," he stated. Tyler hopes to take all he learned while at the training center and apply it to his upcoming track season.

NBC was also on hand at the Olympic Training Center filming for a program titled, *Scouting Camp: Next Olympic Hopeful*. Reflecting on the filming, Tyler stated, "It was strange to have a film crew there shooting our torture tests for a television show, but I tried to not be distracted and remained focused on my cycling performance. I have not actually seen the program."

Tyler's girlfriend, Lauren Vanpool, chimed in with a grin, "Oh, I watched it for sure with my best friend and mom. Because they were filming all the athletes, it was hard to spot Tyler. We did, however, pause it whenever we saw him. We had so much fun spotting him." The program, in its entirety, can be viewed at [www.NBCsports.com](http://www.NBCsports.com).

Tyler readily admitted the importance of his family and growing up in a community like Midlothian. "They have always supported me, no matter what," he said. "I would not be where I am today without them."



We Pay Cash for Gold, Diamonds & Platinum

*Wishing Everyone a Happy. Happy New Year!*

**Lee's Jewelry**  
MIDLOTHIAN'S JEWELER

Jewelry Repair & Sizing  
All Jewelry Repairs Done on Premises

**WATCH BATTERY \$2.50**  
Plus Tax • Installed  
One Battery Per Coupon. Does Not Include Special Order Battery. Expires 1/31/18

MasterCard VISA American Express Discover Facebook

**YOU HAVE ENOUGH TO WORRY ABOUT**  
*Trust Ferrellgas to deliver.*

At Ferrellgas, we are proud to provide our customers the service they can depend on throughout the year. It's a little-known fact that Ferrellgas customers rest easy knowing their propane service is in the hands of a trustworthy neighbor. As a Ferrellgas customer, you can enjoy the following range of benefits.

**Keep Full Service**  
Ferrellgas' elite program that automatically schedules a delivery when our records indicate you need a fill.

**Budget Billing**  
The ability to spread your heating costs across a 9-month or 12-month period.

**Customer Referral Program**  
A referral program that pays you back when you refer family, friends, co-workers, or neighbors.

**Nationwide Supply Network**  
Rest easy knowing that Ferrellgas customers have the propane they need when they need it.

**Switch to Ferrellgas and receive:**  
**\$25 OFF**  
your first delivery.  
Offer expires Month 03/31/2018

**Plus, enjoy:**

- FREE tank switch-out
- FREE tank rent
- NO DELIVERY FEES

We look forward to hearing from you.  
**972-207-9228**  
Mention promo code **STAYWARM**

Certain restrictions apply. Offer does not include other fees applicable to your account. Offer applies to new residential customers on future deliveries only. Minimum fill may be required. SMC 2/6/27

**Ferrellgas**





We accept most insurance.

# soothing

## DENTAL

**John Vinton DDS**  
Midlothian Native

Call Or Visit Us Online To  
Schedule An Appointment

**214-306-7065**  
[soothingdental.net](http://soothingdental.net)

Office is Open Monday-Saturday  
7 a.m. to 7 p.m. Appointments Available

1131 George Hopper Rd., Ste. 100  
Midlothian, TX

Ultimate Comfort,  
*Ultimate Care.*



**FREE WHITENING KIT**  
**WITH NEW PATIENT EXAMS,**  
**CLEANINGS & X-RAYS**

**Wishing You a Happy & Prosperous New Year**



(L-R): Fabian De La Torre, Jesse Law, Mike Law, Kellie Law



**LONE STAR**  
  
**FLOORCOVERING**

**FREE**  
**Estimates**

Hours:  
Mon. - Thurs.: 8-6 &  
Fri.: 8-5 or by appt.

Interior Design Showroom



[www.lonestarfloor.com](http://www.lonestarfloor.com)

2203 W Ennis  
Avenue  
in Ennis  
972-872-9811

**FINANCING AVAILABLE**

\*See store for details.



Tyler was diagnosed with spina bifida as a child, and it still causes him pain and discomfort while on the bike. He offered these words of advice: "Never let anyone tell you that you can't do something." With conviction in his voice, he continued, "People tried to tell me that cycling was the wrong sport for me because of my condition, but I have proven them wrong." With strong support from his family and friends, a condition like spina bifida has no chance of slowing Tyler down.

What is next for Tyler? For now, all he can do is hope and wait on an official invite from the U.S. Olympic Committee to attend the Olympic Trials. This would be a dream come true, because, as Tyler stated, "I love to compete against the best." However, Tyler is not resting on his laurels. "Right now, I am focused on the mountain bike season at UT Arlington, and then I will turn my attention to the upcoming track season in spring."

It seems nothing will slow Tyler down in his pursuit to become faster on the bike. "He is stubborn," Lauren shared, "but it translates to determination on the bike." Whatever the future holds for Tyler, it's clear he has no intention of exiting the fast lane anytime soon. **NOW**



# HANSON

## IRON WORKS

ELLIS COUNTY'S #1 SOURCE FOR CUSTOM  
WROUGHT IRON FOR OVER 20 YRS.

\* WROUGHT IRON FENCES & GATES \* AUTOMATIC GATE OPENERS \* STONE & BRICK COLUMNS  
\* WOOD & IRON FENCE COMBOS \* SERVICE AND REPAIR ALL GATE OPENERS \* BALCONY RAILINGS



**972-775-3091**

VISIT US ONLINE AT [WWW.HANSONIRONWORKS.COM](http://WWW.HANSONIRONWORKS.COM) FREE ESTIMATES



**Happy New Year!**  
YOUR FRIENDLY, LOCAL TAX  
EXPERTS ARE JUST AROUND THE  
CORNER & HAPPY TO HELP!

 **LIBERTY  
TAX  
SERVICE**

**NOW  
HIRING**  
Training Provided  
Call for Details

*Independently Owned & Veteran Operated*  
910 E. Main St., Ste. 700, Midlothian  
**(469) 672-6505**  
[libtax20431@gmail.com](mailto:libtax20431@gmail.com) 

**THE VACUUM SHOP**  
SALES • SERVICE • SUPPLIES  
NEW & USED VACUUMS Since 1976

**Vacuum Cleaner Tune-up  
\$29.95**  
Check electrical, motor & wiring  
Test brush roll and suction  
Clean inside and out - Replace bag & belt  
Present Coupon, Expires 1-31-18 MID

400 W. Jefferson, Waxahachie  
(972) 937-3900 • [www.vacuumshoponline.com](http://www.vacuumshoponline.com)  
Monday - Friday 8:30 to 5:00 • Closed Saturday & Sunday



NEW YEAR.  
**NEW OPPORTUNITIES.**

BEGIN YOUR  
JOURNEY TO A  
NEW YOU TODAY!

