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Partners in Education



*On the Cover:
This water fountain adds tranquility
to Mindy Phillips' yard.*

Photo by Terri Ozymy.

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Editor's Note

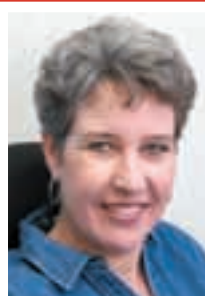
Greetings, Southwest Friends,

Congratulations, graduating seniors! We are so proud of you! Kathy Har tells how Duncanville has exerted yearlong community effort into providing a safe and fun celebration for you. Have fun! Keep it safe!

Our great spring lineup this month starts with Master Gardener Mindy Phillips sharing not only her beautiful home, but also some yard and gardening tips. Meet DeSoto harpist Carol West and Duncanville residents Dr. David and Deemie Naugle, who both work for DBU — he as a professor and she as assistant provost. Also get acquainted with some of Cedar Hill High School's finest track stars. Word has it that the yummy recipes in our cooking features are what many readers turn to first. See what Earle Jones of Duncanville has cooked up for us in this issue and check out more recipes (and stories) online at www.nowmagazines.com.

Do not forget to plan something special to honor your mom on her day.

Beverly Shay
SouthwestNOW Editor



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— By Amanda Madden Pitt

Life *After* High School Graduation

On a night when party-hopping seems like the only way to see so many classmates one last time before heading off to college, Project Graduation is a gift to Duncanville's seniors. At the Duncanville Community Center on Thursday, June 5, the class of 2008 will gather in the tradition of two decades of seniors before them to say "goodbye" — without the use of drugs and alcohol. The 11:00 p.m. to 5:00 a.m. gathering is filled with music, dancing, karaoke, caricature drawings, casino games, food, prizes for seniors only, and most importantly, the celebration of four years of relationships. Last year's prizes included over \$3,500 in cash giveaways, not to mention luggage, microwaves, gift cards and more. The biggest and best prizes are saved for seniors who stay until 4:00 a.m.

Although Project Graduation gives 12th-grade classmates the chance to end a chapter of their lives with high school friends, it does not contribute to the opportunity to put an end to the rest of their lives through drug- and alcohol-related activities. "In fact, the emphasis of the whole event rests on

the importance of saving lives on graduation night," said Kathy Harr, former Project Graduation president. "Duncanville High School is one of many Texas schools that host the event." In fact, schools in all 50 states hold similar functions for graduating



Duncanville Project Graduation Fundraising Coordinator Kathy Harr poses with President Bekka Boswell.

seniors, sometimes called "After Prom" or "Project Celebration."

The event began in Maine after seven students lost their lives on graduation night in a car accident involving substance abuse. Kathy first got involved in the event when her oldest son was a senior. This year, her youngest son is a senior. "I hope the thing that is important to parents is that their

kids are safe that night," Kathy said. Then, with tears in her eyes, she added, "It is important to the kids because it's the last time they can all be together as a class."

Kathy is now the fundraising coordinator for Duncanville Project Graduation, Inc., which has become a volunteer, not-for-profit organization, whose members consist of parent and teacher volunteers, as well as community sponsors, all of whom work hard to keep the biggest party of the year drug- and alcohol-free for the 450 - 500 students who will attend. Kathy sends out over 100 fundraising letters to

spread the news about the event and to invite members of the community to participate. In response, Duncanville has a track record of avid support, evidenced through months of hard work and financial sponsorship of the event. Last year, volunteers and sponsors raised \$25,000 just to cover the cost of hosting the party. This included the prizes and money awarded.

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The student council will compete for Project Graduation T-shirt designs. The winning design is printed on the shirts, which each student receives at the door when he or she pays the \$25 admission fee. On the back, the T-shirt features a list of each sponsor who contributes cash or prizes valued at \$100 or more. Previous games at the event have included infamous caricature butt sketches, casino games, pool, shuffleboard, a Texas Hold 'Em table, Black Jack, obstacle courses, a Velcro wall and sumo wrestling. "We may even have a bucking bull this year," she said.

Safety on that night is a top priority. The Web site reads, "This event is not a lock-in, but a lock-out. This is to say there is an entrance deadline and then the doors are locked. After the deadline, no one else may enter the party, but those that wish may leave." The rules of Project Graduation, also published on the program Web site, help parents to rest assured concerning the intent of the event. Guidelines for attendees are listed in a simple way, making it easy for both students and parents to understand. No drugs, alcohol or sharp objects will be allowed in the Community Center. It states that anyone caught with any of these items will become a guest of the Duncanville Police Department. Those carrying bags of any kind should expect to be checked at the "purse table" prior to entrance; this also includes camera bags. "If possible," Kathy interjected, "leave bags and purses at home or in the car."

Parking can become a sticky situation, if cars are parked in locations other than those marked by the Community Center, which is located on James Collins Blvd. "The police will be monitoring the lots throughout the entire event," Kathy said. "If for any reason a student needs to go out to their vehicle, an officer will escort them there and back again."

An area within the Community Center will be roped off. This area will be reserved for the consumption of all food and beverages. Lost tickets will not be replaced, so students are encouraged to hold on tight to them. If they are

lost, a second ticket will have to be purchased for entrance to the festivities. Graduating seniors are the only individuals eligible to win prizes, and they must be present to win.

The doors will be locked at 1:00 a.m. and no one will be allowed in after that time. If a student decides to leave before 5:00 a.m., a parent will be called as a safety precaution in case the student should experience car trouble on the way home. "Once a student leaves," Kathy explained, "they will not be allowed to come back."

There are still many opportunities to help make Project Graduation a success in 2008. Donations are tax deductible. Various committees are a yearly part of the event; they include: cleanup, correspondence, decorating, food, fundraising, publicity, purse check-in/lost and found, ticket sales and video tournament. Supporters can sponsor a Vegas-type event for \$500, a caricature artist for \$250 and/or the karaoke entertainment for \$200. "We also need 'hanging-around' people," Kathy said, referring to the need for parent sponsors to help host the event. The cleanup crew is also of paramount importance, as they have only one hour, from 5:00 - 6:00 a.m., to restore the Duncanville Community Center to its original state so that it can reopen for business.

