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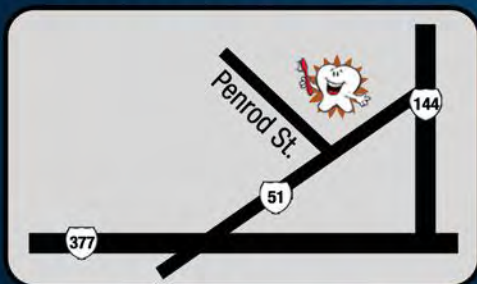
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Editor's Note

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We feel honored when we're out under the stars, experiencing the full effect of freedom. This month, let's focus on those things that keep us in perfect peace and celebrate other people's dignity every day.

Melissa

Melissa Rawlins
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CHANGE TAKES CARE

— By Melissa Rawlins

“You have to teach them they have self-worth and that you believe in them.”

Growing up at aptly named Happy Hill Farm, Amanda Schwausch and her brother, Lucas Shipman, learned keys to personal satisfaction. The brother and sister are part of a three-generation family of educators, all operating at the same international boarding school. They carefully pass on the value of honor, good citizenship and character, not only to their own children but also to their extended family of students at North Central Texas Academy. The school has evolved into the crowning glory of the 500-acre working farm that Ed Shipman and his wife, Gloria, founded 40 years ago.



Ed's upbringing as the child of a U.S. Navy officer allowed him exposure to places as varied as Charleston, South Carolina, and Port-au-Prince, Haiti. Seminary studies brought him to Fort Worth. The Shipmans found property on Hwy. 144 and nestled into an old farmhouse surrounded by overgrown fields that Ed, his sons, Chuck and Todd, and two farm employees spent two years clearing. Ed was a visionary, open to avenues for ministry. In the mid-'70s, the local sheriff offered them the opportunity to take in a couple runaway girls. "Out of that experience, the family decided to build a residential school for underprivileged kids," Ed said.

Since then, the family has only grown.

"Originally, we were licensed as a children's home," Ed said. "We opted to have a private school, and at that time it was a mobile home with two teachers." The students lived in a home with the Shipmans, and Todd and Chuck gained valuable lessons about traumatic effects neglect and maltreatment have on people. "My brother and I lived with these kids at the beginning," Todd recalled. Some of their behavior was difficult for him to understand as a child.

"That stuff did not bother me. I really liked playing football with them after school," said Chuck, who was about 16 when Ed started the residential school. "Living with three or four





kids, they were saying stuff to me that they wouldn't say to my dad. I got all their family background, the stories of abuse and abandonment. When the kids came here, I learned pretty quickly that everybody is not the same."

Yet Ed's example of loving everyone became Todd and Chuck's philosophy. "You have to teach them they have self-worth and that you believe in them," Chuck said. "A lot of times you form that relationship, and they want to succeed for themselves as well as for you."

"What we've created here is a great big team that teaches people from different backgrounds they can sleep in a good bed, eat good meals, wear decent clothes and have a chance to succeed," Ed stated. Since 1975, the Shipman family has provided that chance to hundreds of students — many of whom still stay in touch. Whether they are now pilots, teachers, nurses or business people, the Shipmans' extended family is living in far better conditions than many of the children's families did. That's because Ed's children and grandchildren are unified in their mission to help kids and save lives.

Their boarding school has changed as society has changed. As the mid-'90s progressed into the next decade, the school had more students with behavioral issues. Punching holes in walls, running away and aggression toward adults and other students was common. "That was a lot of blood, sweat and tears without seeing enough results," Ed explained. "The kids we choose to deal with now have goals." Ten years ago, that was not the case.

The Shipman family has morphed NCTA into a cross between





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a private day school and an international boarding school. The student body includes scholarship-subsidized domestic boarding students whose backgrounds offer little opportunity, but who have character and goals. These children have the opportunity to interact with kids they would not normally be around, while adults of all ages surround them with respectful, honoring care in a wholesome, outdoor atmosphere. Through hands-on experiences, they develop a work ethic. Academics take priority, while students also focus on agriculture, athletics and the arts.

All of this is designed and supervised by Ed, his two sons and Chuck's children, Lucas and Amanda. "And if it sounds idealistic and perfect, it's not," Ed said. "You're looking at a bunch of very strong-willed individuals. Through the differences of opinion, you ought to be able to express yourself firmly and in love, looking for consensus so you come up with the ultimate goal, which is to honor God in this thing and to be able to share His love, His opportunities, His salvation, His grace, all the benefits that come with this relationship with these kids."

And so Amanda chose to return from teaching in public school to the place where she grew up, equipped to manage teachers, curriculum and students at NCTA. As assistant principal, she notes a surprising benefit to the mixture of students from economically challenged and affluent backgrounds. "It teaches the kids with means to have



compassion, and they develop very giving hearts out of it," Amanda said.

