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#### On The Cover



The Maupins enjoy a summer stroll at home.

Photo by Amy Ramirez.

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- Heritage Preserved Preserving memories beautifully is Debbie Wright's calling.
- A Family-filled Home At Home With Bill and Julie Maupin.
- $28\,$  Saddle Time Working as a team enables these Corsicana cyclists to finish their rides well.
- 36 Two Languages, One Purpose

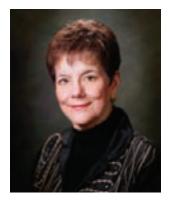
Language is no barrier to feeding the spirit at the First Baptist Church.



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#### Editor's Note

It's summertime!

School is out and folks in Navarro County can let out a long, collective sigh, while getting ready for the change of pace that summer days bring. We can fill those precious days with trips to the lake or pool or by attending a day camp, Corsicana Public Library's summer reading program, vacation Bible school or participating in team sports leagues. Some of us will try to squeeze a vacation or "staycation" into these busy days.

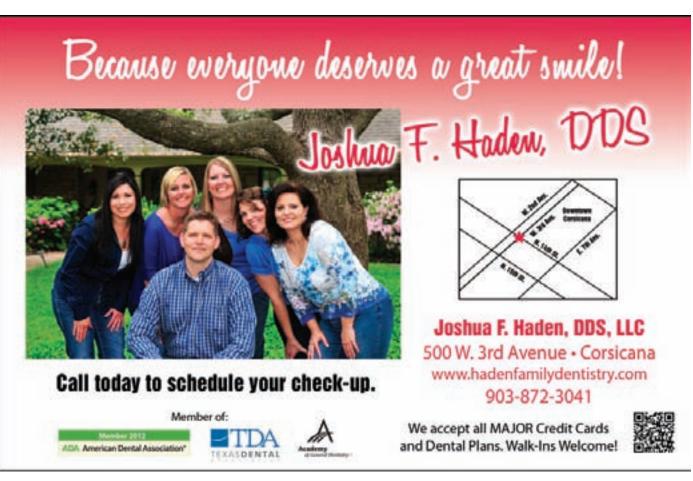
Reserve time on your calendar to observe Flag Day on June 14, Father's Day on June 17 and Juneteenth on June 19. The celebration for dads can always begin early by taking your father out for a dip of his favorite chocolate ice cream on June 7, which is National Chocolate Ice Cream Day.

Here's wishing safe fun in the sun for everyone!

#### Virginia

Virginia Riddle CorsicanaNOW Editor virginia.riddle@nowmagazines.com (903) 875-0187





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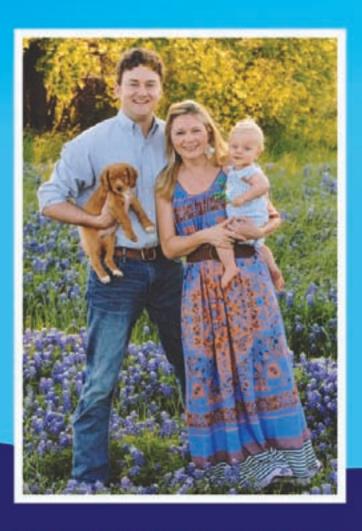


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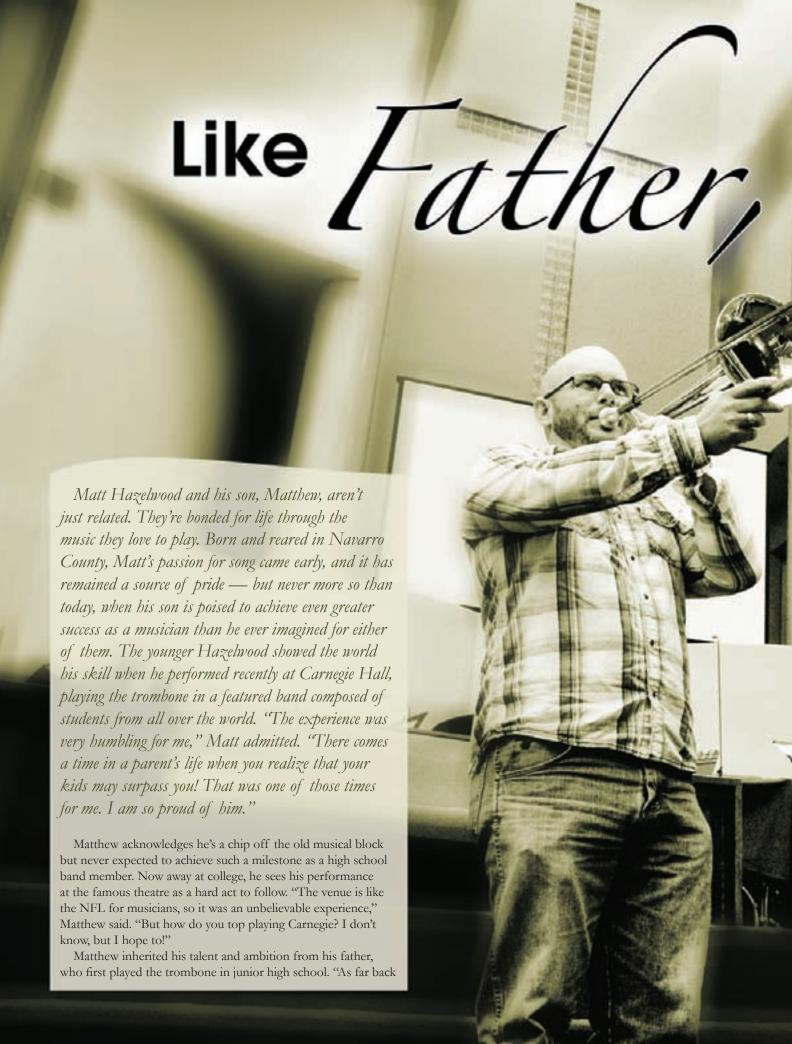
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Kasey McGraw + Corsicana, Texas









High School. Being a member of the local band was exciting enough, but to be picked to join the Honors Orchestra in an international contest that would allow him to perform on the legendary Carnegie Hall stage was an incredible opportunity. Matthew credits the band program at Corsicana High for preparing him for the occasion by giving him the drive, motivation and inspiration to try out for the five-day series, which included seminars, rehearsals and sightseeing in New York City. "I'm very competitive and love that part of playing music," Matthew revealed. His audition tape was submitted for consideration to the judges for the program. It was accepted, and Matthew was chosen to join the Honors Orchestra, which is limited to only the highest-ranking high school musicians from the United States and Canada.

The press release stated at the time: "Acceptance to the elite group is a direct result of the talent, dedication and achievements demonstrated in [Matthew's] application and audition." In addition to the privilege of appearing at Carnegie Hall, participants were treated to a visit to the iconic Juilliard School, where they rehearsed with famous conductors like Jeffrey Grogan.

For Matthew, the program not only provided exposure for his abilities but was an opportunity to share with his family the favor bestowed on him. "My

whole family came, even my grandparents," Matthew enthused.

For Matt, it was especially moving to see his son receive such an honor. "It was truly amazing to be in a building with such history," he said, "and that has hosted some of the greatest musicians in the world, and then to see my son on stage! I'll never forget that trip!"

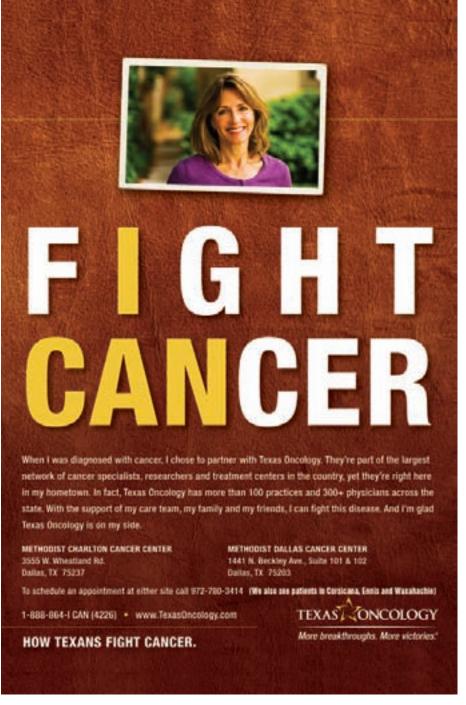
Matthew tried to stay focused but now admits he was overwhelmed by the experience. "Just being there was incredible," he recalled. "The minute we walked out, it was mind-blowing. But I just concentrated on what I had to do and let the awe wash over me later."

