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Editor's Note

Hello, Granbury Family and Friends!


In the United States, Labor Day occurs on the first Monday of September. The Central Labor Union organized the first one in 1882 to give workers a holiday. In 1894, the day became a federal holiday. Although school starts before Labor Day in our area, the first weekend in September still means a last ditch summer trip before we get fully engaged in the routine of school, football season and all that goes with it. Perhaps this day marks a changing of seasons in some respects. Of course, the high temperatures might make some people argue that point. But fall does officially arrive this month.

Still, it's a perfect time to take on something new, changing your season by learning a dying or lost art. Or maybe you want to return to school. Why not? Perhaps you simply want to spend time reading a different genre than ever before. We're never too old, or too young, to learn more.

What new thing will you do this fall?


Lisa

Lisa Bell
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Inside Hood County Courthouse, an intricate quilt preserves the Granbury of long ago, an exceptional tribute to our historic community. Created in the late 1990s, the quilt features buildings and landscapes. Some houses on the magnificent piece of handwork no longer exist. Yet they remain, forever appearing in their former beauty.

Have you seen this quilt and wondered who made it? Plaques displayed beneath it bear the names of buildings along with the names of the women who worked tirelessly, piecing the illustrious tribute. Liz Berry, Lee Rash, Donna Gudat and Jeri Sharkey all appear among those names. They founded the Granbury Quilters Guild over 20 years ago. The historic quilt resulted from one of their first group projects.

Not so long ago, many of our grandmothers created quilts from scraps of fabric, backing them with anything available — often wool blankets to add warmth. Little about beauty, the hand-sewn covers kept their families warm. On cold winter nights in drafty houses without heat, quilts literally prevented people from freezing.

We don't need quilts quite the same way today. Yet the desire to pursue quilt making seems to have resurged — perhaps more as an art form than one of necessity. A mass-produced version costs far less, but the quality and charm is incomparable. Liz and all of her almost 100 friends, members of the Granbury Quilters' Guild, know this truth. Many of them still see quilting as a functional gift, but they also enjoy the artistry involved.

Liz moved to Granbury in 1972 because of the location halfway between her parents and in-laws. She didn't start quilting until the late 1990s though. Lee moved to Granbury a little earlier (in 1971) when she married a local man. In the late 1980s, she took up quilting. Jeri moved to Granbury in 1998, about a year after she started quilting. Donna also married a local man and moved to Granbury in 1995. Unlike her counterparts, she was a first-generation quilter. Even without the advantage of watching a mother or grandmother produce the coverings, she caught on very quickly.

Donna and Jeri both have long-arm machines and do their own quilting, as well as provide quilting for other people. While Liz enjoys quilting by hand, Lee does a mix, often trading labor for someone else to finish the actual quilting process — all for love of making something beautiful, most of which are given away.

The Guild's 80-90 quilters join in 10-12 "bees" where they actually work. Their monthly gathering as a whole group gives them a chance to learn from more experienced quilters and speakers. All of these women agree that the friendship aspect means more to them than the quilts. They inspire each other, not only with projects, but also in life. "I learn something every time we come together," Jeri said. Some quilters belong to multiple bees, which meet at different times and places. The Guild's annual fee costs \$25, unless you happen to be 80 years or older. These seasoned ladies receive free memberships. Fellow members give senior quilters a ride if they no longer drive.

When the four founders connected in Granbury, a local quilters' guild didn't exist. They drove all the way to Cleburne to meet with like-minded artists every month. Relatively new quilters, they craved learning and the camaraderie. On the

— By Lisa Bell

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way home one evening, they talked about the long drive and said, “Why don’t we start our own guild?” So they did, seeking help from the Cleburne guild’s president. At the first meeting, March 1997, they elected officers. “Four,” Lee said. “President, vice-president...” The other women laughed at the memory. But their small group quickly grew.

The original four met in various ways, from connecting at church to meeting during a scuba trip. They all shared a love of quilting — and still do. Lee loves fabric. Just talking about the touch makes her smile. “My first project from the Cleburne group required using only fabric from your stash,” she shared. “At the time, I didn’t know what a stash was.” The only fabric she had was some she intended to use for a skirt. Now, Lee and other quilters enjoy comparing the size of their stashes. Apparently, scraps multiply if you leave them alone!

Liz likes fabric, too, but her favorite part happens when she picks the quilting pattern. Then she looks through her stash to determine which fabrics work best for that pattern. She used to make a quilt for the Fourth of July holiday and announced to her children a drawing for one of them to receive it. The catch? The winner had to be present. When all of her kids had a Fourth of July quilt, she moved on to the grandchildren. “It got them home for the holiday,” she said with a grin.

Quilting relaxes Jeri. She always sewed clothes for herself and her kids and had an unpursued interest in quilting. When she had an opportunity to be part of donating a quilt, she went after her interest. She loves picking out the material, coordinating colors and envisioning the finished product. “The Guild brings together new quilters,” she shared.





“The joy when someone receives a quilt — you can see it,” Donna said. She uses her long-arm to quilt because she pieces faster than she quilts. Some of her quilts contain hand-embroidery, but she uses a sewing machine for much of the work on a project.