She and her husband are rearing their daughter on campus and are fully aware that they are role models. "I learned by example, watching my dad and my mom. Several high school students who did not come from two-parent homes have told me they appreciate watching Steven and me, people who are married and interacting on a positive basis. One of the girls said she wants a husband who treats her like Steven treats me. It's a wonderful opportunity to show them what kind of future they want."

"To do that you have to be transparent," said Lucas, who serves as youth minister. His wife, Natalie, attends some events just because she knows it will give her opportunity to mentor the girls. His relationship with Natalie helped him decide to give his life to ministry and return to NCTA. During



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his teens, with full encouragement from his father, Lucas explored and developed his natural musical talent. He became a rockin' guitarist — wearing his curly hair long, signing a record deal and performing at Antone's and Stubb's in Austin before deciding against that environment in favor of leading his family.

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a kid that I haven't witnessed with my own two eyes," Lucas said. "I can look at them and go, 'I know exactly what you're talking about. Here's what's wrong with it. Here's why you need to avoid it.'" He still plays guitar around campus, leading four worship services per week. And together with his family, he carries out Ed's original mandate: "We care for people, love them and teach them their self-worth comes from God." **NOW**

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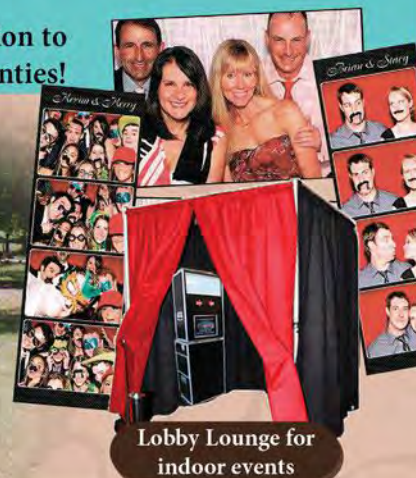
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— By Lisa Bell



At Home With Jack & Janet Stanley



Almost seven years ago, Jack and Janet Stanley moved to Granbury with their two furry, four-legged children, Bella and Palin. Bella, a small, white, noninquisitive Maltipoo, has Jack's personality. Palin, a Yorkie named after the famous Sarah, is very inquisitive, much like Janet. Having enjoyed a picturesque view from their previous home in Trophy Club for more than a dozen years, they didn't think they could find one as nice. "We sure did," Janet said.

Janet, reared in Long Island, still retains a delightful accent, only now it's laced with a Texas twang. Jack is originally from Indiana. Both have been Texans for nearly half their lives. "Texas is home now," he said, as Janet nodded in agreement.

Married for 28 years, they often spent weekends searching for antiques in Granbury. They loved the area, spending quite a bit of time on the town Square. As Jack approached retirement, they began looking for a new place. Janet flew to Arkansas, Oklahoma and Missouri, with Jack joining her at times. They couldn't find a place that seemed exactly right.



One Saturday morning, he found her busy at the computer. “What are you doing up so early?” he asked.

“I’ve been up half the night,” she replied. “I think I’ve found what could be our new home.”

“She sounded pretty positive,” Jack recalled. “I thought, *Oh boy. Where are we going now?*”

“You’ll never guess where it’s at. Granbury, Texas,” she announced.

“You’ve got to be kidding,” he said. “We believed it was God’s plan. It is our dream home in our dream location, perfect for this time in our lives.”

One fascinating feature of their home comes from the orchard and the deer. While some neighbors don’t like the animals coming into the yard, the J&J team loves them. Janet often takes photos when they jump the back wrought iron fence, coming all the way up to a small fountain near the patio. The decor inside the home expresses the couple’s fascination with deer, even down to light switch covers.



As varied collectors, Janet and Jack have Waterford Crystal spread throughout their home along with the many pictures highlighting deer in natural habitats. The 13 clocks placed around the home all work. They quit winding them to prevent different chimes going off simultaneously. Many came from the Civil War era, and one even depicts canons and rifles. Jack made three, including the grandfather clock that greets visitors in the front entry.

“Janet’s dad made a grandfather clock for her mother,” he said. “She always admired it and expressed a desire to have one like it.” So Jack made the exquisite piece, integrating a small engraved plate: “Made with love for Janet — 1992.” It is by far her favorite clock.

After purchasing the home, Jack and Janet added special touches. Unique chandeliers hang above the breakfast table and in the dining room. The bases have an antique look with inscribed wording. She added flowers entwining the bases, bringing warmth into the rooms. She coordinated window treatments by adding more floral garlands as part of the coverings.

Nothing more than columns divide the kitchen, breakfast nook and living room, creating a beautiful open concept. Plenty of room is available for their six children and five grandchildren. Doors open onto the patio. During holidays,



Janet sets up beautifully decorated tables to expand their living area, yet keep the family together. Wall words and borders ring out their philosophy — live, laugh, love. The warmth and comfort of the home leave guests feeling welcomed. “A plaque in the entry states, *May our home comfort all who enter*,” Jack said. The comfortable living room displays a love of family through portraits and photo books.

