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M A G A Z I N E

JUNE 2012

A man and a woman, both with white hair, are standing in front of a red brick building. They are both wearing red shirts and are holding hands. The man is on the left, wearing a red polo shirt and dark pants. The woman is on the right, wearing a red button-down shirt and dark pants. They are both smiling at the camera. The background is a red brick wall with a dark doorway behind them.

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Time

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On The Cover



Wes and Carol Edwards feel blessed that their lives of ministry led them to Ovilla.

Photo by Ashley Kinney.

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Editor's Note

Here's to you, June.

Watching children dart through lawn sprinklers and dive into pools sometimes transports me back in time. The occasional cold droplets carried onto my skin by the breeze remind me of childhood and running barefoot through my innocence again.

Trees to climb, adventures to find and games all your own to create. Entire days in the sun stopping only long enough for sandwiches and sweet tea, although you're itchy with sweat and an impending

sunburn. The burn is bittersweet, heightening the crisp coolness of the sheets each night and the anticipation of waking for another summer day to enjoy exactly the same way again and again and again.

I raise my glass of tea to the month of June ... for the time of serious playfulness it once brought and for the chance to remember my childhood once again.

Angel

Angel Morris
Red OakNOW Editor
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Small Nam

Partner PE teams up mainstream students with students who have special needs in a peer-mentored physical education program. The program was new to Red Oak High School this year, but it's the realization of a longtime dream for Coach Hope Porter. "It's been a long process, but we finally got it here, and I'm excited," Coach Porter confessed.

In the last few years, the right combination of instructors and administrators has fallen into place. Special Education Director Rachel Kistner, Red Oak High School Principal Kevin Freels, Coach Porter, Coach Ava Towner and teachers, Jessica Hickman and Richard Caldwell have all had a hand in adding Partner PE to the curriculum.

The process began about 14 years ago when Coach Porter first came to Red Oak. She was so passionate about starting a PE program designed specifically for students with special needs that she even offered to give up her conference period to teach the class. "I was seeing the kids come into the conventional PE classroom setting and not get anything out of it. So it pulled at my heart, and I wanted them to be comfortable being involved and trying new things," Coach Porter admitted. Her request for a special class was tabled because administrators didn't think it would work logistically.

A few years later when Coach Porter discovered the Partner PE program where mainstream students team with students with special needs, she started questioning again, "Can we do this?" When Principal Freels came to Red Oak, things finally began falling into place. He was familiar with the program because his daughter had applied to be part of Partner PE in Midlothian. Coach Porter and some other teachers and administrative personnel attended a Partner PE training session and came back very excited.

When Ms. Hickman was hired as a special education instructor for the 2010-11 school year, the idea gained even more momentum. She was familiar with Partner PE, so it was a natural fit. "It had just always been part of the curriculum everywhere I had taught," Ms. Hickman explained.

Coach Porter and Ms. Hickman took the Partner PE proposal to Rachel Kistner, who was very enthusiastic about the possibilities



ne, Big Program

— By Katie Almond

the program offered. She spoke with high school administrators and received the go-ahead to add Partner PE to the ROHS curriculum for the 2011-12 school year.

“Students who want to volunteer fill out a short application and explain why they want to be part of the program. It does take a special kid to be in here and be hands-on with our students with

special needs,” Coach Porter said.

The mentors also go through a two-week training period before they start working with their partners. Most of the students were assigned to their partners, but a couple requested partners they already knew. Originally, the plan was to change partners every six weeks, but that didn’t happen. “The kids didn’t want to change partners, they came to me and said, ‘We don’t want to do that. We want to keep the partner we have.’ So we did it that way,” Coach Porter said.

Although a general routine helps the students with special needs know


what to expect when they hit the gym, there’s enough flexibility to keep things interesting. Sometimes the partners work one-on-one at circuit activity stations and sometimes various pairs team up to play a game like T-ball or kickball.

Perhaps the most gratifying aspect of the program is the depth of the relationships that have developed in this peer/mentor environment. The general education students go out of their way to seek opportunities to be with their partners before school, after lunch or whenever they have a little free time. “We knew during the class, there would



Coach Porter (l) and Coach Townner (r) can see the difference Partner PE has brought to both mentors and their mentees.

Everyone agrees the benefits of the program are well worth the effort.



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be interaction, but we could never have imagined we would see the partners all the time outside of PE," Ms. Hickman said.