Supporters can also contribute each time they buy groceries at Tom Thumb. To do so, Tom Thumb shoppers should provide the partnership number 11344 at the service desk prior to check out the next time groceries are purchased. Tom Thumb will donate a percentage of the grocery purchase to support Duncanville Project Graduation. For other ways to donate or to learn more about Duncanville's senior "party of the year," visit www.duncanvilleproject-graduation.org. The site also includes a link to a page thanking sponsors, online giving, ticket purchasing and a photo album of last year's event. "Without the help of the community," Kathy said, "graduating seniors [might] not have what could be the opportunity that lasts a lifetime — *life itself*." **NOW**

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Truly a Garden Home

— By Beverly Shay

"We looked for something with a country feel," began Mindy Phillips. "I thought I had retired from teaching but found myself working once more in the education field, necessitating a move from San Angelo to the Dallas area. Initially, we found a home in DeSoto, but neither the home nor the yard was big enough. So we began to look for land on which to build," Mindy recalled.

Their home is one of 26 tucked into a private wooded community, full of birds and nature with plenty of space for all the gardening Mindy can handle. "We were drawn to Cedar Hill by the trees. We shop, eat and attend church here, so we decided to live here, too," commented Mindy on the decision to build in Cedar Hill. "I love sitting on my patio with my breakfast coffee so much of the year. I knew we were in the right spot when two broods of bluebirds (not blue jays) made their home in the backyard. The daddy bluebird shows the mama bluebird the place he has found; if she likes it, they mate. If she doesn't, they don't. It's

phenomenal to watch them rear their family," Mindy enthused.

Every room has some special garden or plant as a view. Looking out is obviously important to Mindy, but coming in is a treat as well. The oval foyer has a 16-foot ceiling soaring above hand-scraped oak flooring. Painted and glazed, the warm-colored, patchy-plastered walls surround open-arched entrances branching into the living

room, master bedroom, kitchen and dining room. Centered in the foyer on an oval tapestry rug is a 30" round, piecrust-edged table with a seasonal floral arrangement. Mindy's working study, also off the foyer, features French doors and a piano played both by Mindy's mother and her daughter. "I guess that talent skipped a generation," she said of herself.

Off the study is a guest bathroom

At Home With Mindy Phillips



www.nowmagazines.com 10 SouthwestNOW May 2008





island, seems to be the very center of the house. The same light stone found on the outdoor façade of the house is used for the base of the bar and counters. The rustic maple cabinets, the stove's stone alcove and the old Venetian gold granite countertops extend the European ambience of the foyer.

Open to the kitchen is the sunroom, also overlooking the patio and backyard — lighter and even brighter than the other rooms, with its light-colored couches and glass-topped coffee table. Both the guest bath and the working



laundry/craft room down the hall have deep green stained cupboards, windows and views. A cheery sense of industry and creativity occupies the laundry room where painting, sewing and quilting take place. Mindy's mother painted flowers and butterflies on the dresser Mindy's great-grandfather built.

Oil paintings, watercolors, needlepoint pictures and still life paintings grace the walls throughout the back part of the house. "Mother said we should start hanging her artwork at the back and move toward the front as she

improves," Mindy explained. Every picture was beautiful.

The house appears to go on endlessly, but in truth is about 3,200 square feet. Two bedrooms grace one side, one with a window seat overlooking the street. "There was a maple tree outside that window, but it was root-bound and died. I think I'll put roses there instead," Mindy commented. Before entering the guest bathroom situated between the bedrooms, your eye is drawn to a collection of cut woodwork ornaments and crosses. The "common bath" has two sink areas separated by a large shower, as well as a garden tub. Oil paintings of a trip to England decorate the walls. The other bedroom has a casual denim and corduroy comforter with burgundy and tan accents.

While working in education, Mindy put off her long-time dream of becoming a Master Gardener. Once she retired — well, make that twice *retried* — she eagerly pursued that dream. "Master Gardeners are educated



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volunteers who serve the county extension agents to provide education, assistance and answers to the public. Eighteen of us attended day-long classes each Tuesday and Thursday of February 2007 and then volunteered 75 hours to complete our Master Gardener certification," she enthused. They joined approximately 100 Master Gardeners in Ellis County.

"Master Gardeners are members of the local community who take an active interest in their lawns, trees, shrubs, flowers and gardens. They are enthusiastic, willing to learn and to help others, and able to communicate with diverse groups of people. What really sets Master Gardeners apart from other home gardeners is their special training in horticulture. In



exchange for their training, persons who become Master Gardeners contribute time as volunteers, working through their cooperative extension office to provide horticultural-related information to their communities," states the Texas A&M Master Gardener Web site.

"I am so glad to be at the point in my life where I can garden as I have always wanted," stated Mindy, who does not mow or edge, but does all the planning, planting and pruning in her yard. "Within two years of implementing water-wise native and adaptive landscaping, a homeowner won't need to water their yard, except in drought conditions." Mindy's yard is obviously as much a part of her home as the house itself. **NOW**

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Finger-Perfect Music

— By Beverly Shay

A baby grand and two harps are silhouetted against the picture windows overlooking her backyard. They look as comfortable and at home as the rest of the furnishings. Music has always been a comfortable part of Carol West's life. "I can remember singing aloud for everyone on the train we took from our home in Arkansas to Dallas, where my grandmother lived. I was totally uninhibited at age 3," Carol recalled. "I loved music; it was [my] life."

Carol took classical piano lessons from a woman who had studied with Van Cliburn's mother. "In high school, I accompanied the choir, playing both classical and pop music. Our music instructor taught me to play by ear to lessen the need to purchase sheet music. I liked all kinds of music and found playing by ear easy," Carol stated matter-of-factly.

University of Arizona. I picked her because she trained by improvisation," Carol commented. Dr. Carrol McLaughlin has worldwide acclaim; her unique repertoire of classical pieces mixed with pop and jazz inspired Carol to venture beyond the normal traditional, classical bent of most harpists.

Carol also found jazz harpist Greg Buchanan, whose performances are mostly church concerts. Studying under him touched on another of Carol's favorite musical genres: sacred music, but with a splash of jazz. "I had no idea who these people were when I contacted them for lessons. Both of them are such extraordinary musicians," Carol exclaimed. But then, Carol is a born musician herself.

