

Midlothian

NOW

M A G A Z I N E

APRIL 2012

surreal beauty

Rebecca Rury
makes
antiquated
images
with a
modern
flair.

Hilker, Incorporated

At Home With Michael &
Katrina Hilker.

Also Inside:

The Game of Her Life

Just For Fun

A Teacher to Remember

A Great Place to Call Home

In the Kitchen With Sandra Johnson



When her pregnancy took an unexpected turn, Ivana turned to us.

When Ivana and her husband became pregnant later in life, serious complications developed.

The couple instinctively reached out to Methodist Mansfield Medical Center, where specialists in high-risk pregnancy expertly addressed Ivana's condition and helped her deliver a healthy, beautiful baby girl. When the couple became pregnant with their second (and third) child, Ivana again registered at Methodist. She valued the extraordinary care of her doctors and nurses and the family-centered amenities. The couple remained confident that Methodist had thought of everything so she and her husband could expect the very best.



Get the full story at www.MethodistHealthSystem.org/Women.



Where life shines bright.™



Hwy. 287 at Broad St. • 877-637-4297



Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System, Methodist Mansfield Medical Center, or any affiliated hospital.



Cedar Hill Recreation Center

It's More than Just Fitness...

Plan Your Next Meeting, Wedding, or Special Event with Us

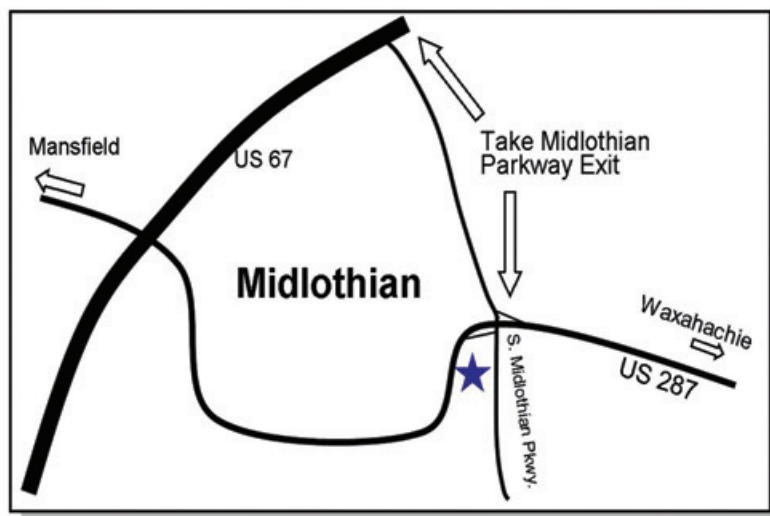
Most everyone knows you can get a great workout at our award winning, state-of-the-art recreation center. But did you know we have four expandable meeting rooms? Or that we have a patio overlooking a cascading fountain? Our facilities also include a full commercial kitchen, 50" plasma TV's, with audio visual equipment available for your special event, wedding, or conference. Give us a call at 972-293-5288 and ask to tour our premier facilities.

*Caterers
welcome
at no
additional fee.*





Worship with us for
EASTER, April 8th
and weekly on Sundays at
8:15, 9:30, 11:00 a.m., or 5:00 p.m.



Midlothian

fbcMidlothian.org

1651 S. Midlothian Parkway
972.723.6415

Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker

Midlothian Editor, Betty Tryon

Editorial Coordinator, Sandra Strong

Editorial Assistant, Beverly Shay

Writers, Janice C. Johnson

Zachary R. Urquhart

Editors/Proofreaders, Pat Anthony

Angel Morris . Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla

Artists, Julie Carpenter . Martha Macias

Connie VanderBeek . Allee Brand

Marshall Hinsley . Arlene Honza

Brande Morgan

PHOTOGRAPHY

Photography Director, Jill Rose

Photographers, Natalie Busch

Amy Ramirez

ADVERTISING

Advertising Representatives,

Rick Ausmus . Teresa Banks . Linda Dean

Laura Fira . Bryan Frye . Melissa McCoy

Lisa Miller . Carolyn Mixon . Jami Navarro

Lori O'Connell . John Powell

Steve Randle . Linda Roberson

Office Manager, Angela Mixon

On The Cover



Rebecca Rury holds one of
her cherished cameras
— a Holga.

Photo by Natalie Busch.

Contents

April 2012 • Volume 8, Issue 4



8

Surreal Beauty

Rebecca Rury specializes in unusual
photographic images.

28

Just for Fun

Kyle Glaeser taught himself to play
the guitar and that opened a whole
new world for him.

14

The Game of Her Life

Haley Richards' competitive drive
takes her to the next level.

36

A Teacher to Remember

Every child is special and loved in
Ashley Golden's classroom.

20

Hilker, Incorporated

At Home With Michael and
Katrina Hilker.



42 BusinessNOW

46 Around TownNOW

48 HealthNOW

52 CookingNOW

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2012. All rights reserved. *MidlothianNOW* is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.

Editor's Note

Dear Friends,

"Isn't it appropriate that the month of the tax begins with April Fool's Day and ends with cries of May Day?" This quote from an unknown author certainly sums up his feelings about taxes in the month of April! But, there is a lot more to the month than feelings of gloom and doom.

This is when we finally believe spring is here to stay with the lengthening days, warming sunshine and our lovely, Texas bluebonnets. Say hello to spring with a fat juicy hot dog as you enjoy America's favorite pastime — baseball. On April 8, all of Christendom will celebrate the resurrection of Jesus Christ on Easter Sunday. Millions of children will wake to beautiful Easter baskets and gorgeous outfits to rejoice in the occasion. It is fitting that these customs fill the month of April, where newness and fresh beginnings are championed.



Betty

Betty Tryon
MidlothianNOW Editor
btryon.nowmag@sbcglobal.net

CATS & DOGS
Full Service Pet Salon & Boarding



RECEIVE A FREE TOOTHBRUSHING

When you like us on 
facebook.com/catsanddogsfullservice
EXPIRES 4/30/12

972.723.0404
1081 E. Main • Midlothian
(Across from KFC)

Open 8 A.M. Monday – Saturday
Early & late appointments available
Walk-ins are welcome!

Custom Pools - Outdoor Kitchens - Pergolas
Fire Places - Patios - Concrete



Complete Pools from \$21,900

Over 30 Years Experience
Financing Available
Free Estimates

Full Service & Repair Department
Complete Pool Renovations
Child Safety Fence

Complete Outdoor Living

Serving Ellis County & Surrounding Areas
www.mybackyardneedshelp.com
972-860-9600

Pool Maintenance starting at \$99 Month



COLDWELL BANKER
AMERICANA REALTORS®
Independently Owned & Operated

CONGRATULATES



Wendye Keasler
Rookie of the Year 2011

We never stop moving!

121 N. 8th St. • Downtown Midlothian
972-723-8231
www.cbamericana.com



MARK A. BISHARA M.D.

Cosmetic Surgery & Hair Restoration

Harvard Fellowship trained in Aesthetic & Reconstructive Plastic Surgery

Offering services for Men & Women

Cosmetic Surgery Services

- ◀ Breast Augmentation
- ◀ Tummy Tuck & Liposuction
- ◀ Robot Hair Transplant
- ◀ LASER Erbium YAG Fully Ablative and Fractional Facial Resurfacing
- ◀ Facial Rejuvenation Surgery

Spa Services

- ◀ Laser Hair Removal
- ◀ Laser Tattoo Removal
- ◀ IPL Photofacial
- ◀ Laser/Near-Infrared Skin Tightening
- ◀ Botox & Juvederm & Radiesse
- ◀ Paragon Liquid Laser Face Lift (*non-surgical*)

Laser Specials

ILP photofacials
3 for \$300 total
Extended to April 30th

Wrinkle-FREE Wednesday

Botox \$10
Fillers 10% OFF 1st Syringe
20% OFF additional syringes
Offers valid until 4/30/12

FREE Drawing

for Eyelash Volumizing Consultation
FREE Latisse Starter Kit
Drawing is for New, Wednesday Patients
ONLY during the month of April

The Paragon

MED • SPA

817-473-2120
1830 E. Broad Street Ste. 102
Mansfield 76063

www.markbisharamd.com
877-70-NEW-LOOK
theparagonmedspa.com





www.eatandrun.org

Saturday, April 28, 2012

7 a.m. Registration

8 a.m. Race Start

9:30 a.m. Awards Ceremony

10 a.m. to 3 p.m. Spring Fling

MIDLOTHIAN
SPRING
fling

www.midlothianchamber.org



Join the Midlothian ISD Education Foundation for a 5K or 1 mile fun run Saturday morning followed by fresh fruit, juice, water, and hot, homemade breakfast burritos catered by the MHS Culinary Arts Department. After the awards ceremony, head downtown for Spring Fling, hosted by the Midlothian Chamber of Commerce, from 10 a.m. to 3 p.m.

5K Race & T-shirt - \$20

1 Mile Fun Run with T-shirt - \$10

Catered Breakfast - \$5

5K course is chip-timed and USATF certified.

Rowdy Runners register through your coach for a discount.

All proceeds benefit the MEF, a 501(c)(3) nonprofit, tax-exempt, philanthropic organization of volunteer citizens who share a vision of enhancing education in Midlothian ISD. Contributions are tax-deductible as defined by the IRS.

Re-Elect Jim 
Pitts
Republican State Representative

“One of Texas’
Best Legislators”
Texas Monthly

JimPitts.net 

Pol. Adv. paid for by the Jim Pitts Campaign, 310 W. Jefferson, Suite 2, Waxahachie, TX 75165



YOU'RE INVITED TO FOUR SEMINARS:

SATURDAY, MAY 12

9 – 9:50 am

Your Breasts, Your Life

Dr. Kory Jones reviews the latest in breast health, screening, treatment and reconstructive surgery.

10 – 10:50 am

The Pelvic Floor Show

Dr. Tracy Cannon-Smith focus on bladder health, including incontinence approaches such as pelvic floor reconstruction and slings, and robotic prolapse surgery.

11 – 11:50 pm

Robots – A Woman's Best Friend

Drs. DeEffe Vasques and Russell Dickey talk about the latest in minimally invasive gynecological surgery with a special focus on the benefits of robotic surgery.

12 – 12:30pm

Hospital Tour & Refreshment Break

12:30 – 2pm

Losing Can Mean Winning

Dr. Russell Dickey will focus on medically supervised weight loss options. Drs. David Dyslin and Augustus Lyons will share the latest in surgical options, including robotic bariatric surgery. A nutritionist and counselor will share tips regarding how to maintain weight loss for life.

Presented
free of charge

by USMD Hospital at Arlington and participating specialists. **Reserve a seat by calling 855.55.ROBOT or register online at usmdarlington.com.**



The most experienced
robotic team in Texas.

855-55-ROBOT (855-557-6268) • WeDoTheRobot.com

Surreal BEAUTY

— By Betty Tryon

Some of the photographic images were dark in color with an ethereal, dreamlike quality to them. Others looked as though they were under a shroud of fog. All shared an element of mystery, as the photographs were definitely not your everyday modern photos. Rebecca Rury, the creator of the images, is a dedicated artiste in alternative and antiquated processes of photography.



Rebecca first became interested in art at age 8 when the family received its first computer. "I started messing around with graphic art by way of Microsoft Paint," she smiled. "That eventually became my career. Graphic art is my real job. I got into photography when I was 13. I was working as a teacher's aide in a summer program, and they assigned me to photograph the field day program. I remember really enjoying it. In high school, my mom let me use her 35 mm camera, and that lit the fire!"

Rebecca enjoyed photography so much that she took classes at Mountain View College, along with Web design classes, to increase her knowledge. "I had to take a fine art elective class and chose a dark room photography class, using black and white film only," Rebecca explained. After two years at Mountain View, she transferred to The University of Texas at

Arlington (UTA), where her direction in photography crystallized. "In 2008," she continued, "we had an assignment where we had to purchase a Holga camera." The Holga camera, made in China, is considered a toy camera. Because of its simple construction, it is prone to vignetting [when there is a reduction of light on the periphery of a photograph] and other distortions. Many people use Holga cameras because they like the effect of the distortions.

"The Holga uses medium format film. Up until then, I had only used 35 mm film and digital camera," Rebecca stated. "They take some of the weirdest pictures! Once again, I fell in love with alternative photography.

Sometimes, it's called nontraditional photography because it's not your standard pose in a well-lit portrait. The Holgas are made for outdoor or very candid pictures. You have to tape it up or you get light leaks. The lens is made of plastic, so it's all warped on the pictures. But I just loved it as soon as I developed that first roll of film. I was thinking, *I never want to use another camera again!* It gave such interesting effects. Some of the

students took pictures of people and others of landscapes. I took pictures of everything, because I wanted to know what it looked like with this camera."