**N | NAVARRO  
COLLEGE**

*where your journey begins...*

SPRING REGISTRATION ENDS 1/10/18. CLASSES BEGIN 1/16/18.

**1.800.NAVARRO | WWW.NAVARROCOLLEGE.EDU**

Navarro College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities



CookingNOW

*In the Kitchen With*

SUE FRESHWATER

— By Lindsay L. Allen

With a creative side and a desire to express that in her baking, Sue Freshwater loves to be in the kitchen. Her recipes combine the best of the old with the new, finding inspiration from recipes her mom copied for her before her passing, and also drawing ideas, especially decorating ideas, from the Internet. “My mom was a great cook, but I love to bake,” she said. “I love to watch YouTube and find ideas from ladies who have been in the kitchen far longer than I.”

You can find more of her goodies and creations on Facebook at Sue’s Sweets Midlothian. On special occasions, you can find the Freshwater family enjoying a traditional breakfast featuring Sue’s famous fruit pizza. “I make it for all five kids, with each child’s favorite fruit on top.” **NOW**

## Sue Freshwater’s “World Famous” Fruit Pizza

*Pizza:*

**Baker’s Joy cooking spray**  
**1 roll Pillsbury refrigerated sugar cookie dough**  
**2 8-oz. pkgs. cream cheese**  
**1 cup sugar**  
**1 tsp. vanilla**  
**Kiwis, to taste**  
**Strawberries, to taste**  
**Bananas, to taste**  
**Pineapple chunks (packed in their own juice), to taste (divided use)**  
**Mandarin oranges, to taste**

*Glaze:*

**1/2 cup sugar**  
**1 Tbsp. corn starch**

**1. For pizza:** Preheat oven to 350 F. Prepare a pizza pan with cooking spray; spread out

cookie dough like pizza crust and bake for 10 minutes, until golden brown.

**2.** Mix cream cheese, sugar and vanilla; pour on top of cooled cookie crust. Slice kiwis, strawberries, bananas, pineapple chunks (reserve the juice) and mandarin oranges. Arrange on top of the pizza. Be sure to use your imagination!

**3. For glaze:** Mix 1 cup of reserved pineapple juice, sugar and corn starch. Boil until thick. Cool; pour over pizza.

## Lemon Cut-out Cookies

*Makes about 4 dozen, depending on size and shape of cutters used.*

*Cake:*

**1 cup unsalted butter, softened**  
**1 1/2 cups sugar**  
**1 egg**  
**1/3 cup lemon juice**  
**2 3/4 cups flour**  
**1 tsp. baking powder**

**1/2 tsp. baking soda**  
**1/4 tsp. salt**

*Lemon Royal Icing:*

**2 lbs. powdered sugar**  
**4 1/2 Tbsp. meringue powder**  
**1/4 cup strained fresh lemon juice**  
**1/4 cup plus 2 Tbsp. warm tap water**  
**1 tsp. cream of tartar**  
**1 Tbsp. vanilla extract**

**1. For cake:** In a large mixing bowl, beat together butter and sugar until creamy. Add egg and lemon juice; beat well.

**2.** In a separate bowl, combine flour, baking powder, baking soda and salt. Gradually beat flour mixture into creamed mixture. Beat until well-mixed. Dough will be soft.

**3.** Divide dough in half. Wrap each half in waxed paper, and then wrap it in plastic wrap. Chill for at least two hours in the freezer. After dough has chilled, preheat oven to 375 F.

**4.** Roll dough onto a lightly floured surface to 1/8- to 1/4-inch thickness. Cut out shapes with cookie cutters and place on ungreased cookie sheets.

**5.** Bake at 375 F for 8-10 minutes or until edges are slightly golden brown.

**6. For icing:** Sift powdered sugar into a mixer. Using a whisk, mix meringue powder with fresh lemon juice and warm water, until slightly foamy. Add cream of tartar; mix again. Add all the powdered sugar at once. Using your stand mixer on the lowest setting



with the paddle attachment, mix for about 3 to 4 minutes; add vanilla extract. Continue mixing for another 5 to 6 minutes. Scrape the bowl once, and beat again. When icing is done, it should be stiff. Frost cookies once they have cooled.

## Fancy Cake Mix

- 1 cake mix
- 2/3 cup sour cream
- 1 cup milk
- 3 eggs
- 1 Tbsp. oil (1/4 cup cooking oil if using a chocolate cake mix)
- 1 tsp. vanilla extract

1. Preheat oven to 325 F.
2. Mix all ingredients; bake per the directions on the cake mix package.

## Sugar Cookies

- 2 cups unsalted butter, room temperature
- 2 cups granulated sugar
- 1 Tbsp. vanilla extract
- 2 large eggs
- 6 cups all-purpose flour
- 1 Tbsp. baking powder
- 1 tsp. salt

1. Cream the butter with the sugar until light and fluffy, in the bowl of a mixer, using the paddle attachment. Add vanilla extract.
2. Add eggs to the creaming butter/sugar mixture one at a time. Be sure to stop the mixer and scrape the sides of the bowl after each addition, and do not add the next egg until the creamed mixture has absorbed the first addition.
3. Sift together the flour, baking powder and salt. Add it all at once to the creamed mixture. Mix just until it is all combined.
4. Turn the dough out onto a lightly floured work surface; knead the dough mass and all of its fragments into a disc.
5. Wrap dough disc in plastic wrap; chill for at least two hours. (Keeps up to a full week if refrigerated.)
6. When ready to bake, mash the dough together and re-knead it. Then re-roll on a lightly floured work surface until pliable.
7. Cut your shapes, dip in sugar or leave plain. Place on a parchment-lined sheet pan. Bake at 350 F until cookies begin to brown on the edges, approximately 14-18 minutes.

To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).