The event may have been life-changing, but it's only one of many that father and son



have shared over the years. Just getting together for family gatherings or for sports activities is as important to them as their New York City adventure. "The music we love is a common bond. but dad and I like to do lots of things together," Matthew said. "Hunting, fishing — we love anything outdoors." Time together is even more valuable now that Matthew is busy studying at Howard Payne University in Brownwood.









A recent occasion that both pointed to as one of the most gratifying in their lives was a special concert at Corsicana's Northside Baptist Church, during which they were honored with a duet that was written and dedicated to them. The duet was a hymn, titled "If That Isn't Love." It was composed by the church pianist at the time, Velma Burnett, whom Matthew really looked up to. "It was wonderful," Matthew shared. "It was an amazing tribute."

Father and son have performed with the church's orchestra for about four years, and Matthew, in particular, singles



out Phil Moore, minister of music, for being a "great supportive influence in my life." "Phil helped me prepare my piece for Juilliard and has helped me at every stage along the way," Matthew added.

Matthew is enjoying school and looks forward to a bright future. He hopes to further his musical career through singing and "getting a record deal" but also by teaching music. Personally, he wants to start a family and to be as good a dad as the one with which he's been blessed. He is close to his mother, Ann, as well as his siblings, Brittany, 16, and Justin, 14, who are also music lovers, and believes his family's support has contributed to his success.

As for Matt, he couldn't be prouder of his musical family, and he has faith that Matthew will be a good example for his younger children to follow. "My hopes for Matthew are for him to become the man God wants him to become, to love God and his family and to support his children's interests, as I feel I have." NOW

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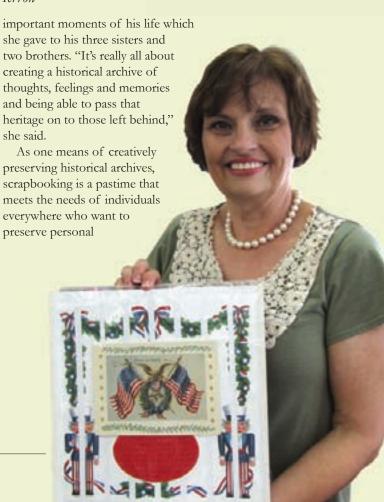
— By Rick Herron

After going through the trauma of losing two close members of her family — a father and grandmother — Debbie Wright instinctively knew she had to find some way to permanently record all the wonderful memories she had of those now absent and deeply missed loved ones. This persistent, unrelenting need to put her thoughts, feelings and special memories into some kind of physical repository led her to the world of scrapbooking.

"After I lost my grandmother, I had so much regret about all the things I never asked her," Debbie remembered. "I realized how important it is to preserve our heritage in some kind of book for future generations."

Always a creative and artsy person, Debbie's first venture into scrapbooking happened in 1997 when she decided to create a scrapbook on her son's tennis playing and the wonderful instruction he received from his tennis instructor at Corsicana High School, Coach White, who has since retired.

"Most of the scrapbooks I create are gifts, and that first one I created was for my son to commemorate his discovery of tennis," she said. After her dad passed away in 2007, she built on what she had previously learned and created scrapbooks of





and family history, such as artwork and photographs. According to the Web site, myscrapbooks.com, scrapbooking became popular starting in 1926 after the publication of a book called Manuscript Gleanings and Literary Scrapbook by John Poole. "Mark Twain was a lifelong creator and keeper of scrapbooks," Debbie said, adding it is an activity some husbands have been known to do.

"I've seen scrapbooks about ancestors, kids and grandkids, sports, dance, gymnastics, hunting, all kinds of hobbies, and I've even seen one that was created to record all the stages a person went through when remodeling their home," Debbie said. In that scrapbook, pages were devoted to individual rooms of the home and the paint, fabric and finishing



touches that were used in the process.

The wide variety and sizes of albums, background papers and embellishments, such as lace, wire, fabric, beads, sequins, rhinestones and ribbon, make the process of assembling a scrapbook a true means of self-expression. "Everybody takes pictures of family, friends, things - so right there is one of the basic components of a scrapbook," she explained. Even though a lot of people are not artistically talented, "most everyone loves to create," she added.

Creating a scrapbook usually begins with picking the pictures to include. "You won't use them all, so pick out the ones that best tell the story," Debbie shared.

Next, decisions should be made pertaining to the layout (the two-page layout is the predominant choice) and the paper type and color that will complement the color of the pictures. "Cut anything out of the picture that isn't absolutely necessary," she said.

Next is the journaling phase, where the creator writes something about each







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The sciatic nerves are the largest (and longest) nerves of the body, reaching about the size of your thumb in diameter, and running down the back of each leg. When these nerves are irritated or affected by the inflammation of nearby soft tissues, doctors refer to this as sciatica.

One of the most common causes of sciatic leg pain is the vertebral subluxation complex. It can be accompanied by the bulging or herniation of the soft pulpy discs which separate each spinal bone. This can irritate or put pressure on the sciatic nerve roots as they leave the spinal cord. The result can be an intense pain shooting down either or both legs.

Sciatica, like other health problems that can be traced to the spine, often responds dramatically to the restoration of normal spinal function through conservative chiropractic care.

Pain is caused when the sciatic nerve roots are irritated, scraped, twisted, stretched or pinched as they exit the spine. Causes of the impairment may be chemical, physical or the emotional stress of everyday living. A full-blown sciatic flare-up can involve the entire sciatic nerve path, resulting in symptoms of lower back pain, burning, cramping or numbness that radiates into the thighs, legs, ankles, feet and toes. Pain may also be limited to various points along the nerve, such as the buttocks, knee area and calf.

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picture. "You can do this on a computer, or even better, in your own handwriting, which lends a personal touch to the process," Debbie said. Journaling can take many forms, such as reflective, story-like or even a simple list of words, and can include song lyrics, quotations or poems.

The process of matting is especially important because it is a way to give the selected photos dimension (think of 3-D) which enables them to stand out from the background of the scrapbook page. "Mats for photographs are generally cut into rectangles, squares or circles that are slightly larger than the photo," she explained.





Throughout the scrapbook creation process, embellishments, or "adding bling," are carefully selected and placed in strategic areas on each page. The aisles of scrapbooking stores and specialty online sites are full of hundreds of different kinds of embellishments, along with a huge variety of mats, paper, albums everything a scrapbooker would need.

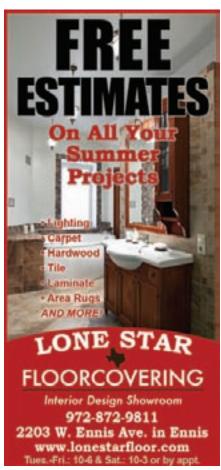














Debbie considers creating a scrapbook to be very much like getting dressed. "Just as you select the kind of outfit you want to wear and the accessories to wear with it, the same process applies to accessorizing each page of your scrapbook," she said.

Debbie is a part-time employee of Scrappin' Goodtime where she instructs kids on scrapbooking skills and enjoys passing her skills and enthusiasm on to another generation. "I teach the kids how to do a two-page layout each month so by the end of the year they have a completed scrapbook where they have told their own story from their own point of view," she said. Debbie also assists with scrapbooking retreats.

While scrapbooking is a fun and creative pastime for kids, it is certainly not limited to any specific age group. "My husband says he can tell I'm happiest when I'm creating," Debbie admitted, further explaining that the term "crop" in the scrapbooking world refers to a get-together for those who like to create scrapbooks while enjoying the company of others who share their interests.