In addition to Waterford, clocks and deer-related pieces, Janet and Jack collect Civil War memorabilia. “We’re big fans of Civil War history, Abraham Lincoln and the principles he tried to live his life by,” Jack shared. Coming from a Northern heritage, they are both sympathetic and display an understanding of the Southern causes.

Many rooms in the home include pieces of this collection. However, the



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library/office/Civil War room holds the bulk. Many pieces they've purchased over the years are displayed on the walls, including an authentic copy of the *New York Post* front page dated April 15, 1865. The paper details the historic event of Lincoln's assassination. The room also includes pictures of grandchildren and one special picture of Elvis "serenading" Janet during a trip to Memphis, Tennessee.

Jack occasionally provides consultation for sales training and motivation. He and Janet jointly wrote two books on the subject. Above the desk area, they display the different translations of their work.

The guest bedroom is simple, yet comfortable. "That was my intent: a place for relaxation," Janet said. In this room, she stores a collection of Elvis vinyl albums. At one point, she gave away her records, later regretting it. When a store closed on the Square, she purchased every Elvis album they had. Ironically, the purchase included every album she had previously owned. "What are the chances?" she asked, delighted at having her collection again.

The master bedroom contains furniture from the federal period. Above the bed, a portrait from their wedding day provides a precious memory. "It was



such a beautiful day, and she looked so beautiful,” Jack said with a twinkle in his eyes. In the master bathroom, a special piece of artwork is displayed above the large tub. During a trip to San Antonio, they discovered a Korean artist. He used letters from their names to create a symbolic character, producing a unique wall hanging. The couple views South Korea as a meaningful place, having visited there twice after the completion of book translations.

The patio extends the couple’s living space. A covered area allows them to place a regular sofa and electronics outdoors. A fireplace keeps them warm in the winter as the fountain and gardens produce a beautiful backdrop. Lights shaped as grapes surround the above-ground hot tub. “During the summer we leave off the heater and use it as a swimming pool,” Janet said, laughing, while Bella and Sarah chased each other around a large tree as they often do.



“We spend a lot of time out here,” Jack said. They have coffee in the morning and come out again in the evening for an after-dinner drink. During both times, they usually see deer in the distance or up close. Herds of 40-50 aren’t uncommon. “The most I’ve ever counted is 99 at one time,” Janet said. “Some people get a fish tank to relax. We watch the deer.” She captured several in a photo and had it printed on canvas to decorate their outdoor room.

Jack plays golf, and they spend time on weekends with neighbors, family and friends, sometimes playing dominoes. Referred to as the “patio people,” they love their home and can’t imagine living anywhere else. **NOW**



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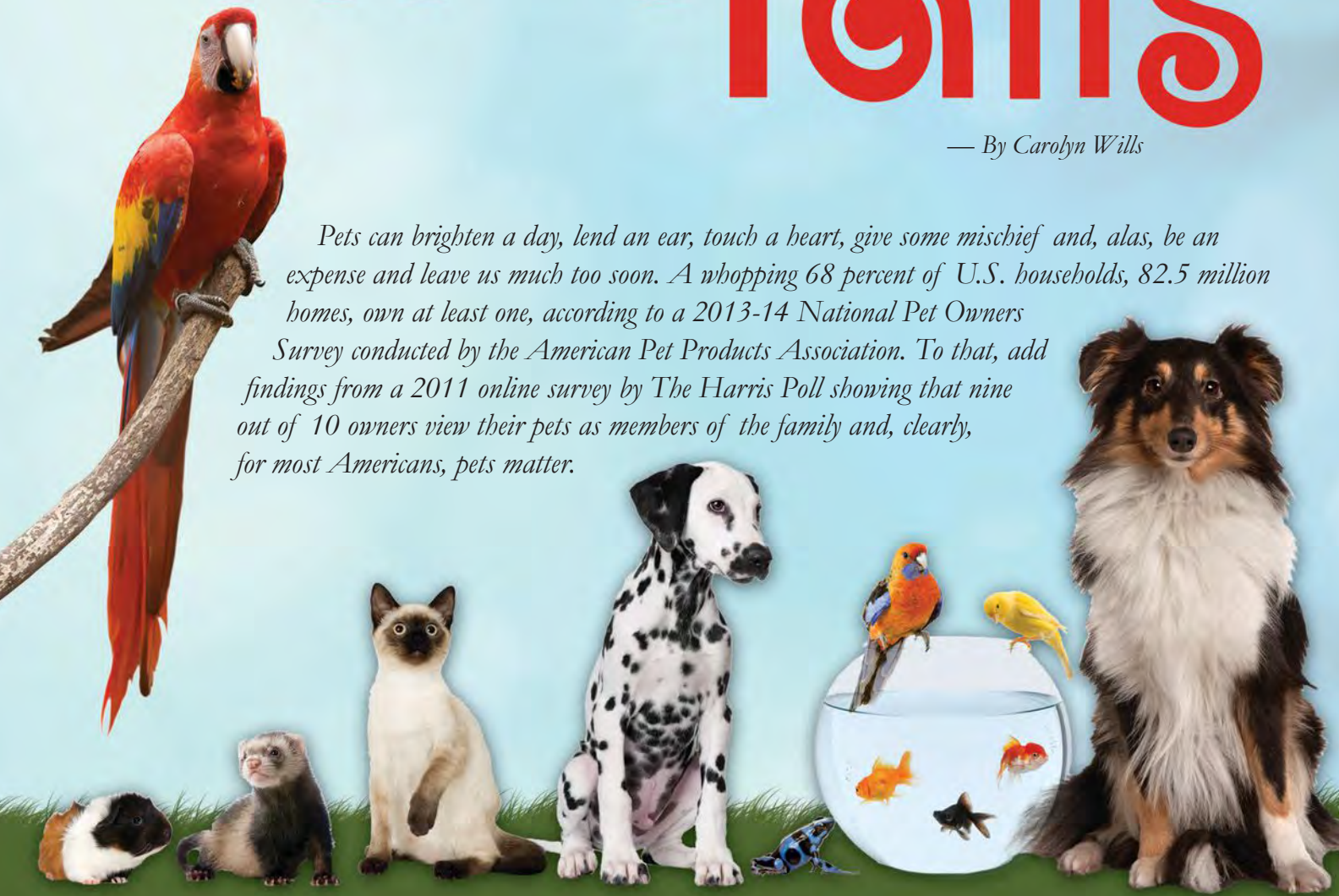


