Midlothian M A G A Z I N E

DECEMBER 2012

Holiday
Shopping
Guide 2012
p. 26

Christmas Combination

At Home With Tom & Linda Clark

Thinking Futuristically Christina McDaniel and the

Christina McDaniel and the Problem Solvers make life better for the Midlothian community

PLUS:
Becoming Reality
Princess on Ice
The Art of Learning
Vet at Your Service
In the Kitchen With
Andrea Frederick

WELCOME HOME FURNITURE

1411 N. Hwy 67 | Midlothian, TX | 972.775.7575
Tuesday-Saturday 11 am-7 pm | facebook.com/WelcomeHomeFurniture







POTTARIOTES

972-875-6595

WE WILL BEAT ANY DEAL IN TEXAS!

404 N. 145 • Ennis • Exit 251B www.actionpowersports.com

Kawasaki



HONDA





POLARIS



RANGER 500 EFI **\$8,999** ғр +тті

> **800 CREW** \$11,999 FP +TTL IN GREEN



RZR 800 CAMO **\$11,299** ғр+тті



Children's Unit

MXU90



Holiday Layaway

Financing Available





Call for pricing

Polaris of Palestine www.polarispalestine.com

903-723-6595

SEE OUR ATHENS

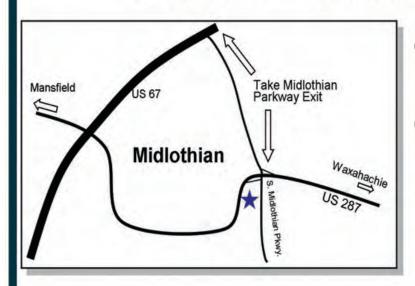




Celebrate Christmas with us this year! We'll be hosting 5 Christmas Services on

SUNDAY, DECEMBER 23RD

at 8:15, 9:30, & 11:00 a.m., and 5:00 & 6:30 p.m.





fbcMidlothian.org

1651 S. Midlothian Parkway 972.723.6415 Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker Midlothian Editor, Betty Tryon Editorial Coordinator, Sandra Strong Editorial Assistant, Beverly Shay Writers, Nancy Fenton . Rick Hope Cindy Malone . Zachary R. Urouhart Editors/Proofreaders, Pat Anthony Pamela Parisi

GRAPHICS AND DESIGN Creative Director, Chris McCalla Artists, Julie Carpenter . Casey Henson Martha Macias . Felipe Ruiz Arlene Honza . Brande Morgan

Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose Photographers, Natalie Busch Opaque Visuals

ADVERTISING

Advertising Representatives, Rick Ausmus . Teresa Banks . Linda Dean Kelly Feld . Laura Fira . Bryan Frye Melissa McCoy . Lisa Miller . Carolyn Mixon Jami Navarro. Lori O'Connell . John Powell Steve Randle . Linda Roberson

Billing Manager, Angela Mixon

On The Cover



Santa is right at home during Christmas with Tom and Linda Clark.

Photo by Natalie Busch.

CONTENTS December 2012 • Volume 8, Issue 12



8 Thinking **Futuristically**

The Midlothian High School Problem Solvers create a new teaching and learning environment.

14 Becoming Reality

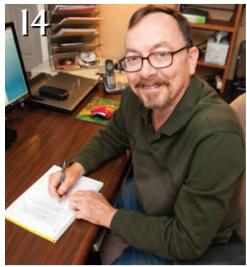
R.C. Waggoner has found fulfillment by putting pen to paper.

20 Christmas Combination

At Home With Tom and Linda Clark.

30 Princess on Ice

Kelby Buchanan skated on a healing fracture and ended up standing on the podium.



38 The Art of Learning

Ann Witherspoon won a trip to learn educational apps in London at the Google Teacher Academy.

44 BusinessNOW

46 Around TownNOW

52 CookingNOW

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2012. All rights reserved. MidlothianNOW is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Hello, Midlothian!

Designer Christmas trees can be breathtakingly beautiful, but I have never owned one. It is just too much fun to take that trip down memory lane with our Christmas decorations while trimming the tree. They are an archival mélange of our lives. From the engraved sterling silver ornaments to the overly glittered handcrafted treasures, all the years rush back in a torrent of memories. I don't want to miss touching the plastic ornaments I purchased as

a newlywed, the many gifts made by my children through the years, a handmade ornament from a favorite student when I was the school nurse, etc. Memories have a place in our lives.

Christmas is a time to remember the sacred gift given over two thousand years ago as a babe in a manger. I rejoice in that gift and treasure it most of all.

Merry Christmas Midlothian!

Betty

Betty Tryon MidlothianNOW Editor betty.tryon@nowmagazines.com







HANSON

IRON WORKS

#1 SOURCE FOR CUSTOM WROUGHT IRON FOR OVER 20 YRS.

* WROUGHT IRON FENCES & GATES *AUTOMATIC GATE OPENERS * STONE & BRICK COLUMNS * WOOD & IRON FENCE COMBOS * SERVICE AND REPAIR ALL GATE OPENERS * BALCONY RAILINGS









(972)775-3091

VISIT US ONLINE AT WWW.HANSONIRONWORKS.COM FREE ESTIMATES



Evening and Weekend Urgent Care Now Available

To better serve our patients, we are now offering extended evening and weekend hours. Please call our office for more information. Most insurance is accepted.

To schedule an appointment, call (972) 723-1474.



1441 S. Midlothian Pkwy. Suite 100 Midlothian, TX 76065

A Baylor-Health Texas Affiliate

Physicians are employees of Health Texas Provider Network and are neither employees nor agents of Baylor Health Care System, Baylor Medical Center at Waxahachie or Baylor Health Care System's subsidiary, community or affiliated medical centers. © 2011 Baylor Health Care System. HTPN_1287 5.11

Internal Medicine

Jeffrey Astbury, M.D. Leigh Nordstrom, M.D.

Family Practice

Karen Yeh, M.D. Chad Coleman, M.D. Matthew Moreland, D.O.

Pediatrics

Shirley Joslin, M.D. Kimberly Sweet, M.D.

Nurse Practitioner

Judy Davis, R.N., F.N.P. Laura Van Winkle, MS, R.N., F.N.P. Jessica Fenton, R.N., F.N.P.

Physician Assistant

Mamta Patel, MPAS, PA-C



GROUP FITNESS

All Class FREE with Membership

SLEEK • SEXY • POWERFUL

A high energy fusion of Pilates, boxing and dance transform yourself into a tough boxer, gracious ballerina and a hip street dancer all in one class.

No Contracts! Open 7 Days a Week We Offer:

- · Personal Training
- Group Fitness
- Cardio Machines
- Plate loaded Machines
- Pin Loaded Machines
- · Child Sitting

Christmas
Gift Certificates
Available

STREET GY/M

1000 E. Main Street, Midlothian 972.723.5005 www.mainstgym.net













"Students take that knowledge & put it into real life from seventh grade through high school."

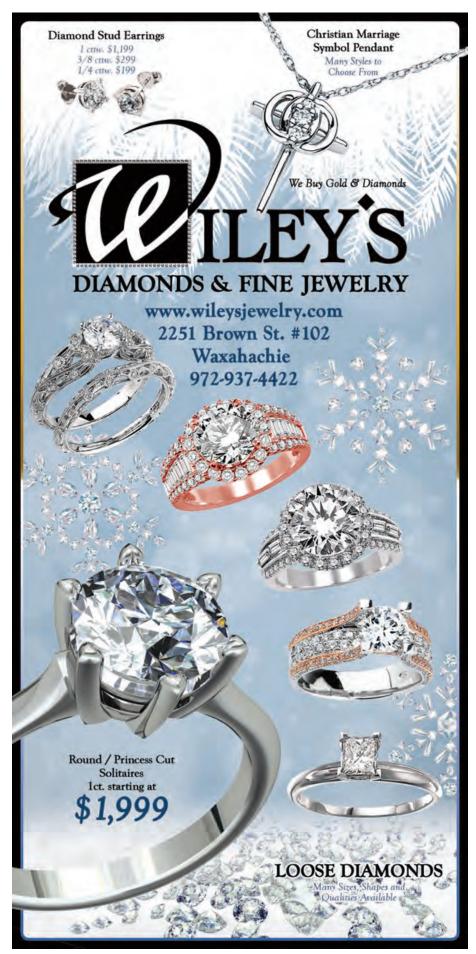
into play," Christina said. "You've anticipated certain problems,

so once they come up, you've already thought about potential

solutions. That is what I start teaching them at a younger age. They can use that skill in other classes and throughout their

experiences. If you are able to anticipate something that could be a challenge for you, you are much more prepared than if

you are hit with it unprepared. So, teaching them how to think futuristically in a critical way is one of the goals for the classes





"Our goal was to get the students and teachers outside of the classroom to learn in a different way."