**deeper journeys**  
ladies conference

THE AVENUE CHURCH  
MARCH 2-3, 2018  
WAXAHACHIE AND ENNIS  
TICKETS: [DEEPERJOURNEYS.COM](http://DEEPERJOURNEYS.COM)



JENNA LUCADO BISHOP   KERRY DAVIS SCHEER   PAIGE HENDERSON   MEREDITH ANDREWS

**Space Available  
Call NOW!**

**SPRINGBROOK HOUSE**

*Assisted Living Residence*



- \* A comfortable, home-like setting
- \* Medication supervision
- \* Scheduled activities
- \* Nutritious meals
- \* Specially trained staff
- \* Assistance with activities of daily living
- \* Caring for residents with memory loss
- \* Quiet neighborhood location, family owned & operated since 1999




**Alternative Care Since 1999**  
**972-723-0597 • [MidlothianSpringbrookhouse.info](http://MidlothianSpringbrookhouse.info)**  
 LIC 030312



# Ebby Halliday

## REALTORS



BusinessNOW

## Ebby Halliday, Inc./Jan Davis

— By Virginia Riddle

### Ebby Halliday, Inc./Jan Davis

515 N. Cedar Ridge Dr., Ste. 1, Duncanville, TX 75116  
(214) 707-4955 • [jandavis@ebby.com](mailto:jandavis@ebby.com)  
[www.calljandavis.com](http://www.calljandavis.com)  
Facebook: Jan Davis Realtor

**Hours:** Please call to schedule an appointment.

With 34 years' experience as a real estate salesperson, Jan Davis knows the importance of listening to what buyers and sellers say, and sometimes, even what they don't say. "I know buyers and sellers' needs and walk them through the process," Jan said. "I treat everyone like they're family and how I would want a real estate professional to treat my family. I work mostly from referrals now and have become the family Realtor by helping a third generation of family for some of my first buyers and sellers."

Another trademark of Jan's service is communication. "I like to keep everyone in the transaction on the same page, while talking about realistic expectations. Buying and selling a house are two of the most stressful aspects of life. However, it ought to be a fun experience. I like to ease the stress and have closings that are happy," she explained.

With an Ebby Halliday office in nearby Duncanville, Jan specializes in residential, commercial, lake and golf course properties and new construction in Ellis County and nearby communities. An admitted Type A personality, Jan is a member of the MetroTex Association of Realtors, the Texas Association of Realtors and the National Association of Realtors. She's earned the coveted designations: ABR (Accredited Buyer's Representative), CRS (Certified Residential Specialist), GRI (Graduate REALTOR® Institute) and SRES (Seniors Real Estate Specialists). Jan has also earned the ASP (Accredited Staging Professional). "I enjoy staging



homes and have vendors with whom I work,” she added. Photos of her listed properties are created by a professional photographer.

Jan believes in giving back to her community by serving as the president of the Midlothian Economic Development Corporation. A historic house specialist, she understands the need for historic preservation and parks, while focusing on improving quality of life. “The city is wonderful to work with,” she said.

**“I treat everyone like they’re family and how I would want a real estate professional to treat my family.”**

A former elementary teacher who was working on her doctorate when she decided to take a summer off and work for a builder, Jan found her future in real estate. However, she can be found working on various MISD school committees, too. She holds a bachelor’s degree from Texas A&M University-Commerce and a master’s degree in reading/school supervision from Stephen F. Austin State University.

Having grown up in Hillsboro, Jan and her husband, Rick, moved to Midlothian from Duncanville in 2005 to join her daughter, Jayme, and her husband, Chris Cox. She now has two grandsons, Jackson (15) and Carson (9). Jan doesn’t relax much, but she does enjoy following the Dallas Cowboys with Rick, and they attend their grandsons’ football and baseball games, as well as enjoy traveling with friends.

A Diamond Circle member and Star Producer for Ebby Halliday every year since 1985, a Company-Wide Top 25 Producer and named Best of the Best by *D Magazine* for the past three years, Jan’s enjoying the current real estate market. “We value our small-town feel, while growth is happening. Midlothians enjoy a quality of life that’s slower. Everyone’s friendly, and you can take the time to get to know people.” **NOW**

New Year's Offer. Call for Pricing. Expires 1/31/18.

**BEST BUY WALK-IN BATH TUBS** **\$500 OFF**

**NOW INSTALLING ONYX Walk-in Showers.**

Visit our Showroom  
3411 E. Hwy 377, Granbury  
817-326-3003 • [www.bestbuywalkintubs.com](http://www.bestbuywalkintubs.com)

Family owned,  
Texas built

THE ONYX COLLECTION

JOIN US FOR THE  
7TH ANNUAL  
**DADDY  
DAUGHTER  
DANCE**

**Magical Mermaids  
Under the Sea**

Thursday, February 1, 2018  
Waxahachie Civic Center  
Food - Fun - Dancing  
6pm-9pm | Tickets - \$15 per person  
For more information call 469-309-4040.

Tickets can be purchased at the Civic Center during business hours and will go on sale January 2nd. Tickets will NOT be sold at the door. Cash or check only. Tickets are non refundable.

WAXAHACHIE CIVIC CENTER

Raising Cane's CHICKEN FINGERS





Collin Hackley for VISIT FLORIDA



Collin Hackley for VISIT FLORIDA



Visit South Walton



Bill Strength for VISIT FLORIDA

# TravelNOW

## Getaway to Good Times

— By Emily Nipps

Northwest Florida often gets less attention than Miami and Orlando, but it makes an ideal spot to explore and relax without the crowds. Sugar-sand beaches, emerald waters, historic landmarks and sunny outdoor adventures await families or couples designing the perfect getaway.

You don't have to venture far beyond the Alabama-Sunshine State border to find a treasure of activities, ranging from museums and mini-golf to waterfront dining and fishing. At the northwest tip of Florida sits beautiful Pensacola, known for its protected beaches and 18th century-era restored neighborhoods.

To get a real-life feel for Pensacola's past, start your trip by passing through Historic Pensacola Village. Whether you explore on your own or discover the area with a guide, don't

miss seeing the T.T. Wentworth, Jr. Florida State Museum, built in 1908.

Aviation geeks won't want to miss visiting the National Naval Aviation Museum. Located on Naval Air Station Pensacola, the museum features more than 150 aircraft on display. It's also where the Blue Angels Naval aerobatics team trains.

Pensacola owes its pivotal role in American aviation history to its famous warm climate and sunny skies. With free museum admission and free guided tours, the National Naval Aviation Museum is an affordable and fun adventure.

From Pensacola, it's about a one-hour drive along Scenic Highway 98 to the unspoiled beaches of Santa Rosa Island. Enjoy luxury beach houses, upscale dining and the unique



artist colony known as Gulf Place. Santa Rosa Beach also has several entrances to Point Washington State Forest, a 15,000-acre preserve known for rich hunting, off-road bicycling and hiking.

Santa Rosa Island is home to five fascinating all-brick forts built to defend coastal Florida after the War of 1812.

Fort Pickens, finished in 1834, was active until 1947. Walk through the halls where soldiers were in the Civil War, World War I and World War II and where the great Apache leader, Geronimo, spent seven months after he was captured in 1886.

