MAY 2019 To Tell a Story **Filmmaker Larry Stanley** Moore enjoys producing in Store documentaries Midlothian hires its first full-time city librarian In the Also inside: Kitchen With Kids' Fun Pages Faith Martin Crossword/Sudoku Featured Business: Navarro College at Midlothian Postal CustomerECHM2S EDDW....

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ON THE COVER

Local filmmaker Larry Stanley pursues film-making dreams.

Photo by Kobbi R. Blair.

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EDITOR'S NOTE

Happy May Day!

I'm not sure if it's funny, ironic or a bit of both, that the term, "Mayday" comes to mind right about now. Not in reference to the holiday, May Day — celebrated in other countries with the coming of summer — but instead as a distress signal with the end of school drawing near. While students excitedly count down the remaining days of classes, parents may already be thinking, Mayday! as in, SOS! or more pointedly, What will I do with these kids all summer?

It may be unpopular thinking, but I'm a big fan of letting children do next to nothing during the break from structured school schedules. Not to say they neglect their chores, or, worse, their hygiene, but that they're allowed to spend their days involved in little more than imaginative play. Sure, they need some sunshine and some physical activity, but hopefully their play involves some of both of those, not to mention some relaxed reading most days. But it isn't long 'til summer break is a thing of their past, so why not let them enjoy the long, lazy days while they have the chance?

Still, if you are in parental panic mode, consider area church and school summer programs designed to keep young minds in gear, while also letting them enjoy the break. You'll find some on our calendar this month and next. But keep in mind there's nothing wrong with a bit of lazy this summer — hopefully you can enjoy a bit of it with the kids, too.

Don't distress. De-stress!





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Larry Stanley knows how to tell a story in quick fashion. However, he recommends not hurrying through his work. The local filmmaker's most recent work endeavor, Channeling Hamilton, is a documentary on one of the United States' founding fathers, Alexander Hamilton. The hour-long film can be found on Amazon Prime — free for members of the service. "There are a lot of local historians in it," Larry said. "It's basically everything you can learn about Hamilton in an hour. We got all the highlights in there."

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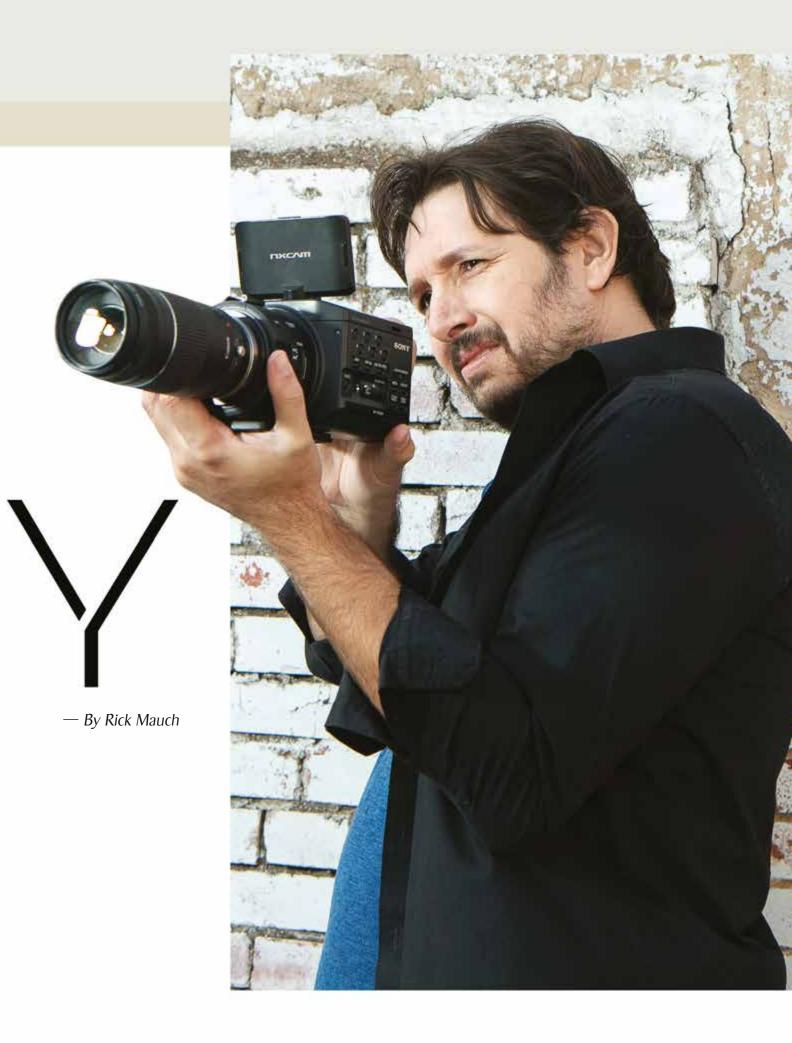
Larry did not set out to do a documentary on Hamilton, but fate lent a hand in him discovering the project. "I was doing a TV show in Irving. A lady was singing a song from *Hamilton* [the musical]. I listened to the soundtrack, and it was fascinating," Larry recalled. "I picked up a book and started reading, and I realized this guy's life was pretty fascinating."

Hamilton was the nation's first secretary of the treasury under its first president, George Washington, and founded the country's first financial system. Among his numerous other accomplishments, which included having major political influence, he founded the Federalist Party, the United States Coast Guard, and the *New York Post* newspaper.

"The experience was incredible. I have a feature film in the can, and after that I want to stick to documentaries," Larry said of the first documentary of his directing and writing career.

In fact, he's far from finished with Hamilton. "I've got three more Hamilton documentaries in hand. After that I want to do a faith-based series on the Sons of God [mentioned several times in the Bible, the first reference in Genesis]," he said.

That won't be his first biblical reference in film. His earlier works include a drama entitled *Proud Souls*. It's about angels and demons fighting on earth. He's also helmed another drama entitled *Decisions*, which deals with addictions.





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Other significant works include a science fiction film called Grey Agenda and a comedy named Mr. Happy Pants. The former is about aliens, and the latter is about a playboy about to get married, but his groomsmen hate the bride.

"They're cheesy and low-budget, but fun to make," said Larry, who also acts in his feature productions. "My budget on a feature has never been more than \$10,000. It's hard to make a film on that budget and make money, but you can sure have a lot of fun."

Actor Eddie Reed testified to that. "Larry is one of those creative people you really look forward to working with," he said. "He brings a lot of energy to his projects and doesn't let the big picture overwhelm the details. Whether a short, a documentary or a feature, Larry provides an atmosphere of creativity that involves everyone."

Larry's completed feature, The University of Las Colinas, is slated for release later this summer. The movie is about a bunch of ne'er-do-wells who meet a sleezy attorney after getting in trouble. A judge allows them to go to an online university, but the school is about to declare bankruptcy. So, they come up with an elaborate scheme to bring students to the school.

"I worked on several films and other video productions with Larry for several years, and the thing that sticks out most to me is that Larry was always throwing the long ball, so a few of our productions were incomplete passes," fellow filmmaker, Terry VanDerHeyden, said. "But most were bombs [completed long passes] that went all the way, not to mention a few Hail Marys in between."

Larry also met his wife, Carly Capra-Stanley, while working on a film. The two fell in love on the set of Grey Agenda.

Along with his own creations, Larry has worked alongside some of Hollywood's big names. This includes the late Larry Hagman, who played the legendary character, J.R. Ewing, on the TV show, Dallas. Larry played a cop and did some stand-in work during the series' short reboot from 2012-2014. His scenes were filmed in 2012 and aired during the 2013 season.

"I enjoyed that a lot. It was really cool," he said. "Everybody wants to talk about that, but I really wasn't in it much.



