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Bats and Wheels

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ON THE COVER



The Mitcham family shares their success with special kids.

Photo by Vanessa Polozola.

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Editor's Note

Hello, Granbury Family and Friends!

I can't imagine a better gift than motherhood, even when raising children seems like anything but a gift. I'm blessed to have daughters who love me, in spite of many mistakes I made during their childhoods — and the ones I make even now.

A woman doesn't have to bear children biologically to be a mom. Many of you never gave birth, yet you have those who call you blessed and love you just as much. You take them into your hearts and lives, sometimes taking the place of a mom in their lives or supplementing the "real" mother's love.

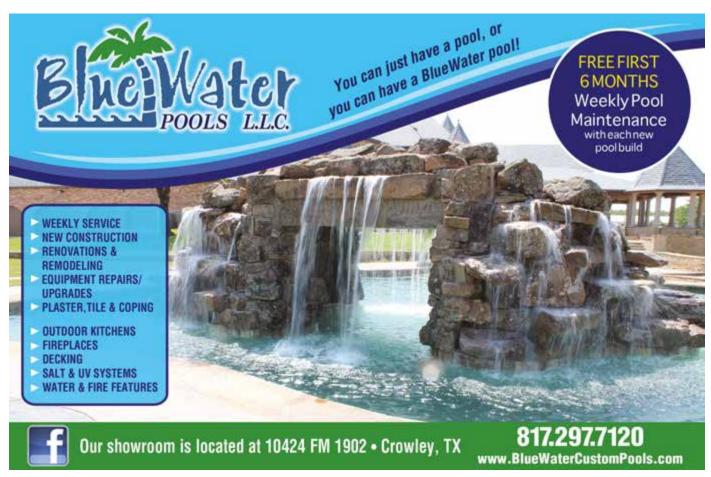
To all of you beautiful women who make a difference in the lives around you, happy Mother's Day. To the rest, honor a mother this month. I'll bet every one of our readers has at least one "mom" that changed their world for the better.

Have a great month!

[isa

Lisa Bell GranburyNOW Editor lisa.bell@nowmagazines.com (817) 269-9066





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The crack of the bat on game day is always a wonderful sound. A hush falls over the crowd. Anticipation of something wonderful about to happen flutters on the breeze when a child rolls up to the plate in their wheelchair or gripping a walker. A buddy waits close by, eager to assist the batter. Sometimes, the struggle of just getting up to the plate is evident, but the miracle happens when a child runs the bases, as the crowd, like an angel throng, cheers him to finish strong.

Steve and Darlene Mitcham have created this baseball heaven at their home. The Miracle League of Granbury takes away the barriers that keep children with mental and physical disabilities off the baseball field. It's more than baseball. The Miracle League is about making new friends, building self-esteem, changing lives and being treated just like other kids.

Many years ago, Steve and Darlene had a vision to one day do something for a Christian camp to benefit the kids. They prayed about it with their three children. Steve admitted he did not really know what to expect, and he put the request on a shelf. Soon thereafter, their family was led to sell their home, in faith, to invest in a business venture. The venture turned out to be successful.









They were blessed and bought a home with room to grow on many acres.

Steve was the driving force for the first baseball field he built in 2011. "It all started when my sons were playing baseball, and we drove three hours round trip for lessons and practice. When our 11-year-old wanted to play baseball, I decided to build a field because there wasn't one available close by," Steve said. Steve did not want to continue wasting hours in the car that could be dedicated to practice. He started the Texas Edge Select Baseball team. The basketball gym next to their home was converted into practice facilities, offices and a pro shop.

"The Lord blessed us, and we have been able to build several fields up to code to be used by leagues in the community of Granbury, as well as high school teams," he explained. Presently, there are five baseball fields at the Mitcham residence, with a concession stand and restroom facilities. There are 15 batting cages and four pitching tunnels available in the converted gym. Private

lessons are taught by coaches who all have collegiate or professional experience.

Steve and Darlene saw a need to reach special needs children who wanted to play. "We were able to revisit the prayer we had spoken so long ago and make it a reality," Steve said. The most current field, which was completed in January, was dedicated to the Miracle League of Granbury and is the field of their dreams. "The Miracle League promotes the health and wellbeing of individuals with disabilities, while educating the public and promoting a greater understanding of matters concerning individuals with disabilities," as stated on their brochure.

"The field has a rubber texture on top so wheelchairs, crutches and people with disabilities of all types can move easily," Darlene said. "The bathroom and concession stand are handicapped accessible also." Steve and Darlene have worked hard to create an inclusive environment. "We encourage guests of the community and want them to come and enjoy the experience," Darlene added.

"It is great when the kids see outside themselves," Steve said. "This atmosphere helps kids cope better with stress and become aware of others. And their smiles will tear you to pieces." Some children need a Buddy to help them navigate around the field. The volunteer Buddy will sit with them and cheer them on. They help steady the batter and help them progress to each base. "I'd love to get high school students from Granbury and Stephenville to agree to be Buddies," Steve said. "I also like it when the players from my select team volunteer to help. They get to see some awesome determination from these kids.

"Our goal is to grow in numbers and awareness," Steve said. "I'd love to have









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five teams of 10 players each someday." The games are lively. The announcer, Johnny Pierson, cuts up with the kids and always makes it fun for them. There is no strategy or score kept. The crowd, parents and kids just have a great time playing baseball. "It is as much like a [typical] team as possible. The kids get jerseys, hats, equipment and trophies," Steve said. A section of the Pro Shop is dedicated to the Miracle League, and anyone can support the team when they buy T-shirts, caps or rowdy rags or donate to the cause.

