

Corsicana

NOW

M A G A Z I N E

MAY 2015

The Ultimate Physical Challenge

There is always joy at the
finish line for Ironman,
Nathan Bugg

Transformation Over Time

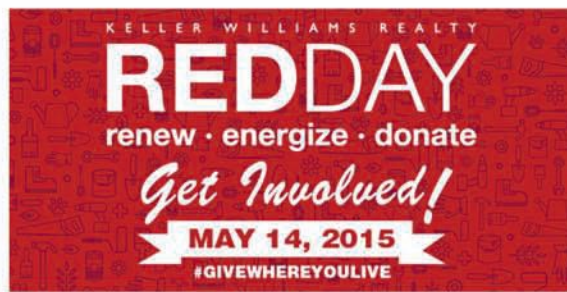
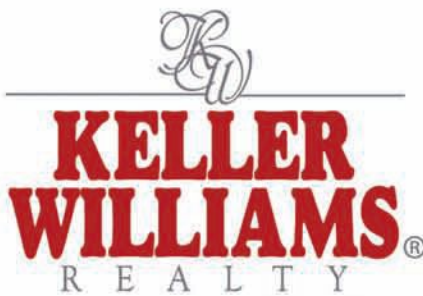
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REDUCED!

937 Liberty Drive

Great location! 3 bed, 2 bath with recent upgrades, big backyard and huge shop!



1226 W. 3rd. Ave

In the heart of Corsicana's Historic Carriage District. 4/2 Charming older home. Roominess throughout, this family sized home with a large kitchen. Corner lot.



102 Wyona Drive

2 bed, 2 bath, screened porch, pool, shop, pond and fishing pier all on 1.5 acres at Richland Chambers Lake!



1907 W Park Avenue

2 bed 1 bath 2 living areas with a good size backyard in Bowie ISD! See it today!



228 Churchill Ave

3 bed 2 bath lovely home with a great floor plan and huge backyard at the end of a cul-de-sac. Must see this one!



REDUCED!

This wonderful homes sits on over 2 acres. 3 Bed, 2 bath, 2 dining areas living has vaulted ceilings and fireplace.



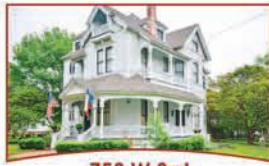
210 April Cove

RC Lake. Great wrap-around back porch with view of tank and lake. Pool, app. 1.3 acres, 3/2. A perfect spot to come home to!



1920 Sycamore

Master suite w/ fireplace from bath to sitting area. 3 living areas, game room, bar in kitchen.



753 W 3rd

Built in 1894, this Eastlake Victorian Architecture beauty boasts app. 3129 sq. ft. Constructed with cypress wood w/ pine tongue and groove porches.



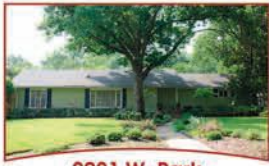
1609 Bowie Circle

Updated and move-in ready. Tasteful colors. Open concept. Has large bedrooms, recent appliances and large backyard.



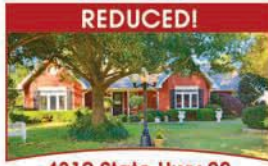
1424 Oaklawn

5 bed 3 baths. Hardwood and brick flooring. Custom gourmet kitchen, granite, gas range, large gameroom, outdoor fireplace and gunite pool.



2021 W. Park

Hardwood floors, split bedroom, 3 living areas, fabulous master suite and bath, walk-in closets are some of the adorable features.



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820 Winged Foot

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900 Winged Foot

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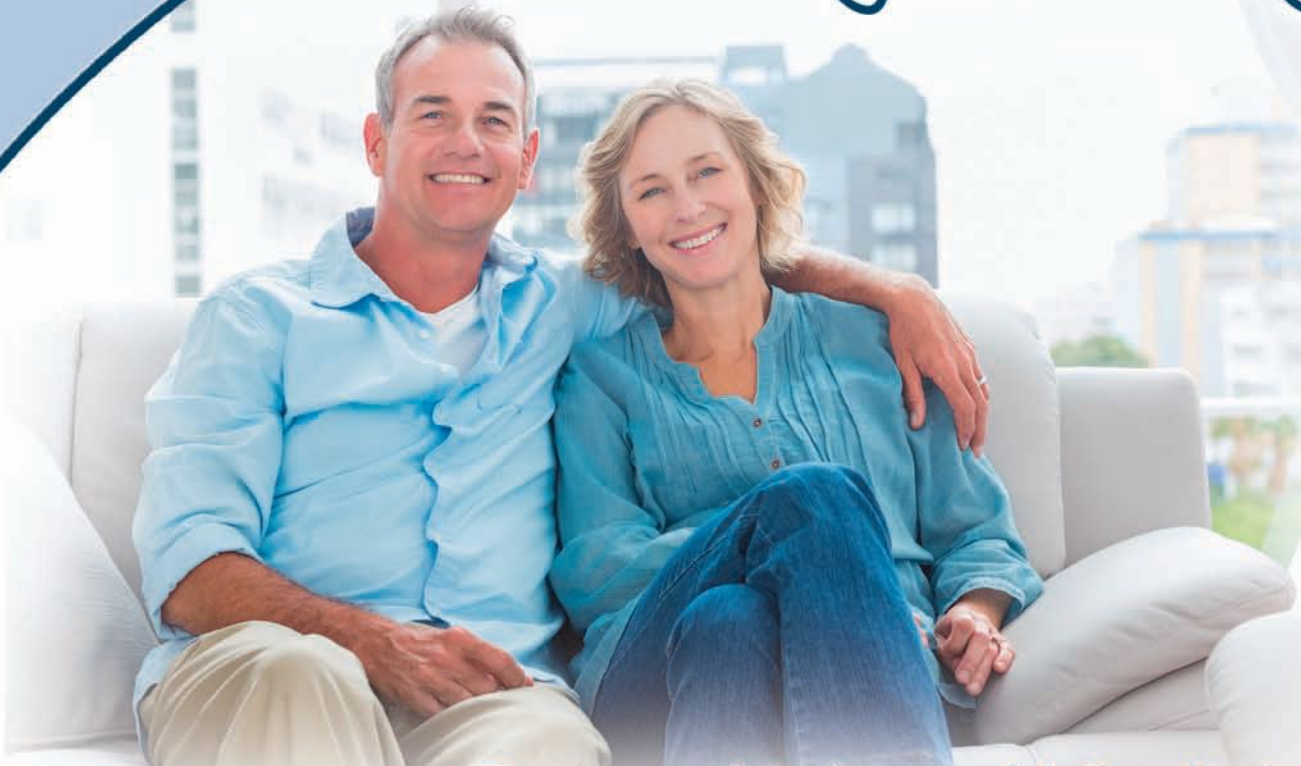


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ON THE COVER



Rain or shine, Nathan Bugg trains daily toward new adventures.

