

CEDAR HILL | DESOTO | DUNCANVILLE

Southwest**NOW**

A Z I N E

SEPTEMBER 2018

70 Years of Love

At Home With Lloyd
and Jerry Coats

Abstracting Meaning

Gus Hamsho tells stories
through color and shape

Featured Business:
Edward Jones — Vernon Folks

In the Kitchen With
Cory Boane

PSRST STD
U.S. POSTAGE
PAID
DALLAS TX
PERMIT #3450

Postal Customer

*****EGRWSS EDDM*****



V-Care Health Services

.....Live Life Pain Free

Our New State-of-the-Art Facility Includes:

DR Panel Digital X-rays • DRX 9000 Spinal Decompression
Lipo Lite Laser for Medical Weight Loss • Therapeutic Electrotherapy and Physical Therapy units

WE OFFER ALL UNDER ONE ROOF:

Medical, Physical Therapy / Rehab,
Spinal Decompression, Medical Weight Loss,
Durable Medical Equipment

CONDITIONS WE SPECIALIZE IN:

- › KNEE PAIN / OSTEOARTHRITIS
- › NECK PAIN
- › BACK PAIN
- › SHOULDER PAIN
- › HIP PAIN
- › SCIATICA
- › FIBROMYALGIA
- › HEADACHES/MIGRAINES
- › BULGING DISCS
- › NEUROPATHY

FDA Approved Treatment to

RELIEVE Knee Pain

**—NOW—
ACCEPTING
NEW
PATIENTS**

**WE CAN RELIEVE
KNEE PAIN WITHOUT SURGERY!**

OVER 95% SUCCESS RATE

Treatment is Safe and Easy. Call Today
if You Experience Any Degree of
Knee Pain or Discomfort.

**treatment is covered by most
insurance companies including Medicare*

CALL TODAY FOR FREE CONSULTATION 214.550.0680

MON.-FRI. 8:30-6:30

UNIVERSITY PLAZA, 401 N. HWY. 77 • SUITE #1 • WAXAHACHIE, TX 75165
VISIT US AT WWW.VCAREHEALTH.ORG



DESOTO

INDEPENDENT
SCHOOL DISTRICT

EAGLE EXPRESS

SEPTEMBER 2018

ACCELERATING EXPECTATIONS 2020

DeSoto ISD Names Lone Finalist for Superintendent Role



The DeSoto Independent School District Board of Trustees named Mr. D'Andre Weaver, Ph.D* as the lone finalist for the district's superintendent position. Trustees voted to

approve the decision at a special called meeting held August 16, 2018.

Weaver, who has been described as strategic, visionary and forward-thinking among the national education community, has been serving as Community Superintendent with Spring Branch Independent School District since 2016, where he supports 20 principals and more than 16,000 racially and economically diverse students. Mr. Weaver is a part of a senior leadership team currently transforming the traditional approach to education; in Spring Branch ISD, an ambitious strategic plan exists that seeks to create personalized learning experiences for each of the district's 35,000 students every single day. Early results have shown dramatic increases in student achievement and the degree to which students feel connected to their teachers and school.

The state requires a 21-day waiting period. Following that window, the DeSoto ISD Board of Trustees is expected to offer D'Andre Weaver a contract for employment. Weaver is expected to start working in DeSoto ISD Sept. 6, following board approval of his hiring.

Prior to his role in Spring Branch ISD, Weaver served as the Principal at Gwendolyn Brooks College Preparatory Academy, one of eleven Selective Enrollment High Schools in the Chicago Public Schools system. Brooks serves a population of students that are 99% minority and over 75% low income.

During his tenure, graduation rates, college entrance and retention rates and freshmen on-track rates all improved to all-time highs. As a result, U.S. News and World Report recognized Brooks as the #10 best high school in Illinois and has awarded the school its third Gold Medal status award.

Weaver comes highly endorsed by former United States Secretary of Education Arne Duncan, who currently serves as a managing partner with Chicago CRED. He said, "[Weaver] has holistically improved the schools he has led [and] combines a deep concern for all children with extraordinary competence, energy, and leadership, which he would tirelessly apply to ensure that every child in DeSoto ISD receives an outstanding education."

**=PhD designation expected to be completed on August 28, 2018 at 1:30 p.m.*

CALENDAR

- Sept. 7: FB v. Jesuit at Eagle Stadium
- Sept. 10: Regular Board Meeting
- Sept. 13: College Fair at DHS
- Sept. 24: Regular Board Meeting
- Oct. 6: Female Leadership Forum

WWW.DESOTOISD.ORG | 972.223.6666
200 E. BELT LINE RD.
DESOTO, TX 75115

PASSION. PERSEVERANCE. PURPOSE.

S W E E T N O W

8 ABSTRACTING MEANING

Art communicates
without words.

16 70 YEARS OF LOVE

At Home With Lloyd and
Jerry Coats.

24 BORN TO THE WATER

Nigel Mason found his niche
in the swimming pool.

30 A CANADIAN ADVENTURE

Prince Edward Island is fun
for the entire family.

32 A NEW WAY TO LANDSCAPE

Improve your yard one
hardscape at a time.

16



26 CookingNOW

28 BusinessNOW

36 Around TownNOW

44 HealthNOW

Publisher, Connie Poirier | General Manager, Rick Hensley

EDITORIAL

*Managing Editor, Becky Walker | Southwest Editor, Adam Walker
Editorial Coordinator, Sandra Strong
Editorial Assistant, Rachel Smith | Writers, Lindsay L. Allen . Alf Blanchard
Virginia Riddle . Zachary R. Urquhart
Editor/Proofreader, Angel Morris*

GRAPHICS AND DESIGN

*Creative Director, Chris McCalla | Artists, Kristin Bato . Morgan Christensen
Martha Macias . Brande Morgan . Anthony Sarmienta*

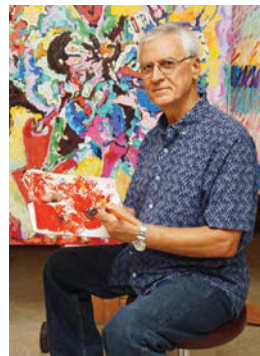
PHOTOGRAPHY

*Photography Directors, Chris McCalla . Brande Morgan
Photographer, Shane Kirkpatrick*

ADVERTISING

*Advertising Representatives, Dustin Dauenhauer . Jennifer Henderson
Linda Miley . Cherise Burnett . Bryan Frye . Ashlyn LeVesque
Kelsea Locke . Lori O'Connell . Melissa Perkins . Steve Randle
Keri Roberson . Linda Roberson . Joyce Sebesta*

Billing Manager, Angela Mixon



ON THE COVER

*Gus Hamsho applies meaning
to canvas.*

Photo by
Shane Kirkpatrick.

*SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright
© 2018. All rights reserved. SouthwestNOW is published monthly and
individually mailed free of charge to homes and businesses in the
Cedar Hill, DeSoto and Duncanville ZIP codes.*

*Subscriptions are available at the rate of \$35 per year or \$3.50
per issue. Subscriptions should be sent to: NOW Magazines, P.O.
Box 1071, Waxahachie, TX 75168. For advertising rates or editorial
correspondence, call (972) 283-1170 or visit www.nowmagazines.com.*

PENNY SWAP



Duncanville ISD Tax Ratification Election

Your tax rate stays the same;
schools receive more funding.



Election Day
Saturday,
September 8
(7 am - 7 pm)

Early Voting
August 22 -
September 4

Duncanville ISD would generate
approximately \$5.2 million more annually
if approved by voters.

Voting to approve the Penny Swap
will not increase the school tax rate.

More information available at: duncanvilleisd.org/PennySwap

EDITOR'S NOTE



Adam

Adam Walker
SouthwestNOW Editor
adam.walker@nowmagazines.com
(469) 285-2008

Reading is fundamental ...

Or so the old public service ad claimed. September has two days devoted to emphasizing the importance of reading. September 6 is National Read a Book Day, and September 8 is International Literacy Day. Much of my life has been invested in what these days represent. I'm an avid reader, both of fiction and nonfiction. Books open new worlds to the imagination and provide access to knowledge you couldn't otherwise tap into.

Professionally, I was a teacher for many years. I taught junior high and high school English literature, grammar, spelling and vocabulary. I also taught remedial writing skills to college hopefuls for Dallas County Community College District. Before that I taught ESL, helping college students from around the world with the language tools they would need to succeed in American universities.

For three years, I taught English to kids in Taiwan, opening the English-speaking world to them to explore. And a couple of years ago, I was helping build a dictionary for a language called Natqgu in the Solomon Islands, transcribing and translating oral stories from old recordings — stories that may, one day, be used in schools on the island to teach children to read in their native language.

Now I'm a writer, both at *SouthwestNOW Magazine* and writing fiction and poetry. Literacy is very important to me. I hope it is to you, as well.

Keep on reading!

Kids@Heart
PEDIATRIC DENTISTRY

450 North Highway 67, Suite 100
Cedar Hill, TX 75104
www.kidsatheartdentist.com
(972) 291-5720

*New Patients & Walk-ins Welcome
*Accepts Most Major PPO Plans, CHIP & Medicaid
*Specializing in Treating Infants, Toddlers, Children, Adolescents & Special Needs
*Open Monday - Thursday 9 AM - 5 PM

@kidsatheartpediatricdentist

\$59
for Exam, Cleaning and X-Rays
One Coupon Per Patient without Insurance. See Office for Details and Exclusions.

FREE
Exam for Kids Under 2!
One Coupon Per Patient without Insurance. See Office for Details and Exclusions.

Dr. Ashla Martin
Board Certified Pediatric Dentist

Afraid of the dentist?

Come relax with oral sedation and nitrous.

Dr. Martin and his caring Fearless team are here to help you have a healthy and beautiful smile.



Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions & Invisalign. He also sees children. Our hygienists, Ruby & Charlsy, do deep cleanings if gum disease is present. Years of dental needs can be completed with very few appointments all in our office.



Same-day treatment available.
No-interest financing W.A.C.
for up to 2 years.