The Granbury Quilters’ Guild will host a quilt show the same weekend as the Harvest Moon Festival. At the Presbyterian Church on Bridge St., the members plan to drape their beautiful work over the pews and invite everyone to come see their exquisite creations. A quilting project may take weeks, months or even years to finish. They are truly works of art. Not only for beds anymore, now quilted pieces include lap quilts, wall hangings and even fun items like bowl cozies, clothing and accessories. Imagination is the only limit to quilting projects.

The Guild gives back by donating quilts to local organizations, giving them away during disasters, fires or for other reasons. They recently won an award from Texas Health Harris Methodist Hospital’s Neonatal Intensive Care Unit for the tiny coverings and hats they share. And they have a closet filled with quilts, ready for anyone who needs them. While they often work on their own projects during the bees, these wonderful women set aside one month when each of them works on a quilt to donate. “Our guild is filled with generous people,” Liz said.

What they started 20 years ago last March continues, preserving a historic art and creating new friendships. Just as a quilter can never have too much fabric or too many tools, neither can the Guild have too many members. **NOW**

Editor’s Note: For more information, visit www.granburyquiltguild.com and come visit their show October 20-21.

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Dreaming — By Rick Mauch Big





David and Melissa Hullender have come a long way since their small apartments in college at Stillwater, Oklahoma, and Boston, Massachusetts. Now, they could fit both of those apartments inside their dream home on Lake Granbury, and still have a lot of room to spare.

Before entering the 7,700-square-foot home belonging to this couple, both of whom are in their early 70s, one sees a diamond emblem in a stone with the phrase *Diamond Bluffs* engraved in it. The same emblem is also seen in the entry to the home, with a Bible verse from Joshua 24:15, *But as for me and my household, we will serve the Lord.*

"Everywhere we could put a diamond shape we did," Melissa shared. They are Diamond Level in the Amway business. Their success helped pay for their dream home.

"We've worked hard and are pleased with our achievements and our home on the bluffs," David said.

The home, in which they've lived since 2007 after nearly four decades in Arlington where David is still an engineering professor at The University of Texas at Arlington, is indeed on a 70-foot bluff. At the bottom of a long set of winding steps is a large sand

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volleyball court, along with a boat dock and boathouse. “We first bought this property because I needed a place to park my boat,” David said, laughing.

The ironwork on the large front door was designed with diamonds as the focal point. The glass panels unlock and open inward. The entry boasts a circular staircase, which is also trimmed in beautiful ironwork. The halls are on the front side of the home. The house was designed so virtually every room has a lake view.

The kitchen countertops are made of soapstone and granite with a combination of natural and stained wood. Two islands

can seat about eight comfortably, as does the long, wooden table with benches. “We aren’t formal people. This works for us,” Melissa said.

A pass through the kitchen takes one into “Melissa’s Domain,” where she works on crafts, china painting, stained glass and an assortment of other activities. Every bit of stained glass throughout the home — and there is plenty — was created by her. She’s also working on a set of China dishes. “Each place setting is a different flower,” she said proudly.

The great room is the centerpiece of the home. It features a 22-foot-tall ceiling with a large fireplace, measuring about 12 feet tall and 8 feet wide. Above it is a painting of a banjo and guitar painted by David’s grandfather, one of several found throughout the home. “David comes from a very artistic family,” Melissa said.

The room also features two large windows that measure 10 feet by 13 feet. Each window weighs well over 800 pounds. “David once said if one of those light bulbs in the ceiling burns out, we’re just going to replace them all,” Melissa said, chuckling and adding that they could

also call the fire department to help.

The changing room contains a scrapbook with drawings from the grandchildren, which Melissa transferred to tiles on the bench seats in the individual changing areas and the shower. The cubbyholes for towels and personal items are shaped like — you guessed it — diamonds. A special touch is the double toilet seats, one for big bottoms and one for little tushies.

Each of the downstairs bedroom suites was named by one of their three children. “It was a way to make sure our children felt they were a part of the dream home,” David shared. “The names evolved out of their interests.”

Their second son, Todd, named one bedroom Fenway, centered around his love of baseball. Living in Boston for a couple years while David was attending Massachusetts Institute of Technology, the family developed a love for the Red Sox and Fenway Park. The room is highlighted by a collection of plates featuring baseball.

Another bedroom is named Africa because their first son, Chad, has served as



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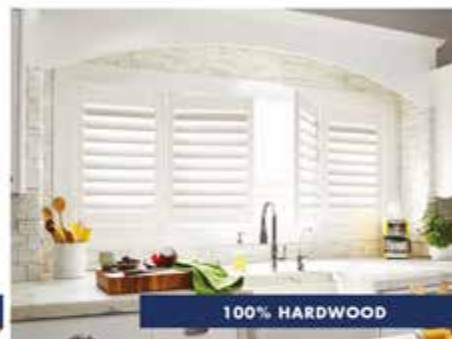
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It has been 10 weeks since I received my injection in both shoulders. At night when I roll over on my side I no longer wake up from the pain in my shoulders. I am now combing my hair with less effort or pain. I can put dishes in the cabinet with less pain and easier than before the injections.

-Frank Shannon

The perfectly timed information about your clinic's stem cell therapy possibilities saved me from the amounts of pain and recovery time my scheduled shoulder surgery would have cost.