In addition to being a bona fide expert in scrapbooking, she is a wife, the mother of two boys, an aunt, a daughter, a sister and a devoted and active member of Northside Baptist Church. These days, she has found a new purpose and direction for her life since she discovered the world of scrapbooking. "I love to make these beautiful books of memories and give them away to people who have blessed my life, so it's a very spiritual thing for me as well." NOW



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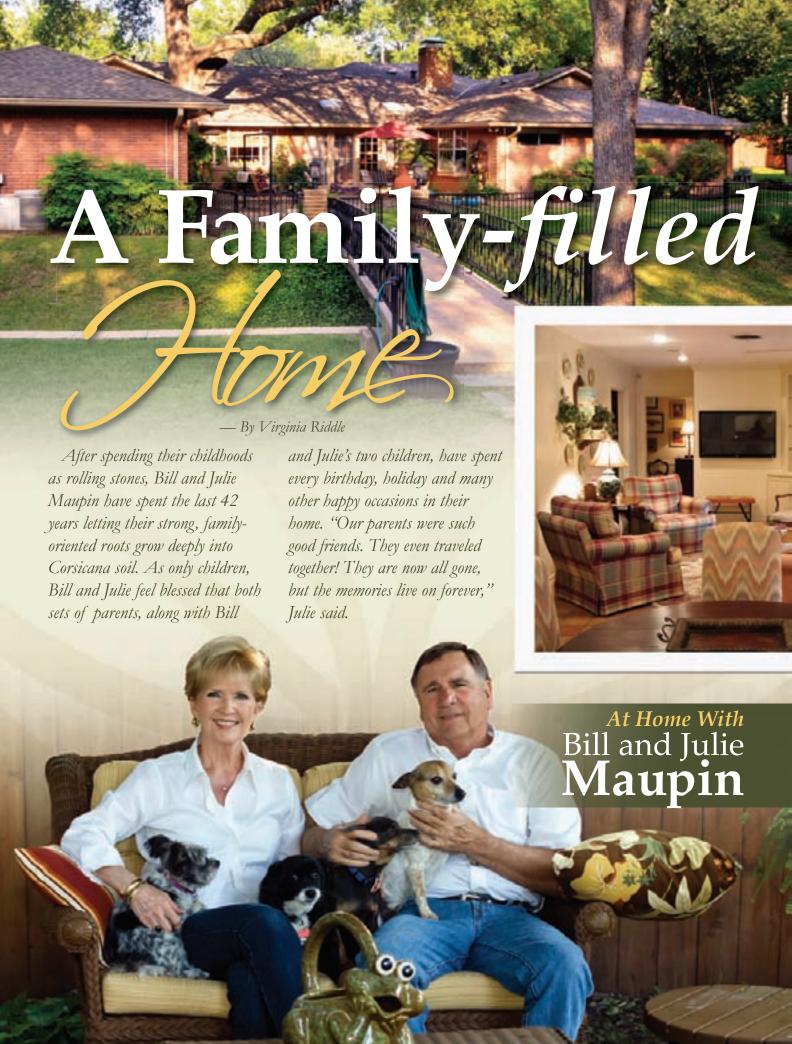


because, It All Starts With Community.









Bill's dad was a Y director for over 40 years, so Bill grew up in the YMCA in Arkansas, Oklahoma and Texas. Julie was an Air Force "brat," but having been born in San Antonio, she is a native Texan. The military took her parents and grandmother to Germany, South Carolina, New Mexico and France. "I wouldn't trade that life for anything," Julie exclaimed. The couple met while attending Texas Tech University. Employment opportunities brought them to Corsicana in 1970, when Bill began a career with the YMCA as program and physical director and Julie started her 14-



year teaching career in English and French classes at Corsicana High School (CHS).

Their moving days were not over yet. "We moved seven times during the first five years we lived in Corsicana," Julie remembered. The couple settled in the country where they reared their children, Kristen and Matt, along with plenty of animals — cows, horses, dogs, cats and a Shetland pony.

Both Bill and Julie have been very active in their adopted community. Bill went into the mobile home business, but he has never stopped serving on the YMCA board of directors, of which he has served as president. He serves as a director of several area foundations and









is on the Corsicana Planning and Zoning Commission. "Twe been on many boards in town in the last 40 years and served in several charitable organizations," Bill said.

Julie volunteers with the city's animal shelter and the Humane Society of Navarro County.
Bill, who has owned Today
Homes for 40 years, donates his time and an office space and utilities to both of these organizations. Members of Westminster Presbyterian Church, both Bill and Julie have served as elders. Julie has also served on the Main Street

Advisory Board.

During their life in the country, Julie showed horses, but when Kristen was a sophomore at Texas Tech and Matt was a sophomore

> at CHS, the couple decided to move to town to their current home. "We no longer needed the matching horse trailer and truck," Julie said. "This home was the perfect transition for us from our country life, since it had a big yard,

lots of trees and plenty of privacy. We fell in love with the setting," she added. Wildlife, such as possums, raccoons and a fox, has been spotted roaming a wooded greenbelt that runs behind the home.

"We have missed the beautiful sunsets in the country, but we love the sprinkler system, trash pickup and paved roads in town," Julie said.

A beautifully manicured yard, Julie's domain, greets family and friends. A gardener, Julie works in her garden house and greenhouse so the yard is constantly supplied with color.

A formal dining room/living room with a large dining table is ready to host large gatherings of family and friends. Julie's collection of lusterware was first started by her mother. As with many of the home's furnishings, the couple has inherited and been gifted with antique treasures that their parents loved to find and collect. A heavily carved buffet from Europe completes the dining room, while bookcases frame the fireplace. "I want to enjoy these things. I grew up with them. My parents collected because they loved these items. My mother matched things, and I mix things," Julie said.

The family room is central to the home and a favorite gathering place. Terra-cotta tile floors heighten the rosy hues throughout the comfortable seating area. A grandfather clock, part of Julie's





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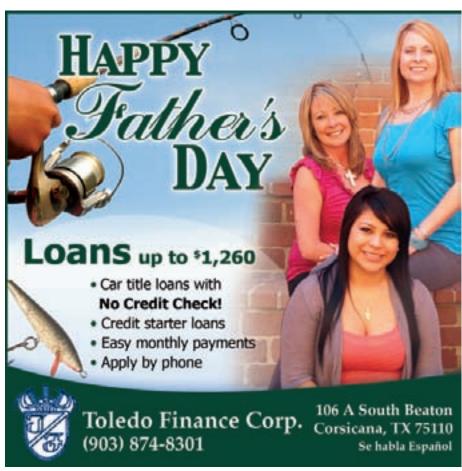
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dad's collection, stands sentry. French doors open onto the large backyard.

The kitchen and informal dining nook have been remodeled. "We have worked on the house steadily," Julie said. Cream-colored cabinets are enhanced by the granite countertops. An island workspace comes in handy when preparing large meals, and a wine shelf was added.

A large den was created by enclosing



the garage. The wooden ceiling with beams hints of their cabin in Ruidoso, New Mexico, where the couple likes to relax. "Bill and I are mountain people. We like to hike and snow ski," Julie shared. "Bill also loves to play golf anywhere and everywhere."

A guest bedroom with private bath is entered from the kitchen. Kristen did the needlework that is hung on the walls. Julie's mother's spoon collection, including a hand-carved Welsh love spoon, is exhibited as well. "When my



mother found another antique and wanted to pass something along, I was very happy," Julie remarked. Another bedroom with a window seat features a marble sunken bathtub in the private bath. The hallway between the guest bedroom and master suite serves as the family's "Walk of Fame," with photography capturing moments in their lives.

The home originally had four bedrooms, but Bill and Julie incorporated one bedroom into the master bedroom making a large closet, bath and sitting area, which the couple uses for a home office. French doors open to the pool and patio area.

As they remodeled the house, they removed some the high windows and replaced them with a larger window. In later remodels, they removed the larger window and replaced it with French doors, so they could use the pane of glass in a newly opened window in another part of the house. Julie laughed about the remodeling and remarked, "We have a traveling window."

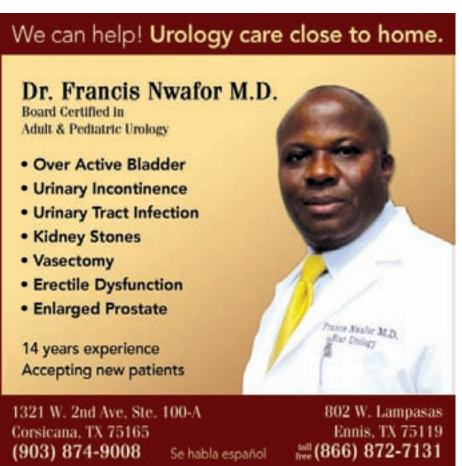
The backyard is ready for entertaining friends and family who can swim in the pool, take a walk across the bridge over the greenbelt creek, glide on the swing, sit under the vine-covered pergola or



talk around the fire pit. Whether inside or outside the home, Bill and Julie's four rescue dogs — Fifi, Sophie, April Penny and Teddy — know they are loved and at home.

