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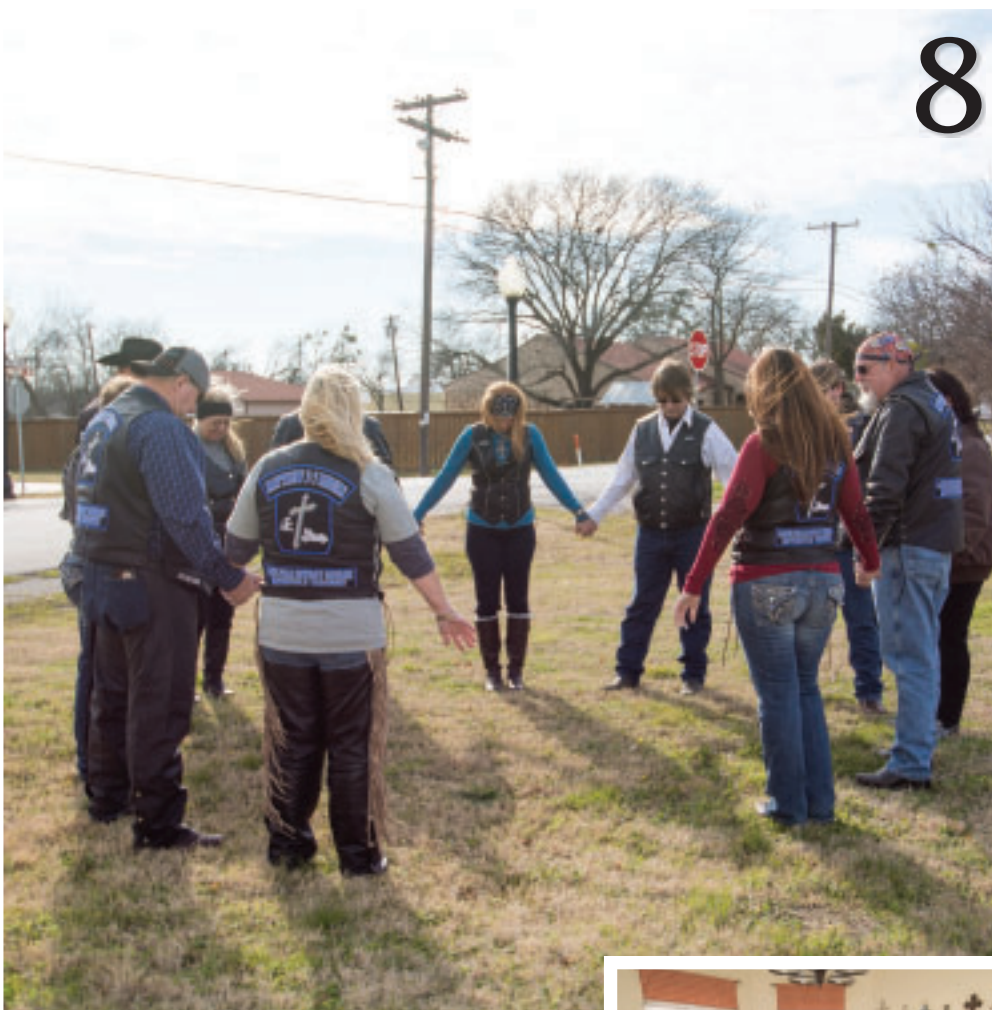
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# CONTENTS

March 2016 • Volume II, Issue 3

# 8



## ON THE COVER



*Dean and Sherry Doty  
enjoy time with family after  
giving so much to help others.*

*Photo by Amy Ramirez.*

## 8 Reason to Ride

Mark Rose honors his nephew's memory by reaching out to the community.

## 16 Warmth and Rest

At Home With Dean and Sherry Doty.

## 22 All About Relationships

Jennifer Hall is an advocate for students with special needs.



