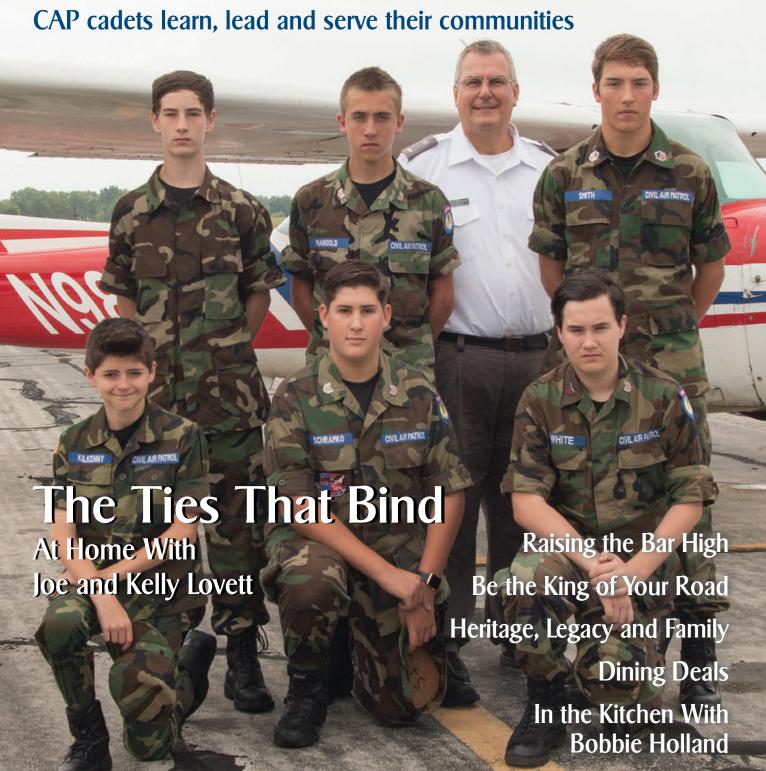


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On THE COVER



Civil Air Patrol cadets are at the ready to serve area communities.

Photo by Memories by Melissa.

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Editor's Note

Keep Cool, Corsicana!

Give me a chance, even on these hot, dog days of summer, and I'm found enjoying the out-of-doors. But from August 5-21, I will be watching our wonderful U.S. Olympic athletes compete in some of my favorite sports in Rio de Janeiro, Brazil. Having had grandnephews who graduated from the Air Force Academy in Colorado Springs, Colorado, my family found ourselves visiting that

city often. Our tours included the U.S. Olympic Training Facility. What a treat to see champions in the making! So for a while this month, I'll become an armchair athlete and cheer our athletes on from afar.

Not caring too much about the Olympics, my rescue dogs, Buddy and Jazz, will keep vigil by my side and will enjoy celebrating National Dog Day with extra treats on August 26.

Have a great month!

Virginia

Virginia Riddle

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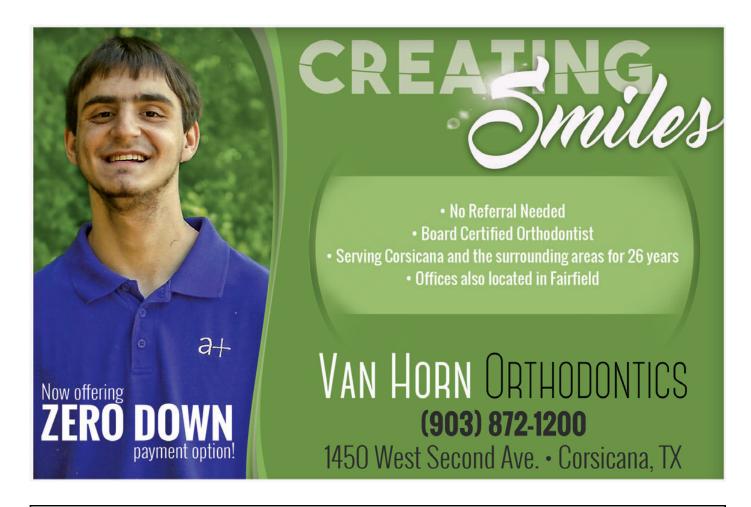


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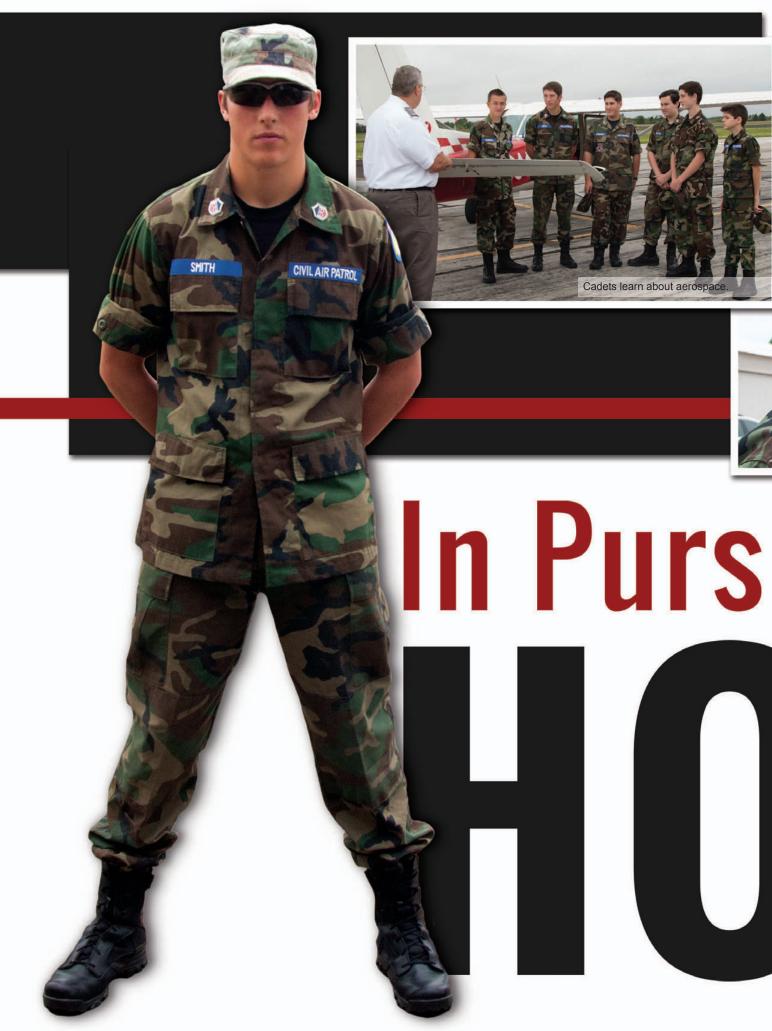
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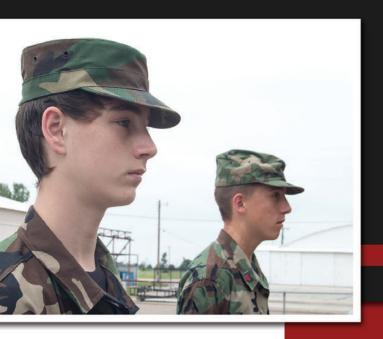
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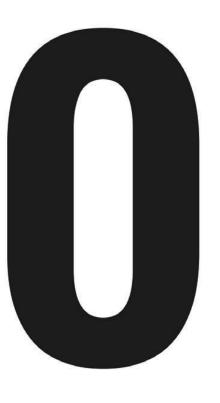


