

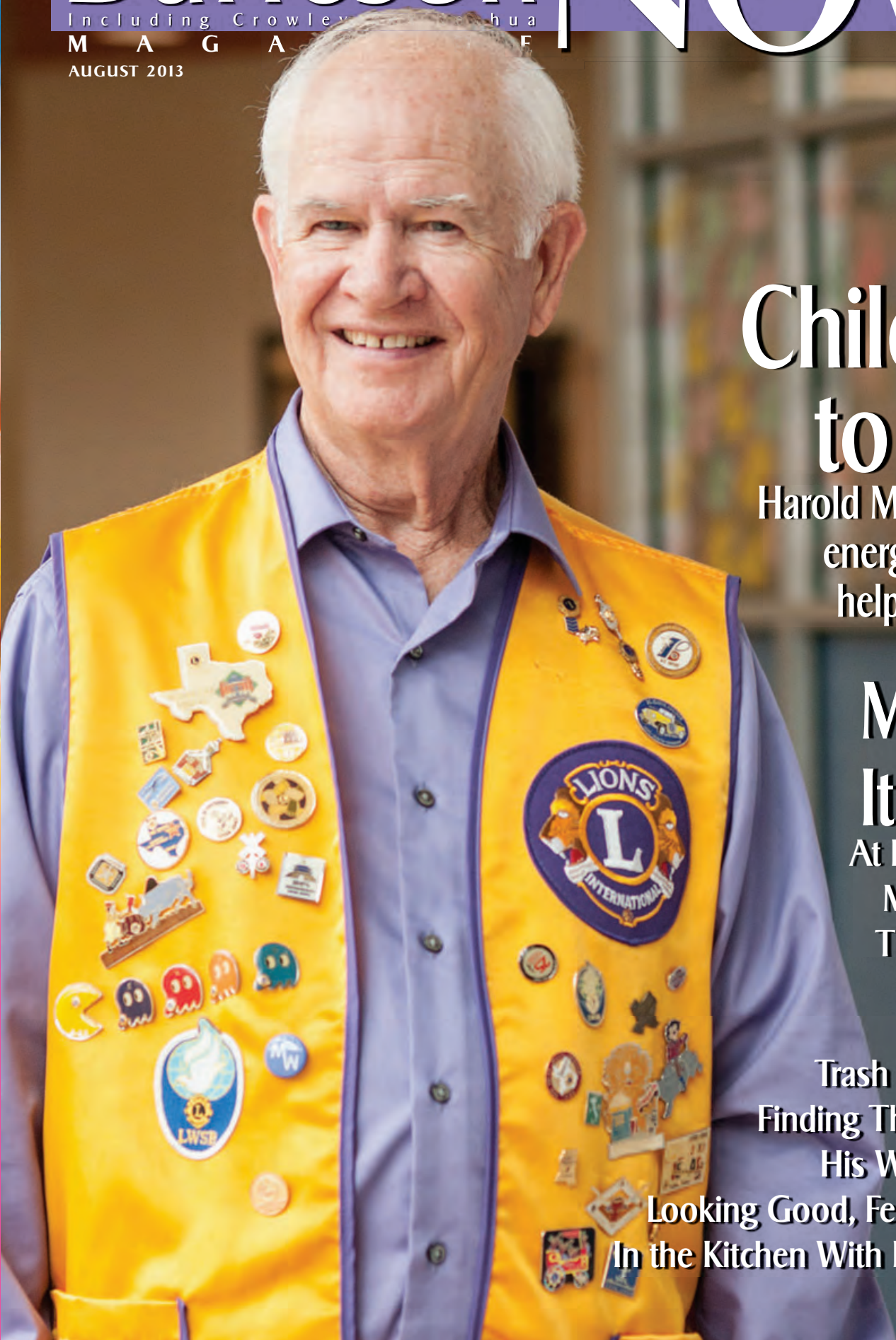
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Harold Moore serves with a vision for every child's success.

Photo by Jennifer Spears.

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Editor's Note

Hello Burleson, Crowley and Joshua!

The heat is on. Forecasted highs of 95-100 F have already been exceeded too many days to count. And I love it! Yeah, I've had my Freon recharged in my truck. Yet for all my toxin-releasing, body-cleansing sweat throughout the day, I am in heaven every morning during our wonderfully long, hot summers. I enjoy the post-dawn coolness that is actually 72 F, just the way I like it. I can take my Bible and my coffee and sit in my lounge chair

under the blooming crape myrtles and really relax. The dew burns off while a slight breeze blows, and I get little goose bumps that are immediately soothed by a deep breath and thanksgiving. Being a cold-natured person, I'll be driven back indoors for morning meditations in a few months. For now, I'm reveling in our beautiful, beautiful Texas.

Stay Cool!

Melissa

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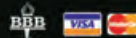
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FOR CHILDREN TO SEE

— By Carolyn Wills

The day Harold Moore moved to Burleson was a good day. The year was 1971, and he arrived as the new Burleson Independent School District assistant superintendent. He served in that position for 11 years and, then as principal of what is now known as Academy at Nola Dunn for 14 years.

