

EnnisNOW

M A G A Z I N E

AUGUST 2015

Recipe for Success

Coach Jack Alvarez
is focused on
the job at hand.

Countrified Elegance

At Home With Josh
and Corin Evola

Finding the Way

Achieving Strength and Mobility

In the Kitchen With
Paula Hardin

Dining
Deals
Inside!

OPEN 24 HOURS DAILY

DOC'S BEVERAGE



Kolache Depot Bakery

KLOBASE SANDWICHES CZECH WASH

1103 E. Ennis Ave. • Ennis

Store: 972-875-9451 • Bakery: 972-875-8364

Now Selling Czech Wines



- Drive-thru ATM
- Inside ATM
- Copy Machine
- Fax Services Stamps
- Large Selection of Wine & Beer
- Check Cashing, Payroll, Insurance & Tax Refund
- Ice
- Bill Pay
- Money Grams
- Free Money Orders

Breakfast & Lunch Menu • Bakery Items



We bake fresh daily.

We also sell an assortment of day-old dozens Kolaches at a reduced price as available.



Special!

99¢ Ice Cream Cone



Try our
brand new
**FUEL
DISPENSERS**
offering you the
best security
measures available.



CarWash

Quick & Easy! Get Yours Today!

Platinum Wash	\$9
• 100% Foam Detergent	• Rain Sensor
• Under-Carriage Wash	• Spot-free Rinse
• FoamBrite Wash	• Dryer
• Wheel Scrubber	
• Rinse	

Gold Wash	**\$7**
• Under-Carriage Wash	• Clear Coat
• FoamBrite Wash	• Spot-free Rinse
• Rinse	• Dryer
Silver Wash	**\$5**
• FoamBrite Wash	• Dryer
• Rinse	

FREE VACUUM with the purchase of a car wash

Call Today to LEARN More About Our
Great Programs!



**Vanessa
Zmolik**
(469) 337-4578
NMLS# 373756 - RMLO



**Ashley
Johnson**
(214) 949-9493
NMLS# 178067 - RMLO



101 NW Main St., Ennis, TX 75119 711 W. 2nd Ave. #B, Corsicana, TX 75110

Office (972) 878-2224 Fax (972) 878-2225

Company NMLS#3274. Branch NMLS#393949 & #1248650. This branch lends in TX.

Our Office Is Expanding!

City Real Estate is looking to build their team of Real Estate Agents and will be actively interviewing licensed and non licesned professionals. Call City Real Estate at 972-878-2222 to set up an appointment with Amelia or Wayne.

Amelia Valdez
469-658-5506



Linda Rudd
214-796-8197



City Real Estate



Kim Lu
817-913-2693

Stacey Goodman
972-333-6951



Marylyn Wylie
972-268-1651



Janie Hendrix
817-271-0720



Linda Blake
972-351-4521



Liz Taylor
214-564-8738

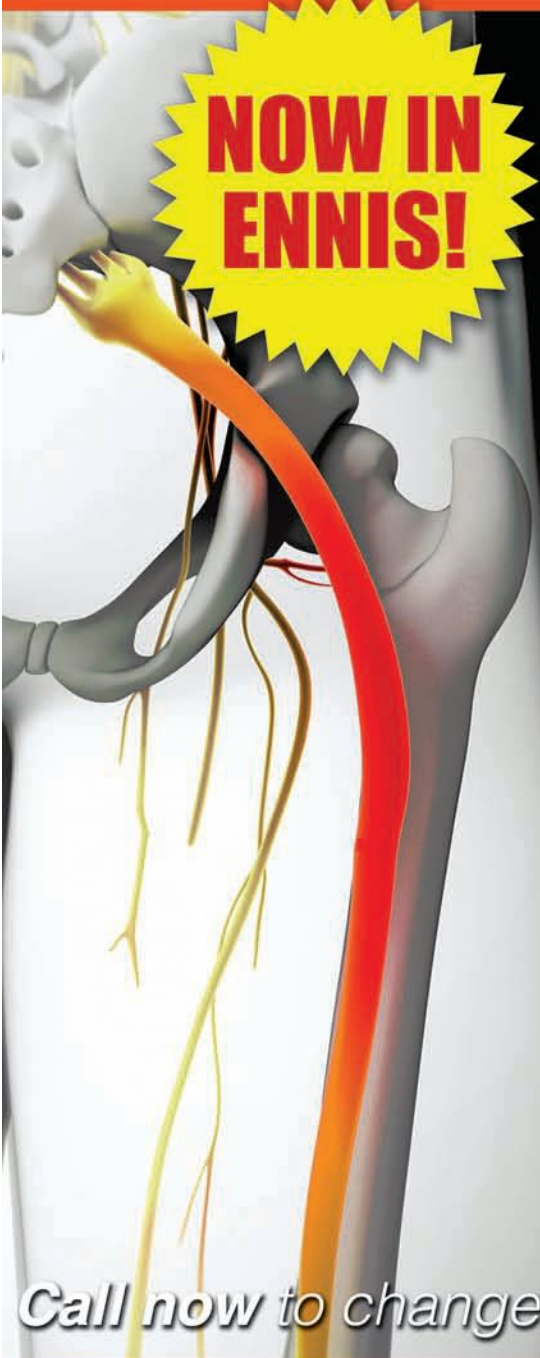
Our Team of Professionals Are Here to Help Make Your Home Buying or Selling a Great Success!

101 NW Main St. Ennis, TX
www.citytxrealestate.com

Office (972) 878-2222
Fax (972) 878-2225

WE SPECIALIZE IN SCIATICA

Treatment Covered by Most Major Health Insurance Plans - Including Medicare



**NOW IN
ENNIS!**

Common symptoms of *sciatica* include:

- Pain in the buttocks or leg that is worse when sitting
- Burning or tingling down the leg
- Weakness, numbness or difficulty moving the leg or foot
- A constant pain on one side of the buttocks
- A shooting pain that makes it difficult to stand up

If you are experiencing any of these problems, you may be suffering from sciatica. Sciatica affects everything you do, from work to play and ultimately, your quality of life. If you are tired of taking drugs that only mask the problem, or you are facing surgery, we invite you to come in and find relief. We want you to know there is hope. You can get rid of your sciatica pain and get your life back. We have helped hundreds of people just like you.

We are so confident that we can help you eliminate your pain that we are offering a free consultation to see if treatment can help you. There is no obligation, and the only thing you have to lose is your pain.

Call now to live pain-free without drugs or surgery.

— **Dr. David Marcial, D.C.** Clinic Director
— **Dr. Michael K. Shrader, M.D.** Medical Director
— **April Morgan** Family Nurse Practitioner

Call now to change your life. You can live pain-free.

SPACE IS
LIMITED



HOMETOWN PHYSICAL MEDICINE
2200 W. Ennis Ave. • Suite A • Ennis
972-875-8600

El Doctor Habla Español

CALL TODAY TO
SCHEDULE YOUR

FREE CONSULTATION.
www.hometownchirotx.com

607 Ferris Ave. • Waxahachie
972-923-1003

Disclaimer: Due to Federal Law some exclusions may apply. Copyright © Epic Marketing 2013

Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker

Ennis Editor, Sandra Strong

Editorial Assistant, Rachel Smith

Writers, Sara Edgell . Jeff Irish

Larry A. Jinks . Virginia Riddle

Melissa Swedowski

Editors/Proofreaders, Pat Anthony

GRAPHICS AND DESIGN

Creative Director, Chris McCalla

Artists, Kristin Bato . Julie Carpenter

Morgan Christensen . Martha Macias

Brande Morgan . Shannon Pfaff

Felipe Ruiz

PHOTOGRAPHY

Photography Director, Jill Rose

Photographer, Amy Ramirez

ADVERTISING

Advertising Representatives,

Linda Roberson . Teresa Banks

Linda Dean-Miley . Mark Fox

Bryan Frye . Melissa McCoy . Lisa Miller

Carolyn Mixon . Cleta Nicholson

Lori O'Connell . John Powell . Steve Randle

Joyce Sebesta . Shelby Veldman

Billing Manager, Angela Mixon

ON THE COVER



Coach Jack Alvarez is ready to get the season started.

Photography by Amy Ramirez.

CONTENTS

August 2015 • Volume 12, Issue 8

8



8 Recipe for Success

The Ennis Lions will soon take to the field under Friday night lights.

16 Countrified Elegance

At Home With Josh and Corin Evola.

22 Finding the Way

James Steele leads his classes on a journey to achievement.



16

28 BusinessNOW

30 Around TownNOW

32 FinanceNOW

34 HealthNOW

36 CookingNOW

EnnisNOW is a NOW Magazines, L.L.C. publication. Copyright © 2015. All rights reserved. *EnnisNOW* is published monthly and individually mailed free of charge to homes and businesses in the Ennis ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 875-3299 or visit www.nowmagazines.com.



Editor's Note

Happy August!

Wow! Another school year is about to begin. I can't remember where last year went in such a hurry. Like they say, you blink and it's gone. They, whoever they may be, are right. I feel like I was just reminding readers to slow down in the school zones and be respectful of the responsibility the crossing guards have as they make sure our youngest citizens get from point A to point B safely. But, in reality, it was a year ago.

Oh my goodness! What about the school bus drivers?

We can't forget them. They, too, have an obligation to make sure students get to school on time safely, long before the tardy bells ring. I'd like to tell each one of them how much their dedication and commitment to our future leaders means to me. They are such an important part of what makes Ennis great!

Sandra


Sandra Strong

EnnisNOW Editor

sandra.strong@nowmagazines.com

(972) 765-3530

HAPPY
Back-to-school!



CALL US FOR A QUOTE!
BOB WALKER INSURANCE
119 SW MAIN ENNIS TX 75119
Now serving Ellis County with family-friendly service for over 50 years.
972.875.2321
972.878.2321
Se habla Español



AUTOMOTIVE SERVICE CENTERS
For All Your Automotive Repair and Maintenance Needs



ENNIS
2308 W. Ennis Ave • 972-875-3323



RED OAK
134 E. Ovilla Rd. • 972-617-2256

Now Offering
Towing Service
972-875-KWIK (5945)
\$10 Off Towing
With this ad.