sit of

Want to run obstacle courses, go on hikes and camp out, build rockets or fly an airplane? The Navarro County Civil Air Patrol offers those activities and many more to male and female cadets between the ages of 12-19. For many cadets, service in the CAP, an auxiliary of the U.S.A.F., is a stepping stone to a U.S. military school appointment or a career in any branch of the military, but such is not a requirement for cadets. "CAP motivates young people to pursue excellence in whatever they choose to do," Major Nicole Malachowski, U.S.A.F., said.

CAP helped Maj. Malachowski earn her pilot's license while she was in high school. An appointment to the U.S. Air Force Academy gave her a degree in management. From those first lessons in a Cessna 172 she went on to become a fighter pilot, a member of the famed U.S.A.F. Thunderbirds and a White House fellow in Washington, D.C.

"There's a whole platter of offerings that cadets can get into," Maj. Dennis Dickerson, the adult officer in charge of Navarro County CAP, stated. "We want cadets to be enthusiastic about whatever each one chooses to do." In March 2015, it was Maj. Dickerson and Ray Hicks who formed the local CAP, which is part of the CAP Midway Composite of Midlothian, Texas, commanded by Lieutenant Colonel Mike Manuel. "I was a cadet and served in the U.S.A.F. for six years. I still feel a bond and wanted to give back to today's cadets," Maj. Dickerson said.





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Lt. Col. Phillip Morton and Lt. Jerry Schramko stand proudly by C/T Sgt. Danny Smith.

The group started with 10 cadets and three adult leaders and has grown to its current 24 cadets and 10 adult leaders. The cadets are students at James L. Collins Catholic School, Mildred ISD and Cayuga ISD.

Cadet Technical Sergeant Danal Smith is a senior at Mildred High School, where he's a member of the National Honor Society, serves as Student Council president and plays football, basketball and baseball. He is the son of Shawn and Sherry Smith. "CAP is about integrity, volunteer service, excellence in all we do and respect. It strengthens all core values and ultimately makes us what we will be as adults. I like spending quality time with people who aren't just my age but have the same values," Cadet Smith explained.

He, just like all cadets, began his journey with no stripes to decorate his uniforms. Cadets take periodic tests to rise through four phases of ranks from "stripes to diamonds" - as they train, learn and lead others. Cadet Smith attended the Texas Summer 2015 CAP Boot Camp for one week of intensive training. "It's toned down from the real thing but is still intimidating at first. However, I soon found my place in



the group. We learned about aerospace and facing real-world challenges," he said. At his current rank, Cadet Smith is responsible for planning the weekly Saturday morning meetings at the Corsicana Airport, and he helps guide and instruct younger cadets, while adult volunteers supervise. "We work together to bring each cadet up to be his or her best," Cadet Smith said.

Having flown with his grandfather, Cadet Smith wasn't new to flying when he rode with a certified pilot during a CAP orientation flight, which is a CAP perk not every cadet gets to experience. "I flew a GippsAero GA8 Airvan, an Australian plane that has wings on top, so the CAP can see better during search and rescue missions. I got to bank, fly straight and glide," he remembered. "It was an extremely awesome experience."

Cadets and adult volunteers are able to aid in search and rescue and disaster relief on the ground and in the air. They also volunteer during the Corsicana Airsho and with Meals-on-Wheels. Annual dues and uniform expenses cost about \$100 for each cadet, and there are other costs for weekend or summer events. "Community donations and a \$100 uniform voucher help each cadet with expenses," Maj. Dickerson said.

The benefits of membership far outweigh the costs in time and money. Cadets who are also in JROTC programs can advance twice as fast in rank. Over 10 percent of Air Force Academy cadets have prior CAP experience, and college scholarships are awarded. If a CAP cadet enters military service after high school,

> he or she does so at a step higher in rank, which places them at a higher salary.

Adult volunteers are fingerprinted and screened by the FBI, since they chaperon all cadet activities. Second Lieutenant Jerry Schramko, a local businessman, volunteers, so he can experience CAP with his son and cadet, Christopher. "My father was in CAP, and I love aviation and used to be a pilot. I enjoy getting involved and the











Lt. Jerry Schramko, Maj. Dennis Dickerson and Lt. Col. Phillip Morton believe in each cadet involved in the program.

camaraderie," 2nd Lt. Schramko said. He is the squadron's activities officer and public affairs officer. "Our activities include drills, doing calisthenics, testing for advancement, practicing in flight simulators and on the paint ball range and visiting flight museums. We keep the cadets involved," he explained.

Lieutenant Colonel Phillip Morton, RN, BSN, is another adult volunteer. He is the squadron's personnel officer, safety and testing officer and health service officer. "As a retired nurse, I do the medical training, and as a lay minister I teach character development leadership," Lt. Col. Morton said. He also received his radio operator's license, so he could be involved in communications instruction. "Being involved in CAP is very gratifying. I like the education component. I attended three nursing schools and still like being a student learning new things. The learning curve in CAP is a straight line going up." Lt. Col. Morton also serves as a volunteer hospital chaplain at Palestine Regional Medical Center.