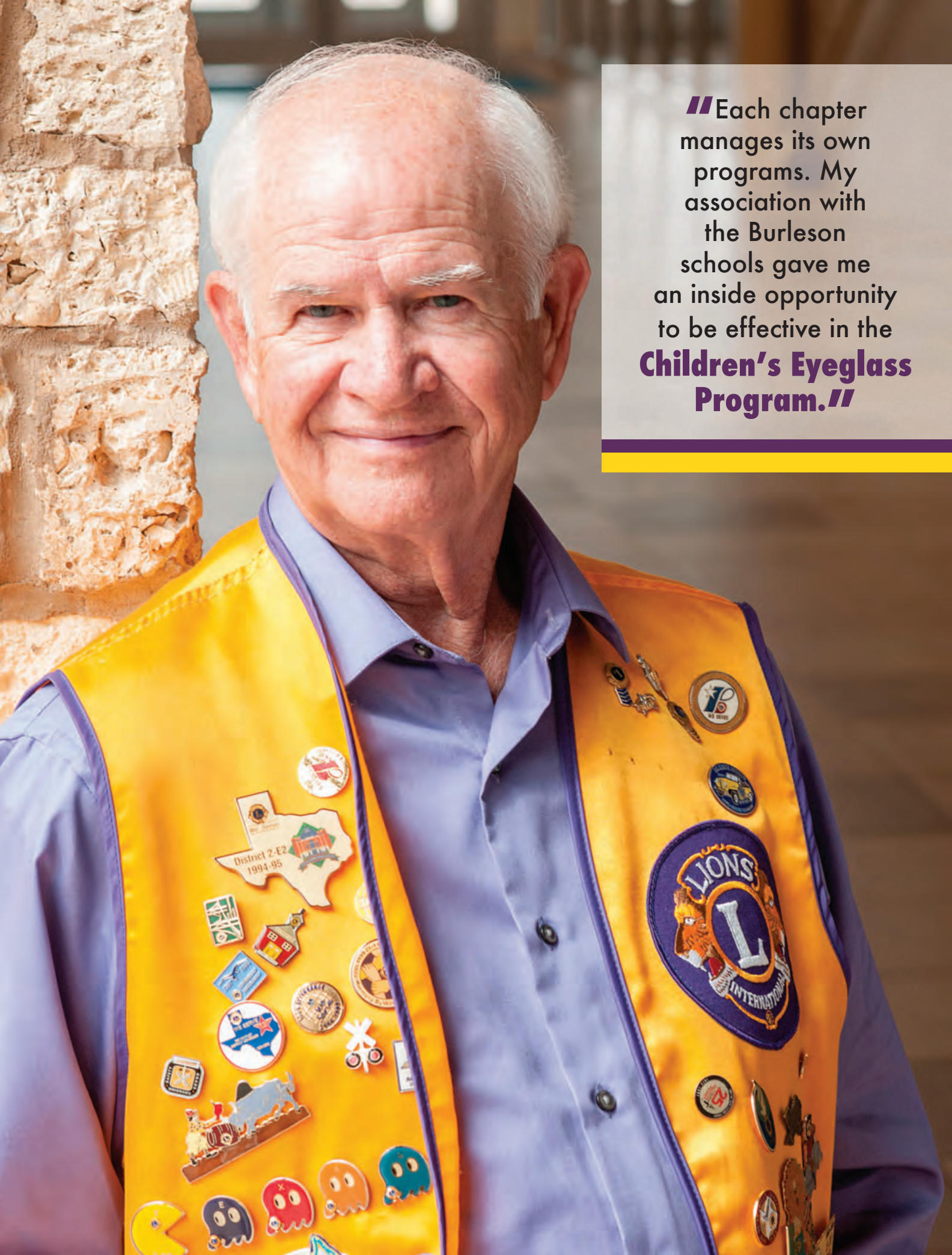
He also began another special journey. Harold joined the Burleson Lions Club and devoted many years to helping children who needed eyeglasses to see more clearly and whose parents could not afford to provide them. Harold is retired now from

the Burleson Independent School District, yet his involvement with the Lions Club Children's Eyeglass Program and the program itself are more energized than ever.

"I moved to Burleson when Bill Stribling was named superintendent," he smiled. "Bill and I had worked together in Mt. Vernon where I was the elementary and junior high school principal." The two friends and educators had each been members of the Rotary Club in Mt. Vernon, so as newcomers in Burleson they quickly searched for a local service club and decided to join the Burleson Lions Club.

The Lions Club is a huge international organization with a membership of 1.35 million and some 46,000 chapters. In fact, it is the world's largest service club. At their 1925 international





“Each chapter manages its own programs. My association with the Burleson schools gave me an inside opportunity to be effective in the **Children’s Eyeglass Program.**”

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convention in Chicago, Illinois, it was Helen Keller who challenged the membership to become knights of the blind in the crusade against darkness. Providing vision for all continues to be the primary Lions Club mission. "The Burleson Lions Club was chartered in 1945, so it's been here much longer than I have," Harold said. "Each chapter manages its own programs. My association with the Burleson schools gave me an inside opportunity to be effective in the Children's Eyeglass Program."

Through the years, Harold has also served as the Burleson Lions Club president three times and filled just about every office. In addition to the vision program, the club maintains a scholarship program, contributes to the Texas Lion's Camp in Kerrville, Texas, and facilitates White Cane Days for raising awareness about blindness. The club also helps local services and events like Meals on Wheels, Special Olympics and American Cancer Relay for Life.

"Our biggest fundraiser is the Fourth of July Parade," Harold commented. This July marked the ninth year for the annual Burleson event. "We raise funds by selling sponsorships and parade entries," he explained. Funds raised from the general public are only used to support the club's charitable purposes.

"Another funding source is our membership," he smiled. Each Lions Club has a member who is designated as a "Tail Twister," whose role is to define and administer fines to members for violations like not wearing the club vest



or allowing a phone to ring during a meeting or whatever the Tail Twister defines as a violation. "We also have a door prize at our meetings," Harold added. "Tickets are sold, and the prize is awarded to the winning ticket."

The Burleson Lions Club meets at noon on the second and fourth Wednesday of each month at Burleson's First United Methodist Church with a general attendance of 60 to 70 people. While the fines are all in fun, the Tail Twister serves quite a purpose because the fines contribute a fair amount of the club's funds.

A major portion of the Burleson chapter's budget goes toward the Children's Eyeglass Program. "We pay for children's eye examinations, eyeglasses and, in rare cases, for surgeries," he explained. As Burleson grows and more schools are being added, the need for the program is expanding. "Tana Howell, a fellow Lions Club member, works on the program too," Harold said. "This year, we've reorganized the process and expect to serve more children."

The process begins with school nurses and teachers. "They are our best outreach," Harold said. "Nurses may discover a vision problem during a child's health screening, or a teacher may notice a student struggling to read." If it is determined a child needs to be referred to an optometrist, the nurse will contact the parents. "Most of the time, the call takes care of it," he said. "For parents who just can't afford a professional eye examination or eyeglasses, the nurse has an application, which will determine if the family qualifies for the Children's Eyeglass Program." The program is based on financial need with the understanding that need may also result from a family's catastrophic medical emergency or property loss due to fire or natural disaster.

The Children's Eyeglass Program is confidential. "The person who pays the bill is the only one to know the child's name," Harold said. "We now have a voucher that looks like a credit card. Participating clinics are printed on the



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back of the card, and parents may call any participating clinic to make the appointment, where they present the card for payment. Ultimately, when we pay for the service, we can let the nurse know by the card number that the process has been completed.”

The eyeglass program is open to all children living in the Burleson school district area. “Clearly, the majority of children are enrolled in public schools,” he said. “The program, though, is also open to private school and preschool students. Children need to be able to see and to feel good about themselves. This program exists to help families who cannot afford to provide eyeglasses when they are prescribed.”