A harp can be described as "a naked piano propped up on its side," with the same 49 strings a piano has. Most people only see the complicated plucking and stroking of the strings and seldom notice the seven foot pedals that must be worked in and out of three sets of notches to produce the flats and sharps facilitated by black keys on a piano.

"It requires a lot of coordination to play a harp," Carol explained, demonstrating how one holds it against the body using both feet to work the pedals. She showed how the strings can be stroked, strummed, plucked, slapped, slid upon or zipped. Volume is determined by touch. The soundboard, the hollow bottom section of the harp onto which the strings are attached, provides both acoustical resonance and, when slapped or tapped, a rhythmic bass timbre. A different touch can change the whole sound of the instrument. "There is so much more to a harp than mere sweeping of the strings to produce a glissando. A harp can even sound like

"I had a scholarship to major in music at North Texas [now called UNT]," Carol said. Later, she directed choirs and taught private piano, always incorporating music theory. Carol and Oran met in high school in Henderson, Texas. After they were married, they lived in Dallas for seven years before joining Wycliffe Bible Translators. Oran, an accountant, directed the ministry's business affairs for Central America in Guatemala for five years, following a one-year stint in Mexico at Spanish language school. They then moved to the ministry's home office in California, where Oran worked with accounting and stewardship.

"Our daughter got married while we were in California. She wanted harp, flute and violin music for her wedding, and I arranged the music. It was my first exposure to the harp, and the harpist suggested I take it up," Carol explained. So she did. That harpist was her first teacher. Carol, without realizing it, picked two of the best harp teachers there are to round out her learning process. "I studied with Dr. Carrol McLaughlin for six months prior to her move to the


ARTS NOW

[a] fiddle!" Carol stated.

"One of the notable differences in fingering a harp, as opposed to playing a piano, is the non-use of the pinky, requiring you to stretch farther to reach an octave," Carol demonstrated. "I have played in all sorts of places for all types of events; lack of lighting and carpet patterns can really challenge you." Harp strings are different colors: red strings are C notes and black strings are F notes. "It helps to be able to see which strings you are using. Many receptions are held in rooms with large floral designs on the carpet, and you can't see your red strings against that background. Not many people think of things like that," Carol laughed.

"I liked all kinds of music and found playing by ear easy."

Carol has played for weddings and receptions on the beach, on yachts — "It is challenging to get your harp onto a boat!" — in concert halls, churches, really wherever she is asked to play. For larger gatherings, she arranges music for and plays with a trio: harp, flute and violin or cello. Some memorable occasions include: a pre-dinner, fundraising presidential campaign reception for then Governor George Bush. She has the picture. She also played at a Christmas open house given in honor of Dallas Mayor Ron Kirk by the city manager. "It's always challenging to get your harp from the van into a building, but it was raining so hard that night, that I gave those two couples a damp, but private, concert until finally some other people straggled in a few hours later." As a 25-year veteran performer, Carol seems unflappable. **ARTS**



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Right on Track

— By Jaime Ruark

Have you ever experienced the feeling of nervous excitement as you crouch down, feet secure in the starting blocks, hands with fingers splayed against the track, waiting for the sound that will send you sprinting toward the finish line? Has your heart pounded in your chest as you watched with pride, sharing your child's nervousness as you cheer them to a victory? Track season is winding to its close, and the Cedar Hill track team is lacing up their shoes as they look forward to their biggest challenge of the year — the State Championship.

Shandricka Davis and Darius McGraw have been leading their teams to victory since the track season opened in February; these two students display the confidence their coaches try hard to instill in their students. Picked by their athletic directors, Gina Farmer and Coach Mitchell, to represent their teammates because of their abilities both on and off the track, these two young people share some wisdom beyond their years.

Shandricka's beautiful eyes sparkle with expression as she speaks confidently of her teammates. A junior in high

school, this 17-year-old is a "born track star," showcasing her abilities in all the relay races, the open 200-meter and the long jump. "At the beginning of the year, I started practicing before and after school, along with some other girls. Our girls are very dedicated. They came out to work before the track season even started. I really love the squad we have this year. We really work hard, lifting weights and everything," she said, describing a team that must be a coach's dream. "I love track, I really do. It's my heart and I'm dedicated. I believe you lead by example, and I'm happy to be the leader because I'm so proud of our girls."

The girls practice hard after classes, doing laps, stretching, sprints and lifting weights — whatever the coaches require of them — and if they begin to fall behind or become discouraged, Shandricka is there with constant encouragement. "Sometimes, the new freshmen girls will look at me like I'm crazy, because even with the hardest

workout, inside I may be saying, 'Oh, Lord, help me,' but on the outside I'm yelling, 'Yea, let's go!'" she said, with a laugh. "If I encourage someone, then they'll encourage someone, and that's the way to keep our track team going. I just love encouraging people, because

it makes me feel good personally. You can change someone's negative viewpoint with enough encouragement."

Shandricka is confidently focused on the finish line, and her goal is to win State. "We need to be ready. We need to be number one. We need to be on top of our game. We've been preparing

way before the season started, so our outcome is going to be phenomenal. We want to win State — we are going to win State!" she adamantly proclaimed. A straight-A student who hopes to attend the University of Texas, Shandricka wants to continue with track, "as far as it will take me."

Darius is a senior who is known by his teammates as "The Big Guy" because he has a football player's physique with a track star's speed, as well as a ready



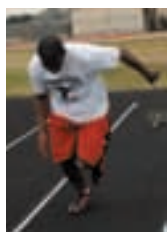
Sports NOW

smile that cannot help but be returned. (Some of his teammates may do more than just smile when they find out "The Big Guy" also loves to cook.) He has a deep love for competition, and "sometimes you have to drag me off the track," he grinned. Competing in the 4 x 1, 4 x 2 and 4 x 4 relays, Darius has big plans for his Longhorn teammates this year, because last year they fell just short of the State Championship. "I give it all I've got. Like our coaches say, 'We've got to do everything at Longhorn speed.' In other words, we always go hard!" he expressed.

