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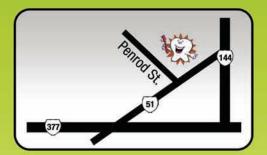
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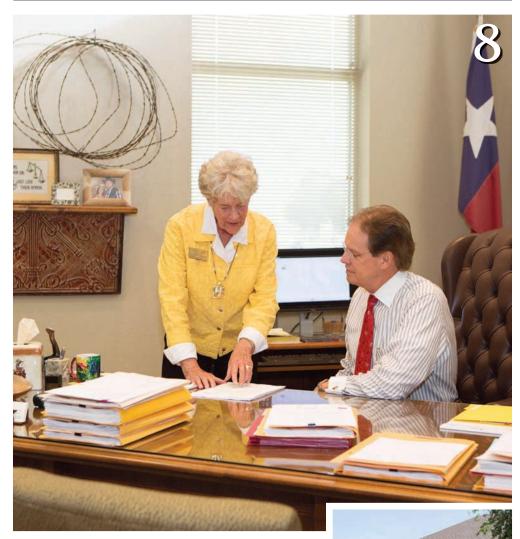
ON THE COVER



Rock landscaping translates into carefree color for Jim Cruz and Neva Sundvahl.

Photo by Vanessa Polozola.

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Editor's Note

Hello, Friends!

Families have looked forward to the first weekend in July for a whole year, since our national holiday makes for funfilled reunions. Anticipation also runs high amongst local businesses, cowboys, musicians and pyrotechnicians.

While the Granbury Chamber of Commerce gears up to produce the three-day, Old Fashioned 4th of July, I am wondering what people outside of town are doing this

month. A quick scan of the Internet shows wacky weasons to celebwate evewy day of July. I won't join 'em on either Disobedience Day on the 3rd, Work-a-holics Day on the 5th or National Junk Food Day on the 21st. But you can bet I'll lead the parade on Embrace Your Geekness Day on the 13th! Flip those numbers around and give me Mutt's Day on the 31st, and I'll have finished out the month with much laughter, love and hairy, howling life.

Happy Every Day!

Melissa

Melissa Rawlins *GranburyNOW* Editor melissa.rawlins@nowmagazines.com (817) 629-3888



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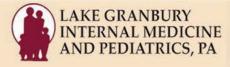
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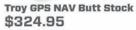
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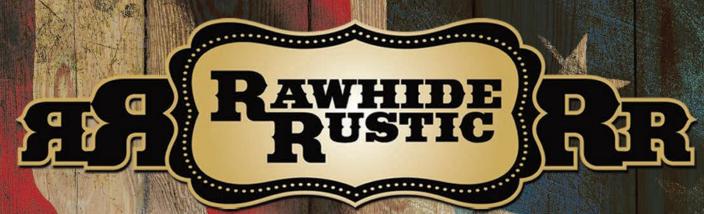
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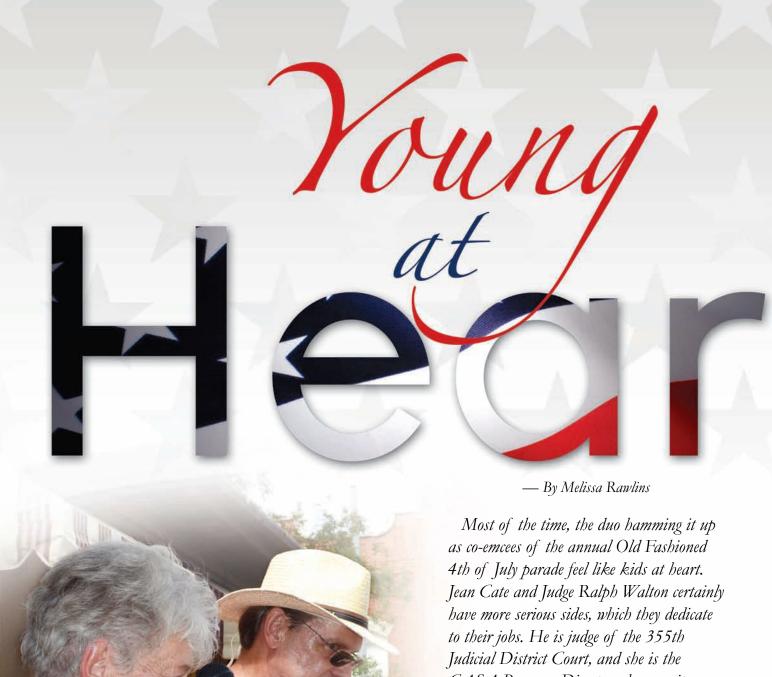