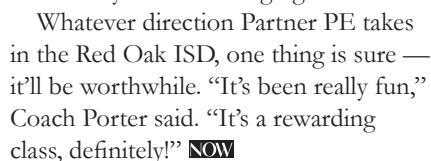
"They're always thinking of things to do with their partners," elaborated Coach Porter. "They brought them to a volleyball game. They planned a Valentine's Day celebration. They celebrate birthdays. Everybody brings something and wears party hats."

The Partner PE program has made a difference for everyone who participated. The students with special needs now look forward to PE and working on improving their motor skills, balance, coordination and muscle tone. Ms. Hickman is also excited about an unexpected bonus: the improvement of independent social skills. "When we walk into the gym, they're



like, 'See you later. I got things to do with my friends.' The peer relationships bring out typical teenage behavior. One of the things we strive for in special education is that social connection. The partners bring it out naturally, where we, as instructors, have to prompt it."

Coach Porter has seen a difference as well. The students with special needs were often intimidated by a conventional PE class, but they're eager to participate in the partners setting. At the beginning



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A woman with long, wavy brown hair is smiling and standing in front of a wooden structure. She is wearing a green long-sleeved shirt with a small 4-H logo on the left chest.

A New APPROACH

— By Katie Almond

Over 100 years ago, A.B. Graham, a school principal in Ohio, began to promote vocational agriculture in rural schools. A.B. formed a club of boys and girls with officers, projects, meetings and record requirements. He sought assistance from the Ohio Agricultural Experiment Station and Ohio State University. His club is considered the genesis of 4-H. Today, 4-H reaches seven million young people in more than 70 countries and encourages exploration of diverse subjects, such as: financial responsibility, computer science, environmental stewardship and creative arts. Clearly, 4-H has come a long way.

The scope and variety of possible 4-H projects means there is literally something for everybody. Club manager, Amy Hedtke, stated, “When I get a new kid I always ask, ‘What do you like to do?’ Then I show them how they can take something that





already interests them and explore it as a 4-H project,” she explained.

Along with managing the Triumvirate 4-H Club in Red Oak, Amy also manages to homeschool four of her five children. When the Hedtkes moved to Red Oak several years ago, Amy was looking for ways to plug into the community, and 4-H was just one of the choices. In fact, 4-H took a back seat to other activities for quite a while. “Then one day I was reading an online homeschool discussion board about some things other homeschoolers were doing with 4-H and, all of a sudden, it just clicked,” Amy admitted.

Amy and her children spent some time in a couple of other 4-H clubs before forming the Triumvirate or *T* Club to meet their specific time and location needs. Members must be between the ages of 8 and 18, but there is a complementary program called Clover Kids for those 6 to 8 years old. All of Amy’s five children participate in one or the other. *T* Club has a small Clover Kids contingent, plus 17 regular 4-H members.

T Club also does fundraising to cover costs; something not all 4-H clubs do. “This past August, when 4-H began charging an enrollment fee, the kids raised the money necessary to cover all 17 enrollment fees via the *T* scholarship fund,” Amy reported. “It was especially gratifying to see so many in the community willing to help kids grow by supporting 4-H.”

Club members actually did all the work. They created a flyer about 4-H in general and *T* Club in particular. They learned and successfully applied “cold call” sales skills — initial contact, product explanation, deal closing. They also increased community awareness of the purpose, benefits and opportunities

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of 4-H. The fundraising project included elements from each of the 4-H focus areas. Hands: they learned marketable skills. Heart: they learned communication skills. Head: they set a goal and planned a strategy. Health: they built self-esteem and maintained personal safety.

The *T* scholarship fund does more than just cover enrollment fees. Resources are available to help with project costs, as well. If a member needs a scholarship for materials or travel expenses associated with a specific project or competition, he or she must fill out an application. They present the application to the club at one of the bimonthly business meetings. The rest of the club members evaluate the application and vote on it. "Club business meetings are run by parliamentary procedure," Amy explained. "The kids make and second motions, then take a vote. These business meetings teach parliamentary procedure and help educate the next generation of political delegates."

One of the most appealing aspects of 4-H is the way it prepares young people to take on leadership roles. Adult managers and volunteers function more as facilitators than club leaders. "Ideally, your teen members are the ones who should be attending the county meetings, reading newsletters and making agendas with the adults primarily in a supporting role," Amy clarified.

