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*People of every age benefit from  
Doris Robinette and her loving  
Goldendoodle, Natasha.*

*Photo by SRC Photography.*

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## Editor's Note

*Happy Father's Day, Friends!*


Congratulations to everyone receiving a diploma, whether it's from a college stage or a high school platform. For those who are graduating this month, the skies never looked bluer. Yet they'll always be bright, especially when we understand that every day is a new opportunity.

Surely every father knows this. Dads are called upon to make the most of each moment, so they can give the best to their families. For every one whose dad provided faithfully — and mine certainly was such an awesome father — the challenge is figuring out how to honor dads who seem to have it all. Still, I encourage you to give back to yours this month, and the next, and on and on. And if yours isn't still with you, how 'bout making time for other dads in your life? Your neighborhood, church or local senior center are a great place to meet people who deserve a little of your blue sky.


Have a wonderful June!

*Melissa*

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—HEA



# VEN-SENT

— By Carolyn Wills

*Doris Robinette had a very special reason for wanting a puppy. “Years ago, my first husband was in hospice,” she explained. “The facility had a therapy dog that would greet visitors in the waiting area and help relieve some of the hurt and stress. The experience was so comforting that I prayed to share the same joy with others someday.”*

That someday arrived early in December 2009, along with a litter of seven Goldendoodles. When the time came to pick just the right puppy, though, it happened that the perfect puppy picked Doris. “Her beautiful brown eyes instantly said, ‘I’m the one,’” Doris smiled.

It was the beginning of an amazing journey and the answer to a prayer. “I brought the puppy home on January 26, 2010,” she explained. “She was 10 weeks old.” Doris’ husband, Richard, also quickly fell in love. “I was searching for a name when Richard said it should be ‘Natasha,’” Doris laughed. She had to admit: Doris and Natasha had a certain ring.

Before finding Natasha, Doris had done her research. Goldendoodles are a cross between a Golden Retriever and Poodle and are good candidates for therapy work because they tend to be smart, loving and non-shedding. They can also be fun-loving, mild-mannered and, like Natasha, totally adorable.

“Natasha is an F2 Goldendoodle, which means both of her parents are Goldendoodles,” Doris explained. “A puppy by a Golden Retriever and Poodle is called an F1.” True to her parentage, Natasha’s fluffy ivory with a hint of apricot coat is as huggable as anyone’s favorite teddy bear. “She’s a joy,” Doris smiled. “She’s so smart, it’s frightening. Sometimes, she’s more like a human in a dog’s body!”

For Natasha, training began when she was 7 months old and, by 18 months, she and Doris were visiting nursing homes. “She’s registered through Advanced Therapy Dogs, Inc. which is located in Cheyenne, Wyoming,” Doris shared. “We worked with one of their observers in Dallas once a week for six weeks for her initial certification and, now, every year her membership has to be renewed.”

**“It’s amazing to see what a therapy dog can do and, heavens yes, there is a need for more.”**





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In the beginning, Doris would call nursing homes and ask if they allowed therapy dogs. Today, she and Natasha are in such demand Natasha requires her own calendar. "She's booked for months," Doris smiled. "Currently, we're going to Anna May Daulton Elementary School in Grand Prairie, Tarver-Rendon Elementary School in Burleson, Judy Hajek Elementary School in Burleson and Coleman Elementary School in Cleburne for the READ (Reading Education Assistance Dog) program that Natasha is involved with." Their visits vary from once a month to every other week. "Between school visits and, especially during summer, we go to nursing homes," she added.

Natasha's calendar also includes appearances at the Burleson Public Library. "Every other Wednesday, we're there for the toddler group," Doris said. "During the last five minutes of their Story Time, I sit in a chair with Natasha beside me, while the children approach one at a time to pet her."

In addition to Story Time duties, Natasha is featured at the library's popular Saturday reading program entitled "Dog Tales." The program requires pre-registration and is designed to encourage children to enjoy reading and to practice their reading skills.

In March 2013, Natasha performed in an event at Texas Health Huguley Fitness Center Amphitheater entitled



"A New Leash on Life." The program was to show how the stresses of the day can easily be lifted through simple pet interaction.

Theirs is a busy schedule with heavy investments of time and driving, and Doris and Natasha do it all as volunteers. From 70-mile round-trips to Grand Prairie, special appearances, visits to care facilities and elementary schools, these are two hardworking, dedicated partners. All of this, and Doris also works two days a week as an education assistant at Texas Health Huguley Hospital.



"Natasha has brought so much happiness into my life, to Richard's and to many lives," she said. On any day, a well-behaved, beautiful dog is easy to remember and, certainly, Natasha fits that bill. Perhaps, though, she's made more memorable by her love for people, her amazing patience, wisdom and the willingness to learn and perform.

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"We usually do one or two tricks at the end of a visit and the children and adults alike are thrilled," Doris said. Natasha's repertoire includes hula hoop jumping, keyboard playing, shake, lie down and be tired. "Sometimes I'll bring a small table, and she'll put her paws on the Bible like she's reading," Doris added. "She knows exactly what to do, and the kids love it."

Sometimes, especially around the holidays, Natasha has special outfits. "She usually wears a vest that identifies her as a therapy dog," Doris explained. "She's so soft and fluffy that I like for the kids to be able to touch her, so the vest works well. Sometimes, though, she'll wear a T-shirt for an event or a holiday 'dress.'" One of her signature looks is a feather in her hair. "The groomer started adding a feather to show everyone she's a girl," Doris grinned. That feather has become so much a part of her that Natasha is rarely seen without one.

And, yes, Natasha has a closet at home and a room of her own (doubles as a laundry room.) At 9:00 p.m., she looks at Doris as if to say, "It's bedtime and time to brush my teeth."

"We do that every night," Doris smiled.

For breakfast, Natasha enjoys chicken breast, weight management dog food and light yogurt followed by two pieces of celery hearts. Her dinner includes chicken breast mixed with dried dog food, steamed broccoli and cauliflower followed by miniature carrots. Table food is a no-no and sugar snap peas are her treats. "We're both vegetable lovers," Doris said.

Every morning, Doris takes Natasha for a walk around the neighborhood.



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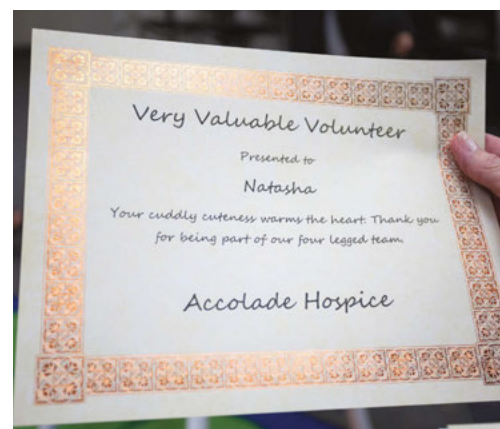
### Pet Tip of the Month

June is the American Humane Associations ADOPT-A-CAT month. Visit your local animal shelter to find out about adopting a furry friend.