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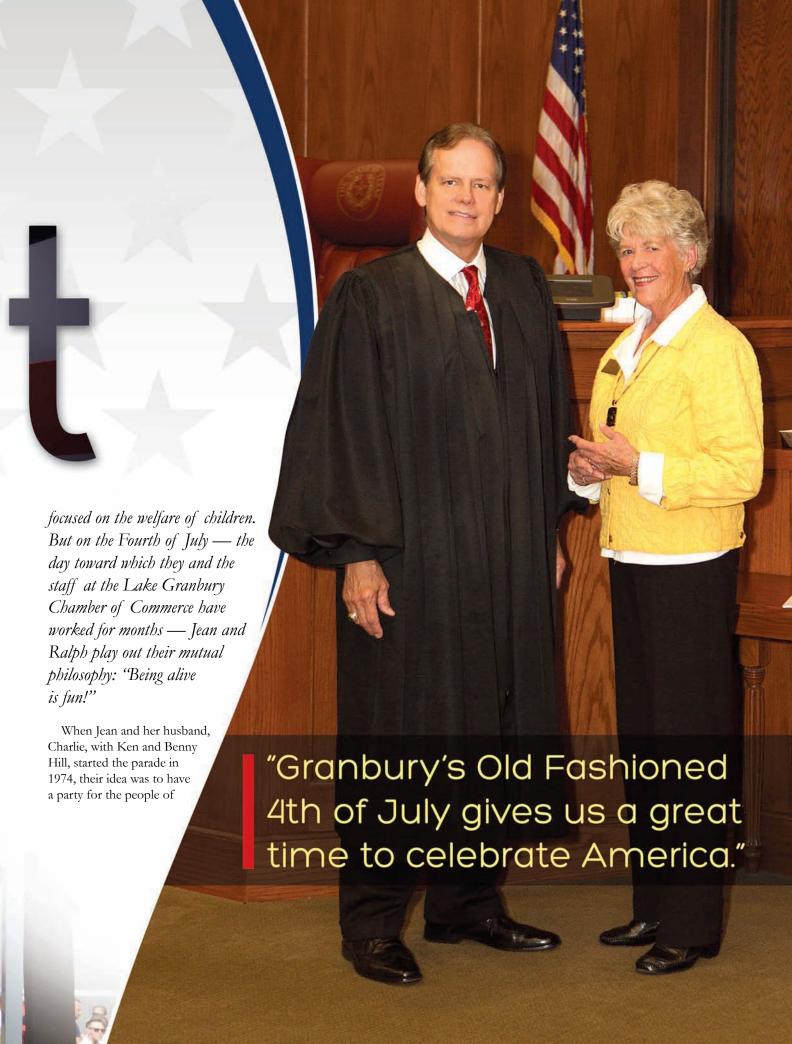


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Most of the time, the duo hamming it up as co-emcees of the annual Old Fashioned 4th of July parade feel like kids at heart. Jean Cate and Judge Ralph Walton certainly have more serious sides, which they dedicate to their jobs. He is judge of the 355th Judicial District Court, and she is the CASA Program Director who recruits, trains and supervises a pool of more than 30 dedicated CASA volunteers for Hood and Somernell counties. He hears cases she brings to his attention in court, where they meet in the middle of their community work,







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Hood County. They pioneered the parade at a time when most people thought it was too hot to celebrate. "We decided five weeks before that we'd have a parade," Jean recalled. "We didn't bother asking permission — just went around assigning tasks. The first year, we were down on the square at 6:00 a.m. putting bunting around a borrowed gooseneck trailer." Out-of-towners came asking about breakfast. By that afternoon, they were sitting on the courthouse lawn eating iced-down watermelon with their shoes off.

Little did Jean know, a new lawyer in town was watching the parade. Ralph and his wife, Patsy, and 3-week-old daughter, Allison, relaxed on a blanket on the lawn of his employer, Jimmy Dixon, a lawyer who lived near the square. Ralph had grown up in a small East Texas town and recalls not celebrating the Fourth of July until moving to Granbury in 1974. "Granbury's Old Fashioned 4th of July gives us a great time to celebrate America. Everybody has a great time doing that."

The first year of Granbury's Fourth of July celebration surpassed Jean's expectations, and they ended up with 51 floats. Behind the disarray of the Granbury Opera House, which hadn't yet been renovated, Jean recalled that Jim Best built a barbecue pit on cinderblocks and stayed up all night tending the meat. People were served from tables created out of planks of wood on sawhorses, with benches made simply from bales of hay. "Later, we were in the car wash washing the pots and pans we'd borrowed from the fire department and the school," she said.

"Maybe back in those times Granbury's parade was a little more provincial, but it wasn't that way very long," Ralph said. "Drawing big crowds in a matter of a few years, it still feels like a big party."

The organizers hosted the parade every July Fourth, from 1974 through 1981, and were appreciative when the Granbury Chamber of Commerce took over the event in 1982. The wide-ranging appeal of the Old Fashioned 4th of July celebration hosted on the historic square by the Chamber is due to three things: the entertainment, the ideas of every participant and the fact that the event is well-organized. "There are hundreds helping the small staff of the Chamber," Jean said. "Everything in Hood County is done by volunteers. Without volunteers we'd have to close the county."

This will be Jean's 27th year volunteering in the role of announcer. Her first 17 years were shared with co-emcee Dan Coates. "The July after Coates passed, my daughter Eileen and I did it. That worked well since we know each other's sense of humor," Jean said. Not long after, at a party at the Coates', Jean learned that Ralph was willing to announce the parade with her. "In court, he is Your Honor," Jean said.

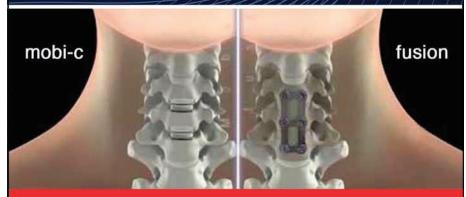
"But on the stage, I can be silly," Ralph said. In his private life, he is a member of the Lakeside Baptist Church choir, as well as the trio known as The Judge and the Jury — which will perform the national anthem to kick off this year's parade.

"I love Granbury and have spent my entire legal career here. I've been blessed by this town to be able to do something I really love, and then weave these other passions in," he said. "The Fourth of July gives us a great time to celebrate America. And while Jean and I are announcing the parade, we try to convey the significance of the event while having a good time."

This will be their ninth year of energizing the crowd by their commentary. The duo banter back and forth in the blistering heat, so he wears shorts, and she drinks water. "I only passed out on him once," Jean joked.

Enthusiastic and natural in their approach, these volunteers have learned to handle any interruption. "One year,

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the parade did not proceed in the order our script read," said Ralph, who always reads through the script prepared by the Chamber staff and highlights points in it about a week in advance. He likes to know exactly what's happening. "Everybody on the square can hear. I've had people tell me where they were and the fact that they heard all the announcing."