While attending UTA, Rebecca took an alternative process class with Professor Scott Hilton, where she learned cyanotype and other antique film processes. Cyanotype was invented in 1842 and used for architectural blueprints up until the 1960s. Cyanotype refers to the process of image making by using photosensitive liquid and sunlight to print a picture. "Most of these photographic processes have been abandoned for over a century except by enthusiasts, like myself," she stated. "The whole world is digital now, and people have forgotten about real photography, where it can take hours for one picture. I took two years of advanced photography classes to figure out what my purpose is as a photographer or what my style is. I knew portraits were not for me. I wanted to do antiquated photography for the rest of my life."

Rebecca's photography has a spiritual element to it. In many of her photographs, she has a passage from the Bible that best depicts what she wants to say about that photograph. "My favorite work is about surreal beauty in the natural world accentuated by alternative processes, defined by the simple elements and principles of art and inspired by the Creator," she explained.



DENTISTRY FOR Children

Welcoming New Patients

Now in
network with
Aetna, Humana,
Ameritas,
Cigna & Delta
Premier

Office
Hours
Mon-Thurs
8:30-5:30
Friday
8:30-3:00

First 500 to "LIKE"
us on Facebook will go
into a drawing for a
FREE
iPod Touch



Shelly K. Clark D.D.S.

Diplomate, American Board of Pediatric Dentistry

(972) 723-0111

www.drshellyclark.com

211 W. Belt Line Rd. • Cedar Hill
4450 East Hwy 287 • Midlothian

Now accepting patients Monday - Friday!

Healthy Teeth



CLARK DENTAL GROUP

FREE!
ZOOM!
Whitening

to all new patients with
purchase of cleaning
exam & X-rays
Expires 6-1-12



Another Reason to

SMILE

Brian Clark, D.D.S.

CLARK DENTAL GROUP

(972) 723-2300

www.BrianClarkDDS.com

211 W. Belt Line Rd. • Cedar Hill
4450 East Hwy 287 • Midlothian



"Photography is not an outlet. It is an inlet. When I take a picture, I am letting a little of the beauty I saw come in to me. Making the print afterward is sort of anticlimactic to me. The actual taking of the picture is what I enjoy the most. My artistic expression matched what I was producing."

With Rebecca's type of photography, time is an essential element in producing just the right image. When making wet plate collodion tintypes, she pours an emulsion onto the plate and then dips it into silver nitrate, which is what makes the plate photosensitive. All of this is done in the darkroom. Rebecca then places the plate inside the camera and, in her words, "opens the shutter for as long as 10 minutes, to expose the image onto the plate." She then takes out the plate and develops it. There is no film involved.



Rebecca explained the cyanotype method. "Photosensitive chemistry is painted on paper, [and] then you place a film negative or objects on top and lay it in the sun for about 15 minutes. UV rays react with the chemicals on

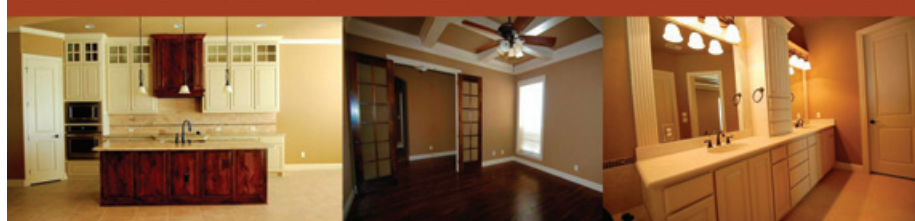


the paper. This is a very hands-on kind of photography. This process is cool because you can do it on any material that will soak up the photosensitive liquid. You can make yourself a T-shirt with a cyanotype on it."

As a photographer who appreciates photography's past, Rebecca has a collection of Brownie cameras [introduced in 1900] full of history. She has her dad's camera and her grandmother's. Another Brownie camera yielded a wondrous find. Her sister found it at a garage sale and, knowing her sister's passion, purchased it. "It still had a roll of film in it!" Rebecca recalled




JOHN HOUSTON
 CUSTOM HOMES
Your Home. Your Way.



Texanna Ranch

Address	Sq.Ft.	Price	Available
921 Texanna Trail	2,295	\$245,900	NOW
730 Texanna Trail	2,650	\$284,990	NOW
733 Texanna Trail	2,660	\$289,900	NOW

*Experience, knowledge, and ability to build "Your Home, Your Way"
Build on Your Lot or Ours!*

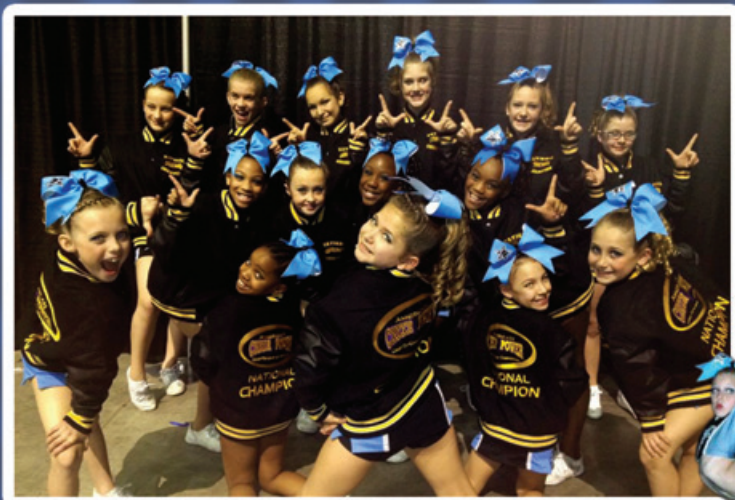


- 1** Let our team design and build your home, your way.
- 2** Bring us your design plans and we'll build on your lot or ours.
- 3** Purchase one of our completed signature custom homes.

JohnHoustonCustomHomes.com | 866.699.6054



LIBERTY CHEER 2012 NATIONAL *Champions!*



Home of the 2012 National Champions!

Liberty Tryouts!

Sat., April 7 • Tryouts are \$20 with FREE t-shirt! Just Show up!

9-11AM Flyers Clinic (anyone wanting to show your flying abilities!)

Ages 6-18 as of 8/31/2012 you must also come back for your age tryout.

Team Evaluations: Age as of 8/31/2012

11AM-12PM 3-5 years old

12-2PM 6-8 years old

2-4PM 9-11 years old

4-6PM 12-14 years old

6-8PM 15-18 years old

Email carrie@libertycheerallstars.com for questions or a private evaluation if you can't make this date or time.



LCA Liberty Cheer

1080 Dividend Rd. • Midlothian
972.322.8363 or 972.775.5323

Visit our Web site at www.libertycheerallstars.com



“Photography

**IS NOT AN OUTLET. IT
IS AN INLET. WHEN I
TAKE A PICTURE, I AM
LETTING A LITTLE OF
THE *beauty* I SAW
COME IN TO ME.”**

excitedly. “I call it the mystery film. I had the film developed, and it was photos of a family from the ’50s. I would love to find the kids in those photos and return them. It was pretty much the highlight of my life finding that mystery film.”

Rebecca tried to locate the family by doing some detective work, so she could return the photos. Guessing the film was from Norman, Oklahoma, since that is where her sister purchased it, and noticing the house number 1321, she traveled to Oklahoma to find them. Her trip, unfortunately, was unsuccessful.

Rebecca recognizes that her photos are very different from modern photos. “There is a lot of art in the world that is meant to be about something and makes a statement. Or it’s supposed to be shocking,” she explained. “I’m not into all that. When I discovered these alternative processes, I felt like I didn’t have the burden anymore of trying to make my pictures about something. I just wanted to capture something I saw, and I saw something beautiful. I wanted to capture it and share it. The alternative processes are a statement in themselves.” **NOW**

Tammy doesn't wait around in waiting rooms.

Keeping up with Tammy can be difficult. An avid runner and communications officer, she doesn't have time to be sick. So when Tammy felt the symptoms of a sinus infection coming on, she started taking over-the-counter medications. Days later with sinus pressure mounting, she ran into the Methodist Charlton QuickCare Clinic, where walk-ins are welcome and no appointment is required. Conveniently open evenings and weekends, the clinic staff and provider had her in and out quickly, and with the prescribed medication she was feeling better the next day. Even for a busy woman like Tammy, having to stop to see the doctor didn't slow her down.



Get the full story at www.MethodistHealthSystem.org/QuickCare.



Methodist
CHARLTON MEDICAL CENTER

QUICKCARE
CLINIC



I-20 at Hwy. 67 • 1-855-75-QUICK (78425)



The Game of HER LIFE

— By Zachary R. Urquhart

Middle school gym class, for many kids, is a break from studying “the three R’s.” For some, though, it can blossom into a love

for sports.

Haley Richards had never picked up a racquet of any kind, really, before playing badminton in sixth grade at Walnut Grove Middle School. She loved it, and her teacher suggested she sign up for tennis the following year. Haley joined the middle school tennis team because of the fun she’d had playing badminton, never thinking that she would eventually earn a scholarship. But she did earn a scholarship, and she is

the only Midlothian High

School girl who has received a college tennis scholarship in quite some time.

After signing up for fun in seventh grade, Haley started getting better with each practice and match. More important than her success was that she enjoyed playing. “I like competition a lot, so it was great — even early on,” she said. Her competitive drive soon took her beyond playing for school alone. “I joined the United States Tennis Association (USTA) when I was in ninth grade because I wanted to compete more,” she explained. This was also the year Haley made it to varsity level.

Throughout Haley’s high school years, she played for Midlothian High School. She and her doubles partner, current junior Lexi Hendrix, placed third in district both of the last two years. Haley also competed with the USTA, which often led her across the state for matches. “With the USTA, my mom and I would travel. It was fun traveling to play as much as anything else,” she admitted. “We went as far as Corpus Christi for tournaments.” In addition to traveling,



Haley was able to hone her skills with sometimes more rigorous competition. "It's a little more competitive than high school tennis. I played a lot of the same girls in high school and USTA matches."

Because their matches usually brought together the better players from many areas, college recruitment happened largely through the USTA. "I was recruited pretty much only from my USTA contests. That's definitely how I got a scholarship," Haley shared. She was playing tennis more or less year-round between the high school team

"I like competition a lot, so it was great — even early on."

and USTA. She had planned on going to school for nursing, and pursued enrolling at The University of Texas at Tyler. "They have a nursing program, and I was probably going to play, but didn't have a scholarship or anything," Haley said.

One of the other schools in the same conference, Schreiner University, sought her out. Haley was not very familiar with the school until they contacted her but quickly found it was a great fit. "The coach, Gary Naudebaum, had me visit the school," she recalled. "They offered me a scholarship to play, so I went." After recruiting her to come, Coach Naudebaum actually left Schreiner. Haley, along with the whole tennis team, got to take part in the interview process for their new coach. "It was kind of weird," she confessed. "They had us come in and talk to the different coaches, as a team." The team selected Wade Morgan from Hardin-Simmons University.

In addition to tennis, Haley has made



SUBURBAN SOUTH
www.juliemckeever.com

Julie McKeever
972-824-6017





3220 Caleb Ct E.
Midlothian, TX
MLS#11735791

Backyard Oasis! 20x20 covered patio w/fireplace overlooking saltwater diving pool & spa with waterfall. 900sf finished out poolhouse w/full bathroom. Kitchen w/granite, breakfast bar & island. Office w/wood flooring. Master bath w/jetted tub, 2 separate vanities & glass block shower. Living w/vaulted ceiling & lots of windows overlooking the gorgeous backyard. Fully landscaped, sprinkler system & alarm.



3213 Bent Creek Court
Midlothian, TX
MLS#11721451

3517 sf. 4br-3.5 in Plum Creek subdivision. Large gameroom, 2 bdms & Jack n Jill bath upstairs. Spacious kitchen w/ island, granite counters & stainless appl, double granite vanity in master bath, open shower & garden tub. 3 car garage w/built in workbenches. Covered back porch looks out over pool & waterfall. Detached brick workshop w/outdoor kitchen.