Proof of CAP's success is demonstrated by its former cadets. Alexander Duppstadt received an appointment to the Air Force Academy a year ago, Steven Slayton serves in the U.S.A.F. ceremonial honor guard and Levi Bulls attends Texas A&M University-Commerce on a U.S.A.F. ROTC scholarship.

Cadet Smith is not sure if he will follow his older sister, Ellen, into the military when he graduates from high school this spring, or if he will go straight to Texas Tech University or Texas A&M University to become a physical therapist. Born in Lubbock, Cadet Smith is proud to have lived in Mildred since his fifth grade year. "This community and the people are great, and there's so much history here," he said. "I'm proud of our way of life." NOW

Editor's Note: For more information, email Maj. Dickerson at atdennisdickerson_cap@yahoo.com.



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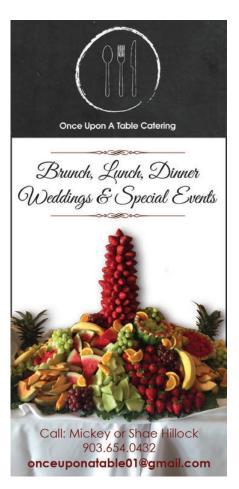
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The Ties That



At Home With Joe & Kel

Joe and Kelly Lovett are a remarkable young couple. They are responsible, grounded, fun-loving and blessed. Their partnership is so richly expressed in their shared love for their daughter, Layla.

Looking in from the outside, one might think Joe and Kelly have quickly created a life of wealth and ease. They live in a ranch-style, cream-colored brick home in an established neighborhood. "We have good neighbors. We all look out for each other," Joe said. "We enjoy living here."

Their house and lives are comfortable. Joe and Kelly credit God and His timing for where they are and all they have. "We were looking for someplace we could grow our family," Kelly said. "We looked at several places, but we knew this was the right one when we first walked in. The color scheme was just what we had chosen for a house we had looked at earlier. So much of what we wanted in a house was already here."

"It is home now," Joe added.

"Joe just finished building the covering to our back patio," Kelly said proudly. "Now our dogs, Scout and Daisy, have a place to lay in the shade."

Layla plays in the living room. She walks back and forth between her parents, around the simple coffee table, holding her drum sticks in each hand. "She is bound to be a musician when she grows up," Kelly said, smiling. "Joe plays the drums, and I sing. Layla loves looking out the back patio doors into the backyard while the dogs play and Joe mows the yard. Joe has to come get her and take her outside with him as he mows. She loves to ride with Daddy."

"This is what we do most evenings," Joe said, as he picked Layla up in his arms.





Lovett



The two of them chase each other around the wall dividing the galley kitchen and living room. Their dining room is a small space at the end of the kitchen with a drop leaf table and two chairs. They pull Layla's high chair up next to them and dine together. "It's something I want for her, to have memories of us eating together as a family. Some of my fondest memories and Joe's, too, are of eating our eveningme als with our families," Kelly said fondly.

Joe is one of seven children. He recalled learning to ride his bike and being out riding when his mother would call for him. "She could yell loud enough for me to hear her wherever I had ridden my bike around the small town of Barry, just west of Corsicana," he remembered.

"Yes, Joe's mom was a great cook. I wish I had copied her recipes before she passed. We lost her on Mother's Day







in 2011," Kelly said with a sad tone in

"Her passing was perfect. She was able to see all of us and say good-bye before she left for home," Joe admitted. "We were able to visit with her and my older brother whispered his last words to her



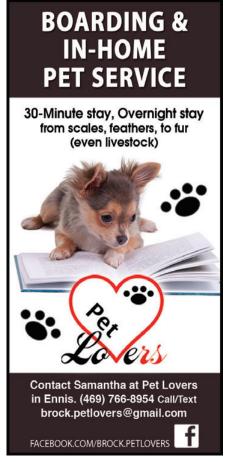
just before her last breath. Layla looks like her."

The home has three bedrooms, two bathrooms and a garage big enough for Kelly's car and Joe's Harley Davidson, BMX bike and a Mattel Hot Wheels collection. "I'm probably the only

mom who takes her husband to the toy department when we go shopping," Kelly said laughingly.

Joe is a collector. As Kelly is packing things up for the thrift store, Joe is bringing more stuff into the house and garage. One of the three rooms is full







"We were looking for some place we could grow our family. We looked at several places, but we knew this was the right one when we first walked in."









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of guitars that were recently hung to add a musical touch to the decor. This is where Layla and her dad play the drums together. Joe painted Layla's room early during Kelly's pregnancy. "I wasn't going to wait until the last minute," he laughed. Her bed and all her toys can be found in her bedroom with a feminine crystal chandelier hanging in the corner. Pictures that Kelly takes herself sit on the dresser of the master bedroom and paintings she also created hang over the dining room table.



Even though they are busy, Joe and Kelly find time to spend together. They recently attended a painting class for couples. Kelly enjoys photography and painting as hobbies.

Joe not only built the covering for the patio and created the artful L above the fireplace, he also built a shelf on the wall behind the sofa. Kelly has been able to add some mood lighting and framed pictures of the family to the room. His "tinker room" is a section of the garage where he built his own workbench.

Joe and Kelly are both quite talented. They actually met at a church program





where Kelly observed Joe tapping to the beat of the music on his leg and afterward approached him about playing the drums. They delight in sharing how they met, became good friends and years later fell in love. They have shared the stage many times. They even won first place at a Christian music competition held in Branson, Missouri. With a trophy on display in the living room and paintings and photos displayed



throughout the house, their love is on display for family and friends to enjoy when visiting. The most treasured and precious trophy of their relationship is Layla. She is their 15-month-old bundle of pride and joy.