28 BusinessNOW

30 Around TownNOW

36 CookingNOW

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## Editor's Note

*Dear Friends,*

Here it is March already, and as the Texas winds continue to blow a chill over the land, I take some pleasure from the crisp freshness in the air. Maybe because my bloodline came from the highlands of Scotland, or maybe because I've lived in the North — no matter the reason — March weather can be invigorating. So, you'll find me adding another layer, a scarf, a shawl, and then heading out for a

brisk walk with my dog, Charlie.

March seems to bring a desire to gather with friends and make a pot of stew and homemade bread. If you are Scottish or Irish, this is the season to have friends close to help push through the winter months by sharing the warmth of a fireplace and a cup of tea. St. Patrick's Day and Easter find place in March this year. Enjoy them with friends!

From my heart and pen,

*Jo*

Jo Monroe


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— By Jo Monroe



In 2010, Mark became a member of the Lone Star Cowboy Church of Ellis County, which was established in 2006. Jon Coe, pastor and founder of the Lone Star Cowboy Churches, oversees 28 churches, eight of which are in Texas. It was Mark's niece, Amanda Vanderveer, who first introduced Mark to Matt, whom she had met while they worked together as EMTs. That was seven years before Matt's accident. Seven years is a short time for friends to spend working and riding together. Even shorter were the two years Amanda and Matt

had as husband and wife. Matt's accident was just days before their second wedding anniversary.

In August, just one month after Matt's death, Mark along with Amanda, her family and Matt's family joined together and stepped out in faith, making a commitment to build a new ministry called Matthew 7:7 Riders. This ministry would fulfill the vision Mark and his nephew, Matt, shared, of organizing a group for motorcycle riders, so they could fellowship and ride together.





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The group, which started with six core members, doubled in size with the addition of new couples and individuals who had found kindred hearts with a desire to help families in the community. They take the Scripture in Matthew 7:7 sincerely as they go out into the highways and the byways with a message of caring, giving and of befriending the community. Matthew 7:7 Riders ministry is under the umbrella of the Lone Star Cowboy Church of Ellis County and is a 501 (c) (3) organization.

In part, Matthew 7:7 Riders' mission is to raise funds in order to help others. This past Christmas, they adopted a family to help them have a nice holiday. When the recent tornado assaulted area homes, churches and schools, Matthew 7:7 Riders reached out to bikers from all over, and with the youngest member leading, they held the 2016 Ellis County Relief Ride for the tornado victims. More than 120 bikers participated in the event, contributing over \$3,000 in cash.

The goal Matthew and Mark had was for the ministry to consist of one neighbor helping another. Matt loved helping others and would give the shirt off his back to anyone who needed it, so the group is continuing this legacy, whether it is with school clothes,



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groceries, a bed for a child or helping with the cost of utilities or fixing a car. "Some people fall between the cracks and just need a helping hand up, once in a while," Mark explained. "There's no red tape. We just look for a need that can be met by a group of people with caring hearts. Matthew 7:7 says, 'Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.'"

Motorcycle riders are as diverse and as unique as the patches they wear. The patch identifies a club or organization. This identification is taken very seriously. "Recently, at the Fort Worth Stock Show, a husband and wife stopped us. They were trying to read the patches on our vests and said they were looking for a Christian group to ride with. They are just like so many who are looking for fellowship and to make friends," Mark shared.

These days it is common to see men and women riding motorcycles, sometimes to save money on their commute to and from work or school, and sometimes just for the freedom of riding and seeing what is down the road. Riders are as diverse in appearance as are their professions. Some are doctors, lawyers or military veterans. Matt's mom and dad, Deloris Allen-Kiracofe and Mike Kiracofe, serve as secretary and vice president of Matthew 7:7 Riders. Deloris rides and is an administrator over a kidney dialysis service. Mike works as a security and maintenance director. Since visiting the Fort Worth Stock Show, there are six new riders. "Anyone is welcome to ride at any time. They are encouraged to share about Jesus, but above all else, lead by example, follow laws and be there for nothing but good," Mark stated.