Jean always makes Ralph talk about the cars, which he knows fairly well if they were manufactured from the '50s on. "We work so well together," she said. "We switch back and forth, and it gets hotter than Hades. I'll tap him and say, 'This one's yours.' I get emotional when anything military comes up. I told Ralph, You do that one,' when the Gold Star Mothers came by.

"Every once in a while when he speaks, he's so relaxed," she said. "It's quite a contrast to our seriousness in the courtroom. On those days, he lets them know very quickly we're in the court of law."

"We live in a great nation, a nation of laws we've all benefited from, and it's entitled to receive that respect," Ralph said. "I require lawyers be dignified and treat one another in that fashion."

"But he's a totally different person on the reviewing stand," Jean said.

"I don't have any problem shedding that formality and being an average person," he said. "I'm the same anywhere I am, except in the courtroom, because there we're conducting very serious business." Outside of the courtroom, Ralph finds a way to make everything he does fun.

Just like Jean. "My husband's philosophy was, 'Love, laugh and serve.' As long as I'm taking up space, I'm supposed to be contributing," she said, vowing that she's not going to retire. "Ralph and I both love this community, and on the Fourth of July, we get to really enjoy the fire out of it!" NOW



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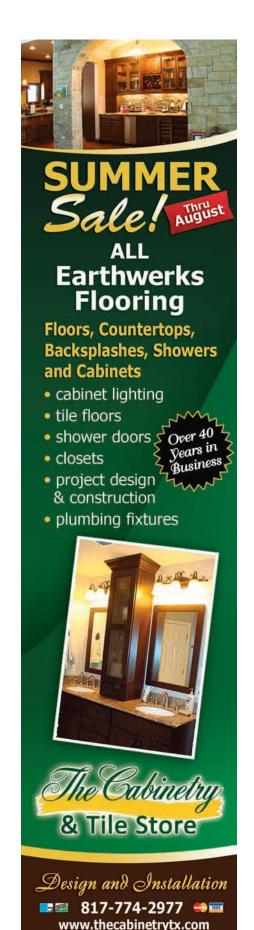




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This can cause the vein to distend, resulting in the "rope-like" appearance commonly associated with varicose veins. This condition can lead to a range of serious circulatory problems, including blood clots, leg ulcers and poor circulation. Many individuals exhibit symptoms of venous insufficiency that includes swelling, throbbing, cramping and restless legs.

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Jim Cruz and Neva Sundvahl met in Corpus Christi long before computer-dating sites were even an idea. But, newspapers did carry personal ads. Although Neva wasn't interested, a friend of hers insisted the two of them improve their social life by using this method to meet others, following the death of Neva's husband. This is how Jim and Neva met and never dated anyone else. After 18 years of marriage, her eyes still shine when she talks about him. He grew up working hard throughout his life, while she spent summers at camp. "But it works," she said.

After meeting a woman from Granbury at a friend's luncheon in Ruidoso, New Mexico, Neva and Jim visited her several times and grew to love the area. They chose Granbury for their home because of its convenience to shopping, the hospital and golf, plus the short distance to Fort Worth.

The fun-loving couple enjoys sports, traveling and motorcycle riding. Both play golf, pickleball and tennis. He also plays disc golf. They frequently ride bicycles to local stores. Besides keeping in shape physically, Neva and Jim like conserving energy. Their home is a representation of their love of the environment and traveling.

While they have very different backgrounds, the couple shares many common interests. "He was born on time, just two years after his brother," Neva said. "I was born very late in my family's life. I grew up much like an only child."

Their landscape, as unusual as the couple, contains very little grass. "The rock landscaping was predominantly Neva's idea, as I have had and cared for yards for years in South Texas and Florida. She had never done anything but mow grass when living in Colorado," Jim said. "She isn't as





comfortable with the idea of watering grass to merely mow it, and with our being in and out of Texas as we frequently are, it is less worry and care."

Among plush lawns, Neva wasn't sure the neighbors would appreciate her extensive use of rock landscaping. She took a chance and designed distinctive gardens, adding splashes of color with items that represent the couple's international travels.

The couple moved to Granbury in May 2011 from North Padre Island, near Jim's hometown. Neva grew up in Tulsa, Oklahoma. "I won't say we're the odd couple," she said. "But we are the unusual couple." A complete extravert, Neva loves entertaining. Jim accepts visitors, but when she hosts ladies from the Newcomers Club, he might slip away to his office, which is filled with longhorns and fish, and sack out on the sofa with their dogs, Scooter and Riley.

While they didn't have much input on the house's floor plan, they chose final touches. Jim, an architectural engineer, spent part of his life designing and building houses. He didn't have any knowledge of faux paint finishes, but liked the golden effect featured on a wall niche located between the living room and master bedroom. "What do you think about this?" he asked Neva. "Should we have them faux the entrance?" Among arches and a barrel ceiling, the touch of gold offsets the area.

"He's got the artistic eye," Neva said. Although Jim doesn't like being the center of attention, she loves bragging on him.

Jim and Neva thrive outdoors and welcome nature into the home. Beginning with floor-to-ceiling windows in the

The unusual couple and home welcome those who enjoy conversation. Yet, they challenge everyone to think about the environment and enjoy life by using a decorative mixture of their favorite things.











lighting throughout the well-insulated house. As much as possible, they open doors and windows, instead of running air conditioning.

The living room holds a wealth of memories from travels and former residences. On built-in shelves, Neva placed reminders of their travels to other countries. The room has a strong African influence from 10 Kenyan safaris, but



it also holds bits of other countries as well. "I remember a huge male elephant leading 75 or more of his herd to their evening resting spot. After they crossed our vehicle's path, I noticed a small baby hesitate, fearful of crossing the ruts in the road. This lead elephant returned, wrapped his trunk around the baby elephant's backside and guided it across the ruts," Jim said. "It was awesome to all of us on that safari."