Every Wednesday is
LADIES DAY
\$5 Off
OIL CHANGE



Family Owned
Since 2000

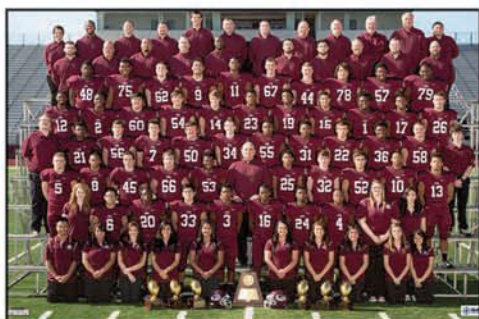


Ennis
Independent
School District

Reflecting on the 2014-2015 school year

EISD students have shown amazing achievements in all areas of school life.

EISD students accomplished more during the 2014-2015 school year than most districts see in a decade, including:



Ennis Lions 2014 State Champions



Ennis Archery advances to Nationals

- EHS Senior, Chauncey Buckley, broke to finals at the 2nd Annual UIL Student Congress Competition held at the Texas State Capital.
- The EHS FFA Ag-Mechanics team built a 12' tandem axle smoker and competed against 249 other entries at the Fort Worth Stock Show and Rodeo. The students brought home top honors with the Overall Reserve Grand Championship Prize.
- The 2014 State Champion Football team earned the Chevy Team of the Year award along with many state honors.
- Alli Hoffman was a State Choir Qualifier.
- EHS Band earned its 50th UIL Sweepstakes Award: All State Symphony: Ross Mitchell-EHS trumpet player.
- The Science Technology Engineer Mathematics Team (STEM) competed in the National competition. They took 11th place overall. Excellent results for their first year.
- Ennis ISD's archery team did well at State and advanced to the National archery competition. The 3D archery team advanced to World.
- Boys Track State Qualifiers: 4x1 or sprint relay - Davante Edwards, Devin Smith, Desten Johnson, and Dee Wilson.
- Girls State Track Qualifier: Katherine Stuckly - High Jump.
- Powerlifting State Qualifier: DeAnthony Lane.
- Team Tennis were Regional Qualifiers.
- The Softball team won district while ending an impressive year as regional finalists.
- The Technology Student Association (TSA) Competition team advanced to Nationals.

With these unbelievable student successes combined with the increased academic rigor in the classrooms, it's no wonder why Ennis ISD has seen an overall increase in student enrollment for the 2014-2015 school year while past years have seen a decline. There is no better place than Ennis ISD for students to get a solid education with fabulous teachers, technology rich resources along with incredible sponsors to prepare the students for state and national competitions.

2015-2016

Ready for Anything... We

BELIEVE



Ennis ISD 303 W. Knox St. Ennis, Texas 75119

972.872.7000

www.ennis.k12.tx.us

KNEE PAIN SUFFERERS FIND NEW HOPE IN FDA APPROVED TREATMENT

Treatment Covered by Most Major Health Insurance Plans - Including Medicare

NOW IN ENNIS!

Who is a **good candidate** for this treatment?

- Have you been diagnosed with osteoarthritis?
- Do you wake up with knee pain?
- Does your knee pain keep you from certain activities?
- Have you been told you need a knee replacement?
- Are you active and sometimes suffer from sore knees?
- Do you have difficulty going up and down stairs due to knee pain?
- Do you take medications for knee pain?
- Are you considering surgery to alleviate knee pain?
- Have you suffered a knee injury during a sporting event?
- Does your knee ever feel like it is "giving way" or unstable?
- Has a recent car accident caused you a knee injury?
- Have you had a direct blow to the knee from a fall?

Consider these facts before surgery.

People who suffer from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails, and the pain is too much, some feel that surgery is the only option. Before you put yourself through months of immobility, pain, rehab and hefty medical bills, consider something else.

How do I know that this is right for me?

In most cases, if you have knee pain, this is a great solution. Our doctors will give you an honest and fair evaluation of your particular knee pain. Call today to schedule your FREE knee consultation. Now is the time to take control of your life and say goodbye to knee pain the nonsurgical way!

Hometown Physical Medicine		Surgery
Cost	Covered by most insurance plans including Medicare	Deductible, co-pay, medications, time off work, etc.
Risk	No known side effects	Complications, poor outcome, addiction to pain medications
Pain	Little to none	Can be severe for months
Recovery	Immediate	Months/years

— Dr. David Marcial, D.C. Clinic Director

— Dr. Michael K. Shrader, M.D. Medical Director

— April Morgan Family Nurse Practitioner

Call now to change your life. You can live pain free.

SPACE IS LIMITED



HOMETOWN PHYSICAL MEDICINE
2200 W. Ennis Ave. • Suite A • Ennis
972-875-8600

El Doctor Habla Español

CALL TODAY TO
SCHEDULE YOUR

FREE CONSULTATION
www.hometownchirotx.com

607 Ferris Ave. • Waxahachie
972-923-1003

Disclaimer: Due to Federal Law some exclusions may apply. Copyright © Epic Marketing 2013

SEE WHAT YOU'VE BEEN MISSING®



\$500 OFF
NORMAL PRICE
\$1,199.95



**Taurus Judge First
24 Kit .45LC / 410 GA
\$699.95**

TAU24410397F24



**DPMS Oracle Semi Auto-
matic .223 Rem A15 A3 16"
Lite RFA3-OC
No sights, 1 30rd Mag
\$599.95**

DPMSRFA30C



**FNH SCAR 17S SA
.308/7.62 16.3" Black
SCAR Carbine 16.3"
\$2,998.95**

FNH98561



**FNH FNX Tactical .45 ACP
FDE 4" Threaded Barrel
.578x28
\$1,129.95**

FNH6968



**Barrett M107A1 Semi
Automatic .50 BMG Rifle
29" Fluted Barrel, Tungsten Grey
\$11,914.00**

BAR14553



**S&W Bodyguard .380 ACP
Crimson Trace Laser
.380 ACP Pistol
\$399.95**

SMI10048



**Ruger Model 77/17 .17
WSM 24" S/S Walnut
Bolt Action Model 77/17
\$809.95**

RUG7216



**Taurus Model 738 TCP
.380 ACP 2.84" 6+1
\$199.99**

TAU1738031FS



**Kel-Tec PF9 9mm DAO
Pistol 3" 7+1 Cap. Black
PF9 Pistol
\$269.95**

KELPF988LK



**Seekins Precision SP10
.308 Rifle
\$2,487.95**

SEE0011310000



**H&K VP9 Standard
9mm 4.1" 15+1 DA
H&K 9mm Pistol VP9
\$679.95**

HK700009LEA5



**Kel-Tec PMR-30 .22 WMR
4.3" Barrel Black 30rd
Fiber Optic Sights
\$449.95**

KELPMR308BLK



**Remington 700 VTR
.223/5.56 22" 5+1 Syn Grn
Stk Blued
Rem. 700 .223/5.56 NATO
Bolt Action Rifle
\$719.95**

REM84370



**Ruger .22 Charger Take-
Down .22 LR 10"
Threaded Barrel
.22LR Pistol
\$343.95**

RUG4918



**Ruger 22/45 .22 LITE 4.4"
Blue Anodize Threaded
Barrel 10+1
\$429.95**

RUG3908



**Springfield XDS 9mm 3.3"
Essentials W/ 2 7rd
XDS9339BE
9mm
\$399.95**

SPRXDS9339BE

**OVER 1,000 DIFFERENT TYPES OF AMMUNITION,
TOTALING OVER 1 MILLION ROUNDS IN STOCK**

**VISIT OUR NEW
RETAIL LOCATION!
NOW OPEN**
5840 E. US HWY 287
MIDLOTHIAN, TX 76065



ORDER NOW AT SWFA.COM
1.972.SCOPE IT
(1.972.726.7348)

RECIPE for SUCCESS

— By Sandra Strong

Back to school means Friday night lights, dedicated fans and high school football at its finest. In Ennis, it means the next season for the 2014 State Champions begins as they take to the field under the leadership of Head Football Coach Jack Alvarez. The successful strategy for Coach Alvarez will remain the same. “We will take one step and one game at a time,” he said, referring to his coaching style. “And we can always take one step back, if we need to, in order to fix something and get it right.”