Honestly, the therapy sounded too good and too easy. Everything good you said could happen, has. After receiving the stem cells, 4 months of constant pain began improving. As the injury healing continually increases, the pain levels have kept decreasing.

Being able to resume daily activities without has been a miraculous gift.

God's continuing blessings on you and your staff.

-Jan Boyd

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a missionary to Niger, Africa. He appears in all three pictures in the zebra frame. The room also has many mementos from David and Melissa building their Amway business in South Africa.

Their daughter, Jane, named another bedroom The Garden because she wanted something tranquil for herself and her four daughters. On the wall hangs a wedding picture of David and Melissa, along with photos from their children's weddings. On a nearby table, crafted by Melissa from her mother's broken china and Depression glass, sits a wedding picture of David's mother.

The Dorm and the connected Secret Room are favorites of the grandkids. The former features several bunk beds, and the latter includes lockers for coats, sweaters, bags, etc. for each of the grandchildren. A photo in The Dorm features just the feet of the nine grandchildren. It was taken during a visit to nearby Big Rocks Park in Glen Rose. It is based upon Psalm 119:105, "Thy word is a lamp unto my feet, and a light unto my path."

The elevator takes visitors down to the garage, where David's collection of remote-controlled airplanes is on display. It began when he found one in the backyard of their Arlington home and could not find the owner despite an exhaustive search.

The elevator goes upstairs to the master suite and adjoining library/study, named The Eagles' Nest. On each side of the entry is a collection of eagle statues and memorabilia displayed in cabinets. "The eagle is a symbol of personal freedom," David explained.

The sixth bedroom is a combination workout room with a futon. It is also, ironically, the only bedroom in the house





with a TV. "We have it there for when we work out. Bedrooms are for sleeping," David said.

Past the upstairs kitchen, laundry room and powder room is the giant media room. It has seating for many family members and guests, an 8-foot TV screen, theater-style lighting, a small stage on which the grandchildren will sometimes perform and, of course, a magnificent view of the lake. Visitors can see a slide presentation of Diamond Bluffs' construction history. It runs continuously, unless it's movie night or time for a Wii tournament or sporting event.

Out back is a kidney-shaped swimming pool with a large downstairs patio. Upstairs is an equally sized balcony that connects to every room and has a telescope, so David can look to see if folks are catching fish on the lake. If so, he will often go out himself.

Of course, it could take a mighty large fish to get David out of the house. After all, the home is the culmination of years of dreaming for him and Melissa. "She had a scrapbook of what was supposed to go in each room," he said. "When it came time to build, she said to the builder, 'Here ya go.' And now, here we are." **NOW**


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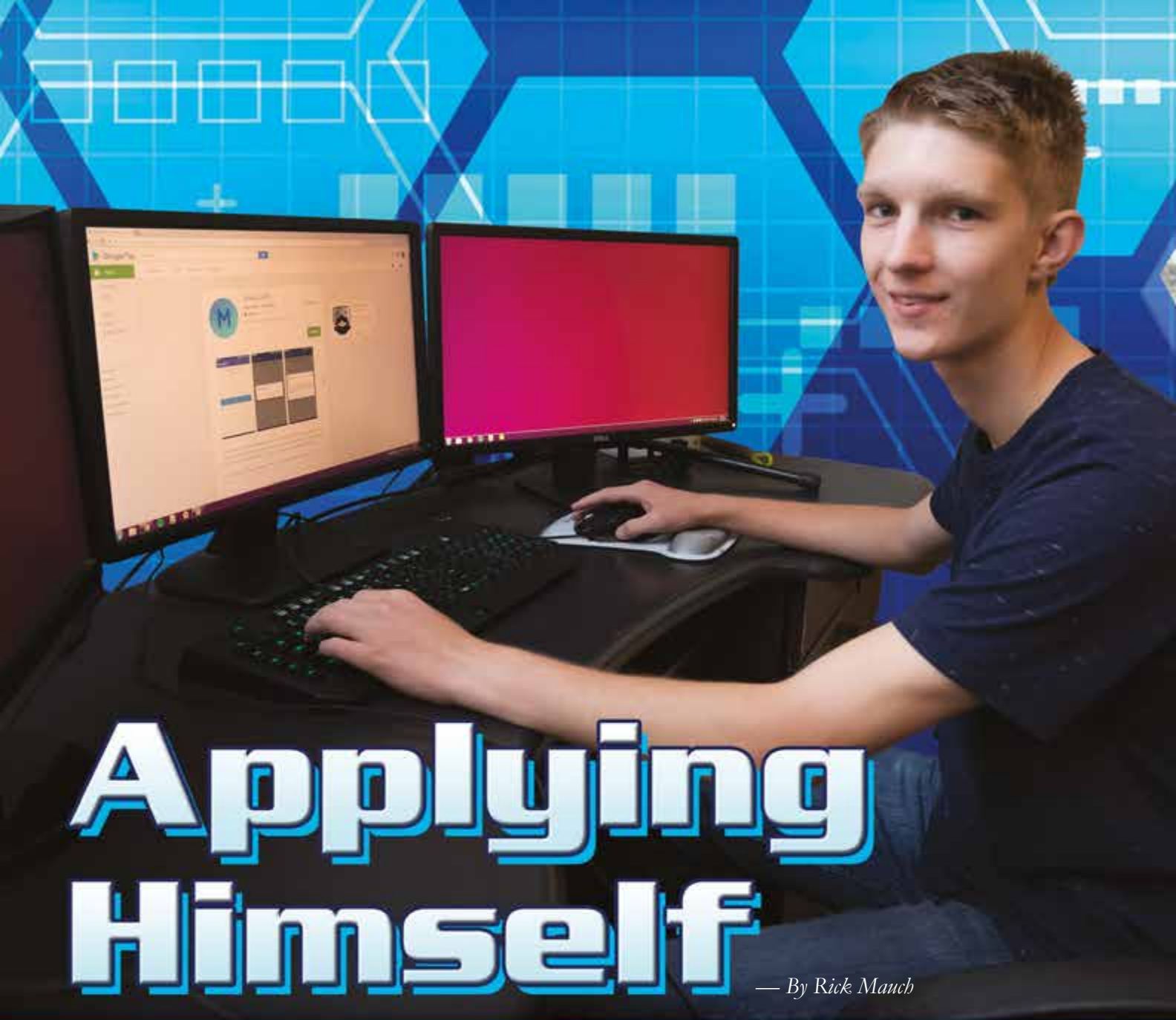
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Applying Himself