This young couple's marriage is solid. They both come from strong Christian families and are active at Calvary Worship Center located close to home. Joe works hard for the Corsicana Independent School District as a maintenance man, while Kelly works for Bethany Home Health as their business development officer. They are sharing a beautiful life together, and they already have several interesting stories to tell. NOW

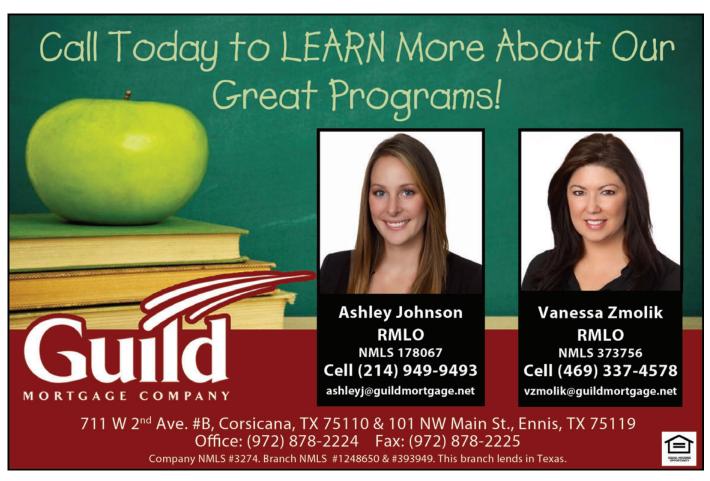




















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Most folks in Texas know the history of this wonderful state, but can they answer this question: Is the population of Texas a melting pot of diversity, or is it a tossed salad in a bowl? This is one of the "driving questions" used in the project-based learning program that CISD Gifted and Talented teacher, Laura Green, uses to spark interest in her first through fifth grade students. "I've learned as much as my students have, and they challenge me every day," Mrs. Green said.

"I start each semester with a driving question for each grade of students to explore. PBL then allows students to ask questions, find resources for answers and then ask more questions until a solution or answer is formed. There are no right or wrong answers," Mrs. Green stated. The teams of students go on field trips, call in experts for



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High

— By Virginia Riddle

interviews, conduct experiments, role play, take notes and go on scavenger hunts, while they explore the issue during the semester. The PBL culminates each semester with project presentations at which time parents and community experts are invited to hear the resulting answers.

The students learn so much during this "cycle of learning," which begins with the question/topic. Goals and timelines are set, and the research is conducted. The students then organize the research and their thoughts while assuring goals are evaluated. A product is created and presented. Throughout the cycle the state-based TEKS curriculum subjects are all addressed.

"This is real-world problem solving using 21st century skills in a collaborative group," Mrs. Green said. Some of





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the topics include: Save the Animals in Your Backyard, which is studied by first-graders; Extreme Weather, which is studied by second-graders; Geometry Playground, which is studied by thirdgraders; We are Texans, which is studied by fourth-graders; and fifth-graders study Sticky Business. The driving question for the latter is, "How can I create a business with a duct tape product that I can produce and sell on a website to generate a profit?" The challenge is to create something that can be useful to others or that addresses a need in Corsicana or the students' school. "The students tweak everything and anything and make it all their own. It's freedom within limits. Second-graders study medieval time travel. This past year, they wrote a script, created costumes and props to roleplay a character they were researching throughout most of the process. The driving question was, "If you could use a time machine to travel back in time, would you choose to live in medieval times?" Mrs. Green said.

CISD's G/T PBL program was designed using many resources like the Buck Institute for Education, Region 6 Education Service Center and NASA's Beginning Engineering, Science and Technology activity guides. "Our teachers and principals are very supportive of this program," Mrs. Green stated. "We've also had great support from community business leaders, who have been interviewed by the students and work with them on a regular basis throughout the semester."

On the days when students attend GT classes, the district buses them from the other four elementary school campuses in the district to Fannin Elementary, where Mrs. Green co-teaches with another GT teacher in an adjoining classroom. Last year, Kristen Smith was that teacher,



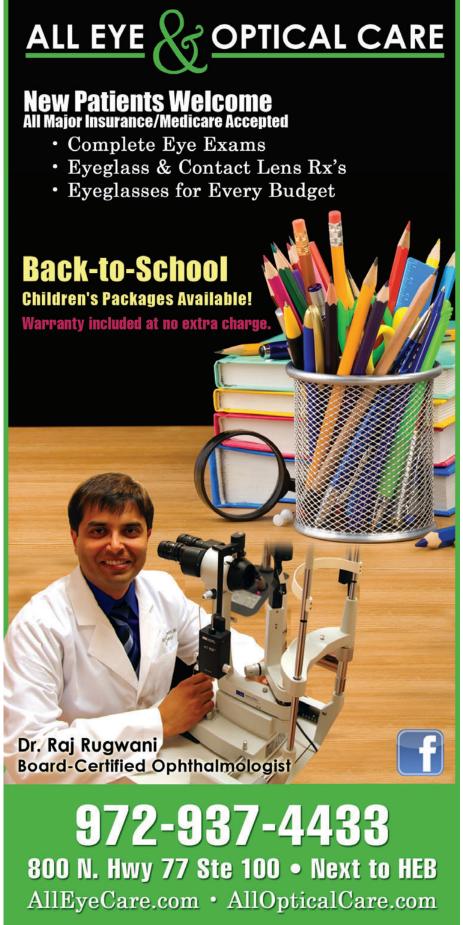


and together Mrs. Green and Mrs. Smith taught 135 G/T students. They join with that campus' G/T students for a day of working on their project-learning starting with fourth-graders on Mondays and culminating each week with third-graders on Fridays. This year's co-teacher is Faye Alonzo. "We have to be very flexible and take our leads from the students. We start and end each day together and go back and forth between the rooms all day," Mrs. Green explained.

"This past year, I saw my first class of first-graders graduate to sixth grade after having taught them for five years," Mrs. Green said. "It's a very special relationship. We get to know these students so well. Sometimes, we think we know the conclusions they will draw from the driving questions, and sometimes, the students really surprise us. They love coming to class, and I love watching the interaction, seeing them make friendships across the different elementary schools and seeing each student blossom." Fifth-graders go on a three-day trip with their teachers and the Fannin physical education coach, Stephen Perkins.

