

The Community Magazine Serving Cedar Hill, DeSoto, Duncanville and the Surrounding Area

Southwest

Cedar Hill - DeSoto - Duncanville

M A G A Z I N E
August 2010

NOW

**Strings
*Attached***

**A Place
to Meet
and Eat**

**A Quiet
Yet Vocal
Champion**

ALSO INSIDE:

**Igniting a
Tradition of Service
A Place to Dawdle**

**At Home With
David and Nancy
Anderson**



Now Open

"Duncanville Welcomes Aldi to the City of Champions"



**honest to goodness savings
on the groceries you buy most.**

At ALDI, we live by one simple philosophy: honest to goodness savings. Everything we do is designed to save you money on your weekly grocery bill. And because the products we carry are our exclusive brands, we can offer unbelievably low prices every day.

Unbelievable Savings



Guaranteed Quality

honest to goodness savings

333 S. Cedar Ridge Rd. • Duncanville, TX 75116

www.duncanville.com

Sponsored by - Duncanville Community & Economic Development Corporation

An Ideal Event Location

Cedar Hill

RECREATION CENTER

**NOW WITH NEW
AV EQUIPMENT
& WI-FI**



The Cedar Hill Recreation Center offers NEW high tech audio/visual equipment for your next meeting or event including:

- State-of-the-art Audio/Video System - Plays laptop, DVD, I-Pod, MP3. DJ can plug right into our system.
- AV system can display DVD, cable TV, and slideshow/picture presentations on four 12' wide LCD projection screens and four 52" LCD televisions.
- Free Wi-Fi
- Wireless Microphones
- Podium

For more information, call
972.293.5288.



Cedar Hill
RECREATION CENTER
310 E. Parkerville Rd.
cedarhilltx.com





Cell Phones for Soldiers™

Arbor House of DeSoto is the official drop-off site for your old cell phone for our soldiers. July - August.

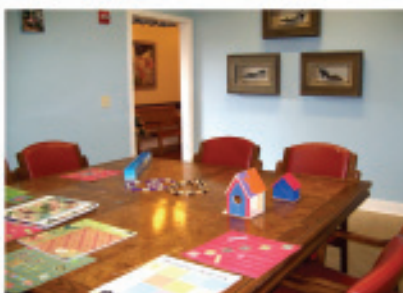


Amenities Arbor House Offers: Memory care community, assistance with personal care: bathing, dressing, grooming, and medications, access to rehabilitative services, secure garden and walking paths, neighborhood patios, aviary, ice cream parlor, craft room, beauty salon, whirlpool bath, private rooms.

Resident Services: Activities and social programs, three meals daily, laundry and housekeeping, 24-hour caregiving, monthly wellness checks, medication assistance, individualized personal care, access to rehabilitative services, Registered Nurse Consultant, adult daycare and respite.

Freedom: When you choose Arbor House for your loved one, you are choosing more than just a room. Their new home will be in a friendly and supportive environment where their privacy and dignity will be respected and promoted by a warm caring staff.

We offer residents: Our building has 14 private and 38 private with shared bathrooms. Red Fiestaware helps improve appetite and the ability to identify food on the plate. Engagement program offering structured and purpose-filled days to reduce stress. High staffing ratios which allows the team members to build strong relationships with the residents. Totally secured facility.



Our Executive Director/Director of Nursing, Ginger Jobe is a Certified Alzheimer's Educator number 79 nationwide. Arbor House will provide a trained staff to care for Dementia and Alzheimer's residents with the utmost respect and dignity.

Certified Alzheimer's and Dementia Assisted Living Community

Arbor House DeSoto • 8027 West Virginia, Dallas, TX 75237
Phone 972-298-1331 • www.arborhouse4u.com • License #123926

Publisher, *Connie Poirier*

General Manager, *Rick Hensley*

Editorial

Managing Editor, *Becky Walker*

Editorial Coordinator, *Sandra Strong*

Copy Editor, *Melissa Rawlins*

Southwest Editor, *Beverly Shay*

Contributing Writers,

Faith Browning . Katrina D. McNair

Betty Tryon

Contributing Editors/Proofreaders,

Pat Anthony . Teresa Maddison

Advertising Art

Art Director, *Chris McCalla*

Ad Artists, *Julie Carpenter*

Allee Brand . Cherie Chapman

Marshall Hinsley . Arlene Honza

Editorial Art

Creative Director, *Jami Navarro*

Production Artists, *Brande Morgan*

Pamela Parisi . Jennifer Wylie

Photography

Photography Director, *Jill Odle*

Photographers, *Opaque Visuals*

Amy Ramirez

Advertising

District Sales Manager, *Carolyn Mixon*

Advertising Representatives,

Linda Dean . John Powell . Rick Ausmus

Teresa Banks . Renée Chase . Julie Garner

Melissa McCoy . Steve Randle

Linda Roberson

Billing

Billing Manager, *Lauren De Los Santos*

Office Manager, *Angela Mixon*

SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright © 2010. All rights reserved. *SouthwestNOW* is published monthly and individually mailed free of charge to homes and businesses in the Cedar Hill, DeSoto and Duncanville ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 283-1170 or visit www.nowmagazines.com.

Southwest
Cedar Hill - DeSoto - Duncanville

The Community Magazine
Serving Cedar Hill, DeSoto,
Duncanville and the
Surrounding Area

NOW
MAGAZINE

Contents

August 2010
Volume 4, Issue 8



Joe Brown, training center coordinator at the DeSoto Fire Academy, is proud of the training they provide firefighters and EMTs.

8 Cedar HillNOW

A Quiet Yet Vocal Champion

14 DeSotoNOW

Igniting a Tradition of Service

20 DuncanvilleNOW

A Place to Meet and Eat

28 This Old House

At Home With David and Nancy Anderson

34 Around TownNOW

40 ArtsNOW

Strings Attached

42 BusinessNOW

A Place to Dawdle

44 Who's CookingNOW

46 FinanceNOW

48 HealthNOW



On The Cover

Guitarist Krisz Simonfalvi has a passion for presenting the relevance of faith through music.

Photo by Opaque Visuals.

Editor's Note

Hello, Southwest Friends,

August has never struck me as a really exciting month, so I did a little (very little) research to see what is special about August. I figured we were off to a good start with August 7 being National Kid Day and American Family Day, but then I figured someone must have found August as uninspirational as I had, and they just made a bunch of stuff up.

Check it out: 8 – National Waffle Day; 9 – International Art Appreciation Day (reasonable); 11 – Play in the Sand Day (now we're talking); 13 – International Left-handers Day; 15 – National Relaxation Day (nice); 17 – Joke Day; 19 – National Potato Day; 22 – National Tooth Fairy Day; 23 – National Sponge Cake Day; 24 – National Peach Pie Day (mmm!); 25 – National Banana Split Day; 28 – Dream Day; 30 – National Toasted Marshmallow Day.

Yep, there you have it – someone was seriously bored, and now you can pick your favorite “holiday” and live it up. Grab your copy of *SouthwestNOW* on August 15, find a place in the shade and give the day your best non-effort.

Beverly Shay
SouthwestNOW Editor



Guitar Lessons

AWARD-WINNING
INTERNATIONAL PRO

- Beginner to Advanced
- Acoustic and Electric
- Practical Music Theory
- All Musical Styles

Located in
DeSoto

Also Offering:
Songwriting
Music Production
Worship Workshops

817-266-1043
krisz@onelessrock.com



A Watermelon “Wow”



Happiness is always in season® • Birthdays • Anniversaries • Thank You • Congratulations

SAVE \$4
on your next order

Offer valid on select products. Cannot be combined with any other offers. Offer code must be used when placing the order. Offer expires 08/31/2010 Code: summer0929

EdibleArrangements.ca



120 W. Debbie Lane Suite 350
Mansfield, TX. 76063 817-453-2500

617 Uptown Blvd Suite 105
Cedar Hill, TX. 75104 972-293-2848

Watermelon Festival® • All stores open 7 days a week.
©2010 Edible Arrangements, LLC. Containers may vary. Delivery not available in all areas. Available in a variety of sizes. Franchises available; call 1-888-727-4258 or visit eafranchise.com.

AESTHETIC ROOFING
Insurance claims
Professionals
We'll help maximize your claim

ATLAS
GAF **ELK**
CertainTeed

**CALL NOW for your
FREE Roof Inspection**
No commitments or obligations!

- Residential & Commercial
- Insured, Certified Installer
- Local & Current References

214-274-2031

Visit our website!

www.AESTHETICROOFING.com



Jennifer Bang, MD

Jill Waggoner, MD

Meet Your Physicians for Life.

Your neighborhood Methodist Family Health Center is nearby to keep your family healthy and bright. Whether you need treatment for colds, cuts, sports injuries, or preventive care, remember that our healing hands are conveniently close at hand.



Methodist Charlton Medical Group
3450 W. Wheatland Road
Professional Building II, Suite 340
8 A.M. – 5 P.M. MONDAY – FRIDAY

Call 972-780-1796 to make an appointment today.

Appointments are encouraged, although most patients can be seen the same day. Most insurance plans are accepted.

MethodistHealthSystem.org/FamilyHealth





HERITAGE

MEDICAL & WELLNESS

The Beginning of Wellness

**ARE YOU ALWAYS TIRED? FORGETFUL? ALWAYS CATCHING COLDS?
OVERWEIGHT? PROBLEMS SLEEPING? SUFFERING FROM JOINT PAIN?**

Dr. Bailey of Heritage Medical & Wellness is proud to introduce the GREAT DAYS™ Customized Lifestyle Program featuring Dr. Yvonne Lewis, Doctor of Naturopathy. We are your **"one- stop shop"** where traditional medicine meets naturopathic medicine. We offer complete medical evaluation with an emphasis on preventative medicine.

Customized Wellness

Genewize™ *We test YOUR DNA to assess your body's nutritional deficiencies

Lifemap ME (Made Exclusively) **Formula**

Customized nutritional supplements based on YOUR DNA.

pH Testing

pH is a strong indicator of YOUR overall health. Find out how healthy YOU really are.

Comprehensive Body Composition Analysis

Personal caloric requirements for weight loss

Personalized Health Risk Assessment

Medical Management

Diabetes

Hypertension

Hypothyroidism

Elevated Cholesterol

COPD

Annual Screenings

Physical Exams

Weight Management

Group meetings are held bi-weekly with the doctors to discuss how the program works, as well as a question and answer session Free of Charge. Please call to reserve your spot. Limited space. Sessions fill up fast.

Feel better and look better with the program that is designed with YOU in mind. Call today to schedule your consultation.



CECIL C. BAILEY, MD
Board Certified Internal Medicine

HERITAGE MEDICAL & WELLNESS

200 BRYAN PLACE
CEDAR HILL, TX 75104
(972) 299-0003



ADRIENNE W. SMITH, PA-C
Family Practice



FIGHT CANCER

When I was diagnosed with cancer, I chose to partner with Texas Oncology. They're part of the largest network of cancer specialists, researchers and treatment centers in the country, yet they're right here in my hometown. In fact, Texas Oncology has more than 100 practices and 300+ physicians across the state. With the support of my care team, my family and my friends, I can fight this disease. And I'm glad Texas Oncology is on my side.

TEXAS ONCOLOGY — CORSICANA

301 Hospital Drive
Corsicana, TX 75110
903-872-3293

TEXAS ONCOLOGY — WAXAHACHIE

1305 West Jefferson
Waxahachie, TX 75165
972-923-7130

TEXAS ONCOLOGY — ENNIS

802 West Lampasas
Ennis, TX 75119
972-875-4700

METHODIST CHARLTON CANCER CENTER

3555 W. Wheatland Rd.
Dallas, TX 75237
972-780-3414

METHODIST DALLAS CANCER CENTER

1441 N. Beckley Ave., Suite 101 & 102
Dallas, TX 75203
972-780-3414

1-888-864-I CAN (4226) • www.TexasOncology.com

HOW TEXANS FIGHT CANCER.

TEXAS  ONCOLOGY

More breakthroughs. More victories.®



A Quiet Yet *Vocal* Champion

I used to tell my children, “God will allow you to grow up where you will be best prepared to fulfill the destiny He has planned for you.” In my mind that meant the best environment possible. For Pat Ford, her childhood did prepare her for her destiny, although most would not define the environment or the circumstances as anywhere near the best possible.

“My mother was diagnosed with schizophrenia, and we had a hard life as I grew up rather poverty-stricken in southeast Oak Cliff. I turned to drugs and became a teenage mother at 16, which is why I am working with youth now,” Pat declared. “I hope to prevent others from choosing the route I did, and help those who already have.”

The turning point for Pat came when she was 25 and had lung surgery to repair damage caused by smoking. “When I came home, and the tube they had put in my side fell out in the shower, I cried out to God, asking Him to heal me, promising if He did, I would serve Him the rest of my life,” she recalled. “I had been attending two Bible studies, one with my dad at the Seventh Day Adventist church and another with Jehovah Witnesses. I soon joined my father in attending the Seventh Day Adventist church in Oak Cliff.”

Pat completed a nursing assistant program, a career path she

continues to pursue, feeling it is part of the Lord’s purpose for her within the community. She learned community service from her church’s involvement on the streets, meeting, befriending and providing food, clothing and furniture to the needy. The Dallas Recreation Center manager in Oak Cliff asked Pat to start programs similar to those of the Pathfinders Club at her church. So she has organized classes in praise dance, mime, drums and community choir. Her church club purchased center memberships for kids to participate in the programs.

But Pat, a Cedar Hill resident, was not content to work only in Oak Cliff. She can spot young people in need anywhere, and she is not content to see a need and do nothing about it. Every weekend, she rotates the youth she brings to her home for one-on-one loving and mentoring, adding five to nine kids to her own household.

“What I really needed was a center, a place bigger than my home, where more kids could come at one time,” Pat remarked.

She certainly is not shy or hesitant about seeking, finding, involving and partnering with sponsors, such as: UNT (the University of North Texas), Albertsons, Tom Thumb, Texas Rangers (they donate tickets), KGGR 10.40 AM radio and Job Core. After much searching, she acquired property in Lancaster.

“I began the arduous work of cleaning up the property, which had been vacated for some time and needed lots of renovation. I worked every free moment I had, on my own, with my family, with the kids staying with us,” Pat stated matter-of-factly. “When one of my patients asked about my weekend plans, I told him

Check out the great deals at these area locations:

917 N. Hampton Rd
(Pleasant Run @ Hampton)
DeSoto, TX 75115 • (972) 223-1114

241 E. FM 1382 #308
(FM 1382 @ Hwy 67)
Cedar Hill, TX 75104 • (972) 293-7888

4353 Gannon Ln.
(Cockrell Hill Rd. @ IH 20)
Duncanville, TX 75237 • (972) 296-6000

107 N. Cedar Ridge #136
(Cedar Ridge @ Center)
Duncanville, TX 75116 • (972) 296-7111

1240 W. Belt Line Rd.
(Beltline @ Cockrell Hill Rd.)
DeSoto, TX 75115 • (972) 230-4250

150 E. Hwy 67 #108
(Hwy 67 @ Main St.)
Duncanville, TX 75137 • (972) 298-8111

NEW LOW-FAT HICKORY BBQ CHICKEN

Limited Time Only

*Fat content refers to regular 6" sandwich on Italian or 9-grain wheat bread prepared according to standard recipe. Customer requests to modify standard sandwich recipe or add additional condiments may increase fat or calorie content.