— to think beyond today and tomorrow." A current project for the class at Walnut Grove is to give backpacks of food on Fridays to students in need. The latest completed project is Divergent Outdoor Teaching, known as DOT, a new teaching/learning area that is located outside at the high school. "Our goal was to get the students and teachers outside of the classroom to learn in a different way," Christina stated. "Students did research at the beginning of the project by polling teachers and students to try to find out how people learn best. Many of them said hands-on learning and being outside the confines of the walls of the classroom would interest them more, and would capture their attention."

That led to having a designated outdoor area for teaching at the high school. To heighten the learning experience, the team designated certain sections for different topics or classes. The sections are Social Studies, The Arts, Life Studies, Language Arts, Psychology and Biology, with the name of the class painted on the outdoor wall. In addition to the learning experience, the group painted the United States map and a





world map on the ground. "We drew the outlines of the map but did not label or color it. It makes a better teaching moment if it's blank. You can write on it and, for example, draw the original colonies or name the states."

The maps on the ground are part of the Social Studies teaching station. The Math and Science area has a long vertical and horizontal ruler affixed to the wall. There is also a portable putting green, with a putter and balls available to talk about physics. There are picnic tables around the area for the students to use. One picnic table is very special. "We have a periodic table. This is a pride and joy of my students," explained Christina. The actual periodic table is drawn onto the top and seat of the picnic table.

The Fine Arts section has paintings of theater masks on the wall as well as musical notes and a color wheel. The Life Studies area sports a pyramid that could be used as a food pyramid. "Because this is Life Studies," Christina said, "it









could be the different classifications of animals. The students were the ones who did the work of drawing and painting. They identified what things they wanted in each area, so in the Psychology and Biology area, they chose the skin diagram. The students chose this because it is something the teachers can use. A teacher can come out and expand on it. They can write on the walls with chalk, and it comes right off." There is also a painting of the parts of the brain and the structures of the eye. The Divergent Outdoor Teaching is now completed and in full use by students and teachers.

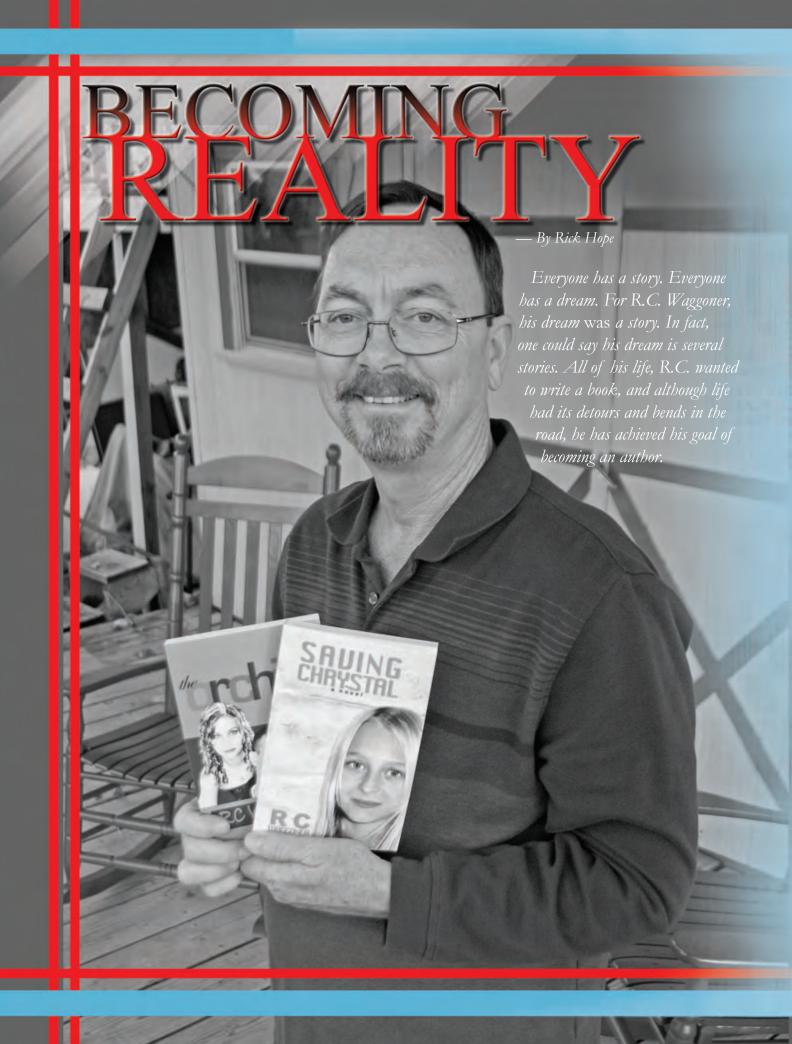
Whatever future project or task is chosen by this select group, the community will certainly benefit. The students benefit personally by giving back to the community with their service, and even Christina benefits. "I really enjoy helping people," she shared. "That's why I teach. I like to see that transformation of a person. I can see it in their eyes when something clicks. Then I know I've helped someone or taken a load or stress off of them. It makes me feel better. It takes a special person to wrap their mind around this type of thinking, and it just fits me." NOW



TAKE OFF THE WEIGHT, TAKE ON THE WORLD - FASTER.

Robot-assisted weight-loss surgery at USMD is minimally invasive, for smaller scars, less pain and a shorter recovery – so you can start your new life sooner.





As the 17-year-old son of an Ohio preacher, R.C. decided he wanted something different. An opportunity arose allowing him to have a United States Air Force physical. His father gave him permission to get the physical, and as a result, he spent eight years in the military as a journalist. "I figured the only way out of Ohio was to join the military," he said. During that time, R.C. felt the same calling as his father and surrendered to ministry. He took a nine-month break from the Air Force, and then signed back on for the next 25 years in the Reserves.

At this time, R.C. also obtained his first pastorate at First Baptist Church of Ladonia, Texas. When this pastorate was over, he headed back to Ohio, but before too long, he felt drawn to return to Ladonia, where he started Grace Community Church. This was a church start with very little money, so R.C. needed another job to supplement his income. He began working with ICI Fiberite, a composite materials manufacturing company, at \$5.50 an hour. Before long, he was teaching quality and created a company newsletter. It didn't take long for his work to impress the president of the company, and soon his salary was doubled.

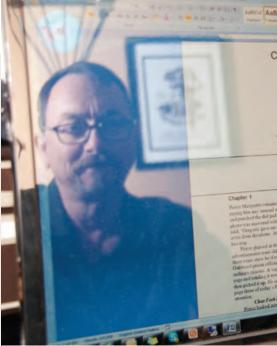
In spite of all the success, R.C. couldn't help but feel that something was missing. The question that kept coming to his mind was, "Why am I here?" During this time, he was also attending chaplaincy school, where he wrote a paper entitled, "Quality in the Chapel." After reading the paper, the commandant of the school offered him a chance to work part time in the resource division of the chaplaincy. "I wrote 21 pamphlets and manuals for the USAF chaplaincy over a five-year period," R.C. said with a smile. In early 2007, R.C. retired with his last assignment being at Hurlburt Field in Florida.

During all this time, R.C. remained with Fiberite, surviving two rounds of layoffs. After the second round of layoffs, R.C. visited Web Industries to pick up some supplies. As he waited in the conference room, he visited with an executive about quality control. The executive turned out to be the president of the company, and R.C. was soon hired









"All my life, I've wanted to write a book."