Photo by Memories by Melissa.

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Editor's Note

Let's celebrate spring, Corsicana!

The flowers are budding everywhere, and I love to see all of you out walking and enjoying our wonderful spring days. I was in Washington, D.C., last month to see my kids and grandkids who reside in Virginia. We enjoyed strolling among the historic buildings of our nation's capital surrounded by the cherry blossoms in full bloom during that annual festival. The National Cherry Blossom Festival reminds us of the friendship between the U.S.

and Japan.

Let's thank the nurses in our lives during Nurses' Week (the first week of May) and on School Nurses Day on the 6th. We all depend on these special people to care for us, and as a retired public school teacher and administrator, I know that the school nurses have been there for me and my kids. Special thanks go to all nurses!

Virginia

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CorsicanaNOW Editor
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The ULTIMAT

— By Virginia Riddle

A familiar face has been running and biking along the byways of Navarro County and swimming in the Corsicana YMCA pool for many years. That face belongs to Nathan Bugg, who not only trains locally but has also won and placed well in area races. His biggest accomplishment came when he earned the right to wear the Ironman tattoo after completing the grueling 140.6 Ironman Triathlon within the

specified time limits. "I qualified in Houston on May 17, 2014, after 14 hours of nonstop physical activity. I can't describe the feeling when I crossed the finish line and the crowd shouted, 'You're an Ironman!'" Nathan revealed.

The Ironman Triathlon is organized under the authority of the World Triathlon Corporation. A sanctioned event consists of a 2.4 mile (3.86 km.) swim, a 112 mile (180.25 km.) bicycle ride and a 26.2 mile (42.2 km.) marathon run that are completed in that

order without a break. The events usually have to be completed in 17 hours. Typically, a triathlon begins at 7:00 a.m. with each of the three events having maximum time limits. A competitor must complete the swim within 2 hours, 20 minutes; the bicycle ride within 8 hours, 10 minutes; and the marathon run within 6 hours, 30 minutes. Any competitor who can accomplish the feat within the time limits can become an Ironman. The Ironman World



EPHYSICAL

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Championship has been held in Kailua Kona, Hawaii, each year since 1978, and the event has gained popularity and has become a summer Olympic competition.

Nathan began running with his dad, brother and cousins in the 1980s in Lamesa. This continued after his preacher dad changed church callings to Dawson, Corsicana and Blooming Grove. Nathan graduated high school from Blooming Grove. "The running boom hit in the '80s. The alpha males in my family are very competitive and love running, snow skiing and water skiing. I was the little brother and tag-a-long when I first started running," Nathan recalled. No longer is the tag-a-long in that competitive family atmosphere at the back of the pack. Nathan is proud to have claimed the Bugg Trophy at family

"I had seen the Ironman on TV as a child, and it just stuck in my head — that it was something I *had* to do."





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reunions every consecutive year since 1996! "I played just about every sport in school, but was better in track. I didn't really hit my growth spurt until I was 20 years old," Nathan explained.

A runner with the DFW Runners Club and president of the Corsicana Running Club, Nathan enjoys the companionship of fellow runners/walkers whether he is out for a training, fun run or competing in a race. He competes in area races, winning the Derrick Days Oil Town Mini-Thon in 2013 and placing first and second in the Jingle Bell Jog. But Nathan also promotes running just for health and fun. "We run these streets" is the motto of the Corsicana Runners Club. Members are split into pace and age groups to complete the 3-mile loop around Northwood and Bowie streets in Corsicana. Some longer runs take in the county's scenic countryside. During most of the year, on weekdays, the group meets at 7:00 p.m. and on weekends at 7:00 a.m. "Only the faithful run during the winter," Nathan revealed. "We have all ages — members from all walks of life. We are good with any level of runner or walker. In the summer we get a lot of school/college kids and teachers. It's a social club for



people who like to run or walk. There's a small group of ladies who walk, and then there is Coach Rodriguez who has left all of us behind!"

One lady in Nathan's life doesn't just cheer from the sidelines or sidewalk. Whitney, his wife, has become a serious competitive runner. A graduate of Corsicana High School, Whitney was a CHS cheerleader and played softball. "I hated to run in softball, but once I figured out how to breathe right, running is OK," she said. From 2006-2011, she participated in small 5K races. Since then Whitney has graduated to the Dallas Half-Marathon and completed the Austin Full-Marathon last February 14. "In the beginning you just have to start adding miles," she explained.

The couple's training schedule is daunting and dedicated. Nathan trains about three hours every morning. Training for them during a typical week might include 60-plus miles of running, 50- to 100-mile bike rides and swims. Often running with them is their Boxer, Minka. "Raider, our other pet, doesn't run, but Minka is in as good a shape as we are," Nathan said. Fortunately, since Nathan co-owns N8 Logistics, an oil-field equipment

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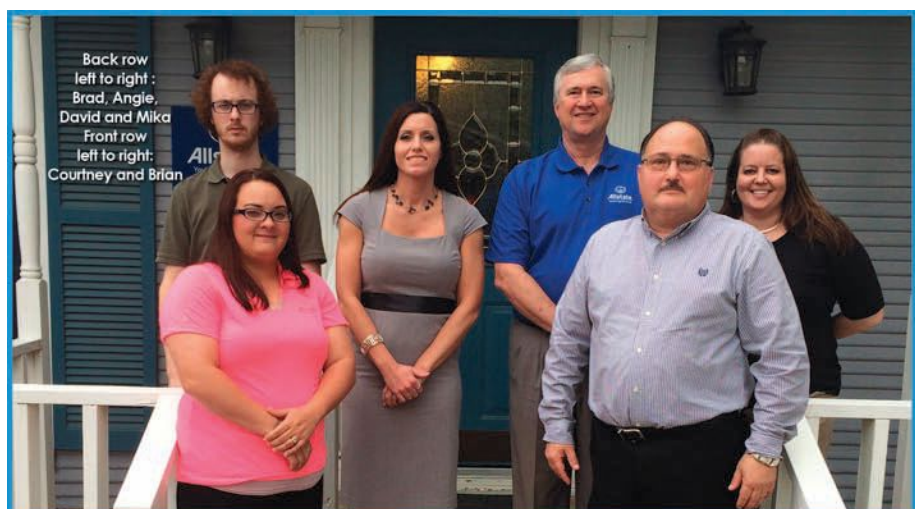
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hauler, with his brother, and Whitney is a hair stylist at Tangles, they can schedule their training around work hours. Work is important, however, since a three-day event typically costs approximately \$650 per entry plus travel, lodging and meals.