Convenient Hours: 8am-5pm M-Th

In network with these major PPO plans:
Aetna, Delta, Cigna, MetLife, Blue Cross Blue
Shield of Texas, Humana, Principal,
Ameritas, Guardian, Dental Select

www.FearlessDental.com

Mention this ad and get FREE WHITENING FOR LIFE
when you become a patient at Fearless Dental. After all dental work is completed,
you'll receive FREE trays and then FREE whitening gel at every cleaning.

Snap on Denture

Lower only
with 2 implants

\$292

/month
*No interest
for 24 months

Upper or lower
with 4 implants

\$375

/month
*No interest
for 24 months

*With Valid Care Credit

FREE

**Oral Sedation and Nitrous
for Snap On Dentures**

(Limited Time Offer)

Call our office for more
details and to schedule
your complimentary
snap on consultation.



972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154



PLANT A SEED



FOR THE FUTURE



ACADEMIES
FOR
ACADEMIC
ENHANCEMENT
AND
EXCELLENCE

Magnet education in DeSoto ISD is propelled to new levels when powered by A2E2--a \$15M US Dept. of Education Magnet Schools Assistance Program designed to take learning in the magnet educational setting to the next level through project-based innovative learning experiences. Give your child the advantage he or she deserves.

www.DeSotoISD.org/A2E2 | 469.747.3100

Trusted joint replacement and recovery.



David Wells was in a lot of pain and needed a new hip. The joint replacement team at Methodist Charlton Medical Center prepared him for surgery, helped him recover, and even got him back in the boxing ring. If you're considering joint replacement, the Joint Academy at Methodist Charlton is a free, one-day informational workshop that helps you plan for surgery. **Trust. Methodist.**

"Methodist Charlton is one of the best hospitals around, and it's amazing that some of the best doctors are here."

— David Wells

MethodistHealthSystem.org/CharltonOrtho



Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Charlton Medical Center, Methodist Health System, or any of its affiliated hospitals. Methodist Health System complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Abstracting Meaning

— By Adam Walker



Art is a part of life. It surrounds us in our daily lives, whether we take the time to notice or not. But for Gus Hamsbo, art is more than that, it's a primary mode of communication. "Being an artist is a gift from God. This gift is to enhance my life and the lives of others that I touch," Gus explained. "Art is intended to decorate a space or remind us of something special — an experience at a place that leaves a lasting impression — or it can be a tool to project oneself into one's dreams ... where we want to be, or what we want to see."

Growing up in Syria, Gus saw his older brother and sister doing art for their schoolwork. "When I saw them drawing, I was fascinated." In junior high, he was lucky enough to have a teacher who had studied



art in Italy. “He had a unique style, and he showed examples of his art in class. He introduced us to the European masters. He took notice of my work and encouraged me to stick with art. He gave me special assignments. That relationship helped me to connect with the local art community. Some of those artists are internationally known.”

When Gus came to the U.S., he was at a crossroads. “My heart wanted to study art, but my mind insisted that I should be practical and study business. My father always told me, ‘Art doesn’t put bread on the table.’ I started out studying business management and working on my English skills. Then I changed to architecture, because I felt like that was the best of both worlds. It was a mix of art and business, and I could make a



Willow Run Kennels
 Providing Boarding and Grooming
To the Best Pets in the Southwest

**At Willow Run Kennels,
 It's All About Your Pets!**

***Book Your
 Reservations Now!***
 1116 E. Parkerville Road, DeSoto
 972-223-4400 • www.willowpets.com



Lose Weight Now
Ask Us How

**Lose
 up to
 30
 POUNDS
 in 30 Days**

Safe and Effective

Affordable

Physician Supervised

Rapid Weight Loss

Sustainable Results

**Special Focus on
 Problem Areas**

**Call Today To Schedule
 Your FREE Initial Consultation
 214.550.0680**

**Introducing Our New
 Medical Weight
 Loss Program**

**Ask about our
 introductory
 offer!**

We Accept almost all Major Medical
 Insurance Including Medicare

Please Come Visit Us at:
 University Plaza, 401 N. Hwy 77 • Suite #1
 Waxahachie, TX 75165
WWW.VCAREHEALTH.ORG



V-Care Health Services
.....Live Life Pain Free



living. But I continued doing art on the side, self-teaching.”

Through the years, he found ways to keep growing as an artist. “I continued experimenting with techniques and styles. Living in the U.S. exposed me to so many museums and gave me access to so much art. But my cultural background also influences my art. I’m from the Cradle of Civilization, and all the different empires who came through left behind their signatures. My art reflects all of them, especially the Byzantines — their mosaics — my art reflects that. Many of my paintings look like mosaics, where you gather all the colored pieces to assemble the painting.”

Gus found ways to continue building his reputation as an artist. For a time, he worked for Pier 1 Imports. “They encouraged their employees to do art,” he said. Later, working for NorthPark Management Company afforded even more opportunities. “The Nasher family held art shows for their employees at the mall. I won awards for my photography, watercolors and mixed media pieces.”



Gus has worked with multiple techniques and forms from oils and watercolors to photography, acrylics and colored pencils, sometimes combining several techniques in a single piece, but he also explores a wide variety of subject matter.



Because of his love for mosaics, most of his paintings are abstract to some degree, but the degree of abstraction varies a great deal. "There is a poetic aspect to art. The artist can change his mind about the idea of a piece. I want people to think when they look at my paintings. I'm interested in doing unique things, but I don't want my art to be just about technique and color. I want it to say something."

Whiskies

OF THE WORLD

DALLAS

W H I S K Y T A S T I N G

SEPTEMBER 21, 2018

FRONTIERS OF FLIGHT MUSEUM
6:00PM - 10:00PM

250+ WHISKIES • FOOD PAIRINGS
CIGAR PAIRINGS • MASTERCLASSES

www.WHISKIESOFTHEWORLD.com



Jeff L. Sorrels
Internet Sales Manager
Mobile: 214.532.2350

Check Out A New Car This Fall!

Chuck FAIRBANKS
CHEVROLET
DeSOTO, TEXAS

OFFICE: 972.223.7611
I-35 South at Pleasant Run Exit (629 N. I-35 • DeSoto)
JSORRELS@CHUCKFAIRBANKSCHEVY.COM



smokin' BLUES & BBQ FESTIVAL

October 19-20, 2018
Armstrong Park
100 James Collins Blvd., Duncanville TX

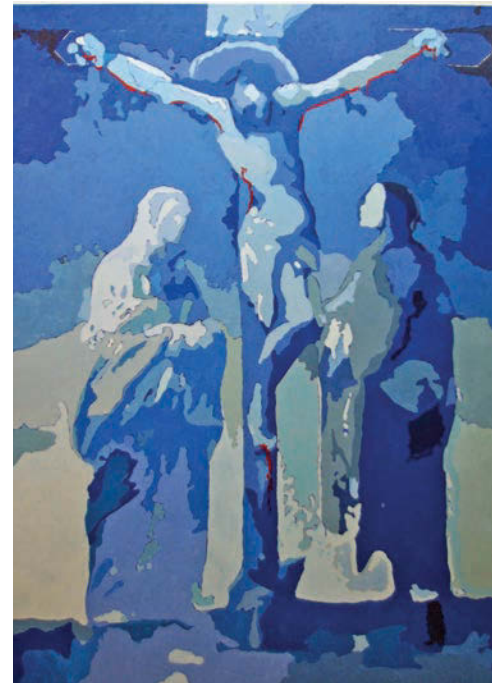
KCBS Sanctioned BBQ Competition
Friday Night All Star Blues 30 + Artists hosted by Andrew Jr Boy & Kerrie Lapai Jones
Saturday Live Music: Variety of Styles & Artists, Kids Cook-off (Kids-Q)
Arts & Crafts Festival, Amazing Car Show

The Peterson Brothers Larry Lampkin Jay-B & The Zydeco Posse Ally Venable Band

Adults \$10 Per Day • Kids 12 and under FREE • BBQ Tasting \$10

Help us help others in need — join us for this special day of music, food & fun for the entire family. Event NET proceeds benefit local, state, and international Lions Club Charities.
FOR MORE INFORMATION VISIT:
WWW.SMOKINBLUESBBQFEST.COM

TicketCity Duncanville NOW LIONS CLUB KN3N



One of his paintings, *Boats on Caddo Lake*, is an impressionist piece with vibrant colors. Another, of Ft. Parker near Mexia, is “an early attempt at a modern style. It’s more abstract without going completely abstract.” The rocking horse on his own living room hearth inspired another painting, while a group of glass bottles from the kitchen offered an exploration of abstract impressionism. Travel has motivated other paintings. “I was standing on the balcony of a hotel in Las Palmas in the Canary Islands. I looked down at the street. There were all these intense colors. I broke them down and rearranged them. I loved the sun on the buildings. My paintings are very colorful. In early European art, blue talks about heaven.”

That probably has something to do with his choice to paint the Crucifixion in all blues. The highly abstract, but still instantly recognizable, scene is depicted in only blues, except for the intense red of the blood. Color can definitely make a statement. “I based this one on a painting from the Renaissance, but transformed it into my style. The blue can show a tragic event — portray a sad event.”

GRAND OPENING

No insurance,
No worries.
**Ask about the
Lake Ridge Dental
Plan!**



Cosmetic & Family Dentistry at its finest, We offer Same Day Crowns.
Call Us Today and Set Up Your Appointment: 972-478-1201

WE'VE GOT SOLUTIONS FOR YOU!



Dr. Sherry K. Marvel, DDS



411 W. Daniieldale Rd., #112
Duncanville, Texas 75137
(At the intersection with Cedar Hill Rd.)



COMFORT REHAB CHIROPRACTIC

**GOT SPINE
& JOINT PAIN?
WE CAN HELP!**

Mention this ad for
**EXAM, X-RAY | \$20
& RESULTS**

(New Patients Only. Excludes all federally funded programs such as medicaid/medicare.)

Gift certificates available.

Specializing in difficult cases and chronic conditions like:

**Back & Neck Pain • Sciatica • Joint Pain
Arm & Shoulder Pain • Leg Pain
Tingling in Hands & Feet
Sports and Auto Injuries • Work Injuries
Pain Management • Wellness**

We offer the following services:

- Family Chiropractic Care • Therapeutic Massage
- Cold Laser Therapy • Vibration Therapy • Rehab
- Spinal Decompression

**On-site: Pain Management / ESI Injection - Medical Doctor
Treating Doctor for Federal/DOL/OWCP & TX Work Comp.**

NOW HIRING

Call for details.