I did have a great time, though.

"I ate lunch with Patrick Duffy [Bobby Ewing on the series] one day. He's just a super nice, down-to-earth guy. And Larry Hagman was also super nice. He had a personality that when he walked in a room, it lit up." Hagman passed away in November 2012, and the rebooted series was canceled in 2014.

Larry first became interested in the entertainment industry while in junior high. "I was the black sheep. I got cast in a play in seventh grade, and I fell in love with it," he said. Then, while attending Cedar Hill High School, he developed his love for film. "My parents had a Panasonic home recorder, and my friends and I would make movies," he remembered.

After graduation, Larry moved to Los Angeles at only 17 years of age. He bounced back and forth between the Metroplex and the West Coast, acting in several uncredited roles in movies. "I just realized it wasn't my city," Larry said. "So, I came back home." He returned to school, first attending Cedar Valley College. That led to a theater scholarship to Hill College.

As the years have gone by, Larry realized he enjoys directing and writing movies more than acting in them. "I want to be a filmmaker and learn every aspect of making films," he said. "Because I write them, it's my brainchild, and to see my words come to life is really fulfilling."

And he's happy being associated with his Channeling Hamilton for the rest of his life. "On December 20, a kitten showed up at our door meowing," he said. "We took him in, and, of course, named him Hamilton. We call him Hammie." NOW





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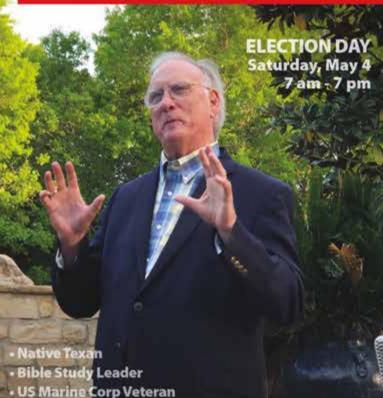
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IN STORE

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Whether you want to read a book, conduct online research, join a club or create within a makerspace, the local library can help. Full-time librarian Terry Moore has been hard at work making A.H. Meadows Public Library the go-to place for folks of all ages, and spreading the word that, yes, the library at Midlothian High School is open to the public.

Adjoining MHS at 922 N. 9th Street, the library does serve students, but it is also always open to the public. "We're open 62 hours a week, and anytime we are open, the public is welcome," Terry, who was hired in March 2018 as the city's first-ever, full-time librarian, said.

Previously, the library was manned by a school district employee who was paid to remain during the summer. Now the city pays for Terry in his full-time role and continues to share expenses with the school district. "This is a beneficial setup. Our finances are run through the school district with the city contributing a certain amount. We're looking forward to the school and the city continuing to work together to help grow our services," Terry noted.

In his first months on the job, Terry reviewed every aspect of the library, from inventory to programming, to help him prepare the required annual report for Texas State Library, the entity which certifies libraries. "I got to see where we were doing well and where we could improve," Terry said.

As a result, Terry determined what materials needed to be purchased and set his sights on weeding out outdated material. "We started with moving nonfiction to a smaller area, opening up the area for our new makerspace," Terry recalled.

Next up was determining appropriate furniture conducive to collaborative work in the makerspace, plus replacement of some older furniture in the rest of the library. "This is another way the city/school partnership benefits the library. Some monies earmarked for improving school facilities will also make its way to us," Terry explained.

Terry made his own way to the library in a somewhat unusual manner. A graduate of The University of Texas at Austin with a bachelor's degree in English, he spent his first year after graduation in New York. Upon returning to Austin, Terry landed a position in UT's development office doing archival and database management. "During the recession, many of us were laid off, which I took as an opportunity to go back to graduate school."

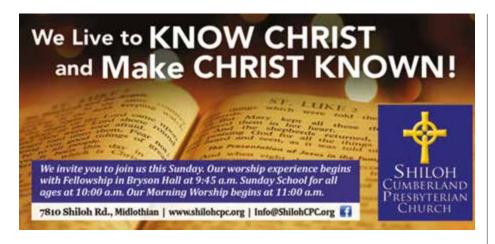
What started as an online education turned into a move back to his hometown of Grandview to complete his Master of Library Science Degree at Texas Woman's University. "I have loved books ever since my mom began taking me to the library as a child.







Waxahachie, TX 75167





Moving back home allowed me to take care of her in her golden years," Terry admitted.

Terry's younger brother, David, suggested he look at MISD to complete practicum work for his TWU studies. "My brother has been an MHS counselor for 18 years, so I was familiar with MHS. The district said 'yes,' and I was able to finish my practicum here," Terry explained. "I had been here five years when the city decided to hire a full-time librarian." (Terry also has an older brother, Jeff, who is a recently retired federal employee.)

Terry's history with MISD made him the best candidate, and he joined the staff of two full- and three parttime aides, in addition to the school's librarian, Julie Post. Terry encourages patrons to introduce themselves to him and the staff. "Our staffers have very good relationships with our patrons, and they know the regulars. We even have some patrons with mobility issues who count on the staff to bring books out to their cars," Terry noted. "We're here to answer any questions, and you should never be ashamed to ask any of us for help."

While Terry said the role of librarians has always been, "to provide accurate, unbiased information to the public," the library itself has evolved. "People have to know how to use a computer, but 25 percent of homes are still without broadband. This is a service the library has increasingly had to offer over the last 20 years," he said. "Now we interact with patrons online and in person. Our library checked out more than 10,000 electronic and audio books last year and, of course, we checked out even more hardcopy books than that."





Libraries also offer more community engagement than ever before. "We have summer programs, book clubs and a writer's club," Terry outlined. "I'm constantly looking at other libraries to see what is happening elsewhere and am considering a film series, family game nights and speakers for us."

Terry wants locals of all ages to embrace Midlothian's library. "Being raised in a small town gave me a sense of community, and that's the same feeling we want to create within this library," he said. "Libraries bring an appreciation of literacy. Literacy encourages education, and education provides enlightenment. If we can make this library a fun place to be, where people discover things, learn about them and, ultimately, even create them, that's something special," Terry said.

When not assisting library patrons, Terry enjoys movies, museums, art and live music. And what kind of librarian would he be if he didn't at least make time to read now and then? "To be honest, I read a lot more book reviews than books right now, as I locate new material for the library," he admitted. "But I love Stephen King because I like to be scared, and also Cormac McCarthy because his descriptions are beautiful, even when discussing ugly things."

Whatever book you might be interested in, or if you need suggestions, Terry is ready to assist. He encourages young and old to stop by and discover what the public library might offer them. "The citizens are paying for this library. It is theirs. We want to do whatever we can to get them in our doors," Terry reminded. "We have a good, experienced staff that is ready to help, and we hope you'll make good use of it. Any use you make of the library is good ... just use it!" NOW

Editor's Note: For hours of operation and programming details, visit @AHMeadowsPublicLibrary on Facebook.







BusinessNOW

Navarro College at Midlothian

- By Angel Morris and Stacie Sipes

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The vision for Navarro College Midlothian is to be a nationally recognized higher education institution committed to providing innovative pathways and student-centered learning opportunities that result in students capable of succeeding in local and global communities. "Our goal is to meet you wherever you are in life and provide the education and/or training you need to meet your future goals," said Guy Featherston, Midlothian Campus Dean.

In Midlothian, students may pursue accredited academic and technical training programs that lead to certifications, continuing education credits and associate degrees. Those programs are Business, Education, English and Environmental Science which encompasses Science, Technology, Engineering and Mathematics, as well as Psychology, Physical Therapy Assistant (PTA) and Occupation Therapy Assistant (OTA) programs. "Our PTA and OTA programs are exceptional with 100-percent pass rates," Guy noted.