In addition to the Children’s Eyeglass Program, the Burleson chapter has a very active Eyeglass Recycling Program. “We collect several thousand pairs of used glasses each year,” Harold explained. “The glasses are delivered to a recycling center, where they are washed and sanitized, analyzed, labeled according to prescription and, ultimately, distributed to people who need them in countries around the world.”

Harold was born in Edinburg, Texas. He is the seventh child in a family of six brothers and three sisters. He finished his undergraduate degree at Pan American University in Edinburg and earned his master’s degree at the University of North Texas in Denton, Texas. His tenure as an educator spanned 36 years. To date, his tenure as a husband to his wife, Nina, has spanned 51 years. “We celebrated our anniversary in June,” he smiled. He and Nina are the proud parents of Debra and Donald and the happy grandparents of six grandkids, from age 2 to 25. **NOW**



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TRASH TO TREASURE

— By Rick Hope

“Greg can transform something ordinary and discarded into a unique work of art.”

Michelangelo was once asked about his sculpture of David and how he had created such an amazing masterpiece. He replied he had simply chipped away anything that didn't look like King David. The statement meant he could simply look at a block of stone and envision the end product. And so it is with Greg Chandler.

One man's trash is another man's treasure. The average person may look at a discarded piece of rusted metal and simply find it junk. At one time in his life, Greg may have agreed, but not today. Today, he can look at what others call junk and see a future work of art.

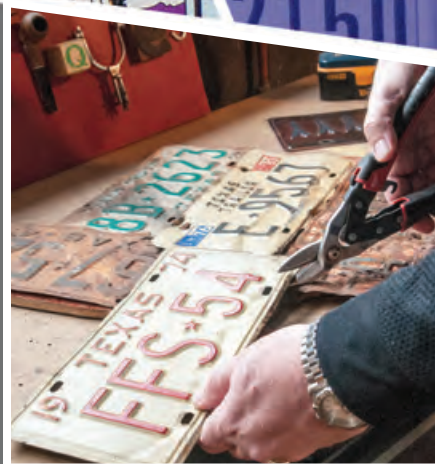
Ten years ago, Greg was a marketing manager in the telecommunications field when his wife, Heather, approached him and asked him, “If you didn't have to worry about working or making money and could do anything in the world, what would it be?”

Greg thought about it for a few brief moments before he replied. “I would like to become an artist. I want to create things with my hands.”

Heather was surprised at his response, but supportive of his answer.

Greg wanted to give it a try. He had a strong desire to find out exactly what he was capable of creating. And since January 2009, Greg has definitely been embarking on an artistic venture. His creativity is not channeled via oil, acrylic or clay. Greg found his outlet using license plates. With just some tin snips, a creative mind and a vintage license plate, Greg can transform something ordinary and discarded into a unique work of art.

Greg has made a variety of pieces using discarded license plates, which display his talent throughout their home. “I mainly look for vintage/rustic plates from Texas and other states,” Greg shared. “These plates just have character. License plates are one of the



few things, which while mass produced, are very individual."

Greg actually is not looking for license plates in mint condition. In fact, it's quite the opposite. "I'd rather have plates that are rusted, dented or damaged in some fashion," he explained. "They give more of an authentic look to what I'm trying to create."

And just what is Greg trying to create? A quick perusal of Greg's Web site reveals he can create almost anything. Some of the featured artwork on the site includes outlines of the states of Texas, Oklahoma and California. You can also



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find electric guitars, an artist's palette and even a Texas Christian University horned frog. "In addition to the creative designs I continue to make from my own head, I always welcome new ideas from others," he explained. "Some of my most interesting work was suggested by a friend, co-worker or family member." Greg can also create gifts for any occasion. These include, but are not limited to, advertising logos, that one-of-a-kind gift for a person who is hard to buy for and custom work celebrating Texas history.

To find the license plates he works with, Greg goes to antique shops, garage/estate sales and even to some junkyards. Greg is also a member of the American License Plate Collectors Association (ALPCA). By being a member of ALPCA, Greg has another venue that provides a great way to buy, sell and trade plates.

For Greg, the work is both challenging and rewarding. "Making something new from something old is an amazing thing. And what's even more fun is to see the look on the face of the one who buys or receives it," Greg said with excitement.

Greg promotes his artwork whenever he can. He has had booths at antique malls in Burleson, Benbrook, Fort Worth, Denton and Mansfield. Greg also creates unique pieces for charity auctions. "I'm



going to take any chance I can get to share my artwork with others," he stated. Some of his pieces have been obtained by various local eateries, so seeing his work around town is commonplace. This can lead to a phone call from someone wanting to talk to Greg about constructing an original piece for them. "One time, I even got a call from California about my artwork," he shared. "I have no idea how he heard about me or learned what I do." For Greg, it was just nice knowing someone in California found his artwork worthy of a phone call.



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A well-known country/western radio station in the Dallas/Fort Worth area, 96.3 KSCS, also finds Greg's artwork worthy of being displayed for all to see. "Who knows," Greg said, "maybe my artwork will be in the background of the photos taken when famous recording artists visit the studio."

Greg knows he will never get rich off of his artwork, but he continues to create new things on a regular basis. "I want my artwork to be accessible to folks," he explained. I'm not necessarily looking to make this my primary job, but if that should happen, it would be great." Right now, Greg is content knowing he's been able to bring his dream of becoming an artist into reality.

**"Some of my
 most interesting
 work was
 suggested by
 a friend,
 co-worker or
 family member."**

Greg feels the best thing about the art he produces is that "every piece is one-of-a-kind. You can't make two items that are exactly alike." Greg also considers his work to be very therapeutic and stress-relieving. "I don't use power tools, so the work has to be very slow and meticulous with much thought about both the process and the end result."

When not creating a unique piece of art, Greg currently works for Autobahn Motorcars in Fort Worth, has worked as a volunteer Firefighter/EMT for the Rendon Fire Department and has also been a substitute teacher. So, although his artwork has not become a career, Greg has definitely found something meaningful in which to invest his time and talent. "It's a great hobby!" Greg said, adding with a smile, "Maybe someday I will actually become a rich and famous artist." **NOW**



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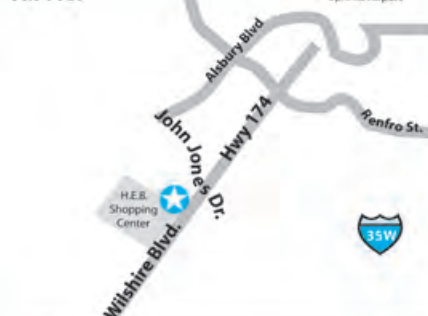
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Making It Work

At Home With Michael and Tina Maness

— By Melissa Rawlins

Generations ago, the sweet farm-like place directly across from First United Methodist Church earned the nickname Hurricane Hill due to pervading gusty winds. This is Tina Maness's family home, originally the homestead of her grandparents, Kenneth and Ellen Toal. Now, Tina and her husband, Michael, keep a garden, chickens, a couple of dogs, a horse and a brand new vineyard on this hill where they immersed their children in family traditions.