"There are road rules that drivers of any vehicle recognize, but when a biker sees a helmet on the ground behind a bike, they know there is a biker in trouble, and they will stop and help," Mark said.



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# Warmth & Rest

— By Debbie Durling



*Dean and Sherry Doty have found an oasis from the busy lives they lead. Surrounded by the elegance of nature and the charm of caring, fun-loving neighbors, their 1987, 2,200-square-foot home is nestled amongst the beautiful trees and character of an established neighborhood.*

The Chicago-style brick and neatly landscaped yard create a welcoming ambience to the main entrance. Once inside the foyer, a doorway to the left leads to an office where the wine collection is stored and displayed. To the right is a hallway leading to the master bedroom, which features a recessed ceiling and master bath with a garden jetted tub and walk-in closet. There are two guest rooms and a second full bathroom that has a double vanity and a separate room for the shower. Continuing forward leads to a large, open living room with medium wood-toned laminate flooring that brings a light, airy feel





## At Home With Dean & Sherry Doty

to the area. The key feature of this room is the brick fireplace that is topped with a mantel resembling the top of an antique sideboard with a mirror insert. To create warmth, without actually burning wood, Sherry keeps battery operated candles, neatly arranged in the fireplace on iron candleholders.

The breakfast room comes off the living room to the left. This is where a high rise table sits in front of windows overlooking the picturesque backyard.

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Adjacent the breakfast room is the galley kitchen with light ceramic floor tile and clean white cabinetry that surrounds the cook.

What sets this breakfast nook apart is Sherry's collection of crosses. They fill the wall. "There is a story behind every cross on this wall," Sherry said. She pointed to a dark metal cross in the lower left corner made by Haitians and began to tell the story of her mother, who while serving on a medical missions trip, was caught in the 2010 earthquake that devastated Haiti.



The concrete ceiling of the Petit Goave Clinic fell in on the medical staff, pinning her mother in a twisted fashion. Her lower body was facing the floor and her upper body was facing the ceiling. A man, who had been involved in calcite mining, came out of nowhere to offer help. He quickly went to his boat to get his mining machinery and used it to lift the concrete off the medical staff. Sherry's mother lay in a field for a couple of days until transport was secured to get her home. While lying in the field, she remembered

hearing, in the distance, the Haitians singing praises to God. Their worship comforted her in those difficult hours.

Sherry then pointed to her favorite cross. This is a metal outline of a cross with an open-winged dove sitting on the left upper corner of the outline. The wall hanging is a replica of the large one that adorns the gate of the Bethel United Methodist Church Cemetery. It was meant to be thrown away as it was the outline of the solid cross that was cut out of it. However, the son of the man who



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cut it out saw it in the trash and asked, "Dad, why are you throwing away the cross?" The dad pulled it out of the trash and realized it was just as beautiful as the solid cross. So, he put both of them in the Bethel UMC Lord's Acre auction and allowed the highest bidder to choose the solid or the outline. Sherry won the bid and made her choice.

Another highlight of their home is the floor-to-ceiling quilt that hangs in the hallway. This also came from the Red Oak UMC Lord's Acre auction. The lovely quilt is made of red and white rectangles. Each rectangle is stitched with the name of a church family member. Centrally located on the quilt is the commonly recognized cross and flame emblem of the United Methodist Church. The quilt was gifted to Sherry by the highest bidder in appreciation for her volunteer work as the lay leader of the East District of the Central Texas Conference of the United Methodist Church.

Dean and Sherry were introduced to each other by a mutual friend 32 years ago at the Miss Metroplex Pageant, of which Sherry was part owner. Their first date was a Texas Ranger's game, and a few months later, they were married. By the sweet atmosphere in their home, it is easy to see they are still in love and navigating life together beautifully. Sherry works as an underwriting manager in Plano and is an instrumental supporter of families desiring to adopt. She loves serving and working in the church. Dean has been selling fencing materials in Dallas since 1975. He loves to hunt deer, turkeys and dove. One of their favorite pastimes is taking cruises with friends and family.