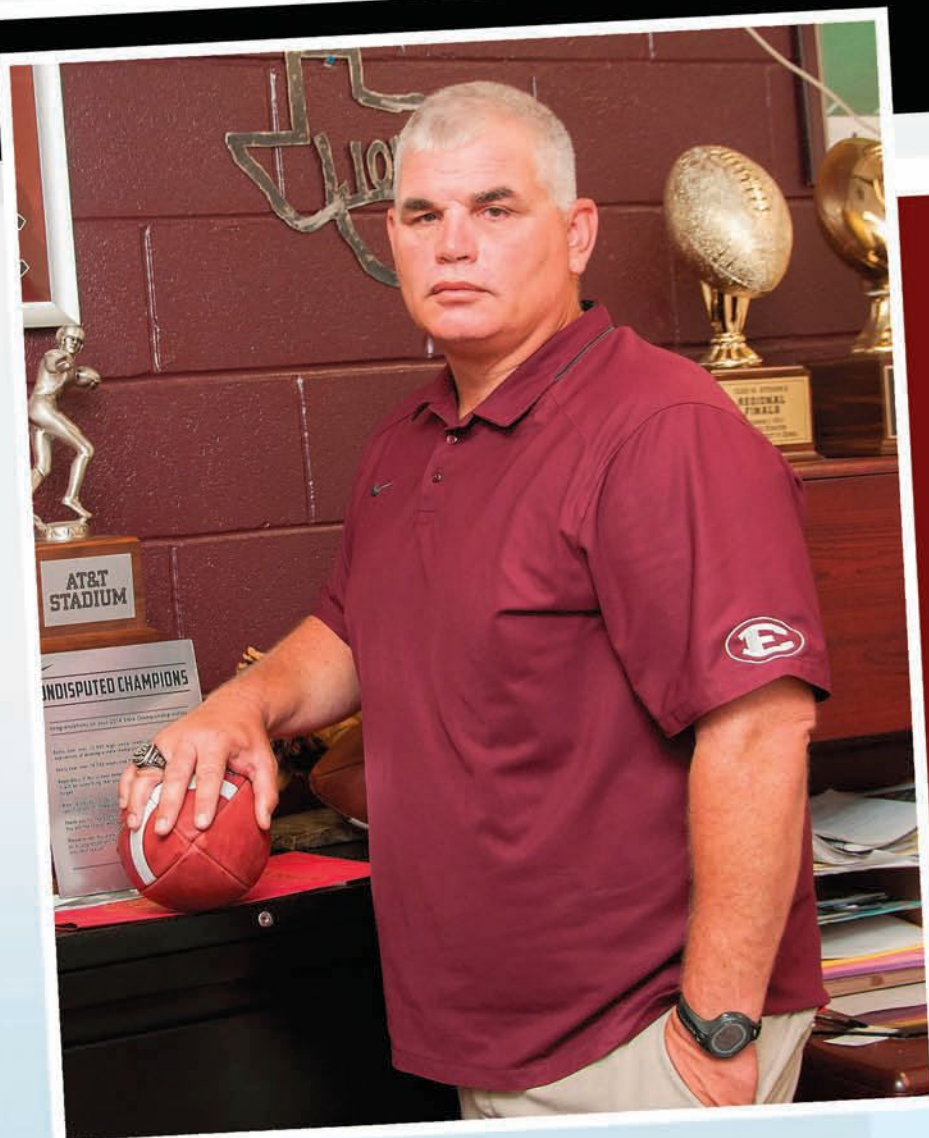
This year promises a much tougher schedule than last year, but Coach Alvarez and his assistant coaches — Brandon Alvarez, Hank Hollywood, Steve Morrow, Nathan Moye, Andrew Novak, Monte Reagor, Macy Thompson and Jake Willingham — are ready for the challenge. The full roster this season offers many opportunities for the team as a collective whole. “The numbers [of players] are better than ever,” Coach Alvarez shared. There are over 200 young men signed up to play at the high school level, with another 200-plus who plan to suit up at the junior high level. “The large numbers are a recipe for success in the football program,” he added.

Spring ball practice came to an end in May. “This was four weeks and 18 practices,” Coach Alvarez explained. “It was a good trade for one full week in the fall. It gave us a firm foundation to

stand on.” As summer began, the team participated in early morning workouts that led to the Summer Pride Weight Conditioning program. The football camp will once again be held this year from August 3-5. Coaches teach the camp, but many of the high school football team members “hang out” to help. It builds self-esteem in the camp attendees, while continuing to build Lion pride in the players. Year-round conditioning is not uncommon. It’s part of most high school football programs.

On August 10, the Ennis Lions will hit the practice fields for two-a-days. The coaching staff will begin their job — teaching the young athletes the importance of success on *and* off the field. “Of course, we want to win every game,” Coach Alvarez said, “but our main goal is to build good citizens.” Coach Alvarez and his staff want to see





**“The kids
play hard
because,
at the end
of the day,
they know we
genuinely
care for them.”**





Accepting New Patients



Monday-Friday 8:30am-5:00pm
 2203 W. Lampasas, Suite 102 • Ennis, Texas 75119
 MAIN 972.875.6320 • FAX 972.875.6332



**Board Certified Pediatric Dentists
 Jon Ousley, DDS, MSD & Associates**

- Kid-Friendly Atmosphere
- Balloons, Stickers, Prizes
- Wii Games & Movies
- Hospital & In-Office Sedation Available
- Most Insurances Accepted




972.351.9700 972.875.5437
 1710 W. 287 Bus., Suite 140 Waxahachie, TX 711 S. Clay St., Ennis, TX

Schedule Online Now
JustForKidsDental.com





these young men graduate with a high school education, work hard, care for their families as they grow into adulthood and be successful members of society. "It's about teaching character and work ethic," he reiterated.

The work ethic and "something more" attitude Coach Alvarez lives by were learned by a previous coach he once had in high school. "I do my best to lead by example. As long as we as coaches are willing to be real, the guys will respect us," he explained. "The kids play hard because, at the end of the day, they know we genuinely care for them."




His humble nature comes to the forefront when he talks about wins and losses. "Anytime we win, the team gets full credit for that win," he admitted. "It's all on me when we lose."

Beginning his fourth year at Ennis High School, Coach Alvarez looks back on what initially brought him to this place in life. As a young athlete, he remembers participating in any sport offered. "But, I put my best effort into football," he said.

After graduating from high school, Coach Alvarez earned his Bachelor of Science degree at Henderson State University in Arkadelphia, Arkansas. While in college, he was a two-year captain and a four-year letterman in football, where he continued to excel at the sport he still loves today. He went from coaching at West Sabine High School to Kirbyville High School, where for 10 years he served as the head football coach and athletic director. When he took over the Kirbyville program, the football team had not won a game in over two years. Coach Alvarez, along with his staff and team, took the program to nine consecutive play-off runs.

His record with the Ennis Lions speaks for itself. His first year, the team was named the 4A Division 2 Bi-district Finalist. It was the first playoff appearance they had made in five years. Just a short two years later, he experienced what every high school coach dreams about when they first



John M. Sullivan, M.D.
General & Laparoscopic Surgery

Accepting New Patients

BIG OPERATIONS
Small Incisions

- Hernias
- Skin Cancers
- Colonoscopy and Endoscopy
- Minimally Invasive Hemorrhoid Procedures
- Laparoscopic Gallbladder
- Lumps/Bumps

Located inside Ennis Doctors Center
802 W. LAMPASAS • ENNIS
972-875-4700 • METRO 972-878-4700



Meg Sullivan, M.D.
Board Certified ~ Cardiology
Fellowship in Cardiovascular Disease
Baylor University Medical Center

Accepting New Patients

- Outpatient Stress Testing
- Echocardiography
- Preoperative Assessment
- Pacemaker Evaluation
- Preventive Cardiology

Located inside
Ennis Doctors Center
802 W. LAMPASAS • ENNIS
972-875-4700 • METRO 972-878-4700

Education based child care for: Infants - Toddlers - Preschool - Pre-K Before & After School



Cedar Ridge

CHILD DEVELOPMENT

1700 Cedar Run • Ennis, Texas 75119
972-875-8384 www.cedarridgecd.com

PROGRAMS FOR AGES 6 WEEKS - 4TH GRADE

set out on a coaching career — the State Championship. As he's getting comfortable in this, his fourth year, he vividly recalls that win. "I've coached in two other championship games and lost both," he said. "To lose is the worst feeling, but to win is the greatest feeling. It was worth the wait."

The road to the championship game last year wasn't easy, but the hard work and dedication the team showed throughout definitely paid off. Win or lose, Coach Alvarez knew the kids played with their whole hearts. "They wanted that win," he said. "All year, they had been on a relentless pursuit. All I had to do was get them to the game."

As the new school year gets underway, Coach Alvarez has high hopes for the team. Key players returning on offense include: Trey Elliott, Dee Wilson, Sam Grayson, Trendon Rolen, Devin Collins, Kyle Casas and Andy Corea. Returning defensive players include: Adam Glasp, Jaylen Hill, Logan Lipscomb, Marcus Monroe, Tori Williams and Jordan Wester. "These players have experience," he stated. "They have 'skins on the wall.'"

Coach Alvarez also realizes the success of the Ennis Lions football program doesn't happen with the team and its coaches alone. He understands that it also takes a village to win championship games. "We couldn't do what we do without the support of the Ennis ISD administration, the booster club, the marching band, the drill team, the cheerleaders and, of course, the fans," he said. He mentioned several who are die-hard Ennis Lions football fans — Gary Fincher; Bob Taylor; Bill Cox; Rosemary Washburn; and the team chaplain, Pastor Todd. "Each one of these groups and each one of these people is important," he continued. "They enhance the atmosphere."

The young men that take the field under the Friday night lights will have one thing in common. They are a team that helps one another, believes in one another and is supportive of one another. When one hurts, they all hurt. When one is triumphant, they all feel the thrill of victory. "We are going into the new season with a sense of urgency," Coach Alvarez said. "We are controlled in our efforts, and we are focused on the job ahead." **NOW**

HAMIL, HARRISON & Co., LLC



At Hamil, Harrison & Co. LLC it is our mission to complete every job on time and within the budget we have set. We will do what needs to be done to ensure your HVAC equipment is running at peak efficiency. It is our dedication to our customers that truly sets us apart from other companies and has allowed us to grow in our industry over the years.

- Full service HVAC company
- Authorized Trane® dealer
- Quality heating, cooling, HVAC equipment installations and repairs

972-875-5747 • 805 W. Hwy 34

Since 1955 Hamil, Harrison & Co. LLC. has been serving customers in Ennis, Texas and the surrounding areas.



TACLA35040C

Kevin A. Williams, M.D.

Orthopaedic Surgery
& Sports Medicine

Dr. Williams is an orthopaedic surgeon and has practiced in Ennis since 2005. He graduated from Columbia University and did his residency at St. Luke's Roosevelt Hospital in New York City, NY. Dr. Williams specializes in knee and shoulder problems, carpal tunnel and sports injuries. Dr. Williams is taking new patients of all ages.



Ennis Doctors Center

www.ennisdocs.com



All services performed in one location for your convenience at a lower cost.

In-house Lab Digital X-ray

Nuclear Medicine • Bone Density
Cardiac Echo • Stress Testing
Industrial Medicine
DOT Drug Screening
*Now Offering Immigration Physicals
and Allergy Testing

802 W. Lampasas, Ennis

972.875.4700

Metro: 972.878.4700

www.ennisdocs.com



John M. Sullivan
M.D., General &
Laparoscopy Surgery



Francis Nwafor,
M.D., Urology



Dilip Solanki
M.D., Oncology



Tonya Youngblood
M.D., A.B.F.P.