REMODELING BY
Allan McKeever

GRANITE
PAINTING
POOLS/SPAS
DRYWALL REPAIR
TILE SHOWER STALLS
HOME BUILD/DESIGN
DOOR REPLACEMENT
NEW WOOD CABINETS
KITCHENS AND BATHS
OUTDOOR ARBORS
CUSTOM HOMES
FLOORING/TILE
SILESTONE
SIDING
DECKS

EPA Certified Renovator
on Homes older than 1978



*Certified Graduate Builder,
Green Building Professional*

Serving Ellis County for 30 Years
972-824-8736

GET READY FOR SUMMER LOW-COST LASER REMOVAL



Before

After

TATTOOS - STRETCH MARKS
TOENAIL FUNGUS - BODY SHAPING
BROWN/AGE SPOTS - SCARS
SPIDER VEINS

CALL 214-949-0972

FOR A FREE CONSULTATION

Creative Laser Tattoo Removal Clinic, LLC - Waxahachie, TX
www.creativelasertattooremovalclinic.com

SILVERADO

LAWN AND LANDSCAPING

Certified Landscape Professional
Residential & Commercial

- ★ Design/Installation
- ★ Maintenance
- ★ Retaining Walls
- ★ Ponds/Waterfalls
- ★ Trees/Shrubs/Seasonal Color
- ★ Boulders, Flagstone,
River Rock



972-775-LAWN (5296)



the time to work with kids for many years. "I have volunteered at Children's Medical Center in Dallas and with the YMCA. I also was babysitting when I was young, probably 12 or so," she explained. Because of Haley's love for kids, she has planned for years to go into pediatric nursing. Recently, though, she has honed her plan to an even narrower focus. "In the past year or so, I have known several



people who have been diagnosed with cancer. So I decided that I want to pursue pediatric oncology, specifically." Haley will spend time away from tennis this summer, as she will be involved in an internship at Children's Medical Center. "I will be doing a shadowing program, so I will probably see a lot of different parts of the nursing work I will do one day," she said. Part of the appeal that brought Haley to Schreiner was its outstanding nursing program.

For now, though, Haley has to spend most of her time focusing on her tennis. "I haven't really had the typical college experience. I would say about half of my time is doing something for tennis, between practice and workouts." She has taken 13 credit hours each of her first two semesters but has not had much choice in her classes. "The coach picks our schedule. I am on a certain degree plan, but he schedules us so that we have morning classes. That way, we can practice and workout in the afternoons," she stated. "They only let freshmen take 13 hours, so that we won't be overloaded." After class, she usually has workouts on her own and practice for a few hours each evening.

The start of Haley's college career has had both ups and downs. She won

One of the area's oldest & most respected pool companies!

Ask about our risk-free builders program!

The only program that allows you to control your money throughout the construction process!

- New construction/renovations
- Tile/plaster/coping
- Outdoor kitchens & arbors

Free, no obligation estimates

- Wood & wrought iron fencing
- Decks & stone work
- Deck resurfacing



"Building and Renovating quality pools since 1974"

"One-on-one with the customer"

Terry Johnson

New Construction & Renovations

Cell: **817-680-9700** Office: **214-335-5579**

metroplexpoolsandspas.com metroplexpoolandspa.com

Lose up to 5-15 lbs. the 1st week!

Dr. Brian J. Caplan, M.D. • www.dietsolutioncenters.com

DietSolution
WEIGHT LOSS CENTERS
817-453-DIET (3438)

- ✓ Medically-monitored weight-loss system
- ✓ Natural and FDA-approved prescription appetite suppressants
- ✓ No prepackaged foods
- ✓ No contracts, no hidden fees
- ✓ No restrictive 500-calorie diet plan

Laurie R. lost 52.2 lbs in 19 weeks!

Laurie R., Mansfield, Texas

"I had always struggled with what to eat, when to eat and how much to eat. NOT anymore. Walking into DSC was the best decision I made. The staff is friendly, supportive and fantastic. DSC is definitely the SOLUTION to my weight management for the rest of my life. Thank you DSC, you're the BEST!"

Individual results may vary



Before



After



920 US Hwy 287 N. Suite 306 • Mansfield
(At Walnut Creek in Tom Thumb Shopping Center)

CareCredit
Patient Payment Plans

Multiple Sclerosis Awareness
PLEASE GIVE TO STOP M.S.

Mini Spa Retreats
for Mom!

Gift Certificates!



Retreat SALON & SPA
972-723-7838 • www.retreatsalonandspa.net

Across from Campuzano's
111 N. 8th St. • Downtown Midlothian



her first ever college match, eventually losing in the consolation finals of her first tournament. Toward the end of the fall season, though, she suffered a rotated vertebra and spent several months rehabbing her injury. "The fall season is individual, and I missed one tournament," she said. "In the spring, we play team tennis for accumulated points, so I had to miss the first part of that, as well."

In spite of the time Haley was forced to take off, the spring season has brought welcome travel back to her tennis life. "Because of the schedule, between school and tennis, I couldn't really come home in the fall. But in the spring, we traveled to Dallas for several tournaments, so I got to see my family a lot more," she said.

Haley has missed the closeness she enjoys with her family: her parents, Patrick and Jenny, and her older brother, Corey. Along with short trips that bring her close to home, Haley will get to travel across the country. "Every other year," she said, "we go on a spring break trip to play some new schools. Next year, we will go to Oregon, Tennessee and California."

Haley's tennis career began on a whim. One day she was enjoying herself in gym class, and six years later, she signed a scholarship to play tennis in college. She spends much of her time training, working out and practicing. The extra work is worth it to her, as Haley will one day head into the nursing field. But for now, she is getting to play a game she loves — one that has become a pathway into her future. **NOW**

TURF-SCAPE

LANDSCAPE MANAGEMENT

Proudly Serving Our Community
for Over 20 Years

Look familiar?



Contact Turf-Scape, Inc.

Licensed by State of Texas Commission
of Environmental Quality - Lic. Irrigator #8552

- Irrigation System Installation & Repair
- Irrigation System Checks and Maintenance
- Water Conservation Specialists
- CAD Designed Irrigation & Landscaping
- Backflow Preventor Testing & Repair
- Installation of Rain/freeze Sensors

972-938-2956 • www.turf-scape.co
info@turf-scape.co

Visit our website for our full range of services.

Backflow Prevention
Assembly Tester #BP0013903

Like us on Facebook



Evening and Weekend Urgent Care Now Available



To better serve our patients, we are now offering extended evening and weekend hours. Please call our office for more information. Most insurance is accepted.

Jepsin Maliyil, M.D. has joined Baylor Family Medical Center at Midlothian. Dr. Maliyil is board certified in family medicine. She enjoys the full scope of primary care and sees patients of all ages. Some of her clinical interests include women's and children's health, preventive care, and management of acute and chronic diseases. Her goal is to provide safe, effective, and quality health care to families of Midlothian and its surrounding communities.



BAYLOR
Family Medical Center
at Ellis County - Midlothian
A Baylor-HealthTexas Affiliate

To schedule an appointment,
call (972) 723-1474.

1441 S. Midlothian Pkwy., Suite 100
Midlothian, TX 76065

Internal Medicine

Jeffrey Astbury, M.D.
Leigh Nordstrom, M.D.

Family Practice

Karen Yeh, M.D.
Chad Coleman, M.D.
Matthew Moreland, D.O.
Jepsin Anat Maliyil, M.D.

Pediatrics

Shirley Joslin, M.D.
Kimberly Sweet, M.D.

Nurse Practitioner

Judy Davis, R.N., F.N.P.
Jessica Fenton, R.N., F.N.P.
Sara Moreland, PNP

Physician Assistant

Mamta Patel, MPAS, PA-C

Physicians are employees of HealthTexas Provider Network, an affiliate of Baylor Health Care System. ©2012 Baylor Health Care System. BID HTPN_1468 2.12

**Elect
Linda
Bounds**

Not a Career Politician

**Linda
Bounds**
Republican for
State Representative

God First, I am Second
Pro-Life ~ Fiscally Conservative
Pro Gun Rights ~ Limited Government
Secure Borders ~ Traditional Family Values

WWW.BoundsForTexasHouse.com

Pol. Ad. Pd. for by Linda Bounds Campaign Fund
Treasurer Dianna Burden, PO Box 1037, Ennis Texas

110 Roundabout Drive
(FM 663 & the new bypass)
972-72ELITE

*Considering buying or selling this Spring?
Don't delay, call your Elite agent today!*

**The market is
very active ...
Don't miss out!**

Linda Winfield
214-460-8768

Keri Turner
214-415-2765

Janet Calvert
214-695-9079

Gayla Tucker
214-577-9876

Lisa Yarbrough
972-839-1292

Debbie Phillippi
972-365-0382

www.eliterealtytexas.com

Look for us on



Hilker, Incorporated

— By Janice C. Johnson

At Home With Michael & Katrina Hilker

Michael and Katrina Hilker's love story began with a phrase that would strike terror into the heart of any teenage girl. Katrina's mother had reconnected with a dear childhood friend after living in different cities for many years. She came home and told 13-year-old Katrina about her friend's son, Michael. "You're just going to love him!" she enthused.

Katrina reacted to the motherly matchmaking as you might expect. "Of course, I was convinced that I was going

And they lived happily ever after...

to absolutely *not* love him!” Katrina remembered. “She said he was perfect for me, so I thought, *Yeah, now I know for sure that I won’t like him.*”

But when Katrina actually met 15-year-old Michael, she found him good-looking, intelligent and quite likeable, after all. It took her by surprise. Friendship blossomed into love, and within a few years, they decided to marry.

“Our mothers had been best friends. They even got married on the same day — June 1,” Katrina said. “When Michael and I got engaged, they suggested an August wedding, but we didn’t want to wait. So, we told them it would be so sweet if we had the same anniversary that they both did. My mother fell for that, and we got married June 1 of that year.”

The couple settled in Grand Prairie and, over time, were blessed with two sons and two daughters. As the youngest approached her teens, the family decided to move to a more rural school district. Their search led them to Midlothian and the historic W.L. Stephenson home. Q.C. Stanberry had built the rambling, prairie-style house in 1921. The Stephensons later bought it, and it remained in their family for 50 years.

Katrina fell in love with it the moment she first saw it. Stephenson’s son and his wife had updated the home in 1999. “I only had to repaint two rooms in the house after we bought it. The Stephensons had excellent taste,” she said.

The three youngest children settled into Midlothian’s schools. Only Hannah, an easygoing high school junior, is still in school. Her sister, Katie, graduated last year and is busy training for a hairstyling career. Brandon, now 20, aims to attend Fire Academy. Mikey, at age 23, is the eldest. In 2010, he suffered a major setback: a brain tumor. After undergoing



Free

Small Banana Pudding Milkshake!

with purchase of any Chicken Sandwich



**387 E. FM 1382
Cedar Hill, TX
972-293-0022**



2009 CFA Properties, Inc. Good only at Cedar Hill Location. One coupon per person per visit. Coupon not valid with any other offer. Closed Sundays, Coupon valid from *NOW* magazines only. Please use by April 30, 2012

Thinking about selling this Spring?



Call us today for a professional price analysis.

Outstanding Agents
Outstanding Results!



Steve Crowe



Robin Beaton



Julie McKeever



Leisha Crowe



Leslie Armstrong



Beth Boles-Terminella



Suburban South

Search the MLS at www.suburbansouth.com

138 N. 8th St
Midlothian
972-723-2553



surgery and radiation treatment, he is still working on rehabilitation. He also helps his brother with yard work and enjoys reading and cooking. Two lively English bulldogs, Cletus and Bella, round out the family.

Meanwhile, the vintage home with its large rooms proved the perfect setting for Katrina's decorating talent. She scouts estate and garage sales to find antique furniture and accessories. She began upholstering so she could restore worn pieces, such as the three-piece living room set she got for just \$16. "I'm a



bargain hunter," she admitted.

Katrina's "do-it-yourself" thriftiness extends to sewing, as her spacious workroom reveals. Besides the sewing machine, which faces the large window, the room is equipped with dress forms, well-organized shelves and a large work table. Above the doorway she has hung the four "baby's first outfits," one for each child. She embroidered their names on each outfit before mounting them on fabric and framing them in glass-encased shadow boxes. Katrina smiled up at the mementos and said, "I always tell my

husband that if there were a fire, aside from the dogs, I would save those first."

The sewing room started out as their daughters' bedroom. But soon they had the open attic finished out into a suite for the girls. "It had just been empty space, and it added 500 square feet to the house," Michael said.

Most of the renovations the Hilkers would have wanted had already been made. The master suite originally had a tiny bathroom and an even smaller closet. The previous owners had enclosed a sun porch to make a roomy bath, and the

RIVERMIST POOLS & SPAS

Summer will be here before you know it...

Call Rivermist today and let us prove the difference!

DON'T PROCRASTINATE START EARLY AND SAVE!

We are a local, family-owned company that prides itself on quality of craftsmanship and superior value. By offering expert design solutions and innovative construction techniques, we are able to provide our customers with the highest quality custom built pool, spa and outdoor living environment available anywhere.

Call us now to set up your appointment. We will come to your home and use our 25-plus years of experience and knowledge, in conjunction with the latest 3-D software, to make your backyard dreams come true!

SAVE

FREE Polaris 280 Cleaning System on all new pool contracts signed on or before April 30 2012.**

**Offer cannot be used in conjunction with any other pre-existing contracts or offers

Office 972-723-1441

Bill Atterberry 972-965-1530

Jeremy Atterberry 972-351-4218

www.rivermistpools.com

HANSON

IRON WORKS

MIDLOTHIAN'S
#1 SOURCE FOR CUSTOM WROUGHT IRON
FOR OVER 20 YRS.