4 grams of fat
on 6" subs



SUBWAY



2 Regular
6" Subs*

*Excludes "Select", "Signature" or "Premium" Sandwiches.



2 Bags of
Chips



2 21oz.
Drinks

\$8.99

Weekdays After 4pm
and All Day
Saturday & Sunday

TWO CAN DINE

Plus TAX. Limited Time Offer. Excludes "Select", "Signature" or "Premium" Sandwiches. Additional charge for Extras.
©2010 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

FOUR FOR \$9.99

Get ANY FOUR regular
6" subs for only

\$9.99

Excludes "Select",
"Signature" or "Premium"
Sandwiches.

Expires 9/30/10

Limit 8 per customer. Valid at all all-Duncanville, DeSoto & Cedar Hill locations. No cash value. Not for sale. One coupon per customer per visit. Not good with any other offer. ©2010 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

FREE BREAKFAST

7 AM - 11 AM

Buy One Regular Breakfast Omelet
Sandwich & Coffee, Get Another
Regular Breakfast Omelet Sandwich
of Equal or Lesser Price Free!

Expires 9/30/10

Valid at all all-Duncanville, DeSoto & Cedar Hill locations. No cash value. Not for sale. One coupon per customer per visit. Not good with any other offer. ©2010 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

FREE LUNCH

Buy One Regular Six-Inch and
21oz. Drink, Get Another
Regular Six-Inch of Equal
or Lesser Price Free!

Expires 9/30/10

Valid at all all-Duncanville, DeSoto & Cedar Hill locations. No cash value. Not for sale. One coupon per customer per visit. Not good with any other offer. Excludes "Select", "Signature" or "Premium" Sandwiches. ©2010 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.



FREE COOKIE

No purchase required.
Limit one per customer, per day.

Expires 9/30/10

Valid at all all-Duncanville, DeSoto & Cedar Hill locations. No cash value. Not for sale. One coupon per customer per visit. Not good with any other offer. ©2010 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

SUBWAY

SUBWAY

SUBWAY

SUBWAY



Open House!
Saturday, August 7, 2010
10am - 2pm
Classes Begin August 18th

Stage Door
School of Dance
Est. 1983
Downtown Midlothian
Teacher holds a bachelor's degree in theatre arts and dance

www.stagedoorschoolofdance.com • 972-775-9199 or 972-723-9199

Cedar Hill **NOW**

I would be bringing nine children with me to a health fair. I told him about my nonprofit ministry and my need for a licensed general contractor in order to receive help from Job Core. He introduced me to Daryl Gibson, a contractor, who then introduced me to Matt King, an architect. Both of these men have offered their services free of charge."

Bit by bit the building is being transformed into a center where "children can succeed and become productive members of society through education, mentoring, counseling and tutoring."



Pat related. All of these things she has been doing all along in Oak Cliff, in her church, in her home. Those who know the intricacies and work involved in acquiring nonprofit status agree that something of a miracle, or at least huge favor, occurred when Pat got her 501(c)(3), nonprofit status for her ministry, Dallas Community Fellowship, Inc. (DCFII) in only three weeks.

"I have so many people to thank. Three women have helped with grant writing: Lois, LaVerne and Carolyn, who is also a CPA. Michelle McKamy, occupational therapist, and Brenda Patrick head up our health and physical fitness team. I don't want to leave anyone out," she paused. "My husband, Bobby, is hugely supportive and takes care of the finances for me."

"I knew what I was getting into when I married Pat 18 years ago," said Bobby, a giant of a man, whose soft-spoken manner clues you in to the deep heart of compassion hiding in his chest. No great wonder they got together. "People told me

Over 45? Don't wait, get screened!



Paul S. Hackett, M.D.
Board Certified Colon & Rectal Surgeon

Conditions Treated: Hemorrhoids, Constipation, Crohn's Disease, Ulcerative Colitis, Colon Cancer

Services: Colonoscopy, Minimally Invasive Surgery, Surgical & Non-Surgical Care



TRINITY
colon & rectal surgery clinic

Office Hours
Mon-Fri 9am - 5pm

777 E. Wheatland Road, Ste. 105
Duncanville, TX 75116
972-709-9300

www.trinitycolonrectal.com

Se Habla Español

Why Hasn't Your Doctor Told You about the Affordable
New Back Pain Treatment
 Known as Spinal Decompression?

"Decompression sure beats writing prescriptions for patients' back pain."
 -Gary Page M.D.

"Til now surgery was often the only thing available."

-Dr. Luis Crespo
 (St. Petersburg Times)

Treats:
Herniated and Bulging Disc
Degenerative Disc
Acute & Chronic Low Back Pain
Sciatica (Leg Pain)

"Spinal Decompression has been a Godsend."



FDACleared
 DRX9000™

Call Us NOW at: 972-937-1470
& RECEIVE A FREE CONSULTATION &

3 FREE TREATMENTS
ADDED ONTO YOUR CARE*

**For Qualified Patients*

Dr. Michael J. Leath, D.C.
Dr. Stephen C. Johnson, D.C.
Leath Chiropractic &
Decompression Clinic

327 N. Grand Ave. • Waxahachie, TX 75165

Learn more from www.LeathClinic.com

Limited Availability! Soon
Only Accepting Referrals!

Special Occasions
by
FLOWERS

Claudia Garcia
& JAY BURCIAGA
... OWNERS ...

#972+296-5587

- CORPORATE or Special EVENTS
- Weddings
- Sympathy Tributes
- HOLIDAY HOME Decorating!

20% OFF with this Ad
1 item
at OPENING

COMING SOON:
 a MERGER ... For Your
 FUN & Convenience!
 at
 200 S. Main Street
 Duncanville, Tx 75116

• Snacks • PRIZES
 • DRAWINGS ...

GRAND Opening!
• August 27 & 28 •

Mon-Fri 9 to 5:30
 Sat 9-5 Sun-Closed

WIN a Special
 FLOWER arrangement

& Everything Nice...

a UNIQUE Boutique

MISSI ARMSTRONG
 #469+774-9280

Baubles FOR Babies or
 FOR IN-B-TWEENS!
 Home Decor & So MUCH MORE
 Stitched Monogramming
 & PERSONALIZING by
 Marilyn Alden + Pat

Aralile Affordable Cosmetic Surgery and Weight Loss

Financing Available



Before



After

We Offer:

Weight Loss
Tummy Tuck • Brazilian Butt Lift
Breast Augmentation/Breast Reduction
Juvederm • Botox
Thread-Lift Surgery to the Face & Butt
Fat Transfer using Platelet Rich Plasma
Gynecomastia Treatment
Face-lift/Brow-lift
Dark Circles under Eye Treatment
Upper & Lower Extremity Lift
Laser Liposuction
Stem Cell Transfer to Face
Smart Lipo
Dermabrasion
Facial Rejuvenation
Male & Female Hormone Replacement,
HCG Weight Program



Benedict Olusola, MD PA

Check out our skin toning Anti-Aging cream.

1700 N. Hampton Rd., Ste 100
DeSoto, Texas 75115

972-228-3670 • Fax 972-228-3672

1704 N. Hampton Rd., Ste 202
DeSoto, Texas 75115

972-228-9600, 972-748-3555 • Fax: 972-228-3878

Office Hours 8:30- 5:00 • Se Habla Espanol

Cedar Hill **NOW**

I had my work cut out for me when they heard we were planning to marry. But I don't mind. Her passion and persistence have opened doors for us we never thought would open," Bobby remarked.

Pat further explained, "I can't see someone hurting without helping, because I remember when I did not have what I needed. Every night when I lie down to sleep, I can say, 'Thank you.' The rest of my life is His. I don't want to do anything else but serve God and His people. I am still learning to go to God with the worries that come with such a big vision, but I keep confessing He will meet all my needs, and He has. I am still growing in grace."

Pat believes the children, especially inner-city children who have only known poverty and not much in the way of parenting, need to be kept busy and introduced to healthy exhaustion through physical exercise, trips to nature trails and lakeside activities. "We also teach the kids hygiene, caring for their bodies physically and eating right, something they can't do much about for themselves. But they need to know. We always try to reach the parents, as well, getting them into GED and parenting classes. When we learn of the family needs, we try to provide or at least connect them with those who can," Pat stated. "Seeing their home life helps you understand why these children are often headed for trouble."

Her volunteer staff instills leadership skills and a sense of responsibility in a variety of ways. Children are trained in office skills and are involved in teaching drums, mime and drama. Henry Wilson, of Humane Housing, will be teaching kids remodeling skills, and Russell Thompson of Succeed, will work with middle-school children, teaching them business and entrepreneurial skills. "It is crucial to catch kids at this critical age and teach them about setting goals for their future," Pat remarked. Simply stated, this woman and her staff believe and act as they do because, as Pat often states, "Our children are our greatest assets." **NOW**

Editor's Note: For more information about this ministry center, visit <http://www.dallascommunityfellowshipinc.webs.com/>.

When a Plumbing Problem Makes You Want to Scream, Go Ahead.

Scream: "Help Me, Dial One Plumbing!"

We understand that plumbing problems always happen at the worst possible time. It's so frustrating it makes you want to scream. Well, when you feel the urge, we want you to scream "Help Me, Dial One Johnson Plumbing!!!"

That's because we have a reputation for showing up on time, listening to you so we can properly diagnose the problem, cleaning up after ourselves as we work so you don't have to. (How many times have you had to clean up after a service technician left your home? It makes you want to scream!) And, we drive around in a Warehouse on Wheels so we only have to make one stop at your home to fix your problem promptly and completely.

One common problem is a running, leaking or clogged toilet. This is a pain no matter when it happens! We take care of this and many other common plumbing problems, plus offer complete re-pipe and remodeling services.

Problem #1 Running, Leaking or Clogged Toilet



If you have this, or any plumbing problems, JUST HOLLER. We'll have you back to normal in no time!

**Dial
ONE
Johnson Plumbing**
Family Owned and Operated Since 1965



972-291-0740

972-723-3378

**24 Hour Emergency Service
www.Dial1Plumbing.com**

2010 BEST Pharmacy



**BEN FRANKLIN
APOTHECARY**
More than a Pharmacy

Rx

All Insurance Cards Taken - Delivery Available
302 N. Main St. • (972) 298-1147

Follow us on Facebook



www.benfranklinrx.com

**Back
to
SCHOOL**
HEADQUARTERS

**Prepacked
School Bags
Available (K-6)**



Jump on board to Ben Franklin





IGNITING A TRADITION OF SERVICE

— By Katrina D. McNair




If you ever find yourself in need of the expertise of a local fire department or ambulance personnel, you will find someone with more than just the knowledge of how to put out a fire or tend to a wound — if they are graduates of the DeSoto Fire Academy. The DeSoto Fire Academy is approved by the Texas Commission on Fire Protection for the training of future firefighters and emergency medical technicians. Located on a stretch of Wintergreen Road, the Academy was created in 1980, and its current facility was built in 2006. The facility, at roughly 6,000 square feet, has three classrooms, a resource library, a break room and a large outside area known as the “drill field” where students practice extinguishing fires, extracting people from overturned cars and more.

Joe Brown, training center coordinator, has been a firefighter for 30 years. In college, he aspired to be a school teacher, but was able to secure employment only as a substitute teacher. One day, a friend suggested he look into becoming a firefighter. Though he initially balked at the idea, his friend was persistent and now he cannot imagine doing anything else.

His original passion for teaching is part of the reason the Academy stands today. When DeSoto was in need of further training for recently hired firefighters, Joe and other firefighters took on the task of teaching. “We would train in what used to be our bedroom [at the station],” Joe remarked. “We kept on doing it, and other departments would ask, ‘If you all are having class, can I send my recruits over?’”

From there, the idea took off. “I was very fortunate to get the support of the city fathers,” he said. “They gave me the funds to build. It used to be in one room, this size, at the old fire station,” he said, pointing to a single training room. “I guess they took notice to what was going on and what we were doing. I went to ask them about getting some showers in there one day and they said, ‘Let’s sit down and talk.’” That talk led to the creation of the DeSoto Fire Academy.



Kick up your heels sooner.



Get a leg up on your knee pain quicker. Methodist Joint Academy prepares knee-replacement patients both mentally and physically for the best-possible results and a faster return to normal activity. Methodist uses the latest minimally invasive techniques to restore your mobility and quality of life with less pain and faster recovery.

214-947-0044 or 866-584-8104
www.methodisthealthsystem.org/jointacademy

The physicians on the Methodist Health System medical staff, including those practicing with the Methodist Joint Academy, are independent practitioners who are not employees or agents of Methodist Health System.

Advanced Service Company

Serving the Metroplex Since 1988

**Servicing All Major Brand Appliances -
Air Conditioning, Heating & Refrigeration**

Mention this ad for a 10% Discount

1508 Falcon • DeSoto, TX 75115

PH: 972-351-9721 • FAX: 972-351-9127

TX License # TACLA021044C

Make a Splash This Summer *at* Bahama Beach



WHAT MAKES BAHAMA BEACH SUCH A GREAT VALUE?

- ▶ 45-Foot Tall Slides
- ▶ Water Playground with 1,000 Gallon Dumping Bucket
- ▶ Two Zero Depth Entry Beaches
- ▶ Voted "Best Place for Kids" by Today Newspaper
- ▶ Convenient Location
- ▶ 1,000 Foot Lazy River
- ▶ Birthday / Group Rates & Packages
- ▶ Private Cabanas, Party Rentals, and Much More



WWW.BAHAMABEACHDALLAS.COM

1895 Campfire Circle | Dallas, Texas 75232
phone 214-671-0820 | info@bahamabeachdallas.com

We are conveniently located just 10 minutes south of downtown Dallas on the west side of US 67 between Loop 12 W and Hampton

DeSoto**NOW**

According to Joe, there are roughly 12 training facilities for firefighters and Emergency Medical Technicians (EMTs) in the North Texas area. As in real estate, one of the selling points of the DeSoto Fire Academy is its prime location and their ability to produce graduates of some of the best training around. "South of the

**"YOU'VE GOT TO PUT YOUR MIND TOWARD
THE FACT YOU'VE GOT TO HELP PEOPLE,
REGARDLESS OF WHO THEY ARE."**

Trinity, there is nothing like what we have here," he said. "We're not as big as some, but [as to] our facility and its location — we're unique in that aspect." To date, Joe estimates 1,500 to 2,000 students have graduated from the Academy, with classes lasting 16 weeks. At this time, roughly 22 instructors teach at the Academy.

As far as training, the drill field, with its four-story tower, gives students a place where they can practice much of what they may encounter once they are employed with a fire station or ambulance service. "We can simulate anything out there," Joe said. "We have the ability even to go underground, and use that to simulate conditions where we have to rescue people who are trapped underground. We utilize the drill field as much as we can." Joe Pool Lake also serves as a training site for practicing water rescues.