He believes the lessons he is learning on the track directly apply to life. "It's all about character — on and off the track. We're all working together to achieve a goal. You can never quit. Character is a big thing here. I try to lead by example," he stated. "If Coach has us do something, I'm the first one there. I'm at every practice, and I work hard, always."

Like Shandricka, Darius has plans to run toward his future. "I plan on attending college and doing both football and track, but academics is what I'm about. My parents have just put in my head the benefits of education, because it will benefit you in the end. So I'm using sports to get me there, and I love it!" he said. "I couldn't imagine not being a part of the team. There's something about a team atmosphere. We're all working together to achieve a goal, and when we do, it's all worth it."

"My dad always says, 'Do what you need to do now; do what you want to do later.' I believe the fun will come later if I do what I need to do now," he continued. His words of advice for future track stars? "Never quit. Always work hard. Practice, practice, practice!" Shandricka and Darius are planning to lead their Longhorn pack toward victory at the finish line. **NOW**



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Business NOW

Expanding What Works

— By Beverly Shay



The Freeman family has been in the car business for 55 years. They have learned a few things along the way about how to treat customers and employees. The result is happy, long-term employees and satisfied repeat customers. Mark Staring, general manager at Freeman Honda, grew up around the Freeman family and their business. "I have known them all my life; they are like family to me. My father worked with Jerry Freeman Sr. right from the start. They had the same morals and ethics. The business is still run according to the standard with which it was started. The Freemans allow you to run your dealership how you like with honesty and integrity," he firmly stated.

"You're going to find a different buying experience when you come here," Mark promised. "You will get red-carpet treatment from everyone who works here, because we want to 'wow' every single customer. And we do. It's what sets us apart." Whether you are looking for a new car or a certified pre-owned car, Freeman Honda can help you find the car you want.

Their 32,000-square-foot, state-of-the-art facility located at 39680 Interstate Highway 20 East (on the eastbound service road between Wheatland and Hampton) houses beautiful cars and friendly employees as well as top service. "Since we built our new facility (opened in March 2008), we don't plan to charge more for cars; we just plan to sell more cars. And no one can sell cars cheaper than we can — especially to those in our neighborhood. Of

course, we will sell a car to anyone. We want everyone's business; but we really want to serve our neighborhood — the Best Southwest. We plan to sell over 300 cars a month," Mark stated.

Freeman Honda's certified, pre-owned vehicles pass through a 140-point inspection — just another part of their service — providing the best buying experience a customer can have. *Car and Driver* rates Honda among the 10 best cars for 2008. "Honda ranks number one as the car requiring the least maintenance expense over the life of the vehicle and the least depreciation," Mark said.

"When you consider we offer such a good product, Honda, at such a good dealership, Freeman, you can't go wrong. In fact, for anyone who buys a new Honda from us, we will give them a seven-year, 100,000-mile warranty at no charge (a \$1,495 value)."

Linda Colgrove, who has been with the franchise for eight years, spoke freely about working for Freeman Honda. "It is a family-centered business, and we are considered part of that family. The employee camaraderie is strong, and people like working here. That's why we have so many long-term employees. They believe in family time and giving us a great place to work. I like that we



Business NOW



are fully appreciated for the work we do here.” Those same sentiments were expressed by several employees in different departments of the dealership. Some of the 55 or so employees have been with the Freemans 30 or more years. With more room to work and more cars to sell, they are looking for more employees to join the team.

Employees pass that same sense of appreciation on to the customers, beginning with friendly greetings and honest interest in what they want or need. “When return customers walk in and they recognize you as someone who has worked here over a period of time, they are glad to see you,” said Barbara Bailey, who works in damage claims. Confidence that they will experience consistent, quality service is part of the Freeman experience.

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Education NOW

Partners in Life, Partners in Education

— By Beverly Shay

Some people never quit going to school. They cannot imagine life away from a classroom or a campus, so they turn their passion for learning into a passion for teaching. Far beyond classrooms, podiums and lectures, their passion becomes a lifestyle, a heartbeat, an identity. “We feel we are called to personally model *incarnation* to the students,” stated Dr. David Naugle, chair and professor of the philosophy department at Dallas Baptist University (DBU). *Incarnation* means to take on bodily form; a person or thing serving as the type or embodiment of a quality or concept. “When Jesus became a man, he lived among those he taught. We want to live among our students, imparting education into their lives,” Dr. Naugle stated. He and his wife, Deemie, model the qualities and concepts of both education and Christianity as a lifestyle.

Philosophy embodies a love or search for wisdom and knowledge. Theory and logical analysis of principles, underlying conduct, thought, knowledge and the nature of the universe have long fascinated those we consider to be the great thinkers of mankind. Thinking processes appeal to philosophy majors. “Philosophy trains a mind to think, therefore creating remarkable vocational range and scope. It develops intellectual and communicative skills needed for careers in law, medicine, religion, the military and business. Philosophy is fundamental to a student’s preparation for top-tier graduate programs,” commented Dr. Naugle on the purpose of majoring in philosophy.

While Dr. Naugle serves as a professor, Deemie is the associate provost at DBU, overseeing the registrar’s office, academic appeals, class scheduling, as well as mentoring and advising students, formulating articulation agreements and accomplishing special projects for the president or provost. She encourages some of the more “at-risk” students to step up to the challenges of higher education.

Deemie commented, “Our goal is to play a transformative role in the students’ lives, teaching them not how they can make a living, but how to make a life. Any conversation with students creates a teachable moment, showing them a bigger picture of life, thus enabling them to solve problems at a more basic level. When working with students, faculty or staff, I want to affect people as Christ would.”



“A downside of current societal thought ingrained in many of today’s young people is the concept that the medium of learning has to be fun or it isn’t learning. It is sort of a *Sesame Street* mentality, where somehow the medium became the message. Students are not always ready for the rigor of academic learning,” Dr. Naugle stated. The students arrive at various levels of preparedness for college and often need something beyond lectures.