- Dr. Susan Andrews, Chief of Staff,  
Burleson Animal Emergency Hospital



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"With so much activity, I've lost 20 pounds," she smiled.

Doris had a very special reason for wanting a puppy. She prayed for guidance and was greeted by a squiggly, happy, brown-eyed fluff-ball Goldendoodle that came to be named Natasha. "I could go on and on about this little girl," she shared.

Doris tells of the special needs child who, at first, would not touch Natasha and now is the first to pet her. "It lifts my heart to see children sitting in a circle smiling ear to ear because of Natasha or to watch an elderly person wrap his or her arms around her in memory of a beloved pet. It's amazing to see what a therapy dog can do and, heavens yes, there is a need for more." **NOW**



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# WHERE HEROES MEET ANGELS

— By Virginia Riddle





*Ron Williams worked approximately 30 years at Brookshire's Grocery Company and spent the last 15 years in a store director position before retiring to answer a call to the ministry. But he was looking for still other ways to serve, and his wife, Jackquelyn, offered an answer. A nurse practitioner, Jackquelyn had learned about the VA's Medical Foster Home Program. This empty-nester couple had rooms to spare in their home and were inspired by Jesus' words in John 14:2, "In my Father's house are many mansions." While their home is not a mansion by this world's standard, the couple now shares it with three U.S. military veterans. "The program fits my schedule, and it's great to help the vets," Ron said. Therefore, they contacted the VA, which sent representatives to interview the Williams and look at their home. Then they moved forward.*

Founded 15 years ago in Little Rock, Arkansas, the VA Medical Foster Home Program became a home-based alternative to nursing home care. The program allowed military veterans the option to live in a family setting while being cared for by members of their host family. Since the family caregivers can have pets and children, the veterans can form a variety of positive relationships. The caregivers provide a private room for each veteran staying with them, along with 24-hour supervision.

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concerning construction and fire and safety requirements. Ron and Jackquelyn had to make small alterations to their home, mostly in the bathroom, to provide wheelchair access and safety bars along with a front-entrance ramp. "I trained my husband about the medical needs. He caught on quickly," Jackquelyn quipped proudly.

For the past three years, the couple has shared their home with five veterans, three of whom are residing with them today: Chuck (Charles) Haskins, who served two years in the Air Force; Mark Haight, who served 14 years in the Navy; and John Beaty, who served three years in the Army. "There are four levels of care, with four being the highest acuity level. We go up to Level 3," Ron said. The VA provides hospital beds and other supplies needed to care for the veterans, and the home is responsible for providing minimum bedroom furniture for each veteran.

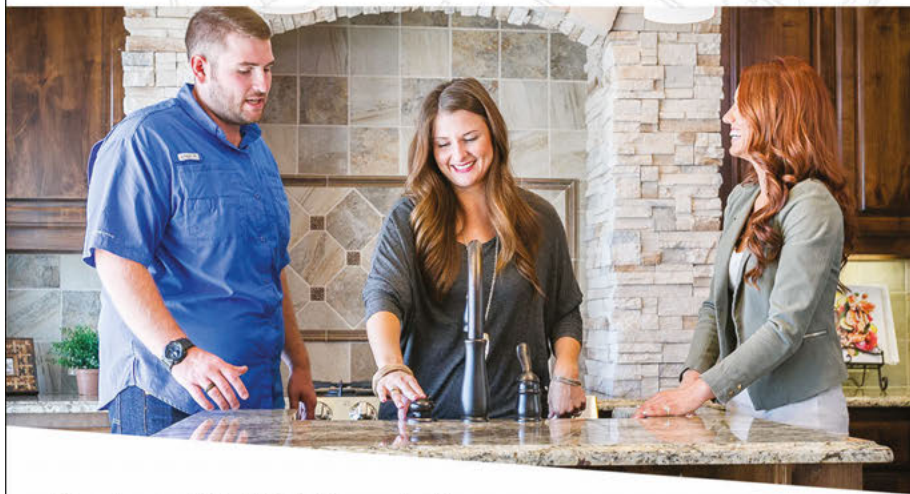


Appropriate matches made between hosts and the veterans are facilitated by the Medical Foster Home coordinator. The veteran pays his or her host family directly for care, with payments ranging between \$1,800 and \$3,000 a month depending on the level of care the veteran requires. House rules are posted and agreed upon between the two parties. The host family orders and dispenses daily medications, makes sure the veteran gets to all doctor and therapy appointments and assures the veteran leads an active lifestyle through regular activities. The VA provides a multidisciplinary team of professionals, as well as an MFH coordinator, who oversee the veterans' care in the medical foster home.

A typical day is pretty busy. Breakfast is served at 7:00 a.m. and morning activities include medications, showers and cleaning the bedrooms and kitchen. Two days a week, Chuck, Mark and John attend a senior activity center. "We are loaded down with appointments at the Dallas VA," Ron said. Lunch is served at noon, and afternoons are filled with activities including exercise. Supper is at 5:00 p.m. "We go shopping, walking and riding around, while sightseeing and going to museums," Ron added. "A VA recreation therapist comes to the house and takes them on outings. Activities vary quite a bit, but they get out of the house often. They have gone to movies, visited



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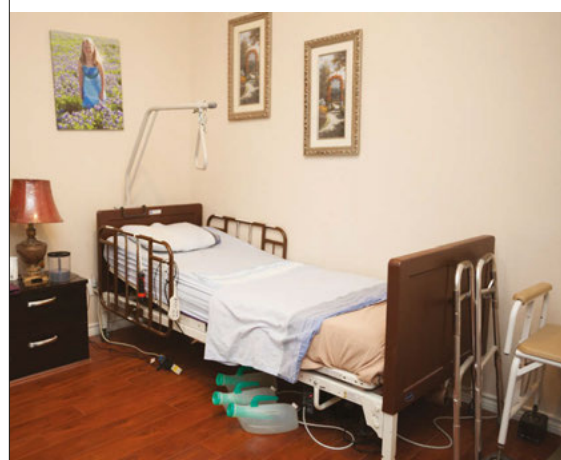
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museums and parks and, on several occasions, the Fort Worth Zoo," Ron said. "They enjoy exercising to music at the activity center."

Chuck, Mark and John are honored guests at Veterans Day lunches and July Fourth parades. The VA sponsors a special event during Christmas and a summer picnic, and the vets attend the annual City on the Hill and National Day of Prayer celebrations in Burleson.