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Wagging Tails

— By Carolyn Wills

Pets can brighten a day, lend an ear, touch a heart, give some mischief and, alas, be an expense and leave us much too soon. A whopping 68 percent of U.S. households, 82.5 million homes, own at least one, according to a 2013-14 National Pet Owners Survey conducted by the American Pet Products Association. To that, add findings from a 2011 online survey by The Harris Poll showing that nine out of 10 owners view their pets as members of the family and, clearly, for most Americans, pets matter.



Anyone who has marveled at a cat, enjoyed the perfect horseback ride or looked into the eyes of an old dog knows the special language between human and animal. On the simplest level, pets are our companions, but they can also be conduits to physical, competitive and/or social outlets. Today, labels like “horse people” and “dog people” are familiar, and clubs, training facilities and activities exist for just about every breed, talent and interest.

Remarkably, Americans care for an estimated 20.6 million birds, 95.6 million cats, 83.3 million dogs, 8.3 million horses, 158.6 million fish, 11.5 million reptiles and 18.1 million small animals. That’s a lot of millions supporting pets, particularly against the realities of their expense and shorter life expectancy.

What, then, draws us to become “pet parents”?

1. Having a pet is an opportunity to care for something outside of ourselves. Pets personify unconditional love and a wondrous connection to nature. They’re also great entertainers,



and as creatures of habit, can serve as a grounding force in our lives.

2. Health and welfare benefits can be found in pet ownership, too. APPA cites several studies supporting the pet connection as being good for us:

- 🐾 People with hypertension who adopted a cat or dog were found to have lower blood pressure readings in stressful situations than those who did not own pets. (Dr. Karen Allen, State University of New York at Buffalo.)

- 🐾 Pets have also been found to be effective at reducing human stress and anger. Walking a dog, riding a horse, petting a cat or any number of

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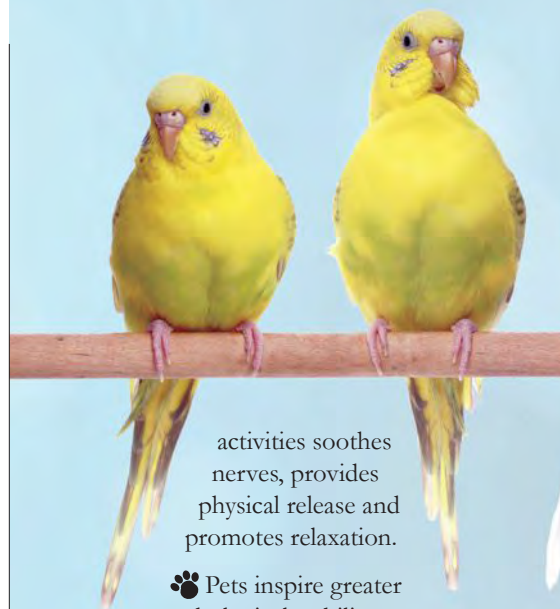
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fewer doctor visits. (National Institute
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APPA also notes that autistic
children tend to be more responsive
when a pet is in the area, and children
who have pets often perform better
in school.

Senior citizens and dementia
patients have shown a tendency to
react more positively around pets. Baby
boomers have the largest instances of
pet ownership, and as they transition to
empty nesting are keeping pets longer.