Students Torey Matthews and Jennifer Valdez, both 24, explained while the location of the facility was a definite plus, there was more that went into their decision to attend the DeSoto Academy. "I heard from people about the facility here," Torey admitted. "And having the night classes was a plus. It's very convenient for someone like me who also works full time while I'm training. The Web site was very informative."

Jennifer, who also works full time and takes advantage of the night courses, was swayed by the school's reputation, but also appreciates the camaraderie of her classmates and their desire to see each other succeed. Though she was intimidated being the only woman in her class, she said her classmates have been nothing but supportive. "At first I doubted it, but they treat me like a sister," she said. "One thing that has

Bob Knight's Fieldhouse

**SIGN UP
TODAY!**

Fall 2010 Basketball and Volleyball Leagues

Registration ends August 15, 2010

get in on the action!

Bring in this ad and receive \$5 off of the registration fee!

1700 S. Main Street Duncanville, Texas 75137 972-283-6111 www.BobKnightsFieldhouse.com

BLUCCI
CONTEMPORARY FURNITURE

Qn Pillow
Top Matt
Set
\$349

**FREE
Delivery**

With this ad until 8/31/2010.
Within a 10-mile radius on
purchases of \$599 or more.
Assembly not included.
See store for details.

No Credit Check Financing • 90 Days Same as Cash



25% Off on Dining Set



Sectional, From \$1,999 & Up
Choose your fabric!



Qn Bed, D/M, 2 N/S \$1,999



Entertainment Center \$899

Hwy 67 & Pleasant Run • Cedar Hill • In Best Buy Shopping Center • 972.293.6644 • www.blucci.com

really inspired me is when we do our PT (physical training), all of them are cheering me on and tell me, 'Good job!' when I'm finished."

"We all look out for each other," added Torey, who is also the class president. "Everybody here is your family."

An additional benefit of training at the DeSoto Fire Academy is provided via a partnership with Cedar Valley College. Once enrolled in the Academy, students are dually enrolled in Cedar Valley and earn credits through the Continuing Education Division. These credits can be used as Life Experience Credits for an associate and/or a bachelor's degree at colleges and universities.

To encourage local students to look to their own backyard for training, a scholarship offered to DeSoto High School graduates is available to pay for tuition and protective fire gear. Tuition for the Academy is currently around \$2,200, and the cost of full protective gear (boots, helmet, jacket, gloves, etc.) can cost as much as \$1,700. Though equipment is available for leasing through the school, the scholarship is invaluable for a student in need who wants to make firefighting and emergency services their career.

The scholarships, one offered for firefighter trainees and one for EMT classes, have gone largely unused since their inception eight years ago; only three students have taken advantage of them. "We are contemplating broadening it a little bit more," Joe said, acknowledging the scholarship availability makes the school much more appealing to those who live outside of the DeSoto area.

Beyond teaching the students how to put out fires, check vital signs or conduct water rescues, Joe wants the students to embrace their role as public servants. "We pretty much tell students we are going to turn out a complete package," he said. "To me, it's back to basics. 'Yes, sir; no, sir. Yes, ma'am; no, ma'am.' You've got to be respectful. You've got to put your mind toward the fact you've got to help people, regardless of who they are. A lot of these kids don't know that. I tell them, 'You might as well start thinking this way — there is no I. You always have someone you have to look out for, other than yourself.'" **NOW**



Free

Chicken Nuggets (8 pk)
with the purchase of medium
waffle potato fries and medium drink.



387 E. FM 1382 • Cedar Hill, TX 75104 • 972-293-0022

2009 CFA Properties, Inc. Good only at Cedar Hill Location. One coupon per person per visit. Coupon not valid with any other offer. Closed Sundays. Coupon valid from *NOW* magazines only. Please use by August 31, 2010.

HOMESITES FOR SALE

SHILOH FOREST ESTATES



- Highly Deed Restricted
- Huge Pecan Trees
- Creeks, Ponds & Walking Trails
- Midlothian School District
- County Taxes Only

For Lot Sales call Bobby Glass
972-935-2738.



JOHN HOUSTON
CUSTOM HOMES
www.JohnHoustonCustomHomes.com

Premier Builder Coming Soon to
Shiloh Forest Estates
www.shilohforestestates.com

**Follow us to our
NEW LOCATION!**



Inwood Bank Building

1801 N. Hampton Road #340

Desoto, TX 75115

Offices also in Sunnyvale and Uptown Dallas

*Conservative and surgical management
for all foot and ankle needs.*

FOOT & ANKLE
Infinity
Dr. Parul K. Patel



Call for an appointment **972.274.5708**

www.infinityfootandankle.com

A vertical advertisement for 'Jokes & Jazz Latin Soul Cuisine'. The background is blue with a repeating pattern of the words 'JOKES' and 'JAZZ'. On the left, there is a black silhouette of a person playing a saxophone. In the top right, there is a circular logo with the letters 'JL'. The main text, enclosed in a white dashed rectangular border, reads '1/2 OFF LUNCH' in large white letters, followed by 'when you purchase one lunch' in smaller white letters. At the bottom, it says 'With coupon. Expires August 31, 2010' in white.

JOKES & JAZZ
LATIN SOUL CUISINE

**1/2 OFF
LUNCH**

when you purchase one lunch

With coupon. Expires August 31, 2010

A vertical advertisement for 'Wing-Stop Experts'. The background is green with a repeating pattern of the Wing-Stop logo. At the top is the Wing-Stop logo, which features a winged figure and the text 'THE WING STOP EXPERTS'. Below the logo, the text 'Every Monday and Tuesday' is written in a large, yellow, serif font. At the bottom, a yellow dashed rectangular box contains the text '50¢ BONELESS WINGS' in large green letters. Below this box, it says 'Minimum order of 10 boneless wings.' in smaller green letters.

THE WING STOP EXPERTS

**Every Monday
and Tuesday**

**50¢
BONELESS
WINGS**

Minimum order of 10 boneless wings.



Marge Dellert, Betty Michalski and Mary Hayton enjoy participating in the Duncanville Women's Club.



A Place to Meet and Eat

— By Beverly Shay

Founded in 1970, the Duncanville Women's Club (DWC) initially was social in purpose. "At first it was called the Newcomers Club, and women were considered active members for only two years; then they were designated as associate members," remarked Marge Dellert, a member since 1982. "It was a way to welcome women into the neighborhood. Only women living within the boundaries of the Duncanville Independent School District were eligible for membership."

The group has made many procedural changes over the years, the major ones being elimination of limited active membership, changing the six-month term of office to a one-year term and opening membership boundaries to include the greater southwest: Cedar Hill, DeSoto, Midlothian, Red Oak, Ovilla, Grand Prairie, as well as women from Dallas.

"Our main event is the joint monthly meeting, featuring a luncheon, program and business, held at the Golf Club of Dallas. We invite authors, musicians, theater people, columnists," explained Mary Hayton, who joined in 1983, ticking off remembered speakers on her finger. "Rosemary Rumbley is a great favorite. Oh, and we've done fashion shows. At our 40th anniversary celebration this year, Coldwater Creek provided clothing, which some of our members modeled."

Activities include such things as games, cards, bridge, quilting,

heritage (history) and book discussions. "Really it just depends on who is interested in what. Those with a specific interest can invite others with the same interest to their home for coffee and an activity. All individual activities, except for field trips, are in people's homes," explained Mary. "You really get to know each other in the smaller groups." Of the approximately 125 members, most are upwards of 40 with a nucleus of 30-40 women who regularly participate in activities.

Their motto? The women paused, looking at one another, and then Mary served up an answer they were all pleased with: "Let's eat! Eat and talk," she amended. They all agreed just about everything they do involves food. "It's because we have such wonderful cooks."

"An experienced DWC member can always eat and talk at the same time," quipped Betty Michalski, who joined the group in 1990.

"Our purpose has developed as well," Betty was quick to point out. "While we continue to meet socially and provide numerous activities to meet various interests, we also are very much involved in outreach to the community. Each December, we have a silent and live auction and we raffle a quilt (our largest fundraising item) made by our quilting group, to raise funds for next year's community service projects, such things as donating school supplies to the Duncanville Outreach Ministry and supporting the

At Home With DUNCANVILLE ISD



Purposeful Engagement • Quality Teachers • Continuous Improvement & Collaboration • Valuing Each Individual • Schools Impacting Community

Welcome Aboard!



The 2010-2011 school year is just around the corner, and Duncanville ISD is preparing to embark on another year of engaging educational adventures. We look forward to welcoming approximately 12,500 students on August 23,

and hope that you'll join us! Registration will be held the first two weeks in August. Students new to the district and all students entering grades 7-12 are required to attend registration; returning elementary and intermediate students (grades K-6) are automatically registered and are not required to attend registration prior to the first day of school.

New Students, Elementary/Intermediate (Grades K-6): August 4-11

Register at the school zoned for your residence

All Students, Middle School (Grades 7-8): August 4-8

Register at the school zoned for your residence

All Students, DHS and PACE: August 3-13

Register at the school zoned for your residence

Starting school for the first time?

Duncanville ISD's Pre-K Roundup will be held August 2-3. Complete registration information can be found online at the district's website.

Be Prepared for the Big Day

FREE immunizations will be offered on August 2 from 12:00 – 2:00 pm at Reed Middle School. The shot clinic is available to all Duncanville ISD students.

Parents/guardians must accompany their student and bring the student's shot record. Shots are given on a first come, first served basis and are provided by CareVan in association with the Dallas County Health and Human Services Department. For a list of other immunization clinics, please visit our website.



DUNCANVILLE COACH REPRESENTS TEXAS ON THE NATIONAL COURT

Duncanville ISD is proud to announce that the Athletic Department is receiving some national attention. Athletic Director Cathy Self-Morgan was recently named the National High School Girls Basketball Coach of the Year for 2010. Each year, the National High School Coaches Association selects 20 coaches from around the country to represent 13 different boys and girls sports. Self-Morgan is this year's only Texan. "It is very humbling, and I appreciate the honor," she said.

A 31-year coaching veteran, Self-Morgan just completed her 10th season at Duncanville, finishing 33-4 and leading the Pantherettes to the regional finals. She has an impressive career record of 844-191. In addition to coaching, Self-Morgan assumed the duties of district Athletic Director in 2009.



OPPORTUNITIES AHEAD



Congratulations again to the Duncanville ISD Class of 2010! Approximately 650 students received their diplomas in June. Valedictorian Nesreen Hamed (right) will attend Texas A&M University in the fall to study chemical engineering. Salutatorian Rebekah Root (left) plans to study musical theatre at Ouachita Baptist University.

Going for the Gold

The United States has lost its bid to host the 2016 Olympic Summer Games, but one Duncanville ISD student will soon fight to bring an Olympic title home to the U.S. DHS junior Curtis Brown will sail for Team USA in the 2011 Special Olympics World Summer Games. Held in Athens, Greece, the 13th Annual World Summer Games will host 7,500 athletes from 185 nations, competing in 22 Olympic-type sports. Brown says his competitive spirit is pushing him to go for the gold. "I want to win and not lose. It's inside of me, I can feel it."

Duncanville athletes have advanced to the past two Special Olympics World Summer Games. Alumnus Kendrick Lawrence was a gold medalist in the 2007 World Games in China, and Natalie Brooks competed at the 2003 Games in Ireland.



Special Olympics

Read more about these and other stories at:
www.duncanvilleisd.org

ENGAGING
HEARTS AND MINDS
DUNCANVILLE ISD

Planning your Summer Vacation

Don't forget about your pets! Book now and save!

De-Tails

\$10 Off any boarding or pet visit package in August!
(must present ad with reservation. Limit 1 per customer)

Camp Bow Wow SW Dallas
972-296-WOOF
589 E. Highway 67
Duncanville, TX 75117
SWDallas@campbowwow.com
www.campbowwow.com/SWDallas

Home Buddies SW Dallas
Serving the Duncanville, Cedar Hill, DeSoto and Surrounding Areas
972-296-WOOF
SWDallas@homebuddies.com
www.anyhomebuddies.com/SWDallas

Best Doggie Day Care
Camp Bow Wow
Best Pet Sitters
Home Buddies



Kessler women's healthcare

Is it hot in here or is it YOU?

Menopause, often referred to as the "change of life" is a natural biological process, not a medical illness. Even so, the hormonal changes and the physical and emotional symptoms of menopause can change the way you feel!

At **Kessler Women's Healthcare**, we can help! We are specialty trained to help you through menopause with education, support and proven therapies. The physicians understand every stage of a woman's life and are experts in women's health and wellness, including the care of our menopausal patients.

If you feel that "a change is coming" or have other women's health concerns, call us at 214-941-7200 to schedule an appointment and discuss how we can work together towards your best health!




Find us On Facebook!

Call 214-941-7200 Weekday appointments available from 7am - 6pm, Saturdays by appointment until noon!

1330 NORTH BECKLEY AVE. • DALLAS, TEXAS 75203 • KESSLERWOMENS.COM

Duncanville**NOW**—

Duncanville Community Theatre." The other women began listing other places, causes, events where they have donated funds, time and support.

"We planted bluebonnets along I-20 some years ago, and provided sandwiches for those building the wooden playground known as Kidsville in Armstrong Park," Marge said.

"We also provided a room of carpet for the Hopkins Senior Center and contributed a kitchen to Brighter Tomorrows in DeSoto," mentioned Linda Fletcher, who had been sitting quietly, albeit nodding frequently.

Various other DWC trivia was thrown out: their oldest member is 101; some special events, like their casual international evenings or theatre evenings have included husbands; when the group was younger, they held a swim party so their young people, home from college, could meet. Many of them are still close friends.

"I remember that swim party," Marge chortled. "Some younger kid threw a water balloon over the fence, and it landed right in the chocolate cream pie, which splattered on everyone! That's what loosened things and sparked conversation."

"The casual international nights are so much fun!" noted Mary. "We choose a country and a menu of that country's cuisine and e-mail recipes to the others who are coming; everyone brings something, and we all eat together. We invite as many as can be seated at a given house, sometimes 24 or more. It's one of our most popular groups and a great way to welcome newer members."

"We've published three cookbooks over the years," Marge said. Switching gears, she added, "Many of our members are retired school teachers, so they bring in interesting skills and ideas. What's so good is you can be involved at your own pace. There's no requirement as to how many or how few activity groups you participate in. We just want to provide lots of venues to be with others."

One consistent favorite is playing Mah Jong. Since you really do need to learn how to play before you can join in, they have a group that gives lessons. "I like it because you don't have partners so you



PAIN CAUSED BY DIABETIC NEUROPATHY



**Do you suffer from
tingling, numbness or
burning in your feet?**

By increasing blood flow to the feet, an exclusive new medical treatment has been shown to be extremely effective in relieving pain and restoring feeling in the feet caused by Diabetic or other Neuropathies.

No Surgery • No Addictive Medications

DFW Neuropathy
Centers

905 Ferris Ave. • Waxahachie, TX

Ph: 469-517-0957 Call for your free screening!