Pretty well self-coached, Nathan was encouraged by a friend to compete in his first triathlon. Now he is helping three friends and Whitney to rise toward that level of competition, while he is working toward qualifying to run the Boston Marathon. "I remember my first triathlon



at Lake Aquilla (Hillsboro). Running is my strength, not free-style swimming, and open water swimming is very different from swimming in a pool. I was challenged to learn to swim and be able to get out in open water. There were 110 competitors, so I had people kicking me, and I didn't have any equipment except my bike, but the cool part of competing in the triathlon is that it inspires other people. Getting to the finish line is the most awesome feeling," Nathan related. "I had seen the Ironman on TV as a child, and it just stuck in my head — that it was something I had to do."

Injuries can occur. Only 12 days before he was to compete in the Austin Triathlon, Nathan stepped in a puddle and broke bones in his foot. "I was a late bloomer, but now I push my body to new realms. There's a joy in the pain," he said.

When asked what it takes to pursue Ironman status, Nathan advised, "Anything is possible if you put your mind to it. It's definitely a matter of mind over matter. Don't let your age or abilities dictate what you can or can't do, and don't let someone else dictate your story. It excites me to see other people get excited and enthusiastic about this sport." **NOW**

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Transformation

Over Time

— By Callie Revell

Wayne Ward and Wanda Nealy-Ward's entire marriage has been spent in Corsicana, and they feel perfectly comfortable calling it home. They are both retired educators. Wanda worked as an educational diagnostician and speech therapist, and Wayne taught economics and mathematics at high schools and colleges in Utah and Corsicana.

They met in Utah, where Wayne's family lives. They were both attending a National Education Association meeting when they bumped into each other. "We met in an elevator," Wanda remembered. "I forgot him, but he never forgot me."



At Home With Wayne Ward and Wanda





Whenever we would go to meetings after that, he would find me.” Sixteen years ago this month, they were married in Las Vegas.

Immediately after they married in 1998, Wayne moved to join Wanda in her hometown of Corsicana. Before he arrived, Wanda scoured the city looking for a house they both could love. “I would send him pictures of all the houses I saw,” Wanda said. “He really liked this one.” The house they chose certainly had promise, but its true glory was yet to be discovered. “It was built in the ’70s, and all the decorations reflected that,” Wanda laughed. The house had avocado-colored appliances and a very cramped floor plan. Walls enclosed every room and left the whole house, especially the kitchen, feeling dark and claustrophobic.

However, the house’s location made the sale. The couple wanted to stay in Corsicana, and they have both enjoyed the small-town feel and the convenience it offers. “I really enjoy the peace and quiet,” Wanda said. “It’s really relaxing here. I have the type of home I want, and additional shopping is only 45 minutes away.” Wanda loves the trees and space the

Wanda Nealy-Ward





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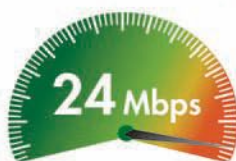
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expansive street they live on offers.

Wayne saw the house's potential right away. "Most of the houses we looked at needed a lot of work to be livable," he said. "This one was ready to move into. I also liked the floor plan." Wayne has a background in construction and carpentry, so he handled many of the home's renovations himself. Since moving in, they have replaced all of the flooring with tile and reclaimed hardwood. The wall between the kitchen and dining room was removed to make one large room. They completely remodeled the kitchen and, in doing so, opened up space to add on a spacious sunroom. Skylights were installed, and the couple added a custom entertainment center that Wayne built, and even added a large deck in the backyard. "I have followed Wanda's directions for all



of the changes," Wayne said. "She tells me what she wants, and I find a way to do it. The house is more a reflection of Wanda."

The work Wayne and Wanda have done on their home has improved the way it functions as well as made it much more attractive. "The neighbors around us say it's not the same house," Wanda said. Each of the rooms in the house has undergone changes, some subtle and some astounding. Some rooms have been created from scratch, like the beautiful sunroom

on the back of the house, which serves as an entertainment room. Wanda found the windows for the room first and designed the room around them. "I just love natural light," she said.

Other rooms have been repurposed, like Wanda's office at the front of the house and the sitting room in their bedroom suite, which was once one of the bedrooms. Every room has been updated and redecorated to complement Wanda's style. One example is the large living room, the first room guests see when they walk in. "It originally had wood paneling,



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and it made this room feel really dark," Wanda said. "It just felt depressing. So, I decided we would paint over the paneling, and I think it turned out well." Wanda painted the room light green and filled it



with heirloom furniture from her great-aunt and mother. "My taste in decorating is very eclectic," she noted.

Wayne has added many personal touches throughout the house to transform it into Wanda's dream home. He connected the back two bedrooms to create a master suite, which includes a sitting area, master bathroom and closets with crystal chandeliers Wayne found for her. He built a new fireplace mantel and display cabinets for Wanda's china collection. Wayne has a workshop in the backyard, and Wanda, who loves making craft projects, has a work area set up in the garage. "We're both kind of crafty," Wanda said. "I have the ideas, and he has the skills."

One of Wanda's favorite projects Wayne has built is her greenhouse in the backyard. "Wanda was at the Habitat for Humanity ReStore and saw a stack of 8-foot wood doors filled with glass panels," Wayne said. The French doors had been salvaged and were priced at \$5 apiece. "She took me back over and said they were so nice and such a good deal

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that she wanted them. We got them all and brought them home.” Wayne figured out a way to put them together and built a roof from spare lumber he already had. He even ran power out to the greenhouse and set it up so a garden hose can be attached and provide running water.

Wayne and Wanda have made sure their home is pet-friendly to accommodate their three dogs: Scooter, Victoria and Lottie. “I love them to death,” Wanda said. “They’re my babies. They’re all rescue dogs.” Scooter, a Dachshund, wandered to their house one day, and the Wards immediately loved him. “He never left!” Wanda laughed. Since no one ever reported Scooter missing, they decided to keep him. One day, he escaped their yard, and neighbors called them later to let them know they had found Scooter and that he had originally been their dog. “They graciously said we could keep him,” Wanda said. Victoria, a Westie-Yorkie mix, came from a pet rescue in Houston. “She looked so pitiful,” Wanda remembered. “We looked at each other, and we were in love!” Lottie is part Schnauzer, part Parson Russell Terrier. “One of my friends was at Big Lots, and she said a dog kept wandering into the store.” They called her Lottie, since they found her at Big Lots. Wayne and Wanda love having their dogs around and can’t imagine their home without them.

Wayne and Wanda both have their favorite spots in the home. Wayne likes to



spend time in his workshop, but he enjoys the house as a whole, too. “I like the idea that we have changed this house to meet our needs,” Wayne said. “It is great for entertaining. We can have a full house without it feeling crowded.”