Jim also spoke about being parked and surrounded by giraffes. At another time, they were pampered at an elaborate brunch on a muddy river. "It was amazing to see 15 hippopotamuses playing and romping in the water for a long time by our tables. Then on the shore near us were some 15-foot-long or more crocodiles, sunning."



















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A large statue of a tortoise decorates a table separating the entrance and living room. Turtles hold a special meaning for the couple as they remind them of Padre Island and their time together on the Texas coast. The gentle creatures also decorate a small bathroom, and the hallway niche features an alabaster heron.



The Roseate Spoonbill, almost extinct, reappeared in the Corpus area. In Neva's island-themed guest room, statues and pictures feature the bird, which resembles a flamingo. Kissing fish make the adjoining bathroom fun. Somewhat girly, it makes Neva smile.

In Neva's office, an underwater scene on a wall hanging made in Egypt mixes with furniture from her family. A photo of her father with J. Edgar Hoover hangs on one wall. The photo always hung in her parents' home, but she never realized they had a close relationship until she discovered letters between the two men years after her father's death.

Neva displays hand-crocheted doilies her grandmother made in the master bedroom. Her mother's boots and jewelry decorate a dresser. On a table, she inverted a small chandelier that belonged to Jim's mother, using it as a beautiful



centerpiece. "We're sentimental yet realize we are in the present," Neva said.

The kitchen features her mother's old copper and silver pieces, blending with the copper colors of the vent hood. She snuck in a few motorcycles to capture that love. Complementary paint and granite give the island an appearance of a piece of furniture rather than a kitchen workspace.

Their favorite room in the home is actually outside. "I like nature and color, but I like it vivid," Neva said. They use the patio daily, often eating meals there. In cooler weather, she turns on the fire and snuggles under a blanket to watch television or read as birds visit the feeders. Live plants and metal sculptures from their travels add a pop of color to the rocks, brightened on the right by Jim's Texas Longhorns.



The unusual couple and home welcome those who enjoy conversation. Yet, they challenge everyone to think about the environment and enjoy life by using a decorative mixture of their favorite things. "Bottom line," Neva said, "I just love color!" NOW





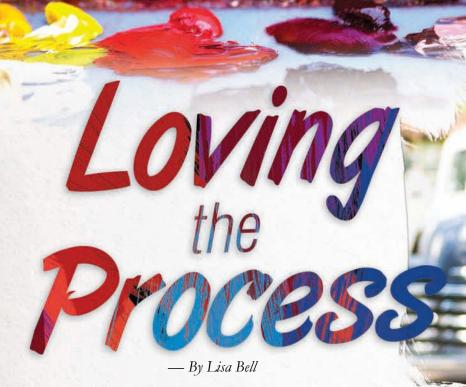
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Morning beckons Sheri Jones from bed, calling her gently from sleep, pulling her to the studio behind her house. Everything is set up and ready to go, so whether planning, sketching or painting, she finds the time very productive. After about an hour, she moves on with her day, driving to Fort Worth where she works for a hospice company in a support role to caregivers.

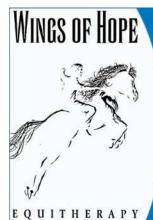
"Tve decided I'm not gonna give up painting just because I work full time," she said. A morning person by nature, Sheri uses the time to start each day with a positive outlook. Painting simply makes her happy and gives her energy to get the day started. By waking up a little earlier, she gets to do what she loves most, in spite of busy workdays.

One of seven children, Sheri grew up in Seagoville. All of her family members are creative in different ways. Her parents encouraged creativity and always made sure she had supplies. They moved to Fort Worth in the '70s. "When mom was sick and dying, she encouraged me to paint," Sheri said. Her mother found Sheri's first

art teacher, Opal Palmer.
Beginning in her early 20s,
Sheri studied under Opal for
15 years, learning, growing
and improving. "That's been
my passion ever since. I
haven't ever stopped painting.
I continue to grow and
learn," she said. Even after
painting for 30 years, winning
numerous awards and
teaching art, Sheri still learns
new things about painting.

When Sheri and her husband, BJ, moved to Granbury about 17 years ago, she joined the Granbury Art Association. As a member, she has





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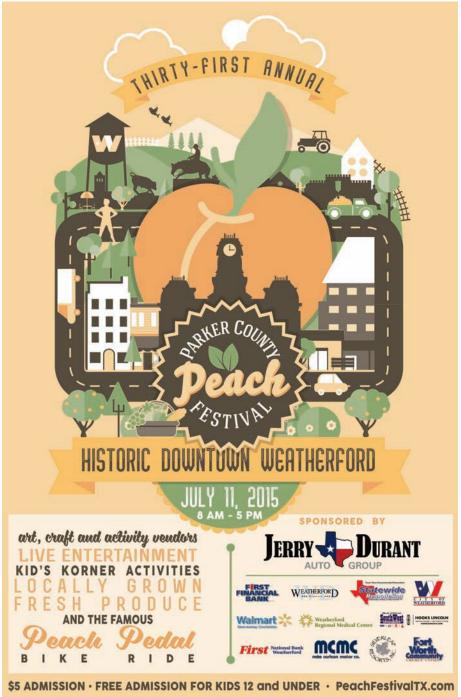
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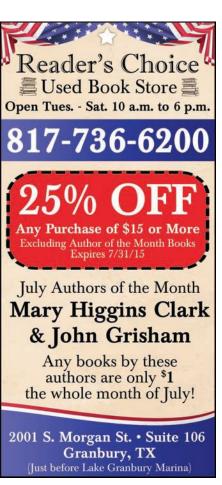














opportunities to take workshops and spend time with other painters.