These benefits and privileges come
with responsibilities. Truly there is no
such thing as a free puppy, and although
according to the National Council on Pet
Population Study and Policy (NCPSP),
about 65 percent of pets are acquired
from friends and family for free or at low
cost, pet owners must provide medical
care and prevention for their pets.

Advancements in veterinarian
care, education and
training are allowing
animals to live longer
and healthier.
Medical care
includes such basics
as vaccinations,





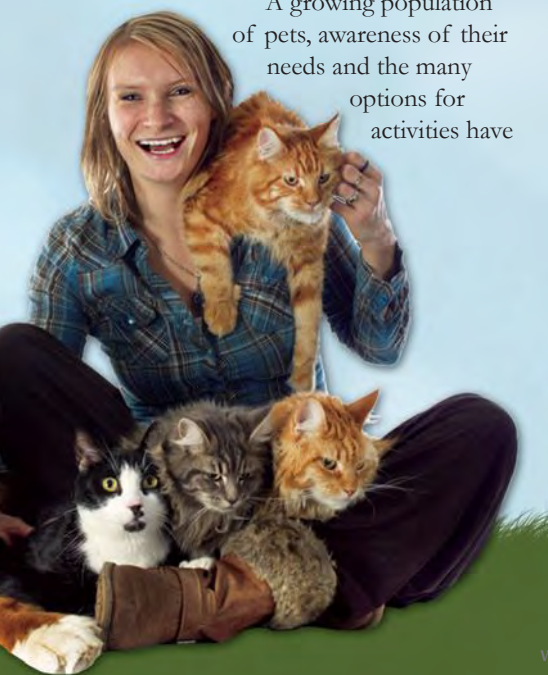
heartworm preventative (in Texas nearly 1-in-45 heartworm tests in dogs are positive), spaying/neutering and might also include microchipping, vitamins and pet insurance. Much, too, has been learned about the importance of dental maintenance.

Currently APPA estimates that, at most, 3 percent of dogs and 1 percent of cats are insured. Investing in pet insurance is on the increase, though, at an expected annual rate of 10 percent and may especially be pertinent for horse owners considering the cost of equine surgery. Annual medical expenses for a dog are generally just under \$1,000 and for a cat around \$650.

Annual costs of pet food, including treats, begin at around \$300. Where this investment ends depends on the sizes and quantity of pets in a household.

Grooming is also essential. Horses need farriers. Dogs and cats require regular grooming and nail clipping and some breeds are best groomed by a professional.

A growing population of pets, awareness of their needs and the many options for activities have



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You Come First

After 26 years, family-owned and -operated Lake Country Furniture knows how to satisfy.

— By Melissa Rawlins

Closed on Sundays, for a family day, Lake Country Furniture & Mattress Headquarters represents a big family with wide hearts. Elaine White's dad, the original owner, was a fatherly figure in the community. Repeat customers appreciated Ed Bailey for helping them set up housekeeping even when they did not have all the funds, delivering their furniture for only 50-percent down and letting them pay out the balance.

Ed understood people. After a 25-year sales career Ed worked another 25 years as a factory representative for a major furniture company, which named him top U.S. salesman in 1974, 1975 and 1976. Ed and his wife, Virginia, opened Lake Country Furniture

in Granbury in 1987. When Ed developed health problems, their son-in-law, Don White, came to help. Eight years ago, Elaine joined him.

Both are people persons, having retired from Joshua I.S.D. where Don served as a teacher and principal, and Elaine taught school. Ed trained Don and Elaine in selling to the public and running a store. Now, they prepare lots of custom orders for American-made sofas, loveseats and recliners.

Furniture here is sturdy, classic, country and western. There are lift-top coffee tables with fold-up trays, functional, narrow side tables and a variety of lamps. There are bedroom suites

of every style. Their top-selling items are mattresses — all made in Texas — including Serta, Simmons Beautyrest and Corsicana Bedding.

“For seniors who are downsizing, we have narrower mattresses plus a variety of loveseats and chairs with small arms,” Elaine said. They maintain a large warehouse behind the store, so Don is able to do same-day delivery for free in the Granbury area. Unwanted, old furniture can be picked up and given away to people referred by local churches.

“We are moderate on our prices,” Elaine said, “because we don’t pay anybody commission.” Lake Country Furniture and Mattress Headquarters honors all warranties from every manufacturer they represent. “And if someone’s not satisfied with the amount of cushion on a recliner, we send somebody out to add more stuffing. We want people satisfied.”

The first time Ruane Renninger bought something from Lake Country Furniture was 10 years ago: a bedroom suite. Six years ago, she invested in living room chairs. Recently, she purchased a living room couch and recliner. The reason for her loyalty? “They are helpful, courteous,” Ruane said. “And they care about how I feel about the furniture.”

“I love dealing directly with the public here,” Elaine said. “I get to personally sit down with these customers and hear what they like and don’t like. Then they trust me to direct them in the right selections for their home.”