Fort Barrancas was built on the ruins of an old Spanish fort and finished in 1844. Fort McRee was built too close to the water with too much wood in its construction and was blasted to bits by artillery in the first months of the Civil War. The ruins are clearly visible near the surf at Perdido Key.

If the family is up for another three-hour drive continuing east on US-98, St. George Island is a perfect getaway along the water. Climb the 92 stairs to the top of the Cape Saint George Lighthouse, built in 1852, for a beautiful view of the island and surrounding waterways. St. George Island is also home to 17 miles of paved bike paths and numerous off-road trails for exploring. Jolly Roger Beach Shop rents bikes by the hour, day and week and is located in the center of the island.

For sunset, stop by the Blue Parrot Oceanfront Café for fresh seafood, cocktails and a great view of the water. Don't miss trying the fresh Apalachicola Bay oysters while you're there.

And if you want an even closer look at the sparkling waters, check out Journeys of St. George Island to charter boat trips for great fishing, rent kayaks or take your little ones on the guided dolphin tour or sunset cruise.

Whether you wish to relax or explore, look no farther than the sunny shoreline of northwest Florida. Its rich history combined with soft beaches and nature trails make it your getaway for good times. **NOW**

Happy New Year!



- Cleanings & Exams •
- Crowns & Bridges •
- Dental Implants •
- Root Canals •
- Night Guards •
- Extractions •
- Digital X-rays •
- 3-D X-rays •
- Veneers •
- Fillings •
- Whitening •
- Oral Sedation •
- & Nitrous Oxide

Ask About Our Dental Savings Plan • New Extended hours to Better Serve YOU!

## MORGAN DENTISTRY

**General Dentistry • Accepting New Patients**

Mark Morgan, DDS • Mackey Morgan, DDS • Chungmi Jo, DDS

1618 W Hwy 287 Business • Waxahachie, TX • 469-773-4074




[morgandentistry.co](http://morgandentistry.co)





Happy New Year  
from Our Family to Yours





Family First

Home Health Palliative Care & Hospice  
**972-878-CARE (2273)**  
 109 SW Main St., Ennis  
 Proudly Servicing Ellis & Surrounding Counties 

**Voted #1 Home Health Care Agency**  
*by Waxahachie Daily Light Readers Choice 2017*  
**Awarded Hospice Honors Elite Status - 2017**





# A Brand New You

— By Zachary R. Urquhart

*There's never a bad time to start exercising, dump bad habits or learn a new skill, and the beginning of the new year can be the jumpstart needed to make a change. If eating healthier is your goal this year, here are some ideas for a fresh start on becoming a new you.*

## Gluten-free vs. Low-carb<sup>1</sup>

- *Know why you are changing.* Celiac disease and wheat allergies cause a small percentage of people to be unable to digest the protein from wheat properly, but many others have cut gluten and seen improvements in their health. It isn't clear if everyone would be healthier on a gluten-free diet, but if it means you avoid cookies or donuts and don't drink beer, less gluten would make you healthier. The key is understanding what you are avoiding and why, so you don't miss nutrients like fiber.

- *Eat less bread.* If you aren't actively staying away from breads and wheat-based starches, you are likely eating more bread than you need. While enjoying a roll with dinner may not be a bad thing, going for third and fourths is over-consumption.

- *There are other carbs.* The gluten-free trend stemmed from an earlier craze of reducing carbohydrates. But there are many types of carbs. Fruit is high in natural sugars, which is better than foods with added sugar, but too much fruit can still be a bad thing. The key in low-carb eating for weight loss is to avoid sugar and sugar substitutes like aspartame and sucralose as much as possible. If you need something other than water to drink, try unsweetened tea with a fruit wedge, instead of diet soda.





## Diabetic Diets<sup>2</sup>

• *Control your glucose.* Diabetics should eat at regular times, with a focus on healthier foods like fruits, vegetables and healthy carbs. This helps the body produce and regulate the insulin it either makes or gets from injections.

• *Know what to avoid.* Diabetics are at a higher risk of heart problems, so limiting the amount of both saturated and trans fats is important. Fats in avocados and almonds are healthy in moderation, but animal proteins and processed foods aren't. Sodium and cholesterol should also be limited.



## Heart Healthy<sup>3</sup>

• *Eat better to live longer.* If the goal is long-term health, you will want to make some long-term diet decisions. Choose whole grains over refined flour or calorie-high muffins and pastries. Add plenty of fruits and vegetables, while limiting sodium. Keeping portion sizes down to limit your caloric intake will improve your overall health.

• *Make good choices.* A heart-healthy menu includes good fats like those in healthy oils, nuts and seeds. Limit saturated fats and avoid untrimmed beef or hot dogs. Instead, choose

# A1A Moving

## Local & Long Distance Moving f

**We Are Your Moving Team For Full Service Residential And Commercial Moves. Call Us At 972-921-6515.**

## WHAT'S IN YOUR PLANS FOR 2018?

- New Construction
- Purchase
- Refinance
- Investment Properties
- Land
- Home Equity
- Home Improvement

**ESB MORTGAGE COMPANY**

972-878-5866  
[www.esbmortgage.com](http://www.esbmortgage.com)

NMLS ID: 412079



# Legacy DENTISTRY

## A Holistic Approach to Family Dentistry



- We focus on prevention more than treatment
- We understand the connection between your mouth and your overall health
- Dr. Engram is the only member of the Holistic Dental Association in Ellis County
- We accept all PPO insurance, and have an affordable in-house prevention plan for those without insurance

Toni Engram DDS,  
pictured at right with her family.

151 Walton Way, Suite 102, Midlothian  
(next to Game Stop near Wal-Mart)

**972-723-1148**

[www.legacydentistry.com](http://www.legacydentistry.com)

A general dentistry practice



good proteins like lean ground meat or poultry, eggs and legumes.

• *Follow a plan.* Find a variety of healthy options and buy groceries with a menu in mind to get food that meets your nutritional needs, while limiting the unhealthy options you are trying to avoid. And include a sensible “cheat” meal once in a while to curb cravings for unhealthy options.

Whatever your diet and health goals are this year, your first steps should be researching and deciding on a firm plan to follow. No matter your goal, knowing what to and what not to eat will help you become the new you that you are hoping to be. **NOW**

### Sources:

1. “Is Eating Gluten-Free Healthier” obtained from <http://www.eatingwell.com/article/9943/is-eating-gluten-free-healthier/>
2. “Diabetes Diet: Create your healthy-eating plan” obtained from <http://www.mayoclinic.org/diseases-conditions/diabetes/in-depth/diabetes-diet/art-20044295>
3. “Heart Healthy Diet: 8 Steps to prevent heart disease” obtained from <http://www.mayoclinic.org/diseases-conditions/heart-disease/in-depth/heart-healthy-diet/art-20047702>



**BOOK YOUR ALASKA VACATION NOW!**

[Resurrectionlodge.com](http://Resurrectionlodge.com)

Owners: Kendall & Michelle Wiley



RESERVE YOUR SEATS!