Because Amy uses 4-H as an integral part of her homeschool curriculum, she generally spends one or two hours a day reading about, talking about or participating in 4-H activities. "We usually take whatever subjects we need or want to learn about and see if there's a 4-H component for that," Amy said. "We're doing Keys to the Courthouse right now and learning about the county government system. Now I know what a constable does and why we need them," she laughed.

Although Amy chooses some of the *T* Club curriculum based on homeschool needs, the kids also have a chance to choose areas of focus. *T* Club is a good mix of boys and girls of various ages, and most of the members are homeschooled. "We're more of an urban 4-H club doing theater, leadership, creative arts and recreation. The boys tend to choose recreation and theater-type projects, while the girls lean more

toward arts, small animals like cats and dogs and photography,” Amy explained. “Usually, 4-H is known for livestock, but we don’t have anyone doing livestock.”

In truth, 4-H complements the homeschool experience. The curricula available are varied and wide-ranging. “There are lots of resources online and lots of ready-to-go curriculum choices,” Amy stated. Because 4-H is flexible, members can choose to spend three years on one project or complete 25 projects in



one year. They can even work on multiple projects at the same time. Competitive opportunities in 4-H are offered, not just locally, but at the district and state levels as well. An entire family can participate in a single program with one meeting time and location. As a nationally recognized organization, 4-H achievements can enhance a homeschool transcript. Amy finds it a winning combination.

The holistic emphasis is Amy’s favorite characteristic of the 4-H program. “I really like that every project includes all four H areas – hands, heart, head and health. All these areas should be part of every project you take on for the rest of your life, whether it’s part of your job, school, community or personal life,” Amy said. Her sentiment is echoed in the 4-H pledge: I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country and my world.

Amy is definitely a 4-H fan and encourages families to look into the opportunities available through the County Extension Office in Waxahachie. “Ellis County has such a great variety of clubs, locations and meeting times. You can probably find a group that fits your particular needs,” Amy stated. **NOW**

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A Stitch in Time

— By Angel Morris

Being at home with Wes and Carol Edwards is like being in God's hands. Both ministers in one form or another, the couple has built a life of service to others. Helping those who are struggling has always been one of their missions, and continues to be even as they have faced unexpected hardship of their own.

The Edwards moved to Ovilla in 1993, after Wes' first year as pastor of First Baptist Ovilla (FBO). The position was a dream come true after a happy accident brought the couple to town.

"A friend who was a member of FBO was getting married and had asked Wes to marry him and his bride. We were invited to rehearsal dinner, and we were sitting in the FBO parking lot thinking how nice it would be to pastor a small-town church like this,"

Wes had recalled. "We were the only ones in the parking lot, and



we waited for about 10 minutes before the friend called and told us the wedding was actually at a church down the road."

The guests loved Wes' wedding-day service so much they invited him to preach at FBO. "The rest is history. We came to Ovilla and have loved living and working here ever since," Wes once said.

The Edwards' story begins long before Ovilla, however. Wes was born in Mobile, Alabama, and Carol was born in Dallas, but both grew up in Oak Cliff. They met at W. H. Adamson High School and married young.

Wes completed Bible College in Arlington, then moved Carol to Nashville, where he worked in youth ministry. After eight years they were back in Texas, working for Brook Hollow Baptist Church in DeSoto. That was followed by a two-year stint as associate pastor for Duncanville's Calvary Baptist Church, then the move to Ovilla.

"During the '70s and '80s, our ministry was to help young people as they struggled growing up during a rebellious time. We spent 18 years guiding hundreds of youth to give their life to Christ and live the testimony that would honor God," Wes remembered.

Many of those to whom the Edwards ministered are still in touch with them today. They live all over the world honoring God, according to Wes and Carol. "It's hard to believe many of them are now grandparents themselves passing along a legacy," Carol said. Wes and Carol are also proud grandparents, and parents of a grown son and daughter who live in the area.

AT HOME WITH Wes and Carol Edwards

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and not move again,” Carol said. “My favorite place is my peaceful patio. It is a comfortable, private place to enjoy. I love the large windows that let in the natural light.”

A place for relaxation is sometimes just what the doctor ordered for both Carol and Wes, considering Wes’ recent diagnosis with Frontotemporal Degeneration (FTD). With no known

cure, the disease affects speech and language, and slowly impairs memory.

