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AUGUST 2014

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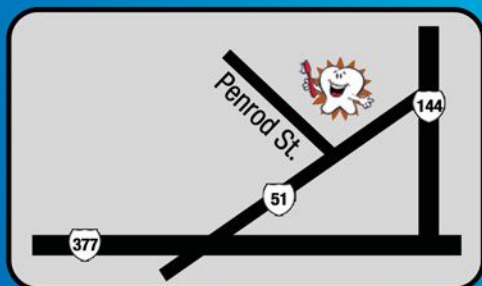
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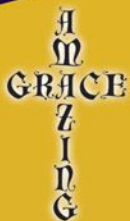
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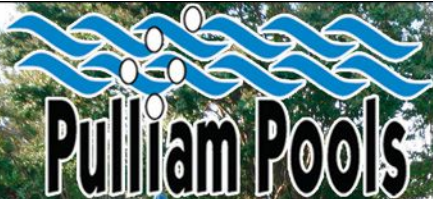


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## Editor's Note

*Hello, Friends!*

During this month, every day seems to have at least three seasons. Mornings until 10:00 a.m. are like spring — all balmy but comfortable for coffee on the deck. Days until dark are like summer — purely hot and only comfortable inside, surrounded by conditioned air. Nights until morning are like autumn — fading from hot to warm to cool and fairly pleasant outdoors, if you have breeze. I'll be experimenting with my 22-string harp out on the deck whenever the mosquitoes give me space. I've found that the natural breeze will actually "play" those harp strings!

But on August 15, I'll take a break from making my own music to attend the Strings 4 All Seasons concert at Tarleton Langdon Center Concert Hall. I'll be transported back to youthful lessons in Scott Joplin songs, because ragtime, tango, concert music and more will be presented for our pleasure. Hope to meet you there!

Happy August!

*Melissa*

Melissa Rawlins  
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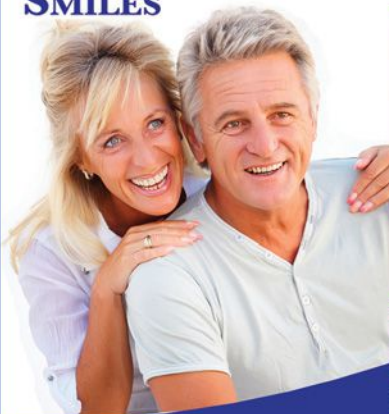
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A group of people, mostly women, are walking along a dirt path in a rural, autumnal landscape. The path is flanked by fields of brown, fallen leaves. In the background, there are trees with some autumn-colored foliage and a fence. The overall scene is peaceful and scenic.

# Time Zone Trekkers

— By Lisa Bell

*When Pat Mangarella-Henson traveled to London, Paris and Rome in 2002 as the leader of a Girl Scout trip, she was hooked. Although she enjoyed seeing many tourist sites, the little known places intrigued her even more. Walking along ancient roads gave her the opportunity to see things most tours miss. Yet, those were the most memorable parts of the trip. Afterwards, Pat wanted to travel more, but it would be five years before the next unforgettable journey.*

Pat enjoys walking in her neighborhood. Besides the health benefits, she simply likes being outdoors. “In some ways, walking is therapeutic,” she said. Listening to music, singing along, she relaxes while getting exercise and sometimes working through decisions. Her dog may accompany her during the daily routine, although some days she chooses to be alone.

In 2007, she came across a Tuscany walking tour at a great price. The idea of combining her love of walking and a travel opportunity excited Pat. She began talking about the trip with friends, asking whether any of them were interested in going. About 30 women ended up taking the trip that November, and Time Zone Trekkers — also known as TZT — came into existence.

TZT is a travel club for active men and women who love walking and visiting unusual places. “It’s not a business,” Pat said.

“I’m not a travel agent. We’re just a group who enjoy traveling.” Pat names three goals for the group: 1) One trip each year to an interesting place. 2) A chance to visit unique areas instead of only standard tourist attractions. 3) Open doors for people to travel in an organized, safe environment — an opportunity they might not have taken otherwise.

The club gets together between travel events to prepare for the trip and build camaraderie. During meetings, they discuss important aspects of travel, such as how to pack for two weeks and how to use only one suitcase. “I usually need a second bag for the return trip,” Pat admitted.

Other times they share knowledge and experience to help new travelers prepare for the trip. They might have a wine tasting, featuring selections from the destination, or simply enjoy a meal together. Usually they gather at a member’s home to make the show-and-tell aspect of the meeting easier.