NEW YEAR  
LET THE GAINS BEGIN

**TXBBA Midlothian**  
800 Silken Crossing, #107 • Midlothian  
[www.txbba.com](http://www.txbba.com)

6 Week  
Kickboxing  
Program

3 Classes  
Per Week  
Includes  
Training Gloves  
**Only \$149**

Call  
**972-775-8286**



**REDOAK**  
 AREA  
 CHAMBER OF COMMERCE  
 presents

Saturday April 7, 2018  
 9:00am - 2:00pm at the  
 Red Oak Municipal Center

# North Ellis County MARKET & BUSINESS SHOWCASE

972-617-0906

RedOakAreaChamber.org

**TEACHERS WHO TUTOR**  
 All Subjects • Certified Teachers  
 Math Tutoring Elementary to College  
 General Math, Geometry, Calculus & Trigonometry  
 STAAR Test Prep  
 Our students have passed  
 STAAR for the past 5 years!  
**972-515-8883**  
 3323 Ovilla Rd, Ovilla, TX  
**BE PREPARED TO PASS THE STAAR**  
 Enroll Now for STAAR Test Prep

**RIVERMIST**  
 POOLS & SPAS  
 Your Hometown Custom Pool Builder  
**OFFICE 972.775.1444**  
**WWW.RIVERMISTPOOLS.COM**

**ACCESS SELF STORAGE**  
**AND TRUCK RENTAL**  
 PREMIER STORAGE FACILITIES  
 New State-of-the-Art Self-Storage  
**50% OFF First Month!**  
**CLIMATE CONTROLLED!**  
 Midlothian Location NOW OPEN!  
 Midlothian • 469-283-0929  
 1630 Hwy. 67  
 Red Oak • 972-515-8600  
 561 E. Ovilla Rd. & TX 342  
 Lancaster • 972-224-4545  
 1040 Cedar Valley Dr.  
 Oak Cliff • 214-372-3880  
 3427 Marvin D. Love Fwy.  
**www.accessstorageDallas.com • 888-247-5603**





Realtor Dawanna Quintana (center) welcomes the Eubank family to their new home in Midlothian.

## Zoomed In: Sharon Mondragon

By Angel Morris

Midlothian's Sharon J. Mondragon (second from right) takes top honors in the American Christian Fiction Writers Genesis contest. From hundreds of entries, Sharon's *The Heavenly Hugs Prayer Shawl Ministry* won the Short Novel category. "I'm thrilled my work was selected for this prestigious honor," Sharon said, regarding the contest that recognizes unpublished writers.

The book grew from Sharon's involvement in making shawls for people enduring various life trials, and tells the story of a group of women stuck in a rut until their pastor challenges them to knit together in public. "They not only touch others, but through the situations they encounter, they find hope and healing in their own lives," Sharon explained. Her next project is a "cozy mystery series" featuring a grandmotherly sleuth.



Kelsie Phillips and Bella Edwards help the Frank Seale Middle School Student Council collect submissions in support of Macy's and the Make a Wish Foundation's Letters to Santa Drive.



Some members of the Community Veterans Collaborative meet at the Lighthouse Coffee Shop.



Texas Trust Credit Union representatives support Midlothian through the Community Unity Team.





Linda Dean Miley and Trent Dean promote Help to Heal, Sharing Christ's Love, the nonprofit group collecting items for elderly in need.



Midlothian Boy Scout Matthew Anderson presents his Eagle Scout project, part of the Bridge for Equines Program, with Katelyn Crawford and Ranger of Paws for Reflection Ranch.



For innovative projects and programs, MHS and MHHS join LaRue Miller, McClatchey and Mt. Peak elementaries, in receiving the 2017 Fall Innovative Teaching Grants from Midlothian Education Foundation's Star Patrol.



Players for '04 Girls Premier FC soccer team mark the end of their season with an activity at The Creative Brush.

## New Year

## New Beginnings



God has amazing plans for you. Jeremiah 29:11

We invite you to join us this Sunday. Our worship experience begins with Fellowship in Bryson Hall at 9:45 a.m. Sunday School for all ages at 10:00 a.m. Our Morning Worship begins at 11:00 a.m.

7810 Shiloh Rd., Midlothian | [www.shilohcpc.org](http://www.shilohcpc.org) | [Info@ShilohCPC.org](mailto:Info@ShilohCPC.org)




**SHILOH**  
CUMBERLAND  
PRESBYTERIAN  
CHURCH

# Jaynes

## Memorial Chapel

Caring  
*hometown*  
service  
since 1998



## JAYNES MEMORIAL CHAPEL WELCOMES YOU

When you have experienced the loss of a loved one, you can trust us to guide you through the arrangements necessary to create a meaningful ceremony that celebrates the unique life being honored. Our staff is committed to providing your family with the highest quality care and service in your time of need, and we take pride in our responsibility to lighten your burden as you take the first steps toward healing.

**Jaynes Memorial Chapel**  
811 S. Cockrell Hill Road, Duncanville, TX 75137  
Phone: (972) 298-2334 • [jaynesmemorialchapel.com](http://jaynesmemorialchapel.com)

*Celebrating life, honoring families, serving you in your time of need*



# Dining DEALS



**Happy New Year!**  
Any flavor two  
layer cake free  
with your  
**January Event!**

**CALL TO BOOK NOW**  
**214-801-8912**

116 BACK ALLEY PLAZA  
MIDLOTHIAN, TX 76065



## CAMPUZANO

mexican food

**\$5 OFF**  
\$20 PURCHASE  
Expires 1/31/18

**CAMPUZANO**  
mexican food

Let  
**Campuzano**  
cater your  
next event.