Meal preparation is shared by Ron and Jackquelyn, with special diets and favorite foods in mind. "We cook pretty healthy foods and grill or bake everything using mostly fish, chicken or ground turkey," Jackquelyn said.

Ron has been pastor of a community church, Faith to Faith Ministries, for the past seven years. "I had always wanted to serve a neighborhood church," he said. On some Sundays, Mark and John lead the devotion with Scripture and prayer. Mark loves to sing all different types of Christian music. He also likes to sing karaoke at the activity center and write stories.

John is a NASCAR fan and enjoys going to church. Chuck's favorite activity is watching old movies. "He knows all the old-time actors," Mark said.

Caregivers are required to arrange for a relief caregiver to cover for them in case of emergencies. They are also





provided 30 days of respite each year, during which time the veterans visit their own families or go to a VA contract nursing home or the Community Living Center at the Dallas VA Medical Center. “We have to use those days or lose them,” Ron said, “so we usually go on vacation in the summer and around Christmas.”

Ron and Jackquelyn stay busy and involved. He is currently the Burleson Christian Ministerial Alliance president, the Burleson Lions Club chaplain and coordinator of an outreach ministry. “We give bread monthly to the community,” Ron said. For relaxation, he works out at a gym and enjoys riding his motorcycle.

Jackquelyn works outside their home and is studying for her doctorate degree in nursing. She’s a volunteer who grades prisoners’ papers through the Crossroad Bible Institute. “I am learning at the same time, and it’s a way to give back,” she said. To relax, she enjoys reading, loves to sing and is teaching herself to play the piano. “Music is very relaxing to me,” she said.

A chance meeting in cars while driving in Dallas brought this couple together in 1991. Ron, a native of Pittsburg, Texas, and Jackquelyn, a Garland native, have been married for 22 years. “We enjoy hearing the veterans’ stories, and I’m writing a book,” Ron said. “It’s challenging keeping everyone on schedule, and sometimes we have to mediate disagreements, but we love being a part of this program. We’ve always taken care of people, and it’s a joy that the veterans have a place to call home.” **NOW**

*Editor’s Note: For more information, call VA Medical Foster Home Staff in Ft. Worth at (817) 730-0335 or (817) 730-0268.*

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# HAVING

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# FU



*D.D. Daniels and his girlfriend, Myrna Moss, live in an astounding half-underground house that he built between 1996 and 2004. D.D.'s wife had decorated it in a modern style, but passed away not long after they moved in. Four years ago, D.D. met Myrna at a Widowed Persons Service dance, and they've been partners ever since. The two are known in town for riding around in his three-wheel, Corvair-powered motorcycle built for two. It will drive the speed limit, and the couple has driven as far as Morgan, Ft. Worth and Irving. Generally, it's their transportation around Burleson to breakfasts and dances and such. D.D. built "The Toy" in 1976, well before building the bermed house he'd been drawing for years.*





# N

— By Melissa Rawlins

“Back in the 1970s, I started drawing pictures and floor plans of underground houses,” said D.D., who drew a diagram of this house when he got married. An architect gave it vaulted, slanted and raised ceilings plus a teak-veneered plant ledge atop rounded walls separating the central kitchen from the living, dining and game rooms.

D.D. has worked a lifetime, almost, to bring this home into reality. He started building it in August 1996, using experience gained from working construction through an 18-year career



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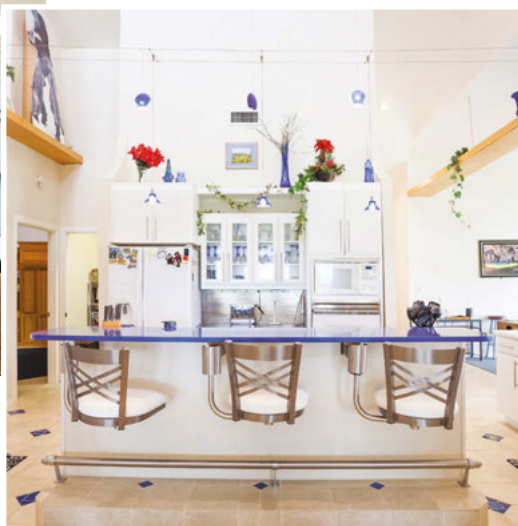
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operating heavy equipment, three years at a lime plant and then a 24-year career as a journeyman electrician. He retired from Vought Aircraft in 2009. He augmented his wide variety of skills by building a house in Blum with his father in 1980. "We did not know what we were doing, but I learned a lot," D.D. said. "Then I helped a neighbor build his log cabin. Then I built my apartment in my shop on this land. Then I built this home."

This masterpiece includes a modern kitchen presented in stainless steel, cobalt glass and tile with white laminate.



Jenn-Air appliances dating to 1991 had been originally installed in the nearby apartment, where D.D. lived until the home was finished in 2003. This kitchen has two sinks, two refrigerators, two ovens and a warming drawer. A walk-in pantry lined with stainless steel shelves contributes to its well-organized feeling.

"People can work, and others can walk behind you and not have to squeeze



in," said Myrna, who retired in 2011 from BISD after 29 years working in nutrition. "D.D. and I have a party every year at Halloween, and there are about 50 people here, and nobody is ever uncomfortable. It's great for family gatherings. You can talk to everybody sitting at the bar while you're cooking!"

The cobalt in the kitchen's tile floor is picked up by the adjoining room's circular blue rug. D.D. and Myrna have plenty of guests and often transform the library-like space into a second bedroom by pulling the cabinet open and the Murphy bed down. A local craftsman created the



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blonde-stained pine woodwork here and throughout the home to last a lifetime.

And that's good, because D.D. isn't going anywhere, nor is he changing a thing. "This is supposed to be a maintenance-free house. Everything was done so I don't have to do it over," he said. "I have a sentimental attachment to all of it. And even though I could do without all of it, I don't want to."

He worked almost eight years to perfect this 2,935-square-foot, two-bedroom, two-bath, two-car-garage home with 8-inch walls throughout. "The inner walls are wood, but the outer walls and all the ceilings are steel C purlins. From the peak to the back wall is 40-feet long, but I only had 30-foot C purlins, so I had to weld another 10 feet to it to get it done," D.D. said. With plenty of angles to weld in place, he gave the home 14-foot ceilings in the foyer, 20-foot ceilings in the kitchen and 12-foot ceilings in the bedroom. And, he incorporated 21 windows.

Designed for energy efficiency, the north and west walls are completely underground. Only morning sun flows through the living room windows. Thermal heat comes into the house, and the energy bill runs about the same all the

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time. At one time, there was a problem with water leakage, but D.D. solved the problem when he installed a French drain with a sump pump.