Larry A. Jinks,
M.D., F.A.C.P.
Internal Medicine



Robert A. Silverman,
M.D., F.A.C.P.
Internal Medicine



Meg Sullivan
M.D.
Cardiology



Shannon Childs
Family Nurse
Practitioner



Merle Filecia
Family Nurse
Practitioner



Chance Turner
Family Nurse
Practitioner



Ammar Haque
M.D., Board Certified
Nephrologist

Summer of Smartphones

Obtén uno por tan solo
Get one for as low as

\$9.99*



Cricket Wireless, Ennis
1012 E. Ennis Ave Ste# J, Ennis TX 75119
972-875-8492

cricketSM
wireless



 <p>Nokia Lumia 530 \$49.99 Original Price \$9.99 New, Port in Activation</p>	 <p>HTC 510 \$149.99 Original Price \$39.99 New, Port in Activation</p>
 <p>Moto E \$129.99 Original Price \$49.99 Port in Activation</p>	 <p>Galaxy Grand Prime \$179.99 Original Price \$99.99 Port in Activation</p>



And now plans starting at \$50 per month include

UNLIMITED CALLS TO MEXICO,
all in, taxes and fees included.



Pedro F. Franco, DDS

— All Four
WISDOM TEETH

+

Sedation
= \$1500

(Applies to patients without insurance)

Call today **(972) 875-7616**



Oral &
Maxillofacial
Surgery

2200 W. Ennis Ave. Suite B Ennis, Texas 75119 www.dfwoms.com

If your bank is
changing its name again,
switch to a community
bank that's been loyal
for 147 years.

Being a community bank is more than just a designation,
it's a commitment. That is why we are so proud to have
served Ellis County since 1868. We offer more than
just the best services, we give you stability.

Bank *m*Powered

Open an account online today!

www.cnboftexas.com



**Citizens
National Bank
Of Texas** MEMBER FDIC
Your Bank Since 1868

972-938-4300 | 1-877-938-4300



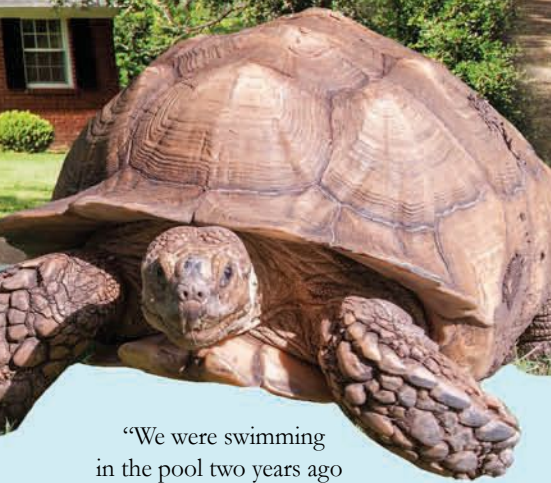
Countrified Elegance

— By Virginia Riddle

Tucked away in a quiet cul-de-sac is a home that is full of life, love and adventure! Since purchasing the home in the late spring of 2013, the Evolas have enjoyed the major renovation process. "We like making changes to a home — making it our own," Josh stated. Josh and Corin Evola, their two daughters and the family's menagerie of animals, reside there.



At Home With Josh & Corin Evola



"We were swimming in the pool two years ago this month, while we were in the beginning stages of the renovation," Corin remembered.



A circular drive welcomes friends and family to pull in, smell the roses and sit or rock awhile in the white rockers, wooden porch swing or additional seating on the broad, front-pillared porch. Ceiling fans provide cooling breezes. A collection of boots by the front door shows that this family loves the outdoors. Their second home, a Silver Streak camper from the 1960s, houses the family on camping and hunting trips. "The camper came to us with its original papers," Corin said.

Josh was born in New York but grew up in Israel. With an uncle living in Mansfield, Texas, his family decided to move to Dallas. Today, Josh and his brother, of Italian/Israeli descent, are co-owners of



We've Got Your Back!

Go back-to-school shopping
with the ESB Mobile App.

-  View Account Activity
-  Transfer Funds
-  Turn on/off Debit Card
-  Locate Branch or ATM



FDIC

815 W. Ennis Avenue • Ennis, TX 75119 • 972-875-9676



The temperatures are hot and so is the real estate market!



Call ESB Mortgage to check out our sizzling rates!



**MORTGAGE
COMPANY**

www.esbmortgage.com

972-878-5866 • 815 W. Ennis Avenue • Ennis, TX 75119



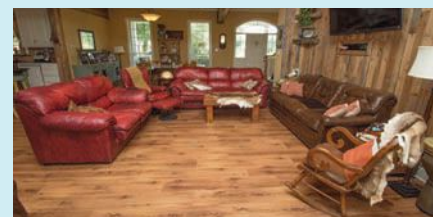


Tuscan Slice Italian restaurants located in Waxahachie, Greenville, Sherman and Tyler. He is also a licensed real estate agent with Hi View Real Estate. "I really enjoy Ennis' small-town atmosphere and getting to know everyone," Josh stated. The family moved from Telico to Ennis, so they already knew the area, had a wonderful church family and felt at home.

Corin describes herself as "an all-natural girl." She hails from California, where her family still lives. Following high school, Corin spent three years with Teen Mania, a mission ministry, traveling to several countries including: Canada, Mexico, Panama and Africa. In 2001, she went back home only to return to Texas within

a matter of months to work with a church plant. In May 2002, Corin was getting sign quotes for the new church property and met Josh through "the sign guy," his uncle, who invited them both to a Shabbat service at his congregation. "It was like a scene from a movie. Josh blew the shofar in the service, and we danced Israeli dances. The next day, I called home and told my mom that I had just met the guy I was going to marry," Corin remembered. A year later, they were married.

In December 2009, Corin graduated from El Centro's nursing program and became an ICU nurse at Charlton Methodist Medical Center. She's now on sabbatical enjoying her "favorite job



Ennis Care Center
NURSING AND REHABILITATION

*We are a family
who cares.*

The staff of Ennis Care Center are the sweetest most wonderful people! I can't believe how nice everyone is! I really do appreciate all they did for me. Everything about my stay was enjoyable. The therapy department showed me things I didn't even know I could do and I feel stronger than I thought I could. I'm very happy with my progress and I wouldn't hesitate to go back to ECC if I ever need rehab or long term care. There are a few people that I want to say went above and beyond: Jimmy, Jennifer and Jill in therapy and all the nurses on the transition rehab wing. I'm so pleased and want you all to know how much I appreciate you!

~ M. Fluker



For more information, please visit our website at enniscarecenter.com, call us at **972-875-9051** or stop by anytime at **1200 South Hall Street, Ennis, TX 75119.**



"We like making changes to a home — making it our own."



T5.115 ElectroCommand

- 115hp, 4 cylinder, turbocharged, aftercooled, High Pressure Common Rail
- 4WD, 16x16 Sychro Shuttle
- 95hp PTO, 540/1000 rpm, fully independent
- Deluxe Susp Cab w/prem air susp seat, tele. mirrors, radio, spkrs, Bluetooth
- Instructional seat
- Category II, 3 point hitch, w/top link sensing, adjustable links, 5,620lb lift cap.
- 2 elec. hyd. mid valves, 3 rear remotes
- NH 835 Loader w/84" bucket, 3,792lbs



2200 Hwy 287 Business
Waxahachie
972-937-0101
landmarkeq.com



ENNIS FOOT & ANKLE

Dr. Jeff Petty
Dr. R. Rodriguez



**We treat all foot problems.
You do not have to live with foot pain!**

**CALL TODAY 972-875-FOOT (3668)
601 S. Clay St., Ste. 103, Ennis, TX**

**Open Tues & Thurs in Ennis
Patients seen Mon-Fri. at Corsicana Office**



and high calling — being a mom!” with daughters, 4-year-old Orelle Shine and almost 2-year-old Sarina Rain. “Orelle’s name means ‘light of God’ and Sarina’s name is a derivative of the biblical name Sarah, meaning ‘one who laughs and abundant blessing,’” Corin said. The couple is excitedly expecting their third child at the end of this year. “It’s been a busy past four years for us,” Corin explained. “We have opened three restaurants, had children, bought and remodeled this house, Josh has gotten his real estate license, and I became a presenter for Younique and a Juice Plus franchisee.”

Their home is still a work in progress. “The home’s bones were good,” Josh said. The couple tore out the carpeting and removed several walls, so the home has a much more open layout. They painted the home and redid the pool area and fencing. Josh built a flagstone deck and “The River of Life” rock waterfall and stream in the backyard. They have used contract labor only when needed, doing much of the work themselves.

Chickens occupy a coop near a shelter for a very large tortoise, all of which are guarded by Fetchie, the family’s Poodle. Corin and the girls have vegetables and flowers growing in pots. “The girls love being outside,” Corin revealed.

The former living room has been converted into an old-fashioned looking school/art room/office with its fireplace and antique student desks, as well as refurbished furniture from Corin’s childhood. She is homeschooling their children. “The girls are so much fun. I am so happy I can stay at home as Josh works about 16 jobs,” she quipped.

Cooking central happens in their massive kitchen, with its bookend dining areas and main living area that overlooks the pool. The support beams are wrapped in old wood fencing, bringing beauty and warmth



McDONNELL RICHARDSON CPA, PC
Certified Public Accountants

**A Better
Experience**

Principal Office:
714 Ferris Avenue • Waxahachie
(972) 923-2881 • www.kj-cpa.com



TAX FILINGS | BOOKKEEPING | PROPERTY TAX CONSULTING | TAX DISPUTE RESOLUTION

NEW! Now Offering Boarding!
GOING OUT OF TOWN? NEED SOMEONE TO CARE
FOR YOUR FUR BABIES?

**IN-HOME
& BOARDING
PET SERVICE**



• 30-Minute Stay • Overnight stay
from scales, leathers, to fur (even livestock)

Contact Samantha at Pet Lovers
in Ennis. (469) 766-8954
brock.petlovers@gmail.com

CHECK US OUT ON FACEBOOK!
[FACEBOOK.COM/BROCK.PETLOVERS](https://www.facebook.com/brock.petlovers)

T-shirts & MORE

**2604 N. Kaufman St.
Suite A, Ennis
972-875-9364**

to the room. Josh's hunting trophies are displayed above the comfortable seating area on more recycled wooden fencing, and a toddler's swing hangs from a high support beam. A large copper farm sink is bordered in a design that matches the vent hood over a 1950's era commercial stove and grill. The countertops once resided in Troy Aikman's home, and the pot filler completes the restaurant-style kitchen. "We love the warm, country look. The countertop reminds us of a river bottom," Josh said. The couple leans toward organic and is in a fresh food, whole grain and raw milk co-op. Josh, through his hunting, supplies most of the family's meat.