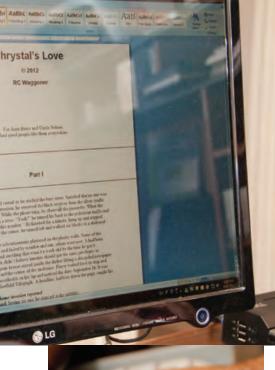
as the director of training, where he still maintains his employment today.

In spite of many successes in both the secular and ministerial fields, R.C. still felt there was something incomplete. "All my life, I've wanted to write a book," he confessed. "In fact, I have probably started about 10,000 books, but I've never followed them through to completion."

R.C. decided it was time to break that chain, and his first book, *The Orchid*, was finished in late 2007. The story is about a young man by the name of Jimmy Turner who is confined to a wheelchair. He soon encounters Lindsey, a young girl who helps him find himself. "Now that the goal of writing my first book was complete," R.C. said, "I wanted to keep the momentum going."

Not long after *The Orchid* was complete, R.C. got a call from his Aunt Betty. "She told me she had just read my book and loved it," he beamed. "I was so excited by her reaction that I asked her to be my proofreader."

The next book was called *Saving Chrystal*. The storyline of this book centers on George Grant, a man who has lived the last 10 years of his life





in isolation after having seen his wife murdered in front of him in a grocery store parking lot. George has lost contact with his children and has no real friends left. He encounters a mysterious new neighbor named Chrystal, a young girl who softens his heart. George, in return, teaches her how to read and write. The sequel to Saving Chrystal is titled Chrystal's Story. This book, which goes backward in time to when Chrystal was young, has just been published. Currently, R.C. is working on the third book in this series. "Chrystal's Love tells the story of young love. Chrystal enters into a romance that R.C. describes in the book as "fraught with danger." This book is in the proofreading stage.

"Writing helps you understand God," R.C. said. "You can create the characters, but you really don't control them. You may have one idea in mind, but as you start writing, the characters take on a







life of their own. They're going to do whatever they're going to do."

Although his characters are fictional, R.C. will often insert the names of real friends and relatives into the story. One future project he has in mind revolves around him and his siblings. "The story is about my family leaving Minnesota and settling in Lima, Ohio, in 1969," he explained. "It was a very interesting time in history in that part of the country. I've sent my family the parts I've already



"The story just needs to be told."

written, and they have written back that it definitely brings back some memories."

R.C. has an upcoming project about his first pastorate position, as well. He indicated that he may change the names and places in that book. "There were just too many interesting stories and interesting characters in that small community," he remembered. "The story just needs to be told."

For each book jacket, R.C. poses with one of his grandchildren. His goal is to have a different grandchild featured with him in the author's biographical section. Still working for Web Industries, R.C. also enjoys his time with his wife, Paula, their children and grandchildren. For now, he plans to continue writing. "I still have so many stories to tell," he said, "and many more characters to create." Every life has a story. And in R.C.'s case, that story is still being told. NOW

Because You Want the Best

Family Owned, Locally, by Hobart Ambuehl.
You've known him for years as



Over 35 years of Experience in:

- Automatic and Standard Transmissions
- Foreign and Domestic
- Clutch Service
- Transfer Cases



- Free Towing w/major repair
- Free Diagnosis
- Senior and Military Discounts
- Financing Available

I-35 Transmissions 1462 N. I-35E, Lancaster 972-228-9905 www.I35transmissions.com M-F 7a-5p





Hwy 67 Transmissions 1602 N. US Hwy 67, Midlothian 972-723-5300 www.hwy67transmissions.com M-F 7a-5p







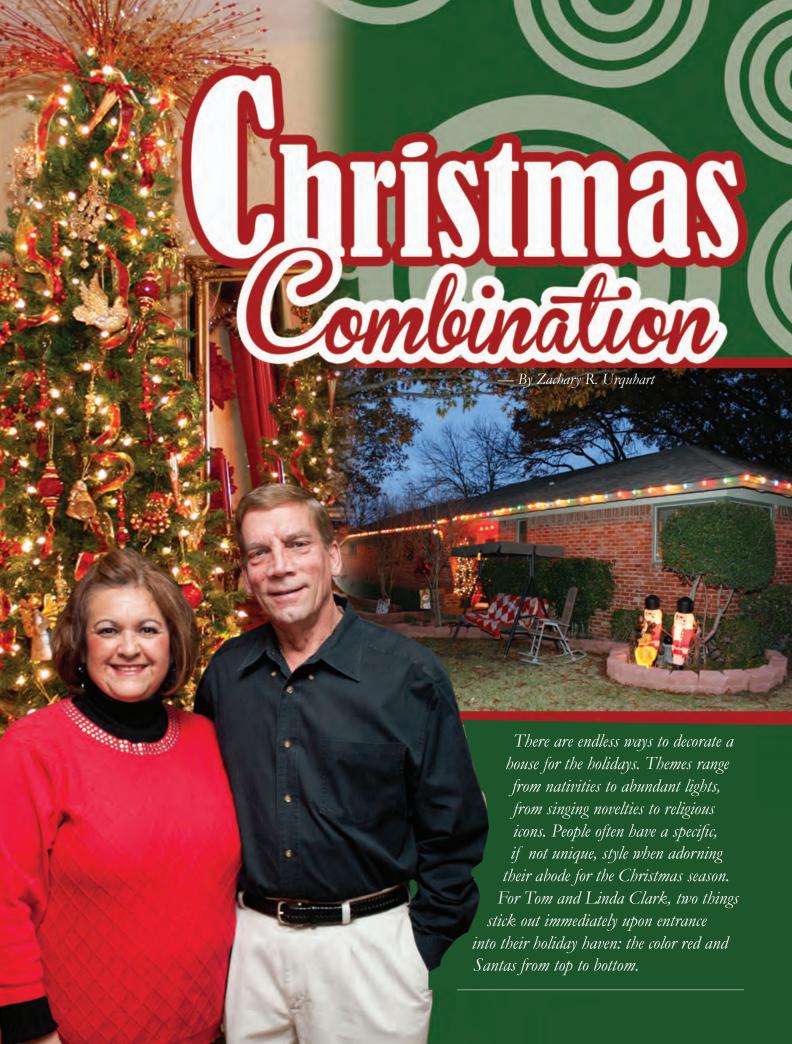












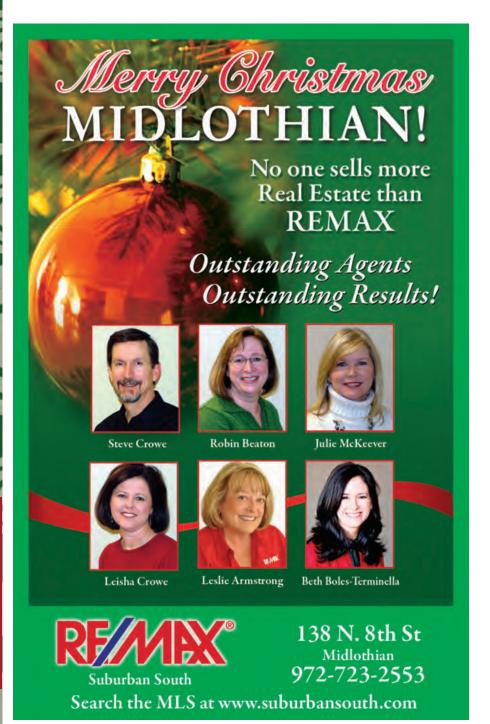
Tom and Linda met in Cleburne in the early '70s while both attended Cleburne High School. Though they knew each other, they were not allowed to date, as Linda recalled. "He was a senior, but I was a freshman," she said. "I couldn't date yet. So, we started going out around the time I graduated." After graduating in 1971, Tom had moved on to Stephen F. Austin and, later, Tarleton State University, before moving to Midlothian in 1974.

Once he got to Midlothian, Tom started in an essential, though slightly uncommon job. "I had gone to mortuary school, and I was a licensed embalmer," he shared. Tom and Linda had been dating and would eventually be married in 1976, after she attended Hill Junior College. The funeral home offered stability for the couple as they started their new life. "I did it for the steady income, so that we wouldn't starve, so to speak." Tom stayed at the funeral home for a few years, before eventually opening a full-time business in 1978. "I own a historic building restoration company, Leeds Clark, incorporated in 1985."