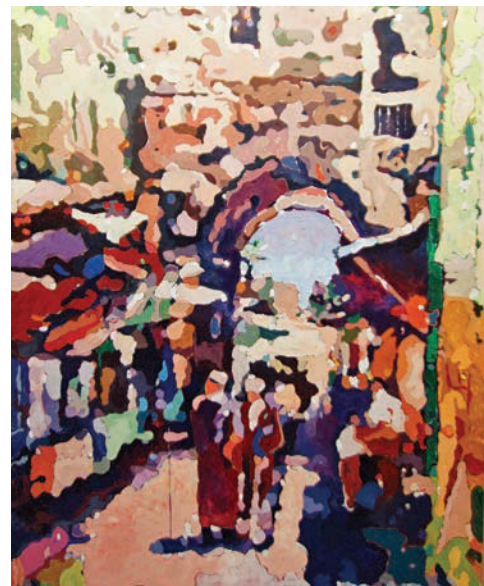
Dr. Bryan McCormick, D.C.

(469) 454-2169 • www.DallasAccidentandInjuryRehab.com

CEDAR HILL MEDICAL PLAZA | 950 E. BELT LINE ROAD, SUITE 180, CEDAR HILL
(Next to Methodist Family Health Center East)

NEW HOURS

**Monday: 8:30 AM to 7 PM • Tuesday: 1 to 6 PM • Wednesday: 7:30 AM to 6:30 PM
Thursday: 8:30 AM to 6 PM • Friday: 8 AM to 3 PM • Saturday: 9 AM to 12 PM**



One of Gus' favorite paintings is of a market street in the Old City of Jerusalem. "This has a special place in my heart. My junior high art teacher went to Jerusalem several times. He did many drawings and paintings of the city. I recreated this painting in his memory."

Whether his subject is pottery at First Monday in Canton, or an old ice house in downtown Dallas or scenes from *The Arabian Nights*, Gus lets his sense of color and style guide the degree of impressionism or abstraction. One of his few completely abstract paintings is called *No Mountain Is Too High*. "If you look at it, it looks like it is climbing. The rectangles are oriented like a mountain. I typically don't explain my paintings. I want the painting to explain itself. I leave the viewers to interpret."

With many years of experience under his belt, Gus is continuing to experiment and grow as he nears "retirement." He observed, "Sometimes, I repeat the same idea with a different approach. I might start with watercolors, then try a more abstracted painting with acrylics. I'm not very expressive with words," he claimed. "My art is the way I speak to the world." Gus may not like words, but his art has plenty to say. **NOW**

5th Annual



Saturday, October 13, 2018

8:00 A.M.

at Ben Franklin Apothecary
(302 N. Main Street, Duncanville)



Register at:

www.HeartOfDuncanville5K.com

Or at Ben Franklin Apothecary, 302 N. Main Street

Nearly \$82,000 has been raised to support the Duncanville ISD Education Foundation over the past four years!

**GET
THE SHOT
NOT
THE FLU**

Ben Franklin Apothecary

302 N. Main Street • Duncanville, 75116

(972) 298-4936 • www.BenFranklinRX.com



Hours: M-F: 9am – 7pm, Sat: 10am – 5pm, Sun: Closed



**NORTHWOOD
UNIVERSITY**

**Ranked Among Best
Online Bachelor's and
Master's Programs**



Apply today. Classes start October 22!

northwood.edu • 800.622.9000

207 N. Cannady Dr. • Cedar Hill, Texas

Northwood University is committed to a policy of nondiscrimination and equal opportunity for all persons regardless of race, gender, color, religion, creed, national origin or ancestry, age, marital status, disability or veteran status. The University also is committed to compliance with all applicable laws regarding nondiscrimination. Northwood University is accredited by the Higher Learning Commission (hlcommission.org), a regional accreditation agency recognized by the U.S. Department of Education. 2018-729 818

70 Years of Love

— By Virginia Riddle



At Home With Lloyd and Jerry

A colorful wreath and wall plaque from their time spent in Japan decorate Lloyd and Jerry Coats' door to their apartment in Crescent Point, an independent living facility. A move from their home in Oak Cliff brought them here six years ago. "We knew nothing about this area or the facility before moving here, but we've grown to love the peaceful, quiet nature of this place," Jerry said.

Moving is something this couple has known throughout their 70 years of married life, celebrating their anniversary last May, since Lloyd spent 20 years in the U.S. Navy as a helicopter pilot. He was one of the first 1,000 helicopter pilots the Navy trained. When asked about their most recent move, Lloyd very wisely said, "I don't care where I live. I just follow Jerry."

And she very quickly came back with, "But I followed you for 20 years."

A native of Red Fork, Oklahoma, Lloyd was raised in Alabama. He went into the Navy following high school, eventually attending The University of Tulsa. Jerry was born in Oklahoma, but her childhood was spent in California, Kansas and then back to Tulsa, where she graduated from Tulsa Central High School.





and Jerry Coats

They were living one street over from each other in Tulsa. "For two years, I walked in front of his grandmother's house where Lloyd was living, and someone kept whistling at me," Jerry recalled. "I didn't know it then, but it was



CAMP BOW WOW®

DOGGY DAY CARE AND BOARDING • IN-HOME PET CARE • GROOMING

SCHEDULE YOUR FREE CONSULTATION AND RECEIVE 1 VISIT FREE WITH A PURCHASE OF A 10 PACK OF VISITS

*LEGAL WOOF: Valid only at Camp Bow Wow® SWDallas. One per customer. New customers only. Pet must pass introductory consultation and be current on all applicable vaccinations. Offer not valid on holidays and cannot be combined with any offer, discount or package. CODE: IHPRMO. AD Expires: 09.30.18

The Best Pet Care When You're Not There.

In-Home Pet Care Serving Southwest Dallas
972-296-9663 | swdallas@campbowwow.com

McGRAW'S

IRRIGATION SYSTEMS

- REPAIRS • INSTALLATIONS • DRAINAGE
- DESIGN • LANDSCAPE LIGHTING

\$50 OFF

Service Call & First-time Repair

OFFER EXPIRES 9/30/18

COUPON VALID ONLY WHEN PRESENTED TO TECHNICIAN AT TIME OF APPOINTMENT

AUTUMN

SPRAY HEADS

ROTORS

DRIP TUBING

Foundation Drip Tubing Systems Installation

We ALSO do:

Landscape Lighting & Drainage

972-438-4196

www.McGrawsIrrigation.com

LIKE US ON facebook LI #21678

Lloyd's Uncle Howard doing it on Lloyd's behalf, since he was too shy."

They met when a mutual friend brought Lloyd to a party. "I thought he was a very nice guy," Jerry added. Later, they went to a dance together. While Jerry was tutoring math at her home, Lloyd called to ask if he could come over and offered to help tutor her student. "I didn't tell him



I was going to be a math major," she quipped. He came over, and the couple was married after Jerry's high school graduation. Both are Salvationists and were raised in The Salvation Army faith.

Having joined the Navy at 17, Lloyd got out of the service before their marriage. Uncle Sam, however, had other ideas. "We had just had a baby when he was recalled in 1952," Jerry explained. "The Navy

became our whole life while we 'lived aboard' bases. Lloyd served in WWII, the Korean War and in peacetime. He trained at Pensacola, Florida, and served for two years in Japan, and on other bases around the U.S. "The Japanese were such calm, gentle people. We enjoyed our time there," Jerry said. Between military assignments and family travel, the couple has visited or lived in all 50 states.

Pediatrics Southwest



WE ARE HAPPY TO WELCOME DR. KEYES TO OUR TEAM!

2828 Duke of Gloucester, Suite 106 • DeSoto, Texas 75115 • 972-298-3888 • pediatricssouthwest.com



*THE Unique Shopping Destination
in South Dallas!*

**Antiques, Vintage, Collectibles, Estate Items
& Contemporary Home Décor**

Open 7 days a week!

**We are looking for established vendors!
Special September booth rates.**

215 W. Camp Wisdom Rd., Duncanville, TX 75116

972-283-9007

Hablamos Español

www.knickknacks.com

Follow us on   

**TIME TO
UPDATE
YOUR KITCHEN?**

**MTM
Countertops**



FREE

**18-gauge
Stainless Steel Sink**
(\$350 value)

Call or visit our website for details!
www.MTMCOUNTERTOPS.com

**COME SEE OUR
WIDE SELECTION!**

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM
SAT: 10AM - 2PM

SILESTONE
by COSERTING

- FREE Estimates • Competitive Pricing
- Up to 15-year Warranty on Some Products

2460 Hwy. 287 N. • Mansfield • For more info call 817.477.8663
(Northbound service road – between Callendar Rd. & Turner-Warnell)

LIKE US



MasterCard



VISA



AMERICAN EXPRESS



DISCOVER





Love International Outreach Church

Changing people's lives through love and hope.

Pastor Otis Jackson

loveoutreach2@gmail.com

Sunday Service 10:00 AM

Wednesday Bible Study 7:00 PM

"I come that you may have life and have it more abundantly!" John 10:10b

3883 De Kalb Ave., Dallas, TX 75216 | Ph: 214-457-2046

Prayer Line: 515-739-1418 Access Code 922023#

Med Spa

- Medical Facials
- Microdermabrasion
- Chemical Peels
- Body Wraps
- Cellulite Treatments
- Waxing

Offering
SkinMedica™
Products



Eyelash Extensions



Lipo Laser Fast Weight Loss



Michelle Littlejohn, LE

972-709-3415 • Appointments Limited!



SAME-DAY APPOINTMENTS AVAILABLE

PHILLIPS

FAMILY MEDICAL

Our Services Include:

- Primary Medical Care for the **WHOLE Family**
- Special Care Services for **SENIORS**
- **Women's Services**
(PAP Smears and Help with Menopause)
- **Treatment & Care of Diabetes**
(Diabetic Educator on Staff)

Lipo Laser Program

Lose Inches • Lose Weight
ONLY \$85 Per Session
People typically lose 1/2 inch per session!