A dining set, once belonging to Josh's grandmother, is in the informal dining area near built-in cabinets on which a butter churn and paddles from Corin's grandmother's kitchen sit. Corin's collection of Bible verse plates hangs nearby. The formal dining table is from Corin's childhood. She likes to quilt on this long table and in the nearby laundry/sewing room. The runner on this table was Corin's first quilting project. A nearby quilt was made by Corin and her mother from Corin's grandmother's collection of T-shirts from travel destinations.

The two-way pool room that overlooks the pool and houses a pool table is located just past the under-the-stairs guest bath. Duck trophies fly across the wall. "Once, when duck hunting with Josh, I shot two ducks with one shot," Corin laughingly recalled. "I used to study while sitting in a hunting blind."

The former master bath is now a changing room, and a toy closet is tucked under the stairs that elegantly leads to second floor bedrooms. Window seats grace what will become the girls' bedroom, guest room and future boys' room. A gallery catwalk lined with bookcases leads to the master bedroom, bath and the nursery, which is right off the master. "We wanted to keep our babies right here," Corin said.

The girls' birthday parties, shared with family and friends, and informal cookouts and gatherings, are this couple's fondest memories to date in this home they've created and furnished with photos, antiques and Corin's sunflower painting that tells of their love of family, adventure, cooking and the outdoors. Many more shared memories are to come. **NOW**

Schedule Now for Your Back-to-school Smile Check-up!



- GENERAL DENTISTRY for Children & Adults
- BRACES Traditional, Cosmetic & Invisalign
- WHITENING At-home & In-office
- COSMETIC & LASER DENTISTRY
- ASK ABOUT OUR SENIOR DISCOUNT

Most Credit Cards, Care Credit & Insurance Accepted • Se Habla Español

STEPHEN DURBIN, DDS

"Your Bite is Our Business"

Serving Ennis since 1983

400 W. ENNIS AVE. • 972.875.9031

WWW.DOCTOOTH.COM

How Are You Staying Cool?



Call us today! 972-878-7604

www.jphmechanical.com

Jon Paul Honza, Owner

TACLA017700C/TECL31353

JPH MECHANICAL SERVICES
AIR CONDITIONING • HEATING • ELECTRICAL

AIR CONDITIONING • HEATING • ELECTRICAL



Finding the Way

— By Sara Edgell

Teaching is not what James Steele planned to do for his career. A teacher was not what he wanted to be when he grew up. It is, however, where he ended up after the recession in 2008 left him laid off and struggling to find work as a business systems analyst. Now, teaching is not only his career but his passion in life. "I love what I do," James beamed. "When a person loves what they do, it's not really like work at all."

After many years in corporate America, James began substituting all over Ennis ISD for work. He quickly discovered how much he enjoyed it, which motivated him to seek out an alternative certification program. Eventually, he was hired as a paraprofessional, but he unexpectedly received a phone call in the fall of 2009 concerning the district's brand new Horizons Program. Knowing that teaching was his calling, he eagerly took the job.



The Horizons Program is a credit recovery program designed to assist at-risk students on the verge of not graduating from high school. Two different levels comprise the program — one helps over-aged students in eighth grade complete both eighth- and ninth-grade classes, and the other helps students earn their high school diploma. Typically, students in the program do not have behavioral or attendance problems, rather, they have academic shortcomings requiring intervention to get them to grade level. Often these shortcomings are

“My goal is to help them learn to cope better with life through small successes and by building strong relationships.”



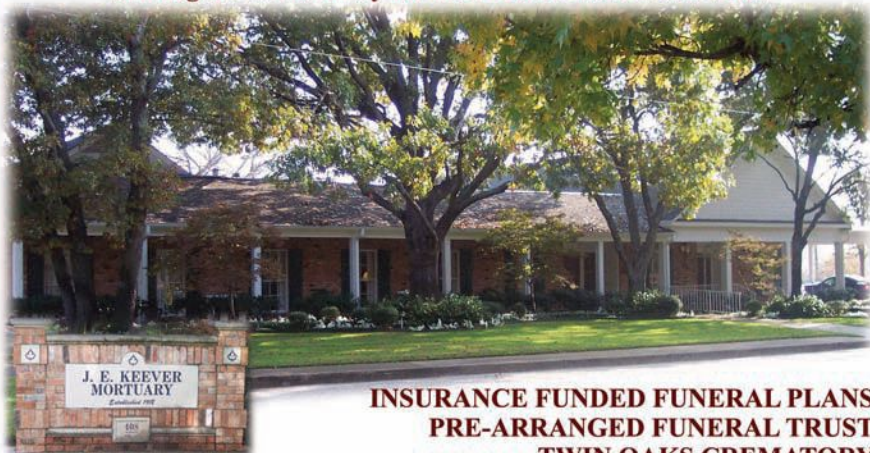
due to frequent moves, significant family changes and major life-altering situations. Because the curriculum is self-paced, students can work independently and individually, focusing on their strengths and improving their weaknesses. Additionally, students work in small and large groups to reinforce and extend the material that's covered. By providing an environment of success for all students, both levels of the program aim to reduce the dropout rates and improve overall student success.

James works exclusively with the junior high level at Alamo Education Center.



J.E. Keever MORTUARY INC.

Serving the Community for Four Generations Since 1918.



MATTHEW K. KEEVER

DAVID E. KEEVER

972-875-3891

408 N. Dallas St. Ennis, Texas

972-449-2400

Palmer Chapel 200 West Jefferson



ENNIS PEDIATRIC AND ADOLESCENT HEALTH CARE CENTER

Katherine Brown, MD, FAAP • Elaine Donet, MSN, FNP-BC • Becky Lucas, DNP, APRN, FNP

GET YOUR BACK-TO-SCHOOL IMMUNIZATIONS HERE!



Ennis Pediatrics serves the needs of infants, children, and teenagers of our community.

**We provide: • sick visits • check ups • ADHD management • school physicals
• preparticipation physicals • prenatal visits for expectant parents.**

We provide our care in a warm, friendly environment. Our welcoming staff has years of experience in pediatric care. We offer same-day sick visits, Saturday clinic hours, provider email and after-hours phone care with our own providers.

**805 South Clay St. • Ennis
972-875-8300 • www.ennispediatrics.com**



This year will be his sixth year as an educator, which is something he's pleased about. At the end of every year when administration delivers his contract for the following year, he has a student take his picture signing the document ensuring another year of employment doing what he loves. "I'm always thrilled they want me back," James smiled, "so I make a big deal about it."

The past five years have presented many moments of great reward for James although, at times, it has also proven to be a challenge. Since the first year of operation, he has implemented his business system analyst skills to develop more effective filtering methods in order to select the students the program would work best for. Each year, about 20 to 25 students express interest in the program, but with a cap of only 15 students per class, careful consideration and evaluation of each student is crucial. "The first year, the students had already been selected by the school," James recalled. "Since then, the program has really evolved. It's come a long way."

James has also added a variety of personal touches in the classroom including his sarcastic sense of humor, an accepting approach and a genuine interest in students. One of the benefits of having such a small class is the opportunity to truly get to know each student, what they deal with outside of school and, essentially, what makes them tick. This enables him to reach his students in important and meaningful

JELLYSTONE PARK
Bear's Yogi
Burleson CAMP-RESORT

MAKING FUN FUNNER!

PIRATES COVE

RESERVE NOW FOR FAMILY FUN!
817-426-5037

NorthTexasJellystone.com ★ PiratesCoveFunZone.com
BURLESON, TX



ways. "We're together from breakfast until they're getting on the bus to go home at the end of the day," he said.

In the weekly one-on-one meetings, he talks with students, encouraging them to reflect on the past week's work and set goals for the next week. He also makes it a point to ask about their lives and listen when they open up. In general, some of the students in the program have had life experiences off the median in comparison to typical eighth- or ninth-graders. "I never know what to expect," James admitted. "My goal is to help them learn to cope better with life through small successes and by building strong relationships."

Accepting students for who they are, where they come from and what they're dealing with is something James prides himself in. "I can't say I can relate to every kid's situation, but I make it a point to look at what it will take to get them to the best person they can be," he explained. As a self-proclaimed optimistic-skeptic, his expectations are rooted in reality, yet he never passes up the opportunity to offer positive reinforcement and words of encouragement. "I try to give them little successes throughout the year because they may have never truly had that kind of success before," he explained. "Some of them see failure as life, so normalizing success even in the smallest of ways helps them to see their potential. It helps them understand success isn't a thing, it's something they can be."

Send Your Kids Back-To-School With A Healthy Smile



WE LOVE
Kids.

NAVARRO
★

DENTAL CENTER

BACK TO SCHOOL
CHECK-UP SPECIAL

\$89

CALL FOR DETAILS AND TO SCHEDULE YOUR APPOINTMENT.

903-257-3392

MICHAEL E. EEDS D.D.S

- ◆ Most dental insurance plans accepted
- ◆ Bilingual Staff
- ◆ Medicaid and CHIP provider up to age 21
- ◆ Emergencies seen the same day
- ◆ We accept all major Credit Cards
- ◆ Ask about our Dental Savings Plan

Now Offering **CareCredit**
Making care possible...today.

APPOINTMENTS
AVAILABLE.
CALL TODAY TO
SCHEDULE YOUR
BACK-TO-SCHOOL
CHECK-UP!

NAVARRO
DENTAL CENTER
903-872-1661



1661 W. 2ND AVE. • CORSICANA

www.navarro dentalcenter.com • email: navarro_dental@att.net





Free Yourself From Pain!

- Headaches & Migraines
- Back & Neck Pain
- Shingles
- Shoulder, Knee Pain, Leg & Arm Pain

Relief Starts Today!