Navarro College also has a partnership with Tarleton State University-Midlothian as part of the Midlothian Higher Education Center. Students can bridge their associate degrees into four-year degrees and save thousands of dollars. "We have an open-door admission policy, and the financial aid office works to assist those needing financial aid assistance," Guy explained. "Personnel are very knowledgeable and student oriented. They try to help every student."

Degrees offered at Tarleton State-Midlothian are B.S. in Applied Sciences, Occupational Specialization in Clinical Laboratory Science, B.B.A. and B.S.A.S. Interdisciplinary Business Administration, B.S. in Psychology, B.A.A.S. Manufacturing and Industrial Management, B.A.A.S. in Criminal Justice Administration, M.S. in Counseling/ Counseling Psychology.

"We have a partnership through MISD at Midlothian and Midlothian Heritage high schools where we offer dual credit courses," Guy added. "These courses allow high school students to earn college credit at the same time they are earning high school credits. Many are graduating with associate degrees before they receive their high school diplomas."

Navarro's Brilliance fundraiser was in April at the Midlothian Conference Center. Money raised went to the Navarro College Foundation, which uses it to fund scholarships for Ellis County students — of all ages. Over the 10 years that the event has been held, more than \$1 million has been raised, allowing thousands of students to attend college who would not have thought it financially possible.

The Midlothian campus is in the midst of developing its strategic plan as part of the District Strategic plan, as Navarro College has additional campuses in Corsicana, Waxahachie and Mexia. Part of the strategic plan is to ensure that the community college is meeting the needs of local business and industry's educational needs.

At every location, there are traditional classroom settings, but students may also join approximately 9,000 other students who enroll in online courses through the college.

District President Dr. Kevin Fegan is a former Midlothian resident. Two of his three children graduated from MISD, and all three have dual credit and/or associate degrees from Navarro College. He became Navarro College's ninth president in September 2018, overseeing the five-county college service area and leading Navarro College's mission to "provide educational opportunities that empower students to achieve their personal, academic and career goals and that promote lifelong learning for all communities served." NOW





Around Town



Zoomed In:

By Angel Morris

Denise Ward and Dana Vaughn

Denise Ward and Dana Vaughn recently led a juicing demonstration at A. H. Meadows Library. The sisters are proponents of juicing as part of their family's new, healthier lifestyle. "Denise was diagnosed with cancer last fall and, after much research, began juicing to help herself heal," Dana explained. "Now we juice daily with our husbands, host juicing parties and share the benefits of clean eating online."

Denise reports that in the first six weeks of juicing, her cancer shrunk by half. Today, she is cancer free. "Obviously, it is something to discuss with one's doctor, but our family believes the benefits are tremendous," Dana said.



Laura Terhune opens the door on her new role as Midlothian Chamber President.



Diego, Wyatt and Jacob represent Troop 512 during a community event.



McCoy's Building Supply officially saws its way into the community.



After a week of fundraising, MHS Student Council presents a check for \$3,300 to Heroes of Midlothian.



Ronda Travis and Samantha Helleck head out for a run before a rainy day begins.



A.L. Elmazi, owner of Villa Italiana, shows off his catered creations at a local celebration.



Midlothian's Crescent Yoga Studio enthusiasts Dawn Harris and Jen Majors enjoy another Yoga on the Bridge event.



Forre Bitner shows off his mustache and promotes Access Self Storage at Midlothian Marketplace.













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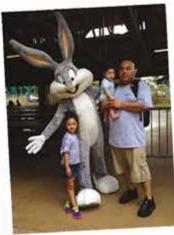
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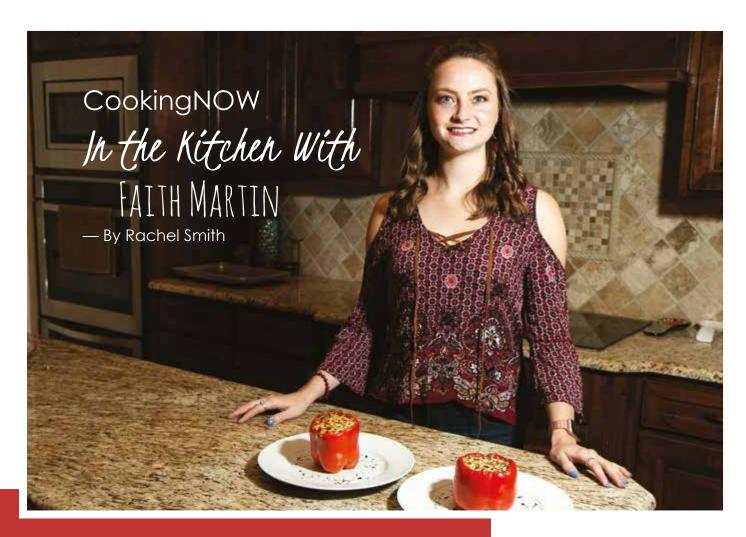






Cardinal Company Picnic - Six Flags





A tightened apron and bright imagination are all Faith Martin needs for a good day in the kitchen. Although only a recent high school graduate, she has much knowledge in cooking, sharing her skills with family who indulge in belly rubs and wide smiles after eating meals she prepares. "From the time I could hold a spatula, I was helping my mom in the kitchen," Faith admitted. "My mom has been the backbone for my love of cooking."

She has, however, embraced more than her mother's influence, taking culinary classes in high school. "My culinary partner and I competed in an Aramark sandwich competition and advanced to state," she said. "We created a chicken Parmesan sandwich with cooking parameters and ingredients and took home that huge first-place trophy!" NOW

Loaded Creamy Tortilla Soup

Serves 10.

I medium onion, diced

1/2 cup celery, diced

1/4 cup butter

1 Tbsp. fresh garlic

Salt and pepper, to taste

2 tsp. cumin

I tsp. chili powder

1/2 tsp. paprika

1/2 tsp. dried jalapeño

1 40-oz. box chicken broth

4 cups water

1 15-oz. can black beans

1 15-oz. can pinto beans

3 chicken breasts, cooked and diced

1 cup frozen corn

1 10-oz. can Ro-Tel diced tomatoes and green chilies

1/2 cup tomato juice

1/2 cup heavy cream

1/2 cup sour cream

I cup cooked white rice

I small lime, juiced

Diced avocado, to taste (optional)

Sour cream, to taste (optional)
Cheddar cheese, shredded,
to taste (optional)
Cilantro, to taste (optional)
Lime, to taste (optional)
Tortilla chips, to taste (optional)

- **1.** Sauté onions and celery with butter on medium-high heat, until onions are translucent.
- **2.** Add the next 6 ingredients; sauté until combined.
- **3.** Add chicken broth, water, beans, chicken, corn, Ro-Tel and tomato juice; bring to a boil. Keep on medium-high heat for 20-30 minutes.
- **4.** Add heavy cream, sour cream, cooked rice and lime juice. Mix well; keep on medium heat for 5 minutes.
- **5.** Turn off heat; serve with optional ingredients of your choice.

Stuffed Bell Peppers

Serves 6.