Just outside the back door is a portion of the porch that leads to their favorite part of the home — the breezeway connecting the house to the garage. They recall sitting on the porch many nights and listening to the Red Oak High School ball games. Some of their favorite memories include listening to the cheers of the crowd during these games. The light breeze that flows continually through the area offers sweet refreshment on a warm summer day. They affectionately refer to this spot as “Margaritaville.” They even bought a sign on a recent cruise to officially name the porch.

The backyard also boasts an in-ground swimming pool. As winter turns to spring and summer, relaxing in the pool after a long road trip will almost always get Sherry back into the swing of things.

This couple gives of themselves regularly and finds this home and neighborhood a peaceful and uplifting retreat. They describe the community as continually finding ways to build relationships and make memories. On the Fourth of July each year, they have a parade. The children even decorate their bicycles and join in. The Red Oak Fire Department participates along with other city heroes. One year, a little boy had decorated his tricycle and couldn't keep up. “The fire truck stopped and picked him up,” Dean recalled. “He got to ride all the way through the parade in the front of the fire truck.”

The Dotys have lived here and driven back and forth to Dallas for 10 years. All three of their children graduated from Red Oak High School and have a deep connection to the community family. This love of the community is summed up on one of the walls in the home, where the beauty of the neighborhood is lovingly displayed in the background of their daughter's wedding portraits. **NOW**

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# All About **RELATIONSHIPS**

— By Stephanie Marchbanks



*The colorful corridors of Ferris Junior High School feel like home to Special Education Coordinator Jennifer Hall. And from her Texas Rangers-bedecked office, Jennifer reminisced about a favorite aspect of her job — the thank you cards she receives years after students graduate.*

*“I build relationships,” Jennifer said, smiling. “My school kids are like my own children. I pour myself into them, and it creates something valuable.”*

Jennifer serves as an advocate for students with special needs, working in coordination with and assisting teachers. “I try to understand what the student needs based on his or her learning disability,” Jennifer explained. “I study the child and how they learn best, sharing with teachers, so they can implement [those things] in their classrooms.”

Although Jennifer was appointed in the summer of 2015, to begin her new position with special education in the fall, she’s taught elementary and junior high science for 11 years in Ferris. Her husband, Darren, also teaches eighth grade science there, and Jennifer is the junior high cheer coach, something else she’s passionate about. “I was a cheerleader,” Jennifer recalled. “When I tried out as a seventh-grader, I was one of those girls who probably shouldn’t make the team, but I did. It got in my blood.”

Born in Oak Cliff, Jennifer is the oldest of three sisters raised by a single father. When Jennifer was in the fifth grade, the family moved to access smaller schools. Graduating from high school in Rio Vista, Texas, Jennifer eventually attended Hardin-Simmons University in Abilene, where she earned a B.S. in interdisciplinary studies. Jennifer was 19 when she and Darren married. They moved every few years as he established himself as a coach, so finishing her degree was an accomplishment. “Darren was a friend of a friend,” Jennifer reminisced. “It was a God thing.”



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Jennifer landed in Ferris in 2005, when Darren was hired as defensive coordinator and head track coach, and they've not moved since. Having both of them work as teachers works well for Jennifer and Darren, as they enjoy being off during the summers together. But being in one place for an extended time has been especially sweet, after the early years of relocating. "Being here so long ... it's a God thing, too," Jennifer pointed out.

The path to special education found Jennifer, and not the other way around, as the road to parenting took interesting turns. Unable to have children of their own, Darren and Jennifer were introduced to the CPS foster system by co-workers. Beginning in the foster-to-adopt program, they had placement of a boy for only two weeks, and when he left, it was devastating. Their case worker knew they were more interested in adoption, so their daughter, Rylee, born in 1999, was placed with them when she was 7 months old. They officially adopted her six months later. Little did they know that Rylee would have special needs. Doctors caring for her began to suspect that she was intellectually disabled, and this fact was eventually confirmed.