Dr. Pamela Phillips
PhD, RN, FNP-C
Certified Family
Nurse Practitioner

**Tired of Your Doctor Not
Listening to You? WE WILL!**

Hormone PELLET Therapy for Women & Men

Feel Younger, Lose Weight, Stop Aches, Increases Sex Drive

WE'RE ACCEPTING NEW PATIENTS!

We Take Medicare & Most Other Insurance.

Weight Loss Plans That Work

Includes Training Books & Medications
to Assist with Weight Loss

Our weight loss program is the only one that
accepts your health insurance for payment!

972-709-3415 • 947 Scotland Dr., Ste. 107, DeSoto, TX 75115

www.PhillipsFamilyMedical.com • Email: Info@PFMed.net • Friend us on Facebook • Nosotros hablamos Español!

Following his military service, the couple settled in Dallas. "By that time, Lloyd's folks were living in Beaumont, Texas, and my folks were still living in Tulsa. Dallas was a good in-between place," Jerry said. Lloyd managed a Dallas law firm for five years and then worked and retired from being an iron and structured steel worker, following his father into that career. Jerry became a Dallas County nutritionist, a job she held for 12 years. "I liked working with older adults. I had taught kids in Sunday school, but never taught adults," she said.

The couple has three children — Lloyd Jr., a Dallas electrician; Jerry, a dean at Tarrant College; and Janna, who lives in Austin. Paintings of each as a child hang proudly in Lloyd and Jerry's living room. The couple are grandparents of five and have five great-grandchildren with one more on the way. "Janna was the first girl born for three generations in Lloyd's family," Jerry said. "Every one of our great-grands are adorable."

Newspapers and magazines are handy by Lloyd's favorite chair for his favorite pastime — reading. "I once collected all the Tarzan books and Mickey Mouse comic books," he said.

Jerry is also a reader, and she loves to sew. Her sewing machine is set up in the open living room/kitchen. "As a teenager, I needed one credit more to finish high school, so I took sewing lessons and other electives," she remembered. "I made nearly every stitch Janna wore." Jerry quilts and makes doll clothes. "I don't know how many quilts I've made. I have about 30-40 quilts with Janna, and I've made quilts for all my family." The couple's spare bedroom suite is home to Jerry's sewing supplies and another machine. One of her quilts brightens a living room's easy chair.

"My real addiction now is making doll clothes," Jerry admitted. Her two great-granddaughters each have a full suitcase of doll clothes created by

her, and Jerry's dolls that inhabit the living room are very smartly attired.

Memorabilia from Lloyd's Navy days line an overhead beam. He's an admiral in the Texas Navy, a cherished honor. Family photos and those of Lloyd while in service are displayed, along with glass collections. Jerry's collection of butter dishes are colorful kitchen additions.



Crocheted pieces, created by Jerry's mother, decorate an easy chair. A photo of Jerry's grandmother is nearby. "I look like her," she said. "After moving here, I glanced in a hall mirror, and thought, *Great Scott, who's that old lady?*" Jerry is 88 years proud, and Lloyd is 93.

"I don't feel like I'm in my 90s," Lloyd admitted. "I still like getting a hug from all the girls."

A Salvation Army doll collection; Lloyd's mother's tapestry; and a shelf holding Lloyd's white pilot's helmet, Navy hat and a Salvation Army bonnet decorate the couple's bedroom. Antique clocks keep time.

Jerry's advice to young marrieds is, "Make a lifetime commitment to each other and God."

"I've been lucky to be married to her," Lloyd responded.

"It takes two," Jerry replied quickly with humor. "At our 75th anniversary, I'll let you know if this is permanent or not!" **NOW**



LORENZO BROWN & ASSOCIATES
— ATTORNEYS AT LAW —
**PERSONAL INJURIES
CRIMINAL • PROBATE
TERMS AVAILABLE**
1700 N. Hampton Road, Suite 104
DeSoto, TX 75115
972.224.7555 - office
214.621.0036 - cell
214.237.6067 - fax
lorenzobrownlaw@gmail.com





KUBOTA BX80
THE MUST-HAVE
SUB-COMPACT TRACTOR
FOR PROPERTY OWNERS.



The ultimate in versatility. With the new Swift-Tach Front Loader, you can easily switch jobs and master your yard or acreage without getting off the tractor.

Visit us to find out why the BX is the right tractor for you.

Check out our complete line of quality Kubota products.



501 NORTH I-35E
WAXAHACHIE
972-938-1770
Open Monday-Friday 8-5, Saturday 8-2

www.centrakubota.com

KubotaUSA.com
Optional equipment may be shown.



© Kubota Tractor Corporation, 2018

Compassionate Approach to Breast Health



Valerie J. Gorman, MD, FACS, is a breast surgeon who specializes in surgical oncology and surgical diseases of the breast. She is board certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center – Waxahachie.

Dr. Gorman performs breast surgery with discreet scars that includes mastectomy and lumpectomy, allowing the cancerous tissue to be removed through a single incision made in a cosmetically appealing area while preserving the natural shape of the breast and reducing any visible scarring. Dr. Gorman is dedicated to offering her patients an advanced, personalized and targeted approach to breast surgery and the treatment of breast cancer.

Dr. Gorman specializes in:

- Axillary surgery
- Benign breast disease
- Breast cancer surgery
- Breast pain
- Catheter placement for partial breast radiation
- Consultations for abnormal mammograms
- Diagnostic breast biopsy with ultrasound and stereotactic guidance
- Genetic/familial high-risk screening and assessment
- Lumpectomy
- Mastectomy/Nipple-sparing mastectomy
- Partial mastectomy
- Prophylactic mastectomy
- Sentinel lymph node biopsy

TexasSurgicalSpecialists.com

469.800.9830

2460 North IH-35E, Suite 215 | Waxahachie, TX 75165



Physician is an employee of HealthTexas Provider Network, a member of Baylor Scott & White Health. ©2018 Baylor Scott & White Health. HTPN_4346_2018 BID



ALLERGY & ASTHMA
CENTER OF DUNCANVILLE

Hablamos Español

"Everyone is so friendly and listen to you. They have been so helpful with getting my allergies under control."

~ Carolyn, Dallas Patient



NO MORE SUFFERING THROUGH ALLERGY SEASON

Are you tired of constantly being sick?
Ready to take back control of your life?
Call us to make an appointment today!



Most health insurances are accepted including most PPO's, HMO's, private plans, TriCare, Medicaid, and Medicare.

Dr. Harold DelasAlas, MD, PharmD, FAAAAI, FAAP, FACP

Board Certified in Internal Medicine, Adult & Pediatric Allergy, Asthma and Immunology

626 W. Wheatland Rd., Suite B, Duncanville, TX 75116

O: 972-709-6673 | F: 972-298-8590 | Web: AAACOD.COM

My company, State Farm, recently announced at the end of May that they are lowering the rate for Auto insurance here in Texas.

This is good news indeed for my existing customers and future customers.

In addition we give a discount for defensive driver driving course completed on your auto insurance. We also give discounts on your home insurance for monitored burglar alarm system installed.

Feel free to call my office at 972-298-4491 or 1-800-250-9919 to get a rate quote today!



JIM McDONALD
Agent

314 North Main Street
Duncanville, Texas 75116
Office # (972) 298-4491
Fax # (972) 298-3005
jim.mcdonald.b4ee@statefarm.com
Se Habla Español

There when things go wrong.
Here to help life go right.™



STATE FARM INSURANCE COMPANIES
HOME OFFICES: BLOOMINGTON, ILLINOIS

Call for a FREE Rate Quote on Home & Car Insurance.

Services Offered

Hablamos Español

Low Radiation Digital X-Rays
Nitrous Gas Sedation
Intraoral Cameras: *you see what we see.*
Teeth Whitening
10% Senior Discount

Most Insurances Accepted

In addition, we are preferred-providers for:

Metlife PPO
Cigna PPO
Guardian PPO
Humana PPO
Assurant PPO
Aetna PPO

Delta PPO | AARP Dental
United Healthcare PPO
Blue Cross/Shield PPO
Principal/Ameritas PPO
United Concordia PPO
Connection PPO



\$89

(a \$222 Value)

New Patient

Exam, Basic Cleaning
& X-Rays
Not valid with insurance

Don't have dental insurance? We offer reduced fees for many services including crowns, dentures and deep cleanings.



FAMILY & COSMETIC DENTISTRY

Dr. Emilio Lopez, DDS, PC
972.291.2591 | CedarHillDentist.com
103 E. Belt Line Rd. | Suite H | Cedar Hill, TX 75104



Born to the Water

— By Adam Walker

Nigel Mason has loved the water since birth. And he can sum his story up really briefly. “One day Mom said, ‘We’re going to the pool.’ I said, ‘Cool.’ That’s it,” he explained with mischief on his face.

His mother, Patrice, cut her eyes at him. “He was 2 years old. I took him to the pool, and he kept saying, ‘Mama, water!’ He walked right in — and sank. I had to go save him. He started using a boogie board at the beach, without knowing how to swim. I kept trying to get him to try other sports, but he wasn’t interested in them.”

“I was scared by other sports,” Nigel admitted. “I even scored on my own team in basketball.”

Patrice nodded. “My husband suggested we put Nigel in swimming. We got him swimming lessons at the natatorium. He saw kids on the swim team practicing

and said he wanted to do that. He was 8 years old then, and he’s been swimming ever since.”

Nigel found his niche. “When I swim, I feel like I’m floating somewhere.” In competition he likes the breaststroke best. “It makes me feel alright. It makes me feel the good.”

He swims three hours a day, but his parents insist schoolwork comes first. “Mom keeps me on task, or she sends me to tutoring. I chill after school, then do my homework after 7:00 or so.”

Nigel earned his letterman jacket, the only freshman on the Duncanville team to do that last year. He finished sixth in the district, which qualified him for regionals. “They said my name wrong when they gave me my ribbon, but it was great making it to regionals.”

This year, his goal is going to state. “I’m working harder this off season, doing a lot of pushups and situps. I’m spending more time in the pool and the gym. Gotta get buff! Gotta get swole!”