COVERED BY MEDICARE AND
MAJOR MEDICAL INSURANCE



The jeans the celebrities are wearing.

TRUE RELIGION
ARTFUL DODGER
MEK DENIM
ROBERT GRAHAM
C.J. BY COOKIE JOHNSON
FRENCH CONNECTION
LOCAL CELEBRITY
JOE'S JEANS
NOW CARRYING:
CAVI, GENETIC DENIM,
BLANK DENIM AND
MUCH MORE

RED'S SWAGGER

BACK TO SCHOOL SALE

**50 TO
75%
OFF**

Paige Premium Denim
David Kahn
William Rast
(Justin Timberlake's Brand)
Dylan George

Google and see all the
celebrity starlets who
love these jeans)

STORE: 972-293-8344
305 W. FM1382, STE. 618
UPTOWN VILLAGE MALL

RED
SWAGGER.COM

STORE HOURS: MON-SAT: 10AM - 9PM
SUN: 11AM-6PM

Rehab, Restore, *Return to Home*




Park Manor Health Care & Rehabilitation

Call us for your
FREE Assessment
972-989-1915


207 East Parkerville Road • Desoto • 972-230-1000
www.swltc.com












Lisa Brown, Toquella Gooding

North Texas

Cardiovascular Associates



All Physicians are Board Certified.

NTCA provides the most comprehensive cardiology care in our area including:

- **General Cardiology** *Heart Failure-Angina-Chest Pain-CAD-Pre-Surgical Clearance*
- **Preventative Cardiology** *Evaluation and Management of Heart Disease Risk Factors*
- **Cardiac Imaging and Diagnostics** *Echocardiogram, Nuclear Cardiology and Vascular Imaging*
- **Interventional and Peripheral Vascular Services** *Coronary Stent-Peripheral Vascular Stent-Renal Stent*
- **Cardiac Arrhythmia Services** *Pacemakers, Defibrillators, Heart Failure, Ablations*

*We accept Medicare and all Insurance Plans.
New Patients are Always Welcome.*

Methodist Medical Center Office MMC Pavilion II 221 W. Colorado Blvd. Suite 831 Dallas, TX 75208 214-949-8826	Charlton Methodist Hospital Office CMH POR II 3450 W. Wheatland Rd. Suite 240 Dallas, TX 75237 972-296-0843	Methodist Mansfield Office 2800 E. Broad St. #304 Mansfield, TX 76063 817-433-8080	Grand Prairie Office 4115 S. Carrier Pkwy Suite 250 Grand Prairie, TX 75052 972-296-0843	Cedar Hill Office 650 E. Beltline Rd. Suite 100 Cedar Hill, TX 75104 972-296-0843	Uptown Office 3000 Blackburn St. Suite 130 Dallas, TX 75204 214-949-8826
---	---	--	--	---	---

www.ntccardio.com

Duncanville**NOW**—

don't feel as though you are letting anyone down. But it is a really fun game," stated Linda. "And, of course," she added with a mischievous grin, "there are always snacks."

Marge, still recalling activity groups which had not yet been mentioned, said, "One of our groups makes baby quilts for Children's Hospital and Afghans for critically ill children."

"I joined a book discussion group. I had seldom read fiction before that, but we have had some fascinating discussions," said Betty. "Which reminds me; we have donated large print books to the senior center and sponsored ESL [English as a second language] groups at the Duncanville Library."

"I really enjoyed a cruise we went on; it wasn't really sponsored by DWC, but several members and some of their spouses went. Because we already all knew each other, it made the cruise all that much more enjoyable," Mary remarked. "I think that's what I like best — the relationships and friendships you make." All the other ladies nodded.

"Another notable project," began Marge, who seems to be the self-appointed historian and librarian of knowledge, "was a quilt demonstration at the Harvest Fest. The quilt, on which some 20-25 members were working, depicts Duncanville's history through photos printed on fabric. Later it was donated to the Duncanville Library where it now hangs."

Marge had prepared a list of field trips (headed Special Events): Kimball Museum, Wine Tasting, Pocket Sandwich Theater, Houston Museum of Fine Arts, Garden Party, Sea World in San Antonio, among many others.

In the words of their current president, Sharon McGinnis, "The dynamic of the DWC has always amazed me. So many women with varying personalities, accomplishments, talents interests and yet, like the quilt the DWC crafters prepare each year, all the pieces come together in an awe-inspiring mosaic of color and beauty. DWC is a 'force of nature' in that it keeps its membership highly engaged with a variety of wonderfully entertaining pastimes, as well as community service projects."

We probably have the
only dentist around that
does not play golf.

Need a family
dentist **Anytime!**
Evening & weekend hours

Get a New Patient Exam
and **SAVE!**
Whitening Trays
only **\$25**

You will also be registered on our
whitening for Life program to
keep your smile white.

Open Mon thru Fri 7:00 am to
9:00 pm and Sat 8 am to 8 pm.
Live emergency calls
7 days a week **24 hours a day.**

Call 972-22Smile
or 972-227-6453 or 800-299-0929



HARRY L. SUGG D.D.S.

3940 West Wheatland Road, Dallas
(on the corner of Wheatland Rd. & Hwy 67
... in the copper top building.)

Servicing Dallas, Duncanville,
DeSoto, Cedar Hill, Lancaster,
Red Oak & Surrounding areas.

★ **972-709-6070** ★



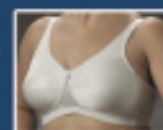
UPPER AND LOWER
EXTREMITY PROSTHESIS



KNEE/BACK/HAND/WRIST/
ELBOW BRACING



DIABETIC SHOES
AND INSERTS



MASTECTOMY
FORMS/BRAS
AND SUPPLIES

★ **New Office Opening Soon in Burleson, TX** ★

CLEBURNE

105 Westmeadow, Suite C
Cleburne, TX 76033
817-556-3699 Phone
817-556-3877 Fax

GRANBURY

306 S. Morgan
Granbury, TX 76048
817-573-9333 Phone
817-573-9353 Fax

DALLAS

7989 West Virginia, Suite 104
Dallas, TX 75237
972-709-6070 Phone
972-709-6177 Fax

Most Insurance Plans Accepted, Including Medicare and
Medicaid. Visa, Mastercard and Discover and Payment
Plans Available.



Call 972-708-8400
and make an
appointment today!
www.texaseyes.com

Lasik • Surgery • Glaucoma • Cataracts • Contacts • Glasses



Dr. Cooper, M.D. Dr. Le, M.D. Dr. Bishop M.D. Dr. Robertson, M.D. Dr. Pachigolla M.D.

We have three convenient locations ready to serve you!

907 S. Main Street #203 Duncanville, TX 75137 (972)296-2929	1408 N. Ninth Street Midlothian, TX 76065 (972)723-9400	507 W. Crossland Blvd. Grand Prairie, TX 75052 (972)642-2121
---	---	--



TEAM DESOTO

eagle express

finish strong

Open Houses set for fall

The DeSoto Independent School District will open its doors to more than 9,200 students on Monday, August 23, the first day of classes for 2010-11. Meet the Teacher / Fall Open Houses are a time for parents and students to meet the school staff, acquaint themselves with the school facility as well as go over campus and classroom procedures and expectations. Families can also receive district handbooks and other information about the upcoming school year.

OPEN HOUSE SCHEDULE

DeSoto ISD Elementary Schools

Thursday, August 19

6:30 - 8 p.m.

East and West Middle Schools

Thursday, August 19

6:30 - 8 p.m.

McCowan Middle School

Thursday, August 26

6:30 - 8 p.m.

DeSoto Freshman Campus

DeSoto High School

Tuesday, August 31

6:30 - 8 p.m.

District earns Financial GOLD

DeSoto ISD has earned a Texas Comptroller GOLD Leadership Circle Award by scoring 15 of 15 possible points on the ratings criteria. "Gold" highlights those entities that are setting the bar with their transparency efforts.

DeSoto ISD provides constituents with access to annual budgets, monthly check registries and financial reports in easy-to-read, comprehensive formats. The district has added the GOLD Leadership Circle Award to the district Web site as well.

School starts August 23

School Hours of Operation

Elementaries (K to 5th) 8:00 a.m. - 3:15 p.m.

(PreK: AM - 8-11:15 a.m.; PM - 12-3:15 p.m.)

Middle School (6th to 8th) 8:00 a.m. - 3:45 p.m.

Freshman Campus (9th) 7:30 a.m. - 2:50 p.m.

High School (10th to 12th) 7:30 a.m. - 2:50 p.m.

Registration Information

New student registration at each campus from August 10-20, 2010 from 8-11 a.m., 1-4 p.m. A child is eligible for Pre-K if the child is age 4 on or before Sept. 1 **and** qualifies for free / reduced lunch, is homeless, does not speak English or is a child of an active member of the armed forces. A child must be age 5 on or before Sept. 1 to enter kindergarten and age 6 to enter first grade. Please bring the following for each child:

- State-issued Birth Certificate
- Social Security Card
- Immunizations Records
- Proof of Residency - Parent must show a current Texas driver's license or Texas ID card **and** current gas, electric or utility receipt **and** a signed affidavit of residency (forms available at each school)
- Report Cards (if applicable)

Breakfast and Lunch Information

The DeSoto ISD makes nutritional breakfasts and lunches available for all students. Menus are available at each school, online and monthly in the Focus newspaper. The free- and reduced-meal program is available for eligible students.

Code of Conduct and Student Handbooks

DeSoto ISD students and their parents are responsible for reading and understanding all policies outlined in the DeSoto ISD Code of Conduct as well as each campus student handbook. Any violations will be disciplined in accordance with the policies and the law. The Code of Conduct is online at www.desotoisd.org.

Student Dress Guidelines (Uniforms)

DeSoto ISD has a uniform dress policy for students in all grades and at all campuses. In general, students must wear white, forest green, gold or black tops and khaki, black or DeSoto plaid bottoms. District administrative staff will have complete and final judgment on all matters concerning interpretation of the student uniform dress code. The complete policy is available online at www.desotoisd.org.

Student UIL Athletics

Seventh- through twelfth-graders are eligible to participate in UIL competitive athletics. All participants must have physicals, parental acknowledgment forms, and emergency information on file before the first practice.



Eagle football is here!

The DeSoto Eagle Football Team is gearing up for another spectacular season! With two games being played during unique situations, the Eagles are ready to strive for excellence and a run into the playoffs!

Tickets for the Arlington Bowie game at Cowboys Stadium on Labor Day - Monday, September 6 at 7:30 p.m. - are on sale now at the Eagle Athletics Office for just \$15.00. This game is part of the Kirk Heiberstreit Varsity Football Series that also includes Trinity, Cedar Hill and Skyline games.

On September 10-11, the Eagles will be hosting the first ever Florida vs. Texas High School Football Showcase. Over two days, four match-ups will decide which state has the best high school football program. Texas teams include State Champions Abilene, Madison and Denison facing Florida teams Cocoa, Glades Miami Central and Miramar - all powerful programs! A four-game pass is just \$35. Individual games are \$12.00 for adults and \$10 for students. Buy tickets online at www.texasvsflorida.com.

Season tickets for the regular Eagle home games are also on sale and include the DeSoto vs. Miramar game.

2010-11 EAGLES FOOTBALL SCHEDULE

Fri., Aug. 20	6 p.m. Scrimmage / Meet the Eagles
Fri., Aug. 27	7:30 p.m. @ Leander
Mon., Sept. 6	7:30 p.m. Arl. Bowie @ Cowboys Stadium
Sat., Sept. 11	7:30 p.m. vs. Miramar, FL
Fri., Sept. 17	7:30 p.m. vs. Stony Point
Fri., Sept. 24	7:30 p.m. @ NOAH Homeschool (Tulsa, OK)
Th., Oct. 7	7 p.m. @ N. Mesquite
Fri., Oct. 15	7:30 p.m. vs. Tyler Lee (Homecoming)
Fri., Oct. 22	7:30 p.m. @ Mesquite Horn
Fri., Oct. 29	7:30 p.m. @ Mesquite
Fri., Nov. 5	7:30 p.m. vs. Longview (Senior Night)

Saturday, August 7, 8 a.m. - 2 p.m. - DeSoto Rotary Back to School Fair, Freshman Campus
August 10-20 - Registration at each school
August 20-22 - Tax-Free Weekend
Monday, August 23 - First Day of School
Monday, Sept. 6 - Labor Day Holiday; DeSoto vs. Arlington Bowie at Cowboys Stadium, 7:30 p.m.
Sept. 10-11 - Florida vs. Texas Football Showcase
Monday, Sept. 27 - Student State Fair Day
November 22-26 - Thanksgiving Holiday
Dec. 20-31 - Winter Break
January 14 - Teacher Preparation Day
January 17 - Martin Luther King Jr. Holiday
February 21 - Staff Development Day
March 14-18 - Spring Break
April 22 - Teacher Preparation Day
May 30 - Memorial Day Holiday
June 2 - Last Day of School

www.desotoisd.org

DeSoto Rotary

Back to School
FAIR!

Saturday, August 7
8 a.m. to 2 p.m.
Freshman Campus

JOIN US FOR:

- School supplies and backpacks for DeSoto ISD students!
(DeSoto ISD students only; limited to supply available)
- Immunizations, physicals and health screenings
- DeSoto ISD and community resources for students and families!

HOW TO SIGN UP!

- Preregister August 2-3, 8 a.m. - 5 p.m. at the Belt Line Conf. Center, 200 E. Belt Line Rd. (in back)
 - Current DeSoto ISD families will be verified by name and school
 - New DeSoto ISD families - bring parent ID, a current utility bill and each student's birth certificate

SPECIAL THANKS TO OUR SPONSORS!

Title Sponsor - DeSoto Rotary

Strong Fathers Strong Families

Big Brothers Big Sisters of North Texas

Community Missionary Baptist Church of DeSoto

First United Methodist Church of DeSoto

Bank of DeSoto

Hampton Road Baptist Church

S & S Signs and Specialties

James and Linda Zander

This Old House

— By Katrina D. McNair

Walking across the expansive front porch of David and Nancy Anderson's home, guests are welcomed by a cheerful front door with a charming pineapple-shaped door knocker. Once inside, no expansive foyer or winding staircase can be found. Rather, you will walk into a home paying homage to a different era, one which takes you back to an older time in Cedar Hill history.

Nancy and David, married for 36 years, reside in the historic Brandenburg House in Cedar Hill. Believed to have been built in 1888, the house is named for a prominent Cedar Hill banker named Robert Brandenburg. After purchasing the house in 1914, Brandenburg lived there until the 1950s. Although it traded hands several times, the Andersons purchased this gem in 1984. At the time however, their gem was very much a diamond in the rough. "Oh, it was in terrible condition," said Nancy, a retired urban planner consultant. The house had actually been condemned and took over two years to fully restore. Squatters had occupied the home as well.

At Home With
David and Nancy Anderson



"We drove past it and kind of looked at it, but I said, 'I'm not living in it,'" she laughed. However, both Nancy and David, who is a retired civil engineer, are avid antique collectors and share an interest in historic preservation. They found the house and the joy of restoring it, too tempting to resist.