— By Rick Mauch

Shane Smiskol certainly knows how to apply himself. He also knows how to apply much else. The Granbury High School senior won the Congressman App Challenge earlier this year. His winning app, available free on Google Play Store, titled MarkovSMS, takes the text from sent messages and runs them together to create funny statements. “I was a little surprised it won. It doesn’t have a major niche,” Shane said. “But it’s fun, so I just entered it and won.”

He is one of only about 100 across the nation who received such an honor. It’s not the first app he created, however. Shane also created ChromoPhoto, which is available free at Google Play Store, as well. This app colorizes black and white photos. His

app, Get Assistant — Root, allows older phones to use Google Assistant, and it has over 108,000 downloads.

Shane was raised in a family of entrepreneurs. His mother and father had a wholesale jewelry business for museums, zoos and professional sports teams. At age 3, he helped make beaded necklaces, while sitting on his mom’s lap. Yet, he doesn’t see himself in the same vein. “I actually don’t consider myself an entrepreneur. It’s more of a hobby,” Shane said.

His “hobbies” include quite the variety. In grade school, he made duct tape wallets for friends. In junior high, he played trombone in the band and was first or second chair, depending on the year. He also taught himself to play the electronic keyboard and began making his own music melodies in grade school and junior high, complete with voices. “I only liked playing the music, not the marching part,” Shane said with a chuckle, noting he quit band in high school. However, he still remembers how to play. “I might be a little rusty,” he said, “but yeah, I can still play.”



Involving his friends in his adventures, together, they created numerous videos now filed on TrivisionZero, Shane's YouTube channel. "I like the creative freedom of making videos with my friends," he admitted. "They're mostly just fun, and a lot is off the top of our heads. We'd come up with corny titles just for fun. We use all sorts of fake props and such. I really enjoy shooting and editing. I like being behind the camera." Some of his shoots are a bit dare devilish, so a lot of care needs to be taken for safety purposes.

At 16, Shane discovered the website, Fiverr. It's an online way to make money through skills, and Shane used it to

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purchase camera, lighting and voice-over equipment. "He and his friends did all kinds of short films with great special and visual effects in our woods outside," his mother, Lori, said. "I was amazed when I saw him shoot up like Superman into the skies."

At around age 14, Shane began to build mobile apps. He made money advertising under his mother's name. "He was a natural, learning everything by Googling how to do things," Lori added.

This included how to build his own computer, which he's done twice. The first time he needed some help from a friend for finishing touches. However, dissatisfied with being unable to finish on his own, a year later, he started over and this time, did it all on his own. "He even had me hold some of the parts to be involved," Lori said, smiling.

"After buying a cheap computer at a pawn shop, I wanted to make my own," Shane said. "I ordered all the parts, but when I finished, it didn't work, so I had a friend help. I was determined, so I ordered new parts and built another one — and this time, it worked."

Despite his obvious intelligence, Shane is humble. Kristen Baldridge, who teaches audio/video production at GHS, gave further evidence. "He constantly goes above and beyond the criteria required on his video projects. His creativity is endless," she said. "He never shows off. Instead, he asks for other's opinions and genuinely listens to them. He is also quick to help a classmate with a problem. Shane has boundless potential. I don't really think he has any idea yet of what amazing things he can accomplish if he sets his mind to it."

Shane's parents never gave him an allowance. They haven't had to, because he earned money in a variety of ways with his Internet and video skills. This includes getting hired by an online radio station to announce their name in station identifications. "He practiced with me for hours before doing it," Lori recalled.

He's also been hired to do voice-overs for how-to commercials. He earned \$200 on one project, while also earning over \$1,000 from a company in England to do a voice-over for a student learning video. "They paid him extra because he did his own editing — which took a month, closer to two — between going to school while he was completing his sophomore



Shane's mother, Lori Smiskol, proudly supports his dreams.

year," Lori said. "That job exhausted him, so he is done with voice-overs for now."