108 N. 8th Street Midlothian, TX 972-723-2634	2167 N. Highway 77 Waxahachie, TX 972-938-0047	213 W. Beltline Cedar Hill, TX 972-291-1053	2618 Oak Lawn Ave. Dallas, TX 214-526-0100
---	--	---	--



## Siam Corner

Thai Cuisine

**\$5 OFF**  
Any \$25 Order  
Alcohol not included. Tax not included.  
Dine-in only. One coupon per party.

**OPEN 7 DAYS**  
Mon- Fri: Lunch 11am-3pm  
Dinner 5pm-10pm  
Sat: 11am-10pm Sun. 12pm-9:30pm

2041 US Hwy 287, Suite 623 • Mansfield, TX 76063  
**682-518-1764**



## Suzushii

Sushi & Grill

Lunch  
**Bento Box**  
Starts at  
**\$7.95**

Serving sushi roll  
over **80**  
items

**\$5 OFF**  
Any \$25 Order  
Alcohol not included. Tax not included.  
Dine-in only. One coupon per party.

**OPEN 7 DAYS**  
Mon- Fri: Lunch 11am-3pm  
Dinner 4:30 - 10pm  
Sat: 11-10pm Sun. 12:00-9:30pm

638 Uptown Blvd. Cedar Hill  
972 293-1009 • [www.suzushisushiandgrill.com](http://www.suzushisushiandgrill.com)





# Congratulations Midlothian Heritage Jaguars

Undefeated District 6-4A Champions  
Bi-District Champions and Area Champions



Photos by Lauren Gajdica



THE INSURANCE SHACK



Best Texas Insurance Services, LLC



DENNIS AND BRENDA TUCKER  
CALL US TODAY!  
972-291-9556



## We Are Very Proud Of You!



# Calendar

2

Midlothian Rotary Club meeting: Noon-1:00 p.m., Midlothian Civic Center, 224 S. 11th St. Learn how this organization supports the community through service projects, volunteerism and more. Contact [midlorotary@gmail.com](mailto:midlorotary@gmail.com) for more information.

6

Katie Knight LIVE Concert: 8:00 p.m., doors open; 9:00 p.m., show begins, The Oasis Bar and Grill, 4720 Ruby Ave. Come hear American country music singer-songwriter and guitarist, Katie Knight, perform live. The event is for ages 21 and older. Tickets are available for \$5 at [ticketfly.com](http://ticketfly.com).

9

Paws for Fun: 6:00-7:00 p.m., Paws for Reflection Ranch, 5431 Montgomery Rd. Ages 7 and older are invited to interact with and learn about all sorts of animals. The group meets on alternating Tuesdays through May. Cost is \$100 for 10-week winter session. Register at [PawsForReflectionRanch.org](http://PawsForReflectionRanch.org) or message [Tlambert.pawsranch@att.net](mailto:Tlambert.pawsranch@att.net) for more details.



15

The Writers' Circle: 6:00 p.m., A.H. Meadows Public Library, 923 S. 9th St. Group is open to

the public to provide support, motivation and writing tips. For more information, contact Ashley at [meadoswriterscircle@gmail.com](mailto:meadoswriterscircle@gmail.com).

19

Midlothian Wrestling Duals: 6:00 p.m., high school; 7:00 p.m., middle school, Midlothian High School, 923 S. 9th St. The community is invited to support varsity, JV and middle school wrestling teams in their dual contests.



Ongoing:

Mondays

Celebrate Recovery meeting: 7:00-9:00 p.m., The Lighthouse Church, 1400 N. 9th St. A Christ-centered recovery program designed to help those struggling with hurts, habits and hang-ups. For more information, email [jason@dfwlighthouse.org](mailto:jason@dfwlighthouse.org).

Second and Fourth Mondays

Rag-Tag Readers Book Club: 10:00 a.m., A.H. Meadows Public Library, 923 S. 9th St. Join lively discussions of books chosen by the club members. For more information, call Sandy at (972) 775-3417.

Third Mondays

School Board meeting: 6:00 p.m., Midlothian Independent School District Administration Building.

Ellis County Veterans Networking Group: 6:00 p.m., Ryan's Steakhouse, Waxahachie. Come join the group for dinner and listen to what the guest speaker for the evening has to share. For more information, call Mike Lamb at (214) 763-0378.

Tuesdays

Senior Center Bingo: 10:30 a.m., 4 Community Circle. Learn more about bingo and the variety of other activities offered monthly at [midlothianseniors.com](http://midlothianseniors.com).

Midlothian Rotary Club meeting: Noon, Midlothian Civic Center, 224 S. 11th St. Call (972) 775-7118 for more information.

First Tuesdays

Midlothian Area Historical Society meeting: 7:00 p.m., Community Room of CNB, 310 N. 9th St. For more information, contact Edwin Bateman at (972) 743-2379.

First and Third Tuesdays

Bluegrass Jam Session: 7:00 p.m., Lighthouse Coffee Bar, 1404 N. 9th St. Everyone's invited to join in — bring your instrument or simply relax and enjoy!

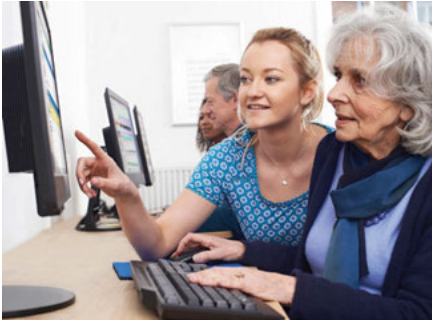


Tuesdays and Thursdays

Community Computer Class: 1:00 p.m., A.H. Meadows Public Library,



923 S. 9th St. Hands-on help with computer basics. Open to the public. For more information, call Sandy at (972) 775-3417.



## Wednesdays

DivorceCare: 6:30-8:00 p.m., First United Methodist Church of Midlothian, Family Life Center, 800 S. 9th St. DivorceCare for Kids ages 5-12 meets at the same time, as well as child care for younger children. For more information, call the church office at (972) 775-3993.

## Thursdays

Open Mic Night: 7:00 p.m., Lighthouse Coffee Bar, 1404 N. 9th St. A night to come and enjoy with family and friends. Play an instrument? Perform poetry? Comedy? Come along and join us! Sign-up starts at 6:30 p.m., and slots are 15 minutes each.

## Third Thursdays

Ellis County Amateur Radio Club: 7:00 p.m., The Salvation Army Boys & Girls Club Waxahachie, 620 Farley St., Waxahachie. Talk-in on the 145.410 machines. All are welcome. For more information, visit [wd5ddh.org](http://wd5ddh.org).



## Fridays

Preschool Storytime: 11:00 a.m., A.H. Meadows Public Library, 923 S. 9th St. Story, craft and snack provided. For more information, call (972) 775-3417.

## Third Saturdays

Midlothian Opry Country Music Show: Midlothian Civic Center, 224 S. 11th St. Old country and gospel music with Goodtimers Band. \$5 admission. Call Davonna at (214) 676-1706 or go to Facebook Midlothian Opry for tickets and show times.

