

The Community Magazine Serving Burleson, Joshua and the Surrounding Area

Burleson NOW

M A G A Z I N E

February 2010

**Falling in Love
With B-Ball**

**Preserving
Railroad
History**

***At Home With*
Brian and
April Dunn**





"I Bet I can Help Your Back!"



Do You hAve a SORE BACK?

...or BuRNING in your LEG or HIP? HerE's a
FamOUS DoctOr's Valentine's Day
SEcRet! to Finally Help YoUr AchIng & StiffNes!

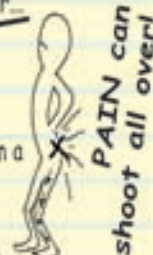
Hi, My name is Luke and I'm 3 years old. My dad's a dOctor. I see a lot of peOple who coMe limping & bent ovEr to his office. He's kinda busy so I'm writing a letter to help him tell people about 2 secrets. Here's the first one...it's gross about your...

Secret #1—A Tricky Pain in the (BUTT!)

I see people who can't get off the chair so they puSh on thier knees to gEt up. My dad says it's cause of pain in the hip from a seCret muscle in thier bUtt (gross) thAt no one kNows about.

It piNches the SCioTIC nerve and can hurt in the back & the hip and even go down the leg. EveRyBoDy thiNks it's a "ruptured disc" but my daD cAlLS it a "NerVE ENtRAPMeNt" witch is a way to say the muscle traps the nerve—like a chuBBY kid tryiNg to wiggle under a feNce who gets stUck and sQueezed. NerVes hAte beiNg squeeZed. They get mad and Shoot Pain all oVer the plAcE in your hIp & leg & back!!! My Dad says it's worse than a bAd tOothache!

One of Dad's seCrets (his NaMe is Dr. Brandon Pettke, D.C.) is something called REFERRED PAIN. It's a BIG deal! Even doCtors in big medical centeRs like orthopedik surgens and neurologists mIss this and so do expensive MRIs & Kat scans. That's why he hAs both therapists (muscle professionals) and chiropractors (spine & joint doctors) working toGether at his HealthSource Clinic... 'cause they also use thier HANDS to find the problems...not just fancy machines. That's why they're suPer-good at tracking down sNeaky pain.



Secret #2—A REAL MIRACLE!!

Ya know what else? MoSt TherApists & ciropractors still fight like cats and dogs—but at HealthSource, it's a miracle! They work toGether and share thier top SEcRET HeAling stuff so pEOple get help for pain FAST! Now there are 240 HealthSource clinics in AmErica (does that make my dad famous?) who are usiNg this modeRn appRoAch. He sAys that hAving thierApists and chiropractors wOrking toGether Really helps people a lot. Not only that, but he wAnts to mAKE it super-easy to try out this nEW way of HelpiNg your back rite NOW... 'cause Valentine's Day is an EXTRA SPECIAL time for HeAling. See, when people fEel happy, thEy're williNg to try something NEW eveN if thEy've been feeliNg hopeless and have tried a lot of their stuff fOr their backs that didNt help.

One moRe thing. Since he kNows it's normal to be a little cautious About some-thing new, he's even willing to nudge you to give it a chance...by giving you a FREE gift of a 1/4-Hour massage, a \$20 present (the massage is sooo relaxing!)

* WhOOps! I forgot something REALLY IMpOrtAnt! My daD says you get a Triple satisfaction PLEDGE: 1. You get in the same day you call, or your first treatment is FREE! 2. But that's not all! If you do in fact quality for treatment, and are not cheerfully greeted by our warm and friendly team, then your treatment is FREE! 3. If you find a better PLEDGE than ours, you'll get a week of free treatment! (But don't wait—you've ONLY got 14 days!) We're not promising a cure or claiming to be superior, we simply believe that our clinic is built on helping people feel better.



My DaD's FREE CuPON!

Until Feb. 14, 2010, my dad is offering a FREE "Hope for VALENTINE'S DAY" 17-POINT HiddEn-Pain EXAM for youR bAck so You can see if this nEW treAtment approach is for you (they'll tell you if you don't qualify). Usually it cOsts \$189, but For jUst a fEW days—uNtil Feb. 14, 2010 —yOU cAN get this exam for FREE (NO money!).

This offer does not apply to federal healthcare program beneficiaries and ACN participants.

* Your exam Is A cOMplete PhysiCal exAm and X-Rays If you NEed thEm

HS HealthSource®
Chiropractic & Progressive Rehab™

GO HERE

M. Brandon Pettke, D.C.
1320 NW John Jones Dr.
(just north of SW Alsbury Blvd)
Burlison (817) 297-7100
www.healthsourcechiro.com



Specializing in Orthodontics for Adults & Children

FREE Initial Exam & Consultation • Interest **FREE** Payment Plan
Affordable Monthly Payments • Most Insurance Accepted

Special Offer

\$250 Towards Treatment with this coupon

New patients only. Offer good towards comprehensive treatment only.



Sheila T. Birth, D.D.S., M.S.
Diplomate American Board of Orthodontists

Charles Stewart, D.D.S.
Orthodontics & Dentofacial Orthopedics



**Straight Teeth
Fast with No Braces**

**State-of-the-Art
Video Games**

Saturday Appts.

**Early Morning
& Afternoon
Appointments**

Burleson

109 W. Renfro
Burleson, TX 76028
817-546-0770

www.professionalsmiles.com



First National Bank of Burleson receives BauerFinancial's *Five Star Rating*



Five-stars is
BauerFinancial's
highest "Superior" rating and indicates
that First National Bank of Burleson
is one of the strongest banks in
the United States!



BauerFinancial, Inc. has been analyzing and
reporting on the financial condition of the
nation's banking industry since 1983.

Through the years BauerFinancial
has earned the reputation of "the
nation's bank rating service".



First National Bank
of Burleson ... Locally Owned
Welcome Home!

www.FirstBurleson.com (817) 295-0461
899 NE Alsbury Blvd. & 740 SW Wilshire Blvd. Burleson, Texas 76028



Publisher, *Connie Poirier*

General Manager, *Rick Hensley*

Editorial

Managing Editor, *Becky Walker*

Editorial Coordinator, *Sandra Skoda*

Burleson Editor, *Melissa Rawlins*

Contributing Writers,

Lynn H. Bates Jr. . Faith Browning

Nancy Fenton . Jaime Ruark

Lawrence Whaley

Contributing Editors/Proofreaders,

Pat Anthony . Angel Jenkins Morris

Nancy Fenton . Jaime Ruark . Beverly Shay

Advertising Art

Art Director, *Chris McCalla*

Ad Artists, *Julie Carpenter . Allee Brand*

Cherie Chapman . April Gann

Marshall Hinsley . Arlene Honza

Editorial Art

Creative Director, *Jami Navarro*

Production Artists, *Brande Morgan*

Pamela Parisi . Jennifer Wylie

Photography

Photo Director, *Jill Odle*

Photographers, *Amy Ramirez*

John Riley

Advertising

Advertising Representatives,

Will Epps . Teresa Banks

Rick Ausmus . Linda Dean

Carolyn Mixon . John Powell

Steve Randle . Linda Roberson

Terri Yates

Billing

Billing Manager, *Lauren De Los Santos*

Office Manager, *Angela Mixon*

BurlesonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2010. All rights reserved. *BurlesonNOW* is published monthly and individually mailed free of charge to homes and businesses in the Burleson ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.

Burleson
NOW
The Community Magazine
Serving Burleson, Joshua
and the Surrounding Area
MAGAZINE

Contents

February 2010
Volume 4, Issue 2



Lovebirds Brian and April Dunn enjoy the warmth in their beautiful new Burleson home.

6 Preserving Railroad History

26 BusinessNOW

Catering to Clients

12 Better Together

At Home With Brian and April Dunn

28 EducationNOW

Planning for Success

20 Around TownNOW

30 Who's CookingNOW

32 FinanceNOW

22 ArtsNOW

Trading Horror for Romance

33 HappeningNOW

24 SportsNOW

Falling in Love With B-ball

34 HealthNOW



On The Cover

Mason Smart holds the ball with confidence during her final season playing basketball for the Joshua Owls.

Photo by John Riley.

Editor's Note



Dear Readers,

All sorts of new beginnings are hoped for in February. This strange month, dead in the middle of winter, forces us to look forward to the time when early bulbs will begin to push forth from the cold ground. For now, we have to provide our own heat. Turn to our articles for stories about the warm hearts in your midst. For those of you desiring to kindle a fire, we asked a local cook, Andrea Blair, to provide a full menu for your valentine to enjoy with you! Starting with a glass of champagne and finishing with a strawberry-glazed chocolate cake, the dinner requires some advance planning and shopping — but you have everything you need in Burleson's local groceries, so there is no stress involved. As you read our magazine this month, imagine all the ways you can give love to your precious family members!

Happy February, Burleson and Joshua!

Melissa Rawlins
BurlesonNOW Editor

Woolard's
Custom Jewelers

"Since 1948"

"Old Fashion Friendly Service"

In House Jewelers
Jewelry Work Done On Premises

Fine Jewelry
Diamond Setting
Jewelry Repair
Special Order Work
Custom Designing
Laser Welding
Watch Repair

*Jeweler by Trade
Artist By Heart*

Bob and Caryl Woolard

437 S.W. Wilshire Blvd.
Burleson, TX 76028
817.295.6361

dedicated to families

**Lucas & Blessing
Funeral
Home**

Funerals - Cremations
Pre-arrangements

518 South West Johnson Avenue • Burleson, TX
817-295-9000
Lucas-Blessing@familyowned.net • www.familyowned.net

**CASH4TITLE
LOANS**

No Credit Check
Money in Minutes

Flexible Term loans up to 12 months
With this Ad receive special discount
Lowest Rates In Town
- Se Habla Español -

Loans from \$300 up to \$5,000

How much can I borrow?
A loan can be up to a third of the
wholesale value of the car.

How will I pay my loan?
All loans have an easy payment
program based on your pay schedule:
Weekly, bi-weekly or monthly!

817-426-3055
888.918.0555
108 NW Renfro
Burleson, TX 76028

BURLESON COMMONS

**A great place for shopping,
food and entertainment!**

Come by and see all that Burleson Commons has to offer.
Conveniently located at the corner of SH 174 and SH 731.