Though he was overwhelmed with the European project, he enjoyed it. He hasn't ruled out returning to another project, though he currently makes money by working at a local grocery store, and buying and selling things he finds online. "Shane is a great student whom I have had the privilege to get to know over the last two years. He has a positive outlook all the time, even when confronting some of the most difficult problems," said GHS computer teacher Angela Jumper. "He has the ability to problem solve and the determination to conquer even the most difficult challenges. He is very well rounded. He not only programs in at least three different high-level languages, he is also very successful on the graphics and video side of technology. Shane has the ability to lead in groups with many different personalities, and he has the patience to make sure his entire team is successful."

Angela feels the natural and learned skills Shane acquired will make him valuable to any field he enters. "He is definitely on the track to success with unlimited potential," she stated. "I can't wait to see the uncharted future that is in store for him."

Shane plans to attend the University of North Texas following graduation. In the meantime, he also plans to enter the Congressman App Challenge again. "Definitely," he said. "Recently, I tried an algorithm that would recommend movies based on what you've seen before. If I can figure that out, I'll put it in an app and submit it." **NOW**

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Mike Hagan strives for quality and a personal touch.

Experience Makes a Difference

Mike Hagan uses 27 years of electronics knowledge to save money for customers. — By Lisa Bell

More and more homeowners incorporate home theaters in their floorplans. In existing homes, many want to add high-end electronics for their digital equipment. Home security concerns people as well. But how does a homeowner know what to buy and how to install it properly? That's where Installation Specialists of Texas comes in. Mike Hagan said, "The only way to get what a customer needs is to stand in the room." He can't recommend the right products any other way.

Mike, the owner of IST, always loved electronics, and as a teenager, he started installing audio and security systems in cars. At 18, still in high school, he used his mother's garage as a base and opened his business. Now, 27 years later, he still likes working with electronics and meeting new people who often

become repeat customers and refer him to friends and family. He never wanted to be tied to an office.

"We actually care about our customers," Mike said. Although you can purchase electronic equipment anywhere, and sometimes get an "amazing deal," often the components chosen don't really work together at all. With Mike's expertise, he often saves more money for customers than the "deal" they wanted to buy. He also reminds customers that you get what you pay for. Inexpensive components usually produce cheap results. IST sells quality products, custom-chosen for the needs of individual homes and businesses.

IST offers preconstruction wiring for both commercial and residential. From simple to elaborate, they cover satellite systems,

Business **NOW**

security systems, closed-circuit television and home theaters. They monitor security as well. Committed to excellence and customer service, Mike and his employees strive to do everything right the first time. However, they are here to stay. If a problem arises for an existing customer years down the road, IST plans to be around to fix it.

Mike grew up in Arlington, but many of his friends had family lake houses in Granbury. So he spent much of his youth enjoying the lake and community. His wife grew up in Glen Rose. Granbury fits his family perfectly. They moved here about 12 years ago and are involved at Stonewater Church, Granbury Chamber of Commerce and Hood County Builders Association. From time to time, they donate to the police and fire departments.

With Mike's expertise, he often saves more money for customers than the "deal" they wanted to buy.

To offer the best service, Mike makes an effort to know customers before trying to sell any product. IST doesn't have a showroom. Instead, they always meet a customer on-site because many elements go into customization. The acoustics of a room determine what speakers the customer needs. The years of working with electronics give Mike an edge in knowing what components work together. He wants to give each customer the "best bang for the buck."

When it comes to cameras and security, he spends time understanding the customers' concerns and the building's layout. Looking to help select the best products for their needs, he designs the solution based on what he learns. In the end, Mike helps save money by offering what works, instead of what seems like a good deal.

More importantly, IST has a proven record of satisfied customers and longevity. Whether adding, upgrading or repairing any system, Mike suggests making sure you have the guidance of someone with expertise, so you don't waste money. Call IST to schedule a free consultation. **NOW**

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Nancy Moore, Kelly Mayban and Christina Rose enjoy music during a soft opening.



Charlene McCall and Andrea Bartu enjoy bringing their children to the new Optimist playground.



Stuart Brannom, Jason Franklin and Jason Walker, from Cheesecake Nation, get to know Andrea at Against the Grain.



Verronica and Sofia Moreno visit the Square.



Molly and Oreo take Carolina Castaneda on a walk.



Cousins Dylan and Lane Bruce enjoy some Frigid Frog on a hot day.



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When Toenails Hurt

— By Betty Tryon, BSN

The affected girl watched her big toe grow swollen and bruised-looking with a bloody discharge crusted around the cuticle line. She flinched as she pulled on her shoes. As a sufferer of an ingrown toenail, it was time for her to see a doctor. An ingrown toenail is when the side of the nail begins to grow downward into the skin, causing inflammation. The medical term for this is onychocryptosis. If not treated or cared for, the toe can become infected.

This condition commonly affects the big toenail, although any of the toes can be affected. The main causes of onychocryptosis are tight-fitting shoes or tight socks that apply too much pressure to the area causing the nail to curl into the skin, and improper trimming of toenails. When the toenail is cut too short or the edges are rounded, the skin can grow over the nail and produce problems. Fungal growth and deformities of the foot or injuries to the toes can also create this condition.