Meanwhile, Linda worked for Southwestern Bell for several years. "Our oldest son, Tommy, is now 32, and when he was born, I became a homemaker," Linda explained. "It was really important to us for me to be able to stay home with our kids." Tommy, as well as their younger son, Chris, both live in the area and work with Tom in his business. Now that they have an empty nest, Linda does some work for an antique shop in Waxahachie and also runs a booth of her own. "I am a big-time garage and estate sale shopper," she admitted. "I'm always looking for antiques." But, her

At Home With Tom and Linda Clark







antique shop is not the only reason she goes to secondhand sales. "That is where I've acquired lots of the ornaments and things over the years." Linda decorates extensively inside the house, and many of her items formerly belonged to someone else.

Tom and Linda moved into their house in old-Midlothian in 1981, though the

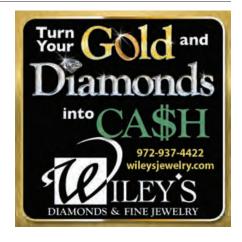
house has been there since 1959, with the requisite history attached. "The house was built in the '50s, and the brick mason was Buck Oatman," Tom shared. "He did the old Civic Center, and in return, they gave him bricks from the old high school

where Irvin is. So this house was built with bricks from the old Midlothian High School." Really, though, it's what Tom and Linda do inside that makes it such a special place during the holidays.

Linda loves the color red, a fact









Earn your degree close to home

Tarleton State University offers students affordable, high quality degree options conveniently in **Midlothian at Navarro College**.



Administration, Manufacturing & Industrial Management

Master's Degrees: Counseling, Counseling Psychology



TARLETON.EDU/MIDLOTHIAN 972-775-7244







PROUD TO WORK FOR





Hop Nguyen, Holcim (Vietnam) Ltd. International Training Assignment Different Cultures - Same Values

Strength. Performance. Passion



that is immediately evident once inside their quaint home. "You can tell, during Christmas or not, I love red," she said. From the front entryway, the house splits in two directions. To the right, guests enter a hallway that opens to bedrooms, as well as a casual family room. Throughout the halls and rooms, red-themed decor gives a subtle Christmas feel. Going the other direction, Linda has a slightly formal sitting area that is adorned in red, year-round. It also displays the keen eye Linda has for antiquing. "I found this chair, and I just had it reupholstered so that it would go with the room," Linda even has filled her kitchen with old jars and gadgets.

In addition to their perennial decoration, Tom and Linda bring out boxes of ornaments and other Christmas embellishment. Or, more accurately, Tom brings out the boxes. "Every year, I have to get box after box," he said. "We have trees all over the house, and she keeps getting more ornaments, it seems. Sometimes, I wish a tornado would just take off the roof and all the decorations from the attic." While he jokes about the time involved in his part of the decorating, Tom gives Linda all the credit for the finished product. "She really does all of the work. We do a little on the outside, but her focus is the inside. It's actually kind of elegant."

Throughout the house, Tom and Linda include Christmas trees in virtually every room. "My favorite is an aluminum tree from the 1950s," Linda said. "It reminds me of my childhood." This tree is complete with a revolving color wheel. Linda has made a habit of collecting Christmas odds and ends over the years, and some of her friends even join in. "I have four good friends that are always



getting things for me. We've been friends for 20 years, so we know each other, and they know what I like."

Old trees and ornaments are just the beginning for Linda, though. Her most impressive collection is of the man in red himself. "I have hundreds from all over the world," she confessed. "I have a cupboard full of Spaghetti Santas from the '50s." One unique Santa in a mirrored buffet that stays out all year can be opened and serves as an antique liquor flagon.

For all their decorating, Christmas is important for much more than that, as Linda expounded. "Christmas, for me, is about family, getting together, celebrating Christ. We used to always have family dinner at 6:00 p.m., so now when the grandkids are here, we do the same with them." Linda further explained they worked together to teach Tommy and Chris important values. "A lot of our success really comes from Tom being so involved. He would always make time, even after a long day of work."

Tom cherishes the fact that their work is being duplicated now. "We instilled values with our boys, and now we see them passing them along to their boys," he said. Tommy is the father of two sons, Will and Griffin. Chris is married to Stacy, and they have one son, Jayden. One of the things being passed on to the next generation is their Christmas tradition. They have the whole family spend the night Christmas Eve. They do a puzzle and just spend time together. In the morning, they read a Christmas story, eat a big breakfast and then get to the gifts. "We did it with the kids," Tom explained, "and now we do it with the grandkids. It's tradition." NOW

dental center of midlothian



Life is Good!

- · Environmentally friendly office
 - · Invisalign teeth straightening
- Enjoy sedation dentistry Implants
- · Now in-network with PPO insurances



Travis Spillman, DDS

800 Silken Crossing, Ste 112 adjacent to Ellis Co. BBQ • Midlothian

972.723.3567

dentalcenterofmidlothian.com

2012 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.





Affordable Family Haircare FREE Haircut With Any Color Or ... 1/2 Off Any Haircut With This Ad Studio 618

618 E. Main Across The Street From O'Reilly Auto 972-723-1997

Old World Glass Ornaments

For any occasion! Buy one & get one HALF OFF of equal or lesser value. Exp. 12/31/12

Creekside Collections

120 W. Debbie Lane, Suite 346 In Target Center @ Hwy. 287 817-473-2206



Wear with Panther Pride

Awesome custom shirt designs. If you can dream it we can make it! 25% off list price

NLS Apparel Made in the USA!

1000 E. Main St. Ste. 301 • Midlothian

972-775-2150



Focused On Fragrance

www.pistolsandpearls.com
Pistols and Pearls

2210 Plainview Rd. (Hwy 287 & Walnut Grove Rd.) 972-775-8020



Give Yourself A Break This Holiday Season.

Let us take care of the cooking. Enjoy your next party at our restaurant or let us bring it to you.

David's Seafood Grill & Catering

350 E. FM 1382, Cedar Hill, TX 972-293-0005 www.davidsseafoodgrill.com



Treat yourself to a massage!

75-minutes for just \$50, instead of \$75! When you mention this ad. Expires 12/31/12

Lona's Therapeutic Massage

Mansfield & Waxahachie Locations Gift Certificates Available 214-770-4480

2012 Holiday Shopping Guide

A quick look at the gift items and discounts available locally.



A Giff Just For You Ladies Special: Eye liner just \$250 Permanent makeup Eye brows • Eye liner • Lips Gift Certificates Available By Amanda Chaffin

214.532.9501



Have Fun, Paint, Eat & Drink!

Leave with Your Own Masterpiece!
Bring your Favorite snack, soda, beer, & wine.

Visual Expressions Creative Arts School

1425 N. Hwy 67 Cedar Hill, TX 972-293-1117 • www.veartgallery.com

Comfy, Toasty Toes For The Holidays!

Lazy One Sandals!

Gigis Tre Chic Boutique

126 B. N. 8th Downtown Midlothian www.gigistrechic.com 972-775-2739





What A Great Stocking Stuffer!

Get lush, longer lashes or brows in just weeks! \$65/3-month supply!

Misti Pendleton's Body & Soul

1014 Ferris Avenue, Ste 1047, Waxahachie. Please call ahead. 214-732-5414



Holiday Specials!

\$10 Off Your First Visit!

1 Hr. Full Body Massage & Highlights

Retreat Salon & Spa

111 N. 8th St. Downtown Across From Campuzano's 972-723-7838



Order Your Holiday Pies Early!