Community awareness is important. "It is a lot bigger than people think," Steve said. "After people come see it for themselves, they always ask what they can do to help." The volunteers from the community keep the games going. Steve and Darlene are always looking for Buddies, coaches, team moms and concession stand workers.

"I had the opportunity to combine two of my loves - baseball and business," Steve said. "I want local professionals to feel like they are truly part of the community by being involved in the Miracle League. It really does build connections in so many ways."

The Miracle League of Granbury started its first official season in March with an open house for the community complete with a trial game. Ten regular season games started in April and will continue through June. Participants of all ages can sign up at any time to come join the fun, as they experience America's favorite pastime. Every child deserves a chance to play baseball, no matter what life has dealt them. The Miracle League is providing that chance and so much more. NOW

Editor's Note: For more information, visit www.MiracleLeagueofGranbury.com.



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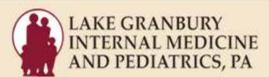
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Glenda Sargent stood in the living room, which would soon belong to her and her husband, Garland. Looking across the empty room to the backyard and view of Lake Granbury, she sang "Amazing Grace." Her sweet voice bounced off the ceiling and walls, responding to incredible acoustics.

Throughout the home, Glenda displays signs of faith, including crosses, wall hangings and the fleur-de-lis design. Filled with rich wood, natural colors and light, the home exudes warmth, comfort, peace, freedom and fun.

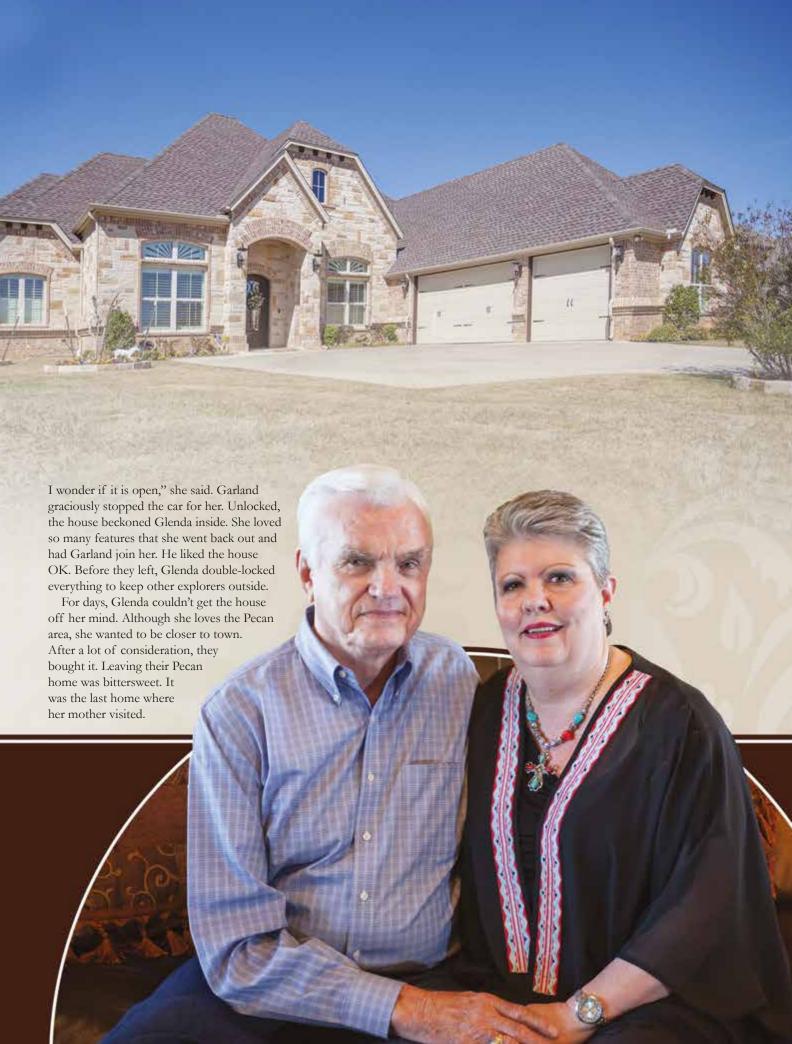
Garland and Glenda lived in Stephenville, where they ran a successful insurance agency, until about 15 years ago. They had a beautiful home beside her grandparents' old house, where her mother still lived. After Glenda's father passed, she looked out for her mom. Then one blustery day, her mother ventured out to get the car inspected. Driving home, the windows fogged up. A head-on collision with a truck landed her in the hospital, and eventually, at a nursing home in Glen Rose.

"I couldn't stand it," Glenda said. "We were very close. I'd give anything to be the Christian lady she was." To take better care of her mother, they relocated their business and moved to Pecan Plantation.

About three years ago, the couple headed to a movie. With almost an hour to kill, they enjoyed a drive. In one neighborhood, a new house drew Glenda's eye. "We had just done some extensive work in our home and had no intention of moving," she said. But the house captured her attention. "I really like that house.









The new home fit them perfectly, even more than Glenda first imagined. The front displays a lovely sunburstcovered transom above large windows. Glenda's office sits inside the front door. She spends her time singing with Heritage Harmony Trio. They perform gospel, blue grass and oldies at many venues. Nursing homes are her favorite, but they recently performed at the Fort Worth Stock Show and will do so again in 2017. "I wanted to be a gospel singer since I was 12," she said. "Garland is so supportive." As a child, she practiced by singing to her dolls and using her grandfather's claw hammer as a "microphone."

Garland's office, located in a back room, includes a large window, giving him a view of the water. He especially loves that about his office. He still owns the accident part of the insurance agency, although they sold the rest of the business. It keeps him busy. While Glenda's office stays neat and tidy at all times, Garland likes to spread out while working.