TZT has taken several trips since their inception. The first, the





walking tour of Tuscany, remains her favorite. "It was our first time," Pat said. "We were all women and just had a blast." The trip consisted of an 11-day tour, but since they were so near Rome, they opted for an additional two days there.

While walking, they experienced sights most tourists don't know exist. Alongside a great deal of history, the unexpected little pleasures drill the memories deep into the heart of those who shared the trip. One day, the group came across a monastery. Pat doesn't remember the name of the church, but she vividly recalls the moment.

One of their members, a woman in her 70s, was a Hico church organist. As they approached the ancient building, the guide told them, "If we're lucky perhaps we'll get to hear the father play the pipe organ." Once inside, they received something even better. The woman in their group was allowed to play the organ. As the music drifted through the room and bounced off the walls, the sounds moved through the souls of every woman. All of them dabbed away tears as





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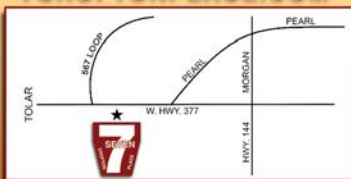


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silence followed the lingering notes.

Another day, one of the other women ordered something unusual. Overwhelmed by the flavors, a few tears escaped her eyes, and no one seemed to mind. Those mental images entice Pat to plan more trips.

In June 2009, about a dozen women gathered for a trip to Peru. Although not an official walking tour, the trip still involved a great deal of walking. In May 2010, six of the club members visited Ireland. There they stayed in a lodge and visited small towns, avoiding the big cities altogether. Driving on the opposite side of the road proved a little difficult, but for the most part the group again enjoyed the trip.

Around 2011, Pat met Jim. After having lived in Hico for 25 years, she welcomed the move to Granbury in June 2013 and retired. The couple married in June 2014.

With a renewed passion for traveling with TZT, the group has scheduled their next trip, which is fully booked. Nine or 10 members will travel to Northern Italy for a walking tour. Pat can't wait. "We love Italy," she said. The club meets regularly in preparation for the trip.



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In late spring and early summer, Pat was in the process of putting together a walking tour trip headed to Provence, France, tentatively set for May 2015. Imagine strolling through the French countryside that inspired artists such as Vincent van Gogh and Paul Cézanne. Of course, what could be more beautiful than Paris in the spring?

Pat keeps abreast of potential trips,



although she doesn't typically spend her entire day scouring the Internet looking for them. When something comes across her email that piques her interest, she gets feedback from others. "If I think it sounds fun, hopefully others will think it sounds fun, too," she said. If she gets positive feedback, then she pursues it as an offering through TZT.

She'll make up flyers with details such as dates and cost, as well as the planned itinerary. Although Pat coordinates the trip for their small group, she usually works with the same company. They offer good deals and unique trips the club prefers due to positive past experiences.



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Trips are well-organized and safe, providing an opportunity to meet the group goals.

Time Zone Trekkers is open to both male and female participants. They have members who range in age from 14 to 80. Because most of the trips involve walking, those interested must be able to get around relatively well. However, it isn't uncommon to see several in their 70s join in the fun. TZT isn't for people who want to visit common tourist attractions while riding through cities on a bus. Not opposed to seeing famous places,



Pat's heart is to seek out completely unexpected surprises in quiet settings. Based on the group's successful history, others must agree with her mindset.

In the future, Pat is open to trying new things, perhaps a few local outings in addition to the annual overseas trips. As a young retiree, she has a little more time for planning. However, she is a newlywed and still has adult children who desire her attention. Nevertheless, she would like TZT to grow, opening opportunities for more people to share the experiences of trekking across different time zones in unique locations — and friendships here at home. **NOW**

*Editor's Note: For more information visit [www.timezonetrekking.shutterfly.com/](http://www.timezonetrekking.shutterfly.com/) or find them on Facebook.*

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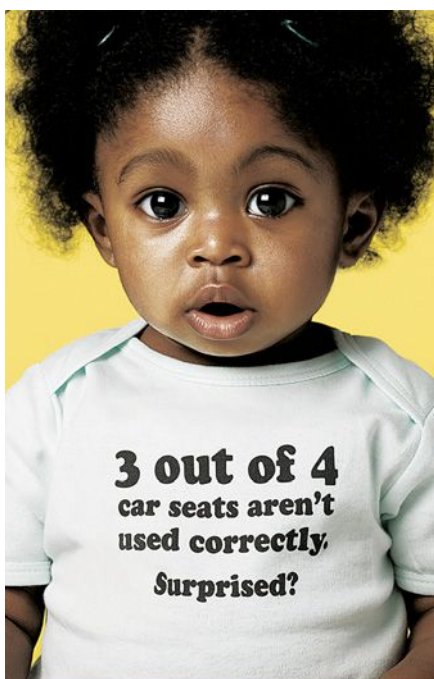