For lease and out parcel information,
please contact: Shelley Taylor
Falcon Realty Advisors
972-404-8383



PRESERVING RAILROAD HISTORY

— By Melissa Rawlins

When you admire the historic Interurban express car #330 that is being set up outside the Burleson Heritage Foundation (BHF) building near Burleson City Hall, you are admiring the talent, love and elbow grease of men and women from all walks of life and from at least two centuries! Built by workers at the G.C. Kuhlman Car Company in 1902, the car operated locally until 1934, when it was sold as scrap. This decade, one of the workers preparing the trolley car for display is Leon Sapp, whose love for railroading and history pulled him into preserving the only surviving car of the original Fort Worth-to-Cleburne Interurban line.

Leon had already restored his yellow railroad motorcar — like the ones he used to get paid to ride around on in the '60s when he was the youngest trainmaster the Missouri-Kansas-Texas (Katy) Railroad had ever promoted. That wide-open, electric-powered motorcar was built in 1982, the same year that Leon and his wife, Mary,

moved to Burleson from Colorado. Both their children graduated from Burleson High School, while Leon worked for the United States Department of Transportation and, eventually, retired as the Deputy Regional Administrator of the Federal Railroad Administration.

Members of the Heritage Foundation approached Leon immediately when they learned of his new-found freedom and asked him to help restore the Interurban car. He had a big shop where he carved wood and made children's furniture for new mothers in his church, and the BHF figured he could manage the restoration if they could get helpers for the effort. Burleson craftsmen and history buffs came out of the woodwork for the project. "I was amazed! We'd get sometimes 10 or 12 people to help on Saturdays. Toward the end of the

restoration, we still had sometimes eight or more people show up at the city maintenance yard on Mondays and work the entire day," Leon said.

"The sad part about a car that's over 100 years old is you don't repair; you replace. The frame was strong, but the shell (the outside lining) was shot. We stripped everything out of the car and put in a brand new floor, all new windows, all new roof — everything! Through the years, as we'd remove a piece to replace, we'd often find a piece behind it that needed to be replaced. We'd take off a piece, duplicate the piece, and put the new one on. We tried to use the same kinds of wood. If it was oak or ash or pine, we'd replace it with oak or ash or pine," Leon explained.

The project has taken longer than anyone expected, but a timeline





The solution to sinus congestion is no longer as painful as the problem.

When specialists at USMD Fort Worth introduced Balloon Sinuplasty™ to North Texas, sinusitis sufferers breathed a huge sigh of relief. For the first time, sinus blockages could be cleared without incisions or the longer, more painful recovery associated with older techniques. In fact, many patients are back to normal activities the very next day. Today, USMD ENTs are no longer the only ones who perform Balloon Sinuplasty™ — just the most experienced. Learn more at usmdfortworth.com.



usmdfortworth.com

the ArtBarn studio
art classes, make your own mosaics, paint-your-own-pottery and more!

• Summer Art Camp
& Summer Field Trips
REGISTER NOW!



Make Something Special for Your Valentine this Year!

Call our studio for more information 817-426-3232 or visit our website at theartbarnstudio.com & facebook the artbarn studio!

No appointment needed to paint or create a mosaic!
Open studio hours: Tues-Fri 11-6, Sat 10-6
Field Trips Tues-Fri 9:30-11

3401 S.W. Wilshire, 3 miles south of Starbucks (next to Parks Produce), Joshua

was less important than keeping the reconstruction true to history. The final big job, done last fall, was doping the canvas roof. "The old roofs were made of wood covered with canvas and then doped. Doping is something that turns the canvas into a hard roof," Leon said. This month, Basden Steel is moving the heavy Interurban trolley car to City Hall before volunteers could touch up the paint and, as Leon said, "put on the jewelry." The inside of the car will be a




museum in itself. Clayton Boyd, former mayor of Burleson, built beautiful cabinetry for the interior in which railroad memorabilia will be displayed.

Curiosity will draw people into the Interurban to learn more about how our culture has changed. "You look at what we have, what has survived — like that old trolley car — and you kind of have to wonder how it all came to be," said Leon, who has always been a history buff. "We tend to think that we're the only people today that approach brilliance. But when you look at the construction of that car and how they did what they did with what they had to work with, it blows you away.

"That car was state of the art in 1902! It was expertly put together, and the obvious pride in craftsmanship was just astounding. In many respects, I think the people who built that car were prouder of their work than many of today's workers. Every cut of the saw was very precise — no error. Nothing about its construction was sloppy. We've enjoyed seeing the history of its construction unfold," Leon said.

With tremendous backing from the city government and the local businesses, the BHF has succeeded in finishing an overwhelmingly complicated project. "For example, Home Depot has bent over backwards to find and order for


Internal Medicine & Pediatrics



Lawrence Whaley, M.D.

Internal Medicine & Pediatrics of Burleson provides comprehensive primary care for families. Board certified in internal medicine and pediatrics, Dr. Whaley has completed a combined four-year residency in internal (adult) medicine and pediatrics to care for newborn through geriatric patients.

220 S.W. Wilshire Blvd.
817-426-3800



HMA
huguley medical associates

Begin your Winter

With A Healthy Smile



(l to r) Dale Martin, D.D.S.,
Drew Jamison, D.D.S., Casey Stroud, D.D.S.



- Additional Training In Children's Dentistry • Kid Friendly Environment
- Combined Over 30 Years Experience • Offering Oral, IV & General Sedation
- One location for all of your child's dental needs



 **Burleson** 
Pediatric Dentistry

1161 S. W. Wilshire Blvd. • Ste. 110 • Burleson, Texas 76028
817-447-7474 • www.burlesonkids.com

Most Insurance Accepted • Accepting Medicaid

Tax Credit Extended AND Expanded...

Not Just for First-Time Homebuyers!!!



Samie Campbell
Branch Manager

You have the right to know if you qualify as a first-time homebuyer &/or a move-up buyer. Give me a call, and I would be happy to confirm if you are eligible for this awesome opportunity.

If you think you may be a candidate for the tax credit, then now is especially the perfect time to purchase your dream home. Rates are low and house prices are cheap. It doesn't get much better than this...but the tax credit goes away as of June 30, 2010!!!

As a courtesy for closing your loan with me, and because I have had a tax business for 11 years, I will gladly prepare the tax documents necessary to get your tax credit back as fast as possible at no additional cost. How's that for an added bonus?

308 E Renfro Suite 206
Burleson, TX 76028

Phone (817) 447-4443
Fax (817) 447-3339



www.buildamortgagenow.com



us stuff they didn't even stock! Rick Roper is a super electrician who's given us guidance. Gary Null welded the old cowcatcher on the front of the locomotive that kept things from being run over," said Leon. "We took pictures of the original car to Lee Ray Davis, and he duplicated all the lettering and signs. The car will look just like the last day it rolled through town, in 1933, back in the steam era.

"When I hired out in 1961, I started as a fireman on the Missouri Pacific Railroad, at the end of the steam era. The next year was the beginning of the diesel era," Leon said. "Things change slowly. Today a single boxcar will handle as much as three boxcars [did] at the turn of the century. Today, each [boxcar] can weigh as much as 250,000 pounds with its lading. Now, we're averaging from 16 to 20 trains per day through Burleson. That's a tremendous amount of traffic."

In the past 40 years, Leon has seen traffic on railroads quadruple. In Burleson, the traffic started with horses and wagons, and the Interurban railway was quite a boon to the local economy. "It was a baggage car, doing all the deliveries of the day, from ice for communities on line to freight packages," Leon said. "There was an old crank telephone in every Interurban depot, and a person could call one of the big stores in Fort Worth and order something, pay the agent for the goods, and then it would be delivered from the store to the depot later that afternoon. That was customer service!

"I just love listening to people in the BHF, reliving Burleson's history through their eyes and memories," Leon said. "Some of the people grew up here, with parents who were born and raised here, and they really have a keen interest in everything. Mary and I haven't been here that long, yet we consider ourselves Burlesonites."

Still, Leon likes to get out of Dodge every now and then with his motorcar. "I take it on the trailer to a set-on point and run up to 100 miles at 25 mph for the day. I'll take a friend or Mary or one of my granddaughters, and we'll just spend the day," Leon said. "Seeing the world from the railroad is far different from seeing it from the highway." **NOW**

**Ask How To
Win Free
Services
For A Year!**

Happy Valentine's
from Cooper Salon & Spa

Half Price Is Back!

One Hour Basic Facial
1st Time Microderm Skin Care Treatment

\$30 OFF One Hour Swedish Massage
\$15 OFF Hair Color Services
(discount honored by participating Stylists only)
\$10 OFF Lip & Brow Wax Combo

1st TIME VISIT w/LEVEL 1 STYLISTS:

\$59 Color, Cut, Conditioning Treatment
\$5 OFF! Any Hair Service w/Level 1 Stylist
(Level 1 Discounts Cannot Be Combined w/Other Hair Service Offers)

Cooper Salon & Spa
832 E. Renfro • Burleson, Texas • 817-447-1922
"A Professional Redken KRS Summit Salon"

Buy Valentine's Gift Cards Instantly From Our Website www.coopersalonandspa.com

Kim Rose
Professional Stylist

Your next Auto Loan is only a few clicks away



**Need a vehicle?
Need financing?
Try our
“30 Second Credit App”
online at mcmcauto.com**

mcmc
mike carlson motor co.

Reliable.

Transportation.

People.



www.MCMCAuto.com

At Home With **Brian and April Dunn**

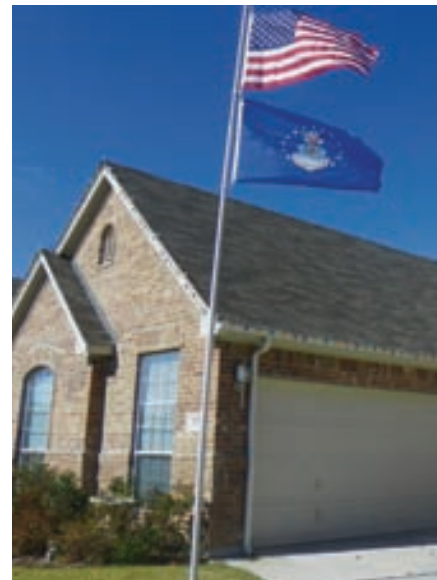


Better Together

— By Jaime Ruark

Brian and April have lived in Burleson since January 1987, when they built their first house. “My grandparents lived here, and we were just looking for a place that was not so busy. We were the very first house in the Meadows division. We called it our ‘little house on the prairie’ because it was just us by ourselves,” Brian recalled, with a laugh. A self-proclaimed “people person,” Brian works as a service advisor for Lynn Smith Chevrolet, a job that suits this outgoing man who is always ready to hear and share a story. April wears many hats, currently working as a commercial claims adjuster, with over 20 years of experience in the insurance field. She also makes time for a side business — her classy


February is a month “so full of frost, of storms and cloudiness,” a William Shakespeare quote that holds true, unless you are one of the lucky ones to be invited into the warm and welcoming home of Brian and April Dunn. With its Tuscan styling, rich jewel-toned decor and open floor plan, the Dunn’s three-bedroom, two-and-a-half bath, almost 2,500-square-foot residence seems to make any February clouds or storms disappear.





and sophisticated Song of Solomon Elegant Lingerie line. "I've always had a dream to own my own business and fashion is a passion of mine," she shared. "I take great pride in hosting upscale, tasteful parties in my home."