The house itself resembles a Victorian country home, very popular throughout the 1860s until about 1910. Aside from the welcoming front porch, two white



wooden chairs offer a comforting place to sit, and the eight windows, with their white lace curtains along the front of the house, allow glimpses inside. The outside boasts a modest amount of gingerbread trim.

To the left of the original front entry staircase is the home's parlor. Decorated in shades of rich red and royal blue, the room features replicas of the home's original floors. In addition to several furnishings gathered from family, the room displays an antique love seat set, originally owned by Nancy's paternal grandmother, featuring beautiful inlaid ivory trim. David, an accomplished cabinet maker, created many pieces throughout the home as well. One of



It's Vacation Time!

The Greatest Gifts found in Paradise!

Only complete line of Tommy Bahama south of the Trinity!


- Shirts
- Shorts
- Shoes



PANDORA™ for her ... Tommy Bahama for him!

PARADISE COWBOY call **972-293-1483**
Expect the Best in Gifts!

You Can Still Have it






GREAT RATES

GUARANTEED SERVICE

FINANCIAL STRENGTH

TexasTrustCU.org/haveitall
972.595.1232





the most striking items he created for the parlor is a tall case clock, called an eight-day clock. The clock is hand-wound by David each week. An antique cello also occupies space in the room. "The cello was built in Prague in about 1917. But, I don't play it anymore," he laughed. There is also a stunning display of small owls, a favorite collection of Nancy. Nancy occasionally tickles the keys of a piano also found in the parlor. "We already had a lot of the antique furniture and the pieces Dave had made," Nancy



explained, "so we've tried to fit those into the house."

Across from the parlor is David's study. His historically accurate reproductions fill the room. Of particular note is a left-handed, writing-arm Windsor chair, similar to one designed and used by Thomas Jefferson. Antique lamps adorn the desks and cabinets in the room, as does a large map that David purchased in Brazil. A 100-year-old concertina, resembling an accordion, is also in the study. Upon finding evidence



a fireplace and chimney once existed in the study, the Andersons rebuilt both, according to original dimensions they discovered at the roof line and in the wall framing. There was no indoor plumbing, so that too was added during the restoration.

Past the staircase, the downstairs hallway leads to a dining room, the kitchen and off to the side, a bright sun room. The pine table in the dining room dates back to 1860. A hanging Victorian kerosene lamp fixture has been

Competent, Compassionate *Care*

Ron Calhoun, M.D.

Professional Association in
General Surgery

Minimally Invasive Surgery

Hernia Repair

Gallstones

Breast Disease

Soft Tissue Tumors

1010 E. Wheatland Rd
Ste. B • Duncanville

972-283-4100

Se Habla Español



**We support organ and
bone marrow donation!**



**August 1 is National Minority
Donor Awareness Day!**

**FREE 15-minute
Chair Massage**

on September 4, 2010, 1:00-5:00 pm

For registered organ or bone marrow donors.
Bring proof that you are registered as an
organ or bone marrow donor (donor card,
confirmation letter, or confirmation printout
from donate4exas.org or marrow.org)

Pittman Family Chiropractic Center

104 W Beltline Road, Ste 9 • Cedar Hill • 972-291-6102

MWF 9 am - 12 pm, 2 pm - 6 pm, Sat 9 am - 1 pm

(Minyard's Center next to Jewelry Box)

Welcome to Our **FABULOUS**

Full-service Hotel



**Perfect For Your
Banquets,
Family Reunions,
Church functions,
Quinceañeras**

**HOTEL
SUITES™**
of America

711 E. Camp Wisdom Rd
Duncanville, Texas 75116
972-298-8911 Ext. 500 • 972-298-8983 Fax
dallastx@hotelsuitesofamerica.com

Refrigerators • Irons/Ironing Boards • 27" TVs
Room Service • Shuttle Service Available • Shopping
Entertainment, restaurant on property, open
for breakfast and dinner

Saturday Night Special
King or Double Bedded Room ... \$49 + Tax
Good on any day including weekends

Weekly Special
King or Double queen bedded room
\$199. + Tax

TNT **Boot Camp**

Next session is August 9th!
Register NOW!

**YOU CAN'T
AFFORD TO
MISS!!**

Plyometrics
Core Strength
Circuit Training
Obstacle Courses
Weight Training
Kickboxing
& so much
more!!!

Now in Duncanville

To Register - tntbootcamp@gmail.com

Guided by Joï Mairêt CI-CPT

Tommy Murphy, Kickboxing Instr.



GRACE
Women's Center

Roderick P. Diggs III, MD. PA. FACOG
*Board Certified in Obstetrics
& Gynecology*

2800 East Broad St.
Mansfield, TX

Located in the Mansfield
Methodist Hospital Professional
Building, Ste. 214



- **ESSURE Permanent Birth Control**
- Normal & High Risk Pregnancies
- Treatment of Heavy Bleeding with Endometrial Ablation
- In-office, Minimally Invasive Surgeries

817-539-7240

www.gracewomenscenter.com



The Andersons' home was recognized as a historical property by the city of Cedar Hill in 2009.

Wait'll You Taste This!




**Buy Any Entree & 2 Beverages
& Receive 2nd Entree of
Equal or Lesser Value**

FREE

Not valid with any other offer. One offer per table.
Time-in only. Expires 8/10/10 • Maximum Value \$9.99



RED HOT & BLUE

106 East Highway 67 • Duncanville, TX 75137
972-296-RIBS (7427) • www.rhnbc.com

**Help a Child
with School
Supplies**

**New Patients only who
bring in \$20 of school
supplies will receive:**

FREE
Case History,
Exam and
Computerized
Spinal Scan

With ad. Expires 8/31/10
No charge in lieu of
school supplies.



PRO ADJUSTER

Dr. Lesa G. Ansell, D.C., R.N.
405 W. Beltline Rd. • Cedar Hill
972.291.1992
www.proadjusterchiropracticclinics.com

Follow us on Facebook & Twitter!





cast-iron bathtub with brass finishing, which the Andersons found in a shop in Evant, Texas. "Though we don't specifically travel to locate our finds, we seem to always come home with something. I don't want to call them junk shops or antique shops," she said smiling, "but you drive in the back country in Texas and you'll find a shop that has old things." Prints created by the couple's oldest daughter are also in the guest bath.

electrified. The kitchen, now filled with modern appliances, still retains an Old-World look, with wood cabinets, fixtures and the home's original windows. A small patent medicine bottle, resting on a window sill, was discovered under the house during its restoration. In the sun room, the couple has a Texas day bed aligned against one wall. Resembling a trundle bed, the piece gives the room a slightly rustic feel. A brass and copper light fixture hangs from the ceiling, while an antique pine chest serves as a coffee table. Five windows allow an abundance of sunlight to illuminate the room.

The Southern yellow pine stairway leading to the second floor is lined with lithographs of old farming equipment. At the top of the stairs, it is immediately noticeable how low the railing is — perhaps to one's knees — in comparison to today's railings. The ceiling height in the upstairs area, which features the master bedroom, a guest bedroom, bathroom and a room used as Nancy's study, is fairly low at about seven-and-a-half feet.

The guest bath features an old-fashioned claw foot,

Calming shades of blue and white decorate the guest bedroom with its queen-sized bed. A contemporary spread adds a modern touch in contrast to the formality maintained by a walnut chest of drawers. The couple's master bedroom was created by combining two original smaller bedrooms. Family photos line a shelf across from the bed David built. An enclosed claw-foot tub and an antique-style medicine cabinet accent the master bath.

The Andersons' home was recognized as a historical property by the city of Cedar Hill in 2009, with a plaque from the city now adorning the porch. "We debated about whether to go for the historical designation from the state or the nation. When you do that, you're limited on what you can do to the house on the exterior. We didn't know what we might want to do later, so we didn't go for it," Nancy explained. "But the city's historical designation doesn't limit you that way." Though the Andersons may not know what they want to do later, rest assured it will be historically accurate and lovingly done, just as everything else within the home has been done thus far. **NOW**

Get multiple discounts on your multiple policies.



I can help you insure more for less. With multi-policy discounts, the more you insure with Allstate the less you pay. To see how much you can save on coverage for your car, home, boat, motorcycle and more, call me first.



Bert Maxwell
(972) 224-9181
1510 N. Hampton, #280
Desoto
bertmaxwell@allstate.com



Allstate.
You're in good hands.

Insurance and discounts subject to terms, conditions and availability. Allstate Insurance Company and Allstate Texas Lloyd's Company, Northbrook, IL. © 2010 Allstate Insurance Company.

"The Shape of the American Dream"
Travel Trailers by
Casita
Aerodynamic - Sleek - Efficient



*It's almost Back-to-School time.
Come see us.*
Family Owned & Operated Since 1983

3030 S. MCKINNEY OFF I-45 (Exit 237 or 238 in Rice) • 903-326-4717
email: casita1@casitatraveltrailers.com • website: www.casitatraveltrailers.com



Northwood University students play basketball before this year's final exams.



Door prize winners for Chamber Night Out's "Christmas in July" pose at the Cedar Hill Recreation Center.



Megan Lynch smiles at the July 4th Red, White and Pool Celebration.



The Cedar Hill Chamber of Commerce welcomes Alpha Omega Plumbing with a ribbon cutting ceremony.



Several residents dress as cows in honor of Chick-Fil-A's Cow Appreciation Day.



Hearing Solutions

Do You Have Trouble Hearing?

- Latest in Hearing Instrument Technology
- 30-day Hearing Aid Trials
- Diagnostic Hearing Evaluations
- Hearing Aid Repairs
- Batteries and Hearing Aid Supplies
- Custom Swim Molds
- Insurance Welcome
- Medicare Accepted
- Satisfaction Guaranteed



Barbara J. Parker, Ph.D. CCC-A
Audiologist

www.swshc.com



Serving Your Community Since 1997

2715 Bolton Boone, Suite C • DeSoto, TX 75115
Near Charlton Methodist Hospital
972-572-5582

Our Goal is to keep your Family Comfortable!

Serving Southern
Dallas County
and all of Ellis County



For all your heating &
cooling service needs!

Family Owned
& Operated
Since 1987

Around
The Clock
Service Co,
Inc.



www.AroundTheClockAir.com

972-224-9795

972-937-3361

Licensed for your protection
#TACLA011892C



We have been serving
downtown Dallas since 1985 and
are happy to now serve our
hometown, Cedar Hill!
Dick & Teril Woodward

Where Locals Meet

Serving breakfast all day & lunch 11-2
Open 7:00 AM until 2:00 PM Monday – Saturday
Now Open 9 AM until 2 PM on Sunday



Our restaurant is available for private events —
with or without food service! We would love to
host your party so you won't have to!

Monday – Friday 7 a.m. until 10 a.m.

**Buy one Breakfast
Get one 1/2 price!**

With this coupon through August 31, 2010

Monday – Friday 11 a.m. until 2 p.m.

**Buy one Burger
Get one 1/2 price!**

With this coupon through August 31, 2010

In the new office building at **610 Uptown Blvd.** 972-293-9944
Behind JCPenney & across the street from Edible Arrangements
Members of the Cedar Hill, Duncanville and DeSoto Chambers of Commerce



Coaches from various schools pose at the announcement of the Florida vs. Texas High School Football Showdown location.



Winner of the Mayor's Annual Cow Chip Toss, Ellis Sherman, shows off his trophy with his friends.



Bobby Waddle, Roy Orr, Honorable Yvonne Davis and Honorable Wade Emmert pose during Mayor Waddle's farewell party.



Nothing like a water slide at Moseley Pool for summer fun at its best!



New councilman James Zander takes a picture with Marjorie Ford and Linda Butts.



Lions Club members and friends celebrating the 4th. Back row: Karen Ewing, Karen Victory, Karel Anne Tieszen and Sheila Penner. Front row: Bobby Hill, Terry Webb, Regent Jo Ann Caussey and Sandra Jo Raz.



**Aesthetic & Implant
Dentistry**

- Restorative Dentistry
- Cosmetic Dentistry
- Dental Implants
- Sedation Dentistry

Davis W. Morgan, DDS
Kandace R. Collins, DDS
972.723.5544
www.dfwsmileddesign.com

Accredited by ACCSC

pccenter

Professional Certification Center

Are you prepared?
Call PC Center

**DeSoto
Career School**
Medical and Computer Programs


Programs we offer:

- Medical Assisting
- Medical Office Assisting
- Business Administration Technology
- Computer Technician

Financial Aid for those who qualify

972.224.9800
 1229 East Pleasant Run Rd. #302
 DeSoto (1 block from I35 & Pleasant Run)

Night classes start Aug. 2
Fall classes start Aug. 23
www.pccenterdesoto.com



**Country Home
For Sale**

7181 FM 3383 Corsicana
 Just 7 miles outside Corsicana, near Emhouse.
 Blooming Grove ISD



Approx. 1800 sq. ft. 3br/1bath plus unfinished 4th bdrm or 2nd living area, white brick on +/- 2 fenced acres with in-ground swimming pool, large fenced backyard. 20X50 work shop with electricity.

New tile and carpeting. Large, open kitchen with plenty of cabinet/counter space and island, french doors to backyard. Nice sized bedrooms. Home is spacious. One large bath (12'X9.8') New A/C unit.

Metal shelter with pen for small farm animals.

11 thousand gallon pool with newer vinyl liner. Pump and timer are 2 months old. Pool house and three-level deck with veranda. Lots of flowers and plants surrounding pool area. Roof and some privacy fencing need some repair.

Great home for small family who enjoy spending time outdoors. Grazing room for a horse or two.

\$95,000
Debbie 254-694-2085 • 903-229-0127
or Troy 817-714-1057

Phases of Life **WOMEN'S
HEALTHCARE**

Raj Kakarla, M.D., F.A.C.O.G.
 Devi Sureddi, M.D., F.A.C.O.G.
 Caroline Hermann, C.N.M., M.S.N.

Our Board Certified Physicians have over 25 years experience. Whether it's delivering your baby or delivering comprehensive women's care throughout all phases of your life.



- We offer complete women's healthcare from early teen years through menopause and beyond
- Complete obstetrical care, including 3D sonograms done in our office
- Comprehensive care for family planning and menopause management
- Urinary incontinence solutions
- Outpatient hysterectomy
- Treatment for heavy periods (menorrhagia)
- Weight management counseling
- For your convenience minor procedures done in our office

Accepting New Patients • Same-Day Appointments Available • Convenient Evening Hours

Hours: M-W, Fri 9a-5p,
 Thurs 9a-7p

7999 West Virginia Drive,
 Suite A, Dallas, Texas 75237
 (Located on the north side of
 Methodist Charlton Medical Center)

972-296-4777

Accepting Most Insurances



Paul Studebaker proudly wears the crown for winning "Ugly Lion" of the Year.



The Acuna Family enjoys the Stars & Stripes Festival.



NOW Magazine Bowling team member Chris McCalla takes a break during Duncanville Bowling for Business.



Guests gather at the 2010 Civic Auction Kick Off Party at Kitchen's Deli in the Ben Franklin Apothecary.