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# BETTER Together

— By Melissa Rawlins

*"I've always said God made men to sleep anywhere, even on the ground," Julia Connor said, laughing the big laugh her husband Bruce fell in love with. Admirers of nature, they chose Oklahoma rock and Texas cedar for the front of their dramatic home. Leading up to their home is a winding driveway of salted concrete stained the color of the Red River.*







# AT HOME WITH BRUCE AND JULIA CONNOR

Their unique lot sits with the back facing south and the front north to keep the Texas heat out. Breezes remind Bruce of his family ranch in Columbus, Texas. The compact yard, however, saves lawn maintenance. When their friends, Susie and Steve, pointed them to this cul-de-sac property with golf course in front and behind, the Connors were sold.

Neighbors recommended builder Mike Cassol. He took suggestions from Julia and Bruce to make their home functional and comfortable. For instance, Bruce asked Mike to turn what would have been simply a second floor attic into a man cave containing a golf simulator and bathroom. Leading up to it, Mike gave Bruce a stately all-wood stairwell.

Bruce regularly plays MGA golf or putts around with neighbors, newcomers and friends, often bringing them for after-game drinks to his rock patio overlooking the course. Julia plays twice weekly in a woman's group. The two play couples tournaments at least once a month.

In a roundabout way, it was golf that brought them together. Bruce was living in Temple in a new home on the golf course. His former wife had lost her battle with lung cancer, and he chaired a committee at the country club. The director and his friend — the same Susie who years later would discover the Granbury property — matched him up with her golf-loving friend, Julia.

Finding perfect partnership with each other, Julia and Bruce eventually left their New Mexico home and entered a form of paradise on the Nutcracker Golf Course. Many evenings the couple can be found playing golf together. Several nights a week they have happy hour outdoors, relaxing under the patio's cedar-beamed cathedral ceiling, lit with strategically positioned bulbs. The fireplace mantel is made from one of the pecan trees removed to create space for their house. Snacking on cheese, crackers and wine, watching birds, ducks, geese and deer, they feel a part of nature.





Julia reads a lot. Her favorite place to cozy up to a book is her big bed, purchased from The Wagon Yard and covered with comfortable pillows. Surrounded by lovely pottery lamps with leather shades, dark wood shutters and a Martin Grelle print of an Indian mother with her fat-cheeked little girl, Julia can look up at a shadow-boxed fiddle that had belonged to her grandfather. It hangs over a bronze Remington cowboy standing atop a family-heirloom cabinet holding all Julia's Bibles.



In the hallway hang two original oil paintings they found in Ruidoso, New Mexico, done by Chuck Mardosz, a Polish-born artist, who is as fascinated by cowboys and Indians as Bruce and Julia. Their office cabinet, made by a craftsman in Ruidoso, holds a collection of horses, reminiscent of the American Indian lifestyle. Above, they've hung a painting of bluebonnets gifted to Bruce's mother when his father retired. Atop a cowhide hangs another Martin Grelle of an Indian and his horse contemplating a fast-flowing creek.

Mike's craftsmen captured the feeling of moving water elsewhere in the Connors' home. Light beige tiles in

the master bathroom contain swirling bands of brown reminiscent of rock with water flowing over it. Bruce placed a sturdy juniper bench beside the stunningly simple spa. From Julia's big, cast-iron soaking tub, she can look out at the trees or over at the jewelry holder Bruce made for her from the horns of a deer he shot years ago.

Many items in the Connor home hearken back to the ranch. "The print called *Making Plans*, on the dining room wall, reminds me of being at the ranch, because that's all you do all day," Bruce said with a grin. Across the living area, next to the tall, heavy, wood and iron front door is his great-uncle's hall tree.