These G/T elementary specialists collaboratively work with staff from all CISD elementary campuses. "We work with the nurses on medications and medical conditions, and we assess and identify students for the program from all five campuses and work with parents from across the entire district," Mrs. Green said. "Having the students all day is great, but it's a challenge when a student has to miss a week."

To be identified and nominated for the G/T program, students must perform at a high level intellectually, creatively or artistically when compared to others at the same age, experience and environment. Additionally, G/T students may show leadership abilities or excel in an academic field. In CISD all kindergarten









and fifth grade students are screened for the program, and in grades one to four students must be nominated. Once parental/guardian permission is obtained, the student is age appropriately tested.

One common misconception is that G/T students are the most successful students in school. "There's a difference between the bright child and the gifted learner," Mrs. Green noted. The bright child knows the answers, works hard and enjoys school. In contrast, the gifted learner asks the questions, plays around but tests well and enjoys learning. G/T students may not care if they make good grades and may prefer time spent with adults rather than peers. "We conference with our G/T teachers on the other campuses and provide support, training and enrichment activities," Mrs. Green explained. "Conversely, if we find that a teacher is a resource, we ask for their help."

Together, the Greens have a son and daughter. Mrs. Green is a graduate of Texas A&M University and Baylor University. She holds four teaching certifications and has taught 21 years starting at a Montessori school and then at CISD's Bowie Elementary School. She's a member of the Texas Association for the Gifted & Talented. Mrs. Green is on the Habitat for Humanity board and volunteers at the family's church, First United Methodist Corsicana.

"My mom was a teacher, so I had always wanted to be a teacher. I was able to help create this program model and get it started. It's a program through which all kids can benefit," Mrs. Green said proudly. NOW

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The Manual

- Read it. While your owner's manual may not be an exciting read, it is important to have a general idea of what it says. The manual will tell you what type of bulbs, fluids, tires and components to use for many of the jobs you can do on your own. It includes when to perform oil changes and other routine maintenance.
- More than oil. The manual will also list intervals for things like changing spark plugs, timing belts and other maintenance that often goes overlooked. Though you could neglect them and never have problems, these services are highly recommended and will help ensure your vehicle performs at its best.



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• When to change oil. Car lube stations put a little sticker on your car's front window to encourage you to change your oil every 3,000 miles, but that is probably more





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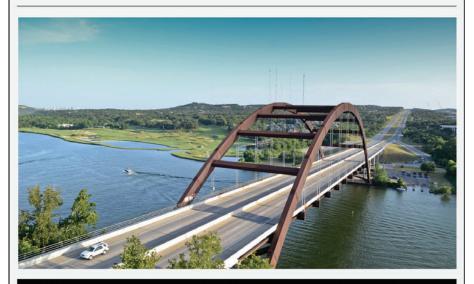


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Jill Rose, REALTOR® 512.574.5073 jillrose@jbgoodwin.com frequent than your car actually needs. Most vehicles today can run at least 5,000 miles without needing a change, and some can go well over 10,000 miles before they need oil, so you should check your manual for the specific mileage.

• Know your driving habits. Make sure you are changing your oil based on the type of use your car gets. Stop-and-go driving, as well as driving in dirty or dusty areas, will mean you need to change the oil more frequently than optimized, highway driving requires.



- "W" means winter. The numbers that identify oil indicate how viscous the oil is, and how well it flows in cold and warm temperature tests. 10W-30 is considered the standard oil, but many modern vehicles require oil with alternate viscosity levels. Verify your car's preference in the manual, and then tell the shop. Otherwise, they will probably just use 10W-30.
- Weigh the cost. Synthetic oil holds up better, but it is costlier. Most oil companies offer blends, especially for higher-mileage vehicles, at a cost that may or may not be worth it. If you are not sure whether the extra cost is worth it, there are online forums for almost any specific make and model of car, where you can read the experiences of people with your same car.



Caring for and Changing **Your Tires**

- Check the pressure. Changes in temperature will almost assuredly change your air pressure, as will any time you hit a curb or pothole. Even a car sitting for an extended period in the garage may lose enough pressure to need more air. Conversely, your tires may increase in pressure in the hotter months, so be ready to take air out as well. A tire lacking in air often looks flat, but a tire that is overinflated looks a lot like a normal tire, so always use a gauge, not just your eyeball.
- Look with your hands and eyes. If you notice any deviation in what should be a smooth, round shape, you might need a new tire. Tires start with a depth of 11mm, and need to be replaced when they reach 3 mm. But when checking depth, make sure to check the inner portion of the tire, which is often much more worn than the outer edge.
- Rotating is essential. Your tires need to be rotated every 6,000 to 8,000 miles. This is possible to do yourself if you have the



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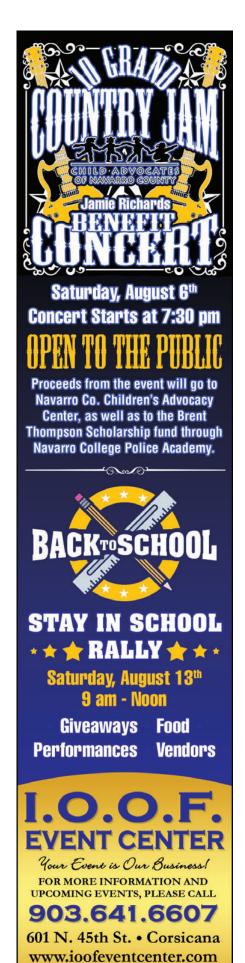
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proper equipment, but there are plenty of inexpensive locations where you can have your tires balanced and rotated. Most tire shops will include lifetime tire rotations, either free or for a nominal fee, when purchasing new tires. And if you happen to be installing two new tires instead of four, make sure the new tires are in the rear of the vehicle, which gives the most stability, especially in wet conditions.

Taking Care of Your Brakes

• Pay attention to warning signs. Unless something catastrophic happens, your brakes are not likely to stop working completely, but many components in your braking system wear down over time. If you hear your brakes making a squealing, grinding or any sound that is loud enough to hear over the engine, you may have an issue. In addition to sounds, you may notice your car wobble or shake when braking. In any of these instances, your best bet is to take your car into a shop to check components. It is wise to use an ASE-certified mechanic. Look for the blue seal indicating automotive service excellence before having work done on your vehicle.