* WROUGHT IRON FENCES & GATES * AUTOMATIC GATE OPENERS * STONE & BRICK COLUMNS
* WOOD & IRON FENCE COMBOS * SERVICE AND REPAIR ALL GATE OPENERS * BALCONY RAILINGS



(972) 775-3091

VISIT US ONLINE AT WWW.HANSONIRONWORKS.COM FREE ESTIMATES



AESTHETIC AND IMPLANT DENTISTRY

Davis W. Morgan, DDS | 972.723.5544



Free Zoom! Whitening

with two or more cosmetic porcelain veneers

Do you wish you had a whiter smile?
Do you have damaged or discolored teeth?
Take advantage of this limited time offer
See website for complete details.

WWW.DFWSMILEDESIGN.COM

MAIN STREET GYM



GET IN SHAPE For Summer

AT MAIN STREET GYM!

Fully Equipped Gym with Free
Weights and Circuit Machines

**NO
ENROLLMENT
FEE**

THRU JUNE 1ST 2012 . PLEASE BRING IN COUPON

- Personal Training
- Yoga
- Boxing / Kickboxing
- Aerobics
- Dietician Services
- Zumba

Healthways
Silver Sneakers®
Fitness Program

OPEN 7 DAYS A WEEK

1000 E. MAIN STREET #303 • MIDLOTHIAN 972.723.5005

SPIRITS DEPOT

Extensive Selection of Liquor, Beer and Wine



Crown Royal
750ml \$24⁹⁹



Camarena Tequila
750ml \$15⁹⁹



Hennessy
750ml \$31⁹⁹



Paul Masson
1.75l \$17⁹⁹



Bacardi
1.75l \$21⁹⁹



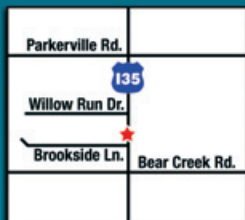
Seagrams 7
1.75l \$19⁹⁹



Seagrams Gin
1.75l \$19⁹⁹



Huge selection of Moscato Wines!!



972-274-1080
1551 S. Beckley Rd. (I-35)
Glenn Heights, TX 75154

From the South take Parkerville Exit and Loop around
From North take Bear Creek Road Exit #412
Additional parking in back.

Prices subject to change.

We offer
wine tastings
every Thursday.
Liquor tastings every
Friday and Saturday
5pm-8pm.



Edge STUDIO

Salon · Nails · Spa

Cross over to Beautiful

Free
Brow Wax
with Spa Facial
(\$15 Off)

15% Off
Any Chemical
Service



Deluxe
Manicure &
Pedicure
\$55
(\$10 Off)

\$5 Off
Ear and
Cartilage
Piercing

New Customer Invitation

117 Ave. B & 8th • Midlothian • 972-723 EDGE (3343)

www.edgestudiosalonandspa.com

Gift Certificates Available

Animal Emergency Hospital

of Mansfield

Providing compassionate,
high quality care 24 hours a day,
7 days a week



www.mansfieldanimaler.com

817-47ERVET

301 N. US Hwy 287 @ Broad St.
(2 miles north of S.H. 360 and 287)
MANSFIELD 76063



Get Ready for summer!
Laser Hair Removal 50% Off
select areas, ask for details.

Fotofacials \$500 Off
When you purchase a package of 5 treatments

Millennium
 Laser & Medical Aesthetics

R. Paul Kare, MD
 Botox Cosmetic
 Physicians' Network Member

Fotofacial RF Rosacea Broken capillaries Sun Damage Red and Brown spots Fine Wrinkles Acne Scars Loose Skin	Elos Laser Hair Removal All Skin Colors Medical Microdermabrasion Botox Cosmetic Physicians' Network Member Wrinkle Reduction Brow Lift Crow's feet Frown Lines Mouth Lines	Juvederm Physicians' Network Member Wrinkle Filler Lip Enhancement Mesotherapy Fat Reduction Cellulite Reduction Body Contouring M.D. Forte Chemical Peels Obagi Skin Care Product
---	---	---

120 South Grand Avenue, Suite 3 • Waxahachie
 Call for a FREE Consultation 972-938-8200 • www.drkare.com

3-gal. Windmill Palms Only \$19.95 Reg. \$29.95

THIS IS OUR LARGEST SALE OF THE YEAR!

Spring Open House

Friday, April 13 - Saturday, April 21
Main event: Saturday, April 14
Don't miss it!

EVERYTHING IS ON SALE!
 These are just a few of our sale prices

All Flats 4" Begonias, Petunias, Impatiens Only \$12 Reg. \$16.95	All 10" Hanging Baskets Only \$12 Reg. \$16.95	30 gal. Bald Cypress Half Price! Only \$99 Reg. \$199	Purple Crape Myrtle Half Price! Only \$99 Reg. \$199	95 gal. Live Oak Half Price! Only \$450 Reg. \$799
15 gal. Red Buds Only \$89 Reg. \$149.94	Indian Hawthorne (Clara) BUY ONE GET ONE FREE!	# 3 Knock Out roses Only \$18 Reg. \$24.95	20% Off Any Pottery	10% Off All Perennials!

HUGE 8' Windmill Palms only \$399 Reg. 699.95

ALL OF THESE SPECIALS, PLUS MUCH, MUCH MORE!

Earth Tones GREENERY

810 E. Main Midlothian • 972.723.0702
 Check our Web site for details and specials!
www.earthtonesgreenery.com



Weddings | Rehearsals
Showers | Quinceañeras
Family Reunions | Trade
Shows | Meetings + more!

1 Community Circle
Midlothian, TX 76065
www.midlothiancenter.com
972-723-7919



“We are excited that we are able to provide high quality, compassionate health care services with a home town feel for our community.”

COMMITMENT TO QUALITY

Approved Home Health Care announces their new Administrator

Midlothian, Texas — February 3, 2012 — Approved Home Health Care announces the promotion of Karen Torti to Administrator/Director of Nursing. Karen has been an RN, Case Manager with Approved since Feb 2011. We are proud to have Karen leading our team! Congratulations, Karen!

Approved Home Health Care continues to hold CHAP Accreditation status as we go into our sixth year! The Community Health Accreditation Program, Inc. (CHAP) rewards agencies for their Core & Home Health Standards of Excellence.

Approved Home Health Care provides a variety of nursing and therapy services to patients and their families in Ellis, Johnson, Tarrant and Dallas counties and surrounding areas. Locally owned and operated by hometown folks with over 50 years combined home health experience.

Best Little Home Care Agency in TX!
Family Owned and Operated Since 2005

**For additional agency information, contact
Louis Ponder, Owner at (972) 723-2933.**



former bathroom is now Katrina's closet. "That one little closet would never have worked," she said.

The main bathroom just needed a coat of blush-colored paint to become a nostalgic retreat. Here Katrina hung her collection of old-fashioned silhouettes done in cut black paper, pen-and-ink and cross-stitch.

Katrina's least favorite room in the house began life as a dining room and is now the den. "I don't know anyone who needs a dining room this big," she observed, looking around at the wide open room. She likes the formal living room's fireplace and glassed-in bookcases, but its large windows make it too sunny to use much in the summer.

The warm, yellow kitchen carries a "poultry" theme, decorated with ornamental hens and roosters and antique wire baskets full of faux eggs. Rippled-glass doors in the double-sided cabinets show off Katrina's collection of milk glass and jadeite dishes.

Beyond the cabinets, where the breakfast room once was, Michael has set up a home office. As a sales executive for Microsoft, he has an office in Las Colinas but works at home some days. While the commute is manageable, he pointed out that "when I can work from here, I can get a lot more done."

Below the kitchen, the basement is another favorite room. It houses Katrina's upholstery work area with an old coal chute still visible above the



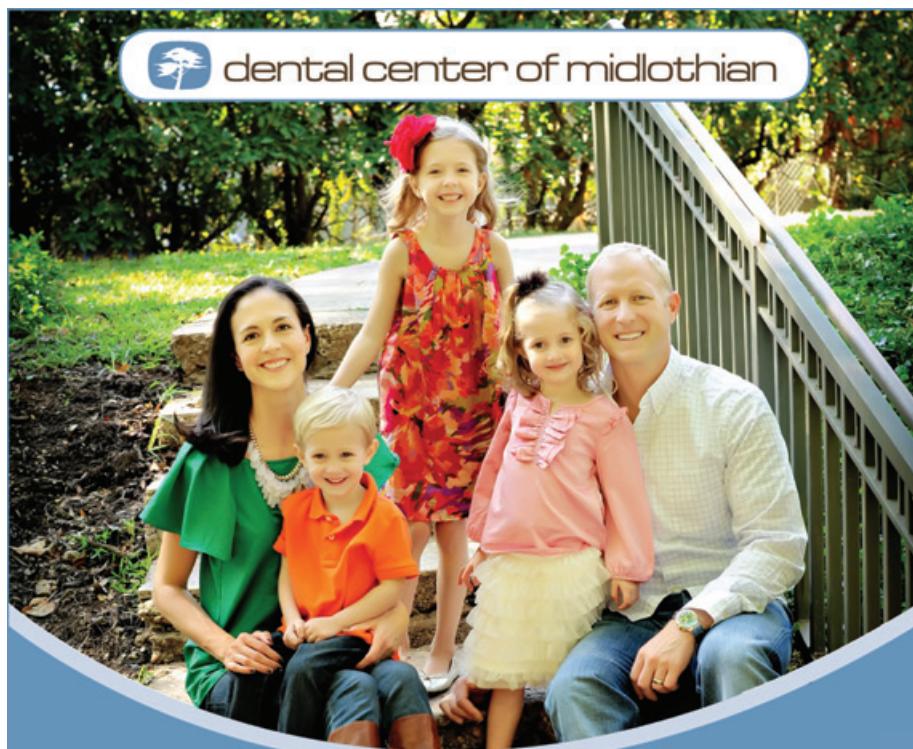
workbench. A back door opens at ground level onto a courtyard featuring a grill and picnic table. In the far corner of the lot, a garden thrives and a swimming pool waits for summer.

Katrina is thankful for Michael's career, which allows her to be a homemaker. "Michael has a very strong provider instinct. I knew he would be good at whatever he did, but I never dreamed he would be so successful," she said.

In turn, Michael noted, "In some ways I think of our family as 'Hilker, Incorporated' that is, I am working for my family. What I do, going out to provide for them, is made much easier by Katrina's support. She's like the chief operating officer. She keeps everything together."

Michael and Katrina have been happily married for 25 years, "but not without some rough patches," Katrina said. Both of the mothers that brought them together have since passed away. Also, some years ago, Michael was diagnosed with a heart problem, which he has overcome through his diligent pursuit of fitness.

Katrina mused, "As a couple, we've been through so much — we've lost parents, we've had a cancer scare with our kids, we've been poor, we've had excess — we've pretty much done it all, and we've managed to stay together. I don't believe in fate, but we're just the two people that are *for* each other. We're a perfect fit." **NOW**



Life is Good!

- Environmentally friendly office • Invisalign teeth straightening
- Enjoy sedation dentistry • Implants
- Now in-network with PPO insurances



Travis Spillman, DDS

800 Silken Crossing, Ste 112
adjacent to Ellis Co. BBQ • Midlothian

972.723.3567

dentalcenterofmidlothian.com

Zoom!

**Free In-office Zoom! Whitening
for all new patients with purchase
of X-rays, cleaning and exam.**

EXP. 4/30/12

Just for Fun

— By Betty Tryon

Boredom led Kyle Glaeser to a greater appreciation of music and new levels of creativity. "My best friend and my brother are both really good guitarists. My friend got a girlfriend, and suddenly I was really bored, because he was hanging out with her all the time," he explained. "I took a book he had and an old guitar of his and started practicing. I liked it a lot, so I bought my own guitar and started playing."



Kyle's foray into music was something even he did not expect. "I was always reluctant to start playing instruments because my brother is very musically gifted. He's the one with all the talent. He got a scholarship for college to play jazz with his trombone and has a good voice. But when I started playing, I really got into it."

Kyle's playing was mostly experimental at first, since other than playing the trumpet in band during junior high school, he had no formal lessons. Gradually, he learned to master playing the instrument by ear. His talented brother did help in the beginning. Smiling, Kyle said, "He helped a little. He was patient enough. When I first started playing, I found a couple of songs I liked and wanted to learn. They were always songs that were too hard for me. I would practice and practice until I could play it. I would also practice chords. I learned a lot from playing with other people."

As Kyle's proficiency in guitar playing increased, he decided to expand his repertoire and taught himself how to play other instruments. "For a long time, I didn't try to play anything else because I was obsessed with the guitar. I went through a couple of years where I'd have to play two or three hours a day or else I didn't feel right," Kyle shared. "Because of the nature of the guitar, the way it's made with strings, it's a lot easier to learn how to play. I can play anything with strings: ukulele, mandolin, bass guitar and banjo. I learned these after playing the guitar for about two years."