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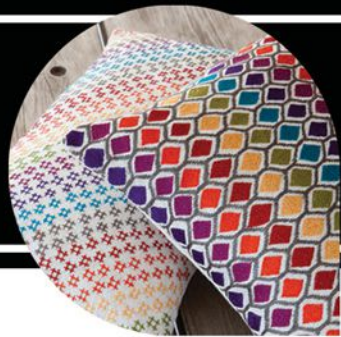
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| Sun. 3rd   | Crowman Jam with Michael Padgett     |
| Thur. 7th  | Chip Scott with Joe Honea Open Mike  |
| Fri. 8th   | Ladies Night with Tori Martin        |
| Sat. 9th   | James Hinkle                         |
| Sun. 10th  | Crowman Jam with Courtney Patton     |
| Thur. 14th | Chip Scott with Logan Gray Open Mike |
| Fri. 15th  | Ladies Night with Melissa Brooke     |
| Sat. 16th  | Terry B. & The Moonshine Slingers    |
| Sun. 17th  | Crowman Jam with Matt Hilyer         |
| Thur. 21st | Chip Scott with Randy Brown          |
| Fri. 22nd  | Ladies Night with Heather Roberts    |
| Sat. 23rd  | Taylor Hickey Band                   |
| Thur. 28th | Chip Scott with Rocky Lott           |
| Fri. 29th  | Ladies Night with Michael Padgett    |
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The Fort Worth scene hanging in the entranceway is Julia's proud nod to her Cowtown upbringing. While shopping at Adobe Interiors on Bryant Irvin one day, Bruce found the copper horses that now perfectly fill the empty space above the door.

"People go nuts over that fabulous piece when they sit at the kitchen bar," Julia said. Containing a big picture window, six-burner stove and big farm sink, this kitchen holds Julia's warmth, thanks to stained knotty alder cabinets boasting old-fashioned handles that match the shaker design on every door and window in the house.

In the living room, the Connors' unusual art collection is modestly displayed. Above another pecan mantel hangs an original James Robinson oil painting they bought together before they were married. On the hearth, they keep a rustic *Hanukiah*, an artful version of the candelabra used during Hanukkah. Next to it are Mexican





stirrups and Japanese deer. Harvested from their New Mexico house is the coffee table, an old Mexican door turned on its side, which holds an oversized chess set, one of four made by Charlie Pratt, another Ruidoso artist. Overlooking the room is a Lladró of a slender cowboy, looking just like country singer Dwight Yoakam, crooning above a nativity scene. “We keep our nativity out year-round,” Julia said, “because we’re supposed to celebrate His birth every day!”

The couple designed their great room with the vision of hosting meetings and Bible studies. “We had our pastor come and dedicate the house to God and His service,” Bruce said. “We put Scriptures on the concrete under the floorboards at the entrance of each room.”

“The one at the entrance to our bedroom is from the Old Testament, about sweet sleep, because I’ve always had trouble sleeping,” Julia recalled. “Now I sleep.”

Their daughter-in-law loves to sleep in their New Mexico room, accented with acorn-yellow walls. Leather pillows on the rich, Southwest-style comforter match the tile work in the bathroom, from which people can enter the outdoor patio with its fireplace. The other guest room showcases furniture from Bruce’s grandmother and great-aunt situated against walls painted chivalry copper and atop plush carpet of a rusty copper hue. Having fallen in love with copper while in New Mexico, Julia even used it for the basin in the guest bathroom at the foot of the stairwell. She also wanted hand-scraped wood floors in the great room and all the hallways, and Bruce has been thrilled with the craftsmanship represented in all of their home’s wood.

The Connors brought a lifetime of experience in living to the design of their beautiful, practical home. Bruce and Julia’s refuge proves over and over again what Julia is so fond of saying: “We’re better together!” **NOW**



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# AQUATIC ADVENTURE

— By Randy Bigham

*Nature lovers know the peace that water brings to any pastoral setting, whether it's the babbling brook of the wilderness or the trickling mini-waterfall of a terrace garden. But what can be more soothing or fascinating than a koi pond? With its colorful varieties of Japanese carp darting among rocks and plants, this touch of nature transforms any backyard into an oasis.*



"Ponds have become increasingly popular recently," acknowledges letsbekoi.com, the online face for this Waxahachie-based fish and pond supplier. "They can be preformed, hand-dug, made from stock tanks, on your patio, even indoors. With so many options, you can make yours as simple or elaborate as you wish."

Koi ponds, as an addition to your water garden, not only create a tranquil environment but ensure years of refreshing enjoyment for the whole family. There are how-to guides for installing koi ponds, available in print and online, and serious garden lovers prefer the do-it-yourself approach. But if you're like most homeowners, you're not a landscape designer or even a seasoned gardener. You will, therefore, likely opt to buy ready-made pond and waterfall kits. It's an expedient route to a beautiful result, yet it pays to be informed.

Whether choosing a local contractor or a national chain to implement the water garden of your dreams, you should acquaint yourself with the process. You should also know how best to address issues from building ordinances that might impede your project to the proper maintenance of the pond, its plants and fish.