The symptoms of an ingrown toenail are redness, swelling and pain. If the condition is a mild inflammation of swelling and tenderness, you may be able to treat it yourself. Soaking your foot in warm water for three to four times a day for about 15 minutes each time can bring some relief by helping to reduce the swelling. Applying a topical antibiotic can promote healing and lessen the

possibility of infection. Try to keep the affected toe protected as it heals, but wear open-toed shoes during this time or shoes that do not press on the toe.

If the swelling, redness and pain increases, along with drainage containing pus from the ingrown nail, an infection has likely developed. This needs the attention of your family doctor or a foot specialist called a podiatrist. If you have nerve damage to the limb, diabetes or circulation problems, you should see your doctor right away. Oral antibiotics may be prescribed. In some cases, if the ingrown nail does not heal or keeps coming back, removal of part of the nail may be necessary.

In order to avoid having this condition, it is important to take care of your toenails properly. Always cut nails in a straight line that is even with the edge of your toe. Avoid ill-fitting shoes. Shoes that constantly press down on the nails can cause ingrown toenails. Keep your feet clean and dry. Change your socks daily. If any changes in the nails are noted, take care of them early to avoid possible painful consequences. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

September 1

2nd Annual Pointe Fore-ward Golf Tourney: 8:00 a.m., Squaw Valley Golf Course, 2439 US-67, Glen Rose. Benefits Lake Pointe Academy. Info and registration call (682) 936-4112 or visit www.LakePointeGranbury.org.

September 1 — 10

Joseph and the Technicolor Dreamcoat: **Fridays**, 7:30 p.m.; **Saturdays**, 2:00 p.m. and 7:30 p.m.; **Sundays**, 2:00 p.m., Granbury Opera House. For more information and to purchase tickets, visit www.granburytheatrecompany.org.

September 11

North Texas Civil War Roundtable: 5:30-8:00 p.m., Spring Creek BBQ, 317 E. Hwy. 377. Richard Selcer, PhD, accomplished author and lecturer, will present "Hurry Home Soldier." Visitors welcome. For more information, visit www.ncentexcwrt.com.

9/11 Remembrance and Thanksgiving Service: 7:00-8:30 p.m., Memorial Lane Jim Burks Firefighter Park, 561 N. Travis St. Honoring those who gave the ultimate sacrifice and those who currently serve. Includes special lighting dedication for the "lights against darkness." For information, visit www.granburyministries.org or call Julia Pannell, (817) 308-7427.

September 10-October 8

The Marvelous Wonderettes, Deam On: **Fridays**, 7:30 p.m., **Saturdays**, 2:00 and 7:30 p.m., **Sundays**, 2:00 p.m., Granbury Opera House. The girls are back for their 20th reunion. For details and to purchase tickets, visit www.granburytheatrecompany.org.

September 16

Texas Spotlight: 2:00 p.m. and 7:00 p.m., Granbury Live, 114 N. Crockett. Texas biggest singing competition. For more information and tickets, visit www.thenewgranburylive.com.

September 24

Inaugural Aledo Wine & Art Festival: Noon-8:00 p.m., Stillwater Meadow Event Center, 9842 E. Bankhead Hwy. A portion of the proceeds will be donated to St. Jude's Hospital. For more information and tickets, visit www.StillwaterMeadow.com or Aledo Wine & Art Festival Facebook page.

September 25 — 29

GHS Homecoming Week: Check the Chamber of Commerce website for a schedule of events. www.business.granburychamber.com.

September 30

Wet Vet Soul Repair Day: 9:00 a.m.-3:00 p.m.,

Acton United Methodist Church. Free event, topic "Moral Injury." All military veterans, first responders and their family members invited. Includes breakfast and lunch. For more information, visit www.wetveterans.org.

October 14

HOPE LIVE Walk: 8:00 a.m., Acton United Methodist Church. \$10 fee. Bring a photo of your loved one to display (will be returned.) Sponsored by AUMC, Project 44, Rev. Margret Fields and Cynthia Duquette.

Mammoth Race: 8:00 a.m. first start time, Dinosaur Valley State Park, Glen Rose. Benefits Lake Pointe Academy. 1K, 5K, 10K, 15K races. Visit www.Mammothrace.com for fees/details, or call (682) 936-4112.

Bow Wow Trick or Treat Festival: 11:00 a.m.-2:00 p.m., Hewlett Park. Fundraiser for HALO and fun pet Halloween carnival for all ages. \$5 canine trick or treat and \$5 for costume contest. For more info, call Lynne at (817) 964-0333 or email bowwowgranbury@yahoo.com.

Ongoing:

Second Mondays

Lake Granbury Art Association meeting: 7:00 p.m., Shanley House. Program followed by Q&A time. Refreshments served. Free for citizens supporting art and artists. Jeanette Alexander at (817) 578-3090.

Second Tuesdays

Granbury Knitting Guild: 9:30 a.m.-noon, Presbyterian Church fellowship hall, 303 W. Bridge St. Coffee at 9:30; meeting starts at 10:00. For more info, contact Cosette Falter, humhound@yahoo.com.