Their son, Braxton, also came to them via the foster-to-adopt program, when he was 1 month old. They received him straight from Cook Children's Medical Center in Ft. Worth, and officially adopted him 14 months later. Although they did know he would have some physical challenges, they did not know that Braxton would also be a special needs child. Braxton has cerebral palsy. He is currently a seventh grade student in Ferris. "My home life opened doors to my professional life," Jennifer observed. "When my own children started school, I



realized working with their teachers, that there was a gap somewhere. I was called to fill that gap.”

The path to cheerleading coach also found Jennifer. When she made the transition to junior high, the director at the time needed help, so Jennifer started as a volunteer assistant. When that coach was ready to retire, she needed to pass the baton, and Jennifer was willing to receive it. The activity that got in her blood so many years before still pumps there.

Jennifer’s big philosophy about coaching cheerleading involves being a leader, and Jennifer works hard with her cheerleaders to develop and build just that. “Being a leader encompasses grades, attitude, behavior and, most importantly, how you carry yourself. My girls should literally walk like leaders. They are representatives of 600 students, and not just themselves,” Jennifer asserted.

How does Jennifer build leadership in her cheer students? It goes back to relationships. “My cheerleaders are my girls,” Jennifer emphasized. “The letters you get later when they are in high school or college, being invited to graduations, weddings and baby showers, receiving ‘I love you’ texts and thank you cards — it gives me cold chills just thinking about it. That’s how you know you’ve made a difference, that you’ve changed a life.”

Jennifer is well-loved in Ferris, and that grows out of her dedication to all her students, even the male ones. Being the wife of a coach, and a self-described “daddy’s girl,” Jennifer works well with boys in her classroom. When



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Principal Rhonda Renner (right) helped Jennifer Hall discover her passion for the field of special education.

Jennifer was teaching fifth grade, her class was doing an activity about living and non-living things that involved a race to the chalkboard to write examples down. Jennifer's students knew of her obsession with country music singer Kenny Chesney, and that she was racing to the board to write him on the living side. A student named Logan was racing her for the other side, and Jennifer tore a calf muscle in the scramble. Later that summer, Jennifer attended a Kenny Chesney concert and brought a souvenir to Logan, who has since graduated and is now a student in college.

Jennifer's other interests were molded by her beloved father. In her office hangs a skeleton wearing a Texas Rangers ice cream bowl hat, representing two of her loves: science and Texas Rangers baseball. "That's from my daddy," Jennifer laughed. "He took me to games from as far back as I can remember." Her obsession with ancestry stems from her father's interest, also. Jennifer likes to use the hashtag #knowyourpastrespectyourroots. That says it all, for her.

The person on campus Jennifer respects the most is her current principal, Rhonda Renner. "She's the one who saw the special education advocate inside of me," Jennifer underscored. "The position was almost created to fit what she and I saw as our needs in the building. She's a visionary."

That respect is mutual. "I hope she bragged on herself," Rhonda beamed, one arm draped around Jennifer's shoulder, "because she's amazing"

Jennifer happily shared her takeaway tip for success. "Every child can learn," she maintained. "That's not my quote, but it's something I keep in the back of my mind at all times." **NOW**

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— By Jo Monroe

Josh Roman grew up in Milwaukee, Wisconsin. He played football and baseball as a kid, and owned a successful security business for eight years. His parents, Luis and Myrna, owned a carpet cleaning and janitorial business for over 30 years. Both were doing very well, but one day they agreed to make a change, not only in their own lives, but in their family's lives as well. They sold their businesses in 2007 and moved three whole families to Red Oak, Texas — Josh and his wife, Jenna, and their two daughters; Josh's parents; and Jenna's parents.