## Do you really want a pond?

Before making a decision between a pond or water feature, consider the significant difference. A koi pond will require dedication to upkeep, which a water feature won't. "Ponds are miniature ecosystems with plants, animals and microorganisms working in harmony to achieve balance," explains a how-to

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Before

After



page at Lowes.com. "Ponds are alive and require different care; all need to be circulated in the summer and aerated in the winter."

By contrast, a water feature merely sets off the water with decorative elements like a fountain or a lighted waterfall. They are as low-maintenance as a gardener can get. You just switch it on or off.

## What to know before you build.

Before your landscaper or contractor lays out your koi pond, consult the local code enforcement department. There may be laws restricting the depth of your pond or access to it, and you'll need to be prepared to meet those or other requirements. Ordinances may also mandate fencing types, a building permit or an inspection of the site before and after construction. Finally, call 811 free of charge to request that all gas, electric, phone and cable lines be mapped out for your safety.

## Collaborate with your builder.

You may want to hire either a landscape designer who specializes in gardens and pools or an independent contractor. But you can also pick one of many construction companies that now perform the excavation and initial cultivation of koi ponds.







Work from architectural drawings or images of your builder's former projects or provide your own vision for the size and layout of the pond. Incorporate highlights of your existing garden, for instance a gazebo or arbor, into the scheme. Decide with your builder on the kind of stone to be used for pathways around your pond.

Perhaps you'll want a small, rustic terrace constructed nearby so guests can admire the carp whizzing to and fro. A grotto or other forms of recessed seating along the path to the pond are attractive ideas for individualizing the addition of a koi pond to your garden.

### Select the location.

Choosing the perfect site for a koi pond is key to reducing maintenance while optimizing safety and enjoyment. Make sure the pond is built lower in the surrounding landscape, but not so low that runoff threatens the pond with fertilizer or other lawn chemicals. The pond should sit in an area that receives four to six hours of sunlight. A location fully exposed to the sun will cause issues of overheating and algae accumulation. Placement in full shade will prevent water lilies and other plant life from prospering.

Your builder will need to network with a licensed electrician to ensure safe placement and service for a pump and filters, decorative lighting and other amenities. The pond should also be constructed within access of water hoses and sprinkler lines.

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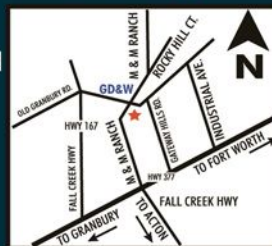
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## Protect your fish.

The bright colors of koi that attract the admiration of garden lovers also draw predators like cats, raccoons and birds. Ponds should have a section deep enough for koi to hide in and ledges that are high enough from the surface to prevent animals from attacking. Nets covering the pond are sometimes suggested to keep away predators.

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# Counting the Hours Serene

*Simply relax while you're home with help from Fletcher's Landscape & Irrigation. — By Melissa Rawlins*

After building a beautiful home, or even when remodeling, well-designed landscaping perfects your experience. Wisdom calls for relying upon professionals who understand local soil, water, weather, flora and fauna, as well as economics. Fletcher's Landscape & Irrigation designs lawns and outdoor living areas reflecting your personal tastes and desires, while making maintenance efficient.

Since 1999, true transformations have astounded Cody Fletcher's customers and their visitors who also enjoy his landscaping. The attractive work of Cody and his crews creates pleasure and serenity. "As people's schedules get busier, tasks like yard work can easily get out of control," Cody said. Relying on Fletcher's Landscape & Irrigation to care for their lawns gives people peace of mind.

Services include landscaping, irrigation, design and installation of water features, fireplaces, outdoor kitchens and pergolas, as

well as maintenance on week-to-week, monthly or yearly contracts. Long-term contracts allow Cody to plan ahead for necessary work in future stages. This keeps costs reasonable.

The family of five operating Fletcher's is very aware of the value of a dollar. Cody and his wife and partner, Lindsey Fletcher, work hard to make sure customers feel their money has been well-spent. "Our bids are itemized, so you can see exactly what you're getting and what the design, labor and services are costing. The final payment is never accepted until Cody has done a final walk through with the homeowners," Lindsey said. They also offer a one-year warranty with landscape and irrigation services and include manufacturers' extended warranties on all systems they install.

Cody has operated as a licensed irrigator in Texas since 2000,



and takes continuing education classes to keep current while he gets more and more experience during every season of Texas weather. "Within the last 14 years, we've experienced the huge drought plus the year when it felt like it rained the whole year," Lindsey recalled. After 14 years in landscaping together, the couple has learned how to give customers outstanding service while rearing their children to be faithful, hardworking citizens of this community.