Third Tuesdays

Greater Granbury Chapter of the Military Officers Association of America meeting: 6:00-9:00 p.m., Pecan Plantation Country Club. Contact Colonel Mike Brake, USAF (Ret), (702) 612-9317, or speedobrake@gmail.com.

Fourth Tuesdays

Texas Patriots Tea Party meeting: 7:00 p.m., Cleburne Conference Center, 1501 W. Henderson, Cleburne. www.texaspatriotsteaparty.org.

Every Wednesday

Fresh Starts, Divorce Recovery Group: 6:30 p.m., Granbury FUMC Room #119, 301 Loop 567. Covers all stages of separation or divorce. All ages, faiths, denominations, beliefs, and ages welcome. There is no cost or

pre-registration required. Childcare provided. For details, call (817) 573-5573.

Third Wednesdays

Master Gardeners meeting: 1:00-2:00 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. For information, contact (817) 579-3280.

First Thursdays

Hood County Clean Air Coalition meeting: 8:30 a.m., Neely House, 304 E. Rucker St. This proactive organization exists to promote clean air in Hood County. Visit www.hoodcountycleanair.com. Contact Michelle McKenzie, (682) 936-4049 or mmckenzie@hoodcountycleanair.com

Granbury Extension Education Club luncheon: 10:30 a.m.-1:30 p.m., Hood County Annex 1 Meeting Room, 1410 W. Pearl St. Monthly programs cover family and consumer science topics, and community service projects are planned. For information, contact Brianne Langdon at (817) 408-0746.

Second Thursdays

Special Needs Parent Support and Networking Group: 6:15-8:00 p.m., Lake Pointe Resource Center, 1921 Acton Hwy. Parents and professionals learn, connect and share in a caring, responsive and socially supportive setting. Free. Visit www.lakepointegrnburry.com or call (817) 937-4332.

Third Thursdays

Diabetes Support Group: 6:00-7:00 p.m., Third Floor Bingo Room, Lakestone Terrace Retirement Community, 916 E. Hwy. 377. Free, facilitated meetings for those seeking information, inspiration and support for successfully living with diabetes. Call (817) 736-0668.

Second Saturday

Girls Night Out: 5:00 p.m.-8:00 p.m., Granbury Town Square. Collect pink tickets for a \$100 Downtown Dollar Shopping Spree. Visit Girls Night Out Facebook Page for details, special sales and promotions.

Last Saturday

Last Saturday Gallery Night: 5:00 p.m.-8:00 p.m., Granbury Town Square. Supporting galleries open late. "Meet the artists," receptions, demonstrations, hors d'oeuvres, wine & music. A tram runs between galleries. Visit Galleries of Granbury on Facebook Page for details.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.



In the Kitchen With Cathy Casey

— *By Lisa Bell*

A West Texas gal, born in Lubbock and a graduate of Texas Tech University, Cathy Casey has lived on both coasts but returned to Texas in 2003 with her husband, Jim. Although she took some cooking classes, Cathy's biggest cooking influences came from her mother and grandmother. During summers, she and her brother spent time with their grandparents in Amarillo and loved hanging out in the kitchen, helping cook. Her grandmother sent them to the garden to pick vegetables for lunch.

Cathy loves Southern and Southwest dishes, but she mostly has fun not measuring. As the owner/innkeeper of the Inn on Lake Granbury, Cathy cooks for guests almost every day. She enjoys traveling, hiking, gardening, flower arranging and any project where she can get creative and inspired. **NOW**

Sausage Pancake

Makes 10 servings.

- 1 12-oz. pkg. bulk pork breakfast sausage**
- 1 1/2 cups shredded cheddar cheese**
- 2 eggs**
- 1/2 cup milk**
- 1 cup plus 4 Tbsp. maple syrup (divided use)**
- 2 Tbsp. vegetable oil**
- 1 cup all-purpose flour**
- 2 tsp. baking powder**
- 1/4 tsp. salt**

- 1.** Heat oven to 350 F. In a 10-inch skillet, cook sausage over medium-high heat for 5 to 7 minutes, stirring frequently until no longer pink.
- 2.** Drain cooked sausage on paper towels. Spread sausage evenly in the bottom of an

ungreased 9x13-inch baking dish. Sprinkle cheese over the sausage.

- 3.** In a large bowl, beat eggs, milk, 4 Tbsp. maple syrup and oil with a wire whisk until well blended. Beat in flour, baking powder and salt.
- 4.** Pour batter evenly over the sausage and cheese.
- 5.** Bake, uncovered, for 25 to 30 minutes, or until golden brown.
- 6.** Remove from oven and pour the cup of maple syrup over the top to coat the pancake; serve warm.

Tuscan Baked Eggs

Makes 6 servings.