128 Hwy. 77 North • Waxahachie | 521 N. Beaton St. • Corsicana
972-938-7319 | **903-872-4777**
www.txapmi.com • texaspaindoctors@gmail.com

Adam G. Arredondo, M.D.
Pain Management



By interacting in small bits, James helps students be and realize they are successful. His primary objective is to show them how to learn for themselves. "Learning to learn is so important in life. When I hear one of them saying, 'Remember what Mr. Steele said?' when they help one another tells me what I'm doing is working," James said. "Every 'Aha!' moment for them is so rewarding for me."

As part of the curriculum, James teaches the core subjects of English, language arts, math, science and social studies, plus electives for eighth and ninth grade. Essentially, he teaches two complete grade levels in one school year to get students where they need to be. This requires plenty of preparation and planning on his behalf, which is something he does practically nonstop. "I'm constantly planning and thinking about my students and how I can best help them," he said. "I want to do everything I can to help them move forward in their lives and in the world."

Whether it's written in his contract or not, part of Mr. Steele's job is to help students find their way. He guides them through tough curriculum and offers them structure and reinforcement to help them build confidence and overcome obstacles. He helps them realize their potential and capabilities. "If I can look back in 10 years and see my students living successful lives, then my little piece of the puzzle is in place," James beamed. "I really love what I do." And because of that, James does far more than teach. He helps his students find their way and change their lives, and in the process, he just so happened to find his own way, too. **NOW**



Lose Weight Now

Ask Us How

Lose up to 30 POUNDS in 30 Days

- Safe and Effective
- Affordable
- Physician Supervised
- Rapid Weight Loss
- Sustainable Results
- Special Focus on Problem Areas

Introducing Our New Medical Weight Loss Program

Ask about our introductory offer!

We Accept almost all Major Medical Insurance Including Medicare

Call Today To Schedule Your FREE Initial Consultation
214.550.0680

Please Come Visit Us at:
 University Plaza, 401 N. Hwy 77 • Suite #1
 Waxahachie, TX 75165
WWW.VCAREHEALTH.ORG

V-Care Health Services
.....Live Life Pain Free

ELLIS COUNTY MEDICAL ASSOCIATES



ecmamedspa.com
972-875-4700

Kids back to school or not, your hectic schedule requires some self care.

Now, make yourself a priority with a pampering spa experience!

August Specials

50% off My Body Skin Care Products

Laser Hair Removal Package
Buy one area, get one 50% off

Spray Tan
2 for \$50.00

Teeth Whitening
\$50.00

BACK TO SCHOOL TIME
ME



Seth Atkins, DDS
General Dentistry

ELLIS COUNTY FAMILY DENTISTRY

Providing healthy, beautiful smiles for your entire family.

New Patients Welcome

We accept most insurance plans,
all major credit cards and
financing through Care Credit.



Visit our new website at
www.elliscountydentist.com

1408 W. Jefferson, Waxahachie • 972.937.8433



Dr. Kevin Williams

802 W. Lampasas St.
Ennis, TX 75119
(972) 875-4700
www.ennisdocs.com

Hours:

Monday-Friday: 8:00 a.m.-5:00 p.m.



Dr. Kevin Williams offers knowledge and experience to his patients because trust between the two is very important.



Achieving Strength and Mobility

Dr. Kevin Williams treats patients and their families with personalized care.

— By Virginia Riddle

An interest in science and a natural ability to fix and build things during his youth led Dr. Kevin Williams into the field of medicine, with a specialty in orthopedic surgery. "I wanted to enter a field of medicine in which I could have a lot of interaction with patients who are, for the most part, healthy except for an orthopedic problem," Dr. Williams explained.

Orthopedic medicine covers such medical problems as: musculoskeletal trauma, sports injuries, degenerative diseases, infections, tumors and congenital disorders. Dr. Williams specializes in sports medicine, knee and shoulder problems, carpal tunnel syndrome and sports injuries. He treats patients as early as age 5, starting with the usual childhood broken bones

through older adult ages that may require shoulder and/or knee replacements. "A joy of my orthopedic practice is seeing my patients realize satisfactory, immediate results. I make sure my patients and their families are treated the way I would like to be treated," Dr. Williams said.

Dr. Williams earned his medical degree from Columbia University College of Physicians and Surgeons in 1994. His internship and residency were served at St. Luke's Roosevelt Hospital in New York City. He is licensed by the state of Texas to practice medicine and has done so in Ennis since 2005. Dr. Williams is associated with the Ennis Doctors Center and has hospital privileges at Baylor Surgicare at Ennis and Dallas

Medical Center, where he serves as the chief of orthopedic surgery. His support staff is trained to offer quality and expedited care and offers bilingual English/Spanish translation services.

Many of the major medical insurance policies available to patients are accepted along with Medicare and Medicaid (children only). Dealing with the many changes in medical insurance is a challenge, but the staff is trained to handle insurance claims smoothly for patients.

A doctor's knowledge and experience are important to a patient when choosing an orthopedic surgeon, and Dr. Williams has both to offer. Trust between patient and doctor is critical. "I have 15 years of experience in my medical practice and have done thousands of successful surgeries," he said. "If you take your car to a mechanic to be repaired, you want to know that he or she has the knowledge and experience to do the job right the first time. You ask how long they have been in business. Looking for those attributes in an orthopedic surgeon should be even more important."

Dr. Williams is married to Amanda Williams, a native of Ennis. His solo practice with its volume of patients doesn't leave him a lot of spare time, but this stepfather of 10-year-old daughter, Cheyenne, and father of 1-year-old twin boys, Liam and Devin, treasures time with his family. "I like the small-town atmosphere of Ennis. Everyone has been very welcoming, and my practice got very busy very quickly," Dr. Williams said.

The Williamses support the Ennis Boys & Girls Club and make donations and provide sponsorships to many worthy programs in the area. A display of signed football helmets and balls in Dr. Williams' office testifies to his love of sports and the athletes he treats, as well as his monetary contributions to fundraisers.

Regaining pain-free strength and mobility of movement is the goal of every orthopedic patient. Together, the patient and Dr. Williams work as a team to achieve success and the patient's return to an independent life. **NOW**



Kevin A. Williams, MD



- Sports Injuries
- Knee Replacement
- Arthroscopic Surgery
- Fracture Care
- Second Opinion
- Carpal Tunnel Syndrome

Over 15 years private practice experience.

Ennis Orthopedic
Surgery & Sports
Medicine Center

Located in Ennis Doctors Center
802 W. Lampasas, Ennis, TX 75119
Call to schedule your appointment.
972-875-4700

Most major insurances accepted:
Medicare, Medicaid & Workers' Comp

Accepting New Patients • www.ennisdocs.com

ALL EYE & OPTICAL CARE

New Patients Welcome
All Major Insurance/Medicare Accepted

- Complete Eye Exams
- Eyeglass & Contact Lens Rx's
- Eyeglasses for Every Budget

Back-to-School
Children's Packages Available!
Warranty included at no extra charge.



972-937-4433

Dr. Raj Rugwani
Board-Certified Ophthalmologist

800 N. Hwy 77 Ste 100 • Next to HEB
AllEyeCare.com • AllOpticalCare.com



Braelynn Renee Bartee is ready for the 4th.



ERMC CEO Alan Daugherty speaks at a recent chamber luncheon.



EnnisNOW's Linda Roberson greets Teri Barton and her son, Jack, at the Polka Festival parade last month.



Cousins Miranda Ramirez and Madison Jacob enjoy their first time paddle boarding at Indian Rocks Beach, Florida.



Alivia Gardner proudly rides her bike during the 4th of July Red White and Blue Bike Parade.



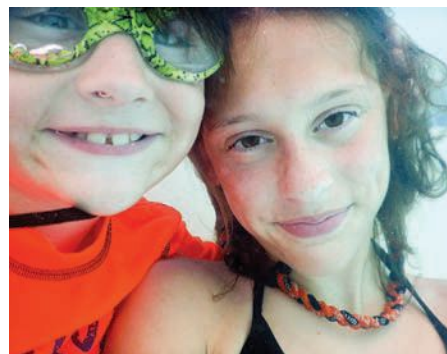
Eli Sanchez dives deep into summer.



Ennis Chamber welcomes new member Shane Wigley with Camp Gladiator.



Saphira Dixon visits 85 Speedway with family.



Aidan and Miranda Ramirez are ready to splash into summer.

Delivering your baby isn't just our job, it's our privilege.

MICHELLE SPEARS, M.D.
BILL COOK, M.D.
REBECCA GUINN, M.D.
TIFFANY GEBEL, M.D.



Navarro Regional Hospital brings you the physicians, care and amenities that will put your mind at ease when you're having a baby. Our spacious birthing suites and private mother/baby rooms are designed to make you feel welcome and comfortable. From childbirth classes to guidance on breastfeeding, we are here to answer all your questions throughout your pregnancy and after delivery. And most important, our skilled nurses and OB physicians are dedicated to your care and comfort.

For more information on our labor and delivery services, please visit NavarroHospital.com or call 903-641-4835.



NavarroHospital.com

Members of the Medical Staff at Navarro Regional Hospital

DELIVERING QUALITY CARE WHERE YOU NEED IT MOST.

Protect Seniors From Financial Abuse

It's unfortunate but true: The elderly population is targeted for financial abuse or exploitation. In fact, by some estimates, this type of targeted abuse results in billions of dollars in losses each year. If you have elderly parents, what signs should you watch for to determine their vulnerability? And what can you do to help protect your parents from being victimized?

In regard to the first question — signs of vulnerability — the most important thing to watch for is your parents' mental state. As you know, many people go through their entire lives with their faculties intact, but even if this is the case with your parents, you still may want to be on guard against them falling prey to unscrupulous operators. And if you have noticed your parents becoming forgetful, confused, overly agitated or showing any other signs of possibly diminished mental capacity, you may want to be particularly vigilant for the appearance of financial irregularities.

If you don't think your parents are, as yet, victims of fraud or abuse, you can take steps to help protect them. Most importantly, maintain constant communication with them, and be aware of what's going on in their lives. Also, consider the following actions:

- *Advise parents on precautionary measures.* Suggest to your parents that they take several common-sense steps to avoid financial scams. For example, urge them to never give personal information over the phone or in response to emails. Since these types of requests are the most common methods used to perpetrate scams, encourage your parents to put all such solicitations — as well as requests for money — in the “trash” folder. Also, ask your parents to remove paper mail promptly from their mailbox. Resourceful identity thieves have been known to steal mail and extract key pieces of personal information from financial statements or correspondence from Social Security. And if your parents don't already have a paper shredder, present one to them as a gift — and

show them how to use it to delete old statements, credit card offers and similar documents.