## "Each rock has a different characteristic to it."

The Fletcher children, 9, 5 and 3 years old, have sometimes accompanied Cody to job sites after school. Each child has their own little shovel, and they enjoy digging in the dirt. When it's time to pick up rakes, they help the crew put equipment away.

Keeping the work environment clean pleases customers, who appreciate the upstanding work ethic of Fletcher's crews. "I run a couple crews, and Jose, my head guy, has been with me for 13 years. I have subcontractors whom I've used for at least 10 years, because they do good, quality work and stand behind their work, as well," Cody said. He supervises every job site, and customers know they can see and talk to Cody any time. "They don't have to worry about the work we do, because it's up to state, city and water district codes."

Reflecting the quality of a licensed, experienced company into every project, Fletcher's specializes in detailed landscapes, like ponds and waterfalls, and hardscapes, like outdoor kitchens and fireplaces. Cody enjoys creating the water features. "Each rock has a different characteristic to it," he said, "and you have to observe how the water is going to run off of it, studying every boulder so it will look as natural as possible."

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Mambrino Elementary School principal Dana Goode helps Julia Pannell unveil the mural about Granbury's history that she painted on the school wall.



The boys in the Schoolfield family give Buggy a guided tour of the square during Granbury's Old Fashioned Fourth of July Celebration.



Randy Shelton, president of Granbury's German Heritage Association, enjoys a Munich Oktoberfest Spaten during the Old Fashioned July Fourth Celebration.



Just a few of the beauties wearing homemade hats for Derby Day at Waterview.



Granbury ISD seventh grade students experience technology in the English Renaissance period at Scarborough Renaissance Festival near Waxahachie.



Sheriff Roger Deeds presents the Resistol hat he once wore in the line of duty to David and Julie Croftin, who placed the winning bid in the Optimist's auction.



Bentley Hillock, who started skateboarding right after he started walking, has a good time at Granbury's Skate Park.



Margret Fields, co-director of Project-44, accepts a check from Tibera on behalf of The Granbury Wine Walk, which gave proceeds to local charities.





*Stevi Parker, with Camden and KayDee, shop at the Tabernacle at Acton.*



*Joyce Low, director of Loaves and Fishes, and coordinator David Potter, load red potatoes onto food pantry shelves.*



*During Art Camp at Acton UMC, Brody Goforth shows his creation of a clay pinch pot character to Shadow Marsh.*



*Families enjoy the excitement of exploring science together during Hood County Library's summer reading program.*



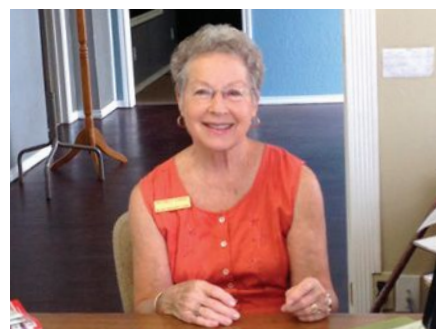
*Grandpa Richard and his two grandsons, Derrick and Nolen, enjoy the day at City Beach Park.*



*Larry Hooper performs romantic ballads on the streets of historic downtown Granbury.*



*Angela Martinez hosts her family and friends to a pizza picnic in City Park.*



*Beverly Parks, one of the many wonderful volunteers at the Brazos Pregnancy Clinic.*



*The Kisner family rests after clean-up duty at Acton United Methodist Church's summer camp.*



## What If You're at Fault?

Did you know that if your dog bites someone at the park, you could end up with the medical bills? And if your child posts defamatory information online, you may owe for damages? Even if someone is accidentally injured while on your property, you may be the one liable. You can prepare for the unexpected and unintended by investing in personal liability umbrella coverage.

### How Does It Work?

Home and auto insurance typically include some liability coverage, and it can be added to renters insurance for a fee. You can also purchase a Personal Liability Umbrella Policy in addition to underlying policies if you want extra coverage — which can be smart. “We live in a very litigious society,” said Michael Barry, vice president of media relations for the Insurance Information Institute (III). “The liability insurance on your home or auto policy could be exhausted quickly if you were to be sued. Umbrella liability steps in to fill the coverage gap.”

### Is It Affordable?

The III estimates that \$1 million in personal liability insurance costs \$150 to \$300 per year. You could benefit by budgeting for the expense. “It’s a wise move as part of an overall plan to protect your assets,” Barry said.