Although she sometimes uses photographs and paints in her home studio, Sheri prefers plein air — a term which means painting in the open air. Creating a painting on location combines her love of nature with her passion for art. After creating small studies while outside, she may enlarge them as studio or gallery works.

The love of being outdoors originally drove Sheri to the plein air style of painting, which she began 10 years ago. "It's about capturing the light that's changing," she said. But the outdoors also presents challenges. Wind, bugs, rain and sometimes passing people can distract her. When an artist takes their work outdoors, they also have to deal with the vast amount of information overloading them. Learning to narrow down the scenery and focus on one part of what they see takes practice. "It's often a challenge for new painters," she said. "Practice is really the only way to learn how to do it."

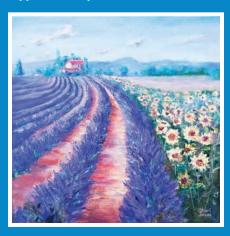
Plein air also requires speed. When learning, Sheri determined using a palette knife helped get more paint on the canvas much faster than using a brush. The effects of using a palette knife instead of a brush became one of her signatures. She achieves a more textured work of art with this tool.

Another challenge she faces comes from the slow drying time of oil paints. In some cases, the time enables her to better blend colors, but the wet paint can also blend when she doesn't want it to do so. In the beginning, she had this happen frequently, but she used it as a learning

experience. Over time, with lots of practice, Sheri perfected the proper blends to achieve the effect she desires. Most of her paintings contain the same colors. She wants consistency in her artwork, and color maintains a constancy, regardless of the subjects.

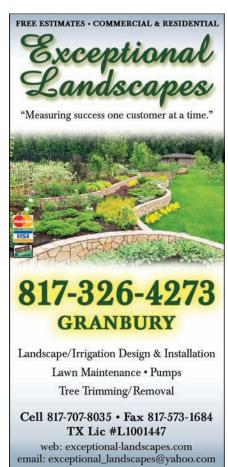
While many of Sheri's paintings are landscapes or still life works, she ventures in unique directions. Normally, she creates series of paintings. One series, *Nocturnal*, featured Christmastime scenes from downtown Fort Worth and evenings in Austin. "I always have my camera with me," she said. But when she works from a picture, she always has a point of departure. Although similar, her paintings aren't meant to look like a photograph. She brings the unique qualities of her character into each work, again capturing the light and adding textures and signature effects.

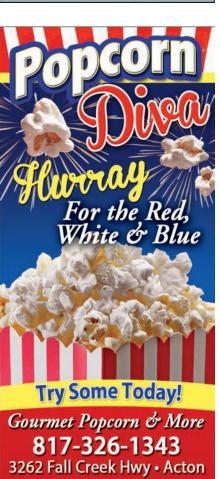
Sheri's plein air painting most often engages a group of painters, drawing support and inspiration from one



another. They have favorite places — the marina in Granbury or the parking lot of Lakeside Baptist Church, where they find phenomenal views. They also paint in Glen Rose, especially when bluebonnets bloom, and at Dinosaur Valley State Park. Sheri's personal favorite spot is on the Brazos River at Pecan Plantation. Friends who live in the community allow her entrance. "Beautiful. Peaceful. It's like a mini-vacation when I go paint out there," she said.

Normally, a plein air session lasts four hours. During that time, Sheri can produce up to three paintings. When she paints in a more populated area, such as on the square, people stop to watch. She loves seeing children mesmerized by what she's doing. She taught neighborhood kids for











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six years, although she doesn't currently have any students. Though it distracts her from working, she enjoys responding to their curiosity. "All children are artists," she said. "I let them paint on my picture."

In 2014, she traveled to France. One of her favorite paintings — a field of lavender — came from the trip. Hanging in her studio, the painting takes her back to France. When asked about favorite works, she thinks of another piece — a rock garden with a waterfall. She gave it to one of her sisters.

One of her series combined a love for old cars with her love of painting. The round shapes, big grills and rusted paint capture her attention when looking at antique cars. As she drove around and made BJ stop for a photo, he became interested, bought and restored an old truck and now restores classic cars for a living. High school sweethearts, Sheri and BJ have been married for 35 years. He supports her passion for creating art.

Sheri's ultimate goal includes growing as an artist. She doesn't want to be a good artist — she wants to be great. Long term, she wants to paint full time. She longs for the freedom to create when she wants, not scheduled around another job. Taking steps in that direction, Sheri sells her paintings. She joined several associations to promote and market her work.

In addition, Sheri gives back to the community. "It's a gift from God, a calling," she said, "I want to give back." She donates some of her work to local organizations or creates pieces for fundraising events, like the annual art auction and gala for Camp Fire First Texas.

The idea of not painting makes Sheri laugh. It's unthinkable. She may venture into other creative venues for a short time, but she always comes back to painting — always producing beauty and loving the process. NOW





Business NOW







Brazos Pregnancy Center dba Clinic

1812 Acton Hwy., next to Discount Tire and Big Lots Granbury, TX 76049 (817) 579-1233 betty@brazospregnancyclinic.com www.brazospregnancyclinic.com

Hours:

Monday and Wednesday: 10:00 a.m.-3:00 p.m. Tuesday and Thursday: 10:00 a.m.-6:00 p.m.



Directors, volunteers and staff of Brazos Pregnancy Center, are led by Executive Director Betty Petty in collaboration with Volunteer Medical Director Adrianne Deem, M.D. Nurse Manager DeDe Litke educates expectant mothers with scale models of developing babies.

People Helping People

Brazos Pregnancy Center helps women and men become who they want to be.

— By Melissa Rawlins

Getting something for free is rare. Clients at Brazos Pregnancy Center get *everything* free, just when they need help most. The center's free services include: pregnancy testing, limited ultrasounds, abortion recovery and parenting classes — all funded by donations.