Almost all the walls, except the dining room, are Egg Shell White. D.D. painted the walls of the laundry room seafoam green, matching the teal glass bricks rounding out the shower in the bathroom.

Moving past the teal into the master bedroom, there's no more cobalt blue, but shades of green reign. The king-size bed's understated floral comforter invites a slow wake-up, while gazing across the built-in credenza, through the picture window to the southern countryside. These sunny windows enclose the office, and over its coffee bar hang family pictures. Here, resting in a big, cozy chaise lounge upholstered in woodsy tapestry, Myrna and D.D. feel right at home.

As the sun floods the room, it illuminates the green-and-white tile floors of the adjoining entryway. Custom-cut mauve shag carpets under the dining table and living room seating area prevent any echo and promote a sociable elegance.

The first delight most guests notice in the dining room is a colorful, 20x20-foot mural of a nature scene. Inspired by the movie, *The Sound of Music*, the mural is calming and peaceful. Its counterpoint is a life-size cardboard image of John Wayne, overlooking the vista from atop the ledge above the pantry between the dining room and kitchen.

On the opposite side of the kitchen bar, the game room's disco ball goes 'round and 'round. D.D. got that idea from attending country and western dances and enjoys watching the tiny lights swirl. "We go dancing a couple of times a week," Myrna said, "and do karaoke, which I never in a million years thought I would do." They practice at home, and their dog, Zoey, howls right along with them.

The disco ball's dancing lights reach as far as John Wayne and even to the living room, where D.D. placed a gas fireplace that he and Myrna enjoy. "The hearth under the fireplace is actually a countertop, and so are all the 8-inch window sills," D.D. said. "Easy to maintain — easy to clean."

These days, all D.D. and Myrna are doing is fun. "That's what retirement is," he said. "If you're not having fun, go do something else!" **NOW**



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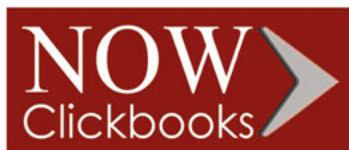
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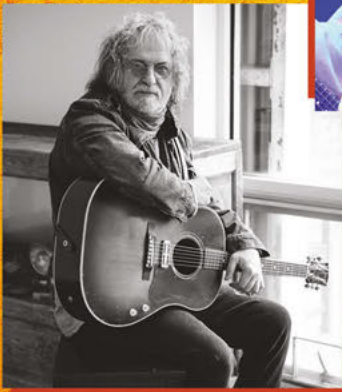
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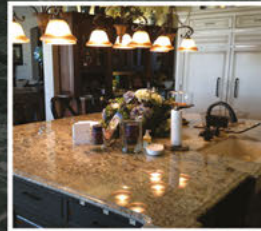
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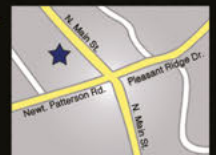


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# Bountiful Harvest

— By Melissa Swedoski

*The bounty of fresh fruits and vegetables during the summer is one of the great delights of the season. With a little effort and planning, you can enjoy flavorful fare at meals all year long with canning, which is fun and economical, but there are a few things to know to prepare for the process.*

## Acidity Levels and Canning

Knowing the difference between high- and low-acid foods determines the canning process used. Low-acid foods include meats and vegetables, with the exception of acidified tomatoes and pickled products. High-acid foods include fruits, pickled vegetables, relishes, salsa, pickles and sauerkraut.

Canning requires extreme heat to kill mold, yeast, bacteria or other organisms that cause spoilage. Low-acid foods require pressure canning to destroy the bacteria in temperatures that reach 240 F or higher. High-acid foods can be safely processed by boiling water canning. In general, boiling water canners take less time than pressure canners.





## Choosing Produce

Fresh produce is best from a backyard garden, but scouring the local farmers market can yield real gems. Overripe fruit isn't recommended, but if the fruit is fresh, small bruises can be removed and discarded.

- **Fruit** – It is generally better to hot-pack fruit, including apples, pears, apricots, nectarines and peaches. Unless you are making a jam or jelly, berries should be frozen. Tomatoes are a popular item to can and should be cooked before canning.
- **Vegetables** – Asparagus, beets, carrots, green beans, okra, peas, peppers and potatoes are eligible for canning, along with cucumbers, beets, beans, turnips or bell peppers. Tender lettuces, however, can't stand up to preservation techniques.



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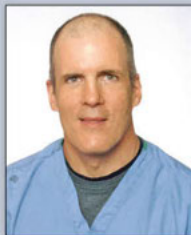


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## Jars and Lids

Mason jars are the best choice for home canning, since they come in pint and quart sizes and, if used properly, can be reused in future seasons. To pack whole fruit and vegetables, use a wide-mouth jar, which makes the process easier.



Two-part lids are necessary, as the screw band will secure the canning lid to the jar during processing. Screw bands can be reused as long as they aren't bent or rusty, but lids are designed for a one-time use since the sealing compound can lose effectiveness over time.

Jar lifters are good for moving hot jars, while jar funnels will help reduce spills during filling. A magnetic lid wand allows you to drop lids and bands into the hot water of the canner to sterilize them and soften the sealing compound, combining two steps in one.

## General Guidelines

Make sure the food is thoroughly washed and trimmed and practice arranging produce in a jar. Once you've cleaned all the tools and sliced and diced the produce, use a large spoon or ladle to put the produce loosely into jars. Fill the jars with boiling water, pickling solution or sweet syrup. Use white grape juice for fruit.







Use proper headspace to ensure that all the contents reach the appropriate temperature for safety and sealing. Juices, jams, jellies and relishes need 1/4 inch. Fruits, tomatoes and pickles need 1/2 inch. Meats and vegetables need 1 to 1 1/2 inches.

Remove air bubbles with a nonmetal utensil, frequently found in a canning kit, by working down the jar sides. If the headspace changes as bubbles release, add more hot food or liquid to maintain the balance. Clean the jar's rim, put the lid on, screw the band on and tighten. Place the jars into the canner and position so they are not touching.

A boiling water canner resembles a big pot with a lid and a rack in the bottom. Fill the pot halfway with water and preheat to 140 F, for raw-packed foods, or 180 F, for hot-packed foods. Insert the canning rack and jars, cover and bring water to a slow, steady boil. Allow to process for the designated time.

Pressure canners use a heavy pot with a rack, tight-fitting lid with a vent, dial or weighted pressure gauge and a safety fuse. Heat foods to 240-250 F and hold that temperature for as long as necessary. Put 2 to 3 inches of water in the bottom, insert the jars, put the lid on and increase the pressure. When processing is finished, let the pressure drop before opening the canner.