When their girls, Alexis and Mariana each turned 6, Josh and Jenna enrolled them in recreational soccer in Red Oak. Alexis is now 12, and Mariana is 10. Both eat, sleep and play indoor

and outdoor soccer for various leagues and teams. Even their younger brother, Elijah, who is 3, plays outdoor recreational soccer for the Red Oak Soccer Association.

The doors of Indoor Soccer Spot opened in April 2014. "We had looked at so many facilities. It is hard to find a building large enough to accommodate what we needed, and we wanted it to be in Red Oak or Waxahachie. We found our current building and, although it looked like an empty warehouse, we had a vision of what it could look like once completed. "We loved working with the city of Waxahachie. They welcomed us and made it easy to work with them for all the necessary permitting," Josh stated.

Indoor Soccer Spot offers small-sided soccer for adults and



kids. "Our referees are great. The game is extremely fun, and the spectators have just as much fun as the actual players do. If you have never played indoor soccer, but love the game, we suggest you give it a try at least once. The game is completely controlled and safe," Josh explained. "We just installed brand new, state-of-the-art turf, which is so much more fun to play on than the old stuff we had. Everyone absolutely loves the new look and feel of the turf. If you haven't been by in a while, you should really come check it out!"

Indoor Soccer Spot prides itself in being a complete, family-friendly environment, where whole families participate in the sport. "We have a lot of families where the kids, dad and mom all play in our leagues," Josh said. "We have youth, men's, women's and coed leagues and even 'Over 30 and Outta Shape' nights. Add to that dodgeball tournaments and bubble ball and we have plenty of fun for the whole family," Josh shared. Though most are local, teams come from other parts of the Metroplex, as well. For major tournaments, they host teams from Oklahoma, Houston, San Antonio and even Shreveport.

**"Our referees are great. The game is extremely fun, and the spectators have just as much fun as the actual players do."**

You can follow Indoor Soccer Spot on Facebook or visit them at [www.IndoorSoccerSpot.com](http://www.IndoorSoccerSpot.com) for all the leagues and services they offer, as well as for individual soccer training for youth players. They offer two inside fields, one for adults and kids and a smaller one for the Under 4 and Under 6 kids. Indoor Soccer Spot is a destination place for birthday parties for kids of any age. You may have heard it said, "If you build it, they will come." Well, Josh and his family decided to build a business and make it extremely fun for everyone! **NOW**

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*Wilma Holder, from Red Oak Health and Rehabilitation Center, is excited to move in with her sister, Thelma Morgan, for outstanding health.*



*Cooper Williams is Brookshires' newest "Customer in Training."*



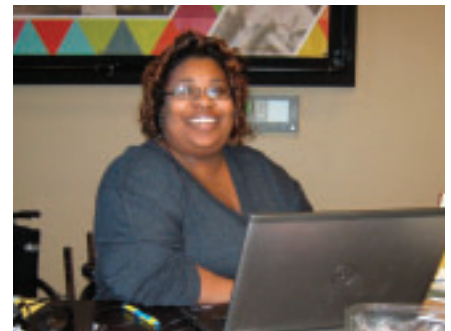
*Sharon Wrobel, Keith Beck, Tom Pegues, Joe Frizzell, John Denson and Dale Lester complete the ECARC three-day ICS 300 class.*



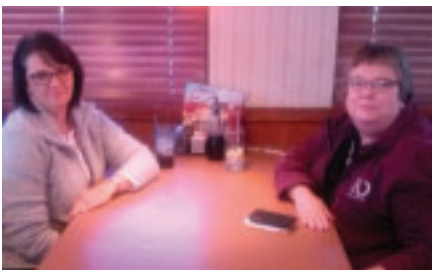
*Cleaning up for class.*



*Red Oak Senior Citizens Club Director Becky Ives joins these lovely ladies in a game of Rummikub during their Wednesday morning activities.*



*Site Director Catara Ray brings the joy to The Oaks Life School's before and after school programs.*



*Red Oak ISD Staff finally get a break after the tornado.*



*Keith Beck led a discussion about the Ellis County tornado at the ECARC breakfast and tornado debriefing.*



*Walmart Representative Mattie McCallister with Vision Center employees Marquita Mass, Melissa Abundis and Roxanna Castillas exude positive attitudes.*



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### March 5

Ellis County Women's Expo/Business, Health & Wellness: 9:00 a.m.-4:00 p.m., Waxahachie Civic Center. Tickets: adults \$5; children under 10 are free. For more information, call (972) 937-2390 or visit [www.waxahachiechamber.com](http://www.waxahachiechamber.com).