6 red bell peppers 1 lb. ground beef

1 Tbsp. butter

1 tsp. paprika

I tsp. black pepper

2 tsp. salt

I medium onion, diced

1 The fresh garlic

2 Roma tomatoes, diced

2 zucchini, cut into quartered slices

2 cups cooked wild rice medley

I cup tomato basil spaghetti sauce

1/2 cup heavy cream

Mozzarella cheese, shredded, to taste Italian seasoning, to taste

- **I.** Preheat oven to 350 F. Cut tops off peppers; remove seeds and membranes. Place peppers on a foil-wrapped tray.
- **2.** In a large skillet, cook beef until no pink remains; drain grease. Add butter, seasonings, onions and garlic; sauté until onions are slightly brown.
- **3.** Add tomatoes, zucchini, rice, spaghetti sauce and heavy cream. Mix well; turn off heat.
- **4.** Fill the peppers; wrap with foil. Bake in the oven for approximately 20 minutes.
- **5.** Unwrap peppers; top with mozzarella cheese and a pinch of Italian seasoning. Bake an additional 10 minutes, or until the cheese is melted and peppers are tender.

Southwest Salad

Serves 4-6.

1 15-oz. can corn

1 15-oz. can Ranch Style Beans

1 9-oz. bag premium romaine salad mix

1 1/2 to 2 cups Fritos

1/4 cup Catalina salad dressing

1/2 cup Colby Jack cheese, shredded

- **1.** Drain and rinse corn and beans.
- **2.** Place salad mix, corn and beans in a bowl.
- **3.** Add Fritos to the mixture; gradually pour in Catalina dressing while mixing.
- 4. Mix in cheese and serve.

Grandma's Goulash

Serves 6.

I lb. ground beef I Tbsp. fresh garlic Salt and pepper, to taste 2 15-oz. cans stewed tomatoes 3-4 cups elbow macaroni Water, as needed I-2 Tbsp. olive oil

1 Tbsp. ketchup

Cheese of choice, for topping

1. Cook beef over stove, seasoning with garlic, salt and pepper. Cook until brown; drain fat.







- **2.** Add stewed tomatoes; add macaroni. Use empty tomato can to measure water. Use 2 cans full or enough to cover macaroni.
- 3. Add olive oil and ketchup; stir.
- **4.** Cook on medium heat until macaroni is tender, stirring occasionally.
- **5.** Top with your favorite cheese.

Hamburger Pie

Serves 6.

I lb. lean (at least 80%) ground beef I cup onion, chopped I/2 tsp. salt

I cup cheddar cheese, shredded I/2 cup original Bisquick mix I cup milk 2 eggs

- **I.** Heat oven to 400 F. Spray a 9-inch glass pie plate with cooking spray.
- **2.** In a 10-inch skillet, cook beef and onion over medium heat for 8-10 minutes, stirring occasionally, until beef is brown; drain. Stir in salt. Spread in the pie plate. Sprinkle with cheese.
- **3.** In a small bowl, stir remaining ingredients with a fork or wire whisk until blended. Pour into pie plate.
- **4.** Bake about 25 minutes, or until a knife inserted in the center comes out clean.

Baked Apples

Serves 6.

6 green apples, peeled and chopped

2 Tbsp. sugar

2 tsp. cinnamon (divided use)

I tsp. vanilla

1 tsp. lemon juice

1 cup brown sugar

I cup oats

3/4 cup flour

1 tsp. salt

- 1/2 cup cold salted butter, diced into small cubes
- **1.** Preheat oven to 350 F. Butter an 8x8-inch baking dish; set aside.
- **2.** In a mixing bowl, add apples, sugar, 3/4 tsp. cinnamon, vanilla and lemon juice. Stir to combine. Transfer to prepared baking dish.
- **3.** In a separate mixing bowl, add brown sugar, oats, flour, remaining cinnamon, salt and butter. Mix into a crumble.
- **4.** Spread topping over apples; gently pat to even it out. Bake 40-50 minutes until golden brown and bubbly. Serve warm.

To search for more great recipes from any of the 10 NOW Magazines publications, visit www.nowmagazines.com.

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- Virginia Woolf









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- Virginia Woolf



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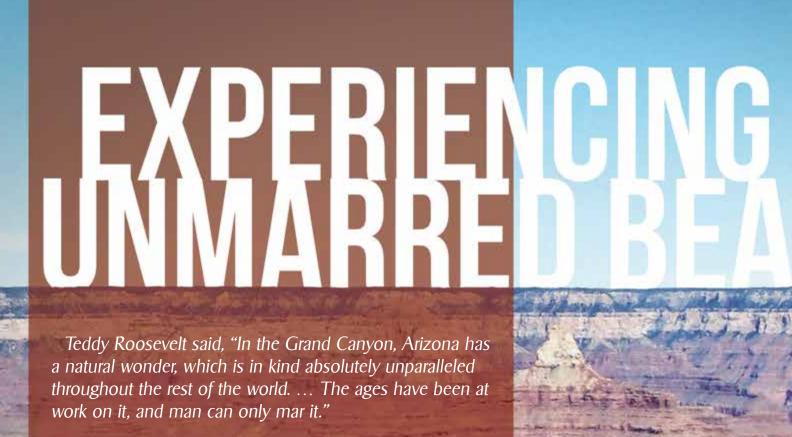


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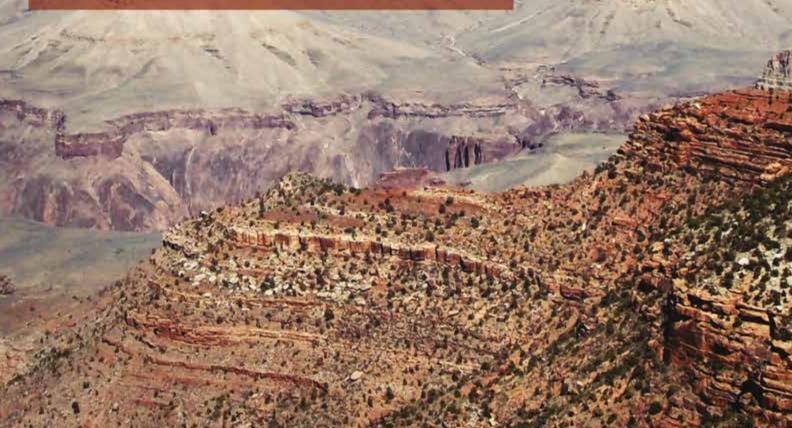






While man added buildings for the comfort and convenience of visitors, the canyon remains untouched and raw in exquisite beauty. Detours along the way make reaching that beauty an unforgettable excursion.

Nostalgic stops along Route 66 make the scenic drive to Grand Canyon Village a memorable adventure, each stop adding color to the journey. Graffiti at the Cadillac Ranch in Amarillo. Cars and murals at the '50s-style Blue Swallow Motel in Tucumcari, N.M. Vintage photos of movie and TV stars from the 1950s at the El Rancho Motel in Gallup, N.M. And, of course, Eagles' music fans can't pass up photo ops standing on the corner in Winslow, Ariz.













Driving through New Mexico and Arizona affords mile after mile of picturesque mountainous wonder. Reserve time to visit the Petrified National Forest and the Painted Desert during your journey. Stop on the way at historic diners for old-fashioned food and a signature pie or milk shake.

Near the Grand Canyon, Williams, Ariz., is an unexpected treasure of its own. Shops and galleries line the streets in the small town, offering canyon memorabilia or arts and crafts from local artisans. Here, the Grand Canyon Railway departs daily for Grand Canyon National Park.

Built in 1908 by the Atchison, Topeka and Santa Fe Railroad, the depot served as an oasis for travelers. Listed on the National Register of Historic Places, the Williams Depot and original Fray Marcos Hotel (a Harvey House Hotel) represent the oldest concrete structures in Arizona.

While passengers wait to board the train, costumed entertainers treat the crowd to a Wild West show, setting the mood for a journey back in time. Since its initial trip on September 17, 1901, the millions of enchanted Grand Canyon Railway guests have included presidents, celebrities and ordinary individuals.