## Canning Shelf Life

Some foods don't require canning, including carrots, turnips and rutabagas, while green or lima beans, peas, okra,



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cucumbers, eggplant, peppers, summer squash, green tomatoes and most fruit will remain good for about a month in dark storage. Other crops, such as kale, collards, parsnips, leeks and Brussels sprouts are hardy enough to survive cold weather and can be left in a garden into the winter. Kale, chard and spinach can be frozen, as can summer squash, but only after it's been baked.

Generally, canned items are good for a year and are best stored in a cool, dry place, ideally at 50-70 F. Items should also

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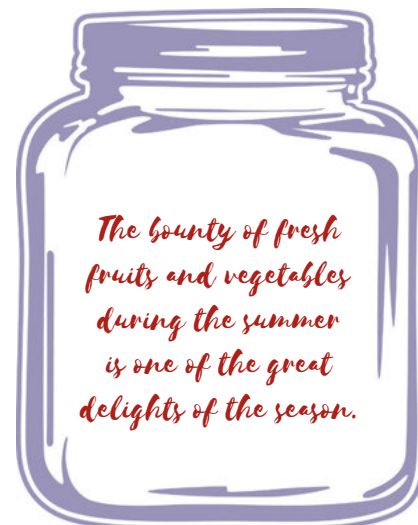
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be stored in the dark, so if closed cabinets aren't available, jars can be stored in boxes. Always double check for any signs of spoilage before eating your canned items. Things to check for include:

- Popped lid, where the can lid is bulging, or obvious bubbles in the liquid
- Mold or a strange odor
- Broken seal, rusted lid or leaking fluid
- Mushy texture that was not present at canning

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Philosopher and physician Edmund Duncan Montgomery and his sculptress wife, Elisabet Ney, came to Texas from Bavaria when she was 39. The duo's cultural contributions are on display in the high-ceilinged, energy-efficient sculpting studio Elisabet built in the late 1800s. She named it *Formosa*, and turned its turret into a writing study for Edmund when he'd visit. Here, curator Oliver Franklin has installed a typewriter for visitors who wish to leave their mark amongst the quotations from Edmund's many works. Elisabet's husband was the kind of gentleman who proclaimed in his 1910 essay, *The Revelation of Present Experience*, that all true reality has its





being in real perceptible nature, "where all manifest becoming proceeds."

Montgomery was a good match for Elisabet, who was sculpting in the court of King Ludwig II when she met the man with whom she would later immigrate to Texas for an opportunity to develop a utopian life. They had a child together and even while experiencing all the pleasures of womanhood and motherhood, she continued creating works from rock-hard marble. Her works can be found in the Texas State Capitol, the U.S. Capitol, the Smithsonian American Art Museum and in museums and private collections throughout Europe and the U.S.



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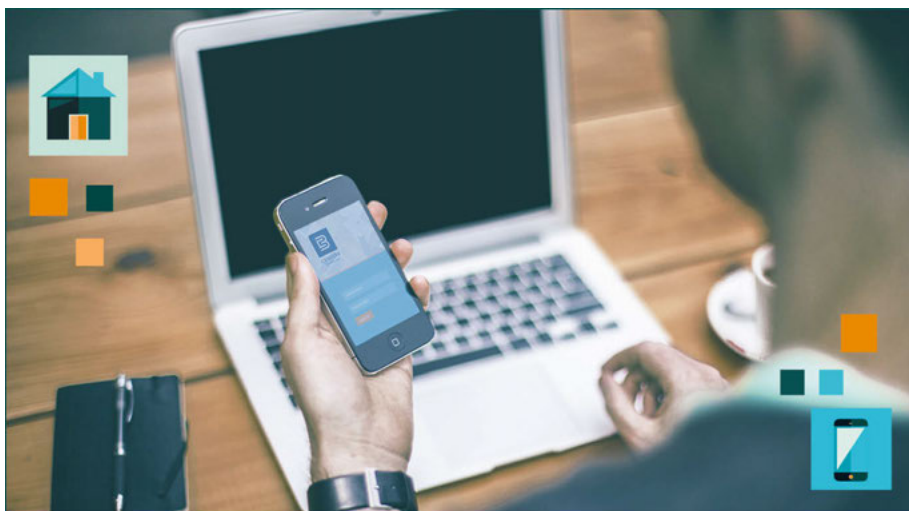




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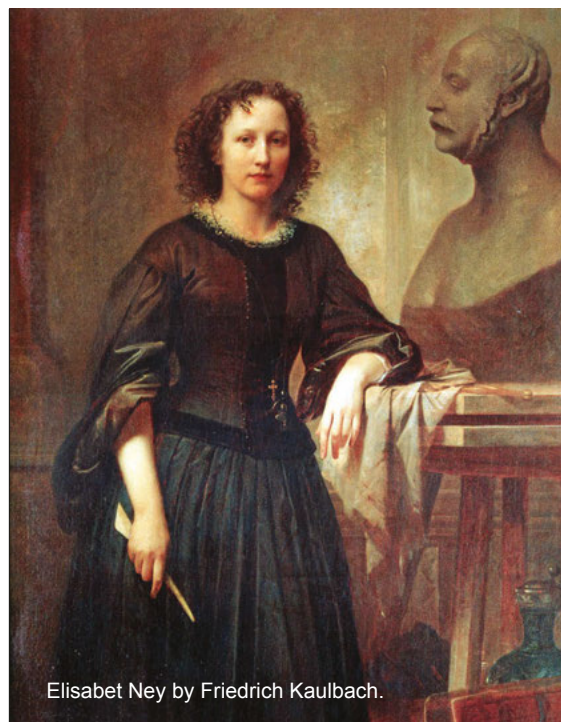


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Elisabet Ney by Friedrich Kaulbach.

Near the intersection of Austin's East 44th Street and Avenue H, Elisabet's studio-turned-museum honors a free-spirited female whose sculptures honored great men, including King Ludwig II, Otto von Bismarck, Giuseppe Garibaldi, Arthur Schopenhauer and William Jennings Bryan. Firmly planted on dark wood planks dating back to the studio's construction, in what feels like old space, her sculptures of Sam Houston, Stephen F. Austin and General Albert Sidney Johnston are also on display. Although the works displayed at the Elisabet Ney Museum indicate her artistic focus was not often on women, Elisabet Ney actively mentored many females during her later years inhabiting her sculpture studio.

*Formosa* was selected by The National Trust for Historic Preservation to join the league of former studios of more contemporary artists, including Jackson Pollock, Winslow Homer and Georgia O'Keeffe, as one of the members of its Historic Artists' Homes and Studios program. Listed on the National Register of Historic Places, *Formosa* is a local and state landmark, considered the first art museum in Texas. Elisabet made it her home away from home, often sleeping on a canvas cot atop *Formosa's* roof.