- *Check for legal documents.* Your parents, like everyone, should have a will and a durable power of attorney. These documents will enable someone they trust implicitly to handle their finances if they can't. Discussing these types of issues with your parents may not be easy, but it's certainly important.

- *Review parents' situation regularly.* Many parents are not comfortable sharing the specifics of their financial situation with their adult children. Yet, as much as you can, try to periodically review your parents' insurance, banking and investment statements. These meetings give you good opportunities to look for irregularities or suspicious activities, such as significant changes in their spending patterns, unusual cash withdrawals or transfers from their bank accounts or sudden transfers of assets to a relative or someone outside of the family.

- *Know the professionals.* Your parents may not be totally at ease involving you with their financial and tax advisors. However, using your discretion, see if you can accompany your parents when they meet with their advisors. If these people are legitimate professionals, they will not object to your interest in your parents' affairs. In fact, they should welcome it.

Your parents have done a lot for you. You can help repay them by doing your part to help protect them from threats to their financial security. **NOW**

Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jeff Irish is an Edward Jones representative based in Ennis.

Add an Important Item to Your Back-to-school List.

For parents, back-to-school season means it's time to stock up on school supplies. But it can also be a good time to think about how to save for your child's future education.

Developing a strategy for achieving your education savings goal - or other savings goals - can help you stay on track.

To learn more about your education savings options, call or visit today.



Jeff Irish

1905 W. Ennis Ave. • Ste. 401 • Ennis, TX 75119
(972) 875-4706

www.edwardjones.com
Member SIPC



Edward Jones[®]
MAKING SENSE OF INVESTING

Dining DEALS



**The area's only
Authentic Japanese
Restaurant.**



**100 N College St
in the Historic
Rogers Hotel
Waxahachie
972.923.4425**

Authentic German Food

Full Bar • Fine Wine
Rare Bourbon • Rare Scotch
11 Beers On Tap

Happy Hour 5-7 Monday - Thursday
Open Sundays

\$6 OFF
Purchase of \$30 or more
Not valid with other offers. Code: ENN Expires 8.31.15

Cena Dinner
3pm - Cierre
3pm - Closing

\$3.99 C/U EACH
5 Mini Tacos +
Frijoles Charros/Charro Beans *
Bottle water to be included
Tortillas De Maiz Unicamente / Corn Tortillas Only
• 8 oz. Unicamente / 8 oz. Only

Desayuno Breakfast
Monday - Friday
Lunes - Viernes 7-10am

Breakfast Tacos
Tacos de Desayuno
VARIEDAD DE HUEVO UNICAMENTE/EGG VARIETY ONLY

89¢ C/U EACH

972-875-1702
401 S. W. Main St., Ennis



CHEESESTEAK • CHICKEN CHEESESTEAK
BURGERS/FRIES • FRESH SALADS
GRILLED/FRIED CHICKEN SANDWICHES
KIDS MEALS (CHICKEN NUGGETS/STRIPS)

972.923.0202
110 E MAIN ST., WAXAHACHIE
ACROSS FROM THE ROGERS HOTEL

Voted #1
SANDWICH SHOP
IN WAXAHACHIE AND ELLIS COUNTY

Come see what all the fuss is about!

\$5.99
**6" CHEESESTEAK,
FRIES, DRINK**

NOT VALID WITH OTHER OFFERS. CODE: ENN EXPIRES 8/31/15

**Need More
Business?**

Advertise your
restaurant here.

For information, call:
972.875.3299

NOW MAGAZINES

Bringing the best of the
community home.



101 S. DALLAS ST.
INSIDE HISTORICAL EMPORIUM
972-875-2083

FREE DRINK WITH YOUR MEAL
(TEA OR SOFT DRINK) EXPIRES 8/11/15

WHEN
YOU
MENTION
THIS AD!



SANDWICHES
SALADS
DAILY SPECIALS
DESSERTS
PASTRIES
SPECIALTY COFFEE

TAKEOUTS
RESERVATIONS

OPEN
MON-SAT 11-4



**NOW HIRING
SMILING FACES**
www.MyLocalMcDs.com

**BUY ONE SANDWICH
GET ONE FREE**
EQUAL OR LESSER VALUE

Expires: 12/31/15

Signature: *Jingles*

Current prices and participation based on independent operator decision.
Limit one coupon per visit. One free item per coupon.
© 2015 McDonald's Corporation.

Excluding Dollar Value Meals & More

Price may vary. Plus tax if applicable. Cash value \$1.70 per one coupon.

Redeemable Only At:
McDonald's
1207 Hwy. 77
Waxahachie, TX
972-937-0844
1203 E. Ennis Ave.
Ennis, TX
972-875-7600

Not valid with any other coupons or offer. Present coupon before ordering.

Summer Survival 101

If this summer holds true to form, it will only get hotter and the risk for heat-related illness will correspondingly rise. So, maybe a refresher on heat injuries is in order to identify the signs and symptoms of serious problems and to develop a swift plan of action.

First, let's review the Centers for Disease Control and Prevention data for mortality rates from heat injury. During the period 1993-2003, there were 3,442 deaths in which heat exposure was a significant contributing factor. Of that number, two-thirds were men, one-third were women and more than half occurred in the 15-64 age range. Extreme heat often exacerbates underlying medical conditions, particularly cardiovascular disease. Hence, those with a history of heart disease should be particularly careful for the next couple of months.

Physicians identify two primary forms of heat stress. Heat exhaustion is characterized by muscle cramps, dizziness, nausea (and sometimes vomiting), fatigue and headache. In this condition the person retains their ability to regulate their body temperature. Therefore, their skin is cool and wet from sweat. Their pulse is typically fast and breathing is shallow and rapid. In this condition, the key is to get the individual out of the heat and proceed with drinking large volumes of fluids. Some experts will suggest alternating sports drinks with water in order to replenish electrolytes, but water should always be the primary replacement

fluid. The person should remain in the cool environment until all of the above symptoms have fully resolved.

Inadequately managed heat exhaustion can deteriorate into the more serious form of heat stress known as heat stroke. These individuals will have lost their ability to regulate their temperature through sweating, and their skin will be hot and dry. Their temperature will often reach 103 F, and their pulse will often be very rapid and strong. Headaches, nausea, confusion and eventual loss of consciousness will occur. Heat stroke is a true medical emergency with a high mortality rate. EMS should be called with transfer to an acute care facility as soon as possible. Treatment will consist of rapid IV fluid administration and rapid body cooling.

Obviously, intentional prevention measures should be exercised to prevent heat exhaustion or heat stroke. Timed rehydration every hour or two will decrease the probability of dehydration. Those with heart disease or other serious medical conditions should avoid work outside after noon. Long sleeves and long pants are preferable if breathable fabric is used because they keep the sun off of bare skin and retain sweat, which enhances cooling. Frequent breaks with checks for signs of heat exhaustion will hopefully prevent serious injury. So, be smart, be safe and enjoy the summer! **NOW**

Larry A. Jinks, M.D., F.A.C.P.
Ennis Doctors Center



Get that BACK-TO-SCHOOL
Smile

Laura Morgan, D.D.S.
Your Smile Specialist
Orthodontics Children & Adults

104 Professional Place • Waxahachie
www.morganortho.com



Promo Code: GO MO

FREE
CONSULTATION
(Includes Iscan, X-ray,
Exam - a \$249 Value)
Get started by
August 31st and receive
\$200 OFF!

- Same day treatment
- Digital scanner-no gooey impressions
- Most insurances accepted
- Convenient, flexible financing

Call us today
972-268-6065

Through October 31

Ennis Farmers Market: 8:00 a.m.-1:00 p.m., located in historic downtown at 100 N. Dallas St.

August 1

Dodge for a Cause, Dodgeball for a Cause Benefiting Big Brothers Big Sisters, First Annual Dodgeball Tournament: 8:00 a.m., Ellis County Expo Center, 2300 W. Hwy 287, Waxahachie. Contact Jaime Green at (469) 248-4512 for more information.

August 1, 7, 8

Ruthless! The Musical: 7:30 p.m., Friday and Saturday, Ennis Public Theatre, 2705-C N. Kaufman. For more information or to order tickets, call (972) 878-7529 or visit info@ennispublictheatre.com.

August 7

Summer Moonlight Movies: *The Lego Movie*: 9:00 p.m., downtown Waxahachie. Free admission. Bring lawn chairs or blankets. Concession stand on-site. For more information, call (469) 309-4111.

August 8

Movies In The Park- *Planes: Fire &*

Rescue: dusk, Hawkins Spring Park, 1498 FM 1387, Midlothian. Bring lawn chairs or blankets and snacks/drinks. The concession stand will be open.

August 14, 15, 21, 22, 28, 29, 30

TheatreRocks! Presents *Southern Comforts*: 505 N.W. Main St. Call (972) 878-5126 for Friday, Saturday and Sunday curtain times.

September 12

Ennis Chamber of Commerce Auction: Casino Royale: Sokol Hall, 2622 E. Hwy 34. For more information, call (972) 878-2625.

September 20

12th Annual Bridal Extravaganza: Noon-4:00 p.m., Waxahachie Civic Center. Currently accepting vendor applications. The event will also feature a trunk show and sale. For more information, call (469) 309-4040.

Ongoing:

Third Mondays

Ellis County Aggie Moms meeting: 7:00 p.m., Waxahachie First United Methodist

Church, 505 W. Marvin, Waxahachie.

For more information, visit www.elliscountyyaggiemoms.org.

Fourth Mondays

Creative Quilters Guild of Ellis County meeting: 6:30-8:30 p.m. at the Waxahachie Bible Church, 621 Grand Ave.

Second Tuesdays

Ennis Masonic Lodge No. 369 meeting: dinner at 6:30 p.m., meeting to follow at 7:30 p.m., Masonic Lodge, 209 N. Dallas St. For more information, contact Cecil Curry at ccurry_98@yahoo.com.