*Submissions are welcome and published as space allows. Send your current event details to [angel.morris@nowmagazines.com](mailto:angel.morris@nowmagazines.com).*



## John R. Harris, M.D.

General Orthopaedics  
and Sports Specialist

- Treats Athletes of All Ages
- Total Knee and Shoulder Replacement
- Arthroscopic Surgery of Shoulder, Elbow and Knee
- Complex Knee Cartilage and Meniscus Treatment Techniques
- Adult and Pediatric Fracture Care
- Soft Tissue/Ligament Injury and Tendonopathy Treatment
- Carpal and Cubital Tunnel Treatment



**JOHN R. HARRIS,  
M.D.**

**ORTHOPAEDIC SURGEON**



Texas Orthopaedic  
SURGICAL ASSOCIATES

## Texas Orthopaedic Surgical Associates

Methodist Mansfield  
2800 E. Broad St, Ste. 510 • Mansfield

**817-453-3500**

For an appointment, please call or visit our website:  
[www.thebonedocs.com](http://www.thebonedocs.com)



# See our **HUGE Selection** For Your **New Year's Eve Party!**

*Raymonds*  
**LIQUOR STOP**



Located RIGHT OFF Hwy 287 & Turner Warnell  
(Parking and Entrance in rear.)

**WE ARE THE  
CLOSEST**  
Liquor Store  
to Mansfield!

Present this coupon and receive

**10% OFF**  
**\$50 purchase**

Must bring ad in to receive 10% off. One coupon per person. Cannot be used with any other offers. Ex: 1/31/18



**Convenient Location!**



**Liquor • Wine • Beer**  
**Premium Cigars**

OPEN Monday - Saturday • 10am - 9pm

**817.476.6239 • 8111 U.S. HWY 287, BUILDING H • ARLINGTON, TX 76001**



Take the Turner-Warnell exit and locate the Extra Space Complex at Turner-Warnell and Highway 287. Parking and the entrance are located in the rear of the building.



# Women's Health Event January 9th

Discussing the latest surgical and non-surgical treatments for facial rejuvenation, hair loss, weight loss, body contouring and surgical breast enhancement.

1101 Matlock Rd.

RSVP at [rsvp@markbisharamd.com](mailto:rsvp@markbisharamd.com)

## - January Specials -

VOLUMA  
\$725 per syringe  
(Reg. \$800)

UPPER  
EYELID LIFT  
\$2700

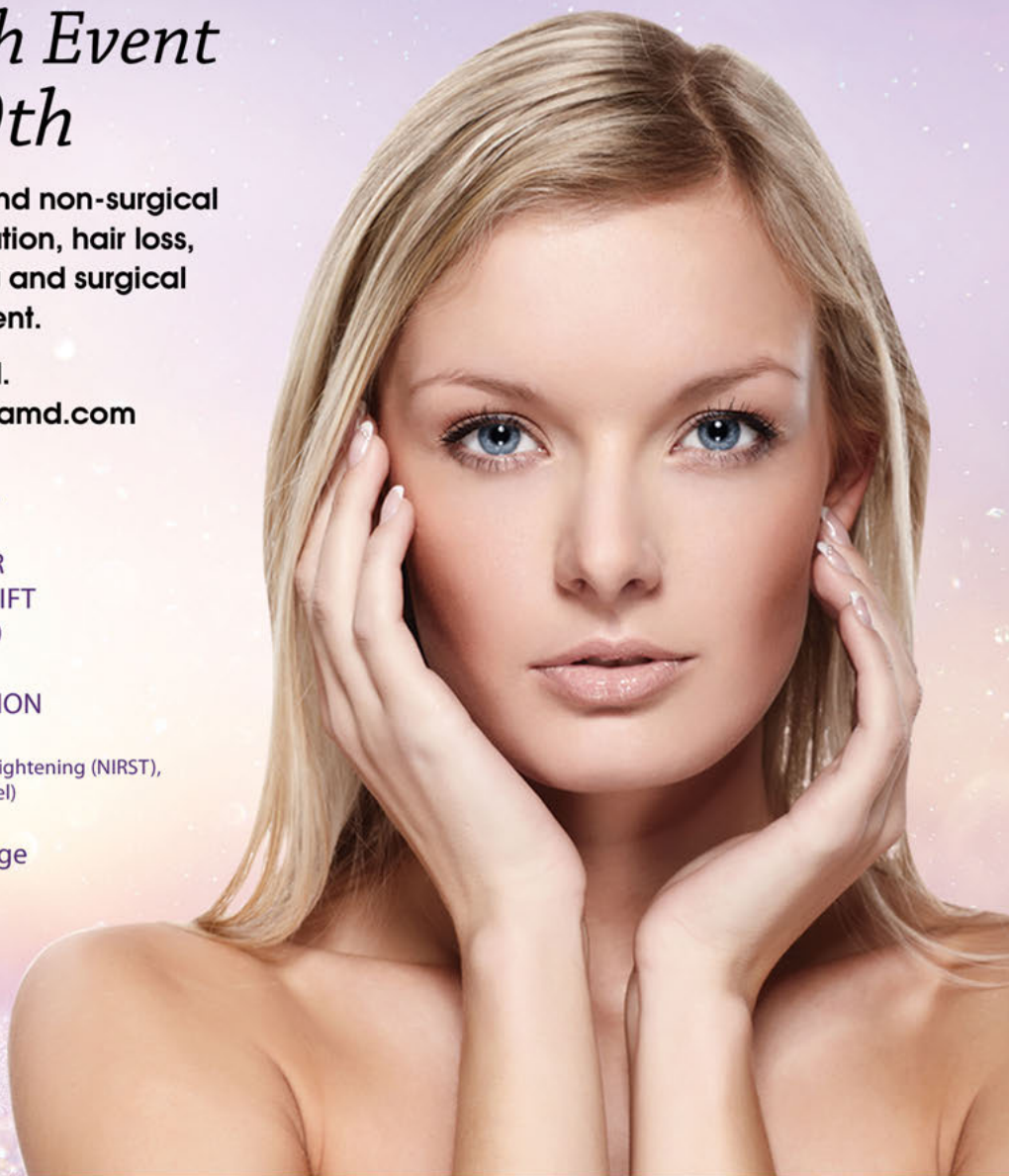
LASER 360 FACIAL REJUVENATION  
\$899 (Reg. \$1100)

Intense pulse light treatment (IPL), Near-infra red skin tightening (NIRST),  
Fractionated Erbium Resurfacing (I-Pixel)

\$500 off any service or package  
valued over \$4000  
Not valid with any other offer.