Ms. Classic Duncanville Geneva Brightmon dresses up for the Yankee Doodle performance at the Stars & Stripes Festival.

*Your Personal Image
Is Our Success!*

Full Service Family Salon
Our Staff Is Experienced In:

- Latest Cuts & Styles • Perms • Color & Highlights
- Facial Waxing • **Airbrush Tanning** • Walk-Ins Welcome
- Heather is a Certified **Great Lengths Extensions Stylist**

**Need an Updo for a Wedding or other special event?
Call now to schedule your appointment!**

Summer Special
\$15 OFF Hilites
New clients only.

Split Endings Salon
972.291.7883
"Formerly the Hair Centre"
201 Bryan Place Cedar Hill
Corner of Straus Rd

**Dyslexia? ADHD?
Poor Grades?**

We can help. Founded in 1988 Master's Academy is a school designed to assist students who struggle in school. Master's is a non-denominational Christian school with small classes that gives individual consideration. The school is located at the Bread of Life Family Church.

Give us a call.

MASTER'S ACADEMY

706 Lakeside Dr. • Duncanville 972-780-2616
NOW ENROLLING 4-12
www.mastersacademyonline.com

Non-Discriminatory Policy: Master's Academy admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students of the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, or any other school administered programs.

Mister Sparky
America's On-Time Electrician™

America's On-time Electrician™
We're on time you'll see,
or the repair is free

**1-888-8SPARKY
972-283-9700**

- ✓ 35 years in business
- ✓ A+ Rating Better Business Bureau
- ✓ 24-hour EMERGENCY SERVICE
- ✓ 100% customer satisfaction guaranteed
- ✓ Straightforward Pricing® No Surprises
- ✓ All repairs GUARANTEED for 2 full years
- ✓ Licensed and insured
- ✓ Clean, courteous & professional service
- ✓ We fix your problem while we're there

Discover more about your
benefits & our
Services & savings
Log on to:
www.mistersparky.com

You'll be pleasantly surprised!

\$25 OFF
Any Service Call
Not redeemable on travel charge.
Only one coupon per call.
Expires 10-31-10.

\$50 OFF
Whole House Surge Protection
Not redeemable on travel charge.
Only one coupon per call.
Expires 10-31-10.

\$100 OFF
Panel Upgrade
Not redeemable on travel charge.
Only one coupon per call.
Expires 10-31-10.

License # 11692

VISA MasterCard AMEX DISCOVER



Strings Attached

— By Beverly Shay

Krisz Simonfalvi will never fulfill the anonymous quote, “Most of us go to our graves with our music still inside us.” Music has spilled from his soul since he was 6. Until he was 13, he played classical guitar. Krisz was surrounded by a very musical family. His brother is a classical flautist. Krisz studied piano, choir and music theory. “Everyone wanted me to become a concert guitarist, but I wanted to play sports, so I convinced my dad to let me, because I didn’t want to do music anymore,” confessed Krisz, who is a native of Hungary.

“My father told me I should do whatever I chose to do with the same commitment as I gave to music.” So Krisz switched to competitive flatland freestyle BMX. “I made it to the 1991 world championship in Denmark, placing fourth in my category,” Krisz grinned, recalling how he had given his full commitment.

Krisz received a foundation in truth at the church his father pastored in Budapest. His “hugely creative and musical” eldest brother, Zsolt, also influenced Krisz’s life. Yet Krisz did not really develop a heart for worship until Zsolt, who had gone through a rebellious phase, got saved around the time Krisz was 15. “His life changed drastically, giving me a shocking display of the Gospel in action. I found myself seeing truth for the first time, wanting my life to also reveal the truth I knew,” Krisz admitted. “When Zsolt died from leukemia a few years later, I realized just how influential he had been.

“Sitting in church one day I wondered, *If the guys I rode BMX*

with were to come here, would they find the message relevant? I knew then I needed to come back to music as a means of presenting the relevance of faith,” Krisz related. Pretty much self-taught from that point on, Krisz soon started his first rock band, “which went through several incarnations, creatively blending several genres of music.” The band members, Hungarian except for their lead singer from Detroit, were part of a group called YWAM (Youth with a Mission) based in Budapest, serving central Asia and Europe. “At the time, we were the most groundbreaking Christian band in Hungary, with song lyrics considered progressive and challenging in Europe.

“I wanted my music to be culturally and socially relevant, able to connect with people on a personal level, while retaining and growing in artistic creativity,” Krisz recalled. While the band’s momentum built, Krisz’s personal life was on the verge of its own momentum, one that would change his direction and location.

Krisz’s first trip to the United States was to be best man in his brother’s wedding in 1996. Lisa, a young native of DeSoto, was the maid of honor. Their immediate interest in each other was mutual and they married in 1998. Initially, they lived in Budapest, where Lisa learned the language and culture of Hungary. “Hungarian is a very complex language, probably closest to Finnish, not Germanic as many might expect,” Krisz explained. “Lisa speaks it fluently; it is our language at home.”

In 1999, they moved to the States for Lisa to finish school. “After praying, we felt it was time to lay everything down and see what new dreams the Lord might give me,” Krisz recalled. “It was a real change, leaving the urbane culture of Budapest and settling in Arkadelphia, Arkansas. There Lisa chose to attend Ouachita Baptist University, due to the strong music faculty, and I was introduced to American culture. We never did find a church where we felt at home.”

Returning to the Dallas area in 2001, they lived first in Euless, then moved to DeSoto, where they felt they “had come home.” Having his brother’s and Lisa’s families nearby added to the comfort. “Arkansas didn’t have much going on musically, but I had learned the creative audio-editing deejay side of music; the arranging and production part.”



Best of all, they returned to Lisa's home church, Trinity Church of Cedar Hill, where Krisz joined the worship team, volunteering as music director of arrangements and rehearsals. He also joined a Denton-based band called Ben Zephyr in late 2002, touring regionally. Their last album, *Red Means Go*, was



produced by Sam Taylor, who has worked with ZZ Top and Third Day, before the band dispersed in 2007. Since then, Krisz has concentrated on music production, starting a studio in his home, and teaching private acoustic and electric guitar lessons.

One huge highlight of his musical journey was placing second out of 10 top entries in a nationwide contest, which drew thousands of applicants: *Guitar Player's* Guitar Superstar on September 12, 2009. He received a standing ovation from a very prestigious panel of judges. "Of course, it was an amazing experience personally, but the best part was the Kingdom recognition. Being the only musician representing Christianity in the competition gave me the opportunity to show believers *can* write and perform artistically creative songs which portray the voice of the culture *and* the voice of God," Krisz remarked. "I believe we should not be 'Christian musicians,' but musicians who live out Christ's principles with integrity, honesty and authentic artistry and talent." **NOW**



Visual Expressions

creative art school
gallery & custom framing
1425 N. Hwy 67 Cedar Hill, TX 75104
www.veartgallery.com
Ph: 972-293-1117

come check out custom framing!
Where our everyday price is our competitors discounted price!
1800+ mouldings & mats, overseen by professional artist!

Sessions Sept. 13th
Adult, Teen, Kid 6 Week Classes

drawing watercolor oil
acrylic pastel mix-media
mosaic stained glass
creative clay pottery
textile sculpting design
animation photography

Art Parties & Date Night

GIFT CARDS
are available

early registration
6 WEEK CLASS ONLY \$169 &
KIDS 6 WEEK CLASS AS LOW AS \$76
Offer ends 8/28/10 so sign up today for the class of your choice. (Price does not include fee. Deal is not valid with any other offers or promotion).





Focus Daily News "Best Steakhouse"
Suburban Newspaper "Best Steakhouse"
Dallas Morning News / Neighbors Go
"Best Sunday Jazz Brunch"

Get one of our Famous Pancakes
with purchase of breakfast
Not valid with any other offer or discount. Tax & gratuity not included. No cash value, expires 8/31/10

RANCH STEAKHOUSE

Jazz Brunch every Sunday 11am-3pm
Breakfast served on Saturday & Sunday.
1435 Hwy. 67 • Suite 200 • 972.291.4530

Call about Manager's Special Discounts

Free Use of our Move-In Truck!

ABBY'S STORAGE
FREE TRUCK WITH MOVE-IN
972-293-5880
DENTON, TEXAS

- Climate-controlled Units up to 10 X 25
- On-site Managers
- Video Surveillance
- Individually Alarmed Doors
- Your Lock, Your Key
- 24/7 Computer-controlled Access

ABBY'S STORAGE
1150 S. US Highway 67 (exit Mt. Lebanon)
Cedar Hill, TX 75104 • 972-293-5880



Glenda Kay's Gifts & Collectibles

226 W. Daniels
Duncanville, Texas 75116
(972) 296-9898
glendakay@glendakays.com
Shop online: www.GlendaKays.com

Hours:

Tuesday – Thursday: 10:00 a.m. – 6:00 p.m.
Friday & Saturday: 10:00 a.m. – 5:00 p.m.



From left:

Glenda Kay Tankersley loves helping people find just the right gift. Some of the many unique crosses Glenda creates from wire and vintage jewelry.

A Place to Dawdle

A place to shop, relax, be inspired and leave refreshed.

— By Beverly Shay

“For 20 years I dreamed about having a little house I could make into a store; a pleasant place with a pleasant atmosphere where men and women could shop and rest and be refreshed,” Glenda Kay Tankersley remarked. “People I met while selling Avon in the ’70s and ’80s convinced me of a need for this type of place.”

Glenda’s dream has come true through a lot of hard work and a lot of faith. “I call it my gift from my two fathers,” she smiled. “My earthly father bought it, but my heavenly Father provided the dream and the fulfillment.” Glenda’s Hill Country-type gift shop is everything she hoped it would be.

The inviting shop, which opened in September 1999, located just off Main St. in Duncanville is indeed a treasure trove of gifts, trinkets, Texas items (including Texas Tech, A&M, UT Austin and, yes, OU!), Tyler candles, children’s clothing and

accessories, numerous baby gift sets and ever-so-many crosses. Glenda, whose only retail experience was at age 16, worked for 14 years in accounting and merchandise incentives for a travel company. Looking for a change, she decided to pursue her dream.

“I couldn’t have done it without the help of my husband, Michael. He remodeled the house (an eight-month project), which used to belong to my brother-in-law. I thought my mom would manage the shop, but one week before we signed on the property, my mother was diagnosed with colon cancer, and I became the full-time manager,” Glenda recalled. “But mom and dad were in the shop daily until they passed. This is the best inheritance I could have received.”

All four of Glenda’s daughters have worked with her in one way or another over the years. In fact, the many crosses found throughout the store were her daughter’s idea. “I may have the

best selection of crosses in the Best Southwest area,” Glenda considered. “I make the wire ones with vintage jewelry myself and can customize them with broaches or jewelry people provide. Glenda also sells vintage jewelry, wreaths and key chains, as well as some postcards and magnets.

“Due to my own experience with breast cancer, more than ever I desired the shop to be a place of comfort and ministry. I am happy to help customers select just the right card or gift from among our plaques with inspirational sayings or my hand-stitched pieces,” Glenda shared.

One of her daughters sews the sundresses and play clothes, and also makes headbands and barrettes. Fancied-



up flip-flops can complete the outfit. All sorts of decorative items and stuffed animals for boys’ and girls’ rooms round out the children’s area.

The shop’s kitchen is filled with colorful ceramic pieces, dishes, wine stoppers and embroidered tea towels. The bathroom displays Tyler Candle Company lotions and soaps along with embroidered hand towels, inspirational plaques and painted windows.

“Another of my daughters creates bracelets and stationary, while yet another worked in the shop for quite some time. My family has been very supportive,” Glenda beamed.

If you are looking for a unique and perfect gift, be sure to stop by in September, as Glenda celebrates her 11th anniversary with various specials. Even if you have been in the shop before, you will want to shop again. Every time you turn around there is something new to discover, and you will leave refreshed and inspired. “I really love what I do. I love Duncanville. But most importantly, I feel I am doing what God has directed me to do,” Glenda stated. **NOW**

Trying to get pregnant?

If it's been 12 months or longer, it's time to see a specialist. North Texas Fertility offers comprehensive testing and treatment, including Semen Analyses, Artificial Insemination and In Vitro Fertilization.

50% Off Sperm Counting

When you mention this ad. Offer Expires August 31.

1(877) 97-MYIVF • info@northtexasfertility.com

Follow us on Facebook

north texas fertility

North Texas Fertility
950 Scotland Dr.
Desoto, TX 75115

Is Your Fertility Protected?

North Texas Cryobank offers sperm freezing and storage for men:

- Prior to Vasectomy
- Undergoing Cancer Treatment
- In High-Risk Occupations (military, police, firemen)

ONE MONTH FREE

(with 1-yr storage agreement)
When you mention this ad, Offer Expires August 31.

950 Scotland Dr. • Desoto, TX 75115 • 1(877) 97-MYIVF

north texas cryobank

cryo@northtexasfertility.com

Hand Made Crosses

Can be customized with your special jewelry!

New Life Inspirations

Glenda Kay's GIFTS & COLLECTIBLES

226 W. Daniel @ Sante Fe, Duncanville TX 75116
972-296-9898 • glendakay@glendakays.com
Tues - Thu 11am-6pm • Fri & Sat 10am-5pm Shop online @ www.glendakays.com

Peace. Serenity...Home.

Where neighbors know their neighbors

803 Link Dr apt #11
Duncanville, TX 75116
972-298-5311

www.redbirdvillageapartments.com

Generous 50+ discounts!

A great home to call your own.

Call us today!

In The Kitchen With Faye Blackmon and Duncanville High School Culinary Students

— By Faith Browning

Since she was a young girl, Faye Blackmon has loved to cook. She learned most of her basic cooking from her homemaking teacher, Miss Hawkins. "She inspired me to continue my studies in home economics," Faye recalled. "Positive feedback on my cooking was an incentive to continue."

Faye now enjoys teaching many talented students in culinary arts at Duncanville High School. The program is balanced between teaching theory,

practicing skills and preparing for future education in culinary arts or even entry-level work. The class caters many different events, with several students who run businesses and participate in culinary competitions. This year, 24 participated at the regional level, with 11 moving up to state competitions. "We really stay busy," she explained. "We did not have any winners, but we got lots of experience!" **NOW**



CINNAMON ROLLS

Yields 8 dozen rolls. This is our most famous recipe and easy to reduce to a family-size recipe: just divide by four.

2 qts. warm water
2 cups granulated sugar
2 cups powdered milk
1/2 cup instant yeast
1/4 cup salt
6 eggs
7 1/2 lbs. all-purpose flour
1 1/4 lbs. shortening
1 cup cinnamon
8 cups sugar
1/2 cup butter, melted
ICING:

1 lb. confectioners' sugar
1/4 cup melted butter (Use real butter since it makes the best tasting icing.)
1 tsp. vanilla
1/4 cup milk or cream (This is flexible since you have to decide how thin you want the icing to be. If you want to use to ice a cake, use only 2 Tbsp. of liquid.)