28 Varieties of fresh, homemade pies & cakes! Great for holiday gifts, too!

Our Place Restaurant

915 W. Debbie Lane, Mansfield 6AM - 3PM Burleson Location Opening Soon! 817-473-9996





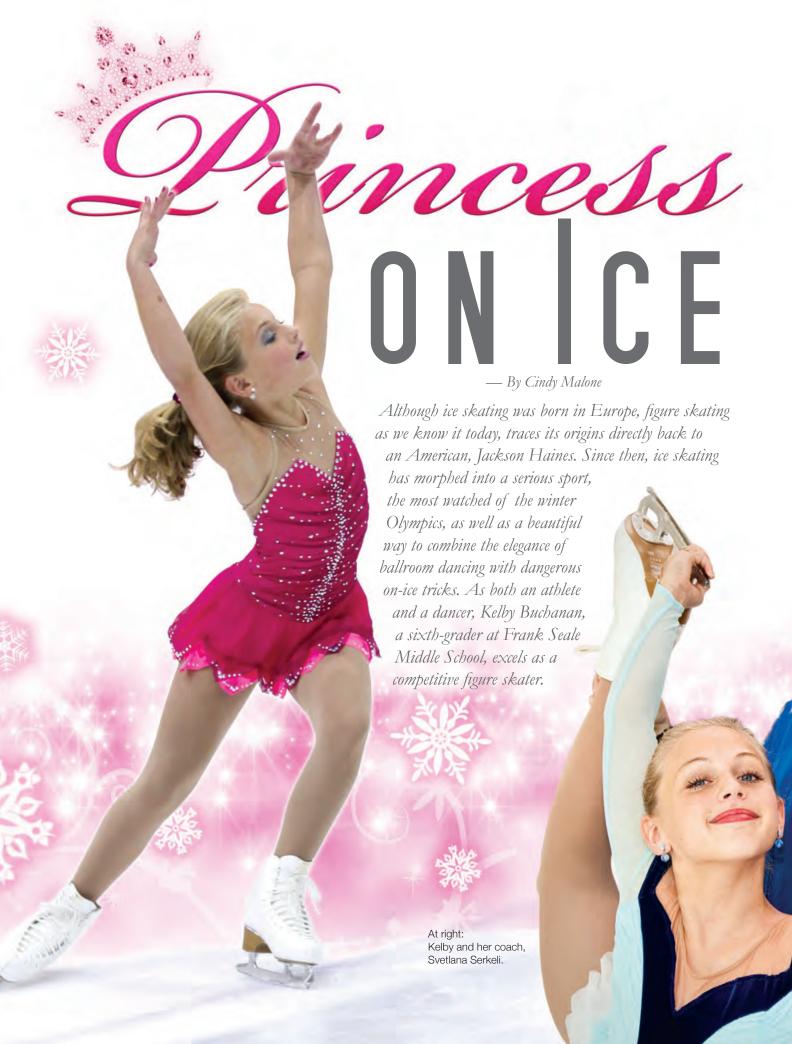










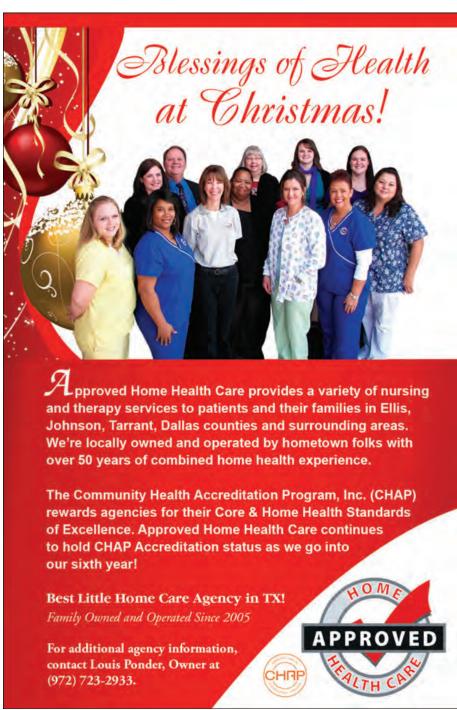


Kelby moved to Midlothian with her family six years ago. Her mom, Keisha, is a surgical assistant and her father, Jason, a sales representative. But with two younger siblings who are also involved in sports, the demanding training schedule involved with ice skating is more than two parents can handle. Kelby's grandmother, Jann Cox, helps by running Kelby from school to The Parks at Arlington where she practices, and then back home. "I don't mind," Jann said. "She only has her private lessons twice a week, and she practices after. Her competitions are more of a family affair, so there are lots of people trekking here and there for those."

The competitions are definitely Kelby's favorite part of figure skating. "I love seeing all of my friends that I really only get to see when I ice skate," she said. Kelby is very much a social butterfly. Her professed BFFs are two sisters, Leah and Anna, who both skate in Arlington.













practice and competitions are the jumps," Kelby explained. "They're fun, but kind of scary, especially if it's a jump where I can't see where I'm going to land."

Even though Kelby said she has fallen at competition and is scared of some of the jumps, it is not evident when looking at her wall of medals, earned in more than 14 competitions. In more than half of those competitions, she won first place. Perhaps the reason she worries about the jumps is because of the difficulty in her routines, or as they call it in the skating world, her skating programs. "For her age, she has a pretty high degree of difficulty. It helps with her scores," Jann explained. "Her Russian, medal-winning coaches, Svetlana Serkeli and Andrei Zharkov, give Kelby no breaks when it comes to the programs they choreograph."

Her drive, and that of her coaches, led Kelby to what could be described as an awesome come back during the summer of 2012. Like her younger siblings, Kelby thought soccer looked like fun and decided to give it a shot. Being a consummate athlete, she was a natural on the field. Then on March 31, she broke her leg after stealing the ball from the other team. "I broke my tibia at the growth plate near my ankle," Kelby explained without a grimace.

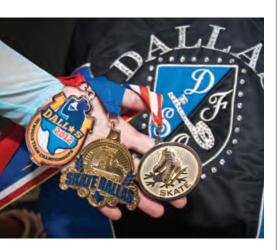
"She was in a wheelchair for five weeks. She wasn't allowed to put any weight on it at all," Jann added with a definite pained look.

Kelby was back at school in three days, after only one night at Children's Medical Center Dallas. After five weeks in the cast, she began physical therapy

in Mansfield at The Skills Center, which lasted through the entire summer.

"April 1, the next day after I broke my leg, I would have had a skills test, so I could move up a level in USFSA [U.S. Figure Skating Association]. Skate Dallas was later in May, and I missed it, but I didn't want to miss the ISI [Ice Skating Institute] Worlds in July," Kelby said. So, the athlete who just happened upon her natural ice-skating talent one day four years ago began a daily, intensive, and often painful, training routine in an effort to be back in shape in time to compete just three-and-a-half months after breaking her leg.

Even with all the physical therapy and training, Kelby was only able to actually put on skates and practice two weeks before the competition, which was held during the later part of July. Her coaches



worked with her daily and never once considered lowering the difficulty of her program. Not only did Kelby make it to the competition, she competed in two events: free skate and footwork, the harder of the two since it requires quick stops and turns on a very fragile ankle.

Surprising everyone, Kelby not only competed well, she placed second in free skate and came in fourth place for the first time ever in footwork. "I was disappointed with fourth," Kelby said with a frown. "But you know, fourth isn't bad for what I had been through."

Even though Kelby was mildly disappointed in the result, her coaches, family and judges were astounded. "Coming in second is always awesome," Jann shared. "So one person had a better day, but second place with recently breaking your leg? That was







Couture to Obscure!

206 N. Main Street, Duncanville, Tx Eclectic Mix of Antiques, collectibles, vintage clothes, and unique curiosities.

Lay-A-Way
We offer

Lay-A-Way Just 25% Down Pay 25% a Week SALE

20% off

One regular priced item (Cannot be combined with any other offer) Expires 12-31-12

Mon-Sat: 10-6 • Sun: 12-5 972-572-1616

www.anniceantiques.com





unbelievable." Kelby smiled. She knows what she did was amazing, but her young lady charm and her grown-up humbleness won't let her admit it.