With Kristen and her husband, Dan McCoy, along with their children, Will and Cathryn, who live in Corsicana, and Matt and his wife, Amber, located in Dallas, Bill and Julie's home is often full of family. Longtime friends and members of their supper club, which has been meeting for 35 years, have become family, too, and are always welcome. "We love our neighborhood and our home," Julie said, "but the thing that we cherish most about living in Corsicana is the friendships that we have formed over these 42 years."







— By Virginia Riddle

Lights beam and bob in pre-dawn darkness and quiet. Reflective gear shines as members of the Corsicana Fruitcakes Cycling Team round a corner finishing another early morning ride in preparation for the Tour d'Italia Ride in Italy, Texas, on June 16, 2012; the Hotter'N Hell Hundred Endurance Ride in Wichita Falls, Texas, on August 25, 2012; and other rides in the Texas cities of Temple, Waxahachie and Lancaster.

"I'm retired, and I'm watching the sun rise,"
Tommy Taylor, team member, said.



Organized in 2000 by Don Bowen, former Corsicana ISD superintendent and businessman, this loosely knit team of 13-18 members ranges in age from 26-73 years old. They meet three to four times weekly to gain "saddle time" riding 25-100 miles on the many farm to market roads surrounding Corsicana. "We just walk out our doors and ride. We have good lights," Bill Cook said. Flexibility in training is foremost, since some members have children at home, some have demanding jobs and other members are retired. Only cold weather stops this team — 40 F and lower is too cold! In the summer, the group trains in the afternoons to get acclimated to extreme heat. Peer pressure to ride works for them. "When you don't show up for a couple of weeks, you hear, 'I saw your bike listed on eBay," Bill said.



Just like other athletes, the Corsicana Fruitcakes, formerly known as Bowen Warriors, have a corporate sponsor — the Collin Street Bakery — home of the internationally known DeLuxe Fruitcake. Their colorful team jerseys are made for safety, comfort and speed but also stand out in crowds, representing Corsicana well.

Team members are responsible for the costs surrounding their bikes and other safety and riding gear. The average cost of bikes is \$1,500-2,000. "Start-up expenses are great," Bob Kingman said. Bikes average 18 gears and use expensive





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light-weight tires. Technology, such as GPS units and computerized "gizmos," adds up quickly. Cyclists often own two to three bikes. Leon Allard had another take on expense, "If you buy the bike, you have to buy the furniture for the wife!"

The hazards of the road make the already physical challenges greater. "The seats are always uncomfortable," Tommy said.

Leon added, "You just have to get saddle broke."

Everyone has had their share of falls, sometimes resulting in serious injuries. Dogs, skunks and motorists give members some anxious moments. Helmets, reflective clothing, big headlights and riding as a group are regularly observed safety measures, but team members are quick to cite the benefits and joys of cycling. "I was looking for a different type of activity," Tommy said.

"We talk about everything and solve nothing," Ronnie Ragsdale stated.

Training together with the broad age range provides fun, fellowship and stress relief while getting a great cardiovascular workout. All of the rides in which the team participates are conducted for charities. "You see many of the same people each time. You just keep moving up in age categories," Bob said.

The most challenging of bike rides, the Hotter'N Hell Hundred Endurance Ride, began in Wichita Falls as a way to celebrate the city's centennial in 1982. The ride offers five routes to cyclists: 100 mile, 100K, 50 mile, 25 mile and

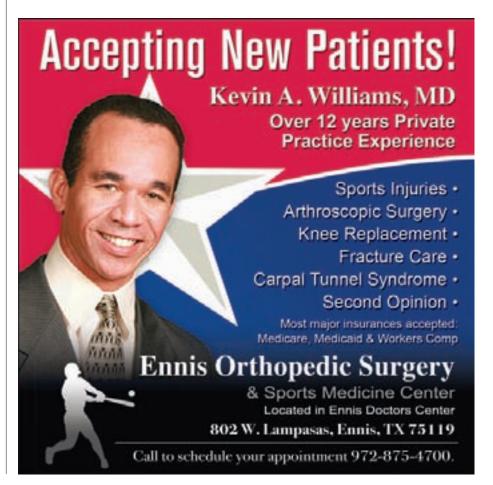


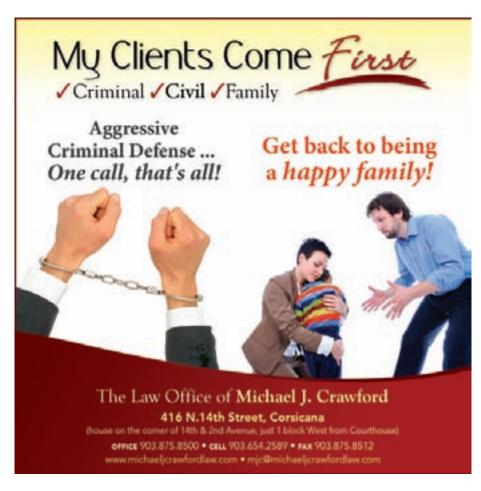
10K. Temperatures in August soar well above 100 F. The largest single day, 100-mile bike ride in the U.S., with over 13,500 registered participants last year, the ride requires preparation by participants, as well as the hosts. "If you prepare well, you have few mechanical problems," Leon said. Leon parks his motor home front and center at the race site several days prior to the event, so the team has a headquarters. Overnight accommodations are reserved by the other members a year ahead.

It's difficult, however, for riders to totally be prepared physically to ride 100 miles in 100-degree temperatures, so the hosts are prepared to provide physical comforts to the riders. Over 70,000 pounds of ice, 10,000 gallons of water, 2,800 gallons of Powerade, 8,000 pickles and 29,000 pounds of fruit were provided to last year's ride participants by over 3,500 community volunteers in 18 rest stops spread out along the five routes. The rest stops also provide much needed shade and wet towels to cool body temperatures. Over 800 medical volunteers staff MASHtype units at the rest stops, assuring that riders who experience "bonk," a state of severe exhaustion brought about by the depletion of glycogen in the muscles caused by not eating and/or dehydration, insect bites, cuts, bruises or any other type of medical emergency, are taken care of as quickly as possible.

"There are IVs, ice bags — they really look like MASH units. The hardest thing to do is to stay hydrated and realize when to stop," Bill said.











"We are mentally committed to finishing," Leon added.

The team takes care of each other. "Someone pops a wise crack to break up any hypnotic state you're in," Tommy said. Riders are never more than 10 miles away from aid, and volunteers in vehicles are nearby to help with any kind of problem.

The ride is begun with a flyover by F-14s from nearby Sheppard Air Force Base and a shotgun blast. Because of the number of riders, it takes the team 30-40 minutes to reach the starting line. However, this is a ride, not a race. Finishing is the only goal. "The first 20-30 miles are the most dangerous because there are so many people," Leon said. "By the last 40 miles you're thinking, Why am I doing this? I'll never do this again! Then you finish in town, and it's a thrill! Everyone turns out. There are people all along the way — just so much involvement of people in this area. It makes the ride lots of fun," Leon remembered. HHH Finish Line Village, a food and entertainment venue, provides additional fun time for participants and their supporters.

"You have to have home support, too. Everyone has to buy into the program," said Ronnie, who is the cook on the team.

"We always have a dinner with the wives. We have one lady on the team, so we can qualify for federal funding," Bob joked.

"We are individually focused, but it really takes a team effort," Leon stated.