Off-campus, the Naugles, like the Energizer Bunny, keep on going. “We invite students to our home, on field trips, throw parties — anything we can do to engage them personally, spiritually, intellectually outside the classroom,” Dr. Naugle remarked. Their Duncanville home is a combination pit-stop/think-tank, where all who wish to participate and contribute to “The Great Conversation” are welcomed. In fact, when building a new home a few years ago, they had it designed with enough open living space to accommodate up to 60 people. They often have 30 - 40 individuals over. “In some respects, the bigger part of our ‘whole’ relationship with students occurs off-campus,” Dr. Naugle commented. It would seem this duo can do nothing halfheartedly.

Dr. Naugle conceived and hosts the weekly Friday Symposium Lecture series at DBU, another opportunity for

Education NOW

students to aspire to a reasonably rigorous academic experience while maintaining integrity in Christian beliefs. Some of this year's symposium topics include: aspects of worldview, profit in business, Chinese theology, Christian writing, freedom, politics, destiny and work.

Recently, the Paideia College Society (PCS) and the University Honors Program held its 11th Annual Spring Student Academic Conference led by David and Deemie Naugle, at which 40 students presented their papers. Nationally acclaimed songwriter and Grammy-winning producer Charlie Peacock was the keynote speaker, with Jon Foreman, lead singer of the band Switchfoot, as guest artist. *Paideia* is the Greek word encompassing the ideals of an intellectual, moral formation of the educational process. Originally funded by a PEW Charitable Trust grant, PCS is now funded in-house by DBU.

Teaching and mentoring are not enough for Dr. Naugle, whose passion for education requires him to remain current and relevant in his communication with students. "My day involves teaching, student appointments and grading," he remarked. He incorporates PowerPoint, iPod, pop-culture media and YouTube into his lectures, as well as maintaining a Facebook site. "It is too easy to coast," commented the man no one can imagine capable of coasting. Since the publication of his book, *Worldview: The History of a Concept*, in 2002, his demand as a speaker has grown. Dr. Naugle also writes articles for journals and responds to those who have different opinions than his.

"Christian education, when done right, is the hidden jewel in the landscape of higher education in America," Dr. Naugle attested. "Like most things, it isn't always done right; but when it is, Christian education presents one of the last, best hopes for the American nation." **NOW**

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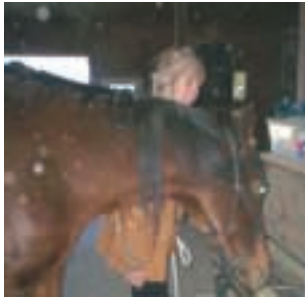
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Around Town Cedar Hill



Mayor Rob Franke, top left, took the podium during the recent Uptown Village Grand Opening ceremony. Scarlett the starlett, top center, entertained on the piano under the tutelage of Christine Radosta. Happy door prize winners, top right, smiled for the camera at a recent Chamber Night Out event held at Regions Bank. A ribbon cutting, second row left, was held at Colonial Hills Baptist Church. Stephanie Neal and Daniel Johnson, second row center, manned the check-in table at the Chamber Auction. Lt. Gov. David Dewhurst, second row right, addressed those who attended the quarterly Best Southwest luncheon. Colorful drinks were served, third row left, at the new mall in Uptown Village. Many people, third row right, attended the long-awaited grand opening of Uptown Village. A ribbon cutting ceremony, bottom left, was held at Dillard's. Carolyn Mixon and Terri Ozymy, ad reps for NOW Magazines, bottom right, enjoyed the annual Chamber Auction.

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A book signing, top left, was held for Francis Ray. During Canterbury School's career day, top right, Jeff Hebert, head of Upper School, hosted six corporate executives who spoke to the students. During the Black History Month Forum at DHS, Ramona Logan, second row left, addressed young female students. Vetta Howard and Xavier Keegan, third row left, danced the evening away at the Mother and Son Dance. The DeSoto Starbucks, bottom left, hosted the Best Southwest Relay for Life Cancer fundraiser. Gregory Primus, second row center, urged young male students to think beyond a job during the Black History Month forum. Dalton Sherman, third row center, performed during a recent Black History program. Rachel Simone Webb, fourth row center, sang the Black Negro Anthem during a celebration held at the DeSoto Wal-Mart. The DeSoto HS Lady Eagles, bottom right, took second place in the 5A state championship game.



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Around Town Duncanville

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The Kid's Coloring Contest winners, top left, posed for a photo with contest sponsor Benjamin Franklin Plumbing. The Cedric Concept jazz band, top right, entertained during the annual Taste of Duncanville event. David Gregory, second row center, was the guest speaker at the April Women's Club luncheon. The Duncanville Women's Club, second row left, hosted their April luncheon at the Golf Club of Dallas. The David Vanbuskirk family, second row right, attended the March 11 Rotary Club meeting with Tom Harmon. They donated three wheelchairs to the Rotary's wheelchair program. Vincente Fuentes, third row left, was the winner of the HHR. He is shown with Ken Weaver and Lynn McGinley. The Taste of Duncanville saw many eateries represented, including Toshio's Taste of Japan, bottom left. A ribbon cutting, bottom right, was held at Freedom Chevrolet.





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Look Who's Cooking

— By Faith Browning

IN THE KITCHEN WITH EARLE JONES

Earle's interest in cooking started around the time he married his wife, Barbara. "My father loved to cook, and my mother was a really good cook, so a little of it rubbed off on me," he said. During his downtime after working as director of economic development for the city of Duncanville, being on the boards of the Duncanville Chamber of Commerce, Duncanville ISD Education Foundation, Best Southwest Chamber Alliance and Duncanville Outreach Ministries, he loves spending time with his family at the lake smoking briskets and ribs.

The collection of recipes he has proudly mastered starts with his father's meat sauce, his mother's turnip greens and fried chicken and also includes his friend's wonderful chili. His search for exceptional recipes is an ongoing adventure. **NOW**

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PAPPY'S MEAT SAUCE

- 1 medium onion, chopped
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- 1 lb. lean ground meat
- 1/2 cup beef broth
- 1/2 cup water
- 1 14 1/2-oz. can stewed tomatoes
- 1 14 1/2-oz. can tomato sauce
- 1 tsp. sweet basil
- 1 large bay leaf
- 1 tsp. salt
- 1 Tbsp. brown sugar
- 1 small can tomato paste

Sauté the first seven ingredients in oil until tender. Brown lean ground meat in a separate pan. In a blender, mix beef broth, water, stewed tomatoes and tomato sauce. Pour browned meat, liquid mixture and sautéed ingredients into a large pot. Add basil, bay leaf, salt and brown sugar. Bring to a slow boil, then reduce heat to simmer 1 1/2 - 2 hours. Thicken the mixture with flour or tomato paste. Serve over spaghetti or angel hair pasta. Add Parmesan cheese if desired.