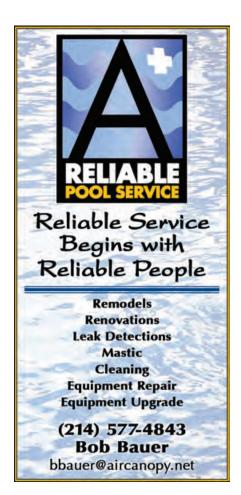
Since school started back this fall, Kelby is back to a twice-a-week practice schedule in preparation for the six or so competitions she will participate in this year, skating for both her skating clubs, ISI and USFSA. Unlike the girls who will get interested in ice skating in two years after the Winter Olympics once again brings ice skating to the headlines, Kelby knows what making it to an Olympic team really means. "It takes practice like every single day for six-eight hours. Most girls are homeschooled and spend their days skating, most days of the week,"



Kelby explained. "I love skating. But, I have other things I love, too."

What does she look forward to in her future? Kelby loves science and is starting to participate in theater in school. She thinks volleyball would be fun and plans to play that as soon as it is offered. She thinks she wants to work with animals someday, something her three dogs and turtle are teaching her how to do now. Kelby is lucky to have a supportive and not at all pushy family that allows her to try a little of everything and see what fits. "I always say a prayer for Kelby before each competition, asking God to protect her, keep her safe and help her do her best," Jann admitted. "He never fails."

As long as Kelby tries her best, wants to learn, is getting better and, most importantly, is having fun, Jann supports anything she wants to do. And that is good, since Kelby chimed in with her medal-winning smile, "Or maybe an ice skating coach or doctor?"

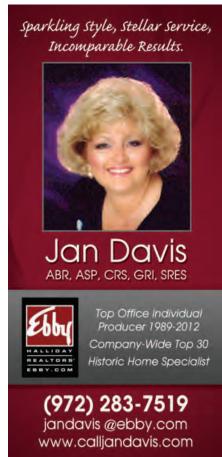










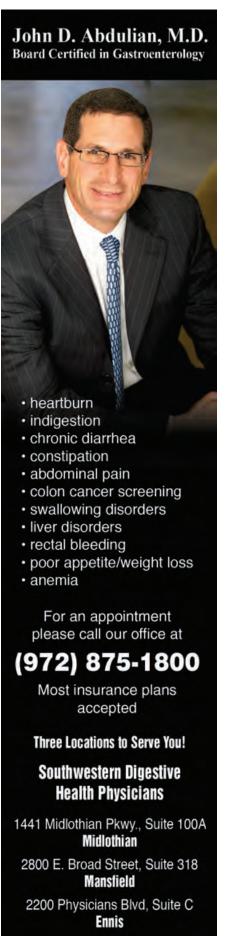














the need to keep abreast of change and growth in the field of technology. "Five years ago, it was becoming more and more apparent that learners were changing because of the world they were growing up in, and we needed to prepare them for that future," she noted. "That is what drove me back to college for a master's in curriculum and instruction, with an emphasis in technology. It's really just curriculum and how to integrate technology."

Ann has been teaching for 26 years. She spent the last seven in Midlothian. "What I loved about Midlothian was their buy in to Schlechty and the WOW (Working on the Work)." The Schlechty Center is dedicated to students learning by engagement rather than compliance. WOW is an element of that program. "It gave a language to what I saw being utilized in a regular classroom by using gifted teaching strategies," Ann said. "I loved that! Midlothian had adopted a philosophy of learning that says they want these students engaged in their

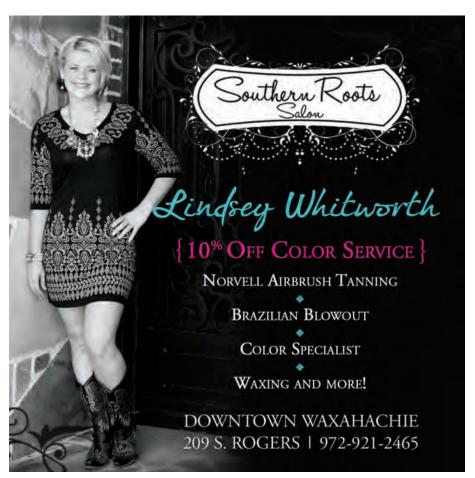
"The best part of my job is seeing my kids be able to excel at something. I love being able to show them off, and I want them to love learning as much as I do."

learning. I've always had a passion for studying the art of learning, what goes on, what to do to learn better and deeper, how learning transpires, getting the students engaged in their learning and making it more active."

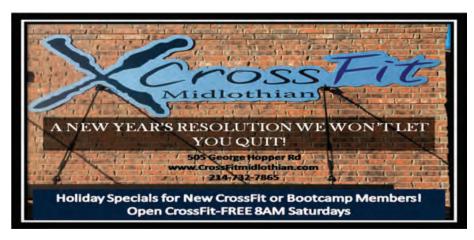
Ann spent nine years at Dallas Christian School in Mesquite, before coming to Midlothian, and taught gifted and talented students (GT). "I found out while working with GT kids that technology was a hook for them, but it is a hook for the general education students as well. I had a student at Dallas Christian who was ridiculously phenomenal. He













taught me a lot of the skills I have today in technology that have continued to develop, skills such as working with Photoshop and using the Internet. This was when Web 2.0 tools began to emerge. Using some of these Web sites would bring the lesson to life.

"The kids that we have now have grown up in a digital world. They've always had the Internet and these tools. So, along with my desire to continually study my students and their needs, I've just gotten really involved with learning for the 21st century students. Our learners have changed, because our world has changed. With this rapid development of technology, it has made how we live our lives and how we do our work so much different."

This energy and focus on being up-to-date on the best innovative ways to teach her students earned Ann a trip to London to participate in the exclusive Google Teacher Academy. Google started this event seven years ago, and attendees must be invited. It is very competitive, with only 50 teachers chosen out of a couple thousand applicants. "Half of the people were chosen from the UK, some were from [places such asl Dubai, Japan, Prague and South Africa. Six were from America, but out of that number, three or four were from California," she explained. "A lot of the information centered on the



Google Apps for Education and how you can use those tools." The word apps refers to application software. These applications refer to specific tasks or programs on the Internet for the benefit of the user. Ann was given an in-depth presentation of Google Docs, YouTube EDU, Google Earth, Google Maps and other applications teachers have at their disposal for free. The instruction at the academy provided exposure to the apps and taught participants how to use these tools.

Ann is using her enthusiasm for learning and what she learned with Google to help her students. "I'm revamping my whole classroom this year and have told my students that I'm not the teacher but the lead learner in our classroom. In the past, I've been like the sole keeper of the knowledge. They have been like the goldfish, and I feed them the knowledge I have. This year, we're going to be sharks seeking out information, so learning is taking a more active role in our classroom."

The class' first unit of study is Texas geography. Ann improvised a way the students can learn what is needed, be more active participants in the learning process and have fun. "There are three chapters in our book that encompass a lot of cool stuff about geography, in my opinion, but not necessarily in the kids' opinions. The students are















placed on teams to develop bids for a fake International Olympic Committee to bring the Olympics to the state of Texas. Before they can develop the list of elements in the bids, they've got to learn about Texas' geography and resources," she explained.

As the students go through the unit, they will see certain aspects of Texas that would be good to showcase the state. They are going to have to learn about Texas to complete this bid. "On first glance, you think Texas geography and Olympics have nothing in common, until you look at what goes into an Olympic bid," Ann stated. "An Olympic bid is just a showcase of what that city has to offer. So this will be what our state has to offer. We will utilize a lot of the Google tools and pilot a set of Google Apps for education. When they walk away at the end of the year, they might not remember minute details of Texas history, but they will have a better appreciation of the great state we live in and how much it has to offer.

"My challenge to students is to do your work better this year than last year. I am doing *my* job better this year. I want them to see that learning is continuous and is forever. The best part of my job is seeing my kids be able to excel at something. I love being able to show them off, and I want them to love learning as much as I do."







Business NOW







Heath Mobile Veterinary Services

P.O. Box 4388 Cedar Hill, Texas 75106-4388 (469) 734-7978 (972) 291-2757 fax susan.heath@sbcglobal.net

Hours:

Monday-Friday: Regular calls taken 8:00 a.m.-5:00 p.m.

Emergency calls as needed.



Dr. Susan Heath makes a veterinary house call. Dr. Heath's mother, Carolyn M. Heath, assists with a pet vaccination event. Dr. Heath discusses pet care with Clara Miller, during a visit at her home.