The Dunns spent a few years in Joshua, where they built a home in 2003 that had more land, but they soon found their way back to Burleson. They built their current house last summer. "This house is larger than the one we had in Joshua, but we definitely have less land. It's been a transition for me," Brian admitted, "because I really enjoyed having acreage. Our neighbors used to be half an acre away; now they're 10 feet away." Having now spent over a year in their residence, the busy couple has truly begun to make the space their home, although Brian has future plans for his yard that he is anxious to get underway. "I really haven't had time to do anything except build a shed," he said, adding that he hopes to put up his Martin birdhouse soon. "I used to have a 1,200-square-foot shop for my boat, two cars,

Children Love Learning at Mountain Valley Child Development Center

At Mountain Valley Child Development Center, we understand that the first five years of childhood are the most important in development and learning. Every parent wants to nurture their child's God given talents and abilities. With this in mind, we offer a gifted and talented curriculum that promotes hands-on learning. Our Bible based approach to education will instill character as well as intellect. Our incredible educators are dedicated to service and have a calling for teaching. You will be amazed at the difference. Call today for more information about Mountain Valley Child Development Center.

- We offer Infant, Toddler, Pre-School, Kindergarten Preparatory, Mother's Day Out, and After School Programs. We provide flexibility to meet the needs of most schedules and budgets.
- Beautiful State-of-the-Art Facility conveniently located on Wilshire Blvd.
- Live streaming video to view your child while you are at work.
- Spanish and Baby sign is taught in the daily curriculum.
- Music Education program taught by owner and director. Also, a monthly visit from Mr. Music!
- Morning Chapel with Praise and Worship.
- All teachers are trained by a Master level teacher.
- "Reading Mastery" - Early Literacy Program.

*"Nurturing Young Hearts and Minds,
All for the Glory of God"*

2975 SW Wilshire Blvd. • Burleson, TX 76028 • (817) 484-2444
www.mountainvalleychilddevelopmentcenter.com



fitness equipment, lawn care items and all kinds of stuff. We downsized quite a bit with this last move but, even now, we still don't have room to put our cars in the garage."

Brian and April had definite ideas for their new home — needs and wants they addressed to make sure the space reflected their personalities and life priorities. "We needed a home office, and we wanted a large kitchen with tall countertops. Plus we really enjoy an open concept, so we have high ceilings and the kitchen that opens onto the living room. Our hallways are really wide, which is unique, and it just really gives it an open feel. Of course, as long as I have a comfortable couch and my LCD hi-def TV, I'm good," Brian laughed.

The rustic, Italian style that April loves is accented by the deep browns, greens, reds and golds she has chosen for

BlueWater POOLS LLC

- NEW CONSTRUCTION
- RENOVATIONS & REMODELING
- EQUIPMENT REPAIRS
- WEEKLY SERVICE
- PLASTER, TILE & COPING

- OUTDOOR KITCHENS
- DECKING
- SALT SYSTEMS
- WATER FEATURES
- EQUIPMENT REPAIRS/UPGRADES

- Pool & Spa Heaters/Heat Pumps
- Pool Safety Covers
- Solar Covers
- Hot Tub Covers


Let BlueWater Pools build your winter retreat.

817-297-7120

www.BlueWaterCustomPools.com



Nurturing young minds every day.



Master degree level director with highly trained and educated staff, who have several years experience teaching and nurturing children.

- Children 6 weeks - 6th grade
- Christian-based curriculum
- Stretch and grow
- Chapel service
- School age drop off and pick up in Mansfield and Burelson ISD
- School-age summer program

Retta


CHRISTIAN LEARNING CENTER

Hours of operation- 6:30 am - 6:00 pm

FREE REGISTRATION

Please bring in coupon.

13201 Rendon Road • Burleson, TX 76028 • 817-473-9002 • www.retta.org



SCHOLARSHIPS AVAILABLE for bilingual education majors

- Transfer to Texas Wesleyan and begin your future now!
- Sit for the Texas state bilingual education certification exam upon graduation.

To find out more about how to begin coursework in your major, visit www.txwes.edu or call:

In Burleson:
130 E. Renfro St.
Burleson, TX 76028
817-295-7373

In Fort Worth:
1201 Wesleyan St.
Fort Worth, TX 76105
817-531-4422

Step up to a
4-year degree
and promising
career



TEXAS
Wesleyan
UNIVERSITY

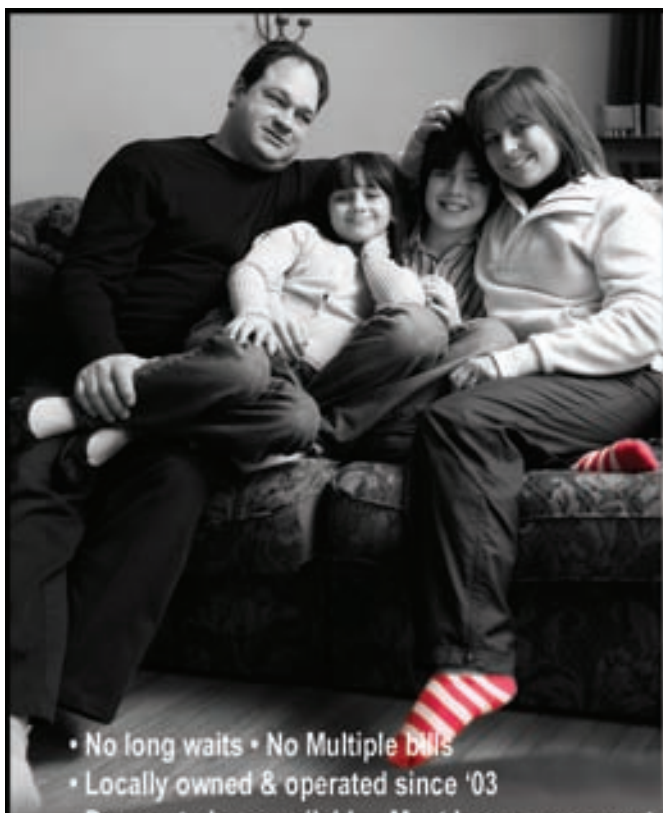
EXCELLENCE WITHIN REACH



her fabrics and draperies. Dark cherry wood furniture and cabinetry in her kitchen and formal dining room further enhance the Tuscan style, and April is quick to give credit where credit is due. "I love to be creative, but my mother-in-law, Brenda Sanders, is my home decorating guru. She is amazing," she expressed. "She can make something out of nothing. Everywhere you look in this house, you see something she's done." The greenery and flower arrangements placed on shelves and tables, pretty scrolled iron wall hangings on the walls and unique touches such as a handmade table and wicker towel holder are examples of the ways Brenda's artistry helps April's style become even more vibrant and warm. "I tell her what I want, and she makes it even more beautiful than I could ever imagine," April added.

A spacious master bedroom, again accented in red and gold tones, leads into an endless closet area and master bath, complete with sunken tub and separate glass-encased shower. The room also offers what April laughingly calls her "corner office." Brian joked, "She can sit there for hours, Indian-style, and work on her laptop or read the Bible. You'd have to get me up with a crane if I sat like that!"

The office is home to some of Brian's special memorabilia. "When I was growing up, I had the baddest car in school! I had a 1970 Dodge Challenger, restored by my uncle, and my best friend had a '69," he said, pointing out two miniature cars that are replicas of those first cars. April's memorabilia is a bit more delicate: two hutches hold precious porcelain figurines, called Snow Babies, and a collection of hand-painted Hawthorne homes, stores and school houses. "I just love these. They're so



- No long waits • No Multiple Bills
- Locally owned & operated since '03
- Payment plans available • Most Insurance accepted
- 16 Slice CT • 1.5 MRI • On-site Radiologist

Love your Heart! Love your Family!

See Whats Inside at **ONE SOURCE!**

Ask your Doctor to send you to **One Source**
so you can receive an

AFFORDABLE

CT, MRI, X-RAY or Ultra-sound!

One Source can
help save you
money on all your
diagnostic scans.



onesource
DIAGNOSTIC IMAGING

©2010 One Source

Granbury: 817-578-2398

Cleburne: 817-517-5665

Burleson: 817-447-3443

www.onesourcediagnosticimaging.com

the Love affair



CALVARY CHURCH

www.calvaryftw.com

FEBRUARY SERIES
Sundays @ 8:30 am & 11 am

Making your kitchen dreams a reality



\$45 per square foot
5 colors to choose from

No hidden waste charge

Visit our showroom to see our
selection of beautiful granite slabs

Free estimates available

Showroom Hours:
Mon-Fri 8am - 5pm Sat 10am - 2pm



ZODIAQ
QUARTZ SURFACES

Viatera

caesarstone
Quartz Surfaces

SILESTONE

MTM Services

2460 Hwy. 287 N. • Mansfield • 817-477-8663
www.mtmcountertopservice.com



beautiful and detailed," she smiled.

The Dunns love to entertain family and friends and have an open-door policy to the people in their community. Brian noted, "I think the more people know each other in the community, the better off we all are. We're better together." They have become quite well-known for their parties; April is, in fact, the queen of social and community gatherings. "In Joshua, I was in charge of our HOA [Home Owners Association] social events. At the last party we had about 70 people," she

recalled. "I'd love to get something like that started here, maybe have a block party this spring."

As the chairman for his HOA Landscape and Beautification group, Brian is proud to help beautify the community, planting trees along McAlister Road and creating a gorgeous fall display at the community pool. The Dunns are also proud of their home: "Out of all the houses we've built, this one is my favorite," Brian said. One of the couple's proudest accomplishments, however, is watching their two handsome sons as they grow into manhood. "Jonathan is an airman in the Air Force, thus the flag out front. He's stationed at Eielson Air Force Base in Alaska," Brian said. "I was an aircraft mechanic for seven years. I used to work on F-16s, which happens to be what he's working on now." Their other son, 16-year-old Burleson High School junior, Jordan Ryan, was named after two of Brian's sports heroes: Michael Jordan and Nolan Ryan. "We love our kids. There have been a lot of prayers said over the years," April said with a smile, "but we have a lot to be thankful for." **NOW**

Cardiothoracic Surgery

Michael Wood, M.D.