### What Does It Cover?

Personal liability umbrella insurance may cover damages and legal fees if you’re found at fault in certain situations. This coverage may include incidents that happen away from your home, involve “attractive nuisances” such as pools or trampolines, and that aren’t typically covered by home and auto policies, such as defamation of character, libel and slander.

### What Are Its Limits?

Personal liability umbrella insurance won’t cover injury or property damage related to business. If you work out of your house, look into other options for protecting your home-based business. **NOW**

*This article contains only a general description of coverages and is not a contract. Details of coverage or limits vary in some states. All coverages are subject to the terms, provisions, exclusions and conditions in the policy itself and in any endorsements.*

*Jace Foreman is a State Farm agent based in Granbury.*

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The Affordable Care Act requires that most health plans now cover a set of preventive services like shots and screening tests that can help you stay healthy. This includes Exchange/Marketplace insurance plans and most private insurance and employer plans. The best news is, they're free\*, with no copays or deductibles, as long as the services are delivered by a doctor within your insurance network.

The premise behind providing these preventive care screenings free of charge, is that insurance plans want to help you to stay as healthy as possible — and hopefully prevent you from needing serious medical services down the road. Getting the right screenings and medical tests at the right time can help prevent many illnesses and stop others before they become serious or even present symptoms. Depending on your age, gender and other risk factors, your doctor may tell you it's time for an anemia, diabetes or other screenings that can detect cancer or disease in its earliest, most treatable stages.

For women, many preventive care screenings, tests and supplies are now covered:

- Well-woman checkups
- Contraceptives and birth control counseling
- Screenings during pregnancy for a variety of conditions
- Breastfeeding supplies, support and counseling

Most plans also cover preventive care services for children\*, depending on age and risk factors:

- Screenings for autism, high blood pressure, some cancers, depression, developmental disorders, lipid disorders, hearing problems, blood diseases, HIV, hypothyroidism, lead levels, obesity, PKU and vision problems
- Behavioral assessments
- Fluoride and iron supplements
- Immunizations for a variety of conditions
- Oral health

If your insurance covers preventive care services at no charge, skipping them is like leaving money on the table. Talk with your doctor about how to get the most out of your insurance plan. **NOW**

*\*Preventive care services often depend on age and risk factors. Depending on your health insurance, preventive care services may be covered without having to pay a copayment, coinsurance or meet your deductible. This applies only when you use your plan's network providers. Medicaid benefits vary by state. To confirm your level of coverage for preventive care and to make sure your insurance is on your doctor's list of accepted plans, check with your insurance provider, employer or your doctor's office.*

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# Calendar

AUGUST 2014

## August 2

Joseph's Locker 5K Run: 7:00-11:00 a.m., Shanley Park. Benefiting the food and clothing outreach ministry that shares the love of Christ. Contact (817) 219-4737 or (817) 579-1446.

## Blazin' Saddle 75 Bicycle Race:

7:30 a.m.-2:30 p.m., Granbury Middle School, 2000 Crossland Rd. To register, contact Cadence Race Productions, Scott Pangle, (817) 899-3681 or blazinsaddle75@yahoo.com.

Granbury Gunslingers: 11:00 a.m.-2:00 p.m., historic downtown square. Come meet reenactors, entertainers and living educators dedicated to presenting the American Old West, circa 1860-1885. Call Doc Moore, (817) 371-4979.

Rio Brazos Star Party: 8:00-11:00 p.m., Acton Nature Center, 6900 Smoky Hill Ct. Bring water to drink and a chair or blanket for comfort. Cloud date will be August 22. Get more information from (817) 326-6005, riobrazos.starparty@gmail.com or www.actonnaturecenter.org.

## August 9

Discover Family: 10:00 a.m.-4:00 p.m., Acton

United Methodist Church. Free day camp for families with kids of all ages. RSVP required to Camp Director Kim Howard, (817) 326-4242 or kim@actonumc.org.

Girls Night Out: 5:30-8:00 p.m., historic downtown square. Call Brenda Hyde, Historic Granbury Merchants Association, (817) 573-5299.

## August 11

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Free for citizens seeking education on art and artists. Call (817) 578-3090.

## August 15

Strings 4 All Seasons Concert: 7:00 p.m., Tarleton Langdon Center Concert Hall, 308 N. Pearl St., corner of East Bridge and North Brazos. The American string quartet in F Major by Antonin Dvorak. Donations accepted. Contact April Brenning, (817) 578-7410.

## August 16

Sounds on the Square: 7:00-9:00 p.m., Courthouse Lawn. Free family fun presented by the Green Light Pistol band. The band's sound blends the Grand Ole Opry with the inner circle of a mosh pit. For more

information, contact Pat Andris, Granbury Visitor's Center, (817) 573-1114.