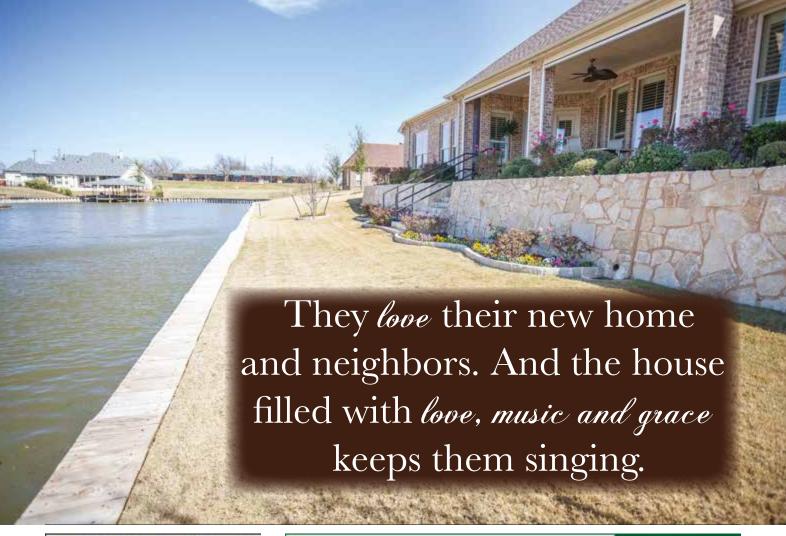
The formal dining room features a large, intricately carved table. With somewhat of an open view, it feels very























inviting from the moment of entry. Columns and arches give the home an elegant feeling.

The family spends a good deal of time in the living room, which has an opening that connects it to the kitchen and informal dining area. The most dramatic feature of the living room is the wall of large windows looking out to the backyard. The curved glass design gives the home a unique atmosphere. The shelves flanking the fireplace and large television are one of many builtin features. They already owned a large sound system. Cabinets hide the large speakers and additional smaller ones grace the ceiling. Glenda converted a hall closet into the PA room. It now holds equipment, keeping the rooms tidy.

The stunning kitchen has a stone backsplash, granite countertops and a massive island. One side makes a great breakfast bar. Often, Garland and Glenda enjoy meals there. The other side houses a small sink and drawers. One of the distinctive features of this room also lives in the island. A drawer pulls out, which is actually the microwave. "I thought it was a warmer, honestly," she said. "T've never seen anything like it." In the cabinet above double ovens, vertical spacing boards provide more than enough room to store pans.

The informal dining area also looks out to the back, creating a peaceful ambience to what they affectionately call 'the 42 room.' While the trio practices, their spouses gather around the table for a game of 42. Having been together for six years, the couples are more like family.

A split-bedroom floor plan became a true blessing a year ago when their 18-year-old grandson came to live with them. A Jack-and-Jill bathroom lies between Garland's office and Bryton's bedroom. By closing the door, both have



the privacy they need. Glenda enjoys having her grandson there. "He brings a sweet dimension to our home," she said. Bryton also loves music, sings and is learning guitar.

On the opposite side of the house, the master bedroom holds an immense, stunningly carved four-poster bed. A sitting area waits near the windows and a door opens to the patio.

Entering the master bathroom feels like a relaxing spa getaway. With divided sinks on each side of the room, the archways and natural tile add charm. The toilet is enclosed for privacy, and the tub lies beneath a shuttered window. Lighted glass blocks provide the perfect soft glow for nighttime. The huge shower commands a room of its own, set apart from the rest of the bathroom.

Glenda's all-time favorite room is actually the garage. Well-insulated, a finished floor and crown molding make the area surprisingly versatile. By adding the mini-split, a high-efficiency ductless cooling and heating unit, they easily control temperatures. Often, they back out the cars and transform the space into an instant party room.

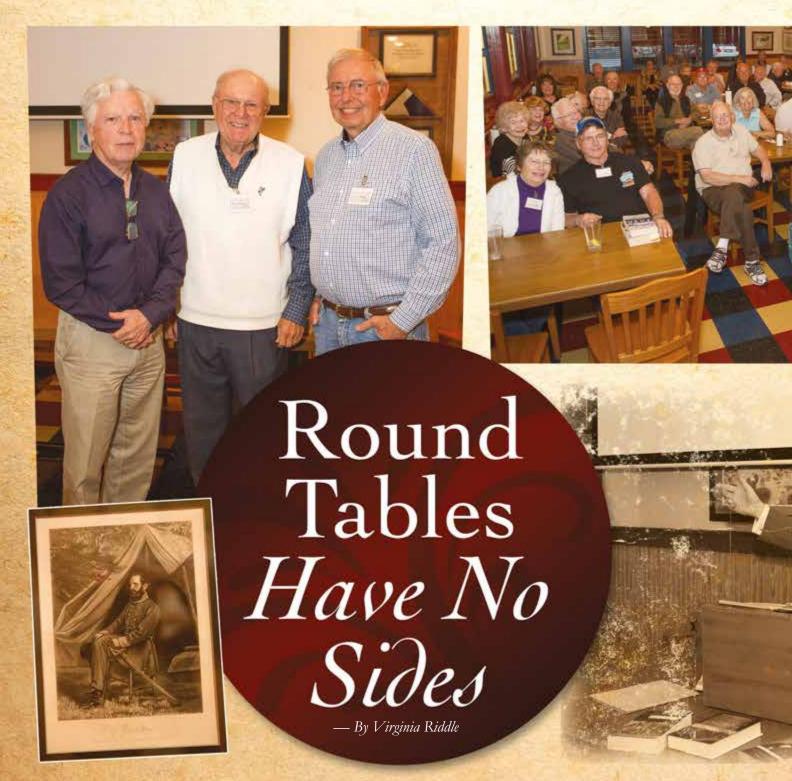
To their surprise, the garage acoustics sound even better than the house. Although Glenda originally planned to use her office or the living room for rehearsals, most of the time they retreat to the garage.