With twenty years' experience as a cardiothoracic surgeon, Dr. Wood has extensive experience performing coronary bypass surgeries, heart valve repair and replacement, complex aortic aneurysm repair, endoscopic surgery, vascular surgery, thoracic surgery and thoracoscopic surgery. He also performs innovative cardiovascular surgeries including beating heart surgery and minimally invasive coronary bypass surgery, in which the heart is accessed through the rib cage.

After graduating from Southern Missionary College in Collegedale, Tennessee, he earned a Medical Degree at Loma Linda University School of Medicine. Dr. Wood then completed eight years of residency training in cardiovascular, thoracic and general surgery at Loma Linda University Medical Center.

11803 South Freeway, Suite 112
817-293-5547

HMA
Hospital Medical Associates

Call the Handy Man Crew

WE CAN DO IT ALL!

- Fence Repair & Installation
- Paint - Interior & Exterior
- Custom & Rough End Carpentry
- Tile Installation & Removal
- Wood & Laminate Flooring Installation
- Tree Trimming & Removal
- Tape, Bed & Texture

No Job Too Large or Small
We Honor Competitors' Coupons
Quality Service at Affordable Pricing

Mention This Ad for 10% Off

Call NOW! 469-569-5431





Lydia Wison, R.Ph Wayne West, R.Ph Dan Gardner, R.Ph



NEED to TALK about over-the-counter medicines, as well as prescriptions?

Our pharmacists are always available to answer your questions!

No Prescription Insurance?

We offer **Best Value** cash & carry plan.

- Convenient drive thru
- No long waiting, old-time friendly service
- Take insurance & Medicare-D cards
- Compounding Specialists
- Locally owned
- Co-pay same as chain stores

Dan's Best Value Pharmacy
3521B SW Wilshire in Joshua
(817) 484-3267



West Best Value Pharmacy
124 West Renfro, old-town Burleson
(817) 295-6128

www.mybestvaluerx.com

Kiss your ordinary Valentine's Day gifts goodbye.



Berry Chocolate Roses™

Life is full of celebrations, and there's just one delicious way to bring joy to all of them. Available for pickup or delivery nationwide.

Happiness is always in season™

Call or visit the location nearest you:

817-453-2500

120 W. Debbie Lane, Suite 350
Mansfield, TX 76063

617 Uptown Blvd Suite 105
Cedar Hill, TX, 75104



Edible®
ARRANGEMENTS

EdibleArrangements.com

NOW OPEN

Another Reason to Celebrate!

SAVE \$4
on your next order.

Offer valid on select products. Cannot be combined with any other offers. Offer code must be used when placing the order. Offer expires 02/28/2010 Code: vlen1112

Valentine's Day • Dinner Parties • Anniversaries • Birthdays • Congratulations

Copyright ©2010 By Edible Arrangements, LLC. Containers may vary. Available in a variety of sizes. Franchises available call 1-888-727-4258 or visit ediblearrangements.com.



Jessica Janusch, Alison Arcement, Lenny Arcement, Dianne Janusch Arcement and Emily Arcement are working together to raise money via Relay for Life.



Police Commander Doug Sandifer began 25 years of service to the City of Burleson as a part-time reserve officer.



David Hays, Gregg Gammon, Fred Coyle Jr., Jim McDaniel, Ray Kramer and John Horadam get together for Thursday coffee at the Elks Diner.



City Manager Curtis Hawk honors Humberto Ramirezo with the 2009 City of Burleson's Employee of the Year Award.



Joe Allen, son Dayton, wife Donyelle and daughter Trystan are making fundraising to fight cancer a family affair.



Tommy and Faye Johnson celebrate the new year at the Burleson Senior Center.

Your New Year's Resolution...

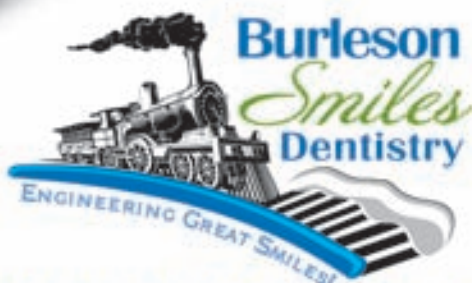
"Fix those Loose Dentures with
Mini Dental Implants
& Eat What You Want!"



**Go Ahead...
Bite Into
That Apple!**



Chris Hawkins, DDS, PC



817-44-SMILE

1304 NW John Jones Dr. • Burleson, TX 76028

www.burlesonsmiles.com

Your Center for Complete Healthcare



Chronic Disease Management

- Diabetes
- Allergies
- Hypertension
- Arthritis
- High Cholesterol



Dr. Angelo Vu

Same-day Sick Visits Available
Mon. - Fri. 8am to 5pm
Most Insurances Accepted

THE
internalmedicinecenter
OF FORT WORTH
817.568.8700

Now Accepting New Patients

Located in Doctor's Surgery
Center @ Huguley Hospital

Call today about a move-in special just for you!



**Heritage
— PLACE —**

A Retirement Community at Huguley



PLEASE CHECK ALL THAT APPLY and return to the address on the bottom of the ad:

- ☐ Please contact me to set up a one-on-one appointment to learn more about Heritage Place.
- ☐ Please contact me to reserve a space at a complimentary lunch to learn more about Heritage Place.
- ☐ Please send me more information about Heritage Place.

Name: _____

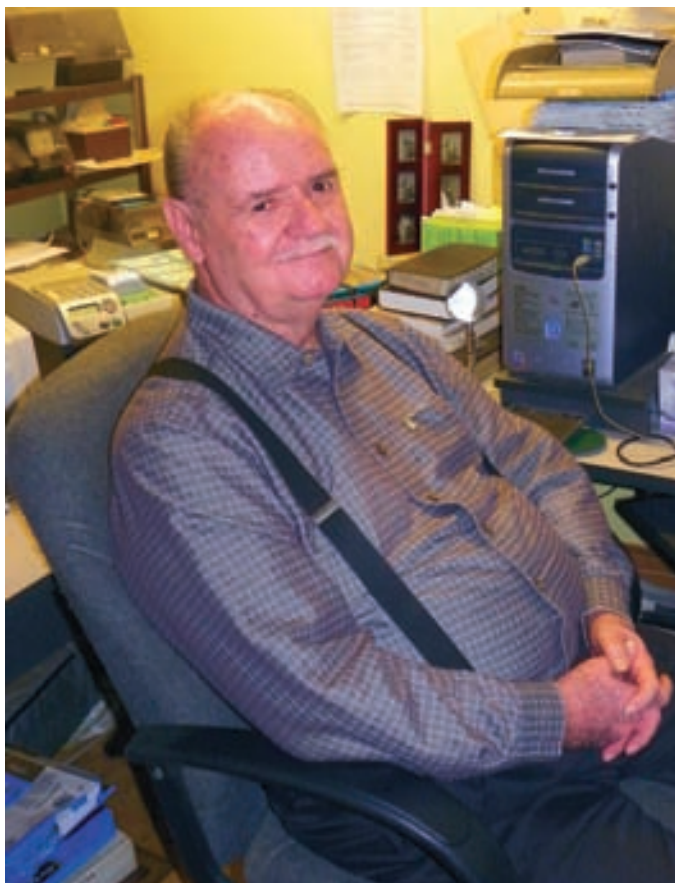
Address: _____

Phone: _____

Email: _____



300 Huguley Blvd. • Burleson, Texas • 76028 • 817-568-1000
www.heritageplaceretirement.com



Glenn Norton, a gentle and witty retired truck driver, now writes full time from his Burleson home. He began creating his first novel in 1987, while driving a long-haul from Canada. *Olive Drab* is full of the humorous things Glenn experienced during his three years in the Army.

Glenn is currently working on publishing *Knight in Tarnished Armor*, a romance novel intended to teach women how to spot and avoid an abusive man. The protagonist, Bert Bengal, teaches a night class — facetiously called *Domestic Tranquility* — in which he describes the personalities of abusers and gives tips for disentangling from controlling, manipulative, violent people.

Glenn designed the storyline during 300-plus hours spent interviewing victims and professionals who helped him research the patterns of abusers for the novel. Most importantly, he interviewed 12 women who had been abused. With a tear in his eye, Glenn described the reaction of one woman who read the manuscript: “She asked whether I would write another novel, about child abuse. I said ‘no.’ I couldn’t bring myself to think about that.” But due to a friendship that started 10 years ago through his writing support group, Glenn did begin thinking about spousal abuse.

“There was a woman from Rio Vista who had to move to Maine to get away from her ex-husband, who liked to come visit to beat up her and the kids. She’s now a reporter in California. I wondered why she would get mixed up in that, when she’s such a nice lady,” said Glenn, who decided to research his question and write about it, so women could see what to look for in a

Trading Horror for *Romance*

— By Melissa Rawlins

man. “That’s not the easiest thing to do, but it’s possible with the right guy.

“One man read the manuscript and brought it back and said, ‘Now that I see how real men view abusive men, I’ll never hit another woman.’ That surprised me, because I wrote this as a romance novel so that the macho guy wouldn’t touch it! She wouldn’t want her abuser to know she’s reading something that would show him in a bad light or how to get away from him,” Glenn said. “I would say almost all men have the propensity to be abusers. If they could ever put enough women on the polygraph, it wouldn’t surprise me if it’s above 40 percent whose husbands will hit or knock ’em down,” he added.

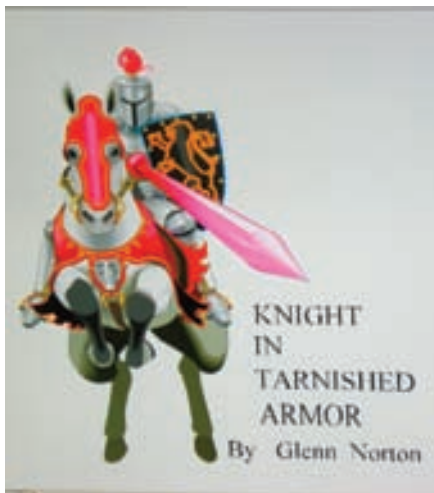
The force holding women from leaving abusers is psychological. “If she told her daddy, her daddy’d go get a gun and find the guy, and that’s what she’s afraid of — that her daddy would get in trouble, so she keeps her mouth shut,” Glenn explained. “Also, one thing an abuser does is continually tell her how no good and lousy she is and convinces her that no other man would have her but him. So he’s her hero, and he beats her up every three weeks.