And Wanda’s favorite spot? “Right there in the corner of the couch,” she said, gesturing to the sunroom. “We pretty much live there. Wayne on one end, me on the other, and the dogs in the middle.” **NOW**

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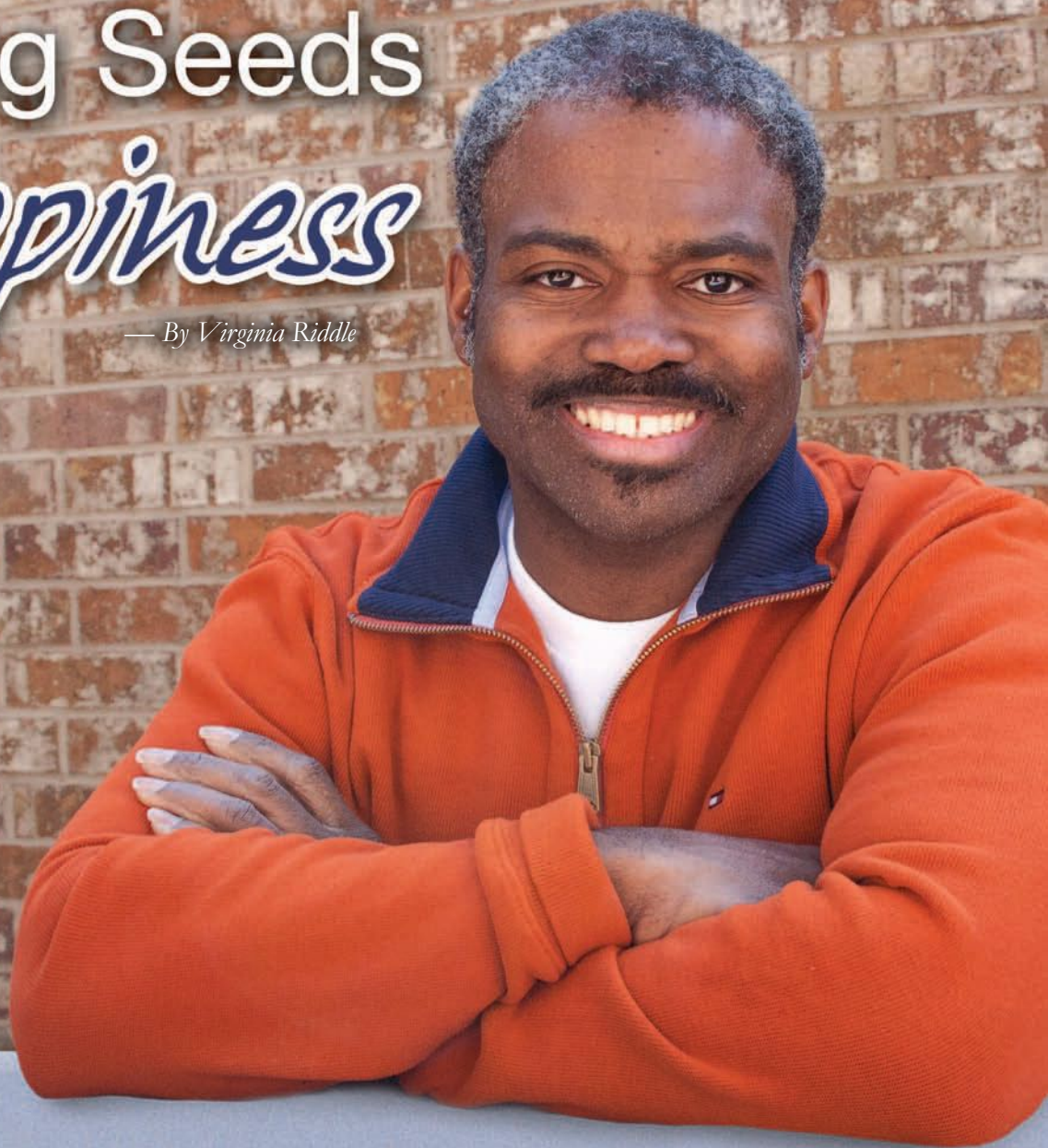
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Sowing Seeds of *Happiness*

— By Virginia Riddle



A boisterous laugh, smiling face and infallible memory for names, faces and facts are just a few of the ways Corsicana area residents describe Marcus Polk. The weather may be challenging, people may be frazzled or tired, but Marcus, a greeter at the local Walmart for the last four years, strives to make the day better for each person who comes his way. “My mom always told me to respect everyone no matter who they are,” Marcus explained.

His mom, Daisy Polk, also made sure Marcus knew his Bible. One of his favorite verses guides his friendly attitude: “So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets,” (Matthew 7:12, NIV).

“Everyone wants to be recognized and be significant, so greeting people by their name is important no matter where I am,” he explained. Marcus not only remembers people’s names, but he also recalls the details of their lives. “I don’t share my problems and life much. Instead, I don’t mind listening to how other people’s lives are going.”

So it’s no wonder that after growing up in Corsicana and graduating from Corsicana High School in the class of 1992, Marcus earned an associate degree in psychology from Navarro College. “I love psychology, and I like to always deal with people in a professional and personal way,” he said. “I can usually gauge how other people’s days are going pretty well, and I try to think before I say something. But if I do offend someone, I apologize profusely.”

Not everyone that Marcus greets around town shares his usual sunny attitude. “I can tell some people are feeling lonely or having a stressful day at work or at home. I just appreciate them and hope that my actions show them that I’m a person who wants to be a good Christian,” he pledged.

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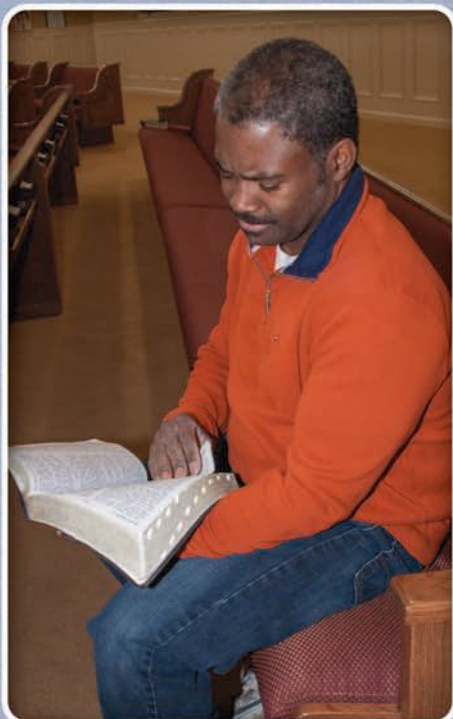

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Marcus began to further his studies in counseling and psychology by attending Texas A&M University-Commerce for one year. "My mom was a fantastic mentor. She helped me go to school in Commerce that year," Marcus said. However, his studies were interrupted when some troubled times came. In 2005, Marcus was in a traffic accident in Waxahachie. "Someone was tailgating me and forced my car to fishtail. I went off a bridge and my vehicle landed upside down," Marcus remembered. Luckily, people ran to help him get out of the vehicle. "Your life really does flash in front of your eyes in those few seconds. It was a blessing and a miracle from above that I survived," he added.