### March 5, 6

DTSLO – Shields PTA Carnival: 4:00-7:00 p.m., school cafeteria.

### March 19

Ellis County Master Gardener Lawn and Garden Expo: 9:00 a.m.-5:00 p.m., Waxahachie Civic Center, Waxahachie. The \$5 event includes guest speaker Neil Sperry, plant sales, 200 vendors and more. For more information, contact [expo.ecmga@gmail.com](mailto:expo.ecmga@gmail.com).

Wheelin' N Peelin' Car Show: 8:00 a.m.-2:00 p.m., 101 W. Main St. in downtown Waxahachie. Set up begins at 8:00 a.m. Car registration is \$10. A total of 13 awards will be given away at 2:00 p.m. You must preregister to participate. There will be no "day-of" signups. For more information or to register, visit Waxahachie Downtown

Merchants Association on FB or call Amber Caverly at (214) 679-8778.

### March 24 — 27

Red Oak High School – Irving Regional Robotics Competition: For more information, contact Bryan Rogers at [bryan.rogers@redoakisd.org](mailto:bryan.rogers@redoakisd.org).

### March 29

Vietnam Veteran Commemoration Ceremony: 10:00 a.m., Ovilla Methodist Cemetery. The service will be conducted by members of the Old Chisholm Trail Chapter Daughters of the American Revolution and will include placing flags at the graves of Vietnam Veterans.

### April 2

North Ellis County Business & Community Expo: 10:00 a.m.-3:00 p.m., Red Oak High School, 122 SH 342, Red Oak. For more information, call (972) 617-0906.

Fort Worth Symphony Orchestra: 7:00 p.m., SAGU Hagee Center. This will be the grand finale performance for the Waxahachie Symphony Association's 2015-16 season.

### Ongoing:

#### Tuesdays

ALON meeting: 6:30 p.m., First United Methodist Church, 600 Dawbitz Dr. Support for families. For more information, call (972) 617-9100.

GriefShare meeting: 4:00-5:30 p.m., session repeats from 6:30-8:00 p.m., Cowboy Church of Ellis County, Hwy. 287. Contact Josh at (214) 808-8712 or visit [www.griefshare.org](http://www.griefshare.org).

#### Third Thursdays

Ellis County Amateur Radio Club: 7:30 p.m., Ellis County Sheriff's Office Training Center (County Farm), 2272 FM 878, Waxahachie. For more information, visit [www.wd5ddh.org](http://www.wd5ddh.org) or contact Sharon Wrobel at (972) 978-8256.

Matthew 7:7 Riders Motorcycle Ministry. For the next meeting and ride visit [www.facebook.com/Matthew77RidersMotorcycleMinistry](http://www.facebook.com/Matthew77RidersMotorcycleMinistry) or contact Mark Rose at (972) 748-4076.

*Submissions are welcome and published as space allows. Send your event details to [joanne.monroe@nowmagazines.com](mailto:joanne.monroe@nowmagazines.com).*



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## In the Kitchen With Jude Smith

— By Jo Monroe

Jude Smith is a true Texan and an exceptional gardener with love for his wife, Lee Ann, and his mother, who shared her passion for gardening with him. Now retired from finance and banking, he invests in his Oak Leaf acreage where he has fruit trees, berry bushes and his amazing garden. “These trees grew from the seeds of my mother’s apple tree,” Jude shared.