Vet at Your Service

Dr. Susan Heath saves you the trouble of taking your pet to the veterinarian.

— By Betty Tryon

Consider the scenario of trying to get your temperamental and usually grumpy cat into a carrier for a trip to the vet. You will no doubt succeed, but not without a great deal of effort on your part. Here is another scenario. The same cat is napping in the sunlight in its favorite spot in the room and only casually blinks an eye as the vet does a gentle examination. Susan Heath, veterinarian of Heath Mobile Veterinary Services, will travel to your home to relieve you and your pet of the stress of traveling to a clinic for necessary examinations. "You have many elderly people where it is too much of a production to get the animal in the car and drive to the vet," she stated. "There are a lot of people with their horse, goats, sheep and cattle in the backyard,

who don't have a trailer to get them in when they need help. So to have a service that comes to the house makes it easier for them and the animals. Also, it is more convenient for parents who have small children to have this service. I realize that not everybody wants to have the mobile vet experience, but it does serve its function."

Susan's most frequent call for a home visit is because of an animal either losing weight and not able to gain it back, or because they cannot lose weight. The pet may be lethargic and not want to engage in its usual activities. Perhaps it does not want to play ball or go on walks like it used to. Then it is up to the professional to figure out what is wrong. "When an animal

Business NOW

is not its normal self, then you get into the internal medicine aspect, or it may have an intestinal parasite. That is easy to diagnose and treat."

Sometimes, Susan is called to a home not for a problem, but for a routine physical examination or for vaccination — particularly the rabies vaccination because it is required by Texas law. If the pet owner is going to be boarding the animal, then the animal may need the distemper, parvo, hepatitis and kennel cough vaccine. "My visits run the gamut from general health care with vaccination program all the way to an actual emergency situation. When someone calls, I get as much information

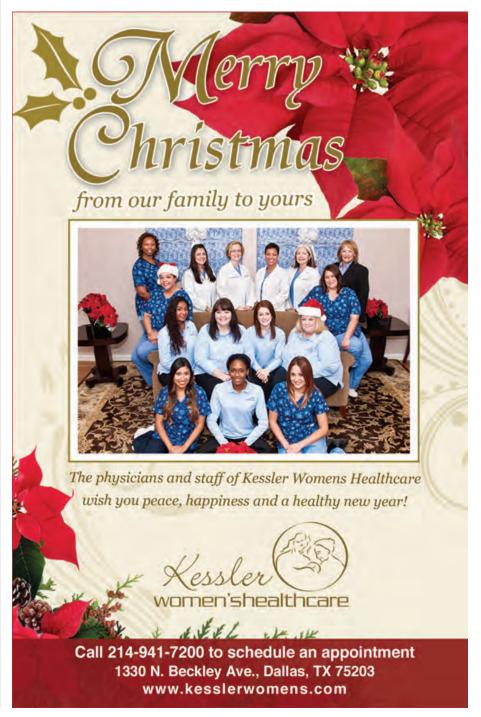
"I realize that not everybody wants to have the mobile vet experience, but it does serve its function."

as possible over the phone from the client. If it is an emergency, or if I think the animal is going to need care I can't provide, such as ultrasound or X-ray, I tell them to take the animal to the clinic," she said.

Susan's range of service covers part of the Southwest Dallas County area, Southeast Tarrant County, most of Ellis County and a little of Johnson County. As a mobile veterinarian, she gets to see the people and their animals in their normal setting at the house or barn. "It gives you so much more information than just having them show up at the clinic," she acknowledged. "It's also easier on the animals to be in their home environment, because they aren't as tense or scared."

In addition to all the convenience of a mobile veterinarian, Susan offers the benefits of guidance and education. All of this is available just by answering the knock at the door.





Around Town NOW



Judah Lewiston is fascinated by the fall flowers.



There was much fun to be had at Midlothian's Fall Festival.



Arrrrr Mateys! Second graders hunt for buried treasure.



Students show their French side at the Festival.



Tanya Jones and Connie McKenzie enjoy themselves at the Lighthouse Coffe Bar's art and music festival.



Midlothian Panthers football players and coach smile after a hard fought game.



Local author, Alexandra Allred, and Midlothian resident, Sue Pope, celebrate the release of Damaged Goods.



Golfers enjoy the afternoon at the Midlothian Education Foundation's golf fundraiser.



Mrs. Mayer's class works hard in music class to prepare for their music program.



FSMS Cubs earn a free Jiffy Burger coupon for achieving academic goals.



OPEN MONDAY - SATURDAY









MANSFIELD 1759 Broad Park Circle S., Ste. 205 817-453-2800

Dr. Hamilton was great with my son Jayden. He was patient and very understanding. I am blessed we found him. I would recommend him to anyone. – Jennifer B.

ikidsdental.com · Most Insurances Accepted · Medicaid/CHIP Approved

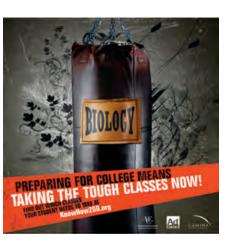




















Hometown Chiropractic

Chiropractic Approach to Headaches

A frequent and overlooked cause of headaches is the malfunction of spinal bones in the neck and upper back.

When bones of the spine lose their normal position or motion, sensitive nerves and blood vessels to the head can be affected. When spinal nerves and related tissues are stretched or irritated, they can produce throbbing headaches. Many people experience correction and relief through chiropractic care.

If a thorough examination reveals reduced range of motion, loss of normal spinal curves or mechanical restrictions, chiropractic care should be considered. After a complete explanation, you'll receive a care program designed for your unique spinal problem.

Specific chiropractic adjustments can help correct spinal joint dysfunction created by the various chemical, emotional and physical stresses in our lives.

Many patients report headache relief. Benefit from the drug-free results millions have enjoyed by consulting a chiropractic doctor.

Get started today! Call us for a free headache assessment.

Free initial consultation

Most Insurances, PIP, Attorney's Letter of Protection
All patients seen within 15 minutes • Hours: Monday – Friday 8:30AM – 7PM

Dr. David Marcial 112 S. McKinney, Ennis 972-875-8600 Dr. Natasha Maza-Marcial 607 Ferris Ave, Waxahachie 972-923-1003









Through December

Ellis County College Showcase: For baseball players 16 to 18 years old, hosted by Gear Up Baseball Academy. For more information, call (972) 845-7053.

December 1

The Southern Star Christmas Celebration: Noon-8:00 p.m., Heritage Park and extending into downtown Midlothian. Christmas Around the World theme. Activities include a vendor fair, petting zoo, face painting, musical entertainment, pictures with Santa (cost is a can food item to be donated to United Way of West Ellis County), community Christmas tree decoration and lighting and multi-denominational Christmas service. The event is a joint effort between the Midlothian Downtown Business Association, the Midlothian Chamber of Commerce, and the Midlothian Rotary Club.

Downtown Midlothian Light Parade: 6:00 p.m., Rain out date is December 8. Parade starts at 8th St. Bridge. www. southernstarchristmas.org

Waxahachie Junior Service League Annual Christmas Market and Gift Show: 10:00 a.m.-5:00 p.m., Waxahachie Civic Center. Information regarding the league's Ellis County charities and for more information, visit www.waxahachiejsl.org.

December 3

Annual Reindeer Dash 5K Walk/Race benefiting Midlothian Special Olympics: 6:00 p.m., Midlothian High School Cafeteria, 923 S. 9th St. \$30. The MHS PAL and Partners in PE classes are sponsoring this special event.

December 6

Navarro College Christmas Concert: 6:00 p.m., Dawson Auditorium at Corsicana Campus. For more information, please call (903) 875-7381.

December 9

Gryphons of Ellis County 2012 Annual Toy Run: 11:00 a.m. Parade of motorcycles from Midlothian to Sokol Park in Ennis. Toys will be presented to invited children, ages 3 to 13, at noon, live music performance from 1:00 p.m.-6:00 p.m. Free hot-dogs and refreshments while they last, door prize drawings and auction. \$5 fee to enter Toy Run and canned food donations are welcomed. All proceeds will go to the benefit of the

Midlothian Senior Citizens Center. For more information call (972) 454-0880 or (469) 766-6093.