Other troubled times then came his way, when Marcus found himself between jobs with expenses still mounting. "People I thought would be there for me just disappeared," Marcus recalled. "I don't focus on my problems. I focus on how big Christ is," he stated. "I've learned that there is a reason for everything that happens. Hindsight is 20/20, but you just have to move on in life," Marcus said.

However, even he was a little surprised at how much his life had taken a turn toward the light when he became dehydrated one day while on the job. "My energy was just zapped out of me, so I had to sit down. Managers came and walked me to the office and called an ambulance. My family and good friends came to my house, and a close friend texted me to ask how I was doing. When it was posted on Facebook, 30 people showed me support there. Before that all happened, I didn't really think people



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cared that much,” Marcus revealed. “Now my mom cooks for me almost every day to make sure that I am eating right.”

Work and special work-related honors have come Marcus’ way. At Brookshire’s, Marcus earned a trip to Cozumel, Mexico, after receiving the store’s District Employee of the Year award in 2004. “I love to travel,” he revealed. Also, this high-energy greeter received Employee of the Month honors from his present employer in 2011. The secret is in Marcus’ “can do attitude.”

Marcus attends not one church, but two — Westhill Church of Christ and Eastside Church of Christ. “I put Christ first and give thanks every day for all I have, and ask myself, ‘Do you have an attitude of gratitude?’” Marcus said.

Self-studies have been a part of Marcus’ life. He gets inspiration from the words of Christ, Dr. Charles Stanley; Joel Osteen; Dr. Robert Jeffress, pastor of First Baptist Church in Dallas; and Stephen Covey’s *The Seven Habits of Highly Effective People*. “Of course, the Bible is No. 1 with me, and both my dad, Robert Polk, along with my mom, are real mentors to me. I have found that we are all works in progress,” Marcus said.

Family and friends are important to Marcus who has two sisters and a brother. Even though he stays busy helping others when needed, Marcus finds time to work out at the gym and travel to Houston or Dallas occasionally to visit with friends. He is also planning to return to college in the near future to finish the approximate year of studies remaining to complete his B.S. degree.



Marcus Polk (right) greets Walmart customers, Mickie and Ty Crum.

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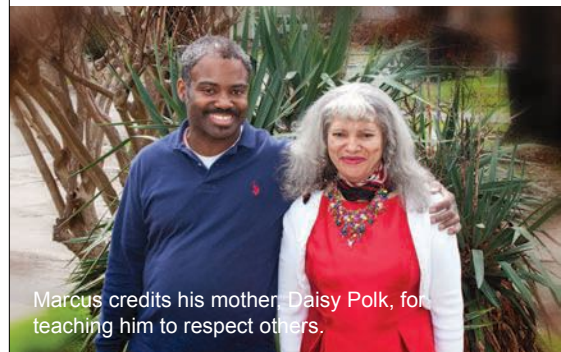
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Marcus credits his mother, Daisy Polk, for teaching him to respect others.

He has found joy in setting and accomplishing some additional goals — getting financially sound, saving for retirement, living healthy, building really dependable friendships with like-minded individuals, dealing with different life situations effectively and rising within the corporate world. Marcus also feels the joy that others share with him every day. “I have matured and feel blessed to help others,” he said.

A cross-section of all ages passes through Marcus' life every day, and he shares the life lessons he's learned. “My philosophy of life is that it's not what people say, it's what you know is true that's important. Respect your job by doing your best, taking your work seriously and being a team player. In all your personal relationships, be honest, and take care of what you've been blessed with. I've found that you get back what you give to others — not always — but you are always planting a seed,” Marcus shared. **NOW**

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Summer Fun!

— By Amber D. Browne

Summer is just around the corner! Parents will be searching for activities to keep their children busy, other than playing the newest video game or watching their favorite television shows. Choices for summer camps are abundant in the local area. Full-day or overnight Camp Fire programs can be reserved, and many school districts sponsor sports and cheerleading camps. Museum, library, cooking and art, and other day or weeklong camps for kids are offered through various nonprofits, community centers or business-related groups.

If you are looking for some fun in the sun for the entire family, a variety of activities are available locally. You can visit state and local parks, historic sites and zoos for hours of fun. Water parks, lakes and community pools provide for many fun-filled afternoons.

Nature Activities

With all the hustle and bustle of today's world, technological distractions and busy schedules of adults and children, sometimes we forget to enjoy the outdoors. This summer, why not make time to get back to nature? Multiple state parks are within driving distance





and offer a variety of activities to enjoy. From hiking trails and bird watching adventures to star gazing and overnight camping, families can soak up what Mother Nature has to offer. You can visit www.tpwd.texas.gov for state park locations and a calendar of events.

If you want to stay close to home, city parks provide a great place to picnic and enjoy the outdoors. Many include playgrounds for children to exert that extra energy. Your own backyard can provide an afternoon of fun. Why not have the children search for rocks and then paint them for family members and friends? Parents can put together a



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Families can enjoy canoeing or tubing down winding rivers and boating in refreshing lakes. Fishing is also a favorite pastime for many. According to the Texas Parks and Wildlife Department website, residents who fish in the state's public waters are required to have a fishing license. However, there are several exceptions to this rule. No fishing license is required if the resident is under 17 years of age.

Taking a dip in a community or backyard swimming pool is always a good choice for some fun in the sun. With swirly slides, wave pools and more, water parks bring out the kid in all of us. Swimming lessons are available at the YMCA, at some city pools or even at a community member's private pool.

Boat enthusiasts are out enjoying the warmer temperatures. Local lakes offer open water to ski, wake board, tube or just relax on the boat deck. Many lake businesses offer rentals for jet skis and other personal watercrafts. Read all instructions before getting onboard watercraft and keep safety in mind.

Water Safety Tips

The week of May 16-22 is designated as National Safe Boating Week. When boating, life jackets are a must. According to the TPWD, children under 13 years old must wear a U.S. Coast Guard-approved personal flotation device in a boat under 26-feet in length. Every occupant on a personal watercraft is required to wear a life jacket.

Sunscreen is also a necessity when out on the water. The American Academy

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of Dermatology suggests applying sunscreen with an SPF of 30 or higher to all bare skin at least 15 minutes before heading outdoors. The sunscreen should be reapplied every two hours.



More Family Fun

Warmer weather entices people to get outdoors and soak up the rays. For those rainy days or if you prefer a few hours of indoor entertainment, the local area has plenty of places to share the day together. Children can learn while having fun at the Dallas World Aquarium, Dallas Zoo, Dallas Arboretum and Botanical Gardens and Perot Museum of Nature and Science. Fort Worth is home to numerous museums, the Fort Worth Zoo and the Fort Worth Botanic Gardens. Families can learn about wildlife at the Heard Natural Science Museum and Wildlife Sanctuary in McKinney, hand over a few treats to exotic animals at Fossil Rim Wildlife Center or spend the afternoon checking out prehistoric creatures at Dinosaur World in Glen Rose.