In evening salons, Elisabet Ney hosted discussions of politics, art and philosophy at her studio at the turn

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of the 19th century. After her death in 1907, friends preserved the studio and its contents as the Elisabet Ney Museum, and established the Texas Fine Arts Association there dedicated to her memory. Most materials in the museum comprise the Elisabet Ney Collection of the Harry Ransom Humanities Research Center of The University of Texas at Austin. Year-round exhibits include large-format photographs of Austin, Texas, from 1840 to 1911, as well as large-format photographs of Elisabet Ney's homes and studios in Europe and America. Staff-led tours of the former studio of Elisabet Ney are available, and research and archival access is provided for scholars, researchers and educators.

Throughout the year, special events are hosted on the grounds of the Elisabet Ney Museum. February's celebration of urban birds brings together the Audubon Society, Cornell University and the general public. In April, the museum hosts the Austin Short Short Festival, an afternoon devoted to fewer-than-1000-words fiction as read by some of Austin's finest authors. In May, the museum's annual Ney Day celebrates women in the arts with five all-women bands, tons of activities, art displays and demonstrations, food trucks and more fun. That's also when the museum announces its Featured Artist of the Year, usually a woman, who unveils a temporary outdoor art piece that will remain on the grounds until the next Ney Day. September's *Who Are You?* Portraiture in the Park kicks off fall programming. *Who Are You?* features a fun and fanciful definition of the form to shed light on the functionality of portraits.

When you have had enough intellectual exploration, not far away is Airport Boulevard, where a variety of taco shops beckon gustatory experimentation. For



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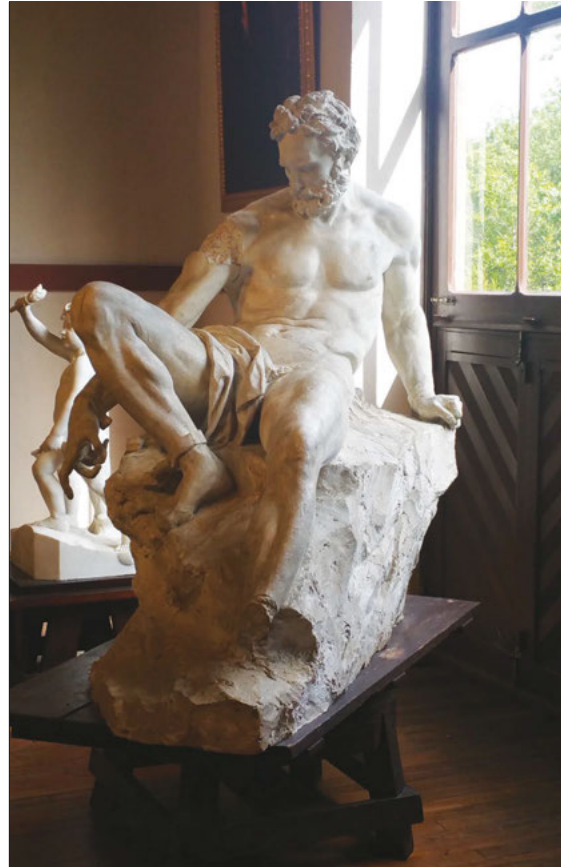
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instance, Tyson's Tacos riffs on tried-and-true street taco recipes with gourmet meats, like duck, and international flair, like Asian. They also offer a song-for-a-taco program. If you can prove you're a musician by tuning and playing the ukulele behind the glass at the order counter, then you'll get a taco for every song you play.

After filling your belly and laughing a bit, you may want to close out the evening with some good, old-fashioned hanging out in one of Austin's many parks. Barton Springs Pool and Zilker Metropolitan Park are beautiful year-round, but summertime is certainly when pools and splash pads provide exactly the kind of perceptible nature Texans of any age know and love. **NOW**

*For more information about the wide range of educational programs, exhibits, special events, workshops and lectures at the Elisabet Ney Museum — which is only open from noon to 5:00 p.m. Wednesday through Sunday — just call (512) 458-2255 or visit [www.elisabetney.org](http://www.elisabetney.org).*

*By Melissa Rawlins. Photos courtesy of City of Austin Parks and Recreation Department.*



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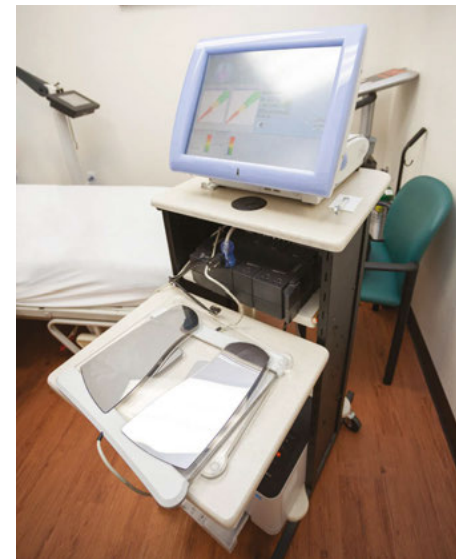


### The Vine Medical Center and Sleep Lab

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#### Hours:

Monday-Saturday: 7:00 a.m.-7:00 p.m.



Dr. Ehab Hanna provides medical care with a great group of people, including nurse practitioner Sheletha Bratton and sleep medicine specialist Dr. Nagwa Lamie.



## Here for You

*Doctors at The Vine Medical Center and Sleep Lab change people's health for the better. — By Melissa Rawlins*

Understanding patient needs comes naturally for Dr. Ehab Hanna and his staff at The Vine Medical Center and Sleep Lab. Whether a person is very sick or simply trying to avoid the onset of disease, Dr. Hanna takes time getting to know each patient, so proper treatment can be provided for their situation. Out of deep respect for people, he and his wife and office manager, Marian Hanna, set extended hours, so patients can come before or after work, six days a week.

"We desire to follow the Lord Jesus' steps, and continue His mission of healing and helping people," Dr. Hanna said, adding that he and Marian named their clinic under inspiration by statements found in the 15th chapter of John. "Jesus said, 'I am the Vine and you are the branches.'"

"We are here for our patients," Marian added.

This month at The Vine Medical Center and Sleep Lab, doctors are helping people lose weight and giving patients much-needed preventive care. High-tech equipment provides top-quality preventive screenings for glaucoma, nerve problems, blood flow, diabetes, hypertension and other diseases. Other people are looking for immunotherapy for allergies or pain treatment without medication.

New technologies make it possible to test whether a person suffers in the daytime due to lack of sleep during the night. "The Vine Medical Center and Sleep Lab is honored to have Dr. Nagwa Lamie, board certified in family medicine and sleep medicine, as the medical director of our sleep lab," Marian said. After an



evaluation with the doctor, the patient stays in The Vine's sleep lab all night, connected to a machine. After overnight monitoring, the sleep doctor reads reports to interpret their sleep patterns. Poor sleep and oxygen deprivation contribute to problems as severe as death, preventable by the Vine's reasonably priced sleep medicine.