Patrice shook her head. “He eats all the time,” she declared, which was Nigel’s cue to chime in.

“What’s to eat?” he asked.

The swim season is from September to February, but the team practices started in July. “We do a lot of gym work in the off season. We have dry days and wet days.

“I like the general atmosphere at Duncanville,” Nigel explained. “Coach Stephanie Bernier, she’s hard on us when she has to be, but she’s fun sometimes — at least last year. Back in eighth grade, she was never fun. She helps me work on swimming in general.”

His mother agreed. “Nigel had developed some bad habits in his swimming. She worked on him. We moved to Duncanville for her to coach him, for the swimming staff at Duncanville High.”

Nigel swims the 200-meter individual medley, the 100-meter breaststroke (his favorite) and the 50-meter breaststroke leg of the team relay. “One day at a swim meet, toward the end of last year, we were in fourth place when I started my leg. I really wanted to push myself that day. I swam the breaststroke as fast as I could. I got us into first place by the end of my leg. That was great.”

Last year, Nigel joined his Duncanville teammates participating in Swim Across America at Lake Ray Hubbard. It’s an event for swimmers, raising money for cancer research. “I raised a lot of money with my parents’ help on social media — almost \$500.”

Nigel likes to banter, but he’s a grateful young man. “I thank my family for their support. Swimming isn’t a normal sport. It’s easy to learn, but it’s hard to get good at it.”

Nigel is even thinking of lucrative ways to turn his swimming into a career. “My parents found out about this school for underwater welders. They make good money. I’m even interested in becoming a Coast Guard rescue diver.” **NOW**



Annual FALL FESTIVAL

St. Francis Catholic Church
1537 Rogers Avenue
Lancaster, Texas 75134

Saturday, October 6 • 11am - 9pm
Sunday, October 7 • 11am - 5pm

Mass will begin at 9:00 am followed by:
Blessing of the pets • Pony Rides
Cake Walk
Bingo/Games/Raffle Prizes
Variety of Foods • Live Entertainment
Silent Auction
and much more...

Free Parking



DO YOU SUFFER FROM ...

- Leg or Ankle Swelling
- Leg Pain, Aching or Cramping
- Restless Legs
- Varicose or Spider Veins
- Leg Heaviness or Fatigue
- Burning or Itching Skin
- Skin Changes or Rashes

If you answered yes to any of the symptoms above, then you could have Venous Reflux Disease. If left untreated, Venous Reflux Disease may worsen over time and develop into a more serious form of Venous Disease called Chronic Venous Insufficiency.



TEXAS VEIN & AESTHETICS

Call for your comprehensive evaluation and ultrasound.
(817) 668-1360

Office Locations:
Weatherford • Southwest Fort Worth
Dallas • Denton • Frisco

Medicare and commercial Insurances accepted.

CookingNOW

In the Kitchen With

CORY BOANE

— By Lindsay L. Allen



Duncanville native, Corinne “Cory” Boane began cooking and baking just two years ago, but has spent many hours in the kitchen since. At just 13, Cory has taught herself, but says her love for being in the kitchen was inherited, as her great-grandmothers loved to cook. In fact, she makes her great-grandmother’s chocolate cake, her other great-grandmother’s chicken and noodles, and her grandmother’s snickerdoodle cookies.

“I enjoy cooking because I love to see other people’s reactions when they eat my food or my baked goods,” she said. Last year, she took first prize at the school’s baking competition with her maple bacon cupcakes. She likes to gather recipes from her mom and grandmother and search online to make her favorite baked goods and down-home cooking. **NOW**

Maple Bacon Cupcakes

Cupcakes:

- 2 cups flour**
- 1/2 tsp. baking soda**
- 1/8 tsp. salt**
- 1 tsp. baking powder**
- 1/4 cup vegetable oil**
- 1/4 cup bacon grease**
- 1 tsp. vanilla extract**
- 2 Tbsp. maple syrup**
(plus some for first layer of topping)
- 1 tsp. maple extract (optional)**
- 4 egg whites, room temperature**
- 1 cup white granulated sugar**
- 1 cup buttermilk**

Frosting:

- 1 cup unsalted butter, room temperature**
- 3 cups powdered sugar**

- 1/4 tsp. salt**
- 2 Tbsp. maple syrup**

Topping:

- 6-8 crispy bacon strips**
- 1/4 cup maple syrup**

- 1.** For cupcakes: Preheat the oven to 350 F. Line a muffin pan with cupcake liners (parchment paper liners recommended).
- 2.** Sift flour, baking soda, salt and baking powder together; set aside.
- 3.** Combine vegetable oil, bacon grease, vanilla extract, maple syrup and maple extract, if using.
- 4.** In a bowl with an electric mixer, using the paddle attachment, beat egg whites for about 30 seconds; slowly start pouring in sugar. Beat for 2 to 3 minutes, until white and fluffy.
- 5.** Start pouring in oil mixture slowly, as the

eggs are still beating on medium-high, then lower the speed to low.

6. Alternate adding flour mixture and buttermilk in 2 parts. Mix until just combined. Scrape sides and bottom of the bowl, and mix on low a couple more seconds until incorporated.

7. Divide batter among the cupcake cups, filling them about 2/3 of the way.

(Recommend using an ice cream scoop so all the cupcakes are even). Tap the cupcake pan on the counter a couple of times to help remove air bubbles.

8. Bake for 18-20 minutes. Take out of the oven; let rest for 5 to 10 minutes. Gently take the cupcakes out; let cool on a wire rack. Drizzle a tsp. of maple syrup on top of each cupcake.

9. Cool completely before frosting!

10. For the frosting: Beat softened butter in the electric mixer, on medium-high speed, for about 2 minutes.

11. Lower speed to low and carefully mix in powder sugar, salt and maple syrup. Once sugar is incorporated, scrape sides and bottom of the bowl; raise speed to medium. Beat for another 2 to 3 minutes.

12. Transfer frosting into a piping bag with desired tip attached. Pipe cooled cupcakes.

13. For topping: Crumble crispy bacon and divide it on top of piped cupcakes. Drizzle each cupcake with some maple syrup.

Grandma Boane's Snickerdoodles

- 1 cup butter, softened
- 1 1/2 cups sugar
- 2 eggs
- 2 3/4 cups flour
- 2 tsp. cream of tartar
- 1 tsp. baking soda
- Dash salt
- 1 tsp. cinnamon
- 2 Tbsp. sugar

1. Preheat oven to 350 F. Mix butter, sugar and eggs.
2. Combine flour, cream of tartar, baking soda and salt in a different bowl. Slowly add dry mixture to wet mixture. Combine the cinnamon and sugar.
3. Shape dough into 1-inch balls; roll in the cinnamon and sugar mixture.
4. Place 2 inches apart on an ungreased cookie sheet; bake for 8 to 10 minutes.

Red Velvet Mini Bundt Cakes

Will yield enough for 2 mini pans.

- 1 box yellow cake mix
- 6 Tbsp. flour
- 1/2 cup sugar
- 5 Tbsp. unsweetened cocoa powder
- 1/2 cup vegetable oil
- 3 large eggs
- 2 tsp. vanilla extract
- 1/2 cup milk
- 1 cup sour cream
- 2 Tbsp. red food coloring
- 1 cup cream cheese frosting

1. Preheat oven to 350 F. Grease and flour a mini Bundt cake pan.
2. Add cake mix, flour, sugar and cocoa to a bowl; whisk to blend.
3. Add vegetable oil, eggs, vanilla, milk and sour cream. Mix on low speed, increasing to medium speed after 1 minute. Add food coloring; blend well. Continue to mix on medium for 1 more minute.
4. Pour into prepared pan; bake for 30-35 minutes.
5. Allow to cool for about 10 minutes. Melt cream cheese frosting; pour on the Bundt cakes.

To search for more great recipes from any of the 10 NOW Magazines publications, visit www.nowmagazines.com.

CEDAR HILL'S LONGEST RUNNING SALON

now has room for that special person to join our salon family!

SUITE AVAILABLE INCLUDES

styling chair, mirror and station, access to shampoo bowls and hairdryers. You may utilize this room for hair styling, makeup, spray tan, facials, massage, nails, etc.

New Client Specials

\$5 OFF Haircut
\$10 OFF Any Color Service



CALL FOR APPOINTMENT
Or Book Online at
www.splitendingsalon.com
972.291.7883

Split Endings Salon

Rated BEST Hair Salon Since 2010
Focus Daily News

Cuts and Styles for Men, Women and Children.

Expert Color and Highlights are our Specialties, including the Ombre and Balayagé!

Extensive Line of Haircare Products Available.

201 Bryan Place
Cedar Hill
(Corner of Straus Rd)

.... CHECK IT OUT at

www.nowmagazines.com

A great new way to shop and do business locally!

NOW
Clickbooks

Dining **DEALS**

Go to www.nowmagazines.com and flip through a current edition of your favorite NOW Magazine.

Burleson • Corsicana • Ennis • Granbury • Mansfield • Midlothian • North Ellis Co. • Southwest • Waxahachie • Weatherford



When you see an advertisement or coupon that interests you ...CLICK ON IT ... and you'll be instantly directed to that company's website.

PRECISION EYE-CARE

\$15 OFF EYE EXAM
Restrictions apply.
Expires 9/30/18



HAPPY LABOR DAY!



Anthony Peterson, O.D.

- Accepting new patients
- Spanish-speaking doctor & staff (Se habla Español)
- Walk-ins welcomed

Hours: Monday-Thursday 9-6 | Friday 8-4 | Saturdays by appointment
150 E. Hwy. 67, Suite 120 • Duncanville, TX
972-298-EYES (3937) ■ www.pecdallas.com

Payments accepted:
Cash, Debit, Checks
CareCredit

Vernon Folks
Financial Advisor
972-293-9609



BusinessNOW

Edward Jones — Vernon Folks

— By Adam Walker

Edward Jones — Vernon Folks

1431 N. Highway 67, Ste. 300, Cedar Hill, TX 75104
(972) 293-9609
vernon.folks@edwardjones.com
www.edwardjones.com/vernon-folks

Hours: Monday-Thursday: 8:00 a.m.-5:00 p.m.
Friday: 8:00 a.m.-4:00 p.m.