Richard Bolgiano

Offering Accurate and Reliable Solutions

- **Business Tax Preparation** • **Individual Tax Returns**
- **Full-Service Bookkeeping** • **Payroll Service**

Call our office for an appointment today.



Bolgiano
Tax & Business Services

200 S. 14th Street Ste.150
972-723-5200 www.bolgianotax.com

I'm Proud To Work For



Holcim

Midlothian Cement Plant



John Baugh

Electrician

2012 Safety Slogan Contest Winner

SAFETY HAZARDS -

If you're aware of it, take care of it!

Strength. Performance. Passion



VIP SPECIALS
(Very Important Puppy)

20% OFF PUPPY KINDERGARTEN

CLASSES FOR PUPPIES UP TO 4 MONTHS OLD
START 4/10. CALL NOW TO RESERVE YOUR SPOT

20% OFF Grooming

FOR FIRST TIME CLIENTS - APRIL ONLY

FREE BLUEBERRY DOGGIE FACIAL

WITH ALL FULL SERVICE GROOMINGS
FOR EXISTING CUSTOMERS

VIP LOYALTY:
AFTER 10TH GROOM, THE NEXT IS FREE - ALWAYS

VIP REFERRAL:
REFER A FRIEND, WHEN THEY USE US
YOU EACH RECEIVE \$10 OFF - ALWAYS

972.775.7800
840 E. Main St. • Midlothian, TX
(IN THE BACK OF MIDLOTHIAN VET CLINIC)
facebook.com/allaboutdogs.midlothian

ALWAYS FREE GROOMING
for Certified Service Dogs
serving our community!



Once Kyle became more comfortable with the guitar, he stepped out of his comfort zone with stringed instruments to play the harmonica. It all began with a white elephant Christmas gift exchange with his youth group. "Someone had put a \$5 harmonica with the gifts. I was able to get it, and I just started playing on it and thought it was fun. I played that \$5 harmonica for a long time. I then went and bought a nicer one and found out the more expensive one was easier to play. Because I'd played so long with the cheap one, playing with the good one was easy."

Kyle learned how to play the harmonica by watching YouTube. He wanted to learn to play the harmonica while simultaneously playing the guitar.

"To coordinate the harmonica and guitar at the same time took lots of practice," he said. "I feel that if you can sing and play at the same time, you can play the harmonica and guitar at the same time. It's like disconnecting from the guitar. It's called doing something other than what you are supposed to be focusing on. So, I had to play a style




Reliable Service Begins with Reliable People

Pool Services
Cleaning
Polaris Repairs
Re-Plumbing
Mastic Repairs
Equipment Repair
Acid Wash

(214) 577-4843
Bob Bauer
bbauer@aircanopy.net

*Often Imitated...
Never Duplicated*



Downtown Digits

*with Cathy,
Ashley, Jessica & Rusty Curry*

of guitar where you have to learn how to disconnect. I do baselines with my thumb so that helped. It's a painstaking process, but everyone I talked to about it said you just have to practice it. It is very frustrating. At first, it doesn't make sense and then it just comes. I practiced doing simple beats, and it became more complex from there."

After learning how to play the guitar, Kyle started writing music. He prefers to write his own music instead of playing popular songs written by others. However, he does have his favorite musicians. "I have written approximately 50 songs. I play a lot of folk and blues. With blues, I am a big Buddy Guy fan and, of course, B.B. King. I also like Derek Trucks. For folk music, I like Neil Young and Joe Pug."

Kyle often has the opportunity to perform his own creations in front of others with a recent appearance at Lighthouse Coffee Bar. He also performs with others. "I've played background for my friend's band whenever he needed instruments. We've played in lots of coffee houses, a couple straight music venues, in churches and a festival," Kyle said.

"I've always been a lead guitarist. I've been blessed in that I could jam with people. So, about two years ago, I started playing a lot more rhythm and things, but I really enjoy playing with people. I like to play solo, but it is not as much fun as playing with people. I don't sing. I play the instruments and have my friends sing. It's just for fun." The group, known as Murtaugh and the Silver Lining, has also played at Rock the Republic in





Gigi's tre Chic

Accessories Boutique
www.gigistrechic.com
 ph: 972-775-2739
 126 B N. 8th St. Midlothian, TX 76065

Spring Styles Have Arrived!



Hometown Chiropractic



Drs. David and Natasha Marcial

Fibromyalgia: "It just hurts all over ..."

Fibromyalgia is a chronic disorder characterized by widespread musculoskeletal pain, fatigue and multiple tender points. These "tender points" refer to sensitivity that occurs in precise localized areas, particularly in the neck, spine, shoulders and hips.

People with this syndrome may also experience sleep disturbances, morning stiffness, irritable bowel syndrome, anxiety and other symptoms.

Other symptoms that are less common but can occur are constipation or diarrhea, headache, difficulty concentrating, tingling sensation in the hands and severe or excessive fatigue.

A recent study in the Journal of Manipulative and Physiological Therapeutics stated that more than 60 percent of the participants who underwent chiropractic treatments showed significant reductions in pain intensity and improvement in their overall fatigue and quality of sleep.

Our chiropractors will take a comprehensive approach in evaluating and designing a specific care plan for those who suffer from fibromyalgia. Nutrition, exercise and regular chiropractic adjustments have all been shown to play a role in reducing pain and other symptoms, while improving whole body health.

Free initial consultation

Most Insurances, PIP, Attorney's Letter of Protection
 All patients seen within 15 minutes • Hours: Monday - Friday 8:30 A.M. - 7 P.M.

Dr. David Marcial
 112 S. McKinney, Ennis
 972-875-8600

Dr. Natasha Maza-Marcial
 607 Ferris Ave, Waxahachie
 972-923-1003

DAC Construction

Custom Homes • Remodels • Roofing

Since 1982



FREE Swimming Pool

With any new home purchase. Restrictions apply.

Lots available in
Shiloh Forest Estates
Dan Christensen ~ Owner
(972) 741-2272



"Where Locals Meet!"

**Come see us
for DINNER
& get 10% OFF
your CHECK!**

Friday & Saturday, 5-9 *Expires April 30, 2012
*Must present coupon at time of purchase;
One coupon per visit, please.

BYOB



DINNER IS SERVED!
Friday and Saturday, 5-9 pm

**FREE appetizer
with the
purchase of
two entrees.**

Expires April 30, 2012
*Must present coupon at time of purchase;
One coupon per visit, please.

610 Uptown Blvd, Cedar Hill • 972-293-9944 • www.dicksuptowncafe.com

Turn Your **Gold** and
Diamonds
into **CASH**

972-937-4422
wileysjewelry.com

WILEY'S
DIAMONDS & FINE JEWELRY



Scott Koelker
For Midlothian School Board | Place 1

Principled
Family Man,
Trusted Attorney

Sound Leadership
Guided By
Community's Voice



www.meetscott.net

Published Ad, Scott Koelker Campaign | Code of Fair Campaign Practices Selection | P.O. Box 1403, Midlothian, TX 76065-1403



Bryan, Texas, with about 150 bands in attendance. In addition to playing for fun, Kyle has organized charity concerts to raise money for various events.

Playing professionally requires much focus and commitment. Presently, that is not an option for Kyle because of his studies at Texas A&M University. He is looking forward to his future career in geographic information systems. "We take satellite data and aerial photography and interpret it into thematic maps. We work with intelligence, government agencies, defense — all sorts of things like that. I got interested in it because I had a friend who was interested in it, and because I didn't get in my first choice [program] at school. I got accepted into that program, which is really strange because it is a more difficult program to get into than the one I originally wanted. The school wouldn't let me change for a semester, so I stuck it out and wound up liking it."

Kyle's biggest draw to the guitar may have been because of boredom but he continues to play because he finds it relaxing. "I have a recording setup, so I record some songs. I bought a really cool condenser microphone. It's like a small audio transfer. I play it like a program on my computer. It sounds really nice. I just record my friends to have fun," he explained. "No matter how bad my day was, I can just relax and play the guitar and get lost in it." Now, instead of Kyle's brother patiently tolerating him, "I have gotten so much better," he said, "and it is a lot more fun to play together." **NOW**

Spring is in the air! Call now!



CUSTOM FENCING AT AFFORDABLE PRICES!

- FENCE REPAIR
- FENCE STAINING
- RETENTION WALLS
- CONCRETE STAINING
- OUTDOOR COOK AREAS
- ARBOR, PERGOLAS & DECKS
- LANDSCAPING & IRRIGATION SYSTEMS

Free Estimates

VINYL • WOOD • WROUGHT IRON FENCES • ELECTRIC GATES CUSTOM OUTDOOR PATIOS • GUTTERS • CONCRETE STAINING

Ross FENCING

COMMERCIAL & RESIDENTIAL CONSTRUCTION

1604 N HWY. 67 • MIDLOTHIAN
(9th St Exit, North Bound Frontage Road)

Call 972-904-1904

Free

**Controller with
Sprinkler System**

Hurry! Offer Ends 4/30/12

\$200 OFF

**Full Fence
Purchase**

Hurry! Offer Ends 4/30/12

**King
Pools, Inc.**

FREE iPad

(with any new pool contract signed in
April with 30 day construction start)

**Optional Apple App Pool
Controller Available**

**New Pools • Gazebos/Arbors • Outdoor Kitchens • Fire Places/Fire Pits
Fencing • Remodels • Weekly Cleaning • Service/Repair • Retail Store**

972.723.2800

104 N 8th St. • Downtown Midlothian
www.kingcustompools.com

"Pools built for a king." A+



THE ARBOR STORE

Let us create your backyard getaway!

Arbors, Patios and Outdoor Kitchens

DFW's
BEST
ARBOR
BUILDER



MANTLES

Mesquite, Cedar, Pecan & Black Walnut

Call James Fleming:

817.821.6142

www.TheArborStore.com

ALL EYE & OPTICAL CARE

New Patients Welcome

All Major Insurance/Medicare Accepted

- Complete Eye Exams
- Eyeglass & Contact Lens Prescriptions
- Eyeglasses for Every Budget
- Glaucoma Treatment
- Diabetes Eye Care
- Cataract Surgery



Dr. Raj Rugwani
Board-Certified
Ophthalmologist

972.923.3399
800 N. Hwy 77 Ste 100
Next to HEB
AllEyeCare.com
AllOpticalCare.com

Don't forget to
use your Health
Savings/Flex Benefits

COLDWELL BANKER

200 Rosewood • Red Oak



SHORT SALE!

Almost new with upgrades: tile & wood floors, rock exterior, corner lot, leaded storm door, granite look, 42 inch cabinets, ss appliances, 2 inch blinds, split bedrooms, decorator colors, sprinkler and 2 walk-in closets. don't miss this one! **\$124,900**

1951 Georgia Way • Midlothian



Custom home on 1+ acre with saltwater pool, island in kitchen with granite counters, ss appliances, floor to ceiling rock fireplace, wood wrapped windows, slate & marble shower, split bedrooms. Garage professionally converted to 2nd living with bath. Upperscale finish, skip trowel & faux finish wall, rounded corners, unique tiled step down shower. A definite must see! **\$307,000**



Donna Lasater
#1 Sales Agent
972.569.7003
www.dlasater.com



NOPT & FESTIVAL



Creative Culture for Change

SATURDAY APRIL 28 2012 11AM-10PM

LIGHTHOUSE

coffee

1404 North Ninth Street Midlothian
972.723.5282 | lighthousecoffeebar.com



A Teacher to Remember

— By Betty Tryon

"It was New Year's Eve, and I was alone. I could hear these footsteps on my front porch." These words were the beginning of a tale spun by fourth-grade teacher, Ashley Golden. As she continued to talk, inexplicably, the footsteps became four instead of two. When she spoke of the footsteps, her hand hit the desk in an ominous thud, thud, thud. Each thud perfectly suspended in the silence as the students' imaginations caused them to be a quivering mass of curiosity and excitement. Recognizing her effect on the children, Ashley continued, "I got my phone and was going to call 9-1-1. I looked out the window and saw a horse on my front porch."



"Oh, what did you do?" the kids asked.

"I called 9-1-1 and told them, 'I have a horse on my front porch!'"

This story was part of a lesson in Ashley's writing class to teach the students about problems, actions and solutions. "I try to teach them different strategies in writing," she shared. "In



telling a story, I slowly build the action, and with the horse story, I'm building it until they are on the edge of their seats. I like to tell stories because I want the kids to be invested in what I'm teaching, and at the same time, I love to hear what they write because I like to be invested in what they're telling me, as well. It's funny because a year later someone will ask me, 'Mrs. Golden, do you remember ... ?' They may not remember the problem/action/solution, but they will remember the horse on my front porch."