## August 19

Healthy Woman: Noon-1:00 p.m., Granbury Resort Conference Center. Lake Granbury Medical Center presents two physicians discussing Eye Health, Alzheimer's Disease & Dementia. \$2 for members, \$5 for non-members. RSVP by noon on **August 15** to (817) 579-2979.

## August 30 — September 1

Biker Bash Texas: 9:00 a.m.-6:00 p.m., historic downtown square. For information, contact Warriors for Christ Biker Fellowship, (817) 579-5448 or visit www.bikerbashtx.com.

Last Saturday Gallery Night Art Walk: 6:00-9:00 p.m., 106 N. Houston St. Artists will be on hand, some giving demonstrations, while you enjoy hors d'oeuvres, wine and music. Contact (817) 579-7733.

*Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.*

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## In the Kitchen With Billy Clark

— By *Melissa Rawlins*

An Animal Control Officer for Hood County by day, evenings often find Billy Clark cooking for his wife, Tina, and their soon-to-be-born child, “Peanut.” Preparing flavorful steaks, chicken or stews, Billy’s style is inspired by family. His flamboyant uncle took 9-year-old Billy into the kitchen first. “We just kind of threw things together until it tasted good,” Billy said, grinning. One summer morning at grandmother’s house, three generations cooked breakfast together. “It was fun until the gravy was so thick that the spoon stuck straight up in the pan!” His encouraging grandfather introduced Billy to a cooking show called *2 Fat Ladies*. “They made cooking entertaining,” Billy said. “I learned from them that some of the nastiest looking foods can be amazingly delish.” **NOW**

### Gold Chili

Nonstick cooking spray

1/4 cup onion, minced

2 tsp. garlic, minced

2 boneless, skinless chicken breasts, cooked and cut into 1/4-inch cubes

1 15-oz. can tomato sauce

3/4 cup beer

1/2 cup chicken broth

2 Tbsp. chili powder

2 tsp. ground cumin

1 tsp. dried oregano leaves

1 tsp. soy sauce

1 tsp. Worcestershire sauce

3/4 tsp. salt

1/2 tsp. paprika

1/2 tsp. ground red pepper

1/4 tsp. turmeric

1/8 tsp. each rubbing sage, dried thyme leaves, dry mustard

1. Heat a large skillet, coated with cooking spray, over medium to high heat.

2. Cook onion and garlic, stirring for 5 minutes or until golden brown.

3. Add remaining ingredients. Stir well. Bring chili to a boil. Reduce heat; simmer 20 minutes, stirring occasionally, until chili thickens slightly.

### Hickory Beef Kabobs

1 lb. boneless beef top sirloin or tenderloin steak

2 ears fresh corn

1 green bell pepper

1 small red onion

1/2 cup beer

1/2 cup chili sauce

1 tsp. dry mustard

2 cloves garlic, minced

3 cups hot cooked white rice

1/4 cup fresh parsley, chopped

1. Cut beef into 1 1/4-inch pieces. Shuck and clean corn, and then cut crosswise into 1-inch pieces. Cut pepper into 1-inch pieces. Cut onion into 1/2-inch wedges.

2. Place beef and vegetables in a large, resealable plastic food storage bag.

3. Combine next 4 ingredients in a small bowl. Pour into bag. Seal bag tightly, turning to coat. Marinate in refrigerator 1 to 8 hours, turning occasionally.

4. Prepare grill for direct cooking. Meanwhile, cover 1 1/2 cups hickory chips with cold water; soak 20 minutes.

5. Reserving marinade, drain beef and veggies. Thread onto 4 12-inch metal skewers. Brush with reserved marinade. Drain hickory chips; sprinkle chips over coals. Place kabobs on grill.

6. Grill kabobs uncovered over medium heat for 5 minutes. Brush with reserved marinade, turn and brush again. Continue to grill 5 to 7 minutes, or until desired doneness.

7. Combine rice and chopped parsley. Serve kabobs over rice mixture.

### Beer Cheese Dip

3 cups cheddar cheese, shredded (divided use)

16 oz. cream cheese, softened

1 1-oz. pkg. Hidden Valley Original Ranch salad dressing and seasoning mix

1/2 to 3/4 cup beer

1 bunch green onion, chopped

1. In a medium bowl, combine 2 cups cheddar cheese, cream cheese and salad dressing / seasoning mix.

2. Gradually stir in beer until mixture is to desired consistency.

3. Garnish with green onion and remaining cheddar cheese. Serve with pretzels or veggies.

To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).





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