Vernon Folks has a mission. “I was always blessed with a knack for saving money for a rainy day, and I enjoy helping people. As a young man, I didn’t have anyone to go to, anyone to help me learn about money. I don’t want that to be true for others. Savings is good, but investing is how to make your money grow.”

Vernon sees some financial mistakes all too often. “I see people who have money trying to maintain a certain lifestyle

by using their house like an ATM machine, draining their equity over and over. You can’t do that and get ahead. I want to teach people how to do business the right way. You need to be looking at college planning for your kids and retirement planning for yourself. But you don’t just need to plan for retirement. You also need to plan for living in retirement long term. Preparing for the unexpected is really important, so is saving money on your taxes. I help my clients with investments in stocks and bonds, and advise on mutual funds and CDs.”

Even though investing and financial planning is his business, Vernon has another focus. “It’s more than just investing. What I do is only about 25 percent choosing investments. The other 75 percent is talking to you about your life, about who you are and what your plans for the future are.” He believes in working together with his clients to achieve their financial goals. He invests his time to help

you invest your money for your future. “I want to know your goals and dreams, so I can help you get there. But who’s going to help with your finances when you have dementia? Who’s going to take care of your spouse’s finances or protect the money you want to leave your kids? When things go wrong, I’m your guy.”

The philosophy he encourages his customers to live by is simple. “You can either prepare for life, or you can react to whatever comes along. I try to get people to think about all the things they wouldn’t think about otherwise. I help them prepare for everything from the birth of a child to their own final expenses and everything in between.” Life is full of unexpected events, both good and bad, and Vernon wants to help his customers understand how all of those events may affect their financial futures, either positively or negatively, and help them make the best of all the opportunities and challenges that come along.

“I try to get people to think about all the things they wouldn’t think about otherwise.”

Vernon Folks offers a wide range of services. “I’m here to aid you if you need help at any financial level — no matter where you are in your financial life — if you need to roll over a 401(k), or if you just need advice for getting your finances straightened out, or if you’re ready to get into actual investing,” he said.

“Here at Edward Jones Financial Advisors, ‘We help serious, long-term, individual investors achieve their financial goals by understanding and implementing tailored solutions.’” Vernon Folks strives to implement that mission statement for each of his customers in a way that works for their individual circumstances. **NOW**



A Better Weigh

Weight Loss and Cosmetic Center

Dr. Hamilton Specializes in:

- Laparoscopic Weight Loss and General Surgery
- Medical Weight Loss
- Metabolic Testing
- Body Composition Analysis and Genetic Testing
- B12 with Lipotropic Injections
- IV Vitamin Therapy
- Botox, Fillers



(817) 431-1059
Se habla español
www.abetterweighcenter.com

Keller Office
8865 Davis Blvd., Suite 100A
Keller, TX 76248

Dallas Office
3430 W. Wheatland Rd.
Suite 419, Dallas, Texas 75237
Conveniently located next to
Charleston Methodist Hospital




NEW!
www.nowmagazines.com
Searchable Recipes
from the
Now Magazines Archives.
TRY IT TODAY!


NOW
MAGAZINES

Investing is about more than money.

At Edward Jones, we stop to ask you the question: “What’s important to you?” Without that insight and a real understanding of your goals, investing holds little meaning.

Contact your Edward Jones financial advisor for a one-on-one appointment to discuss what’s really important: *your goals.*





Vernon L. Folks
Financial Advisor
1431 N Hwy 67 Suite 300
Cedar Hill, TX
972-293-9609

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING



Tourism PEI/John Sylvester



Tourism PEI/Emily O'Brien



Tourism PEI/Paul Baglole



Tourism PEI/Paul Baglole

TravelNOW

A Canadian Adventure

— By Alf Blanchard

From the stunning red cliffs, the miles of red and champagne beaches and the vibrant small-city scenes, there is only one way to describe Prince Edward Island — magical. If driving, you will be pleasantly surprised at the beauty of the highway. It takes you through towns and villages, scenic landscapes and coastal views. Every journey on the island is as special as the destination. Driving along the highway or one of the designated coastal drives, you will see a small glimpse of life on Prince Edward Island, and it will make you feel the need to explore.

Prince Edward Island is also known as Canada's Food Island. Once you take a bite of what the island has to offer, you will undoubtedly understand why. Not

only is the island abundant with fresh ingredients such as mussels, oysters and potatoes, artisanal cheeses, breweries, wineries and distilleries, its views will also take your breath away. Every September, you can attend Fall Flavours Festival, which includes the International Shellfish Festival. Visitors from all over the world come to enjoy these festivals.

The size of Prince Edward Island is one of its greatest assets. You can taste fresh seafood in a small fishing town and still only be a short drive to the capital city of Charlottetown for experiencing live music, theater and bars.

Visitors can spend their time basking in the sun on one of the 90 beaches, listening to the waves crash and

digging their toes in the sand. Prince Edward Island isn't just for relaxation though. Get your heart racing with paddleboarding, kiteboarding, hiking or cycling. The Confederation Trail is built on an abandoned railway that goes across the entire Island. It's 269 miles of rolled stone-dust surface — an incredibly unique way to experience Prince Edward Island.

If all that adventure isn't enough, Tourism Prince Edward Island offers hands-on activities led by local community leaders. Jigs & Reels, where you join Captain and multi-instrumentalist J.J. Chaisson onboard his boat, *Chaisson A Dream*, is one such activity. Learn about traditional music, step dancing and how to play a musical instrument.

At the Table Culinary Studio in New London, one can take classes or have an experiential meal. For instance, Marilla's Table — A Taste of the Past, begins with a visit to the birthplace of L.M. Montgomery, author of *Anne of Green Gables*, to see what life was like in Anne and Marilla's time, and ends with an authentic meal made from locally grown organic vegetables, while listening to stories from a historian who specializes in Montgomery history.

Speaking of Anne, if the book holds a special place in your heart, you will enjoy visiting the island. Head over to Green Gables Heritage Place and feel like you are part of the story, or visit the Anne of Green Gables Museum (operated by relatives of Lucy Maud Montgomery and part of the inspiration for the world-famous novel). In Charlottetown, see Anne on stage at the Confederation Centre of the Arts in *Anne of Green Gables — The Musical™*, or watch love bloom at the Guild in *Anne & Gilbert*.

Love and magic await you in Canada. Come find your adventure on Prince Edward Island. For more details, visit www.tourismpei.com. **NOW**

Our mission is to make your retired life the best that it can be. You will make new friends, you will make new memories, and most importantly, you will be left wondering why you hadn't made the decision to come to Champions Cove sooner.

CELEBRATING
14 YEARS
OF EXCELLENCE!



CHAMPIONSCOVE.COM
1600 South Main St.
Duncanville, TX 75137
972.298.5545

Champions Cove
Award Winning Senior Living

MOBILE BANKING.
ONLINE BANKING.
AND GOOD OL'
FACE-TO-FACE BANKING.



Frost is here whenever and wherever you need us, with the technology you want and the service you deserve.

Visit us at frostbank.com/expectmore or nearby at 150 E. Highway 67 in Duncanville.



MEMBER FDIC



A New Way to Landscape

— By Zachary R. Urquhart

Landscaping can be one of the most time-consuming tasks for homeowners. Pulling weeds and trimming bushes are jobs that are seemingly never really finished. Instead of planting flowers, consider adding hardscapes, decorative structures or materials that add a different kind of beauty to your yard.

Patios and Walkways

- *Create a Walkway.* One of the simplest ways to enhance part of your property is with a patio or walkway. The most permanent route is to pour concrete, possibly even covering your new space with an awning or gazebo. For a simpler DIY project, you can lay stones to make your new walkway or patio.

- *Do It Yourself the Right Way.* If you decide to lay your own stone, there are some important choices to make.

You can buy square or rectangle stones and lay them end to end, leaving no space between. Or, you might want a more irregular stone, which necessitates putting a material like pebbles or crushed granite in the gaps. Whatever your finished product is, your first step should be laying down weed blocker. And the key to a solid, level walking surface is getting a good foundation of sand before you put your stones down.



Build What You Need

• *Add Form to Function.*

Sometimes, hardscapes can be as much about necessity as beauty. If you need to build a retaining wall, you will want to carefully plan your project. Including pipe for drainage is essential, as is tamping down the soil while you backfill to cut down on the land's settling making your wall uneven. And to improve the aesthetic value, spread out any stones that are slightly discolored to give the wall a more artistic look.



• *Check for Codes and Cables.* If you decided to build stairs, retaining walls over a few feet or are pouring a new driveway, do not start the work on a whim. For some larger projects, city codes may dictate size restrictions and what materials you can use. For projects that require significant digging or trenching, you should always call 8-1-1 first, so you can ensure there are no pipes or cables underneath your project area.

Accent Pieces

• *Create Some Counterspace.* If you admire your friend's outdoor kitchen, but building something that large is not an option, consider building an outdoor island. Find a space, get your measurements and use simple right angles to design a counter for food prep. Large hardware stores and lumber suppliers will generally make cuts for you, so you will only have to put the wood together yourself. And if you want to add a small refrigerator underneath, it is easy enough to install an exterior outlet by tapping into an existing outlet inside.

PARTY LIKE Picasso

Art Parties are available for ages 5 and up. Contact us to book your Art Party today!

Have Fun, Paint, Eat, Drink & Leave With Your Own Masterpiece!

All you can make Papermaking

WEDNESDAY OCT. 10TH @ 6PM-8PM

All Supplies Included!

Session 7: Adult, Teen, & Kids Art Classes - starts SEPT. 17th

Early Registration Discount - Adult 6-week classes as low as \$150/Kids as low as \$101.

Can't make the commitment for a 6-week class Don't hesitate, give us a call for special drop-in rates! Offer ends 9/16/18, sign up today for the class of your choice. (Deal is not valid with any other offers or promotions).

FREE Mosaic Workshop

For ages 15-Adult (9-14 must be accompanied by adult) Be part of a Public Art Project that will be installed at Hillside Village Shopping Center in Cedar Hill October 2018!