The Sticker

• Deciphering the system. The state of Texas has switched to a single sticker to track your car's registration and its safety inspection. While there are long-term benefits for the state and its residents, these first few years of implementation are proving to be slightly confusing. You will get your single sticker, if you have not already, when you register with the local tax office. In order to do that, you have to have a current inspection on file. Most counties will allow you to renew your registration online for an extra \$2, and the system will recognize whether your inspection is up to date. If you have not switched to the single sticker yet, just make sure to get a new inspection no more than 90 days before your next registration date.

You can never prepare for every situation you might face while driving your car. Following these tips, however, should prevent some issues and keep you and your family safe on the road.

OUTSTANDING CAR CARE

New Manager Steve Fuller transforms Kwik Kar Ennis into a complete auto repair facility.

Professional, convenient vehicle maintenance services have been the hallmark of Kwik Kar Ennis. Lately, customers are turning to Kwik Kar for the inevitable repairs every car requires. When Steve Fuller began managing the store this summer, he and owner Ray Dikun dedicated Kwik Kar to providing Ennis with outstanding automotive care performed by honest people at fair prices.

Steve manages a crew of ten who work on vehicles in four ultra-clean bays that are double deep. Half of those eight bays are dedicated towards maintenance, the other half toward repair. "My goal is to make each and every car that comes through here safe and well maintained," Steve said. His team will advise the customer when they see a problem while giving a health report card on your vehicle." When you leave here, your car will be ready for the highway, or you'll at least know what repair it requires."

Within the professional atmosphere at Kwik Kar Ennis, people relax while all repairs and maintenance are performed by men with expertise in various skill sets. Lead Technician Jeremy Featherston brings 17 years' experience to every vehicle he touches. Each hood tech has between 2 and 9 years of experience.

Steve is upping the ante, building on his team's strengths and encouraging prompt attention to each customer. He's developed a system so the service can flow. Speed is one thing Steve wants, but his main goal is for the team to notice everything about each vehicle. His 37 years' experience in this industry means he knows how to prioritize each customer's repair and maintenance decisions.

Thirty-nine years ago, Steve was an Ennis High School student and local football hero. He decided to take auto mechanics at Ennis High School to learn to fix his own car. His teacher, Phil Hughes, was a master certified GM technician. "I learned a whole lot and found I enjoyed fixing things," Steve recalled. "In my second year of auto mechanics, Phil said to me, 'I got a bunch of guys in this class, and if I gotta lay my money on anybody it's you. Are you going to go to college or turn this into a profession?' He helped me get my first job, at the Ford dealership here in Ennis."

Since then, Steve has worked for numerous dealerships in the DFW Metroplex. He's master certified, and brings to Kwik Kar a mellow, cheerful approach to dealing with people. Steve turns negatives into positives, keeping safety top of mind and explaining the preventive benefit of any repair he recommends. "I can explain every situation, if you want to listen," Steve said. "I can answer all your questions."

Staying level headed, promoting confidence in his customers, Steve has found that stress doesn't fix cars. He believes good health is one of the most important things a person can have in life. "I try to take care of myself, to eat right and exercise. I do a full physical every year," Steve said. He has found that just like our bodies, vehicles need comprehensive checks, as well.

Ennis can count on Steve's team to find issues before they become problems. You can rest assured that the clean, safe, family-owned Kwik Kar of Ennis will keep your car running right.



Steve Fuller, Manager; Jeremy Featherston, Lead Auto Technician; Nate Beazel, Assistant Manager Phillip Nobles, Hood Technician; Ray Dikun, Owner Kim Prachyl, State Inspector



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Chad Hammer has the right equipment for getting the job done.

Heritage, Legacy and Family

Pineco Tractor and Equipment sells and services tractors and mowers. — By Virginia Riddle

Royce Hammer, along with his sons, Chad and Coy, and his dad, Harold, have successfully owned and operated Pineco Tractor and Equipment for over a year in Kerens and recently expanded to a Waco location. Originally from nearby Henderson County, Royce moved his family to Lake Richland Chambers six years ago. "I grew up on a farm and ranch and was always on a tractor. Our family understands the business," Royce stated.

The showroom floors feature Mahindra tractors, Big Tex trailers, Bad Boy mowers, Ferris mowers and Simplicity mowers. "We can order and service anything, but these are the tractors and mowers we know best," Royce said. He stocks the fluids, belts, sensors and filters for do-it-yourselfers, as well as the implements and attachments for the heavy-duty tractors and

equipment. Financing is available through several different institutions and major credit cards are accepted.

Both locations have five employees each to provide customers with sales, servicing and accounting. "We send the service guys to regular training sessions every 90 days to Mahindra, so they can stay up-to-date. They are tested before they can do any warranty work. We provide servicing, so people don't have to drive another 20-plus miles," Royce said. The techs can also try to diagnose problems with a phone call, photos sent by cell phone or make a house call. "We go onsite to troubleshoot, so when, for instance, a customer is cutting hay, he or she doesn't have to pull the tractor out of the field to get service," Royce explained. "We are a solid sales and service tractor and

Business NOW

equipment company and will take care of our customers."

Part of that care is in matching the right tractor or mower to the customer's needs. "We aren't going to sell a customer more or less of a tractor or mower than is needed for the job," Royce said.

The Hammers remodeled an existing building in Kerens and are excited about their expansion to Waco. "We listen to customers and are still learning what we need to do, but everyone has been fantastic, down-to-earth and helpful as we have started this business. From the Navarro County Court House and Tax-Assessor's office personnel who helped us get all the necessary paperwork completed to the Chamber and Kerens police — everyone's treated us neighborly. The business participates in Kerens events, such as BBQ on the Bricks and the Cotton Harvest Festival and supports the local FFA.

"We are a solid sales and service tractor and equipment company and will take care of our customers."

Life on Lake Richland Chambers is a joy. "The people on the lake are great, and we like being on the water," said Royce, who enjoys hunting, fishing and farming. "We love the tractors. I can't keep my sons off them. My dad is supposed to be retired, but he loves to be here to talk to people, work and help the company. As a family, we enjoy being around each other.