The Vine Medical Center and Sleep Lab was established in Crowley to find ways to change people's health for the better. Dr. Hanna and Marian came from Egypt to the United States almost 20 years ago. In 2010, after working in New York and New Jersey hospitals, they moved to this area to be closer to family. Dr. Hanna is board certified in internal medicine and opened The Vine Medical Center in 2012 inside Texas Health Huguley Hospital before relocating to more spacious offices in Crowley last year.

*"We are  
here for our  
patients."*

Dr. Hanna insists that The Vine Medical Center and Sleep Lab take all insurances. They offer cash prices for self-pay patients. And all the office staff are trained and experienced to know how to help patients with any question.

If you're concerned about achieving weight goals, Medifast Solutions and Zerona are the two approved medical weight-loss techniques supervised at The Vine Medical Center and Sleep Lab. Patients can relax through it all because the doctors have fun while helping people.

Nurse practitioner Sheletha Bratton, APRN, FNP-C, joined The Vine Medical Center last fall. She practices medicine with Dr. Hanna because they share the same philosophy of compassionate care, stressing the importance of prevention to maintain good health and improve quality of life. "I'm a licensed missionary," she said, "so it's great to be in a faith-based environment where we laugh a lot, too." **NOW**



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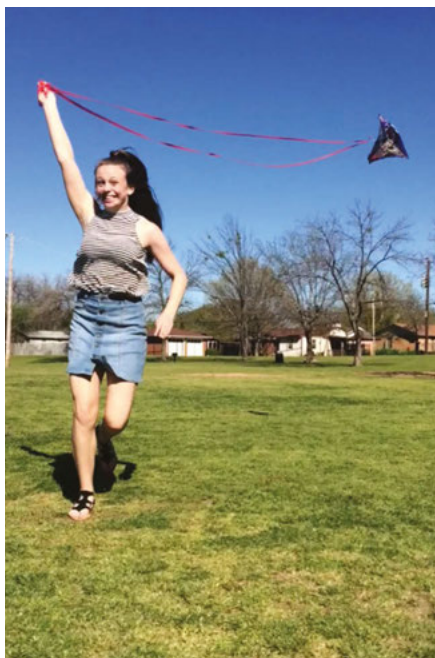
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Kaitlyn Freeman flies a kite at Warren Park.



Brody Lynes dives into a yummy ice cream cone.



Michael Gordon relaxes by listening to music while awaiting results of his job interview.



Facebook Friends meet up with Burleson's Betty Clowdus, second from left, at the ZigZag Stripe grand opening in Mansfield's historic downtown.



Graduating senior and co-captain of the CHS swim team, Madison Heaps, receives a great surprise from WingStop's Rex Heckleman, far right, pictured here with swim coach Jeremy Martin and principal Jimmy Neal.



Fifty-seven second graders from Norwood Elementary School take swim lessons sponsored, in part, by Sigma Swimming.



Lane Schott gives her mother, Morgan Schott, wildflowers she picked before Kids Corner at First United Methodist Church.



Joey McKenzie and The Western Flyers give Burleson an evening of fiddling and western swing at Graceview Baptist Church.



Taylor Perkey videos Jeff Brannon, owner of DWELL, for Taylor's daily blog.



Norleshia Freeman serves coffee with a smile at MacDonald's in Crowley.



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# Don't Keep Family in the Dark About Your Plans

You might work diligently at building a financial roadmap for your retirement years and a comprehensive estate plan. But you can't just create these strategies — you also have to communicate them. Specifically, you need to inform your spouse and your grown children what you have in mind for the future, because the more they know, the fewer the surprises that await them down the road.

Let's start with your spouse. Ideally, of course, you and your spouse should have already communicated about your respective ideas for retirement and have come to an agreement on the big issues, such as when you both plan to retire, where you'll live during retirement and what you want to do as retirees (volunteer, travel, work part time and so on).

But what you both might have let slip through the cracks are the important specifics related to financing your retirement. You'll need to answer several questions, including these:

- When will you each start taking Social Security?
- Are there strategies for maximizing both of your Social Security payments?
- When will you need to start tapping into your respective retirement accounts, such as your IRA and 401(k)? And, once you do start withdrawing from these accounts, how much should you take out each year?



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You may want to work with a financial professional to address these issues. But however you proceed, you and your spouse need to be "on the same page" regarding the key financial components of your retirement.

Now, consider your grown children. You need to clearly communicate your estate plans to them, not only for the sake of openness and honesty, but also because they may well play active roles within those plans. So when talking to your children, make sure you cover these areas:

- **Durable power of attorney.** You may well decide to give one of your grown children the durable power of attorney to pay bills and make financial choices on your behalf if you are unable to do so.

- **Estate executor.** An executor is the person or entity you name in your will to carry out your wishes. An executor has a variety of responsibilities, so you'll want to choose someone who is honest and capable of dealing with legal and financial matters. Again, you could ask a grown child to serve as your executor, but, to avoid potential conflict of interests among your children, you might want to go outside the family. Talk with an attorney about how best to name your executor.

- **Status of will and living trust.** Assuming you have already drawn up a will, share it with your grown children. The same is true with a living trust, a popular estate-planning tool that may allow your survivors to avoid going through the time-consuming, public and expensive process of probate. A will and a living trust will obviously contain a great deal of information your children should know about, so take the time to explain your thinking when you created these documents.

You want to enjoy a comfortable retirement, and you want to leave a meaningful legacy through your estate plans. To help accomplish both these goals, you need to include your loved ones in your arrangements — so open those lines of communication. **NOW**

*Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.*

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Lynn H. Bates is an Edward Jones representative based in Burleson.*



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### June 10

Redneck Roundup: 7:00-11:00 p.m., River Ranch Stockyards, Ft. Worth. Benefitting Support Our Soldiers. Music by Chad Prather and Jesse Jennings. \$60-\$100 entrance. Visit [www.SupportOurSoldiers.com](http://www.SupportOurSoldiers.com).

### June 13

Burleson Retired School Employees Association potluck: 11:30 a.m.-1:00 p.m. Burleson Senior Citizen Center, 210 S.W. Johnson Ave. All retired school personnel are invited. Linda Henderson, (817) 996-5261.

### June 14

Story Time: 10:00 a.m., Crowley Adventist Church, W. FM 1187 and Cleburne Rd. Bring your kids for stories, crafts and snacks. For more information, contact Judith Jamison, [judyjrd@sbcglobal.net](mailto:judyjrd@sbcglobal.net).