Email Jennifer at info@veartgallery.com with your Name, Phone Number and Number of attendees today to RESERVE YOUR SPOT!

Wed., Sept. 5th 6:30pm-8:30pm • Sat., Sept. 15th 11am-1pm





VISUAL EXPRESSIONS

www.veartgallery.com • 972-293-1117 • 1425 N. HWY 67 Cedar Hill TX 75104



At Entrust of DeSoto, you can have privacy when you need it and companionship when you want it. Our memory care community is safe and secure with monitored medications, 24-hour nursing staff and 24/7 emergency response. Less than a quarter mile from Charlton Methodist Hospital district!

Some amenities of our community include:

- Gourmet Meals
- Outdoor Patios
- Walking Paths
- Daily Activities
- Jack/Jill Units
- Full Salon
- Transportation
- Private Units

(972) 298-1331

8027 W. Virginia St.
Dallas, Tx 75237

ALS#103393



Caregiver Education Session

**Tuesday, September 25, 2 p.m.
at Friends Place DeSoto**

Speaker: Kimberly Doyle

PhD., ABPC, ABSNP,
Licensed Clinical Psychologist,
Baylor University Memory Center,
Memory Disorders Center

**Topic: The role of Neuropsychology
in the diagnosis of Dementia
and other cognitive disorders**

Presented by:

Friends Place Adult Day Services
Specialized Alzheimer's
Daytime Care & Programs

We Provide Transportation
Call today for more information. **972.274.2484**
www.FriendsPlaceADS.com
1232 W. Belt Line Rd., DeSoto, TX
Ask about our Veterans program.



• *Create a Buzz With a Blaze.* If you want to add something fun that can be a conversation piece, fire pits are a great and relatively simple project idea. Unless your pit is going on top of existing hardscape, you should dig about a foot into the ground, then add sand as a foundation for the stones. Be sure your stones are at least 12 inches above ground level to ensure a safe barrier between your fire and your yard.



If you need design help for whatever hardscape ideas you have, sites like Pinterest are flush with pictures and plans perfect for builders of all levels. With all the options available, hardscaping your lawn is a great way to put your personality into your property. **NOW**

CHANGE YOUR WATER ... CHANGE YOUR LIFE

With our product added to your water it has been documented to help people with:
High Blood Pressure • Diabetes • Arthritis
Inflammation (pain) • Fibromyalgia
Acid Reflux and many more

Our product is an all-natural organic mineral complex derived from a pristine ocean source found near the Okinawan Islands and is harvested in its natural form. We use a patented processing method to ensure the highest level of purity and safety before packaging this powerful product into individual ready-to-use sachets. This sachet contains calcium, magnesium and over 70 trace minerals. These essential minerals become ionic in water allowing them to be absorbed quickly and easily by your body.



**CONTACT US FOR
FREE SAMPLES**

TO LEARN MORE **800-683-3497**
OR EMAIL REALWATER4EVER@GMAIL.COM

*Let us help you
make your
kitchen
dreams
a reality!*

**BC
Stonemill**
cabinets & countertops

Beautiful kitchens
and baths
for over 20 years



214-484-6646 jennifer@bcstonemill.com



AssistedLiving
Locators®

NO COST REFERRAL SERVICE



NO CONTRACT OR OBLIGATION

*Let me help you find
the perfect place for
your loved one to call
Home*

- ✓ Independent Living
- ✓ Assisted Living
- ✓ Memory Care
- ✓ Residential Care Homes

It's what I do;
It's what I'm good at;
and it's FREE!

Call me before you start your search



BJ Bounds, CSA
Certified Senior Advisor (CSA)®

972-515-2260

bjbounds@assistedlivinglocators.com

PREMIER
MOBILITY CENTER



CSE
MOBILITY & SCRUBS

**SCRUBS
YOU'LL** ❤️



COMFORT & MOBILITY



VivaLIFT!
POWER RECLINERS



GO GO
TRAVEL MOBILITY



TAKE IT WITH YOU
PACK & TRAVEL



**HUGE Selection of
Medical Supplies
in Stock! Stop by TODAY!**

972.895.2501

www.csemobility.com

100 Plaza Drive, Ste. 300
Red Oak, TX





Zoomed In: Ignacio Aguilar

By Adam Walker

Ignacio Aguilar, who is going into fifth grade, was one of the winners of Duncanville Public Library's summer reading program this year. "I won a bunch of coupons for fast food, a Dogman book and a tablet," he reported.

Ignacio loves to read. "I like action books and anything colorful like Captain Underpants or Dogman." He found out about the program when he went to the library. "I just went there and found that yellow paper. I signed it and joined because it said I could get a free book! I read a lot. It's a lot of fun."

He has some advice for other students. "Read every day." After all, you never know what might happen when you visit your library.



Participants enjoy themselves at the Shifting the Paradigm of Leadership Conference 2018.



Trustee Tiffany Clark and Principal Shanta Duren help at DeSoto ISD's back to school event.



The Adams family enjoys a meal as the first customers at Roma's new DeSoto location.



Owner Mary Porter and Councilperson Nicole Raphiel celebrate the opening of Delightful Sweets at DeSoto Marketplace.



BIFF Band members hang out with members of the DeSoto Arts Commission.



First Methodist School students learn about ocean animals from Dallas Children's Aquarium representative Ashleigh T.



Employees of Duncanville's Frost Bank enjoy a Fun After Five event at the Dallas Zoo.



Members of the North Texas Food Bank visits the Cedar Hill Senior Center.



Duncanville Public Library's youth services librarian, Danene Hudson, poses with the Grace Hula dancers.

LANDRY DESIGNS

**COLLABORATE
DESIGN • REVEAL**
817-835-3100
WWW.LANDRYDESIGNS.COM
ONLINE BOOKING AVAILABLE
FREE DESIGN SERVICES

Shantell Thomas

FARMERS INSURANCE

Small Town Service for
AUTO HOME BUSINESS LIFE

Jane Moore, Owner
jmoore@farmersagent.com
1314 S. Main St., Suite 100
Duncanville, TX 75137
Ph: 469-759-6996
Fax: 469-759-6997
Cell: 214-395-2271

AMS ONLINE TUTORING AVAILABLE
ACADEMIC SOLUTIONS

Class Registration is online, and classes are updated regularly.
8105 Rasor Blvd., Suite 131 • Plano, TX

AMS Academic Solutions provides one-on-one and group tutoring for students of all ages from 2nd grade through college.

AMS Academic Solutions offers:

- Tutoring in a nurturing environment
- Online tutoring
- We tutor in a variety of subjects, including reading and math.
- Standardized test prep

For more information, visit our website:
www.amsacademicsolutions.com
or call us at 972-755-1151

EARLY LABOR DAY SPECIAL!

\$500 OFF

WINDOW OR FENCE PROJECT FOR QUALIFYING ROOF REPLACEMENT PURCHASE.

Use Promo Code:
LABORDAY

ONLY ONE PROMO CODE CAN BE USED PER ORDER.

DELTA
ROOFING & CONSTRUCTION
reliable | quality | excellence

972-274-3582

DELTA ROOFING.BIZ

Dining DEALS



Suzushii

Sushi & Grill

Lunch
Bento Box
Start at
\$7.95

Serving sushi roll
over **80**
items

\$5 OFF
Any \$25 Order
Alcohol not included. Tax not included.
Dine-in only. One coupon per party.

OPEN 7 DAYS
Mon-Fri: Lunch 11am-3pm
Dinner 4:30 - 10pm
Sat: 11-10pm Sun. 12:00-9:30pm

638 Uptown Blvd. Cedar Hill
972-293-1009 • www.suzushiisushiandgrill.com



LATTE Love

WHITE RHINO
COFFEE

230 W Belt Line Rd, Cedar Hill, TX
whiterhinocoffee.com



Happy Labor Day

CAMPUZANO

mexican food

\$5 OFF
\$20 PURCHASE
Expires 9/30/18
CAMPUZANO
mexican food

Let
Campuzano
cater your
next event.

108 N. 8th Street Midlothian, TX 972-723-2634
2167 N. Highway 77 Waxahachie, TX 972-938-0047
213 W. Beltline Cedar Hill, TX 972-291-1053
2618 Oak Lawn Ave. Dallas, TX 214-526-0100

Need More Business?

Advertise your restaurant here.

For information, call:
972-283-1170

NOW
MAGAZINES

Bringing the best of the community home.

ACCESS SELF STORAGE
AND TRUCK RENTAL
PREMIER STORAGE FACILITIES
New State-of-the-Art Self-Storage

50% OFF First Month!

Hot Prices - Cool Spaces!

Midlothian Location NOW OPEN!

Best Value in Ellis County, Compare our rates!!

Let our storage specialist find the space that's right for you.

DeSoto - OPENING SOON!
SE Corner Hampton Rd. & Danieldale

Midlothian • 469-283-0929
1630 Hwy. 67

Red Oak • 972-515-8600
561 E. Ovilla Rd. & TX 342

Lancaster • 972-224-4545
1040 Cedar Valley Dr.

Oak Cliff • 214-372-3880
3427 Marvin D. Love Frwy.

www.accessstoragedallas.com

WAXAHACHIE CIVIC CENTER

Presents the 15th Annual
Bridal Extravaganza Market

SUNDAY, SEPTEMBER 16, 2018 | 12PM-4PM
ADMISSION \$3.00

FOR MORE DETAILS: 469-309-4040
OR VISIT
WAXAHACHIECIVICCENTER.ORG

Waxahachie Civic Center
2000 CIVIC CENTER LANE

LOVE BASEBALL? ... JEWELRY?

Cheree Amour
MY JEWELRY STORE

OWNERS: MARCO AND CHEREE MONTES

DARE TO BE DIFFERENT!

Design and purchase your next Custom Jewelry piece with us!
As our client you and a guest will be invited to see a Texas Rangers Game FREE in our LUXURY GAME SUITE with complimentary food, beer and wine!

CUSTOM JEWELRY MADE ON SITE BY OUR EXPERT GOLDSMITH (WITH 48 YEARS EXPERIENCE)

Repairs • Sizing • Stone Replacement ... and much more!