"My dad was diversified in business with ranching, real estate and oil and gas interests by the late '80s, all of which required equipment, so we've always been heavily involved with tractor-related equipment," Royce stated. "Everyone's putting out well-built tractors today that will last, but we feel Mahindra has the best warranty and tractor on the market. Pineco Tractor and Equipment's knowledge, experience and a true willingness to help the customer will set us apart from all the rest." NOW



Mahindra

Around Town NOW



It was a family affair at the first of many Creek Bottom Tea Parties.



Chevy Ferguson and his mom, Stormi Ferguson, enjoy summer fun in the sun at a Corsicana Spray Park.



Surf's Up and it's Luau Time for Charlene Bice, Edna Crabtree and Melba Lennon at the annual dance for seniors 50+.



Joyce Ellison and grandson, Princetyn Ellison, have a great time at Rotary's Freedom Fest.



Debbie Powers and Jill Lively work on bags to be sold at the Piecemakers' Quilt Guild annual show.



Triple Nickel Band, with very familiar Around Town faces, takes the stage at Rotary's Freeedom Fest celebration on the Fourth of July.



Rotarian Russ Montfort and his son, Cason, hold the fort down at the Rotary Freedom Fest's water station on the 4th of July.



Bryanna Wright, Katherine Morgan, Stormy Morgan and Cory Hurless visit during the Navarro College Partnership Event.



A'mya Tolliver, and her mom, Jacie Tolliver, build summer memories at LEGOS at the Corsicana Public Library.





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Teaching Children to Save and Invest

Teaching children a few simple lessons about saving and investing can get them off to a great start toward a secure financial future.

The Importance of Savings

The lesson is simple — if you want something, you have to save for it. Talk to your child to find out what it is that he or she wants, then work with your child on how to save for it.

Give options for reaching a goal. If your child receives an allowance, talk about saving all of the allowance for a certain number of weeks versus saving half of it for twice as long. This teaches your child to view his or her options and make informed decisions about how to manage money.

The Value of Investing

Once your child has learned how to save money to achieve his or her goals, it's time to talk about how to earn money through interest accumulation. Learning about the benefits of compound interest should encourage children to invest their money in income-producing securities.

A good first step to moving from the piggy bank to the stock market is a simple savings account. As your child's savings grow with money from babysitting or other first jobs, you may want to introduce other investment vehicles, such as mutual funds. Consider opening a custodial account for your child under the Uniform Gift to Minors Act (UGMA) or the Uniform Transfer to Minors Act (UTMA) or start a matching program, similar to a 401(k) plan where you match every dollar your child invests. Don't forget the importance of educating children about the market risk involved when investing in mutual funds, including possible loss of principal.

Staying Involved in the Process

Most children look to their parents as a primary source of financial information. This makes it important for you to stay involved with your child throughout the learning experience with investments.

Take the time to go over your child's bank or mutual fund statements with him or her. If investing in a mutual fund account, show your child how to look up the value of his or her funds online.

Being a Good Role Model

You can talk to your child about investing until you're blue in the face, but chances are good that he or she will not pay close attention to the subject unless you're following your own advice. Take a moment to speak to your child about investing in the future. Then, contact your local finance agent to create a financial plan that is right for you and your child.

Lynda Housley is a State Farm agent based in Corsicana.



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Health Screenings for Baby Boomers

Most people between the ages of 50 and 70 are either still vigorously working, preparing for retirement or somewhere in between. No matter which category you fit into, maintaining a healthy lifestyle is important. Health screenings and diagnostic tests are a few tools to help you and your physician stay on top of your overall health.

Most people in their 50s and 60s should receive regular screenings for cholesterol, blood sugar and blood pressure. A cholesterol, or lipid test, measures the fats in a person's blood. A surplus of lipids can increase the risk of heart attack and stroke. A fasting blood sugar test — taken only after an eight-hour period of fasting — will reveal if a person has diabetes. And a blood pressure check will help indicate an elevated risk for a variety of health issues, including: heart attack, stroke, heart damage and kidney damage. These three tests are generally performed as part of a routine physical exam. Personal and family health history and other factors will influence the frequency of testing recommended by your physician, nurse practitioner or physician assistant.

The American Dental Association recommends an annual exam by a dentist to examine the teeth for decay, gums for disease and tongue, lips and soft tissues of the mouth for cancer. To maintain proper eye health, visiting an ophthalmologist or optometrist once every two to four years is recommended. During this exam, the doctor checks eye movement, peripheral vision, eye pressure, color vision and sharpness of your eyesight. This test will determine if a person has vision difficulties, needs corrective lenses or is a candidate for vision correction surgery.

Most people in their 50s and 60s continue to experience a slowing of the metabolism that began around age 35. As a result, many people experience weight gain during these years. Your physician will likely check your weight and body mass index (BMI) to

determine your risk factors for illness such as type 2 diabetes, obesity, high blood pressure and other diseases.

Most colorectal cancers are diagnosed in people over the age of 50. Colorectal cancer screenings are used to detect cancer, precancerous polyps and/or other abnormal conditions. The most common type of test is the colonoscopy, in which a gastroenterologist examines the length of the colon by using a long, thin flexible tube with a tiny video camera on the tip.

Some exams are gender-specific. For women, a mammogram and clinical breast exam should be performed at least every year or two, and the American Cancer Society suggests that women perform monthly breast self-examinations. A PAP test detects possible cancer and precancerous changes of the cervix. PAP tests are recommended annually for sexually active women. Your family practitioner or gynecologist will recommend the testing frequency right for you.

Men generally begin having prostate exams at age 50. This exam can be performed quickly and easily in a physician's office using two tests: the Prostate Specific Antigen (PSA) blood test and the Digital Rectal Exam (DRE).

The years in your 50s and 60s can be full of changes and events that can impact your health. An annual check-up can help give an early indication of medical problems that may be developing. Contact your physician to determine a schedule of health screenings that meets your individual needs. NOW

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August 1 — 20

Summer 2016 Planetarium Programs: **Mondays-Saturdays**, Cook Center. For show listings and times, call (903) 874-1211.