Third Tuesdays

Veterans Networking Group meeting: 5:00 p.m., Ryan's Steak House, Hwy 287 Bypass and 77. Call Mike Lamb at (214) 763-0378 for more information.

Submissions are welcome and published as space allows. Send your current event details to sandra.strong@nowmagazines.com.



The Studio

This beautiful necklace is one of many handmade creations with natural stone that have just arrived!

Must see!

972-617-7740

3671 Hwy. 77 N., Suite 200, Waxahachie

Open Mon-Sat: 9-5:30



Commercial Renovations
Design-Build
Security Entrances
Interior Design Services

Kevin Poirier - 972.741.9508
kevinpoirier@fpconstruction.net

FISHER-POIRIER CONSTRUCTION



In the Kitchen With Paula Hardin

— *By Virginia Riddle*

A passion for cooking began for Paula Hardin when she was about 8 years old. Watching her grandmother, Inez Lyons, Paula was inspired to learn how to make cakes, biscuits, bread pudding and old-fashioned, Southern-style foods. “I love to watch people take a bite of what I’ve created while putting love into it, and they then find it pleasurable to eat,” Paula said.

Today, Paula is I.O.O.F. Nursing Home’s food service director. She also puts her cooking skills to good use as an event planner and caterer. “I find recipes in out-of-date cookbooks, take them apart, and make them my own by adding different spices and other ingredients,” Paula explained. **NOW**

Bread Pudding With Rum Sauce

Bread Pudding:

- 3 large eggs**
- 1/2 cup milk**
- 1/2 tsp. vanilla**
- 1 Tbsp. cinnamon**
- 1/2 tsp. nutmeg**
- 1/2 cup butter, melted**
- 1/2 cup brown sugar**
- 2 cups sugar**
- 1 loaf bread, cut into 1-inch cubes**

Sauce:

- 1/2 pint heavy whipping cream**
- 1 8-oz. can Eagle Brand Sweetened Condensed Milk**
- 1/3 cup brown sugar**
- 2 shots rum (if desired)**

1. For bread pudding: Preheat oven to 375 F. In a large mixing bowl, lightly beat eggs. Add

milk, vanilla, cinnamon, nutmeg, butter and both sugars; mix well.

- 2.** Lightly blend bread cubes into wet mixture until all bread is coated.
- 3.** Coat baking dish lightly with nonstick spray; pour mixture into dish.
- 4.** Bake for 45 minutes, or until bread is firm and golden brown.
- 5.** For sauce: In a small pan, combine whipping cream, condensed milk and brown sugar.
- 6.** Over low to medium heat, bring sauce to a boil, stirring occasionally to prevent burning.
- 7.** While sauce is boiling, add rum; stir on low heat letting mixture simmer for about 2 minutes. Remove from heat; allow sauce to slightly cool. Pour over bread pudding; serve.

Cajun Shrimp Pasta Salad

- 1 lb. shrimp**
- 2 Tbsp. olive oil**

- 1 Tbsp. Cajun seasoning**
- 2 garlic cloves, minced**
- 1 lb. spaghetti noodles, boiled and drained**
- 2 small tomatoes, diced**
- 1 large cucumber, diced**
- 1 bell pepper, diced**
- 4 bacon slices, cooked**
- 1 16-oz. bottle Kraft Zesty Italian Dressing**
- 1 tsp. salt**
- 1/2 tsp. pepper**
- Fresh parsley**

- 1.** Sauté shrimp in olive oil; add Cajun seasoning and minced garlic.
- 2.** In a mixing bowl, combine shrimp and pasta; refrigerate while dicing vegetables.
- 3.** Add vegetables, bacon, dressing, salt and pepper.
- 4.** Garnish with parsley, refrigerate for 1 hour before serving.

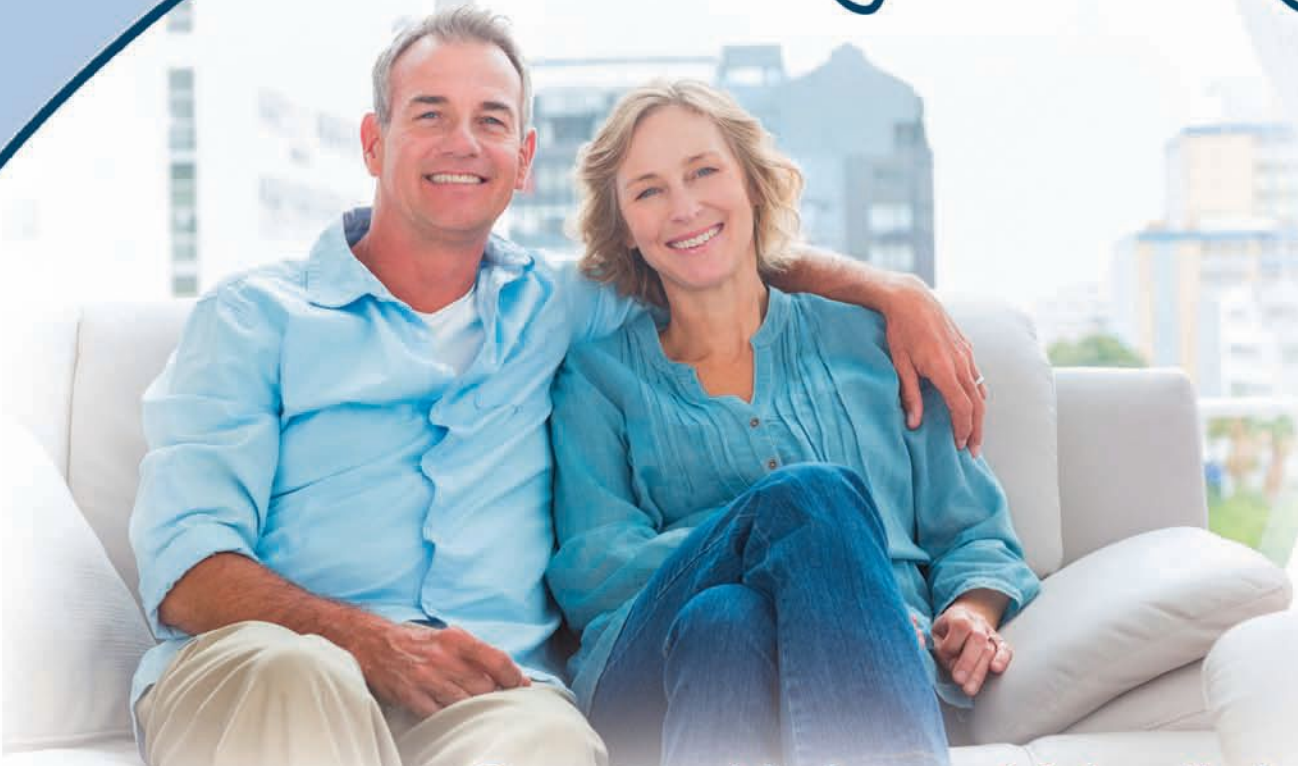
Savory Pot Roast

- 1 tsp. salt**
- 1 tsp. black pepper**
- 1 Tbsp. seasoned meat tenderizer**
- 1 Tbsp. onion powder**
- 1 Tbsp. garlic salt**
- 3 lbs. boneless chuck roast**
- 2 Tbsp. vegetable oil**
- Roasting cooking bag**
- 1/2 cup potatoes, quartered**
- 1/2 cup carrots, quartered**
- 1 cup celery, diced**
- 1 cup onions, thinly sliced**
- 3 garlic cloves, minced**

- 1.** Mix all seasonings well; rub chuck roast on both sides with seasoning.
- 2.** In a frying pan, heat vegetable oil; sear chuck roast on both sides.
- 3.** Put meat, all vegetables and garlic into roasting cooking bag.
- 4.** Cook in oven at 350 F for 3–4 hours, or until roast is tender.
- 5.** Let roast rest for 15 minutes; slice and plate.

To view recipes from current and previous issues, visit www.nowmagazines.com.

Your Best You *Optimize your vitality.*



General Internal Medicine and Hormone Replacement



Felicia Lewis, MD
Internal Medicine
Board Certified

Dr. Lewis provides care in the following areas:

- Peri-menopause and menopause management
- Male and female hormone replacement
- Bio-identical hormone replacement
- Low testosterone syndrome treatment
- Certified Wiley Protocol provider
- Well-woman exams
- All primary care services
- All-natural nonhormonal options also available



OFFICE

2203 West Lampasas Street, Suite 111
Ennis, TX 75119

Most major insurance plans accepted.

Please call 972-875-7770 to schedule a consultation.



Start every day off with a GREAT smile

Family Smiles

General Dentistry for Adults & Children

(972) 875-2501

**¡Hablamos
Español!**

- Xbox games/movies
- Laughing Gas
- TVs in every room
- Kid-friendly environment

\$59 **Dental
Checkup**
NEW PATIENTS ONLY
(Regular price \$150)

Come meet our experienced professional staff today & get your dental checkup!
Simple cleaning • Necessary X-rays
Excludes deep cleanings. Offer applies only in the absence of gum disease. Expires 8/31/15

\$20 **Toothache
Visit**
NEW PATIENTS ONLY
(Regular price \$100)

Includes necessary X-rays,
exam and doctor consultation

Not valid with any other offers. Expires 8/31/15

**For Patients
with
No Insurance**

Full-mouth deep cleaning \$275
Simple cleaning \$75
Most extractions \$150

Excludes wisdom teeth. Expires 8/31/15

\$150

Limited exam & X-ray
with a single extraction
(Regular price \$300)

Excludes wisdom teeth. Expires 8/31/15



**1012 E. Ennis Ave. Ste C
(Behind Chili's) Ennis, TX 75119**

**Mon-Fri 10 a.m.-6 p.m.
Sat 9 a.m.-2 p.m.**

Dr. Gunjan Dhir BDS, MS & Associates

Payment Plan Available

**Accepting Medicaid
& CHIPS, All PPO Insurances,
Walk-ins &
Same-day Emergencies**

*Sample prices only. Actual prices may vary based on the dental condition of the patient.