In the late 1800s, only the most adventurous explorers experienced the Arizona canyon. As railroads tied the nation together, the main line connected Chicago to Los Angeles passing through Williams, Ariz. Though originally intended to transport ore from the Anita Mines, investors soon realized the potential for tourism.

Because ore and mining proved unsustainable, the railroad relied on tourism to recoup its investment.





The \$3.95 train ride replaced the \$15 eight-hour stagecoach ride from Flagstaff, allowing visitors to experience the Grand Canyon. The adventure is definitely worth the 2019 ticket price.

Train hosts educate passengers about the history and topography of the area. As the train nears the station, hosts offer information about the layout of Grand Canyon Village and the many food options inside the park. The El Tovar Dining Room, a five-star restaurant, provides an elegant atmosphere for a delicious gourmet lunch.

Over the years, the Santa Fe built structures to accommodate an increasing number of tourists. In 1905, El Tovar became one of the finest hotels in the Southwest. In a progressive move, the railroad hired a woman, Mary Elizabeth Jane Colter, to design buildings that became the signature of the Grand Canyon National Park. Landmarks include the Hopi House, Lookout Studio, Bright Angle Lodge, Desert View Watchtower and Hermit's Rest.

These structures are evidence of Colter's distinctive imprint, a natural style of Pueblo Indian architecture. Garden spots, the American flag and architecture of the buildings in the village enhance the canyon experience. Plants and wildlife naturally add color.

Time passes quickly in Grand Canyon Village. Some visitors hike deep into the canyon, while others linger in shops or museums. Many stand in awe at the rim and soak in the magnificence, attempting to commit every detail to memory, experiencing, as Roosevelt said, "the wonderful grandeur, the sublimity, the great loneliness and beauty of the canyon."

No words describe the breathtaking beauty. Pictures fail to capture its magnificence. Only personal experience explains why Roosevelt loved Grand Canyon.





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AMERICAN OR TEXAS FLAG

Requires 4 days and good ventilation.

- * I pallet
- * Sandpaper
- * Paintbrush
- * Chalk paint in navy blue, apple red, and pure white
- * High gloss clear lacquer

Define the exact placement of the small rectangle, the order of the stripes and the positioning of the stars before you get started. You'll want the bottom, middle and top slats painted red and the intervening boards white. If you're painting the Texas flag, don't forget the white box is positioned above the red one.

Start painting the white color portions first. Make all the stars a little bigger, even messier, than the end result. While the white paint dries, wash your paintbrush thoroughly and prop it up to dry. When you're ready, paint the darker colors. Where they meet the white, allow a 1/4-inch overlap.

For a folk-art feeling, only use one coat. For a Warhol-ish effect, paint three coats. This wall- or yard-art can be hung or propped against a vertical object, like a tree or a garage wall. A more functional method to enjoy your patriotic pop art is to place it flag-up atop a stack of 5 to 7 other pallets and use it as a table.











HERB GARDEN

Requires 2 hours and no sanding.

- * I pallet
- * 25 seedling herbs
- * I 48x40-inch plot of land
- * I shovel
- * I hoe
- * 1 trowel
- * I hose

Using shovel and hoe, prepare a 48x40-inch plot of ground by digging deep, turning the soil at least five times before hoeing the ground level. Place the pallet on the flat, prepared ground. Dig five holes between each slat with your trowel.

Wearing gloves to protect against splinters, place each seedling into the holes, and tamp loose dirt around its root base with your fingers. Use your hose for five minutes each morning, and another five each evening, to gently spray your garden. Moisture in the wood will prevent the baby herbs from drying out, while the slats will be a weed-barrier.

TEA PARTY PANTRY

Requires 48 hours.

- * I pallet
- * Sandpaper (optional)
- * 25 large, attractive screw hooks
- * I paintbrush
- * High gloss clear lacquer
- * I heavy-duty picture-hanging kit
- * 1 screwdriver
- * 2 tea towels
- * 20 hot beverage mugs with handles
- * 3 attractive drawstring bags
- * 3 boxes of your 3 favorite teas

Sand rough edges off the pallet, if a polished look is desired. Using just your

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hands, patiently screw into your slats all the hooks, making sure all are facing the same direction and none are closer than 7 inches from each other.

Paint slats cross-grain with a thin layer of lacquer, covering each hook where it connects to the wood. After that dries, paint another layer of lacquer with the grain. Once fully dry, use the picture-hanging kit to position your Tea Party Pantry for immediate hospitality. Arrange mugs and tea towels attractively on the hooks. Fill each drawstring bag with a special type of tea and hang one each on the three remaining hooks.

FRONT YARD SWING

Requires 4 hours and access to electricity.

- * 2 pallets
- * I piece of plywood
- * I handheld drill with a 2-inch drill bit
- * 1 100-foot length of strong rope
- * 2 strong boys or girls

Place the plywood on the ground. Position the two pallets side-by-side atop the plywood. Drill 2-inch holes through the plywood, 4 inches from the perimeter, between every slat in the pallet.

Sew the rope through the holes, looping it over and under each slat. You want to have rope handles extending up from each end of the swing. Knot the rope ends securely. Send each rope handle up the tree with 2 strong, tree-climbing children. Once they position the rope over the appropriate branches, they can shimmy back down and take a nap on their swing.

Once your unique project is completed, the possibilities for sharing are endless. Posting photos to social media sites is the simplest way to inspire a large number of people. For maximum fun, invite a few friends over to christen your creation.

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Jennifer Maggard **Escrow Officer**



A native of Grand Prairie, TX, Maggard entered the title industry in 1999. She started as a receptionist and quickly advanced to Escrow Assistant. Jennifer has been a resident of Mansfield since 2000 and a licensed Escrow Officer for nearly 20 years. She handles a variety of escrow transactions and takes pride in helping her clients navigate the closing process. In her free time, Jennifer and her husband, Heath, enjoy spending time with their children - Taylor, Hayley and Camden - and three Pomeranian pups. Jennifer also loves to travel any chance she can get. A die-hard Dallas Cowboys fan, she especially enjoys attending sporting events and concerts.

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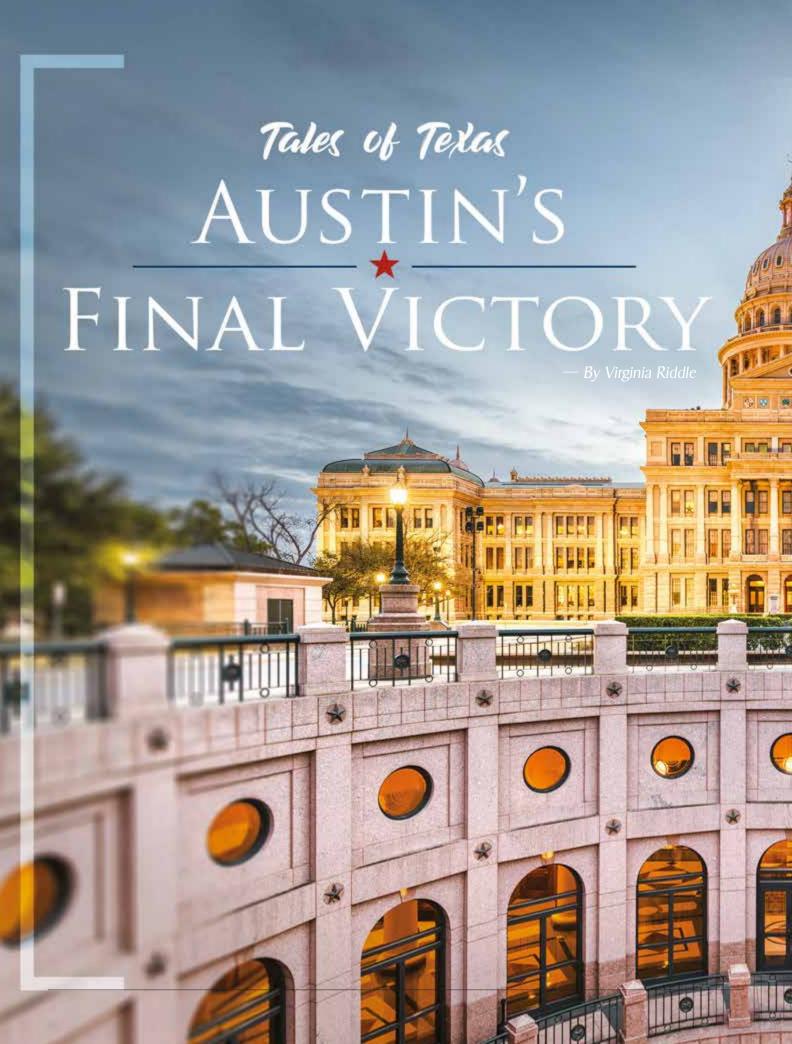