Neighbors know when it is rehearsal night and don't seem to mind. Some come over to listen at times, but the group is serious about perfecting songs. It seldom sounds like a concert.

Glenda and Garland opened up their garage for a neighborhood party, bringing out karaoke. They love their new home and neighbors. And the house filled with love, music and grace keeps them singing. NOW







"History with its flickering lamp stumbles along the trail of the past, trying to reconstruct its scenes, to revive its echoes, and kindle with pale gleams the passion of former days," according to the famed historian and former British Prime Minister Winston Churchill. He could easily have been describing the fascinating speakers who spark discussion at the monthly meetings of Granbury's North Central Texas Civil War Round Table. "We admire the spirit of the men who fought," President Ray Ashley said.

"It's easier to tell people what we aren't rather than what we are," Ray added. "We are not re-enactors, and we don't take sides. We study the Civil War from all angles and welcome everyone regardless of creed, race, national or regional background. We are not a partisan-driven organization."

The one thing that all members and guests have in common is their interest in Civil War history. Gary Nelson, treasurer of the group, cites his childhood days spent growing up in Illinois. "My family was always interested in history and politics," he said.





Ray minored in history while in college at the University of Maryland, College Park. "Like many at a young, impressionable age, I read Mr. Lincoln's Army by Bruce Catton," David Sanderford, the founder of the group, said. "I had researched family relations through the Texas Archives and had been a member of another round table elsewhere." All three members agreed that the "richness and charismatic nature" of Civil War battlefields located within a day's drive is another factor spurring

















interest in this period of U.S. history among members.

"There is currently an increased interest in the Civil War," Ray said. Meetings are held monthly on the second Monday of each month, September — May, at the Spring Creek Barbeque in Granbury. A social hour precedes the speaker's address, which lasts about 45 minutes. A question/answer and discussion period follows. "We encourage speakers to hang around awhile," Ray said.

Speakers address one aspect of the Civil War, perhaps a leader, battle or politician. In April, the speaker was John C. Waugh, an author and historian, who discussed Stonewall Jackson and Nathan Bedford Forest's battlefield styles. This month, Scot Bowden, another author and historian, will discuss the events of the first day at the Battle of Gettysburg.

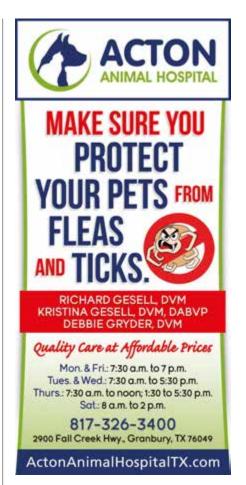
The group has organized tours of the Pearce Museum in Corsicana and the Texas Civil War Museum in Fort Worth. Also, members work with other round tables in Texas, especially the Fort Worth Civil War Round Table, and coordinate

with the Texas Civil War Museum in Fort Worth to schedule interesting and knowledgeable speakers. Dutch Wilkinson, owner of Plantation Inn, is the round table's hospitality chairperson. "He 'comps' overnight accommodations for speakers and makes the lobby available for receptions," David offered. Since the round table is a nonprofit organization, members pay annual dues of \$25 for individuals and \$30 for families. Speaker fees and travel expenses are paid through speaker sponsor donations. Funds are also raised through raffles at the monthly meetings. Ray subscribes to the Civil War Times magazine, so he donates a subscription or a book to be raffled.

"We are loosely organized at the national level," David said. "There's no one sanctioning body, so every round table looks and feels a little differently." David attributes the growth of the group to Ray's style of shared leadership during his three-year presidency. "Ray developed a steering committee to broaden leadership," David explained.

Founded in May 2011 with a meeting at David's home, consisting of a few people he had invited to attend, the group has grown to an average of close to 60 people in attendance at meetings. Ray and David were founding members, and Gary joined about three to four years ago. "About half of those attending are husband and wife couples, and average age is on the higher end. Most are knowledgeable, experienced genealogists, or are people who are trying to find answers to their questions about the war. We would like to get more young people from high school age and up interested in and attending the meetings," Ray said.

Locally, round table members volunteer time with other organizations interested in preserving the history of this period, such as the Bridge Street History Center Museum. Ray is a member of Hood's Texas Brigade Association and the Texas State Historical Association. Gary volunteers with the Civil War Trust, which works to save and preserve Civil War battlefields. While the Granbury area isn't "rich" with battlefields, it does have a wealth of famous Civil War leaders and personalities. Granbury is named for Confederate Brigadier General Hiram Granbury, and Hood County is named for Confederate Lt. General John Bell Hood.

















Legends exist, such as the story indicating that John Wilkes Booth, Abraham Lincoln's assassin, survived and lived in Granbury for a while under the assumed name of John St. Helen.

U.S. General Grant visited the round table during the September 2015 meeting. Played in full costume, including the general's often-pictured cigar, General Grant talked about the actions he ordered his troops to take during the period of fighting that took place from Corinth, Mississippi, to Appomattox, Virginia. General Grant was played by Dr. Curt Fields Jr., who professes to be a lifelong student of the war and General Grant. Dr. Fields also resembles General Grant in height and body style. He spoke in first person, using many quotes from General Grant's papers and memoirs.