Anyone is welcome to join the team for its morning rides that begin at 6:00 a.m. weekdays at the Bowie and Northwood streets' railroad track. Sunday rides begin at 6:30 a.m. **NOW** 



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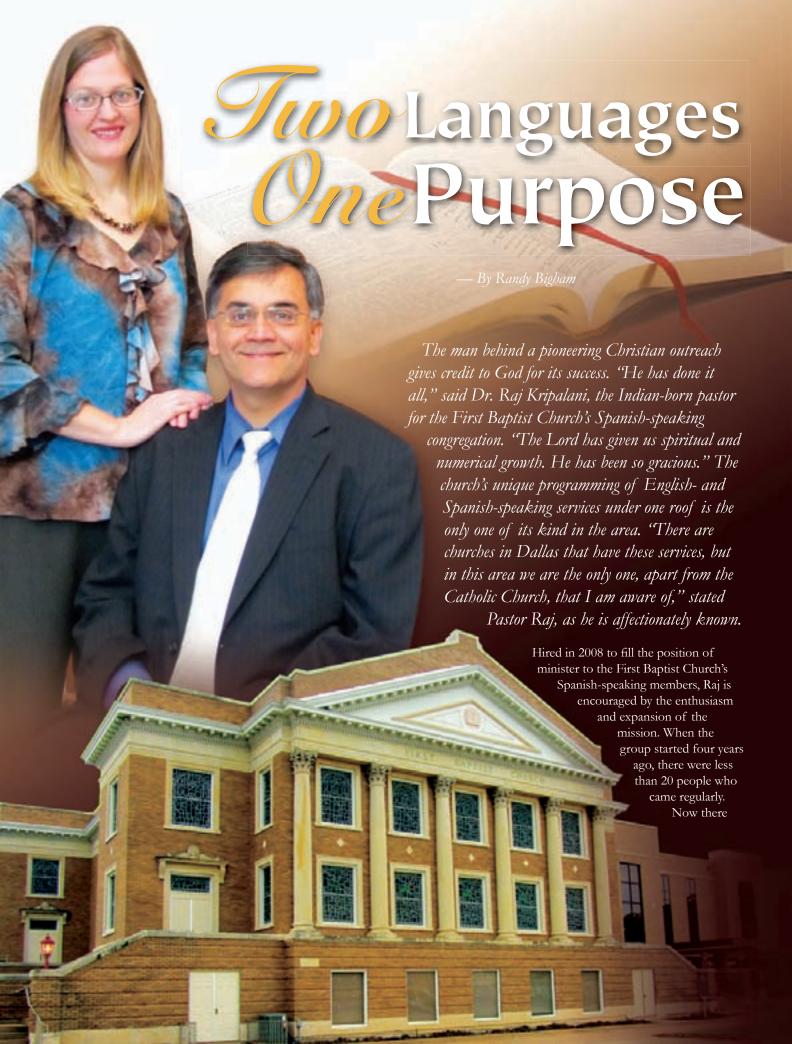


301 Forrest Ln — 3/2 brick w/ open kitchen, stainless appliances, 2 living areas, covered patio, fenced back yard on landscaped corner treed lof. Julie 303-654-3970





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are 135 members. "It is a joy to work with Hispanics," Raj said. "They are hungry to learn. They love to open the Bible and take in its meaning." He points out that the local Hispanic community is a friendly, family-oriented culture, not only eager to worship but one that has welcomed him and his wife, Adrienne, with open arms.

Raj believes the impact of the First Baptist Church's outreach to this thriving minority has enabled it to prosper, improving all aspects of life through faith. "I have seen their lives transformed," he remarked. "I have seen lives enriched. Marriages have been revived, people with drug and alcohol



addictions restored, parents and children reunited." He has especially enjoyed witnessing how involved young people are in his congregation. "They are very knowledgeable," Raj said. "And they are anxious to participate, so that is great to see."

More than anything, Raj is inspired by the cohesive interaction of his membership with the church's Anglo parishioners, led by the Reverend Danny Reeves who came on board last year. An example Raj offered of the unity to be found at First Baptist is the way the congregation pooled its resources and dedication to aid survivors of the



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tornado disaster in Joplin, Missouri, last year. "We all worked on that project together," he recalled. "About 32 men and women, Anglo and Hispanic, went to Joplin to do what we could to help people in need and to witness for God. The devastation and homelessness was



horrible to see." But it was a rewarding experience for Raj and all First Baptist members who contributed to the effort to relieve suffering. A delegation of church members is planning to return to Joplin to help in the ongoing rebuilding of homes and businesses. The atmosphere of camaraderie shared during the Joplin mission is such that Raj is reminded when people combine forces to do good, there's no limit to the possibilities of affecting positive change. "Here at First Baptist, we may speak two languages, but we are one church standing together for Christ," he stated.

The pride he has in his work, and the assurance that he is accomplishing God's purpose for him, motivates Raj. But it's been a long time coming. Born in Pune, India, he moved with his parents as a young boy to Belize, where he was educated. Belize, a former British colony, offered a more prosperous living for his father, a businessman who operated jewelry and clothing stores. Although English and Kriol are the country's official languages, Raj soon learned Spanish, which is spoken fluently by 46-percent of Belizeans.

His journey as a Christian was fraught with difficulty, due to opposition from his family, and his own experimentation with other faiths. Raj even dabbled in the occult, but soon he had an epiphany that led him to adopt Christianity. "We had a Bible, not because we were Christians, but because I had studied it in a required school course," he explained. "And I started reading it, and learning its teachings. It became my new favorite

book, and I took it with me everywhere, even to the beach."

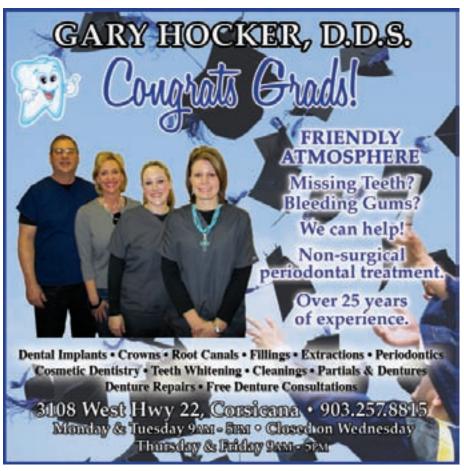
That Bible went with Raj even farther afield. When a local connection in Belize suggested he move to Mexico, he went to live there for five years, honing his language and oratory skills by presenting short guest sermons. His trusty Bible soon brought him to America where he studied at



Ambassador University in Big Sandy, Texas, receiving a bachelor's degree in business administration. He later received his master's from Tyndale Theological Seminary in Hurst. "But I still felt a deep desire to preach," Raj recounted. His calling led him to Louisiana Baptist University, a Doctor of Ministries in Theology degree and, ultimately, his ordination as a minister in 2002.

With the Ph.D. he received in 2011, Raj is now happily ensconced in his position as Hispanic pastor at First Baptist, where he is busier than expected. While challenging, the work is fulfilling. "Our goal is to help the Hispanic community here and everywhere," he said, "making sure they are nurtured and edified in the Word of God." In addition to hearing sermons in Spanish, his members participate in a joint worship service every quarter with the Anglo portion of the church, where the Reverend Reeves' messages are translated into Spanish.

In affiliation with the Baptist University of the Americas, First Baptist















also offers courses in foundational studies for Hispanics seeking the ministry as a profession or for personal development. Raj teaches these classes. He has previously written for religious publications, including articles for the *Conservative Theological Society Journal*. He has also lectured at the society's annual conventions in Dallas.

Raj is thankful for the success of the ministry in Corsicana and acknowledges his wife, now expecting their first child, for her support and help at home. His



parishioners also encourage him, and for his part, Raj finds their dedication to God and family inspiring. "Most activities in the Hispanic culture center around family," Raj said. "A simple thing like a meal is important, because food isn't something to be rushed, but enjoyed in the midst of building relationships."

He also has high praise for the city he now calls home. "We love the close, neighborhood feel of Corsicana," he admitted. "And we like being just an hour from Dallas." Raj looks forward to seeing his outreach to the Hispanic community enlarge and welcomes the community to First Baptist where people can attend Spanish worship services and enroll in classes to learn English or pursue a theological education. He said, "We are proud of the work we're doing to strengthen the spiritual and educational lives of Hispanics."

Editor's Note: A selection of Raj's Spanish messages is available online at www.sermonaudio.com.