- Nonstick cooking spray**
- 6 thin slices ham**
- 6 eggs**
- 3 tsp. basil pesto**

- 2 Tbsp. shredded Mozzarella cheese**
- 3 grape tomatoes (halved lengthwise)**
- Salt and pepper, to taste**

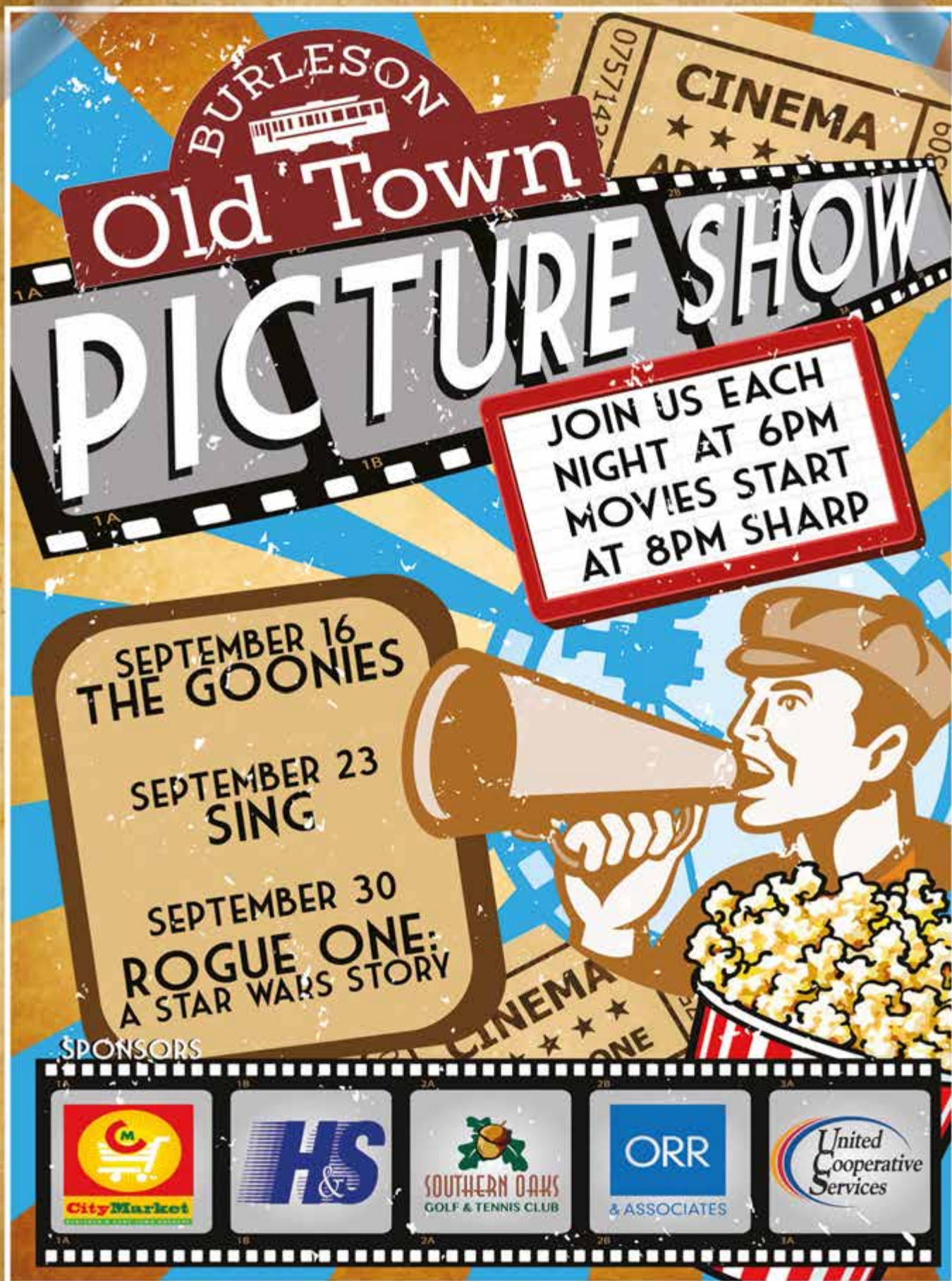
- 1.** Heat oven to 350 F. Spray standard-size muffin tin with nonstick cooking spray.
- 2.** Gently press one slice of ham into each muffin cup. Crack one egg over the ham in each cup.
- 3.** Top each egg with 1/2 tsp. pesto and 1 tsp. cheese.
- 4.** Place one tomato half on each egg; sprinkle with salt and pepper, to taste.
- 5.** Bake, uncovered, for 20 minutes or until eggs are set.
- 6.** Using a spoon, remove each egg from the muffin tin; serve warm.

Lemon Zucchini Bread

- 3 cups all-purpose flour**
- 1 Tbsp. baking powder**
- 1 cup walnuts, chopped**
- 1 cup oil**
- 2 cups sugar**
- 1/4 cup lemon juice**
- 2 Tbsp. grated lemon rind**
- 3 large eggs**
- 1 lb. zucchini (4 medium), grated**

- 1.** Mix flour, baking powder and nuts in a medium bowl.
- 2.** In a large bowl, beat oil, sugar, lemon juice and lemon rind until blended.
- 3.** Add eggs, one at a time, beating well after each addition.
- 4.** Gradually stir in the flour mixture until blended.
- 5.** Add zucchini; stir until combined.
- 6.** Pour batter into 2 greased and floured 4x8-inch loaf pans.
- 7.** Bake in a 350 F oven until skewer inserted in the middle comes out clean, about 50 minutes.
- 8.** Remove from oven and allow bread to cool, before removing from pan.

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