“We’re traveling blindly through this strange land of FTD, and there are many adjustments to be made with unwanted challenges. But I want to dwell on what we can still do, not the losses we have experienced,” Carol said. “We have this moment in time, and that’s enough.”

While Wes had to step down as pastor

of FBO, Carol continues to minister through Sew Blessed, a mission project sewing clothing for children in Africa. She also gives private sewing lessons to children and adults in the First Cutting Room at FBO.

Carol’s home workroom houses a computer, embroidery machine, sewing machine and a serger, plus all the supplies for her creations. The master bedroom is a retreat for the couple, while the rest of the home is open and welcoming. “Wes designed it to make everyone feel at home. It’s an eclectic place – with gifts from many people we’ve met through ministry – and a few great antiques,” Carol said.

Two very old clocks and antique rocking chairs still get used in the Edwards’ home. Carol’s “too many teapots” collection and happy-faced Raggedy Ann and Andy dolls give the house a sense of whimsy. Carol loves her kitchen, with its large island, perfect not just for “cooking up great recipes,” but also for cutting her many sewing projects. Here, Carol doesn’t hesitate to break out the good dishes.



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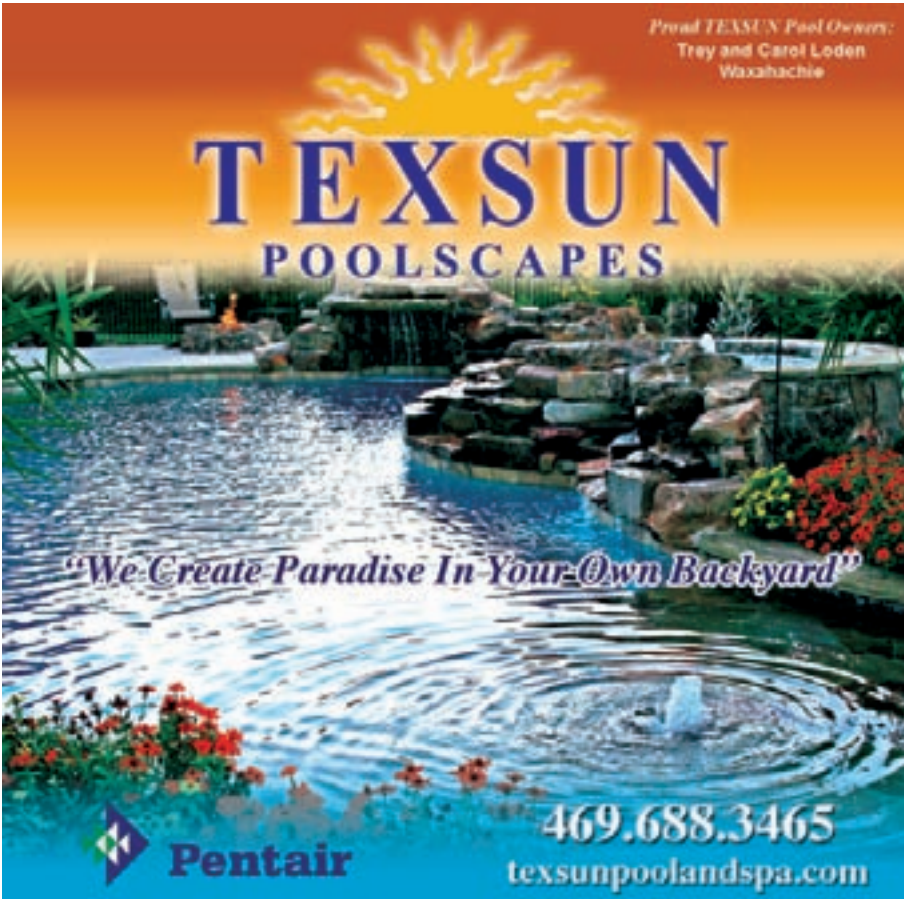
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“Life is too short not to use special items, so I enjoy my Old Country Rose china from years of collecting all over the states in our travels,” Carol said.

Several signs with the word GRACE serve as reminders around the home, as does a serving tray Carol’s dad brought home after World War II. Perhaps the favorite “antique” in the Edwards home, however, is Carol’s mom — 90-year-old Mary Alice Stevenson.

“She took good care of me the first 18 years, the least we can do is return the nurturing,” Carol said.