All offers expire January 31, 2018.

Gift cards  
available



- Breast Augmentation • Robotic Hair Transplantation • Eyelid Lift Surgery • Tummy Tuck • Liposuction
- Mini Facelift • Body Contouring after Massive Weight Loss • Vaginal Rejuvenation • Laser 360/Paragon Liquid Laser Lift
- Ultherapy • Photofacials • Skin Resurfacing • Microdermabrasion • Botox/Fillers • Laser Hair/Tattoo Removal

### Wrinkle-Free Tuesday

10am-5pm • Botox \$12/unit

### Wrinkle-Free Wednesday

9am-7pm • Botox \$12/unit

~ Above Offers Available at ~

1101 Matlock Rd.  
Mansfield, TX 76063

### Wrinkle-Free Monday

10am-5pm • Botox \$12/unit

### Wrinkle-Free Thursday

10am-5pm • Botox \$12/unit

~ Above Offers Available at ~

1203 S. White Chapel Blvd., Ste. 150  
Southlake, TX 76092



**Mark A. Bishara, M.D.**  
Harvard Fellowship trained  
in Aesthetic & Reconstructive  
Plastic Surgery  
Diplomate of ABHRS



The **Paragon**  
PLASTIC SURGERY & MED • SPA



1101 Matlock Rd.  
Mansfield, TX 76063 • 817.473.2120

1203 S. White Chapel Blvd., Ste. 150  
Southlake, TX 76092 • 817.473.2120

[www.markbisharamd.com](http://www.markbisharamd.com)



# CALL NOW FOR THE NEW COUNTERTOPS YOU'VE ALWAYS WANTED!



- \* FREE Estimates
- \* Competitive Pricing
- \* Up to 15-year Warranty on Some Products

**COME SEE OUR  
WIDE SELECTION!**

**SHOWROOM HOURS:**  
MON-FRI: 8AM - 5PM  
SAT 10AM-2PM

*Granite, marble & quartz fabricator  
for kitchen & bathroom countertops*

*Extensive color selection combines  
beauty, function & elegance for any  
bathroom or kitchen!*

## FREE

**18-gauge  
Stainless Steel Sink**

(\$350 value)

Call or visit our website for details!  
[www.MTMCOUNTERTOPS.com](http://www.MTMCOUNTERTOPS.com)

**SILESTONE®**  
by COSENTINO



# MTM

Countertops

2460 Hwy. 287 N. • Mansfield

(Northbound service road – between Callendar Rd. & Turner-Warnell)

**For more info call 817.477.8663.**

LIKE US





# HealthNOW

## Wash Your Hands

— By Betty Tryon, BSN

Hepatitis A is a great example of why it is so important to wash your hands. Someone infected with the disease can transmit the virus to others via contaminated food or water or by direct contact if good hygiene is not practiced. Complicating matters is the fact that the infected person will be contagious for at least a couple of weeks before they are aware they have the disease. If their personal hygiene is poor, meaning if they get the virus on their hands after using the bathroom, neglect to wash their hands and then handle food that others will eat, they can easily infect many people before they become ill.

The hepatitis A virus (HAV), found in the stool and blood of an infected person, causes an infectious disease of the liver. Some of the symptoms of hepatitis A are jaundice (yellow skin), dark urine, pale or clay-colored stools, fatigue, nausea, stomach pain and poor appetite. A physical examination for any tenderness, a thorough investigation of symptoms, blood tests and a medical history are all usually part of any visit to the doctor for diagnosis. The doctor will also want to know if you have been exposed to hepatitis A or if you have been traveling.

There are no specific medications to treat hepatitis A. Rest and avoiding vigorous exercise are recommended. One may need to take an absence from school or work if performing those activities requires too much energy. It is important to try to eat a balanced diet during this period and to drink plenty of fluid. Because of the gastrointestinal upsets with this virus, sometimes eating several small meals a day is better than three large ones. Because the liver is where substances are broken down, it is important to avoid those that are toxic to it, such as alcohol. Even Tylenol, which may seem benign, can cause serious damage to the liver if not taken properly. Consult with your health care provider before taking or stopping any medication if you have hepatitis. Symptoms last an average of two to six months.

The greatest control measure in preventing the transmission and spread of this disease is for people to wash their hands. This does require vigilance on an individual's part — particularly those who work in day care centers with all of the frequent diaper changes.

Speak to your physician about receiving the hepatitis A vaccine to avoid this disease. If you have been exposed, an injection of immune globulin (IG) given within two weeks may prevent you from getting hepatitis A. **NOW**

*This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.*



### Creating Your New Smile For The New Year!



#### Dr. Laura Morgan, Orthodontist Dr. Becky Trieu, Orthodontist

*Your Smile Specialist*  
Children and Adults

104 Professional Place • Waxahachie  
[www.morganortho.com](http://www.morganortho.com)







### \$300 OFF!

## Braces and Invisalign For ALL Ages!

Must start by January 31, 2018  
Promo Code: GO MO

### FREE EXAM

(\$349 VALUE)  
Will meet competitor pricing!

Call us today  
**972-268-6042**



# Texas Ace



## Heating & Air

**10% OFF  
SERVICE CALL!**  
parts and labor included

Residential  
Commercial  
Industrial



**FREE  
10-yr. Parts  
Warranty**

### Heavy-duty Pleated Filters

- Easy online ordering
- Lower maintenance costs/utilities
- Every size available

Call us about how to get  
a **FREE** filter!

**\$69**

Per Residential System

### A/C Tune-Up

Get your HVAC system tuned up  
for only \$69. Reg. \$119

With coupon. Not valid with other offers.

Coupon valid  
through Jan. 31, 2018

**UP TO \$1,600  
Rebate**

from Lennox on a Qualifying New System

**LENNOX**

With coupon. Not valid with other offers.

Coupon valid  
through Jan. 31, 2018

**817-240-6701  
972-825-7180**

*Open 8 a.m.-8 p.m.*

*7 days a week*

*Phones answered 24 hours a day*

*We accept all major credit cards*



- 100% Financing
- Free Estimates
- Precision Tune-ups
- Service All Brands
- Home Energy Audits
- Duct Sealing
- Blown Attic Insulation
- 24-hour Emergency Service

Become a Texas Ace Club Member today and enjoy  
special **DISCOUNTS** and **LOW** monthly rates.  
Includes 2 NO-CHARGE visits per year!

Midlothian Family owned and operated  
TACLA40925C

[www.texasacehvac.com](http://www.texasacehvac.com)