One of their traditions is recycling. Although Tina's brand of environmentalism is touched with modernity, its roots are in her family's experiences. The Toals lived through the great depression. Tina watched her grandmother, known as Momo, wash tin foil and baggies and separate two-ply Kleenex. "It used to drive me crazy," Tina said, "but now I appreciate it so much." Recycling, composting, reusing — Tina and Michael are enjoying the home that Kenneth built by hand from 1947-1950.

Daddy Kenneth, as Tina calls her grandfather, laid the dark oak floors that Tina keeps spotless using all-natural lemon oil. She and Mike are still discussing how to restore the floors in the master bedroom, where carpet was installed during the '70s. But with two big dogs running through the house, the couple protects the living room's fine flooring with brightly painted bamboo mats and invested in only one unsentimental item in the house, an Ikea couch covered in removable, washable, canine-friendly, white canvas.

Otherwise, Tina has changed very little about the house since her grandmother left. Michael supports her desire to preserve the substance of her home: her family history. A court reporter in downtown Fort Worth, Kenneth worked from home and also kept up the 156-acre farm, working hard into his upper 60s. He served on the Burleson School Board, while Ellen immersed herself in farm and civic life. "She started the Burleson Shoppers Guide in the late '50s, getting advertisers and printing it off from home and mailing it herself," Michael said. "That was back in the day when Interstate 35 was a gravel road." Toward the end of her life,



she volunteered in Old Town, working with the Bursen Heritage Foundation.

Ellen was also a member of the First United Methodist congregation, which now meets in a new building designed by Tina's father, James Toal. He and his



sister, Kay, produced four grandchildren, James, Becky, Justin and Tina, all of whom have great memories here.

The old barn, torn down a few years ago when the city asked them to remove it for the safety of children traipsing back and forth to Judy Hajek Elementary School, has been artfully memorialized on the wall above the living room fireplace. Everything else, except the back porch, is over 60 years old. The quality-built, pier and beam house still functions with original plumbing. Until eight years ago, it was fed by well water.

"Momo always worried that the well would run dry," Tina added. "The minute she could get on the city water, she switched."



The couple would like to retap the well and use it for all their irrigation. Mike experiments with agricultural projects during his hours out of uniform. A police officer in the evenings, Mike has planted a small vineyard of Cabernet Sauvignon and Tempranillo, for his wine-making hobby, plus Alwood, a table grape. He also put in a couple fig trees and a few blackberry bushes.

Tina will preserve their fruit in the comfort of the kitchen where Momo

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taught her how to cook. When she is not working her day job with Huguley Hospital, she enjoys canning in her wood-paneled kitchen, near a china cabinet holding family heirlooms dating to 1880, close to a sign her grandfather gave to Momo that reads: *When this rooster crows my love will stop for you.*

Mike tends the garden and lawn during the cooler morning hours. Originally from Fort Worth, he appreciates how Burleson is still a small town. "I always said I wanted lots of land," he said. "Now I realize how much work it is. I can go outside and work all weekend, and it looks like I haven't done anything because there is still so much to do."

He and Tina spent April getting the yard prepared for their daughter's early

May outdoor wedding, held not far from where the old barn once stood. The family home is special to everyone from every generation — so much so that Tina's brother proposed to his wife two years ago in the living room filled with family heirlooms. "I could not part with anything in here," Tina admitted. "I loved

that hideous gold horse picture when I was little. The horse bells hang in the exact spots I remember. It's more special to me to leave it like it was."

Mementoes from Mike's family have been added to the mix. "The little blue leather rocker was a chair my parents had for us growing up," he said. "They



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brought it here for our granddaughter, Izzie.” It fits perfectly with the curtains — purchased by Momo when she took a very young Tina with her on a trip to North Carolina — and the barrister’s cabinet used during Kenneth’s courthouse career. Eventually, a couch from Mike’s family will replace the Ikea couch. Behind it, the sweet picture of Momo as a child will always find a place.



In the adjoining front bedroom, Tina added the rocking horse covered with real horse hair given by Mike’s mom once Mike and Tina had a grandchild. Originally Tina’s Aunt Kay’s bedroom, it was used over the years by Momo and Daddy Kenneth. Now it’s a guestroom used mainly by Izzie. They have repainted the room robin’s egg blue, trimmed in white, but the furniture is original to the house. “I remember this room with a birds-eye maple bed, dresser and chest of drawers. We have switched the furniture around through the years since we had two children,” Tina said, “but we tried to incorporate our stuff without getting rid of Momo’s stuff.”

Together, they have made it work. After 25 years of marriage, they have



learned the key to happiness: “The big thing is having fun together and supporting each other,” Tina said.

“Of course, keeping the home goes



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 “The big thing
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along with that,” Mike said, “since it’s a place where you can be comfortable and enjoy your time together.” Working as a team to keep the farm presentable requires almost-daily upkeep. But they both find great relaxation in caring for the animals, garden, lawn, trees and, especially, the sentimental roof over their heads. “Because we love the house we like taking care of it.” In the evenings when their work is done and the temperatures cool, Tina and Mike hang out on the front porch, where the wind keeps their hammock swinging. **NOW**



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FINDING THEIR STROKES

— By Erin McEndree

Most brothers and sisters would be trying to dunk and splash one another in the pool, but not the Flug siblings. When Nic and Amelia get in the pool, they know the difference between work and play. They are focused on the technique and endurance drills that help them improve their race times. Nic swims competitively for Burleson ISD and





both Nic and Amelia swim for the Sigma Performance Swimming club. Their "home" for more than 13-17 hours a week is the Burleson Recreation Center, known as the BRiCk, where they practice year-round.