And so continues the Edwards’ life work of service to others. Wes still greets guests at church on Sundays, and Carol continues to grow her efforts to reach





people through sewing. She even has a Facebook page for fans – Carol's Learn to Sew. Despite the struggles through which they have helped others and personal tragedies they have experienced over time, their home depicts a continued faith in God, family and friendship.

"I love its openness and that you can be in another room without being cut off from others," Carol described. "You can see the dining room, entry, den and kitchen as you stand in any room."



The Edwards feel blessed to be at home in Ovilla, near so many who mean so much. "We couldn't have foreseen Wes' disease, but we realize it's the path God's chosen for us. While it's not the one I'd have chosen, it's the one we are walking," Carol said. "Nonetheless, we are so happy to have found Ovilla and its people that we've grown to love. We enjoy our home, I am so enthusiastic about my sewing, and we stay very busy with all the grandkids' activities. Most importantly, in all these things, our goal is to yield to Him." **NOW**



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From left:

Her mother's battle with breast cancer inspired Lisa Ware to found Yoga 4 Love. Richard and Lisa Ware and their team also offer personal training and life coaching.

All You Need is Yoga

This Red Oak studio brings health, wellness and positivity to its students. — By Angel Morris

Lisa Ware believes people have a calling. After 18 years in the hair and fashion industry, then 12 years assisting her husband in business, Lisa heard her own destiny knocking. "I realized my life needed a 180-degree turn after my mother battled breast cancer. It was time for me to express my passion for yoga, health, wellness and healing arts and giving back to the community," Lisa, a registered yoga teacher, said.

Lisa founded Dynamic Yoga 4 Love Studio in 2008. Two years later, she had an opportunity to move the business to its current location where it has since flourished. "I had to make the decision within one week, right before Thanksgiving 2010. I leapt out in faith, asked my yoga students for their support and immediately began planning a huge Prelaunch Holiday Market Extravaganza Party," Lisa recalled of her move to the Red Oak

location. "We closed for just one week between the holidays, then reopened completely remodeled into this lovely, tranquil studio space on January 1, 2011!"

Operating on the motto: "Expanding Our Horizons ... Inspiring Positive Change. This is what we do!" Yoga 4 Love is known for traditional yoga, hot yoga, chill and donation-based yoga, Zumba and toning classes.

"We also have a really incredible staff of specialists in the fields of life coaching, spa and massage, private lessons and personal training. I am a Reiki Master teacher and offer energy healing, on donations, working with angels and the white light of Jesus Christ," Lisa said.

Karma is no stranger to Lisa, who offers donation-based yoga for those who cannot afford to come to class, may be

timid, may not want a commitment or are unemployed. "We also give back to local fundraisers and offer free yoga and Zumba for many of the local festivals and expos. I teach regularly at schools offering free yoga during gym or dance class and give the teachers a yoga fun day for their students," Lisa said.

Yoga 4 Love participates in community events through the Red Oak and Waxahachie Chambers. For five years, Lisa has served on the board of directors for DFW Free Day of Yoga, and has been event coordinator for Earth Day Dallas Yoga + Music for two years.

"I also just launched another company, OneYogaUSA.com Training Program. It's a unique, module-based program offering yoga teacher training from widely respected master teachers, conferences, presentations and community charitable events all over the country," Lisa explained.

"Expanding Our Horizons ... Inspiring Positive Change. This is what we do!"

While her work has become global, Lisa is happy to be grounded with her husband of 20 years, Richard, and children, Stoy and Aspen, in the Ovilla home where they have lived since 1999. Her daily mission is simply to "bring love, light and healing" to each person with whom she connects. Lisa believes she is able to achieve this calling through yoga with help from her team: teachers Vonnie King, Kayeigh Kitzman, Stephanie Patterson, Bruce Shoemaker, Nelly Smith, Lisa Ware, Richard Ware and LaTronda Williams; trainer Eric Shaw; massage therapist Kristi Richards; and life coach and energy healer, Alexandra Asirvadam.