This is Ashley's eighth year of teaching, and her sixth year of teaching language arts to fourth-graders at J.R. Irvin Elementary School. "I also teach spelling, grammar, narrative writing and expository writing." One of her assignments to the students is to keep a daily journal. She acknowledged that when they start to write in fourth grade, they lack self-confidence and are hesitant to write and to share what they have written. "I want writing to be enjoyable to them," she stated. "By the end of fourth grade, one of the biggest transformations I see is their love for writing. The most

APRIL IS CANCER CONTROL MONTH What is Cancer Control?

There might be several of you, in the reading audience, who are wondering what is "Cancer Control." It is finding or screening for abnormal cells and eliminating them. Early detection is just one way to control cancer. The earlier you find or detect the abnormal cells and treat, the better the outcome! Cancer screenings are a very important aspect of the cancer control and it puts you in control of decision making dealing with your health needs. Because of the advances in medicine, learning opportunities easily available and patients becoming more involved in healthcare decision making, cancer rates and deaths have been declining since the early 90's. Our physicians and practitioners will be happy to assist you with questions about early cancer screenings. April isn't just about showers, its about Cancer Control.



Dr. Stephen Trammell
675 W. Main Street
(Downtown Ovilla) (972) 617-6376
Visit our website at Dr-Trammell.com



Replacement Windows, Glass, Solar Screens

Save on your energy bills!

Lifetime warranty on replacement windows!

1ST CHOICE

Doors & Windows

~ Since 1996 ~

Located in Midlothian

Hours: Mon. - Fri. 8am- 5pm

FREE ESTIMATES! 972-723-1000



Paying too much for Storage?

ACE

SELF STORAGE

24 HOUR GATED ACCESS
16 SECURITY CAMERAS



10x15 \$75 \$70 • 10x30 \$125 \$130
RECEIVE 2ND MONTH FREE!
Valid with ad. Expires 4/30/12

Merry Toppins
practically perfect in every way!
Frozen Yogurt

Fill it
Top it
Weigh it
Pay it

12 different rotating flavors including sugar-free
Over 50 designer toppings including candy, nuts & fruit
Most of our flavors are gluten free!

Midlothian
Merry Toppins
practically perfect in every way!
Buy one, 25% Get one OFF
Expires 4-30-2012

Giftcards make the perfect healthy addition to your Easter baskets!

Start Spring off with your favorite treat!

 Like us on Facebook for new flavor information and secret sales!


791 N Hwy 77 • Ste 501E • WAXAHACHIE
972-923-1500 • MerryToppins.net • Behind Cotton Patch



creative writers are usually the kids who are your storytellers. They want to come up and tell you everything the first thing Monday morning. They usually follow me around as I am setting up the room. They are so animated and have great imaginations. Sometimes, you have those


“The most creative writers are usually the kids who are your storytellers.”

NEW Kindergarten
2012-13 Tuition Rates!

 **THE CANTERBURY**
EPISCOPAL SCHOOL
K-12 • College Prep

Open House:
Sunday, May 6, 2:00 to 4:00pm

Contact us for a tour or more information
972-572-7200 x106
www.TheCanterburySchool.org
1708 N Westmoreland Rd • DeSoto, TX 75115

 Go Canterbury - From Start to Finish!

Call about Manager's Special Discounts



Free Use of our Move-In Truck!

- Climate-controlled Units up to 10 X 25
- On-site Managers
- Video Surveillance
- Individually Alarmed Doors
- Your Lock, Your Key
- 24/7 Computer-controlled Access

ABBY'S STORAGE
1150 S. US Highway 67 (exit Mt. Lebanon)
Cedar Hill, TX 75104 • 972-293-5880

quiet kids who don't do a lot of talking, but whenever they write, they really express themselves, and you get to see a whole new person. Writing is a fun subject to teach, and it's neat to see them excel in it.”

Ashley always thought about teaching as a career when she was younger. “My mother is a teacher, and I have a lot of educators in my family, so it came naturally to me,” she said. Ashley did veer from her teaching goal when working in the counselor's office during her high school years. She was so impressed that she thought counseling kids instead of teaching them was for her. “My first major in college was for a psychology degree.



Somewhat, I ended up in an educational math class where the professor always talked about ways to teach math to children. Once again, I thought about teaching. So, with only one semester of psychology, I returned to my roots of originally wanting to be a teacher."

Counseling has its rewards, but teaching suited Ashley's bubbly personality better. "I feed off other people's energy," she said. "Teaching brightens your day every day."

Ashley has found that in such a small school, with only 350 students, it is easy to get to know her students, their siblings and their other family members. "That is what makes Irvin so special," she said. "Because we are so small, it's easy to learn who the kids are and why they are the way they are."

Building relationships with her students is one of the most special things for Ashley. "To me, that is the best part of teaching," she said. She has found that there are some hard situations with some of her students' families that her heart gets wrapped up in. "I had a little boy whose mom was moving him. He was bounced from school to school, and he just held me and cried. That was such a special year because with a group that small, I got to know them inside and out."

Ashley remembers how some of her teachers made an impact on her as she grew up. One of them traveled to her weekend gymnastics meets and went to her softball games. "She made math fun and encouraged us to think outside of the box. Maybe it is because of her influence that I am so big on building relationships with the kids. I also remember how my language arts teacher

Experience Scentsy in a New Way!

LAYERS
by Scentsy

New Products, New Catalog,
New Scents! It's the Perfect time
to start Your Scentsy Business or Host a
Party to Earn Free & ½ Price Scentsy!



Shop Local

Phone Orders Welcome
Call for an Appointment
Today!

Debi Mangan

(972) 937-1440 Office

(903) 258-3513 Cell

www.eFlameless.com

debimangan@sbcglobal.net

Scentsy
INDEPENDENT
CONSULTANT

*Celebrating
Our 5th
Anniversary!*

Drawings for
discounts and door prizes.
Food & fun!

Monday-Friday 10am - 6pm
Saturday, 10am - 4pm

Sat. April 14, 10am-4pm

216 WEST AVENUE F. • 972-775-8600
DOWNTOWN MIDLOTHIAN

Serendipity
HOME DÉCOR & GIFTS



**CarSmart
INC**

We help customers with CREDIT ISSUES
Here, your job is more important than your credit

- Low down payments
- Affordable payment options
- Trades accepted



www.BCARSMArt.com - 972.938.8102

Turning Your Backyard Dreams into Reality

New Pools • Remodels • Outdoor Living Areas



\$200 Visa gift card
(with any new pool contract signed)

Splash Away™
Pool and Spa LLC

Contact Bill Hileman
OFFICE 972-775-7937
MOBILE 817-907-5677
www.splashawaypool.com

License # 123926

Arbor House

Giving New Meaning to Life

Specializing in Dementia & Alzheimer's Care

8027 West Virginia, Dallas, TX • 972.298.1331



COLE BUILDERS
PROUDLY SERVING ELLIS COUNTY

- Homes built on your lot
- Complete Remodeling
- Roofing
- Painting

BUILDING THE HOME OF YOUR DREAMS



Southern Living
CUSTOM BUILDER PROGRAM

colexuryhomes.com • 972-824-2590

in high school had loud music playing every day, and she was in the hallway dancing! I remember thinking, *This woman is crazy!* But she made learning so much fun,” Ashley recalled.

A few years ago, Ashley and some other teachers received a grant from the Midlothian Education Foundation to attend the Ron Clark Academy, with the 55 Essentials. They learned many things, but one of the things Ashley learned from Ron Clark was to do something random after the kids had been sitting through a long lecture. “I do cartwheels or handstands in the classroom to see if they notice. They shout, ‘Oh my gosh! Look at Mrs. Golden!’ I want my kids to remember me. I love seeing them around



town and having them run up to greet me at Walmart or at church. It is special to me that they love me that much, and I feel the same way about them,” she shared.

Ashley’s grandmother also taught school, and she gave Ashley a great lesson when dealing with children. “She gave me so many strong points,” Ashley said. “I had a student teacher this year, and I shared those strong points with her. One very important point was always to remember that everyone’s child is someone’s baby. Somebody in the world loves them more than life itself. I always remind myself that this student is very special and important to someone. Whenever I have to talk to my students or discipline them, I always talk to them as if their mother was standing next to them. I told my student teacher, ‘If you take away anything, just know that every child is special. Respect is a big thing. If kids know you love them and respect them, they will do anything to please you.’” **NOW**



bringing *uptown* to our town
appointments & walk-ins welcome

booth rental spaces available

kenra
moroccan oil
goldwell

m the
mona leigh
studio

972.723.MONA
126 N. 8th St. Suite A, Midlothian, TX 76065
www.facebook.com/theMonaLeighstudio

*You're
Invited*



Friday, April 27, 2012
**ELLIS COUNTY DUCKS
UNLIMITED DINNER
BANQUET AND AUCTION**

NEW LOCATION
Waxahachie Civic Center
2000 Civic Center Ln.

Tickets include:

- One-year membership to Ducks Unlimited
- Cajun cuisine catered by Savoie's Cajun Pot out of Shreveport, La.
- Beer, wine & other drinks
- Live and silent auction
- Numerous drawings and games
- Over 35 guns as well as hunting and fishing trips, artwork, and many more great items

**GUN RAFFLE! LIMITED
TICKETS AVAILABLE.
PRE-BANQUET ONLY!**

- DPMS Panther Arms Oracle .223 AR, 2-30 round magazines
- Marlin XT17V, 17HMR Bolt Action, ProFire Adjustable Trigger
- Remington VersaMax Auto 12ga., Black/Matte Synthetic, 3 1/2"
- Remington 1911 R1, 45AP, Semi-Auto
- Remington M887 Pump 12ga., Black Synthetic, DU Logo Receiver, 3 1/2"
- Ruger LC9, Compact 9MM Pistol, Semi-Auto
- Savage Axis .243, DU Gun, Stainless Barrel
- Bushnell 3-9x40 scope

Contact John Reagan at 214-673-7264 or Elliscountydu@earthlink.net for tickets and information. Hurry! They're going fast!



DUCKS UNLIMITED

Your contribution will conserve and maintain valuable North American wetlands!

***Have you been putting off
getting your wisdom teeth removed?***

Call us now for your appointment!

Specializing in the
following services:

- Dental Implants
- Wisdom Teeth Removal
- Teeth Extractions • Anesthesia
- 3D Cone Beam CT Scan

Charles L. Clark, DDS

Diplomate, American Board of Oral & Maxillofacial Surgery
Diplomate, National Dental Board of Anesthesiology

Ellis County
Implant & Oral Surgery, PLLC

Between Midlothian and
Waxahachie in the Presidential Plaza.

4470 E. Hwy 287, Ste 1200 • Midlothian
972-775-1249 • elliscosurgery.com





Coldwell Banker Americana Realtor

121 North 8th Street
Midlothian, TX 76065
Cell (214) 497-8615
kathy.spiegel@coldwellbanker.com

Hours:

Call for an appointment.



Kathy Spiegel and some of the tenants she has become friends with through her business.



A Great Place to Call Home

Kathy Spiegel, Realtor for Coldwell Banker Americana, considers property management to be much like running a family.

— By Betty Tryon

As a Realtor at Coldwell Banker Americana, Kathy Spiegel enjoys her work. “The most fun part of being a Realtor is dealing with tenants and buyers,” Kathy said. “I’m pretty much a selling agent, and I like to deal with people one on one and help them find properties. It’s really fun to have first-time home buyers because they are so thrilled. You feel like they are sharing a part of their life with you.”

Kathy became a Realtor in 1987 after moving to Midlothian. She enjoyed living here so much that she shared that enthusiasm with others. “I was able to talk some people into moving here,” she stated. “I thought that maybe I could turn this into some kind of an opportunity.” With that revelation, she started going

to Cedar Valley Junior College and took classes at different real estate schools until she earned her license and began to work in her field.

As the real estate business changed with the economy, Kathy decided to expand her business and focus on property management. “I now have 68 rental properties that I manage. I am a real estate manager who specializes in property management. I still list and sell, but my true passion at this point is property management. I like working with my tenants. I have some tenants who have rented from me for four or five years, and I just love them. I have multiple properties on some streets, and when I go there, the tenants will come out and talk to me.

Business **NOW**

That makes me feel like I am part of their lives. One of the tenants in one area had a new baby, saw me showing another property and waited so she could show me her new baby," she enthused.

Coldwell Banker Americana has proudly updated by adding the software AppFolio Property Manager. This update now allows the agents to access all of their properties remotely. Tenants will be able to pay their rent, get applications and pay fees online. Kathy has tenants in Waxahachie, Arlington and, of course, Midlothian, so doing some of the business online has its advantages. Having Kathy manage a property in Midlothian that is owned by someone in Dallas is an obvious choice. "I find it interesting that someone would hire a property manager out of Dallas when I am already here and can drive by their property every day.

"I love my job and look forward to working many more years. It's not about the money. It's about being able to help people."