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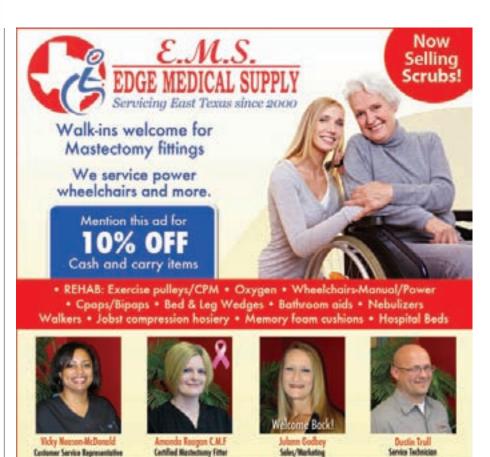




of Victorian architecture in the country. But that's only the beginning. The island is also home to 32 miles of beaches, a wide variety of family attractions, museums, restaurants, downtown shopping, top resort hotels and outdoor adventure activities by land or sea, including: kayaking, diving, deep-sea fishing, birding, golfing, beach volleyball and more.

Most notably, however, much of Galveston's appeal is tied to its history, an aspect the island's tight-knit tourism community works to preserve and promote — from its many National Historic Landmarks to the island's newest attraction: the Galveston Island Historic Pleasure Pier. Located over the Gulf of Mexico off Galveston's Seawall Boulevard, the pier is reminiscent of the pleasure pier that was built in the same location during the early 1940s and stood there until 1961. The new pier, opening in May 2012, includes 16 thrill rides, a full-service restaurant, midway games, shops and live entertainment. Other historical attractions on the island include the 1892 Victorian mansion, Bishop's Palace,

and the



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1895 Moody Mansion. Both historic homes are open for tours regularly. Galveston is also home to four nationally recognized historic districts, including the popular East End Historic District where completely restored historic homes line the streets. Within the district, the Galveston Island Tree Sculptures have become a popular tourist draw. These sculptures — made from neighborhood oak trees destroyed by Hurricane Ike in 2008 — are nestled in yards for the public to find and enjoy.

Another historic district, the Downtown Historic Strand Seaport District, is located



across the street from the Galveston Cruise Terminal. Within the district, The Strand is a popular destination with



Victorian buildings lining the street that house quaint boutiques, shops, restaurants and attractions, including a new interactive pirate museum, Pirates! Legends of the Gulf Coast. The district is also home to the Galveston Railroad Museum. A couple of blocks over, Postoffice Street is home to art galleries, shops, restaurants and entertainment venues, such as The Grand 1894 Opera House.

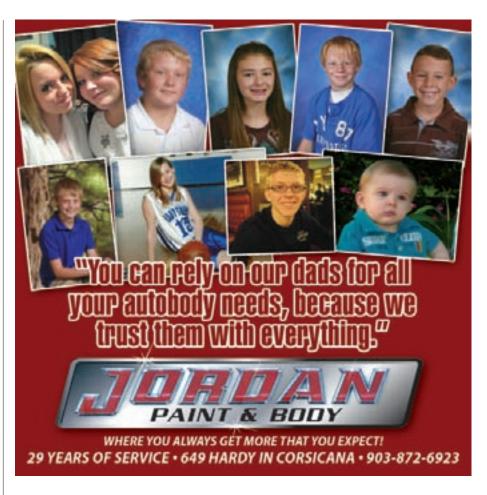
Next door to the Galveston Cruise Terminal — which offers eastern and western Caribbean cruises through Royal Caribbean, Carnival Cruise Lines, Disney Cruise Line and Princess Cruises stands Pier 21, a destination home to the Texas Seaport Museum and 1877 tall ship, *Elissa*, harbor boat tours, the Pier 21 Theater and a variety of restaurants,

# Much of Galveston's appeal is tied

to its history.

including the harbor front Olympia Grill and Willie G's Seafood & Steaks. On the nearby Pier 19, the Ocean Star Offshore Drilling Rig and Museum offers a unique opportunity to step inside a retired oil rig and learn about the offshore industry.

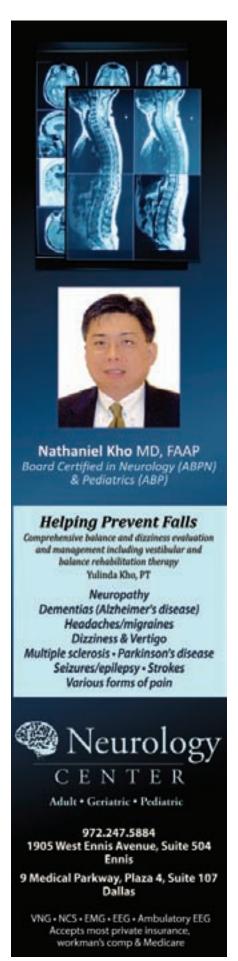
In addition to Galveston's rich history, the island is known for its beaches. Stewart Beach is an ideal family destination offering a children's playground, umbrella











and chair rentals, volleyball courts, and an outdoor pavilion with a snack bar, souvenir shop, restrooms and bath house. Seawolf Park on Pelican Island in Galveston Bay is another beach destination that features a historic WWII submarine, a destroyer escort and other military items. Galveston is also home to East Beach, the beaches



along Seawall Boulevard and Pocket Parks 1, 2 and 3, providing plenty of options for picnics and water sports.

On the West End of the island, visitors to Galveston will find a cluster of family and adventure attractions, all within walking distance of each other. The first, Moody Gardens, is a 245-acre resort complex known for its large glass pyramid buildings. One of the most visited places in Texas, Moody Gardens has an Aquarium Pyramid and a tropical Rainforest Pyramid that houses more than 1,000 species of plants and freeroaming animals, such as: monkeys, sloths and birds from rainforests around the world. Moody Gardens also has 3-D, 4-D and Ridefilm theaters, a golf course, a kid's water park, historic paddlewheel boat cruises and a AAA-rated, fourdiamond hotel.

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Galveston Island Waterpark is open
year-round with an outdoor and indoor
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Amusement Today. Nearby is also the Lone
Star Flight Museum, where visitors can
see and even fly in rare historic aircraft
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For more information about Galveston visit www.galveston.com or call 1-888-GAL-ISLE. Copy and photos courtesy of the Galveston Island Convention & Visitors Bureau.



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— By Virginia Riddle

Since 1956, J.D. Johnston's family business, Third Avenue Market, has been the place for Corsicana meat lovers to satiate their appetites with meat carved exactly to their specifications. "Everything is fresh. Nothing is packaged ahead of time. You can order your meat cut as thick or as thin as you want," J.D. stated.

While the firm stopped processing meat for the public in the 1990s, its suppliers assure freshness. "Our meat is really fresh," J.D. explained. "We don't use pink slime, and the meat doesn't sit in the packages for several days before being purchased." Customers enjoy hamburger meat that is ground daily and smoked meats, sausage, jerky and chili made on-site. Favorite smoked meats are briskets, hams and ribs. Area hunters can

bring in venison and leave with sausage custom made to order. The market was voted for several years as the Best Meat Market in Corsicana.

Besides offering a pleasant shopping environment with an emphasis on cleanliness and speedy service to walk-in retail customers, Third Avenue Market delivers meat to its wholesale customers, mostly convenience stores and restaurants, in an area that reaches out to surrounding counties. The business also carries concession supplies for sale. "Customers can come in and buy 50 cents worth of something up to our packaged specials ranging from \$27.50 to \$625," J.D. said.

While J.D. occasionally visited the market, he had other career aspirations and went to Navarro College. Not long out

#### Business NOW

of college, he was working for J & D Feed Store when his great-uncle, Lyndon Wilson, then owner of the market, asked him to work with him. In 1990, J.D. and his uncle, Tommy Johnston, bought the market, and then only last year, J.D. became the sole owner, after buying his uncle's share. Today the market employees four people, who, just like J.D., have become experts in meat cutting, with on-the-job training. "One guy drives the delivery truck, and the rest of us do whatever it takes to satisfy the customers' orders," J.D. stated.

As a native of Corsicana with deep roots in the community, J.D. gives back by volunteering at the Navarro County Youth Expo (NCYE) each year, cochairing the steak luncheon and serving on the steak-cooking team. He is ready to help any of the area schools' FFA clubs or county 4-H clubs. "If they need help, I'll go and help," J.D. offered.