For men with questions as they process the news that they have become a father, BPC offers classes to help them navigate all their concerns. Staff encourages new dads to also meet one-on-one with a volunteer mentor, already a dedicated father, to discuss the meaning of fatherhood and how it will affect their future.

Two parenting classrooms buzz with activity during the 12-week group program facilitated by volunteers under Renee Carnes, client service director. During the sessions, mothers get goodie bags out of the Lamb's Closet every week.

Executive Director Betty Petty gets as excited over the Lamb's Closet as her clients. They are invited to browse three racks of infant clothing — some gently used and some hand crocheted by local church members — and select three sets of clothes, plus diapers and wipes, to take home even before their child is born.

Betty works closely with Bailey Irwin, the community abstinence director, who goes into public schools and teaches WAIT (Why Am I Tempted) Training. "The goal is abstinence," Betty said. "That's the only way you're going to be for sure that the relationship is good and you are prepared for marriage."

Business NOW

On Tuesdays and Wednesdays, ultrasounds are offered by DeDe Litke, nurse manager, or Angie Boles, certified sonographer. Each client sees and hears the heartbeat of their baby for the first time. "It's really fun," Betty said, adding that each ultrasound is reviewed by Adrianne Deem, M.D., BPC's volunteer medical director.

"We let the mom know that we care about her and her baby, and God loves them both," Betty explained. "We will help the mom in any way we can to become who God intends for her to be." Most of the young women who walk through BPC's door are in need of immediate help, and Betty considers it their role to be an advocate of the clients who come to them. Betty also makes herself available for any speaking engagements to raise awareness of client needs.

The board completed their second biggest fundraiser, Baby Bottle Boomerang, on Father's Day. The empty baby bottles taken to churches, where BPC staff and directors spoke about the needs of new fathers and mothers, were returned to BPC full of coins, cash and checks.

The board, consisting of Brett Cain, Mary Hedge, Robert Lake, Edward Smith, Barbara Yancy and Kim Irwin, immediately began working to produce their annual Celebration of Life Gala, which will commence at 6:00 p.m. on September 18 at the Granbury Resort Conference Center. Betty and Julia Pannell, gala coordinator, are excited to present Dr. Robert Jeffress, pastor of First Baptist Church in Dallas, as guest speaker. Local businesses and individual donors — not federal funds — support Brazos Pregnancy Center and are referred to as Pals Affirming Life.

Considered by many to be a bold and wise woman warrior, Betty loves sharing stories from the trenches where she, her staff and volunteers tend to the wounded. Each of her quarterly newsletters offers testimonials from BPC's clients who have made choices to succeed. Brazos Pregnancy Center staff and volunteers affirm the beauty of each client and encourage them toward a great future. If you want to be part of this ministry, Betty welcomes your support.





Around Town NOW



While having fun in rainy weather, Bennett and Bentlee Collins learn to drive on wet streets.



Granbury's own Sergeant First Class Joshua Morrison goes over market analysis for the U.S. Army Career Center in Burleson.



Ron and Jerry Petersen, with their friend Linda Olson, enjoy Phyllis Webster's photo, "Sienna Life," on display in the Langdon Art Center's Chapel.



Hood County Commissioner Butch Barton takes a break with Library Director Courtney Kincaid, Assistant Director Caroline Wood and Friend of the Library Dominique Inge.



Ron Cheyne retires from Best Value Pharmacy after over 40 years of servive.



Victoria Garcia eats breakfast with her mother, Sheri, who is a team member at Granbury's Chick-fil-A.



Lissa Oliver captures the Oak Woods Milers Club, who gave their all in the challenge to run or walk miles on the school track during physical education class.



James Steiner, with his son, Ethan, and new daughter, Ayla, tour their new town after their recent move from Colorado.



Anne and Henry Thomas have front row seats at Granbury Live for the preview of The Story of A Feud, the new documentary expanded upon at Bridge Street History Center.



Georgeanna Sanfilippo takes time to smell the flowers between greeting guests in the new Kroger's.

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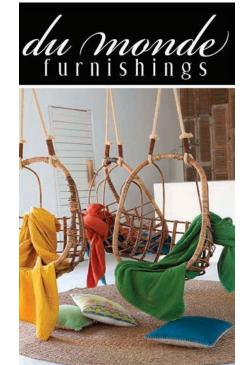
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Urinary Incontinence

— By Betty Tryon, BSN

Actresses Kirstie Alley and Whoopi Goldberg, using their comedic talents, have helped to make bladder leakage an acceptable topic for conversation. However, if you have urinary incontinence, it's no laughing matter. Urinary incontinence is the involuntary loss of bladder control. This inability to control the leakage of urine could be as minor as a small amount of leakage of urine escaping with a sneeze or cough to an uncontrollable urge to urinate and not be able to make it to the bathroom in time.

Depending upon the cause, this condition might be temporary or chronic. It can also occur from several sources at the same time. Some of the more common causes are pregnancy, prostate concerns, neurological disorders, age and weight. Hormones from pregnancy can weaken the pelvic floor support and cause the muscles to weaken. As the uterus grows, it will press against the bladder. If the sphincter muscles which hold the urine in are weak, leakage can occur. Treatment from prostate cancer can affect the ability to control urination. With neurological disorders, there can be a disruption of the nerves that control bladder function. Age-related changes could be attributed to a decline in the function of the bladder muscle. It's important to note that age does not cause incontinence but can predispose one to the condition. Extra weight can press down on the bladder, causing urine to leak with a sudden forced movement such as a sneeze, cough or laughter. Urinary incontinence

can also be affected by some drinks and medications, such as caffeinated drinks and diuretics.