“All men want to see themselves as heroes, even the abusers, who like to be the hero of the woman they’re abusing. I’ve found in my research,” Glenn said, “that a man who is a control freak is alright, and when a man is a macho freak he’s alright, but when a man is both he’s dangerous. In *Knight in Tarnished Armor*, I touched on verbal abuse and nonphysical abuse, which would be just the way that a man would act around his wife that would hurt her feelings or put her down. I pointed out that verbal abuse may be the worst kind of abuse and that the scars are deeper.”

Surprisingly, Glenn wrote a horror-based comic novel called *The Dallas Goremet Club* a few years before meeting the writer from Rio Vista. That comedy of horror has been placed on the back burner while he searches for a publisher for *Knight*

in *Tarnished Armor*. While he collects rejection letters and awaits the wonderful acceptance letter, Glenn is having fun writing a funny sci-fi mystery that, as yet, has no name.

"My intent with this book is to bring some disbelievers around to being believers," Glenn said. "So many people say the Bible is too fantastic to take seriously. So I put a twist on it: God comes to earth in a spaceship. He's from another place in the Milky Way, and He comes here every 2,000 years. God was here for Adam and Eve, then again with Moses, then again when Jesus was born, and now it's been about 2,000 years. I want people to see a side of it that maybe they can believe. I make it so the miracles



are explained." Glenn asks interesting questions in this work-in-progress, including: How long will it be before we eliminate death by natural causes? In his book, Glenn points out: "God is from a place where He has eliminated death from natural causes.

"The key to being a good writer is the desire to share what you know with words," said Glenn, who translated his desire to help women into eight-hour writing days, crafting *Knight in Tarnished Armor* into 20 chapters, at around 20 typed pages per chapter — just like the usual romance novel formula. "I wanted it to appear to be a romance novel; actually it's a how-to book in novel format. The objective is to let women know how to eliminate the horror from their life." **NOW**

ZOOM!
Teeth
Whitening
in 1 HOUR
\$395 Special
mention coupon
when calling



**Limited
Exam
& X-Rays
\$35.98**

- DIAGNOSTIC (EXAM & DIAGNOSIS)
- PREVENTIVE (ORAL DISEASE PREVENTION)
- COSMETIC
- FAMILY DENTAL (TAKING BOTH CHILDREN & ADULTS)
- RESTORATIVE (REPAIRING TEETH)
- ENDODONTICS (ROOT CANAL TREATMENT)
- PERIODONTICS (GUM TREATMENT)
- ORTHODONTICS
- ORAL SURGERY
- WE ACCEPT MEDICAID, CHIP & MOST INSURANCES



**Crystal
Dental**

Mansfield
2880 N. FM 157, Ste. 102
Ph: 817.473.6200
Fax: 817.473.6207

Burleson
664 SW Wilshire Blvd.
Ph: 817.426.3331
Fax: 817.426.3337

Cleburne
1301 W. Henderson St., Ste. H
Ph: 817.641.3344
Fax: 817.641.3346

www.crystaldental.org

Musical Instruments • Accessories
School Band Rentals • Eastwood & Michael Kelly Guitars



10% OFF
with coupon - not valid on lessons

Lessons
Now Available!
Call or Come
by for details.

Tune City Music

344 SW Wilshire Blvd. Suite 1 (Next to Antonios Restaurant)
817-295-9089 • www.tunecitymusic.com

ENHANCED BARN BUILDERS

Specializing in Post Frame Construction

CUSTOM BUILT POLE BARNS • GARAGES
SHOPS • BACKYARD PORTABLE BUILDINGS
WE'LL MEET OR BEAT ANY PRICE!





Tell your
friends

\$500 REFERRAL FEE FOR ANY SIZE POLE BARN BUILT
BY ENHANCED BARN BUILDERS *PD UPON COMPLETION

CALL FOR FREE ESTIMATES: 214-734-1461 • www.enhancedbarn.com

Falling in Love With B-ball

— By *Melissa Rawlins*



Mason Smart's favorite color is purple, so that is what she wore to prom this year. But when she is on the basketball court, Mason wears Joshua High School's royal blue, black and white uniform with pleasure. She gets a kick out of the game, you see. And when she wins, she gets pretty excited.

Mason was so into a game against Richland High School last December, she did not know the reason for the raucous applause that followed a goal she made — until after the game. That is when she learned her mother had hyped everyone up because that point was the thousandth point of her high school basketball career.

Supportive parents are half the battle for an athlete, like Mason, who has played basketball since third grade and is now considering scholarships offered by several different colleges. Since the age of 10, Mason has played on select teams. "We start playing in March, doing nearby tournaments until the school year is over, and then we travel. We have sold candy bars and run carwashes, but most of the time our parents helped fund the travel to places all over the United States, where college scouts are watching. Our goal is to get assigned to colleges by the end of our senior year," Mason explained.

Mason is a self-proclaimed homebody and plans to study and play in Texas. Not only will she stay close to her family, but she



enjoys hanging out with her friends, whom she calls "the best people in the world." She also has a horse to come home to.

"I actually have less and less time to do that now," said Mason, who was a competitive rider between the ages of 9 and 13. She learned a lot in that sport, most importantly the philosophy of competition: "When you fall, you have to get back up again — no matter how hard it is!"

Her own high school team has gotten back in the saddle for years. One of Mason's most exciting moments in basketball was two years ago, when she was a sophomore. "Our high school team made the playoffs for the first time in 26 years, and then we made it three rounds — which is the furthest they'd gone in an even longer amount of time," she said.

As a team builder and natural leader, Mason has helped everybody on the team get up to speed this year. "There were a lot of new additions to the team," she explained, "and everyone has played well and come together. On the court, I encourage people to do their best and give constructive criticism to help them improve their game and confidence."

Maybe her teammates accept constructive criticism from Mason because she is a senior, and maybe they think she knows what she is doing. "I try to do everything to the best of my

ability," said Mason, who believes the three keys to the team's success are hard work, putting in the time and dedication. "Everyone around you is getting better all the time. You'll get left in the dust if you don't work hard. You gotta stay on top of your game," Mason said. "There is no goofing off. You gotta focus. We try to get everyone together and put the phones away about 20 minutes before each game. We go shoot during half time of the game before us, and we focus in the last quarter. For about 10 minutes before the game, the coach talks to us about strategy."

This year, Mason's strategy has been to work hard to play strong defense. "I am what coaches consider a jump shooter," Mason said. "However, they say that shooters are a dime a dozen."

"Defense is mostly what college coaches are looking for. Since I'm really an offensive-minded person, I'm trying to change that and become more defensive-minded. So in practice, I get lower, move my feet faster, try to stop people with the ball. Defense is pretty much all mental," Mason added. "You have to believe in yourself and stop 'em with your quickness."

Enjoying the senior's privilege of late arrival, Mason gets up at 8:30, after her late study nights, and comes to school daily for four classes before two-and-a-half hours of basketball practice begins every afternoon. Her course load is tough (one Advanced Placement classes and three college-level classes), but Mason studies as hard as she practices. "I get in at least an hour every night for something that's due the next day, and I'm pretty good at retaining information."

Mason remembers quite well the best basketball moments in her life. In fourth grade, her Little Dribblers team beat the undefeated team for the championship. In fifth grade, she scored 22 points in one game. "That was awesome for me; I thought I had to have my shoes bronzed!" In seventh grade, in the final 15 seconds of the game against their rival, Aledo, Mason made a 3-point shot from two or three feet outside the three-point line. "It's clutch moments like that," Mason said, "when you pull through, that get your adrenaline going and make you fall in love with the sport!" **NOW**

Pediatrics

Lisa Herrin, M.D.

Board-certified pediatrician Lisa Herrin, M.D., has opened a medical practice for infants through teenagers at Huguley Memorial Medical Center.

Dr. Herrin has almost twenty years' experience as a pediatrician, including seventeen years locally. For the last eight years, she has worked in a community clinic and urgent care center with Cook Children's Physician Network.

Dr. Herrin completed a pediatrics residency at the University of Texas Southwestern Medical School at Dallas after earning her Doctor of Medicine degree from the University of Texas Medical School at Houston. She holds Bachelor of Science degrees in chemistry and biology from Southern Nazarene University in Bethany, Oklahoma.

11803 South Freeway, Suite 204
817-293-0995




TEXAS DRINKING WATER SYSTEMS, INC.

Purified water ... health's greatest necessity!

Commercial • Residential
Come See Our Showroom

www.texaswater.com
605 N. Broadway, Joshua, TX 76058

817-295-8514
800-755-3831




Spokes

BICYCLES & SERVICE

140 NW John Jones Dr - Suite 124
Burleson, TX 76028

817-447-3505 • spokes-bicycles.com

Tues - Fri 10:00AM to 7:00PM
Sat. 10:00AM to 6:00PM



SUNSET WINERY

Romantic Valentine's Candlelight Dinner



Reserve Your Table Now

7 pm February 13th or 14th. The menu is on our Web site, and you may reserve by phone whenever we are open.

The Place for Fine Wine & Fun Events

Open Thu - Sun, Noon - 7 PM
1535 S. Burleson Blvd.
Burleson, TX 76028
817-426-1141

www.sunsetwinery.com



Surgical Associates of North Texas

312 East Renfro
Suite 109
Burleson, Texas
(817) 293-9200
www.fwveins.com

Hours:

Monday - Thursday: 8:00 a.m. – 5:00 p.m.
Friday: 8:00 a.m. - noon



From left:

Becky Harper, Dr. and Mrs. Bass and Stacy McDowell; new office in B & G Plaza; calm and comfortable waiting room; laser hair removal room.

Catering to Clients

Before the summer sun comes out, people are calling this local surgeon for laser and spider-vein treatments.

— *By Melissa Rawlins*

Talk about great office staff! Call Stacy or Becky at Surgical Associates of North Texas (SANT) and you can usually get an appointment within a reasonable time frame. “Our office staff does an excellent job,” said SANT’s founder and surgeon, Barry Bass, M.D. “They’re very people-oriented. I’m very fortunate.” He’s also blessed by his wife, Pat, who was a nurse in the operating room while Dr. Bass was fulfilling his residency.