"Come let us share with you the joy and benefits of yoga. We will guide and coach you until you get it. You'll be amazed at the results," Lisa said. "What we do is not just for the flexible, the youthful, the skinny or whatever — yoga is for everyBODY!" **NOW**

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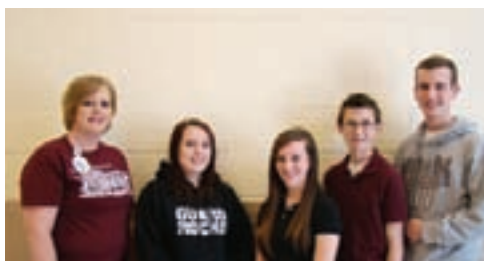
A model displays one of the antique roadsters at the FFA car show held at Red Oak Junior High.



Red Oak High School senior softballers, honor missing player No. 5, with their year-end gifts.



Texas Rangers player, Mike Napoli, meets resident James Aldrige at the Walmart grand opening. James attended the first-ever Rangers game and was allowed to be the first person to receive "Nap".



ROHS Choir Director Mechelle Foster with Hailee Williams, Adam Maners, Sarah Tweddle and Will Temple who were recently named Texas Music Scholars by the Texas Music Educators



Citizens Police Academy 2012 graduates John Hawkins, Donna Hugley, Tatsheila Milsap, Barbara Ogle, Vonda Owens, Sandra Scott, Glenda Smith and Russell Smith with Mayor Alan Hugley, Chief Craig Rudolph, and Officers Nathan Bickerstaff and Brittini King



The 2012 Hawks seniors soccer players pose for a year-end photo.

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All Month

Red Oak Class of 1981 Reunion Registration: Event is **July 21** from 6:00-10:00 p.m. Cost: \$15. Contact Renee Bryan Wood: (214) 399-7017; reneewood1963@yahoo.com.

Athletic Camp Registration: Baseball, basketball and volleyball camps at Canterbury Episcopal School of DeSoto. Open to private, public or homeschool students. Download forms: www.TheCanterburySchool.org/camps.

June 2

Special Needs Horsemanship Program: 10:00 a.m.-2:00 p.m., Break N Free Camp, 4719 N.E. CR 1040, Rice. Free lessons for medically challenged, special needs children up to age 21. Reservations required: (903) 422-6120.

June 5

PrimeTimers Senior Group: 10:00 a.m.-2:00 p.m., Oaks Fellowship, 777 S. I-35 East. Reservations: (214) 376-8208.

June 9

Concert in the Park benefiting Daniel's Den: noon-9:00 p.m., Getzendaner Park in Waxahachie. Features activities and entertainment for the whole family. Call Joy Ranton at (972) 938-0103 for details.

June 10-13; July 23-26

Seven Camp for sixth- through 12th-graders: **June**

10: 2:30 p.m. through June 13: 5:00 p.m. Hosted by The Oaks Fellowship Church at Allaso Ranch. Contact Beth Sislo: bsislo@theoaksonline.org. Epic Camp for second- through fifth-graders: **July 23-26**. Contact Corbie Kellogg by e-mail: ckellogg@theoaksonline.org.

June 14

Ellis County SPCA Volunteer Training: 11:00 a.m., 2570 FM 878, Waxahachie. Meeting for new or current volunteers. coordinator@elliscountyspca.org.

Volunteer meeting: 6:30-7:30 p.m. Red Oak Library, 200 Lakeview Pkwy. Youth, ages 14 and older, may sign up to volunteer for summer reading program, city fireworks event and more. (469) 218-1230.

June 16

Funky Flea Market: 10:00 a.m.-4:00 p.m. Hosted by the city of Red Oak and North Ellis County Outreach in old downtown (Main, Methodist and Waller streets) featuring one-of-a-kind wares. (972) 617-7261.

June 18-22

Vacation Bible School (for those entering second-sixth grade): 9:00 a.m.-noon, First Baptist Church Red Oak, 320 E. Ovilla Rd. (972) 617-3591 or www.firstredoak.com.

June 21-July 28

Summer Reading Club: Thursdays: 7:00-8:00 p.m.,

Red Oak Library, 200 Lakeview Pkwy. Free monthly presentations for adults, teens and children. No library card needed. Registration required: (469) 218-1230.

June 25-29

Vacation Bible School: 5:30-8:00 p.m. (following light dinner at 5:00), Ovilla United Methodist Church, 1403 Red Oak Creek Rd. Ages 4-12. (972) 617-8840.

June 27

Red Oak Chamber Luncheon: Noon-1:00 p.m., Red Oak Municipal Center, 200 Lakeview Pkwy. Members with reservations: \$12. Members without reservations: \$15. Nonmembers: \$20. Catered event. Reservations: katherine@redoakareachamber.org.