If you suffer from urinary incontinence, it is important to keep yourself as clean and dry as possible to avoid rashes, open wounds and infections. Use barrier creams or ointments such as Vaseline, Desitin, cocoa butter or something similar to protect your skin from urine. If incontinence cannot be completely contained by medical or pharmaceutical means, protective gear such as pads or the use of catheters may be used.

Diagnosis and treatment will depend on what type of incontinence you have. Stress incontinence occurs with pressure on the abdomen. Urge incontinence, or overactive bladder, is when there is a strong urge to urinate followed by loss of bladder control. Overflow incontinence is a bladder that doesn't empty properly, resulting in dribbling of urine. If you are unable to get to the toilet because of physical or mental impairment, you have functional incontinence.

Urinary incontinence can be very distressing on one's social and personal life. However, check with your doctor to eliminate any underlying conditions that may precipitate the problem and ease your distress.

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.





July 3 — 5

Granbury's Old Fashioned 4th of July: **Saturday**, 9:00 a.m.-6:00 p.m., Historic Square. Grand Marshal from Granbury ISD leads the hometown parade at 10:00 a.m. Vendors surround the courthouse with art, food and fun. Watch fireworks over the lake at 9:15 p.m. Learn about more celebrations on **Friday** and **Sunday** at www.granburychamber.com.

July 4

Guided Bird Walk: 7:00-9:30 a.m., Acton Nature Center, 6900 Smoky Hill Ct. Free! Bring binoculars and learn about birds with Dr. Billy Teels. Now retired after serving over 30 years as a biologist with the USDA, Natural Resources Conservation Service in several states, Dr. Teels loves to answer questions from young and old alike. www.actonnaturecenter.org.

July 6, 13, 20, 27

Summer Reading Program: 10:30 a.m.-noon, Hood County Library, 222 N. Travis St. During the free and fun "Every Hero Has a Story," second and fifth-graders can explore, create, conduct science experiments and get Super Hero training. RSVP to (817) 573-3569 or email cwood@co.hood.tx.us.

July 11

Girls Night Out: 5:00-7:30 p.m. Historic Downtown Square. Drawing for \$100 downtown dollars, drinks and food for ladies who come to shop in the boutiques and galleries surrounding the courthouse. Call (817) 573-5299 or visit www.granburysquare.com.

July 11 — 25

Friends of the Library Half-Price Book Sale: 10:00 a.m.-2:00 p.m., Hood County Library, 222 N. Travis St. Used books and collectibles, too. Help raise funds to help your library maintain a satisfying experience for readers of all ages. Call (817) 219-3535 for more info.

July 15

"Birth Day" Planning Class: 6:00-8:00 p.m., LGMC, 1310B Paluxy Rd., Medical Office Building #2, 2nd Floor Conference Room. LGMC's Women's Services Director Rebekah Butler, RN, freely shares tips for preparing for the arrival of your baby. RSVP to (817) 579-2969 by July 10.

July 17 — August 16

The Drowsy Chaperone: Friday and Saturday, 7:30 p.m.; Saturday, 3:30 p.m.; Sunday, 2:00 p.m.; Granbury Opera House, 133 E. Pearl St. Presented by Granbury Theatre Company. \$25 adults; \$22 seniors or students; \$20 children. Box Office: (817) 579-0952. www.granturytheatrecompany.org.

July 18

Big City Music Revue: 3:00-5:00 p.m. and 7:00-9:00 p.m., Granbury Live Theatre, 114 N. Crockett St. Singer/songwriter favorites from the '70s performed in a family-friendly atmosphere. \$22 seniors and military; \$25 adults; \$15 children under 13. Call (855) 823-5550 to RSVP.

Saturday Sounds on the Square: 7:00 p.m., Historic Granbury Square, 100 E. Pearl St. Free concert by Two Ton Folk Band. Call (800) 950-2212.

July 25

Last Saturday Gallery Night Art Walk; 5:00-8:00 p.m. Galleries of Granbury present a walk or tram ride around the Historic Granbury Square. Visit these locations: Artefactz, Langdon Center Art Gallery, Your Private Collection, Lake Granbury Art Association Shanley House Art Gallery, Uptown Arts (inside The Bridge), and participating shops such as D'Vine Wine, Spellbound. Artists on hand, some giving demonstrations, while you enjoy hors d'oeuvres, wine and music. Contact 817-573-9446

July 28

Chronic Acid Reflux Seminar: 5:30-6:30 p.m., LGMC, 1310B Paluxy Rd., Medical Office Building #2, 2nd Floor Conference Room. Peter Krone, M.D., hosts this free discussion of TIF, transoral incisionless fundoplication, an incisionless surgery helping patients be free of heartburn symptoms. RSVP (817) 579-2979 by **July 24**.

August 7

Round Up For Riders: 6:00-9:30 p.m., Historic Hilton Hotel, 815 Main St., Fort Worth. Support the mission of Wings of Hope Equitherapy, and enjoy an evening of dinner, auctions and boots up. To purchase your ticket or table, contact Executive Director Allison Gross, (817) 790-8810.

Ongoing:

Second Mondays

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Program followed by Q&A time. Refreshments served. Free for citizens supporting art and artists. Jeanette Alexander at (817) 578-3090.

Third Mondays

Elizabeth Crockett Chapter of the Daughters of the American Revolution meeting: 9:30-11:30 a.m., Fellowship Hall, First Presbyterian Church. Prospective members welcome. Call Regent Betty Gosdin, (817) 240-4775.

Third Tuesdays

Greater Granbury Chapter of the Military Officers Association of America meeting: 6:00-9:00 p.m., Pecan Plantation Country Club. Contact Colonel Gary Proctor, USAF (Ret), (817) 894-0901, or garyproctor5455@msn.com.