December 11

MHS Christmas Band Concert: 6:30 p.m., Midlothian High School Auditorium.

December 13

MHS Holiday Choir Concert: 7:00 p.m., Midlothian High School Auditorium.

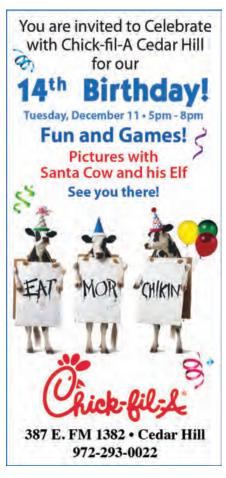
December 24 - January 4

Winter Break for Midlothian ISD.

January 19

"Free Children's Dance" for Maddie's Sake: 6:00 p.m.-8:00 p.m., Midlothian Civic Center, 104 W. Ave. E. Donations accepted. The dance is for children of all ages with or without a disability. There will be refreshments, games, dancing and a photo booth. For more details, visit www. ForMaddiesSake.com.

Submissions are welcome and published as space allows. Send your current event details to betty.tryon@nowmagazines.com









In The Kitchen With Andrea Frederick

— By Betty Tryon

As a young girl growing up in Port Arthur, Texas, Andrea Frederick's lessons in cooking came in a definite ethnic flavor not from her mom, but her dad. "My cooking comes from my dad's side with Cajun influence," she said. "My mother's family is German, but none of them liked to cook or weren't very good at it! My mom says my daddy taught her how to cook."

In Andrea's family, making an effort to get together is important. And for what better reason than to eat? "On Sundays I cook for my parents, my brother and his family and my family. We rotate cooking on Sundays and meet after church to eat."

Seasoned Stuffed Pot Roast With a Cajun Twist

3-4 lbs. eye of round or rump roastTexJoy Steak Seasoning1/2 tsp. garlic salt1/2-1 tsp. red pepper, crushed, or to taste

1/2 tsp. black pepper 1 bell pepper, chopped

I large onion, chopped

I clove garlic, minced Cooking oil

Cooking o

- 4 Tbsp. Tony Chachere's Creole Brown Gravy Mix (or Roux and Gravy Mix)
- 2 Tbsp. flour
- **I.** Make several cuts about 1-inch wide and several inches deep into the roast. The number of cuts will depend on how seasoned you want it to be.
- **2.** Mix all seasonings, chopped bell pepper, chopped onion and minced garlic in a cup or bowl.

- **3.** Fill each cut with 1 tsp. of seasoning mixture, pushing it in with your finger to the bottom of the cut.
- **4.** Cover bottom of large heavy pot with cooking oil; heat oil on high temperature. Lay roast in pan and darken on every side. Turn heat down to medium-low. Add enough water to submerge roast by 1/2 to 3/4 of its thickness, depending on amount of gravy desired.
- **5.** Add remaining seasoning mixture; stir and let cook for 2 1/2 to 3 1/2 hours, depending on size of the roast.
- **6.** After cooking, remove roast. Bring liquid to a boil. In a separate bowl, mix brown gravy mix and flour with enough water to thicken. Slowly pour this into broth in pot, stirring constantly to make gravy. Slice roast and serve!

Creole Casserole

1/2 cup celery, chopped1/2 lb. ground beef1/2 cups rice1/2 cup onions, chopped

1/2 cup bell pepper, chopped
1 10.5-oz. can cream of chicken soup
1 10.5-oz. can onion soup
1 8-oz. can mushrooms
Black pepper, to taste
Red pepper, crushed, to taste
1 tsp. garlic powder
1 1/2 tsp. salt

1. Mix all ingredients together in 1 1/2- to 2-qt. casserole dish. Bake at 350 F for 2 hours.

Strawberry Pizza

Dough:

2 cups flour

1 tsp. salt

2/3 cup shortening

2-3 Tbsp. water

Topping:

1/2 cup flour

1/2 cup sugar

1 10-oz. container frozen strawberries (Or make your own sweetened strawberry mixture.)

- **I.** For Dough: Mix flour, salt and shortening in a bowl by hand. Add 2-3 Tbsp. water; knead mixture until a dough consistency is reached. Shape into a ball.
- **2.** On a pastry sheet or clean countertop, sprinkle flour. Roll out dough to desired thickness. Use pizza pan to measure size of circle. Lay dough over pizza pan and trim off excess dough around edges with a butter knife.
- **3.** For Topping: In a small bowl, mix flour and sugar.
- **4.** Spread flour/sugar mixture over dough. Pour strawberries over top, making sure sugar mixture is covered.
- **5.** The juice from strawberries will thicken with flour/sugar mixture when cooked. Place in 350 F oven for 20 minutes, or until crust starts to turn a light brown color.
- **6.** Let cool and place in fridge. Can be topped with whipped cream or ice cream when served!

To view recipes from current and previous issues, visit www.nowmagazines.com.

& ORTHODONTICS





Dr. Vazquez obtained a certificate in advanced graduate studies in General Practice Residency at Tufts University School of Dental Medicine in 2006 ions onliversity school of Dental Medicine in 2006 where she concentrated her training in special needs and medically compromised patients. In June 2009 she completed her residency in Periodontics at Boston University and her Masters Degree in Oral Biology, which was focused in inflammatory processes. During her Periodontology residency she refined her skills in periodontal procedures induling Cosmetic sumeries and implant placements.

surgeries and implant placements.

Are vou...

- ... Missing one or more teeth?
- ... Having trouble with dentures or partials?
- ...Unhappy with your bridge?

Dental Implants with Certified Periodontics

Dental implants are replacements that look and feel just like your own. Gone are the inconvienences of unretained dentures, partials and missing teeth while eating and drinking whatever you like. They look and feel like real teeth for a flawless and natural smile.

A Confident Smile with Certified Orthodontics

Orthodontic braces can align teeth, fix your bite, and create a more healthy, attractive smile. Contact us today to learn more about this process, which helps create a more confident smile. for you in a relatively short time.



WAXAHACHIE, TEXAS 1540 Highway 77 North, Suite 7 Waxahachie, Texas 75165 (972) 937-7787

MANSFIELD, TEXAS 1811 Hwy 287 N., Suite 160 Mansfield, Texas 76063 (817) 453-1001

Call Picasso Dental Today for details and to learn about our amazing prices for these procedures!







MISD bond construction updates, financial reports, photos online at www.midlothian-isd.net/bond.

Naming High School #2

The High School #2 naming committee, chaired by Superintendent Dr. Jerome Stewart, makes recommendations to the Board of Trustees in accordance with Midlothian ISD CW (LOCAL) Naming Facilities Policy. The Board makes the final selection of the name for the new school from the committee's recommendations of no less than five and no more than ten names.



Campus Representatives
Baxter Elementary - Tammie Moore
Irvin Elementary - Jean Ray
Mt. Peak Elementary - Melissa Neal
Longbranch Elementary - Amber Mize
Miller Elementary - Jennifer Campbell
Vitovsky Elementary - Tammy Lowman
Frank Seale Middle School - Joyce Griffith
Walnut Grove Middle School - Tammie Floyd
Midlothian High School - Patti Spillers

Community Representatives
Jerry Ellis
Patricia Middlebrooks

Parent Representatives Michelle Spradley Jeff Wofford

MISD Winter Holiday Free Entertainment

Dec. 3 5K Reindeer Dash Run/Race, 6 p.m., MHS parking lot

Dec. 6-7 MHS Theater 'Pride & Prejudice', 7 p.m., MHS Auditorium

Dec. 11 MHS Christmas Band Concert, 6:30 p.m., MHS Auditorium

Dec. 13 MHS Holiday Choir Concert, 7 p.m., MHS Auditorium

Dec. 17 FSMS Christmas Band Concert, 6:30 p.m., MHS Auditorium

Dec. 18 WGMS Christmas Band Concert, 6:30 p.m., MHS Auditorium

Dec. 20-21 MISD Early Release

We are Transparent

MISD has earned this top award for the past three years by clearly the budget, financial reports,



check registers, charts and more on the district's financial webpage.