Do you want to check out the latest blockbuster? Many movie theaters now serve a variety of food and drink items on their menus. Drive-in movie theaters are an option for a night out under the stars. Most theaters offer convenient online ticket reservations. Or if live entertainment is more to your liking, you might consider attending a performance at Winspear Opera House in Dallas or the Bass Performance Hall in Fort Worth.

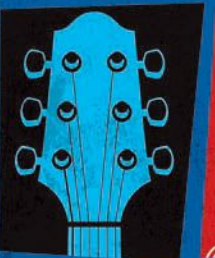
With nearly three months of summer ahead of us, parents and children can take advantage of many of the options available to them. Whatever you and your family choose to do this summer, keep safety in mind and don't forget to have fun! **NOW**



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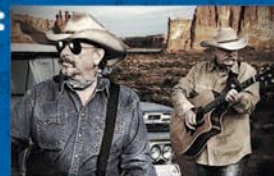
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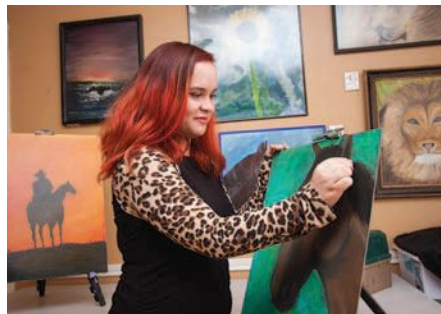
Corsicana, TX 75110
(512) 635-7471
Website: www.grahamfamart.com
Facebook: Graham Family Art Studio

Hours:

Monday-Friday: 1:00-5:00 p.m.
Saturday: 9:00 a.m.-1:00 p.m.



Holly, Amy and Allison Graham enjoy helping people discover their artistic talents.



Creating From the Heart

Graham Family Art instructors bring out students' artistic personalities. — By Virginia Riddle

Art lessons in the privacy of the student's own home — that's the concept that Graham Family Art has brought to Corsicana and surrounding area residents. Fledgling to experienced artists from 5 to 95 years of age can book lessons with mom, Amy, or her twin daughters, Allison and Holly, all of whom are ready to bring out their students' unique artistic talents. "I love putting my heart into drawing or painting and helping others to do the same," Holly said.

Amy's artistic talents are expressed in oil on canvas, pastels, chalk and acrylics. Holly enjoys working in pastels and also produces black and white and colored pencil drawings. Allison works in acrylics and pastels and enjoys the world of abstract art. "I like the different colors, their brightness and the uniqueness of abstract art," Allison stated. Graham Family

Art specializes in portraiture, animals, nature, scenery and faith-based artistic creations.

"We want to help people who want to learn by showing them how to bring out their own unique artistic skills and abilities," Amy said. "I think of our business as a ministry of sorts." Taking their mission into consideration, Graham Family Art keeps their prices affordable, whether teaching private lessons or lessons in groups of up to four students. Students may use their own art supplies or Graham Family Art will supply everything so new-to-the-art-world students can try different mediums and find their niche without investing heavily in supplies. If students are not feeling particularly inspired during a lesson, they can find their next creative idea within the extensive photo collection offered by Amy, Allison and Holly. "We challenge

students to just paint. If they 'mess up,' we can help them 'fix up.' The idea is to have fun," Amy said.

Amy is a hometown product of Corsicana. Her parents are Jack and Lou Cook, and her grandfather is Barney Cook. The Graham family moved to Corsicana and started their business in June 2014 when dad, Richard Graham, retired from the U.S. Army. Their Army life took them to Ft. Bliss, Texas; Ft. Carson, Colorado; and Ft. Gordon, Georgia. It was during their last posting that Amy and the girls took art lessons. Proof of talent and successful lessons came when Allison won Best in Show and First Place at the Georgia State Fair. "I've always been interested in art," Amy recalled. Richard does the paperwork and handles the accounting for the business.

"I love putting my heart into drawing or painting and helping others to do the same."

Since Allison and Holly are homeschooled by Amy, the family quickly connected, following their move, to a Corsicana area homeschool group. By August 2014, they were teaching art classes within the group. Amy, Allison and Holly were featured Warehouse Living Arts Center Gallery artists during January-February 2015.

"We love being near family and enjoy Corsicana's small-town feel," Amy stated. The family volunteers their artistic talents at the Beach Club sponsored by their church, Believer's Bible Church and volunteer at the Food Pantry once a month. Allison and Holly have an additional part-time job — as babysitters at their church. "We enjoy working with children," the girls both agreed. Amy "craves" singing and was worship leader in her Georgia church. She participated in the Living Christmas Tree at Corsicana First Baptist Church in 2014.

But the best times are spent in the art world. "We connect and are on the same level of understanding then," Amy said proudly. **NOW**

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Volunteers with the Liz Gillespie Genealogy Room help research African-American heritage roots at the Corsicana Public Library.



Jeremy Cobb presents Chris Fields (L) and Burt Maddox (R) lifesaving awards from the Corbet-Oak Valley VFD.



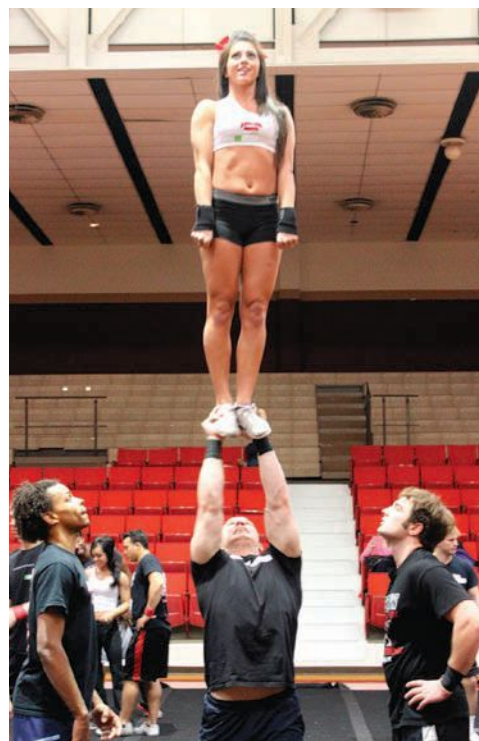
ReBecca Steglich displays her board of cancer ribbons at an American Cancer Society fundraiser.



Cate Harris and her blue ribbon steer represent Blooming Grove FFA during the Navarro County Youth Expo.



Dana Stubbs listens as Lynn Taylor, president of the Corsicana State Home Alumnae, speaks to the Navarro County Genealogical Society.



Navarro College cheerleaders set the bar high at their recruiting clinic.



The kids are ready to ride at the Tour of Corsicana bike event.