1. Place warm water in the bowl of a floor mixer. Using the dough hook, start the mixer on low. Add the sugar, milk, yeast, salt and eggs. Mix until slightly blended.
2. Add about one-half of the flour to the mixture in the bowl and continue beating on low speed. Add in the shortening and continue beating on low. Gradually add in the remaining flour and when it is absorbed, mix on second speed for about 3-4 minutes or until the dough is smooth and elastic.
3. Remove the dough from the mixer bowl and place in greased pan. (We use baking spray, like Pam.) Place in a warm place; cover and let set until the dough doubles in bulk.
4. Punch down the dough, turn it out on a floured board and cut into eight equal pieces, or if you want to "scale" it (cut into exact segments), each piece will weigh a little less than 2 pounds. Let the dough rest for about 5 minutes and then roll out into rectangular shapes about 20 x 16-inches.
5. Combine cinnamon and sugar. Brush with melted butter or margarine and sprinkle with cinnamon sugar. Roll each of the eight dough rectangles up, then cut into 12 rolls per piece.

6. Place on 18 x 26-inch baking sheet lined with parchment paper. Return to warm counter and allow the rolls to rise again until they feel soft and spongy. Place in a 375 F regular oven or 325 F convection oven and bake until lightly brown and done, usually about 15 minutes in the convection oven and 25 minutes in a regular oven.
7. Combine icing ingredients. Remove rolls from oven and spread icing over the top while rolls are still warm.

SOUR CREAM CHICKEN ENCHILADAS

Vegetable oil
12 corn or flour tortillas
2 cups cooked chicken, cut into bite-sized pieces or shredded
1 med. onion, chopped
1 lb. Monterey Jack cheese, grated
SOUR CREAM SAUCE:

- 1/4 cup butter
2 Tbsp. flour
1 can or 2 cups chicken broth
1 cup sour cream (can use light)
2 jalapeños, seeded and chopped. (Handle carefully; do not touch face or eyes to avoid irritation.)
1. If using corn tortillas, heat about 1/8 to 1/4 inch oil in a large skillet and soften each tortilla by dipping it in hot oil; drain on paper towels. For flour tortillas, warm in oven or microwave.
 2. Fill tortillas with chicken, onion and cheese. Roll up and place in a large shallow pan, seam side down.
 3. Melt butter in 1 1/2 qt. saucepan over medium heat. Whisk in flour with a wire whisk. Remove from heat; whisk in broth, a little at a time, and stir until smooth. Return to medium heat and cook until sauce is thickened and smooth.
 4. Whisk in sour cream and cook until hot, being careful not to boil or sauce will curdle. Add jalapeños. Pour sauce over enchiladas; bake 20 minutes at 350 F. Makes 6 regular-size servings.

COUNTRY VEGETABLE SOUP

3 cups canned tomatoes, diced
1 cup beef stock
4 cups hot water

2 tsp. beef base
6 oz. chopped onion
3 oz. carrots, julienned
3 oz. celery, medium diced
12 oz. potatoes, medium diced
3 oz. okra, sliced
1 ear fresh corn, cut off the cob
Salt and pepper, to taste

1. Place first four ingredients in a large stockpot and start at high heat until mixture comes to a boil.
2. Add onion, carrots, celery and potatoes and simmer for 15 minutes.
3. Add okra and corn to the soup and continue cooking until all vegetables are fork-tender.
4. Salt and pepper to taste; garnish with a slice of lime and serve hot. Yield: 3 quarts or 12 1-cup servings.

BREAKFAST EXPRESS BURRITOS

This recipe is from Breakfast Express, one of our student-run businesses.

16 10-inch flour tortillas
1 lb. sausage
24 eggs
1/2 cup milk
2 tsp. salt
2 tsp. pepper
1 lb. cheddar cheese, grated
32 oz. salsa, portioned into 2-oz. portion cups

1. Place tortillas in the steamer for 5 minutes or until completely heated, hold at 140 F.
2. Cook sausage until completely done.
3. While the sausage is cooking, mix eggs, milk and seasoning until well-blended. Add egg mixture to the sausage and continue cooking until the eggs are soft cooked. Place about 1/2-3/4 cup of filling and 1 oz. grated cheese in the heated tortilla and wrap. To wrap, place the filling in the middle of the tortilla, fold the bottom half of the tortilla over the filling and tuck in the sides. Continue folding until the burrito is complete. Wrap in a foil wrapper and place in a warmer to stay hot.
4. Serve a portion of salsa with each burrito order.

To view more of your neighbors' recipes, visit our Web site at www.nowmagazines.com.

Building Champions with a
Future and a Hope

**Tuition
FREE!**



- Accredited by the State of Texas and the Texas Education Agency
- Low student-teacher ratio
- Gifted & Talented, Pre-AP, AP Courses
- Creationism & Intelligent Design
- Teaching America's founding principles
- High School Bible elective, A Beka phonics-based reading program (K-2)
- 3 out of 4 of our sites were former private Christian schools
- Dual credit with local colleges
- UIL sports, fine arts and club activities
- CTE (Career & Technology Education)
- Character Teaching
- Certified and Degreed Teachers

**ENROLLING NOW
for 2010-2011!**

Advantage Academy

A PUBLIC CHARTER SCHOOL

Waxahachie (K-12) 972-937-9851 • Grand Prairie (K-12) 972-262-6944
Rowlett (K-8) 972-412-7761 • North Duncanville (K-8) 214-276-5842
www.advantageisd.com



*Vitamin Therapy
Facial & Reflexology*
Two Therapists in-sync ... too good!
\$120.00

*marveLASH bar
and Day Spa*

Gift Certificates Available - www.marvelashspa.net
305 W. FM 1382 #704 • 972-291-9292

SEW SOUTHWARD Kidz Sewing Camp

Beginners learn sewing basics and complete 3-5 projects. Machines provided, or students may bring their own.
Only 1 Session left for summer:
Aug. 9-13
9 am- noon • Fee \$125 - \$225
* includes bernette 46 (msrp \$149.)

SEW SOUTHWARD BERNINA
1615 N. Hampton Rd at Wintergreen, Ste. 190
Conventionally located in Clocktower Center
972-780-1783 • www.sewsouthward.com

**BACK-TO-
SCHOOL
SALE!**



**2 PAIRS OF
GLASSES**
Only \$119

Some restrictions apply. See store for details.
With coupon only. Expires 8/31/10

We carry designer brands such as:
COACH, RALPH LAUREN, DKNY,
POLO, CANDIES

- Prescription Eyewear
- Sunglasses
- Contact Lenses
- 1-hr Service Available

Most insurances accepted: Spectera,
EyeMed, SuperiorVision, DavisVision
and many more ...

**CLARITY
OPTICAL**



140 W. FM 1382 Ste. 150
Cedar Hill
(in the Cedar Hill Town Center)
972.293.6444

TOD Agreement Can Reduce Hassles for Heirs

Among the reasons you work hard all your life may be so you can leave something to your children, grandchildren or other family members. So, naturally, you'd like to make it as easy as possible for your heirs to take possession of those assets you want them to have. And that's why you may want to consider establishing a Transfer on Death (TOD) agreement on certain accounts.

Once you've established a TOD agreement for your account, ownership of the assets held in that account pass directly to the designated beneficiaries, bypassing probate. Why is this important? Because probate has three major drawbacks:

- **It's time-consuming.** If your estate has to go through the probate process, it could easily take a year or more for your assets to be distributed to your heirs.

- **It's expensive.** Attorney and court fees could devour up to five percent of your estate's value — which means fewer assets going to your loved ones.

- **It's public.** The probate process is open to everyone. This means anyone can obtain a copy of your will, the names and contact information for your heirs, the inventory of assets and other documents filed as part of the probate proceeding.

As you can see, you've got some good reasons to avoid probate — and a TOD agreement can help. Of course, a TOD agreement can't meet all your estate-planning needs. While it may be particularly useful in helping you bequeath specific financial assets, such as stocks, bonds and other assets held in your brokerage accounts, it can't help you deal with estate taxes or address other complex estate-planning issues.

And that's why you also may want to consider creating other estate-planning tools, such as a revocable living trust. Similar to a TOD agreement, a revocable living trust allows you to leave assets to your heirs without going through probate. Furthermore, when you set up a revocable living trust, you can control your assets during your lifetime and determine how they will eventually be distributed to your heirs. You could, for example, have money distributed to your children or grandchildren in installments, over a period of years. Many people like having this ability, especially if they are unsure of the money management skills or maturity level of their heirs. Plus, a properly established revocable living trust will carry out your wishes if you become incapacitated. Be sure to consult with your legal advisor to see if a revocable living trust is appropriate for you.

While a TOD agreement can't take the place of all estate-planning tools, it can complement them. And a TOD agreement offers another feature that can prove valuable: flexibility. Specifically, you can revoke or modify your TOD agreement at any time in response to changes in your life or family circumstances.

To determine if a TOD agreement is appropriate for your needs, contact your tax advisor or legal professional. It's taken you many years to accumulate your assets, so take some time to help ensure they end up where you want them to go. **NOW**

Contributed by the Edward Jones representatives in Cedar Hill. Edward Jones, its employees and financial advisors do not provide tax or legal advice. Please consult with your qualified professional regarding your situation.



FREE Carbon Monoxide Test
with furnace inspection (*\$85 Value)

OR

15% OFF
Service or Repairs
(All makes & models)

For discount, mention this ad. Limited time offer.



Essential Services
Quality A/C & Heating Services
Call 469-371-5727

Accredited Business
TAGLAP 26024E

**DO YOU HAVE ALLERGIES?
NO DRUGS,
NO NEEDLES**

Call For your
FREE Consultation
Dr. Glenn Dooley D.C.
630 N. Hwy 67 Suite 7
Cedar Hill, TX
972-291-3466
www.doctordooley.com



trinity church
of god

Sundays
9:00 and
10:45 am

1231 E. Pleasant Run Rd.
Cedar Hill 972.291.2501
www.trinitychurch.org

YOU RIGHTFULLY EARNED IT. NOW RIGHTFULLY KEEP IT.

Looking to keep more of your income and cut your taxes?
Then tax-free municipal bonds* may be for you.

*Bonds may be subject to state, local or the alternative minimum tax.



Charles D. Peyton, AAMS
Financial Advisor
875 Straus Rd., #300,
Cedar Hill, TX 75104
972-293-2010



Victor Sobers
Financial Advisor
610 Uptown Blvd., #2400
Cedar Hill, TX 75104
972-293-6022



Darryl L. Fenton
Financial Advisor
104 W. Beltline Rd., #10,
Cedar Hill, TX 75104
(In Maynard Shopping Center)
972-291-6685

Call or visit your local financial advisor today.
www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

735 NORTH HWY. 67
CEDAR HILL
(972) 293-9612



**PRESENT THIS AD & RECEIVE A
FREE APPETIZER
WITH THE PURCHASE OF AN ADULT ENTREE**

Not valid with any other offer or discount. Tax & gratuity not included. 1 coupon per party of 4. Value up to \$7.99, no cash value. Offer only valid at the Cedar Hill location. Expires 12/31/10.

BACK-TO-SCHOOL SPECIAL

**FREE
ENROLLMENT**

Snap
FITNESS-24/7

fast • convenient • affordable

Call Now: 972-572-9993
723 W. Wheatland Rd. • Duncanville
(Near Tom Thumb in The Village Shopping Center)

Ask about family specials. Limited time only! Offer expires 8/31/10. Some restrictions may apply. Stop by for details.



Invest in your child's future!
Did you know that the Class of 2010 received over \$1,200,000 in college scholarship offers?

Currently enrolling for the
2010-2011 school year!

THE CANTERBURY EPISCOPAL SCHOOL

Co-ed Private School for Grades K-12
1708 N. Westmoreland Road • DeSoto
972-572-7200 • www.TheCanterburySchool.org

\$50 off the Application Fee
with this ad
Visit the campus today!
Offer Expires 8/31/10

SCOLIOSIS

— By Betty Tryon, R.N.

It could not happen at a worst time — a diagnosis of scoliosis right before puberty. Scoliosis is an abnormal sideways curvature of the spine. The progression of the atypical curvature happens most often during the growth spurt of the teenage years. Children commonly compare themselves to others and a condition that causes physical deformity such as scoliosis can severely impact the emotional well-being of a young person on the cusp of adulthood. At a time when they struggle with normal body-image issues, they must now

face the prospect of contending with a condition that will alter the physical shape of their body.

The most common type of scoliosis is Adolescent Idiopathic Scoliosis (AIS). Idiopathic means the cause is unknown although there is some evidence of hereditary factors contributing to this condition. Many children with AIS do not experience pain. It is when the spine curves beyond its normal range that the child and others will notice a problem. A beginning clue that something is wrong may be one leg seeming to become

longer than the other one, which would cause clothing not to fit properly. When bending over, the curvature of the spine is more noticeable as one shoulder is higher and protrudes more than the other one. There will be visible curving of the spine to either the right or the left. A serious case of scoliosis can alter the chest cavity and affect the person's breathing capacity. Left untreated, the deformity could become severe; however, with proper treatment there is a good possibility that progressive curvature can be stabilized as the child grows. A brace properly prescribed and worn will help the condition from worsening. The brace may have to be worn until skeletal maturity and the bones stop growing. In some cases, surgery is necessary to straighten and provide support for the spine.

As the spine curves and becomes more noticeable, the child's body image shifts also. Significant psychological distress may be noted. Some children complain of feeling isolated socially and not having many friends. A treatment plan for the physical condition should consider their emotional well-being as they often have low self-esteem. Providing a support group for pre-teens and teens would give them an outlet for their frustrations. In addition, speaking with other kids who have successfully undergone treatment and/or surgery could give them a great boost of confidence.

It is important for parents to understand all of the risks and benefits associated with any treatment plan. Understanding what is happening gives the family more options for an optimal outcome. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.



FREE Home Security System

**\$850
VALUE**

at NO COST to you for parts and activation with only a \$99 installation fee and the purchase of alarm monitoring services. Not a cashback offer.

DFW's ADT Authorized Dealer Locally Owned and Operated



Benefits

- Peace of Mind
- Complete customized security solution
- Save up to 20% on your homeowner's insurance
- 24/7 Protection



SecureX Protective
SERVICES

888-TEXAS-70

www.securexps.com



This is the latest home security technology available!

Choose one of the packages below that fits your needs. With only a \$99.00 Installation Charge and Low Monthly Monitoring with ADT. Call!



- 3 - Doors/Windows
- 1 - Motion Detector
- 2 - Keychain Remotes

SecureX Package A



- 3 - Doors/Window
- 1 - Motion Detector
- 2 - Keychain Remotes
- 1 - GSM Radio

SecureX Package: B

No Phone Line
Required



- 3 - Doors/Window
- 1 - Motion Detector
- 2 - Smoke Detectors
- 1 - GSM Radio

SecureX Package: C

Insurance Protection
Discount Premium

Fire Alarm License ACR-9265

Package A: \$99 Customer Installation Charge. 36-Month Agreement required at \$35.99 per month (1,295.64). Form of Payment must be by credit card or electronic charge to your checking or savings account. Offer applies to homeowners only. Local permit fees may be required. Satisfactory credit history required. Certain restrictions may apply. Offer valid for new ADT Authorized Dealer customers only and not on purchases from ADT Security Services, Inc. Package B and C available at other rate plans. Cannot be combined with any other offer. TX License 815465

Joe W. Potter,
DDS, PA

Brandon K. Florence, DDS



- General & Cosmetic Dentistry
- Experienced Friendly Staff
- Digital Radiography
- Whitening
- Diagnodent (early decay detection)
- ViziLite (oral cancer screening)
- Appliances (snore guard, headaches)
- Conscious Sedation
- Most insurances accepted



207 W. BELTLINE ROAD
CEDAR HILL, TX 75104
(972) 291-1501

972-291-1501
www.joewpotterdds.com

FREE BUFFET!