"Our office is the top producing office in Midlothian in sales for the year 2011," Kathy said. "I have a diamond, which means I am among the top 10 percent of selling agents with Coldwell Bankers. The group of people that we have is more like a family. We try to complement each other. We are always trying to make sure that we are covering each other instead of working against each other. Part of my enthusiasm in liking what I do is because property management is kind of like running a family. If they don't pay their rent, I have to call them. You have to call and make repairs when running a home; you have to do basic repairs to keep it running. I love my job and look forward to working many more years. It's not about the money. It's about being able to help people." **NOW**



Teaching the Art of Life

**Call by April 15th
for Two Free Weeks
Includes Uniform!**

Family Plans • Private Lessons
NO CONTRACTS

3271 S. FM 663 • Midlothian
972-775-1857 • www.crosstktd.com

Cross Martial Arts Center
Midlothian, Texas



EDVENTURE CAMP

- Goal-setting Curriculum (with weekly awards)
- Full-day Camps (9-4pm)
(extended care available)
- Horseback Riding
- Gymnastics
- Rock Climbing
- Challenge Courses
- Swimming

OFFERING AN AFFORDABLE ALTERNATIVE FOR SUMMER CHILDCARE.

LITTLE FINS - LOTS OF FUN SWIM SCHOOL

Come Learn to Swim With Us! \$10 OFF
Camp or Swim Registration*
WITH THIS AD

- Classes for 18 months and up
- Small class ratio
- Pool depth beginning at 1.5 feet eliminating fear for preschool age swimmers
- Private swim parties
- Teaching children in the metroplex since 1982

HOME OF THE PATENTED "SWIM PAL"
TEACHING TOOL USED TO HELP STUDENTS TO
LEARN MORE EFFICIENTLY AND SAFELY!

ONLINE ENROLLMENT! WWW.SPIRALSGYM.COM




1003 MAGNOLIA ST.
MANSFIELD
(1 Block South of Walmart
off Walnut Creek)

817-473-4944



**\$19 FOR EXAM
AND X-RAY**

**\$79 EXAM, X-RAY
AND CLEANING**
(gum treatment extra)

NEW LOCATION: FORT WORTH

1114 E. Seminary Drive • Ft. Worth 76115
817.921.0883

BURLESON

664 S.W. Wilshire Blvd • Burleson 76028
817.426.3331

MANSFIELD

2880 N. FM 157, Ste. 102 • Mansfield 76063
817.473.6200

CLEBURNE

1301-H W. Henderson St. • Cleburne 76033
817.641.3344

**We Accept Medicaid, CHIP and
Most Insurances.**



www.crystaldental.org



TEXSUN

POOLSCAPES

"We Create Paradise In Your Own Backyard"



*Proud TEXSUN Pool Owners:
Wayne and Tammy ~ Red Oak*



Pentair

469.688.3465
texsunpoolandspa.com

Dr. Brad W. Collins



Dr. Ross A. Ellis

MIDLOTHIAN
—SPINE & SPORT—

*You don't have to be a professional athlete
to be treated like one!*

**Muscle Aches
Sprains, and
Strains**



**Chiropractic Care
Sports Injuries
Kinesiotape**

972.723.1155

WWW.MIDLOTHIANSPINEANDSPORT.COM

Your #1 Residential Agents in Ellis County

for 2009, 2010 **AND** 2011!



3816 Ovilla Road

Very well maintained home on over an acre. Full wood privacy fence. Ceramic tile in kitchen, dining, bath and utility. Covered patio. Horses permitted. Storage building comes with the home.



714 Escapade Court

Lots of features and upgrades. Tumblestone backsplash and amazing butler's pantry. Handscraped wood floors, and several large bay windows. Freshly painted, radiant barriers and solar screens. Large shed out back.



1121 Kardinal Court

WHY BUY PRE-OWNED INSTEAD OF NEW? \$40,000 in upgrades that's WHY! Community amenities including pool, playground and jogging path!



1520 Ashmore Court

Stunning home that is beautifully decorated with scored concrete floors. The master bath is a dream with built ins, walk thru style shower and a jetted tub! Absolutely immaculate and a must see!



Put us to work for you.

WWW.JHOUSTONREALTY.COM

202 N. 135 E. STE. C • RED OAK

Call about our builder buyback program.

List by 4/30 to take advantage of special discounts when you mention this ad.

Multi-Million Dollar Producers

MICHELLE OZYMY

Broker/Owner

(214) 534-8758

michelleozymy@jhoustonrealty.com

MELANIE BREWER

Realtor®/Owner

(214) 923-3104

melaniebrewer@jhoustonrealty.com



When it's time to re-tire... Wheel in to see us!

Open 7 Days A Week

Sardis

Tires & Wheels

Monday-Friday 8:30-6

Saturday 8:30-5 • Sunday 9-5

Just 5 Minutes West of I-35 on Hwy 287

Between Waxahachie and Midlothian

972.937.4177 • 972.935.9795



John D. Abdulian, M.D.

Board Certified in Gastroenterology



- heartburn
- indigestion
- chronic diarrhea
- constipation
- abdominal pain
- colon cancer screening
- swallowing disorders
- liver disorders
- rectal bleeding
- poor appetite/weight loss
- anemia

For an appointment
please call our office at

(972) 875-1800

Most insurance plans
accepted

Three Locations to Serve You!

**Southwestern Digestive
Health Physicians**

1441 Midlothian Pkwy., Suite 100A
Midlothian

2800 E. Broad Street, Suite 318
Mansfield

2200 Physicians Blvd, Suite C
Ennis



A kindergarten student at LaRue Miller works with her older study buddy about community helpers.



Russ Vinson, Thelma Minton and Violet Street dress for St. Patty's Day fun.



Fireman Golden teaches J.R. Irvin kindergartners about a fireman's job.



United Way donates \$4,000 to Midlothian Education Foundation.



A gift from Gerda Ameristeel sends Vitovsky fifth-graders to the Capitol.

HENDRICKS EQUINE VETERINARY SERVICES



We come to you!

- General medicine • Reproduction
- Lameness • Dentistry

EMERGENCY & FARM CALLS

Rohn Hendricks, DVM, MS
Over 20 Years Experience

972-935-3993

Jeanette's



Custom Embroidery

Jackets, shirts, caps, patches & much more!

www.JeanettesCustomEmbroidery.com
972-938-8778 • 972-937-1959

\$19*

Adjustment

THE JOINT®

...the chiropractic place®

278 E. Ovilla Road, Red Oak, Tx. - 1 Mile East of I-35
(972) 617.7700

Mon-Fri 9am-6:30pm, Sat 9am-12:30pm, Closed Sunday

Walk-Ins Welcome | thejoint.com

*Offer valid for first visit only. Initial visit includes consultation, exam and adjustment.

no appointments
convenient hours
licensed chiropractors



Property Management Specialist

COLDWELL BANKER
 AMERICANA REALTORS®
Independently Owned & Operated

Kathy Spiegel

I bring owners and clients together.

214-497-8615

sixspiegels@aol.com



THIS IS THE BOOT CAMP YOU'VE BEEN HEARING ABOUT!

The ORIGINAL Fitness Boot Camp!



5:30 AM
WOMEN ONLY
CAMP

**GRAND
OPENING**

Next Camp
Starts May 7th

MIDLOTHIAN

ADVENTURE
BOOT CAMP FOR WOMEN

Improve your **STRENGTH,
ENERGY & SELF CONFIDENCE!**

**1-3 inch decrease
in midsection**

5-12 POUNDS

Lose 3-5% BODYFAT

Everyone is SUCCESSFUL

SIGN UP ONLINE:

MetroplexBootCamp.com 817-719-0355

American Barns Inc.com

Barn Homes start
@ \$65 sf locally!



Post-Frame Builders
Barns, Shops, Homes & More!
817-341-7400



Relax
We've got this!

We're not much help with the cooking,
but we will take care of the cleaning!

Serving Ellis County and surrounding areas



Call before
April 15
on your first
**Cleaning
Service**
and receive
20% Off

Relax Cleaning
of North Texas

Over 12 years experience. Good References.

Call for a FREE Estimate
214.406.9335

LIKE-NEW TUB & TILE INC.

Don't let
your old tub
turn into
yard art!



WWW.LIKENEWTUBTILE.COM
214-957-4331

Available
in Five Sizes!

Big Green Egg®
The World's Best Smoker and Grill



Now available at
KING POOLS, INC.
Designers & Builders of Fine Pools

972.723.2800
104 N 8th St.
Downtown Midlothian
www.kingcustompools.com

Understanding Parkinson's Disease

— By Betty Tryon, BSN

Muhammad Ali, boxer, and Michael J. Fox, actor, are arguably the world's most famous people with Parkinson's disease. They have become the face of the disease, with all of its physical symptoms and controversial treatments. Parkinson's disease is a neurodegenerative disorder. Neuro, in neurodegenerative, refers to the neurological or nervous system. In Parkinson's, certain nerve cells malfunction. When functioning properly, these nerve cells produce a chemical called dopamine that transports signals to the brain regarding movement. When the level of dopamine declines because of problems in the nerve cell, movement is affected. This disease is the most common movement disorder.

Parkinson's most familiar symptoms are: tremors or shaking, bradykinesia, rigidity of muscles and instability in balance. Tremors or shaking usually begin in one finger and may progress to the hands, arms, face, legs and foot. Sometimes, this symptom is called resting tremors because when the muscle is put to use, the tremors cease. Bradykinesia means slow movement. In Parkinson's disease, there is a decline in voluntary or spontaneous movement. Walking can resemble a short shuffle. Simple tasks such as combing one's hair can become difficult if not prohibitive. Rigidity or stiffness can occur in any muscle and cause discomfort. When there is stiffness in the muscles of the face, the facial area can appear masked or unmoving. Instability in balance can be dangerous. A person with Parkinson's can very easily tilt backward and fall.

How one lives with Parkinson's will vary greatly. Not everyone will develop the same symptoms in the same order. Not everyone will experience the degree of symptoms in the same way. There is no known cure for Parkinson's, but there are medications to help alleviate the symptoms. Parkinson's patients must work closely with their physician, because the treatment is tailored to their specific needs. Treatment is determined by factors such as: which symptoms are present, severity of symptoms, general health condition and age. As the disease progresses, increased dosages of medication or a different medical and pharmaceutical regimen may be in order.

Physical therapy aims to improve muscle strength and muscle tone. This promotes greater flexibility, better posture, balance and increased movement. Some exercises such as yoga and tai chi are used to enhance these benefits. Patients who try to remain active appear to do better over the course of the disease than those who remain or become sedentary. Parkinson's disease comes with many challenges. Counseling and group discussions with others who are coping with the same issues can provide you with tips and strategies to meet the challenges head on. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.



TOTAL CAR CARE

Computerized Diagnostics • Brakes • Tune-Ups • Tires • Hitches
Ranch Hand Bumpers • Motor Home Service • Truck Accessories
Shocks & Struts • Transmission Service • Flow Master Exhaust
4-Wheel Alignment • Air Conditioning • Catalytic Converters

We treat you like family!

1530 Hwy 287 Bypass
Waxahachie, TX

972.938.9922

www.horsesunderthehood.com

\$15 OFF
Any Service

*Excludes Oil Change
Expires 4-30-12



Eat. Party. Shop.

Discover over 60 simple and delicious foods from Tastefully Simple® by having a tasting party with your friends.

Sherry Dietsch
Independent Consultant-0128276
sherryd101@gmail.com
www.tastefullysimple.com/web/sdietsch
972-775-8446

1138 Walter Stephenson Rd. • Midlothian, TX




4 bdrm-3.5 bath, 2 living areas & media room. 2861sf. Built in 2008. Stone fireplace, granite counters & fabulous backyard pool & water slide.



Keri Turner
Sales Associate/Property Manager
30 years experience.
214-415-2765





Insulation is the most cost-effective way to lower your energy bills.

FREE
ATTIC EVALUATIONS
FREE ESTIMATES



972-935-3810

everyone is welcome



Midlothian Bible Church

JUNE 11-15
VBS
 sports and specialty
 day camp 9am-2pm
REGISTER ON LINE
www.midlothianbible.org

Family Worship
Sunday 9 and 10:30AM
 Children's Ministry and
 Adult Education both hours
 Student Ministries 9:00

 **Saturday Night Crave 5.29pm**
cravemidlothian.com

www.midlothianbible.org
 4250 FM 663 972 723 0002
 (2 miles south of 287 bypass)

**Help us name
our New Tortoise**

He is a male Sulcata Tortoise &
weighs 160 lbs.

**See our tortoise and
drop off your
name suggestion!**

WINNER
will receive a
\$50 Gift Card

**Bring your kids in for a unique
photo opportunity!**




PETORAMA
 Your Family Pet Store

2090 Hwy. 157N, Suite 100
 Mansfield • 817-453-2043
 Hours: Mon- Sat: 10am - 8pm; Sun: 12pm - 6pm
www.petorama.net

ARBORS, OUTDOOR KITCHENS, PATIOS

Your Backyard Oasis Awaits

DREAM. DESIGN. BUILD.