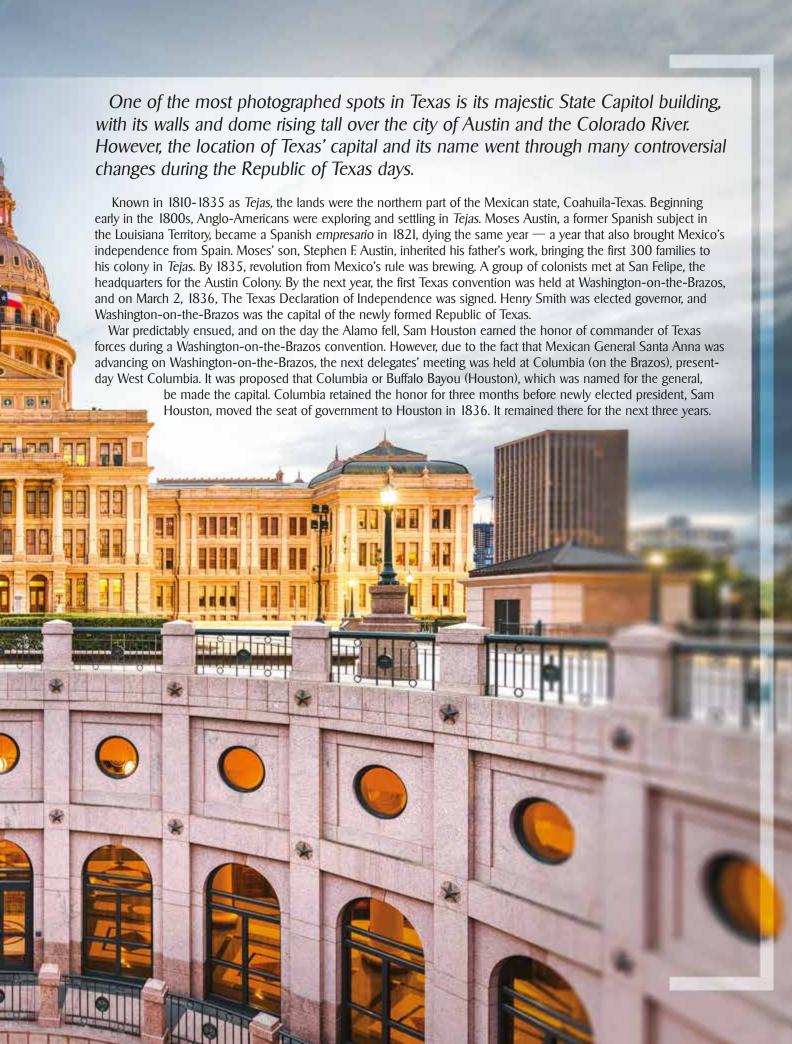














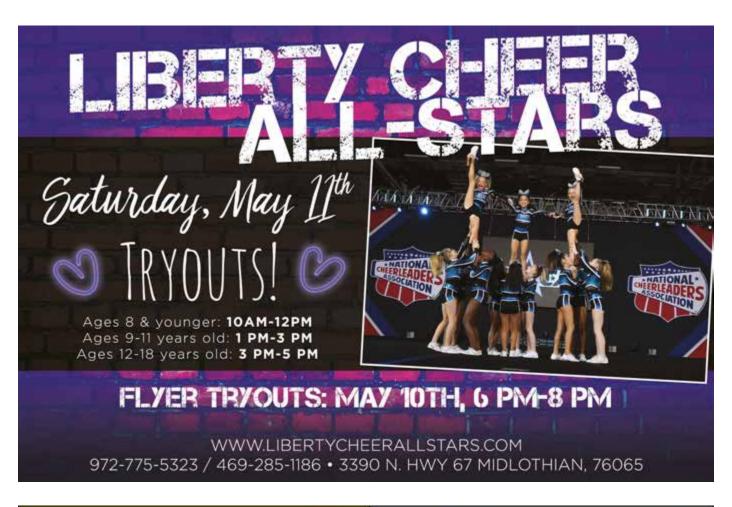


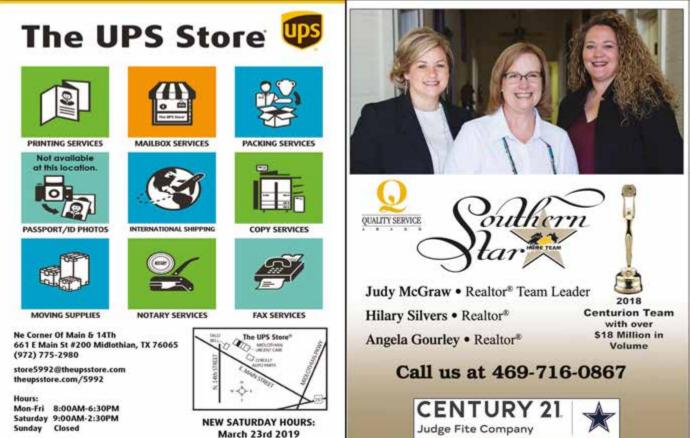
In 1838, Mirabeau B. Lamar succeeded Houston as the Republic's second president. Many of his ideas won support but were in opposition to Houston's desires. By 1839, a five-member commission charged with locating the "permanent" capital decided the site needed to be "between the Trinity and Colorado rivers, north of the old San Antonio Road," thus geographically excluding the city of Houston.

As the legend goes, Lamar, while serving as Houston's vice president in 1835, killed a buffalo in the Waterloo Valley (now Austin's Congress Avenue) near the frontier settlement of Waterloo. As president, Lamar's fond memories of the hunt may have influenced his appointed commission. The commission's report favoring Waterloo was adopted in May 1839, even though few amenities awaited the politicians and their families. The name Waterloo was changed to Austin in honor of Stephen F. Austin, and the town was incorporated in 1839.

On January 19, 1840, the Republic of Texas Congress approved Austin as the permanent capital, although for safety reasons, it was, again, moved. In the spring of 1842, Sam Houston had once again become president. Mexican soldiers were invading the Republic and were threatening to reoccupy San Antonio. Houston became concerned about an advance on Austin, so he moved the seat of government to Houston, and then back to Washington-on-the-Brazos from 1842 until 1845.







10:00AM-4:00PM







No Mexican army attack happened. Houston ordered the Republic's archives to be moved, but the residents of Austin held firm, forbidding the removal in what became known as the bloodless "Archive War."

When the Republic of Texas joined the United States as the 28th state in December 1845, Austin was again named as the capital. J. Pinckney Henderson was sworn in as the state's first governor at the stockaded frame Austin State Capitol. A state election between Austin and Tehuacana in 1850 decided in favor of Austin.