Many customers have repeatedly returned to buy furniture because of the trust originally established by Ed, who worked until he was 87 and passed away in June 2013. His legacy lives on through his wife, daughter and son-in-law. The trio do what’s needed, and wear many hats. Don unloads most of the trucks. They share the cleaning of the two tremendous, carpeted showrooms filled with recliners, sofas, tables, mattresses, dressers and accessories made mainly from genuine leather, real wood and pure cotton. Virginia sends out a handwritten thank you note to each customer after every sale.

Little has changed in the store since Ed left. Customers still come first. **NOW**

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Naomi Buck wraps pink pom pom trim around cardboard for a display at Sew Krazee Fabric Shop.



Jonathan Harris and his mother, Debbie, goof off with the Coca Cola collectibles, part of The Percolator's closeout this month.



Kathryn Hickman, go-to girl at Stumpy's Lakeside Grill, checks out the summer dresses in the Marina.



Vicki Knutson celebrates the birthday of her granddaughter, Skylar, shown here with her two children, Braxton and Ashley.



The Richards family relax near the playground at Hewlett Park.



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Martha and Andy Scogin buy two big bags of books from Linda Hanko at Friends of the Library's Spring Book Sale.



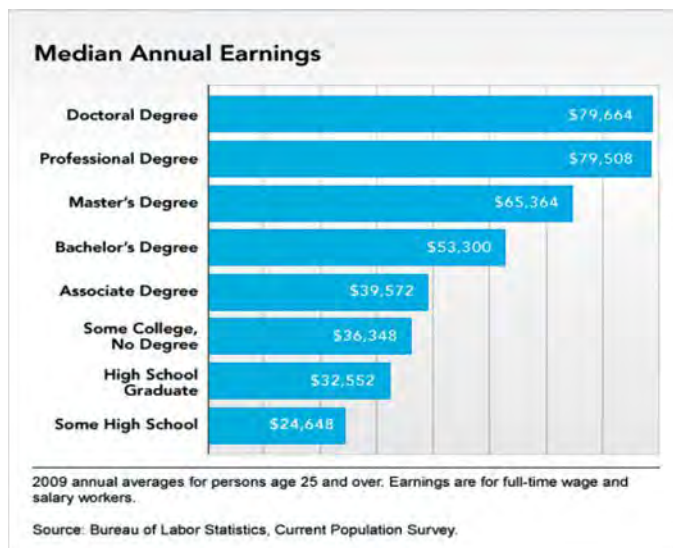
Members of the Granbury Extension Education Club donate games and candy to be sent to two soldiers, both great nephews of Gwen Williams.



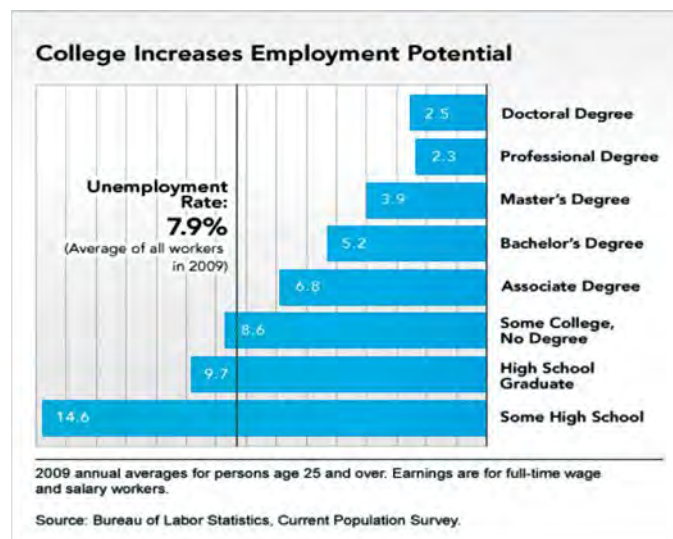
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In addition, the unemployment rate for individuals with a bachelor's degree or higher is less than half the rate for high school graduates, according to a July 2010 report of U.S. Bureau of Labor Statistics.



These statistics aren't insignificant, especially when combined with the intangible benefits a higher education can provide. And they are definitely food for thought when considering a significant investment like your child's education. **NOW**

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June 2, 9, 16, 23 and 30

Women's Bible Study: 1:00-2:30 p.m., Lakestone Terrace Retirement Community, 916 E. Hwy 377. Women Reaching Women Ministry takes you on a journey of real hope. RSVP to (817) 402-3653.

June 3, 10, 17, 24

Summer Reading Program: Little Ones, 10:30 a.m.-noon; 10- to 12-year-olds, 2:30-5:00 p.m. Hood County Library, 222 N. Travis St. During Fizz, Boom, Read, children ages 0-5 years enjoy stories, crafts, music and science experiments. During Spark a Reaction, kids 10-12 ignite their inner mad scientist with weekly experiments. Ask about the library's special events on Saturdays, and don't miss their Thursday movies. RSVP to (817) 573-3569.