To ensure Nic and Amelia get as much time in the water as possible, they joined the fastest growing aquatic club in the Fort Worth metroplex and swim for USA Team Sigma. *Sigma* is the Greek letter in mathematics that means the sum of all elements. Andrew Ha, the founder of Sigma Performance Swimming (SPS), has a similar philosophy. Since 2009, he provides swimmers with the sum of all quality elements related to swimming. Sigma invests in athletes and individuals to produce high-caliber, well-equipped citizen-athletes. With hard work, perseverance and teamwork of parents, swimmers and coaches, swimmers thrive under the Ha philosophy. From child to adult swim lessons, to beginner- and senior-level swim teams, there is something for everyone.



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Nic and Amelia have been dedicated to swimming much of their life. Nic started swimming at age 6. "My mom forced me when I was 6," Nic laughed. Coralee Flug is a great supporter and cheerleader for her kids. Nic is a sophomore at Burleson High School. He broke four records last season: three with the relay team and one in the individual breast stroke. "Ever since we've had a swim team [at BISD], we've broken records," Nic said.

Amelia started swimming at age 3. She is in seventh grade, now. "It all started with Mom, but now I go as much as I can," Amelia said. "Sometimes I don't have to go to practice, but I choose to go. When I feel bad, I swim, and it makes me feel better." Amelia pushes herself and chooses to practice with the high school swimmers. "I just want to beat my brother," Amelia laughed. "And I would love to make it to the Olympic trials someday." Currently, Amelia is five seconds away from breaking the current high school 100 back stroke record, although it will not be posted till her freshman year.

"Coach Paula and Coach Terry recruit eighth graders. Even though Amelia is in seventh grade, she practices with the high school team and trains with the older swimmers because of her ability, although she's not eligible to compete with the team. The coaches want athletes to get used to the team and the pool," Coralee said. "Amelia practices three mornings a week and competes once or twice a month."

"We lived in Lander, Wyoming, when they started swimming," Coralee said. "They had a huge swim program. Swimming was the sport there." Nic and Amelia advanced through the tiers of the program and now are at the



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highest competitive level. Both are mentors and leaders for the younger swimmers. Their goal is to have consistent times that improve steadily. They always focus on beating their posted time from the last meet.

"Swimming is fairly new here," Coralee said. "For example, when we did a fundraiser, people didn't know we had a swim team." To raise awareness



Coach Adam Grillo does resistance training with Nicolaus Flug.

and fundraise for the swim team, the high school team flocked unsuspecting people's lawns with pink flamingos for a donation.

By day Coralee is a social media architect. Sitting poolside gives her the opportunity to update her accounts. She also manages Sigma's Facebook, Twitter and YouTube pages. Their dad, Curtis, does environmental work in the oil and gas industry. He is supportive and comes to watch when he can.

Nutrition is important, and Coralee admits that Nic and Amelia eat all the time. "They eat more than normal because they burn so many calories in the pool. Nic gave up sodas, and Amelia is trying to, but we eat healthy most of the time." Nic eats a candy bar right before he competes to give him a boost for his competition.

"At practice our coach kept reminding us to bring a 'recovery meal,' so we could recharge after workout. If we didn't, we had to do 100 push ups," Nic recalled. "One of my teammates brought a toaster to practice and made Eggo waffles for everyone. That saved a lot of us from doing push ups."

Nic's goal is to secure a score of 55 seconds for his breast stroke time for

A photograph of a clothing boutique interior with racks of colorful dresses and jeans. A large pink circular graphic on the right says "10% off purchase with this ad". Text at the top reads "NEW ARRIVALS MORE GREAT DEALS". At the bottom, it says "It's A Cowgirl Thing Fashion Boutique", "Located behind Burleson Walmart", "785 West Hidden Creek Pkwy", "817.556.1853 Tues - Sat 10am - 7pm".

A photograph of a woman in a white bathrobe sitting in a white walk-in tub. Text on the left says "BEST BUY WALK-IN BATH TUBS", "\$500.00 OFF Installation (with purchase by 8/31/13)", "Visit Our Showroom 4053 Action Hwy, Granbury 817-326-3003 www.bestbuywalkintubs.com Granbury Chamber of Commerce Member Locally Owned And Operated". On the right, it says "Family Owned Texas-Built", "Lifetime Guarantee Against Leaks", "Great for circulation, arthritis, stiff joints and relaxation.", "Angies list Reviews you can trust.", and "AAA". A QR code is in the top right corner.

A photograph of a smiling woman with long dark hair, Danielle Elston. Text on the left says "Danielle Elston", "Hair", "Airbrush Make-Up", "Eyelash Extensions", "405.514.9106", "facebook.com/DanielleElstonStylist", and "TIGI cosmetics".

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the 100 meter and break the state record. His time is consistently around 9 seconds over a minute. "A fingernail width can determine the outcome," Coralee said. "It is really that close. They are really competing against their own times."

Swimmers who are serious about improving technique can have their performance filmed under water. By watching the under water footage, the coaches can analyze their moves and instruct swimmers how to improve their technique. The feedback helps correct stroke movement and improve turns and starting times.

Regular practice consists of several elements. Dry land is what is known as the weight room. "We work on abs and upper body strength," Nic said. "It helps us improve our flips at the end of the pool when we turn." Nic and Amelia focus on skills that challenge and develop their ability. They use equipment like tennis balls and buoys to improve body position in the water. "It makes us more aerodynamic," Nic said. They practice endurance by swimming long distances, timed swims and sprints.

Nic and Amelia rarely take time off. "They compete all the time," Coralee said. "It is very hard to come back after you have taken a break. They practice during Thanksgiving and Christmas holiday."

This duo also enjoys participating in other things. Nic is on the A honor roll and admits math is the only subject he really enjoys. He is also a member of the Key Club. Amelia is on the A honor roll as well, loves geography and plays bassoon in the BISD band. She is also learning the piano. They spend time volunteering for events like American Cancer Society Relay For Life. "They do not have time for much else and have little friend-time," Coralee said. "However, as a swim team, they become a really tight group." To build team cohesiveness, the high school has an annual polar bear dip in December.

Nic and Amelia want to expand their achievements to include faster times, more records broken, college team competition and a chance to attend the Olympic trials. Improvement and beating their current times are their top priorities. Only time will tell what the future holds. **NOW**

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His Whole Heart

— By Carolyn Wills

How many 9-year-old boys claim Bela Lugosi as their top movie idol or Mozart as their favorite musician? Meet Theodore Jacob Nelson, aka Teddy or Ted, as he prefers to be called these days! This charming young man, son of Tim and Kim Nelson, was born in Henderson, Nevada, and has lived in Burleson for the past six years.