Theirs was a match made in Missouri, 28 years ago this month. Now, Burleson and the surrounding area enjoy the nurturing of Dr. Bass and Pat, who has worked alongside her husband in each practice he has established since 1982. “She comes in a couple days a week to help run the show,” said Dr. Bass, who started Surgical Associates of North Texas in 2004, at an office near

Huguley Hospital. He recently moved the practice to a beautiful new 1,100-square-foot office in the B&G Plaza at Renfro and I-35. Pat and their daughter, Sara, decorated the office in a modern style with calming colors that soothe patients and portray Dr. Bass’ appreciation for Southwest decor.

What gives him the greatest satisfaction, however, is that each patient is different, and each day is new. “When he sees a patient, it’s all about them,” Pat said. “He’s very compassionate and is an excellent listener. His integrity is sterling. He’s very particular when he operates. Barry is great at what he does.”

And what this general surgeon does is mind-boggling! Clients come to SANT for neck surgery, thyroid surgery, hernia and abdominal surgery of all types — intestinal, colon and bowel. “We

deal with rectal problems, breast tumors, cancers and general masses,” said Dr. Bass. “We work closely with oncologists in managing breast cancer and putting in ports for chemo after breast surgery,” he added. Sometimes, a plastic surgeon will join Dr. Bass in the operating room to do reconstruction following a mastectomy.

The doctor’s brother, who is a plastic surgeon, inspired SANT to provide Botox injections for qualified patients. “People of all ages can use Botox, and I inform each patient what they can expect,” said Dr. Bass, who carefully counsels each patient.


The removal of excess hair, cysts, moles and even spider veins is professionally conducted at SANT. Dr. Bass was prompted to learn the sclerotherapy/spider vein procedure by Pat after she gave birth to their third child and discovered some spider veins she wanted removed.

“We work closely with oncologists in managing breast cancer and putting in ports for chemo after breast surgery.”

Dr. Bass also has had sclerotherapy, so he knows how it feels. “It’s a very safe procedure,” Dr. Bass said, “and can be very satisfying to women and men of any age. The results can really change what they do on a daily basis.

“This is an excellent time for people who have any issues with their veins, or are concerned about how their legs will look during the summer to have sclerotherapy. After treatment they can still wear leggings or slacks for 3-4 days while healing. And after treatment of sun-damaged spots or hair removal, patients need to avoid direct sun — so early spring is a good time to have laser treatments performed.”


Depending upon, their customers’ preferences and the services required, Dr. Bass operates at their B&G Plaza office, the Doctor’s Surgery Center by Huguely Hospital, the Surgery Center at USMD on Bryant Irvin in Fort Worth, Baylor All Saints at City View, the Mansfield Surgery Center, Mansfield Hospital or Huguely Hospital. Dr. Bass and the staff at Surgical Associates of North Texas are all about catering to their clients. **NOW**



SURGICAL ASSOCIATES
OF NORTH TEXAS

Contemporary Surgery
State of the Art Technology

Patient-focused care & immediate, flexible appointments combined with 22 years of experience to provide you unparalleled care.



Introducing
Barry Bass, M.D. F.A.C.S

BOTOX, BREAST MASSES
LAPAROSCOPIC SURGERY
LASER HAIR REMOVAL
VARICOSE & SPIDER VEIN TREATMENT

312 EAST RENFRO, SUITE 109
BURLESON, TX 76028
PHONE # 817-293-9200

Blooming in Burleson for over 36 Years

Flowers by Fran




817-295-3501
817-295-7361

248 S.W. Wishire
Burleson, TX 76028

www.flowersbyfran.net



Valentine's 20% Off

Puppies need training? Call us!

Happy Tails
complete pet care & boutique

Mon., Tues., Thurs., & Fri. 7:30am to 6:00pm Wed. & Sat. 8:00am to 5:00pm

113 NE Johnson Ave., Suite 300 • Burleson • (817)-529-9993 www.happy-tails.net



Planning for Success

— By Jaime Ruark



The Burleson education system has been making a name for itself for quite some time thanks to skilled teachers, talented students and supportive parents. When Carol “Bunny” Micklas and her husband, Paul, were transferred to the area, she was excited to become a part of such a strong system. “I had heard a lot of good things about Burleson through the grapevine from other educators,” she recalled. Having spent the last six years as one of the counselors at the high school, Carol uses her own special flair to ensure

this winning tradition continues.

The road to her career as an educator was a long one for Carol. “I got my undergraduate degree in journalism from Arizona State University,” she said. “My husband was in the military, and I wanted a job that would give me the ability to follow him in his career as well as have one for myself, so I started in a nursing program.” Carol loved the biological and chemical aspects of medicine but soon realized nursing was not the field for her. “I’m one of those people that faint at the sight of a needle,” she laughed.

Carol moved on to a job in real estate and then worked as a tax accountant, always being sure to coordinate her schedule with the school schedule of her daughter, Storme. It was then that her calling became clear. “While I was substitute teaching during my daughter’s junior and senior years in high school, I saw so many kids who just weren’t getting the information they needed concerning higher education,” she said. “Plus, it occurred to me that when Storme left home for college, it wasn’t just her that was leaving; it was all of her friends, too.” For a woman who loves surrounding herself with young people, this was definitely a deciding factor. Carol went back to school for a master’s degree in school guidance and counseling.

When Carol’s husband got his orders to move from Georgia to Carswell Air Force Base in Fort Worth, she found herself suddenly back in the classroom. “I arrived here all excited, ready to be a counselor, and found out that Texas requires three years of teaching,” she smiled. “So, I got my alternative certification and taught ESL [English as a Second Language] classes. I had about 125 students, ages 14 to 21, from all over the world. I’m sure I learned more in those three years than they did. It was an amazing experience.”

After those three years, Carol began her job as counselor at Castleberry High School in River Oaks before coming to Burleson High School (BHS). She focused on academics, spending much of her time one-on-one with the students to plan their curricular futures. “There are so many classes for kids to take these days that can focus their talents and

Education **NOW**

strengths, such as Intro to Engineering or our criminal justice and agricultural programs," she noted. "Obviously, we're working to make sure our students graduate, but I want to make sure these kids are successful in life. I want them to have a career years from now that they are happy to wake up to every day."

Being a school counselor involves much more than just helping students plan for the future. "Sometimes, we as educators have to fill different roles. These kids have all the teenage growing up problems, family problems, juggling friends, sports and work. It's a lot to deal with," said Carol, who tries to provide outside perspective, knowledgeable advice and consistent support. Sometimes, all that is required is a listening ear, a few minutes on her comfy office couch and a drink from her Hello Kitty water cooler. She has developed an easy, trusting camaraderie with the young people she counsels. "I feel like most of my students feel comfortable and safe with me. As counselors, we all work for that kind of relationship," she continued. "I just want them to know that I truly care about them."

Carol shows that she truly cares in a multitude of ways. "I volunteered to work with the foreign exchange students, which is one of my favorite parts of my job. Because I've traveled so much, I figured maybe these students would feel comfortable talking with me. I can relate to how difficult it can be to adjust to a new country," she said. Carol also volunteers as an usher at Bass Hall in Fort Worth, a connection she uses to obtain show tickets she passes on to her students.

Carol hopes to help her students realize their high school years are the time to figure themselves out, take as many different courses as they can and become well-educated. For parents, her words of wisdom are to "let your kids make mistakes and trust in the safety net of the school," she advised. "You have to let your kids grow up. You can't be afraid to let them test their wings, if they have the right support system to catch them when they fall." With a smile, she added, "I love my job. I tell the kids, 'Don't tell anyone, but I'd probably do this even if they didn't pay me!'" **NOW**

NOW OPEN

Comprehensive Exams
Excellent Selection of High Quality Frames & Lenses
Over 15 Years Medical Eye Care Experience
Pre & Post Op Care



Seidel
EyeCare Center

Cameron Seidel, OD
Optometric Glaucoma Specialist

(817) 916-4140

1314 NW John Jones Dr., Burleson TX 76028

Call Today for an Appointment or Come by and See Our Large Selection of Designer Frames and Sunglasses!

www.seideleyecare.com

Specializing In Auto Paint & Body Work

ACCURATE
Paint & Body

Free Estimates!

Collision • Frame Repair
 Lifetime Warranty • Hail Repair

Professional Quality Service

817-447-6883

244 N. Commerce, Burleson, Tx 76028

Serving Johnson County for 14 years

New spring items arriving weekly

Now open
 Sundays 1pm to 6pm!

Home Decor/Gifts/Antiques
 Quality Home Furnishings
 We purchase or consign
 fine home furnishings & decor.

Ellison Street

817-426-1880
 108 W. ELLISON ST. • BURLESON
Located in historic Old Town Burleson across from Babe's
ellisonstreetinteriors@yahoo.com

In The Kitchen With Andrea Blair

— By Faith Browning

Amazingly, Andrea Blair's first memory involves food. "Crazy right? My first memory is my mom cutting biscuits with a juice cup," she reminisced. "I'm standing at her feet (probably in the way) and she's cutting biscuits. I've been in the kitchen ever since!" By the fourth grade, she informed her parents she wanted to be a chef when she grew up.

Today, you can visit old downtown

Burleson and see where a young girl's dream came true. Andrea currently owns her own bistro where she serves food and wine. Her favorite form of cooking is slow-cooked meals. "Braising and stewing are probably my ultimate pleasures," she explained. "I like the time I put into making food delicious. The love that's added in when I'm thoughtfully preparing a meal that is going to cook all day long is awesome!" **NOW**



RASPBERRY ROYALE

1 Tbsp. raspberry liqueur
Champagne

1. Pour the raspberry liqueur in the bottom of a champagne flute.
2. Fill the flute the rest of the way up with champagne. This makes a beautiful and delicious drink with little effort! It really does not matter which champagne you choose, but use something you would drink all by itself.

ROSEMARY CASHEWS

2 cups unsalted cashews
2 Tbsp. brown sugar
1 tsp. salt
1/2 tsp. cayenne pepper
1 Tbsp. minced rosemary
2 Tbsp. butter, melted

1. Preheat oven to 350 F.
2. Place the cashews on a sheet pan; bake in the oven for 5 minutes or until they are hot.
3. Stir together the other ingredients and toss with the hot cashews. Serve warm.

INDIVIDUAL BEEF WELLINGTONS (FOR 2)

1 Tbsp. olive oil
2 filet mignon
Salt and pepper, to taste
5 crimini mushrooms, sliced
2 shallots, sliced
1 clove garlic, minced
1/4 cup white wine
1 sheet of puff pastry
2 Tbsp. soft cheese, such as Port Salut
1 egg
1 Tbsp. water

1. Preheat the oven to 425 F.
2. Heat a sauté pan over medium/high heat; then add the olive oil. Dust the filet with salt and pepper and sear in the pan for about 2 minutes on each side; put aside to cool.
3. Using the same pan, sauté the mushrooms, shallots and garlic until they have released their juices and the pan is dry.
4. At that point, deglaze the pan with the white wine; season with salt and pepper. When the wine has been absorbed, remove the

mushrooms from the pan and set aside to cool.