June 7

Nature Walk at Acton: 7:00-9:00 a.m., Acton Nature Center, 6900 Smoky Hill Ct. Dr. Billy Teel's guided Bird Walk is free for all. Bring binoculars and field guide. Visit www.actonnaturecenter.org.

June 7, 8, 14, 15

Showcase of New Homes: **Saturday** and **Sunday**, 10:00 a.m. -5:00 p.m. You design your route for this free home tour sponsored by Hood County Builders Association. Call (817) 573-4007 for more information, or visit www.hoodcountybuilders.com for a tour guide.

June 9

Metro Beekeepers meeting: 6:30-8:45 p.m., Cana Baptist Church, 2309 E. Renfro St., Burleson. Novice and expert beekeepers in Texas will enjoy learning from each other at Metro Beekeepers meetings. Visit www.metrobeekeepers.net.

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Barbara Millican speaks about watercolor. Free for citizens seeking to education and support art and artists. Jeanette Alexander at (817) 578-3090.

June 14

Girls Night Out: 5:00-8:00 p.m. historic downtown square. Drawing for \$100 downtown dollars, drinks and food for ladies who come to shop in the boutiques and galleries surrounding the courthouse. Call Brenda Hyde, Historic Granbury Merchants Association, (817) 573-5299.

June 16 —29

Weird Animals: 9:00 a.m.-noon, Granbury First United Methodist Church, 301 Loop 567. A fun and free vacation Bible school to learn why Jesus' love is one-of-a-kind. Register at www.fumcgranbury.org.

June 19

Randy Brown in Concert: 4:00-7:00 p.m., Quail Park of Granbury, 2300 Paluxy Hwy. Grand opening of Quail Park's new assisted living residences. RSVP required at (817) 279-9259.

Twilight in the Garden: 6:30 p.m., Annex 1 and Demo Garden, 1410 W. Pearl St. Lake Granbury Master Gardeners teach about which drought tolerant and Texas Superstar plants flourish best in our county. Get hands on information for perennials, veggies, fruit trees, rainwater capture, composting and drip irrigation. Visit the Earth Kind Rose Garden, formal gardens, hummingbird/butterfly garden and the new daylily garden. \$10/person; \$15/couple. RSVP at (817) 579-3280 or www.hood.agrilife.org.

June 24

Healthy Woman Luncheon: Noon-1:00 p.m., Granbury Resort Conference Center. Dr. Robert Lee speaks about how stress affects our body; Pat George, LGMC Dietician, speaks about how to eat healthier during times of stress. \$2 or \$5 for non-members. Reservation required. RSVP to www.granburyhealthywoman.com or (817) 579-2979.

June 28

Last Saturday Gallery Night Art Walk: 6:00-9:00 p.m., 106 N. Houston St. Visit the Galleries of Granbury and finish your evening at Uptown Art, 401 Cleveland Rd., just off Hwy. 377. Artists will be on hand, some giving demonstrations, while you enjoy hors d'oeuvres, wine and music. Contact (817) 579-7733.

July 3 — 6

Forty Years of Patriotic Tradition: The Chamber of Commerce announced Jean Cate and Judge Ralph Walton are the 2014 Grand Marshals of the Hometown Parade scheduled for July 4, which kicks off with the Kiwanis Firecracker 5K, includes the Ranch Rodeo and ends with fabulous fireworks. Visit www.granburychamber.com or call (817) 573-1622 for details on this Old Fashioned 4th of July Celebration.

Ongoing

First Tuesday

Hood County Clean Air Coalition meetings: 10:00 a.m., American Town Hall. High ozone levels pose dangers to senior citizens, children and those suffering from asthma and other lung disorders. This proactive organization promotes clean air in Hood County. Visit www.granburyedc.com/cleanair, or call Michelle McKenzie, (817) 279-9991.

Third Tuesday

Greater Granbury Chapter of the Military Officers Association of America meetings: 6:00-9:00 p.m., Pecan Plantation Country Club. Contact Colonel Gary Proctor, USAF (Ret), (817) 894-0901, or garyproctor5455@msn.com.

Thursdays

Yoga: 11:00 a.m., Senior Circle, 1321 Waters Edge Dr., Suite 1001. Gather with a group of adults age 50 and over for video-led exercise. Senior Circle encourages the active lifestyle possible through meaningful education, wellness, health, volunteer opportunities and social activities. Visit GranburySeniorCircle.com. Call (817) 579-2979 for details and to RSVP.

First Thursdays

Granbury Extension Education Club luncheon: 10:30 a.m.-1:30 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. Monthly programs cover family and consumer science topics, and community service projects are planned. For information, contact Brianne Langdon, (817) 408-0746.