Director Paul Phelan and librarian Lisa Magenheimer of the Corsicana Public Library receive a \$3,000 donation to the library's 2015 summer reading program from K.C. Wyatt and Les Leskoven of Community Bank and Trust.



Live music sets the beat for Second Saturday's Tunes, Trucks & Rods.



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Four Ways to Help Teens Establish Credit

Even before they're old enough to get a credit card or apply for a loan, teenagers can get a head start on developing a strong credit history. Here's how to help your teen get started.

Encourage your teenager to get a job. Your teen will be more invested in managing his or her money if it's hard-earned. And holding down a job reflects favorably on your teen's responsibility.

Open checking and savings accounts. Responsibly managing and maintaining these basic accounts will show a financial institution that your teen can handle money. If the account comes with a debit card, your teen will get a feel for using a card for transactions.

Consider putting one of your household bills in your teen's name. Have him or her pay the bill. Even if you're helping to supplement the payment, having the bill in your teen's name establishes a payment record. You also can add your teen as an authorized user on your credit card. Your teen receives a card in his or her name, and any purchases go on your account, which allows you to closely monitor spending habits. And,

purchases and payments made under your teen's name will be recognized on his or her credit report.

Obtain a secured credit card. These cards can be put in your teen's name. Make the initial deposit together, which is the credit limit for the account. Then he or she uses the card to demonstrate expenses can be handled and payments made on time.

Monitor your teen's activities as he or she gets into the credit habit, allowing more flexibility as responsibility is demonstrated. Once several months of purchases and payments are under your teen's belt, access his or her credit report and review it together to make sure everything is correct. Learn more teen money management tips from the Federal Deposit Insurance Corporation. **NOW**

Lynda Housley is a State Farm agent based in Corsicana.

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Hope for Clearer Skin

— By Betty Tryon, BSN

Some things cannot be changed, but acne doesn't have to be one of them. Getting rid of it may be a challenge, but it is possible. Acne is a skin condition that is very common in the U.S. and usually occurs during adolescence. When the sebaceous glands (oil glands) over-excrete sebum (oil), the pores can become clogged with sebum and dead skin cells. When bacteria get in and find a favorable place to multiply, you have the beginning of acne.

Acne can become quite severe and leave the face scarred. The best option is to begin to treat it early and lessen the chance of any lasting physical damage. It can appear on face, neck, shoulders, chest and back. Acne is not just pimples but can be a combination of blackheads, whiteheads, papules, pustules, painful clogged pores beneath the skin called nodules or cysts, which are pus-filled lumps larger than pimples.

Zealous efforts to get rid of acne can actually make it worse. Scrubbing can aggravate the condition by irritating the skin. If washed too frequently, the skin can dry out and trigger the glands to make even more oil, which could lead to increased acne. If you use a washcloth to clean your skin, use a clean one every day to avoid a buildup of dirt and bacteria being rubbed back onto your skin. Scrubbing pads, sugar scrubs or

cleansing products that promote exfoliation should only be used once or twice a week. Clean skin gently with mild soap or cleanser and water.

Pay attention to things that touch your face, such as hair or your cell phone. Try to keep hair as clean as possible, particularly if you have oily hair. Clean your cell phone according to the manufacturer's instructions. Keep your hands away from your face. Avoid popping, pinching or manipulating pimples. Be aware that hormones, such as changes seen in adolescents or during pregnancy, can trigger an outbreak of acne or exacerbate an existing one.

Mild cases of acne usually can be treated with over-the-counter products that contain the ingredients benzoyl peroxide or salicylic acid. If the acne is severe, then it's time for a dermatologist. There are many treatments available that offer hope of clearer skin, such as stronger medications, chemical peels, laser treatment and extraction of troublesome cysts. It is important to note acne will not clear up overnight. Consistent attention to detail will quite possibly win the day. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

May 1

Corsicana & Navarro County Chamber of Commerce 2015 Annual Golf Classic Tournament: 11:00 a.m. registration, Corsicana Country Club. The tournament is a four person scramble. A Putt-Off has been added this year. For more information, call (903) 874-4731.

May 1 — 9

On Golden Pond: Warehouse Living Arts Center. For more information or to reserve tickets, call (903) 872-5421.

May 2

Relay for Life 2015: 3:00 p.m., Mildred High School stadium. This fundraiser benefits Navarro County residents who are on the cancer journey. For more information, visit www.relayforlife.org.

Great Balls of Fire featuring Pete's Dueling Pianos: 6:00-11:00 p.m., Cook Center. This Immaculate Conception Catholic Church fundraiser will include dinner and live and silent auctions. For more information, call (903) 874-4473.

May 4

Piecemakers' Quilt Guild meeting: 9:30 a.m., Westhill Church of Christ Fellowship Hall. There will be drawings for door prizes, and members and guests will play Quilting Bingo. There will be a Show and Tell and business meeting. Bring a sack lunch and stay for the Sit and Sew. For more information, visit pqgcorsicana.com.

May 8

Navarro County Retired Teachers Association meeting: 11:30 a.m., Northwest Apartments Community Center. A catered lunch will be served and incoming officers will be installed. All retired school personnel are invited. For more information, or to make confirmed reservations by **May 4**, contact Kathy Huffman at (903) 654-2849.

May 8, 9

1865 Sesquicentennial Confederate Symposium: Chatfield. This event is co-sponsored by the Hodge-Martin-Chatfield Historical Museum; the Texas Division, Sons of Confederate Veterans; and William Henry Parsons Camp No. 415, SCV. It will include exhibits, vendors, a catered lunch, and a reenactment of General Shelby's Last Review of the Confederacy at 1:00 p.m. on Saturday. For more information, contact Rob Jones at (903) 654-2066 or email shadows1865@msn.com.

17th Annual Corsicana Airshow: 9:30 a.m.-4:00 p.m., Navarro Municipal Airport. Tickets are \$10 per person, \$20 per car and free to veterans, active military personnel and their families. Rides will be available in several war birds. Vendors will be onsite. Bring lawn chairs. For more information, visit www.coyotesquadron.org or call (903) 467-7170.

May 13

"Rock Wall" Genealogy Search: Noon-1:00 p.m., Nancy Roberts Room, Corsicana Public Library. Bring a sack lunch and a genealogy research problem. For more information, call (903) 654-4808.

May 16

Dentistry From the Heart: 7:30 a.m. registration, Navarro Dental Center, 1661 W. 2nd Ave. The staff of Navarro Dental Center will provide a choice of a free filling, extraction or cleaning to adults age 21 years and older who can't get dental care elsewhere. Patients will be seen on a first-come, first-served basis with the first 50 patients guaranteed to be seen. For more information, call (903) 872-1661.