Austin has since served as the Texas capital — through the turbulent times of the Civil War and Reconstruction, outlaws, bandits and Texas frontier Native American battles and ranchland feuds. In 1881, the original Austin Capitol building, constructed of limestone, was destroyed by fire. Many archived relics and papers of the Republic were lost.

Temporary quarters were quickly established on the original site. Plans were made to rebuild the Capitol of red granite from Llano and Burnet, modeled after the U.S. Capitol. The sale of over 3 million acres of public domain lands in West Texas financed the construction, which began in 1883.

The present Austin Capitol, opened to the public on April 21, 1888, was dedicated the following May 16. The circle from Texas as a Republic to Texas the state was completed when the Honorable Temple Houston, a state senator and son of General Sam Houston, accepted the building on behalf of all Texans. Having laid the cornerstone during construction, Masonic Grand Lodge of Texas representatives conducted the formal dedication.

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Diabetes and Foot **Amputation**

How Diabetes Affects Feet

People with diabetes are more susceptible to foot problems, often because of two complications of the disease: nerve damage (neuropathy) and poor circulation. Peripheral neuropathy causes a loss of feeling in the feet, reducing the ability to feel pain or injury. Poor circulation diminishes the body's ability to heal, making it difficult to resist infection and heal injuries or wounds.

For a person with diabetes, these complications can be a deadly combination. When a person with diabetes has neuropathy, they often cannot tell if their shoes are causing pressure and producing corns, calluses, cuts or blisters. These minor foot injuries can develop into ulcers, which is a break or hole in the skin. If poor circulation is also present, the ulcers can become infected and may not heal properly. This is a common complication associated with diabetes and can lead to a chronic foot ulcer, which is a leading cause of amputation. Amputation is considered when healing potential is poor or a serious infection becomes widespread, threatening the patient's life.

Preventing Complications

It is vital for diabetics to take preventive measures to care for their feet, including wearing proper shoes, daily foot inspections and regular exams by a foot and ankle surgeon. Because even the smallest foot problem can turn into serious complications, it is important to seek treatment early for any issues, especially minor cuts, blisters and corns and calluses.

When Complications Arise

The loss of life and limb are real concerns for diabetics with a serious infection. Physicians and patients work together to consider the best options to treat the infection, prevent limb loss and to get the patient well as soon as possible.

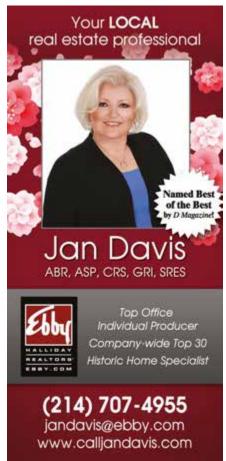
When Amputation Is the Best Course of Treatment

Amputation is a complication that both patients and physicians work to avoid if possible. It is estimated that nearly 85 percent of amputations are preventable with education and early intervention. Amputation should not always be seen as a failure of treatment but instead as a faster, more reliable means of rehabilitation in order to return to activities of daily living. Surgery may be the best way to control a severe infection that could require a more traumatic amputation in the future or that could otherwise prove fatal for the patient. After undergoing an amputation, patients often experience improved general health because a severe infection has been resolved.

Amputations do not always mean loss of the entire foot or leg. Surgical intervention is performed at many levels including partial toe amputations, partial foot amputations or below-the-knee amputations. A foot and ankle surgeon will make a thorough assessment and determine the best method of getting the patient on the road to recovery.

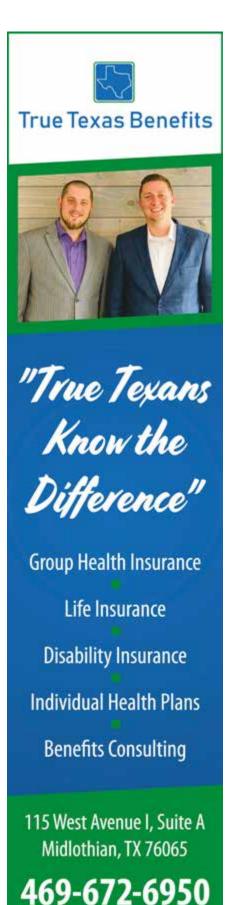
Christopher Schmitt, DPM Associate of the American College of Foot and Ankle Surgeons Southern Star Foot & Ankle





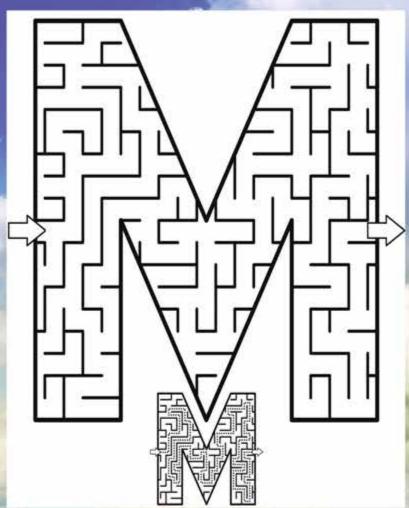






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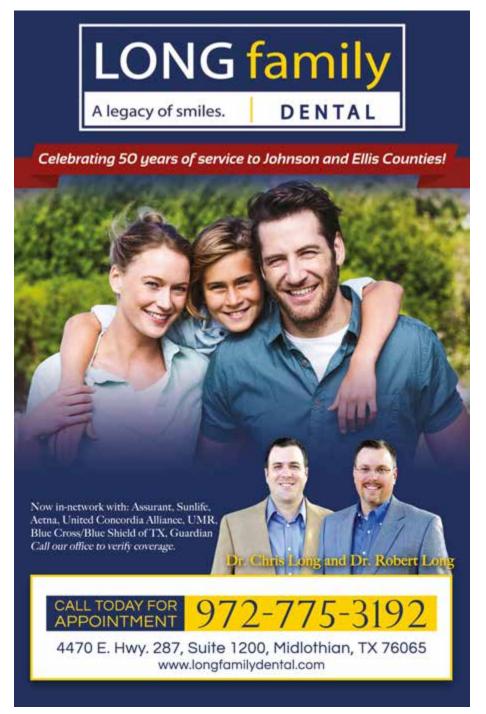
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SOLUTION: HOLIDAY





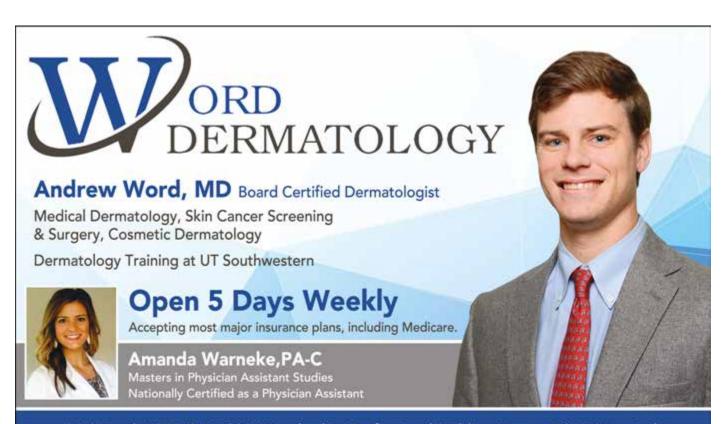






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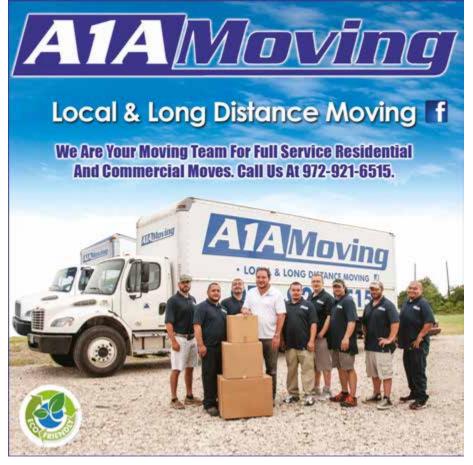
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Crossword Puzzle

| 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | |
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Across