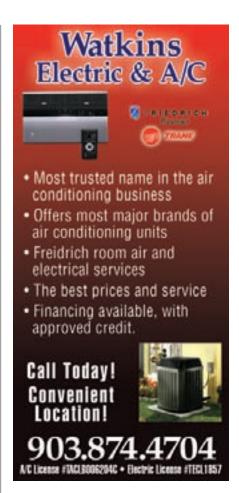
Involvement with the NCYE is a lifelong commitment of J.D.'s. He showed animals as a student and, as a parent, helped his daughter, who is now a student at Sam Houston State

# "Everything is fresh. Nothing is packaged ahead of time. You can order your meat cut as thick or as thin as you want."

University, and his son, a student at Navarro College, show heifers. J.D. conducts clinics in showmanship and sells heifers to today's kids who need an animal that will be competitive.

Being a meat cutter is not a profession to which everyone aspires. "You can't have a weak stomach," J.D. said. Also, the saws can be dangerous. "I have plenty of scars," he added.

The joys of opening the market each day far outweigh the challenges. J.D. liked working with his two uncles and other family members and, of course, he and his wife, Tammie, enjoy having lots of kinfolk nearby and getting to know so many customers and employees. J.D. admitted, "Over the years, they have all become friends."











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### Around Town NOW



Local volunteers give back at the Navarro County Food Pantry. Left to right: Susan Tyner, executive director; Linda Fannin; and Marge Cooper.



Guardian Healthcare hosts an exercise class at Caimbridge Crossing. From left: Carol Ann Lyle (instructor), Shirley Lee, Madelyn Tyler, Texie Griffin, Annette Inmon and Ema Goode.



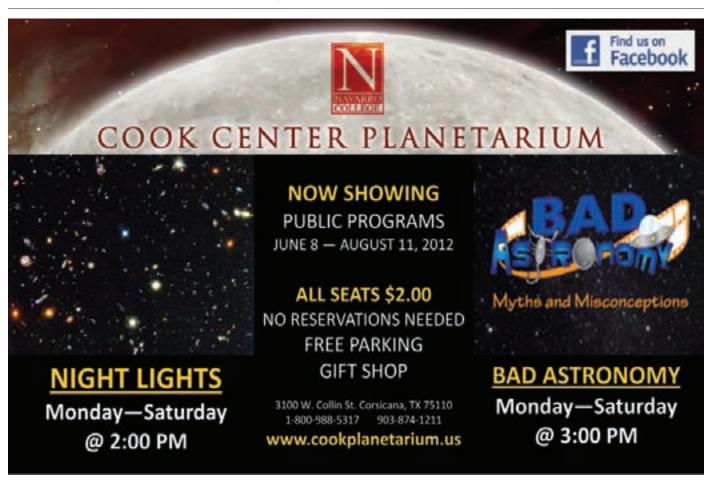
Larry and Nan McLain, Margie Hawkins with her daughter, Amanda, and Gladys Espenson visit during the Mystery Art Show at the Warehouse Living Arts Theatre.



Students jammin' for a cause at Navarro College.



Ginger Fairholm, Linda Cline and Marla Graham are caught enjoying the Southern Oaks Concert.





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The exact causes of colon cancer are unknown. One of the most important preventive steps is to get a colonoscopy, a screening test to detect any signs of cancer. A colonoscopy is a procedure to see inside the colon and rectum. Used as either a screening test or a diagnostic tool, it can help your doctor investigate unusual symptoms such as unexplained changes in bowel habits, abdominal pain, rectal bleeding and weight loss.

A colonoscopy is performed using a long, thin, flexible tube equipped with a light and a tiny camera that transmits images of the patient's intestinal lining to a computer screen located at the bedside. This enhanced view allows the doctor to see inflamed tissue and any abnormal growths.

If polyps (growths) are found during the exam, they are quickly and painlessly removed at that time and later tested in a laboratory for signs of cancer. Polyps are common in adults and usually harmless. However, most colorectal cancer begins as a polyp, so removing polyps early is an effective prevention method. Your doctor can also take samples from abnormal-looking tissues — a biopsy — during the colonoscopy, so that any suspicious areas can be examined for signs of disease and treated, if necessary.

The American Cancer Society recommends a routine colonoscopy screening for all adult men and women beginning at age 50, or earlier, if you have specific risk factors. Industry guidelines suggest that a repeat screening be conducted every 10 years for adults with normal risk.

Your risk level for colon cancer varies according to your age, gender and ethnic background, as well as your overall health and lifestyle. Factors that affect your risk level include:

- Advancing age (over age 50)
- Male gender
- African-American ethnic status
- A family or personal history of polyps (growths inside the rectum or colon) or colorectal cancer
- · A high-fat diet
- Certain digestive diseases, diabetes, Crohn's disease, ulcerative colitis

Depending on your age, a colonoscopy screening may be a covered "wellness" test under your insurance plan — and most plans cover a colonoscopy completely as a follow-up test or diagnostic tool. Check with your insurance provider and your doctor's office for help in scheduling a screening exam.

#### Sources:

American Cancer Society, www.cancer.org. National Cancer Institute, www.cancer.gov. National Institute of Diabetes and Digestive and Kidney Diseases, www2.niddk.nih.gov/.

Remember that this information is not intended to replace the advice of your doctor, but rather to increase awareness and help equip patients with information and facilitate conversations with your physician that will benefit your health.

Shazad Syed, M.D. • Gastroenterology Medical Associates of Navarro County Member of the medical staff at Navarro Regional Hospital

# Not Too Late To Shape Up

— By Nancy Fenton

Finally, the air is warm and full of sunshine. It's time to get out in the yard. If you're like me, you had lots going this spring and didn't quite get to trimming. Take heart — it's not too late. I actually prefer to trim a bit later, because I can easily see which branches are hardy and which ones are weak. The weak ones need to go in order to continue having a pleasing shape and more blooms.

Here are a few hints I can share: The first is to sharpen your tools if you haven't already. A whet stone and a little oil go a long way, especially when combined with a little elbow grease. If you have already taken care of that, be sure and clean the blades with diluted bleach. No sense in trading germs. Do this each time you start to trim another plant. The second important item is to remember or refigure what you are trying to do. Do you want to promote more blooms? If so, you need to know if your plant blooms on new or old wood. Common plants around here like the abelia, beautyberry, dogwood, hydrangea and Rose of Sharon all bloom on new wood. You can trim right after they bloom or very, very early! Quince, spirea, forsythia and a few others bloom on old wood. Let them bloom, then trim and thin after they have had their day in the sun.

Shaping up is important if you want to see your house especially behind those nandinas. Several tall, large stems can be trimmed



from the center each year. They will thicken up and not overgrow their space. Most shrubs can be cut back almost to the ground if they are totally overgrown. You may have some low bushes for a short while, but they will come back fuller each time you thin or whack. You can shape them up in almost any shape with a little tender loving care. Just do it soon. The heat of summer will not be kind to most heavily cut shrubs!

Have a great summer and call the Master Gardeners at (972) 825-5175 for more information.

Nancy Fenton is a Master Gardener.



# Money Market Deposit Account vs. Money Market Mutual Fund

— By Lynda Housley

There is a lot of confusion around money market deposit accounts and money market mutual funds. Many individuals mistakenly believe that a money market deposit account is a mutual fund or equity account. Money market deposit accounts and money market mutual funds are both considered cash equivalents, but read on, and you'll discover there are some important differences.

• Money market deposit accounts offer the benefits of both a savings and checking account. The customer earns interest while still being able to write checks and withdraw or transfer funds. They sometimes offer higher interest rates than a regular savings account, but the primary difference from checking accounts is that money market deposit accounts are limited to six transfers or withdrawals per month when transfer or withdrawal is made to another account of the same depositor at the same bank, or when they are made to a third party, by means of a preauthorized transfer or automatic transfers; telephone (including fax); or with the bank's home or Internet banking service (such as Bill Pay). Transfers to a third party are also limited to six per statement cycle if made by check, draft or debit card (point-of-sale).

Accounts that exceed these limitations may be subject to a fee and/or closed. (Savings accounts have transaction limits, as well. Checking accounts do not have transaction limits.) Money market deposit accounts are protected by the Federal Deposit Insurance Corporation (FDIC) when opened at a bank that is a member of the FDIC.