Ted loves to bowl, swim, fish, play the guitar, watch movie classics, create art projects and be with family, friends and his 13-year-old tuxedo cats, Willie and Precious. He's witty and exuberant, warm and kind beyond his years and an absolute pleasure to know. Oh, and he can do back somersaults and full splits.



He jokes about being “a casino baby” because he was born in Nevada. “Mom put the chips down when she had me,” he grinned. “I’ve always been naturally attracted to Nevada because it is my birth state, but if I end up staying in Texas when I grow up, I’ll be happy. My fortune cookie says doors of opportunity will be opened, and I see lots of opportunities in Texas!” Another of Ted’s favorites is Chinese food, particularly General Tso’s Chicken — hence the fortune in the cookie.

When it comes to attending school, this young man doesn’t travel far. His mother works at First Baptist Church Burleson Daycare, so that’s where he went to preschool. “Ted’s always been very sociable and motivated,” Kim said. “He does best when he isn’t bored. When we realized he was ahead of his classmates, we became concerned that public school would not be a good fit for him and decided to homeschool.”

The Texas Home School Coalition describes Texas as one of the most favorable states for home educators in the United States, reportedly leading the nation in the number of families who homeschool, with an estimated 120,000 families and about 300,000 students. “In Texas, homeschool is considered private school,” Kim explained. “A student can homeschool through high school and receive a diploma and a transcript. Ted always has the option of going to public school but, so far, he’s chosen homeschool.”

In public school, Ted would have just completed third grade. At home, he was performing math at between fourth- and fifth-grade skill levels and reading at between sixth- and seventh-grade skill levels this past year. “There is a wealth of homeschool information and resources online,” Kim explained. “Easy Peasy and Hooda Math are just two we’ve found to be helpful.” His school schedule runs from 8:30 a.m. until noon, during which time Ted studies core subjects like math, reading and science. In the afternoon, he has free play, which usually involves bowling practice or physical education at the BRiCk (Burleson Recreation Center). In the evenings, he has guitar lessons or choir practice at the Southwestern Baptist Theological Seminary in Fort Worth.

“I like homeschooling because I get

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to spend more time with my family," he smiled. "By the time public school kids go to school, do homework and go to bed early, they maybe have two hours with their families." For him, there is also no lack of socializing. "On park days, we meet other homeschool kids at places like Joshua or Cleburne city parks."



"We also belong to social groups like Homeschool Social Group," Kim added. "This summer, Ted will be going to a day camp while I'm at work and that's another avenue for him to meet friends and have fun."

Another benefit of homeschooling, especially for an energetic boy like Ted, is flexibility and easy tailoring. "Ted is very interested in ancient Egypt, so we've been studying it for two years now," Kim smiled.

"We got to eat dates, carrots and



hummus," he said. "It's the Arabian diet. I also made this great Egyptian project with Legos for a geography fair."

Kim is Ted's homeschool teacher. This fall, though, he will begin studying science and possibly math at Science, Etc. in Fort Worth. "Science isn't a whole lot of fun with just one student," Kim

said. Science, Etc. is a private school designed to enhance the homeschool curriculum.

Ted has more than a few favorite things. At the age of 9 (he'll be 10 next November 26) his joy is downright infectious. Art is his favorite subject. His guitar is his "pride and joy." In the summer, he likes to swim, and every once and awhile, he and his dad will slip away to go fishing. His favorite book is *Eagle Feather* by Clyde Robert Bulla. "I've read it so many times, I almost have it memorized!" He likes the cartoon show *The Mummy*

and is a fan of Green Bay Packers quarterback Aaron Rodgers.

Lately, Ted's passion is bowling. "It started with a bowling computer game," he said. "One day, I asked my mom if we could do this for real. She took me to Brunswick Lanes, and at first, I thought we were at an airport!" Before long, he had his own bowling shoes, a lime green and blue bowling ball and was bowling a lot. "My highest overall score is 180," he said. "We just got back from a state tournament in Houston."



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"We had never really taken a family vacation, so we decided to take the whole family to Houston," Kim said.

"My mom, dad, Grandpa Ralph and I drove a total of 484 miles," Ted said. "We stayed for four days and went to NASA to see the Moonwalk program and also visited the Children's Museum. I bowled four games. It was a great vacation!"

It's a safe bet that whatever Ted does in life, it will be with his whole heart. "I've always wanted to go to trade school to study technology or construction," he said. "If I do go to college, I probably want to go to Baylor. My biggest feat will be to design a solar-paneled car to help the environment." He also wants to take mission trips to South America and, possibly, Africa. "I will also take side trips to Egypt for sightseeing."

This young man, with strawberry-colored hair and blue eyes that look green or gray at times, has such a winning smile, air of confidence and love of life it's easy to believe he will not only accomplish his goals but will continue adding to his favorites. "When I get scared, my hair turns the color of hay, and when I get angry, it becomes really red," he smiled. "I believe in trying something once to see if I like it. It's important to take a walk before you jump." **NOW**

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— By Melissa Rawlins

From oxfords and tennis shoes to the pull-on and lace-up boots hardworking Texans wear, Burleson's Red Wing Shoe Store sells handcrafted, purpose-built, American-made boots and shoes that last as long as you care for them. Delma Alvarez-Padilla and her ever-smiling assistant, Briana Davis, represent Red Wing in Burleson's independently owned and operated store. "We had a gentleman come in today who bought his first pair of Red Wings in 1958 for \$29.99," Delma said. "Today, a similar pair would cost only \$199.99. I offered to resole them, he said, 'No thanks.' He just wanted a new pair — his first new pair since 1958!"

Keeping them looking good also keeps them feeling good, so Red Wing Shoes will oil your shoes for free. Using the brushes,

rags and mink oil available in the store, Delma and Briana ask if you want to spray, daub or rub. The store also offers polish, boot bumpers and replacement insoles.

"We want to see our customers every 10-11 months to replace their insole, and we even offer orthotics," Delma said. "Every time you get a new insole, you'll get the support and cushion back." In business for over 110 years, the company gives away laces for the lifetime of their boots and sells wonderful socks.

Helping customers find comfort and safety with Red Wing since 1985, Delma is grateful to be part of a team manufacturing and restoring boots that protect workers in over 100 countries. "We specialize in safety footwear, plain toe and steel toe, for men and women who are working in warehouses, prisons, airports

and everything and anything in between,” Delma remarked.