Third Wednesdays

Master Gardeners meeting: 1:00-2:00 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. For information, contact (817) 579-3280.

Thursdays

Yoga: 11:00 a.m., Senior Circle, 1321 Waters Edge Dr., Suite 1001. Gather with a group of adults age 50 and over for video-led exercise. Senior Circle encourages the active lifestyle possible through meaningful education, wellness, health, volunteer opportunities and social activities. Call (817) 579-2979 for details and to RSVP.

First Thursdays

Granbury Extension Education Club luncheon: 10:30 a.m.-1:30 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. Monthly programs cover family and consumer science topics, and community service projects are planned. For information, contact Brianne Langdon, (817) 408-0746.

Second Thursdays

Special Needs Parent Support and Networking Group: 6:15-8:00 p.m., Lake Pointe Resource Center, 1921 Acton Hwy. Parents and professionals learn, connect and share in a caring, responsive and socially supportive setting. Free. Visit www.lakepointegranbury.com or call (817) 937-4332.

Third Thursdays

Diabetes Support Group: 6:00-7:00 p.m., Third Floor Bingo Room, Lakestone Terrace Retirement Community, 916 E Hwy 377. Free, facilitated meetings for those seeking information, inspiration and support for successfully living with diabetes. Call (817) 736-0668.

Third Weekends

Saddle Bags Trade Daze: 10:00 a.m.-7:00 p.m., 3636 W. Hwy 377. Vendors welcome. No sales of animals except legitimate rescues. No sales of food or drinks without approval. Call Ernie Reynolds, organizer, (817) 894-8168.

Submissions are welcome and published as s pace allows. Send your event details to melissa.rawlins@nowmagazines.com.



In the Kitchen With Wolfgang Weichert

— By Melissa Rawlins

Known around town and around the world for creating memorable meals, Wolfgang Weichert was certified in culinary arts five decades ago in his homeland, Germany. Traveling internationally, cooking in hotels and clubs for guests including astronauts, princes and presidents, Wolfgang spent the last 20 years of his professional career in catering. Retiring to Granbury in 2010 with his wife, Victoria, he now cooks for church, charities and friends. The consummate host, his goal — after 67 years' experience and many lessons learned — is always great taste. Here, he shares recipes for serving 10 to 12 people at home. "Simple to prepare, this menu will be easy on the pocket book," Wolfgang said, approximating the cost of this tasty five-course meal at \$5 per person, before wine.

Key Lime Cheese Pie

- 1 lb. cream cheese
- 2 14-oz. cans sweetened condensed milk
- 1 1-oz. envelope gelatin
- 2 cups lime juice, heated
- 2 9-inch graham cracker pie crusts
- 2 cups whipped topping
- 1 fresh key lime
- **I.** Warm cream cheese in the microwave; add condensed milk.
- **2.** Dissolve gelatin in heated lime juice; add to cream cheese mixture. Beat until creamy and without lumps.
- **3.** Pour into pie crusts and cool in refrigerator.
- **4.** With a warm knife, cut each pie into 6-8 pieces, dipping knife into warm water and wiping before each cut.
- **5.** Garnish with 1 Tbsp. mound of whipped topping and 1/2 thin slice of fresh lime before serving.

Cream of Mushroom Soup

- 24 oz. mushrooms, pre-sliced
- 4 cups water (divided use)
- I quart whole milk
- I pint heavy cream
- 4 Tbsp. Knorr chicken base, to taste
- 3/4 tsp. white pepper, to taste
- 3/4 cup all-purpose flour
- **I.** In a 1-gallon pot, bring mushrooms to a boil in 2 1/2 cups water; reduce heat to low for 15 minutes.
- **2.** Add milk, heavy cream, Knorr chicken base and pepper. Bring to a boil; reduce heat to low.
- **3.** Using a wire whip, mix flour with 1/2 cups water until lumps dissolve.
- **4.** Using the same whip, slowly incorporate flour mix into soup. Thicken while bringing to a boil, and then serve.

Summer Salad

- I head romaine lettuce
- 1 16-oz. box spring mix lettuce greens
- 1 12-oz. bottle raspberry dressing
- I pint each: blueberries, strawberries and blackberries
- 4 oz. shaved white chocolate
- **1.** Cut romaine into bite-size pieces. Mix with spring mix lettuce greens.
- **2.** Add dressing to taste. Top with mixed berries and shaved chocolate, and then serve.

Garlic Smashed Potatoes

- 4 lbs. red potatoes
 Salt and white pepper, to taste
- 2 sticks butter
- 2 Tbsp. garlic, minced
- **1.** Wash potatoes and cut into 2-inch chunks, leaving skin on. Cook until tender with salt and pepper; drain.
- **2.** Smash potatoes with a masher while mixing in butter and garlic, being careful not to over mash. Serve while hot.

Pork or Chicken Scaloppini

- 3 1/4- to 3 3/4-lb. pork loin (or 3 1/4- to 3 3/4-lbs. chicken breasts)
- Salt and pepper, to taste
- I cup all-purpose flour
- 3 sticks butter (divided use)
- 4 Tbsp. capers
- 3 lemons, peeled and diced
- **I.** If you did not have your butcher prepare your meat for scaloppini, then slice pork loin or chicken breasts thinly, lengthwise. Beat each piece of meat until very thin. Use approximately 3 pieces, equaling 5-6 ounces, per serving.
- **2.** Season individual pork or chicken slices with salt and pepper to taste. Dip each piece in flour
- **3.** In a hot pan, melt 1 stick butter. Cook meat pieces to light golden brown and remove.
- **4.** Using the same pan, add 2 sticks of butter, capers and lemon; sauté.
- **5.** Drizzle sautéed lemon butter with capers over pork or chicken and serve.

To view recipes from current and previous issues, visit www.nowmagazines.com.



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