EARLE'S TERIYAKI, SWISS, MUSHROOM BURGER

- 1 lb. lean ground beef patties
- 10 oz. teriyaki sauce
- 4 Tbsp. butter
- 4 oz. sliced mushrooms (enough to cover each patty)
- 4 slices Swiss cheese
- 4 hamburger buns

Marinate desired number of beef patties in teriyaki sauce for 3 hours in the refrigerator. Before cooking patties, sauté mushrooms in melted butter. Place beef patties on the barbeque grill. Cook to desired preference. Cover each meat patty with sautéed mushrooms. Add a slice of Swiss cheese to each patty. Cook until cheese melts over mushrooms. Serve on toasted bun with condiments.

GRANNY'S CABBAGE RECIPE

- 1 green head of cabbage, firm
- 2 slices thick bacon
- 2 cups boiling water
- 1 tsp. salt
- 1 tsp. sugar
- 3 shakes crushed red pepper

Remove discolored outer leaves from cabbage and wash in cold water. Cut head in half and core. Cut entire head into 8 equal wedges. Partially cook bacon until partially brown. Pour boiling water into a pressure cooker. Add salt, sugar and crushed red pepper. Add bacon, bacon grease and cabbage wedges. Pressure-cook ingredients 2 minutes. Place unopened cooker under cold running tap water, to reduce pressure. When steam subsides, remove lid to cooker and taste. Note: If cabbage is not tender enough, it may be desirable to heat uncovered for 5 - 10 minutes. Be careful not to overcook.

PEANUT'S RED BEAN RECIPE

I think they are the best.

- 1 16-oz. package red beans
- 2 slices peppered bacon
- 3 Tbsp. chili powder
- 1 8-oz. can diced tomatoes with green chiles
- 1 medium onion, chopped
- 1 Tbsp. salt
- 1 Tbsp. pepper
- 1 Tbsp. cumin powder

Wash beans and place in large pot with eight cups of water. Bring to a boil and continue to boil for two minutes. Turn off the heat; let sit on burner for one hour. Place bacon in the pot with the beans. Add chili powder, diced tomatoes, onion, salt, pepper and cumin powder. Cook beans for 1 1/2 - 2 hours, until tender. Taste for doneness, add more salt, pepper, chili powder and cumin, to taste. *Be you can't eat just one bowl!*

QUICK AND EASY CHICKEN VEGETABLE SOUP

- 3 14-oz. cans Swanson's Chicken Broth
- 1 14 1/2-oz. can diced tomatoes with green pepper

- and onion
- 1 medium onion, diced
- 1 4 1/2-oz. can corn niblets
- 1 4-oz. can sweet green peas
- 1 12 1/2-oz. can white chunk chicken breast
- 1 extra large potato, diced in 1/2-inch square pieces
- 3 celery stalks, diced
- 3 carrots, diced
- 10 small pods of okra, chopped
- 2 green or yellow squash, diced
- salt and pepper, to taste
- Lawry's Seasoned Salt, to taste
- 1 large bay leaf
- 1 Tbsp. sweet basil
- 1 Tbsp. oregano, to taste

In a large stew pot, add chicken broth, diced tomatoes, onion, corn, green peas and chunk chicken breast. Add fresh vegetables. Season with salt, pepper, Lawry's Seasoned Salt, bay leaf, basil and oregano. Bring to a boil; reduce to simmer until vegetables are tender. You may want to vary some of the ingredients to fit personal taste. It is also advisable to refrigerate overnight for more flavor. *Sometimes, I add a can of V-8 to the mixture and some chopped cabbage.*

SOUVLAKI-GREEK SHISH-KABOB

- 2 lbs. beef or pork tenderloin, cut into 1-inch cubes
- 1 yellow onion, cut into 1-inch pieces
- 1 green pepper, cut into 1-inch pieces
- 4 oz. olive oil
- 1 Tbsp. dried oregano
- 1 Tbsp. salt
- 1 Tbsp. pepper
- 2 Tbsp. red wine

Combine the above ingredients in a large mixing bowl. Place meat, green pepper and onions in a large pan and cover. Marinate overnight turning meat several times to assure saturation of entire pieces. Place meat on skewers, alternating green pepper, meat and onion. Preheat the grill and place skewers on grate. Cook over medium heat until meat is sufficiently done (medium is generally preferred). Remove and serve over a bed of rice. Greek salad and dolmas make a great accompaniment.

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Time for Some Financial Spring Cleaning?

You may or may not engage in many of the typical activities of “spring cleaning” — decluttering the attic, reorganizing your closets, touching up the paint, etc. — but you can almost certainly benefit from “sprucing up” your financial situation.

As you survey your financial landscape, what areas might you want to tidy up? **Here are a few suggestions:**

- **Clear your portfolio of “redundant” investments.**

Over time, you may have built a sizable investment portfolio. But if you have too many investments that look alike, you may actually be hindering your progress toward your goals. After all, if you own a dozen stocks of companies in the same industry, they are all likely to be buffeted by the same economic forces. Look for opportunities to replace some of these “redundancies” with different types of securities, taking into account your risk tolerance and time horizon.

- **Organize your financial records.**

If you are like those of us who file our taxes at the last minute, now is the perfect time to organize your financial records, because you have probably got them close at hand.



And it is not just a matter of having your brokerage and 401(k) statements in nice, neat piles. Once you have these documents together, you might see opportunities to consolidate some of your accounts. For example, you may have IRAs with different banks and financial services companies. By moving them all to one provider, and possibly rolling over an old 401(k) into an IRA, you could save some fees and reduce your paperwork; but, more importantly, you may find that such a move actually helps you better manage your investments. You will know exactly what you are invested in, and it will be easier to follow a single investment strategy. Also, with all your IRAs in one place, it will be much easier for you to manage the required minimum distributions you must start taking when you turn 70 1/2. (These distributions are not required for Roth IRAs.)