Ray cited that the most important impact that came out of the carnage of the Civil War, the most deadly conflict in American history, was the abolishment of slavery. However, there were other longlasting effects. "The Civil War created a division in the country that still has not healed," Ray explained.

"It was also the birth of big, centralized governmental activities, but most importantly, the Civil War left scars of all types. Mending the scars during the past 150 years has been a mission for many," Gary said.

"We hope others who enjoy learning more about this period of U.S. history will join us. We meet in a very convenient location and everyone orders whatever they want from the menu. Dinner can be as inexpensive as you like," Ray said. Perhaps the most important impact of attending a NCTCW meeting is the fellowship and knowledge gained by sharing not only a meal, but also information. NOW

Editor's Note: For more information and the fall speaker schedule, visit ncentexcwrt.com.



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Exciting and Interesting

New owner, Judy Trivett, brings true pizazz to a unique resale shop. — By Lisa Bell

Pizazz — the quality of being exciting or attractive. Judy Trivett knows how wearing quality clothing makes a woman feel attractive and may bring about new vitality. She also understands wanting to wear name brands but not paying retail prices.

Judy took over the boutique in December 2015 when the opportunity to fulfill her dream opened. "It chose me," she said. "It was a God thing." She gives credit for her successful opening to friends Syndi Sevner and Carol Grossnickle, her "sisters by choice," along with support from the community and Granbury Chamber of Commerce.

Pizazz Consignment Boutique has provided a way to combine her love of the community with a love of fashions. She moved

to Granbury in 1999, and through her real estate career, quickly met new friends and business associates.

Thanks to her close friends, Judy successfully launched her vision of a resale shop featuring high-end fashions without expensive prices. Many of the consigned items are one of a kind. Some of them arrive with tags still attached, having never been worn. Pizazz carries designer brands, casual wear and more — all the way to evening and bridal wear. She also has a variety of shoes, purses, scarves, belts and jewelry to accessorize your wardrobe. Judy takes great pride in the clothing in her boutique and makes sure that the consigned items meet her standards before they are offered to her customers.

Business NOW

At Pizazz, a woman can come in and take pride in her purchase — that perfect outfit, which makes her feel great. As a single mom, she learned about resale shops early on, which helped her dress professionally. Now, she adores helping someone find the best choice at an unbelievable price.

"Keep an open mind. Then walk out with a little more pizazz than you had going in."

When entering Pizazz, a shopper feels like she walked into an expensive boutique with clothes sorted by style and/or colors. Displays catch your eye and offer ideas for great looks. Music plays in the background — soft, yet upbeat. This isn't a place of dullness, but rather an experience in having personal attention to find what you need or freedom to browse and discover what you didn't even know you wanted. Because Judy knows her inventory well, she can offer assistance for the busiest woman who has little time to look. And the prices are easy on your budget.

Judy has future plans for more displays and a sitting/waiting area with a coffee bar. Where she goes will prove interesting. She also plans to establish a profile program, built on what women purchase, allowing her to help regular customers better. She looks forward to having events like "women's nights," when she will stay open later, theme days and jewelry shows. "The possibilities are endless," she shared.

Shopping at Pizazz can become addictive. With Mother's Day coming soon, why not check them out? Judy will be glad to help. "Keep an open mind," she said. "Then walk out with a little more pizazz than you had going in."







Around Town NOW



Zach and his big brother, Hayden, play with Laila and Dixie at the dog park.



The Pirates clinch the district soccer title.



Ginger Strange enjoys an evening of music with the Double JR Band.



Bill Coward, Dan Evans and Don Bell enjoy the warmth of the fire during General Granbury's Birthday Celebration.



Volunteers teach children about feeding birds at Action Nature Center during birdfest.



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Protecting Our Four-legged Friends

— By Rachel Smith

The unending search to find homes for unwanted or abandoned animals breaks the hearts of pet lovers. Most people have a tender spot toward animals, but as much as they love pets, many cannot afford them, or aren't capable of owning them. Humane societies euthanize animals on a regular basis due to the overwhelming number of animals that run away from home or are left by their owners each year. Pet overpopulation occurs on a large scale, and the costs for pet care can skyrocket when unplanned litters arrive. A female dog, with her offspring, potentially produces hundreds more puppies within seven years. A female cat, with her offspring, potentially produces thousands more kittens within seven years. However, there is a solution to the chaos.

Many people overlook the benefits of spaying or neutering their pets, which can reduce overcrowding in homes with animals. Some pet owners view spaying and neutering negatively, yet this procedure can enhance your pet's behavior and lifespan.

According to Spay USA, there are numerous advantages to having this procedure done: "Benefits of Spaying (females):

- No heat cycles, therefore males will not be attracted.
- · Less desire to roam.

- Risk of mammary gland tumors, ovarian and/or uterine cancer is reduced or eliminated, especially if done before the first heat cycle.
- Reduces number of unwanted cats/kittens/dogs/puppies.
- Helps dogs and cats live longer, healthier lives. Benefits of Neutering (males):
- · Reduces or eliminates risk of spraying and marking.
- Less desire to roam, therefore less likely to be injured in fights or auto accidents.
- Risk of testicular cancer is eliminated, and decreases incidence of prostate disease.
- Reduces number of unwanted cats/kittens/dogs/puppies.
- Decreases aggressive behavior, including dog bites.
- Helps dogs and cats live longer, healthier lives."