- 1 "--- enough!"
- 6 Afrikaans speaker
- 10 Hitchcock had trouble with him
- 11 Skin eruption
- 12 Unputdownable
- 15 Virginian drive
- 16 Sticky substance
- 17 Male child
- 18 Abdul the Bulbul ---
- 19 Stigma
- 22 Frighten
- 23 Ornamental vases
- 24 Like 30 Across
- 25 Newfoundland catch
- 26 Prescription option
- 30 Bloody Mary ingredient
- 32 Strip
- 33 Defer
- 34 Maxims
- 35 Valuable item

Down

- 1 Sometimes found with that
- 2 Yam quantity
- 3 Like many a student film
- 4 Grid for greenery
- 5 Like Steve Jobs's father
- 6 Foundation
- 7 When the Sup. Court's new term begins
- 8 Brain twister
- 9 Impressionist Pierre-Auguste ---
- 13 Stamp out
- 14 Pierce with a tusk
- 18 Pretended to be
- 19 Of like kind
- 20 Marches
- 21 --- Doria, Nantucket wreck
- 22 Could be the Moonlight or Kreutzer
- 24 Unnamed woman
- 26 Dippity-do and others
- 27 Barbecue dish
- 28 Small landmass
- 29 Guitar guru --- Atkins
- 31 Stitch

Solutions on page 60

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Sudoku Puzzle

Medium

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| | | | 2 | 9 | 1 | | | |
| 6 | | | | 4 | 8 | | | 1 |
| | 2 | | 6 | | | 9 | | |

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Solutions on page 60







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It's a **Mew** Day in Midlothian!





WELCOME CENTER NOW OPEN

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5/4

Election Day:

County and local elections. 7:00 a.m.-7:00 p.m. http://co.ellis.tx.us/.

Downtown Midlothian Market Kickoff:

Outdoor market held Saturday mornings from **May-October** in Heritage Park. Local vendors sell a variety of merchandise.

Ranch Riders Horse Show:

Concessions and activities offered. 10:00 a.m.-2:00 p.m., Paws for Reflection Ranch, 5431 Montgomery Rd. For more details, call (972) 775-8966.

First Responders Benefit Car Show:

Rain date **May 18.** Noon-4:00 p.m., Kroger, 2200 FM 663. www.midlothianclassicwheels.com.

5/18

8th Street Dance:

Dance the night away with Professor D band. 7:00-10:00 p.m., Downtown Midlothian.

5/23

Chamber Golf Tournament:

Southern Star Scramble.
7:30 a.m.-2:30 p.m., Tangle
Ridge Golf Course, 818 Tangle
Ridge Dr., Grand Prairie.
For more information, call
(972) 723-8600.

6/1

Annual Pancake Breakfast Fly-In:

Classic airplanes and fighters, helicopter and airplane rides, fly-overs, Midlothian Classic Wheels, Gold Wing Road Riders, live music, children's activities and more! Breakfast tickets for adults and children 8 and over: \$6; children under 8: \$3. Free parking. 8:00 a.m.-11:00 a.m., Mid-Way Regional Airport, 131 Airport Dr. For more information, call (972) 923-0080 or visit www.mid-wayregional.com.

First Mondays

Adult Evening Book Club:

If you love book discussion, come join us. 6:30-7:45 p.m., A.H. Meadows Public Library, 923 S. 9th St. (469) 856-5211.

Second Mondays

Ellis County Veterans Networking:

Dinner and guest speaker. 6:00 p.m., IHOP, 1206 Dallas Hwy., Waxahachie. Jim McKeever (469) 258-7424.

Second and Fourth Mondays

Rag-Tag Readers Book Club:

Join lively discussions of books. 10:00 a.m., A.H. Meadows

Public Library, 923 S. 9th St. For details, call (469) 856-5211.

Third Mondays

Writers' Circle:

Support and tips for 18 and older. 6:00 p.m., A.H. Meadows Public Library, 923 S. 9th St. writerscirclemidlo@gmail.com.

Tuesdays

Rotary Club Meeting:

Hear guest speakers and learn how Rotarians serve the community. Noon-1:00 p.m., Midlothian Civic Center, 224 S. 11th St.

Wednesdays

DivorceCare and DivorceCare for Kids:

6:30-8:00 p.m., First United Methodist Church Family Life Center, 800 S. 9th St. (972) 775-3993.

Second Wednesdays

Infertility Support Group of Ellis County:

7:00-8:30 p.m., Gateway Church Midlothian, 555 N. Walnut Grove Rd. amy@sarahs-laughter.com.

Thursdays

Celebrate Recovery Meeting:

Recovery Meeting: A Christ-centered recovery program. 7:00-9:00 p.m., The Lighthouse Church, 1400 N. 9th St. jason@dfwlighthouse.org.

Fridays

Preschool Storytime:

Story, craft and snack provided. 11:00 a.m., A.H. Meadows Public Library, 923 S. 9th St. (469) 856-5211.

First and Third Saturdays

Pet Adoptions:

The Forgotten Ones Animal Rescue hosts pet adoptions. 10:00 a.m.-2:00 p.m., Petco, 2000 FM 663, #300. info@theforgottenonesar.org.

Third Saturdays

Midlothian Opry Country Music Show:

Old country and gospel music. \$5 admission. Midlothian Civic Center, 224 S. 11th St. Call Davonnia at (214) 676-1706 or go to Facebook Midlothian Opry for tickets and show times.

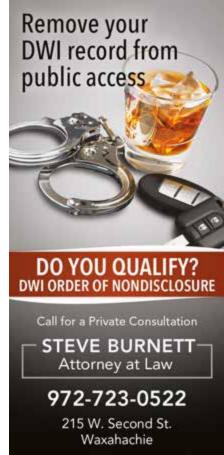
Sundays

Holy Yoga:

Free ministry of The Shepherd's House Church of the Nazarene. 6:00 p.m., 3221 Mockingbird Ln. (972) 723-9922.

Submissions are welcome and published as space allows. Send your event details to angel.morris@nowmagazines.com.





Raj Rugwani, MD

Board-certified Ophthalmologist



800 N. Hwy. 77, Ste. 100, Waxahachie, TX (Next to HEB)

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Crossword Sudoku Solutions

| 'т | 2 H | 3 A | 'т | s S | | 6В | 0 | °E | °R | |
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| 15 S | K | Y | L | 1 | N | E | | 16 G | 0 | 0 |
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Easy

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| 5 | 9 | 6 | 3 | 7 | 8 | 2 | 4 | 1 |
| 8 | 1 | 3 | 2 | 9 | 4 | 6 | 5 | 7 |
| 9 | 5 | 8 | 4 | 1 | 6 | 3 | 7 | 2 |
| 3 | 2 | 1 | 7 | 8 | 9 | 4 | 6 | 5 |
| 4 | 6 | 7 | 5 | 2 | 3 | 1 | 8 | 9 |

Medium

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| 3 | 8 | 1 | 4 | 2 | 7 | 5 | 9 | 6 |
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| 6 | 3 | 9 | 7 | 4 | 8 | 2 | 5 | 1 |
| | | | | | | | | 4 |

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