PRESENT THIS AD FOR
20% OFF
ALL IN STOCK JEWELRY

817-422-9501

COME SEE US AT:
Globe Life Park in Centerfield Office Suites
1000 Ballpark Way, Suites 212 & 213
Arlington, TX 76011
(inside Rangers Stadium)
OR visit us at: www.ChereeAmourJewelry.com

Calendar September 2018

6

Throwback Thursday Movie Night - *A Song is Born*: 6:00 p.m., Zula B. Wylie Public Library, 225 Cedar St. Free.

8

September Concert-Pop: 7:00-8:30 p.m., Armstrong Park, 100 James Collins Blvd., Duncanville. Free.

11

50 Birds to Teach Your Kids and Grandkids: 10:00 a.m., Zula B. Wylie Public Library, 225 Cedar St. Free. Jack Dunaway speaking.



15

Girl Scout Badge Day: 9:30 a.m.-5:00 p.m., Dogwood Canyon Audubon Center, 1206 W. 1382, Cedar Hill. \$15/girl. On-line registration required.

Recognition of Veterans: 2:00-4:00 p.m., Duncanville Public Library 201 James Collins Blvd. Free. Interactive WWII stations and Andy Fancher speaking.

Cedar Hill Creative Arts Festival: 4:00-8:00 p.m., Cedar Hill Government Center, 285 Uptown Blvd. Free. Art, vendors, live music, food and more.

16

September Concert-Día de la Independencia: 2:00-9:00 p.m., Armstrong Park, 100 James Collins Blvd., Duncanville. Free/Gratis.

18

Competitive Edge: Noon-1:00 p.m., Cedar Hill Chamber of Commerce, 300 Houston St. Members are free. Non-members are \$10.

22

Community Picnic: 10:00 a.m.-2:30 p.m., Cedar Hill Senior Center, 1740 Mansfield Rd. Call (972) 291-5353 for information.



September Concert-R&B/Jazz: 6:00-9:00 p.m., Armstrong Park, 100 James Collins Blvd., Duncanville. Free.

Movie Night: 7:00 p.m., International Museum of Cultures, 411 Hwy. 67, Duncanville. Free. Showing *He Even Has Your Eyes*, a French comedy.

25

Caregiver Education Session: 2:00-3:30 p.m., Friends Place Adult Day Services, 1232 W. Beltline

Rd., DeSoto. Topic: The Role of Neuropsychology in the Diagnosis of Dementia and Other Cognitive Disorders. Dr. Kimberly Doyle speaking. Call (972) 274-2484 for more information.

28

The Inspiration Band: 8:00-10:00 p.m., Outdoor Amphitheater, 211 E. Pleasant Run Rd., DeSoto. Free.

29

DeSoto Arts Live-Art and Music Festival: Noon-10:00 p.m., Outdoor Amphitheater and Plaza, 211 E. Pleasant Run Rd., DeSoto. Free.



September Concert-Tejano: 6:00-9:00 p.m., Armstrong Park, 100 James Collins Blvd., Duncanville. Free/Gratis.

29 — 30

Holy Spirit Catholic Church Fall Festival: **Saturday**, 7:00 a.m.-9:00 p.m.; **Sunday**, 7:00 a.m.-4:15 p.m. 1111 W. Daniieldale Rd., Duncanville. Food, crafts, raffle and live entertainment.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.

OVILLA SMALL TOWN TEXAS STRONG



Entertainment by

Red Oak Opry and *She Dances*
Live Country & Gospel Music

Presenting Sponsor

**WAXAHACHIE
AUTOPLEX**



Community Sponsors

**ACCESS
SELF STORAGE
AND TRUCK RENTAL**



FUN FOR THE WHOLE FAMILY!

Food, Vendors, Games, Bounce Houses, Petting Zoo & More!

Ovilla Heritage Day

SEPTEMBER 22

FROM 9 A.M. TO 2 P.M.

Behind Ovilla City Hall • Parade Begins at 9 A.M.



CLYDE HARGROVE
REAL ESTATE



Diamond Sponsors



WASTE CONNECTIONS, INC.
Connect with the Future



MASSEY SHAW
DEVELOPMENT

DALLAS AREA PATROL AND PROTECTION SERVICES



CHIEF M. JONES
CHIEF OF OPERATIONS
MOBILE NUMBER
214-532-4202
MAIN NUMBER
972-224-0920

1666 N. HAMPTON RD., SUITE 204-A, DESOTO, TX 75115
WWW.DAL-APPS.COM MJONES@DAL-APPS.COM

Jaynes
Memorial
Chapel

811 S. Cockrell Hill Road
Duncanville, TX 75137
Phone: (972) 298-2334
jaynesmemorialchapel.com

Caring hometown service since 1998



FREEDOM HEATING & AIR

Sales • Service • Maintenance • Parts
Residential • Light Commercial



- Authorized Oncor Service Provider
- Quality Service on all Brands
- 10 Year Worry-Free Warranty on Service, Labor and Parts for NEW Equipment
- \$69 Service Call

www.freedomcooling.com

TACLA 29453C

214-306-8499

NEUROPATHY

Do you suffer from:



- Neuropathy •**
- Diabetic Neuropathy •**
- Numbness and tingling •**
- Pins and needles •**
- Painful hands and feet •**

Come learn about a safe,
new, advanced treatment for
NEUROPATHY!

**CALL NOW FOR
FREE CONSULTATION
214.550.0680**

**"Relief may be
a visit away"**



V-Care Health Services
.....Live Life Pain Free

UNIVERSITY PLAZA, 401 N. HWY 77 • SUITE #1 • WAXAHACHIE
WWW.VCAREHEALTH.ORG



Museum of International Cultures
Center for Global Awareness & Understanding

SEPTEMBER CULTURAL EVENTS

Each month we work with various people groups and organizations to bring to you many new and exciting events inspired by cultures from around the world.

3rd - Closed
14th - Star Spangled Banner Event
 7:00pm - 9:30pm
19th-21st - Diversity Seminar
20th - North Texas Giving Day
22nd - Smithsonian Museum Live
22nd - Monthly Cultural Event
 OPEN MONDAY-FRIDAY 10:00AM-4:00PM

MUSEUM OF INTERNATIONAL CULTURES

 FOLLOW US FOR UPDATES

Call for additional Information: 972-572-0462
411 E. Hwy 67 • Duncanville
 West of 67, SW of Danielledale
www.micmuseum.org

September SPECIALS

CLARITY R_x
 WHERE SCIENCE MEETS BEAUTY

MINI FACIAL
 \$35 - 30 mins.
 Cleanse, Exfoliate, Hydrate, Protect

FREE Anti-aging eye treatment
 New clients only.

COUPONS MUST BE PRESENTED. OFFER EXPIRES 9/30/18

Jennifer Hunt,
 Licensed Esthetician
 Specializing in Non-invasive,
 Holistic & Natural Treatments
 Facials, Chemical Peels, Waxing
 Reflexology-based hand & foot treatments

(214) 267-8356
 J. Paris Spa and Salon
 1615 N. Hampton Rd, Ste 100, DeSoto, TX 75115
STYLESEAT.COM/JENNIFERHUNTLE
  @jenniferhuntLE



Now Offering Pre-Print Insert Services

Call Your Rep Today!
972-937-8447
www.nowmagazines.com

NOW

MAGAZINES



Sunflower Dental

Danielle R. Franklin DDS

Accepting New Patients

- **FREE** Consultation for New Patients
- We Offer Invisalign and Fastbraces

 **invisalign**
 PROVIDER

Ask About Our ZOOM Whitening!





Danielle R. Franklin DDS



972-298-4209
 407 W. Wheatland Rd.
 Suite 101, Duncanville
www.mysunflowerdental.com



HealthNOW

Selecting a New Physician

Selecting a new physician can often be challenging and time consuming. Although referrals from a previous physician, friend or an insurance company can be beneficial, there are still measures to consider when selecting a new physician. The most predominant thing to do is research, and trust your instinct on who you think will be the best fit for you or your family.

Sometimes, there are restrictions when selecting a physician. It is important to consider if the physician is part of your insurance plan. If the physician is not part of your insurance plan, it will affect your out-of-pocket expenses, as well as your choices for hospitals and specialists close to your home. If your insurance limits you to a network of doctors, this information can be found on their website. Likewise, most doctor's offices will know if they are part of your insurance company's network.

After completing research on various physicians in your area there are a few additional questions to consider before making the final choice.

What to consider when selecting a new physician:

- Does the physician take new patients?
- Is the office near you or easy to locate?

- Is the office staff friendly?
- Do they offer convenient appointment times to accommodate your schedule?
- Does the physician listen to your questions and concerns?
- Do they encourage you to ask questions?
- Do they explain the diagnosis in a way that you can understand?

Your primary care physician should be your first point of contact when discussing your health. Typically, a board-certified family physician can address a vast array of health care needs, from blood pressure and overall wellness to chronic conditions and prescription management. It's also important to know if the physician's practice includes in-house lab and X-ray services and if they are covered by your insurance. In the event you need to see a specialist, your primary care physician can also provide you with an appropriate referral. **NOW**

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Charlton Medical Center, Methodist Health System or any of its affiliated hospitals. Methodist Health System complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

*Methodist Charlton Medical Center
MethodistHealthSystem.org/Charlton*

**CREATING A
BEAUTIFUL SMILE IS
EASIER THAN YOU THINK.**

**DENTISTRY CAN
BE PAIN FREE &
AFFORDABLE.**

**CALL US
TODAY!**

**AVAILABLE
SERVICES:**

- INVISALIGN
- WHITENING
- CROWN AND BRIDGE
- TOOTH COLORED FILLINGS
- IMPLANTS/MINI IMPLANTS
- PERIODONTAL TREATMENT
- DENTURES AND PARTIALS



WILLIAM A. BROWN, D.D.S. F.A.G.D.

972-298-8515

www.williamabrowndds.com • williamabrowndds@gmail.com

GENERAL DENTISTRY • 226 N. CEDAR RIDGE RD. DUNCANVILLE, TX 75116



LET'S DO LIFE!

SUNDAYS
9AM, 10:45AM & 6PM
1375 NEW CLARK RD CEDAR HILL TX 75104

CHURCH on the *Hill*

WWW.COTH.US