She displays a new Red Wing boot next to an old boot. “This belonged to an oil field gentleman who works very hard on the rigs,” Delma said. “The uppers are still good. He needs a good slip-resistant sole. He can have it resoled, but after being in all the oil, chemicals and salt water, he prefers to come in after two years to buy a new pair.”

Many of Delma’s customers choose to resole their boots, a service that costs \$80. “He leaves his old ones for me to send to Red Wing to have them resoled. Then he has his new pair and his resoled pair. Then I never see him again,” Delma said with a laugh.

Their sizes range from 4-21, with widths ranging from AA to H, for very wide feet. Delma and Briana carefully provide each customer with shoes and boots that fit properly. They ask questions about what conditions the man or woman will wear their boots in, then measure each customer’s foot using a machine, which takes into account every nook and cranny of each foot and promises a phenomenal fit.

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Six Things Your Teen Needs to Know Before Leaving Home

Turns out, the tasks I hated as a kid are life lessons most experts consider essential for any independent person in the modern world. Laundry and housework headed my list of chores to avoid. Sewing, pet care and cooking were more like hobbies. Yet each of these simple skills made my life much easier as time went by. Nothing, however, had more impact than lessons about money.

Since both my parents were accountants by trade, sharing good money habits was as natural to them as breathing. I remember opening a savings account at age 6 with a fistful of birthday money — back in the day when the bank gave you an actual passbook. Leaving the bank clutching that thin blue ledger, I felt 10 feet tall and richer than Midas.

Things are different for kids these days.



Add an Important Item to Your Back-to-school List.

For parents, back-to-school season means it's time to stock up on school supplies. But it can also be a good time to think about how to save for your child's future education.

Developing a strategy for achieving your education savings goal — or other savings goals — can help you stay on track.

To learn more about your education savings options, call or visit today.



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Allowances are common, small jobs pay more and inflation has made everything more expensive. Add the convenience of electronic banking with credit card mania, and you have a combination that can spell disaster for any clueless consumer.

Use these six simple lessons to give your teen a head start:

1. Money doesn't grow on trees.

Translated into teen-speak, this means you have to earn before you spend. And just because you have checks, doesn't mean you have money.

2. Pay yourself first.

Basically, take advantage of compound interest by building a savings account — set aside 10 percent of everything you earn.

3. Budgeting is your friend.

This can be as simple as three Mason jars. Every time you get paid, put 10 percent in one jar labeled "Savings," another 10 percent goes in "Tithing" (or "Retirement") and the third jar is labeled "Bills." Spend only what's left over.

4. Never believe an ATM.

This holds true for your smart phone app or online bank balance. The number you see doesn't represent money you can spend. You may have outstanding checks or bills coming due. Learn to keep and reconcile a checkbook or use money management software.

5. Credit cards are not Monopoly money.

Lenders bombard college-age kids with credit card offers, because once you start spending ahead of your income, you're doomed. Use your savings account instead.

6. The best things in life are free.

Good friends, a loving family, the great outdoors and sharing yourself with others all build self-esteem and create more happiness than anything money can buy.

Send your teens off with money management skills that will last a lifetime. And trust that they will at least call you when they make their first million. **NOW**

Patricia E. Vermeire is a CPA based in Burleson.



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Tick Fever

— By Betty Tryon, BSN

Summertime means many things to creatures. For insects, warm weather signals a time to eat and breed. When they go about their business, far too often they cross paths with humans to our detriment. One species that can wreak havoc is ticks — specifically the American dog tick and Rocky Mountain wood tick. With their bite, they can transmit Rocky Mountain spotted fever, a bacterial disease, to humans. The infected ticks carry the bacterium *Rickettsia rickettsii*.

When campers and hikers go to forested areas or fields, they are at a higher risk of coming into contact with these ticks. Where the dog tick is common, owning a pet increases the risk. Many times a person does not even know they have been bitten, as the bite is usually painless. The longer a tick is attached, the higher the risk of becoming infected. If crushed while still attached or if crushed between the fingers, there is a possibility of the secretions causing an infection.

Initial symptoms occur within two to 14 days after being bitten, and the person may feel as if they have the flu. Not all of the symptoms are experienced by everyone. Some of the symptoms experienced are: headache, high fever, muscle aches, nausea and vomiting, fatigue and rash. The rash usually begins on the wrist and ankles spreading into the palms, feet, up the arms and legs and into the torso area.

Early diagnosis is very important. Rocky Mountain spotted fever can cause serious complications and can be fatal if treatment has not begun within the

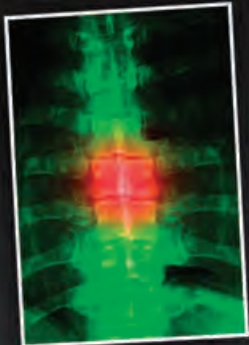
first five days of symptoms. The Centers for Disease Control and Prevention (CDC) recommends Doxycycline as the first line of treatment for this disease. With clinical examination and medical history, hopefully your health care provider can get enough information to begin treatment even before the rash begins.

The National Institute of Allergy and Infectious Diseases lists these prevention guidelines: “To help prevent Rocky Mountain spotted fever, you should avoid walking in areas of tall grass and brush where there may be ticks. If you do go into these areas, be sure to:

- Wear light-colored clothing.
- Tuck your pants legs into your socks so ticks can't get up inside your pants legs.
- Wear a long-sleeved shirt and tuck it inside your pants.
- Spray insecticide containing permethrin on boots and clothing. The effects will last several days.
- Apply insect repellent containing DEET to your skin. Because DEET lasts only a few hours, you may need to reapply it.
- Look for ticks on your body, including in your hair, when you return from hiking or walking.
- Check children and pets for ticks.” **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

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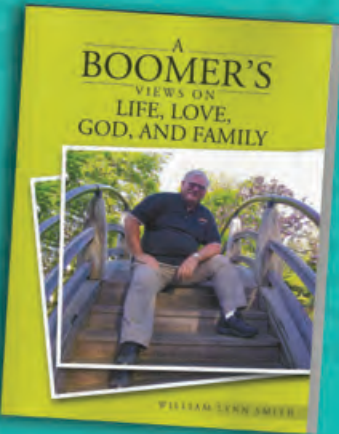
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The Splash Pad: 10:00 a.m.-8:00 p.m., Bicentennial Park, 201 E. Main St., Crowley. For more information, contact the City of Crowley, (817) 297-2201.

Through October 26

Burleson Farmers Market: Saturdays, 8:00 a.m.-noon, 217 W. Renfro St. For information, call (817) 692-2363.