5. While everything is cooling, use a rolling pin to smooth out the puff pastry into a more even dough. Cut dough in half to create two large squares.
6. Divide the cheese and place 1 Tbsp. in the center of each square. Top cheese with the filet and about 1/4 cup of mushroom mixture.
7. Whisk together the egg and water for an egg wash. Paint the egg wash onto the corners of the pastry with a pastry brush, and then bring the opposite corners to the center and pinch together to seal. Do the same with the other corners being careful not to puncture the pastry. Paint the whole thing with egg wash and place on a cookie sheet.
8. Bake the Wellingtons for 15-20 minutes, or until they are golden and the pastry is flaky. Serve hot.

BROCCOLI AND PINE NUTS

4 cups broccoli florets
1/4 cup pine nuts

Welcome Krishell Boutique
Just in Time
for Valentine Shopping!

Sweet Shop USA
Candies
for Valentine's!

Check out our extensive
variety of services and specials at:
www.preferredimagesalondayspa.com

PREFERRED
IMAGE
SALON & DAY SPA

327 N.W. Renfro Street, Next to Mrs. Baird's Outlet (one block north of 174/Wilshire)

817-447-1247

Tuesday-Friday 9-7 Saturday 9-4
Late appointments available

Spa Packages &
Gift Certificates

Cuts • Custom Colors • Highlights
Relaxers • Wedding & Party Styles
• Custom Blend Make-up • Face
Lift Facials • Sculptured Nails •
Manicures • Pedicures
• Therapeutic Massage

1 tsp. lemon zest

Juice of 1 lemon

1 Tbsp. olive oil

1 tsp. salt

1 tsp. black pepper

1. Preheat the oven to 400 F.

2. On a sheet pan, toss the broccoli with the pine nuts, lemon zest, lemon juice, olive oil, salt and pepper.

3. Roast in oven for 15-20 minutes, or until the edges begin to change color. Remove from oven and serve hot.

FLOURLESS CHOCOLATE CAKE

1/4 cup hot water

1 Tbsp. instant coffee

2 cups semi-sweet chocolate chips

16 Tbsp. unsalted butter

8 eggs

1. Using a nonstick spray, grease a 10-inch spring form pan; place parchment paper in the bottom and spray again.

2. Preheat the oven to 325 F.

3. Combine the water and instant coffee in a small bowl and set aside.

4. Stir together the chocolate chips, butter and coffee mixture in a double boiler or mixing bowl set on a pot of simmering water. Melt the chocolate mixture; then set aside to cool slightly.

5. Whisk the eggs in a mixing bowl on high speed for about 5 minutes — you cannot over mix them. When the eggs have doubled in size, fold them into the cooled chocolate to create a cake batter.

6. Pour the batter into the greased pan and place in the center of a cookie sheet with edges or a roasting pan large enough for the pan to sit flat.

7. Place the pan in the oven; pour hot water into the cookie sheet or roasting pan to create a water bath. Bake for 35-40 minutes or until the cake is set around the edge, but slightly jiggles in the middle, or until the internal temperature is 145 F.

8. Remove from the oven and let cool. Refrigerate overnight.

STRAWBERRY SAUCE FOR CHOCOLATE CAKE

1/2 cup water

1 cup sugar

1 cup frozen strawberries

1. Combine water and sugar in a small stockpot over medium heat.

2. Stir until the sugar dissolves; then add the strawberries. Simmer the mixture for about 5 minutes, or until the liquid is viscous and the strawberries are pale.

3. Pour mixture into the bowl of a food processor, blend until smooth and then strain through a fine mesh strainer.

4. Refrigerate until cool. Serve with any number of desserts, but especially the flourless chocolate cake!

To view more of your neighbors' recipes, visit our Web site at www.nowmagazines.com.



Peace of Mind
Life & Health Insurance
Individual Health • Group Health
Affinity United Insurance
817-798-5008
Allan Tidwell allantidwell@att.net • healthplansonline.org



EXCLUSIVELY AT HUGULEY MEMORIAL MEDICAL CENTER
National Day of Dance
Admission is **FREE!**
February 27, 2010
6:30 - 8:00 pm (Screenings begin at 6:30 / Dancing begins at 7:00)
Huguley Fitness Center
Please join us for Huguley Memorial Medical Center's 1st annual **Spirit of Women® Day of Dance for Health!**
Bring your friends and family to dance, learn simple ways to stay healthy, enjoy performances by local dance groups, and participate in health screenings.
Prizes include a \$100 Visa Gift Card, Dallas Mavericks Tickets, Fort Worth Zoo Tickets, One Night Stay at the Gaylord Hotel and much more!
To register, please call **817-568-5480**
Pre-registration is required!
huguleyspiritofwomen.org
Spirit of Women®

New Year Means New Opportunities for Roth IRA Conversion

— By Lynn H. Bates Jr.

If you already have a Roth IRA, you're aware of its biggest benefit: Your earnings grow tax free, provided you meet certain conditions. If you don't have a Roth IRA, you may want to consider one — and it may be easier for you to do just that in 2010.

Before we get to the reasons why 2010 may be your year to open or convert to a Roth IRA, let's look at some differences between Roth and traditional IRAs. If you own a traditional IRA, your contributions may be tax-deductible, depending on your income level. But whether you can make deductible contributions or not, your earnings grow on a tax-deferred basis, which means your money can grow faster than it would if it were placed in an investment on which you paid taxes every year. On the other hand, Roth IRA contributions are never tax-deductible, but your earnings grow tax free, as long as you've held your

account at least five years and you don't start taking withdrawals until you're at least age 59½.

Furthermore, unlike a traditional IRA, a Roth IRA does not require you to start taking distributions when you reach 70½. Consequently, you'll have more flexibility and freedom when it comes to making withdrawals.

If you have a traditional IRA, you might be thinking it's a good idea to convert to a Roth IRA because tax free sounds better than tax deferred — and, all things being equal, tax free would indeed be better. However, it's not

If you don't have a Roth IRA, you may want to consider one — and it may be easier for you to do just that in 2010.

quite that simple. If you convert your traditional IRA to a Roth IRA, you'll have to pay taxes on those traditional IRA earnings and contributions that had previously gone untaxed. If you do convert, you'll be better off if you use money held outside your IRA to pay the taxes. If you simply take money from your IRA, you'll obviously lower the value of your IRA — and, if you're under 59½, you may have to pay an additional 10 percent penalty on the amount you withdraw to pay the taxes.

In the past, many investors have been prohibited from converting their IRAs

due to either their tax filing status or their income. Under previous rules, you could convert your traditional IRA to a Roth IRA only if you were married and filed a joint return or were a single filer, and your modified adjusted gross income (MAGI) was \$100,000 or less. But starting in 2010, you can convert funds to a Roth IRA even if your MAGI is over \$100,000. You will also be able to convert to a Roth if you are married and file separate tax returns.

And that's not the only piece of good news regarding your conversion ability. As mentioned above, you will have to pay taxes when you convert to a Roth IRA. A conversion is usually reported as income for the tax year the conversion takes place. However, in 2010 only, your conversion amount will be split and reported as income for tax years 2011 and 2012 unless you elect to report the entire conversion amount on your 2010 taxes. You may find that spreading the taxes over two years can make the conversion more affordable.

In any case, consult with your tax advisor before converting from a traditional IRA to a Roth. If done correctly, such a conversion can potentially make a big difference in your ultimate retirement lifestyle. **NOW**

Lynn H. Bates Jr. is an Edward Jones representative based in Burleson. Edward Jones, its employees and Financial Advisors do not provide tax or legal advice.



Sharon Robinson, Agent

124 NW Newton
Burleson, TX
www.sharonrobinson.us
817.295.2000

"Family is everything, call us about life insurance!"- Sharon

AUTO QUOTES 24 / 7



State Farm



Happening **NOW**

All Month

Art Sale, benefiting the Burleson Heritage Foundation: 132 W. Ellison. Fridays: 5:00-8:00 p.m.; Saturdays 10:00 a.m.-8:00 p.m.; Sundays: 1:00-5:00 p.m. Over 140 signed and numbered framed prints and oil paintings from local artists priced up to half off. For appointments before or after showroom hours, call Bettie or Jim Bailey at (817) 295-8606 or (817) 925-9076.

First and Third Mondays

Johnson County Camera Club meeting: 7:00 p.m., Senior Center in Cleburne. (254) 854-2558.

Every Tuesday

Professional Power Team networking group meeting: 11:30 a.m.-1:00 p.m., Blue Mesa, University Dr., Fort Worth. (817) 295-2161.

Second Tuesday

After Hours networking mixer: 5:30-8:00 p.m., North American Title Company. Contact Shirley Franklin at (682) 552-6750.

Every Wednesday

Breakfast Club networking group meeting: 7:30-9:00 a.m., Holiday Inn Express. (817) 295-2161.

Burleson/Crowley Network Connection meeting: 11:30 a.m.-1:00 p.m., Spring Creek Barbeque in Burleson. (817) 295-2161.

Celebrate Recovery meeting: 7:00-9:00 p.m., Burleson Chamber conference room. Child care available. For more information, contact Teresa at (817) 563-0127 or teresajames127@sbcglobal.net.

First Wednesday

Burleson Chamber of Commerce Lunch and Learn: What you need to know about identity theft. \$10, includes box lunch. Seating is limited to the first 25 people that register. (817) 295-6121.

Second and Fourth Wednesdays

Burleson Lions Club meeting: noon-1:00 p.m., First United Methodist Church. (817) 992-9823. www.burlesonlions.org.

Every Thursday

Toastmasters International meeting: 7:00-8:00 a.m., Burleson Chamber of Commerce. Contact Neal Jones at (817) 343-2589.

Burleson Making It Happen Network Connection networking group meeting: 11:30 a.m.-1:00 p.m., Sammy's Italian Restaurant. (817) 295-2161.

Fourth Thursdays

American Business Women's Burleson Charter Chapter meeting: 6:30 p.m., Burleson Chamber of Commerce. RSVP to Linda Houst at (817) 295-7060 or ljh67@sbcglobal.net or Sue McKnight at (817) 295-3220.

Continued on page 36.

TAX-FREE

INCOME IS THE BEST GIFT

YOU CAN GIVE YOURSELF AT RETIREMENT.