- **Review your “systematic” investments.**

Many years ago, you might have started systematically moving money from your checking account into an investment. But perhaps the circumstances of your life have changed and this money could be better used elsewhere. Scrutinize your automatic investments to see if they still make sense for you.

- **Check your beneficiaries.**

Beneficiary designations on financial documents — insurance policies, IRAs, 401(k)s, etc. — are extremely important,

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because they supersede even the instructions in your will. Over time, your family situation may have changed, through death, divorce, remarriage or the birth of new children, so you should periodically review all your beneficiary designations.

Beneficiary designations on financial documents are extremely important, because they **supersede** even the instructions in your will.

- **Examine your insurance coverage.**

When you have a young family, you need a certain amount of life insurance coverage to provide for some major expenses — such as your mortgage, college for your children, perhaps some retirement funds for your spouse. But when your children have grown, your mortgage is paid and your spouse has decades' worth of retirement savings, your insurance needs may change considerably. At the same time, you may find other uses for insurance. Take some time and review your insurance coverage with your financial advisor.

By following these “spring cleaning” suggestions, you can help put your financial house in order for the seasons to follow. Take action soon. **NOW**

Contributed by the Edward Jones representatives in Cedar Hill.

FREE REVIEW

DO YOU HAVE THE RIGHT INVESTMENTS IN PLACE TO MEET THE FINANCIAL CHALLENGES AHEAD?

At Edward Jones, our business is to help people find strategies for their long-term financial security.

If you would like a free review of your savings account or any of your other investments to see if they are appropriate for your long-term goals, please call or stop by today.



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In Celebration of Women: *Looking and Feeling Great!*

— By Dr. Lesa Ansell

Women tend to do too much, often sacrificing their health, sleep, beauty, etc. Therefore, this article focuses on how women can feel and look better! Reducing stress is the first step to feeling better. A key method for meeting this goal is time management. It takes work to manage a normal schedule, but with planning and discipline, it can be done. Start by writing a list on a legal pad, then prioritizing it. At first, plan a day at a time, and then when you are ready,

move on to weekly, monthly and yearly planning.

Freeing up some personal time will also reduce stress. This can be done by delegating tasks to others. Children over age 7 are able to wake up to an alarm clock, assist with chores at home and dress themselves after some initial guidance. Teaming up with other parents/neighbors who can rotate transporting children to school or sporting events can also free up valuable time. Most women are tempted to fill this time with other tasks on their to-do list, but resist this urge! Use this time to recharge your batteries. You will accomplish more in less time when you are energized!

Spend some time taking care of yourself — physically, spiritually and emotionally. Include exercise, proper nutrition and supplementation, adequate water intake, sufficient sleep and rest, meditation or prayer and good skin care as part of your daily routine. The recommended weekly exercise should include 300 minutes of varied activities such as: walking, joining a gym, gardening, swimming, etc.

If you do not know how to eat properly, consider taking a nutrition class. Make sure that the information you gain includes how much water your body needs; it differs for everyone! General health classes usually cover sleep, rest and exercise. Meditation and yoga are both great forms of relaxation, and yoga is great exercise as well.

Good skin care is essential! The skin is actually our largest organ, and is one of our body's main avenues for ridding us of toxins, waste and impurities. If we do not rid the skin of these, it tends to age, making us look less refreshed. Consider having a facial, daily/nightly cleansing routines, visiting a day spa or purchasing a "home spa." These things, when used alone or in combination, will make you look and feel better.

The recipe to looking and feeling great is to be relaxed, healthy and rested. Share these techniques with other women. It will put a smile on their faces, and we all know everyone looks beautiful with a smile on their face! **NOW**

Dr. Lesa Ansell is the CEO of Pro-Adjuster Chiropractic Clinic and is a member of the Texas 4 Disaster Medical Team under the direction of the Department of Homeland Security.



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DO Not Grow There!

— By Nancy Fenton

gradually rob the plant of the nourishment it needs to survive. To do this, sever the vines at ground level or below, bag it and trash it (Do not burn it!) every time you see even one leaf coming up. You will be cutting off the factory that makes the food (the leaves) and slowly starving the plant. If there are areas in or around your yard that are kept natural, you may never rid yourself completely of poison ivy because birds bring in and drop the berries, but you can keep it under control.

If you know you are allergic to poison ivy/oak, do not fool around with it without wearing long-sleeved shirts, long pants, gloves, etc. Chris Russo, at Russo's Apothecary on Ferris Avenue in Waxahachie, makes a product called

Poison Ivy/Oak Preventive that helps the body build up natural antibodies to ward off the dreaded rashes.

It requires a weekly dose of 15 drops in water but seems to be very effective on those of us who have used it. We can even work around it without the onset of the awful rash! It is literally an ounce of prevention and much less costly in time and money than the shots and lost time from the reactions to the plant's poison!

Once again, a weed is just a plant in the wrong place. Along the roadside, even poison ivy can be beautiful — just not in my backyard! **NOW**

Nancy Fenton is a Master Gardener in Ellis County.

These things we call weeds are really just the wrong plant for the space they occupy.

Take poison ivy for example. Very few of us appreciate enough the bright red foliage (in the fall) and the lush green leaves and stems (in the spring and summer) to cultivate it in our landscape. In reality, most of us do our best to "get it gone" post haste!

There are several methods to rid your landscape of this high-allergy plant, but you need to select the one best suited to you and your landscape. The first one that comes to mind (yes, even my mostly organic mind!) is good old Roundup® Weed & Grass Killer. Roundup is effective, if used in the hot and dry time of the year, but it does its best work with three sprayings timed two weeks apart. A disadvantage is that it will also kill all the plants around the poison ivy within the drift of the spray.

A second method is to dig the plant up, root and all. It really works well if the digger is not allergic and you can get the entire root. If you are allergic, well you know what happens then! A good scrub with soap and water helps, but even an ash from burned vines, or the sap from broken ones, can start the reaction that makes you miserable!

A third method that takes longer, but which is still effective, is to



May 2008

Community Calendar

Every Monday

Nursery Rhyme Time from 10:15 - 10:45 a.m. at Duncanville Public Library.