One reason people refrain from spaying or neutering their animals is out of fear that they will lose them during surgery. However, this procedure is very routine and humane. Spaying and neutering keep the pets out of danger from severe issues that are liable to pop up in their later years. Veterinarians say spaying or neutering pets up to their eighth week prevents various reproductive cancers, such as prostate or breast cancer. Males, if neutered, are less aggressive toward other animals and people. If spayed or neutered, a cat will have less of a





need to spray. The cost for an animal to have this procedure is significantly less than the cost to fix the damages caused by misbehavior and supporting a litter of kittens or puppies, plus the extra expenses required to find homes for them. Yes, spaying and neutering may be an unworthy expense in the eyes of some, but it can provide positive changes to a pet's life.

If you are considering adopting a pet, it is important to remember that each animal has unique needs depending on its environment. Costs for a pet can be extensive if a future owner is not careful. It is important to fully understand the breed of dog or cat you plan to adopt, and what its strengths and weaknesses may be. Take the necessary effort to research what is needed to support them. Some animals attract fleas, require more attention or may not be suitable for the living space an adopter has. Making sure to meet their exercise and food intake needs is also imperative. Visit your local veterinarian for more information on how to go about properly caring for your pet or planning for your next one.

Sources:

- 1. http://www.snapus.org/spay-neuter-facts/overpopulation-facts.html.
- 2. http://www.spayusa.org/benefits.php.





Fibromyalgia Help

— By Betty Tryon, BSN

Fibromyalgia was a perplexing illness. Those afflicted complained of chronic fatigue and debilitating pain deep inside their bodies. There was no lab test to point to a specific illness, so sometimes, it was all chalked up to one of two things — either the patient was faking, or it was all in their head. Although the symptoms of fibromyalgia syndrome were identified as early as the 1820s, it was not until the late 1970s that the term *fibromyalgia* was given to the condition.

The most common symptom of fibromyalgia is pain in muscle tissue. According to the Arthritis Foundation, "Fibromyalgia pain has been described in a variety of ways, such as burning, aching, stiffness or soreness. It often varies according to the time of day, activity level, weather, sleep patterns and stress. Many people with fibromyalgia say that some degree of pain is always present, although the pain can come and go. For some people, the pain may be quite severe." Distinctive to fibromyalgia are specific tender pressure points located all over the body. Having at least 11 of these pressure points usually points to fibromyalgia.

Along with pain, sleep problems, fatigue, anxiety and depression are familiar complaints. The fatigue experienced with fibromyalgia is different. It can be overwhelming, limiting and chronic. A night's rest doesn't help. Sleep problems could include difficulty in falling asleep and a disruption in the sleep phase called deep sleep, where the body's restorative operations take place. Anxiety

and depression are common bedfellows with illnesses that can be debilitating in activity and pain.

There is no definitive laboratory test or X-ray one can take to diagnose this syndrome. Diagnosis is made from your presenting symptoms, medical history and ruling out other diseases that could cause the same symptoms you experience. There is no cure for fibromyalgia. A person will always have this, and there will be good days and bad days. To enjoy life is to maximize the good days.

On those days when life is too difficult, it is beneficial to already have a plan in place. Mobilize your support system for meals and chores. These can be family members, volunteers or paid help — even after-school help from a teen. Take the time to indulge yourself with a comedy or a book you've been meaning to read. Avoid online chat groups that focus on the pain and suffering of your condition. Utilize those who have a positive bent and encourage coping techniques. Try yoga's deep breathing and stretching practices. People of faith may find comfort in prayer. If you have fibromyalgia, difficult days are unavoidable, so master your coping strategies to get through the day.

Source: http://www.arthritis.org/about-arthritis/types/fibromyalgia/symptoms.php.

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.







May 5

Newcomers monthly meeting: 9:30 a.m.-1:00 p.m., DeCordova Country Club. We'll distribute funds to selected charities, install new officers and have fun playing bingo. Join us for fun, food, friends and prizes. Make reservations at (817) 243-9831 by noon, **May 2**, \$14, checks only. Visit granburynewcomers.org or call Pat Hendricks (817) 579-2637.

May 6

Melody Belles Singers of Granbury, Spring Concert: 7:00 p.m., Langdon Center Concert Hall, E. Bridge St. "Movin' and A Groovin' with The Melody Belles." Free to the public. Donations welcome. For more information, call (817) 326-2687.

May 6, 7

Granbury Theatre Co: **Friday**, 7:30 p.m.; **Saturday**, 2:00 p.m. and 7:30 p.m., Granbury Opera House. Conner Loree is Neil Diamond. Five star performance in the Tribute Concert Series. For details and tickets, visit www.granburytheatrecompany.org.

May 7

Camp El Tesoro: 9:00 a.m.-noon. 7710 Fall Creek Hwy. Come and go camp preview. RSVP at CampFireFW.org or call (817) 806-5451.

May 8

Mother May I?: 1:00-5:00 p.m., Granbury Opera House, presented by Granbury Theatre Co. A tribute to mothers and a benefit for the academy. Visit www.granburytheatrecompany. org for details and tickets.

May 9

NCT Civil War Roundtable, Granbury: 5:30-8:00 p.m., Spring Creek BBQ, 317 E. Hwy 377. Author and historian, Scot Bowden will present "Gettysburg, The First Day." Visitors welcome. For more information, visit the website at www.ncentexcwrt.com or call any officer listed on the website.

May 13

Melody Belles Singers of Granbury, Spring Concert: 6:30 p.m., DeCordova Bend Country Club. "Movin' and A Groovin' with The Melody Belles." Concert followed by dinner. Public invited. Dinner \$15, all inclusive. Call DCBE Club at (817) 326-2381 for reservations.

May 14

Acton Local Market: 8:00 a.m.-2:00 p.m., Acton Commercial District. Debut of local farmer's market. For details, visit www.actonlocalmarket.com.