With an Edward Jones Roth IRA, any earnings are tax-free, and distributions can be taken free of penalties or taxes.* You may even benefit from converting a traditional IRA to a Roth IRA.

* Distributions of earnings from a Roth IRA could be subject to taxes and a 10% penalty if the account is less than five years old and the owner is under age 59 1/2.

At Edward Jones, we spend time getting to know your goals so we can help you reach them. To learn more about why an Edward Jones Roth IRA can make sense for you, call or visit your local financial advisor today.



Lynn H Bates Jr
Financial Advisor

115 N W Newton Drive Suite E
Burleson, TX 76028
817-447-9446

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

1ST PROFESSIONAL TRANSMISSIONS

FREE COMPUTER DIAGNOSTIC

FREE LOCAL TUNING WITH OVERHAUL (UP TO \$35.00)

FREE MULTI CHECK

• Wholesale for the Public

• Performance Transmissions

• Military Discounts

• Senior Discounts

NO GIMMICKS! CALL US FIRST! LET US SAVE YOU MONEY!

The Quote We Give Is What You Pay! Best Built Transmission Best Warranty We'll Meet Or Beat Any Written Price Or Warranty!

817-447-1270 • 141 N. Burleson Blvd at Rendra (west side)

Advertise with us!

Reaching over 400,000 readers throughout eight markets, with interesting stories about the people living in those communities, **NOW Magazines** are the smartest choice for your advertising dollars.

NOW MAGAZINES

Call 817-477-0990

Wine Down
FESTIVE BLAIRE FIRE

124 S. Scott St.
Burleson, TX 76028

Our hours of operation are
Wed. - Sat. 11am - 9pm.
www.wine-down-bistro.com

To go orders welcome,
please call 817-447-9122

Celebrate Valentine's Day by reserving your seat at our Wine dinner Friday February 12th. Book early to reserve this special day by calling 817-447-9122 or for more details visit our website www.wine-down-bistro.com

Book Early
to reserve a table for this special occasion.

Get Smart About Your Heart

— By *Lawrence Whaley, M.D.*

Since February is American Heart Month, it's a great time to share some important information about heart disease. Often, people think of heart disease as a man's problem. However, the statistics on women and heart disease are sobering. Heart disease is the No. 1 killer of women. Each year, cardiovascular diseases claim the lives of nearly half a million American women — that's almost one per minute. Heart disease accounts for a third of all deaths in women. Heart attacks kill six times as many women as breast cancer.

Since 1984, more women than men have died each year from heart disease. And 42 percent of women who have heart attacks die within one year, compared to 24 percent of men. The gap between men and women's survival continues to widen.

One reason is most women experience early warning signs of a heart attack with sudden onset of extreme weakness that feels like the flu — often with no chest pain at all. Medical professionals are challenged to respond to women's milder symptoms. Women wait longer than men to go to an emergency room when having a heart attack and physicians are slower to recognize the presence of heart attacks in women because the characteristic patterns of chest pain and EKG changes are less frequently present.

The good news among these grim facts is that women's hearts respond better to lifestyle changes than men's hearts. And we know what lifestyle changes to make: maintain a healthy weight, exercise, eat plenty of fruits, vegetables and whole grains, as well as reducing stress, cholesterol and foods high in saturated or trans-fats. Following this advice will improve the health of men and women across the board.

Research has shown that during a heart attack, receiving medical

treatment sooner means less damage to the heart and other organs. The American College of Cardiology and the American Heart Association have set a national goal that heart attack patients entering the emergency room would have blood vessel blockages opened within 90 minutes.

In an emergency, seconds count, so call 9-1-1 at the first signs of a heart attack.

Warning signs of a heart attack include:

- Chest discomfort, including uncomfortable pressure, squeezing, fullness or pain.
- Discomfort or pain in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Other signs such as cold sweat, nausea or lightheadedness.

February is the perfect time to get smart about your heart and reduce your risk of heart disease. **NOW**

Lawrence Whaley, M.D.,

Internal Medicine & Pediatrics of Burleson



Time to Cut Back — *By Nancy Fenton*

How many times have you told yourself, “It’s time to cut back”? Be it food, computer/game time or whatever, everything has its season. This is the season to prune, prune, prune. The roses, grasses, liriope (monkey grass), shrubs and even trees will all benefit from a few clips here and there. Most roses need a good chopping to stimulate new growth. The exceptions to the rule, of course, are the climbing roses. If you cut them now, you cut off the old wood that brings the new blooms. Wait to trim the climbers until after they bloom and then cut them way back.

It is a bit easier to know when to cut grasses. If they are brown, cut them to the ground. Lantana also likes to start over again. While it may look bare for a short time, you will be rewarded with

lush, green growth as spring approaches. I usually use a weed eater to trim border grasses like mondo and liriope down to one inch or so. As with pruning, it will stimulate growth and blooms for the coming season. Because this new growth is tender and very susceptible to the late hard freezes, it does not hurt to wait until the end of February to do major chopping.

Trimming is important to maintaining a healthy tree. All the little growth needs to come out of the tree, as well as the limbs that hang down. My rule of thumb is that “suckers” smaller than my thumb need to be removed, as well as limbs that cross and rub. Choose a tree professional to do the areas you cannot reach from the ground. The key words are *licensed arborist*. I use an arborist who will grind the limbs and leaves into mulch for me.



This is a great way to return the natural elements to the soil, and it does not involve a trip to the store or recycle station!

Cut back now for lush growth as the weather warms up. **NOW**

Nancy Fenton is a Master Gardener.

Internal Medicine

Meenu Sharma, M.D.



Meenu Sharma, M.D., has joined Huguley Medical Associates and practices internal medicine at Huguley. Prior to opening her Huguley practice, Dr. Sharma practiced internal medicine in Branson, Missouri.

As a board-certified internist, Dr. Sharma specializes in the prevention, diagnosis and treatment of diseases that affect adults, including patients with multiple illnesses at the same time. Internists also help patients understand preventative medicine. Most adults in the United States see internists as their primary medical provider.

The office accepts Medicare and most insurance plans.



11803 South Freeway, Suite 213
817-615-8627

★ New location just opened near Methodist Charlton Medical Center in DeSoto/Duncanville area. Servicing Dallas, Duncanville, DeSoto, Cedar Hill, Lancaster, Red Oak & Surrounding areas. ★



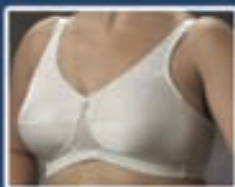
UPPER AND LOWER
EXTREMITY PROSTHESIS



KNEE/BACK/HAND/WRIST/
ELBOW BRACING



DIABETIC SHOES
AND INSERTS



MASTECTOMY
FORMS/BRAS
AND SUPPLIES

New Location: 7989 West Virginia, Suite 104, Dallas, TX 75237

★ **972-709-6070** ★

3 Convenient Locations to Serve You.

CLEBURNE
105 Westmeadow, Suite C
Cleburne, TX 76033
817-556-3699 Phone
817-556-3877 Fax

GRANBURY
306 S. Morgan
Granbury, TX 76048
817-573-9333 Phone
817-573-9353 Fax

DALLAS
7989 West Virginia, Suite 104
Dallas, TX 75237
972-709-6070 Phone
972-709-6177 Fax

Most Insurance Plans Accepted, Including Medicare and Medicaid. Visa, Mastercard and Discover and Payment Plans Available.

Every Friday

Burleson Business Builders networking group meeting: 8:30-9:30 a.m., Fresco's in Old Town. New location. (817) 295-6121.

Second Saturday

Iris Club meeting: 10:00 a.m., Electric Coop on Hwy 174, north of the courthouse in Cleburne. (254) 854-2558.

Defensive Driving Classes, taught by Speed of Life: 10:00 a.m.-4:00 p.m., Burleson Area Chamber of Commerce. To attend this class you must pre-register. (817) 341-7384.

Every Sunday

The Grace Place with Brother Hank Hoaldrige, live on Big Country 1460 AM. For more information, please contact Hank Hoaldrige Ministries at 4grace@att.net or call (817) 293-0115.

Second Sunday

Joshua Organic Garden Club meeting: 3:00-5:00 p.m., in and around Joshua at individual members' homes. (817) 295-2161.

February 1

Burleson City Council meeting: 7:00 p.m., City Hall. (817) 447-5400.

February 8

First day to file for a seat in the May 8, 2010 Burleson City Council election. Deadline for filing is March 8. Four ballot seats available. For more information, visit www.burlesontx.com or call the city secretary's office at (817) 426-9660.

Burleson Heritage Foundation meeting: 7:00-8:30 p.m., Heritage Visitors Center, 124 W. Ellison. (817) 447-1575.

BISD Board meeting: 6:30 p.m. (817) 245-1000.

February 13

Father/Daughter, Mother/Son Valentine Dance, co-sponsored by the City of Burleson and the Burleson Rotary Club: 6:00-9:00 p.m., Senior Activity Center. (817) 295-8168.

February 15

Burleson City Council meeting: 7:00 p.m., City Hall. (817) 447-5400.

February 26

6th Annual Festival of Tables Fundraiser for Holy Cross Christian Academy: 6:00-9:00 p.m., First United Methodist Church. This year's theme: "Amazing Awaits." Corporate sponsorships available. For more information, please call Candice Montgomery at (817) 426-6546.

**For more community events,
visit our online calendar at
www.nowmagazines.com.**

Concerned about
your baby's
development?

We can help!

**Serving infants
and toddlers
from birth to
three years old**

888-754-0524



WE HAVE MILLIONS OF DOLLARS FOR IN-HOUSE FINANCING AVAILABLE TO LOAN!

OVER 250 LOW-MILEAGE 2007 & 2008 **CARFAX** CERTIFIED VEHICLES.
EVERY UNIT COMES WITH A LIMITED POWERTRAIN WARRANTY.

**DON'T SETTLE FOR AN OLD VEHICLE FROM A TOTE-THE-NOTE DEALER.
GET A CERTIFIED, NEWER MODEL VEHICLE WITH A WARRANTY!**

BANKS AND CREDIT UNIONS SAY, "NO."
OTHER CAR DEALERSHIPS SAY, "NO."
**MIKE CARLSON MOTOR
COMPANY SAYS, "YES!"**



**We proudly report to the credit bureaus each month
to help you establish or re-establish your credit!**

EQUIFAX



mcmc
mike carlson motor co.

TWO BURLESON LOCATIONS TO SERVE YOU!
240 Exchange Street • Burleson (Behind Braum's)
800 SW Wilshire • Burleson (Next to 1st National Bank)