The Kinsloe House Floriade Garden Tour: 10:30 a.m.-4:00 p.m. Beautiful private Corsicana home gardens will be open to the public. Participate in wine tasting, mini-seminars, outdoor cooking demonstrations and special tea demonstrations. A boxed lunch will be available at the Kinsloe House for \$8.50. Tickets for the garden tour are \$25. For more information, the complete schedule or to purchase tickets, visit www.thekinsloehouse.com or email thekinsloehouse@gmail.com.

When Are We Going Home Ministry Family Fun Day: 10:30 a.m.-1:30 p.m., 4719 NE CR 1040, Rice. This event is free and open to all medically challenged, special needs, disabled children and foster children and their immediate siblings up to 21 years of age. Lunch will be provided. Reservations are necessary. For more information or to RSVP, call (903) 422-6120 or (903) 467-4462 for lunch.

G.W. Jackson Heritage Rodeo: gate opens at 6:00 p.m., Navarro County Youth Expo. Admission is \$12 per person. For more information, contact Charles Betts at (903) 654-4279.

May 19

Vietnam Veterans of America, Chapter 1009 meeting: 7:00 p.m., LaPradera Restaurant. For

more information, email Roy Messick at roy.messick@gmail.com.

The Texas Tenors: 7:30 p.m., The Palace Theatre. These tenors have brought their vocals, humor and cowboy charm to folks around the globe. For more information or to reserve tickets, call (903) 874-7792.

May 21

Pioneer Library Club meeting: 4:00 p.m., Kerens Library. For more information, call (903) 396-2665.

May 22

49th Annual National Polka Festival: Ennis. For full details, maps, band schedules, etc. call (972) 878-4748 or visits www.nationalpolkafestival.com.

Byron Haynie & Faster Horses: 7:00 p.m., The Corsicana Opry. For more information, call (903) 872-6779.

May 23

The World Famous Platters Branson Tribute Show with Michael Hix & The Amazing Made in Texas Show Time Band: 3:00 p.m., The Palace Theatre. For more information or to reserve tickets, call (903) 874-7792.

Oakwood 2015 Odyssey: 5:30-8:30 p.m., Oakwood Cemetery. This guided walking tour will cover a historic section of Oakwood Cemetery. Tickets are \$10 per person. For more information or to book first come, first served tickets, call (903) 654-4808.

May 26

Corsicana Newcomers' Club: 11:00 a.m., Kinsloe House. Judith Steely will give an overview of the preservation of the courthouse and other notable buildings in Corsicana. For more information or confirmed reservations, contact Annie Avery at (714) 345-6707.

May 30

2nd Annual Rockin' for all 3 Fundraiser: 5:30-9:30 p.m., The Palace Theatre. Kick-off the summer with music by Ray Wylie Hubbard, BBQ and a western art show while supporting the Palace Theatre, Warehouse for the Living Arts, and Navarro Council of the Arts. For more information, call (903) 874-7792.

Submissions are welcome and published as space allows. Send your current event details to virginia.riddle@nowmagazines.com.



In the Kitchen With Angela Montfort

— *By Virginia Riddle*

May is the month to celebrate mothers, and Angela Montfort, a mother and stepmother to five children, learned how to cook for a family early in life from her grandmother. “My parents lived in Mildred but worked in Dallas, so I was always ‘mom’ to my four siblings,” Angela said. She also learned a lot from her CHS home economic classes and food presentation skills were gained during her 4-H days.

This busy mom works part time for the city of Mildred and part time for Angelita Vineyard & Winery. “I cook the night before when I know I will get home late. I have fun tweaking recipes and having people enjoy the results. I’m always trying to ‘one-up’ myself.” **NOW**

Creamy Chicken Enchiladas Verde

- 1 cup sour cream**
- 1 cup tomatillo salsa**
- 1 small onion, chopped**
- 2 cloves garlic, minced**
- 2 tsp. oil**
- 3 cups cooked chicken breasts, shredded**
- 1 1/2 cups Kraft Touch Of Philadelphia Natural Mexican Style Four Cheese Shredded Cheese (divided use)**
- 1 4-oz. can chopped green chiles, drained**
- 8 flour tortillas (6-inch size)**

- 1.** Blend sour cream and salsa.
- 2.** Stir onions and garlic in oil in a large skillet on medium heat 4-5 minutes or until onions are crisp-tender.
- 3.** Add chicken, 1 cup sour cream mixture, 1 cup cheese and chiles; mix well.
- 4.** Spoon about 1/3 cup chicken mixture

- down center of each tortilla; roll up.
- 5.** Place seam-side down in 13x9-inch baking dish pre-coated with cooking spray.
 - 6.** Top with remaining sour cream mixture and cheese; cover.
 - 7.** Bake at 350 F for 15 to 20 minutes.

Summer Steak Salad

Yields 4 servings.

- 3/4 lb. beef sirloin steak (1/2-inch thick)**
- 1 tsp. cracked black pepper**
- 10 cups torn romaine lettuce**
- 1 large tomato, wedged**
- 1 small zucchini, sliced**
- 1/2 cup red onion, slivered**
- 1/2 cup lite Thousand Island dressing**

- 1.** Heat grill to medium-high.
- 2.** Sprinkle steak with pepper.
- 3.** Grill steak 5-7 minutes on each side to desired doneness; cut across grain into thin slices.

- 4.** Toss steak slices with all remaining ingredients except dressing. Add dressing, mix lightly.

Smoked Salmon and Goat Cheese Bruschetta

Yields 4-6 servings.

- 8 oz. cream cheese, softened**
- 4 oz. goat cheese, softened**
- 1 clove garlic**
- 1 Tbsp. chives, finely chopped**
- Salt and pepper, to taste**
- Softened butter, to taste**
- 12 slices baguette**
- 4-6 smoked salmon fillets**

- 1.** Using an electric mixer, combine the cream cheese, goat cheese, garlic and chives.
- 2.** Add salt and pepper; set aside.
- 3.** Preheat oven to 400 F.
- 4.** Lightly butter one side of each baguette slice; arrange butter side down on baking sheet.
- 5.** Bake 5-7 minutes or until lightly toasted; allow bread to cool slightly.
- 6.** Layer on goat cheese mixture and smoked salmon. Garnish with additional chives if desired.

Sausage and Spinach Fettuccine

- 1/2 lb. fettuccine, uncooked**
- 1 6-oz. pkg. baby spinach leaves**
- 3/4 lb. Italian sausage**
- 1 onion, chopped**
- 1 24-oz. jar spaghetti sauce**
- 1 cup shredded mozzarella cheese**
- 1/4 cup grated Parmesan cheese**

- 1.** Cook pasta in a large saucepan according to package directions, omitting salt; add spinach to boiling water for last minute of cooking time.
- 2.** On medium heat, brown sausage with onion; drain.
- 3.** Add spaghetti sauce; cook 10 minutes stirring occasionally.
- 4.** Drain pasta mixture; serve topped with sauce and cheeses.

To view recipes from current and previous issues, visit www.nowmagazines.com.

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