August 6

Child Advocates of Navarro County Annual Fundraiser: 6:00 p.m., dinner; 9:00 p.m., concert, I.O.O.F. Event Center. For more information or to purchase tickets, contact Lydia at (903) 872-3772.

August 7

Pooch Paddle: 2:00-5:00 p.m., Jester Park Pool. For more information, call (903) 875-1060 or visit www.facebook.com/The HSNC.

August 9

Navarro Regional Hospital Community Health Fair: 10:00 a.m.-2:00 p.m., Cook Center. For more information, contact Anna Paul at (903) 654-6870.

National Active and Retired Federal Employees Association Chapter 1191 meeting: 11:00 a.m.-1:00 p.m., Sirloin Stockade. For more information, call (903) 874-3092.

August 9 — 11

Backpacks of Love: **Tuesday**, Noon-7:00 p.m.; **Wednesday-Thursday**, 9:00 a.m.-7:00 p.m.,

Drane Intermediate School gym. For more information or to donate to this project, contact Kimberly at (903) 872-5601.

August 13

Back to School Stay in School Rally: 9:00 a.m.-noon, I.O.O.F. Event Center. For more information, contact E. Burrell, Navarro County Branch NAACP, at (903) 874-2821 or A. Reeves, IMPACT Navarro County, at (903) 875-8727.

Angels of Corsicana Troop Support packing: 9:00 a.m., 1020 N. Business I45. Donations may be dropped off at this site **Monday-Friday** 8:00-11:00 a.m. For more information, call Jean O'Connor at (903) 851-2560.

Senior Circle Pot Luck Luncheon: 11:30 a.m.-1:00 p.m., Navarro Regional Hospital. For more information, contact Connie Beal at (903) 654-6892.

August 16

Vietnam Veterans of America, Chapter 1009 meeting: 7:00 p.m., La Pradera Restaurant. Email Roy Messick at roy.messick@gmail.com for more information.

August 17

Senior Circle Lunch Bunch: 11:30 a.m.-12:30 p.m.,

Across the Street Diner, 125 N. Beaton. For more information, contact Connie Beal at (903) 654-6892.

August 23

Corsicana & Navarro County Chamber of Commerce Quarterly Luncheon: Noon-1:00 p.m., location to be determined. For more information, call (903) 874-4731.

August 25

Corsicana Newcomers' Club meeting: 11:00 a.m., Kinsloe House. For more information, contact Annie Avery at (714) 345-6707 or to make confirmed reservations, **RSVP** to Chrystal Chanty at (817) 658-7541 by **August 21**.

Family Caregiver Support Group of Navarro County meeting: 2:00 p.m., Corsicana YMCA Conference Room. Contact Mark Thommarson at (903) 641-9592.

Submissions are welcome and published as space allows. Send your current event details to virginia.riddle@nowmagazines.com.





In the Kitchen With Bobbie Holland

— By Virginia Riddle

Growing up in Dallas, Bobbie Holland started her recipe collection while attending the State Fair of Texas. "I always went to the Food & Fiber Pavilion to collect the Lone Star Gas recipes and to eat free foods," Bobbie recalled. A retired Dallas ISD teacher, Bobbie enjoyed foods prepared by her fellow elementary school staff and faculty members and, of course, added those recipes to her collection.

Bobbie likes easy, short recipes, and this was especially important while she was raising her two children, Dexter and Judy. "I get my inspiration from magazines, cookbooks and people I meet. I love to eat different kinds of food," she said. Bobbie enjoys cooking for family, friends and church gatherings. "It's great to have people enjoy my cooking," she said. "And share my recipes." NOW

Pumpkin Bread

2 cups flour

I tsp. baking soda

I tsp. salt

1 tsp. cinnamon

1/2 tsp. nutmeg

1 1/2 cups sugar

2 eggs

1/2 cup vegetable oil

1/4 cup water

1 cup pumpkin

1 cup pecans

- **1.** Sift dry ingredients together; set aside.
- **2.** In a separate bowl, mix together all other ingredients, except pecans. Combine with dry ingredients; beat until smooth.
- 3. Add pecans; pour into greased and

floured pans (If PAM or Baker's Joy is used, don't flour pans.)

4. Bake at 350 F for 1 hour if 2 regular loaf size pans are used or for 40 minutes if 4 small loaf pans are used.

Orange Jell-O Salad

Note: Recipe can be halved.

2-3 8.25-oz. cans mandarin oranges

1 15-oz. can crushed pineapple

1 6-oz. box orange Jell-O

1 cup sugar

1 16-oz. tub sour cream

- 1. Drain oranges and pineapple, retaining liquid. Add water to drained fruit juices to make 2 cups of liquid; bring to a boil.
- 2. In a large bowl, mix Jell-O and sugar; add

boiling fruit juices to dissolve Jell-O.

- **3.** Add 3/4 of sour cream; use a whisk to blend sour cream into lell-O.
- **4.** Add fruit; pour into mold or 13x9-inch dish; refrigerate until gelled.

Cabbage Combo

Makes 4-6 servings.

4 cups cabbage, shredded

2 cups tomatoes, chopped

1 10.75-oz. can cream of celery soup

1 cup breadcrumbs

I cup cheddar cheese, grated

- I. Boil cabbage; drain.
- **2.** Grease a $1 \frac{1}{2}$ -quart baking dish with butter; combine cabbage and tomatoes; pour
- **3.** Pour soup over vegetables; top with breadcrumbs and cheese.
- 4. Bake at 350 F for 25 minutes or until top is bubbly and browned.

Hogs in a Blanket

8 large smoked links 1 8-ct. pkg. refrigerated crescent rolls

- **1.** Wash links; pat dry with paper towels.
- 2. Pull rolls apart; place on ungreased cookie sheet.
- 3. Place a link on widest part of each crescent roll. Roll up to smallest point. Bake at 350 F until browned.

Sausage Cream **Cheese Croissant**

I lb. sausage, cooked and drained

1 8-oz. pkg. cream cheese

3 cans refrigerated crescent rolls

1. In a bowl, combine sausage and cream cheese.

2. Pull apart rolls; on the widest part of roll, place 1 tsp. of sausage mixture.

3. Roll up; place with seam sides facing each other on cookie sheet. Bake at 350 F until browned.

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