Business After Hours: 5:30-7:00 p.m., Verizon Wireless, 739 S.W. Wilshire Blvd. Free to Burleson Chamber of Commerce members. (817) 295-6121.

Trail Life Troop TX-0110 meeting: 7:00-8:00 p.m., Burleson Church of Christ Community Room, 1150 N.W. John Jones Dr. (817) 995-8466.

### June 16

Summer Quarterly Luncheon: 11:30 a.m.-1:00 p.m., Nazarene Christian Academy Gymnasium, 2001 E. Main St., Crowley. Guest speaker: Eddie Gossage, president and general manager of Texas Motor Speedway. \$20 for members of Burleson Chamber of Commerce. (817) 295-6121.

Breast Cancer Care Support Group: 6:00-7:00 p.m., Pathway Church, 250 N.W. Tarrant Ave., Suite L. Call Nedra Lamar, (817) 915-5529.

Second Quarterly Luncheon: 11:30 a.m.-1:00 p.m., Crowley Recreation Center, 405 S. Oak St. RSVP (817) 297-4211.

### June 3, 10, 17, 24

Hot Sounds of Summer: 7:30-9:00 p.m., Old Town Burleson. City of Burleson shuts down a few blocks of Old Town every Friday night in June for free 90-minute concerts. **June 3**, Poo Live Crew; **June 10**, Texas Flood; **June 17**, The M-90s; **June 24**, Ray Wylie Hubbard. Call (817) 426-9622.

Movies in the Park: 8:30-11:00 p.m., Bicentennial

Park, 900 E. Glendale St., Crowley. A free gift from the City of Crowley. **June 3**, *The Good Dinosaur*; **June 10**, *Angels in the Outfield*; **June 17**, *Norm of the North*; **June 24**, *Star Wars: The Force Awakens*. (817) 297-2201, x4300.

### June 21, 22, 28, 29

KAMP: 9:00 a.m.-noon, 400 S. Eagle Dr., Crowley. Kids with ASD Making Progress offers fun, hands-on activities. Register at [www.centerforasd.org](http://www.centerforasd.org).

### July 4

Burleson Lions Club Fourth of July Parade: 9:00 a.m., Old Town Burleson. Honoring United States' military heroes. [www.burlesonlions.org](http://www.burlesonlions.org).

Independence Day Celebration Concert and Fireworks: 5:00-10:00 p.m., Chisenhall Fields Sports Complex, 500 W. Hidden Creek Pkwy.

*Submissions are welcome and published as space allows. Send your event details to [melissa.rawlins@nowmagazines.com](mailto:melissa.rawlins@nowmagazines.com).*



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## In the Kitchen With Jill Jones Jacobs

— By Melissa Rawlins

A few bites of her favorite cheesecake squares go a long way with Jill Jones Jacobs, her husband, Aaron, and their daughter, Laurel. They prefer eating desserts filled with all-natural ingredients like butter, full-fat buttermilk and sour cream and dinners created from fresh and flavorful mainstays, like her cornbread salad. Jill's flair for living life to the fullest harkens back to her youth in Burleson, when Buddies and Bransom's sold groceries for fabulous family meals.

Jill cooks often for folks at Holy Cross Christian Academy and once catered dinner for about 40 members of her husband's Masonic lodge in Joshua. As they tried her pulled pork with macaroni salad and pinto beans, Jill felt some pressure. "You know a man and his barbecue," Jill said, with a grin. "But they loved it!" **NOW**

### Tangy BBQ Pulled Pork

- 1 5-lb. bone-in pork shoulder roast**
- 1 Tbsp. salt**
- 1 tsp. ground black pepper**
- 1 medium yellow onion**
- 1 1/2 cups apple cider vinegar**
- 4- to 5-second pour of Colgin's Hickory Liquid Smoke**
- 2 Tbsp. brown sugar**
- 1-2 tsp. Tabasco and cayenne pepper (optional)**
- 1 bottle barbecue sauce of your choosing**

**1.** Place the pork shoulder into a slow cooker. Season with salt and pepper. Add

onion, cut into chunks. Pour the vinegar and liquid smoke around the pork. Cover and cook on low for 12 hours.

**2.** When pork pulls apart easily into strands, remove from the slow cooker and discard any bones. Strain out the liquid, saving 2 cups.

**3.** Shred the pork using tongs or two forks, and then return to the slow cooker.

**4.** Stir the brown sugar into the reserved sauce. If you like it spicy, add Tabasco and cayenne pepper to this mixture. Mix into the pork in the slow cooker. Cover and keep on low setting until ready to serve.

**5.** Serve on Hawaiian rolls and top with Slider Slaw and barbecue sauce to make the perfect Southern slider.

### Slider Slaw

- 1/4 cup apple cider vinegar**
- 1 Tbsp. grainy mustard**
- 2/3 cup mayonnaise**
- 1 8-oz. pkg. cole slaw cabbage mix**
- 1 red bell pepper, thinly sliced**
- 3 green onions, thinly sliced**
- 1 tsp. each salt and fresh-cracked pepper, or to taste**

- 1.** In a small bowl, whisk together vinegar, mustard and mayonnaise; set aside.
- 2.** In a separate bowl, mix cabbage, bell pepper and green onions.
- 3.** Pour a small amount of the dressing on the cabbage mixture and mix together until well combined and desired amount of dressing is achieved. Season with salt and pepper; chill before serving.

### Cornbread Salad

- 1 16-oz. pkg. Mexican cornbread mix**
- 10 slices bacon**
- 1 1-oz. pkg. Fiesta Ranch dressing mix**
- 1 1/2 cups sour cream**
- 1 1/2 cups mayonnaise**
- 2 15-oz. cans black beans, drained**
- 3 tomatoes, chopped**
- 1 pkg. Romaine lettuce, shredded**
- 1 cup green onion, chopped**
- 2 cups chipotle flavor cheddar cheese, shredded**
- 2 11-oz. cans whole kernel corn, drained**

- 1.** Prepare cornbread according to package directions. Cool, crumble; set aside.
- 2.** Place bacon in a large, deep skillet. Cook over medium-high heat until evenly brown. Drain, crumble; set aside.
- 3.** Whisk together dressing mix, sour cream and mayonnaise.
- 4.** Crumble half the cornbread in the bottom of a large serving dish, such as a trifle bowl. Layer with half of each: beans, tomatoes, lettuce, green onions, cheese, corn, bacon and salad dressing mixture. Repeat layers.
- 5.** Cover and chill at least 2 hours before serving.

To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).



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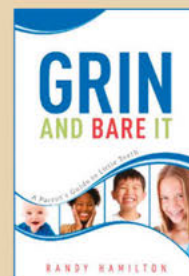
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