August 2

Lunch & Learn: 11:30 a.m.-1:00 p.m., Old Texas Brewing Co. Hot plate lunch and SCORE Module 6: Managing Operations, sponsored by Couch and Russell Financial Group. \$10 for Chamber members; \$15 for non-members. RSVP to (817) 295-2236.

August 5, 6, 7

It's a Blue Ribbon Life: 9:00-11:30 a.m., Joshua Church of Christ, 110 N. Main St. Free Vacation Bible School for children kindergarten through 10th grade. All participants who complete the three days get school supplies, including a backpack, free. For more information, call (817) 229-4828.

August 6

BISD New Employee Luncheon: 11:30 a.m.-1:00 p.m., Burleson High School Cafeteria. Join Dr. Bret Jimerson to welcome over 100 new Burleson ISD professionals. \$25. To RSVP, call (817) 295-6121.

Partners in Progress: 11:00 a.m.-1:00 p.m., Cousin's Barbecue, 910 S. Crowley Rd. Networking with a punch! For more information, please contact the Crowley Chamber of Commerce, (817) 297-4211 or info@crowleyareachamber.org.

August 11

Holistic Fair: 11:00 a.m.-5:00 p.m., Comfort Suites, 321 S. Burleson Blvd. Free admission. Contact The Healing Quantum-Lee Team, tulsisjewels@att.net.

August 12

Metro Beekeepers Meeting: 6:30-8:30 p.m., Cana Baptist Church, 2309 E. Renfro St. Novice and expert beekeepers in Texas will enjoy learning from each other at Metro Beekeepers meetings. Contact Stan Key, (817) 888-0470, or visit www.metrobeekeepers.net.

August 13

Business After Hours Networking: 5:30-7:00 p.m., Fresco's Cocina Mexicana. Food, drinks, door prizes and networking, free for Burleson Chamber of Commerce members and only \$10 for non-members. Contact Sara Pryor at (817) 999-0823 or Allan Tidwell (817) 798-5008.

August 21

JACC Quarterly Luncheon: 11:30 a.m.-1:00 p.m., Mountain Valley Country Club. Guest speakers Tiffany and DeeAnn Strothers will encourage attendees to advance the betterment of Joshua through economic development. Tickets \$15 with reservations or \$18 at the door. RSVP to (817) 556-2480.

Tuesdays

Burleson Kiwanis Club meetings: Noon-1:00 p.m., Golden Corral Restaurant, 301 SW Wilshire Blvd. Contact bur88kiwanis@gmail.com.

Submissions are welcome and published as space allows. Send your event details to melissa.nowmag@sbcglobal.net.

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In The Kitchen With Betty Smith

— *By Melissa Rawlins*

Her gourmet chocolate-dipped strawberries are hits at the Burleson Senior Center, where Betty Smith spends much of her time these days. Her family frequently requests her coconut pie and fried chicken, which are simple yet made with lots of love. Making sure to serve plenty of chicken legs, Betty cooks with iron skillets in a kitchen decorated with roosters. She fried her first chicken for her husband, learning the technique from her mother-in-law. Betty learned baking from her mom. Working for the Burleson ISD in food service for 20 years, Betty baked thousands of cinnamon rolls, yeast rolls and all kinds of desserts. All four of her children graduated from BHS. Now, Betty has five wonderful grandchildren to adore and cook for! **NOW**

Grandma's Fried Chicken

- 1** fryer, cut in pieces
- 2** cups water
- 6** Tbsp. salt (divided use)
- 4** cups flour
- 4** cups Crisco oil

- 1.** Soak chicken in water mixed with 4 Tbsp. salt for 20 minutes. Drain off water.
- 2.** Mix 2 Tbsp. salt with flour. Dredge chicken in flour until pieces are well-coated.
- 3.** Meanwhile, heat oil in a 12-inch iron skillet to medium high. Place pieces in skillet. Cover and brown on one side. Remove cover, turn chicken; cover and cook until golden brown.
- 4.** Remove cover last 5 minutes to crisp the chicken. Total cooking time is approximately 35-45 minutes.

Grandma's Yeast Rolls

Yields about 24 rolls.

- 2** pkg. (5 tsp.) dry yeast
- 2** cups warm water
- 1/4** cup sugar
- 4** Tbsp. oil
- 1** egg, beaten
- 2** tsp. salt
- 6 1/2** cups of flour (divided use)
- 1** stick butter, melted

- 1.** Mix yeast and warm water together in a large mixing bowl.
- 2.** Add next 4 ingredients; add 3 cups of flour. Mix well.
- 3.** Add more flour, 1 cup at a time, until dough is not sticky.
- 4.** Knead several times. Place in oiled bowl and cover with cloth.

- 5.** Set out on stove top; let rise about 1 hour, until double in size.
- 6.** Roll out on a flour board, cut into rolls, place on greased baking sheet and let rise again.
- 7.** Bake at 350 F until brown, about 10 minutes.
- 8.** Brush with butter. NOTE: You can use the same dough for cinnamon rolls.

Coconut Cream Pie

- 4** Tbsp. flour
- 1** cup sugar
- 1/4** tsp. salt
- 1** cup whole milk
- 1** cup evaporated milk
- 3** egg yolks, beaten
- 1** Tbsp. butter
- 1** tsp. vanilla
- 1** cup shredded coconut
- 1** 9-inch pie crust, baked

Meringue:

- 3** egg whites
- 1/4** tsp. cream of tartar
- 6** Tbsp. sugar

- 1.** Combine first 5 ingredients in a saucepan over medium heat. Stir and cook until milk is scalded. Add beaten egg yolks, stirring constantly until thick.
- 2.** Remove from heat; stir in butter, vanilla and coconut.
- 3.** Pour into a baked crust.
- 4.** To make meringue: beat egg whites with cream of tartar until foamy. Add sugar, 1 Tbsp. at a time; beat until stiff.
- 5.** Spoon meringue onto pie and bake at 350 F until lightly brown, approximately 10 minutes.

Jalapeño Cornbread

- 1** cup yellow cornmeal
- 2** tsp. baking powder
- 1** tsp. salt
- 1** cup buttermilk
- 2** eggs
- 1/4** cup vegetable oil
- 1** cup creamed corn
- 1/2** cup cheese, grated
- 3** jalapeño peppers, seeded and chopped

- 1.** Combine ingredients in order.
- 2.** Pour into greased pan or skillet. Bake at 350 F for 45-60 minutes.



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