Second Thursday

Special Needs Parent Support and Networking Group: 6:15-8:00 p.m., Lake Pointe Resource Center, 1921 Acton Hwy. Free. Facilitated by Susan Miller and Madalyn Cano for parents and professionals to learn, connect and share in a caring, responsive and socially supportive setting. Contact (682) 936.4112, or visit www.lakepointegrnburys.com.

Saturdays

Breakfast With Veterans: 8:00-10:00 a.m., American Legion Post 491, 3409 Davis Road. \$5, made-to-order or buffet, raises funds for the nation's largest wartime veteran's service organization. Visit www.alpost491.com.

Weekends

Hood County Museum: 1:00-4:00 p.m., Old Hood County Jail, 208 N. Crockett. \$2 for adults, \$1 for children 6-12. (817) 573-5135.

Third Weekend

Romance Weekend: Friday, Saturday, Sunday, Noon-9:00 p.m., historic Granbury. Bed-n-Breakfasts around town cater to couples. For more information, contact City of Granbury Visitor's Bureau, (817) 573-1114.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.



In the Kitchen With Eddie Lane

— By *Melissa Rawlins*

Retired athletic trainer Eddie Lane enjoys reading, writing, listening to music, hiking and fishing — when he's not cooking or eating. A member of Brazos River Sportsman's Club, he gives presentations on Dutch oven cooking — an art he learned several years ago while taking part in re-enactments. Eddie also participates in the Opera Guild of Granbury. Their 2014 cookbook features some recipes he learned through trial and error at the fishing camp. His three favorite Dutch oven recipes are: whole onions, pork chops and beans, each baked in Lone Star beer! Eddie shares recipes for green beans, stew and hush puppies — all well suited to either Dutch oven or slow cooker — and trout, best prepared in a cast-iron skillet. **NOW**

Trout

Serves you. Tell others to go catch their own.

- 1 cup pecans**
- 1 egg**
- 1/4 cup water**
- 3 fresh trout**
- 1/2 cup vegetable oil**
- Lemon**

- 1.** Chop pecans to a fine mixture and set aside.
- 2.** Beat egg and water together to create an egg wash.
- 3.** Remove fish entrails and gills. Remove spinal bloodline and rinse fish thoroughly. Remove or leave head, your choice. (I prefer to leave the head.)
- 4.** Heat oil in cast-iron skillet. Test temperature by dropping a few drops of water. You want it to sizzle or pop.
- 5.** Dip trout in egg wash. Roll trout in pecans.

- 6.** Place trout in pan and fry 7-9 minutes. Flip trout and fry until done, around 8-9 minutes longer, depending on size of fish.
- 7.** Squeeze lemon on fish.

Green Beans

Serves 4.

- 1/2 lb. red potatoes, unpeeled**
- 3 slices thick bacon**
- 1/4 Texas 1015 onion, minced**
- 1 tsp. black pepper, freshly ground**
- 1/4 tsp. sugar**
- 2 Tbsp. butter**
- 1 15-oz. can green beans, drained**
- 2 splashes hot sauce**
- 1 clove garlic, minced**
- 1 cup water**

- 1.** Bring coals to a white ash color.

- 2.** Wash and quarter red potatoes. Drain and set aside.
- 3.** Fry bacon and onion together until bacon is crisp and onion starts to color.
- 4.** Put potatoes with bacon and onion into Dutch oven, sprinkle with pepper. Add remaining ingredients. Place lid on top of Dutch oven.
- 5.** Place Dutch oven on top of a layer of hot coals, putting at least 10 to 12 coals on top of Dutch oven. Simmer until liquid is almost gone.

Stew

- 2 lbs. chili meat**
- 2 12-oz. cans pinto beans**
- 1 12-oz. can corn**
- 1 12-oz. can Ro-Tel tomatoes**
- 2 Texas 1015 onions, chopped**
- 2 pkgs. Hidden Valley dry seasoning mix**
- 2 pkgs. taco seasoning**

- 1.** Brown and drain meat. Add all ingredients, except taco seasoning, to Dutch oven. Bring to a boil.
- 2.** Add taco mix; simmer for 30-40 minutes.

Hush Puppies

- 1 egg, beaten**
- 1/2 12-oz. pkg. white hush puppy mix**
- 2 6-oz. pkgs. white corn muffin mix**
- 1/2 7.5-oz. pkg. white corn bread mix**
- 4 green onions, chopped**
- 1 Texas 1015 onion, chopped**
- 1/2 12-oz. can whole kernel corn**
- 1/2 12-oz. can cream style corn**
- 1 tsp. salt**
- 1 jalapeño, diced, or more to taste**
- 1 24-oz. bottle vegetable oil for frying**

- 1.** Mix all ingredients, except oil, together with a wooden spoon or a large whisk.
- 2.** Pour oil 5 inches deep into Dutch oven. Heat until a small drop of dough sizzles when dropped into oil.
- 3.** With a tablespoon, drop dough into grease; cook until golden brown. Keep water nearby for dipping spoon in-between each puppy.

To view recipes from current and previous issues, visit www.nowmagazines.com.

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