Every Tuesday

Rotary Club of Duncanville meets at 7:00 a.m. at the Hilton Garden Inn. www.duncanvillerotary.org.

Homeschool Videos from 2:00 - 2:30 p.m. at Duncanville Public Library.

Every Wednesday

Rotary Club of Cedar Hill: 7:00 - 8:00 a.m. at CH Recreation Center, 310 East Parkerville Road.

Every Wednesday and Friday

Preschool story time at CH Library: 10:30 - 11:45 a.m. (972) 291-7323.

Every Thursday

Story Time from 10:15 - 10:45 a.m. at Duncanville Public Library.

Lectura en Español by Tamara Knapp from 5:30 - 6:00 p.m. at Duncanville Public Library.

Every Saturday

Fun Time Live: 7:00 - 11:00 p.m. at Cedar Hill Recreation Center. For children in third - eighth grade. Cost is \$10/child for four hours of fun, challenging activities supervised by adults with a police officer on site. Activities and themes change each week. Concessions are available for minimal charge. Call (972) 772-6000 or visit www.funlivelive.com.

First Mondays

Readers on the Hill book club: 7:00 p.m. at CH Library (972) 291-7323.

First Tuesdays

Duncanville Education Committee: 11:30 a.m. at Chamber offices. (972) 780-4990.

Dad's Night Out With the Kids: 7:00 p.m. at the Duncanville Library.

First and Third Tuesdays

Good Morning DeSoto morning network event. (972) 224-3565 or info@desotochamber.org.

First and Third Wednesdays

Duncanville Business Interchange: 7:30 a.m. at Chamber offices.

Fourth Mondays

Duncanville Board of Directors meeting: 5:30 p.m. at Chamber offices.

Fourth Tuesdays

Duncanville Chamber Champions Luncheon: 11:30 a.m. at various locations.

Second and Fourth Tuesdays

Cedar Hill Lions: noon - 1:00 p.m. at Good Shepherd

Church, 915 Old Straus Road. (972) 291-0651.

Cedar Hill City Council: 7:00 p.m. 502 Cedar Street.

Second Tuesdays

Duncanville Governmental Affairs meeting: 8:30 a.m. at Chamber offices.

The Dallas Area Writers Group at CH Library. Visit www.dallaswriters.org.

Second Wednesdays

Cedar Hill/Duncanville Early Childhood PTA: 10:00 a.m. at Cedar Hill Hope Lutheran Church, 917 N. Straus Road.

Duncanville Monthly Luncheons: 11:30 a.m. at various locations.

Third Mondays

Duncanville Executive Board meeting: 4:30 p.m. at Chamber offices.

Third Thursdays

Duncanville Fun After Five: 5:00 - 7:00 p.m. at various locations.

Visual Artists of Cedar Hill (VACH): 7:00 p.m. in meeting room at CH library. (972) 291-8056.

May 3

Duncanville's Cinco de Mayo Celebration: 12:00 - 8:00 p.m. at Armstrong Park. Featuring food, music and children's activities.

DeSoto's Mother & Son Black & White Ball: 7:00 - 10:00 p.m. Cost: \$30/couple; \$15/additional child. Music, dancing, light refreshments and 5X7 photo. To purchase tickets, call (972) 230-9651. No tickets sold at door.

May 5 - 29

Starting the week of May 5, books, audio books, movies, music and computer/video game donations will be accepted at Zula B. Wylie Library, 225 Cedar Street in Cedar Hill. Please take book sale donations to the library check-in counter. A donation receipt is available for tax purposes.

May 6

DeSoto ISD Employee Appreciation Banquet: 6:00 p.m. at DHS or MMS.

Duncanville Library presents Chris Espinosa illustrating and incorporating story ideas from audience participants: 7:00 p.m.

May 10

Corsicana AirSho*: 10:00 a.m. - 2:00 p.m. at the Corsicana Airport, (CRS). Gates open at 8:30 a.m. Hosted by the Coyote Squadron unit of the Commemorative Air Force. Show will feature flying and static displays of World War II aircraft, Warbirds, precision flying teams, other military and civilian

aircraft. Enjoy model aircraft performances, classic cars, trucks, tractors, boats, lawnmowers, four wheelers, hunting vehicles, etc. Admission: \$5 per person or \$10 per car load. Veterans free. (AirSho* is a trade name.)

May 12

Cedar Hill Neighborhood Advisory Meeting: 6:15 p.m. at City Hall.

Annual meeting of the Zula B. Wylie Library Friends features food, entertainment and new officer elections.

May 15

Ms. Classic Duncanville at Armstrong Park Amphitheater.

American Business Women's Association (ABWA) Express Network meeting: 5:45 p.m. at the Waxahachie Civic Center. \$25.00 for dinner. Members are encouraged to bring co-workers and friends. For reservations, call Stephanie Kinnison at (972) 938-0703. For membership information, call Daphne at (972) 723-6551 or visit www.abwa-empoweringwomen.org.

May 17

Cedar Hill Star Party. (214) 800-6000.

May 20

Taste of Cedar Hill & Business Expo: 6:00 - 8:30 p.m. at the Cedar Hill High School practice gym.

May 22 - June 26

Summer Concert Series. Every Thursday at 7:30 p.m. at Armstrong Park.

May 26

Cedar Hill Main Street Development & Preservation Board meeting: 6:00 p.m. at City Hall.

May 28

DeSoto's monthly luncheon: 11:30 a.m. - 1:00 p.m. at the Thorntree Country Club. State of the City with Mayor Bobby Waddle.

May 29 - 31

Zula B. Wylie Library Friends book sale. Friday: 10:00 a.m. - 6:00 p.m. Saturday: 10:00 a.m. - 4:00 p.m. at the library in CH. (972) 291-7323.

June 7

Annual Pancake Fly-In at Mid-Way Regional Airport, Waxahachie, 8:00 a.m. - 11:00 a.m. Classic airplanes and fighters, plane rides/Discovery Flights, remote control model flyers, flight demo (T-28s), The Classic Swing Band, Midlothian Classic Wheels and other attractions. Breakfast tickets \$6.00. One child under 8 eats free with a paid adult ticket. Event and parking are free. For more information, call Tammy at (972) 923-0080.

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