June 30

Red Oak, White & Blue: 5K and 1mile Fun Run: 8:00 a.m.; food, fun and fireworks: 6:00-10:00 p.m., Pearson Park, 200 Lakeview Pkwy.

Library Book Sale: 5:00-9:00 p.m., Red Oak Municipal Building, 200 Lakeview Pkwy.

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In The Kitchen With Kim Riepe

— *By Angel Morris*

From a bakery in high school to the workroom at Life School Red Oak, Kim Riepe has enjoyed the happiness food brings. “Especially to teachers when receiving an unexpected treat!” Kim said.

Lessons from her job as a cake decorator remain, with Kim baking at home while her husband grills. When hunting recipes, Kim uses the Food Network Web site, changing a few ingredients. “I like a lot of flavor, so I may add more seasoning than the recipe calls for.”

Kim tries to make comfort food as good as her mom and grandma have done, but in a healthier way. That concern is set aside, however, when it comes to sweets. “Often, I cook for teachers, friends and family,” Kim said, “but I’m usually asked to bring the dessert!” **NOW**

Butter Cream Frosting

Great paired with chocolate, spice or banana nut cupcakes.

- 1 cup unsalted butter (at room temperature)**
- 1/2 cup milk**
- 1/4 tsp. salt**
- 2 tsp. vanilla**
- 2 lbs. confectioners’ sugar**

- 1.** Blend butter, milk, salt and vanilla together.
- 2.** Gradually add all of sugar. If frosting seems too soft, place in refrigerator to harden. If frosting is too thick, add a teaspoon of milk.

You may add pecans or other types of nuts, if desired.

Banana Nut Bread

- 1 cup sugar**
 - 2 eggs**
 - 1 1/2 cups mashed bananas**
 - 1/3 cup water**
 - 1 2/3 cups flour**
 - 1 tsp. baking soda**
 - 1/2 tsp. salt**
 - 1/4 tsp. baking powder**
 - 1/2 cup pecans**
- 1.** Add ingredients in order and mix.

- 2.** Pour mixture into a greased loaf pan and bake at 375 F for 55-65 minutes. If top starts browning before middle is done, loosely cover top with foil and finish baking.

Chicken Enchiladas

- 2 boneless chicken breasts**
- 2 10-oz. cans chicken stock**
- 1 Tbsp. cumin**
- Salt and pepper, to taste**
- 12 corn tortillas**
- 2 Tbsp. vegetable oil**
- 8 oz. sour cream**
- 1 bag Colby/Monterey Jack cheese**
- 1 medium onion, diced**
- 1 jar Herdez salsa verde**
- 1 10 3/4-oz. can cream of chicken soup**

- 1.** Cook chicken breasts in stock, adding just enough water to cover them. Add cumin, salt and pepper. Boil for 30-40 minutes, until chicken is cooked thoroughly. Preheat oven to 400 F.
- 2.** While chicken is cooking, deep fry corn tortillas in oil (about 20 seconds per side).
- 3.** Shred chicken; add 6 oz. of sour cream, 1 cup of shredded cheese and half of the diced onion. Add salsa verde; mix until it all holds together.
- 4.** Spray baking dish with nonstick cooking spray. Fill tortillas with chicken mixture, roll tortillas and place in baking dish.
- 5.** Mix remaining sour cream, cream of chicken soup and any remaining salsa verde together; pour over enchiladas. Bake for 30 minutes.
- 6.** Add remaining cheese and onions; bake an additional 3-5 minutes.

Refrigerator Dill Pickles

- 15 small pickling cucumbers**
- 40 fresh dill sprigs or 1 Tbsp. dill spice**
- 2 medium onions, thinly sliced**
- 3 garlic cloves, sliced**
- 5 cups water**
- 3 cups white vinegar**
- 1/2 cup canning salt**

- 1.** Cut each cucumber lengthwise into four spears. In a large bowl, combine cucumbers, dill, onions and garlic. Set aside.
- 2.** In a large pot on stove, combine remaining ingredients and bring to a boil. Cook and stir just until salt is dissolved. Cool.
- 3.** Put cucumbers into a Mason jar or old pickle jar and pour in vinegar mixture. Seal tightly and refrigerate for at least 24 hours. These can be stored in the refrigerator for up to 3 months.

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