May 20

DCBE - Acton VFD: 6:00 p.m. firehouse

tours, 6:30 p.m. free movie. May's family friendly feature is *The Incredible Mr. Limpet*. Hot dogs and other concessions will be available for purchase as a fundraiser. Bring lawn chair.

May 27 — 30

Field of Flags: all day, 4064 E. Hwy 377. Free community event. Purchase a flag to honor US military and first responders. For more information or to buy a flag, visit www. granburyfieldofflags.com or call (817) 776-7766.

May 28 — 30

Granbury Merchants Association: all day, Granbury Town Square. Crusin' Granbury, 50's style festival, car clubs, vendors, fantastic music including a tribute to Elvis and much more. Visit www.visitgranbury.com for details.

Ongoing:

Second Mondays

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Program followed by Q&A time. Refreshments served. Free for citizens supporting art and artists. Jeanette Alexander at (817) 578-3090.

First Tuesdays

Hood County Clean Air Coalition meeting: 10:00 a.m., American Town Hall. Recognizing the dangers high ozone levels pose, this proactive organization exists to promote clean air in Hood County. Visit www.granburyedc. com/cleanair to find out how you can help. Contact Michelle McKenzie at (682) 936-4049 or mamckenzie@centurylink.net.

Third Tuesdays

Greater Granbury Chapter of the Military Officers Association of America meeting: 6:00-9:00 p.m., Pecan Plantation Country Club. Contact Colonel Gary Proctor, USAF (Ret), (817) 894-0901, or garyproctor5455@msn.com.

Fourth Tuesdays

Texas Patriots Tea Party meeting: 7:00 p.m., Cleburne Conference Center, 1501 W. Henderson, Cleburne. www.texaspatriotsteaparty.org.

Wednesdays

Fresh Starts, Divorce Recovery: 6:30 p.m., Granbury FUMC Room #119, 301 Loop 567. This group covers all stages of separation or divorce. All ages, faiths, denominations, beliefs welcome. No cost and no pre-registration required. Childcare provided. For more information, call (817) 573-5573.

Third Wednesdays

Master Gardeners meeting: 1:00-2:00 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. For information, contact (817) 579-3280.

First Thursdays

Granbury Extension Education Club luncheon: 10:30 a.m.-1:30 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. Monthly programs cover family and consumer science topics, and community service projects are planned. For information, contact Brianne Langdon, (817) 408-0746.

Second Thursdays

Special Needs Parent Support and Networking Group: 6:15-8:00 p.m., Lake Pointe Resource Center, 1921 Acton Hwy. Parents and professionals learn, connect and share in a caring, responsive and socially supportive setting. Free. Visit www.lakepointegranbury. com or call (817) 937-4332.

Third Thursdays

Diabetes Support Group: 6:00-7:00 p.m., Third Floor Bingo Room, Lakestone Terrace Retirement Community, 916 E. Hwy 377. Free, facilitated meetings for those seeking information, inspiration and support for successfully living with diabetes. Call (817) 736-0668.

Second Saturdays

Girls Night Out: 5:00 p.m.-8:00 p.m., Granbury Town Square. Collect pink tickets for a \$100 Downtown Dollar Shopping Spree. Event includes specials, trunk shows, wine, snacks and tons of fun. Visit Girls Night Out Facebook Page for details, special sales and promotions.

Last Saturdays

Last Saturday Gallery Night: 5:00 p.m.-8:00 p.m., Granbury Town Square. At least eight galleries support the monthly event, staying open until 8:00 p.m. with "meet the artists," receptions, demonstrations, hors d'oeuvres, wine and music. Visit Galleries of Granbury Facebook Page for details.

Third Weekends

Saddle Bags Trade Daze: 8:00 a.m.-7:00 p.m., 3636 W. Hwy 377. Vendors welcome. No sales of animals except legitimate rescues. No sales of food or drinks without approval. Call Ernie Reynolds, organizer, (817) 894-8168.

Submissions are welcome and published as space allows.

Send your event details to lisa.bell@nowmagazines.com.



In the Kitchen With Liz Woolverton

— By Lisa Bell

Liz Woolverton enjoys cooking as a way to relax. "It's also a great outlet for some of my creativity," she said. She started cooking for her family at around age 12. Watching cooking shows, she picked up techniques and gathered ideas, which inspired her own great dishes. She prefers Southern comfort foods. Cooking is always a part of her large family. "Anytime we're together, it's a big production to prepare a meal. Some of my favorite memories are of the times spent together in the kitchen," she said.

Liz's friends and family rave over her beautifully decorated cakes, made from handed down recipes, which she slightly modifies. "I've made several birthday cakes, a few wedding cakes and some for other events like baby showers," she shared.

Bacon Cheeseburger Meatloaf

Makes about 6 servings.

1 Tbsp. olive oil

I small yellow onion, finely chopped

I large clove garlic, minced

1 lb. lean ground beef

1/2 cup shredded cheddar cheese

I cup herb-flavored dry stuffing mix

1/4 cup ketchup

1/2 cup real bacon pieces

2 eggs

1 Tbsp. Worcestershire sauce

1/4 tsp. black pepper

I. Preheat oven to 375 F.

2. In a sauté pan, heat olive oil. Add yellow

onion and sauté until it begins to caramelize. Add garlic. Remove from heat and set aside to cool.

3. In a large bowl, mix together remaining ingredients. Add in cooled onion/garlic mixture.

4. Mix ingredients together well. (This is easiest using your hands instead of a spoon.)

5. Press the mixture evenly into an 8x8-inch baking dish. Cook in oven for about 35-40 minutes, until internal temperature is 165 F.