• Money market mutual funds seek to preserve the amount invested by maintaining a net asset value (NAV) of \$1 per share. They may also produce a small, but not guaranteed, return for the investor. Portfolios are comprised of short-term (less than one year) securities representing high-quality, liquid debt and monetary instruments. Examples include short-term obligations issued or guaranteed by U.S. Corporations or state and municipal governments, high-grade commercial paper

and U.S. Treasury securities. Money market mutual funds are not FDIC insured.

Money Market Funds are not appropriate for individuals who are seeking an investment that is likely to significantly outpace inflation, investing for retirement or other long-term goals and/or investing for growth or maximum current income. In summary, a Money Market Deposit Account or a Money Market Mutual Fund may be a good fit for you if you require stability of principal, are seeking an investment for the cash portion of an asset allocation program, are looking for an investment with a lower degree of risk during uncertain economic times or periods of stock market volatility and/or consider yourself a saver rather than an investor.

It's important to keep in mind, investing involves risk, including potential for loss. An investment in a Money Market Mutual Fund is not insured by the Federal Deposit Insurance Corporation or any other government agency and is not an obligation of a bank or guaranteed by a bank. Although the Fund seeks to preserve the value of your investment at \$1 per share, these funds are subject to investment risk, including possible loss of principal invested.

Diversification and asset allocation do not assure a profit or protect against loss. Foreign investments involve greater risks than U.S. investments, including political and economic risks and the risk of currency fluctuations. Bonds are subject to interest rate risk and may decline in value due to an increase in interest rates. The S&P 500® Index tracks the common stock performance of 500 large U.S. companies.

## Source for concepts included in this article:

Back Room Technician, courtesy of Advisys, Inc.

Lynda Housley is a State Farm agent based in Corsicana.



# Calendar

#### June 3

Kinsloe House First Luncheon: 11:00 a.m. The luncheon is open to the public. Contact Jeani Wilkinson at (903) 229-5787.

#### June 4-14

Youth Swim Lessons: 30 minute class sessions begin at 8:15 a.m. and go through 7:25 p.m., Corsicana YMCA. Call (903) 872-2412 or visit www.corsicanaymca.org.

#### June 4-August 17

Summer Day Camp: 7:30 a.m.-5:30 p.m., Corsicana YMCA. Call (903) 872-2412 or visit www. corsicanaymca.org.

#### June 9-10

Dawg Daze of Summer Chili Cook-off: Gander Mountain parking lot. The cook-off benefits the Humane Society of Navarro County. Contact Kay Lefler at (972) 872-2297 or send an e-mail at dlk19046@gmail.com.

#### June 13

Jester Park Pool Splash Jam with DJ Slicky D: Open swim 1:00-6:00 p.m., Wednesdays – Sundays. Call (903) 654-4874 or visit www.cityofcorsicana.com.

#### June 14

Bunert Park Pool Splash Jam with DJ Slicky D: Open swim 1:00-6:00 p.m., Wednesdays – Sundays. Call

(903) 654-4874 or visit www.cityofcorsicana.com.

#### June 15

Movie MaDnEsS: 11:00 a.m., Cinergy Cinema. Free showing of *Madagascar 3*. Children under 12 will enjoy a kid's pack. Call (903) 654-4874.

Movie Night: 8:00 p.m., Fullerton Garitty Park. Free family entertainment. Call (903) 654-4874.

#### June 16

4th Annual Navarro County Cook-off: Immediately following the Juneteenth Parade, Bunert Park. The cook-off is sponsored by the Corsicana & Navarro County Chamber of Commerce and the Hispanic Club of Navarro County. Contact (903) 874-4731 or visit www.corsicana.org.

#### June 18-19

Pioneer Days: 8:30 a.m.-noon, Pioneer Village. Kids ages 9-13 can step back into history. Call (903) 654-4874.

#### June 18-22

Kid's College: 8:00 a.m.-3:00 p.m., top floor of the Albritton Building, Navarro College. Call Marissa Santos at (254) 562-3848 or e-mail marissa.santos@navarrocollege.edu.

#### lune 18-28

Youth Swim Lessons: 30 minute class sessions begin

at 8:15 a.m. and go through 7:25 p.m., Corsicana YMCA. Call (903) 872-2412 or visit www.corsicanaymca.org.

#### June 22-24

Corsicana Summer Open Tennis Tournament: Junior play: Friday, 8:00 a.m.; adults: Saturday, 8:00 a.m., Mertz Tennis Center, 901 Oaklawn Dr. Hamburger and hot dog dinner followed by an auction: Friday, 7:00 p.m. Proceeds benefit Cecil Easley, director of tennis at Mertz Tennis Center, to purchase a handicap vehicle with a lift. Entry deadline: June 14. Late entries will be accepted, but tournament T-shirts won't be guaranteed after the entry deadline. Call (903) 229-7872 for details.

#### June 28

Corsicana Newcomers Club Summer Social Ladies' Tea: 11:00 a.m., Kinsloe House. Speaker will be Tresa Shimonek. Contact Marge Oslick at (903) 872-3508.

#### July 4

Rotary Club Freedom Festival Celebration: IOOF Park. Live music, games, food vendors and fabulous fireworks. Free to the public. Call (903) 654-4874.

Submissions are welcome and published as space allows. Send your current event details to virginia.riddle@nowmagazines.com.



## Cooking NOW



## In The Kitchen With Mary Keith

— By Virginia Riddle

Mary Keith is one busy lady who enjoys cooking for everyone. "It's a joy to help people when my help is needed," Mary said. Her fellow church members request favorite dishes for her to bring to dinners. "I can bring 20 pounds of potato salad, and if it lasts 20 minutes, it's a miracle," Mary said laughingly.

She has cooked for generations of kids at Mary Peterson Child Care Center and was one of the cooks for the center's successful annual Soul Food Fest. Raised as the 10th out of 14 children, Mary said, "My mom always had me in the kitchen." While she willingly shared her recipes for soul food, she stated, "Soul food comes from the heart, not a recipe." NOW

#### Greens

- 4 bunches of greens (collard or a variety of greens mixed together)
- 2 small hot peppers
- I small pkg. salt pork jowl
- 2 tsp. sugar
- **I.** Combine all ingredients in a large pot.
- **2.** Cover with water and bring to a boil; reduce to medium heat and cook until tender.

# Cabbage and Ham Hocks Soup

6 ham hocks
2 heads of cabbage, finely cut
Salt, to taste
2 potatoes, sliced

- I. Boil ham hocks until tender.
- **2.** Add cabbage, salt and potatoes. Cook an additional 35 minutes over medium heat or until vegetables are tender.

**3.** Remove the ham hock from the soup. Pick off the meat and add it to the pot.

#### Chitterlings

Wash any surface and hands thoroughly with a bleach solution to avoid contamination while handling raw chitterlings.

10 lbs. chitterling, cleaned and washed thoroughly

I tsp. black pepper

1 Tbsp. salt

I whole onion, chopped

3-4 garlic cloves

I large Irish potato, sliced

- **1.** Examine each chitterling for foreign particles. Thoroughly clean with running cold water and remove and discard any foreign particles. After each chitterling has been cleaned, soak in two cold water baths for a few minutes. Change water for second bath. The second bath water should be clear. If not, soak in one more bath.
- 2. Combine all ingredients in a large pot.
- **3.** Cook over medium heat for 2 hours or until all ingredients are tender.

#### Peach Pie

- 1 30-oz. can sliced peaches, well-drained
- 1 stick butter
- 1 tsp. cinnamon
- 1 tsp. nutmeg
- 2 tsp. vanilla
- 2 cups sugar

Betty Crocker Pie Crust Mix Flour, as needed

- **I.** Mix peaches and butter in a pan.
- **2.** Cook until butter is melted and mixture is hot; turn off heat.
- **3.** Add cinnamon, nutmeg, vanilla and sugar (extra sugar can be added, if desired). Gently stir peach pie filling ingredients to blend.
- **4.** Make pie crust dough according to mix directions. Place floured dough in plastic bag or on a flat, floured surface; roll out dough into two pie crusts.
- **5.** Place one crust into the bottom of a 9-inch pie pan sprayed with nonstick cooking spray. Pour peach filling over unbaked pie crust bottom.
- **6.** Place top unbaked pie crust carefully over the filling.
- **7.** Remove crust that falls over rim of pie plate; crimp edges to seal in juices. Cut slits in top crust. Bake at 325 F until golden brown. Cool.

# When an apple a day isn't enough!

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