The small garden produces plenty to share with friends. “It is the soil that makes the difference in the taste,” Jude stated. From the garden to the kitchen, Jude brings in garlic, tomatoes, peppers, cilantro and a selection of herbs and spices that some don’t have a Texan’s *savoir-faire* for growing, but most definitely have a taste for. **NOW**

### Smith’s Basic Tex-Mex Salsa

Makes 4 1/2 pint jars.

- 1 jalapeño pepper, seeded
- 1/4 cup fresh cilantro
- 1/2 cup green chilies, seeded
- 4 cups tomatoes, chopped and seeded
- 1 cup red onion, finely chopped
- 2 cloves, peeled and mashed
- 1/4 cup red wine vinegar

1. Coarsely chop the jalapeño pepper, fresh cilantro and green chilies.
2. Combine all ingredients in a heavy saucepan; heat over medium temperature. Bring to a boil.
3. For canning the salsa, sterilize 5 pint-size jars and lids.
4. Pour the salsa into the jars, leaving 1/2-inch head room. Place seal lid and ring on each jar and tighten securely.
5. Place the jars in a warm water bath for 10-15 minutes. Remove and set to rest. (If you do not can the salsa, it will be good refrigerated for 6 weeks, or it may be frozen.)

### Jude Smith’s Pickled Jalapeños

Makes 1 quart of pickled peppers that are good for 1 year.

- 1/2 cup 9% vinegar
  - 1 Tbsp. canning salt
  - 1 tsp. sugar
  - 1 dash olive oil
  - 1 garlic clove, smashed
  - 2 baby carrots (optional)
- Jalapeños**

1. Sterilize a 1-quart jar.
2. Add the vinegar, salt, sugar, olive oil, garlic and carrots, if desired, to the jar.
3. Tightly pack the jar with the jalapeño peppers. You may slice or leave the peppers whole. If you leave peppers whole, poke a small hole in the bottom of each pepper.
4. Fill the jar with boiling water, leaving 1/2-inch of head room. Cap the jar, and process it safely by using the warm water bath canning process for 10-15 minutes.
5. Remove the jar with tongs, and let it set until you hear the lid pop.

### Barbecue Rub

Makes 1 cup.

- 1/4 cup brown sugar, firmly packed
- 1/2 cup sweet paprika
- 3 Tbsp. kosher or coarse salt
- 3 Tbsp. black pepper
- 1 Tbsp. hickory smoked salt
- 2 tsp. garlic powder
- 2 tsp. onion powder
- 2 Tbsp. celery seeds
- 1 tsp. cayenne

1. Add all ingredients to a large bowl; mix well.
2. Rub on any meat, and let it set 2-12 hours before grilling.

### Grilled Salmon With White Wine & Lemon Butter

- Juice of 1/2 lemon (1 to 1 1/2 Tbsp.)
- 1-2 Tbsp. dry white wine
- 1/2 tsp. McCormick’s Montreal Steak Seasoning
- 1/2 tsp. Old Bay Seasoning
- 3 Tbsp. melted butter
- 1 lb. fresh salmon fillets with skin

1. In a bowl, stir the lemon juice, wine and seasonings into melted butter.
2. Brush the butter mixture onto the salmon fillets.
3. Grill over medium-high heat for 4-5 minutes. Turn and brush fillets once more with the butter mixture.
4. Grill an additional 4-5 minutes.

### Roasted Garlic Spread

- 2-3 large heads of garlic
- Olive oil, to taste
- Tarragon, to taste
- 1/4 to 1/2 cup chicken broth

1. Wash garlic and cut the top off to expose the cloves.
2. Place all three heads in a small, shallow baking dish.
3. Drizzle with olive oil and sprinkle the tops of the garlic heads with tarragon.
4. Add chicken broth. (The heads should be 2/3 covered with the broth.)
5. Cover the dish tightly with foil, and bake at 350 F for 1 hour. (I recommend spreading this on sourdough toast with fresh goat cheese and fig jam.)

To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).



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