Loaded Mashed Potatoes

Makes about 8 servings.

7 small russet potatoes 1 1/2 cups milk 1/4 cup unsalted butter 1/2 cup shredded cheddar cheese

1/2 cup real bacon pieces

1/2 tsp. salt

1/2 tsp. black pepper

1. Clean potatoes and cut into 1-inch cubes. Place into a large pot and cover with water.

2. Bring water to a boil and reduce heat to medium. Cook about 20-25 minutes until potatoes are fork tender.

3. Drain water and return potatoes to pot. Mash well, using a potato masher.

4. Add all other ingredients. Cook over medium heat, stirring frequently for about 10 minutes.

Black-eyed Pea Dip

2 15-oz. cans black-eyed peas1 lb. Velveeta Cheese1 cup salsa (I prefer chunky/spicy.)

1. Pour 2 cans of black-eyed peas with liquid into a slow-cooker and mash with a potato masher.

2. Cut Velveeta into 1-inch cubes and add to peas. Pour in salsa and mix well.

3. Cook on low for about 1 hour, stirring a few times until warmed throughout.

4. Best served warm with Fritos brand corn chips.

Iced Coffee

Tasty sweet treat without added sugar or high prices.

Your favorite brewed coffee

1 Tbsp. almond or vanilla extract (or your favorite flavored extract)

2-3 Tbsp. half-and-half (Substitute milk for a lower fat option.)

1. Brew your favorite coffee as usual, adding an extra 1 Tbsp. of coffee grounds. (I like to brew extra in the morning and use what's left over!)

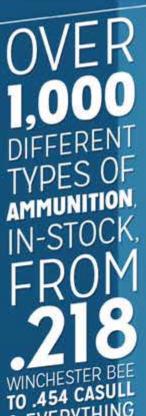
2. Pour the brewed coffee into a glass container and chill in the refrigerator at least 2 hours.

3. Fill a 16-oz. glass about 1/2 full with the chilled coffee.

4. Stir in your favorite flavored extract and half-and-half or milk.

5. Fill the glass the rest of the way with ice and enjoy.

To view recipes from current and previous issues, visit www.nowmagazines.com.



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Tri-Tex Grass

Has Deep Roots In Granbury

Tri-Tex Grass, which has called Granbury home since 2004, opens its newest grass distribution store on Saturday, May 21, at 5901 E. Hwy 377. The company, which provides and installs high-quality Bermuda grass, St. Augustine grass, buffalo grass and zoysia grasses, plans for the location to be the headquarters of its operations, which includes grass farms in Tioga, Pilot Point, Brazos Point and Bryan, TX.

Randy Price, Cliff May and Brett Brawner founded Tri-Tex grass based upon the best customer service practices, in addition to high-quality products. That simple theory has led the company to be the first choice of Dallas/Fort Worth's best builders, landscapers, golf, sports, residential and commercial clients. Tri-Tex Grass' lengthy local client base includes The Crowne Plaza Invitational Golf Tournament at Colonial Country Club, TCU and the Texas Rangers Baseball Club.



Lakewood Country Club, birthplace of the Byron Nelson.

Starting in 2004 with its first major installation at Arrow-

head Stadium, home of the Kansas City Chiefs, Tri-Tex Grass has been the company of choice for many high-profile applications, including Klyde Warren Park in Uptown Dallas, professional soccer's FC Dallas' home field at Toyota Stadium in Frisco, Lakewood Country Club golf course and even the new home of The AT&T Byron Nelson at The City of Dallas' Trinity Forest Golf Course.

While professional sports venues call on Tri-Tex to serve their needs, the company stays true to its roots by donating turfgrass to Hood County's Habitat For Humanity, Granbury's Fireman's Park and the new Animal Shelter. In 2013, when a tornado devastated the Rancho Brazos community, Tri-Tex Grass was among the many local businesses assisting residents in rebuilding their homes.

Tri-Tex Grass has also been the 'go-to' choice for special applications like installing natural turf on concrete surfaces. The company installed its sod for World Cup Soccer matches at AT&T Stadium, home of the Dallas Cowboys, and Reliant Stadium, home of the Houston Texans. These temporary installations are required as World Cup Soccer insists on having their tournaments played on natural grass playing surfaces.

Its innovative nature also helped Tri-Tex grass pioneer a newly developed three-dimensional High Performance Turf Reinforcement Matt (HPTRM) with X3® fiber technology and earth percussion anchors. The company partnered with the matt's developer, ArmorMax, to install erosion control for a man-made



JaMur* Zoysia is a great choice for residential lawns.

lake at Greystone Castle Sporting Club in Mingus, Texas.

Along with its partner company, Fortex Grass, which is located in Bryan/College Station, Texas, Tri-Tex offers many varieties of turfgrass for a variety of applications. With more than 1,000 acres of sod between its four turf farms, their home-grown inventory consists of: JaMur® Zoysia, Zeon® Zoysia, Certified Tifway 419, Registered Tifway 419, regular Tifway 419, Midiron, TifEagle and the new TifTuf Bermuda.

As one of the first to bring the new TifTuf Bermuda grass to Texas, Tri-Tex Grass believes this turf is the best choice for many applications due to its drought hardy, rich dark-green even color and fast growing characteristics. Developed by the University Of Georgia for its extreme drought tolerance, TifTuf is the perfect Bermuda grass for Texas, requiring 38% less water than other varieties.

The TifTuf variety will be grown at the newly developed farm just south of Granbury, along the Brazos River, with its first harvest as early as late summer or early fall of this year.

Tri-Tex Grass commits to staying on the cutting edge of technology and production of new grass varieties best suited for our climate and rainfall.