**BUILD NOW
AND
SAVE 10%**
 Expires 4/30/12



URBANOASIS
 OUTDOOR LIVING & LANDSCAPING

817.453.3100
WWW.URBANOASISOUTDOOR.COM

PayPal    L19335

LANDSCAPING • SPRINKLERS • LIGHTING

Update your kitchen
with

Countertops from MTM!

FREE Estimates • Competitive Pricing
Up to 15 Year Warranty on Some Products

Granite, Marble & Quartz Fabricator for
Kitchen & Bathroom Countertops

Extensive Color Selection Combines
Beauty, Function & Elegance for
any Bathroom or Kitchen!

SILESTONE®
by COSENTINO



*Come see our
wide selection!*

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM, SAT 10AM-2PM

FREE

18 gauge Stainless Steel Sink
(\$350 value)

Call or visit our Web site for details!
www.MTMCOUNTERTOPS.com

MTM

Countertops

2460 Hwy. 287 N. • Mansfield

(Northbound service road - between Callendar Rd. & Turner-Warnell)



For more info call 866-439-1935.



Toni Engram, DDS

Legacy

DENTISTRY

151 Walton Way, Suite 102
Midlothian
(next to Game Stop near Wal Mart)

972.723.1148

Now
Accepting
New
Patients

**FREE
Whitening!**

with purchase
of exam, x-rays
& cleaning

BONNIE & CLYDE'S CIGARS

FOR THE ELITE SMOKER

We've moved!

312 W. Jefferson St
Waxahachie, Tx

Tuesday-Friday 1-8PM

Saturday 11AM-6PM

Walk-In Humidor • Premium
Cigars • Smoking Lounge
Gift Certificates • Memberships

FREE
HOUSE CIGAR
with \$25 purchase.

OFFER EXPIRES
4-30-2012
\$5.00 VALUE



972-937-4040
www.bnccigars.com

April 7 and 28

Larkin Newton Log Cabin Tours: 10:00 a.m.-noon, Heritage Park. Midlothian Area Historical Society will begin opening the Larkin Newton cabin on the first and third Saturdays of the month. Beginning **June 2**, it will be open 9:00-11:00 a.m. in conjunction with the Farmers Market. It will also be open **April 28** during the Spring Fling.

April 12-May 31

The Ellis/Navarro County Indian Trail Chapter of Texas Master Naturalists is accepting applications for its 2012 Training Class. Application deadline: **April 6**. Classes will be held weekly in Waxahachie. Contact the AgriLife Extension Service office at (972) 825-5175 or by e-mail: ellis-tx@tamu.edu.

April 14

Bonjour Brilliance! Navarro College Ellis County Scholarship Fundraiser: 6:00 p.m., Midlothian Conference Center. Entertainment featuring the Dallas String Quartet. Tickets: \$75 each. Contact Lynn Pike at (972) 923-6439 or lynn.pike@navarrocollege.edu.

April 20 and 21

Relay For Life of Midlothian, TX: 6:00 p.m.-6:00 a.m., MISD Multi-Purpose Stadium. Sign up teams at www.relayforlife.org/midlothiantx.

April 21

CureSearch Walk for Children's Cancer: Registration: 8:30 a.m.; walk: 9:30 a.m., Texas Motor Speedway, Fort Worth. Event includes: prizes, music, food and fun activities for the whole family. Contact Elena (469) 693-5156 or elenajoserodriguez@yahoo.com or www.curesearchwalk.org/dfw/teamreagan2012.

April 28

Midlothian ISD Education Foundation presents its 3rd Annual "Love to Eat and Run." Registration: 7:00 a.m.; race: 8:00 a.m. Awards following race at 100 Walter Stephenson Dr. Call Kristin Zastoupil at (972) 775-8296, ext. 1281 or visit www.eatandrun.org.

The Midlothian Chamber's Annual Spring Fling Arts and Crafts Fair featuring entertainment and performances: 10:00 a.m.-3:00 p.m., Heritage Park in downtown Midlothian (8th Street at Avenue E). E-mail info@midlothianchamber.org or visit www.MidlothianChamber.org.

North 9th Creative Culture for Change Art and Music Festival: 11:00 a.m.-10:00 p.m., Lighthouse Coffee Bar, 1404 N. 9th Street. Free admission. Children's activities.

May 4-6

South Pacific presented by Waxahachie

Community Theatre, Chautauqua Auditorium, Getzender Park, Waxahachie. **May 4:** 7:30 p.m.; **May 5:** 7:30 p.m.; **May 6:** 2:30 p.m. Advance tickets: \$10 for seniors/students; \$12 for adults. Purchase online beginning **April 1** at www.waxahachiecommunitytheatre.com. A service charge will be added to the price of each ticket for online purchases. Advance tickets are also available at the Waxahachie Chamber of Commerce, The Ellis County Museum on the square in Waxahachie and at the offices of Jerry Ellis, D.D.S. in Midlothian. Tickets at the door: \$2 more.

May 5

Ellis County Bar-B-Que Cook-off: 9:00-4:00 p.m., Getzender Park, Waxahachie. Contact Maria Urias at (972) 937-4477 or Rhonnie Tompkins at (972) 935-9188 for entry forms, rules and information. Proceeds benefit Daniel's Den.

June 2

Annual Pancake Breakfast Fly-in: 8:00 a.m.-11:00 a.m., Mid-Way Regional Airport. (972) 923-0080.

Submissions are welcome and published as space allows. Send your event details to btryon.nowmag@sbglobal.net.



Swim Lessons

Classes start June 11

Levels I-VII • 5 sessions over the summer

American Red Cross Curriculum Taught

Swim Town Daytime & Evening Classes Available

972.723.8199



HAWKEYE HOME IMPROVEMENT

Siding, Windows & Solar Screens

NO INTEREST NO PAYMENTS FOR 12 MONTHS!

QUALITY AT AN AFFORDABLE PRICE

Local Midlothian Company with 20 Years Experience

www.hawkeyehomeimprovement.com **972-754-0515**

Dr. Nancy MacDonald, D.C.

Chiropractic Adjustments **\$20**

972.415.4740

Nancy MacDonald

Esthetician

Microdermabrasions & Facials

972.415.4740

Gift Certificates Available

Monday thru Saturday by appointment

1014 Ferris Ave., #2155 • Waxahachie



OVILLA ROAD BAPTIST CHURCH

PRESENTS

THE LIVING LORD'S SUPPER

APRIL 5TH, 6TH & 7TH @ 7:00 PM - FREE ADMISSION

FOR TICKETS CALL 972-617-8544 -OR- EMAIL: OFFICE@ORBC.ORG

3251 OVILLA ROAD, OVILLA, TX 75154



In The Kitchen With Sandra Johnson

— By Betty Tryon

Sandra Johnson's cooking is all about heart. She loves cooking recipes gathered from friends, *Southern Living* cookbooks, church recipe books and homemade family cookbooks. Many of her dishes are prepared with vegetables from her own garden. "During the spring and summer months, we really love to have friends over and do a lot of grilling, but come fall and winter, I love to cook more of the down-home comfort foods. Just like the seasons change, so do our cooking habits." In addition to enjoying cooking, Sandra operates her custom drapery business from home and still finds time to help the grandkids experience the great outdoors and the simple pleasure of cooking s'mores over an open fire pit. **NOW**

Chocolate Caramel Sheet Cake

Cake:

- 1 cup butter
- 1 cup water
- 1/4 cup cocoa
- 1/2 cup buttermilk
- 2 large eggs
- 1 tsp. baking soda
- 1 tsp. vanilla
- 2 cups sugar
- 2 cups flour
- 1/2 tsp. salt

Frosting:

- 2 14-oz. cans sweetened condensed milk
- 1/2 cup brown sugar
- 1/2 cup butter
- 1 tsp. vanilla

Optional:

- 1 1/2 cups coconut
- 1 1/2 cups toasted pecans

1. Prepare cake by cooking the first 3 ingredients in a small saucepan over low heat, stirring constantly, until butter melts and mixture is smooth. Remove from heat.
2. Beat buttermilk. Add next 3 ingredients at medium speed, until smooth; add cocoa mixture and blend.
3. Combine sugar, flour and salt. Gradually add to buttermilk mixture, beating until blended. (Batter will be thin.)
4. Pour batter into a greased and floured 15 x 10-inch pan.
5. Bake at 350 F for 25 minutes or until toothpick inserted in center comes out clean.
6. Cool cake completely in pan.
7. Make frosting by placing all ingredients

in a heavy 2 qt. saucepan. Bring to a boil; stir constantly 3-5 minutes or until mixture reaches a pudding-like thickness.

8. Remove from heat. Pour warm frosting over cake. Spread coconut on cake and sprinkle with toasted pecans, if desired.

Venison Stuffed Jalapeños

- 10 large jalapeño peppers, halved and seeded
- 1 8-oz. pkg. cream cheese
- 1 lb. venison backstrap, marinated (I use Daddy Hinkle's meat marinade, but you can use your favorite.)
- 1 onion, thick sliced
- 1 lb. bacon

1. Fill peppers with cream cheese.
2. Cut meat into 1 1/2-inch slices and place on top of cheese.
3. Place onion on top of meat.
4. Wrap with bacon slices and secure with toothpicks.
5. Grill for 15-20 minutes at 375 F or until bacon is crispy.

Chicken Lasagna Florentine

- 6 lasagna noodles
- 1 10-oz. pkg. spinach, thawed and drained
- 2 cups cooked chicken breast
- 2 cups cheddar cheese, grated
- 1/3 cup onion
- 1/4 tsp. nutmeg
- 1 Tbsp. cornstarch
- 1/2 tsp. salt
- 1/4 tsp. pepper
- 1 Tbsp. soy sauce
- 1 10 3/4-oz. can cream of mushroom soup
- 1 cup sour cream
- 1 4.5-oz. jar sliced mushrooms
- 1/3 cup mayonnaise
- 1 cup Parmesan cheese
- 1 cup pecans
- 2 Tbsp. melted butter

1. Cook noodles; set aside.
2. Drain spinach well; pat dry. Combine spinach, chicken and next 11 ingredients in a large bowl. Arrange 2 noodles on the bottom of a casserole dish; spread 1/3 of mixture over noodles; repeat 2 times.
3. Sprinkle with Parmesan cheese and top with 1 cup buttered pecans. Bake 350 F for 30-45 minutes.

Say it and mean *Forever.*



Caves
Jewelry, Inc.

Specializing in the finest cut diamonds in the world



Simon G.

Simon G.
1 ct. Brilliant
Cushion Cut
Diamond



Engagement Ring
Only
Starting at
\$7,950

*Remember you only
get married for the
first time once.
- Simon G.*

220 E. Pleasant Run Road • DeSoto • 972.230.0950
www.cavesjewelryinc.com • cavesjewelry@sbcglobal.net

FREE
LUMINEERS
Consultation

Family Dentist

Full Service Family Dental

FREE
WHITENING
Consultation

FREE Braces Consultation • Low Monthly Payments

Friendly Motivated Staff

Preferred Providers:

- Aetna PPO • Delta Dental • Metlife PPO
- Guardian PPO • Cigna PPO • Fortis DHA
- United Health Care PPO
- Take all PPO Insurances

Walk - Ins Welcome

GM Family Dental

972-988-3333

2507 Medical Row #104

Grand Prairie, TX 75051



Rose Park Dental

817-473-1159

217 N. Walnut Creek

Mansfield, TX 76063



**Open
Saturdays**



Grand Prairie Office Hours:

Mon. - Wed. 9 to 6 • Thurs. 7 to 3

Mansfield Office Hours:

Tues. - Thurs. 9 to 6 • Fri. 7 to 3 • Sat. 8 to 1

Se Habla Español • Vietnamese Spoken

"Under Same Ownership"



Like us on facebook and look for special promotions and contests!



Baylor Waxahachie nationally
recognized for excellence in patient care.



Thanks to the quality care we provide to our patients, Baylor Medical Center at Waxahachie has been named one of the top 100 hospitals in the United States by Thomson Reuters, a leading source of intelligent information for businesses. The Thomson Reuters 100 Top Hospitals® study evaluates the performance of almost 3,000 hospitals in 10 areas, including mortality, complications, patient safety, patient satisfaction and dedication to following quality standards of care. We are proud of this award, and very grateful for the opportunity to provide excellent health care to the Ellis County community.

For a physician referral or for more information,
call **1.800.4BAYLOR** or visit us online at
BaylorHealth.com/Waxahachie.

1405 West Jefferson Street, Waxahachie, TX 75165

Physicians are members of the medical staff at one of Baylor Health Care System's subsidiary, community or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Medical Center at Waxahachie or Baylor Health Care System © 2011 Baylor Health Care System BMCWAX_231 Nov CE 10.11



FOLLOW US ON:
Username: BaylorHealth