This coupon entitles you to a
FREE ADULT BUFFET
with the purchase of an Adult Buffet and 2 Drinks!

Not valid with any other offer. Expires 8/31/10. Coupon accepted from Southwest NowMagazines only.

Coupon valid only at these 2 locations:

303 S. Cedar Ridge • Duncanville • 972-283-4999
140 W. FM 1382 • Cedar Hill • 972-291-7888

New Patient Specials

Free Whitening

with completion
of x-rays & exam

Accept most insurance plans

216 DALTON DRIVE
DeSOTO, TEXAS 75115
(972) 274-2900
(972) 274-2024 FAX

JOHN H. KNOWLES, D.D.S.

SPECIALIZING IN FAMILY & COSMETIC DENTISTRY

Invisalign
Orthodontic
Treatment

GETTING YOUR TREES READY FOR WINTER

— By Nancy Fenton



Did you notice how many limbs some of the trees lost this year? Let's talk about what happens when trees are not pruned on a regular basis. The worst case scenario would be for a rather large branch to drop through your roof or on your car! The second worse incident would be for the falling limbs to take out electricity or close bridges and roads. We may not like it, but our local utility companies and counties have to pick up the slack when safety becomes an issue. Let's face the reality; tree trimming can be a costly procedure, and if we do not do it ourselves, someone has to.

The county and the utility companies do not cut the limbs over your roof, but they do protect the lines that power our homes as well as the roads on which we drive. They have a lot of territory to cover, and it is an economic reality that they will move through as quickly as possible. Each one of us could pick up the cost of having our trees trimmed the way we want it done — as long as the safety issues were addressed. All it takes is a plan and a phone call to the utility or the county. Hey, it saves them time and money, so they would be delighted to see the homeowner/landowner take care of it.

Most of the trees around our homes are the slow growing, beautiful ones like live oaks, maples, burr oaks and pecans. Hackberry trees, poplars and cedars are fast-growing and short-lived. Even though they may look awful when the utility or county workers are forced to cut them back, they will cover the road again in two years if not “whacked back” again. Of course, any landowner has the option to trim back any trees on their property. The county and utility companies only do it to keep us safe on our public roads. The pictures taken on our public county roads may look bad right after the trees are trimmed in the spring, but drive back by in the summer months, and you will see lush growth everywhere.

This is the month to start scheduling your own tree trimming if you do not do it yourself. The first freeze is usually around Thanksgiving, and you do not want to be cutting on your trees anytime after October 1. The trimming stimulates growth, and you do not want the freeze to really damage your trees. Call a licensed and insured tree service now to get on their schedule, and get ready to sit back and smile as others scurry to repair roofs, get electricity turned back on and even to get out of their driveways when the big storms come! **NOW**

Nancy Fenton is a Master Gardener.

Handy Man Crew

WE CAN DO IT ALL!

- Fence Repair & Installation
- Paint - Interior & Exterior
- Custom & Rough End Carpentry
- Tile Installation & Removal
- Wood & Laminate Flooring Installation
- Tree Trimming & Removal
- Tape, Bed & Texture

No Job Too Large or Small
We Honor Competitors' Coupons
Quality Service at Affordable Pricing

**Mention This Ad
for 10% Off**

469-569-5431



Providing urological care for healthier lives.

R. Carrington Mason, DO

Allan C. Van Horn, MD

Michael D. White, F.A.-C



Jeffrey C. Toubin, MD

Siddharth G. Jain, MD

Are bladder control problems keeping you from enjoying life?

Do you experience:

- frequent and uncontrollable urges to urinate
- involuntary loss of urine
- sudden, intense urges to urinate
- urge to urinate, but simply can't
- getting up two or more times a night to urinate

Over 30 million Americans, both men and women, experience one or more of these symptoms. These symptoms may indicate an overactive bladder or a type of urinary incontinence.

There are several treatment options available to help you regain control of your life.

Call and schedule an appointment today.

2705 Prince George Ave.
DeSoto, Texas 75115
972-780-0480

1411 N. Beckley Ave.
Pavilion II Suite 464
Dallas, Texas 75203
214-948-3101



**SOUTHWEST
UROLOGY
ASSOCIATES**

Accepting most major insurance plans. Hours: Mon- Fri 8:30-5
www.southwesturologydallas.com

FORBES Ratings Place Prosperity Bank shares #4 among All Banks
"Asset Quality" "Safety and Soundness"



PROSPERITY BANK

Real bankers... not just a bank.

**Very Low Rate Homestead Mortgage
Products No Points or Origination Fees**

- Financing Available for Existing Businesses and Churches
- Consumer and Commercial Loans and Much More...
- "Texas Based... Texas Strong"

STEPHAN WALLACE
CEDAR HILL BANKING CENTER
217 E FM 1382 • CEDAR HILL, TX 75104
www.prosperitybanktx.com

NASDAQ: Ticker Symbol PRSP



ALL EYE & OPTICAL CARE

Dr. Rajiv Rugwani

We accept most vision and medical insurance including Medicare.

- Complete Eye Exams
- Contact Lens & Eyeglass Prescription
- Diabetes Eye Care
- Cataract Surgery
- Glaucoma Treatment

Back to school SALE!
**20% - 50% off on selected
frames or sunglasses**

Now
scheduling
back-to-school
exams!



800 N. Hwy. 77, Suite 100
Waxahachie • Next to HEB
972-937-4433 • 972-923-3399

www.AllEyeCare.com
www.AllOpticalCare.com

Whirled Fibers
Natural and Organic Fiber Crafts

Start your Christmas List today!
Gifts from the Hands are
Gifts from the Heart!

Hours: Thurs. & Fri. 5-9
Sat. 9-5 • Sun. 2-5 pm.
Closed Mon. Tues. and Wed.

363 W. Camp Wisdom • Duncanville, TX 75116
469-836-4274 • www.whirledfibers.com

Yarn, Fiber, Spinning & Weaving Supplies

Mondays

Parkinson's Group: exercise class: 6:30-7:30 p.m. first three Mondays; last Monday: support group: 6:30-8:00 p.m. at Trinity UMC, 1302 S. Clark Rd., Duncanville. (972) 298-4556.

Second Mondays

Diabetes Support Group: 6:00 p.m. at Methodist Charlton. (214) 947-7262.

Tuesdays

Senior Access Tai Chai classes: 8:00-8:45 a.m. at Methodist Charlton. Cost: \$6. (214) 947-4628.

Sound Options Pregnancy Center parenting class: 6:00-8:00 p.m. RSVP (972) 230-8101.

Second Tuesdays

The Dallas Area Writers Group: 7:00 p.m. at CH Library. Visit dallaswriters.org.

Wednesdays Through September 1

DeSoto library's computer classes: 6:00-7:00 p.m.: 4th: Logging in and using the library's wireless connection; 11th: Using the computer desktop; 18th: E-mailing and e-mailing with attachments; 25th: Searching the Internet; September 1st: Searching the library's database. Registration is required and can only be made the week before each class at (972) 230-9661. DeSoto Library card required. Cancel if unable to attend.

Thursdays

Sound Options Pregnancy Center parenting class: 4:00-6:00 p.m. RSVP (972) 230-8101.

Free Immunization Clinic for ages 2 months to 18 years, sponsored by CareVan: 5:00-7:00 p.m. (no appointment necessary) at Trinity United Methodist Church, 1302 S. Clark Rd., Duncanville. (972) 689-8285. (Clinic runs through Nov. 16.)

Third Thursdays

Visual Artist of Cedar Hill (VACH): 7:00-9:00 p.m. at the Creative Arts School for ages 18-plus, 1435 N. US-67 S. (at The Ranch).

Fridays

Walking program: 9:00-10:00 a.m. at Methodist Charlton, conference room 6. (214) 947-4628.

First and Second Fridays

Line dancing in the Methodist Charlton auditorium: 11:00 a.m.-noon. Reservation required: (214) 947-4628.

Second Saturdays

Baby Boutique Resale: 9:00 a.m.-1:00 p.m. at Sound Options Pregnancy Services (972) 230-8101.

Third Saturdays

Cedar Hill Star Party: sunset-11:00 p.m. at J. W. Williams Park, 1605 High Pointe Ln. (972) 291-1505.

Ongoing

DS library is offering free adult literacy classes in partnership with Oak Cliff Bible Fellowship (OCBF). One-on-one classes taught by trained volunteers at the library. Stop in or call (972) 230-9661. More volunteer instructors needed; call OCBF (972) 228-0872, ext.1600.

All Summer Long

Duncanville Recreation Center, 201 James Collins Blvd. is offering numerous fitness and enrichment programs for children and adults, including CPR training, ZUMBA, yoga, self-defense training, karate, dance and cheer, ballet, fencing, guitar, scrapbooking, swing dancing and more, which can be found at www.duncanville.com/recreation. Note: now closed on Sundays; Monday-Friday: 6:30 a.m.-9:00 p.m.; Saturday: 9:00 a.m.-5:00 p.m.

CH Rec. Center programs and camps: free summer food, sticks for kids golf, mad science camp, modeling, basketball, beyond physical fitness, chess, teen design, art, belly dancing (for women only). (972) 293-5288 for details, dates, cost and registration.

Through August 9

Tennis lessons for children ages 4-16 at Crawford Park, 401 Straus Rd. (Mon.-Thurs. mornings). Fee: \$35/week (4 lessons). www.cedarhilltx.com or (972) 291-5130.

Through August 13

Free summer food program (Mon.-Fri.) for children 17 and under at the CH Rec. Center; breakfast: 8:30-9:30 a.m.; lunch: 12:30-1:30 p.m.; snack: 3:30-4:30 p.m.

N.I.A. Kids Youth Service Organization, Inc.-sponsored free lunch and snack program (Mon.-Fri.) for children and youth 1-18 years old at 901 N. Polk, Suite 380, DeSoto (between Beauty Town and Dollar General). Lunch: 11:00 a.m.-12:30 p.m.; snack: 3:30-4:15 p.m. Groups of 10 or more must call ahead (972) 228-8381.

Through August 22

Crawford Park Pool in Crawford Park, 401 Straus Rd., Cedar Hill open: 7 days/week: 1:00-6:45 p.m.; senior swim: 12:00-12:45 p.m. daily. Cost: \$2/person per entry; \$50/individual season pass. Lessons/party rental available: (972) 291-5130.

August 3

Duncanville Library presents Sandy Shroust's puppet show: "The Three Little Pigs": 7:00 p.m.

August 5 and 19

Come CHAT with us; join the Cedar Hill Action Team as they link information of all the after-school activities available for the children: 6:30 p.m. in the Training Room of the Government Center. (972) 742-1971.

August 9

Cedar Hill library's Family Reading Night with surprise celebrity reader: 6:30 p.m.

August 19

Cedar Hill library presents a program on diabetes entitled "Lifestyle Steps to Help Manage your Diabetes": 6:30 p.m. presented by MERCK at no cost. Please call (972) 291-7323, ext. 1313 a week ahead to register.

August 13

Flick -N- Float: 8:00-10:00 p.m., at Crawford Park Pool, 419 Straus Rd, Cedar Hill. Cost: \$2/person. Relax, swim, float on your raft and enjoy family-friendly movie, *Shrek I*; pizza and other tasty foods for sale. (972) 291-5130.

August 14

Join the Duncanville Recreation Center and Library in celebrating 10 years: 9:00 a.m.-5:00 p.m. Open house all day with cake and refreshments, face painting, class demos, raffle and door prizes and a Professor Brainius Show. 201 James Collins Blvd. (972) 780-5070.

Lancaster's 2nd Saturday on the Square presents Back-to-school Festival: 10:00 a.m.-4:00 p.m. at City Park, 211 W. Beltline Rd. featuring BSW Idol auditions for all ages, 10:30 a.m.-1:00 p.m. All singers welcomed. Event held on September 11. Call (214) 912-6573 or (214) 774-7503 for more information. Other children's activities also available. www.2ndsaturday.yolasite.com.

August 24

CH library Computer Basics: 2:00 p.m. and Research Your Competitors/Target Your Job Search with ReferenceUSA: 7:00 p.m.

August 28

Kid's Fishing Day: 9:00 a.m.-noon. at Briarwood Park, 1625 W. Belt Line Rd. for children 14 and under; must be accompanied by adult. Registration begins August 11 at DeSoto Recreation Center; cost: \$5. Bring your own gear; no license required. Prizes for largest fish caught according to age. (972) 230-9651.

Healthy Teeth ...



CLARK DENTAL GROUP

E. GLENN CLARK, D.D.S.
BRIAN CLARK, D.D.S.

211 W. BELT LINE
CEDAR HILL, TX 75104
972.291.4281
www.BrianClarkDDS.com

Another Reason to

SMILE

Making your kitchen dreams a reality...



We specialize in granite and quartz, kitchen and bath countertops, tile backsplash and bathroom remodels. We also have do-it yourself bathroom vanities.

*Competitive Pricing ~ No Hidden
Waste Charge
Extensive Color Selection Combines
Beauty, Function & Elegance to any kitchen*

*Up to 15 Year Warranty on Certain Products
Free Estimates*

Showroom Hours: Mon-Fri 8am - 5pm Sat. 10am - 2pm

ZODIAQ
QUARTZ SURFACES

viatera

caesarstone
Quartz Surfaces

Silestone

2460 Hwy. 287 N. • Mansfield • 817-477-8663 • www.MTMCOUNTERTOPS.com



MTM

FREE OR **FREE**
Tile Back Splash Stainless Steel Sink
(up to 30 sq. ft.) In-stock Color Selection (Value up to \$350 call for details)
Material Only 18 gauge Stainless Steel

Save time online ...

www.tucforme.com ezMD



From left to right: Dr. Ceeley Thomas, OB/GYN; Dr. Cecily Jones, OB/GYN; Dr. Gayle Smith-Blair, Psychiatrist (behind); Dr. Catherine Thomas, OB/GYN; Dr. Donald Blair, OB/GYN (behind); Sharon Roberts WENP; & Gina Vincent WENP

◆◆
TRINITY
Women's Center
Compassionate care for every stage of a woman's life

Open Monday - Friday
Most insurance accepted. Se Habla Español.

Dallas Methodist 214.948.7779
221 W. Colorado Blvd • Suite 431 Dallas TX 75208
Methodist Charlton 214.446.1240
3450 W. Wheatland Rd. • Suite 235 Dallas, TX 75237